

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
1	15	Petursson Arnar	WG Köln		0:32:32	0:32:32	1	MHK	91	08:32	07:57	08:02	07:59	
2	58	Zanon Lorenzo	RWTH Aachen		0:33:16	0:33:17	1	M30	86	00:00	00:00	00:00	08:13	
3	57	Wyrwoll Lothar	RWTH Aachen		0:33:50	0:33:51	2	MHK	92	08:45	08:24	08:27	08:14	
4	46	Pietsch Gero	RWTH Aachen		0:34:04	0:34:06	3	MHK	92	09:22	08:15	08:22	08:04	
5	66	Keil-Forneck Andreas	Uni Bonn		0:34:38	0:34:39	4	MHK	87	08:42	08:28	08:38	08:50	
6	24	Trompetter Marius	WG Köln		0:34:54	0:34:55	5	MHK	91	09:11	08:32	08:44	08:26	
7	45	Pelzer Martin	RWTH Aachen		0:35:02	0:35:04	6	MHK	88	09:10	08:34	08:44	08:34	
8	30	Camminady Thomas	RWTH Aachen		0:35:36	0:35:37	7	MHK	89	09:05	08:37	08:50	09:02	
9	5	Giesen Rene	WG Köln		0:35:47	0:35:48	8	MHK	93	09:00	08:52	08:55	08:58	
10	9	Klamet Johannes	WG Köln		0:35:58	0:35:59	9	MHK	93	09:15	08:55	08:59	08:48	
11	25	Ulrich Marius	WG Köln		0:36:08	0:36:08	10	MHK	92	09:06	09:09	09:07	08:44	
12	44	Niksch Christoph	RWTH Aachen		0:36:09	0:36:11	11	MHK	90	09:23	08:42	09:00	09:02	
13	3050	Schlegel Tom	RunnersPoint Run Club Köln		0:36:29	0:36:29	12	MHK	90	09:41	08:50	09:00	08:56	
14	3066	Pfeffer Thomas	WG Köln		0:36:54	0:36:55	13	MHK	90	09:34	09:08	09:19	08:51	
15	34	Gisbertz Sebastian	RWTH Aachen		0:36:57	0:36:58	14	MHK	93	09:26	09:04	09:16	09:10	
16	1645	Ibald Simon	Die immer lachen	GER	0:37:11	0:37:13	15	MHK	94	09:14	09:04	09:23	09:29	
17	19	Schumacher Jonas	WG Köln		0:37:22	0:37:24	16	MHK	88	09:34	09:05	09:21	09:20	
18	3029	Wienecke Thorsten	TuS Köln rrh.		0:37:26	0:37:28	1	M45	71	09:46	09:11	09:17	09:11	
19	4	Gardeweg Rainer	WG Köln		0:37:27	0:37:27	17	MHK	93	09:31	09:46	09:30	08:38	
20	26	Artz Johannes	RWTH Aachen		0:37:30	0:37:33	18	MHK	90	09:52	09:12	09:22	09:02	
21	32	Ehmke Felix	RWTH Aachen		0:37:34	0:37:36	19	MHK	95	09:54	09:14	09:19	09:06	
22	1644	Stephan Alexander	Die derben Dernas	GER	0:37:41	0:37:43	2	M30	86	09:20	09:26	09:27	09:26	
23	1727	Sandhofer Arne	TECHO Uni Köln	GER	0:37:57	0:38:03	20	MHK	95	09:28	09:21	09:34	09:32	
24	63	Graeber Thomas	Uni Bonn		0:37:59	0:38:00	21	MHK	90	09:46	09:12	09:46	09:14	
25	18	Schönenbrücher Torsten	WG Köln		0:38:02	0:38:03	22	MHK	91	09:50	09:27	09:38	09:05	
26	27	Baaken Emanuel	RWTH Aachen		0:38:12	0:38:14	23	MHK	90	10:08	09:25	09:22	09:16	
27	1623	Leible Max	Cologne Internationals	GER	0:38:14	0:38:16	24	MHK	89	09:34	09:26	09:38	09:35	
28	29	Beumers David	RWTH Aachen		0:38:17	0:38:19	25	MHK	90	09:55	09:19	09:35	09:27	
29	1598	Ley Jürgen	central-team	GER	0:38:24	0:38:27	2	M45	71	09:50	09:21	09:24	09:47	
29	84	Mettke Felix	Uni Münster		0:38:24	0:38:24	26	MHK	94	09:25	09:30	09:44	09:44	
31	49	Rohbeck Martin	RWTH Aachen		0:38:32	0:38:34	27	MHK	93	09:54	09:25	09:44	09:27	
32	62	Felten Alexander	Uni Bonn		0:38:34	0:38:38	3	M30	84	09:44	09:31	09:47	09:31	
33	1653	Neubauer Dominik	Du machst den Unterschied	GER	0:38:42	0:38:45	1	M35	80	09:54	09:25	09:36	09:46	
34	47	Plettenberg Nils	RWTH Aachen		0:39:05	0:39:08	28	MHK	94	10:07	09:27	09:47	09:42	
35	1689	Schneider Thomas	Laufmonster	GER	0:39:05	0:39:10	3	M45	69	10:22	09:30	09:42	09:29	
36	1539	Chudalla Philipp	*Aachen	GER	0:39:05	0:39:07	29	MHK	88	09:48	09:32	09:54	09:50	
37	186	Steffes Christian	SV Urmitz	GER	0:39:06	0:39:10	30	MHK	93	09:57	09:35	09:53	09:38	
38	1670	Freyaldenhoven Jan	Köln läuft	GER	0:39:07	0:39:16	4	M30	83	10:16	09:34	09:38	09:37	
39	1668	Stoffels Christopher	KF Lebensstil	GER	0:39:12	0:39:14	31	MHK	90	09:38	09:33	10:10	09:51	
40	1692	Ruhnke Robert	LG RWE Power	GER	0:39:16	0:39:22	1	M55	58	10:22	09:33	09:44	09:35	
41	201	Wilmes Heiko	TV Refrath	GER	0:39:24	0:39:31	4	M45	69	10:23	09:33	09:45	09:43	
42	1597	Elskamp Gregor	central-team	GER	0:39:30	0:39:35	5	M45	71	10:41	09:34	09:41	09:33	
43	1621	Kortmann Max	Cologne Internationals	GER	0:39:32	0:39:42	32	MHK	91	10:32	09:38	09:47	09:32	
44	1682	Herrera Felix	Ktt01 - powered by Bunert	GER	0:39:35	0:39:38	33	MHK	89	10:13	09:39	09:51	09:50	
45	38	Hornemann Alexander	RWTH Aachen		0:39:38	0:39:42	34	MHK	95	10:25	09:51	09:56	09:24	
46	1600	Schäferkötter Martin	central-team.de	GER	0:39:46	0:39:51	6	M45	68	10:40	09:35	09:55	09:34	
47	33	Fabis Robin	RWTH Aachen		0:39:47	0:39:51	35	MHK	96	10:26	09:51	09:56	09:33	
48	1709	Klußmeier Swen	Supa Human	GER	0:39:49	0:39:50	2	M35	79	10:04	09:49	09:59	09:55	
49	1542	Eggers Sven	*Köln	GER	0:39:50	0:39:57	1	M40	72	10:06	09:35	10:03	10:05	
50	1762	Meyer Daniel	WiSo-Warriors	GER	0:39:51	0:39:56	36	MHK	89	10:08	09:44	09:58	10:00	
51	1655	Wortberg Norbert	Du machst den Unterschied	GER	0:39:58	0:40:02	7	M45	67	10:38	09:42	09:43	09:53	
52	1719	Howard Phillip	Team Prothetik UK-Köln		0:40:01	0:40:06	37	MHK	90	10:09	09:45	10:11	09:55	
53	2738	Rodríguez Rodríguez Dr.	Manuel Fernando Rodríguez	ESP	0:40:06	0:40:08	38	MHK	87	10:19	09:43	10:04	09:59	
54	1561	Knoop Andre	*KÖln	GER	0:40:09	0:40:14	39	MHK	88	10:22	09:44	10:05	09:57	
55	1734	Friedrich Lars	TriathlonSteckelCologne	GER	0:40:13	0:40:21	40	MHK	87	10:20	09:42	10:09	10:00	
56	2132	Oechsle Johannes	*Köln	GER	0:40:23	0:40:34	41	MHK	94	10:11	09:44	10:19	10:09	
57	1564	Linnhoff Fabian	*Aachen	GER	0:40:27	0:40:38	42	MHK	90	10:37	09:51	10:04	09:53	
58	1573	Probst Sören	*Köln	GER	0:40:28	0:40:28	43	MHK	89	10:27	09:51	10:05	10:02	
59	1688	Theißen Michael	Laktatkönige	GER	0:40:34	0:40:35	2	M55	59	10:13	09:53	10:14	10:12	
60	83	Lüker Sebastian	Uni Münster		0:40:39	0:40:41	5	M30	86	10:41	09:58	10:12	09:46	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
61	3021	Grünheidt Jens	TU Dortmund		0:40:39	0:40:52	44	MHK	87	10:34	10:09	10:03	09:52	
62	2056	Loeb Lukas	*Aachen	GER	0:40:43	0:41:14	45	MHK	95	10:56	09:45	10:03	09:58	
63	1672	Kaatz Michael	Köln läuft!	GER	0:40:46	0:40:55	6	M30	82	10:27	09:52	10:00	10:25	
64	187	Steffes Christian	SV Urmitz	GER	0:40:46	0:40:47	46	MHK	93	10:43	09:43	10:04	10:14	
65	1491	Von Pein Sebastian	VampirPower		0:40:46	0:40:51	47	MHK	90	10:08	10:00	10:20	10:16	
66	1548	Gast Sebastian	*Kerpen	GER	0:40:53	0:41:04	48	MHK	93	10:46	10:01	10:09	09:56	
67	1681	Gajek Chris	Kölner Triathlon Team 01	GER	0:41:02	0:41:05	2	M40	74	10:38	10:04	10:25	09:54	
68	64	Grunwald Tobias	Uni Bonn		0:41:04	0:41:09	49	MHK	89	10:27	10:28	10:02	10:05	
69	39	Hülsdünker Arne	RWTH Aachen		0:41:05	0:41:12	50	MHK	90	10:45	10:02	10:11	10:05	
70	1634	Rhönisch Andreas	Cologne Internationals	GER	0:41:06	0:41:14	51	MHK	91	10:29	10:07	10:21	10:07	
71	1570	Mitchell Rory	*Köln	GBR	0:41:11	0:41:20	52	MHK	88	10:32	10:06	10:35	09:56	
72	1720	Schovenberg Alexander	Team Prothetik UK-Köln		0:41:11	0:41:16	7	M30	84	10:19	10:10	10:27	10:13	
73	135	Iwanski Damian	BLB Köln Runner		0:41:23	0:41:30	3	M40	74	10:57	10:02	10:10	10:12	
74	147	Köster-Eiserfunke Julian	TriathlonSteckelCologne	GER	0:41:25	0:41:33	53	MHK	87	10:27	10:03	10:30	10:24	
75	1763	Noll Mike	WiSo-Warriors	GER	0:41:28	0:41:36	8	M30	86	10:54	10:09	10:19	10:04	
76	1555	Hiller Lukas	*Köln	GER	0:41:30	0:41:37	54	MHK	92	10:16	10:09	10:33	10:31	
77	202	Wilmes Heiko	TV Refrath	GER	0:41:30	0:41:32	8	M45	69	10:43	09:30	10:13	11:04	
78	1628	Nover Sebastian	Cologne Internationals	GER	0:41:33	0:41:52	55	MHK	89	11:23	10:20	10:05	09:44	
79	1640	Voß Philipp	Cologne Internationals	GER	0:41:33	0:41:51	56	MHK	89	11:35	10:08	10:05	09:44	
80	3023	Hagemeyer Paul	TU Dortmund		0:41:37	0:41:56	57	MHK	96	11:12	10:09	10:17	09:58	
81	1610	Löbbing Jonas	CMRunners	GER	0:41:41	0:41:57	58	MHK	90	10:58	10:06	10:19	10:17	
82	1710	Völz Thomas	Team ESG Köln	GER	0:41:43	0:41:44	59	MHK	88	10:16	10:26	10:42	10:17	
83	1871	Fischer Sebastian	*Düsseldorf	GER	0:41:44	0:43:09	60	MHK	96	11:35	09:48	10:13	10:06	
84	2985	Laßmann Tobias	WiSo-Warriors	GER	0:41:44	0:42:00	61	MHK	90	10:23	10:08	10:34	10:38	
85	1739	Heidenreich Prof. Dr. Axel	UKK URO - Bei uns läuftst!	GER	0:41:46	0:41:49	1	M50	64	10:23	10:04	10:32	10:44	
86	2740	Dederichs Kasimir	Martin Widdig	GER	0:41:53	0:42:02	62	MHK	96	10:30	10:11	10:48	10:22	
87	2005	Kluge Lars	*Köln	GER	0:42:00	0:42:44	9	M30	86	12:20	09:42	10:01	09:54	
88	1724	Yosi Lawrence	Team Prothetik UK-Köln		0:42:00	0:42:05	63	MHK	92	10:37	10:31	10:31	10:20	
89	2084	Meuser Tobias	*Köln	GER	0:42:02	0:42:18	64	MHK	90	11:16	10:12	10:23	10:09	
90	1556	Hoevels Godehard	*Köln	GER	0:42:02	0:42:11	2	M50	66	10:54	10:15	10:33	10:19	
91	1678	Engelhardt Kai	Kölner Bank		0:42:08	0:42:09	9	M45	67	11:09	10:17	10:23	10:18	
92	2433	Röth Leonce	Cologne Center for Comparative	GER	0:42:11	0:42:13	10	M30	82	10:21	10:09	10:41	10:58	
93	141	Kaiser Thomas	Sebamed Running Team	GER	0:42:11	0:42:15	65	MHK	89	10:44	10:14	10:36	10:36	
94	2291	Waltermann Moritz	*Köln	GER	0:42:12	0:42:15	66	MHK	91	11:05	10:15	10:27	10:24	
95	2725	Von Reeken Christian	Lets metabolize	GER	0:42:13	0:42:26	67	MHK	90	11:58	10:08	10:15	09:51	
96	1593	Wasgler Mirko	Blutwurst	GER	0:42:15	0:42:23	11	M30	85	10:50	10:21	10:37	10:25	
97	67	Kozak Jan	Uni Bonn		0:42:17	0:42:22	68	MHK	89	11:20	10:19	10:22	10:15	
98	2939	Stoiber-Lipp Florian	Valium i.V.	GER	0:42:17	0:42:27	12	M30	82	10:54	10:23	10:37	10:21	
99	1540	Clemens Rune	*Köln	GER	0:42:20	0:42:25	69	MHK	96	11:13	10:33	10:44	09:49	
100	37	Honnet Niklas	RWTH Aachen		0:42:22	0:42:26	70	MHK	95	10:33	10:38	10:54	10:16	
101	2037	Kuschel Simon	*Köln	GER	0:42:26	0:42:54	71	MHK	94	11:42	10:13	10:16	10:14	
102	3034	Nienaber Thorben			0:42:27	0:42:33	72	MHK	92	10:35	10:23	10:44	10:44	
103	1596	Bornemann Thomas	central-team	GER	0:42:27	0:42:34	10	M45	68	11:24	10:33	10:24	10:04	
104	1723	Wrzosek Paul	Team Prothetik UK-Köln		0:42:27	0:42:34	73	MHK	91	11:08	10:20	10:37	10:20	
105	1726	Hatzky Julian	TECHO Uni Köln	GER	0:42:28	0:42:31	74	MHK	96	10:07	10:25	10:53	11:01	
106	2584	FEix Miguel	Gazellenauffangstation	GER	0:42:36	0:42:36	75	MHK	89	12:03	10:11	10:22	10:00	
107	111	Börger Nico	Rut Wiess Dreckelisch	GER	0:42:37	0:42:48	3	M35	80	11:07	10:18	10:38	10:33	
108	89	Rake Piet	Uni Münster		0:42:46	0:42:50	1	MU2	97	10:39	10:26	10:51	10:49	
109	1660	Passgang Dominic	Gazellenauffangstation	GER	0:42:46	0:42:51	13	M30	86	10:30	10:35	10:55	10:44	
110	1748	Sadowski Christop	Valium i.V.	GER	0:42:47	0:42:55	76	MHK	92	10:48	10:34	10:45	10:38	
111	1552	Hendrix Lars	*Köln	GER	0:42:47	0:42:54	77	MHK	93	10:18	10:42	11:01	10:44	
112	1572	Oehler Matthias	*Köln	GER	0:42:48	0:43:04	14	M30	85	11:26	10:26	10:34	10:20	
113	1730	Pörschmann Christoph	TH Köln	GER	0:42:52	0:43:01	11	M45	70	11:11	10:32	10:42	10:25	
114	1695	Hattendorf Kai	LT Decksteiner Weiher	GER	0:42:53	0:42:55	4	M40	73	10:46	10:36	10:46	10:43	
115	1594	Piehler Björn	BSG DEVK KÖLN	GER	0:43:08	0:43:16	4	M35	77	11:23	10:42	10:46	10:15	
115	165	Röllgen Thomas	HDL Perle	GER	0:43:08	0:43:10	5	M40	73	11:02	10:31	10:52	10:42	
117	156	Montini Federico	Der Ziel ist das Weg	ITA	0:43:11	0:43:18	78	MHK	92	10:59	10:34	10:59	10:39	
118	189	Telschow Lars	KF Lebensstil	GER	0:43:13	0:43:23	79	MHK	90	11:17	10:35	10:40	10:39	
119	2854	Schäfer Stephan	Speedy Sánchez de Colonia	GER	0:43:13	0:43:27	80	MHK	87	11:20	10:25	11:05	10:21	
120	1649	Sturm Benjamin emanuel	Die Südconnection	GER	0:43:15	0:43:33	15	M30	86	11:05	10:32	11:06	10:31	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
121	51	Schmitz Christoph	RWTH Aachen		0:43:16	0:43:19	6	M40	76	11:24	10:45	10:46	10:20	
122	2894	Suchrow Christian	TECHO Uni Köln	GER	0:43:18	0:43:49	81	MHK	89	12:16	10:10	10:15	10:35	
123	1933	Heinemann Felix	*Köln	GER	0:43:19	0:43:35	82	MHK	96	11:22	10:50	10:56	10:10	
124	2662	Buderath Niclas	Kölner Bank		0:43:20	0:43:26	83	MHK	91	11:35	10:53	10:44	10:06	
125	1581	Simon Daniel	*Köln	GER	0:43:21	0:43:29	16	M30	86	11:25	10:43	10:51	10:20	
126	2043	Langenbach Malte	*Köln	GER	0:43:27	0:43:32	84	MHK	87	11:19	10:41	10:49	10:37	
127	1549	Gehling Titus	*Köln	GER	0:43:34	0:43:40	85	MHK	95	10:51	10:37	11:05	10:59	
128	1642	Zorc Primo#	Cologne Internationals	SLO	0:43:38	0:43:40	86	MHK	93	10:51	10:39	11:15	10:52	
129	138	Jahnke Luca	*Leverkusen	GER	0:43:39	0:43:43	87	MHK	93	21:29	00:00	11:01	11:09	
130	3025	Klein Dominic	TU Dortmund		0:43:39	0:43:52	88	MHK		11:05	10:39	11:02	10:51	
131	1613	Clement Lucas	Cologne Internationals	GER	0:43:39	0:43:50	89	MHK	94	11:17	10:56	11:10	10:14	
132	1722	Windeln Lukas	Team Prothetik UK-Köln		0:43:40	0:43:46	90	MHK	92	11:48	11:05	10:21	10:24	
133	76	Diekmann Marius	Uni Münster		0:43:42	0:43:47	7	M40	76	11:23	10:44	10:52	10:41	
134	6	Jahnke Luca	WG Köln		0:43:43	0:43:43	91	MHK	93	32:34	11:09	00:00	11:09	
135	1606	Mansfeld Marco	cleverbridge AG roadrunners		0:43:43	0:43:54	92	MHK	88	10:54	10:42	11:04	11:02	
136	1533	Arne Maercker	*Köln	GER	0:43:45	0:43:58	93	MHK	90	11:12	10:46	11:02	10:44	
137	1663	Jagner Andreas	Jagner psychologische	GER	0:43:45	0:43:52	94	MHK	89	10:56	11:03	10:38	11:06	
138	2675	John Sebastian	Kölner Bank		0:43:46	0:43:52	95	MHK	91	11:34	10:54	10:45	10:32	
139	28	Beer Robin	RWTH Aachen		0:43:49	0:43:56	96	MHK	93	10:49	10:44	11:15	10:59	
140	1595	Frenser Thorsten	Campus Union Köln (RCDS &	GER	0:43:49	0:43:59	97	MHK	87	10:55	10:21	11:04	11:29	
141	1589	Roth Raphael	ASV Köln Rugby	GER	0:43:50	0:44:04	98	MHK	93	11:16	10:56	11:01	10:35	
142	1721	Weißinger Christian	Team Prothetik UK-Köln		0:43:51	0:43:57	17	M30	84	11:01	10:52	11:16	10:41	
143	1754	McGuire Liam	VampirPower		0:43:55	0:44:13	99	MHK	93	11:48	10:28	10:41	10:57	
144	1650	Lukac Fabian	Der Ziel ist das Weg	GER	0:43:56	0:44:08	100	MHK	94	11:33	10:51	11:05	10:25	
145	1757	Schalk Julius	VampirPower		0:43:56	0:44:12	101	MHK	95	11:49	10:30	10:39	10:57	
146	2773	Kirchbach Carsten	OM Partners Köln Runners	GER	0:43:57	0:44:58	102	MHK	90	11:45	10:11	10:14	11:46	
147	1648	Schmitt Maximilian	Die Südconnection	GER	0:43:59	0:44:17	103	MHK	90	11:07	10:31	11:11	11:08	
148	1745	Hodel Liviu	UNION Rösrath	GER	0:44:03	0:44:08	18	M30	86	10:50	11:03	11:30	10:38	
149	1661	Kretschmer Holger	Geographie läuft!	GER	0:44:04	0:44:22	8	M40	75	11:32	10:42	10:55	10:54	
150	1554	Hilken Dr. Stefan	*Köln	GER	0:44:04	0:44:20	19	M30	82	11:32	10:49	11:00	10:41	
151	1635	Schildgen Frederik	Cologne Internationals	GER	0:44:10	0:44:21	104	MHK	92	10:58	10:48	11:08	11:14	
152	1631	Orbach Dr. Dominik	Cologne Internationals	GER	0:44:10	0:44:20	20	M30	82	11:29	10:57	11:02	10:40	
153	2741	Widdig Martin	Martin Widdig	GER	0:44:14	0:44:24	105	MHK	96	11:37	10:50	11:14	10:32	
154	1674	Breckner Christian	Köln Marathon-Team		0:44:14	0:44:24	106	MHK	93	11:15	10:40	11:20	10:58	
155	1536	Bertels Christoph	*Köln	GER	0:44:16	0:44:24	107	MHK	88	11:25	10:43	10:51	11:15	
156	2155	Plihal Sascha	*Köln	GER	0:44:18	0:45:06	108	MHK	88	13:02	10:00	10:42	10:33	
157	129	Hohenhaus Dr. Jörn	Du machst den Unterschied	GER	0:44:21	0:44:29	9	M40	73	11:19	10:39	10:59	11:21	
158	1764	Rütten David	WiSo-Warriors	GER	0:44:21	0:44:28	109	MHK	95	11:51	10:50	10:57	10:41	
159	100	Waßerka Boris			0:44:21	0:44:28	3	M50	64	11:23	10:47	11:07	11:02	
160	2106	Müller Marius	*Köln	GER	0:44:22	0:45:28	110	MHK	91	12:58	10:28	10:21	10:34	
161	2908	Moritz Ralf	Triple 2013	GER	0:44:24	0:44:29	12	M45	68	11:41	10:46	10:59	10:57	
162	1624	Matusche Alexander	Cologne Internationals	GER	0:44:30	0:44:46	111	MHK	90	11:49	10:44	11:04	10:52	
163	1950	Hirschfeld Maximilian	*Köln	GER	0:44:32	0:45:09	112	MHK	94	11:43	10:47	11:05	10:55	
164	2306	Wieselmann Clemens	*Köln	GER	0:44:32	0:44:40	2	MU2	97	12:34	10:35	11:16	10:06	
165	1590	Johnson Dr. Kevin	Bio4ever	GER	0:44:33	0:44:47	4	M50	64	11:36	10:40	11:02	11:13	
166	1994	Kirschner Christian	*Köln	GER	0:44:34	0:44:42	113	MHK	88	10:59	10:57	11:24	11:12	
167	1545	Feit Markus	*Köln	GER	0:44:34	0:44:50	114	MHK	88	11:46	11:03	11:12	10:33	
168	3056	Pabst Robert	RunnersPoint Run Club Köln		0:44:35	0:44:50	115	MHK	90	11:22	10:48	11:08	11:16	
169	1560	Klocke Justus	*Köln	GER	0:44:37	0:44:44	116	MHK	95	10:58	10:52	11:19	11:27	
170	1603	Derksen Volker	cleverbridge AG roadrunners		0:44:38	0:44:51	21	M30	85	11:20	10:48	11:21	11:08	
171	1582	Steinhauer Uli	*Köln	GER	0:44:39	0:44:50	13	M45	67	11:09	11:14	11:24	10:50	
172	1574	Rodemann Julian	*Köln	GER	0:44:39	0:44:55	117	MHK	94	11:42	10:58	11:04	10:53	
173	1676	Linden Gregor	Köln-campus	GER	0:44:40	0:44:53	118	MHK	94	11:35	10:51	11:20	10:52	
174	2394	Exner Jan Hendrik	Campus Union Köln (RCDS &	GER	0:44:45	0:45:06	119	MHK	94	11:00	10:32	11:24	11:47	
175	1729	Stiefvater Philipp	TECHO Uni Köln	GER	0:44:47	0:44:58	120	MHK	95	11:43	10:44	11:09	11:10	
176	2596	Fisser Henrik	Geographie läuft!	GER	0:44:48	0:44:51	121	MHK	95	11:11	10:58	11:17	11:20	
177	1906	Gruson Jasper	*Dortmund	GER	0:44:48	0:44:54	122	MHK	91	10:56	10:48	11:32	11:31	
