

10 km - Gesamtwertung

14. OLB Citylauf Norden - 23. April 2016

Männer

| Platz | Startnr | Name | Verein*/Ort | Gesamt | Brutto | AK-PI | AK | Jahr | Rundenzeiten |
|-------|---------|----------------------|--------------------------------|---------|---------|-------|-----|------|-------------------------|
| 1 | 932 | Waschkau Jan | TUS Weene | 0:35:06 | 0:35:07 | 1 | M35 | 77 | 08:49 08:47 08:57 08:31 |
| 2 | 634 | Köhler Jan-Aiko | Emder LG | 0:35:16 | 0:35:17 | 1 | MU2 | 97 | 08:49 08:48 08:57 08:41 |
| 3 | 553 | Grigat Holger | MTV Aurich | 0:35:32 | 0:35:32 | 1 | M40 | 73 | 08:50 08:49 09:02 08:50 |
| 4 | 522 | Folkers Andreas | Ihlowerfehn | 0:35:56 | 0:35:57 | 2 | M40 | 76 | 08:56 09:12 09:06 08:40 |
| 5 | 863 | Woltering Alexander | | 0:35:59 | 0:35:59 | 1 | M30 | 85 | 08:47 08:52 09:13 09:06 |
| 6 | 807 | Steinke Peter | MTV Aurich | 0:36:32 | 0:36:33 | 1 | M45 | 70 | 08:56 09:12 09:15 09:07 |
| 7 | 1105 | Breuer Benjamin | Emder LG | 0:38:23 | 0:38:24 | 2 | M35 | 79 | 09:08 09:34 09:54 09:45 |
| 8 | 1118 | Tattje Sven | Möbel Buss | 0:39:20 | 0:39:21 | 1 | MHK | 92 | 09:45 10:01 09:59 09:34 |
| 9 | 844 | Weinberg Dieter | LG Harlingerland | 0:39:23 | 0:39:24 | 2 | M45 | 68 | 09:39 10:00 10:05 09:37 |
| 10 | 933 | Bartsch Frank | LSF Oldenburg | 0:39:28 | 0:39:30 | 3 | M40 | 72 | 09:54 09:51 09:59 09:43 |
| 11 | 403 | Aeilts Andreas | Emder LG | 0:39:30 | 0:39:31 | 1 | M50 | 65 | 09:39 10:00 10:05 09:44 |
| 12 | 662 | Lottmann Ralf | EWE-Wattloopers | 0:39:53 | 0:39:54 | 3 | M45 | 71 | 09:44 10:02 10:10 09:56 |
| 13 | 1140 | Wolf Marko | Laufgemeinschaft Harlingerland | 0:40:29 | 0:40:32 | 4 | M40 | 76 | 09:58 10:15 10:22 09:53 |
| 14 | 419 | Arends Torsten | TV Norden | 0:40:34 | 0:40:39 | 5 | M40 | 74 | 10:18 10:06 10:13 09:55 |
| 15 | 679 | Meyer Henning | Stadtwerke Norden Emden | 0:40:51 | 0:40:54 | 2 | MHK | 96 | 09:43 10:06 10:45 10:15 |
| 16 | 921 | Klaassen Jens | Emder LG | 0:40:54 | 0:40:55 | 3 | MHK | 93 | 09:39 10:14 10:45 10:14 |
| 17 | 730 | Regina Michael | LG Wetzlar | 0:41:33 | 0:41:34 | 1 | M55 | 61 | 10:20 10:29 10:34 10:10 |
| 18 | 770 | Schleinhege Lars | Lg Papenburg/Aschendorf | 0:41:40 | 0:41:40 | 3 | M35 | 79 | 10:08 10:23 10:38 10:29 |
| 19 | 1144 | Klose Christian | Landgericht Aurich | 0:41:43 | 0:41:46 | 2 | M30 | 84 | 10:03 10:24 10:43 10:31 |
| 20 | 919 | Siebens Ivo | MTV-Aurich-Triathlon | 0:42:00 | 0:42:06 | 2 | M50 | 65 | 10:16 10:42 10:48 10:13 |
| 21 | 454 | Buss Gerd | SKN Hardlopers | 0:42:06 | 0:42:10 | 4 | M45 | 70 | 10:04 10:45 10:52 10:24 |
| 22 | 469 | De Boer Tobias | | 0:42:08 | 0:42:11 | 4 | M35 | 81 | 10:18 10:44 10:54 10:11 |
| 23 | 1116 | Günther DR Daniel | Sörtebeker Loopers | 0:42:15 | 0:42:17 | 6 | M40 | 75 | 09:49 10:40 11:02 10:43 |
| 24 | 421 | Baalman Josef | MTV Aurich | 0:42:24 | 0:42:26 | 2 | M55 | 61 | 10:06 10:37 11:02 10:38 |
| 25 | 633 | Köhler Hendrik | Emder LG | 0:42:43 | 0:42:48 | 4 | MHK | 92 | 10:59 11:00 10:46 09:57 |
| 26 | 545 | Gerdes Helmut | | 0:42:54 | 0:43:04 | 7 | M40 | 72 | 10:40 10:47 10:54 10:33 |
| 27 | 406 | Akkermann Horst | SV Dornum | 0:42:59 | 0:43:04 | 8 | M40 | 76 | 10:44 10:47 10:53 10:34 |
| 28 | 721 | Pree Wolfgang | LG Harlingerland | 0:43:18 | 0:43:22 | 3 | M50 | 62 | 10:51 10:53 11:00 10:31 |
| 29 | 558 | Groß Sven | WfbM Aurich-Wittmund | 0:43:19 | 0:43:22 | 5 | MHK | 91 | 10:10 10:56 11:26 10:45 |
| 30 | 601 | Hüls Uwe | TV Norden | 0:43:33 | 0:43:37 | 4 | M50 | 63 | 10:39 10:56 11:14 10:43 |
| 31 | 689 | Mross Timm | | 0:43:36 | 0:43:37 | 5 | M35 | 81 | 10:45 10:59 11:09 10:42 |
| 32 | 698 | Nanninga Jochen | TV Norden | 0:43:36 | 0:43:40 | 5 | M45 | 67 | 10:43 10:57 11:10 10:45 |
| 33 | 414 | Alts Holger | VffL Berumbur | 0:43:38 | 0:43:41 | 5 | M50 | 64 | 10:22 10:59 11:16 10:59 |
| 34 | 474 | De Vries Herbert | Emder LG | 0:43:39 | 0:43:41 | 6 | M45 | 69 | 10:23 11:00 11:16 10:59 |
| 35 | 1130 | Krull Gordon | MTV Tria-Aurich | 0:43:54 | 0:43:58 | 7 | M45 | 70 | 10:45 11:09 11:15 10:43 |
| 36 | 479 | Degener Peter | Marathon Mülheim | 0:44:02 | 0:44:05 | 1 | M60 | 52 | 11:05 11:07 11:06 10:43 |
| 37 | 1142 | Meyeraan Harald | Hinte | 0:44:24 | 0:44:30 | 6 | M50 | 64 | 10:52 11:11 11:23 10:57 |
| 38 | 931 | Alberts Thomas | Stadtwerke Norden EMDen | 0:44:28 | 0:44:33 | 6 | M35 | 81 | 11:07 11:13 11:20 10:46 |
| 39 | 577 | Hellmers Ralf | TV Norden | 0:44:40 | 0:44:44 | 7 | M50 | 65 | 11:08 11:19 11:19 10:52 |
| 40 | 862 | Wölfel Andreas | TV Norden | 0:44:40 | 0:44:44 | 7 | M35 | 81 | 11:08 11:20 11:20 10:52 |
| 41 | 734 | Reinmold Heinz | LG Harlingerland | 0:44:44 | 0:44:46 | 1 | M65 | 49 | 11:01 11:17 11:24 11:00 |
| 42 | 658 | Lindtner Michael | MTV Aurich | 0:44:42 | 0:44:51 | 8 | M45 | 70 | 11:14 11:14 11:13 10:59 |
| 43 | 1145 | Frühling Uwe | Polizei Aurich | 0:44:58 | 0:45:02 | 9 | M45 | 69 | 10:28 11:10 11:42 11:37 |
| 44 | 543 | Gerdes Arnim | Störtebeker Loopers MTV | 0:44:59 | 0:45:03 | 10 | M45 | 69 | 11:01 11:20 11:28 11:08 |
| 45 | 1141 | Sanders Eckhard | SUS Emden | 0:45:05 | 0:45:13 | 8 | M50 | 66 | 11:04 11:14 11:22 11:24 |
| 46 | 871 | Räth Matthias | Norder Ruderclub | 0:45:11 | 0:45:15 | 9 | M50 | 65 | 10:46 11:11 11:43 11:29 |
| 47 | 674 | Melzer Carsten | Emder LG | 0:45:12 | 0:45:18 | 11 | M45 | 69 | 11:07 11:17 11:29 11:17 |
| 48 | 616 | Jibben Arno | LT TuS Holtriem | 0:45:27 | 0:45:30 | 12 | M45 | 69 | 11:09 11:12 11:31 11:34 |
| 49 | 697 | Nannen Okko | Team Laufrausch e.V. | 0:45:33 | 0:45:38 | 8 | M35 | 80 | 11:27 11:45 11:29 10:51 |
| 50 | 535 | Gammelin Friso | Polizei Bremen | 0:45:45 | 0:45:49 | 9 | M35 | 79 | 11:09 11:21 11:47 11:26 |
| 51 | 623 | Kaminski Bernd | TV Norden | 0:45:52 | 0:45:58 | 2 | M60 | 56 | 11:29 11:31 11:35 11:16 |
| 52 | 1147 | Faßhauer Andreas | LG Ostfriesland | 0:45:47 | 0:46:02 | 13 | M45 | 68 | 11:23 11:28 11:35 11:20 |
| 53 | 922 | Rothfuchs Marc | | 0:45:56 | 0:46:18 | 9 | M40 | 75 | 11:02 11:13 12:06 11:33 |
| 54 | 764 | Schäfer Marco Julian | Marcardsmoor | 0:46:22 | 0:46:23 | 6 | MHK | 92 | 11:11 11:46 11:57 11:27 |
| 55 | 938 | Kuhlmann Norbert | | 0:46:14 | 0:46:24 | 14 | M45 | 68 | 11:26 11:32 11:46 11:28 |
| 56 | 701 | Nowaczyk Josef | SportSpaß Hamburg | 0:46:23 | 0:46:26 | 3 | M55 | 57 | 11:24 11:52 11:44 11:22 |
| 57 | 685 | Meyerhoff Lothar | Störtebeker Loopers TVM | 0:46:28 | 0:46:31 | 4 | M55 | 61 | 11:38 11:51 11:40 11:18 |
| 58 | 574 | Hayungs Fredo | LT TuS Aurich-Ost | 0:46:46 | 0:46:58 | 15 | M45 | 67 | 11:20 11:36 11:58 11:50 |
| 59 | 829 | Ulferts Oltmann | SV Holtland | 0:46:50 | 0:46:58 | 10 | M50 | 64 | 11:32 11:49 11:53 11:33 |
| 60 | 509 | Esser Ralf | Niedersachsen Ports | 0:46:51 | 0:47:05 | 11 | M50 | 64 | 11:33 11:46 11:49 11:41 |
| 61 | 1125 | Mühlhena Harold | | 0:46:55 | 0:47:07 | 16 | M45 | 67 | 11:42 11:59 12:04 11:08 |
| 62 | 699 | Nghiem Minh Duc | WfbM Aurich-Wittmund | 0:47:02 | 0:47:11 | 7 | MHK | 93 | 11:33 11:40 12:04 11:43 |

10 km - Gesamtwertung

14. OLB Citylauf Norden - 23. April 2016

Männer

| Platz | Startnr | Name | Verein/*Ort | Gesamt | Brutto | AK-PI | AK | Jahr | Rundenzeiten |
|-------|---------|-------------------------|----------------------------|---------|---------|-------|-----|------|-------------------------|
| 63 | 936 | Meyo Timo | | 0:47:06 | 0:47:11 | 0 | M | | 10:46 11:33 12:02 12:44 |
| 64 | 1150 | Meinema Alle-Jan | Moordörper Freetiedlooper | 0:47:08 | 0:47:15 | 5 | M55 | 61 | 11:55 12:00 11:59 11:13 |
| 65 | 743 | Rößing Hermann | WfbM Aurich-Wittmund | 0:47:10 | 0:47:19 | 12 | M50 | 65 | 11:27 11:47 12:06 11:49 |
| 66 | 853 | Willems Henry | Bahn free Großheide | 0:47:01 | 0:47:21 | 1 | MU1 | 99 | 11:37 11:52 11:54 11:37 |
| 67 | 1128 | Podzus Horst | | 0:47:26 | 0:47:32 | 6 | M55 | 61 | 11:35 11:49 12:11 11:50 |
| 68 | 448 | Bretschneider Alexander | | 0:47:33 | 0:47:35 | 2 | MU2 | 98 | 11:08 12:29 12:29 11:25 |
| 69 | 818 | Tamminga Holger | Tura Marienhafe - Handball | 0:47:33 | 0:47:39 | 17 | M45 | 69 | 12:05 12:07 12:06 11:13 |
| 70 | 467 | Dannenberg Heiko | Norddeichverrückte | 0:47:26 | 0:47:39 | 18 | M45 | 70 | 11:51 11:56 12:04 11:34 |
| 71 | 557 | Grimm Uwe | VffL Berumbur | 0:47:40 | 0:47:44 | 19 | M45 | 69 | 11:36 11:53 12:11 11:59 |
| 72 | 1149 | Harms Joachim | traba-team | 0:47:33 | 0:47:45 | 7 | M55 | 61 | 11:48 12:02 12:13 11:28 |
| 73 | 1109 | Löloff Andreas | TV Norden | 0:47:41 | 0:47:48 | 8 | M55 | 57 | 11:37 11:57 12:17 11:48 |
| 74 | 745 | Romanowski Arnold | LG Ostfriesland | 0:47:41 | 0:47:50 | 1 | M70 | 46 | 11:58 11:54 12:04 11:44 |
| 75 | 828 | Ubben BERND | | 0:47:38 | 0:47:52 | 9 | M55 | 59 | 12:12 12:00 11:53 11:31 |
| 76 | 880 | Jibben Henning | LT TuS Holtriem | 0:47:53 | 0:47:56 | 2 | MU1 | 99 | 11:37 12:09 12:35 11:31 |
| 77 | 820 | Tasch Thomas | Run Egon Run | 0:47:50 | 0:47:58 | 13 | M50 | 66 | 12:10 12:01 11:58 11:39 |
| 78 | 834 | Veit Joachim | Run Egon Run | 0:47:51 | 0:48:04 | 14 | M50 | 65 | 12:15 12:21 12:12 11:01 |
| 79 | 1139 | Schaefer Manuel | | 0:48:01 | 0:48:07 | 3 | M30 | 82 | 11:43 12:04 12:20 11:52 |
| 80 | 851 | Wilken Guenther | TuS Leerhafe-Hovel e.V. | 0:48:08 | 0:48:16 | 20 | M45 | 68 | 11:51 12:13 12:15 11:48 |
| 81 | 608 | Janssen Bernd | Emder LG | 0:48:13 | 0:48:19 | 15 | M50 | 65 | 11:49 12:10 12:21 11:51 |
| 82 | 489 | Doden Alfred | LT TuS Holtriem | 0:48:14 | 0:48:22 | 10 | M55 | 58 | 11:32 12:09 12:25 12:06 |
| 83 | 433 | Berghaus Jens | LT TuS Aurich-Ost | 0:48:12 | 0:48:26 | 11 | M55 | 59 | 11:42 12:00 12:22 12:07 |
| 84 | 508 | Erdwiens Hermann | LG Ostfriesland | 0:48:22 | 0:48:30 | 21 | M45 | 70 | 11:56 12:21 12:14 11:50 |
| 85 | 562 | Grundmann Werner | | 0:48:22 | 0:48:32 | 3 | M60 | 52 | 12:12 12:02 12:09 11:58 |
| 86 | 1138 | Park Harm | TUS Weene | 0:48:47 | 0:48:55 | 4 | M60 | 53 | 12:10 12:13 12:24 11:58 |
| 87 | 702 | Okken Dieter | | 0:48:38 | 0:48:57 | 10 | M35 | 78 | 12:00 12:04 12:15 12:17 |
| 88 | 537 | Garthe Peter | | 0:48:37 | 0:48:59 | 22 | M45 | 71 | 11:36 12:08 12:31 12:20 |
| 89 | 584 | Hinders Tamme | | 0:48:53 | 0:49:01 | 3 | MU2 | 98 | 12:11 12:07 12:30 12:04 |
| 90 | 583 | Hinders Lambertus | | 0:48:54 | 0:49:01 | 16 | M50 | 66 | 12:12 12:07 12:29 12:04 |
| 91 | 511 | Extra Jochen | TUS Norderney e.V | 0:49:12 | 0:49:20 | 12 | M55 | 58 | 12:16 12:08 12:43 12:04 |
| 92 | 846 | Welz Eckhard | Niedersachsen Ports | 0:49:09 | 0:49:23 | 17 | M50 | 64 | 11:51 12:19 12:35 12:23 |
| 93 | 832 | Varga Erwin | | 0:49:05 | 0:49:27 | 23 | M45 | 69 | 12:32 12:24 12:22 11:46 |
| 94 | 546 | Gerdes Jörg | Stadtwerke Norden Emden | 0:49:09 | 0:49:33 | 8 | MHK | 92 | 12:13 12:19 12:42 11:53 |
| 95 | 856 | Willms Johann | | 0:49:27 | 0:49:35 | 5 | M60 | 56 | 12:29 12:25 12:33 11:59 |
| 96 | 836 | Vennen Rolf Dieter | EWE - Wattloopers | 0:49:27 | 0:49:37 | 18 | M50 | 62 | 12:27 12:27 12:25 12:06 |
| 97 | 1103 | Leschinski Günter | LT Moers 06 | 0:49:45 | 0:49:46 | 2 | M70 | 42 | 11:52 12:30 12:43 12:38 |
| 98 | 613 | Janssen Jan-Martin | Barkholt | 0:49:34 | 0:49:50 | 9 | MHK | 90 | 12:26 12:32 12:51 11:43 |
| 99 | 619 | Jost Matthias | Team Erdinger Alkoholfrei | 0:49:38 | 0:49:54 | 19 | M50 | 63 | 12:19 12:27 12:33 12:18 |
| 100 | 1154 | Hummerich Ludwig | Emder LG | 0:49:44 | 0:50:05 | 13 | M55 | 60 | 12:49 12:29 12:29 11:56 |
| 101 | 923 | Renken Bernd | Emder LG | 0:49:59 | 0:50:07 | 2 | M65 | 49 | 12:19 12:31 12:48 12:18 |
| 102 | 1136 | Voßkuhl Andreas | Viktoria Flachsmeer | 0:49:56 | 0:50:14 | 10 | M40 | 75 | 12:45 12:34 12:32 12:04 |
| 103 | 918 | Jimenez Diaz Teodoro | | 0:50:17 | 0:50:17 | 3 | M65 | 47 | 12:05 12:40 12:55 12:35 |
| 104 | 440 | Böhme Peter | Stadtwerke Norden Emden | 0:50:03 | 0:50:27 | 24 | M45 | 67 | 12:50 12:38 12:37 11:57 |
| 105 | 609 | Janssen Christoffer | Barkholt | 0:50:12 | 0:50:28 | 11 | M35 | 81 | 12:27 12:32 12:52 12:20 |
| 106 | 532 | Fröhling Rudolf | Niedersachsen Ports | 0:50:15 | 0:50:31 | 20 | M50 | 63 | 12:27 12:40 12:46 12:21 |
| 107 | 838 | Voss Friedrich | Niedersachsen Ports | 0:50:27 | 0:50:43 | 14 | M55 | 61 | 12:26 12:42 12:48 12:30 |
| 108 | 811 | Strupp Manfred | TV Norden | 0:50:32 | 0:50:49 | 3 | M70 | 45 | 12:30 12:44 12:54 12:22 |
| 109 | 589 | Hoffmann Hans-Joachim | LT TuS Aurich-Ost | 0:50:28 | 0:50:50 | 4 | M65 | 48 | 12:25 12:43 13:02 12:16 |
| 110 | 444 | Borchardt Torsten | RC Jever-Jeverland | 0:50:43 | 0:50:53 | 21 | M50 | 66 | 12:28 12:45 12:56 12:32 |
| 111 | 854 | Willems Heye | Fortuna Logabirum | 0:50:40 | 0:50:53 | 6 | M60 | 53 | 12:34 12:40 12:51 12:33 |
| 112 | 468 | De Boer Joachim | | 0:50:46 | 0:51:01 | 22 | M50 | 66 | 12:13 12:48 13:05 12:40 |
| 113 | 782 | Schröder Eike | | 0:50:50 | 0:51:04 | 10 | MHK | 88 | 11:44 12:35 13:13 13:17 |
| 114 | 436 | Blenk Michael | Emden | 0:50:59 | 0:51:12 | 23 | M50 | 66 | 12:40 12:40 12:59 12:39 |
| 115 | 1151 | Modrow Stefan | | 0:50:50 | 0:51:16 | 25 | M45 | 68 | 12:47 12:46 12:56 12:20 |
| 116 | 928 | Bußmann Heiko | LT TUS Holtriem | 0:50:59 | 0:51:18 | 24 | M50 | 66 | 12:16 12:45 12:56 13:01 |
| 117 | 760 | Sauerbrey Jann | TUS Norderney e.V | 0:51:15 | 0:51:23 | 26 | M45 | 67 | 12:18 12:53 13:17 12:44 |
| 118 | 1110 | Schenke Winfried | TV Norden | 0:51:16 | 0:51:25 | 5 | M65 | 48 | 12:28 12:57 13:08 12:41 |
| 119 | 549 | