

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Männer

Seite 1
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|-------------------------|----------------------------|---------|-----------|----------|------------|-----------------|
| 1 | 2255 | Zamzam Abid | TMS | 0:15:34 | 1990 M20 | 1 | 0:15:37 | 3:07 min/km |
| 2 | 2445 | Miereczko Maciek | Sebamed Team | 0:15:40 | 1979 M35 | 1 | 0:15:41 | 3:08 min/km |
| 3 | 1452 | Abel Lucas | Bunert - Der Kölner | 0:15:57 | 1994 M20 | 2 | 0:15:58 | 3:12 min/km |
| 4 | 1118 | Schoenball Patrick | *Köln | 0:16:11 | 1989 M20 | 3 | 0:16:13 | 3:14 min/km |
| 5 | 1404 | Giesen René | Bunert - Der Kölner | 0:16:37 | 1993 M20 | 4 | 0:16:39 | 3:20 min/km |
| 6 | 2400 | Kreitner Max | Bunert-Der Kölner | 0:16:56 | 1994 M20 | 5 | 0:16:58 | 3:23 min/km |
| 7 | 2233 | Sandten Matthias | LSC Höchststadt | 0:17:13 | 1993 M20 | 6 | 0:17:17 | 3:27 min/km |
| 8 | 2410 | El Makrini Hakim | LT DSHS Köln | 0:17:21 | 1974 M40 | 1 | 0:17:23 | 3:28 min/km |
| 9 | 2437 | Knapp Jakob | LG Gummersbach | 0:17:47 | 1999 MU20 | 1 | 0:17:50 | 3:34 min/km |
| 10 | 2438 | Kalogeropoulos Leonidas | LG Gummersbach | 0:17:48 | 1999 MU20 | 2 | 0:17:50 | 3:34 min/km |
| 11 | 1702 | Orth Tobias | *Wuppertal | 0:17:49 | 1999 MU20 | 3 | 0:17:51 | 3:34 min/km |
| 12 | 2090 | Nestvogel Benjamin | 1988 | 0:18:03 | 1988 M20 | 7 | 0:18:05 | 3:37 min/km |
| 13 | 666 | Kaczmarczyk Denis | *Köln | 0:18:06 | 1990 M20 | 8 | 0:18:09 | 3:37 min/km |
| 14 | 2029 | Weiner Pascal | Medora Sports | 0:18:19 | 1993 M20 | 9 | 0:18:20 | 3:40 min/km |
| 15 | 1870 | Penno Winni | SSG Königswinter | 0:18:35 | 1969 M45 | 1 | 0:18:39 | 3:43 min/km |
| 16 | 2238 | Nowicki-Koth Jakob | SFD'75 Düsseldorf | 0:18:41 | 2001 MU18 | 1 | 0:18:45 | 3:44 min/km |
| 17 | 978 | Rath Andreas | TLV Germania Überry | 0:18:43 | 1982 M35 | 2 | 0:18:46 | 3:45 min/km |
| 18 | 1415 | Jesinghaus Marvin | LG Remscheid | 0:18:52 | 1998 MU20 | 4 | 0:18:54 | 3:46 min/km |
| 19 | 466 | Ehmer Jonas | *Köln | 0:19:01 | 1993 M20 | 10 | 0:19:05 | 3:48 min/km |
| 20 | 1682 | Müller Maximilian | Laz Puma Rhein Sieg | 0:19:05 | 1998 MU20 | 5 | 0:19:07 | 3:49 min/km |
| 21 | 2251 | Weber Eiken | Mach 3 Köln | 0:19:10 | 1980 M35 | 3 | 0:19:11 | 3:50 min/km |
| 22 | 1402 | Bruns Oliver | Bunert - Der Kölner | 0:19:13 | 1981 M35 | 4 | 0:19:16 | 3:51 min/km |
| 23 | 1350 | Schultes Roman | Blaue Funken Köln | 0:19:24 | 1986 M30 | 1 | 0:19:27 | 3:53 min/km |
| 24 | 2446 | Lange Ralf | | 0:19:26 | 1966 M50 | 1 | 0:19:28 | 3:53 min/km |
| 25 | 1984 | Pfanschilling Marvin | *Köln | 0:19:27 | 1992 M20 | 11 | 0:19:30 | 3:53 min/km |
| 26 | 1123 | Schreer Fabian | LG Gummersbach | 0:19:34 | 2000 MU18 | 2 | 0:19:37 | 3:55 min/km |
| 27 | 751 | Stamm Hendrik | Team17 | 0:19:35 | 1997 M20 | 12 | 0:19:40 | 3:55 min/km |
| 28 | 1808 | Szepanski Michael | LG Gummersbach | 0:19:37 | 1996 M20 | 13 | 0:19:41 | 3:56 min/km |
| 29 | 2241 | Dietrich Patrick | Laufsport Bunert | 0:19:45 | 1992 M20 | 14 | 0:19:47 | 3:57 min/km |
| 30 | 2123 | Glahn Lutz | FOOTBED FIGHTER | 0:19:58 | 1967 M50 | 2 | 0:20:02 | 3:60 min/km |
| 31 | 755 | Merz Boris | KarlsPrintenSprinten | 0:20:02 | 1970 M45 | 2 | 0:20:36 | 4:00 min/km |
| 32 | 1904 | Cirpka Enno | WDR-aktiv | 0:20:17 | 1963 M50 | 3 | 0:20:22 | 4:04 min/km |
| 33 | 1001 | Winters Laurin | *Frechen | 0:20:24 | 1990 M20 | 15 | 0:20:28 | 4:05 min/km |
| 34 | 1730 | Schneider Ben Ben | CYT NAO PT | 0:20:28 | 1974 M40 | 2 | 0:20:33 | 4:06 min/km |
| 35 | 1313 | Färber Luis | *Hürth | 0:20:51 | 1996 M20 | 16 | 0:20:58 | 4:10 min/km |
| 36 | 1563 | Köhler Jimmy | KRÜGER Group Running | 0:21:03 | 1972 M45 | 3 | 0:21:10 | 4:13 min/km |
| 37 | 152 | Loehrer Tim | *Koeln | 0:21:07 | 2004 MU14 | 1 | 0:21:10 | 4:13 min/km |
| 38 | 1836 | Opitz Björn | TV Refrath | 0:21:08 | 1974 M40 | 3 | 0:21:11 | 4:14 min/km |
| 39 | 2013 | Riedel Oliver | TSV Dieringhausen | 0:21:14 | 1979 M35 | 5 | 0:21:26 | 4:15 min/km |
| 40 | 2127 | Rohr Dominik | FOOTBED FIGHTER | 0:21:15 | 1989 M20 | 17 | 0:21:19 | 4:15 min/km |
| 41 | 632 | Weber Michael | VFB Wissen | 0:21:52 | 1965 M50 | 4 | 0:22:16 | 4:22 min/km |
| 42 | 711 | Breuer Claus | Siemens geht Industrie 4.0 | 0:21:52 | 1979 M35 | 6 | 0:22:03 | 4:23 min/km |
| 43 | 495 | Moldehn Tjark | *Hannover | 0:22:02 | 1993 M20 | 18 | 0:22:25 | 4:25 min/km |
| 44 | 1634 | Hantsch Malte | Sparda-Bank Laufteam | 0:22:04 | 2001 MU18 | 3 | 0:22:31 | 4:25 min/km |
| 45 | 634 | Weber Markus | VFB Wissen | 0:22:05 | 1995 M20 | 19 | 0:22:30 | 4:25 min/km |
| 46 | 1434 | Klang Karl | *Radevormwald | 0:22:11 | 1961 M55 | 1 | 0:23:03 | 4:26 min/km |
| 47 | 2138 | Stabe Marcus | Jecke Dom | 0:22:14 | 1970 M45 | 4 | 0:22:40 | 4:27 min/km |
| 48 | 2432 | Uebele Joachim | TV Refrath | 0:22:22 | 1962 M55 | 2 | 0:22:26 | 4:29 min/km |
| 49 | 1180 | Hagemann Udo | TV Witzhelden | 0:22:33 | 1970 M45 | 5 | 0:22:55 | 4:31 min/km |
| 50 | 1832 | Friedrich Luka | BSG EVL Leverkusen | 0:22:36 | 1999 MU20 | 6 | 0:22:40 | 4:31 min/km |
| 51 | 973 | Schulze Roberg Michael | *Köln | 0:22:38 | 1982 M35 | 7 | 0:23:09 | 4:32 min/km |
| 52 | 657 | Meyer Bastian | *Köln | 0:22:43 | 1985 M30 | 2 | 0:23:20 | 4:33 min/km |
| 53 | 2126 | Simon Samson | FOOTBED FIGHTER | 0:22:46 | 1983 M30 | 3 | 0:22:55 | 4:33 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Männer

Seite 2
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|---------------------|-------------------------|---------|-----------|----------|------------|-----------------|
| 54 | 2130 | Knarr Fabian | FOOTBED FIGHTER | 0:22:50 | 1988 M20 | 20 | 0:22:55 | 4:34 min/km |
| 55 | 1588 | Ochs Manuel | *Wuppertal | 0:23:08 | 1983 M30 | 4 | 0:23:39 | 4:38 min/km |
| 56 | 2100 | Ewert Stefan | KSK KÖLN | 0:23:09 | 1977 M40 | 4 | 0:23:22 | 4:38 min/km |
| 57 | 491 | Schreiter Rüdiger | *Duisburg | 0:23:11 | 1971 M45 | 6 | 0:23:27 | 4:38 min/km |
| 58 | 2259 | Fenich Mohamad | | 0:23:20 | 1957 M60 | 1 | 0:23:28 | 4:40 min/km |
| 59 | 1506 | Mies Thorsten | Team ERDINGER | 0:23:20 | 1976 M40 | 5 | 0:23:27 | 4:40 min/km |
| 60 | 983 | Braun Oliver | Team Talanx | 0:23:24 | 1983 M30 | 5 | 0:23:31 | 4:41 min/km |
| 61 | 754 | Ganser Stephan | KarlsPrintenSprinten | 0:23:30 | 1973 M40 | 6 | 0:24:05 | 4:42 min/km |
| 62 | 756 | Klasen Max | KarlsPrintenSprinten | 0:23:34 | 1954 M60 | 2 | 0:24:06 | 4:43 min/km |
| 63 | 471 | Miege Johannes | Blau-Weiß Borssum | 0:23:40 | 1972 M45 | 7 | 0:24:15 | 4:44 min/km |
| 64 | 629 | Feindt Reinhard | TV Refrath | 0:23:46 | 1950 M65 | 1 | 0:23:59 | 4:45 min/km |
| 65 | 2109 | Newald Marc Brian | SV 19 Straelen e.V | 0:23:49 | 2003 MU16 | 1 | 0:24:03 | 4:46 min/km |
| 66 | 1647 | Morris Mark | *Köln | 0:23:49 | 1980 M35 | 8 | 0:25:21 | 4:46 min/km |
| 67 | 1530 | König Ralph | LSF Münster | 0:23:53 | 1965 M50 | 5 | 0:24:38 | 4:47 min/km |
| 68 | 1087 | Tolles Marius | *Köln | 0:23:57 | 1980 M35 | 9 | 0:24:27 | 4:48 min/km |
| 69 | 635 | Weber Oliver | VFB Wissen | 0:23:58 | 1998 MU20 | 7 | 0:24:23 | 4:48 min/km |
| 70 | 957 | Becker Marc | PSV Köln Abt. | 0:24:01 | 1996 M20 | 21 | 0:24:22 | 4:48 min/km |
| 71 | 2101 | Schwesig Oliver | *Königswinter | 0:24:03 | 1970 M45 | 8 | 0:24:09 | 4:49 min/km |
| 72 | 2087 | Tegründe Stephan | *Duisburg | 0:24:08 | 1968 M45 | 9 | 0:25:15 | 4:50 min/km |
| 73 | 942 | Dittmar Christian | PSV Köln Abt. | 0:24:23 | 2000 MU18 | 4 | 0:24:44 | 4:53 min/km |
| 74 | 1483 | Scharf Michael | TV Witzhelden | 0:24:24 | 1970 M45 | 10 | 0:24:32 | 4:53 min/km |
| 75 | 1812 | Westphal Dieter | RC Schmitter | 0:24:28 | 1965 M50 | 6 | 0:24:52 | 4:54 min/km |
| 76 | 1813 | Westphal Elias | TV Alpenglühn | 0:24:28 | 2004 MU14 | 2 | 0:24:52 | 4:54 min/km |
| 77 | 594 | Engels Rene | *Frechen | 0:24:29 | 1993 M20 | 22 | 0:24:47 | 4:54 min/km |
| 78 | 1831 | Friedrich Thomas | BSG EVL Leverkusen | 0:24:35 | 1966 M50 | 7 | 0:24:50 | 4:55 min/km |
| 79 | 318 | Blümel Jens-Michael | TWT Interactive GmbH | 0:24:44 | 1984 M30 | 6 | 0:25:44 | 4:57 min/km |