178	2138	Otto Felix	*Köln	GER	0:44:48	0:45:41	123	MHK	90	13:32	10:06	10:24	10:45	
179	1706	Steigner Guido	Rut Wiess Dreckelisch	GER	0:44:50	0:45:00	124	MHK	91	11:28	11:01	11:07	11:12	
180	1728	Sitter Martin	TECHO Uni Köln	GER	0:44:51	0:45:01	125	MHK	96	11:44	10:51	11:13	11:02	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
181	2852	Klein Carsten	Speedy Sánchez de Colonia	GER	0:44:53	0:45:06	126	MHK	88	11:58	10:59	11:07	10:47	
182	192	Thomas Philipp	Philipp Thomas	GER	0:44:54	0:45:05	127	MHK	92	11:43	10:56	11:05	11:08	
183	2795	Keser Ugur	Ren-Tiere	GER	0:44:54	0:45:16	128	MHK	93	11:12	11:05	11:29	11:06	
184	2197	Schächinger Manuel	*Köln	GER	0:44:54	0:45:11	129	MHK	95	11:38	11:04	11:15	10:55	
185	1664	Burkamp Jasper	Jasper Burkamp	GER	0:44:56	0:45:12	130	MHK	89	11:21	10:52	11:23	11:19	
186	1599	Theune Carsten	central-team	GER	0:44:59	0:45:06	10	M40	72	11:40	11:05	11:17	10:57	
187	2808	Völker Dr. Linus	Ren-Tiere	GER	0:45:00	0:45:10	5	M35	81	11:36	11:05	11:23	10:54	
188	1534	Bäker Thomas	*Köln	GER	0:45:01	0:45:08	5	M50	64	11:43	10:56	11:12	11:08	
189	1715	Hinze Tobias	TEAM MARKETING		0:45:02	0:45:21	131	MHK	90	11:54	10:58	11:20	10:47	
190	1694	Umbach Thorsten	LKW-Schorse	GER	0:45:02	0:45:23	22	M30	85	11:29	10:51	11:15	11:24	
191	2011	Knubben Philipp	*Köln	GER	0:45:03	0:46:20	132	MHK	95	12:52	10:43	10:51	10:35	
192	2223	Schulte Denis	*Troisdorf	GER	0:45:04	0:45:37	23	M30	83	11:46	10:56	11:15	11:04	
193	2201	Schallehn Prof. Dr. Mike	*Köln	GER	0:45:04	0:45:29	6	M35	78	12:03	11:02	11:04	10:52	
194	2144	Peltzer Nico	*Köln	GER	0:45:04	0:46:42	7	M35	80	12:17	10:51	11:08	10:47	
195	2145	Pelzer Alexander	*Hürtgenwald	GER	0:45:05	0:45:44	133	MHK	91	12:19	10:40	11:13	10:52	
196	1702	Götz Oliver	Oliver Götz	GER	0:45:05	0:45:20	134	MHK	89	12:07	11:02	11:06	10:49	
197	1765	Schmidt Nikolaus	WiSo-Warriors	GER	0:45:06	0:45:20	24	M30	82	12:08	11:02	11:06	10:49	
198	2232	Simon Volker	*Köln	GER	0:45:08	0:45:10	8	M35	77	11:19	10:54	11:36	11:17	
199	2730	Kourkoulos Dr. Dimitrios	LKW-Schorse	GER	0:45:12	0:45:44	25	M30	86	12:24	10:54	11:01	10:51	
200	1553	Herbst Tobias	*Köln	GER	0:45:15	0:45:25	135	MHK	91	11:46	11:06	11:12	11:09	
201	1742	Pfister Prof. Dr. David	UKK URO - Bei uns läuft!	GER	0:45:20	0:45:31	9	M35	78	11:53	11:12	11:14	10:58	
202	1614	Dannenberg Lukas	Cologne Internationals	GER	0:45:20	0:45:40	136	MHK	94	12:01	11:09	11:16	10:52	
203	81	Kräuter Nils	Uni Münster		0:45:20	0:45:24	137	MHK	91	11:50	11:09	11:11	11:08	
204	1641	Westheide Martin	Cologne Internationals	GER	0:45:21	0:45:40	138	MHK	94	11:32	11:06	11:33	11:07	
205	1759	Zizka Caspar	VampirPower		0:45:21	0:45:39	139	MHK	91	11:49	11:03	11:29	10:59	
206	2734	Stauber Johannes	MACH3	GER	0:45:26	0:45:44	140	MHK	90	11:20	10:53	11:49	11:22	
207	2156	Pöschko Jonas	*Köln	GER	0:45:28	0:45:36	141	MHK	92	12:07	11:07	11:18	10:53	
208	1587	Mohr Fabian	Alpha Zeta Delta	GER	0:45:28	0:45:43	142	MHK	90	12:03	10:52	11:11	11:20	
209	1585	Zimmermann Jan-Lucas	*Leichlingen	GER	0:45:29	0:45:34	143	MHK	95	10:52	11:08	11:47	11:40	
210	2811	Witthus Dr. Marco	Ren-Tiere	GER	0:45:31	0:45:41	10	M35	80	12:02	11:04	11:22	11:02	
211	3064	Buhr Holger			0:45:32	0:45:36	11	M40	74	11:16	11:14	11:27	11:33	
212	3027	Trautmann Hendrik			0:45:32	0:45:39	144	MHK	91	10:59	11:13	11:47	11:32	
213	1615	Hackstein Chris	Cologne Internationals	GER	0:45:33	0:45:54	145	MHK	95	11:41	10:53	11:35	11:22	
214	3060	Nigus Nigus	RunnersPoint Run Club Köln		0:45:33	0:45:42	146	MHK	90	11:33	11:42	11:18	10:59	
215	2804	Seelemeyer Felix	Ren-Tiere	GER	0:45:35	0:45:43	147	MHK	91	12:07	11:07	11:18	11:01	
216	1577	Rückels Fabian	*Köln	GER	0:45:36	0:45:43	148	MHK	91	11:48	11:13	11:25	11:08	
217	1567	Menden Michael	*Köln	GER	0:45:40	0:45:46	149	MHK	93	11:48	11:06	11:19	11:26	
218	1973	Jungandreas Dustin	*Köln	GER	0:45:44	0:46:39	150	MHK	95	12:26	11:10	11:16	10:50	
219	2976	Sänger Jakob	Wilde Seekühe	GER	0:45:44	0:46:57	151	MHK	94	12:20	11:10	11:21	10:51	
220	2442	Börger Christian	Cologne Internationals	GER	0:45:49	0:45:57	26	M30	85	11:57	11:13	11:26	11:12	
221	1538	Braasch David	*Overath	GER	0:45:49	0:46:11	152	MHK	95	12:29	11:01	11:03	11:16	
222	2491	Seifert Sebastian	Cologne Internationals	GER	0:45:53	0:46:01	27	M30	86	11:56	11:13	11:26	11:17	
223	2290	Wallrath Martin	*Dormagen	GER	0:45:54	0:45:55	11	M35	80	11:11	11:34	11:46	11:21	
224	2581	Rohmann Rene	Fire Fighter Uniklinik Koeln	GER	0:45:54	0:45:59	153	MHK	88	11:29	11:11	11:54	11:18	
225	2014	Kockisch Andreas	*Köln	GER	0:45:55	0:45:58	154	MHK	87	12:01	11:21	11:19	11:12	
226	2731	Schaefer Tim	LKW-Schorse	GER	0:45:56	0:46:22	155	MHK	90	12:37	11:06	11:11	11:01	
227	2582	Waldecker Frank	Fire Fighter Uniklinik Koeln	GER	0:45:59	0:46:04	14	M45	67	11:52	11:14	11:29	11:23	
228	1568	Mengler Till	*Köln	GER	0:46:00	0:46:02	28	M30	83	11:53	11:24	11:32	11:09	
229	117	Court Prof. Dr. Jürgen	KHTC BW Köln	GER	0:46:00	0:46:08	3	M55	61	12:22	11:15	11:17	11:04	
230	1558	Jacob Thomas	*Köln	GER	0:46:01	0:46:08	156	MHK	92	11:17	11:12	11:38	11:53	
231	3038	Broichmann Martin	RunnersPoint Run Club Köln		0:46:02	0:46:12	157	MHK	90	11:52	11:17	11:37	11:14	
232	1632	Ott Nick	Cologne Internationals	USA	0:46:05	0:46:25	158	MHK	95	11:56	11:13	11:32	11:23	
233	2262	Thullen Stefan	*Köln	GER	0:46:06	0:47:23	159	MHK	93	13:01	10:58	11:22	10:44	
234	2617	Schroeter Tobias	Hinter Mailand	GER	0:46:06	0:46:16	160	MHK	88	11:41	11:21	11:43	11:20	
235	2594	Bühler Joshua	Geographie läuft!	GER	0:46:07	0:46:26	161	MHK	95	12:24	11:08	11:25	11:08	
236	1622	Krüger Fabio	Cologne Internationals	GER	0:46:09	0:46:22	162	MHK	93	12:01	11:15	11:31	11:21	
237	120	Götting Tino	Köln läuft!	GER	0:46:09	0:46:30	12	M35	80	11:52	11:11	11:34	11:31	
238	2713	Wanken Manuel	Lauch läuft schneller	GER	0:46:09	0:46:15	163	MHK	95	11:56	11:17	11:29	11:27	
239	2312	Wisshöfer Philipp	*Köln	GER	0:46:10	0:47:41	164	MHK	90	13:23	10:57	10:52	10:57	
240	1940	Hemme Tobias	*Köln	GER	0:46:10	0:47:27	165	MHK	95	12:55	10:50	11:15	11:08	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
241	1955	Holitschka Stefan	*Köln	GER	0:46:10	0:46:58	29	M30	83	12:00	11:02	11:33	11:35	
242	162	Preuß Stephan	SV Auweiler-Esch	GER	0:46:11	0:46:32	30	M30	85	12:15	11:07	11:25	11:23	
243	2230	Seher Julius	*Köln	GER	0:46:14	0:46:32	166	MHK	96	11:56	11:15	11:49	11:12	
244	1662	Willmes Christian	Geographie läuft!	GER	0:46:15	0:46:17	13	M35	80	11:33	11:27	11:47	11:26	
245	3076	Allaqui Allaeddine	Uni Duisburg Essen		0:46:15	0:46:34	31	M30	85	12:10	11:24	11:32	11:07	
246	1758	Schmitz Jan	VampirPower		0:46:15	0:46:32	167	MHK	95	11:55	11:18	11:43	11:18	
247	1659	Wiemer Maximilian	Feuerwehr Lohmar	GER	0:46:16	0:46:25	32	M30	86	12:09	11:23	11:33	11:10	
248	1861	Famf Fabrizio	*Köln	ITA	0:46:17	0:46:24	168	MHK	95	12:35	11:09	11:38	10:53	
249	2719	Sudmann Tobias	Laufmonster	GER	0:46:17	0:46:20	14	M35	78	12:00	11:20	11:25	11:31	
250	2685	Reeke Bastian	Kölner Bank		0:46:18	0:46:24	169	MHK	91	11:35	11:05	11:55	11:41	
251	2035	Kuhl Tobias	*Köln	GER	0:46:20	0:46:59	170	MHK	93	12:32	11:19	11:31	10:57	
252	3049	Wirthensohn Dominik	RunnersPoint Run Club Köln		0:46:21	0:46:37	171	MHK	90	11:52	11:33	11:37	11:17	
253	3020	Thomas Johannes	TU Dortmund		0:46:21	0:46:39	172	MHK	93	11:56	11:11	11:35	11:38	
254	174	Scholten Jan	RFH Köln	GER	0:46:22	0:46:31	173	MHK	88	12:14	11:15	11:31	11:20	
255	1858	Esch Philip	*Köln	GER	0:46:22	0:46:41	174	MHK	95	11:38	11:03	11:36	12:03	
256	177	Seelbach Philipp	Geographie läuft!	GER	0:46:23	0:46:41	15	M35	78	11:49	11:11	11:32	11:49	
257	1625	Mertesacker Sebastian	Cologne Internationals	GER	0:46:24	0:46:41	175	MHK	89	11:39	11:08	11:44	11:53	
258	1731	Bosbach Gerd	TriathlonSteckelCologne	GER	0:46:26	0:46:44	1	M60	53	12:20	11:22	11:21	11:21	
259	195	Von Dreden Tobias	*Köln	GER	0:46:27	0:46:46	176	MHK	88	12:34	11:27	11:15	11:10	
260	1732	Decker Torre	TriathlonSteckelCologne	GER	0:46:27	0:46:32	177	MHK	90	11:18	11:27	12:07	11:34	
261	2325	Zilligen Christoph	*Rheinbach	GER	0:46:29	0:46:38	178	MHK	94	12:11	11:11	11:38	11:27	
262	2424	Wigger Christoph	CMRunners	GER	0:46:29	0:47:18	179	MHK	87	12:54	11:10	11:21	11:03	
263	2010	Knops Pieter	*Köln	GER	0:46:32	0:46:37	180	MHK	88	12:22	11:26	11:29	11:14	
264	2818	Zelinsky Zeno	Romanisfit	GER	0:46:36	0:47:18	16	M35	81	12:27	11:18	11:34	11:16	
265	2643	Steinebach Ulf	Köln läuft!	GER	0:46:37	0:46:45	12	M40	75	12:06	11:22	11:35	11:32	
266	1713	Berkmann Manuel	TEAM MARKETING		0:46:37	0:46:55	33	M30	85	11:23	11:11	12:33	11:29	
267	2966	Brenk Benjamin	Volles Rohr	GER	0:46:38	0:47:21	181	MHK	89	12:36	11:20	11:22	11:19	
268	1932	Heidenthal Christoph	*Köln	GER	0:46:41	0:47:05	182	MHK	91	12:13	11:32	11:41	11:14	
269	1626	Monger Michael	Cologne Internationals	GER	0:46:42	0:46:55	183	MHK	89	11:50	11:25	11:58	11:28	
270	2269	Tüns Daniel	*Köln	GER	0:46:43	0:46:54	184	MHK	89	12:07	11:14	11:38	11:42	
271	1714	Edeling Alexander	TEAM MARKETING		0:46:45	0:47:03	34	M30	84	11:46	11:23	11:58	11:36	
272	3052	Töpelmann Frank	RunnersPoint Run Club Köln		0:46:46	0:47:02	185	MHK	90	11:45	11:18	11:51	11:50	
273	1707	Wölfl Simon	Rut Wiess Dreckelisch	GER	0:46:46	0:46:57	186	MHK	87	12:09	11:36	11:50	11:10	
274	2286	Von Soosten Hendrik	*Köln	GER	0:46:47	0:47:15	187	MHK	96	12:38	11:05	11:22	11:40	
275	2187	Rohbeck Jan Frederick	*Köln	GER	0:46:47	0:47:15	188	MHK	91	12:39	11:03	11:24	11:39	
276	148	Köster-Eiserfunke Julian	TriathlonSteckelCologne	GER	0:46:48	0:46:53	189	MHK	87	11:54	11:03	11:38	12:11	
277	2215	Schneider Florian	*Köln	GER	0:46:53	0:47:55	190	MHK	93	12:58	11:11	11:35	11:08	
278	1712	Pasch Hannes	Team Herbert	GER	0:46:58	0:47:09	191	MHK	88	12:03	11:45	11:38	11:31	
279	2452	Földi Gergely	Cologne Internationals	HUN	0:47:02	0:47:33	192	MHK	94	13:39	10:57	11:23	11:01	
280	1636	Stewen Leo	Cologne Internationals	GER	0:47:04	0:47:17	193	MHK	95	12:01	11:17	11:57	11:47	
281	2971	Klett Jochen	Volles Rohr	GER	0:47:04	0:47:46	15	M45	68	12:58	11:16	11:36	11:14	
282	1691	Kusterer David	LG Rasch	GER	0:47:04	0:47:14	35	M30	82	11:31	11:20	12:06	12:05	
283	2573	Sandow Jan	Euterbär	GER	0:47:05	0:47:40	194	MHK	88	13:15	11:18	11:32	10:58	
284	1883	Gartzke Oliver	*Bonn	GER	0:47:10	0:48:27	195	MHK	92	12:52	10:43	11:56	11:37	
285	123	Guth Charly	Köln läuft!	GER	0:47:11	0:47:19	16	M45	69	12:03	11:23	11:46	11:57	
286	166	Röllgen Thomas	HDL Perle	GER	0:47:12	0:47:15	13	M40	73	12:17	11:27	11:49	11:39	
287	1611	Dresbach Frank	Cologne Allblacks	GER	0:47:13	0:47:22	17	M45	67	11:51	11:24	12:01	11:55	
288	2543	Bau Michael Lilly	Du machst den Unterschied	GER	0:47:14	0:47:53	36	M30	85	12:54	11:12	11:25	11:42	
289	2537	Steinhoff Louis	Digital Helpers e.V.		0:47:16	0:47:32	3	MU2	97	12:19	11:25	11:49	11:41	
290	2522	Hütig Elias	Digital Helpers e.V.		0:47:17	0:47:32	4	MU2	97	12:19	11:27	11:48	11:41	
291	2944	Gimbarov Sergej	VampirPower		0:47:17	0:47:39	6	M50	66	12:32	11:25	11:40	11:39	
292	1586	Rehmer Jan	#Läuft	GER	0:47:18	0:47:33	196	MHK	91	12:02	11:23	11:59	11:52	
293	1705	Schönfelder Daniel	Rut Wiess Dreckelisch	GER	0:47:18	0:47:30	17	M35	80	12:08	11:36	11:50	11:42	
294	1795	Behrenbruch Clemens	*Köln	GER	0:47:19	0:47:21	7	M50	66	12:35	11:28	11:36	11:39	
295	132	Icking Christian	Kreissparkasse Köln	GER	0:47:19	0:47:32	37	M30	83	12:32	11:34	11:39	11:33	
296	1810	Bohn Dr. Ulrich	*Köln	AUT	0:47:19	0:49:20	38	M30	86	12:53	11:16	11:29	11:39	
297	2532	Neuerburg Nikolaus	Digital Helpers e.V.		0:47:21	0:47:59	197	MHK	88	12:40	11:35	11:57	11:07	
298	2789	Butt Linus	Ren-Tiere	GER	0:47:22	0:47:43	198	MHK	87	13:37	11:26	11:12	11:05	
299	204	Winkelhausen Jörg	Collegium musicum der Universi	GER	0:47:23	0:47:35	18	M35	77	12:32	11:34	11:39	11:36	
300	2198	Schäfer Daniel	*Köln	GER	0:47:26	0:48:27	199	MHK	92	13:04	11:34	11:36	11:11	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
301	2105	Müller Marcel	*Köln	GER	0:47:27	0:47:36	200	MHK	92	11:41	11:32	12:24	11:48	
302	2520	Brammertz Max	Digital Helpers e.V.		0:47:29	0:48:04	39	M30	86	12:42	11:35	11:57	11:13	
303	136	Iwanski Damian	BLB Köln Runner		0:47:30	0:48:01	14	M40	74	13:14	11:15	11:36	11:22	
304	2784	Kraemer Hartmut	R+V	GER	0:47:33	0:47:53	2	M60	56	12:26	11:18	11:46	12:02	
305	2331	Klöppner Sven	HARDTSEEMAFIA	GER	0:47:34	0:48:43	19	M35	77	13:27	11:18	11:40	11:08	
306	1666	Schmitt Uwe	josefineum e.V.	GER	0:47:34	0:47:49	8	M50	65	12:33	12:12	11:37	11:11	
307	1677	Scheid Lukas	Kölncampus	GER	0:47:35	0:47:44	201	MHK	92	12:21	11:36	11:55	11:41	
308	2996	Holbein Dr. Simon	Wo/men of Steel	GER	0:47:35	0:48:31	40	M30	86	13:11	11:09	11:48	11:26	
309	1826	Campa Toyos Dr. Isaac	*Hürth	ESP	0:47:35	0:47:37	41	M30	86	11:45	12:04	12:08	11:37	
310	1541	De Braquilanges Luc	*Hürth	FRA	0:47:36	0:47:46	202	MHK	95	11:33	11:42	12:09	12:11	
311	2711	Van Voorthuizen Daniel	Lauch läuft schneller	GER	0:47:36	0:47:41	203	MHK	92	12:01	11:47	12:09	11:37	
312	78	Grauer Arne	Uni Münster		0:47:37	0:47:43	204	MHK	92	12:05	11:39	11:57	11:54	
313	1671	Ewert Stefan	Köln läuft!	GER	0:47:37	0:48:00	20	M35	77	11:53	11:40	12:08	11:55	
314	1633	Paschetag Christian	Cologne Internationals	GER	0:47:38	0:47:51	205	MHK	90	11:37	11:39	12:59	11:21	
315	1627	Moss Lukas	Cologne Internationals	GER	0:47:40	0:48:00	206	MHK	94	12:00	11:24	11:54	12:20	
316	1685	Kunert Egbert	Laktatkönige	GER	0:47:44	0:48:04	4	M55	60	12:19	11:36	11:47	12:00	
317	2809	Von Gersdorff Gero	Ren-Tiere	GER	0:47:45	0:48:06	9	M50	65	13:08	11:41	11:34	11:19	
318	2793	Kaiser Rainer	Ren-Tiere	GER	0:47:45	0:48:06	207	MHK	91	13:09	11:42	11:33	11:19	
319	1792	Becker Moritz	*Köln	GER	0:47:46	0:48:32	208	MHK	92	13:20	11:32	11:38	11:15	
320	2413	Koch Jan	cleverbridge AG roadrunners		0:47:49	0:47:59	42	M30	85	12:35	11:25	11:43	12:04	
321	2637	Strack Marian	KF Lebensstil	GER	0:47:53	0:49:10	209	MHK	91	13:11	11:37	11:55	11:09	
322	2027	Krichbaum Johann	*Köln	GER	0:47:54	0:48:01	210	MHK	92	12:16	11:38	12:09	11:50	
323	1747	Lülf-Kaduk Manuel	Valium i.V.	GER	0:47:55	0:48:18	211	MHK	92	12:40	11:52	11:44	11:37	
324	1872	Fix Anton	*Köln	GER	0:47:56	0:48:16	43	M30	85	12:38	11:36	11:49	11:52	
325	1698	Wolters Frank	Mercator-Institut	GER	0:47:57	0:48:00	18	M45	68	11:44	11:50	12:21	12:00	
326	86	Minnich Aljoscha	Uni Münster		0:48:04	0:48:11	212	MHK	92	12:05	11:43	12:13	12:02	
327	2421	Hansen Dr. Emanuel	CMRunners	GER	0:48:05	0:48:54	21	M35	81	12:56	11:35	11:54	11:39	
328	1996	Klein Konstantin	*Köln	GER	0:48:05	0:48:17	213	MHK	90	12:06	11:22	12:12	12:24	
329	1563	Kühl Matthias	*Friedberg	GER	0:48:05	0:48:56	214	MHK	89	12:21	11:55	12:02	11:45	
330	2456	Hintemann Klaus Peter	Cologne Internationals	GER	0:48:05	0:48:40	44	M30	83	13:48	11:44	11:55	10:38	
331	1565	Lodemann Tim	*Köln	GER	0:48:06	0:48:22	45	M30	84	12:31	11:40	12:05	11:48	
332	142	Kaiser Thomas	Sebamed Running Team	GER	0:48:06	0:48:13	215	MHK	89	11:33	11:31	12:11	12:50	
333	1808	Bohlmann Jan	*Köln	GER	0:48:07	0:48:23	216	MHK	94	13:00	11:58	11:43	11:24	
334	2988	Ripp Christoph	WiSo-Warriors	GER	0:48:07	0:48:25	22	M35	77	13:01	11:37	11:46	11:42	
335	2812	Del Olmo Roberto	Roberto del Olmo	ESP	0:48:08	0:48:24	46	M30	82	11:51	11:49	12:04	12:23	
336	2879	Fußwinkel Andreas	TECHO Uni Köln	GER	0:48:09	0:49:12	217	MHK	92	13:49	10:56	12:10	11:12	
337	1852	Eger Christian	*Wuppertal	GER	0:48:09	0:48:22	47	M30	86	11:59	11:27	12:16	12:25	
338	2047	Leidiger Dirk	*Köln	GER	0:48:10	0:49:18	23	M35	79	13:33	11:36	11:38	11:22	
339	2113	Nelte Philipp	*Köln	GER	0:48:11	0:49:36	218	MHK	96	12:32	11:07	11:46	12:44	
340	1693	Schwert Sascha	LG RWE Power	GER	0:48:11	0:48:24	219	MHK	87	12:07	11:38	11:59	12:24	
341	1990	Ketterer Stefan	*Köln-Junkersdorf	GER	0:48:11	0:49:36	220	MHK	93	12:32	11:07	11:45	12:45	
342	2487	Schnurawa Lukas	Cologne Internationals	GER	0:48:11	0:48:15	48	M30	85	12:32	12:00	12:15	11:22	
343	1602	Böckem Sebastian	cleverbridge AG roadrunners		0:48:11	0:48:24	221	MHK	90	11:18	11:14	12:41	12:57	
344	2832	Stollwerk Christoph	RRZK	GER	0:48:12	0:49:04	49	M30	83	13:10	11:43	11:48	11:29	
345	1620	Khugaev Eric	Cologne Internationals	RUS	0:48:13	0:48:14	222	MHK	96	11:32	12:06	12:56	11:37	
346	1793	Becker-Peth Michael	*Frechen	GER	0:48:15	0:48:41	24	M35	81	12:42	11:48	12:01	11:43	
347	2699	Fischer Lukas	Kölsche Mädels und Lukas	GER	0:48:15	0:49:36	223	MHK	95	13:18	11:47	11:47	11:21	
348	2960	Thormann Kai	VampirPower		0:48:16	0:48:26	25	M35	81	12:20	11:38	12:08	12:08	
349	2826	Utsch Chris	Rote Ochsen	GER	0:48:17	0:48:55	50	M30	85	12:53	11:36	11:54	11:52	
350	1751	Gebert Jurij	VampirPower		0:48:21	0:48:39	224	MHK	89	12:09	11:57	11:57	12:17	
351	2200	Schäfer Matthieu	*Köln	GER	0:48:23	0:48:34	225	MHK	95	12:44	12:03	12:14	11:20	
352	1291	Schlecht David	PhilFak	GER	0:48:23	0:49:15	226	MHK	92	13:15	11:46	11:44	11:37	
353	91	Stephanblome Klaus	Uni Münster		0:48:23	0:48:28	10	M50	64	12:37	11:46	12:05	11:54	
354	2576	Fabig Christian	Fett wien Turnschuh	GER	0:48:27	0:49:15	227	MHK	88	13:36	11:44	11:52	11:14	
355	2868	Wichmann Julian	TEAM MARKETING		0:48:28	0:49:11	228	MHK	90	13:26	11:49	11:52	11:18	
356	102	Azimi Ramtin	*Köln	GER	0:48:30	0:48:38	229	MHK	91	12:18	11:57	12:40	11:34	
357	2905	Rosso Martin	THW Köln		0:48:31	0:48:56	230	MHK	94	13:06	11:37	11:56	11:50	
358	1489	Stier Bernhard	VampirPower		0:48:31	0:48:37	231	MHK	90	11:32	11:58	12:33	12:26	
359	1833	Ciftci Cem	*Köln	GER	0:48:33	0:49:51	232	MHK	95	13:02	11:09	12:28	11:53	
360	2069	Lux Romain	*Köln	GER	0:48:34	0:49:03	233	MHK	90	12:48	11:26	11:56	12:23	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
361	2151	Pilscheur Marc	*Köln	GER	0:48:37	0:48:48	51	M30	83	12:06	12:11	12:27	11:51	
362	1856	Enders Kilian	*Köln	GER	0:48:37	0:49:04	234	MHK	94	12:59	11:47	12:02	11:47	
363	1912	Haas Philipp	*Köln	GER	0:48:37	0:49:04	52	M30	85	12:46	11:27	11:54	12:29	
364	2206	Schellberg Daniel	*Köln	GER	0:48:39	0:50:42	26	M35	81	13:42	12:10	11:55	10:51	
365	750	Fürnberg Kasimir	*Köln	GER	0:48:39	0:48:56	235	MHK	95	12:36	12:01	12:10	11:51	
366	2225	Schygulla Rainer	*Hürth	GER	0:48:41	0:49:03	236	MHK	96	13:16	11:35	11:52	11:56	
367	2750	Purpur Jan-Marc	MTP - Marketing zwischen	GER	0:48:41	0:48:54	237	MHK	94	12:44	11:40	12:27	11:49	
368	2623	Miebach Christian	JuRace	GER	0:48:43	0:49:07	238	MHK	93	13:10	11:48	11:57	11:47	
369	1708	Lindner Björn	sportvorort	GER	0:48:44	0:49:29	15	M40	75	13:19	11:42	11:49	11:53	
370	2848	Kemper Jan	Schweiz	GER	0:48:46	0:50:32	239	MHK	88	14:33	11:34	11:26	11:11	
371	2578	Bach Marcel	Fire Fighter Uniklinik Koeln	GER	0:48:46	0:48:52	53	M30	86	12:33	12:01	12:20	11:50	
372	1778	Arnz Jan-Michel	*Köln	GER	0:48:49	0:48:58	240	MHK	92	12:41	12:11	12:28	11:28	
373	2763	Hattrick Tom	NGM and others		0:48:49	0:48:58	54	M30	82	11:57	11:15	12:27	13:09	
374	2575	Dominik Daniel	Fett wien Turnschuh	GER	0:48:49	0:49:37	241	MHK	88	13:35	11:44	11:52	11:36	
375	2166	Rahil David	*Frechen	GER	0:48:52	0:50:09	242	MHK	96	13:31	11:34	11:56	11:49	
376	2949	Johannes Müller Andreas	VampirPower		0:48:52	0:49:04	16	M40	74	12:46	11:41	12:08	12:15	
377	2004	Klüger Tim	*Köln	GER	0:48:53	0:49:08	243	MHK	88	13:00	11:51	12:11	11:49	
378	2171	Rauch Leon	*Köln	GER	0:48:54	0:49:28	5	MU2	97	13:06	12:00	12:14	11:33	
379	1821	Bunte Konstantin	*Köln	GER	0:48:54	0:49:08	244	MHK	92	12:16	11:40	12:33	12:23	
380	2656	Franke Jonas	Kölncampus	GER	0:48:56	0:49:06	55	M30	84	12:17	11:46	12:25	12:26	
380	1584	Wiedmeyer Timm	*Köln	GER	0:48:56	0:49:07	245	MHK	94	11:53	11:54	12:39	12:28	
382	3077	Bollinger Alexander	Cologne Internationals		0:48:58	0:49:31	246	MHK	89	12:55	11:31	12:12	12:19	
383	1608	Neessen Winni	cleverbridge AG roadrunners		0:48:59	0:49:11	27	M35	80	12:39	11:56	12:32	11:50	
384	1803	Binnebösel Stephan	*Köln	GER	0:49:00	0:49:04	247	MHK	89	12:44	11:43	12:11	12:20	
385	1753	Kowatschew Daniel	VampirPower		0:49:01	0:49:20	28	M35	80	12:31	11:39	12:16	12:33	
386	1725	Gaspar Matthias	TECHO Uni Köln	GER	0:49:04	0:49:14	248	MHK	93	12:30	12:09	12:13	12:10	
387	2478	Potucek Tomas	Cologne Internationals	CZE	0:49:04	0:50:17	249	MHK	93	12:43	12:09	12:41	11:30	
388	1551	Grebenschikov Dmitrij	*Bonn	GER	0:49:05	0:49:24	250	MHK	94	11:45	12:19	12:28	12:31	
389	1639	Vennemann Simon	Cologne Internationals	GER	0:49:05	0:49:23	251	MHK	91	11:40	12:00	12:58	12:26	
390	1914	Häfner Jelte	*Köln	GER	0:49:05	0:49:18	252	MHK	90	12:29	12:09	12:26	12:00	
391	1205	Bolz Jan-Erik	KölnAlumni		0:49:07	0:49:45	56	M30	84	13:24	11:47	12:06	11:48	
392	2389	Berners Karl-Peter	BSG BSG VR-BankNordeifel eG	GER	0:49:08	0:49:16	5	M55	59	12:37	12:00	12:13	12:16	
393	2183	Richter Pawel	*Köln	GER	0:49:11	0:49:49	29	M35	79	13:44	11:17	12:12	11:57	
394	2430	Abel Dennis	Cologne Center for Comparative	GER	0:49:11	0:49:14	253	MHK	88	12:41	12:00	12:23	12:06	
395	1686	Lönhardt Michael	Laktatkönige	GER	0:49:13	0:49:34	6	M55	61	12:47	11:59	12:14	12:12	
396	2231	Seyfried Sebastian	*Köln	GER	0:49:15	0:49:57	254	MHK	91	13:02	11:51	12:27	11:54	
397	3000	Rothgenger Jonathan	Zfl		0:49:17	0:50:36	57	M30	84	13:52	11:50	12:01	11:32	
398	2607	Wrana Jöran	Geographie läuft!	GER	0:49:18	0:49:24	255	MHK	87	12:44	12:03	12:20	12:08	
399	198	Weber Sebastian	BLB Köln Runner		0:49:18	0:49:27	256	MHK	93	12:29	11:44	12:27	12:36	
400	144	Kerkhoff Philipp	Cologne Southside	GER	0:49:20	0:49:29	30	M35	80	12:41	12:00	12:13	12:25	
401	2050	Lesch Alessio	*Köln	GER	0:49:22	0:49:49	257	MHK	95	13:00	11:57	12:33	11:50	
402	3028	Walder Lars			0:49:23	0:49:34	31	M35	77	12:37	12:05	12:35	12:05	
403	2400	Huber Christian	Christian Huber	GER	0:49:24	0:49:47	19	M45	71	13:04	11:42	12:16	12:21	
404	1998	Klemm Dr. Christoph	*Köln	GER	0:49:26	0:49:51	32	M35	80	12:53	12:24	12:15	11:54	
405	3004	Gerigk Ulrich	NGM and others		0:49:27	0:49:37	3	M60	56	12:23	12:01	12:29	12:33	
406	1643	Schön Miguel	Die CurryErasmus	POR	0:49:27	0:50:17	258	MHK	94	14:54	12:18	11:28	10:45	
407	1646	Westphal Simon	Die immer lachen	GER	0:49:27	0:49:37	259	MHK	94	12:40	12:34	12:37	11:35	
408	1909	Gumny Julian	*Köln	GER	0:49:28	0:49:43	260	MHK	91	12:42	12:00	12:36	12:08	
409	108	Biesemann Andreas	*Hürth	GER	0:49:30	0:49:39	33	M35	79	12:42	12:00	12:13	12:34	
410	1746	Lüf Manfred	Valium i.V.	GER	0:49:31	0:49:53	4	M60	56	13:02	12:12	12:09	12:06	
411	2435	Sauermann Jan	Cologne Center for Comparative	GER	0:49:33	0:49:40	34	M35	81	11:45	11:50	13:01	12:56	
412	1818	Broich Fabian	*Rommerskirchen	GER	0:49:35	0:50:59	261	MHK	90	13:37	12:09	12:09	11:38	
413	2926	Boll Markus	Valium i.V.	GER	0:49:35	0:50:10	262	MHK	88	13:59	12:01	11:54	11:39	
414	2425	Erdmann Korbinian	Collegium musicum der Universi	GER	0:49:38	0:51:27	263	MHK	87	13:47	12:07	12:00	11:42	
415	2999	Waßer Florian	Wo/men of Steel	GER	0:49:39	0:50:26	264	MHK	87	13:11	11:51	12:24	12:12	
416	2558	Scholz Christian	Du machst den Unterschied	GER	0:49:39	0:49:43	35	M35	81	12:55	12:14	12:14	12:14	
417	118	Court Prof. Dr. Jürgen	KHTC BW Köln	GER	0:49:41	0:49:56	7	M55	61	13:41	11:55	12:11	11:53	
418	1969	Johne Kevin	*Köln	GER	0:49:42	0:50:18	265	MHK	90	14:30	11:40	11:48	11:43	
419	2163	Putzer Nils	*Köln	GER	0:49:43	0:50:24	266	MHK	94	13:19	12:14	12:15	11:53	
420	2273	Verkh Hennadiy	*Köln	GER	0:49:43	0:50:22	36	M35	81	12:57	12:54	12:16	11:34	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
421	2690	Schulze Tilling Matthias	Kölner Bank		0:49:44	0:49:54	267	MHK	96	12:28	12:11	13:10	11:53	
422	2561	Ludwig Dr. Patrick	Dynamo Dauerregen	GER	0:49:51	0:50:28	37	M35	81	13:51	12:00	12:00	11:58	
423	1926	Hansen Felix	*Bonn	GER	0:49:52	0:51:25	268	MHK	95	15:10	12:52	11:14	10:35	
424	1749	Sadowski Kurt	Valium i.V.	GER	0:49:52	0:50:11	8	M55	58	12:54	12:12	12:26	12:19	
425	2059	Loewer Ralf	*Köln	GER	0:49:53	0:50:05	11	M50	65	13:38	12:00	12:15	11:59	
426	2499	Bobeth Michael	Dauerlaufschule Köln	GER	0:49:54	0:49:56	12	M50	62	11:49	11:21	12:10	14:33	
427	2653	Wessling Jan	KölnAlumni		0:49:54	0:50:14	1	MU1	02	13:01	11:54	12:22	12:37	
428	2058	Löpki Dirk	*Köln	GER	0:49:54	0:50:06	13	M50	63	13:27	12:11	12:23	11:51	
429	2652	Wessling Harry	KölnAlumni		0:49:54	0:50:15	20	M45	68	13:01	11:53	12:22	12:37	
430	1647	Rimkus Felix	Die schnellen Intellektuellen	GER	0:49:59	0:50:17	58	M30	85	12:41	12:11	12:40	12:26	
431	2919	Lehr Kevin	Usain Frese	GER	0:49:59	0:51:42	269	MHK	93	14:55	12:28	11:22	11:13	
432	1578	Salgado Pepitoo	*Hürth	GER	0:50:00	0:50:22	270	MHK	93	12:30	12:08	12:53	12:27	
433	2437	Agogué Vincent	Cologne Internationals	FRA	0:50:00	0:50:25	271	MHK	94	13:30	12:17	12:31	11:41	
434	2885	Mayer Sergey	TECHO Uni Köln	GER	0:50:00	0:51:04	272	MHK	91	14:05	11:40	12:06	12:08	
435	2518	Aldeban Ghaith	Digital Helpers e.V.		0:50:01	0:50:19	273	MHK	95	12:42	11:44	12:44	12:49	
436	2439	Bena Martin	Cologne Internationals	GER	0:50:01	0:50:05	59	M30	84	12:33	12:27	12:39	12:21	
437	1783	Barriuso Jose Manuel	*Köln	ESP	0:50:02	0:50:19	38	M35	79	13:15	12:28	12:46	11:32	
438	1619	Khobotov Akim	Cologne Internationals	GER	0:50:03	0:50:20	274	MHK	94	12:57	11:57	12:43	12:24	
439	1942	Herhaus Tim	*Köln	GER	0:50:04	0:50:08	275	MHK	87	12:54	12:22	12:42	12:05	
440	2722	Backes Heiko	Lets Metabolize	GER	0:50:05	0:50:09	17	M40	72	12:33	12:07	12:35	12:49	
441	2348	Hettler Max	ARTE ULTRAS	GER	0:50:06	0:51:39	276	MHK	96	15:33	12:12	11:27	10:51	
442	2349	Brackmann Niklas	ARTE ULTRAS	GER	0:50:06	0:51:39	277	MHK	96	15:33	12:13	11:28	10:50	
443	2020	Köstenberger Max	*Leichlingen	AUT	0:50:07	0:50:42	60	M30	82	14:12	12:01	12:04	11:50	
444	2982	Dimitrov Miroslav	WiSo-Warriors	BUL	0:50:07	0:50:14	278	MHK	92	13:05	12:32	12:20	12:09	
445	1579	Schwerhoff Philipp	*Hürth	GER	0:50:10	0:50:36	279	MHK	93	12:22	12:40	12:37	12:30	
446	2992	Seifert Kai	WiSo-Warriors	GER	0:50:12	0:50:31	18	M40	76	13:06	11:59	12:32	12:34	
447	2251	Strunz Tobias	*Köln	GER	0:50:14	0:50:17	280	MHK	87	12:28	12:43	12:47	12:15	
448	3003	Schwarzer Luca	ZuS Zukunftsstrategie Lehrer* ⁱ	GER	0:50:16	0:51:38	281	MHK	87	13:25	12:02	12:21	12:26	
449	2771	Beke Tom	OM Partners Köln Runners	BEL	0:50:16	0:51:17	282	MHK	90	12:51	11:56	13:07	12:20	
450	1638	Thoma Maximilian	Cologne Internationals	GER	0:50:16	0:50:36	283	MHK	93	11:58	11:54	13:10	13:12	
451	2981	Dax Christopher	WiSo-Warriors	GER	0:50:21	0:51:17	284	MHK	91	13:21	12:06	12:35	12:18	
452	2212	Schmidt Christian	*Köln	GER	0:50:23	0:51:48	61	M30	83	14:20	11:52	12:05	12:05	
453	1683	Beuscher Armin	Laktatkönige	GER	0:50:23	0:50:44	9	M55	58	12:53	12:11	12:43	12:35	
454	1894	Götz Matthias	*Köln	GER	0:50:25	0:51:11	285	MHK	88	13:45	11:46	12:30	12:23	
455	1544	Engelmayer Johannes	*Köln	GER	0:50:28	0:50:52	62	M30	83	12:57	12:11	12:34	12:45	
456	2774	Schulz Stefan	OM Partners Köln Runners	GER	0:50:35	0:51:36	63	M30	82	14:04	12:17	12:20	11:53	
457	2967	Frings Thomas	Volles Rohr	GER	0:50:35	0:51:17	14	M50	66	13:54	12:22	12:16	12:02	
458	205	Winkelhausen Jörg	Collegium musicum der Universi	GER	0:50:41	0:51:39	39	M35	77	14:12	12:10	12:12	12:05	
459	133	Icking Christian	Kreissparkasse Köln	GER	0:50:42	0:51:40	64	M30	83	14:14	12:09	12:12	12:06	
460	2929	Jähde Frank	Valium i.V.	GER	0:50:42	0:50:59	15	M50	64	12:50	12:33	12:50	12:28	
461	2764	Hübel Kai	NGM and others		0:50:42	0:50:54	16	M50	65	13:00	12:16	12:49	12:36	
462	1607	Nagler Robert-Jan	cleverbridge AG roadrunners		0:50:44	0:50:57	286	MHK	87	12:29	12:26	12:59	12:48	
463	2703	Langensiepen Dr. Guenter	Laktatkönige	GER	0:50:48	0:51:14	1	M70	46	13:46	12:23	12:31	12:07	
464	1756	Podobnik Marco	VampirPower		0:50:48	0:51:07	287	MHK	91	12:09	11:57	13:16	13:26	
465	105	Berens Markus	shell running team	GER	0:50:52	0:51:09	21	M45	67	13:30	12:34	12:37	12:11	
466	2769	Peigne André	o2 runners	GER	0:50:52	0:51:25	40	M35	80	13:47	11:56	12:34	12:34	
467	157	Montini Federico	Der Ziel ist das Weg	ITA	0:50:54	0:51:44	288	MHK	92	15:24	11:47	11:45	11:57	
468	2696	Zavelberg Boris	Kölner Bank		0:50:57	0:51:27	19	M40	73	13:20	12:26	12:43	12:27	
469	2477	Pleuß Jörn	Cologne Internationals	GER	0:50:58	0:51:31	65	M30	84	13:23	12:10	12:51	12:32	
470	2952	Marchal Julien	VampirPower		0:50:59	0:51:24	289	MHK	91	13:36	12:19	12:43	12:20	
471	3078	Speichinger Jonathan	Cologne Internationals		0:51:00	0:51:33	66	M30	85	13:23	12:10	12:51	12:34	
472	3005	Müller Klaus	Kölner Bank		0:51:06	0:52:02	5	M60	55	13:38	12:26	12:41	12:19	
473	2170	Rau Sven	*Bonn	GER	0:51:09	0:51:16	67	M30	82	12:36	12:33	13:15	12:44	
474	130	Hohenhaus Dr. Jörn	Du machst den Unterschied	GER	0:51:10	0:51:12	20	M40	73	12:00	12:18	13:05	13:45	
475	1652	Kretschmer David	Du machst den Unterschied	GER	0:51:11	0:51:26	290	MHK	87	12:36	12:30	13:10	12:54	
476	2024	Kox John	*Bornheim	GER	0:51:14	0:52:18	6	MU2	97	13:45	11:56	12:28	13:04	
477	3036	Teller Steffen	RunnersPoint Run Club Köln		0:51:14	0:51:56	291	MHK	90	13:27	12:31	13:00	12:16	
478	2757	Farkas Aron	Never change Fanclub -	GER	0:51:15	0:51:32	292	MHK	88	13:23	12:19	12:53	12:37	
479	193	Thomas Philipp	Philipp Thomas	GER	0:51:17	0:52:15	293	MHK	92	14:11	12:09	12:41	12:16	
480	2104	Müller Manuel	*Köln	GER	0:51:18	0:52:38	294	MHK	91	14:13	12:06	12:39	12:18	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
481	2358	Janampa Gilberto	AVANZA	PER	0:51:18	0:52:33	68	M30	83	14:18	12:04	12:31	12:24	
482	1700	Koslowski Stephan	mika.timing	GER	0:51:21	0:51:35	22	M45	71	12:34	12:33	13:08	13:05	
483	2288	Wagener Felix	*Frechen	GER	0:51:30	0:51:58	69	M30	86	13:37	12:24	12:52	12:36	
484	2164	Quäck Stefan	*Köln	GER	0:51:30	0:52:43	295	MHK	91	15:07	12:24	12:13	11:44	
485	2250	Straub Valentin	*Köln	GER	0:51:32	0:52:32	296	MHK	96	13:44	12:14	12:44	12:49	
486	1834	Claeßens Christian	*Köln	GER	0:51:38	0:52:40	297	MHK	88	14:05	12:13	12:39	12:40	
487	2383	Paul Mathias	BlueMotion	GER	0:51:38	0:52:11	298	MHK	87	13:52	12:36	12:46	12:23	
488	2001	Klöcker Andreas	*Köln	GER	0:51:39	0:52:36	299	MHK	87	13:43	12:12	12:46	12:56	
489	2593	Aasen Helge	Geographie läuft!	GER	0:51:42	0:51:45	70	M30	85	13:06	12:37	13:04	12:53	
490	2601	Jeschka Manuel	Geographie läuft!	GER	0:51:45	0:51:46	300	MHK	87	13:08	12:36	13:18	12:41	
491	2176	Reiner Markus	*Köln	GER	0:51:47	0:52:00	301	MHK	91	13:47	12:45	12:49	12:25	
492	2466	Kubak Adam	Cologne Internationals	GER	0:51:47	0:53:00	302	MHK	92	13:22	13:23	13:42	11:18	
493	2891	Röhrs Moritz	TECHO Uni Köln	GER	0:51:48	0:52:50	303	MHK	93	14:10	11:47	12:19	13:30	
494	1963	Jansen Florian	*Köln	GER	0:51:50	0:51:52	21	M40	72	13:06	12:49	13:05	12:48	
495	2454	Glaser Thorben	Cologne Internationals	GER	0:51:51	0:52:41	304	MHK	89	13:57	12:27	12:45	12:41	
496	2316	Wüst Hans Werner	*Köln	GER	0:51:52	0:52:10	1	M65	50	14:01	12:32	12:43	12:34	
497	2747	Blecke Michael	MTP - Marketing zwischen	GER	0:51:52	0:52:06	305	MHK	88	12:50	12:43	13:21	12:56	
498	2351	Alvarez Enzo	AVANZA	PER	0:51:52	0:53:07	71	M30	86	14:18	12:26	12:45	12:21	
499	2279	Vogel Jörg	*köln	GER	0:51:55	0:51:58	23	M45	69	12:58	12:30	13:02	13:23	
500	190	Telschow Lars	KF Lebensstil	GER	0:51:56	0:52:19	306	MHK	90	13:21	12:33	13:04	12:56	
501	2595	Engel Max	Geographie läuft!	GER	0:51:59	0:52:48	41	M35	81	13:50	12:38	12:55	12:35	
502	1870	Fischer Andreas	*Köln	GER	0:52:00	0:52:52	307	MHK	90	13:35	11:50	12:50	13:43	
503	2044	Lauckmann Max	*Köln	GER	0:52:00	0:53:19	308	MHK	93	14:44	12:22	12:35	12:18	
504	1829	Chapple Benjamin	*Langenfeld (Rheinland)	GRE	0:52:00	0:53:45	309	MHK	96	14:37	12:20	12:35	12:27	
505	2321	Zebisch David	*Duisburg	GER	0:52:05	0:52:41	72	M30	85	13:53	12:01	12:32	13:37	
506	3041	Remus Sven	RunnersPoint Run Club Köln		0:52:07	0:52:38	310	MHK	90	14:41	12:23	12:38	12:23	
507	2483	Salomon Mickael	Cologne Internationals	FRA	0:52:07	0:53:32	311	MHK	94	15:26	12:35	12:31	11:33	
508	1785	Bartsch Deniz	*Köln	GER	0:52:13	0:53:11	312	MHK	88	13:37	12:32	13:14	12:48	
509	2855	Müller Stephan	SV Drensteinfurt	GER	0:52:26	0:53:15	73	M30	84	13:55	12:46	12:58	12:45	
510	2492	Slak Robert	Cologne Internationals	GER	0:52:27	0:52:56	313	MHK	88	14:25	12:55	12:57	12:08	
511	2411	Klingelhöfer Lars	cleverbridge AG roadrunners		0:52:29	0:52:50	22	M40	74	13:58	12:44	12:58	12:48	
512	2979	Boden Alexander	WiSo-Warriors	GER	0:52:30	0:53:25	314	MHK	88	14:39	12:35	12:51	12:23	
513	2544	Grzeszik Mike	Du machst den Unterschied	GER	0:52:32	0:53:43	74	M30	85	14:56	12:48	12:43	12:05	
514	1902	Greune Niels	*Köln	GER	0:52:33	0:52:49	315	MHK	92	13:55	13:02	12:58	12:37	
515	2040	Landsrath Max	*Gondershausen	GER	0:52:34	0:52:44	316	MHK	93	10:59	17:49	12:23	11:22	
516	2931	Löhr Thorsten	Valium i.V.	GER	0:52:40	0:53:23	24	M45	67	14:05	12:31	13:12	12:50	
517	2800	Rill Constantin	Ren-Tiere	GER	0:52:41	0:53:18	317	MHK	89	15:06	12:52	12:44	11:58	
518	2378	Kroß Martin	BLB Köln Runner		0:52:43	0:53:38	23	M40	76	15:07	12:48	12:29	12:17	
519	2377	Jücker Simon	BLB Köln Runner		0:52:44	0:53:38	318	MHK	91	15:08	12:48	12:30	12:16	
520	2184	Rippin Martin	*Köln	GER	0:52:44	0:54:00	319	MHK	87	17:24	11:40	11:58	11:41	
521	2592	Aalders Lotte	Geographie läuft!	GER	0:52:47	0:52:51	320	MHK	88	13:46	13:13	13:09	12:37	
522	3014	Keppel Frank	AOK		0:52:48	0:53:58	17	M50	62	15:15	12:31	12:38	12:22	
523	2776	Lambertz Sebastian	Performanz Productions	GER	0:52:49	0:53:04	321	MHK	87	14:04	13:00	13:09	12:33	
524	1862	Famí Gaetano	*Köln	ITA	0:52:49	0:53:26	75	M30	85	13:49	12:55	13:14	12:50	
525	2428	Pazen David	Collegium musicum der Universi	GER	0:52:50	0:53:47	42	M35	80	14:17	12:42	12:48	13:01	
526	2640	Hertel Aaron	KG Fischenich Runners	GER	0:52:52	0:53:09	43	M35	81	13:53	12:57	13:10	12:52	
527	2679	Meisinger Dominik	Kölner Bank		0:52:54	0:53:02	76	M30	86	14:12	13:09	13:14	12:17	
528	2253	Stumpf Thomas	*Köln	GER	0:52:54	0:54:18	322	MHK	88	14:52	12:36	12:41	12:43	
529	2299	Weisbarth Tobias	*Köln	GER	0:52:58	0:53:29	77	M30	85	15:09	12:55	13:02	11:52	
530	2785	Maus Dr. Volker	radiology & friends	GER	0:52:59	0:54:48	78	M30	84	14:49	12:38	12:43	12:47	
531	3031	Rauen Philip	radiology & friends		0:52:59	0:54:47	323	MHK	88	14:50	12:39	12:43	12:45	
532	2261	Thomulka Thomas	*Köln	GER	0:53:00	0:53:33	324	MHK	92	14:05	12:50	13:04	12:59	
533	2382	Kootz Darius	BlueMotion	GER	0:53:01	0:53:36	325	MHK	89	14:32	12:40	13:06	12:41	
534	2984	Grebe Marcel	WiSo-Warriors	GER	0:53:04	0:53:30	326	MHK	90	16:09	12:37	12:24	11:52	
535	2754	Gieselmann Andreas	Napaltrack	GER	0:53:04	0:54:06	327	MHK	87	14:41	12:48	12:55	12:38	
536	1959	Hülsmann Benedikt	*Hürth	GER	0:53:06	0:54:19	328	MHK	93	13:51	12:52	13:21	13:01	
537	2486	Schmitz-Salue Kersten	Cologne Internationals	GER	0:53:11	0:54:01	329	MHK	88	14:08	12:55	13:09	12:58	
538	1855	Eisbein Hendrik	*Baesweiler	GER	0:53:24	0:54:29	7	MU2	98	14:57	12:48	13:09	12:28	
539	2240	Spicher Konstantin	*Kerpen	GER	0:53:25	0:54:29	8	MU2	97	14:57	12:48	13:09	12:29	
540	2893	Strausfeld Daniel	TECHO Uni Köln	GER	0:53:25	0:55:07	330	MHK	93	14:55	12:57	13:04	12:27	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
541	2917	Kreppein Philipp	Usain Frese	GER	0:53:26	0:55:08	331	MHK	95	14:55	12:57	13:04	12:28	
542	1550	Glombek Dr. Konstantin	*Köln	GER	0:53:28	0:53:39	44	M35	80	13:13	12:47	13:38	13:49	
543	2599	Greiner Adrian	Geographie läuft!	GER	0:53:29	0:53:48	332	MHK	96	13:24	13:22	13:44	12:58	
544	2846	Schönborn Wolfgang	RWE	GER	0:53:31	0:54:56	25	M45	69	14:48	12:57	13:03	12:43	
545	2833	Wickeroth Daniel	RRZK	GER	0:53:34	0:54:26	45	M35	80	14:17	13:08	13:35	12:32	
546	2801	Schermer Prof. Dr. Bernhard	Ren-Tiere	GER	0:53:34	0:54:02	26	M45	71	14:24	12:36	13:17	13:15	
547	2668	Görk Sebastian	Kölner Bank		0:53:34	0:54:53	79	M30	82	16:27	12:35	12:09	12:23	
548	2147	Pfaff Benjamin	*Köln	GER	0:53:35	0:54:03	80	M30	85	14:58	13:04	13:28	12:03	
549	2075	Manes Luc	*Köln	LUX	0:53:36	0:55:11	333	MHK	88	15:06	12:57	12:47	12:45	
550	2208	Schewe Dominik	*Köln	GER	0:53:36	0:54:29	334	MHK	91	15:36	13:05	13:08	11:46	
551	2676	Keils Stefan	Kölner Bank		0:53:37	0:54:14	24	M40	73	14:36	13:32	13:15	12:13	
552	2340	Efstathiou Sotirios	AG Schwarz		0:53:39	0:55:14	335	MHK	94	14:11	12:51	13:23	13:13	
553	2940	Tegtmeier Jörn	Valium i.V.	GER	0:53:40	0:54:27	25	M40	73	14:01	12:47	13:27	13:23	
554	2557	Schnakenberg Jens	Du machst den Unterschied	GER	0:53:40	0:53:44	81	M30	84	13:22	13:14	13:34	13:29	
555	2904	Kretz Michael	THW Köln		0:53:41	0:54:07	46	M35	80	13:37	13:00	13:34	13:28	
556	1832	Christoph Stefan	*Köln	GER	0:53:41	0:54:21	47	M35	78	15:08	13:01	12:56	12:34	
557	2851	Schürheck Sebastian	shell running team	GER	0:53:44	0:55:30	336	MHK	93	15:14	13:26	12:53	12:09	
558	2516	Hoppe Michael	Die schnellen Intellektuellen	GER	0:53:45	0:54:33	82	M30	83	14:08	13:04	13:26	13:06	
559	2174	Regier Sascha André	*Köln	GER	0:53:46	0:54:50	83	M30	82	15:38	13:21	12:51	11:54	
560	1952	Hoch Andreas	*Köln	GER	0:53:46	0:53:54	337	MHK	93	14:18	13:23	13:23	12:41	
561	2956	Odenthal Andreas	VampirPower		0:53:47	0:54:00	48	M35	79	13:53	12:35	13:23	13:55	
562	2943	Baehr Thomas	VampirPower		0:53:47	0:54:00	49	M35	78	14:12	12:58	13:20	13:17	
563	2872	Lenarz Thomas	Team Talanx	GER	0:53:50	0:54:49	27	M45	68	15:12	12:48	12:52	12:57	
564	2781	Müllen Stefan	Prinzengarde Köln 1906 e.V.	GER	0:53:52	0:54:35	26	M40	75	14:40	13:19	12:59	12:52	
565	2611	Erbstößer Tim	Hinter Mailand	GER	0:53:54	0:54:05	338	MHK	94	13:44	13:06	13:22	13:40	
566	1736	Petermann Christian	TriathlonSteckelCologne	GER	0:53:58	0:55:29	84	M30	86	14:48	13:12	13:01	12:56	
567	2663	Bunn Fred	Kölner Bank		0:54:00	0:54:09	50	M35	79	13:50	13:06	13:32	13:30	
568	2046	Laurenzen Niklas	*Bergisch Gladbach	GER	0:54:02	0:55:30	9	MU2	97	15:32	12:53	12:53	12:43	
569	175	Scholten Jan	RFH Köln	GER	0:54:03	0:55:28	339	MHK	88	15:00	12:57	12:55	13:09	
570	3035	Männerndörfer Markus	RunnersPoint Run Club Köln		0:54:03	0:54:33	340	MHK	90	15:34	13:11	13:06	12:10	
571	2093	Mochmann Malte	*Köln	GER	0:54:04	0:55:49	85	M30	85	14:59	13:23	13:37	12:03	
572	2450	Eimla Holger	Cologne Internationals	GER	0:54:05	0:54:28	341	MHK	87	14:03	12:58	13:32	13:30	
573	2192	Sabel Frank	MitUns	GER	0:54:05	0:55:19	28	M45	67	14:57	13:11	13:13	12:42	
574	2327	Zöller Andreas	*Hürth	GER	0:54:05	0:54:36	51	M35	81	14:20	13:06	13:15	13:23	
575	1922	Hanke Sascha	*Frechen	GER	0:54:05	0:54:56	342	MHK	87	14:27	12:56	13:23	13:18	
576	2655	Barusic Sergije Vuk	Kölncampus	GER	0:54:08	0:55:01	343	MHK	89	14:41	13:03	13:21	13:02	
577	3073	Weutscheck Chris	Uni Duisburg Essen		0:54:08	0:54:29	86	M30	84	13:27	12:49	13:55	13:55	
578	121	Götting Tino	Köln läuft!	GER	0:54:13	0:55:42	52	M35	80	14:44	13:01	13:12	13:14	
579	2972	Nabbefeld Jan Henrik	Volles Rohr	GER	0:54:13	0:55:35	344	MHK	87	16:00	12:31	12:55	12:45	
580	1992	Kinner Oliver	*Köln	GER	0:54:15	0:55:21	345	MHK	92	15:20	13:23	13:19	12:11	
581	2767	Heinrich Nico	Nico Heinrich	GER	0:54:16	0:54:48	346	MHK	96	15:22	13:15	13:30	12:08	
582	2162	Pusch Kim-Christopher	*Köln	GER	0:54:17	0:54:48	347	MHK	92	15:23	13:15	13:31	12:06	
583	1605	Heyna Philipp	cleverbridge AG roadrunners		0:54:17	0:54:25	87	M30	85	14:30	13:16	13:18	13:12	
584	2443	Borst Alex	Cologne Internationals	GER	0:54:18	0:54:43	348	MHK	94	13:01	12:37	14:10	14:28	
585	2849	Schlotmann Torsten	Schweiz	GER	0:54:20	0:56:07	88	M30	84	14:53	13:11	13:16	12:58	
586	2319	Zadoyan Dr. Gregor	*Köln	GER	0:54:23	0:54:28	27	M40	75	14:20	13:27	13:31	13:03	
587	2342	Macha Arthur	AG Schwarz		0:54:24	0:55:56	349	MHK	87	16:14	13:41	12:54	11:33	
588	1989	Kessenich Kevin	*Weilerswist	GER	0:54:24	0:54:40	350	MHK	89	14:08	13:12	13:50	13:13	
589	1946	Hezel Dominik	*Bonn	GER	0:54:25	0:54:49	28	M40	72	14:38	13:17	13:26	13:02	
590	2873	Feldhofer Felix	Team Tartichoc	GER	0:54:25	0:56:03	89	M30	82	14:45	13:05	13:29	13:05	
591	1744	Gerigk Joachim	Uni Fit	GER	0:54:26	0:54:45	29	M45	67	14:22	13:18	13:28	13:16	
592	2511	Willenborg Sebastian	Die derben Dernas	GER	0:54:29	0:55:02	90	M30	83	16:59	12:22	12:23	12:44	
593	2684	Rank Peter	Kölner Bank		0:54:30	0:54:33	2	M65	51	13:53	13:24	13:34	13:38	
594	2821	Habich Markus	Rote Ochsen	GER	0:54:31	0:55:50	351	MHK	88	16:02	13:31	12:59	11:58	
595	2664	Buscher Tobias	Kölner Bank		0:54:32	0:54:48	30	M45	69	14:18	13:13	13:42	13:17	
596	124	Guth Charly	Köln läuft!	GER	0:54:35	0:56:01	31	M45	69	15:40	13:14	13:01	12:39	
597	2914	Blatter Paul	Usain Frese	GER	0:54:36	0:56:18	352	MHK	95	16:20	13:30	12:38	12:05	
598	2850	Habiboglu Irfan	shell running team	GER	0:54:36	0:56:21	53	M35	77	15:15	13:02	13:24	12:53	
599	2977	Schmidt Robyn	Wilde Seekühe	GER	0:54:37	0:55:50	353	MHK	93	14:51	13:00	13:10	13:34	
600	2867	Stäbler Samuel	TEAM MARKETING		0:54:39	0:54:53	354	MHK	88	14:32	13:27	13:32	13:07	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
601	2629	Langer Fabian	KF Lebensstil	GER	0:54:41	0:55:59	355	MHK	94	15:15	13:43	13:35	12:06	
602	1901	Greiling Ulrich	*Köln	GER	0:54:41	0:55:28	356	MHK	88	15:01	13:24	13:18	12:56	
603	2702	Esters Paul	Laktatkönige	GER	0:54:41	0:55:06	10	M55	59	14:24	13:10	13:36	13:30	
604	1885	Gawlick Klaus	*Köln	GER	0:54:42	0:55:13	32	M45	70	14:34	13:13	13:29	13:25	
605	3015	Barbian Bernd	AOK		0:54:43	0:55:52	18	M50	62	15:18	13:13	13:13	12:57	
606	2256	Thavisin Ben	*Köln	GER	0:54:46	0:56:09	357	MHK	87	14:56	13:27	13:27	12:55	
607	2391	Michalski Patrick	Bündnis 90 / Die Grünen	GER	0:54:47	0:55:59	54	M35	80	14:34	12:41	13:27	14:03	
608	2834	Wydra Michael	RRZK	GER	0:54:47	0:56:44	358	MHK	90	14:22	12:53	14:11	13:20	
609	2139	Otto Michael	*Kerpen	GER	0:54:48	0:55:03	33	M45	67	13:41	13:16	13:57	13:53	
610	2420	Han Yu	CMRunners	CHN	0:54:49	0:55:35	91	M30	83	14:45	13:18	13:36	13:08	
611	2275	Vis Juergen	*Bergisch Gladbach	GER	0:54:49	0:55:29	19	M50	62	14:45	13:20	13:23	13:19	
612	2339	Bender Daniel	AG Schwarz		0:54:49	0:56:26	92	M30	85	15:22	13:19	13:08	12:58	
613	2631	Matthes Dr. Jan	KF Lebensstil	GER	0:54:50	0:56:16	29	M40	73	15:09	13:47	13:29	12:24	
614	1293	Dunkel Felix	Pretest HUM	GER	0:54:50	0:55:18	359	MHK	89	14:45	13:03	13:35	13:25	
615	2360	Oyola Diego	AVANZA	COL	0:54:53	0:56:09	360	MHK	92	14:39	13:13	14:23	12:37	
616	2692	Todemann Stefan	Kölner Bank		0:54:54	0:55:22	93	M30	86	14:19	13:21	13:34	13:38	
617	2129	Nubbenholdt Kai	*Südlohn	GER	0:54:55	0:55:24	361	MHK	88	14:57	13:05	13:27	13:24	
618	2255	Tempel Marco	*Köln	GER	0:54:55	0:55:22	94	M30	85	14:19	13:21	13:35	13:38	
619	2333	Weßeler Markus	HARDTSEEMAFIA	GER	0:54:55	0:56:04	34	M45	67	14:58	13:19	13:38	12:59	
620	2627	Hammesfahr Tim	KF Lebensstil	GER	0:54:58	0:56:18	362	MHK	93	15:46	13:25	13:19	12:26	
621	2112	Neldner Jens	*Köln	GER	0:54:59	0:56:43	95	M30	86	15:00	13:23	13:37	12:58	
622	2567	Eckey Wolfgang Wild	Ebner Stolz - Sonntagsspazierg	GER	0:55:00	0:55:22	20	M50	65	14:47	13:13	13:23	13:36	
623	2563	Ulbrich Sven	Dynamo Dauerregen	GER	0:55:04	0:55:44	96	M30	82	15:21	13:28	13:19	12:55	
624	150	Lally Kevin	*Leverkusen	GER	0:55:04	0:55:09	97	M30	84	12:33	12:58	14:20	15:12	
625	2409	Hockl Chris10Th	cleverbridge AG roadrunners		0:55:05	0:55:15	55	M35	79	13:15	12:23	13:39	15:46	
626	1817	Breil Fabian	*Köln	GER	0:55:09	0:55:32	98	M30	85	14:00	12:56	14:05	14:06	
627	1679	Gößling Tobias	Kölner Bank		0:55:11	0:55:16	35	M45	70	14:10	13:41	14:00	13:19	
628	2517	Wellershoff Matthias	Die Stenzis 2	GER	0:55:12	0:56:23	11	M55	60	14:51	13:37	13:36	13:07	
629	1843	Dietrich Moritz	*Köln	GER	0:55:14	0:55:44	363	MHK	92	14:28	13:13	13:50	13:41	
630	1847	Dorf Stefan	*Köln	GER	0:55:16	0:56:08	364	MHK	93	15:36	13:05	13:13	13:20	
631	3061	Efsthation Sotarios	Vampir-Power		0:55:16	0:56:41	365	MHK	94	16:08	13:52	12:53	12:21	
632	2071	Maggiore Tullio	*Pulheim	ITA	0:55:17	0:55:49	99	M30	82	14:33	13:13	14:04	13:25	
633	2825	Riemer Jan	Rote Ochsen	GER	0:55:21	0:56:41	56	M35	78	14:38	13:14	13:55	13:33	
634	3075	Robertz Sturgeon	Uni Duisburg Essen		0:55:22	0:55:43	36	M45	70	14:25	13:31	13:50	13:34	
635	2739	Kalo Martin	Martin Kalo	GER	0:55:22	0:56:39	366	MHK	95	13:17	12:46	14:36	14:41	
636	2403	Bretschneider Frank	cleverbridge AG roadrunners		0:55:25	0:55:36	30	M40	76	14:10	13:54	14:08	13:12	
637	2687	Reusch Matthias	Kölner Bank		0:55:27	0:56:10	2	M70	42	14:54	13:22	13:51	13:19	
638	2494	Warnking Fabian	Cologne Internationals	GER	0:55:28	0:56:21	367	MHK	88	15:26	13:20	13:21	13:19	
639	2041	Langen Constantin	*Köln	GER	0:55:31	0:57:24	3	M65	47	15:23	13:23	13:28	13:15	
640	2564	Van der Linden Roderick	Dynamo Dauerregen	GER	0:55:31	0:56:08	100	M30	86	15:25	13:31	13:25	13:08	
641	2565	Bothen Dario Dynamisch	Ebner Stolz - Sonntagsspazierg	GER	0:55:32	0:55:48	368	MHK	88	14:46	13:15	13:46	13:43	
642	2681	Öllrich Berhold	Kölner Bank		0:55:34	0:56:11	31	M40	73	14:36	13:32	13:44	13:41	
643	1820	Buller Johannes	*Köln	GER	0:55:35	0:57:18	101	M30	82	15:25	13:48	13:22	12:58	
644	1988	Kerner Konstantin	*Köln	GER	0:55:36	0:56:24	369	MHK	89	16:06	13:41	13:15	12:34	
645	1779	Artz Oliver	*Köln	GER	0:55:36	0:56:24	370	MHK	88	16:06	13:41	13:14	12:34	
646	2791	Dittrich Sebastian	Ren-Tiere	GER	0:55:37	0:56:13	371	MHK	93	15:03	13:20	13:57	13:15	
647	153	Lohmann Job	*Köln	GER	0:55:38	0:55:38	10	MU2	97	14:43	13:20	13:41	13:52	
648	2828	Can Can	RRZK	GER	0:55:39	0:57:36	32	M40	73	15:37	13:34	13:18	13:08	
649	2116	Neu Marco	*Köln	GER	0:55:39	0:55:54	372	MHK	93	14:46	13:16	13:46	13:50	
650	3068	Lange Torben			0:55:41	0:56:38	373	MHK	93	14:04	13:14	14:00	14:22	
651	2431	Cagan Varol	Cologne Center for Comparative	GER	0:55:42	0:56:25	57	M35	80	14:20	13:24	13:59	13:58	
652	2645	Woltemate Martin	Köln läuft!	GER	0:55:44	0:57:14	102	M30	82	15:31	13:23	13:23	13:25	
653	2238	Sohns Marc	*Köln	GER	0:55:49	0:56:06	33	M40	74	15:26	13:05	13:02	14:15	
654	2165	Rachwalski Martin	*Köln	GER	0:55:49	0:57:37	58	M35	81	15:08	13:29	13:44	13:27	
655	2237	Sohns Jari	*Köln	GER	0:55:50	0:56:06	2	MU1	05	15:26	13:06	13:02	14:15	
656	2455	Heinz Dominik	Cologne Internationals	GER	0:55:50	0:55:54	374	MHK	88	12:50	14:17	14:43	13:58	
657	2500	Hastenrath Paul-Josef	Dauerlaufschule Köln	GER	0:55:51	0:57:11	6	M60	56	15:07	13:32	13:47	13:24	
658	2619	Kuhn Frank	HoH-Kultur e. V.	GER	0:55:53	0:57:27	37	M45	68	16:13	15:13	12:22	12:03	
659	2667	Fuhs Hans Josef	Kölner Bank		0:55:54	0:57:14	12	M55	58	16:00	13:35	13:17	13:00	
660	1974	Junker Dominik	*Leverkusen	GER	0:55:56	0:57:46	103	M30	86	15:48	13:17	13:26	13:24	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
661	2579	Isla Randy	Fire Fighter Uniklinik Koeln	GER	0:56:06	0:56:12	375	MHK	88	14:38	14:15	14:28	12:44	
662	2732	Ulber Benjamin	LKW-Schorse	GER	0:56:08	0:56:38	376	MHK	90	14:49	13:34	14:23	13:21	
663	2829	El-Annan Ali	RRZK	GER	0:56:08	0:57:04	377	MHK	92	14:05	13:54	14:19	13:48	
664	2003	Klüger Dominik	*Köln	GER	0:56:09	0:56:25	378	MHK	90	13:22	13:27	14:34	14:45	
665	2622	Mevißen Max	JuRace	GER	0:56:10	0:56:33	379	MHK	93	14:07	13:37	14:11	14:12	
666	1782	Ballentin Matthias	*Köln	GER	0:56:10	0:56:40	59	M35	77	14:40	13:22	14:00	14:05	
667	1997	Unbekannt			0:56:11	0:57:49	380	MHK		14:27	13:22	14:03	14:18	
668	2308	Willruth André	*Köln	GER	0:56:13	0:56:23	381	MHK	95	13:16	13:39	14:47	14:29	
669	1908	Gütermann Martin	*Köln	GER	0:56:13	0:57:37	382	MHK	88	16:34	14:24	13:08	12:06	
670	2748	Bliß Gabriel	MTP - Marketing zwischen	GER	0:56:14	0:56:27	383	MHK	93	13:24	13:32	14:30	14:47	
671	3045	Heinzerling Mike	RunnersPoint Run Club Köln		0:56:15	0:56:48	384	MHK	90	15:30	13:12	13:59	13:32	
672	2462	Kohler Philipp	Cologne Internationals	GER	0:56:19	0:56:51	385	MHK	90	14:27	13:47	14:15	13:48	
673	2531	Neuerburg Leopold	Digital Helpers e.V.		0:56:24	0:56:42	386	MHK	90	14:38	13:39	14:24	13:41	
674	2986	Nordhoff Philipp	WiSo-Warriors	GER	0:56:24	0:57:14	387	MHK	96	14:37	13:19	13:56	14:31	
675	2346	Schwarz Günter	AG Schwarz		0:56:24	0:57:58	38	M45	70	14:23	13:16	14:13	14:31	
676	2783	Weber Nils	Prinzengarde Köln 1906 e.V.	GER	0:56:25	0:57:04	388	MHK	88	14:43	13:20	13:55	14:25	
677	1767	Abschlag Daniel	*Hürtgenwald	GER	0:56:28	0:57:07	389	MHK	89	13:53	13:34	16:44	12:15	
678	1898	Gonschor Arne	*Lohmar	GER	0:56:29	0:56:55	11	MU2	97	15:18	13:31	13:58	13:41	
679	2374	Baur Alexander	BLB Köln Runner		0:56:30	0:58:48	21	M50	65	15:16	13:57	14:05	13:10	
680	2422	Kaufmann Christoph	CMRunners	GER	0:56:31	0:57:46	390	MHK	87	16:57	13:54	13:22	12:18	
681	2404	Gödersmann David	cleverbridge AG roadrunners		0:56:31	0:56:39	391	MHK	89	14:25	13:50	14:39	13:36	
682	2649	Schmalfeldt Marcus	Köln Marathon-Team		0:56:33	0:56:41	104	M30	83	14:11	13:58	14:35	13:48	
683	1853	Ehlers Gerhard	*Köln	GER	0:56:36	0:58:21	22	M50	63	15:43	13:43	13:43	13:26	
684	2513	Drechler Fabio	Die Mannheimer	GER	0:56:37	0:57:53	392	MHK	93	15:13	13:22	14:02	13:57	
685	1983	Kayserili Umut	*Köln	GER	0:56:42	0:58:17	393	MHK	93	15:23	14:09	14:18	12:51	
686	2335	Hamann Martin	1. FC Spich	GER	0:56:44	0:58:13	39	M45	67	15:08	13:55	14:02	13:38	
687	2772	Berndt Mark ALEXander	OM Partners Köln Runners	GER	0:56:44	0:57:46	394	MHK	87	14:55	13:55	14:01	13:52	
688	163	Preuß Stephan	SV Auweiler-Esch	GER	0:56:45	0:58:35	105	M30	85	17:23	13:02	13:08	13:10	
689	2588	Reuter Dr. Florian	Gazellenauffangstation	GER	0:56:45	0:57:56	395	MHK	91	17:06	14:07	13:31	11:59	
690	2390	Florich Carsten	BSG DEVK	GER	0:56:48	0:58:15	106	M30	84	16:01	13:54	13:52	12:59	
691	2778	Pickhard Holger	Point One Runners	GER	0:56:48	0:58:28	23	M50	64	15:54	13:41	13:47	13:25	
692	1704	Bastian Dennis	Rut Wiess Dreckelisch	GER	0:56:52	0:58:05	60	M35	80	15:53	13:31	13:30	13:56	
693	2815	Pousset Sylvain	Romanisfit	GER	0:56:55	0:57:37	61	M35	81	15:50	13:54	13:51	13:18	
694	3012	Bidinger Guido	AOK		0:56:56	0:58:05	24	M50	64	15:09	13:59	14:21	13:26	
695	2860	Backhaus Max	TEAM MARKETING		0:57:00	0:57:45	107	M30	85	15:41	13:59	13:56	13:22	
696	2933	Müller Gregor	Valium i.V.	GER	0:57:05	0:57:56	25	M50	64	15:21	13:43	14:04	13:55	
697	1740	Karapanos Dr. Leonidas	UKK URO - Bei uns läuft!	GER	0:57:13	0:57:33	108	M30	86	14:55	13:36	14:10	14:29	
698	2017	Königsfeld Christian	*Hürth	GER	0:57:17	0:58:46	396	MHK	88	16:23	14:21	13:52	12:39	
699	2392	Schulz Steven	BVB ALLEZ!	GER	0:57:20	0:58:07	397	MHK	91	15:15	13:54	14:12	13:57	
700	2095	Möller Christopher	*Köln Sülz	GER	0:57:21	0:57:40	398	MHK	94	14:29	13:36	14:30	14:44	
701	2416	Steinborn Christian	cleverbridge AG roadrunners		0:57:22	0:57:40	62	M35	79	14:43	13:46	14:24	14:28	
702	181	Seeliger Martin	Geographie läuft	GER	0:57:23	0:58:14	109	M30	83	15:02	13:54	14:06	14:19	
703	2473	Nurk Thomas	Cologne Internationals	GER	0:57:23	0:57:58	110	M30	83	16:19	14:01	13:50	13:11	
704	2496	Willems Jens	Cologne Internationals	GER	0:57:23	0:57:59	111	M30	85	16:19	14:00	13:50	13:12	
705	2542	Arbon Ryam	Du machst den Unterschied	GER	0:57:25	0:57:29	112	M30	82	14:01	13:56	15:04	14:21	
706	1711	Liedtke Lukas	Team Herbert	GER	0:57:25	0:58:19	399	MHK	91	15:49	13:49	14:21	13:25	
707	106	Berens Markus	shell running team	GER	0:57:28	0:59:13	40	M45	67	15:53	14:15	13:53	13:25	
708	2951	Kreiß Thomas	VampirPower		0:57:28	0:57:45	13	M55	58	14:36	13:51	14:28	14:31	
709	2530	Neuerburg Jörg	Digital Helpers e.V.		0:57:32	0:58:09	14	M55	59	15:26	14:02	14:12	13:50	
710	109	Biesemann Andreas	*Hürth	GER	0:57:35	0:58:33	63	M35	79	15:46	13:49	13:51	14:07	
711	2380	Berkessel Prof. Dr. Albrecht	BlueMotion	GER	0:57:38	0:59:21	7	M60	55	15:36	13:57	14:06	13:58	
712	2737	Koch Marius	Maniacs	GER	0:57:38	0:59:21	400	MHK	92	16:39	14:06	13:52	13:01	
713	2736	Gottschalk Nicolas	Maniacs	GER	0:57:40	0:59:20	401	MHK	91	14:55	13:40	14:35	14:28	
714	2780	Gottschalk Marcus	Prinzengarde Köln 1906 e.V.	GER	0:57:44	0:58:27	64	M35	78	15:34	13:46	14:05	14:18	
715	2373	Baltus Kurt	BLB Köln Runner		0:57:45	0:58:45	15	M55	57	16:19	14:03	14:15	13:07	
716	2173	Rausch Michael Philipp	*Köln	GER	0:57:46	0:59:21	402	MHK	88	15:22	14:10	14:17	13:54	
717	196	Von Dreden Tobias	*Köln	GER	0:57:47	0:58:22	403	MHK	88	14:17	12:52	15:03	15:34	
718	145	Kerkhoff Philipp	Cologne Southside	GER	0:57:50	0:59:16	65	M35	80	16:12	14:10	13:46	13:40	
719	1846	Doerdelmann Tim	*Köln	GER	0:57:53	0:59:10	113	M30	84	15:22	14:07	14:12	14:11	
720	1884	Gattner Marius	*Köln	GER	0:58:00	0:58:57	34	M40	72	15:04	13:29	14:19	15:07	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
721	2177	Reinhoffer Chris	*Köln	GER	0:58:04	0:58:55	404	MHK	92	16:26	14:16	14:07	13:13	
722	1772	Alderath Werner	*Köln	GER	0:58:11	1:00:03	405	MHK	91	15:36	13:48	14:20	14:26	
723	2925	Berg Tobias	Valium i.V.	GER	0:58:17	0:58:52	35	M40	72	16:03	14:29	14:22	13:22	
724	1977	Kaletta Dr. Florian	*Köln	GER	0:58:18	0:59:58	114	M30	85	16:18	14:14	14:05	13:40	
725	2098	Morina Shkelqim	*Hürtgenwald	ALB	0:58:19	0:58:58	406	MHK	88	15:05	14:10	14:58	14:04	
726	2418	Weinreich Tobias	cleverbridge AG roadrunners		0:58:26	0:58:44	115	M30	85	14:52	13:55	14:52	14:46	
727	2088	Miesen Florian	*Köln	GER	0:58:28	0:59:56	407	MHK	94	16:06	14:21	14:16	13:44	
728	2045	Laurenzen Hermann	*Bergisch Gladbach	GER	0:58:29	0:59:58	8	M60	52	16:56	14:19	13:54	13:18	
729	2350	Nusko Alois Hermann	AST Süßen	GER	0:58:29	0:59:34	16	M55	60	16:20	14:08	14:21	13:39	
730	2777	Förster Peter	Peter Förster	GER	0:58:32	0:59:29	36	M40	72	15:37	14:24	14:20	14:09	
731	2334	Steinke Gerhard	-	GER	0:58:32	0:59:10	3	M70	42	15:23	14:24	14:46	13:58	
732	2276	Vodegel Hendrik	*Köln	GER	0:58:33	0:59:49	408	MHK	87	14:17	13:39	15:04	15:31	
733	2742	Kappelhoff Dominic	Mercator-Institut	GER	0:58:40	0:59:31	116	M30	82	15:47	14:08	14:34	14:11	
734	2353	Cavalcante Pedro	AVANZA	GER	0:58:40	0:59:56	117	M30	85	15:11	14:09	14:43	14:36	
735	2973	Wurda Werner	Werner Wurda	GER	0:58:44	1:00:43	17	M55	60	16:05	14:21	14:18	13:59	
736	2648	Lesouef David	Köln Marathon-Team		0:58:52	0:58:59	66	M35	79	14:12	14:00	14:54	15:45	
737	2507	Cremer Prof. Philip	Die derben Dermas	GER	0:58:56	0:59:06	67	M35	79	15:23	14:14	14:41	14:36	
738	2831	Ruchnewitz Denis	RRZK	GER	0:58:59	0:59:56	409	MHK	94	13:45	13:43	15:52	15:37	
739	2547	Janz Maik	Du machst den Unterschied	GER	0:59:05	1:00:14	118	M30	84	15:52	14:25	14:52	13:54	
740	2901	WHANNOU Franck	Teletubbies	GER	0:59:07	1:00:01	119	M30	86	16:38	14:42	14:29	13:16	
741	2678	Maciej Werner	Kölner Bank		0:59:07	1:00:02	9	M60	53	15:33	13:56	14:22	15:14	
742	115	Clooth Philippe	BLB Köln Runner		0:59:09	1:00:08	26	M50	65	16:23	14:38	14:14	13:52	
743	2704	Schuster Peter	Laktatkönige	GER	0:59:10	1:00:48	18	M55	57	16:12	14:26	14:24	14:07	
744	1755	Mohrmann Jörg	VampirPower		0:59:12	1:00:43	37	M40	73	16:33	14:18	14:20	13:59	
745	1868	Feuser Marcel	*Düsseldorf	GER	0:59:14	0:59:56	120	M30	82	16:23	14:35	14:32	13:41	
746	2441	Böhm Florian	Cologne Internationals	GER	0:59:14	1:00:18	410	MHK	89	16:24	15:00	14:28	13:20	
747	2359	Machens Leon	AVANZA	GER	0:59:17	1:00:38	411	MHK	89	17:06	14:32	14:07	13:31	
748	2572	Nedumgad Tom	Euterbär	GER	0:59:19	1:00:49	412	MHK	87	16:04	14:15	14:43	14:16	
749	2313	Witte Philip	*Köln	GER	0:59:20	1:00:02	68	M35	80	15:52	14:26	14:36	14:24	
750	2379	Reinke Ludwig	BLB Köln Runner		0:59:21	1:00:16	19	M55	58	15:34	14:34	14:47	14:26	
751	1938	Helmich Thilo	*Euskirchen	GER	0:59:30	1:00:46	413	MHK	95	17:07	14:47	14:24	13:11	
752	2434	Saldivia Daniel	Cologne Center for Comparative	VEN	0:59:31	1:00:15	414	MHK	93	15:14	14:07	14:58	15:10	
753	2122	Niefind Karsten	*Köln	GER	0:59:34	0:59:41	27	M50	62	15:36	14:47	14:45	14:25	
754	2779	Bingener Gary	Prinzengarde Köln 1906 e.V.	GER	0:59:36	1:00:19	121	M30	85	15:54	14:31	15:05	14:04	
755	1800	Beyer Maximilian	*Köln	GER	0:59:38	1:01:08	415	MHK	89	17:11	14:59	14:38	12:48	
756	2728	Bonus Prof. Dr. Sven	LKW-Schorse	GER	0:59:48	1:00:40	416	MHK	88	15:51	14:08	14:05	15:42	
757	2666	Esser Günter	Kölner Bank		0:59:53	1:00:51	20	M55	61	15:57	14:23	14:47	14:45	
758	2807	Späth Martin	Ren-Tiere	GER	0:59:54	1:00:17	122	M30	86	16:11	14:58	14:47	13:57	
759	1865	Feld Sebastian	*Köln	GER	0:59:56	1:00:55	123	M30	84	14:36	14:49	15:43	14:46	
760	1842	Dietrich Eduard Reinhold	*Köln	GER	0:59:56	1:00:55	124	M30	83	15:25	14:33	15:10	14:46	
761	3058	Messari Abde	RunnersPoint Run Club Köln		0:59:57	1:00:26	417	MHK	90	16:05	14:44	14:48	14:19	
762	2423	Weinmann Christof	CMRunners	GER	0:59:59	1:01:13	418	MHK	88	16:58	14:45	14:22	13:53	
763	2968	Heck Michael	Volles Rohr	GER	1:00:01	1:00:45	419	MHK	87	15:07	13:54	16:06	14:53	
764	2157	Poire Michel	*Köln	LUX	1:00:01	1:01:16	420	MHK	88	16:38	14:41	15:26	13:15	
765	2180	Reul Julian	*Düren	GER	1:00:04	1:00:45	421	MHK	94	15:29	15:03	14:50	14:41	
766	2936	Rehbein Martin	Valium i.V.	GER	1:00:07	1:00:47	21	M55	58	15:44	14:40	14:38	15:04	
767	2181	Reydelet Dr. Yann	*Köln	FRA	1:00:11	1:00:17	38	M40	72	14:24	14:41	15:42	15:23	
768	2196	Santana Martin Nestor	*Köln	ESP	1:00:13	1:01:18	422	MHK	91	17:05	14:50	14:39	13:37	
769	2114	Nentwig Finn	*Rösrath	GER	1:00:14	1:01:33	41	M45	67	16:58	14:44	14:31	14:00	
770	2497	Niemeyer Axel	D2 Tortugas	GER	1:00:14	1:01:09	125	M30	83	16:41	15:06	14:37	13:50	
771	2775	Wirtz Janosch	Papaya Tours	GER	1:00:14	1:01:10	126	M30	82	16:40	15:05	14:37	13:50	
772	1877	Franz Pascal	*Köln	GER	1:00:28	1:00:52	423	MHK	95	17:18	13:22	15:02	14:45	
773	2384	Punirun Teerachai	BlueMotion	THA	1:00:30	1:02:09	127	M30	85	16:06	14:48	14:45	14:49	
774	2329	Güney Dr. Yilmaz	#mimimiLEGENDS	GER	1:00:30	1:01:16	69	M35	81	15:10	14:44	15:33	15:02	
775	2219	Schöddert Liaa	*Köln	GER	1:00:32	1:02:16	424	MHK	91	15:41	14:29	15:09	15:11	
776	2823	Koch Julian	Rote Ochsen	GER	1:00:32	1:01:50	425	MHK	90	16:16	14:42	14:55	14:38	
777	1769	Adil Umer Hayat	*Bonn	GER	1:00:36	1:01:05	426	MHK	93	15:17	14:42	15:35	15:00	
778	2618	Peter Ronald	HLG 98 Wuppertal	GER	1:00:40	1:01:28	22	M55	60	16:31	14:54	14:50	14:24	
779	2610	Fritz David	Herzgold	GER	1:00:47	1:01:58	427	MHK	88	16:29	14:16	15:02	14:57	
780	2590	Thomas Jakob	Gazellenauffangstation	GER	1:00:47	1:01:58	428	MHK	89	17:17	15:30	16:06	11:52	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden			
781	2328	Bahling Prof. Dr. Stefan	#mimimiLEGENDS	GER	1:00:48	1:02:11	42	M45	71	16:50	14:46	14:43	14:27
782	3001	Bresges Prof. Dr. André	ZuS Zukunftsstrategie Lehrer* ⁱ	GER	1:00:54	1:02:14	43	M45	71	14:33	14:16	15:39	16:24
783	2193	Saini Raj	*Worcester Park	GBR	1:00:58	1:01:21	44	M45	70	14:19	14:33	16:01	16:03
784	3055	Kopitz Sebastian	RunnersPoint Run Club Köln		1:01:05	1:02:36	429	MHK	90	15:51	14:43	15:18	15:11
785	2178	Reitebuch Lukas	*Köln	GER	1:01:23	1:02:35	430	MHK	93	15:40	15:22	15:42	14:38
786	2214	Schnapka Thomas	*Frechen	GER	1:01:23	1:02:16	12	MU2	97	16:49	15:03	15:11	14:18
787	2689	Schuldt Leonard	Kölner Bank		1:01:28	1:02:21	13	MU2	97	16:49	15:03	15:11	14:24
788	2749	Heitz Markus	MTP - Marketing zwischen	GER	1:01:32	1:01:46	431	MHK	91	14:30	14:12	16:06	16:43
789	2036	Kumar Punit	*Köln	IND	1:01:32	1:02:56	432	MHK	87	16:16	14:53	15:28	14:54
790	2393	Upmeier Felix	BVB ALLEZ!	GER	1:01:33	1:02:20	433	MHK	88	15:57	14:53	15:11	15:30
791	2016	König Johannes	*köln	GER	1:01:35	1:02:15	434	MHK	90	16:34	14:47	15:28	14:45
792	2932	Meissner Johannes	Valium i.V.	GER	1:01:37	1:02:29	28	M50	65	16:18	14:51	14:56	15:30
793	2007	Knips Tobias	*Nettersheim	GER	1:01:39	1:03:23	435	MHK	90	16:15	15:15	15:14	14:54
794	2417	Vu Tuan	cleverbridge AG roadrunners		1:01:41	1:01:58	70	M35	81	15:16	15:36	15:34	15:13
795	2715	Hinzmann Marvin	Lauffreunde Rhein-Ruhr	GER	1:01:42	1:02:43	436	MHK	91	16:34	14:49	14:53	15:24
796	2820	Erdogan Alican	Rote Ochsen	TUR	1:01:43	1:03:05	437	MHK	88	16:34	14:46	15:36	14:46
797	2301	Wenz Aaron	*Köln	GER	1:01:45	1:03:15	128	M30	86	17:20	15:29	15:01	13:54
798	2975	Krüger Lovis	Wilde Seekühe	GER	1:01:45	1:02:59	438	MHK	94	14:53	14:56	15:55	16:00
799	2642	Ebert Martin	Köln läuft!	GER	1:01:47	1:03:16	129	M30	84	16:38	14:51	15:20	14:57
800	2830	Esser Sascha	RRZK	GER	1:01:51	1:03:48	439	MHK	87	15:32	14:36	15:47	15:55
801	2498	Pohl Walter	DARC	GER	1:01:59	1:02:06	29	M50	63	15:04	15:11	15:47	15:56
802	2958	Schalk Julius	VampirPower		1:02:00	1:03:05	440	MHK	95	16:36	14:46	14:50	15:46
803	2364	Fuchs Ben	Ben Fuchs	GER	1:02:01	1:03:23	130	M30	86	17:08	15:01	15:11	14:41
804	2660	Aleth Hermann	Kölner Bank		1:02:33	1:03:56	30	M50	65	16:54	15:16	15:16	15:06
805	1743	Tok Ali	UKK URO - Bei uns läuftst!	GER	1:02:39	1:02:58	71	M35	80	15:08	15:03	15:49	16:37
806	1999	Klenk Alexander	*Köln	GER	1:02:39	1:04:18	441	MHK	90	15:53	14:42	15:37	16:26
807	2970	Jurek Benjamin	Volles Rohr	GER	1:02:39	1:03:59	442	MHK	89	16:15	15:10	15:21	15:52
808	2229	Seelbach Armin	*Köln	GER	1:02:40	1:02:40	45	M45	68	17:15	14:42	15:21	15:20
809	2227	Seel Siegfried	*Köln	GER	1:02:41	1:02:56	131	M30	83	15:32	15:20	15:48	15:59
810	2786	Benzing Prof. Dr. Thomas	Ren-Tiere	GER	1:02:42	1:03:11	31	M50	65	15:07	14:03	15:15	18:16
811	2541	Westerkamp Arne	Drag Race	GER	1:02:55	1:04:33	443	MHK	87	18:08	15:34	15:01	14:11
812	2119	Neuwahl Sebastian	*Grevenbroich	GER	1:03:01	1:04:45	444	MHK	88	18:08	15:43	14:56	14:13
813	2118	Neuwahl Fabian	*Düsseldorf	GER	1:03:09	1:04:53	445	MHK	93	18:08	15:44	14:55	14:21
814	2858	Brod Marcus	Team KerryGum	GER	1:03:10	1:04:37	39	M40	74	17:04	14:56	15:30	15:39
815	2859	Kraft Sebastian	Team KerryGum	GER	1:03:10	1:04:37	40	M40	75	17:04	14:56	15:30	15:38
816	2782	Von Petersenn Alexander	Prinzengarde Köln 1906 e.V.	GER	1:03:15	1:03:55	10	M60	54	16:19	15:12	16:06	15:35
817	1953	Hölscher Patrick	*Köln	GER	1:03:17	1:03:40	132	M30	86	15:30	15:27	16:30	15:49
818	2407	Herwartz Lukas	cleverbridge AG roadrunners		1:03:22	1:03:43	133	M30	84	16:37	15:41	15:36	15:26
819	2961	Werthenbach Paul	VampirPower		1:03:22	1:04:22	446	MHK	89	16:49	15:01	15:55	15:35
820	2877	Bauch Henning	TECHO Uni Köln	GER	1:03:22	1:04:18	447	MHK	88	16:38	15:58	15:54	14:51
821	2344	Mayr Simon	AG Schwarz		1:03:22	1:04:59	448	MHK	87	15:35	14:38	16:19	16:49
822	2528	Neuenburg Joachim	Digital Helpers e.V.		1:03:29	1:03:50	4	M65	51	15:58	16:09	16:31	14:51
823	2303	Westermann Jens	*Köln	GER	1:03:33	1:04:23	449	MHK	89	16:06	15:32	16:11	15:42
824	1799	Berns Dr. Markus	*Köln	GER	1:03:46	1:04:04	72	M35	81	16:33	15:33	16:23	15:16
825	2638	Theis Hendrik	KF Lebensstil	GER	1:03:51	1:05:26	450	MHK	93	17:20	15:16	15:38	15:36
826	1805	Böhm Stephan	*Köln	GER	1:04:02	1:05:16	451	MHK	87	16:24	15:05	16:04	16:29
827	2755	Hellmig Axel	Napaltrack	GER	1:04:05	1:05:08	32	M50	65	16:23	15:07	16:05	16:30
828	2705	Wolf Dr. Christian	Laktatkönige	GER	1:04:07	1:04:20	23	M55	58	16:25	15:41	15:33	16:27
829	2768	ACHARYA AVISEKA	no	GER	1:04:14	1:05:39	134	M30	85	16:59	15:41	15:43	15:49
830	2813	Díaz Rodrigo	Romanisfit	ARG	1:04:14	1:05:33	73	M35	81	17:15	15:30	15:35	15:53
831	2903	Horak Axel	THW Köln		1:04:16	1:04:42	33	M50	64	16:16	15:41	16:05	16:13
832	1991	Ketzenberg Udo	*Köln	GER	1:04:22	1:04:59	46	M45	68	16:04	15:27	16:15	16:35
833	2062	Lompong Klinnawee	*Köln	THA	1:04:24	1:06:04	135	M30	86	16:58	15:40	15:55	15:49
834	2930	Jaff Komaj	Valium i.V.	GER	1:04:26	1:05:01	74	M35	77	16:02	15:35	16:21	16:27
835	2827	Busch Michael	RRZK	GER	1:04:44	1:06:44	452	MHK	90	16:58	15:22	15:45	16:38
836	2429	Feige Manfred	Cologne Allblacks	GER	1:04:51	1:06:29	5	M65	47	17:39	15:42	15:46	15:43
837	1592	Wojtalla Fabian	BlueMotion	GER	1:05:07	1:06:49	453	MHK	89	17:36	15:20	15:46	16:23
838	2552	Neubüser Björn	Du machst den Unterschied	GER	1:05:14	1:06:41	136	M30	83	17:08	15:08	15:19	17:38
839	2534	Oehm Simon	Digital Helpers e.V.		1:05:15	1:06:03	454	MHK	90	18:00	15:51	15:38	15:45
840	2591	Thomas Dr. Ralf	Gazellenauffangstation	GER	1:05:16	1:06:27	24	M55	61	17:14	15:32	16:07	16:20

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden
841	2883	Kolbenschlag Timo	TECHO Uni Köln	GER	1:05:19	1:06:22	455	MHK	91	15:33 15:15 16:47 17:43
842	2242	Srivastava Suvansh	*Aachen	GER	1:05:33	1:06:58	456	MHK	90	16:37 15:08 17:30 16:18
843	2127	Noras Erik	*Köln	GER	1:05:33	1:06:08	25	M55	60	16:59 16:04 16:28 16:01
844	2218	Schob Jan Niklas	*Wuppertal-Vohwinkel	GER	1:05:42	1:06:40	457	MHK	93	16:13 15:33 17:02 16:52
845	3010	Beutelstahl Ralf	AOK		1:05:43	1:06:53	34	M50	62	16:55 16:16 16:16 16:15
846	2161	Pütz Max	*Köln	GER	1:05:48	1:06:25	458	MHK	92	16:26 15:59 16:32 16:48
847	2323	Zens Guido	*Nörvenich	GER	1:05:49	1:06:42	35	M50	66	16:04 15:49 16:34 17:20
848	2583	Rambo René	Ford Köln	GER	1:06:03	1:06:38	47	M45	70	16:34 15:40 16:38 17:09
849	1895	Goldschmidtböing Claudio	*Köln	GER	1:06:12	1:06:47	459	MHK	89	16:26 15:56 16:40 17:08
850	2086	Meyer Nicolas	*Köln	GER	1:06:28	1:07:50	26	M55	60	17:09 15:50 16:17 17:09
851	2876	Thomas Reiner	Team Tartichoc	GER	1:06:30	1:08:04	11	M60	54	17:40 15:59 16:24 16:25
852	2733	Falge Andreas	LT Paffrath	GER	1:06:30	1:08:04	48	M45	68	16:13 15:13 17:20 17:43
853	1879	Friedl Björn	*Köln	GER	1:06:37	1:08:43	75	M35	80	18:15 16:21 16:21 15:39
854	2909	Möller Joachim	Tus Badbergen	GER	1:06:47	1:07:49	12	M60	55	17:08 16:12 16:53 16:33
855	2169	Rarek Marcel	*Köln	GER	1:06:48	1:08:07	460	MHK	91	18:28 16:52 16:43 14:43
856	1930	Haydo Malek	*Köln	GER	1:06:49	1:08:45	137	M30	86	17:55 15:53 16:34 16:26
857	2399	Zylla Markus	Chemical Brothers and Sisters	GER	1:06:51	1:08:46	461	MHK	89	17:56 15:56 16:32 16:26
858	2096	Möllmann Alexander	*Hürth	GER	1:06:51	1:08:45	462	MHK	91	17:56 15:53 16:35 16:25
859	1936	Heldt Andrej	*Hürth	GER	1:07:13	1:07:25	463	MHK	88	15:34 16:22 17:50 17:25
860	184	Steckel Manfred	TriathlonSteckelCologne		1:07:47	1:09:17	13	M60	55	18:35 16:29 16:54 15:48
861	2839	Gebauer Dr. Jan	Running Buffers	GER	1:08:02	1:09:26	76	M35	77	18:15 17:17 17:49 14:40
862	2549	Kreikenbohm-Romotzky Dr.	Du machst den Unterschied	GER	1:08:08	1:09:21	14	M60	53	18:52 16:36 16:34 16:05
863	1543	Endeward Niklas	*Köln	GER	1:08:39	1:09:46	464	MHK	88	17:51 16:07 17:00 17:40
864	1913	Hach Ulrich	*Köln	GER	1:08:50	1:10:50	27	M55	58	17:38 16:21 17:12 17:37
865	2874	Feldhofer Ulrich	Team Tartichoc	GER	1:08:55	1:10:30	15	M60	53	17:39 15:58 17:28 17:49
866	1869	Fieberg Dr. Stephan	*Köln	GER	1:10:08	1:11:24	138	M30	86	18:27 17:05 17:35 17:01
867	154	Lohmann Job	*Köln	GER	1:11:13	1:12:54	14	MU2	97	24:42 18:27 19:09 08:53
868	2819	Calabrese Gaetano	Rote Ochsen	ITA	1:11:42	1:13:03	465	MHK	89	18:59 16:53 17:36 18:14
869	2842	Pichlo Christian	Running Buffers	GER	1:11:54	1:13:18	466	MHK	87	18:13 17:18 18:04 18:17
870	2148	Pichlo Reinald	*Bergisch Gladbach	GER	1:12:09	1:12:20	28	M55	57	16:45 16:48 18:12 20:23
871	1849	Dusthakar Dinesh Kumar	*Dortmund	IND	1:16:27	1:17:50	139	M30	85	18:33 18:14 19:27 20:12
872	199	Weber Sebastian	BLB Köln Runner		1:18:30	1:19:29	467	MHK	93	20:15 18:27 19:21 20:25

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
1	21	Stephenson Amy	WG Köln		0:36:38	0:36:39	1	WHK		09:10	09:01	09:10	09:16	
2	56	Von Ehren Kira	RWTH Aachen		0:38:03	0:38:05	2	WHK	95	09:51	09:22	09:29	09:19	
3	68	Kümpers Julia	Uni Bonn		0:38:33	0:38:37	3	WHK	92	10:22	09:27	09:29	09:12	
4	17	Schön Maike	WG Köln		0:39:16	0:39:17	4	WHK	89	09:32	10:03	09:49	09:52	
5	13	Nieland Jasmin	WG Köln		0:40:03	0:40:05	5	WHK	95	10:31	09:51	09:57	09:42	
6	54	Tiegel Alexandra	RWTH Aachen		0:40:33	0:40:35	1	W30	84	11:01	09:52	09:54	09:44	
7	1737	Siedhoff Susanne	WG Köln	GER	0:41:37	0:41:41	6	WHK	96	10:33	10:08	10:27	10:28	
8	72	Valder Sarah	Uni Bonn		0:42:11	0:42:15	7	WHK	93	11:21	10:23	10:25	10:01	
9	88	Pitzer Lena	Uni Münster		0:42:33	0:42:36	8	WHK	91	10:59	10:24	10:38	10:31	
10	16	Schmidt Carolin	WG Köln		0:43:02	0:43:05	9	WHK	92	11:13	10:37	10:39	10:32	
11	41	Lauxmann Lucia	RWTH Aachen		0:43:18	0:43:22	10	WHK	92	11:23	10:44	10:47	10:22	
12	22	Strunk Katharina	WG Köln		0:43:27	0:43:31	11	WHK	91	11:02	10:36	10:53	10:55	
13	2143	Paul Lea	*Köln	GER	0:43:30	0:43:36	12	WHK	91	10:55	10:28	11:02	11:03	
14	3054	Marquardt Ines	RunnersPoint Run Club Köln		0:43:47	0:44:00	13	WHK	90	11:10	10:51	11:02	10:42	
15	87	Möse Kristin	Uni Münster		0:44:18	0:44:22	14	WHK	90	11:02	10:47	11:12	11:16	
16	1733	Fischer Julia	TriathlonSteckelCologne	GER	0:44:24	0:44:36	15	WHK	90	11:34	10:46	11:04	10:59	
17	3057	Höflich Jana	RunnersPoint Run Club Köln		0:44:36	0:44:50	16	WHK	90	11:22	10:48	11:09	11:15	
18	1547	Gallegos Fernandez Laura	*Köln	GER	0:44:45	0:44:57	17	WHK	94	12:10	10:43	11:01	10:48	
19	1812	Bolin Olivia	*Frechen	GER	0:45:03	0:46:20	18	WHK	96	12:52	10:43	10:51	10:35	
20	3018	Rabe Michelle	TU Dortmund		0:45:12	0:45:23	19	WHK	92	11:48	11:05	11:13	11:05	
21	1575	Rötgers Judith	*Köln	GER	0:45:22	0:45:36	20	WHK	92	11:41	10:57	11:29	11:14	
22	1684	Drumm-becker Sabine	Laktatkönige	GER	0:45:34	0:45:42	1	W45	67	11:58	11:13	11:21	11:00	
23	42	Medgyesi Nńra	RWTH Aachen		0:45:36	0:45:41	21	WHK	92	12:03	11:08	11:13	11:11	
24	14	Orths Nicola	WG Köln		0:45:53	0:45:56	22	WHK	95	11:27	11:27	11:39	11:17	
25	1696	Peplinski Cindy	LT DSHS	GER	0:45:57	0:46:12	23	WHK	91	11:43	11:03	11:32	11:38	
26	53	Thomas Christine	RWTH Aachen		0:45:58	0:46:00	24	WHK	96	11:50	11:11	11:28	11:27	
27	71	Titze Lotte	Uni Bonn		0:46:08	0:46:13	25	WHK	95	12:01	11:12	11:34	11:20	
28	2712	Völkel Laura	Lauch läuft schneller	GER	0:46:10	0:46:16	1	WU2	97	11:56	11:17	11:28	11:28	
29	1699	Wolters Dr. Marion	Mercator-Institut	GER	0:46:11	0:46:14	2	W45	71	11:42	11:21	11:37	11:30	
30	2709	Besting Lisa	Lauch läuft schneller	GER	0:46:20	0:46:25	2	WU2	97	11:55	11:17	11:29	11:37	
31	2210	Schlag Elena	*Junkersdorf	GER	0:46:30	0:47:36	26	WHK	96	16:12	09:46	09:26	11:04	
32	1845	Dirks Hanna	*Köln	GER	0:46:30	0:47:37	27	WHK	91	16:12	09:46	09:26	11:04	
33	1750	Bongers Magdalena	VampirPower		0:47:02	0:47:14	28	WHK	90	11:54	11:24	11:57	11:46	
34	2913	Fabry Clara	UniSport		0:47:34	0:47:57	29	WHK	93	12:41	11:45	11:51	11:16	
35	1920	Hamann Maren	*Köln	GER	0:47:35	0:47:44	30	WHK	87	12:20	11:36	11:56	11:41	
36	2320	Zahn Johanna	*Köln	GER	0:47:38	0:47:44	31	WHK	93	12:49	11:38	11:40	11:29	
37	1813	Bolte Sophia	*Köln	GER	0:47:42	0:47:48	32	WHK	95	12:14	11:45	12:02	11:39	
38	2837	Bahlmann Nike	Running Buffers	SUI	0:47:58	0:49:19	33	WHK	91	13:24	11:22	11:30	11:40	
39	2152	Piotraschke Lena	*Köln	GER	0:48:00	0:48:06	34	WHK	92	12:15	11:40	12:03	12:00	
40	1911	Haas Aurelia	*Bergisch Gladbach	GER	0:48:06	0:48:17	35	WHK	93	12:33	11:45	11:53	11:54	
41	1828	Cauvin Morgane	*Köln	FRA	0:48:15	0:48:57	36	WHK	93	12:58	11:28	11:51	11:56	
42	2606	Tilly Dr. Nora	Geographie läuft!	GER	0:48:15	0:48:18	2	W30	86	12:15	11:46	12:03	12:09	
43	2357	Huchthausen Anja	AVANZA	GER	0:48:22	0:49:43	37	WHK	88	13:47	11:38	11:32	11:24	
44	3019	Struckholt Sonja	TU Dortmund		0:48:23	0:48:42	38	WHK	92	12:57	11:50	11:45	11:50	
45	1618	Kerkhof Anna	Cologne Internationals	GER	0:48:25	0:48:42	39	WHK	89	11:55	11:48	12:05	12:36	
46	50	Schlöffel Manuela	RWTH Aachen		0:48:30	0:48:33	1	W50	64	12:09	12:09	12:12	11:59	
47	2752	Wrubel Lisa-Marie	MTP - Marketing zwischen	GER	0:48:43	0:48:56	40	WHK	96	12:33	11:46	12:13	12:09	
48	3017	Goldkuhle Maren			0:48:52	0:49:05	41	WHK	90	12:18	11:37	12:20	12:36	
49	2616	Schneider Isabelle	Hinter Mailand	GER	0:49:04	0:49:13	42	WHK	88	12:13	12:09	12:22	12:18	
50	2296	Weber Nele	*Köln	GER	0:49:06	0:49:35	43	WHK	94	12:58	11:28	12:30	12:08	
51	2641	Mungen Nina	KKHT SW Köln	GER	0:49:06	0:50:31	44	WHK	90	13:35	11:43	12:06	11:42	
52	2028	Kriegeskotte Julia	*Köln	GER	0:49:07	0:49:20	45	WHK	92	13:09	11:56	12:14	11:46	
53	3043	Lux Monika	RunnersPoint Run Club Köln		0:49:08	0:49:32	46	WHK	90	12:46	12:00	12:23	11:57	
54	2285	Von Hall Sophie			0:49:16	0:49:30	47	WHK	94	12:36	11:57	12:24	12:17	
55	2068	Lumperda Jenny	*Köln	GER	0:49:18	0:50:32	48	WHK	87	13:42	11:55	11:55	11:45	
56	3059	Schlaphorst Laura	RunnersPoint Run Club Köln		0:49:22	0:49:35	49	WHK	90	12:55	12:12	12:07	12:07	
57	2559	Twente Leonie Regina	Du machst den Unterschied	GER	0:49:31	0:49:51	50	WHK	95	13:05	11:49	12:25	12:11	
58	2451	Ennen Nina	Cologne Internationals	GER	0:49:32	0:49:38	51	WHK	90	12:38	12:07	12:29	12:16	
59	2484	Schäffer Greta	Cologne Internationals	GER	0:49:35	0:50:06	52	WHK	92	12:56	12:13	12:15	12:09	
60	171	Schneiders Daniela	TEAM MARKETING		0:49:35	0:49:54	3	W45	71	12:39	11:59	12:49	12:06	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
61	2064	Louvette Caroline	*Köln	GER	0:49:39	0:49:41	53	WHK	87	12:27	12:15	12:40	12:16	
62	1766	Bachem Elisa	ZuS Zukunftsstrategie Lehrer* ⁱ	GER	0:49:41	0:49:55	1	W35	81	12:12	12:23	12:37	12:26	
63	2743	Maahs Ina-Maria	Mercator-Institut	GER	0:49:45	0:50:33	54	WHK	89	13:42	11:59	12:05	11:58	
64	1776	Arnz Elisabeth	*Köln	GER	0:49:49	0:49:58	55	WHK	90	12:41	12:12	12:30	12:24	
65	1887	Gerber Christine	*Köln	GER	0:49:51	0:50:51	56	WHK	90	14:02	12:06	11:59	11:42	
66	2274	Vilmar Annika	*Köln	GER	0:49:57	0:51:10	57	WHK	95	13:53	12:05	12:08	11:49	
67	1962	Jana Ong Chin	*Köln	GER	0:50:01	0:51:15	3	W30	85	14:06	12:07	12:02	11:45	
68	2153	Piwowar Ulla	*Köln	GER	0:50:02	0:50:42	4	W30	84	13:54	11:59	12:10	11:58	
69	1630	Olmedo Fernandez Loreto	Cologne Internationals	GER	0:50:02	0:50:20	58	WHK	94	12:59	12:13	12:25	12:24	
70	85	Meyer Stephanie	Uni Münster		0:50:03	0:50:09	59	WHK	95	12:50	12:14	12:43	12:15	
71	65	Ink Laura	Uni Bonn		0:50:22	0:50:37	60	WHK	92	13:17	12:15	12:30	12:18	
72	2023	Koster Jennifer	*Köln	GER	0:50:24	0:50:44	61	WHK	87	13:25	12:11	12:30	12:16	
73	2613	Miladinovic Jelena	Hinter Mailand	GER	0:50:25	0:51:02	62	WHK	88	14:13	11:58	12:01	12:12	
74	2698	Althaus Theresa	Kölsche Mädels und Lukas	GER	0:50:26	0:51:47	63	WHK	96	13:26	12:03	12:31	12:24	
75	1557	Hohlbein Maika	*Köln	GER	0:50:28	0:50:41	64	WHK	89	13:06	12:17	12:41	12:22	
76	2248	Stinton Britta	*Köln	GER	0:50:28	0:51:00	5	W30	83	12:58	12:13	12:37	12:39	
77	2906	Endemann Christina	TriathlonSteckelCologne	GER	0:50:35	0:50:39	65	WHK	96	12:56	12:23	12:38	12:36	
78	2862	Goldschmidt Nora	TEAM MARKETING		0:50:35	0:51:17	66	WHK	91	13:54	12:25	12:24	11:51	
79	1716	Charkina Evgenia	Team Prothetik UK-Köln		0:50:48	0:51:06	67	WHK	93	12:51	12:35	12:31	12:49	
80	2471	Nied Angela	Cologne Internationals	GER	0:50:48	0:51:13	68	WHK	94	13:31	12:16	12:35	12:25	
81	2006	Knie Romina	*Köln	GER	0:50:53	0:50:59	69	WHK	95	12:21	12:24	13:17	12:50	
82	2723	Kern Lara	Lets metabolize	GER	0:51:03	0:51:15	70	WHK	89	12:45	12:30	12:56	12:50	
83	1941	Herbers Meike	*Köln	GER	0:51:03	0:51:43	71	WHK	87	14:08	12:20	12:31	12:03	
84	1752	Hegmann Mona	VampirPower		0:51:03	0:51:20	72	WHK	93	12:44	12:31	13:14	12:33	
85	2758	Präkelt Katalina	Never change Fanclub -	GER	0:51:15	0:51:32	73	WHK	88	13:24	12:20	12:53	12:37	
86	2025	Kramer Hannah	*Köln	GER	0:51:22	0:51:44	74	WHK	91	13:24	12:19	12:59	12:38	
87	1774	Anderlohr Kathrin	*Köln	GER	0:51:23	0:52:18	3	WU2	97	14:49	12:38	12:17	11:37	
88	1960	Huynh Thien-Minh-Thu	*Köln	GER	0:51:23	0:52:18	75	WHK	95	14:49	12:38	12:17	11:37	
89	1934	Heinze Lena	*Reichelsheim	GER	0:51:25	0:51:34	4	WU2	97	12:03	11:48	12:09	15:24	
90	1717	Charkina Polina	Team Prothetik UK-Köln		0:51:26	0:51:44	76	WHK	93	12:51	12:41	12:53	13:01	
91	1980	Karch Svenja	*Köln	GER	0:51:30	0:52:54	77	WHK	89	14:09	12:08	12:33	12:38	
92	1857	Engels Katharina	*Köln	GER	0:51:33	0:52:32	78	WHK	95	13:45	12:14	12:43	12:49	
93	1796	Bender Dany	*Köln	GER	0:51:34	0:51:34	2	W35	80	13:43	12:42	12:27	12:42	
94	2803	Schroeter Christina	Ren-Tiere	GER	0:51:39	0:52:01	79	WHK	93	13:28	12:31	12:54	12:45	
95	2082	Menzel Verena	*Leverkusen	GER	0:51:40	0:52:16	3	W35	80	14:57	12:40	12:24	11:37	
96	75	Burelli Anna	Uni Münster		0:51:42	0:51:48	80	WHK	92	13:28	13:01	12:52	12:20	
97	2964	Pichlo Andrea	Vegan Runners	GER	0:51:45	0:51:55	6	W30	86	13:41	12:34	12:47	12:41	
98	2459	Kirschnick Karola Marie	Cologne Internationals	GER	0:51:46	0:52:19	81	WHK	93	14:59	12:41	12:03	12:01	
99	2470	Lorenz Jennifer	Cologne Internationals	GER	0:51:48	0:51:53	82	WHK	90	13:18	12:42	12:56	12:51	
100	1975	Kahle Sylke	*Köln	GER	0:51:50	0:51:51	4	W45	68	12:40	13:16	13:19	12:33	
101	2426	Kötter Jule	Collegium musicum der Universi	GER	0:51:52	0:52:49	83	WHK	88	14:18	12:41	12:48	12:04	
102	1802	Bierett Patricia	*Köln	GER	0:51:53	0:52:25	84	WHK	92	14:33	12:28	12:26	12:25	
103	2635	Schrage Dr. Ramona	KF Lebensstil	GER	0:51:56	0:53:21	7	W30	84	14:11	12:31	12:50	12:23	
104	2160	Pütz Anna	*Eschweiler	GER	0:51:56	0:52:20	85	WHK	91	13:22	12:36	13:02	12:55	
105	2052	Liebst Amelie	*Hürth	GER	0:51:57	0:52:55	86	WHK	91	14:49	12:28	12:29	12:10	
106	2337	Jünger Lena	1993	GER	0:52:04	0:52:11	87	WHK	93	13:28	13:12	12:56	12:28	
107	2727	Bendler Beatrix	LKW-Schorse	GER	0:52:06	0:52:57	8	W30	82	14:19	12:30	12:43	12:31	
108	1830	Choinowski Isabel	*Düsseldorf	GER	0:52:08	0:52:13	88	WHK	91	13:04	13:01	13:21	12:41	
109	1831	Choinowski Marleen	*Düsseldorf	GER	0:52:08	0:52:13	89	WHK	91	13:04	13:01	13:20	12:41	
110	1876	Franck Christina	*Köln	GER	0:52:21	0:53:08	90	WHK	91	14:06	12:33	12:54	12:47	
111	2506	RAQUEL LACOMBA	Die CurryErasmus	ESP	0:52:25	0:53:11	91	WHK	92	14:59	12:22	12:39	12:24	
112	2283	Vogelsang Teresa	*Köln	GER	0:52:28	0:52:39	92	WHK	90	14:00	13:00	12:57	12:29	
113	2845	Schönborn Claudia	RWE	GER	0:52:33	0:53:58	5	W45	69	14:47	12:39	12:46	12:20	
114	2053	Linnemann Pia	*Köln	GER	0:52:37	0:52:40	93	WHK	90	13:39	13:17	13:03	12:36	
115	2708	Arenskrieger Katja	Lauch läuft schneller	GER	0:52:42	0:52:47	94	WHK	93	12:24	13:17	13:47	13:12	
116	2135	Offermann Sarah	*Köln	GER	0:52:47	0:52:58	95	WHK	91	13:39	13:11	13:15	12:42	
117	2585	Frank Christine	Gazellenauffangstation	GER	0:52:54	0:52:59	96	WHK	93	12:13	14:18	13:08	13:14	
118	3030	Piel Christina	radiology & friends		0:52:59	0:54:48	97	WHK	88	14:50	12:39	12:43	12:45	
119	2467	Kubitta Natalie	Cologne Internationals	GER	0:52:59	0:53:19	98	WHK	89	14:33	12:53	12:56	12:35	
120	1787	Baumann Anastasia	*Köln	GER	0:53:07	0:53:21	99	WHK	93	14:19	12:53	13:03	12:51	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
121	1976	Kaiser Klara	*Sülz	GER	0:53:08	0:53:10	100	WHK	95	13:58	12:57	13:16	12:55	
122	2700	Rüthers Nicole	Kölsche Mädels und Lukas	GER	0:53:09	0:54:31	101	WHK	96	13:37	13:10	13:30	12:50	
123	1967	Jeczawitz Katharina	*Köln	GER	0:53:16	0:54:28	102	WHK		13:54	12:32	13:44	13:04	
124	2347	Odenthal Anne	Anne Odenthal	GER	0:53:20	0:53:22	103	WHK	93	12:57	13:23	13:54	13:04	
125	2974	Betz Maria	Wilde Seekühe	GER	0:53:21	0:54:36	104	WHK	93	14:48	13:02	13:06	12:25	
126	2453	Franken Franziska	Cologne Internationals	GER	0:53:22	0:53:56	105	WHK	87	14:24	12:51	13:07	12:58	
127	2352	Binder Charlotte	AVANZA	GER	0:53:31	0:54:51	106	WHK	92	14:35	12:52	13:01	13:02	
128	2209	Schieren Eva	*Köln	GER	0:53:39	0:54:11	9	W30	85	15:08	12:56	13:01	12:33	
129	2900	SvH Lara	Teletubbies	GER	0:53:44	0:54:37	10	W30	86	15:40	13:32	12:24	12:07	
130	2630	Langer Lena	KF Lebensstil	GER	0:53:44	0:53:52	107	WHK	93	13:20	12:57	13:34	13:52	
131	2865	Partz Paulina	TEAM MARKETING		0:53:45	0:54:27	108	WHK	93	14:59	13:06	13:13	12:25	
132	93	Wunsch Friederike	Uni Münster		0:53:46	0:53:52	109	WHK	96	13:32	13:22	13:31	13:20	
133	1851	Eckhardt Hannah	*Köln	GER	0:53:49	0:54:13	110	WHK	93	15:01	13:03	13:09	12:35	
134	1854	Ehmann Carolin	*Köln	GER	0:53:49	0:53:57	111	WHK	92	14:18	13:22	13:23	12:44	
135	1838	Derya Dr. Vera	*Köln	GER	0:53:50	0:54:39	11	W30	85	14:44	13:17	13:08	12:40	
136	2545	Hoppe Theresa	Du machst den Unterschied	GER	0:53:50	0:55:03	112	WHK	87	14:55	13:00	13:02	12:52	
137	1789	Becher Theresa	*Köln	GER	0:53:53	0:54:57	12	W30	84	16:09	13:06	12:21	12:15	
138	1811	Bokeloh Greta	*Köln	GER	0:53:53	0:54:16	113	WHK	96	14:26	13:12	13:24	12:50	
139	2810	Von Versen Regina	Ren-Tiere	GER	0:53:59	0:54:28	13	W30	84	14:22	13:14	13:11	13:11	
140	2432	Pfanzelt Hannah	Cologne Center for Comparative	GER	0:54:02	0:54:46	114	WHK	88	14:03	13:05	13:21	13:31	
141	2654	Barusic Galina-Tara	Kölncampus	GER	0:54:08	0:55:00	115	WHK	94	14:41	13:04	13:20	13:02	
142	2140	Otto Sandra	*Köln	GER	0:54:10	0:54:20	1	W40	73	14:01	13:07	13:34	13:26	
143	2474	Panetzky Katharina	Cologne Internationals	GER	0:54:12	0:55:00	116	WHK	90	14:03	13:10	13:29	13:29	
144	2535	Poerters Eva-Maria	Digital Helpers e.V.		0:54:18	0:54:38	117	WHK	91	15:09	13:05	13:15	12:48	
145	2998	Trendel Eva	Wo/men of Steel	GER	0:54:19	0:55:15	118	WHK	88	15:23	12:58	13:08	12:49	
146	2997	Portal Heloise	Wo/men of Steel	FRA	0:54:20	0:55:15	119	WHK	88	15:24	12:58	13:08	12:49	
147	2603	Quix Eva	Geographie läuft!	GER	0:54:22	0:54:26	120	WHK	91	14:05	13:16	13:26	13:33	
148	2529	Neuerburg Charlotte	Digital Helpers e.V.		0:54:23	0:55:02	121	WHK	91	14:35	13:15	13:24	13:06	
149	2504	Jahn Mateos Sara	Die CurryErasmus	GER	0:54:24	0:55:11	122	WHK	93	15:00	12:39	13:43	13:01	
150	2054	Lischka Beatrix	*Köln	GER	0:54:29	0:55:34	123	WHK	94	15:11	13:02	13:35	12:39	
151	2427	Meyer Christina	Collegium musicum der Universi	LUX	0:54:30	0:55:29	124	WHK	95	14:18	13:00	13:30	13:40	
152	2049	Lenart Agnieszka	*Köln	GER	0:54:37	0:54:44	4	W35	77	13:39	13:24	13:42	13:50	
153	2468	Liersch Anna Chiara	Cologne Internationals	GER	0:54:40	0:55:01	125	WHK	92	14:36	13:27	13:43	12:52	
154	1718	Eckert Nadine	Team Prothetik UK-Köln		0:54:42	0:54:49	126	WHK	94	13:27	14:27	13:26	13:20	
155	52	Thomas Carolin	RWTH Aachen		0:54:44	0:54:48	127	WHK	93	13:43	13:18	14:08	13:34	
156	1904	Große Jennifer	*Köln	GER	0:54:46	0:54:53	14	W30	86	13:55	13:38	13:56	13:16	
157	2159	Przybilla Marie	*Köln	GER	0:54:50	0:55:45	128	WHK	96	13:57	12:46	13:50	14:15	
158	2362	Wendland Marlen	AVANZA	GER	0:54:52	0:56:09	129	WHK	90	14:38	13:11	13:44	13:16	
159	2263	Tönneßen Anna	*Bornheim	GER	0:54:52	0:55:31	130	WHK	93	15:12	13:14	13:38	12:45	
160	2948	Herbers Anja	VampirPower		0:54:58	0:56:21	15	W30	85	14:53	13:19	13:26	13:19	
161	1798	Berninger Katharina	*Köln	GER	0:55:03	0:55:37	131	WHK	87	14:25	12:58	13:47	13:51	
162	92	Witt Yolanda	Uni Münster		0:55:04	0:55:10	132	WHK	94	13:03	13:20	14:20	14:19	
163	2844	Liebsch Eva	Rut Wiess Dreckelisch e.V.	GER	0:55:04	0:56:16	133	WHK	89	15:53	13:31	12:55	12:43	
164	1961	Jana Dorfner	*Düsseldorf	GER	0:55:05	0:55:27	134	WHK	93	13:48	13:29	14:08	13:39	
165	1794	Behnke Jana	*Köln	GER	0:55:08	0:56:15	135	WHK	92	17:11	12:16	13:17	12:22	
166	2405	Görgen Jasmina	cleverbridge AG roadrunners		0:55:08	0:55:25	136	WHK	94	14:08	13:19	13:51	13:49	
167	2682	Oguz Svenja	Kölner Bank		0:55:11	0:55:16	5	W35	81	14:10	13:41	13:59	13:19	
168	2085	Meuter Klara	*Köln	GER	0:55:11	0:56:07	137	WHK	95	15:05	13:13	13:57	12:54	
169	2265	Tomanek Annik	*Köln	GER	0:55:12	0:56:07	138	WHK	92	15:06	13:12	13:33	13:20	
170	2061	Lohoff Hanna	*Köln	GER	0:55:13	0:55:43	139	WHK	94	14:28	13:15	13:49	13:40	
171	1459	Wimmer Jasmine	Valium i.V.	GER	0:55:17	0:55:58	140	WHK	88	14:43	13:30	13:53	13:09	
172	2586	Horst Tabea	Gazellenauffangstation	GER	0:55:17	0:55:21	141	WHK	94	13:59	13:33	14:01	13:43	
173	2315	Wosnitza Jana	*Köln	GER	0:55:18	0:55:19	142	WHK	93	13:48	13:39	13:57	13:53	
174	2824	Murschall Lena	Rote Ochsen	GER	0:55:18	0:56:38	143	WHK	90	14:35	13:12	13:48	13:42	
175	1825	Cáceres Vianka	*Frechen	GER	0:55:19	0:55:20	144	WHK	91	13:48	13:41	13:56	13:53	
176	1873	Flesch Nadine Yvonne	*Köln	GER	0:55:21	0:56:00	16	W30	85	14:21	13:12	13:48	13:59	
177	61	Böckler Marisa	Uni Bonn		0:55:22	0:55:38	145	WHK	96	13:16	12:55	14:16	14:53	
178	2460	Klein Ann-Christin	Cologne Internationals	GER	0:55:24	0:56:41	146	WHK	95	15:15	13:08	13:21	13:38	
179	2707	Wolff Sabine	Laktatkönige	GER	0:55:25	0:56:10	2	W50	66	14:55	13:19	13:39	13:31	
180	1604	Escudero Mariela	cleverbridge AG roadrunners		0:55:31	0:55:44	6	W35	78	13:24	13:38	14:17	14:12	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
181	1947	Hillebrand Maria	*Köln	GER	0:55:32	0:55:58	17	W30	85	14:53	13:34	13:48	13:16	
182	2252	Struyck Sarah	*Köln	GER	0:55:32	0:55:58	18	W30	82	14:53	13:34	13:48	13:15	
183	2189	Rothe Rebecca	*Köln	GER	0:55:36	0:55:57	147	WHK	95	14:28	13:31	13:44	13:51	
184	98	Witek Varinia	Uni Wuppertal		0:55:37	0:55:52	19	W30	85	13:53	13:38	13:58	14:08	
185	2790	Cukoski Sadrja	Ren-Tiere	GER	0:55:37	0:55:59	148	WHK	88	14:28	13:27	13:58	13:43	
186	2293	Wangler Sara	*Köln	GER	0:55:41	0:56:57	20	W30	84	14:31	13:43	13:57	13:28	
187	2220	Scholz Maren	*Koeln	GER	0:55:42	0:57:00	149	WHK	93	14:44	13:41	13:37	13:39	
188	2341	Kress Vanessa	AG Schwarz		0:55:42	0:57:16	150	WHK	89	14:23	13:19	14:00	13:59	
189	1984	Keienburg Maria	*Köln	GER	0:55:49	0:56:18	151	WHK	95	15:00	13:22	14:18	13:08	
190	2721	Kurbasik Pauline	Les Tetes Rouges strikes again	GER	0:55:50	0:57:24	21	W30	82	15:04	13:19	13:49	13:37	
191	2805	Sen Emel	Ren-Tiere	GER	0:55:53	0:56:23	7	W35	81	14:46	13:28	14:17	13:20	
192	2257	Thelen Anja	*Kerpen	GER	0:55:58	0:57:31	152	WHK	96	15:10	13:14	13:55	13:37	
193	2847	Schalk Sophia	Saltsjöbaden IF	SWE	0:55:59	0:56:21	153	WHK	92	14:30	13:28	13:44	14:16	
194	2870	Maier Kerstin	Team Prothetik UK-Köln		0:56:02	0:57:48	22	W30	83	15:07	13:28	13:41	13:44	
195	2472	Niegot Nicole	Cologne Internationals	GER	0:56:03	0:56:30	154	WHK	92	14:52	13:33	13:49	13:47	
196	2110	Müssig Antonia	*Köln	GER	0:56:04	0:57:10	155	WHK	94	15:28	13:30	13:44	13:21	
197	1896	Golka Mona	*Köln	GER	0:56:04	0:56:11	156	WHK	93	14:07	13:50	14:02	14:03	
198	2202	Schanz Theresa	*Köln	GER	0:56:08	0:56:19	157	WHK	90	14:19	13:46	14:04	13:58	
199	1944	Heuser Amelie	*Köln	GER	0:56:09	0:57:15	158	WHK	90	15:28	13:30	13:44	13:26	
200	3065	Kleinbrahm Dr. Kathrin	*Köln	GER	0:56:11	0:57:49	23	W30	83	14:27	13:22	14:03	14:18	
201	2794	Kaufmann Kathrin	Ren-Tiere	GER	0:56:12	0:56:32	159	WHK	91	14:44	13:54	14:07	13:26	
202	2260	Thies Beate	*Köln	GER	0:56:12	0:57:11	160	WHK	94	15:09	13:39	13:46	13:38	
203	1859	Eschelbach Eva	*Köln	GER	0:56:15	0:57:17	161	WHK	93	15:20	14:02	13:54	12:58	
204	2796	Kirsch Anja	Ren-Tiere	GER	0:56:21	0:56:50	3	W50	63	14:45	13:32	14:07	13:56	
205	2167	Rahn Anastasia	*Köln	GER	0:56:26	0:56:47	162	WHK	95	14:58	13:29	13:57	14:00	
206	2488	Schulte Mesum Saskia	Cologne Internationals	GER	0:56:26	0:56:57	163	WHK	90	15:35	13:42	13:26	13:41	
207	2175	Reichelt Michelle	*Lohmar	GER	0:56:28	0:56:55	164	WHK	96	15:17	13:31	13:58	13:41	
208	1822	Burkert Viktoria	*Köln	GER	0:56:29	0:57:35	8	W35	80	15:13	13:37	14:00	13:38	
209	1891	Gladisch Greta	*Köln	GER	0:56:37	0:56:40	165	WHK	88	13:39	13:34	14:45	14:37	
210	2509	Knüver Dr. Jana	Die derben Dernas	GER	0:56:38	0:56:48	24	W30	86	15:19	13:39	13:49	13:48	
211	1939	Helmrath Elisabeth	*Köln	GER	0:56:40	0:58:27	25	W30	82	16:42	13:57	13:18	12:41	
212	2600	Handwerk Simone	Geographie läuft!	GER	0:56:41	0:56:44	26	W30	84	14:25	14:04	14:21	13:49	
213	1929	Hasberg Ascelina	*Köln	GER	0:56:41	0:56:55	166	WHK	89	13:31	13:54	14:39	14:35	
214	2367	Sawatzki Barbara	Bildung läuft immer		0:56:42	0:57:25	6	W45	71	15:27	13:51	13:45	13:37	
215	2869	Gerwing Hanna	Team Prothetik UK-Köln		0:56:43	0:58:30	167	WHK	91	15:08	13:28	13:44	14:21	
216	1455	Tegtmeier Dr. Laura	Valium i.V.	GER	0:56:44	0:57:28	9	W35	77	14:29	13:33	14:20	14:21	
217	2615	Schmitz Christine	Hinter Mailand	GER	0:56:46	0:57:22	168	WHK	90	14:53	13:28	14:21	14:04	
218	2191	Rütjes Anika	*Köln	GER	0:56:48	0:57:52	27	W30	85	16:09	13:34	13:50	13:14	
219	2271	Van der Broeck Franziska	*Köln	GER	0:56:50	0:57:06	169	WHK	90	14:53	13:41	14:04	14:11	
220	2310	Winkels Myrjam	*Köln	GER	0:56:50	0:57:02	170	WHK	94	14:36	13:35	14:31	14:07	
221	2402	Böggermann Esther	cleverbridge AG roadrunners		0:56:52	0:57:07	28	W30	86	14:57	13:36	14:13	14:04	
222	2843	Börger Simone	Rut Wiess Dreckelisch e.V.	GER	0:56:52	0:58:04	29	W30	84	15:53	13:31	13:30	13:56	
223	1461	Wulsche Andrea	Valium i.V.	GER	0:56:57	0:57:30	4	W50	65	14:07	13:32	14:38	14:37	
224	2087	Michels Anna	*Köln	GER	0:56:58	0:58:28	171	WHK	91	15:56	13:49	13:49	13:23	
225	2890	Rimbach Maren	TECHO Uni Köln	GER	0:56:59	0:58:03	172	WHK	94	16:12	13:41	13:30	13:36	
226	2746	Schöckel Claudia	MitUns	GER	0:57:01	0:58:14	7	W45	70	15:48	13:46	13:52	13:33	
227	2207	Schenk Ricarda	*Köln	GER	0:57:02	0:57:02	173	WHK	91	15:29	14:03	13:58	13:30	
228	2505	MIRIAM URCOLA PEREZ	Die CurryErasmus	ESP	0:57:06	0:57:53	174	WHK	93	15:00	13:35	14:16	14:14	
229	2718	Hajek Verena	Laufmonster	GER	0:57:08	0:57:11	1	W60	52	15:09	14:03	14:07	13:47	
230	2624	Pajonk Franziska	JuRace	GER	0:57:11	0:57:35	175	WHK	92	15:06	14:03	14:09	13:51	
231	2898	LUNA Iris	Teletubbies	GER	0:57:11	0:58:05	30	W30	86	15:39	13:40	13:56	13:55	
232	1815	Bosselmann Mona	*Schwelm	GER	0:57:16	0:57:41	31	W30	86	15:51	14:01	13:50	13:32	
233	2091	Mindlina Julia	*Köln	GER	0:57:20	0:57:56	176	WHK	89	15:26	14:06	14:13	13:33	
234	1937	Helm Anna	*Wuppertal	GER	0:57:22	0:57:47	32	W30	86	15:54	13:59	13:50	13:37	
235	172	Schneiders Daniela	TEAM MARKETING		0:57:23	0:57:36	8	W45	71	14:56	13:57	14:20	14:08	
236	2092	Mirjam Küpper	*Köln	GER	0:57:26	0:57:57	33	W30	82	14:15	13:43	14:45	14:42	
237	2802	Schilling Anja	Ren-Tiere	GER	0:57:26	0:57:55	9	W45	70	15:05	14:03	14:37	13:39	
238	1850	Ebel Davina	*Köln	GER	0:57:28	0:57:42	177	WHK	95	14:20	14:10	14:13	14:44	
239	2632	Melchiori Christine	KF Lebensstil	GER	0:57:28	0:58:45	178	WHK	91	16:29	13:38	13:49	13:31	
240	2799	Petersen Maike	Ren-Tiere	GER	0:57:32	0:57:53	179	WHK	92	14:53	14:02	14:21	14:14	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
241	1966	Jarling Milena	*Lindenthal	GER	0:57:34	0:58:07	180	WHK	94	15:30	13:48	14:02	14:12	
242	1964	Jansen Laura	*Köln	GER	0:57:35	0:57:48	181	WHK	94	14:35	13:59	14:32	14:28	
242	2030	Krüger Mona	*Köln	GER	0:57:35	0:57:48	181	WHK	95	14:34	14:00	14:32	14:28	
244	3006	Vankerkom Katharina	AOK		0:57:40	0:58:47	183	WHK	91	16:19	14:01	13:47	13:31	
245	1949	Himmelberg Anna-Sophie	*Köln	GER	0:57:41	0:57:50	184	WHK	95	14:29	14:11	14:21	14:38	
246	1804	Blassen Liz	*Köln	GER	0:57:43	0:57:54	185	WHK	93	15:30	13:58	14:19	13:54	
247	2307	Wilke Laura	*Burscheid	GER	0:57:43	0:58:25	186	WHK	89	16:21	14:36	14:29	12:15	
248	2446	Büttner Lisa Marie	Cologne Internationals	GER	0:57:45	0:58:19	187	WHK	91	14:59	13:38	14:41	14:26	
249	3044	Rondholz Katja	RunnersPoint Run Club Köln		0:57:46	0:58:16	188	WHK	90	15:00	13:57	14:28	14:19	
250	2282	Vogel Sabine	*Köln	GER	0:57:46	0:59:11	2	W40	72	15:32	13:56	14:09	14:07	
251	2569	Kühne Sarah Schnell	Ebner Stolz - Sonntagsspazierg	GER	0:57:46	0:58:06	189	WHK	89	15:28	13:58	14:38	13:40	
252	2281	Vogel Laura	*Köln	GER	0:57:46	0:57:56	190	WHK	94	14:28	14:13	14:20	14:43	
253	1915	Hänel Katharina	*Köln	GER	0:57:48	0:57:59	191	WHK	93	15:31	13:59	14:18	13:58	
254	2121	Niedert Jana Carina	*Köln	GER	0:57:48	0:59:15	192	WHK	93	15:40	13:54	14:18	13:54	
255	2186	Röding Ulrike	*Köln	GER	0:57:56	0:58:15	193	WHK	88	15:36	14:08	14:12	13:59	
256	1972	Jud Sandra	*Wesseling	GER	0:57:56	0:58:15	194	WHK	89	15:36	14:07	14:12	13:59	
257	2146	Pezzolla Gianna	*Köln	GER	0:57:56	0:58:15	195	WHK	88	15:37	14:07	14:12	13:59	
258	2838	Feldmüller Miki	Running Buffers	GER	0:57:58	0:59:22	196	WHK	93	15:28	13:49	14:31	14:09	
259	1797	Berger Carolin	*Köln	GER	0:58:04	0:58:50	197	WHK	89	15:03	14:19	14:29	14:12	
260	3046	Mürmann Sophie	RunnersPoint Run Club Köln		0:58:10	0:59:42	198	WHK	90	17:18	14:34	13:26	12:50	
261	2836	Mürmann Clara	Runners Point Run Club Köln	GER	0:58:11	0:59:42	199	WHK	91	17:19	14:34	13:27	12:50	
262	2937	Schnorbach Dr. Sonja	Valium i.V.	GER	0:58:13	0:58:47	34	W30	86	16:02	14:30	14:22	13:18	
263	2009	Knopp Eva	*Köln	GER	0:58:13	0:59:16	10	W35	78	16:14	14:21	14:08	13:29	
264	2154	Plaum Josephine	*Düsseldorf	GER	0:58:14	0:59:38	200	WHK	94	17:01	14:23	13:47	13:01	
265	2745	Schröder Jasmin	Mercator-Institut	GER	0:58:15	0:59:05	201	WHK	95	15:18	14:15	14:25	14:16	
266	3048	Liu Pauline	RunnersPoint Run Club Köln		0:58:19	0:58:55	202	WHK	90	14:37	15:00	14:25	14:15	
267	2241	Sprengart Petra	*Köln	GER	0:58:19	0:59:59	203	WHK	90	16:18	14:15	14:05	13:40	
268	2485	Schmidt Annika	Cologne Internationals	GER	0:58:22	0:58:53	204	WHK	93	15:19	13:48	14:25	14:50	
269	2673	Herwix Anna	Kölner Bank		0:58:25	0:59:29	205	WHK	90	16:03	14:00	14:16	14:04	
270	1968	Johann Anika	Gazellenauffangstation	GER	0:58:28	1:00:09	206	WHK	92	15:55	13:58	14:16	14:16	
271	2125	Nisius Sophie	*Swisttal	GER	0:58:31	0:58:43	207	WHK	94	14:53	14:26	14:54	14:17	
272	2077	Marouda Ioulia			0:58:31	1:00:06	208	WHK	91	15:19	14:28	14:37	14:06	
273	2150	Pilkahn Janina	*Köln	GER	0:58:31	0:59:38	209	WHK	91	16:22	14:26	13:57	13:45	
274	2911	Möller Ellen	TuS Partydorsten	GER	0:58:32	0:59:38	210	WHK	90	16:06	14:15	14:25	13:45	
275	2895	Tiltmann Laura	TECHO Uni Köln	GER	0:58:32	0:59:33	211	WHK	91	15:49	14:08	14:23	14:11	
276	2896	Tiltmann Valentine	TECHO Uni Köln	GER	0:58:32	0:59:33	212	WHK	96	15:49	14:08	14:22	14:11	
277	2920	Schwarzer Jola	Usain Frese	GER	0:58:32	1:00:13	213	WHK	95	17:12	14:58	13:51	12:30	
278	2880	Geiger Lea	TECHO Uni Köln	GER	0:58:38	0:59:42	214	WHK	94	16:12	13:55	14:16	14:14	
279	2928	Ganz Ute	Valium i.V.	GER	0:58:38	0:59:30	5	W50	64	15:18	14:11	14:45	14:23	
280	2609	Fritz Clara	Herzgold	GER	0:58:39	0:59:50	215	WHK	96	15:46	14:27	14:20	14:04	
281	2465	Krüger Jana-Lisa	Cologne Internationals		0:58:40	0:59:06	216	WHK	91	14:56	14:27	14:43	14:33	
282	2990	Schmitz Leona	WiSo-Warriors	GER	0:58:42	0:58:59	217	WHK	91	16:25	14:31	14:21	13:23	
283	1970	Jonen Charlotte	*KÖLN	GER	0:58:49	0:59:03	218	WHK	91	15:04	14:44	15:01	13:59	
284	2659	Krux Jasmin	Kölncampus	GER	0:58:49	1:00:06	219	WHK	94	16:12	14:00	14:24	14:11	
285	1958	Huber Anna	*Köln	GER	0:58:50	0:59:17	220	WHK	92	15:34	14:44	14:25	14:06	
286	2355	Hecker Eva Marleen	AVANZA	GER	0:58:52	1:00:13	221	WHK	90	17:07	14:31	14:08	13:05	
287	2419	Wolf Nadja	cleverbridge AG roadrunners		0:58:52	0:59:08	11	W35	79	15:04	14:12	14:43	14:52	
288	2194	Sandmann Eva-Maria	*Köln	GER	0:58:56	0:59:14	12	W35	80	15:49	14:33	14:30	14:03	
289	2370	Kisters-Woike Brigitte	Bio4ever	GER	0:58:59	1:00:08	1	W55	57	16:08	14:33	14:22	13:54	
290	1925	Hannemann Lena	*Köln	GER	0:58:59	0:59:22	222	WHK	95	15:55	14:23	14:25	14:15	
291	2886	Müller Magdalena	TECHO Uni Köln	GER	0:59:00	1:00:00	223	WHK	95	15:42	14:13	14:23	14:40	
292	2469	Lipinski Dunya	Cologne Internationals	GER	0:59:06	0:59:57	224	WHK	87	16:44	14:45	14:20	13:15	
293	2899	STERNESINGER Julia	Teletubbies	GER	0:59:07	1:00:01	35	W30	84	16:39	14:42	14:28	13:16	
294	2562	Seregina Larisa	Dynamo Dauerregen	GER	0:59:09	0:59:46	36	W30	86	15:40	14:42	14:44	14:02	
295	2264	Tönneßen Paulina	*Bornheim	GER	0:59:09	0:59:49	5	WU2	98	16:35	14:34	14:22	13:38	
296	2375	Börger Anika	BLB Köln Runner		0:59:10	1:00:08	37	W30	83	16:23	14:39	14:13	13:53	
297	2002	Klott Katharina	*Köln	GER	0:59:10	0:59:27	38	W30	83	15:47	14:34	14:31	14:16	
298	2953	Mohrmann Ina	VampirPower		0:59:10	1:00:42	10	W45	70	16:32	14:19	14:20	13:58	
299	2463	Kowarsch Hanna	Cologne Internationals	GER	0:59:14	1:00:18	225	WHK	91	16:24	15:00	14:28	13:20	
299	3016	Demary Elke	AOK		0:59:14	1:00:24	11	W45	68	16:10	14:08	14:26	14:29	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
301	2249	Stone Laryssa	*Köln	GER	0:59:14	1:00:13	226	WHK	93	16:38	14:35	14:15	13:44	
302	2015	Kölle Julia	*Köln	GER	0:59:14	0:59:55	6	WU2	97	15:32	14:18	14:56	14:28	
303	2060	Lohaus Annika	*Köln	GER	0:59:18	1:00:42	227	WHK	93	16:57	14:25	14:10	13:44	
304	2216	Schneider Greta	*Köln	GER	0:59:18	1:00:17	228	WHK	95	16:39	14:35	14:15	13:47	
305	2354	Eckrodt Carolin	AVANZA	GER	0:59:18	1:00:39	229	WHK	89	17:06	14:31	14:12	13:27	
306	1768	Achmatow Inna	*Bonn	GER	0:59:18	0:59:31	230	WHK	93	16:00	14:33	14:34	14:10	
307	2410	Ising Christina	cleverbridge AG roadrunners		0:59:18	0:59:34	13	W35	78	15:05	14:10	14:43	15:19	
308	1957	Huber Andrea	*Köln	GER	0:59:20	1:01:18	14	W35	80	16:14	14:28	14:38	13:58	
309	2501	Teller Cornelia	Dauerlaufschule Köln	GER	0:59:20	1:00:46	1	W65	51	16:17	14:25	14:19	14:17	
310	2244	Steffens Katharina	*Bergisch Gladbach	GER	0:59:22	1:00:42	231	WHK	94	16:37	14:35	14:50	13:19	
311	2292	Wang Yuzhu	*Hürth	AFG	0:59:23	0:59:45	232	WHK	93	14:34	13:54	15:16	15:38	
312	2066	Lübbe Annika	*Köln	GER	0:59:23	1:01:22	15	W35	80	16:14	14:30	14:36	14:03	
313	2019	Körner Daria	*Köln	GER	0:59:26	0:59:27	233	WHK	95	14:28	14:22	16:03	14:31	
314	2445	Büssis Katharina	Cologne Internationals	GER	0:59:28	1:00:18	234	WHK	88	15:05	14:11	15:02	15:09	
315	2243	Steffens Christina	*Bergisch Gladbach	GER	0:59:29	1:00:49	235	WHK	94	16:36	14:35	14:50	13:25	
316	2508	Förster Anja	Die derben Dermas	GER	0:59:31	1:00:03	39	W30	86	17:00	14:23	14:18	13:49	
317	2614	Ömür Susan	Hinter Mailand	GER	0:59:34	1:00:10	40	W30	86	15:49	14:31	14:32	14:39	
318	1878	Freytag Jana	*Köln	GER	0:59:38	1:01:08	236	WHK	91	17:11	15:00	14:37	12:49	
319	1848	Dresen Charlotte	*Köln	GER	0:59:43	1:01:29	237	WHK	95	16:22	14:28	14:46	14:06	
320	2083	Merges Jara	*Köln	GER	0:59:44	1:01:06	238	WHK	92	17:10	14:41	14:21	13:30	
321	2107	Müller Sarah	*Köln	GER	0:59:44	1:01:06	239	WHK	87	17:11	14:40	14:21	13:30	
322	2910	Krogmann Helena	TuS Partydorsten	GER	0:59:46	1:00:52	240	WHK	90	16:05	14:13	14:29	14:58	
323	2729	Cordes Sandra	LKW-Schorse	GER	0:59:48	1:00:40	41	W30	86	15:51	14:09	14:05	15:42	
324	2436	Achilles Cindy	Cologne Internationals	GER	0:59:49	1:00:41	241	WHK	88	16:44	14:44	14:20	14:00	
325	2381	Harnying Dr. Wacharee	BlueMotion	THA	0:59:51	1:01:34	3	W40	75	16:27	14:24	14:45	14:14	
326	2636	Seemann Dr. Wiebke	KF Lebensstil	GER	0:59:54	1:01:26	16	W35	81	16:15	14:28	14:29	14:41	
327	1978	Kalwitz Hannah	*Köln	GER	0:59:57	1:01:13	242	WHK	90	16:01	14:45	14:39	14:30	
328	1788	Baur Petra	*Köln	GER	0:59:59	1:01:00	4	W40	73	15:54	14:52	14:50	14:21	
329	2356	Herbers Christine	AVANZA	GER	1:00:01	1:01:22	243	WHK	90	17:07	14:31	14:12	14:10	
330	1790	Beck Katharina	*Köln	GER	1:00:01	1:00:19	42	W30	86	15:41	14:27	14:42	15:10	
331	2115	Nerbas Gesa	*Köln	GER	1:00:02	1:00:41	43	W30	84	16:31	14:40	14:45	14:05	
332	2946	Grella Nina	VampirPower		1:00:04	1:01:10	244	WHK	94	16:37	14:46	14:49	13:51	
333	3013	Bidinger Sandra	AOK		1:00:04	1:01:13	12	W45	68	16:02	14:38	14:47	14:35	
334	1924	Hannemann Annika	*Köln	GER	1:00:05	1:00:46	245	WHK	94	15:29	15:04	14:50	14:42	
335	2806	Siebers Katrin	Ren-Tiere	GER	1:00:13	1:00:49	246	WHK	91	15:23	14:30	15:14	15:04	
336	958	Strunk Christina	BLB Köln Runner		1:00:14	1:01:13	6	W50	66	16:23	14:39	14:37	14:34	
337	2577	Freund Mara	Fett wien Turnschuh	GER	1:00:16	1:01:05	247	WHK	88	15:32	14:39	14:58	15:06	
338	2680	Mertens Lara	Kölner Bank		1:00:17	1:00:36	248	WHK	95	15:28	14:30	15:29	14:48	
339	2013	Koch Rebecca	*Köln	GER	1:00:18	1:01:25	249	WHK	95	15:31	14:45	15:10	14:49	
340	2744	Mörs Michela	Mercator-Institut	GER	1:00:18	1:01:08	17	W35	77	15:48	14:35	15:08	14:46	
341	2918	Lehr Jacqueline	Usain Frese	GER	1:00:19	1:02:00	250	WHK	96	17:13	14:55	14:23	13:46	
342	2792	Frech Laura	Ren-Tiere	GER	1:00:23	1:00:44	251	WHK	92	15:09	15:28	15:17	14:27	
343	2141	Palla Laura	*Köln	GER	1:00:23	1:01:38	252	WHK	95	17:31	14:16	14:28	14:07	
344	2495	Wett Christine	Cologne Internationals	GER	1:00:27	1:01:45	253	WHK	90	16:37	14:23	14:31	14:56	
345	2922	Westerink Lois	Usain Frese	GER	1:00:27	1:02:08	254	WHK	96	17:13	14:57	14:21	13:55	
346	1771	Ahrends Julia	*Köln	GER	1:00:27	1:01:29	18	W35	81	16:25	14:59	14:51	14:12	
347	2612	Forke Anna	Hinter Mailand	GER	1:00:28	1:01:02	255	WHK	88	15:02	14:06	15:31	15:48	
348	2665	Docter Franziska	Kölner Bank		1:00:28	1:00:38	256	WHK	93	15:30	14:52	15:22	14:43	
349	1886	Gebhart Jane	*Köln	GER	1:00:29	1:00:59	44	W30	84	14:57	14:35	15:33	15:22	
350	1945	Heymann Lisa	*Hattingen	GER	1:00:35	1:01:58	257	WHK	93	17:05	14:45	14:57	13:46	
351	2927	Drees Bärbel	Valium i.V.	GER	1:00:36	1:01:22	7	W50	64	16:24	14:37	14:55	14:39	
352	3037	Tautges Carmen	RunnersPoint Run Club Köln		1:00:39	1:01:11	258	WHK	90	15:39	14:41	15:23	14:55	
353	1827	Can Mediha	*köln	GER	1:00:39	1:01:03	2	W60	53	16:17	14:56	14:55	14:30	
354	2317	Wulfert Kristin	*Köln	GER	1:00:41	1:01:43	45	W30	84	16:25	15:00	14:51	14:24	
355	1907	Gürgens Jenny	*Köln - Kalk	GER	1:00:49	1:01:38	46	W30	86	15:32	14:37	15:21	15:18	
356	1780	Auf dem Berge Melanie	*Köln	GER	1:00:50	1:02:13	259	WHK	92	17:06	14:44	14:58	14:01	
357	2548	Karimi Farimah	Du machst den Unterschied	IRN	1:00:50	1:01:11	260	WHK	96	15:00	15:00	15:30	15:19	
358	2490	Schweers Anna	Cologne Internationals	GER	1:00:52	1:01:24	261	WHK	92	15:17	15:14	15:30	14:49	
359	2070	Luy Saskia	*Wesseling	GER	1:00:55	1:02:07	262	WHK	94	16:25	14:48	14:59	14:42	
360	2246	Steinmetz Klara	*Raderberg	GER	1:00:56	1:02:26	7	WU2	97	17:11	14:46	14:51	14:06	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
361	2272	Van Horrick Helena	*Köln	GER	1:00:58	1:01:20	263	WHK	90	15:56	15:03	15:13	14:45	
362	2980	Braun Martina	WiSo-Warriors	GER	1:00:59	1:01:54	264	WHK	95	16:26	14:43	14:47	15:02	
363	2644	Wipperfürth Christiane	Köln läuft!	GER	1:00:59	1:01:32	19	W35	80	16:00	14:52	15:05	15:00	
364	1839	Dettlaff Alisa	*Köln	GER	1:01:00	1:01:39	265	WHK	92	16:26	15:08	15:12	14:13	
365	2724	Pereira Mafalda	Lets metabolize	GER	1:01:02	1:01:15	266	WHK	92	15:34	14:50	15:25	15:11	
366	2039	Lammers Romina	*Hürth	GER	1:01:02	1:01:41	267	WHK	91	16:26	15:07	15:12	14:15	
367	2646	Buch Johanna	Köln Marathon-Team		1:01:03	1:01:09	268	WHK	96	15:00	14:40	15:40	15:41	
368	2108	Müller Sophie	*Köln	GER	1:01:03	1:02:16	269	WHK	96	16:39	15:05	15:17	14:01	
369	2213	Schmidt Nehle	*Köln	GER	1:01:04	1:01:32	20	W35	80	16:03	14:40	15:09	15:11	
369	2102	Müller Franziska	*Köln	GER	1:01:04	1:02:16	270	WHK	94	16:40	15:05	15:17	14:01	
371	3040	Levinskaja Irina	RunnersPoint Run Club Köln		1:01:05	1:02:36	271	WHK	90	15:53	14:44	15:17	15:09	
372	2029	Krings Christina	*Köln	GER	1:01:05	1:01:33	21	W35	81	16:03	14:40	15:08	15:12	
373	2190	Rother Carina	*Leverkusen	GER	1:01:05	1:02:05	272	WHK	88	16:27	14:44	14:55	14:57	
374	1905	Grote Pia	*Köln	GER	1:01:06	1:01:28	273	WHK	94	15:54	15:06	15:12	14:52	
375	1899	Grauf Tanja	*Köln	GER	1:01:11	1:02:04	274	WHK	90	15:36	14:10	15:14	16:09	
376	2515	Kolb Salome	Die Mannheimer	GER	1:01:13	1:02:29	275	WHK	93	15:32	15:05	15:51	14:42	
377	2332	Simon Yvonne	SV Gladbeck 13	GER	1:01:19	1:02:29	8	W50	66	16:58	14:55	14:51	14:34	
378	2989	Schäfer Ann-Katrin	WiSo-Warriors	GER	1:01:19	1:02:35	276	WHK	93	16:38	15:04	15:12	14:24	
379	2978	Baumann Anna	WiSo-Warriors	GER	1:01:20	1:02:35	277	WHK	94	16:39	15:04	15:11	14:25	
380	2969	Heckmann Sandra	Volles Rohr	GER	1:01:21	1:02:40	22	W35	78	16:15	14:55	15:08	15:01	
381	2074	Malcus Katja	*Köln	GER	1:01:21	1:01:47	23	W35	77	16:05	14:55	15:12	15:08	
382	2287	Vu Phi	*Köln	GER	1:01:22	1:01:32	8	WU2	97	15:12	15:15	15:44	15:08	
383	2247	Steinmetz Lena	*Bonn	GER	1:01:32	1:03:02	278	WHK	94	17:11	14:46	14:51	14:41	
384	2090	Mießén Carolin	*Würselen	GER	1:01:36	1:02:26	279	WHK	96	16:16	15:11	15:37	14:30	
385	2076	Maria Fleckstein	*Köln	GER	1:01:37	1:02:44	280	WHK	88	17:12	14:58	15:00	14:25	
386	3007	Wollersheim Katja	AOK		1:01:39	1:02:47	47	W30	86	16:46	15:08	15:14	14:29	
387	2587	Minet Ilona Theresia	Gazellenauffangstation	GER	1:01:41	1:03:23	281	WHK	90	15:55	14:27	15:25	15:53	
388	3009	Bösche Henrike	AOK		1:01:47	1:02:54	282	WHK	91	16:21	14:52	15:22	15:11	
389	2278	Vogel Constanze	*Köln	GER	1:01:52	1:03:05	283	WHK	95	16:40	15:05	15:17	14:49	
390	2120	Nguyen Nhu Y	*Köln	GER	1:01:55	1:03:37	284	WHK	93	16:28	14:58	15:12	15:16	
391	2688	Schödder Lena	Kölner Bank		1:01:56	1:02:06	285	WHK	96	15:29	14:52	15:46	15:48	
392	2954	Müller Linda	VampirPower		1:01:59	1:03:05	286	WHK	93	16:37	14:46	14:49	15:46	
393	1775	Arjunan Archanah	*Köln	GER	1:02:02	1:03:24	287	WHK	88	17:08	15:02	15:09	14:41	
394	2566	Dobija Rosa Rasant	Ebner Stolz - Sonntagsspazierg	GER	1:02:03	1:02:22	48	W30	84	15:38	14:48	15:39	15:56	
395	2514	Hellweg Frauke	Die Mannheimer	GER	1:02:04	1:03:21	288	WHK	95	16:17	15:02	15:23	15:21	
396	2412	Knobloch Juliane	cleverbridge AG roadrunners		1:02:12	1:02:32	24	W35	77	17:14	15:23	15:02	14:32	
397	2057	Löffelsender Isabel	*Köln	GER	1:02:16	1:03:30	289	WHK	95	17:12	15:09	15:07	14:45	
398	2376	Hage Angelika	BLB Köln Runner		1:02:18	1:03:18	3	W60	56	16:31	14:57	15:15	15:33	
399	1993	Kirsch Anneke	*Köln	GER	1:02:19	1:03:34	290	WHK	92	16:40	15:10	15:24	15:03	
400	2067	Luiken Sophia	*Köln	GER	1:02:31	1:02:45	9	WU2	97	16:03	14:49	15:42	15:55	
401	2294	Weber Anna	*Köln	GER	1:02:34	1:02:58	291	WHK	89	15:28	15:01	15:59	16:04	
402	2519	Baumgart Alexandra	Digital Helpers e.V.		1:02:35	1:02:56	292	WHK	91	15:08	15:12	16:06	16:07	
403	2305	Wiemann Kristina	*Köln	GER	1:02:38	1:04:08	293	WHK	88	17:02	15:07	15:30	14:57	
404	2211	Schlegel Valerie	*Köln	GER	1:02:41	1:02:56	49	W30	84	15:33	15:19	15:48	15:59	
405	2149	Piehl Anja	*Köln	GER	1:02:43	1:04:08	5	W40	76	16:10	15:29	15:43	15:20	
406	2604	Ranke Sabrina	Geographie läuft!	GER	1:02:45	1:02:51	294	WHK	92	14:47	15:23	16:11	16:22	
407	2072	Magnus Karen	*Köln	GER	1:02:48	1:03:00	295	WHK	89	15:34	15:19	15:52	16:02	
408	2957	Schaefer Janina	VampirPower		1:02:51	1:03:15	296	WHK	90	16:35	15:29	15:51	14:56	
409	2695	Wielgosch Julia	Kölner Bank		1:02:52	1:04:34	297	WHK	89	16:54	15:17	15:27	15:13	
410	2540	Oberlies Sarah	Drag Race	GER	1:02:55	1:04:33	298	WHK	89	18:08	15:34	15:01	14:11	
411	2158	Prill Anna-Lena	*Köln	GER	1:03:00	1:03:25	299	WHK	95	16:22	15:23	15:41	15:32	
412	2267	Tran My-Ly	*Köln	GER	1:03:04	1:03:18	300	WHK	89	16:08	16:10	15:44	15:01	
413	2941	Alter Amber	VampirPower		1:03:07	1:04:08	301	WHK	94	16:49	15:01	15:54	15:21	
414	2266	Traber Janine	*Köln	GER	1:03:10	1:04:38	302	WHK	94	18:15	14:40	15:21	14:52	
415	2546	Janhsen Anna	Du machst den Unterschied	GER	1:03:12	1:04:24	50	W30	84	17:39	15:34	15:10	14:47	
416	1566	Mantell Pauline	*Köln	GER	1:03:12	1:04:24	51	W30	85	17:40	15:34	15:10	14:46	
417	2884	Loth Stella	TECHO Uni Köln	GER	1:03:19	1:04:28	303	WHK	91	16:52	17:18	14:37	14:31	
418	2628	Hauser Katarina	KF Lebensstil	GER	1:03:21	1:04:49	304	WHK	88	16:24	15:15	15:48	15:53	
419	1814	Bongartz Carolin	*Köln	GER	1:03:21	1:04:07	305	WHK	90	16:42	15:13	15:37	15:49	
420	2406	Goerlich Eva	cleverbridge AG roadrunners		1:03:22	1:03:43	52	W30	85	16:37	15:40	15:37	15:26	

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
421	2109	Münstermann Carina	*Köln	GER	1:03:22	1:04:06	306	WHK	88	16:36	15:17	15:38	15:48	
422	2881	Gülden Susanne	TECHO Uni Köln	GER	1:03:22	1:04:18	307	WHK	90	16:38	15:58	15:54	14:51	
423	2935	Polhähn Alexandra	Valium i.V.	GER	1:03:24	1:04:07	308	WHK	94	17:08	15:26	15:39	15:10	
424	2032	Kühnert Natalie	*Köln	GER	1:03:25	1:04:50	309	WHK	87	16:42	15:00	15:40	16:01	
425	2639	Thiel Judith	KF Lebensstil	GER	1:03:26	1:04:45	310	WHK	94	16:16	15:05	15:43	16:19	
426	2570	Pusch Klasse Katharina	Ebner Stolz - Sonntagsspazierg	GER	1:03:28	1:03:50	53	W30	84	15:39	15:42	15:57	16:08	
427	2962	Krause Meike	VDLA Köln	GER	1:03:29	1:03:48	311	WHK	93	16:14	15:41	16:04	15:29	
428	2912	Kauffmann Dr. Caroline	UKK URO - Bei uns läuft!	GER	1:03:29	1:03:48	54	W30	84	16:15	15:39	16:05	15:29	
429	2597	Gaab Lara	Geographie läuft!	GER	1:03:35	1:03:42	312	WHK	92	15:46	15:36	16:09	16:02	
430	1840	Dettmann Jacqueline	*Köln	GER	1:03:49	1:05:17	313	WHK	92	17:11	15:13	15:24	15:59	
431	2101	Mueller Anja	*Köln	GER	1:03:50	1:05:17	314	WHK	93	17:11	15:13	15:24	16:00	
432	2671	Heller Stefanie Alexandra	Kölner Bank		1:03:54	1:04:03	315	WHK	87	15:14	16:32	16:44	15:23	
433	2033	Küppenbender Olivia	*Köln	GER	1:03:56	1:04:29	1	WU1	99	17:18	15:22	15:38	15:35	
434	2309	Winkelmann Kathrin	*Köln	GER	1:04:00	1:05:47	55	W30	83	17:36	15:48	15:29	15:06	
435	2235	Skrodzki Kira	*Köln	GER	1:04:03	1:05:16	316	WHK	94	16:24	15:04	16:04	16:30	
436	1910	H.Pfner Isabel	*Köln	GER	1:04:07	1:04:18	25	W35	78	16:03	15:49	16:12	16:02	
437	1987	Kerboub Soreya	*Köln	GER	1:04:08	1:05:27	56	W30	85	16:51	15:13	16:05	15:58	
438	2965	Fernandez Veronica	Veronica Fernandez Caruncho	GER	1:04:09	1:04:21	26	W35	78	16:01	15:50	16:13	16:04	
439	2888	Pflüger Marie	TECHO Uni Köln	GER	1:04:11	1:05:16	317	WHK	95	16:23	15:36	16:32	15:39	
440	1881	Füssgen Pia	*Köln	GER	1:04:14	1:06:06	10	WU2	97	17:28	15:46	15:58	15:02	
441	1801	Bielig Mona	*Köln	GER	1:04:16	1:05:31	318	WHK	96	17:32	15:43	15:54	15:06	
442	1948	Hilmer Dana	*Köln	GER	1:04:16	1:05:31	319	WHK	95	17:31	15:43	15:52	15:08	
443	2647	Döhmer Nadine	Köln Marathon-Team		1:04:16	1:04:23	320	WHK	94	14:59	15:06	17:20	16:50	
444	2536	Semmel Miriam	Digital Helpers e.V.		1:04:17	1:04:34	321	WHK	96	16:15	15:48	16:24	15:48	
445	2527	Leiber Alexandra	Digital Helpers e.V.		1:04:19	1:04:37	322	WHK	96	16:16	15:47	16:25	15:50	
446	2475	Petrova Mariia	Cologne Internationals	RUS	1:04:22	1:04:47	323	WHK	95	14:41	15:16	17:41	16:43	
447	2073	Maiss Veronika	*Köln	GER	1:04:24	1:04:56	324	WHK	93	17:19	15:23	15:38	16:03	
448	2408	Hirth Krisztina	cleverbridge AG roadrunners		1:04:40	1:04:58	13	W45	71	17:14	15:58	15:54	15:33	
449	2297	Weindler Jasmin	*Köln	GER	1:04:41	1:04:53	325	WHK	96	14:56	15:49	19:30	14:24	
450	2525	Kleinhaus Judith	Digital Helpers e.V.		1:04:44	1:05:33	326	WHK	91	17:59	15:51	15:38	15:15	
451	2539	Warachewicz Laura	Digital Helpers e.V.		1:04:47	1:05:36	327	WHK	95	17:58	15:51	15:38	15:18	
452	2012	Koch Katharina	*Hürth	GER	1:04:49	1:06:41	328	WHK	96	17:28	15:46	15:56	15:37	
453	2693	Wellié Nadine	Kölner Bank		1:04:55	1:06:13	27	W35	79	16:27	15:39	16:16	16:31	
454	2533	Neuerburg Oda	Digital Helpers e.V.		1:04:56	1:05:38	2	W55	60	17:28	15:53	16:02	15:32	
455	2878	Fuchs Larissa	TECHO Uni Köln	GER	1:04:56	1:06:38	329	WHK	92	17:14	15:43	16:10	15:48	
456	2856	Hölzemann Svenja	Svenja Hölzemann	GER	1:04:58	1:05:58	57	W30	86	17:05	15:33	16:17	16:01	
457	1923	Hannappel Tanja	*Köln	GER	1:05:01	1:06:01	330	WHK	87	17:11	15:26	16:17	16:05	
458	2871	Skutnik Simone	Team Prothetik UK-Köln		1:05:02	1:06:49	58	W30	86	16:00	15:47	16:22	16:51	
459	1986	Kemper Franziska	*Köln	GER	1:05:05	1:06:21	331	WHK	89	17:09	16:00	16:21	15:35	
460	3011	Bidinger Valerie	AOK		1:05:07	1:06:16	332	WHK	94	16:52	15:39	16:17	16:18	
461	2524	Jaspert-Grehl Andrea	Digital Helpers e.V.		1:05:12	1:05:53	3	W55	60	17:28	15:52	16:00	15:50	
462	1931	Heidemann Paulina	*Köln	GER	1:05:13	1:06:16	333	WHK	94	16:54	15:36	16:37	16:04	
463	2526	Lehnen Natalie	Digital Helpers e.V.		1:05:13	1:06:03	334	WHK	90	17:58	15:51	15:40	15:43	
464	2554	Schaaf Katrin	Du machst den Unterschied	GER	1:05:13	1:06:40	28	W35	79	17:08	15:06	15:20	17:38	
465	2556	Schiffmann Anne	Du machst den Unterschied	LUX	1:05:14	1:06:41	59	W30	83	17:08	15:15	16:12	16:38	
466	2589	Rivero Ceballos Claudia	Gazellenauffangstation	GER	1:05:17	1:06:27	335	WHK	89	17:18	15:30	16:06	16:21	
467	2963	Strbac Tijana	VDLA Köln	GER	1:05:23	1:05:35	336	WHK	93	16:22	16:03	16:35	16:22	
468	1864	Fecchi Madté	*Köln	LUX	1:05:26	1:05:53	337	WHK	95	16:58	16:58	15:50	15:38	
469	2840	Gompert Monika	Running Buffers	GER	1:05:31	1:06:53	4	W60	55	17:10	15:42	16:17	16:21	
470	2701	Steffe Johanna	KTT 01	GER	1:05:42	1:05:54	338	WHK	93	16:22	16:04	16:34	16:40	
471	3002	Heuser Vanessa	ZuS Zukunftsstrategie Lehrer*i	GER	1:05:44	1:07:06	339	WHK	89	17:01	15:50	16:21	16:30	
472	2179	Reufsteck Alina	*Köln	GER	1:05:56	1:06:41	340	WHK	88	16:42	15:14	16:39	17:20	
473	1965	Jansen Simone	*Köln	GER	1:05:57	1:06:41	341	WHK	90	16:37	15:18	16:41	17:19	
474	3047	Gáspár Saci	RunnersPoint Run Club Köln		1:06:04	1:06:38	342	WHK	90	16:35	15:40	16:38	17:09	
475	1860	Eßers Nina	*Köln	GER	1:06:06	1:06:47	60	W30	84	17:09	15:36	17:04	16:15	
476	2887	Orhan Eda	TECHO Uni Köln	GER	1:06:13	1:07:16	343	WHK	94	17:07	15:50	16:34	16:40	
477	2336	Wallau Franziska	1.FC Spich	GER	1:06:18	1:07:46	344	WHK	94	18:11	16:13	16:33	15:20	
478	2311	Wirtz Ira	*Köln	GER	1:06:20	1:07:20	61	W30	86	17:21	16:08	16:38	16:12	
479	2330	Klöppner Dr. Kerstin	HARDTSEEMAFIA	GER	1:06:25	1:07:34	29	W35	77	17:51	15:55	16:19	16:18	
480	1889	Gerling Melanie	*Köln	GER	1:06:39	1:07:44	62	W30	86	17:06	15:33	17:04	16:55	

10km - Gesamtwertung

Unilaf Köln - 8. Juni 2016

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
481	2304	Wiederstein Janica	*Köln	GER	1:06:39	1:07:41	345	WHK	91	18:09	16:26	16:46	15:17	
482	2670	Hardenberg-Kühnel Walli	Kölner Bank		1:06:44	1:07:41	5	W60	53	17:34	16:17	16:35	16:17	
483	2397	Grassberger Lena	Chemical brothers and sisters	GER	1:06:51	1:08:46	346	WHK	87	17:55	15:56	16:34	16:25	
484	2398	Singh Ghotra Kavita	Chemical Brothers and Sisters	GER	1:06:51	1:08:46	347	WHK	91	17:55	15:57	16:31	16:25	
485	2938	Spilles Petra	Valium i.V.	GER	1:06:59	1:07:44	9	W50	63	17:27	16:26	16:42	16:22	
486	2080	Mathieu Mylène	*Köln	FRA	1:06:59	1:07:52	63	W30	84	16:13	15:24	17:31	17:49	
487	2314	Wolf Noemi	*Köln	GER	1:07:00	1:08:28	348	WHK	93	18:18	16:24	16:16	16:01	
488	2142	Patricia Friess	*Köln	GER	1:07:14	1:08:25	349	WHK	89	17:01	16:26	17:01	16:44	
489	2079	Mary Michel Rizk	*Köln	GER	1:07:14	1:08:25	350	WHK	89	17:01	15:56	17:31	16:45	
490	2295	Weber Leonie	*Köln	GER	1:07:15	1:07:36	351	WHK	91	16:02	15:18	18:18	17:34	
491	1890	Germann Claudine	*Rösrath	GER	1:07:19	1:08:38	14	W45	67	18:06	16:15	16:40	16:16	
492	2942	Baehr Esther	VampirPower		1:07:30	1:07:39	30	W35	79	16:33	16:13	17:08	17:35	
493	2185	Ritterbex Carolin	*Köln	GER	1:07:44	1:09:00	352	WHK	90	17:17	15:54	16:47	17:44	
494	2270	Türk Clara	*Köln	GER	1:07:52	1:08:54	353	WHK	90	18:08	16:26	16:46	16:31	
495	1928	Hartmann Elena	*Köln	GER	1:08:02	1:08:25	354	WHK	95	17:18	15:58	17:28	17:16	
496	2864	Körner Christa	TEAM MARKETING		1:08:06	1:08:49	10	W50	64	17:23	16:39	16:48	17:15	
497	1654	Romotzky Vanessa	Du machst den Unterschied	GER	1:08:07	1:09:21	31	W35	78	18:51	16:36	16:34	16:05	
498	2324	Zhao Yingshuai	*Köln	CHN	1:08:10	1:08:39	64	W30	86	16:04	17:33	17:34	16:57	
499	2236	Sneider Nathalie	*Köln	GBR	1:08:25	1:09:03	32	W35	81	18:39	17:08	16:43	15:54	
500	2021	Kolb Katharina	*Köln	GER	1:08:30	1:09:38	355	WHK	95	16:50	16:49	17:14	17:36	
501	2258	Thiel Charlotte	*Köln	GER	1:08:39	1:09:47	356	WHK	90	17:50	16:07	17:00	17:40	
502	1921	Hamsch Kathi	*Köln	GER	1:08:40	1:08:43	357	WHK	94	16:56	16:36	17:36	17:30	
503	1995	Kirschner Claudia	*Köln	GER	1:08:52	1:09:13	11	W50	63	18:03	16:53	17:02	16:52	
504	1951	Hisgen Sabrina	*Köln	GER	1:09:00	1:09:39	358	WHK	88	17:17	16:53	17:19	17:30	
505	2458	Kabuth Jaqueline	Cologne Internationals	GER	1:09:06	1:10:22	359	WHK	94	18:18	16:44	17:04	16:59	
506	2674	Hübner Kim	Kölner Bank		1:09:10	1:09:18	360	WHK	92	16:06	16:35	18:27	18:01	
507	2751	Schneider Elena	MTP - Marketing zwischen	GER	1:09:22	1:09:36	65	W30	83	17:31	17:16	17:20	17:14	
508	2137	Ottens Andrea	*Köln	GER	1:09:23	1:09:44	66	W30	85	19:05	16:40	16:33	17:03	
509	2691	Straßburger Jasmin	Kölner Bank		1:09:25	1:11:07	361	WHK	90	18:00	17:03	17:16	17:05	
510	2345	Mohn Marie	AG Schwarz		1:09:29	1:11:02	33	W35	78	18:18	17:02	17:07	17:01	
511	1875	Föhmer Chantal	*Euskirchen	GER	1:09:48	1:11:05	362	WHK	94	17:00	16:30	18:13	18:03	
512	2042	Langenbach Dorothee	*Köln	GER	1:10:08	1:11:24	67	W30	86	18:27	17:04	17:35	17:01	
513	2289	Waldorf Anna	*Bonn	GER	1:10:09	1:11:00	363	WHK	96	18:39	17:06	18:24	15:58	
514	1927	Harbert Laura	*Köln	GER	1:10:12	1:11:03	364	WHK	96	18:39	17:06	18:24	16:01	
515	1943	Heßeler Clara	*Köln	GER	1:10:12	1:11:03	365	WHK	96	18:39	17:06	18:24	16:01	
516	3033	Rother Jaqueline			1:10:18	1:11:19	366	WHK	92	18:53	17:07	17:19	16:58	
517	1954	Hoinka Friederike	*Köln	GER	1:10:27	1:11:35	367	WHK	91	17:02	16:37	18:01	18:45	
518	2875	Spürk Alexandra	Team Tartichoc	GER	1:11:12	1:12:51	68	W30	85	18:41	17:28	17:54	17:07	
519	2857	Schmitz-Verhajak Sylvia	TEAM RAFA	AUT	1:11:23	1:11:43	2	W65	51	18:50	17:14	17:35	17:42	
520	2168	RANU Dr. SHARMA	*COLOGNE	GER	1:11:30	1:12:54	69	W30	85	18:24	18:02	17:44	17:18	
521	2034	Kuhl Isabel	*Köln	GER	1:11:34	1:13:02	368	WHK	96	18:17	17:17	18:20	17:39	
522	2245	Stegmann Janina	*Köln	GER	1:11:41	1:12:09	369	WHK	94	16:22	18:33	19:06	17:40	
523	2226	Seehrich Sonja	*Niederkassel	GER	1:11:51	1:12:08	370	WHK	89	18:45	17:30	18:11	17:23	
524	1916	Hänsel Luise	*Köln	GER	1:12:13	1:13:41	371	WHK	92	18:17	17:17	18:19	18:18	
525	2716	Ayche Karin	Laufmariechen Köln	GER	1:12:16	1:12:40	6	W60	54	18:35	17:32	18:15	17:53	
526	2503	García González Clara	Die CurryErasmus	ESP	1:13:48	1:14:34	372	WHK	93	16:11	18:00	20:54	18:41	
527	2574	Heppner Levke	ev. Kita Junkersdorf	GER	1:13:57	1:14:25	373	WHK	89	18:45	17:45	18:45	18:41	
528	2130	Oberthür Tina	*Bonn	GER	1:13:58	1:14:26	374	WHK	87	18:44	17:45	18:44	18:43	
529	2259	Thiel Kathleen	*Köln	GER	1:13:58	1:14:27	375	WHK	88	18:44	17:46	18:44	18:43	
530	2371	Neuber Dr. Anja	Bio4ever	GER	1:15:56	1:17:06	6	W40	73	20:11	18:42	19:50	17:12	
531	2822	Höhne Michaela	Rote Ochsen	GER	1:16:06	1:17:26	376	WHK	90	18:59	18:38	19:10	19:17	
532	1867	Ferigo Anna	*Köln	GER	1:16:31	1:17:09	34	W35	78	18:45	19:01	19:38	19:05	
533	1784	Barth Corinna	*Köln	GER	1:17:17	1:18:45	377	WHK	91	19:47	18:28	19:46	19:14	
534	2298	Weinreich Madeleine	*Köln	GER	1:20:00	1:20:19	378	WHK	87	21:18	19:02	19:57	19:41	