

Kölner Zoolauf am 8. Juli 2016 - 5 Runden - 8.9km

Ergebnisliste Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	691	Wagner Richard	*Overath	0:43:09	2001	MU16	1	0:43:17 07:52 08:07 08:50 08:46 09:32	4:50 min/km
2	1893	Ayertey Tristan		0:46:29	2006	MU12	1	0:47:32 08:51 08:23 10:14 09:57 09:02	5:13 min/km
3	870	Wiemers Denis	Bud Wilmes	0:47:16	1986	M30	1	0:48:11 11:00 10:54 10:42 07:16 07:22	5:18 min/km
4	652	Proch Alexander	*Cologne	0:49:22	1984	M30	2	0:51:18 11:12 10:16 10:08 10:04 07:39	5:32 min/km
5	1308	Von Trostorff Alexander	*Köln	0:49:55	1998	MU20	1	0:51:26 10:14 09:52 09:54 10:08 09:45	5:36 min/km
6	1548	Rackebandt Sascha		0:50:11	1984	M30	3	0:50:46 09:33 09:28 10:15 10:33 10:21	5:38 min/km
7	1233	Zimmer Marko	SV Windhagen	0:50:57	1968	M45	1	0:51:12 09:54 09:57 10:11 10:33 10:20	5:43 min/km
8	1240	Breitbarth Dirk	*Vettelschoß	0:50:58	1976	M40	1	0:51:13 09:54 09:57 10:11 10:33 10:21	5:43 min/km
9	80	Kozik Eren	SEOPT Traffic Runners	0:51:07	1976	M40	2	0:52:55 10:12 10:00 10:19 10:06 10:28	5:44 min/km
10	1167	Durst Carl Philipp	*Köln	0:51:45	2005	MU12	2	0:51:59 09:16 09:22 10:00 10:47 12:19	5:48 min/km
11	1168	Schiffer Guido	*Köln	0:51:46	1966	M50	1	0:51:59 09:15 09:22 10:00 10:47 12:20	5:48 min/km
12	1189	Ahlf Frank	Runnos Tigos	0:53:26	1968	M45	2	0:55:46 11:24 10:51 10:11 10:06 10:52	5:60 min/km
13	1143	Hardt Jürgen	*Duisburg	0:53:43	1956	M60	1	0:56:45 11:07 10:56 10:37 10:44 10:18	6:01 min/km
14	1777	Hammer Simon	I love Carina	0:53:56	1991	MHK	1	0:58:01 09:39 09:40 10:10 12:38 11:46	6:03 min/km
15	1509	Seguro Moreno Sylke	*Köln	0:54:07	1970	M45	3	0:54:13 10:20 10:38 10:51 11:08 11:07	6:04 min/km
16	1499	Malmen Bernd	*Bergheim	0:54:33	1970	M45	4	0:58:13 11:11 11:03 10:44 11:00 10:32	6:07 min/km
17	590	Elvermann Marcus	LG Klostersgarten	0:54:35	1966	M50	2	0:57:54 10:05 10:05 11:46 10:57 11:39	6:07 min/km
18	627	Mose Rüdiger	*Weilerswist	0:54:39	1960	M55	1	0:56:10 11:31 10:56 10:51 10:37 10:43	6:08 min/km
19	422	Werner Wolfgang	Beste superdupa Familie	0:54:52	1960	M55	2	0:58:52 10:57 10:51 10:48 10:59 11:15	6:09 min/km
20	1193	Kleinert Udo	*Odenthal	0:54:55	1964	M50	3	0:57:23 11:50 11:08 10:56 10:36 10:22	6:09 min/km
21	1194	Müller Marco	*Bergisch Gladbach	0:54:55	1983	M30	4	0:57:23 11:52 11:08 10:56 10:36 10:22	6:09 min/km
22	1913	Meillard Lionel		0:55:14	1988	MHK	2	0:57:20 12:20 11:50 11:38 11:55 07:28	6:12 min/km
23	1165	Salzenberg Max	*Köln	0:55:31	1984	M30	5	0:57:18 11:16 11:09 11:08 11:16 10:40	6:13 min/km
24	829	Ranke Max	*Köln	0:55:47	2001	MU16	2	0:58:35 11:19 11:37 10:37 10:36 11:36	6:15 min/km
25	243	Müller Marco	Maso	0:56:23	1969	M45	5	0:57:17 10:57 11:01 12:36 10:56 10:51	6:19 min/km
26	289	Renisch Dr. Björn	*Sankt Augustin	0:57:16	1979	M35	1	0:57:36 11:09 11:04 11:31 11:50 11:40	6:25 min/km
27	393	Zyla Daniel	DRH	0:58:17	1980	M35	2	1:01:13 12:14 12:12 11:45 11:13 10:51	6:32 min/km
28	1971	Pfeiffer Bastian	Laufschnucken	1:00:09	1981	M	0	1:00:45 10:48 10:45 12:24 12:43 13:29	6:45 min/km
29	327	Malinka Björn	*Dormagne	1:00:39	1987	MHK	3	1:04:22 11:54 11:25 12:01 12:41 12:36	6:48 min/km
30	330	Krams Jürgen	www.gluhweinlauf.de	1:00:44	1963	M50	4	1:01:03 10:52 11:13 13:26 12:37 12:34	6:49 min/km
31	847	Minnig Martin	Banana13	1:03:16	1978	M35	3	1:06:56 12:11 12:45 12:33 13:00 12:46	7:06 min/km
32	1697	Gross Kai	*Köln	1:04:56	1980	M35	4	1:07:18 11:36 09:20 15:36 17:45 10:38	7:17 min/km
33	176	Mews Rainer	*Wesseling	1:09:31	1965	M50	5	1:12:05 14:02 14:00 14:01 14:25 13:01	7:48 min/km
34	1618	Velarde Felix	Carglass	1:12:41	1982	M30	6	1:13:15 13:23 15:01 14:53 14:56 14:25	8:09 min/km
35	1108	Deiters Lothar	e.deiters@hotmail.de	1:13:21	1934	M80	1	1:15:38 14:15 14:31 14:44 14:58 14:50	8:13 min/km

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Total.	Nr.	Name Vorname	Verein*/Ort	Endzeit	AK	AK-Platz	Bruttozeit	Rundenzeiten	Geschwindigkeit
1	245	Friedrich Waltraut	Laufschule Erfstadt	0:43:03	1954 W60	1	0:45:22	11:05 10:22 10:05 10:16 01:13	4:50 min/km
2	551	Schippa Beatrix	*Frechen	0:47:24	1989 WHK	1	0:47:35	08:27 08:37 08:45 10:42 10:52	5:19 min/km
3	1649	Wulff Sabina	Sion	0:48:39	1982 W30	1	0:51:42	09:39 09:41 09:50 10:00 09:28	5:27 min/km
4	1743	Engstler Meike	Zwillingsbonsai	0:51:06	1966 W50	1	0:53:09	10:19 10:09 10:25 10:17 09:54	5:44 min/km
5	513	Theunissen Cordula	*Köln	0:52:12	1978 W35	1	0:54:27	10:06 10:18 10:31 10:43 10:32	5:51 min/km
6	773	Leppin Tanja	*Kerpen	0:52:52	1983 W30	2	0:53:17	10:55 10:24 10:22 10:41 10:28	5:56 min/km
7	1267	Reiners Simona	Super Mom - The Family	0:53:19	1976 W40	1	0:56:52	11:16 10:46 10:37 10:26 10:11	5:59 min/km
8	1190	Andree Caroline	Runnos Tigos	0:53:25	1990 WHK	2	0:55:45	11:24 10:50 10:12 10:06 10:51	5:59 min/km
9	1269	Domgoergen Anja	Super Mom - The Family	0:53:48	1977 W35	2	0:57:21	11:16 10:45 10:37 10:27 10:40	6:02 min/km
10	38	Wies Christine	*Köln	0:54:01	1983 W30	3	0:54:34	10:56 10:43 10:36 10:58 10:47	6:03 min/km
11	1406	Hoffmann Birke	*Bergisch Gladbach	0:54:11	1969 W45	1	0:55:11	09:38 08:46 08:51 09:15 17:38	6:05 min/km
12	338	Wittenberg Franziska	Tschakabum@web.de	0:54:36	1987 WHK	3	0:56:14	11:03 10:31 10:47 11:10 11:04	6:07 min/km
13	628	Mose Lisa-Marie	*Weilerswist	0:54:39	1996 WHK	4	0:56:09	11:31 10:58 10:49 10:36 10:42	6:08 min/km
14	68	Engert Melanie	*Bad Neuenahr	0:54:52	1991 WHK	5	0:55:38	09:50 10:27 11:20 12:15 10:57	6:09 min/km
15	1547	Falzmann Juliane		0:55:05	1981 W35	3	0:57:53	11:25 10:55 10:44 11:05 10:54	6:11 min/km
16	648	Tempel Christine	*Frechen	0:55:10	1981 W35	4	0:58:02	11:46 11:06 10:45 11:12 10:19	6:11 min/km
17	1555	Zacharias Alexandra		0:55:30	1985 W30	4	0:57:17	11:16 11:09 11:08 11:16 10:40	6:13 min/km
18	1647	Christ Hildegard	Sion	0:55:40	1956 W60	2	0:58:00	10:46 10:45 11:06 11:35 11:26	6:14 min/km
19	567	Porta Claudia	*Düren	0:56:03	1968 W45	2	0:56:48	10:43 10:42 11:09 11:53 11:33	6:17 min/km
20	184	Murkisch Lena	*Siegburg	0:56:22	1986 W30	5	0:57:42	10:59 10:59 11:01 11:35 11:46	6:19 min/km
21	244	Söntgerath Angela	Maso	0:56:23	1970 W45	3	0:57:17	10:58 11:01 12:37 10:56 10:50	6:19 min/km
22	883	Alsbach Gabriele	*Köln	0:56:23	1956 W60	3	0:57:29	10:46 10:52 11:27 11:53 11:23	6:19 min/km
23	1070	Brodersen Doerte	BSG Beitragservice	0:57:00	1962 W50	2	0:59:29	11:04 10:40 11:16 12:12 11:45	6:23 min/km
24	1166	Teuscher Alina	Ren-Tiere	0:57:04	1991 WHK	6	0:59:52	10:57 10:56 11:44 11:55 11:29	6:24 min/km
25	306	Kürschner Dagmar	*Köln	0:57:17	1976 W40	2	1:00:20	12:09 11:48 11:39 11:33 10:06	6:25 min/km
26	831	Breer Sandra	*Köln	0:57:19	1976 W40	3	0:58:48	10:58 11:03 11:27 12:04 11:45	6:26 min/km
27	450	Henkel Lisa	*Dormagen	0:57:23	1999 WU18	1	1:00:29	11:50 11:16 11:08 11:06 12:01	6:26 min/km
28	279	Disselhoff Claudia	*Köln	0:58:09	1963 W50	3	0:59:42	12:04 12:59 11:19 11:00 10:44	6:31 min/km
29	1762	Eeltink Christina	*Köln	0:58:47	1976 W40	4	1:00:30	11:50 11:59 11:33 11:47 11:35	6:35 min/km
30	1761	Ruland Janina	*Köln	0:58:47	1982 W30	6	1:00:30	11:50 12:00 11:32 11:48 11:35	6:35 min/km
31	707	Hallek Elli	*Köln	0:58:49	1962 W50	4	1:00:21	12:03 13:00 11:20 11:00 11:23	6:36 min/km
32	1538	Hermelingmeier Anne		0:58:59	1983 W30	7	1:01:15	11:50 11:16 11:46 13:07 10:58	6:37 min/km
33	1550	Sauter Ina		0:58:59	1982 W30	8	1:01:15	11:51 11:16 11:45 13:06 10:59	6:37 min/km
34	1463	Bell Jenny	Zoolinchen	0:59:02	1986 W30	9	1:01:44	12:23 12:11 12:12 11:17 10:55	6:37 min/km
35	1465	Fuhrmann Irina	Zoolinchen	0:59:03	1987 WHK	7	1:01:45	12:24 12:12 12:02 11:28 10:56	6:37 min/km
36	316	Haas Petra Beatrix	Sportteufelchen e. V.	0:59:08	1965 W50	5	1:02:28	12:04 11:18 11:26 11:44 12:34	6:38 min/km
37	79	Steden Miriam	*Köln	0:59:30	1986 W30	10	1:00:03	11:03 11:39 12:09 12:19 12:17	6:40 min/km
38	268	Coeln Elly	*Köln	0:59:37	1956 W60	4	1:02:46	11:52 12:02 12:04 12:23 11:14	6:41 min/km
39	54	Same Brigitte	Ihrefelder Geissböcke	1:00:35	1963 W50	6	1:02:17	11:41 11:58 12:08 12:30 12:17	6:48 min/km
40	329	Krams Sabine	www.gluhweinlauf.de	1:00:45	1964 W50	7	1:01:04	10:52 11:13 13:25 12:38 12:35	6:49 min/km
41	841	Malacasa Ana	*Bergneusstadt	1:01:02	1984 W30	11	1:01:19	11:48 11:57 12:13 12:25 12:36	6:51 min/km
42	1847	Eßer Jessica		1:01:09	1986 W30	12	1:02:31	12:29 11:45 11:59 12:30 12:24	6:51 min/km
43	1010	Duven Henriette	*Köln	1:01:14	1990 WHK	8	1:03:03	12:09 11:53 13:34 11:54 11:41	6:52 min/km
44	1011	Peters Katharina	*Köln	1:01:14	1991 WHK	9	1:03:03	12:09 11:53 13:34 11:54 11:42	6:52 min/km
45	603	Gentz Christine	Rehanova	1:02:09	1978 W35	5	1:02:23	11:13 11:34 12:50 13:09 13:21	6:58 min/km
46	137	Klein Katrin	*Köln	1:03:38	1987 WHK	10	1:04:18	10:56 10:41 10:38 10:49 20:32	7:08 min/km
47	863	Van de Meer Anna	*Leverkusen	1:03:45	1987 WHK	11	1:06:44	12:46 12:46 12:56 12:55 12:21	7:09 min/km
48	1284	Zischkau Ilona	*Erfstadt	1:04:58	1981 W35	6	1:06:19	13:10 12:52 12:51 13:00 13:02	7:17 min/km
49	734	Baltrusch Elke	Baltrusch Klan	1:05:35	1965 W50	8	1:07:29	14:23 14:15 14:00 11:44 11:11	7:21 min/km
50	1790	Masson Julia	*Köln	1:05:37	1988 WHK	12	1:06:09	11:42 12:51 13:27 13:58 13:38	7:21 min/km
51	1773	Schwamborn Simone	*Overath	1:06:18	1969 W45	4	1:09:39	11:39 12:18 12:59 12:58 16:23	7:26 min/km
52	424	Werner Stefanie	Beste superdupa Familie	1:07:24	1991 WHK	13	1:11:24	12:43 12:51 13:15 13:53 14:40	7:33 min/km
53	423	Werner Claudia	Beste superdupa Familie	1:07:24	1963 W50	9	1:11:24	12:43 12:51 13:16 13:52 14:41	7:33 min/km

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54	88	Hupperich Regina	Sportteufelchen e.V.	1:09:09	1966 W50	10	1:12:26	13:51	14:02	14:16	14:07	12:50	7:45 min/km
55	1121	Bremer Kerstin	Tigerfanten	1:10:39	1993 WHK	14	1:10:45	10:59	11:08	11:14	22:53	14:23	7:55 min/km
56	1122	Jasjukaitis Katharina	Tigerfanten	1:10:39	1994 WHK	15	1:10:45	11:00	11:08	11:14	22:54	14:23	7:55 min/km
57	1571	Brantner Clara	Carglass	1:13:51	1994 WHK	16	1:14:19	12:39	14:29	16:46	15:44	14:10	8:17 min/km
58	817	Hahn Sandra	Sportteufelchen Bad	1:14:36	1972 W40	5	1:17:56	14:38	15:12	14:50	14:57	14:58	8:22 min/km
59	1072	Küster Viviana	*Leverkusen	1:14:46	1998 WU20	1	1:17:45	12:53	14:40	15:31	16:09	15:30	8:23 min/km
60	1164	Schneider-Rath Heidi	*Much	1:17:31	1984 W30	13	1:19:30	15:21	15:31	15:47	16:00	14:50	8:41 min/km
61	1583	Höppner Maja	Carglass	1:25:51	1967 W45	5	1:26:20	17:08	16:47	17:12	17:34	17:08	9:37 min/km
62	1572	Brantner Michaela	Carglass	1:25:51	1960 W55	1	1:26:21	17:09	16:46	17:12	17:34	17:08	9:38 min/km