| 80 | 1459 | Eyl Ansgar | *Kleinmaischeid | 0:24:57 | 1969 M45 | 11 | 0:25:07 | 4:59 min/km |
| 81 | 2190 | Scannell Peter | | 0:25:03 | 1989 M20 | 23 | 0:26:04 | 5:01 min/km |
| 82 | 1433 | Schuschke Jörg | *Radevormwald | 0:25:03 | 1984 M30 | 7 | 0:25:56 | 5:01 min/km |
| 83 | 2069 | Klinghardt Lars | Running Bees | 0:25:07 | 1972 M45 | 12 | 0:25:14 | 5:01 min/km |
| 84 | 2243 | Krämer Sebastian | | 0:25:08 | 1990 M20 | 24 | 0:25:52 | 5:02 min/km |
| 85 | 1826 | Weller Mika | Team Tripple Generation | 0:25:08 | 2008 MU10 | 1 | 0:25:32 | 5:02 min/km |
| 86 | 2140 | Stabe Colin | Jecke Dom | 0:25:09 | 2008 MU10 | 2 | 0:25:33 | 5:02 min/km |
| 87 | 1442 | Strunden Mitja | Mitjarun | 0:25:24 | 2004 MU14 | 3 | 0:25:30 | 5:05 min/km |
| 88 | 1443 | Strunden Markus | Mitjarun | 0:25:24 | 1970 M45 | 13 | 0:25:30 | 5:05 min/km |
| 89 | 658 | Kohles Erhard | DJK Wissen-Selbach | 0:25:26 | 1950 M65 | 2 | 0:25:52 | 5:05 min/km |
| 90 | 1816 | Krüger Jens | LG | 0:25:27 | 1963 M50 | 8 | 0:25:42 | 5:06 min/km |
| 91 | 1941 | Steffny Manfred | | 0:25:30 | 1943 M70 | 1 | 0:25:36 | 5:06 min/km |
| 92 | 1270 | Baumgarten Yaniz | Alemannia Aachen | 0:25:36 | 2002 MU16 | 2 | 0:25:39 | 5:07 min/km |
| 93 | 2236 | Weinand Christian | | 0:25:36 | 1983 M30 | 8 | 0:25:47 | 5:07 min/km |
| 94 | 2223 | Diepold Alfred | | 0:25:36 | 1976 M40 | 7 | 0:25:47 | 5:07 min/km |
| 95 | 1740 | Schmitz Steven | Sparda-Bank Laufteam | 0:25:37 | 1987 M30 | 9 | 0:26:59 | 5:07 min/km |
| 96 | 1500 | Mauel Olivier | *Eynatten | 0:25:42 | 1975 M40 | 8 | 0:25:52 | 5:08 min/km |
| 97 | 1643 | Gebhardt Thomas | *Köln | 0:25:43 | 1987 M30 | 10 | 0:26:10 | 5:09 min/km |
| 98 | 1760 | Ossing Klaus | *Köln | 0:25:45 | 1965 M50 | 9 | 0:25:57 | 5:09 min/km |
| 99 | 1749 | Schuster Frank | Sparda-Bank Laufteam | 0:25:46 | 1985 M30 | 11 | 0:26:33 | 5:09 min/km |
| 100 | 572 | Reinicke Thomas | *Stolberg | 0:25:52 | 1978 M35 | 10 | 0:27:01 | 5:11 min/km |
| 101 | 477 | Ponholzer Klaus | *Düren | 0:25:53 | 1965 M50 | 10 | 0:25:58 | 5:11 min/km |
| 102 | 1669 | Thielen Philipp | TTC DJK Hennef | 0:26:04 | 2005 MU14 | 4 | 0:26:09 | 5:13 min/km |
| 103 | 1883 | Schoeler Marc | ASV Köln | 0:26:07 | 1963 M50 | 11 | 0:26:48 | 5:14 min/km |
| 104 | 2125 | Bornträger Marek | FOOTBED FIGHTER | 0:26:16 | 1979 M35 | 11 | 0:26:24 | 5:15 min/km |
| 105 | 326 | Brandt Karsten | donnerwetter.de GmbH | 0:26:18 | 1973 M40 | 9 | 0:26:29 | 5:16 min/km |
| 106 | 766 | Lüssem Lothar | *Köln | 0:26:26 | 1971 M45 | 14 | 0:26:36 | 5:17 min/km |
| 107 | 2054 | Drecker Daniel | *Kerpen | 0:26:29 | 1984 M30 | 12 | 0:26:40 | 5:18 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Männer

Seite 3
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|------------------------|-----------------------------|---------|-----------|----------|------------|-----------------|
| 108 | 1635 | Hantsch Arne | Sparda-Bank Laufteam | 0:26:31 | 2003 MU16 | 3 | 0:26:59 | 5:18 min/km |
| 109 | 2237 | Endres Mario | | 0:26:40 | 1981 M35 | 12 | 0:26:51 | 5:20 min/km |
| 110 | 2242 | Gottschalk Markus | | 0:26:45 | 1982 M35 | 13 | 0:26:55 | 5:21 min/km |
| 111 | 813 | Scheffler Horst | *Euskirchen | 0:26:55 | 1955 M60 | 3 | 0:28:00 | 5:23 min/km |
| 112 | 1894 | Dempwolf Thomas | *Rösrath | 0:26:57 | 1961 M55 | 3 | 0:27:00 | 5:24 min/km |
| 113 | 1521 | Wagner David | *Rösrath | 0:27:06 | 1995 M20 | 25 | 0:28:30 | 5:25 min/km |
| 113 | 1817 | Manns Michael | *Korschenbroich | 0:27:06 | 1975 M40 | 10 | 0:27:37 | 5:25 min/km |
| 115 | 1874 | Schneider Jens | *Düsseldorf | 0:27:06 | 1968 M45 | 15 | 0:27:37 | 5:25 min/km |
| 116 | 2436 | Heimes Dirk | *Finnentrop | 0:27:16 | 1949 M65 | 3 | 0:27:46 | 5:27 min/km |
| 117 | 494 | Pahl Heiner | *Hannover | 0:27:20 | 1956 M60 | 4 | 0:27:43 | 5:28 min/km |
| 118 | 250 | Wagner Sebastian | Görgens Gruppe | 0:27:21 | 1988 M20 | 26 | 0:28:26 | 5:28 min/km |
| 119 | 1381 | Ommernborn Frank | ABRE | 0:27:29 | 1969 M45 | 16 | 0:28:30 | 5:30 min/km |
| 120 | 1382 | Hammer Patrick | ABRE | 0:27:34 | 1984 M30 | 13 | 0:28:37 | 5:31 min/km |
| 121 | 1176 | Koch Pascal | *Wesseling | 0:27:35 | 1991 M20 | 27 | 0:28:16 | 5:31 min/km |
| 122 | 1083 | Backhaus Oliver | *Köln | 0:27:36 | 1990 M20 | 28 | 0:28:07 | 5:31 min/km |
| 123 | 148 | Vornweg Juergen | *Euskirchen | 0:27:40 | 1971 M45 | 17 | 0:28:22 | 5:32 min/km |
| 124 | 67 | Hoppe Hans-Bernd | *Soest | 0:27:41 | 1963 M50 | 12 | 0:28:19 | 5:32 min/km |
| 125 | 1081 | Wandres Sven | *Ingolstadt | 0:27:43 | 1989 M20 | 29 | 0:28:35 | 5:33 min/km |
| 126 | 649 | Krull Andre | Siemens geht Industrie 4.0 | 0:27:44 | 1974 M40 | 11 | 0:28:21 | 5:33 min/km |
| 127 | 650 | Schulz Tom | Siemens geht Industrie 4.0 | 0:27:47 | 1959 M55 | 4 | 0:28:23 | 5:34 min/km |
| 128 | 1102 | Wischniowski Lars | *Köln | 0:27:48 | 1973 M40 | 12 | 0:28:17 | 5:34 min/km |
| 129 | 2036 | Penka Jonas | *Pulheim | 0:27:56 | 2005 MU14 | 5 | 0:28:19 | 5:35 min/km |
| 130 | 56 | Lorenz Bernd | *Köln | 0:28:03 | 1984 M30 | 14 | 0:29:12 | 5:37 min/km |
| 131 | 1594 | Becker Heinrich | *Köln | 0:28:04 | 1953 M60 | 5 | 0:28:16 | 5:37 min/km |
| 132 | 1513 | Celebija Luka | LG Wipperfürth | 0:28:05 | 2005 MU14 | 6 | 0:28:25 | 5:37 min/km |
| 133 | 1512 | Celebija Drazen | Barbariga | 0:28:07 | 1968 M45 | 18 | 0:28:27 | 5:38 min/km |
| 134 | 1495 | Treutlein Thomas | BSG EVL-Lauftreff | 0:28:14 | 1967 M50 | 13 | 0:28:28 | 5:39 min/km |
| 135 | 1825 | Lorenz Joonas | Team Tripple Generation | 0:28:16 | 1978 M35 | 14 | 0:28:41 | 5:39 min/km |
| 136 | 1627 | Balve Bastian | Sparda-Bank Laufteam | 0:28:18 | 1990 M20 | 30 | 0:29:25 | 5:40 min/km |
| 137 | 687 | Fredmüller Udo | ADES | 0:28:21 | 1951 M65 | 4 | 0:28:26 | 5:40 min/km |
| 138 | 2402 | Posch PN | | 0:28:22 | 1978 M35 | 15 | 0:28:29 | 5:40 min/km |
| 139 | 2401 | Posch Ludwig | | 0:28:22 | 2005 MU14 | 7 | 0:28:29 | 5:41 min/km |
| 140 | 141 | Dillmann Mario | 1.FC Köln | 0:28:23 | 1976 M40 | 13 | 0:29:24 | 5:41 min/km |
| 141 | 647 | Frank Torsten | Siemens läuft Industrie 4.0 | 0:28:30 | 1972 M45 | 19 | 0:29:07 | 5:42 min/km |
| 142 | 481 | Gojanaj Davor | IDK Kleinjohann GmbH & | 0:28:30 | 1985 M30 | 15 | 0:29:48 | 5:42 min/km |
| 143 | 2037 | Penka Olaf | *Much | 0:28:35 | 1971 M45 | 20 | 0:28:59 | 5:43 min/km |
| 144 | 2026 | Borries Christoph | *Grevenbroich | 0:28:35 | 1964 M50 | 14 | 0:29:00 | 5:43 min/km |
| 145 | 2186 | Bundschuh Tobias | | 0:28:41 | 2002 MU16 | 4 | 0:28:59 | 5:44 min/km |
| 146 | 444 | Decker Tim | Team Magenta | 0:28:41 | 1987 M30 | 16 | 0:29:30 | 5:44 min/km |
| 147 | 261 | Manjarres Mauricio | Görgens Gruppe | 0:28:56 | 1970 M45 | 21 | 0:30:00 | 5:47 min/km |
| 148 | 259 | Schumacher Alexander | Görgens Gruppe | 0:28:57 | 1990 M20 | 31 | 0:30:00 | 5:48 min/km |
| 149 | 2226 | Scherzer Tobias | Norden | 0:28:59 | 1976 M40 | 14 | 0:30:16 | 5:48 min/km |
| 150 | 2020 | Holz Gerd | Läufer mit Herz | 0:29:04 | 1971 M45 | 22 | 0:29:33 | 5:49 min/km |
| 151 | 1308 | Vehreschild Karl-Heinz | TSV Weeze | 0:29:08 | 1951 M65 | 5 | 0:29:27 | 5:50 min/km |
| 152 | 1103 | Letzner Ralph | *Köln | 0:29:15 | 1969 M45 | 23 | 0:29:45 | 5:51 min/km |
| 153 | 592 | Wagner Ralph | VfB Wissen | 0:29:15 | 1967 M50 | 15 | 0:29:51 | 5:51 min/km |
| 154 | 2246 | Stralla Michael | | 0:29:17 | 1980 M35 | 16 | 0:30:12 | 5:52 min/km |
| 155 | 480 | Causemann Matthias | IDK Kleinjohann GmbH & | 0:29:18 | 1987 M30 | 17 | 0:30:36 | 5:52 min/km |
| 156 | 748 | Langen Sven | *Kerpen | 0:29:32 | 1982 M35 | 17 | 0:29:40 | 5:55 min/km |
| 157 | 707 | Wehnert André | *Frechen | 0:29:34 | 1972 M45 | 24 | 0:30:41 | 5:55 min/km |
| 158 | 1076 | Frech Andreas | *Dormagen | 0:29:35 | 1974 M40 | 15 | 0:30:21 | 5:55 min/km |
| 159 | 706 | Möcker Uwe | *Bergheim | 0:29:35 | 1962 M55 | 5 | 0:30:41 | 5:55 min/km |
| 160 | 1002 | Langen Andreas | *Köln | 0:29:40 | 1994 M20 | 32 | 0:30:48 | 5:56 min/km |
| 161 | 674 | Vogels Jürgen | SC Will | 0:29:41 | 1962 M55 | 6 | 0:29:57 | 5:56 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Männer

Seite 4
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|------------------------|-----------------------|---------|-----------|----------|------------|-----------------|
| 162 | 1003 | Vitz Maximilian | *Köln | 0:29:41 | 1994 M20 | 33 | 0:30:48 | 5:56 min/km |
| 163 | 434 | Lemmens Thomas | Prinzengarde Kempen | 0:29:42 | 1963 M50 | 16 | 0:30:38 | 5:57 min/km |
| 164 | 794 | Schneider Stefan | *Erfurt | 0:29:44 | 1983 M30 | 18 | 0:30:00 | 5:57 min/km |
| 165 | 2191 | Patience Michael | | 0:29:44 | 1984 M30 | 19 | 0:30:44 | 5:57 min/km |
| 166 | 1337 | Leibham Andreas | *Köln | 0:29:46 | 1967 M50 | 17 | 0:29:49 | 5:57 min/km |
| 167 | 2222 | Plessnig Thomas | | 0:29:47 | 1982 M35 | 18 | 0:29:57 | 5:57 min/km |
| 168 | 1494 | Pesch Stephan | EVL Laufftreff | 0:29:47 | 1972 M45 | 25 | 0:30:03 | 5:58 min/km |
| 169 | 0 | unbekannt CH34308 | | 0:29:56 | 0 M20 | 34 | 0:30:11 | 5:59 min/km |
| 170 | 864 | Schmid Werner | TuS Viktoria Rietberg | 0:29:57 | 1950 M65 | 6 | 0:31:23 | 5:59 min/km |
| 171 | 1275 | Oberzier Simon | *Frechen | 0:29:57 | 2004 MU14 | 8 | 0:30:18 | 5:60 min/km |
| 172 | 1274 | Oberzier Ralph | *Frechen | 0:29:57 | 1970 M45 | 26 | 0:30:18 | 5:60 min/km |
| 173 | 896 | Denes Hans | *Urmitz | 0:29:58 | 1959 M55 | 7 | 0:30:31 | 5:60 min/km |
| 174 | 499 | Fulneczek Thomas | *Bottrop | 0:30:00 | 1975 M40 | 16 | 0:31:14 | 6:00 min/km |
| 175 | 315 | Meurer Dieter | Görgens Gruppe | 0:30:07 | 1957 M60 | 6 | 0:31:09 | 6:01 min/km |
| 176 | 438 | Decker Dennis | Team Magenta | 0:30:07 | 1984 M30 | 20 | 0:30:57 | 6:01 min/km |
| 177 | 2086 | Schmitt Florian | Roadrunner | 0:30:07 | 2006 MU12 | 1 | 0:30:24 | 6:02 min/km |
| 178 | 2085 | Schmidtke Tim | Roadrunner | 0:30:08 | 2006 MU12 | 2 | 0:30:24 | 6:02 min/km |
| 179 | 0 | unbekannt DY9GD74 | | 0:30:16 | 0 M20 | 35 | 0:31:45 | 6:03 min/km |
| 180 | 1427 | Peters Stefan | *Mönchengladbach | 0:30:18 | 1974 M40 | 17 | 0:31:37 | 6:04 min/km |
| 181 | 1518 | Wagner Karl-Heinz | *Rösrath | 0:30:19 | 1963 M50 | 18 | 0:31:43 | 6:04 min/km |
| 182 | 1861 | Medina Francisco | Team RTL-Wir helfen | 0:30:25 | 1977 M40 | 18 | 0:30:28 | 6:05 min/km |
| 183 | 240 | Hienzsch Christian | Görgens Gruppe | 0:30:27 | 1975 M40 | 19 | 0:31:29 | 6:05 min/km |
| 184 | 1772 | Sener Tolga | Team H.U.L.K. | 0:30:27 | 1981 M35 | 19 | 0:31:02 | 6:05 min/km |
| 185 | 602 | Gottheiner Gero | *Köln | 0:30:35 | 1986 M30 | 21 | 0:31:43 | 6:07 min/km |
| 186 | 2084 | Schmidtke Marco | Roadrunner | 0:30:37 | 1973 M40 | 20 | 0:30:55 | 6:08 min/km |
| 187 | 1671 | Thielen Jens | *Hennef | 0:30:48 | 1969 M45 | 27 | 0:31:06 | 6:10 min/km |
| 188 | 716 | Gerhards Sebastian | *Monheim | 0:30:52 | 1984 M30 | 22 | 0:30:58 | 6:11 min/km |
| 189 | 915 | Topel Tim | *Neunkirchen | 0:30:58 | 2009 MU10 | 3 | 0:31:36 | 6:12 min/km |
| 190 | 914 | Schröder Peter | *Neunkirchen | 0:30:59 | 1966 M50 | 19 | 0:31:37 | 6:12 min/km |
| 191 | 2089 | Rösgen Michael | *Leverkusen | 0:31:04 | 1944 M70 | 2 | 0:31:27 | 6:13 min/km |
| 192 | 2164 | Van de Löcht Christian | AOK-Laufteam | 0:31:06 | 1977 M40 | 21 | 0:32:18 | 6:13 min/km |
| 193 | 2158 | Bolz Michael | AOK-Laufteam | 0:31:10 | 1983 M30 | 23 | 0:32:22 | 6:14 min/km |
| 194 | 2249 | Cramer Christian | | 0:31:16 | 1975 M40 | 22 | 0:32:43 | 6:15 min/km |
| 195 | 347 | Zimmermann Andreas | *Bergisch Gladbach | 0:31:16 | 1983 M30 | 24 | 0:31:43 | 6:15 min/km |
| 196 | 1225 | Rehberg Max | *Hürth | 0:31:21 | 1996 M20 | 36 | 0:32:37 | 6:16 min/km |
| 197 | 2200 | Mirgeler Carsten | | 0:31:21 | 1983 M30 | 25 | 0:31:39 | 6:16 min/km |
| 198 | 414 | Tinibel Stefan | HUELG | 0:31:21 | 1966 M50 | 20 | 0:31:50 | 6:16 min/km |
| 199 | 1603 | Röhrig Wolfgang | LG RWE Power | 0:31:26 | 1955 M60 | 7 | 0:31:46 | 6:17 min/km |
| 200 | 1701 | Biere Jan | *Wuppertal | 0:31:31 | 1982 M35 | 20 | 0:31:40 | 6:18 min/km |
| 201 | 1428 | Groh Sebastian | BSG Evl Leverkusen | 0:31:37 | 1975 M40 | 23 | 0:32:15 | 6:19 min/km |
| 202 | 2052 | Bertrams Reinhard | *Köln | 0:31:40 | 1964 M50 | 21 | 0:32:44 | 6:20 min/km |
| 203 | 761 | Kaufmann Carsten | KarlsPrintenSprinten | 0:31:56 | 1977 M40 | 24 | 0:32:32 | 6:23 min/km |
| 203 | 1301 | Höfl Stefan | *Köln | 0:31:56 | 1980 M35 | 21 | 0:32:50 | 6:23 min/km |
| 205 | 2136 | Bundschuh Thomas | RheinEnergie AG | 0:31:57 | 1970 M45 | 28 | 0:32:14 | 6:24 min/km |
| 206 | 2076 | Hermes Thomas | *Leichlingen | 0:31:58 | 1969 M45 | 29 | 0:32:26 | 6:24 min/km |
| 207 | 1610 | Sampels Tobias | *Köln | 0:32:13 | 2003 MU16 | 5 | 0:32:17 | 6:27 min/km |
| 208 | 718 | Halbey Christian | *Monheim | 0:32:16 | 1978 M35 | 22 | 0:32:23 | 6:27 min/km |
| 209 | 1171 | Funk Thomas | *Lüdenscheid | 0:32:18 | 1965 M50 | 22 | 0:32:54 | 6:28 min/km |
| 210 | 1734 | Müllejjans Dieter | Sparda-Bank Laufteam | 0:32:19 | 1961 M55 | 8 | 0:33:40 | 6:28 min/km |
| 211 | 1907 | Schmidt Lars | *Holzminden | 0:32:22 | 1973 M40 | 25 | 0:33:19 | 6:29 min/km |
| 212 | 865 | Vollmer Franz-Josef | TuS Viktoria Rietberg | 0:32:48 | 1950 M65 | 7 | 0:34:17 | 6:34 min/km |
| 213 | 2161 | Wieland Lars | AOK-Laufteam | 0:32:49 | 1974 M40 | 26 | 0:33:32 | 6:34 min/km |
| 214 | 1743 | Stentenbach Felix | Sparda-Bank Laufteam | 0:32:57 | 2005 MU14 | 9 | 0:34:20 | 6:36 min/km |
| 215 | 1742 | Stentenbach Thomas | Sparda-Bank Laufteam | 0:32:57 | 1968 M45 | 30 | 0:34:21 | 6:36 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Männer

Seite 5
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|--------------------|----------------------------|---------|-----------|----------|------------|-----------------|
| 216 | 305 | Kögel Rolf | *Hürth | 0:32:59 | 1955 M60 | 8 | 0:33:18 | 6:36 min/km |
| 217 | 63 | SCHÖRKEN DR Gerd | *Duisburg | 0:33:11 | 1959 M55 | 9 | 0:34:21 | 6:38 min/km |
| 218 | 556 | Werner Kurt | *Mechernich | 0:33:21 | 1963 M50 | 23 | 0:33:40 | 6:40 min/km |
| 219 | 1391 | Schmitt Stefan | *Wilnsdorf | 0:33:22 | 1971 M45 | 31 | 0:33:29 | 6:41 min/km |
| 220 | 16 | Dresbach Frank | Cologne Allblacks | 0:33:23 | 1967 M50 | 24 | 0:34:49 | 6:41 min/km |
| 221 | 310 | Warnecke Stefan | Team Warnecke | 0:33:24 | 1979 M35 | 23 | 0:34:04 | 6:41 min/km |
| 222 | 1992 | Müller Mika | *Troisdorf | 0:33:28 | 1968 M45 | 32 | 0:34:22 | 6:42 min/km |
| 223 | 1107 | Stürtzer Carsten | *Overath | 0:33:35 | 1967 M50 | 25 | 0:34:13 | 6:43 min/km |
| 224 | 442 | Kutschera Bastian | Team Magenta | 0:33:42 | 2003 MU16 | 6 | 0:34:31 | 6:44 min/km |
| 225 | 443 | Kutschera Thomas | Team Magenta | 0:33:43 | 1965 M50 | 26 | 0:34:32 | 6:45 min/km |
| 226 | 2179 | Lickes Marcus | | 0:33:43 | 1970 M45 | 33 | 0:33:59 | 6:45 min/km |
| 227 | 110 | Wilke Elias | *Frechen | 0:33:56 | 2008 MU10 | 4 | 0:34:17 | 6:47 min/km |
| 228 | 1276 | Oberzier Jonas | *Frechen | 0:33:56 | 2008 MU10 | 5 | 0:34:18 | 6:47 min/km |
| 229 | 1084 | Steer Christian | *Köln | 0:34:03 | 1968 M45 | 34 | 0:34:37 | 6:49 min/km |
| 230 | 689 | Krug Clemens | *Köln | 0:34:03 | 1994 M20 | 37 | 0:34:56 | 6:49 min/km |
| 231 | 445 | Mainz Timo | Team Magenta | 0:34:04 | 1984 M30 | 26 | 0:34:54 | 6:49 min/km |
| 232 | 1733 | Minarz Michael | Sparda-Bank Laufteam | 0:34:06 | 1979 M35 | 24 | 0:35:24 | 6:49 min/km |
| 233 | 2248 | Karhausen Andreas | | 0:34:18 | 1968 M45 | 35 | 0:35:11 | 6:52 min/km |
| 234 | 1425 | Krons Michael | *Köln | 0:34:20 | 1957 M60 | 9 | 0:35:33 | 6:52 min/km |
| 235 | 508 | Leppin Jürgen | *Berlin | 0:34:24 | 1950 M65 | 8 | 0:34:51 | 6:53 min/km |
| 236 | 800 | Heller Franz-Josef | *Frechen | 0:34:37 | 1955 M60 | 10 | 0:34:57 | 6:55 min/km |
| 237 | 75 | Stark Heiner | LaufStark | 0:34:54 | 1969 M45 | 36 | 0:36:01 | 6:59 min/km |
| 238 | 321 | Weiß Michael | TWT Interactive GmbH | 0:35:02 | 1986 M30 | 27 | 0:36:01 | 7:00 min/km |
| 239 | 238 | Görgens Berthold | Görgens Gruppe | 0:35:07 | 1941 M75 | 1 | 0:36:13 | 7:01 min/km |
