

10km - Gesamtwertung

Unilauf Köln - 21. Juni 2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden			
1	56	Johnstone Nikki	Asics Frontrunner	0:32:45	0:32:45	1	M30	84	08:20	08:02	08:12	08:09
2	1622	Heuschen Martin	RWTH Aachen	0:33:58	0:33:59	1	MHK	91	08:34	08:12	08:36	08:35
3	1629	Pietsch Gero	RWTH Aachen	0:34:46	0:34:47	2	MHK	92	09:13	08:32	08:36	08:25
4	1690	Giesen Rene	Uni Köln	0:35:11	0:35:11	3	MHK	93	08:56	08:37	08:53	08:44
5	1642	Zanon Lorenzo	RWTH Aachen	0:35:20	0:35:21	2	M30	86	09:31	08:49	08:37	08:21
6	1589	Schweikert Markus	LG Maifeld Pellenz	0:35:37	0:35:38	4	MHK	94	09:04	08:43	08:54	08:54
7	1641	Wyrwoll Lothar	RWTH Aachen	0:35:38	0:35:39	5	MHK	92	09:14	08:47	08:57	08:39
8	1502	Schoenball Patrick	*Köln	0:35:47	0:35:47	6	MHK	89	08:33	08:42	09:20	09:10
9	1639	Veith David	RWTH Aachen	0:36:48	0:36:50	7	MHK	96	09:14	08:48	09:20	09:25
10	1691	Graw Torsten	Uni Köln	0:37:22	0:37:22	8	MHK	91	09:03	08:48	10:01	09:28
11	152	Gillen Philippe	Mach3 Köln e.V.	0:37:25	0:37:27	9	MHK	89	09:34	09:07	09:19	09:24
12	1637	Textor Tobias	RWTH Aachen	0:37:27	0:37:29	10	MHK	93	09:48	09:12	09:18	09:08
13	1695	Klumpp Yanis	Uni Köln	0:37:46	0:37:47	11	MHK	97	09:19	09:07	09:29	09:50
14	1616	Ehmke Felix	RWTH Aachen	0:38:19	0:38:20	12	MHK	95	09:48	09:27	09:42	09:20
15	153	Gillen Philippe	Mach3 Köln e.V.	0:38:30	0:38:31	13	MHK	89	10:00	09:32	09:22	09:34
16	1531	Ley Jürgen	central-team.de	0:38:37	0:38:40	1	M45	71	09:50	09:33	09:40	09:33
17	1464	Haase Tobias	*Köln	0:39:11	0:39:17	14	MHK	90	10:08	09:27	09:45	09:50
18	1630	Plettenberg Nils	RWTH Aachen	0:39:17	0:39:21	15	MHK	94	10:22	09:38	09:39	09:37
19	1551	Leible Max	Cologne Internationals	0:39:19	0:39:21	16	MHK	89	09:52	09:38	09:49	09:59
20	1613	Baaken Emanuel	RWTH Aachen	0:39:25	0:39:28	17	MHK	94	10:41	09:42	09:39	09:21
21	1500	Schippers Justin	*Köln	0:39:39	0:39:41	18	MHK	95	10:07	09:45	09:50	09:56
22	1521	Wolters Daniel	*Aachen	0:39:42	0:39:44	3	M30	87	10:09	09:54	10:00	09:37
23	1590	Freitag Finn Jannis	LT DSHS	0:39:47	0:39:51	19	MHK	94	10:22	09:50	09:53	09:40
24	1669	Bräm Christopher	Uni Bonn	0:40:06	0:40:08	20	MHK	94	09:50	10:05	10:30	09:40
25	1524	Schaefer Christoph	#HowLongIsLong	0:40:28	0:40:31	1	M35	81	10:22	09:58	10:11	09:55
26	1478	Lattacher Tim	*Wuppertal	0:40:32	0:40:37	21	MHK	92	10:52	09:58	09:55	09:46
27	1532	Schäferkötter Martin	central-team@de	0:40:32	0:40:38	2	M45	68	10:33	09:51	10:03	10:04
28	2919	Spürk Thomas	Zollstocker Kugelblitze :)	0:40:36	0:40:37	22	MHK	94	10:04	09:59	10:29	10:03
29	1614	Beumers David	RWTH Aachen	0:40:42	0:40:44	23	MHK	90	10:26	09:57	10:18	10:00
30	1663	Otto Felix	TriathlonSteckelCologne	0:40:43	0:40:47	24	MHK	90	09:56	10:00	10:30	10:16
31	122	Albrand Frank	BLB Köln Runner	0:40:46	0:40:49	3	M45	68	10:38	09:59	20:09	00:00
32	1631	Rohbeck Martin	RWTH Aachen	0:40:52	0:40:54	25	MHK	93	10:24	09:50	10:18	10:18
33	191	Richarz Jan	Mach3 Köln e.V.	0:40:55	0:40:58	26	MHK	91	10:34	10:07	10:15	09:58
34	1745	Schächinger Manuel		0:40:59	0:41:07	27	MHK	95	10:34	10:08	10:18	09:58
35	1680	Schubert Richard	Uni Bonn	0:41:09	0:41:12	28	MHK	90	10:42	10:08	10:14	10:03
36	1530	Elskamp Gregor	central-team.de	0:41:31	0:41:40	4	M45	71	11:01	10:06	10:08	10:15
37	1574	Dürbaum Nicolai	KF Lebensstil	0:41:32	0:41:41	29	MHK	88	11:00	10:11	10:14	10:06
38	1608	Herpers Tim	RUNNERS POINT Run Club	0:41:38	0:41:41	30	MHK	92	10:01	10:27	10:50	10:18
39	1666	Eichen Julian	TSV Feytal	0:41:53	0:42:07	31	MHK	91	10:55	10:08	10:31	10:17
40	1541	Löbbing Jonas	CMRunners	0:41:55	0:42:12	32	MHK	90	10:26	10:08	10:33	10:47
41	1584	Theißen Michael	Laktatkönige	0:41:58	0:42:01	1	M55	59	10:49	10:13	10:27	10:28
42	1648	Meyer Daniel	Swaggernauten	0:41:59	0:42:07	33	MHK	89	10:41	10:04	10:28	10:44
43	1620	Halbach Patrick	RWTH Aachen	0:42:00	0:42:02	34	MHK	93	10:41	10:23	10:33	10:22
44	1826	Berfelde Leon	*Köln	0:42:01	0:42:07	35	MHK	96	11:08	10:22	10:33	09:56
45	1455	Chudalla Philipp	*Köln	0:42:09	0:42:14	36	MHK	88	10:53	10:22	10:32	10:21
46	1660	Decker Torre	TriathlonSteckelCologne	0:42:14	0:42:18	37	MHK	90	10:22	10:13	11:06	10:31
47	2424	Nagel Fabian	CologneRunBuddies	0:42:14	0:42:15	38	MHK	97	10:41	10:20	10:49	10:23
48	1602	Kopitz Sebastian	RUN SQUAD CGN	0:42:15	0:42:23	4	M30	85	11:00	10:24	10:26	10:24
49	1624	Hülsdünker Arne	RWTH Aachen	0:42:25	0:42:28	39	MHK	90	10:39	10:19	10:40	10:45
50	1539	Trzaskalik Martin	cleverbridge AG roadrunners	0:42:41	0:42:45	1	M40	73	10:28	10:26	10:58	10:47
51	1661	Friedrich Lars	TriathlonSteckelCologne	0:42:43	0:42:46	5	M30	87	10:04	10:15	10:56	11:26
52	2450	Wolff Sandro	Die Kassierer	0:42:46	0:42:57	1	MU2	98	11:06	10:34	11:03	10:03
53	2676	Haid Sebastian	ph1	0:43:11	0:44:24	6	M30	85	12:55	10:11	10:06	09:57
54	1463	Grömping Moritz	*Köln	0:43:11	0:43:21	40	MHK	96	10:50	10:35	10:54	10:51
55	1737	Eisenbach Christian	Worthfit, its worth it.	0:43:20	0:43:37	7	M30	86	11:20	10:41	10:55	10:23
56	2161	Schirmer Leon	*Köln	0:43:25	0:43:40	41	MHK	94	11:19	10:22	10:57	10:45
57	173	Kaatz Michael	Köln läuft!	0:43:29	0:43:43	2	M35	82	11:34	10:40	10:36	10:38
58	137	Buxel Oliver	Köln läuft!	0:43:30	0:43:43	3	M35	79	11:35	10:40	10:35	10:38
59	2052	Loeb Lukas	*Aachen	0:43:33	0:43:45	42	MHK	95	11:06	10:36	11:00	10:49
60	2578	Dastler Jörg	Kliniksäufer Krisenlos feat.	0:43:37	0:43:38	1	M50	67	11:03	10:43	11:02	10:47

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Unilauf Köln - 21. Juni 2017

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
61	1727	Mohrmann Jörg	VampirPower Uniklinik Köln	0:43:37	0:43:50	2	M40	73	10:52	10:37	11:02	11:05	
62	1747	Zimmermann Marc	*Bielefeld	0:43:38	0:43:45	43	MHK	95	11:28	10:38	10:56	10:36	
63	146	Freyaldenhoven Jan	Köln läuft!	0:43:42	0:43:55	8	M30	83	11:24	10:43	10:43	10:51	
64	1519	Wenner Lukas	*Köln	0:43:47	0:43:53	9	M30	86	11:01	10:54	11:10	10:41	
65	1754	Hattendorf Kai	Valium i.v.	0:43:52	0:43:54	3	M40	73	11:10	10:43	11:07	10:51	
66	58	Laack Daniel		0:43:52	0:44:30	10	M30	87	11:36	10:34	11:03	10:37	
67	2634	Richter Marius	Lets metabolize	0:44:01	0:44:09	44	MHK	90	11:25	10:42	10:52	11:00	
68	2550	Horbach Maximilian	Kenias Reserve	0:44:12	0:44:22	45	MHK	94	12:25	10:49	10:46	10:10	
69	1579	Wasgjen Mirko	KölscheJeck	0:44:12	0:44:17	11	M30	85	11:03	10:46	11:19	11:03	
70	200	Sadowski Christoph	Valium i.v.	0:44:13	0:44:19	46	MHK	92	11:26	10:47	11:02	10:56	
71	1511	Stodden Marc	*Bonn	0:44:13	0:44:18	4	M40	77	10:37	10:51	11:21	11:23	
72	1496	Rhönisch Andreas	*Köln	0:44:14	0:44:18	47	MHK	91	10:54	11:29	11:08	10:42	
73	2980	Buderath Niclas	Kölner Bank	0:44:15	0:44:19	48	MHK	91	11:32	10:37	11:02	11:02	
74	1604	Siegert Robin	RUN SQUAD CGN	0:44:18	0:44:27	12	M30	86	11:16	10:55	11:18	10:48	
75	1913	Forster Florian	*Köln	0:44:20	0:44:29	2	MU2	98	11:06	10:22	11:11	11:40	
76	2294	Hoffmann Nils	1.FC Kierberg	0:44:22	0:45:23	49	MHK	90	12:02	10:35	11:14	10:30	
77	1751	Sudmann Tobias	Kölner Bank	0:44:22	0:44:26	4	M35	78	11:10	10:44	11:11	11:16	
78	2384	Kaes Marvin	Cologne Internationals	0:44:23	0:44:33	50	MHK	92	11:22	10:43	11:19	10:57	
79	1686	Zilligen Christoph	Uni Bonn	0:44:25	0:44:28	51	MHK	94	11:09	10:42	11:10	11:22	
80	2410	Skambraks Dr. Daniel	Cologne Internationals	0:44:27	0:44:36	52	MHK	94	11:24	10:42	11:19	11:00	
81	2023	Kolz Nicolas	*Köln	0:44:29	0:45:04	53	MHK	88	11:19	10:52	11:10	11:07	
82	2486	Schildgen Frederik	Ebner Stolz & Friends	0:44:33	0:44:40	54	MHK	92	11:44	10:41	11:11	10:56	
83	1647	Herbst Tobias	Swaggernauts	0:44:33	0:44:43	55	MHK	91	11:16	10:51	11:14	11:11	
84	1512	Stratmann Thomas	*Köln	0:44:33	0:44:43	5	M35	81	11:12	10:54	11:15	11:11	
85	1606	Behrendt Jürgen	RUNNERS POINT Run Club	0:44:37	0:44:42	5	M45	69	11:08	11:00	11:18	11:09	
86	1561	Teschke Niklas	Cologne Internationals	0:44:40	0:44:46	56	MHK	91	11:13	10:40	11:17	11:29	
87	2096	Neumann Tim	*Köln	0:44:42	0:44:44	57	MHK	97	11:33	11:02	11:14	10:51	
88	1456	Dieckmann Simon	*Köln	0:44:47	0:44:58	13	M30	87	11:43	10:57	11:15	10:49	
89	1484	Loizzi Davide	*Köln	0:44:47	0:44:47	14	M30	85	11:07	10:56	11:19	11:23	
90	1468	Kamta David	*Hürth	0:44:50	0:44:57	58	MHK	95	10:41	11:02	11:28	11:38	
91	170	Jakobs David	RFH Köln	0:44:51	0:44:53	15	M30	87	11:29	11:02	11:14	11:05	
92	1509	Stamm Hendrik	*Köln	0:44:55	0:45:10	59	MHK	97	11:39	10:57	11:30	10:47	
93	1538	Mansfeld Marco	cleverbridge AG roadrunners	0:44:58	0:45:04	60	MHK	88	10:56	10:57	11:33	11:31	
94	1454	Bertels Christoph	*Köln	0:45:00	0:45:02	61	MHK	88	11:05	10:53	11:32	11:29	
95	1722	Abel Benedikt	VampirPower Uniklinik Köln	0:45:01	0:45:07	62	MHK	96	10:42	10:36	11:37	12:04	
96	2984	Engelhardt Kai	Kölner Bank	0:45:06	0:45:06	2	M50	67	11:09	11:00	11:22	11:33	
97	192	Richarz Jan	Mach3 Köln e.V.	0:45:07	0:45:10	63	MHK	91	11:38	11:11	11:19	10:58	
98	1515	Umbach Thorsten	*Köln	0:45:09	0:45:23	16	M30	85	11:32	10:49	11:16	11:30	
99	1634	Schmitz Christoph	RWTH Aachen	0:45:14	0:45:22	5	M40	76	11:38	11:24	11:19	10:53	
100	1563	Warnking Fabian	Cologne Internationals	0:45:18	0:45:24	64	MHK	88	11:23	10:56	11:26	11:32	
101	1572	Lechtape Martin	Im Herzen sozial	0:45:18	0:45:35	65	MHK	95	12:10	11:06	11:05	10:55	
102	1452	Bäker Thomas	*Köln	0:45:21	0:45:25	3	M50	64	11:35	11:08	11:16	11:21	
103	1603	Schmidt Florian	RUN SQUAD CGN	0:45:23	0:45:31	17	M30	86	11:01	10:49	11:24	12:08	
104	1657	Pörschmann Christoph	TH Köln	0:45:23	0:45:28	6	M45	70	10:45	10:49	11:35	12:13	
105	2557	Schäkel Jasper	Kenias Reserve	0:45:25	0:45:35	66	MHK	97	11:26	11:16	11:35	11:07	
106	1523	Pulkowski Tim	#HowLongIsLong	0:45:25	0:45:29	67	MHK	90	11:17	11:44	11:25	10:58	
107	1599	Altmann Markus	RUN SQUAD CGN	0:45:33	0:45:42	6	M35	82	11:27	11:14	11:26	11:23	
108	1677	Oeynhausens Philipp	Uni Bonn	0:45:33	0:45:35	18	M30	86	11:33	11:17	11:31	11:10	
109	215	Sudmeier Jens	EURRoadrunners	0:45:33	0:45:37	68	MHK	97	11:06	10:48	11:40	11:59	
110	2908	Emonts-pohl Leonard	WiSo Warriors	0:45:35	0:45:40	69	MHK	96	11:56	11:04	11:23	11:11	
111	1555	Orbach Dr. Dominik	Cologne Internationals	0:45:40	0:45:47	7	M35	82	11:05	11:00	11:30	12:03	
112	2733	Dworski Peter	rodgrad med flode	0:45:41	0:45:47	19	M30	85	11:37	11:02	11:28	11:32	
113	2013	Knevels Uli	*Köln	0:45:43	0:45:48	6	M40	75	10:50	11:19	11:37	11:55	
114	1595	Küchler Nils	Meteo	0:45:44	0:45:55	20	M30	87	11:02	11:05	11:31	12:04	
115	140	Crusius Jan	Köln läuft!	0:45:45	0:46:01	8	M35	78	11:44	11:16	11:13	11:31	
116	2954	Papendorf Finn	*Hürth-Efferen	0:45:48	0:45:51	70	MHK	95	12:15	12:15	09:42	11:35	
117	2936	Götz Santosha	*Köln	0:45:48	0:45:51	71	MHK	95	11:34	11:02	11:35	11:35	
118	2093	Nedelec Thomas	*Köln	0:45:51	0:46:22	72	MHK	94	12:56	11:01	11:00	10:52	
119	1954	Hagmann Marius	*Köln	0:45:54	0:46:07	73	MHK	92	11:19	11:06	12:05	11:22	
120	1520	Wischhöfer Philipp	*Köln	0:45:56	0:46:08	74	MHK	90	11:47	11:12	11:34	11:21	

10km - Gesamtwertung

Unilaf Köln - 21. Juni 2017

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
121	1733	Buschmann Nemo	WiSo Warriors	0:45:57	0:46:05	75	MHK	96	10:56 11:06 11:54 12:00
122	2143	Rogocki Michael	*Stolberg	0:45:59	0:46:48	76	MHK	95	12:56 10:56 11:29 10:38
123	1656	Van Bahlen Max	Team Voreifel	0:46:02	0:46:08	77	MHK	90	11:01 11:13 11:52 11:55
124	2661	Görtz Niklas	MTPower	0:46:02	0:46:24	78	MHK	96	11:38 10:54 11:50 11:38
125	1575	Stoffels Christopher	KF Lebensstil	0:46:03	0:46:08	79	MHK	90	10:19 10:43 12:05 12:54
126	1731	Preuß Alexander	VfL Engelskirchen	0:46:06	0:46:10	7	M40	74	11:22 11:11 11:34 11:56
127	1562	Von Hinüber Paul	Cologne Internationals	0:46:06	0:46:16	80	MHK	93	11:16 11:18 11:51 11:39
128	1728	Rodeck Peter	VampirPower Uniklinik Köln	0:46:07	0:46:18	81	MHK	91	11:10 11:20 12:05 11:31
129	203	Schalk Julius	VampirPower Uniklinik Köln	0:46:08	0:46:19	82	MHK	95	11:10 11:20 12:04 11:32
130	2660	Franzen Nils	MTPower	0:46:11	0:46:32	83	MHK	96	11:37 10:56 11:49 11:46
131	1547	Espenkott Niklas	Cologne Internationals	0:46:13	0:46:17	84	MHK	91	11:30 10:45 12:10 11:46
132	1461	Friedrichsen Benett	*Köln	0:46:13	0:46:18	85	MHK	94	11:12 11:12 11:49 11:59
133	2067	Mann Yannik	*Köln	0:46:14	0:46:21	86	MHK	91	11:36 10:58 11:45 11:54
134	1740	Rothgenger Jonathan	ZfL	0:46:15	0:46:24	21	M30	84	11:46 11:15 11:39 11:34
135	2285	Junker Christoph	#unisex	0:46:16	0:46:18	87	MHK	96	11:42 11:32 11:52 11:09
136	1649	Termathe Dominik	Swaggernauten	0:46:17	0:46:18	88	MHK	90	11:44 11:13 11:52 11:27
137	2373	Grevenstein Thomas	Cologne Internationals	0:46:17	0:46:56	89	MHK	93	11:30 11:05 11:59 11:42
138	1587	Velasco Lopez Jorge Antonio	Latinos	0:46:22	0:46:35	90	MHK	89	12:42 11:17 11:45 10:37
139	1922	Fuchs Thomas	*Köln	0:46:24	0:46:39	91	MHK	94	11:19 10:46 12:09 12:09
140	1492	Nieweg Marius	*Köln	0:46:27	0:46:36	22	M30	87	11:23 11:18 11:52 11:53
141	2556	Sandfort Niklas	Kenias Reserve	0:46:31	0:46:41	3	MU2	98	12:17 10:58 12:03 11:12
142	1488	Mohr Fabian	*Köln	0:46:31	0:46:37	92	MHK	90	11:33 11:09 11:45 12:03
143	2549	Goetzenich Timo	Kenias Reserve	0:46:32	0:46:41	93	MHK	94	12:17 10:58 12:04 11:12
144	1578	Strajhar Max	KölnMarathon	0:46:33	0:46:51	23	M30	87	12:14 11:28 11:36 11:14
145	2379	Hofheinz Philipp	Cologne Internationals	0:46:34	0:46:39	94	MHK	89	11:32 11:06 11:58 11:57
146	1534	Böckem Sebastian	cleverbridge AG roadrunners	0:46:36	0:46:42	95	MHK	90	11:09 11:25 11:56 12:04
147	1495	Popp Severin	*Köln	0:46:42	0:46:51	96	MHK	96	12:08 11:16 11:50 11:26
148	1472	Kirschner Christian	*Köln	0:46:47	0:46:53	97	MHK	88	11:06 11:17 12:13 12:10
149	1859	Celestino Adriano	*Köln	0:46:49	0:46:53	98	MHK	92	11:15 11:26 12:31 11:36
150	1503	Schwerhoff Dr. Pepito	*Hürth	0:46:52	0:47:11	99	MHK	93	11:53 11:05 11:43 12:09
151	1632	Schack Julian	RWTH Aachen	0:46:54	0:47:00	100	MHK	90	11:08 12:02 12:04 11:38
152	1911	Fochmann Martin	*Hannover	0:46:58	0:47:06	24	M30	83	11:42 11:05 11:54 12:15
153	131	Börger Nico	Rut Wiess Drekelisch	0:46:58	0:47:05	9	M35	80	11:55 11:17 11:55 11:50
154	1654	Hinze Tobias	TEAM MARKETING	0:47:06	0:47:21	101	MHK	90	11:45 11:13 12:00 12:06
155	2955	Plischke Corbin	*Troisdorf	0:47:07	0:47:12	102	MHK	96	12:07 11:27 11:45 11:46
156	2934	DISCHER Jonathan	*Köln	0:47:07	0:47:12	103	MHK	95	12:08 11:27 11:45 11:46
157	1976	Humbsch Sebastian	*Köln	0:47:09	0:48:36	104	MHK	96	12:54 11:17 11:32 11:25
158	2881	Volkert Michael	VampirPower Uniklinik Köln	0:47:15	0:47:30	25	M30	84	11:57 11:10 12:00 12:07
159	2963	Weinreich Kai	*Köln	0:47:16	0:47:18	105	MHK	93	12:03 11:35 11:53 11:44
160	2837	Klee Jonas	Under Armour Pro	0:47:16	0:48:34	106	MHK	92	13:08 11:19 11:32 11:16
161	1490	Müller Michael	*Köln	0:47:18	0:47:35	107	MHK	95	12:00 11:22 12:03 11:52
162	1480	Linden Gregor	*Frechen	0:47:24	0:47:37	108	MHK	94	11:50 11:10 12:10 12:13
163	1594	Wolters Max	Max & Moritz	0:47:25	0:47:35	109	MHK	93	11:25 11:41 12:10 12:08
164	1593	Nicolaus Moritz	Max & Moritz	0:47:25	0:47:35	110	MHK	93	11:21 11:44 12:09 12:09
165	212	Scholten Jan	RFH Köln	0:47:26	0:47:28	111	MHK	88	11:28 11:16 12:00 12:40
166	2644	Krumpholz Werner	Los Bachateros	0:47:29	0:47:46	10	M35	80	12:09 11:31 11:59 11:49
167	1662	Georger Mark	TriathlonSteckelCologne	0:47:29	0:47:44	112	MHK	97	12:21 12:01 11:34 11:32
168	206	Schick Markus	Schick	0:47:30	0:47:33	113	MHK	93	12:29 11:42 11:38 11:39
169	1557	Rink Marius	Cologne Internationals	0:47:31	0:47:32	114	MHK	93	11:44 11:33 12:11 12:01
170	2663	Purpur Jan-Marc	MTPower	0:47:31	0:47:35	115	MHK	94	11:48 11:46 12:19 11:36
171	1968	Hennecke Andreas	*Nörvenich	0:47:32	0:47:52	8	M40	75	12:38 11:23 11:42 11:47
172	2589	Waldecker Frank	Kliniksläufer Krisenlos feat.	0:47:32	0:47:34	4	M50	67	11:35 11:16 12:26 12:14
173	221	Winters Laurin	Winters	0:47:33	0:47:44	116	MHK	90	12:15 11:35 11:52 11:50
174	2959	Schütt Jasper	*Hamburg	0:47:34	0:47:36	117	MHK	96	11:33 11:03 12:26 12:31
175	2152	Satir Erdem	*Köln	0:47:37	0:48:16	11	M35	79	12:31 11:26 12:14 11:25
176	1556	Richter Johannes	Cologne Internationals	0:47:38	0:47:42	118	MHK	94	11:39 11:36 12:11 12:10
177	1565	Bau Michael Lilly	Du machst den Unterschied!	0:47:38	0:47:55	26	M30	85	12:03 11:20 12:01 12:13
178	1891	El Agha Osama	*Köln	0:47:43	0:47:50	9	M40	77	11:35 11:52 12:15 11:59
179	161	Guth Charly	KölscheJeck	0:47:43	0:47:48	7	M45	69	12:23 11:37 11:48 11:53
180	1567	Heinen Markus	FC Keldenich	0:47:45	0:47:53	2	M55	62	11:45 11:27 12:14 12:19

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
181	2931	Bittner Moritz	*Frechen	0:47:46	0:48:18	119	MHK	92	12:06 11:32 12:10 11:56
182	1476	Kühl Matthias	*Friedberg	0:47:47	0:47:52	120	MHK	89	11:34 11:52 12:24 11:56
183	201	Sadowski Christoph	Valium i.v.	0:47:47	0:48:28	121	MHK	92	11:51 11:09 11:58 12:48
184	2282	Birlenbach Lars	#unisex	0:47:48	0:47:50	122	MHK	96	11:52 11:14 12:00 12:41
185	2555	Romer Johannes	Kenias Reserve	0:47:48	0:47:59	123	MHK	96	12:18 11:31 12:01 11:58
186	1739	Worth Stefan	Worthfit, its worth it.	0:47:49	0:48:05	27	M30	85	12:07 11:17 12:08 12:15
187	2545	Abend Bastian	Kenias Reserve	0:47:49	0:48:00	124	MHK	94	12:18 11:31 12:01 11:58
188	174	Kaatz Michael	Köln läuft!	0:47:52	0:47:54	12	M35	82	12:55 11:30 11:46 11:41
189	2464	Olbertz Dominik	DJK Köln-Nord	0:47:53	0:48:19	125	MHK	92	12:13 11:40 12:05 11:54
190	138	Buxel Oliver	Köln läuft!	0:47:54	0:47:55	13	M35	79	12:57 11:28 11:47 11:41
191	2553	Marten Jan	Kenias Reserve	0:47:56	0:47:58	126	MHK	96	12:23 11:25 11:47 12:20
192	2168	Schnäbelin Benjamin	*Solingen	0:47:56	0:48:04	127	MHK	89	12:10 11:24 12:00 12:19
193	2735	Könen Daniel	rodgrid med flode	0:47:57	0:48:03	28	M30	85	12:17 11:49 12:03 11:47
194	48	Wenninghoff Michael	AOK	0:47:58	0:48:14	5	M50	65	12:49 11:50 11:43 11:34
195	1553	Mertesacker Sebastian	Cologne Internationals	0:47:59	0:48:16	128	MHK	89	11:27 11:24 12:12 12:53
196	2965	Willeit Matthias	*Köln	0:47:59	0:48:05	129	MHK	97	12:23 11:31 12:02 12:02
197	2781	Kemper Jan	Schweiz	0:48:00	0:48:07	130	MHK	88	11:54 11:29 12:19 12:16
198	1619	Fladerer Matthias	RWTH Aachen	0:48:00	0:48:08	131	MHK	91	11:32 11:41 12:39 12:07
199	2193	Singh Sandrio	*Erfstadt	0:48:01	0:48:06	132	MHK	95	13:00 13:57 14:54 06:08
200	1465	Heinz Prof. Dr. Matthias	*Köln	0:48:08	0:48:14	29	M30	83	11:25 11:43 12:40 12:19
201	2017	Kockisch Andreas	*Köln	0:48:09	0:48:15	30	M30	87	12:15 11:50 11:59 12:03
202	2433	Seeber Christian	Corporate Ultras	0:48:09	0:48:34	133	MHK	90	12:41 11:42 12:03 11:42
203	2015	Knops Pieter	*Köln	0:48:10	0:48:16	134	MHK	88	12:17 11:50 11:58 12:04
204	2999	Menssen Christoph	Kölner Bank	0:48:12	0:48:29	31	M30	86	12:46 11:32 12:01 11:52
205	2061	Junick Janina	*Köln	0:48:17	0:48:21	135	MHK	95	11:59 11:42 12:14 12:20
206	1479	Lehre Tobias	*Köln	0:48:18	0:48:23	136	MHK	88	12:00 12:05 12:22 11:50
207	2720	Schmitz Christian	Rheinfighters	0:48:18	0:49:08	137	MHK	93	13:06 11:33 11:58 11:40
208	2375	Heick Andreas	Cologne Internationals	0:48:19	0:48:37	32	M30	85	13:17 11:55 12:12 10:53
209	1665	Wähler Lukas	TriathlonSteckelCologne	0:48:19	0:48:36	33	M30	87	12:22 11:49 12:01 12:05
210	1725	Kölle Konstantin	VampirPower Uniklinik Köln	0:48:20	0:48:27	4	MU2	98	11:11 11:38 13:05 12:24
211	1609	Stetter Matthias	RUNNERS POINT Run Club	0:48:20	0:48:27	138	MHK	93	11:36 11:33 12:49 12:20
212	1570	Kretschmer Holger	Geographie läuft!	0:48:22	0:48:32	10	M40	75	11:53 11:36 12:26 12:25
213	71	Gatzke Dennis		0:48:24	0:48:43	14	M35	81	12:33 11:56 12:11 11:43
214	1505	Seelemeyer Felix	*Köln	0:48:30	0:48:45	139	MHK	91	12:17 12:11 12:15 11:46
215	1742	Bohlmann Jan		0:48:31	0:48:39	140	MHK	94	11:55 12:15 12:26 11:54
216	2927	Anweiler Tim	*Köln Lindenthal	0:48:31	0:48:36	141	MHK	97	12:19 12:02 11:45 12:24
217	55	Theune Carsten	central-team.de	0:48:31	0:48:40	8	M45	72	12:00 11:48 12:12 12:30
218	2926	Rätzer Rodriguez Roberto	CologneRunBuddies	0:48:32	0:48:33	5	MU2	98	11:31 11:42 12:47 12:30
219	2286	Rüdiger Valentin	#unisex	0:48:36	0:48:36	6	MU2	98	12:25 11:49 11:57 12:23
219	2284	Hoffmann Sven	#unisex	0:48:36	0:48:36	142	MHK	97	12:25 11:49 11:57 12:23
221	1453	Baumgartl Steffen	*Köln	0:48:38	0:48:55	143	MHK	96	12:40 11:57 12:15 11:45
222	2256	Willcke Bastian	*Köln	0:48:38	0:48:41	144	MHK	93	12:04 11:33 12:20 12:40
223	2501	Heinemann Christian	ERGO	0:48:39	0:48:45	34	M30	85	11:58 11:59 12:23 12:18
224	1546	Brockmeier Lars	Cologne Internationals	0:48:40	0:48:53	145	MHK	92	12:02 12:01 12:27 12:07
225	2248	Waßerka Boris		0:48:41	0:48:42	6	M50	64	11:10 11:07 12:16 14:06
226	1924	Gangale Alessandro	*Erfstadt	0:48:44	0:48:52	15	M35	82	12:21 11:49 12:25 12:07
227	1607	Hass Tim	RUNNERS POINT Run Club	0:48:46	0:49:23	146	MHK	91	12:22 11:31 12:29 12:23
228	141	Crusius Jan	Köln läuft!	0:48:49	0:48:50	16	M35	78	12:22 11:58 12:06 12:21
229	1734	Castendiek Marc	WiSo Warriors	0:48:50	0:48:57	147	MHK	96	11:06 12:36 12:59 12:07
230	2104	Oesterle Jonathan	*Köln	0:48:52	0:48:57	148	MHK	95	12:21 11:36 12:20 12:33
231	1586	Sandoval Jorge	Latinos	0:48:53	0:49:06	149	MHK	92	12:42 11:17 11:49 13:03
232	1564	Westheide Martin	Cologne Internationals	0:48:55	0:49:05	150	MHK	94	12:08 12:11 12:31 12:04
233	1901	Fernandez Marcel	*Köln	0:48:55	0:49:34	151	MHK	93	13:34 12:05 11:59 11:16
234	2670	Dunkelberg Daniel	P&P Power	0:48:58	0:49:42	35	M30	84	13:15 11:39 11:54 12:09
235	1571	Ballas Kleon	Hala Madrid	0:48:59	0:49:01	152	MHK	96	12:01 12:18 12:25 12:14
236	2201	Spiertz Fabian	*Düren	0:49:00	0:49:12	153	MHK	97	13:11 12:02 11:59 11:47
237	2021	Kohl Felix	*Köln	0:49:01	0:49:19	154	MHK	92	12:38 11:37 12:23 12:23
238	1645	Scheidler Uwe	Solorunners	0:49:02	0:49:08	7	M50	63	12:29 12:15 12:15 12:03
239	2580	Esser Patrick	Kliniksläufer Krisenlos feat.	0:49:04	0:49:08	155	MHK	90	12:57 12:02 12:13 11:51
240	2194	Sklavounos Alexander	*Düsseldorf	0:49:04	0:49:52	156	MHK	93	14:06 11:50 11:39 11:27

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Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
241	1659	Bosbach Prof. Dr. Gerd	TriathlonSteckelCologne	0:49:04	0:49:35	1	M60	53	12:50 11:57 12:12 12:03
242	171	Jakobs David	RFH Köln	0:49:07	0:49:12	36	M30	87	12:43 11:56 12:21 12:06
243	2958	Schröder Tim	*Waldbröl	0:49:10	0:49:12	157	MHK	97	12:06 11:56 12:23 12:43
244	3004	Reeke Bastian	Kölner Bank	0:49:12	0:49:12	158	MHK	91	11:42 11:47 12:36 13:05
245	1467	Janicki Karl	*Köln	0:49:12	0:49:22	159	MHK	88	11:46 11:41 12:58 12:45
246	1750	Soethout Guido	Kölner Bank	0:49:12	0:49:21	2	M60	55	12:28 12:09 12:18 12:15
247	2886	Brenk Benjamin	Volles Rohr	0:49:12	0:49:46	160	MHK	89	12:40 11:57 12:26 12:08
248	2305	Oberbusch Patrick	Antihippster	0:49:13	0:49:45	17	M35	81	13:24 11:57 12:05 11:45
249	2705	Schlößer Lukas	Ren-Tiere	0:49:14	0:49:16	161	MHK	94	12:23 12:11 12:23 12:15
250	1972	Hörster Juri	*Köln	0:49:15	0:50:03	162	MHK	97	12:48 11:47 12:37 12:02
251	2708	Von Gersdorff Gero	Ren-Tiere	0:49:17	0:49:21	8	M50	65	12:34 11:57 12:24 12:21
252	1746	Schneider Ole	*Köln	0:49:17	0:49:31	163	MHK	95	11:55 11:22 12:20 13:39
253	2937	Hill Jannick	*Köln	0:49:17	0:50:05	164	MHK	96	12:24 11:54 12:32 12:26
254	1535	Derksen Volker	cleverbridge AG roadrunners	0:49:19	0:49:26	37	M30	85	12:08 11:24 13:08 12:37
255	2533	Moser Lukas	Geographie läuft!	0:49:21	0:50:21	165	MHK	96	14:45 12:10 11:33 10:51
256	2671	Jaskula Andre	P&P Power	0:49:22	0:50:07	11	M40	74	13:14 11:39 12:19 12:10
257	2736	Potthast Cornel	rodgrid med flode	0:49:24	0:49:30	38	M30	85	12:16 11:49 12:21 12:57
258	182	Lellek Lars	CologneRunBuddies	0:49:28	0:49:40	166	MHK	89	12:31 11:48 12:25 12:43
259	2729	Orlowski Johannes	Rheinland Lions Australian Foo	0:49:29	0:50:30	167	MHK	88	13:52 12:08 12:20 11:08
260	2731	Wichmann Julian	Rheinland Lions Australian Foo	0:49:30	0:50:32	168	MHK	90	13:29 12:24 12:20 11:16
261	2019	Köhrer Jonas	*Hürth	0:49:32	0:49:54	169	MHK	93	13:24 11:45 12:22 12:01
262	2920	Steland Alexander	Zollstocker Kugelblitze :)	0:49:33	0:49:34	170	MHK	92	11:14 12:11 12:41 13:27
263	2734	Kleemann Marcel	rodgrid med flode	0:49:33	0:49:40	39	M30	84	12:16 11:49 12:31 12:56
264	2537	Seher Julius	Geographie läuft!	0:49:37	0:50:17	171	MHK	96	14:11 12:10 11:59 11:15
265	2353	Wigger Christoph	CMRunners	0:49:39	0:51:12	40	M30	87	13:40 12:08 11:53 11:56
266	125	Artz Oliver	#TeamPetri	0:49:40	0:49:54	172	MHK	88	13:37 11:32 12:20 12:09
267	1743	Jakubowitz Martin	*Köln	0:49:43	0:49:59	9	M50	67	12:24 11:55 12:33 12:48
268	2018	Köhncke Knut	*Köln	0:49:45	0:49:53	173	MHK	95	12:04 11:43 12:54 13:02
269	2428	Laforce Jonas	Cooling Cubes	0:49:47	0:49:58	174	MHK	89	12:30 12:18 12:39 12:18
270	2295	Lauckmann Max	1/3 Herz für Mathe	0:49:49	0:49:56	175	MHK	93	12:02 11:37 13:06 13:02
271	2483	Parchatka Niklas	Ebner Stolz & Friends	0:49:50	0:50:25	176	MHK	93	12:42 12:01 12:43 12:22
272	2213	Strack Marian	*Köln	0:49:51	0:50:13	177	MHK	91	12:54 12:11 12:37 12:07
273	1481	Lipphardt Dr. Martin	*Köln	0:49:51	0:50:01	18	M35	78	12:19 12:21 12:35 12:34
274	2953	Oltrogge Marlon	*köln	0:49:53	0:49:55	178	MHK	97	12:20 11:57 12:49 12:45
275	2975	Nöldeke Jan	Kenias Reserve	0:49:53	0:50:03	7	MU2	98	12:26 11:56 12:46 12:44
276	2499	Schroeder Daniel	Enhanced Recovery	0:49:54	0:49:57	41	M30	83	12:26 11:54 12:48 12:44
277	194	Rosso Martin	THW	0:49:54	0:50:04	179	MHK	94	12:31 12:05 12:29 12:48
278	2907	Dax Christopher	WiSo Warriors	0:49:54	0:50:11	180	MHK	91	12:04 11:51 12:47 13:11
279	2587	Regnier Arno	Kliniksläufer Krisenlos feat.	0:49:55	0:50:07	19	M35	81	12:59 12:18 12:32 12:04
280	1491	Nepomuck Tim	*Köln	0:50:01	0:50:14	181	MHK	94	12:12 12:20 12:53 12:34
281	1473	König Timo	*Köln	0:50:05	0:50:18	182	MHK	93	12:17 11:54 12:44 13:08
282	2094	Neises Johannes	Rundezvous	0:50:05	0:50:56	183	MHK	91	13:29 12:04 12:31 12:00
283	2710	Gouasé Michael	Renn-Kasko	0:50:09	0:51:47	184	MHK	92	13:10 12:07 12:24 12:26
284	1822	Becker-Peth Michael	*Frechen	0:50:10	0:50:14	20	M35	81	12:36 12:13 12:44 12:35
285	2090	Naprawnik Felix	*Köln	0:50:11	0:51:39	185	MHK	96	13:04 12:01 12:31 12:33
286	1838	Bößem Thomas	*Jülich	0:50:11	0:50:26	186	MHK	96	12:41 12:00 12:47 12:41
287	2253	Widdig Martin	*Köln	0:50:14	0:50:44	187	MHK	96	13:26 11:55 12:27 12:25
288	2174	Scholz Florian	*Köln	0:50:15	0:50:23	42	M30	85	12:14 12:11 13:09 12:39
289	2798	Stäbler Samuel	TEAM MARKETING	0:50:17	0:50:20	188	MHK	88	12:42 12:24 12:51 12:18
290	2455	Bousamra Greg	Digital Helpers	0:50:20	0:51:35	189	MHK	90	13:39 12:15 12:07 12:17
291	60	Sauerborn Martin		0:50:23	0:50:37	10	M50	67	12:39 12:16 12:44 12:42
292	2363	Enders Roman	Cologne Internationals	0:50:23	0:50:38	43	M30	86	12:01 12:06 13:07 13:08
293	2756	Fischer Fabian	Rundezvous	0:50:23	0:51:16	190	MHK	93	15:07 12:12 11:50 11:14
294	2209	Stienemeier Frank	*Neuss	0:50:24	0:50:49	9	M45	71	13:26 11:45 12:30 12:42
295	2001	Keser Ugur	*Köln	0:50:24	0:50:43	191	MHK	93	12:03 12:16 13:09 12:55
296	2226	Tietze Martin	*Bonn	0:50:25	0:51:16	192	MHK	90	14:49 12:20 11:29 11:45
297	218	Wallrath Martin	Zons	0:50:26	0:50:31	21	M35	80	12:17 11:59 13:41 12:28
298	1533	Assenheimer Eduard	cleverbridge AG roadrunners	0:50:26	0:50:33	44	M30	85	12:13 12:50 12:58 12:24
299	2155	Schäfer Luis	*Köln	0:50:26	0:50:52	193	MHK	96	13:35 12:20 12:31 12:00
300	2658	Ripp Christoph	Mi.-Sport	0:50:31	0:51:12	12	M40	77	13:53 12:09 12:16 12:12

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Männer

Platz	Startnr	Name	Verein*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
301	1517	Verkh Hennadiy	*Köln	0:50:31	0:50:42	22	M35	81	12:45	12:13	12:47	12:45	
302	2156	Scharffe Simon	*Köln	0:50:32	0:50:49	45	M30	84	12:56	12:14	12:36	12:44	
303	1724	Gebert Jurij	VampirPower Uniklinik Köln	0:50:33	0:50:44	194	MHK	89	12:05	12:20	13:35	12:31	
304	2755	Bootsveld Jan	Rundezvous	0:50:34	0:51:27	195	MHK	94	15:07	12:11	11:50	11:25	
305	2551	Landerer Max	Kenias Reserve	0:50:35	0:50:47	196	MHK	97	12:26	12:22	13:02	12:42	
306	1459	Fischer Andreas	*Köln	0:50:35	0:50:41	197	MHK	90	11:33	12:03	13:28	13:30	
307	1932	Georgi Christopher	*Köln	0:50:39	0:51:44	23	M35	81	13:47	12:17	12:27	12:07	
308	1592	Nikelowski Norbert	Marathonfreunde Köln	0:50:41	0:50:54	3	M55	58	12:39	12:07	12:52	13:01	
309	2870	Kurtenbach Paul	VampirPower Uniklinik Köln	0:50:42	0:51:24	198	MHK	90	11:34	10:50	16:16	12:00	
310	2051	Lindner Jan	*Kerpen	0:50:43	0:52:17	199	MHK	96	15:13	11:55	11:53	11:40	
311	1842	Borisov Denislav	*KÖLN	0:50:47	0:51:24	200	MHK	89	13:11	11:44	13:03	12:47	
312	2791	Biesemann Andreas	Talanx	0:50:47	0:50:54	24	M35	79	12:25	12:10	13:01	13:09	
313	2328	Jopek Fabian	Borussia Freialdenhoven	0:50:48	0:51:11	201	MHK	91	12:48	12:20	12:55	12:43	
314	2832	Steckel Manfred	TriathlonSteckelCologne	0:50:51	0:51:09	3	M60	55	13:59	12:14	12:17	12:19	
315	2048	Lenzen Thomas	*Köln	0:50:53	0:51:31	46	M30	84	13:20	12:17	12:33	12:42	
316	179	Köppe Stefan	1.FC Köln	0:50:54	0:51:09	47	M30	85	12:53	12:08	12:41	13:12	
317	188	Preuß Stephan	SV Auweiler-Esch	0:50:56	0:51:14	48	M30	85	12:49	12:08	12:41	13:17	
318	2843	Fleschutz Dr. Frederik	Valium i.v.	0:50:57	0:50:58	13	M40	76	12:14	12:23	13:07	13:11	
319	119	Kerkhoff Philipp	Kerkhoff	0:50:57	0:51:02	25	M35	80	13:04	12:24	12:35	12:52	
320	147	Freyaldenhoven Jan	Köln läuft!	0:50:58	0:51:00	49	M30	83	12:58	12:02	12:41	13:17	
321	2349	Hansen Dr. Emanuel	CMRunners	0:50:59	0:52:18	26	M35	81	13:56	12:10	12:38	12:13	
322	42	Schwert Sascha	LG RWE Power	0:51:00	0:51:04	50	M30	87	12:30	12:09	13:07	13:13	
323	2900	Sänger Jakob	Wilde Seekühe	0:51:04	0:51:26	202	MHK	94	13:34	12:26	13:09	11:54	
324	2510	Baur Christian	Flunkonia Köln	0:51:07	0:51:46	203	MHK	94	13:24	12:12	12:51	12:39	
325	1482	Lixenfeld Tristan Martin	*Köln	0:51:09	0:51:23	204	MHK	91	12:04	12:01	13:32	13:30	
326	2648	Herrndorf Dr. Norbert	LT Saaler Mühle	0:51:15	0:51:21	4	M60	54	12:45	12:29	12:56	13:04	
327	2809	Kunz Jonathan	TH Köln	0:51:15	0:51:39	205	MHK	96	13:25	12:26	12:54	12:29	
328	3098	Roth Helmut		0:51:17	0:51:42	10	M45	71	13:54	12:35	12:29	12:16	
329	2760	Arnold Christoph	RUNNERS POINT Run Club	0:51:17	0:51:43	11	M50	67	13:56	12:33	12:29	12:17	
330	2159	Schellberg Daniel	*Köln	0:51:18	0:51:21	27	M35	81	13:48	12:47	12:24	12:17	
331	2325	Paul Mathias	BlueMotion	0:51:20	0:52:12	51	M30	87	13:06	12:39	12:52	12:41	
332	2995	Hesse Sebastian	Kölner Bank	0:51:21	0:51:43	28	M35	81	13:17	12:37	13:07	12:18	
333	2703	Plagmann Ingo	Ren-Tiere	0:51:22	0:51:27	52	M30	84	12:53	12:11	13:08	13:09	
334	3023	Terhardt Sven	TH Köln	0:51:27	0:51:50	206	MHK	94	13:25	11:59	13:17	12:45	
335	2046	Lazar Tobias	*Frankfurt am Main	0:51:27	0:52:15	207	MHK	92	14:21	12:14	12:35	12:16	
336	1497	Ritzi Julian	*Köln	0:51:28	0:51:37	208	MHK	94	11:55	12:32	13:26	13:33	
337	2352	Thenee Frederik	CMRunners	0:51:29	0:53:02	53	M30	87	12:48	12:13	12:43	13:44	
338	2126	Pützer Benno	*Düsseldorf	0:51:29	0:51:38	54	M30	87	13:28	12:35	12:56	12:28	
339	2442	Eschmann Tim	Die festen Körper	0:51:32	0:53:15	55	M30	86	13:49	12:41	12:58	12:03	
340	1460	Fischer Maik	*Köln	0:51:32	0:51:49	29	M35	78	12:41	12:30	13:10	13:10	
341	1483	Lodemann Tim	*Köln	0:51:32	0:51:49	56	M30	84	12:41	12:30	13:12	13:08	
342	2554	Peters Prof. Dr. Henry	Kenias Reserve	0:51:33	0:51:43	209	MHK	96	11:01	10:16	10:53	19:21	
343	2925	Backes Heiko	Lets metabolize	0:51:34	0:51:43	11	M45	72	12:29	12:34	13:10	13:20	
344	2773	Smets Daniel	Running Elements	0:51:35	0:51:53	210	MHK	91	14:19	13:13	12:33	11:30	
345	2895	Glaser Thorben	Weitblick Köln	0:51:37	0:51:42	211	MHK	89	12:11	12:38	13:31	13:14	
346	62	Joisten Simon		0:51:37	0:52:12	212	MHK	92	13:58	11:59	12:56	12:42	
347	3008	Schnock Jochen	Kölner Bank	0:51:38	0:51:58	57	M30	87	13:15	12:40	13:07	12:34	
348	2038	Kuhlmann Sven	*Solingen	0:51:40	0:51:46	213	MHK	94	12:52	12:47	13:44	12:16	
349	2394	Lorenz Björn	Cologne Internationals	0:51:41	0:51:46	214	MHK	90	12:35	12:41	13:05	13:19	
350	2691	Komma Daniel	Prinzen-Garde Köln 1906 e.V.	0:51:42	0:52:01	58	M30	86	12:44	12:08	13:23	13:25	
351	2490	Wolf Hubertus	Ebner Stolz & Friends	0:51:42	0:52:18	215	MHK	89	13:40	12:21	12:50	12:49	
352	2584	Kirchner Michael	Klinikläufer Krisenlos feat.	0:51:43	0:52:10	12	M45	68	13:39	12:30	12:42	12:51	
353	2138	Rill Constantin	*Köln	0:51:47	0:52:30	216	MHK	89	14:18	12:21	12:35	12:31	
354	2782	Schlotmann Torsten	Schweiz	0:51:47	0:51:55	59	M30	84	12:55	12:35	13:04	13:11	
355	2913	Orlowski Christian	WiSo Warriors	0:51:48	0:51:57	217	MHK	95	13:06	12:43	13:08	12:49	
356	2251	Weck Jan	*Köln	0:51:48	0:52:19	30	M35	78	12:59	12:35	13:14	12:58	
357	2035	Krüger Michael	*Köln	0:51:51	0:53:18	218	MHK	97	13:47	12:18	13:09	12:35	
358	158	Groß Percy	Romanisfit	0:51:52	0:52:07	219	MHK	88	13:04	12:19	12:56	13:32	
359	2259	Wirtz Dominik	*Köln	0:51:54	0:52:17	220	MHK	90	12:48	12:19	13:16	13:30	
360	1542	Dresbach Frank	Cologne Allblacks	0:51:55	0:52:04	12	M50	67	12:57	12:38	13:08	13:10	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden			
361	2856	Sadowski Kurt	Valium i.v.	0:51:57	0:52:41	4	M55	58	13:42	12:40	12:51	12:43
362	2944	Kristiansen Nils	*Köln	0:51:59	0:52:06	221	MHK	91	12:57	12:47	13:19	12:53
363	2484	Rüsch Gary	Ebner Stolz & Friends	0:52:00	0:52:15	222	MHK	89	13:07	12:14	13:09	13:28
364	2918	Huth Maximilian	Zollstocker Kugelblitze :)	0:52:02	0:52:17	223	MHK	91	13:42	12:50	13:15	12:14
365	2917	Dederichs Gernot	Zollstocker Kugelblitze :)	0:52:03	0:52:18	224	MHK	92	13:39	12:53	13:09	12:20
366	2298	Schulte Marco	12-Kampf-Köln	0:52:04	0:52:33	14	M40	75	13:31	12:38	12:49	13:05
367	2531	Mason Samuel	Geographie läuft!	0:52:04	0:53:01	225	MHK	96	14:36	12:30	12:38	12:19
368	2324	Kootz Darius	BlueMotion	0:52:09	0:53:02	226	MHK	89	14:01	12:55	13:15	11:56
369	2477	Herzogenrath Thomas	Ebner Stolz & Friends	0:52:11	0:52:52	15	M40	77	14:34	12:29	12:34	12:33
370	2961	Wagner Sebastian	*Köln	0:52:13	0:52:19	227	MHK	94	12:28	12:16	13:37	13:51
371	2419	Wolfram Sebastian	Cologne Internationals	0:52:14	0:53:58	16	M40	75	15:28	12:32	12:33	11:39
372	2608	Berthold Sebastian	Kölsche Harlequins	0:52:19	0:54:25	60	M30	84	13:36	12:36	13:26	12:40
373	2998	Meisinger Dominik	Kölnener Bank	0:52:19	0:52:33	61	M30	86	13:49	12:55	13:04	12:30
374	2427	Kasper Dennis	Cooling Cubes	0:52:21	0:52:32	228	MHK	88	13:15	13:01	13:09	12:55
375	2704	Schermer Prof. Dr. Bernhard	Ren-Tiere	0:52:23	0:52:28	13	M45	71	12:49	12:38	13:41	13:14
376	2111	Paech Frederik	*Köln	0:52:23	0:53:12	229	MHK	94	14:14	12:45	12:49	12:33
377	2053	Loewer Ralf	*Köln	0:52:23	0:52:42	13	M50	65	13:25	12:28	13:05	13:23
378	2732	Klein André	Roads & Aces	0:52:24	0:54:01	17	M40	76	14:36	12:31	12:45	12:31
379	2848	Jähde Frank	Valium i.v.	0:52:25	0:52:57	14	M50	64	13:37	12:51	13:10	12:45
380	1917	Fries Peter	*Köln	0:52:25	0:54:25	230	MHK	91	15:07	12:07	12:28	12:41
381	1823	Behrenbruch Clemens	*Köln	0:52:29	0:52:36	15	M50	66	12:42	12:42	13:26	13:37
382	2382	Jansen Florian	Cologne Internationals	0:52:29	0:52:48	14	M45	72	13:05	12:15	13:43	13:24
383	1856	Cabana Echaniz David	*Köln	0:52:37	0:53:54	231	MHK	90	14:27	12:28	12:52	12:48
384	2292	Quäck Stefan	-	0:52:44	0:53:05	232	MHK	91	14:01	12:25	12:57	13:20
385	2797	Schwerdtfeger Rouven	TEAM MARKETING	0:52:44	0:54:24	62	M30	87	14:17	12:39	13:27	12:19
386	2786	Blautzik Thomas	Shell Running Team	0:52:49	0:53:28	233	MHK	92	14:33	12:26	12:49	12:58
387	2699	Braun Dr. Fabian	Ren-Tiere	0:52:51	0:52:56	63	M30	85	12:52	12:40	13:38	13:39
388	2905	Boden Alexander	WiSo Warriors	0:52:52	0:53:09	234	MHK	88	13:32	12:41	13:09	13:28
389	2956	Schippe Nicolas	*Köln	0:52:53	0:53:00	235	MHK	90	13:02	13:00	13:38	13:11
390	2229	Treit Michael	*Köln	0:52:54	0:54:46	236	MHK	89	15:24	12:10	12:30	12:48
391	1966	Heining Christian	*Köln	0:52:54	0:53:38	237	MHK	88	14:35	12:36	12:49	12:53
392	2005	Klaus Janek	Du machst den Unterschied!	0:52:56	0:53:32	238	MHK	91	15:04	13:24	13:26	11:00
393	1514	Thieme Christian	*Köln	0:53:01	0:53:21	31	M35	81	12:58	12:56	13:37	13:29
394	1720	Porkert André	Valium i.v.	0:53:01	0:53:19	18	M40	73	13:36	12:26	14:13	12:45
395	2303	Dohr Andreas	Andy Dohr	0:53:09	0:53:34	239	MHK	92	13:30	12:19	13:50	13:29
396	2416	Wessling Harry	Cologne Internationals	0:53:13	0:53:37	15	M45	68	13:43	12:44	13:14	13:30
397	2418	Wiltfang Gerrit	Cologne Internationals	0:53:13	0:53:47	240	MHK	92	14:20	12:42	13:07	13:02
398	1735	Grebe Marcel	WiSo Warriors	0:53:14	0:53:25	241	MHK	90	12:12	12:42	14:37	13:42
399	1741	Van de Kamp Robin	ZWOLLE	0:53:14	0:53:33	64	M30	87	12:35	12:35	13:46	14:17
400	2561	Aguado Linares Pedro	KF Lebensstil	0:53:15	0:53:38	242	MHK	94	12:34	12:41	13:46	14:12
401	2738	Habich Markus	Rote Ochsen	0:53:17	0:55:00	243	MHK	88	15:57	12:54	12:28	11:57
402	1948	Grzeszik Mike	Du machst den Unterschied	0:53:17	0:54:25	65	M30	85	14:23	12:48	13:17	12:48
403	2491	Pfannkuch Alexander	Efferino Running Team	0:53:18	0:54:10	244	MHK	88	14:47	12:29	12:57	13:03
404	2059	Lüdecke Florian	*Köln	0:53:18	0:53:34	245	MHK	93	13:38	12:49	13:40	13:09
405	2579	Eckert Piet	Kliniksläufer Krisenlos feat.	0:53:18	0:53:44	246	MHK	88	13:25	12:28	13:35	13:48
406	2429	Block Sidney	Corporate Ultras	0:53:19	0:53:44	247	MHK	93	14:02	13:27	13:22	12:26
407	2474	Dunker Mathias	Ebner Stolz & Friends	0:53:22	0:53:44	248	MHK	91	13:55	13:15	13:28	12:44
408	2569	Van Edig Milan	KF Lebensstil	0:53:25	0:55:05	249	MHK	96	15:09	13:07	12:51	12:18
409	2198	Sos Prof. Dr. Martin	*Köln	0:53:26	0:53:55	32	M35	79	14:04	12:52	13:23	13:07
410	2306	Petersmann Sebastian	Antihippster	0:53:29	0:54:01	33	M35	82	13:50	12:42	13:07	13:49
411	2523	Bühler Joshua	Geographie läuft!	0:53:30	0:54:11	250	MHK	95	14:10	12:11	13:01	14:05
412	2211	Stöcker Sebastian	*Köln	0:53:33	0:53:54	66	M30	86	14:18	13:35	13:18	12:20
413	2911	Müller Stephan	WiSo Warriors	0:53:33	0:53:57	67	M30	84	13:50	13:00	13:31	13:12
414	2494	Annecke Prof. Dr. Thorsten	Enhanced Recovery	0:53:36	0:53:39	19	M40	74	13:23	13:16	13:35	13:21
415	2453	Lohaus Michael	Die Laufvariablen	0:53:36	0:54:30	251	MHK	91	15:35	12:58	12:54	12:08
416	2441	Büßen Finn Lasse	Die festen Körper	0:53:37	0:55:21	252	MHK	91	15:09	13:03	12:51	12:33
417	2216	Sun Wen	*Köln	0:53:38	0:55:19	253	MHK	89	15:30	12:29	12:42	12:55
418	2247	Waßer Florian	*Köln	0:53:40	0:55:05	68	M30	87	14:20	12:50	13:29	12:59
419	162	Guth Charly	KölscheJeck	0:53:41	0:53:59	16	M45	69	13:56	13:23	13:15	13:05
420	2431	Killus Hardy	Corporate Ultras	0:53:43	0:54:08	254	MHK	90	14:08	13:01	13:45	12:47

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
421	2134	Reikowski Florian	*Köln	0:53:43	0:55:36	69	M30	85	13:37 12:52 13:35 13:39
422	2887	Frings Thomas	Volles Rohr	0:53:45	0:54:19	16	M50	66	14:03 12:43 13:14 13:44
423	2532	Matika Sven	Geographie läuft!	0:53:47	0:54:29	255	MHK	93	13:57 12:32 13:37 13:39
424	1526	Alonso Hernández Rafael	Bkomm Media	0:53:47	0:54:13	256	MHK	88	12:26 15:11 13:05 13:04
425	2596	Fleig Frederik	Kölncampus	0:53:50	0:55:01	257	MHK	88	16:00 13:00 12:58 11:51
426	2385	Kanzafarov Rustem	Cologne Internationals	0:53:52	0:54:33	258	MHK	94	15:00 12:29 13:02 13:20
427	2409	Schwarz Maximilian	Cologne Internationals	0:53:54	0:54:32	259	MHK	92	13:14 12:41 14:12 13:46
428	1899	Fama Gaetano	*Köln	0:53:58	0:54:06	70	M30	85	12:59 13:03 14:03 13:51
429	2566	Schömmel Maximilian	KF Lebensstil	0:54:00	0:54:29	260	MHK	92	14:37 12:54 13:19 13:08
430	1803	Achtelik Christian	*Köln	0:54:01	0:55:24	261	MHK	88	14:36 13:51 13:15 12:18
431	207	Schick Markus	Schick	0:54:02	0:54:47	262	MHK	93	13:59 12:32 14:17 13:13
432	2191	Siggia Fabian	*Köln	0:54:03	0:54:15	263	MHK	90	13:41 12:39 13:55 13:46
433	1925	Ganser Bernd	*Wesseling	0:54:04	0:54:54	5	M55	62	14:00 13:10 13:36 13:17
434	2536	Seelbach Philipp	Geographie läuft!	0:54:05	0:55:36	34	M35	78	13:31 12:04 13:06 15:22
435	1920	Fröhlich Lukas	*Bornheim	0:54:05	0:54:55	264	MHK	91	14:12 13:09 13:38 13:05
436	2751	Wickeroth Daniel	RRZK	0:54:05	0:54:26	35	M35	80	13:50 13:10 13:33 13:31
437	2951	Nicoli Marco	*Cologne	0:54:06	0:54:17	265	MHK	97	13:45 12:41 13:41 13:58
438	2400	Müller Moritz	Cologne Internationals	0:54:07	0:54:26	266	MHK	91	13:38 12:39 13:27 14:21
439	2613	Beuscher Armin	Laktatkönige	0:54:07	0:54:35	6	M55	58	14:14 13:14 13:35 13:03
440	2799	Lenarz Thomas	Team Talanx	0:54:08	0:54:17	17	M45	68	13:46 13:05 13:33 13:42
441	2351	Schmidt Dr. Andreas	CMRunners	0:54:08	0:55:32	20	M40	76	14:31 13:15 13:21 13:00
442	2890	Nabbefeld Jan	Volles Rohr	0:54:11	0:54:47	71	M30	87	14:09 13:21 13:44 12:56
443	2962	Weingötz Luca	*Tauberbischofsheim	0:54:13	0:55:34	267	MHK	97	16:21 12:45 12:49 12:16
444	2541	Gähl Matthias	Im Herzen sozial	0:54:13	0:55:15	268	MHK	96	14:42 13:08 13:27 12:54
445	2928	Atar Murat		0:54:14	0:54:43	269	MHK	89	14:13 12:53 13:29 13:37
446	1652	Edeling Alexander	TEAM MARKETING	0:54:20	0:54:59	72	M30	84	14:52 13:09 13:21 12:57
447	2114	Pfaff Benjamin	*Köln	0:54:21	0:54:40	73	M30	85	13:07 12:51 14:04 14:18
448	1908	Fischer Sascha	*Köln	0:54:22	0:55:10	74	M30	87	14:23 13:02 13:29 13:27
449	2787	Schürheck Sebastian	Shell Running Team	0:54:24	0:55:05	270	MHK	93	14:41 13:24 13:32 12:45
450	1934	Gieselmann Andreas	*Köln	0:54:25	0:55:08	75	M30	87	14:36 12:37 13:19 13:51
451	1549	Heinen Sebastian	Cologne Internationals	0:54:26	0:54:53	271	MHK		13:54 12:58 13:44 13:49
452	2784	Owczarzak Stephan	*Köln	0:54:27	0:55:26	76	M30	87	13:43 13:00 13:54 13:47
453	2783	Bonart Malte	SDW Köln	0:54:29	0:55:51	272	MHK	91	14:44 12:32 13:19 13:53
454	1582	Langensiepen Dr. Guenter	Laktatkönige	0:54:33	0:55:00	1	M70	46	14:15 13:19 13:34 13:24
455	2659	Seifert Kai	Mi.-Sport	0:54:33	0:55:15	21	M40	76	13:54 12:59 13:46 13:53
456	2244	Wagner Christian	*Ober-Mörlen	0:54:38	0:55:51	273	MHK	91	14:48 13:23 13:25 13:01
457	2283	Fisch Daniel	#unisex	0:54:39	0:54:42	8	MU2	98	12:23 12:03 15:20 14:51
458	2892	Müller Aaron	VonMailandBisNachRiga	0:54:40	0:55:31	274	MHK	89	13:52 13:12 14:01 13:34
459	2447	Barth Henrik	Die gestiefelten Muskelkater	0:54:42	0:55:44	275	MHK	92	14:04 13:28 13:56 13:12
460	2280	Stückle Lukas	#ThoughMothers	0:54:45	0:54:56	276	MHK	95	14:11 13:08 13:42 13:43
461	2279	Dietz Thilo	#ThoughMothers	0:54:45	0:54:56	277	MHK	95	14:15 13:04 13:42 13:43
462	2528	Greiner Adrian	Geographie läuft!	0:54:47	0:55:28	278	MHK	96	14:34 13:20 13:43 13:08
463	2871	Martinez Julio	VampirPower Uniklinik Köln	0:54:47	0:56:34	279	MHK	93	14:48 12:56 13:23 13:38
464	68	Keppel Frank	AOK	0:54:47	0:55:04	7	M55	62	12:49 12:55 14:16 14:46
465	2525	Engel Max	Geographie läuft!	0:54:50	0:56:22	36	M35	81	14:36 12:48 13:44 13:39
466	1992	Junker Kirk	*Köln	0:54:57	0:55:14	8	M55	59	15:03 12:58 13:27 13:27
467	2173	Scholten Jan	*Köln	0:54:57	0:55:33	280	MHK	92	15:04 13:24 13:27 13:00
468	2757	Harrs Sören	Rundezvous	0:55:01	0:55:54	281	MHK	92	14:48 12:30 13:40 14:01
469	2446	Afzali Bahman	Die gestiefelten Muskelkater	0:55:03	0:56:08	282	MHK	89	14:51 12:59 13:35 13:37
470	1986	Johr Tobias	*Köln	0:55:06	0:55:17	283	MHK	90	13:14 12:37 13:49 15:24
471	2599	Potthoff Niklas	Kölncampus	0:55:09	0:55:09	284	MHK	90	15:45 13:30 13:35 12:17
472	2614	Esters Paul	Laktatkönige	0:55:11	0:55:38	9	M55	59	14:15 13:19 13:35 14:00
473	2171	Schönborn Wolfgang	*Kerpen-Horrem	0:55:11	0:56:12	18	M45	69	14:46 13:18 13:33 13:34
474	1812	Arnz Jan-Michel	*Köln	0:55:14	0:55:59	285	MHK	92	15:13 13:33 13:24 13:02
475	2297	Eickhoff Dr. Jens-Peter	12-Kampf Köln	0:55:14	0:55:44	22	M40	75	13:30 12:49 14:10 14:44
476	2403	Pleuß Jörn	Cologne Internationals	0:55:15	0:55:24	77	M30	84	14:12 13:28 13:53 13:40
477	2395	Mense Max	Cologne Internationals	0:55:17	0:55:32	286	MHK	89	14:25 13:19 13:52 13:39
478	1892	Elezagic Dzermal	*Köl	0:55:17	0:55:41	287	MHK	90	13:45 13:28 14:12 13:50
479	2269	Ye Dr. Shute	*Köln	0:55:25	0:55:48	37	M35	80	14:15 13:34 13:54 13:40
480	2986	Görk Sebastian	Kölner Bank	0:55:26	0:55:32	38	M35	82	12:38 13:36 14:27 14:44

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
481	2974	Mathis Bruno	Kenias Reserve	0:55:27	0:55:39	288	MHK	97	13:15	12:40	13:57	15:34	
482	2140	Ritterbach Benedikt	*Aachen	0:55:31	0:56:32	289	MHK	95	14:33	13:19	13:59	13:38	
483	2495	Finke Simon-Richard	Enhanced Recovery	0:55:31	0:55:34	290	MHK	89	13:24	13:45	14:22	13:59	
484	2723	Jäger Benjamin	Rheinland Lions Australian Foo	0:55:32	0:56:37	39	M35	81	17:08	14:55	12:26	11:02	
485	1960	Hannemann Jan	*Essen	0:55:33	0:56:36	291	MHK	95	14:32	13:19	13:59	13:42	
486	2981	Bunn Fred	Kölner Bank	0:55:34	0:55:51	40	M35	79	13:41	13:13	14:27	14:12	
487	1844	Borner Tim	*Köln	0:55:34	0:55:50	292	MHK	91	15:22	13:37	13:30	13:04	
488	1222	Marke Tobias	Meteo	0:55:39	0:56:36	293	MHK	88	15:34	12:57	13:21	13:45	
489	3011	Todemann Stefan	Kölner Bank	0:55:42	0:55:59	78	M30	86	13:44	13:21	14:16	14:19	
490	1863	Czermak Marcel	*Köln	0:55:43	0:56:08	294	MHK	93	14:45	13:26	13:53	13:38	
491	132	Börger Nico	Rut Wiess Dreckelisch	0:55:45	0:56:05	41	M35	80	14:29	13:27	14:10	13:37	
492	1510	Stefan Bernhard	*Köln	0:55:45	0:56:09	295	MHK	93	14:46	13:27	13:52	13:39	
493	2753	Zellmann Dr. Stefan	RRZK	0:55:46	0:56:07	42	M35	81	13:35	13:32	14:09	14:29	
494	1817	Balters Janik	*Köln	0:55:47	0:57:00	296	MHK	94	14:34	12:54	13:49	14:28	
495	2162	Schlegel Nico	*Köln	0:55:50	0:56:52	23	M40	75	15:15	13:24	13:39	13:31	
496	2618	Wischeidt Lino	Laktatkönige	0:55:51	0:56:18	5	M60	54	14:20	13:08	14:00	14:21	
497	2874	Müller Philipp	VampirPower Uniklinik Köln	0:55:54	0:56:40	297	MHK	95	13:40	12:45	14:27	15:00	
498	2164	Schmid Christian	*köln	0:55:56	0:56:35	19	M45	71	15:01	13:30	13:49	13:34	
499	2440	Bauer Carsten	Die festen Körper	0:55:58	0:57:42	298	MHK	89	14:38	13:06	13:32	14:41	
500	2460	Froehling Tim	DingUnited	0:56:02	0:57:26	299	MHK	96	16:23	13:14	13:19	13:05	
501	1949	Haag Philipp	*Köln	0:56:02	0:56:50	24	M40	77	15:23	13:44	13:39	13:14	
502	2236	Viehweger Martin	*Köln	0:56:14	0:57:44	300	MHK	94	15:07	13:22	13:46	13:57	
503	2272	Zachlehner Tim	*Köln	0:56:15	0:56:27	301	MHK	88	13:42	12:37	14:23	15:32	
504	2994	Hermansen Klaus	Kölner Bank	0:56:17	0:56:31	10	M55	60	14:12	13:39	14:03	14:21	
505	1486	Marco Dr. Guerrieri	*Köln	0:56:20	0:57:04	43	M35	82	15:37	13:50	13:52	12:59	
506	2909	Jung Frédéric	WiSo Warriors	0:56:21	0:57:21	79	M30	86	14:41	13:26	14:15	13:58	
507	2237	Vodegel Hendrik	*Köln	0:56:22	0:58:09	80	M30	87	15:26	13:38	13:42	13:34	
508	2010	Klingelhöfer Lars	*Köln	0:56:23	0:56:48	25	M40	74	14:14	13:27	13:49	14:51	
509	2101	Oberbeck Sebastian	*Swisttal	0:56:24	0:57:32	81	M30	84	15:17	13:39	14:00	13:27	
510	1872	Diedrich Moritz	*Köln	0:56:24	0:56:51	302	MHK	96	15:38	14:00	13:50	12:53	
511	2199	Spicher Konstantin	*Kerpen	0:56:25	0:56:51	303	MHK	97	15:40	14:00	13:50	12:53	
512	2904	Bergande Johannes	WiSo Warriors	0:56:28	0:56:51	304	MHK	96	13:50	13:37	14:29	14:31	
513	2665	Schygulla Rainer	MTPower	0:56:30	0:56:33	305	MHK	96	12:11	14:10	14:15	15:52	
514	1679	Schmitz Simon	Uni Bonn	0:56:35	0:56:38	306	MHK	94	13:33	13:52	14:17	14:51	
515	1928	Gawlick Klaus	*Köln	0:56:36	0:56:44	20	M45	70	13:34	14:04	14:34	14:23	
516	2493	Stanetzky Jonas	Efferino Running Team	0:56:39	0:57:30	307	MHK	92	14:48	13:04	14:12	14:34	
517	2496	Kleinbrahm Dr. Kathrin	Enhanced Recovery	0:56:40	0:56:42	82	M30	83	13:50	13:39	14:17	14:52	
518	1527	Weber Sebastian	BLB Köln Runner	0:56:41	0:57:52	308	MHK	93	17:34	14:43	12:10	12:12	
519	2062	Lülling Joachim	*Köln	0:56:47	0:58:09	309	MHK	90	14:38	13:58	13:54	14:16	
520	2565	Matthes Dr. Jan	KF Lebensstil	0:56:48	0:58:27	26	M40	73	15:12	13:54	14:02	13:39	
521	2795	Kraft Sebastian	Team KerryGum	0:56:49	0:57:22	27	M40	75	14:19	13:31	14:27	14:31	
522	2992	Hentrich Leonard	Kölner Bank	0:56:53	0:57:08	310	MHK	97	13:49	13:52	14:28	14:43	
523	2882	Eckarth Dr. Manuel	Vodafone Nightrunners	0:56:54	0:59:01	311	MHK	96	16:13	13:55	13:23	13:21	
524	1545	Bolz Jan-Erik	Cologne Internationals	0:56:55	0:57:01	83	M30	84	13:13	13:34	14:47	15:20	
525	2011	Kloppfleisch Kay Klemenz	*Köln	0:56:57	0:57:44	84	M30	84	15:35	13:19	13:57	14:04	
526	2064	Lung Nils	*Köln	0:56:58	0:57:50	312	MHK	93	15:54	13:53	14:05	13:04	
527	1878	Domröse Christian	*Köln	0:56:59	0:57:12	44	M35	82	13:34	13:44	15:01	14:39	
528	2817	Engelhardt Pascal	The Originals	0:57:02	0:57:40	313	MHK	94	15:21	14:13	14:53	12:34	
529	2672	Kieneke Thomas	P&P Power	0:57:07	0:57:51	45	M35	82	13:47	13:38	14:35	15:06	
530	1868	Dedrick Steven	*Köln	0:57:08	0:57:36	21	M45	69	13:33	13:57	14:41	14:56	
531	1861	Christoph Stefan	*Köln	0:57:11	0:57:37	46	M35	78	14:17	13:28	14:34	14:50	
532	2050	Lindemann Daniel	*Köln	0:57:11	0:57:35	314	MHK	89	13:54	13:43	14:54	14:38	
533	2304	Link Uwe	Antihippster	0:57:12	0:57:44	85	M30	84	14:18	13:56	14:44	14:13	
534	2302	Ulber Benjamin	2 Fast 2 Frustrated	0:57:14	0:57:57	315	MHK	90	13:45	13:26	14:33	15:28	
535	2823	Kretz Michael	THW	0:57:17	0:57:50	47	M35	80	14:00	13:48	14:26	15:02	
536	1851	Brüning Daniel	*Köln	0:57:19	0:58:59	316	MHK	89	14:40	13:53	14:35	14:08	
537	2719	Lugauer Joshua	RFH Köln	0:57:23	0:57:58	317	MHK	90	15:50	14:03	14:04	13:24	
538	2136	Reinold Lasse	*Köln	0:57:25	0:58:21	318	MHK	97	15:45	14:12	14:21	13:05	
539	2459	Fritsch Thomas	DingUnited	0:57:25	0:58:48	319	MHK	96	16:20	13:18	14:09	13:37	
540	2342	Steinborn Christian	cleverbridge AG roadrunners	0:57:30	0:58:45	48	M35	79	16:02	14:20	13:58	13:10	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
541	2366	Farkas Zoltan	Cologne Internationals	0:57:31	0:58:03	320	MHK	93	16:40	15:47	12:35	12:28	
542	2645	Toro Vallejo Carlos	Los Bachateros	0:57:31	0:58:24	22	M45	71	15:10	13:37	14:09	14:34	
543	2576	Borowski Florian	Kliniksläufer Krisenlos feat.	0:57:35	0:57:48	321	MHK	92	13:02	13:39	14:39	16:14	
544	2458	Trojan Joonas	Digital Helpers	0:57:35	0:58:50	322	MHK	91	17:09	14:50	13:34	12:01	
545	2879	Vinnen Philip	VampirPower Uniklinik Köln	0:57:38	0:58:39	323	MHK	92	16:52	14:05	13:58	12:41	
546	2482	Nayin Timur	Ebner Stolz & Friends	0:57:39	0:57:53	324	MHK	88	15:12	13:57	14:25	14:04	
547	2462	Rave Luca	DingUnited	0:57:39	0:59:02	9	MU2	98	16:18	13:30	13:45	14:05	
548	2730	Van de Stay Henrik	Rheinland Lions Australian Foo	0:57:43	0:58:44	325	MHK	89	16:38	14:16	14:05	12:42	
549	2029	Kretschmer Sebastian	*Köln	0:57:44	0:58:55	326	MHK	90	16:01	13:52	14:14	13:36	
550	2137	Reuter Florian	*Köln	0:57:45	0:59:08	327	MHK	91	16:53	14:45	14:08	11:58	
551	2724	Jung Jascha	Rheinland Lions Australian Foo	0:57:46	0:58:49	328	MHK	89	15:45	14:02	14:27	13:30	
552	2728	Marsh Kristopher	Rheinland Lions Australian Foo	0:57:47	0:58:52	86	M30	85	17:08	14:54	12:56	12:47	
553	2445	Thomas Jakob	Die festen Körper	0:57:49	0:59:12	329	MHK	89	16:53	14:45	14:08	12:02	
554	2261	Wittke Jan	*Köln	0:57:50	0:58:33	49	M35	81	15:44	13:48	14:25	13:52	
555	2581	Fabiunke Marcus	Kliniksläufer Krisenlos feat.	0:57:55	0:58:07	87	M30	83	13:51	14:09	15:30	14:24	
556	2027	Kox John	*Bornheim	0:57:56	0:58:50	330	MHK	97	15:38	13:57	14:13	14:07	
557	2656	Pospichal Dr. Bernhard	Meteo	0:57:57	0:58:52	50	M35	79	15:59	13:52	14:08	13:57	
558	2970	Haufschild Alexander	Geographie läuft!	0:57:58	0:58:56	331	MHK	96	17:07	13:59	13:51	13:00	
559	2204	Steinbach Dieter	*Erfstadt	0:58:01	0:58:17	6	M60	54	13:53	13:47	14:51	15:28	
560	2467	Golbach Ralf	Du machst den Unterschied!	0:58:02	0:59:05	28	M40	77	16:44	14:49	13:51	12:38	
561	2476	Eckey Wolfgang	Ebner Stolz & Friends	0:58:03	0:58:44	17	M50	63	15:38	14:37	14:00	13:47	
562	2469	Mosiadz Dr. Mariusz	Du machst den Unterschied!	0:58:05	0:58:51	88	M30	83	16:44	13:09	13:53	14:18	
563	2202	Stammnitz Simon	*Köln	0:58:07	0:59:22	332	MHK	90	14:53	13:50	14:52	14:30	
564	2071	MAZOT Christian	*Köln	0:58:12	0:58:56	11	M55	62	15:35	13:50	14:15	14:30	
565	1883	Dubbelfeld Markus	*Brühl	0:58:13	0:59:33	51	M35	79	15:11	14:15	14:55	13:51	
566	1907	Finner-Prevel Marc	*Köln	0:58:14	0:58:14	333	MHK	96	17:16	14:02	13:29	13:25	
567	2310	Hettlage Thomas	Bierbauschwenker	0:58:15	0:58:54	29	M40	75	16:08	13:54	14:04	14:08	
568	2924	Vis Juergen	*Bergisch Gladbach	0:58:18	0:58:32	12	M55	62	14:35	14:08	14:47	14:47	
569	45	Missing Nicolai		0:58:19	0:59:06	334	MHK	89	15:38	14:21	14:29	13:49	
570	3022	Cirja Adrian Stefanel	Rundezvous	0:58:21	0:59:13	335	MHK	92	14:55	13:47	14:56	14:41	
571	2466	Arbon Ryan	Du machst den Unterschied!	0:58:22	0:59:09	52	M35	82	15:09	14:21	14:36	14:14	
572	2444	Lange Florian	Die festen Körper	0:58:22	1:00:05	336	MHK	91	17:37	15:45	14:25	10:33	
573	3025	Marciniak Jens	VampirPower	0:58:23	0:59:40	89	M30	86	17:35	14:48	13:40	12:18	
574	2664	Ridder Niklas	MTPower	0:58:26	0:58:54	337	MHK	96	14:29	14:17	14:55	14:44	
575	2065	Maggiore Tullio	*Pulheim	0:58:27	0:58:35	53	M35	82	14:22	15:17	14:54	13:53	
576	2833	Stewering Dr. Jörn	TriathlonSteckelCologne	0:58:30	0:58:41	30	M40	76	14:31	13:52	14:50	15:16	
577	2938	Hisznauer Daniel	*Köln	0:58:31	0:59:21	338	MHK	88	15:28	13:57	15:00	14:04	
578	204	Schalk Julius	VampirPower Uniklinik Köln	0:58:33	0:59:20	339	MHK	95	15:24	14:28	13:54	14:45	
579	2971	Mundt Leo	Geographie läuft!	0:58:35	0:59:33	340	MHK	95	17:07	13:59	13:50	13:38	
580	1915	Frese Christian	*köln	0:58:36	0:59:48	90	M30	83	17:37	14:14	13:52	12:51	
581	1938	Gocałek Łukas	*Hürth	0:58:36	1:00:25	341	MHK	93	17:23	15:00	13:51	12:20	
582	2195	Sohns Jari	*Köln	0:58:36	1:00:18	1	MU1	05	17:35	15:09	13:34	12:17	
583	2082	Miko Taddese	*Köln	0:58:37	0:58:45	342	MHK	89	14:08	13:52	14:59	15:37	
584	2595	Bieler Tim	Kölncampus	0:58:37	0:59:50	343	MHK	88	16:19	14:02	14:17	13:58	
585	1802	Abkemeier Thomas	*Köln	0:58:38	1:00:21	344	MHK	88	17:25	14:06	13:49	13:17	
586	2196	Sohns Marc	*Köln	0:58:43	1:00:25	31	M40	74	17:35	15:07	13:34	12:25	
587	2749	Ruchnewitz Denis	RRZK	0:58:44	0:59:39	345	MHK	94	15:40	14:02	14:35	14:25	
588	2775	Fischer Phillip	running gag	0:58:47	0:59:24	346	MHK	95	16:45	14:23	14:36	13:01	
589	2884	Sürtenich Ralf	Vodafone Nightrunners	0:58:50	1:00:57	13	M55	59	16:12	14:11	14:16	14:11	
590	2461	Gawron Thassilo	DingUnited	0:58:51	1:00:14	10	MU2	98	16:19	12:52	14:35	15:03	
591	2609	Di Blasi Jupp	Kölsche Harlequins	0:58:53	1:00:31	11	MU2	98	15:35	13:56	14:53	14:27	
592	1833	Bleckmann Felix	*Schleiden	0:58:55	1:00:55	347	MHK	91	15:09	13:29	15:13	15:03	
593	2726	Lohmann Damian	Rheinland Lions Australian Foo	0:58:56	0:59:59	91	M30	85	16:37	14:18	14:07	13:53	
594	1910	Florich Carsten	*Köln	0:58:58	0:59:57	92	M30	84	16:04	14:13	14:23	14:15	
595	2085	Modjewski Luca	*Wuppertal	0:59:00	0:59:14	348	MHK	96	16:12	13:40	15:02	14:05	
596	2903	Barnikow Alexander	WiSo Warriors	0:59:00	0:59:23	349	MHK	96	15:05	14:46	14:58	14:10	
597	2701	Butt Linus	Ren-Tiere	0:59:03	0:59:10	93	M30	87	15:39	14:43	14:29	14:12	
598	216	Sudmeier Jens	EURRoadrunners	0:59:05	0:59:07	350	MHK	97	13:23	15:18	15:17	15:06	
599	2744	Can Can	RRZK	0:59:08	1:00:04	32	M40	73	15:36	13:44	14:56	14:50	
600	2820	Schulte Tim	The Originals	0:59:14	0:59:52	351	MHK	95	15:20	14:16	14:51	14:46	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
601	2586	Neumann Timo	Kliniksläufer Krisenlos feat.	0:59:15	0:59:28	33	M40	74	14:26	14:39	15:29	14:40	
602	2616	Schuster Peter	Laktatkönige	0:59:17	0:59:45	7	M60	57	15:28	14:38	14:43	14:27	
603	2243	Wagener Kilian	*Brühl	0:59:18	0:59:41	352	MHK	95	14:47	14:30	15:03	14:56	
604	2367	Ferdowssian Kiarash	Cologne Internationals	0:59:18	0:59:43	353	MHK	94	14:08	14:29	15:57	14:43	
605	2488	Tröster Christopher	Ebner Stolz & Friends	0:59:21	0:59:59	354	MHK	88	17:16	16:04	13:50	12:10	
606	2692	Muellen Stefan	Prinzen-Garde Köln 1906 e.V.	0:59:37	1:00:02	34	M40	75	14:49	14:16	14:58	15:32	
607	2217	Sundermann Eike	*Köln	0:59:40	1:01:14	94	M30	87	15:59	13:30	15:57	14:12	
608	2772	Yang Tsun-Po	Running Buffers	0:59:42	1:00:13	35	M40	76	14:16	14:10	15:28	15:47	
609	2100	Nürnberger Pierre	*Hürth	0:59:44	1:00:21	355	MHK	93	14:05	13:13	14:27	17:58	
610	2166	Schmitz Werner	*Bonn	0:59:45	0:59:54	23	M45	68	14:00	14:08	15:53	15:43	
611	2165	Schmidt Leonard	*Hürth-Efferen	0:59:46	1:00:04	356	MHK	97	16:03	14:27	14:38	14:37	
612	2894	Andelfinger Felix	Weitblick Köln	0:59:48	1:01:23	357	MHK	93	16:43	15:10	14:45	13:09	
613	2436	Lang Oliver	DAV-Köln	0:59:54	0:59:58	95	M30	87	12:52	14:44	16:30	15:46	
614	2074	Melms Peter	*Köln	0:59:56	1:01:01	36	M40	74	15:17	14:00	15:02	15:35	
615	2316	Clooth Philippe	BLB Köln Runner	1:00:00	1:01:12	18	M50	65	17:58	14:19	13:54	13:47	
616	2319	Hümmerich Bernd	BLB Köln Runner	1:00:00	1:01:12	19	M50	66	17:31	14:45	13:55	13:47	
617	2480	Mostart Benedikt	Ebner Stolz & Friends	1:00:01	1:00:39	358	MHK	95	15:40	14:36	15:03	14:40	
618	1997	Kamp Lars	RUNNERS POINT Run Club	1:00:01	1:01:24	54	M35	80	17:00	15:07	14:39	13:14	
619	2763	Horrman Hans	RUNNERS POINT Run Club	1:00:02	1:01:10	8	M60	57	17:14	14:35	14:04	14:07	
620	1819	Bauduin Daniel	*Köln	1:00:02	1:01:00	96	M30	85	17:19	13:20	14:18	15:03	
621	2722	Bonus Sven	Rheinland Lions Australian Foo	1:00:07	1:01:14	359	MHK	88	16:59	14:34	14:26	14:06	
622	2107	Orbke Jan	*Köln	1:00:07	1:01:03	360	MHK	92	17:12	14:41	14:21	13:53	
623	1807	Alvarez André	*Köln	1:00:16	1:01:55	97	M30	87	17:07	14:52	14:37	13:37	
624	2432	Merholz Florian	Corporate Ultras	1:00:17	1:01:49	361	MHK	92	15:38	14:22	15:22	14:53	
625	2830	Lambertz Sebastian	TriathlonSteckelCologne	1:00:24	1:01:25	98	M30	87	16:25	13:48	14:57	15:13	
626	2601	Stengel Martin	Kölncampus	1:00:25	1:01:40	55	M35	82	14:30	14:35	15:36	15:42	
627	2457	Richter Max	Digital Helpers	1:00:25	1:01:41	362	MHK	92	17:08	14:50	14:24	14:01	
628	2203	Stehmer Abraham	*Köln	1:00:28	1:01:11	363	MHK	90	16:54	14:11	14:19	15:03	
629	2210	Stöcker Jan-Philipp	*Köln	1:00:29	1:01:57	364	MHK	97	13:44	15:20	16:09	15:15	
630	2901	Schmidt Robyn	Wilde Seekühe	1:00:29	1:00:52	365	MHK	93	13:36	13:32	16:31	16:49	
631	2329	Kruse Hagen	CCCP	1:00:30	1:01:03	366	MHK	95	16:06	14:14	15:04	15:04	
632	2741	Riemer Jan	Rote Ochsen	1:00:30	1:02:14	56	M35	78	16:32	14:40	14:55	14:21	
633	2172	Schöpe Niklas	*Dormagen	1:00:30	1:01:05	367	MHK	94	13:58	11:59	14:34	19:58	
634	2160	Schilling Leo	*Köln	1:00:30	1:02:03	368	MHK	93	16:18	14:10	15:15	14:45	
635	2472	Uhrmacher Philipp	Du machst den Unterschied!	1:00:33	1:01:19	99	M30	84	16:26	14:44	14:51	14:30	
636	2007	Klein Martin	*Bonn	1:00:33	1:00:55	57	M35	80	14:13	13:49	16:03	16:26	
637	1903	Feuerhelm Nils	*Köln	1:00:34	1:01:18	369	MHK	93	16:58	14:29	14:54	14:12	
638	2742	Böhm Daniel	RRZK	1:00:35	1:01:29	100	M30	83	15:19	13:53	15:21	16:00	
639	2097	Niefind Prof. Dr. Karsten	*Köln	1:00:35	1:01:27	14	M55	62	15:35	14:55	15:12	14:52	
640	2505	Nedumgad Tom	Euterbär!	1:00:38	1:01:25	101	M30	87	15:50	15:09	14:36	15:01	
641	2022	Kolb Moritz	*Köln	1:00:46	1:01:42	370	MHK	90	16:55	14:57	14:44	14:09	
642	2960	Schwenke Florian	*Köln	1:00:49	1:01:48	58	M35	79	17:15	14:43	14:43	14:07	
643	2058	Lucidi Stefano	*Köln	1:00:49	1:01:48	59	M35	79	17:15	14:43	14:42	14:07	
644	2060	Luedtke Pascal	*Köln	1:01:00	1:01:10	102	M30	85	15:08	15:11	15:34	15:05	
645	1991	Junker Dominik	*Leverkusen	1:01:01	1:02:54	103	M30	86	16:24	14:31	14:58	15:06	
646	2128	Quartey Sandy	*Köln	1:01:01	1:02:10	104	M30	83	17:37	15:04	14:15	14:03	
647	2988	Graf Igor	Kölner Bank	1:01:02	1:02:32	60	M35	82	15:01	14:06	16:19	15:35	
648	2390	Kohler Philipp	Cologne Internationals	1:01:03	1:01:17	371	MHK	90	15:05	14:58	15:33	15:26	
649	2559	Votteler Sinje	Kenias Reserve	1:01:06	1:01:17	372	MHK	96	13:51	13:29	18:15	15:29	
650	2868	Kreiß Thomas	VampirPower Uniklinik Köln	1:01:08	1:02:12	15	M55	58	15:50	14:19	15:11	15:46	
651	1820	Beck Sascha	*Köln	1:01:10	1:03:10	105	M30	87	15:47	14:47	15:14	15:20	
652	67	Müller Lucas	Geographie läuft	1:01:10	1:02:08	373	MHK	97	17:07	14:07	14:53	15:02	
653	2041	Laier Christian	*Köln	1:01:11	1:01:58	106	M30	84	16:54	15:00	14:40	14:36	
654	2888	Heck Michael	Volles Rohr	1:01:11	1:01:47	107	M30	87	15:02	14:46	16:21	15:01	
655	2189	Seeger Valentin	*Köln	1:01:17	1:02:26	374	MHK	93	16:59	14:55	15:02	14:20	
656	2889	Jurek Benjamin	Volles Rohr	1:01:17	1:01:52	375	MHK	89	14:12	14:56	15:50	16:18	
657	2276	Zweifel Steven	*Köln	1:01:19	1:02:13	376	MHK	93	15:31	14:27	15:10	16:10	
658	2246	Wang Kang	*Aachen	1:01:23	1:01:43	377	MHK	93	15:20	14:49	15:19	15:53	
659	2716	Wu Yifeng	Renn-Kasko	1:01:24	1:03:05	378	MHK	89	16:33	15:21	15:30	13:58	
660	2470	Stapelfeldt Brice	Du machst den Unterschied!	1:01:26	1:01:26	379	MHK	95	17:58	14:28	14:32	14:27	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
661	2239	Vogel Jörg	*köln	1:01:26	1:01:56	24	M45	69	15:03	14:37	15:57	15:47	
662	1916	Frese Reinold	*Köln	1:01:27	1:02:08	16	M55	62	15:44	14:50	15:20	15:31	
663	2825	Dillmann Ruben	Tilbury House	1:01:29	1:03:12	380	MHK	95	17:23	14:38	14:46	14:41	
664	2321	Von Hartmann Christoph	BLB Köln Runner	1:01:31	1:02:42	25	M45	71	16:49	14:28	14:57	15:17	
665	2479	Kreutz Marcel	Ebner Stolz & Friends	1:01:32	1:02:06	108	M30	87	15:08	14:39	15:31	16:12	
666	2502	Ziegner Dennis	ERGO	1:01:34	1:02:58	109	M30	87	16:44	14:39	14:55	15:15	
667	2348	Flore Raphael	CMRunners	1:01:37	1:02:59	110	M30	86	16:20	14:25	15:04	15:46	
668	2057	Lotzen Sebastian	*Köln	1:01:37	1:02:08	111	M30	86	16:36	14:47	15:16	14:57	
669	2337	Küsgen Kay	cleverbridge AG roadrunners	1:01:40	1:02:52	61	M35	79	15:12	13:06	15:25	17:56	
670	2808	Ramasamy Kanesh	Tetes Rouges	1:01:43	1:03:01	62	M35	79	15:48	14:46	16:10	14:58	
671	3015	Wurda Werner	Kölner Bank	1:01:46	1:03:50	17	M55	60	16:36	14:39	15:04	15:26	
672	2072	Meister Dr. Jomar	*Niederkassel	1:01:49	1:02:47	20	M50	67	16:00	14:01	15:13	16:33	
673	2647	Falge Andreas	LT Paffrath	1:01:53	1:02:28	26	M45	68	14:47	14:14	15:40	17:12	
674	2877	Systemans Thomas	VampirPower Uniklinik Köln	1:01:56	1:06:46	381	MHK	89	14:30	15:24	16:09	15:51	
675	2257	Willruth André	*Köln	1:01:58	1:02:47	382	MHK	95	16:35	14:00	15:19	16:02	
676	2332	Dahrenmüller Jens	cleverbridge AG roadrunners	1:01:58	1:03:16	383	MHK	88	16:48	14:52	15:16	15:00	
677	2492	Robert Christophe	Efferino Running Team	1:01:59	1:02:52	384	MHK	92	14:51	14:15	16:33	16:19	
678	2567	Schreiber Jakob	KF Lebensstil	1:02:00	1:03:41	385	MHK	94	15:08	14:53	15:46	16:10	
679	2277	Deinzer Fritz	# Ein E und die Bitch bläst	1:02:01	1:03:49	386	MHK	91	17:20	15:56	15:43	13:01	
680	2508	Kaiser Andreas	Finance & Friends	1:02:03	1:03:59	37	M40	73	16:27	14:42	15:20	15:32	
681	1964	Hartrampf Johannes	*Köln	1:02:04	1:03:27	112	M30	86	15:25	14:41	15:49	16:07	
682	2839	Bartel Hans-Henrik	Valium i.v.	1:02:05	1:02:35	387	MHK	94	16:49	15:15	15:12	14:47	
683	2357	Hutzschenreuter Dr. Franz	Collegium Musicum Köln	1:02:06	1:03:04	388	MHK	88	16:28	14:33	15:23	15:40	
684	2231	Trotzke Patrick	*Köln	1:02:14	1:03:02	38	M40	77	17:24	15:01	15:02	14:46	
685	2242	Wachsmuth Leander	*Köln	1:02:18	1:03:26	113	M30	87	16:53	14:46	15:29	15:08	
686	2207	Sternfeld David	*Köln	1:02:18	1:03:27	114	M30	87	16:53	14:46	15:29	15:08	
687	2689	Sanwidi Jean Yves	Plastics	1:02:18	1:04:15	389	MHK	94	17:21	15:56	15:15	13:44	
688	2468	Janz Maik	Du machst den Unterschied!	1:02:28	1:03:35	115	M30	84	15:54	14:42	15:55	15:55	
689	2776	Novikov Alexander	running gag	1:02:30	1:03:08	390	MHK	97	17:34	15:30	15:22	14:03	
690	2503	Mann Martin	ERGO sports Köln	1:02:31	1:03:55	27	M45	68	16:33	14:53	15:00	16:03	
691	2619	Wolf Dr. Christian	Laktatkönige	1:02:36	1:03:33	18	M55	58	16:19	15:11	15:34	15:31	
692	1921	Fuchs Ben	*Köln	1:02:37	1:04:32	116	M30	86	17:16	15:11	15:18	14:50	
693	1919	Fritz Fabian	*Köln	1:02:37	1:04:30	391	MHK	89	16:24	14:36	15:20	16:16	
694	1880	Draganov Nikolay	*Köln	1:02:37	1:04:10	392	MHK	95	17:46	15:54	14:58	13:57	
695	2228	Titze Dominic	Rundezvous	1:02:42	1:03:38	393	MHK	90	17:20	15:23	15:23	14:35	
696	2815	Kristiano Ndoci	The Matteos	1:02:43	1:04:10	394	MHK	92	17:42	15:02	15:11	14:46	
697	2863	Cieslik Johanathan	VampirPower Uniklinik Köln	1:02:45	1:03:32	395	MHK	93	16:58	15:01	15:19	15:26	
698	2695	Weber Nils	Prinzen-Garde Köln 1906 e.V.	1:02:45	1:03:13	396	MHK	88	15:27	14:56	16:00	16:21	
699	2679	Jusko Pavol	ph1	1:02:45	1:04:06	117	M30	85	17:28	15:46	15:10	14:20	
700	2003	Kiosis Antonios	*Köln	1:02:46	1:03:35	12	MU2	98	14:30	15:31	17:29	15:14	
701	2033	Krüger Jan	*Köln	1:02:48	1:04:00	63	M35	78	17:54	15:09	15:27	14:16	
702	2752	Wydra Michael	RRZK	1:02:52	1:04:40	397	MHK	90	16:20	14:58	15:27	16:06	
703	2627	Seeger Björn	LBV Düsseldorf	1:02:57	1:03:17	398	MHK	90	16:06	15:18	15:52	15:40	
704	2876	Stier Bernhard	VampirPower Uniklinik Köln	1:03:09	1:03:29	399	MHK	90	16:11	15:15	15:57	15:45	
705	219	Wallrath Martin	Zons	1:03:14	1:04:43	64	M35	80	16:29	15:45	16:27	14:31	
706	2697	Izydorczyk David	Psychorunners	1:03:15	1:04:08	400	MHK	91	16:32	15:02	16:04	15:35	
707	2853	Rehbein Martin	Valium i.v.	1:03:15	1:04:36	19	M55	58	16:01	14:49	15:46	16:38	
708	2509	Wagner Markus	Finance & Friends	1:03:17	1:05:09	28	M45	68	17:21	15:11	15:15	15:29	
709	2835	Rösler Manfred	TV Dünwald	1:03:18	1:05:09	20	M55	59	17:22	15:11	15:15	15:29	
710	1941	Gonschor Arne	*Lohmar	1:03:19	1:04:08	401	MHK	97	17:12	15:14	15:17	15:35	
711	1887	Edelmann Prof. Dr. Hans	*Bonn	1:03:20	1:03:37	9	M60	57	15:23	14:41	16:17	16:58	
712	2639	Sanders Mark	Liberaler Hochschulgruppe	1:03:26	1:03:56	402	MHK	94	15:54	15:12	16:05	16:13	
713	2681	Rathjen Tim-Eric	ph1	1:03:36	1:04:57	403	MHK	91	17:19	14:57	16:00	15:19	
714	1998	Kappus Noah	*Köln	1:03:45	1:04:12	404	MHK	96	14:51	15:05	16:30	17:17	
715	2682	Sanchez-Monge Alvaro	ph1	1:03:46	1:05:11	118	M30	83	17:56	15:57	15:31	14:21	
716	2677	Ibanez-Mejia Juan	ph1	1:03:46	1:05:11	119	M30	87	17:53	15:59	15:31	14:22	
717	2420	Ballmann Michael	CologneRunBuddies	1:03:47	1:05:16	120	M30	87	17:40	16:04	14:54	15:07	
718	2330	Saldivia Gonzatti Daniel	CCCP	1:03:49	1:04:22	405	MHK	93	16:08	15:05	16:08	16:25	
719	2948	Maukisch Robin	*Koblenz	1:03:51	1:05:29	406	MHK	90	15:40	14:52	17:16	16:02	
720	2289	Göbbels Guido); DROP TABLE runners;	1:03:52	1:05:48	121	M30	83	17:25	16:16	15:39	14:31	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
721	2350	Schempp Paul	CMRunners	1:03:53	1:05:13	122	M30	85	16:46 15:42 15:59 15:25
722	2291	Rubin Daniel); DROP TABLE runners;	1:03:53	1:05:49	39	M40	77	17:26 16:15 15:39 14:32
723	2290	Heidrath Jörn); DROP TABLE runners;	1:03:55	1:05:50	123	M30	84	17:26 16:15 15:39 14:33
724	2588	Rohmann Rene	Klinikläufer Krisenlos feat.	1:03:56	1:04:23	407	MHK	88	17:21 15:43 15:40 15:11
725	2642	Graef Kevin	Lindenthal asozial #Whalezart	1:04:01	1:05:31	408	MHK	89	16:53 15:33 15:50 15:43
726	1813	Aßenmacher René	*Wesseling	1:04:03	1:04:32	409	MHK	92	16:17 15:28 16:13 16:04
727	3020	Mirena Alejandro	Plastics	1:04:04	1:06:02	410	MHK	92	16:43 15:32 14:48 16:59
728	2498	Koroska Florian	Enhanced Recovery	1:04:10	1:04:14	411	MHK	90	14:53 15:14 17:25 16:36
729	1753	Lehmann Markus	TV 1888 Ruppichteroth	1:04:21	1:05:56	40	M40	73	17:35 16:28 15:17 15:00
730	1736	Knautz Jakob	WiSo Warriors	1:04:24	1:04:48	412	MHK	97	16:49 15:26 15:56 16:12
731	2514	Düspohl Jörg	Fons-Waldorf	1:04:27	1:06:12	21	M50	66	18:32 14:50 15:24 15:40
732	2607	Lesouef David	KölnMarathon	1:04:33	1:05:27	65	M35	79	14:01 14:52 17:31 18:07
733	2265	Wossilat Marvin	*Köln	1:04:37	1:05:24	413	MHK	91	17:15 15:28 15:53 15:59
734	2184	Schulze Hüynck Jan	*Köln	1:04:43	1:06:10	414	MHK	89	17:44 16:03 15:48 15:06
735	1985	Johanndrees Oliver	*Köln	1:04:44	1:06:12	415	MHK	96	17:45 15:49 15:35 15:33
735	2668	Hilbig Daniel	Okolytensammler	1:04:44	1:06:11	415	MHK	88	17:45 15:49 15:36 15:33
737	2117	Pfeffer Tim	*Köln	1:04:55	1:06:27	417	MHK	92	17:38 15:12 15:51 16:11
738	195	Rosso Martin	THW	1:04:56	1:06:05	418	MHK	94	16:15 16:15 17:02 15:22
739	2678	Joshi Prabesh	ph1	1:04:56	1:06:18	419	MHK	91	17:56 16:15 15:11 15:33
740	2320	Koenn Volker	BLB Köln Runner	1:05:25	1:06:53	21	M55	60	16:42 15:16 15:30 17:56
741	2737	Erdogan Alican	Rote Ochsen	1:05:31	1:07:16	420	MHK	88	17:15 15:13 16:27 16:34
742	2178	Schröter Timo	*Köln	1:05:32	1:07:01	421	MHK	97	17:06 15:12 16:17 16:55
743	1865	Danlowski Philip	*Köln	1:05:32	1:07:02	422	MHK	97	17:05 15:13 16:18 16:55
744	2643	Meutgens Ralf	Lindenthal-Köln.de	1:05:45	1:06:21	22	M50	63	16:23 16:04 16:49 16:28
745	2343	Vu Tuan	cleverbridge AG roadrunners	1:05:48	1:07:04	66	M35	81	17:15 15:38 16:51 16:02
746	2861	Borm Andreas	VampirPower Uniklinik Köln	1:05:54	1:07:11	124	M30	85	17:35 14:48 16:21 17:07
747	2746	Esser Sascha	RRZK	1:05:59	1:07:47	125	M30	87	16:45 15:27 17:15 16:30
748	2694	Von Petersenn Alexander	Prinzen-Garde Köln 1906 e.V.	1:06:03	1:06:34	10	M60	54	17:44 15:45 16:25 16:08
749	2693	Von Blanckart Clemens	Prinzen-Garde Köln 1906 e.V.	1:06:05	1:06:34	126	M30	83	17:23 16:18 16:23 16:00
750	1996	Kammer Julian	*Köln	1:06:13	1:07:31	423	MHK	92	17:59 16:25 16:09 15:39
751	2810	Mietke Yannik	TH Köln	1:06:14	1:07:02	424	MHK	91	16:06 16:37 19:23 14:07
752	2675	Ganguly Shashwata	ph1	1:06:26	1:07:48	425	MHK	95	18:01 16:12 15:56 16:15
753	2399	Moos Nikolaus	Cologne Internationals	1:06:27	1:06:31	426	MHK	92	16:42 16:16 17:01 16:26
754	2575	Vollmert Joachim	Kinderonkologie	1:06:27	1:08:14	127	M30	85	18:06 17:15 15:57 15:07
755	1979	Itzek Robin	*Brühl	1:06:27	1:08:09	13	MU2	98	16:58 15:01 16:55 17:31
756	2605	Bolze Sebastian	KölnMarathon	1:06:30	1:07:31	67	M35	79	16:46 15:15 16:52 17:35
757	2814	How HiapChon	The Matteos	1:06:31	1:07:59	427	MHK	90	17:23 15:22 16:34 17:11
758	2527	Görgemanns Sebastian	Geographie läuft!	1:06:42	1:07:42	428	MHK	90	18:17 16:18 16:10 15:56
759	2993	Hentrich Thomas	Kölner Bank	1:06:44	1:08:28	22	M55	60	17:30 16:08 16:29 16:36
760	2334	Diren Engin	cleverbridge AG roadrunners	1:06:45	1:08:02	128	M30	83	18:17 16:33 16:24 15:29
761	159	Groß Percy	Romanisfit	1:06:46	1:08:32	429	MHK	88	17:39 16:52 16:42 15:31
762	2603	Weigand Tobias	Köln-campus	1:06:59	1:08:12	129	M30	86	17:47 15:59 16:10 17:01
763	2761	Demirci Yavuz	RUNNERS POINT Run Club	1:07:09	1:08:15	68	M35	79	17:55 16:23 16:27 16:22
764	1808	Andruschek Carsten	*Aachen	1:07:11	1:08:05	430	MHK	92	17:11 16:03 16:44 17:11
765	2626	Schneider Udo	LBV Düsseldorf	1:07:13	1:08:07	23	M50	63	16:51 16:14 17:02 17:04
766	2985	Esser Günter	Kölner Bank	1:07:27	1:07:33	23	M55	61	16:07 16:18 17:13 17:47
767	2408	Schumacher Niclas	Cologne Internationals	1:07:30	1:08:11	431	MHK	94	16:05 15:20 17:56 18:09
768	2717	Gronowski Christian	Rennnesseln	1:07:34	1:08:42	130	M30	84	17:45 16:12 16:59 16:37
769	2443	Feng Qingyufei Terenz	Die festen Körper	1:07:42	1:09:25	432	MHK	92	16:29 16:01 17:17 17:53
770	120	Kerkhoff Philipp	Kerkhoff	1:07:43	1:09:12	69	M35	80	18:28 17:11 16:34 15:27
771	2750	Stollwerk Christoph	RRZK	1:07:44	1:09:37	131	M30	83	17:17 16:00 18:09 16:16
772	2322	Berkessel Prof. Dr. Albrecht	BlueMotion	1:07:44	1:09:36	11	M60	55	17:22 15:31 16:43 18:07
773	2824	Marx Andreas	THW	1:07:47	1:08:57	70	M35	79	18:16 16:47 16:49 15:54
774	2521	Seeliger Dr. Martin	Geographie läuft	1:07:56	1:09:31	132	M30	83	17:36 16:38 16:49 16:52
775	33	Kuck Jens R.	LBV Düsseldorf	1:07:59	1:08:52	24	M50	64	16:26 16:26 17:26 17:39
776	2489	Wöhlecke Frierich	Ebner Stolz & Friends	1:08:27	1:08:42	433	MHK	88	15:11 14:49 18:57 19:28
777	177	Kerner Konstantin	#TeamPetri	1:08:33	1:10:22	434	MHK	89	16:31 15:11 20:16 16:34
777	126	Artz Oliver	#TeamPetri	1:08:33	1:10:22	434	MHK	88	16:31 15:11 20:14 16:36
779	1978	Itzek David	*Brühl	1:08:41	1:10:23	436	MHK	94	16:56 15:46 18:02 17:56
780	2344	Weber Julian	cleverbridge AG roadrunners	1:08:50	1:10:07	133	M30	87	17:36 16:23 18:09 16:42

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Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
781	2990	Haseloer Peter	Kölner Bank	1:09:21	1:10:27	29	M45	69	17:51 15:52 17:47 17:50
782	2893	Waßer Peter	WagWasKes	1:09:25	1:10:51	24	M55	59	17:42 16:20 17:33 17:48
783	2238	Vogel Christoph	*Köln	1:09:34	1:11:24	437	MHK	97	18:06 18:04 16:54 16:28
784	213	Scholten Jan	RFH Köln	1:09:43	1:11:13	438	MHK	88	18:30 17:09 16:35 17:28
785	183	Lellek Lars	CologneRunBuddies	1:09:50	1:11:20	439	MHK	89	17:14 16:30 18:05 18:00
786	2862	Burkhardt Arne	VampirPower Uniklinik Köln	1:11:33	1:12:25	440	MHK	93	17:36 17:23 18:19 18:14
787	2212	Strache Joss Pepe	*Köln	1:11:35	1:12:26	441	MHK	92	18:07 17:34 18:21 17:33
788	2793	Breuer Norbert	Team Erdingeralkoholfrei	1:11:43	1:12:12	25	M55	58	17:43 17:42 18:23 17:54
789	2718	Pfluger Michael	Rennnesseln	1:11:46	1:12:55	442	MHK	90	18:05 17:02 17:22 19:17
790	2597	Kessemeier Stefan	Kölncampus	1:11:54	1:13:10	443	MHK	91	17:25 15:51 19:16 19:20
791	2604	Weiler Thomas	Kölncampus	1:11:58	1:13:10	134	M30	85	17:46 16:00 18:48 19:22
792	1827	Berger Carl	*Köln	1:12:39	1:13:45	25	M50	67	18:33 17:23 18:17 18:24
793	2511	Küster Yannick	Flunkonia Köln	1:13:09	1:13:48	444	MHK	93	18:28 16:33 18:37 19:29
794	2855	Rickermeier Malte	Valium i.v.	1:13:21	1:13:42	41	M40	74	18:31 18:25 18:31 17:53
795	2380	Holger Oehl	Cologne Internationals	1:13:26	1:13:38	26	M50	67	16:01 16:54 19:37 20:52
796	2406	Schaarschmidt Christian	Cologne Internationals	1:13:45	1:13:55	71	M35	80	17:09 17:23 19:24 19:46
797	2806	Helweg Andreas	Tetes Rouges	1:15:31	1:16:49	27	M50	63	18:14 17:46 18:56 20:34
798	2816	Wani Gulzar Ahmad	The Matteos	1:16:09	1:17:38	135	M30	87	18:01 17:52 19:44 20:29
799	1894	Engels Marcel	*Köln	1:16:09	1:17:42	445	MHK	92	18:42 18:49 19:06 19:30
800	2230	Troiani Dr. Marco	*Köln	1:16:38	1:18:13	446	MHK	92	19:25 18:45 19:20 19:05
801	2743	Busch Michael	RRZK	1:16:40	1:18:27	447	MHK	90	18:09 18:35 20:23 19:31
802	2089	Nagel Marc	*Köln	1:16:56	1:17:20	448	MHK	92	17:32 18:50 20:38 19:55
803	2582	Fahrig Oliver	Klinikläufer Krisenlos feat.	1:17:14	1:17:27	72	M35	79	18:06 18:35 21:25 19:06

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Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
1	1702	Schön Maike	Uni Köln	0:38:27	0:38:28	1	WHK	89	09:43 09:30 09:44 09:28
2	1673	Malter Katharina	Uni Bonn	0:40:59	0:40:59	2	WHK	91	10:25 10:01 10:20 10:11
3	1601	Fries Joana	RUN SQUAD CGN	0:42:16	0:42:24	1	W30	85	11:02 10:23 10:26 10:24
4	1693	Hedwig Jule	Uni Köln	0:43:16	0:43:19	3	WHK	95	10:48 10:42 11:02 10:42
5	1698	Nieland Jasmin	Uni Köln	0:43:20	0:43:23	4	WHK	95	11:08 10:43 10:56 10:32
6	1701	Schmidt Carolin	Uni Köln	0:43:24	0:43:27	5	WHK	92	11:06 10:40 11:00 10:36
7	1703	Siedhoff Susanne	Uni Köln	0:43:27	0:43:31	6	WHK	96	11:06 10:40 11:00 10:40
8	2411	Skarpil Verena	Cologne Internationals	0:44:28	0:44:38	7	WHK	93	11:21 10:45 11:20 11:01
9	1873	Peixoto Gonzalez Lea	*Köln	0:44:33	0:45:10	8	WHK	95	12:08 10:33 10:55 10:55
10	224	Henneken Claudia Maria	Kölner Bank	0:44:35	0:44:38	2	W30	85	11:24 10:54 11:21 10:55
11	225	Henneken Claudia Maria	Kölner Bank	0:44:51	0:44:52	3	W30	85	11:51 11:13 11:08 10:38
12	1732	Simon Daniel	Weitblick Köln	0:45:00	0:45:02	4	W30	86	11:05 10:53 11:12 11:49
13	1668	Belke Lara	Uni Bonn	0:45:59	0:46:01	9	WHK	88	11:23 10:57 11:51 11:46
14	1469	Kessen Anne Sofie	*Köln	0:46:08	0:46:23	10	WHK	96	12:04 11:05 11:27 11:31
15	1559	Staudé Caroline	Cologne Internationals	0:46:49	0:47:01	11	WHK	97	11:32 11:33 12:03 11:39
16	1671	Chrystie-Lowe Rosa	Uni Bonn	0:46:51	0:46:53	12	WHK	96	11:10 11:26 12:08 12:06
17	1713	Rohbeck Elisabeth	Universität Duisburg-Essen	0:47:21	0:47:30	13	WHK	95	12:06 11:34 12:01 11:38
18	54	Schön Maike	Die festen Körper	0:47:48	0:49:32	14	WHK	89	18:47 07:40 10:21 10:58
19	1626	Medgyesi Nóra	RWTH Aachen	0:47:53	0:48:00	15	WHK	92	11:55 11:52 12:11 11:54
20	2666	Wrubel Lisa-Marie	MTPower	0:47:57	0:48:00	16	WHK	96	12:06 11:38 12:04 12:07
21	1494	Päffgen Anne	*Köln	0:47:59	0:48:15	1	W45	72	12:46 12:01 11:54 11:17
22	2632	Cremer Anna Lena	Lets metabolize	0:48:01	0:48:10	17	WHK	90	12:11 11:55 11:57 11:56
23	2281	Ahaus Julia	#unisex	0:48:08	0:48:10	18	WHK	97	12:23 11:50 11:56 11:57
24	2287	Starke Lynn	#unisex	0:48:10	0:48:10	19	WHK	97	12:25 11:50 11:56 11:57
25	1683	Titze Lotte	Uni Bonn	0:48:10	0:48:13	20	WHK	95	12:16 11:56 12:07 11:50
26	2552	Lindner Marie-Sophie	Kenias Reserve	0:48:28	0:48:37	21	WHK	95	12:18 11:37 12:02 12:29
27	143	Dreller Anne	CologneRunBuddies	0:48:30	0:48:41	22	WHK	95	12:31 11:46 11:59 12:12
28	2402	Petters Lea	Cologne Internationals	0:48:36	0:48:43	23	WHK	88	12:20 12:08 12:04 12:02
29	1970	Heume Nicola	Schnaxeln wie noch nie	0:49:03	0:49:07	24	WHK	92	12:29 11:52 12:16 12:24
30	1518	Vilmar Annika	*Köln	0:49:35	0:49:41	25	WHK	95	12:10 12:01 12:39 12:43
31	164	Hasberg Ascelina	Uni Köln	0:49:40	0:49:52	26	WHK	89	12:09 11:55 12:29 13:05
32	2522	Wennrich Volker	Geographie läuft!	0:49:40	0:49:52	1	W40	77	12:01 11:52 12:39 13:07
33	1522	Zhupunova Kristina	*Köln	0:49:53	0:50:08	27	WHK	96	12:07 12:31 12:35 12:38
34	1501	Schnitzler Maike	*Köln	0:50:01	0:50:15	28	WHK	93	12:10 12:22 12:54 12:33
35	1621	Hellmann Nadine	RWTH Aachen	0:50:14	0:50:21	1	W35	81	12:12 11:50 13:43 12:28
36	2249	Wassermann Meike	*Köln	0:50:15	0:51:43	1	WU2	98	13:15 12:19 12:24 12:15
37	2684	Weber Kathrin	ph1	0:50:19	0:51:37	2	W35	82	14:18 11:50 12:01 12:09
38	2547	Breuer Helen	Kenias Reserve	0:50:22	0:50:30	2	WU2	98	13:10 12:18 12:29 12:24
39	1573	Zahn Johanna	Im Herzen sozial	0:50:23	0:50:41	29	WHK	93	12:23 12:17 13:08 12:34
40	2150	Sanchez Lesli	*Köln	0:50:30	0:50:54	30	WHK	93	13:36 12:20 12:31 12:02
41	2317	Elting Desiree	BLB Köln Runner	0:50:36	0:51:41	31	WHK	93	14:34 12:07 12:09 11:45
42	2896	Haass Anna Marlene	Weitblick Köln	0:50:40	0:50:40	32	WHK	92	13:45 12:27 12:50 11:36
43	2637	Betz Anica	LGO Bochum	0:51:06	0:51:50	5	W30	85	13:34 12:23 12:38 12:30
44	1617	Emmerich Rebecca	RWTH Aachen	0:51:11	0:51:20	33	WHK	97	12:08 12:29 13:11 13:21
45	2300	Paschek Johanna	2 Fast 2 Frustrated	0:51:22	0:52:05	34	WHK	88	13:34 12:23 12:48 12:34
46	2388	Kirschnick Karola Marie	Cologne Internationals	0:51:34	0:51:52	35	WHK	93	13:24 12:19 12:58 12:52
47	1558	Schäffer Greta	Cologne Internationals	0:51:34	0:51:46	36	WHK	92	12:10 12:15 13:35 13:32
48	2182	Schulze Josefa	*Köln	0:51:46	0:52:30	37	WHK	92	14:18 12:21 12:35 12:31
49	2943	Klee Laura-Jo	*Köln	0:51:47	0:52:57	38	WHK	94	14:19 12:31 12:34 12:22
50	2633	Kern Lara	Lets metabolize	0:52:08	0:52:17	39	WHK	89	12:52 12:55 13:28 12:52
51	2361	Büttner Lisa Marie	Cologne Internationals	0:52:14	0:53:58	40	WHK	91	15:27 12:33 12:32 11:40
52	1854	Burg Kathrin	*Köln	0:52:15	0:52:30	41	WHK	90	13:15 12:24 13:14 13:21
53	1667	Wilms Jessica	Under Armour Pro	0:52:27	0:53:45	42	WHK	90	13:33 12:27 13:04 13:20
54	59	Decker Marie		0:52:29	0:53:07	43	WHK	92	13:40 12:38 13:07 13:02
55	2151	Sapp Paulina	*Köln	0:52:42	0:52:45	44	WHK	97	13:53 12:40 12:57 13:10
56	1918	Fritz Antonia	*Hagen	0:52:42	0:52:45	3	WU2	98	13:54 12:39 12:57 13:10
57	2258	Winterberg Lisa	*Lindlar	0:52:42	0:52:45	45	WHK	97	13:54 12:40 12:57 13:09
58	1540	Kerkhof Anna	CMRunners	0:52:43	0:53:00	46	WHK	89	12:22 12:10 13:16 14:53
59	2546	Altmann Katharina	Kenias Reserve	0:52:49	0:53:00	47	WHK	96	14:00 13:08 13:00 12:39
60	1811	Arnz Elisabeth		0:52:51	0:53:36	48	WHK	90	14:21 12:39 12:55 12:55

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Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
61	2340	Prieto Curbelo Celia	cleverbridge AG roadrunners	0:52:53	0:54:10	3	W35	78	13:45 12:28 13:19 13:20
62	2662	Jander Lisa	MTPower	0:52:58	0:53:26	49	WHK	97	14:28 13:10 12:57 12:22
63	2803	Hertner Michelle	Team Vegan Runners	0:53:02	0:54:09	50	WHK	93	14:37 12:36 13:11 12:36
64	2121	Piwowar Ulla	*Köln	0:53:02	0:53:21	6	W30	84	13:39 13:01 13:18 13:03
65	2852	Pfeifer Clara	Valium i.v.	0:53:04	0:54:25	51	WHK	92	15:30 12:54 12:30 12:08
66	2779	Schönborn Claudia	RWE Power	0:53:06	0:54:08	2	W45	69	14:18 12:51 13:09 12:46
67	2028	Kramer Eva	*Köln	0:53:08	0:53:29	52	WHK	89	13:47 12:48 13:07 13:24
68	2739	Hoehne Michaela	Rote Ochsen	0:53:18	0:55:01	53	WHK	90	15:57 12:54 12:28 11:57
69	2360	Bruggeman Clementine	Cologne Internationals	0:53:21	0:53:54	54	WHK	95	14:22 12:42 13:09 13:07
70	2598	Liebst Amelie	Kölncampus	0:53:27	0:54:39	55	WHK	91	14:58 12:33 13:07 12:47
71	2120	Piotraschke Lena	*Köln	0:53:28	0:54:35	56	WHK	92	15:00 12:47 12:54 12:45
72	134	Bongers Magdalena	VampirPower Uniklinik Köln	0:53:39	0:53:50	57	WHK	90	13:27 12:57 13:28 13:45
73	2572	Thelen Anja	Kinderonkologie	0:53:47	0:54:37	58	WHK	96	13:35 12:18 13:20 14:32
74	1942	Grimm Mareike		0:53:47	0:54:37	59	WHK	94	13:16 12:53 13:55 13:41
75	1653	Flohr Leona	TEAM MARKETING	0:53:49	0:53:51	60	WHK	93	12:37 12:41 13:54 14:36
76	2922	Klüppelholz Greta	*Köln	0:53:54	0:54:42	4	WU2	98	13:46 13:31 13:42 12:53
77	2264	Wölte Laura	*Köln	0:54:01	0:55:06	61	WHK	91	14:31 12:55 13:20 13:13
78	2346	Gebauer Wiebke	CMP Physiotherapie	0:54:08	0:54:26	7	W30	84	14:12 13:22 13:22 13:11
79	2139	Rist Christiane	*Mössingen	0:54:08	0:55:11	62	WHK	95	14:08 12:57 13:52 13:09
80	2828	Endemann Christina	TriathlonSteckelCologne	0:54:10	0:54:41	63	WHK	96	13:43 13:09 13:43 13:34
81	2740	Marker Teresa	Rote Ochsen	0:54:16	0:56:00	64	WHK	94	14:25 13:14 13:24 13:11
82	1939	Goldschmidt Nora	*Köln	0:54:19	0:54:59	65	WHK	91	14:51 13:09 13:21 12:57
83	2594	Bahlmann Vivian	Kölncampus	0:54:21	0:55:41	66	WHK	91	13:49 12:54 13:57 13:40
84	1709	Babilon Eva	Universität Duisburg-Essen	0:54:24	0:54:55	67	WHK	94	13:34 13:08 13:38 14:04
85	144	Dreller Anne	CologneRunBuddies	0:54:28	0:55:55	68	WHK	95	15:01 13:10 13:14 13:00
86	2338	Neagu Nicoleta	cleverbridge AG roadrunners	0:54:31	0:55:48	69	WHK	90	14:48 13:04 13:41 12:56
87	1874	Dinter Dorothea	*Köln	0:54:34	0:55:13	8	W30	85	14:09 13:08 13:33 13:41
88	1824	Bender Dany	*Köln	0:54:36	0:54:48	4	W35	80	14:02 13:24 13:37 13:31
89	2425	Stiefelhagen Laura	CologneRunBuddies	0:54:38	0:56:06	9	W30	87	15:42 13:15 13:04 12:35
90	2891	Brunen Ann-Christine	VonMailandBisNachRiga	0:54:40	0:55:30	70	WHK	92	13:52 13:11 14:02 13:33
91	2640	Schulze Lohoff Kira	Liberale Hochschulgruppe	0:54:54	0:55:22	71	WHK	95	14:20 13:22 13:43 13:28
92	2972	Deubler Janine	Kenias Reserve	0:55:01	0:55:13	72	WHK	95	14:34 13:51 14:02 12:32
93	2146	Rovner Regina	*Köln	0:55:02	0:56:34	73	WHK	96	14:59 12:42 13:28 13:52
94	2098	Nieuwenhuis Jule	*Köln	0:55:12	0:56:02	74	WHK	93	14:50 12:20 12:42 15:18
95	2370	Franken Franziska	Cologne Internationals	0:55:14	0:55:24	10	W30	87	14:10 13:30 13:54 13:39
96	2621	Wolff Sabine	Laktatkönige	0:55:24	0:56:20	1	W50	66	15:41 13:23 13:17 13:01
97	2702	Kirsch Anja	Ren-Tiere	0:55:28	0:55:33	2	W50	63	13:49 13:20 14:07 14:10
98	1845	Bort Patricia	*Köln	0:55:45	0:56:09	75	WHK	91	14:47 13:27 13:52 13:38
99	2939	Hösterey Isabel	*Köln	0:55:46	0:56:09	76	WHK	94	14:47 13:26 13:52 13:39
100	2049	Liersch Anna	*Köln	0:55:48	0:56:19	77	WHK	91	14:41 13:40 13:54 13:32
101	1974	Holzbach Anika	*Köln	0:55:50	0:57:00	78	WHK	89	14:10 13:14 13:59 14:26
102	2770	Wörner Leonie	RUNNERS POINT Run Club	0:55:59	0:56:36	79	WHK	96	15:23 13:46 13:56 12:52
103	2234	Van Treeck Lisa	*Köln	0:55:59	0:56:34	11	W30	87	15:42 13:37 13:36 13:03
104	2371	Geerling Lisa	Cologne Internationals	0:56:00	0:56:11	80	WHK	94	14:00 13:42 14:16 14:01
105	2560	Zimmermann Valentina	Kenias Reserve	0:56:01	0:56:10	81	WHK	97	14:00 13:59 14:27 13:32
106	2233	Urban Anne-Katrin	*Köln	0:56:02	0:56:50	5	W35	79	15:24 13:43 13:39 13:14
107	2706	Schöler Dr. Claudia	Ren-Tiere	0:56:17	0:56:22	2	W40	76	14:01 13:22 14:01 14:52
108	2836	Jürgens Trisha	Under Armour Pro	0:56:29	0:57:47	82	WHK	93	13:39 14:02 14:36 14:10
109	2805	Heinemann Melanie	Team Wasserkocher	0:56:31	0:57:10	12	W30	83	15:06 13:40 13:50 13:54
110	1837	Böing Mira	*Köln	0:56:34	0:56:47	83	WHK	91	14:16 14:06 14:18 13:52
111	2867	Henke Louisa	VampirPower Uniklinik Köln	0:56:36	0:57:23	84	WHK	96	15:17 13:41 13:42 13:55
112	2042	Lambers Marina	*Köln	0:56:42	0:58:19	85	WHK	94	15:33 13:42 13:56 13:30
113	2222	Thies Beate	*Wallenhorst	0:56:52	0:57:16	86	WHK	94	14:07 13:36 14:21 14:47
114	1536	Escudero Mariela	cleverbridge AG roadrunners	0:56:58	0:57:05	6	W35	80	13:11 13:41 14:54 15:10
115	49	Vankerkom Katharina	AOK	0:57:04	0:57:31	87	WHK	91	15:19 13:56 14:00 13:48
116	1834	Blier Marie	*Köln	0:57:08	0:57:39	88	WHK	94	15:08 14:04 14:05 13:49
117	2711	Lukner Annkatrin	Renn-Kasko	0:57:19	0:59:00	89	WHK	89	14:39 13:55 14:35 14:09
118	2037	Kubitta Natalie	*Köln	0:57:30	0:58:02	90	WHK	89	15:04 13:54 14:19 14:11
119	2296	Nikoleiczik Vera	1/3 Herz für Mathe	0:57:41	0:57:49	91	WHK	95	14:09 14:26 14:56 14:09
120	2383	Jeczawitz Katharina	Cologne Internationals	0:57:47	0:57:54	92	WHK	97	13:30 13:45 15:05 15:25

10km - Gesamtwertung

Unilaf Köln - 21. Juni 2017

Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden					
121	165	Hasberg Ascelina	Uni Köln	0:57:47	0:59:10	93	WHK	89	15:18	13:45	14:17	14:27		
122	2016	Koch Katharina	*Pulheim	0:57:50	0:58:55	94	WHK	96	15:58	13:48	14:15	13:47		
123	1990	Jünger Lena	*Köln	0:57:54	0:59:01	95	WHK	93	15:04	14:02	14:30	14:16		
124	2398	Mierisch Kim Katharina	Cologne Internationals	0:57:54	0:58:00	96	WHK	92	14:07	14:21	15:07	14:18		
125	2153	Sawatzki Barbara	*Köln	0:57:55	0:58:45	3	W45	71	15:12	14:05	14:25	14:11		
126	2088	Müller Sarah	*Köln	0:57:55	0:58:21	13	W30	87	16:02	14:16	14:08	13:27		
127	1855	Buryak Elizaveta	*Köln	0:58:00	0:58:21	97	WHK	91	14:22	13:56	14:41	15:00		
128	2032	Kriegeskotte Julia	*Köln	0:58:02	0:58:23	98	WHK	92	13:58	13:28	14:53	15:41		
129	2826	Aceto Fenicia	TriathlonSteckelCologne	0:58:02	0:58:54	99	WHK	94	15:00	14:24	14:50	13:46		
130	2232	Ullrich Kerstin	*Köln	0:58:06	0:59:22	100	WHK	91	14:53	13:47	14:52	14:32		
131	1644	Verhülsdonk Katharina	SDW Köln	0:58:06	0:59:27	101	WHK	89	16:39	14:15	14:03	13:08		
132	2831	Michahelles Elisa	TriathlonSteckelCologne	0:58:08	0:58:59	102	WHK	95	14:52	14:15	14:44	14:15		
133	2878	Vinnen Johanna	VampirPower Uniklinik Köln	0:58:08	0:59:08	103	WHK	92	16:54	14:04	13:58	13:11		
134	2872	Mohrmann Ina	VampirPower Uniklinik Köln	0:58:12	0:59:17	4	W45	70	16:32	14:10	13:53	13:36		
135	2073	Melchioni Christine	*Köln	0:58:14	0:58:35	104	WHK	91	13:49	14:17	14:59	15:08		
136	2250	Weber Michaela	*Köln	0:58:15	0:58:54	105	WHK	90	16:07	13:55	14:03	14:08		
137	2175	Schorn Katharina	*Köln	0:58:20	0:59:26	106	WHK	94	15:20	13:55	14:32	14:31		
138	1906	Finken Britta	*Euskirchen	0:58:21	0:58:49	107	WHK	94	15:19	14:10	14:45	14:06		
139	44	Groen Anna		0:58:22	0:59:06	108	WHK	94	15:41	14:21	14:29	13:49		
140	2617	Wischeidt Claudia	Laktatkönige	0:58:26	0:58:54	3	W50	65	15:31	14:11	14:27	14:16		
141	1809	Anna Julia Bock	*Köln	0:58:30	0:58:43	7	W35	80	15:31	14:12	14:34	14:11		
142	2866	Grötsch Astrid	VampirPower Uniklinik Köln	0:58:32	0:59:18	109	WHK	96	15:00	13:55	14:52	14:43		
143	2170	Schneider Theresa	*Köln	0:58:42	0:59:11	110	WHK	91	14:36	14:35	14:59	14:30		
144	2636	Maczkiewicz Ann-Kristin	LG Euskirchen	0:58:44	0:59:00	111	WHK	90	15:10	14:06	14:40	14:46		
145	2774	Birlin Carolina	running gag	0:58:46	0:59:24	112	WHK	97	16:44	14:24	14:36	13:01		
146	2915	Stümpel Janine	WiSo Warriors	0:58:50	0:59:07	113	WHK	92	14:36	14:51	15:22	14:00		
147	2047	Lenart Agnieszka	*Köln	0:58:54	0:58:57	3	W40	77	14:39	14:51	14:43	14:40		
148	1904	Fiebig Christin	*Köln	0:58:56	0:59:23	114	WHK	92	15:37	14:13	14:42	14:23		
149	2507	Deutschmann Anja	Finance & Friends	0:58:58	0:59:04	5	W45	70	14:25	14:21	15:03	15:08		
150	2454	Röhrig Christina	Die Laufvariablen	0:58:59	0:59:53	115	WHK	92	15:54	13:52	14:33	14:39		
151	2767	Mürmann Clara	RUNNERS POINT Run Club	0:59:01	0:59:46	116	WHK	91	15:19	14:26	14:45	14:29		
152	2208	Stetter Isabelle	*Düsseldorf	0:59:14	0:59:14	117	WHK	95	13:51	14:06	15:43	15:33		
153	2075	Menzhausen Johanna	*Köln	0:59:18	0:59:36	118	WHK	95	14:57	14:22	15:02	14:56		
154	2721	Träger-Neumann Nicole	Rheinfighters	0:59:19	1:00:26	6	W45	72	17:14	14:37	14:01	13:25		
155	2655	Nomokonova Tatiana	Meteo	0:59:20	1:00:14	14	W30	87	16:01	14:01	14:50	14:27		
156	2766	Metzler Lena	RUNNERS POINT Run Club	0:59:28	1:00:05	119	WHK	88	15:11	13:59	15:04	15:13		
157	2898	Warnken Annika	Weitblick Köln	0:59:34	1:01:08	120	WHK	95	16:23	14:21	14:34	14:14		
158	2651	Nentwig Charlotte	Mach3 Köln e.V.	0:59:36	0:59:55	121	WHK	88	15:40	14:42	14:48	14:24		
159	2654	Crewell Susanne	Meteo	0:59:37	1:00:30	4	W50	64	15:55	14:02	14:34	15:04		
160	2113	Papenbrock Henrike	*Berlin	0:59:45	1:01:25	122	WHK	90	17:32	15:04	14:21	12:47		
161	2426	Heide Laura	Cooling Cubes	0:59:46	1:00:28	123	WHK	91	15:51	14:38	14:59	14:16		
161	2513	Julius Antje	Förderturm	0:59:46	1:00:28	15	W30	83	16:14	14:42	14:32	14:16		
163	2103	Ockinga Maja	*Köln	0:59:47	1:01:20	124	WHK	89	16:06	14:26	14:54	14:18		
164	2069	Maxime Diel	*Düsseldorf	0:59:56	1:00:17	125	WHK	97	14:32	14:24	15:20	15:38		
165	2438	Brehmer Alisa	Die Alisen	0:59:56	1:01:33	126	WHK	92	17:24	14:32	14:10	13:49		
166	2769	Westhoff Jennifer	RUNNERS POINT Run Club	0:59:58	1:00:35	127	WHK	91	15:28	14:30	15:29	14:29		
167	2422	Boruta Julia	CologneRunBuddies	0:59:59	1:01:26	128	WHK	88	17:15	14:46	14:31	13:26		
168	2765	Liu Pauline	RUNNERS POINT Run Club	1:00:00	1:00:36	129	WHK	88	15:12	15:28	15:08	14:11		
169	2471	Twente Leonie Regina	Du machst den Unterschied!	1:00:01	1:01:32	130	WHK	95	16:39	14:23	14:58	14:00		
170	1867	De Sacy Inčs	*Köln	1:00:04	1:00:15	131	WHK	97	14:07	14:56	16:01	14:57		
171	2205	Steinbach Sophia	*Köln	1:00:04	1:00:20	132	WHK	93	14:40	14:26	15:18	15:38		
172	2355	Hausmann Magdalena	Collegium Musicum Köln	1:00:08	1:01:10	133	WHK	91	16:11	14:30	14:44	14:42		
173	2080	Michels Anna	*Köln	1:00:13	1:01:16	134	WHK	91	16:41	14:24	14:40	14:26		
174	2715	Ross Stephanie	Renn-Kasko	1:00:13	1:01:54	135	WHK	96	15:30	14:40	15:14	14:48		
175	2012	Knabe Nina	*Köln	1:00:17	1:01:56	136	WHK	88	17:10	14:53	14:35	13:37		
176	2092	Nauen Christine	*Köln	1:00:18	1:01:57	137	WHK	88	17:09	14:51	14:37	13:39		
177	2197	Sommer Ines	*Köln	1:00:28	1:01:11	138	WHK	92	16:54	14:10	14:19	15:03		
178	2846	Haehnel Maxie	Valium i.v.	1:00:30	1:01:50	16	W30	86	16:56	14:44	14:43	14:05		
179	1821	Becker Leonie	*Köln	1:00:31	1:01:20	139	WHK	95	16:22	14:18	14:41	15:09		
180	2516	Bellen Sabrina	Food-Runner	1:00:33	1:01:53	8	W35	78	16:55	14:45	14:43	14:08		

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Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
181	2858	Schmitz Saskia	Valium i.v.	1:00:33	1:01:53	140	WHK	92	16:56	14:44	14:43	14:08	
182	1843	Born Leonie	*Köln	1:00:34	1:01:17	141	WHK	95	16:58	14:29	14:53	14:12	
183	2392	Kubbetat Henrike	Cologne Internationals	1:00:36	1:02:06	142	WHK	93	15:39	14:19	15:30	15:06	
184	1929	Gelder Isabell	*Köln	1:00:41	1:00:43	143	WHK	95	14:40	15:40	16:00	14:19	
185	2504	Pillmann Lara	ERGO Sports Köln	1:00:47	1:01:45	7	W45	71	16:00	13:59	15:18	15:28	
186	2177	Schroeder Manon	*Reimberg	1:00:51	1:01:43	144	WHK	96	16:18	14:46	15:12	14:34	
187	2652	Wolff Cathrin	Manon Schroeder	1:00:52	1:01:43	145	WHK	96	16:18	14:46	15:12	14:33	
188	2034	Krüger Jule	*Köln	1:00:55	1:01:37	146	WHK	95	16:52	14:56	15:55	13:11	
189	2036	Krüger Mona	*Köln	1:00:55	1:01:36	147	WHK	95	16:53	14:56	15:11	13:55	
190	3009	Schödder Lena	Kölner Bank	1:00:56	1:01:10	148	WHK	96	15:00	15:08	16:00	14:46	
191	2307	Breitenstein Pia	Atomic Titten	1:01:00	1:02:17	149	WHK	90	15:16	14:29	15:25	15:48	
192	2827	Dickel Ulrike	TriathlonSteckelCologne	1:01:03	1:01:39	17	W30	86	16:38	14:49	15:10	14:24	
193	2430	Broermann Leonie	Corporate Ultras	1:01:04	1:02:13	150	WHK	92	17:39	15:03	14:14	14:06	
194	2558	Schröder Charlotte	Kenias Reserve	1:01:06	1:01:17	151	WHK	96	13:52	13:31	18:12	15:29	
195	2778	Yüetas Ebru	running gag	1:01:08	1:01:45	152	WHK	90	16:45	14:24	14:51	15:06	
196	2045	Lauterbach Patricia	*Köln	1:01:09	1:02:19	18	W30	87	15:48	15:10	15:22	14:48	
197	2914	Schulte Jana	WiSo Warriors	1:01:15	1:01:38	153	WHK	92	15:55	14:56	15:52	14:29	
198	2485	Schenkelberg Sabine	Ebner Stolz & Friends	1:01:15	1:01:51	154	WHK	88	16:15	14:50	15:06	15:02	
199	2478	Hüsecken Birgit	Ebner Stolz & Friends	1:01:15	1:01:51	155	WHK	90	16:15	14:47	15:09	15:03	
200	1952	Hackstein Celine	*Köln	1:01:20	1:02:50	156	WHK	96	15:52	14:26	15:18	15:43	
201	1805	Adam Christine	*Köln	1:01:25	1:02:07	157	WHK	91	16:52	14:56	15:11	14:25	
202	2456	Funken Linda	Digital Helpers	1:01:25	1:01:56	158	WHK	89	15:03	14:37	15:58	15:47	
203	2220	Tapp Jana	*Köln	1:01:26	1:02:18	159	WHK	97	16:04	14:19	15:17	15:44	
204	2308	Krassuski Lisa	Atomic Titten	1:01:28	1:02:45	19	W30	87	16:10	14:58	15:19	14:59	
205	2473	Dobija Isabella	Ebner Stolz & Friends	1:01:31	1:02:06	20	W30	84	14:33	15:06	15:40	16:10	
206	2780	Schalk Sophia	Saltsjöbaden IF	1:01:31	1:02:29	160	WHK	92	16:06	14:51	15:27	15:06	
207	2500	Vogel Sabine	Enhanced Recovery	1:01:31	1:01:35	8	W45	72	15:28	14:54	15:27	15:41	
208	2869	Küpper Hanna	VampirPower Uniklinik Köln	1:01:35	1:02:24	161	WHK	94	16:54	15:02	15:17	14:20	
209	1889	Effertz Franca	*Köln	1:01:35	1:03:15	162	WHK	91	17:31	15:05	14:34	14:24	
210	1890	Effertz Jana	*Pulheim	1:01:35	1:03:05	163	WHK	97	17:26	14:48	14:46	14:35	
211	2404	Riquelme Garrido Daniela	Cologne Internationals	1:01:36	1:02:37	21	W30	86	14:33	14:06	16:04	16:52	
212	2688	Neuenhofer Niemczyk Maria	Plastics	1:01:37	1:03:34	164	WHK	93	16:49	15:02	15:00	14:44	
213	2314	Baade Astrid	BLB Köln Runner	1:01:37	1:02:42	4	W40	76	16:06	14:43	15:08	15:39	
214	2807	Kurbasik Pauline	Tetes Rouges	1:01:42	1:03:00	9	W35	82	16:25	15:11	15:32	14:31	
215	2481	Naschinski Antonia	Ebner Stolz & Friends	1:01:52	1:02:27	165	WHK	96	16:20	14:22	15:31	15:38	
216	2620	Wolf Ulrike	Laktatkönige	1:01:52	1:02:49	1	W55	58	16:04	14:44	15:24	15:39	
217	2345	Wolf Nadja	cleverbridge AG roadrunners	1:01:59	1:03:16	10	W35	79	16:08	14:41	15:31	15:37	
218	2241	Vogt Laura	*Köln	1:02:02	1:02:58	166	WHK	92	17:10	14:53	15:18	14:39	
219	1897	Ermes Anna	*Köln	1:02:02	1:02:58	167	WHK	92	17:12	14:52	15:18	14:39	
220	1816	Baier Alisa	*Köln	1:02:07	1:02:25	168	WHK	91	16:51	15:47	15:11	14:16	
221	2758	Kauth Verena	Rundezvous	1:02:08	1:03:04	169	WHK	92	17:14	15:15	15:02	14:35	
222	2169	Schnaidt Chiara	*Köln	1:02:11	1:03:24	170	WHK	91	17:21	15:16	15:04	14:30	
223	1957	Hamm Larissa	*Köln	1:02:13	1:03:25	171	WHK	92	17:21	15:16	15:04	14:30	
224	2818	Gildemeister Nora	The Originals	1:02:28	1:03:18	172	WHK	94	17:00	15:09	15:27	14:51	
225	2777	Schneider Sophia	running gag	1:02:30	1:03:07	173	WHK	93	17:34	15:30	15:22	14:03	
226	1881	Driever Paula	*Köln	1:02:32	1:03:46	5	WU2	98	17:45	14:46	15:23	14:38	
227	2086	Möller Katharina	*Köln	1:02:33	1:03:40	22	W30	83	16:49	15:34	15:02	15:07	
228	2811	Weißenig Vanessa	TH Köln	1:02:33	1:03:22	23	W30	87	16:06	14:47	15:55	15:44	
229	2326	Segieth Anja	BlueMotion	1:02:34	1:03:53	5	W50	66	16:26	14:42	15:30	15:55	
230	1810	Arjunan Archanah	*Köln	1:02:36	1:04:31	174	WHK	88	17:17	15:11	15:18	14:50	
231	1815	Awla Myriel	*Brühl	1:02:38	1:03:19	175	WHK	95	16:29	14:52	15:52	15:23	
232	1866	Dannhausen Katharina	*Köln	1:02:42	1:03:23	176	WHK	88	16:29	14:52	15:51	15:27	
233	2873	Müller Linda	VampirPower Uniklinik Köln	1:02:42	1:03:31	177	WHK	93	16:55	15:01	15:17	15:28	
234	2813	Göbel Jana	The Matteos	1:02:45	1:04:12	178	WHK	89	17:38	15:06	15:50	14:10	
235	2714	Möller Charlotte	Renn-Kasko	1:02:48	1:04:29	179	WHK	89	16:33	15:21	15:31	15:22	
236	2629	Knörzer Leonie	Leonie Knörzer	1:02:49	1:04:09	180	WHK	96	17:17	15:35	15:55	13:59	
237	1961	Hannemann Lena	*Köln	1:02:49	1:03:47	181	WHK	95	16:39	14:54	15:27	15:47	
238	2844	Ganz Ute	Valium i.v.	1:02:50	1:03:22	6	W50	64	15:50	15:00	15:56	16:02	
239	1554	Neufert Laura-Sophie	Cologne Internationals	1:02:53	1:02:53	182	WHK	92	17:00	14:00	17:36	14:15	
240	2219	Sura Louise	*Köln	1:02:53	1:03:05	183	WHK	97	14:56	14:49	16:28	16:38	

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Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden			
241	2623	Gerlitzer Loraine	LBV Düsseldorf	1:02:57	1:03:17	184	WHK	91	16:06	15:19	15:52	15:38
242	2564	Lohmann Judith	KF Lebensstil	1:03:00	1:03:29	185	WHK	94	15:11	15:07	16:26	16:14
243	2674	Franeck Annika	ph1	1:03:00	1:04:20	186	WHK	89	17:49	15:27	15:09	14:33
244	2524	Eiden Lisa	Geographie läuft!	1:03:03	1:04:10	187	WHK	94	17:01	15:22	15:24	15:14
245	2947	Marx Milena		1:03:05	1:04:39	188	WHK	94	16:43	15:25	15:44	15:12
246	2568	Seemann Dr. Wiebke	KF Lebensstil	1:03:06	1:04:45	11	W35	81	17:25	14:58	15:23	15:19
247	2860	Bach Isabelle	VampirPower Uniklinik Köln	1:03:09	1:03:28	189	WHK	92	16:12	15:15	15:56	15:44
248	2590	Krick Julia	Köllefortia Girls	1:03:10	1:04:17	190	WHK	92	17:33	15:20	15:27	14:47
249	2897	Schleier Lena Sophia	Weitblick Köln	1:03:10	1:04:44	191	WHK	94	16:42	15:25	15:45	15:17
250	2591	Schendzielorz Sonja	Köllefortia Girls	1:03:11	1:04:19	192	WHK	91	17:33	15:20	15:28	14:49
251	2941	Kalwitz Hannah	*Köln	1:03:13	1:04:02	193	WHK	90	16:09	14:53	16:03	16:07
252	2122	Plaum Josephine	*Düsseldorf	1:03:13	1:04:13	194	WHK	94	17:20	15:21	15:39	14:52
253	1971	Heymann Lisa	*Hattingen	1:03:14	1:04:13	195	WHK	93	17:21	15:21	15:42	14:49
254	2227	Timmermann Franziska	*Köln	1:03:15	1:04:30	196	WHK	93	16:44	14:54	15:43	15:53
255	1860	Chollowa Elke	*Köln	1:03:16	1:04:30	197	WHK	93	16:44	14:54	15:43	15:53
256	2132	Reichelt Michelle	*Lohmar	1:03:19	1:04:08	198	WHK	96	17:12	15:14	15:17	15:35
257	2413	Weigerstorfer Sonja	Cologne Internationals	1:03:22	1:03:44	5	W40	77	15:43	15:33	16:06	15:59
258	2311	Kisters-Woike Brigitte	Bio4Ever	1:03:22	1:03:38	1	W60	57	15:24	14:40	16:18	16:58
259	2109	Osburg Charlotte	*Essen	1:03:27	1:04:09	199	WHK	92	16:54	15:05	15:49	15:38
260	2638	Ising Laura	Liberale Hochschulgruppe	1:03:29	1:03:58	200	WHK	97	16:38	15:15	16:09	15:26
261	2224	Tiebing Katharina	*Köln	1:03:33	1:04:58	201	WHK	93	16:36	15:27	15:38	15:51
262	1931	Genge Stella	*Essen	1:03:35	1:04:06	202	WHK	90	16:43	15:46	15:47	15:18
263	2102	Ochs Teresa	*Köln	1:03:35	1:04:35	203	WHK	92	17:07	15:13	15:27	15:46
264	2254	Wilbrand-Hennes Astrid	*Much	1:03:39	1:04:50	7	W50	63	17:55	15:08	15:27	15:07
265	2834	Kopp Katharina	TUS 82 OPLADEN	1:03:41	1:04:39	8	W50	65	16:23	14:57	16:02	16:17
266	2123	Poll Sophia	*Köln	1:03:42	1:04:50	204	WHK	92	15:12	14:25	17:09	16:55
267	2973	Heckmann Aline	Kenias Reserve	1:03:45	1:03:57	205	WHK	95	16:19	16:26	16:02	14:57
268	2323	Harnying Dr. Wacharee	BlueMotion	1:03:51	1:05:43	6	W40	75	17:22	15:31	15:25	15:32
269	2747	Karimi Farimah	RRZK	1:03:51	1:05:23	206	WHK	96	16:37	14:32	16:04	16:36
270	2687	Barnett Danielle	Plastics	1:03:57	1:05:54	207	WHK	93	17:21	15:55	15:20	15:19
271	2452	Griesbach Svenja	Die Laufvariablen	1:03:59	1:04:54	208	WHK	95	16:42	16:01	16:03	15:11
272	2451	Fischer Isabelle	Die Laufvariablen	1:03:59	1:04:53	209	WHK	96	16:49	15:55	16:03	15:10
273	1927	Garsztecki Theresa	*Köln	1:04:01	1:04:29	210	WHK	94	16:17	15:29	16:12	16:02
274	2641	Gassner Christina	Lindenthal asozial #Whalezart	1:04:02	1:05:32	211	WHK	93	16:56	15:34	15:48	15:43
275	2912	Niklas Laura	WiSo Warriors	1:04:08	1:04:17	212	WHK	94	14:20	15:59	17:07	16:41
276	2091	Nasic Mia	*Köln	1:04:08	1:05:10	213	WHK	94	17:25	15:15	15:33	15:54
276	2354	Bardaji Farre Maria	Collegium Musicum Köln	1:04:08	1:05:10	213	WHK	94	17:25	15:16	15:33	15:54
278	2916	Wiertz Lisa	WiSo Warriors	1:04:10	1:04:34	215	WHK	96	15:56	14:55	15:52	17:25
279	1900	Fazari Benedetta	*Düsseldorf	1:04:16	1:05:15	216	WHK	89	17:21	15:26	15:37	15:51
280	3000	Mora Gomez Diana	Kölner Bank	1:04:16	1:05:02	24	W30	87	17:23	15:24	15:31	15:57
281	1995	Kammer Carolina	*Pulheim	1:04:17	1:05:34	6	WU2	98	16:59	15:40	16:03	15:34
282	1947	Grüger Katja	*Köln	1:04:17	1:05:37	217	WHK	97	17:16	15:36	15:55	15:28
283	2964	Wenning Inga	*Köln	1:04:19	1:05:35	218	WHK	92	17:13	15:07	15:56	16:02
284	2112	Panitzsch Lara		1:04:19	1:04:54	219	WHK	93	15:10	16:06	16:22	16:38
285	2630	Al-Maarri Mona	Lets metabolize	1:04:19	1:05:01	25	W30	86	16:12	14:35	17:15	16:16
286	2910	Kröner Lea	WiSo Warriors	1:04:24	1:04:49	7	WU2	98	16:49	15:25	15:57	16:12
287	2902	Anselment Carla	WiSo Warriors	1:04:24	1:04:49	220	WHK	96	16:49	15:25	15:56	16:12
288	1846	Boss Sharon	*Köln	1:04:27	1:06:11	221	WHK	93	17:32	15:30	15:39	15:44
289	1752	Sen Emel	Ren-Tiere	1:04:29	1:05:13	12	W35	81	15:23	16:14	17:13	15:37
290	2127	Puschmann Charlotte	*Köln	1:04:37	1:05:24	222	WHK	93	17:15	15:29	15:53	15:59
291	2950	Meyer Eva-Maria	*Köln	1:04:40	1:05:40	223	WHK	95	17:20	15:40	15:52	15:47
292	2270	Yomayusa Rodriguez	*Köln	1:04:42	1:04:52	26	W30	83	16:07	16:22	16:09	16:03
293	2542	Coenen Jessica	Jessica Coenen	1:04:44	1:06:03	224	WHK	92	16:51	15:19	15:47	16:45
294	72	Jurczak Aleksandra		1:04:45	1:06:04	225	WHK	92	16:52	15:18	15:46	16:48
295	2762	Esch Eva	RUNNERS POINT Run Club	1:04:46	1:05:55	7	W40	73	16:49	14:54	16:03	16:59
296	2535	Ranke Sabrina	Geographie läuft!	1:04:48	1:06:22	226	WHK	92	17:41	15:59	15:58	15:08
297	2649	Froitheim Aurelia	Mach3 Köln e.V.	1:04:48	1:06:31	27	W30	84	17:35	15:48	15:37	15:47
298	2043	Lammers Romina	*Hürth	1:04:50	1:06:27	227	WHK	91	17:25	15:30	15:54	16:00
299	2439	Dettlaff Alisa	Die Alisen	1:04:51	1:06:27	228	WHK	92	17:25	15:30	15:55	16:00
300	1951	Habermann Eva	*Köln	1:04:52	1:05:42	229	WHK	94	15:44	15:23	16:25	17:19

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Frauen

Platz	Startnr	Name	Verein*/Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden			
301	2538	Wiedemann Cathrin	Geographie läuft!	1:04:55	1:06:30	230	WHK	93	17:42	15:57	15:58	15:16
302	2859	Tarara Imke	Valium i.v.	1:04:59	1:05:33	13	W35	81	17:12	15:55	15:56	15:55
303	2929	Außem Kerstin	*Alt Hürth	1:05:01	1:05:56	28	W30	87	17:04	15:15	15:54	16:47
304	2942	Kaulen Lisa	*Hürth	1:05:01	1:05:56	231	WHK	89	17:06	15:13	15:54	16:47
305	2273	Zavelberg Nicole	*Köln	1:05:04	1:05:22	232	WHK	92	16:51	15:59	16:10	16:02
306	1836	Böhle Celina	*Köln	1:05:04	1:05:44	233	WHK	96	16:56	15:36	16:16	16:15
307	2930	Bartholomaeus Miriam	*Köln	1:05:05	1:06:47	29	W30	83	17:42	16:07	15:58	15:16
308	2145	Rostamzadeh Ayda	*Köln	1:05:06	1:06:23	30	W30	83	16:52	15:56	16:13	16:04
309	1857	Can Mediha	*Köln	1:05:06	1:06:58	2	W60	53	17:32	16:11	15:50	15:32
310	2186	Schurack Selma	*Köln	1:05:09	1:06:35	234	WHK	90	17:45	16:02	15:49	15:32
311	2389	Klein Dr. Kristina	Cologne Internationals	1:05:15	1:06:55	14	W35	81	16:53	15:14	15:54	17:12
312	2819	Pankert Elisabeth	The Originals	1:05:17	1:06:06	235	WHK	93	16:58	15:48	16:23	16:06
313	2592	Zwilling Anna	Kölleformia Girls	1:05:21	1:06:29	236	WHK	92	17:33	15:20	15:28	16:59
314	2841	Drees Bärbel	Valium i.v.	1:05:26	1:06:00	9	W50	64	17:01	15:48	16:24	16:12
315	1936	Glunz Lisa Marie	*Köln	1:05:27	1:05:50	237	WHK	93	16:44	15:06	16:47	16:48
316	1937	Glunz Rabea	*Köln	1:05:28	1:05:51	238	WHK	94	16:44	15:03	16:49	16:50
317	2125	Pünter Eike	*Köln	1:05:33	1:06:07	31	W30	87	17:35	16:04	16:06	15:47
318	2131	Reiche Jule	*Köln	1:05:34	1:06:30	239	WHK	94	17:49	15:54	15:50	15:59
319	2387	Kayumova Anna	Cologne Internationals	1:05:52	1:06:32	240	WHK	94	17:54	15:49	16:11	15:57
320	2396	Mestrum Larissa	Cologne Internationals	1:05:53	1:06:26	241	WHK	93	16:39	15:47	16:40	16:44
321	135	Bongers Magdalena	VampirPower Uniklinik Köln	1:05:53	1:07:32	242	WHK	90	17:40	16:37	15:30	16:05
322	2423	Irmeler Laura	CologneRunBuddies	1:05:54	1:07:23	243	WHK	89	17:41	16:12	16:08	15:52
323	1926	Ganser Hanna	*Wesseling	1:05:57	1:06:47	244	WHK	97	17:02	15:35	16:45	16:33
324	2635	Tran My Ly	Lets metabolize	1:05:59	1:06:41	245	WHK	89	16:28	15:49	16:32	17:08
325	2255	Wilfert Eva	*Köln	1:06:06	1:06:48	246	WHK	93	16:53	15:15	16:55	17:02
326	2004	Kirschner Claudia	*Köln	1:06:09	1:06:43	10	W50	63	17:02	15:48	16:26	16:52
327	2187	Sebudandi Mariama	*Köln	1:06:15	1:07:55	247	WHK	90	17:32	15:24	16:30	16:47
328	1850	Breull Leonie	*Köln	1:06:15	1:07:57	248	WHK	95	17:46	16:17	16:13	15:57
329	2260	Wittig Jana	*Köln	1:06:16	1:07:57	249	WHK	94	17:46	16:17	16:13	15:58
330	2368	Flore Fiona	Cologne Internationals	1:06:16	1:06:35	250	WHK	94	16:55	16:15	16:33	16:31
331	2800	Hoss Jana	Team Thussie	1:06:16	1:07:03	32	W30	86	17:10	15:59	16:32	16:34
332	2802	Kleidt Ann-Christin	Team Thussie	1:06:17	1:07:04	33	W30	87	17:10	15:59	16:32	16:34
333	2712	Born Patty	Renn-Kasko	1:06:21	1:08:04	11	W50	64	17:31	15:56	16:06	16:46
334	2225	Lohner Stephanie	*Köln	1:06:22	1:06:44	8	W40	77	15:39	15:47	17:34	17:20
335	2571	Schneider Theresa	Kinderonkologie	1:06:28	1:08:14	251	WHK	92	18:07	17:15	15:57	15:08
336	2570	Hellmann Dr. Anna	Kinderonkologie	1:06:28	1:08:14	8	WU2	98	18:08	17:12	15:59	15:08
337	2759	Mohnen Lea	Rundezvous	1:06:31	1:07:28	252	WHK	92	17:37	16:16	16:21	16:16
338	2339	Poplawski Katrin	cleverbridge AG roadrunners	1:06:35	1:07:51	253	WHK	92	17:52	16:01	16:34	16:07
339	2407	Schlotterbeck Johanna	Cologne Internationals	1:06:37	1:06:56	254	WHK	94	16:55	16:15	16:36	16:50
340	2727	Mager Sarah	Rheinland Lions Australian Foo	1:06:38	1:07:40	255	WHK	89	16:38	16:08	17:02	16:49
341	2526	Gerasch Kristina	Geographie läuft!	1:06:41	1:07:41	256	WHK	97	18:17	16:20	16:08	15:55
342	2054	Lohaus Annika	*Köln	1:06:44	1:07:43	257	WHK	93	17:27	15:42	16:53	16:41
343	3026	Weis Hannah	VampirPower	1:06:46	1:07:51	258	WHK	95	17:41	16:13	16:36	16:15
344	2796	Körner Christa	TEAM MARKETING	1:06:51	1:07:31	12	W50	64	17:38	15:52	16:42	16:39
345	2838	Ahlheim Esther	Valium i.v.	1:06:55	1:07:24	259	WHK	95	17:34	16:10	16:25	16:44
346	2200	Spiegelmacher Isabelle	*Aachen	1:07:05	1:07:59	260	WHK	97	17:11	16:03	16:45	17:05
347	2821	Arntz Christina	TheTargaryens	1:07:06	1:07:19	261	WHK	92	17:26	16:41	16:35	16:23
348	2822	Hennigfeld Janina	TheTargaryens	1:07:06	1:07:19	262	WHK	95	17:26	16:41	16:35	16:23
349	3013	Wellié Nadine	Kölner Bank	1:07:07	1:07:14	15	W35	79	15:34	16:44	17:42	17:06
350	2331	Böggemann Esther	cleverbridge AG roadrunners	1:07:17	1:08:32	34	W30	86	17:46	15:09	17:32	16:48
351	1984	Jobelius Dorothee	*Köln	1:07:19	1:08:15	263	WHK	96	18:02	15:40	16:37	16:58
352	2192	Simon Elisabeth	*Köln	1:07:19	1:08:16	264	WHK	97	18:02	15:40	16:37	16:59
353	2068	Manns Stefanie	*Köln	1:07:31	1:07:47	265	WHK	94	16:56	16:27	17:06	16:59
354	2611	Woock Jasmin	Kölsche Harlequins	1:07:34	1:09:13	266	WHK	91	17:45	16:44	16:33	16:31
355	2414	Sztykiel Kamila	Cologne Internationals	1:07:35	1:08:16	267	WHK	94	16:04	15:20	17:55	18:15
356	2063	Luetgebrune Johanna	*Köln	1:07:35	1:08:38	35	W30	86	17:36	15:54	17:21	16:42
357	1944	Grimmig Luisa	*Köln	1:07:43	1:09:16	268	WHK	95	16:43	15:35	17:26	17:57
358	2996	Hübner Kim	Kölner Bank	1:07:45	1:07:59	269	WHK	92	15:58	16:05	17:53	17:49
359	1864	Damaschek Olivia	*Pulheim	1:07:47	1:08:40	270	WHK	94	16:49	15:01	17:42	18:13
360	2530	Marjanka Leandra	Geographie läuft!	1:07:50	1:08:58	271	WHK	92	17:13	18:34	17:12	14:50

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Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
361	2534	Pint Anna	Geographie läuft!	1:07:55	1:09:29	13	W50	64	17:36	16:38	16:49	16:50	
362	2475	Eckey Hannah	Ebner Stolz & Friends	1:07:57	1:08:31	272	WHK	95	16:52	16:13	17:11	17:39	
363	2318	Hage Angelika	BLB Köln Runner	1:08:00	1:09:16	3	W60	56	18:00	16:39	16:47	16:33	
364	1885	Dünnwald Charlotte	*Köln	1:08:02	1:08:40	273	WHK	88	17:09	16:19	17:29	17:04	
365	2024	Konopka Karolin	*Köln	1:08:04	1:08:31	274	WHK	94	17:27	16:03	17:05	17:26	
366	2625	Pfenner Rita	LBV Düsseldorf	1:08:04	1:08:54	14	W50	63	16:58	16:17	17:01	17:46	
367	2600	Schröter Nehle	Kölncampus	1:08:08	1:09:19	275	WHK	88	18:07	16:34	16:48	16:38	
368	3024	Krüger Rebecca	VampirPower	1:08:22	1:09:28	276	WHK	95	17:41	16:31	17:05	17:03	
369	1801	Abermet Olga	*Köln	1:08:26	1:09:39	277	WHK	88	16:54	15:39	17:19	18:32	
370	1988	Jordan Sarah	*Köln	1:08:38	1:08:45	278	WHK	96	17:30	16:07	17:16	17:45	
371	2124	Pomino Jenny	*Köln	1:08:48	1:08:58	16	W35	79	16:04	17:36	17:34	17:32	
372	2147	Ruland Janina	*Köln	1:08:55	1:10:14	17	W35	82	18:02	16:27	17:05	17:20	
373	1888	Eeltink Christina	*Köln	1:08:55	1:10:14	9	W40	76	18:02	16:27	17:07	17:17	
374	2764	Kolb Katharina	RUNNERS POINT Run Club	1:08:56	1:09:40	279	WHK	95	16:45	16:54	17:29	17:47	
375	1981	Jaeger Marie Elaine	*Frechen	1:08:59	1:10:23	280	WHK	88	17:48	16:42	17:27	17:01	
376	2020	Kölle Julia	*Köln	1:09:05	1:09:20	281	WHK	97	16:55	16:56	17:59	17:13	
377	1999	Karim Henar	*Köln	1:09:16	1:10:07	282	WHK	92	16:37	16:38	17:52	18:08	
378	2683	Suri Sumeyye	ph1	1:09:21	1:10:43	283	WHK	89	17:56	16:15	17:11	17:58	
379	2025	Konze Kristina	*Euskirchen	1:09:23	1:09:39	284	WHK	89	17:35	16:20	17:29	17:58	
380	2397	Michels Anna	Cologne Internationals	1:09:28	1:10:14	285	WHK	96	18:13	16:18	15:41	19:14	
381	2412	Stauf Christina	Cologne Internationals	1:09:29	1:10:16	286	WHK	92	18:12	16:17	15:41	19:18	
382	2381	Huhn Annika	Cologne Internationals	1:09:29	1:10:15	287	WHK	93	18:17	16:25	16:16	18:29	
383	2372	Gorges Ann Christine	Cologne Internationals	1:09:30	1:10:14	288	WHK	96	18:14	16:19	15:41	19:14	
384	2364	Engels Alexandra	Cologne Internationals	1:09:30	1:10:15	289	WHK	90	18:16	16:30	16:13	18:30	
385	2386	Kauer Jelka	Cologne Internationals	1:09:30	1:10:15	290	WHK	93	18:16	16:23	16:20	18:30	
386	2401	Neumann Marina	Cologne Internationals	1:09:31	1:10:16	291	WHK	92	18:15	16:30	16:49	17:55	
387	2365	Engels Vanessa	Cologne Internationals	1:09:31	1:10:17	292	WHK	90	18:19	16:28	16:47	17:55	
388	2391	Krost Leonie	Cologne Internationals	1:09:33	1:10:17	293	WHK	90	18:18	16:29	16:49	17:55	
389	2240	Vogel Katharina	*Köln	1:09:35	1:11:24	294	WHK	95	18:07	18:03	16:54	16:29	
390	2529	Hindmarsh Kimberly	Geographie läuft!	1:09:41	1:11:17	295	WHK	91	17:43	16:53	16:57	18:07	
391	2880	Voelkel Jill	VampirPower Uniklinik Köln	1:09:48	1:10:34	296	WHK	96	17:33	17:10	17:45	17:19	
392	2850	Nentwich Monique	Valium i.v.	1:10:21	1:11:42	9	W45	72	18:17	17:05	17:31	17:28	
393	1832	Bilinski Anika	*Köln	1:10:25	1:11:39	297	WHK	94	16:58	17:17	18:19	17:50	
394	2657	Reilly Stephanie	Meteo	1:10:50	1:11:45	298	WHK	93	16:58	18:55	17:28	17:27	
395	2362	Du Yali	Cologne Internationals	1:11:22	1:11:56	299	WHK	96	18:50	17:41	17:41	17:09	
396	2369	Floßdorf Julia	Cologne Internationals	1:11:34	1:11:49	36	W30	87	17:53	16:35	19:17	17:47	
397	2865	Grella Nina	VampirPower Uniklinik Köln	1:11:34	1:12:25	300	WHK	94	17:36	17:23	18:19	18:14	
398	2268	Wycich Gina	*Köln	1:11:35	1:12:26	301	WHK	97	18:06	17:33	18:23	17:31	
399	2116	Pfeffer Kira	*Köln	1:11:47	1:13:19	302	WHK	97	18:00	17:40	17:56	18:09	
400	2133	Reiff Tinika Lena	*Köln	1:11:52	1:13:43	303	WHK	93	17:16	17:18	18:04	19:13	
401	2076	Mercan Derya	*Köln	1:12:10	1:12:29	37	W30	85	17:54	17:29	18:24	18:22	
402	2393	Külpmann Milena	Cologne Internationals	1:12:19	1:13:05	304	WHK	95	18:22	17:11	18:32	18:13	
403	2130	Radkiewicz Karolina	*Vettelschoß	1:12:28	1:13:22	305	WHK	95	17:52	18:10	18:32	17:53	
404	2829	Jung Hanna	TriathlonSteckelCologne	1:12:32	1:14:16	306	WHK	92	17:40	17:50	18:12	18:47	
405	2415	Urmeew Elvira	Cologne Internationals	1:12:36	1:12:54	307	WHK	90	18:29	17:34	18:10	18:22	
406	2163	Schlotgauer Katharina	*Köln	1:13:12	1:13:20	308	WHK	96	17:40	18:22	19:17	17:52	
407	1958	Hammer Leonie	*Köln	1:13:13	1:13:20	309	WHK	97	17:39	18:23	19:16	17:54	
408	1876	Dirks Anthea	*Köln	1:13:14	1:14:18	310	WHK	90	18:04	17:27	19:27	18:14	
409	2183	Schulze Brock Paula	*Köln	1:13:14	1:14:18	311	WHK	91	18:05	17:27	19:26	18:14	
410	1346	Schweitzer Ursula	Valium i.v.	1:13:22	1:13:42	2	W55	59	18:31	18:24	18:32	17:53	
411	2933	De Chamisso Juliette	*Köln	1:13:23	1:13:40	312	WHK	97	20:23	18:43	17:33	16:43	
412	2044	Lauterbach Diana	*Köln	1:13:26	1:15:14	38	W30	85	18:35	17:41	18:24	18:45	
413	2118	Pickert Lena	*Köln	1:13:43	1:15:25	313	WHK	95	19:05	17:37	18:18	18:42	
414	2055	Lohmann Hannah	*Köln	1:13:46	1:14:53	39	W30	85	18:15	17:48	19:11	18:30	
415	2056	Lohmann Luisa	*Köln	1:13:47	1:14:53	314	WHK	89	18:16	17:48	19:12	18:30	
416	1980	Jade Stahlberg	Rennnesseln	1:13:48	1:14:58	315	WHK	90	17:44	16:13	21:23	18:26	
417	2252	Wessa Leonie	*Köln	1:14:27	1:16:04	316	WHK	92	19:22	18:11	18:43	18:08	
418	1950	Haase Magdalena	*Köln	1:14:27	1:16:04	317	WHK	92	19:22	18:11	18:45	18:07	
419	1965	Heidemann Paulina	*Köln	1:15:01	1:16:50	318	WHK	94	18:07	18:04	19:49	19:00	
420	2519	Reimann-Junker Sonja	Food-Runners	1:15:07	1:16:40	10	W40	76	19:20	17:55	18:56	18:54	

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Brutto	AK-Pl	AK	Jahr	Runden
421	1933	Ghafari Atieh	*Köln	1:15:08	1:16:56	40	W30	87	19:36 18:28 18:35 18:28
422	2517	Neise Kimi-Sue	Food-Runner	1:15:09	1:16:41	41	W30	87	19:20 17:56 18:56 18:55
423	1886	Düvelmeyer Miriam	*Köln	1:15:09	1:15:28	9	WU2	98	17:57 18:01 19:24 19:45
424	2851	Neuhoff Maria	Valium i.v.	1:15:24	1:16:46	319	WHK	90	17:55 17:08 21:49 18:30
425	2845	Gerling Melanie	Valium i.v.	1:15:24	1:16:46	42	W30	86	17:55 17:08 21:46 18:33
426	2026	Korang Karin	*Köln	1:15:31	1:15:48	3	W55	59	18:03 18:53 19:15 19:18
427	1956	Hamsch Kathi	*Köln	1:15:37	1:16:10	320	WHK	94	17:49 19:17 19:58 18:31
428	2148	Saglam Aylin	*Köln	1:15:44	1:17:09	321	WHK	95	18:57 19:33 18:46 18:26
429	2812	Engelhardt Esther	The Matteos	1:16:09	1:17:36	322	WHK	91	18:02 17:52 19:46 20:27
430	2135	Reimers Wiebke	*Köln	1:16:24	1:17:37	323	WHK	93	18:00 16:57 19:23 22:02
431	1858	Cao Ngoc-Anh	*Köln	1:16:36	1:18:12	324	WHK	92	19:24 18:46 19:20 19:04
432	2713	Merzadah Ragna	Renn-Kasko	1:17:34	1:19:14	325	WHK	95	19:01 19:22 20:32 18:37
433	2335	Göttlicher Annika	cleverbridge AG roadrunners	1:17:42	1:18:56	326	WHK	89	18:32 18:49 21:06 19:15
434	2341	Ruetz Elena	cleverbridge AG roadrunners	1:17:43	1:18:56	327	WHK	88	18:52 18:32 21:03 19:15
435	2271	Yuan Xin	*Koenigswinter	1:17:44	1:18:07	328	WHK	94	19:39 17:45 19:39 20:40
436	2622	Ayche Karin	Laufmariechen Köln	1:17:48	1:18:07	4	W60	54	18:49 18:41 19:16 21:01
437	1955	Hahn Julia	*Köln	1:18:12	1:19:23	329	WHK	88	18:23 20:41 20:17 18:50
438	2669	Jeena Ganga	Om	1:18:30	1:19:46	43	W30	85	19:56 21:32 21:17 15:44
439	1806	Albrecht Anja	*Köln	1:19:37	1:21:15	330	WHK	95	19:10 20:10 21:05 19:11
440	1994	Kaiser Hannah	*Köln	1:19:52	1:21:29	331	WHK	93	19:21 20:33 20:42 19:13
441	2378	Hoffmann Lena	Cologne Internationals	1:19:57	1:20:13	332	WHK	90	17:50 21:50 20:10 20:05
442	2804	Schuler Stefanie	Team Vegan Runners	1:23:36	1:25:07	333	WHK	89	22:29 20:45 20:00 20:20