

## Männer

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten (2.195km Runde / 5km Runden)										
1	204	Bougč Frank	GVG-Laufteam	3:36:12	1	M50	1966	09:40	23:30	24:34	24:45	25:13	25:17	26:17	27:55	28:37		
2	220	Neumann Markus	*Köln	3:41:12	1	M45	1970	11:25	26:35	26:52	26:26	26:24	25:35	25:36	25:42	26:13		
3	206	Eckstein Raik	HELOT	3:49:15	1	M40	1974	10:57	26:11	26:49	26:59	26:51	26:54	27:34	29:25	27:13		
4	219	Minnebusch Dirk	LT Bittermark Dortmund	3:49:26	2	M45	1971	11:05	27:17	27:54	28:10	27:49	27:18	26:50	26:20	26:09		
5	216	Loeber Ralf	100 MC	3:49:35	2	M40	1977	11:05	26:45	27:19	27:07	27:46	26:46	26:36	28:19	27:30		
6	212	Kröling Matthias	LG Ultralauf	3:50:04	1	MHK	1989	11:03	26:53	26:04	26:11	26:20	27:01	27:38	28:55	29:37		
7	251	Feldgen Thomas	VIVAWEST - Marathon	3:50:34	1	M30	1985	10:13	25:27	25:25	26:11	26:52	27:37	29:33	29:24	29:27		
8	226	Van Loo Christian	*Brühl	3:51:52	1	M55	1959	10:57	26:11	26:49	27:31	28:46	27:34	28:10	28:48	26:36		
9	224	Sowade Uli	Run of Colors Promoteam	3:52:52	3	M45	1970	11:04	26:33	26:23	26:24	26:40	27:17	27:56	30:08	30:07		
10	227	Van Rompaey Jurgen	*Oosthoven	3:53:19	4	M45	1970	10:46	27:51	27:47	27:46	28:08	27:10	27:23	27:37	28:29		
11	207	Ernst Andreas	*Mayen	3:55:04	2	M30	1987	09:39	23:30	23:46	23:58	23:55	28:37	33:12	32:53	35:10		
12	225	Thies Dirk	*Dormagen	3:55:34	2	M50	1965	10:29	26:40	27:11	27:19	27:26	27:28	27:31	29:13	31:55		
13	230	Wolfgramm Klaus	RC-Endspurt Herford / 100MC	3:55:53	1	M60	1957	11:15	26:46	27:38	27:02	27:10	27:30	27:49	29:18	30:59		
14	252	Mues Bernhard	ASC Ulm / Neu-Ulm 011	3:57:32	5	M45	1969	12:08	28:07	28:03	28:08	28:13	28:02	28:49	28:28	27:16		
15	213	Krott Christoph	SV Viktoria Goch	4:04:54	2	M55	1961	11:36	29:06	28:51	28:51	29:21	29:24	29:03	29:17	29:01		
16	231	Ziegler Sven	LT Alt-Erkrath	4:05:51	3	M40	1977	11:43	28:48	29:18	29:55	29:11	29:34	29:52	28:45	28:24		
17	217	Löhr Stefan	LT Hertha Buschhoven	4:07:33	6	M45	1970	11:43	28:48	29:18	29:54	29:11	29:34	29:51	29:42	29:09		
18	209	Hofmann Friedhelm	Hunsrück Marathon e.V.	4:07:33	3	M50	1965	11:36	28:25	29:38	30:02	29:13	29:34	29:48	29:44	29:10		
19	221	Nolte Dirk	*Düsseldorf	4:14:37	1	M35	1982	11:06	26:44	27:20	27:07	27:46	31:27	32:39	35:08	34:56		
20	214	Kuczman Dominik	*Köln	4:24:41	2	MHK	1994	13:05	30:46	30:14	30:25	30:07	31:11	31:08	35:03	32:22		
21	260	Nofftz Klaus	Run for Fun Leverkusen	4:25:26	2	M60	1957	11:17	27:31	27:59	28:25	29:25	31:15	33:02	37:56	38:08		
22	215	Lechelt Stefan	RUN	4:25:57	4	M40	1975	11:42	28:30	29:43	28:34	28:20	30:05	32:48	38:17	37:34		

## Frauen

Platz	Start.	Name	Verein/*Ort	Brutto	AK-Pl	AK	Jahr	Rundenzeiten (2.195km Runde / 5km Runden)								
1	205	Diawuoh Annabel	KTT 01	3:25:03	1	WHK	1989	08:59	22:51	23:20	23:36	24:49	24:37	24:56	25:56	25:42
2	222	Pflug Gina	LT Alt-Erkrath	4:07:33	1	W35	1982	11:43	28:48	29:18	29:54	29:11	29:36	29:49	29:42	29:09