| 240 | 1970 | Leckel DR Marcus | *Bonn | 0:35:08 | 1967 M50 | 27 | 0:35:12 | 7:02 min/km |
| 241 | 805 | Nathan Carsten | *Brühl | 0:35:18 | 1968 M45 | 37 | 0:36:03 | 7:04 min/km |
| 242 | 2003 | Seel Evgenij | *Köln | 0:35:19 | 1973 M40 | 27 | 0:36:37 | 7:04 min/km |
| 243 | 1859 | Kons Wolfram | Team RTL-Wir helfen | 0:35:23 | 1964 M50 | 28 | 0:35:25 | 7:05 min/km |
| 244 | 1862 | Buder Daniel | Team RTL-Wir helfen | 0:35:24 | 1977 M40 | 28 | 0:35:25 | 7:05 min/km |
| 245 | 217 | Lahr Hans-Josef | *Ransbach-Baumbach | 0:35:25 | 1948 M65 | 9 | 0:36:55 | 7:05 min/km |
| 246 | 820 | Zitzen Bernd | Laufbursche | 0:35:27 | 1955 M60 | 11 | 0:36:51 | 7:06 min/km |
| 247 | 1897 | Reiners Werner | LT Monheim | 0:35:31 | 1949 M65 | 10 | 0:35:49 | 7:06 min/km |
| 248 | 2108 | Newald Jens | *Geldern | 0:35:35 | 1966 M50 | 29 | 0:35:49 | 7:07 min/km |
| 249 | 968 | Dittmann Lars | *Kerpen | 0:35:38 | 1970 M45 | 38 | 0:36:59 | 7:08 min/km |
| 250 | 2196 | Weisshaar Henry | | 0:35:43 | 2010 MU10 | 6 | 0:36:54 | 7:09 min/km |
| 251 | 189 | Scholz Marc-Eric | Sohnsche Leichtfüßler | 0:35:54 | 1990 M20 | 38 | 0:37:04 | 7:11 min/km |
| 252 | 2261 | Kopp Mathias | | 0:35:57 | 1964 M50 | 30 | 0:37:09 | 7:12 min/km |
| 253 | 350 | Wolf Andreas | *Bergisch Gladbach | 0:36:12 | 1988 M20 | 39 | 0:36:38 | 7:14 min/km |
| 254 | 1735 | Pfaller Marc | Sparda-Bank Laufteam | 0:36:14 | 1978 M35 | 25 | 0:37:02 | 7:15 min/km |
| 255 | 1573 | Mittmann Stefan | Sparda-Bank Rookies | 0:36:17 | 1978 M35 | 26 | 0:37:42 | 7:15 min/km |
| 256 | 517 | Klöckner Andreas | SHAK | 0:36:20 | 1983 M30 | 28 | 0:36:42 | 7:16 min/km |
| 257 | 1839 | Gerhard Marco | *Niederkassel | 0:36:23 | 1970 M45 | 39 | 0:37:19 | 7:17 min/km |
| 258 | 651 | Börgel Bernhard | Siemens geht Industrie 4.0 | 0:36:24 | 1954 M60 | 12 | 0:37:01 | 7:17 min/km |
| 259 | 1599 | Adamsky Stephan | TV Grünenthal 1893 e.V. | 0:36:24 | 1978 M35 | 27 | 0:37:38 | 7:17 min/km |
| 260 | 2440 | Kitzing Nils | Back Again | 0:36:39 | 1969 M45 | 40 | 0:37:02 | 7:20 min/km |
| 261 | 42 | Liebrich Uwe | *Köln | 0:36:54 | 1959 M55 | 10 | 0:37:02 | 7:23 min/km |
| 262 | 1063 | Kuhlmann Volker | *Hennef | 0:36:55 | 1967 M50 | 31 | 0:37:37 | 7:23 min/km |
| 263 | 1712 | Haug Gerrit | Sparda-Bank Rookies | 0:36:59 | 1978 M35 | 28 | 0:38:25 | 7:24 min/km |
| 264 | 1915 | Rosendahl Jonas | *Köln | 0:37:15 | 1991 M20 | 40 | 0:38:03 | 7:27 min/km |
| 265 | 507 | Schwarz Jörg | Polizei-SV Düsseldorf | 0:37:18 | 1969 M45 | 41 | 0:38:34 | 7:28 min/km |
| 266 | 532 | Kowski Thomas | *Bonn | 0:37:19 | 1988 M20 | 41 | 0:38:39 | 7:28 min/km |
| 267 | 247 | Skrynecki Thomas | Görgens Gruppe | 0:37:21 | 1975 M40 | 29 | 0:38:25 | 7:28 min/km |
| 268 | 191 | Sohn Thomas | Sohnsche Leichtfüßler | 0:37:27 | 1961 M55 | 11 | 0:38:36 | 7:30 min/km |
| 269 | 1592 | Schmitz Andreas | *Köln | 0:37:36 | 1977 M40 | 30 | 0:38:06 | 7:31 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Männer

Seite 6
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|---------------------|-------------------------|---------|-----------|----------|------------|-----------------|
| 270 | 2152 | Ihlow Werner | TV Norden | 0:37:53 | 1945 M70 | 3 | 0:38:43 | 7:35 min/km |
| 271 | 1439 | Leuther Johann | LG Pronsfeld - Lünebach | 0:38:00 | 1949 M65 | 11 | 0:38:22 | 7:36 min/km |
| 272 | 1294 | Pasquier Kévin | *Courbevoie | 0:38:12 | 1992 M20 | 42 | 0:39:13 | 7:38 min/km |
| 273 | 977 | Jahn Rainer | *Kerpen | 0:38:16 | 1964 M50 | 32 | 0:39:01 | 7:39 min/km |
| 274 | 1739 | Schön Jan-Hendrik | DEVK | 0:38:23 | 1978 M35 | 29 | 0:39:40 | 7:41 min/km |
| 275 | 916 | Dönges Markus | *Bonn | 0:38:37 | 1985 M30 | 29 | 0:39:16 | 7:43 min/km |
| 276 | 1437 | Morgenstern Anton | *Köln | 0:38:55 | 2009 MU10 | 7 | 0:39:05 | 7:47 min/km |
| 277 | 581 | Erdenberger Manfred | *Köln | 0:39:37 | 1941 M75 | 2 | 0:39:59 | 7:55 min/km |
| 278 | 542 | Frings Lothar | *Köln | 0:39:37 | 1952 M65 | 12 | 0:39:59 | 7:56 min/km |
| 279 | 461 | Hamacher Ralf | - | 0:40:12 | 1932 M85 | 1 | 0:41:33 | 8:02 min/km |
| 280 | 1958 | Mittmann Markus | *Erfstadt | 0:40:30 | 1981 M35 | 30 | 0:41:12 | 8:06 min/km |
| 281 | 341 | Gräf Nicolas | *Lohmar | 0:40:33 | 2001 MU18 | 5 | 0:41:14 | 8:07 min/km |
| 282 | 430 | Faber Markus | *Düsseldorf | 0:40:41 | 1967 M50 | 33 | 0:41:58 | 8:08 min/km |
| 283 | 1011 | Quint Rainer | *Troisdorf | 0:43:25 | 1963 M50 | 34 | 0:44:09 | 8:41 min/km |
| 284 | 1919 | GRIESE FRANK | *RHEINBACH | 1:06:00 | 1973 M40 | 31 | 1:07:06 | 13:12 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 7
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|----------------------|--------------------------|---------|-----------|----------|------------|-----------------|
| 1 | 1407 | Valder Sarah | Bunert - Der Kölner | 0:19:12 | 1993 W20 | 1 | 0:19:12 | 3:50 min/km |
| 2 | 1405 | Schneider Claudia | Bunert - Der Kölner | 0:19:25 | 1978 W35 | 1 | 0:19:25 | 3:53 min/km |
| 3 | 1406 | Lüchtfeld Alice | Bunert - Der Kölner | 0:19:58 | 1992 W20 | 2 | 0:20:02 | 3:60 min/km |
| 4 | 0 | Roche Liz | TV Refrath | 0:20:28 | 1973 W40 | 1 | 0:20:30 | 4:06 min/km |
| 5 | 1000 | Schippa Beatrix | *Frechen | 0:21:36 | 1989 W20 | 3 | 0:21:40 | 4:19 min/km |
| 6 | 2240 | Voß Victoria | LG Gummersbach | 0:21:47 | 1999 WU20 | 1 | 0:21:51 | 4:21 min/km |
| 7 | 2428 | Lennartz Birgit | LLG St. Augustin | 0:22:01 | 1965 W50 | 1 | 0:22:05 | 4:24 min/km |
| 8 | 1948 | Riethausen Carola | TV Refrath | 0:22:35 | 1998 WU20 | 2 | 0:22:49 | 4:31 min/km |
| 9 | 1710 | Causemann Tanja | TV Refrath | 0:22:45 | 1979 W35 | 2 | 0:22:48 | 4:33 min/km |
| 10 | 332 | Zange Gabi | LSV Porz/Köln | 0:23:17 | 1960 W55 | 1 | 0:23:27 | 4:40 min/km |
| 11 | 2040 | Bexiga Nadine | SV Blau-Weiß | 0:23:17 | 1978 W35 | 3 | 0:23:22 | 4:40 min/km |
| 12 | 987 | Schürmann Silke | Team Talanx | 0:23:24 | 1988 W20 | 4 | 0:23:31 | 4:41 min/km |
| 13 | 1672 | Thielen Alexandra | LAZ Puma Rhein-Sieg | 0:23:42 | 1973 W40 | 2 | 0:23:47 | 4:44 min/km |
| 14 | 1987 | Brühl Andrea | *Köln | 0:23:44 | 1981 W35 | 4 | 0:24:03 | 4:45 min/km |
| 15 | 440 | Michael Monique | Team Magenta | 0:24:00 | 1986 W30 | 1 | 0:24:49 | 4:48 min/km |
| 16 | 2129 | Welsch Svenja | FOOTBED FIGHTER | 0:24:07 | 1987 W30 | 2 | 0:24:14 | 4:49 min/km |
| 17 | 1424 | Lisei Krons Lisei | *Köln | 0:24:18 | 1993 W20 | 5 | 0:25:31 | 4:52 min/km |
| 18 | 1060 | Thiesen Monika | LaufTeamThiesen | 0:24:19 | 1974 W40 | 3 | 0:24:30 | 4:52 min/km |
| 19 | 597 | Baldus-Schmidt Anja | VfB Wissen/TEA | 0:24:30 | 1971 W45 | 1 | 0:24:55 | 4:54 min/km |
| 20 | 1299 | Böhnke Karen | Sportshop-Triathlon Team | 0:24:35 | 1991 W20 | 6 | 0:24:45 | 4:55 min/km |
| 21 | 106 | Jansen Janine | Veni Vidi Colonia | 0:24:37 | 2004 WU14 | 1 | 0:25:05 | 4:55 min/km |
| 22 | 1508 | Große Hovest Miriam | *Köln | 0:24:38 | 1978 W35 | 5 | 0:24:45 | 4:56 min/km |
| 23 | 2244 | Hoferichter Sonja | | 0:25:07 | 1991 W20 | 7 | 0:25:52 | 5:02 min/km |
| 24 | 362 | Poulheim Birte | Run of Colours | 0:25:09 | 1979 W35 | 6 | 0:25:24 | 5:02 min/km |
| 25 | 1124 | Schreer Conny | VfL Engelskirchen | 0:25:11 | 1968 W45 | 2 | 0:25:26 | 5:02 min/km |
| 26 | 2128 | Braun Susanne | FOOTBED FIGHTER | 0:25:14 | 1981 W35 | 7 | 0:25:21 | 5:03 min/km |
| 27 | 1921 | Gilges Lisa | DKJ Novesia | 0:25:16 | 2003 WU16 | 1 | 0:25:22 | 5:03 min/km |
| 28 | 1920 | Gilges Steffi | DKJ Novesia | 0:25:21 | 1975 W40 | 4 | 0:25:27 | 5:04 min/km |
| 29 | 322 | Görner Angela | TWT Interactive GmbH | 0:25:31 | 1984 W30 | 3 | 0:26:30 | 5:06 min/km |
| 30 | 301 | Klois Elisabeth | Run of Colors Promo | 0:25:31 | 1978 W35 | 8 | 0:25:46 | 5:06 min/km |
| 31 | 1441 | Strunden Nancy | Mitjarun | 0:25:32 | 1974 W40 | 5 | 0:25:38 | 5:06 min/km |
| 32 | 633 | Weber Katrin | VfB Wissen | 0:25:39 | 1970 W45 | 3 | 0:26:03 | 5:08 min/km |
| 33 | 1264 | Schuch Steffi | *Köln | 0:25:43 | 1980 W35 | 9 | 0:25:57 | 5:09 min/km |
| 34 | 1810 | Koch Carina | *Köln | 0:25:51 | 1979 W35 | 10 | 0:26:30 | 5:10 min/km |
| 35 | 1670 | Thielen Lena | Hennefer TV | 0:25:53 | 2003 WU16 | 2 | 0:25:55 | 5:11 min/km |
| 36 | 231 | Sicking Silke | *VREDEN | 0:26:03 | 1984 W30 | 4 | 0:26:21 | 5:13 min/km |
| 37 | 746 | Kühn Nicola | *Budapest | 0:26:08 | 2004 WU14 | 2 | 0:26:19 | 5:14 min/km |
| 38 | 1792 | Jülich Emelie | Pulheimer SC | 0:26:12 | 2005 WU14 | 3 | 0:26:13 | 5:14 min/km |
| 39 | 2124 | Schmitz Sabrina | FOOTBED FIGHTER | 0:26:15 | 1981 W35 | 11 | 0:26:23 | 5:15 min/km |
| 40 | 1969 | Richter Stefani | Bunert - Der Kölner | 0:26:21 | 1967 W50 | 2 | 0:26:30 | 5:16 min/km |
| 41 | 912 | Fiebig DR Antje | *Bonn | 0:26:28 | 1987 W30 | 5 | 0:26:47 | 5:18 min/km |
| 42 | 1638 | Kessner-Hantsch Ines | Sparda-Bank Laufteam | 0:26:48 | 1967 W50 | 3 | 0:27:16 | 5:22 min/km |
| 43 | 1331 | Schrader Wencke | Fronrunners Cologne | 0:26:51 | 1969 W45 | 4 | 0:27:05 | 5:22 min/km |
| 44 | 562 | Rehermann Ulla | *Gummersbach | 0:26:53 | 1970 W45 | 5 | 0:27:03 | 5:23 min/km |
| 45 | 745 | Kühn Bärbel | *Budapest | 0:26:55 | 1967 W50 | 4 | 0:27:07 | 5:23 min/km |
| 46 | 320 | Großmann Antje | TWT Interactive GmbH | 0:26:58 | 1979 W35 | 12 | 0:27:58 | 5:24 min/km |
| 47 | 346 | Gröger Janine | *Niederkassel | 0:27:02 | 1991 W20 | 8 | 0:28:11 | 5:24 min/km |
| 48 | 1227 | Köb Katharina | *Hüngersdorf | 0:27:04 | 1995 W20 | 9 | 0:27:44 | 5:25 min/km |
| 48 | 1228 | Köb Jana | *Hüngersdorf | 0:27:04 | 1992 W20 | 9 | 0:27:43 | 5:25 min/km |
| 50 | 1136 | Schmidt Maya | VfR büttgen Abt Radsport | 0:27:06 | 2008 WU10 | 1 | 0:27:18 | 5:25 min/km |
| 51 | 593 | Müller Isabelle | *Frechen | 0:27:06 | 1993 W20 | 11 | 0:27:24 | 5:25 min/km |
| 52 | 1520 | Wagner Kim Karina | *Rösrath | 0:27:07 | 1998 WU20 | 3 | 0:28:30 | 5:25 min/km |
| 53 | 936 | Olding Elisabeth | PSV Köln Abt. | 0:27:15 | 2004 WU14 | 4 | 0:27:19 | 5:27 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 8
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|--------------------------|--------------------------|---------|-----------|----------|------------|-----------------|
| 54 | 1137 | Schmidt Ulrike | VfR büttgen Abt Radsport | 0:27:16 | 1974 W40 | 6 | 0:27:29 | 5:27 min/km |
| 55 | 338 | Stolz Gisela | MausLaufGruppe | 0:27:16 | 1963 W50 | 5 | 0:28:01 | 5:27 min/km |
| 56 | 2122 | Landkotsch Astrid | FOOTBED FIGHTER | 0:27:19 | 1973 W40 | 7 | 0:27:27 | 5:28 min/km |
| 57 | 405 | Carlitscheck Mareike | *Köln | 0:27:27 | 1979 W35 | 13 | 0:28:05 | 5:30 min/km |
| 58 | 1583 | Theuer Michaela | *Köln | 0:27:35 | 1968 W45 | 6 | 0:28:04 | 5:31 min/km |
| 59 | 1116 | Bernhardt Bianca | *Rösrath | 0:27:39 | 1993 W20 | 12 | 0:28:05 | 5:32 min/km |
| 60 | 1113 | Beck Kira | *Köln | 0:27:40 | 1994 W20 | 13 | 0:28:06 | 5:32 min/km |
| 61 | 1115 | Haberlander Sari | *Köln | 0:27:40 | 1993 W20 | 14 | 0:28:06 | 5:32 min/km |
| 62 | 2053 | Drecker Marion | *Kerpen | 0:27:41 | 1983 W30 | 6 | 0:27:51 | 5:32 min/km |
| 63 | 1998 | Kristen Vanessa | *Köln | 0:27:41 | 1990 W20 | 15 | 0:27:53 | 5:32 min/km |
| 64 | 693 | Jäger Käthemarie | *Köln | 0:27:43 | 1988 W20 | 16 | 0:28:22 | 5:33 min/km |
| 65 | 2107 | Junghänel Angelika | *Hennef | 0:27:45 | 1969 W45 | 7 | 0:27:57 | 5:33 min/km |
| 66 | 910 | Mülhöfer Bini | *Urmitz | 0:27:50 | 1967 W50 | 6 | 0:28:22 | 5:34 min/km |
| 67 | 900 | Häring Uschi | SV Urmitz | 0:27:51 | 1964 W50 | 7 | 0:28:22 | 5:34 min/km |
| 68 | 598 | Schmidt Clara | VfB Wissen | 0:27:55 | 2001 WU18 | 1 | 0:28:20 | 5:35 min/km |
| 69 | 591 | Wagner Hannah | LG Sieg/VfB Wissen | 0:27:56 | 2000 WU18 | 2 | 0:28:21 | 5:35 min/km |
| 70 | 1291 | Böhnke Susanne | LC Wuppertal | 0:28:02 | 1961 W55 | 2 | 0:28:14 | 5:36 min/km |
| 71 | 747 | Langen Barbara | *Kerpen | 0:28:10 | 1985 W30 | 7 | 0:28:18 | 5:38 min/km |
| 72 | 1871 | Penno Julie | SSG Königswinter | 0:28:16 | 2004 WU14 | 5 | 0:28:21 | 5:39 min/km |
| 73 | 925 | Maassen Mayleen | Kölner Rheinveilchen | 0:28:19 | 1995 W20 | 17 | 0:29:34 | 5:40 min/km |
| 74 | 1510 | Lemmens Annelore | Nubmel | 0:28:24 | 1991 W20 | 18 | 0:29:20 | 5:41 min/km |
| 75 | 324 | Schneider Sarah | TWT Interactive GmbH | 0:28:26 | 1989 W20 | 19 | 0:29:25 | 5:41 min/km |
| 76 | 1414 | Fliedner Melanie | LSV07 | 0:28:33 | 1980 W35 | 14 | 0:29:07 | 5:43 min/km |
| 77 | 816 | Schliwa Friederike | *Bergisch Gladbach | 0:28:35 | 1987 W30 | 8 | 0:28:54 | 5:43 min/km |
| 78 | 2027 | Borries Luise | *Grevenbroich | 0:28:40 | 1994 W20 | 20 | 0:29:05 | 5:44 min/km |
| 79 | 1272 | Schneck Anna Maria | *Bonn | 0:28:44 | 1996 W20 | 21 | 0:29:20 | 5:45 min/km |
| 80 | 789 | Quaiser Andrea | *Bergisch Gladbach | 0:28:54 | 1976 W40 | 8 | 0:29:03 | 5:47 min/km |
| 81 | 1097 | Kalka Laura | *Köln | 0:28:56 | 1993 W20 | 22 | 0:29:31 | 5:47 min/km |
| 82 | 1223 | Gutzen Maggie | Chaos Koeln e.V. | 0:29:02 | 1955 W60 | 1 | 0:29:09 | 5:48 min/km |
| 83 | 1551 | Baginski Jutta | LG Gummersbach | 0:29:04 | 1962 W55 | 3 | 0:29:50 | 5:49 min/km |
| 84 | 1212 | Hippe Urte | Happy Hippos Running | 0:29:08 | 1978 W35 | 15 | 0:29:19 | 5:50 min/km |
| 85 | 2139 | Stabe Britta | Jecke Dom | 0:29:14 | 1979 W35 | 16 | 0:29:40 | 5:51 min/km |
| 86 | 406 | Nierstenhöfer Petra | *Köln | 0:29:24 | 1975 W40 | 9 | 0:30:02 | 5:53 min/km |
| 87 | 2070 | Steiling Anja | Running Bees | 0:29:25 | 1976 W40 | 10 | 0:30:24 | 5:53 min/km |
| 88 | 27 | Kühnen Nathalie | Veni Vidi Colonia | 0:29:26 | 2001 WU18 | 3 | 0:30:36 | 5:53 min/km |
| 89 | 1061 | Klisch Anita | *Köln | 0:29:28 | 1973 W40 | 11 | 0:29:40 | 5:54 min/km |
| 90 | 2439 | Roesner Ulrike | LG Gummersbach | 0:29:31 | 1962 W55 | 4 | 0:29:59 | 5:54 min/km |
| 91 | 1073 | Sperrer Martina | *Ebernhahn | 0:29:31 | 1966 W50 | 8 | 0:29:48 | 5:54 min/km |
| 92 | 1074 | Fleschen-Daniels Christa | *Ebernhahn | 0:29:31 | 1963 W50 | 9 | 0:29:48 | 5:54 min/km |
| 93 | 2232 | Rambau Edith | | 0:29:37 | 1969 W45 | 8 | 0:29:52 | 5:55 min/km |
| 94 | 1960 | Piecowski Sabine | central-team.de | 0:29:38 | 1970 W45 | 9 | 0:30:30 | 5:56 min/km |
| 95 | 1384 | Neu Kerstin | *Köln | 0:29:38 | 1977 W40 | 12 | 0:29:59 | 5:56 min/km |
| 96 | 23 | Kühnen Maria | Veni Vidi Colonia | 0:29:40 | 1962 W55 | 5 | 0:30:50 | 5:56 min/km |
| 97 | 24 | Kühnen Birgit | Veni Vidi Colonia | 0:29:40 | 1968 W45 | 10 | 0:30:49 | 5:56 min/km |
| 98 | 1365 | Hanske Ines | *Köln | 0:29:44 | 1977 W40 | 13 | 0:30:39 | 5:57 min/km |
| 99 | 793 | Schneider Christin-Maria | *Erfurt | 0:29:45 | 1986 W30 | 9 | 0:30:01 | 5:57 min/km |
| 100 | 249 | Tscharntke Susanne | Görgens Gruppe | 0:29:45 | 1990 W20 | 23 | 0:30:49 | 5:57 min/km |
| 101 | 2239 | Gross Rebecca | | 0:29:45 | 1977 W40 | 14 | 0:30:08 | 5:57 min/km |
| 102 | 938 | Röhler Emma | PSV Köln Abt. | 0:29:56 | 2003 WU16 | 3 | 0:30:17 | 5:59 min/km |
| 103 | 852 | Schmitz Kerstin | *Weilerswist | 0:29:56 | 1986 W30 | 10 | 0:30:12 | 5:59 min/km |
| 104 | 838 | Nothstein Natalie | *Köln | 0:29:57 | 1981 W35 | 17 | 0:30:34 | 5:59 min/km |
| 105 | 1697 | Palm Melina | *Meckenheim | 0:29:57 | 1991 W20 | 24 | 0:30:27 | 5:60 min/km |
| 106 | 553 | Jüßen Angelika | *Brühl | 0:30:04 | 1976 W40 | 15 | 0:30:44 | 6:01 min/km |
| 107 | 235 | Borchers Svenja | Görgens Gruppe | 0:30:04 | 1989 W20 | 25 | 0:31:07 | 6:01 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 9
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|----------------------|----------------------|---------|-----------|----------|------------|-----------------|
| 108 | 386 | Pflüger Imke | *Hürth | 0:30:07 | 1966 W50 | 10 | 0:30:15 | 6:01 min/km |
| 109 | 704 | Bewernick Sabine | *Rotenburg | 0:30:08 | 1966 W50 | 11 | 0:31:19 | 6:02 min/km |
| 110 | 241 | Irmiler Nicole | Görgens Gruppe | 0:30:08 | 1983 W30 | 11 | 0:31:11 | 6:02 min/km |
| 111 | 1474 | Becker Cornell | *Köln | 0:30:16 | 1979 W35 | 18 | 0:31:45 | 6:03 min/km |
| 112 | 2106 | Lindzus Linda | *Köln | 0:30:17 | 2001 WU18 | 4 | 0:31:09 | 6:03 min/km |
| 113 | 1449 | Underberg Carina | *Schermbeck | 0:30:21 | 1994 W20 | 26 | 0:30:30 | 6:04 min/km |
| 114 | 1346 | Fiedler Lena | pulsschlag | 0:30:24 | 1977 W40 | 16 | 0:31:13 | 6:05 min/km |
| 115 | 1699 | Pearson Lisa | *Meckenheim | 0:30:32 | 1991 W20 | 27 | 0:31:01 | 6:06 min/km |
| 116 | 1101 | Dettlaf Alisa | *Köln | 0:30:36 | 1992 W20 | 28 | 0:31:11 | 6:07 min/km |
| 117 | 1321 | Klinger Katja | *Bergheim | 0:30:36 | 1990 W20 | 29 | 0:31:18 | 6:07 min/km |
| 118 | 735 | Benedens Nadja | *Brühl | 0:30:38 | 1970 W45 | 11 | 0:30:51 | 6:08 min/km |
| 119 | 2215 | McCurley Susie | | 0:30:38 | 0 W20 | 30 | 0:30:49 | 6:08 min/km |
| 120 | 2250 | Krammenschneider | | 0:30:43 | 1971 W45 | 12 | 0:31:18 | 6:09 min/km |
| 121 | 1496 | Nube Annika | *Aachen | 0:30:46 | 1991 W20 | 31 | 0:31:42 | 6:09 min/km |
| 122 | 2039 | Jacob Monika | *Köln | 0:30:48 | 1977 W40 | 17 | 0:31:05 | 6:10 min/km |
| 123 | 686 | Krüger Anja | *Köln | 0:30:48 | 1967 W50 | 12 | 0:31:02 | 6:10 min/km |
| 124 | 1646 | Krüger Stephanie | *Köln | 0:30:49 | 1985 W30 | 12 | 0:31:23 | 6:10 min/km |
| 125 | 717 | Grunewald Sabrina | *Monheim | 0:30:53 | 1985 W30 | 13 | 0:30:59 | 6:11 min/km |
| 126 | 1936 | Cramer Lisa | *Monheim | 0:30:56 | 2007 WU12 | 1 | 0:31:23 | 6:11 min/km |
| 127 | 1268 | Müller Carmen | *St.Vith | 0:31:04 | 1990 W20 | 32 | 0:31:47 | 6:13 min/km |
| 128 | 1379 | Heugen Kristina | ABRE | 0:31:05 | 1987 W30 | 14 | 0:32:07 | 6:13 min/km |
| 129 | 1887 | Sonnenberg-Offizier | *Frechen | 0:31:09 | 1973 W40 | 18 | 0:31:38 | 6:14 min/km |
| 130 | 2159 | Hackenbroich Kerstin | AOK-Laufteam | 0:31:10 | 1985 W30 | 15 | 0:32:22 | 6:14 min/km |
| 131 | 722 | Schneiders Julia | RUNNERS POINT Run | 0:31:14 | 1991 W20 | 33 | 0:31:20 | 6:15 min/km |
| 132 | 1450 | Beuscher Lena | Kölner Rheinveilchen | 0:31:16 | 1993 W20 | 34 | 0:32:31 | 6:15 min/km |
| 133 | 1458 | Alfers Edler Claudia | *Velen | 0:31:19 | 1984 W30 | 16 | 0:31:28 | 6:16 min/km |
| 134 | 850 | Schulz Michaela | *Hürth | 0:31:20 | 1987 W30 | 17 | 0:32:41 | 6:16 min/km |
| 135 | 926 | Frensch Martina | PSC | 0:31:24 | 1964 W50 | 13 | 0:32:06 | 6:17 min/km |
| 136 | 1492 | Solbach Lea Franka | Die Läufer | 0:31:26 | 2006 WU12 | 2 | 0:31:28 | 6:17 min/km |
| 137 | 774 | Thiel Paula | *Köl | 0:31:28 | 2008 WU10 | 2 | 0:31:28 | 6:18 min/km |
| 138 | 552 | Lutze Nadine | *Köln | 0:31:28 | 1993 W20 | 35 | 0:32:05 | 6:18 min/km |
| 139 | 1935 | Cramer Kirstin | *Monheim | 0:31:30 | 1971 W45 | 13 | 0:31:57 | 6:18 min/km |
| 140 | 769 | Kindgen Sabine | *Windeck | 0:31:32 | 1973 W40 | 19 | 0:32:26 | 6:18 min/km |
| 141 | 768 | Hoffmann Sabine | *Windeck | 0:31:32 | 1967 W50 | 14 | 0:32:26 | 6:19 min/km |
| 142 | 1172 | Willkomm Anja | *Lüdenscheid | 0:31:33 | 1973 W40 | 20 | 0:32:08 | 6:19 min/km |
| 143 | 348 | Sieberz Tanja | *Bergisch Gladbach | 0:31:35 | 1989 W20 | 36 | 0:32:02 | 6:19 min/km |
| 144 | 3 | Telge Birgit | *Berlin | 0:31:35 | 1965 W50 | 15 | 0:31:37 | 6:19 min/km |
| 145 | 1054 | Jöpen Chantal | *Heimbach | 0:31:37 | 2000 WU18 | 5 | 0:32:13 | 6:19 min/km |
| 146 | 1053 | Jöpen Karina | *Heimbach | 0:31:37 | 1969 W45 | 14 | 0:32:13 | 6:19 min/km |
| 147 | 512 | Welter Heidi | Team Talanx | 0:31:39 | 1964 W50 | 16 | 0:31:52 | 6:20 min/km |
| 148 | 749 | Kessel Petra | *Düren | 0:31:40 | 1968 W45 | 15 | 0:31:50 | 6:20 min/km |
| 149 | 1950 | Meike Diana | *Mülheim an der Ruhr | 0:31:40 | 1970 W45 | 16 | 0:32:24 | 6:20 min/km |
| 150 | 872 | Leim Kathlen | *Köln | 0:31:41 | 1977 W40 | 21 | 0:32:18 | 6:20 min/km |
| 151 | 825 | Deckers Annika | *Köln | 0:31:41 | 1987 W30 | 18 | 0:32:18 | 6:20 min/km |
| 152 | 889 | Krause Conny | *Berlin | 0:31:41 | 1981 W35 | 19 | 0:32:02 | 6:20 min/km |
| 153 | 233 | Roths Kerstin | *Bocholt | 0:31:41 | 1984 W30 | 19 | 0:32:01 | 6:20 min/km |
| 154 | 733 | Stein Tabea | *Köln | 0:31:42 | 1985 W30 | 20 | 0:32:27 | 6:20 min/km |
| 155 | 1320 | Klinger Petra | *Bergheim | 0:31:46 | 1961 W55 | 6 | 0:32:28 | 6:21 min/km |
| 156 | 1570 | Kuhlewind Doris | Sparda-Bank Rookies | 0:31:47 | 1963 W50 | 17 | 0:33:15 | 6:21 min/km |
| 157 | 1088 | Zoor Kristine | *Köln | 0:31:49 | 1983 W30 | 21 | 0:32:24 | 6:22 min/km |
| 158 | 1089 | Dahmann Gina | *Köln | 0:31:49 | 1995 W20 | 37 | 0:32:24 | 6:22 min/km |
| 159 | 1098 | Becker Julia | *Köln | 0:31:51 | 1977 W40 | 22 | 0:32:25 | 6:22 min/km |
| 160 | 726 | Klein Sabine | *Bergisch Gladbach | 0:31:53 | 1981 W35 | 20 | 0:32:00 | 6:23 min/km |
| 161 | 919 | Strunk Alessandra | Kölner Rheinveilchen | 0:31:54 | 2000 WU18 | 6 | 0:33:10 | 6:23 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 10
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|---------------------|---------------------------|---------|-----------|----------|------------|-----------------|
| 162 | 1080 | Roos Anna | *Ingolstadt | 0:31:54 | 1986 W30 | 22 | 0:32:46 | 6:23 min/km |
| 163 | 308 | Roos Sandra | *Unkel | 0:31:55 | 1982 W35 | 21 | 0:32:46 | 6:23 min/km |
| 164 | 1007 | Berghammer Katja | *Kerpen | 0:31:58 | 1994 W20 | 38 | 0:32:14 | 6:24 min/km |
| 165 | 2075 | Böttges Tatjana | *Leichlingen | 0:31:58 | 1978 W35 | 22 | 0:32:26 | 6:24 min/km |
| 166 | 902 | Simmler Ute | *Köln | 0:31:58 | 1981 W35 | 23 | 0:32:39 | 6:24 min/km |
| 167 | 492 | Spychala Anne | *Mülheim an der ruhr | 0:32:05 | 1978 W35 | 24 | 0:33:19 | 6:25 min/km |
| 168 | 279 | Von Deylen Jennifer | *Bergisch Gladbach | 0:32:07 | 1974 W40 | 23 | 0:32:44 | 6:26 min/km |
| 169 | 1747 | Wolf Sandra | Sparda-Bank Laufteam | 0:32:08 | 1988 W20 | 39 | 0:32:56 | 6:26 min/km |
| 170 | 2201 | Reinartz Sabine | | 0:32:08 | 1988 W20 | 40 | 0:32:25 | 6:26 min/km |
| 171 | 2217 | Schütte Jara-Loreen | | 0:32:11 | 1999 WU20 | 4 | 0:33:06 | 6:26 min/km |
| 172 | 2216 | Schütte Jutta | | 0:32:12 | 1969 W45 | 17 | 0:33:06 | 6:26 min/km |
| 173 | 1519 | Wagner Angela | *Rösrath | 0:32:16 | 1964 W50 | 18 | 0:33:40 | 6:27 min/km |
| 174 | 2143 | Osokina Daria | *Koeln | 0:32:25 | 1988 W20 | 41 | 0:33:51 | 6:29 min/km |
| 175 | 515 | Foss Jelena | Team Talanx | 0:32:25 | 1983 W30 | 23 | 0:33:51 | 6:29 min/km |
| 176 | 2212 | Bode Hanna | | 0:32:25 | 1968 W45 | 18 | 0:33:30 | 6:29 min/km |
| 177 | 1896 | Kremer Bettina | *Finnentrop | 0:32:26 | 1964 W50 | 19 | 0:32:43 | 6:29 min/km |
| 178 | 743 | Robens Andrea | *Wesseling | 0:32:38 | 1981 W35 | 25 | 0:33:31 | 6:32 min/km |
| 179 | 58 | Toellner Stefanie | *Grevenbroich | 0:32:40 | 1978 W35 | 26 | 0:33:09 | 6:32 min/km |
| 180 | 142 | Breitmoser Melanie | *Pulheim | 0:32:41 | 1976 W40 | 24 | 0:33:46 | 6:32 min/km |
| 181 | 245 | Meurer Janine | Görgens Gruppe | 0:32:47 | 1983 W30 | 24 | 0:33:49 | 6:33 min/km |
| 182 | 859 | Amtenbrink Meike | TuS Viktoria Rietberg | 0:32:50 | 1969 W45 | 19 | 0:34:17 | 6:34 min/km |
| 183 | 858 | Austermann Iris | TuS Viktoria Rietberg | 0:32:50 | 1968 W45 | 20 | 0:34:17 | 6:34 min/km |
| 184 | 1380 | Engels Christina | ABRE | 0:32:53 | 1981 W35 | 27 | 0:33:55 | 6:35 min/km |
| 185 | 558 | Mehrens Maren | *Erkelenz | 0:32:58 | 1984 W30 | 25 | 0:33:54 | 6:36 min/km |
| 186 | 560 | Leuer Sybille | *Erkelenz | 0:32:59 | 1977 W40 | 25 | 0:33:54 | 6:36 min/km |
| 187 | 559 | Oudehinkel Hilde | *Erkelenz | 0:33:02 | 1975 W40 | 26 | 0:33:58 | 6:36 min/km |
| 188 | 278 | Löhr Andrea | *Leverkusen | 0:33:05 | 1966 W50 | 20 | 0:33:54 | 6:37 min/km |
| 189 | 2023 | Kusen Pia | BCC | 0:33:05 | 1992 W20 | 42 | 0:34:06 | 6:37 min/km |
| 190 | 1130 | Himmelreich Melanie | *Wiehl | 0:33:06 | 1979 W35 | 28 | 0:34:28 | 6:37 min/km |
| 191 | 2024 | Waizner Theresa | *Köln | 0:33:06 | 1989 W20 | 43 | 0:34:07 | 6:37 min/km |
| 192 | 1129 | Perrone Sonja | *Wiehl | 0:33:07 | 1980 W35 | 29 | 0:34:29 | 6:37 min/km |
| 193 | 895 | Denes Petra | SV Urmitz | 0:33:16 | 1965 W50 | 21 | 0:33:49 | 6:39 min/km |
| 194 | 132 | Busse Gabi | BSG | 0:33:17 | 1957 W60 | 2 | 0:33:30 | 6:40 min/km |
| 195 | 1566 | Kämpfer Maike | *Köln | 0:33:17 | 1981 W35 | 30 | 0:34:05 | 6:40 min/km |
| 196 | 1242 | Bartsch Anja | *Odenthal | 0:33:18 | 1977 W40 | 27 | 0:34:33 | 6:40 min/km |
| 197 | 2002 | Gangemi Margherita | *Köln | 0:33:21 | 1998 WU20 | 5 | 0:33:35 | 6:40 min/km |
| 198 | 2001 | Jacob Jolanta | *Köln | 0:33:22 | 1968 W45 | 21 | 0:33:35 | 6:40 min/km |
| 199 | 631 | Hettlage Andrea | MausLaufgruppe | 0:33:22 | 1973 W40 | 28 | 0:34:07 | 6:40 min/km |
| 200 | 311 | Warnecke Anne | Team Warnecke | 0:33:24 | 1948 W65 | 1 | 0:34:04 | 6:41 min/km |
| 201 | 952 | Hinsen Elke | *Troisdorf | 0:33:26 | 1975 W40 | 29 | 0:34:07 | 6:41 min/km |
| 202 | 953 | Schmidt Marlies | Team Erdinger alkoholfrei | 0:33:26 | 1969 W45 | 22 | 0:34:07 | 6:41 min/km |
| 203 | 1768 | Philipp Sandra | *Köln | 0:33:27 | 1978 W35 | 31 | 0:34:23 | 6:42 min/km |
| 204 | 1100 | Mundt Denise | *Köln | 0:33:30 | 1987 W30 | 26 | 0:34:02 | 6:42 min/km |
| 205 | 1378 | Jansen Andrea | Kölner Rheinveilchen | 0:33:30 | 1992 W20 | 44 | 0:34:46 | 6:42 min/km |
| 206 | 1095 | Schneider Pia | *Köln | 0:33:30 | 1990 W20 | 45 | 0:34:02 | 6:42 min/km |
| 207 | 927 | Schulte Christina | LG Gummersbach | 0:33:30 | 1953 W60 | 3 | 0:34:16 | 6:42 min/km |
| 208 | 1056 | Brück Katharina | *Köln | 0:33:31 | 1986 W30 | 27 | 0:34:22 | 6:42 min/km |
| 209 | 1277 | Höning Jennifer | meintrainer | 0:33:32 | 1982 W35 | 32 | 0:34:23 | 6:42 min/km |
| 210 | 1093 | Frohn Julia | *Köln | 0:33:32 | 1990 W20 | 46 | 0:34:05 | 6:43 min/km |
| 211 | 1108 | Rüggeberg Catharina | *Overath | 0:33:34 | 1984 W30 | 28 | 0:34:13 | 6:43 min/km |
| 212 | 2178 | Lickes Elina | | 0:33:39 | 2002 WU16 | 4 | 0:33:56 | 6:44 min/km |
| 213 | 732 | Reinartz Anja | Laufhörnchen | 0:33:42 | 1988 W20 | 47 | 0:34:04 | 6:44 min/km |
| 214 | 1543 | Jape Valeria | *Troisdorf | 0:33:42 | 1991 W20 | 48 | 0:34:30 | 6:45 min/km |
| 215 | 600 | Kurth Helma | *Köln | 0:33:43 | 1965 W50 | 22 | 0:34:30 | 6:45 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 11
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|-------------------------|-----------------------|---------|----------|----------|------------|-----------------|
| 216 | 599 | Kurth Lea | *Köln | 0:33:43 | 1994 W20 | 49 | 0:34:30 | 6:45 min/km |
| 217 | 2180 | Lickes Sabine | | 0:33:43 | 1974 W40 | 30 | 0:33:59 | 6:45 min/km |
| 218 | 913 | Leiß Stefanie | *Leverkusen | 0:33:45 | 1984 W30 | 29 | 0:34:24 | 6:45 min/km |
| 219 | 1538 | Wirtz Monja | *Bedburg | 0:33:47 | 1989 W20 | 50 | 0:34:51 | 6:45 min/km |
| 220 | 972 | Griesbaum Daniela | *Köln | 0:33:47 | 1978 W35 | 33 | 0:34:58 | 6:46 min/km |
| 221 | 1648 | Buchholz-Rörig Anita | *Hennef | 0:33:49 | 1962 W55 | 7 | 0:35:00 | 6:46 min/km |
| 222 | 1973 | Wolfers Brigitte | HC Wermelskirchen | 0:33:49 | 1975 W40 | 31 | 0:34:47 | 6:46 min/km |
| 223 | 1971 | Goldbach Kerstin | *Wermelskirchen | 0:33:49 | 1967 W50 | 23 | 0:34:47 | 6:46 min/km |
| 224 | 683 | Kobelke Sandra | *Hamburg | 0:33:50 | 1978 W35 | 34 | 0:34:21 | 6:46 min/km |
| 225 | 675 | Podporowski Yvonne | *Köln | 0:33:50 | 1978 W35 | 35 | 0:34:22 | 6:46 min/km |
| 226 | 1306 | Fuchs Catrin | *Köln | 0:33:51 | 1975 W40 | 32 | 0:34:02 | 6:46 min/km |
| 227 | 679 | Berger-Knipp Ingrid | Torsofit | 0:33:52 | 1963 W50 | 24 | 0:34:20 | 6:46 min/km |
| 228 | 2208 | Wunsch Susanne | | 0:33:57 | 1972 W45 | 23 | 0:34:20 | 6:47 min/km |
| 229 | 111 | Wilke Eileen | *Frechen | 0:33:57 | 1976 W40 | 33 | 0:34:18 | 6:47 min/km |
| 230 | 1507 | Engelmann Sandra | *Sprockhövel | 0:34:02 | 1975 W40 | 34 | 0:34:40 | 6:48 min/km |
| 231 | 688 | Wirth Klara | *Köln | 0:34:02 | 1995 W20 | 51 | 0:34:56 | 6:49 min/km |
| 232 | 1090 | Kabir Atieh | *Köln | 0:34:02 | 1982 W35 | 36 | 0:34:37 | 6:49 min/km |
| 233 | 705 | Mensing Marita | *Rotenburg | 0:34:09 | 1963 W50 | 25 | 0:35:21 | 6:50 min/km |
| 234 | 1038 | Karaszewski Brigitte | *Hürth | 0:34:10 | 1960 W55 | 8 | 0:34:40 | 6:50 min/km |
| 235 | 351 | Willner Anna | *Bergisch Gladbach | 0:34:14 | 1985 W30 | 30 | 0:34:41 | 6:51 min/km |
| 236 | 1568 | Jendrusch Andrea | Sparda-Bank Rookies | 0:34:15 | 1965 W50 | 26 | 0:35:40 | 6:51 min/km |
| 237 | 2067 | Karhausen Anja | *Würselen | 0:34:17 | 1969 W45 | 24 | 0:35:11 | 6:52 min/km |
| 238 | 1595 | Coeln Elly | *Köln | 0:34:31 | 1956 W60 | 4 | 0:35:40 | 6:54 min/km |
| 239 | 1169 | Räkow Marie | *Elsdorf | 0:34:38 | 1995 W20 | 52 | 0:34:55 | 6:56 min/km |
| 240 | 2153 | Bauer Nicole | AOK-Laufteam | 0:34:39 | 1993 W20 | 53 | 0:35:15 | 6:56 min/km |
| 241 | 2154 | Rudolph Ina | AOK-Laufteam | 0:34:39 | 1993 W20 | 54 | 0:35:16 | 6:56 min/km |
| 242 | 1178 | Dubbel Elke | *Köln | 0:34:41 | 1967 W50 | 27 | 0:35:49 | 6:56 min/km |
| 243 | 1531 | Ringas Gabi | LSF Münster | 0:34:42 | 1963 W50 | 28 | 0:35:27 | 6:56 min/km |
| 244 | 387 | Schmitz Martina | *Hürth | 0:34:52 | 1967 W50 | 29 | 0:35:01 | 6:59 min/km |
| 244 | 1709 | Spillmann Melanie | Die Dreisten 3 | 0:34:52 | 1974 W40 | 35 | 0:35:23 | 6:59 min/km |
| 246 | 2093 | Barth Barbara | *Köln | 0:34:53 | 1959 W55 | 9 | 0:35:53 | 6:59 min/km |
| 247 | 74 | Stark Sanja | LaufStark | 0:34:54 | 1981 W35 | 37 | 0:36:01 | 6:59 min/km |
| 248 | 490 | Gosmann Nadine | *Oberhausen | 0:34:55 | 1980 W35 | 38 | 0:36:07 | 6:59 min/km |
| 249 | 742 | Brahms Christina | *Wesseling | 0:35:06 | 1982 W35 | 39 | 0:36:00 | 7:01 min/km |
| 250 | 1657 | Sonntag Sabine | SUEZ & Friends | 0:35:06 | 1990 W20 | 55 | 0:36:00 | 7:01 min/km |
| 251 | 1027 | Schwekendiek Barbara | *Köln | 0:35:10 | 1986 W30 | 31 | 0:36:16 | 7:02 min/km |
| 252 | 1069 | Monz Verena | *Niederkassel | 0:35:16 | 1984 W30 | 32 | 0:35:50 | 7:03 min/km |
| 253 | 857 | Hagenkort Christina | TuS Viktoria Rietberg | 0:35:16 | 1989 W20 | 56 | 0:36:44 | 7:03 min/km |
| 254 | 1070 | Hülsen Kira | *Niederkassel | 0:35:16 | 1984 W30 | 33 | 0:35:50 | 7:03 min/km |
| 255 | 804 | Nathan Birgit | *Brühl | 0:35:18 | 1968 W45 | 25 | 0:36:02 | 7:04 min/km |
| 256 | 863 | Richter Andrea | TuS Viktoria Rietberg | 0:35:18 | 1971 W45 | 26 | 0:36:45 | 7:04 min/km |
| 257 | 2220 | Sinkina Elena | | 0:35:18 | 1988 W20 | 57 | 0:36:37 | 7:04 min/km |
| 258 | 450 | Budana Claudia | Couch to 10K | 0:35:19 | 1971 W45 | 27 | 0:35:33 | 7:04 min/km |
| 259 | 1222 | Füllhaase Yvonne | *Troisdorf | 0:35:22 | 1984 W30 | 34 | 0:36:04 | 7:04 min/km |
| 260 | 1221 | Steinbach Eva | *Troisdorf | 0:35:22 | 1979 W35 | 40 | 0:36:04 | 7:04 min/km |
| 261 | 184 | Koch Heidi | keiner | 0:35:22 | 1955 W60 | 5 | 0:36:35 | 7:04 min/km |
| 262 | 2444 | Klein Tanja | | 0:35:22 | 1972 W45 | 28 | 0:36:35 | 7:05 min/km |
| 263 | 1484 | Scharf Martina | TV Witzhelden | 0:35:23 | 1965 W50 | 30 | 0:36:09 | 7:05 min/km |
| 264 | 1860 | De Bark Yvonne | Team RTL-Wir helfen | 0:35:25 | 1972 W45 | 29 | 0:35:26 | 7:05 min/km |
| 265 | 1942 | Sperle Andrea | *Köln | 0:35:25 | 1968 W45 | 30 | 0:35:28 | 7:05 min/km |
| 266 | 759 | Kasperowski Tanja | KarlsPrintenSprinten | 0:35:26 | 1990 W20 | 58 | 0:36:00 | 7:05 min/km |
| 267 | 1636 | Holländer Vera | DEVK | 0:35:32 | 1980 W35 | 41 | 0:36:53 | 7:06 min/km |
| 268 | 1744 | Trompeter-Müller Sabine | DEVK | 0:35:32 | 1979 W35 | 42 | 0:36:53 | 7:07 min/km |
| 269 | 1576 | De Rose Inge | Sparda-Bank Rookies | 0:35:37 | 1961 W55 | 10 | 0:37:01 | 7:07 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 12
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|----------------------|-----------------------|---------|-----------|----------|------------|-----------------|
| 270 | 1155 | Schaufuß Silke | *Frechen | 0:35:37 | 1968 W45 | 31 | 0:36:57 | 7:08 min/km |
| 271 | 969 | Dittmann Natalie | *Kerpen | 0:35:39 | 1973 W40 | 36 | 0:36:58 | 7:08 min/km |
| 272 | 2132 | Merks Johanna | *Nettersheim | 0:35:41 | 2007 WU12 | 3 | 0:36:51 | 7:08 min/km |
| 273 | 2121 | Merks Elisa | *Nettersheim | 0:35:42 | 2007 WU12 | 4 | 0:36:52 | 7:08 min/km |
| 274 | 353 | Heinz Brigitte | WDR aktiv | 0:35:44 | 1964 W50 | 31 | 0:36:44 | 7:09 min/km |
| 275 | 2195 | Weisshaar Stephanie | | 0:35:45 | 1979 W35 | 43 | 0:36:56 | 7:09 min/km |
| 276 | 610 | Peperle Stefanie | Team Talanx | 0:35:46 | 1984 W30 | 35 | 0:35:59 | 7:09 min/km |
| 277 | 609 | Bartmann Carolin | Team Talanx | 0:35:46 | 1988 W20 | 59 | 0:36:00 | 7:09 min/km |
| 278 | 601 | Kretschmar Marianne | *Köln | 0:35:49 | 1991 W20 | 60 | 0:36:57 | 7:10 min/km |
| 279 | 25 | Lutkewitz Ursula | Veni Vidi Colonia | 0:35:54 | 1953 W60 | 6 | 0:37:20 | 7:11 min/km |
| 280 | 345 | Schlingensief Eva | absoluttanzbar | 0:35:54 | 1955 W60 | 7 | 0:36:43 | 7:11 min/km |
| 281 | 188 | Scholz Felicitas | Sohnsche Leichtfüßler | 0:35:55 | 1992 W20 | 61 | 0:37:04 | 7:11 min/km |
| 282 | 823 | Lussem Marion | *Kerpen | 0:35:55 | 1971 W45 | 32 | 0:37:15 | 7:11 min/km |
| 283 | 990 | Klesper Ute | Team Talanx | 0:35:58 | 1968 W45 | 33 | 0:36:43 | 7:12 min/km |
| 284 | 1341 | Schmitz Dina | *Köln | 0:35:58 | 1992 W20 | 62 | 0:37:09 | 7:12 min/km |
| 285 | 1340 | Rockenfeller Laura | *Köln | 0:35:59 | 1987 W30 | 36 | 0:37:09 | 7:12 min/km |
| 286 | 1993 | Seibert Silvia | *Kirchhain | 0:36:01 | 1976 W40 | 37 | 0:37:03 | 7:12 min/km |
| 287 | 875 | Stark Nicoletta | *Köln | 0:36:05 | 1976 W40 | 38 | 0:36:25 | 7:13 min/km |
| 288 | 2192 | Watkins Chloe | | 0:36:05 | 1993 W20 | 63 | 0:37:04 | 7:13 min/km |
| 289 | 1210 | Bolten Shera | *Hürth | 0:36:11 | 1977 W40 | 39 | 0:37:26 | 7:14 min/km |
| 290 | 1465 | Gupta Ankita | *Bonn | 0:36:12 | 1985 W30 | 37 | 0:36:59 | 7:15 min/km |
| 291 | 349 | Koggel Celine | *Bergisch Gladbach | 0:36:12 | 1987 W30 | 38 | 0:36:39 | 7:15 min/km |
| 292 | 1575 | Kraus-Henneböhl Ute | Sparda-Bank Rookies | 0:36:14 | 1970 W45 | 34 | 0:37:40 | 7:15 min/km |
| 293 | 1574 | Krömer Candida | Sparda-Bank Rookies | 0:36:17 | 1968 W45 | 35 | 0:37:42 | 7:15 min/km |
| 294 | 234 | Tenbrink Julia | *Vreden | 0:36:18 | 1984 W30 | 39 | 0:36:37 | 7:16 min/km |
| 295 | 518 | Hake Sabine | SHAK | 0:36:20 | 1984 W30 | 40 | 0:36:42 | 7:16 min/km |
| 296 | 1114 | Peschen Julia | *Köln | 0:36:27 | 1994 W20 | 64 | 0:36:54 | 7:18 min/km |
| 297 | 52 | Adamek Kerstin | *Köln | 0:36:30 | 1968 W45 | 36 | 0:37:43 | 7:18 min/km |
| 298 | 2254 | Brandenburg Natascha | *Köln | 0:36:30 | 1981 W35 | 44 | 0:37:44 | 7:18 min/km |
| 299 | 2074 | Knauf Stefanie | *Overath | 0:36:30 | 1965 W50 | 32 | 0:36:46 | 7:18 min/km |
| 300 | 1091 | Heubrock Christin | *Köln | 0:36:31 | 1987 W30 | 41 | 0:37:04 | 7:18 min/km |
| 301 | 1092 | Zimmermann Laura | *Köln | 0:36:32 | 1987 W30 | 42 | 0:37:04 | 7:18 min/km |
| 302 | 187 | Scholz Brigitte | Sohnsche Leichtfüßler | 0:36:36 | 1968 W45 | 37 | 0:37:45 | 7:19 min/km |
| 303 | 1356 | Untrierer Birgit | *Wuppertal | 0:36:39 | 1960 W55 | 11 | 0:37:03 | 7:20 min/km |
| 304 | 1940 | Sperle Michaela | *Köln | 0:36:43 | 1970 W45 | 38 | 0:36:45 | 7:21 min/km |
| 305 | 1252 | Jacobi Stefanie | Team Talanx | 0:36:44 | 1978 W35 | 45 | 0:37:47 | 7:21 min/km |
| 306 | 739 | Groppe Andrea | *Hamburg | 0:36:45 | 1962 W55 | 12 | 0:37:35 | 7:21 min/km |
| 307 | 1064 | Kuhlmann Tabea | *Hennef | 0:36:49 | 1996 W20 | 65 | 0:37:32 | 7:22 min/km |
| 308 | 1780 | Johanns Hilde | *Köln | 0:36:51 | 1949 W65 | 2 | 0:37:08 | 7:22 min/km |
| 309 | 1779 | Johanns Lea | *Köln | 0:36:51 | 1967 W50 | 33 | 0:37:08 | 7:22 min/km |
| 310 | 551 | Lohmann Nora | *Rösrath | 0:37:01 | 1979 W35 | 46 | 0:38:07 | 7:24 min/km |
| 311 | 1096 | Jandrey Nadine | *Köln | 0:37:13 | 1989 W20 | 66 | 0:37:46 | 7:27 min/km |
| 312 | 506 | Hink Daniela | Polizei-SV Düsseldorf | 0:37:18 | 1969 W45 | 39 | 0:38:34 | 7:28 min/km |
| 313 | 531 | Kowski Sabine | *Bonn | 0:37:21 | 1985 W30 | 43 | 0:38:41 | 7:28 min/km |
| 314 | 1157 | Bließen Sarah | *Frechen | 0:37:26 | 1985 W30 | 44 | 0:38:41 | 7:29 min/km |
| 315 | 1159 | Decker Laura | *Frechen | 0:37:26 | 1989 W20 | 67 | 0:38:40 | 7:29 min/km |
| 316 | 1158 | Decker Antonia | *Frechen | 0:37:26 | 1991 W20 | 68 | 0:38:41 | 7:29 min/km |
| 317 | 882 | Netzer Stefanie | *Burscheid | 0:37:37 | 1992 W20 | 69 | 0:38:17 | 7:31 min/km |
| 318 | 1572 | Neuland Jennifer | Sparda-Bank Rookies | 0:37:41 | 1981 W35 | 47 | 0:38:25 | 7:32 min/km |
| 319 | 653 | Schneider Annika | *Wermelskirchen | 0:37:41 | 1992 W20 | 70 | 0:38:25 | 7:32 min/km |
| 320 | 248 | Thermann Janina | Görgens Gruppe | 0:37:44 | 1996 W20 | 71 | 0:38:47 | 7:33 min/km |
| 321 | 26 | Schlaß Kerstin | *Frechen | 0:37:55 | 1970 W45 | 40 | 0:38:07 | 7:35 min/km |
| 322 | 1086 | Friebel Nadine | *Köln | 0:37:59 | 1978 W35 | 48 | 0:38:34 | 7:36 min/km |
| 323 | 1293 | Schmidt Mélanie | *Courbevoie | 0:38:12 | 1992 W20 | 72 | 0:39:12 | 7:38 min/km |

8. Altstadtlauf Köln am 28. Juli 2017 - 5km

Ergebnisliste Frauen

Seite 13
gedruckt 01.08.2017 09:07:37

| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Platz | Bruttozeit | Geschwindigkeit |
|--------|------|---------------------|-----------------------|---------|-----------|----------|------------|-----------------|
| 324 | 1732 | Minarz Melanie | Sparda-Bank Laufteam | 0:38:23 | 1981 W35 | 49 | 0:39:40 | 7:41 min/km |
| 325 | 1066 | Ochs Melanie | *Wuppertal | 0:38:26 | 1980 W35 | 50 | 0:38:59 | 7:41 min/km |
| 326 | 917 | Eitelhuber Lisa | *Essen | 0:38:38 | 1987 W30 | 45 | 0:39:17 | 7:44 min/km |
| 327 | 1640 | Ladleif Sabine | Sparda-Bank Laufteam | 0:38:44 | 1961 W55 | 13 | 0:40:11 | 7:45 min/km |
| 328 | 190 | Loheide Carmen | Sohnsche Leichtfüßler | 0:38:45 | 1959 W55 | 14 | 0:39:54 | 7:45 min/km |
| 329 | 1593 | Schmitz Mandy | *Köln | 0:38:46 | 1983 W30 | 46 | 0:39:16 | 7:45 min/km |
| 330 | 2009 | Gräf Vivian | *Lohmar | 0:38:58 | 2000 WU18 | 7 | 0:40:28 | 7:48 min/km |
| 331 | 1436 | Morgenstern Antje | *Köln | 0:38:59 | 1976 W40 | 40 | 0:39:08 | 7:48 min/km |
| 332 | 340 | Gräf Silvia | *Lohmar | 0:39:02 | 1968 W45 | 41 | 0:40:33 | 7:49 min/km |
| 333 | 1140 | Karger Annette | Team Lebensbaum | 0:39:03 | 1966 W50 | 34 | 0:40:01 | 7:49 min/km |
| 334 | 1141 | Adrian Anita | Team Lebensbaum | 0:39:03 | 1958 W55 | 15 | 0:40:00 | 7:49 min/km |
| 335 | 2219 | Mitsch Christine | | 0:39:06 | 1988 W20 | 73 | 0:40:05 | 7:49 min/km |
| 336 | 441 | Schmidt Alexandra | Team Magenta | 0:39:10 | 1981 W35 | 51 | 0:40:01 | 7:50 min/km |
| 337 | 2065 | Emara Jennifer | 2 Fast 2 Frustrated | 0:39:31 | 1989 W20 | 74 | 0:40:31 | 7:54 min/km |
| 338 | 237 | Fassbender Kordula | Görgens Gruppe | 0:39:39 | 1961 W55 | 16 | 0:40:43 | 7:56 min/km |
| 339 | 330 | Freter Pamela | *Flörsheim | 0:39:46 | 1981 W35 | 52 | 0:41:04 | 7:57 min/km |
| 340 | 1432 | Schneider Bianka | Team Lebensbaum | 0:39:58 | 1976 W40 | 41 | 0:40:55 | 7:60 min/km |
| 341 | 1618 | Klotz Nicole | *Köln | 0:40:01 | 1980 W35 | 53 | 0:40:45 | 8:00 min/km |
| 342 | 860 | Schulz Marlies | TuS Viktoria Rietberg | 0:40:29 | 1954 W60 | 8 | 0:41:56 | 8:06 min/km |
| 343 | 862 | Großvollmer Daniela | TuS Viktoria Rietberg | 0:40:30 | 1979 W35 | 54 | 0:41:56 | 8:06 min/km |
| 344 | 1777 | Neumann Doris | *Nümbrecht | 0:40:37 | 1956 W60 | 9 | 0:41:17 | 8:07 min/km |
| 345 | 331 | Harnischfeger Tanya | *Flörsheim | 0:40:47 | 1975 W40 | 42 | 0:42:05 | 8:09 min/km |
| 346 | 1676 | Rupprecht Katja | *Köln | 0:41:06 | 1984 W30 | 47 | 0:41:47 | 8:13 min/km |
| 347 | 587 | Heinelt Bea | *Koeln | 0:41:36 | 1962 W55 | 17 | 0:41:50 | 8:19 min/km |
| 348 | 1012 | Pincers Claudia | *Troisdorf | 0:42:20 | 1965 W50 | 35 | 0:43:03 | 8:28 min/km |
| 349 | 236 | Doerges Sara | Görgens Gruppe | 0:42:25 | 1986 W30 | 48 | 0:43:28 | 8:29 min/km |
| 350 | 246 | Nied Iryna | Görgens Gruppe | 0:42:25 | 1985 W30 | 49 | 0:43:28 | 8:29 min/km |
| 351 | 1466 | Gupta Nishu | *Bonn | 0:42:49 | 1960 W55 | 18 | 0:43:35 | 8:34 min/km |
| 352 | 243 | Kregel Alessandra | Görgens Gruppe | 0:42:56 | 1978 W35 | 55 | 0:44:01 | 8:35 min/km |
| 353 | 1736 | Pollmann Lisa | Sparda-Bank Laufteam | 0:44:25 | 1997 W20 | 75 | 0:45:48 | 8:53 min/km |
| 354 | 1569 | Müllejans Sonja | Sparda-Bank Rookies | 0:44:47 | 1966 W50 | 36 | 0:46:09 | 8:57 min/km |
| 355 | 1778 | Höck Petra | *Nümbrecht | 0:45:16 | 1963 W50 | 37 | 0:45:55 | 9:03 min/km |
| 356 | 130 | Rembold Birgit | *Niederkassel | 0:46:50 | 1975 W40 | 43 | 0:48:15 | 9:22 min/km |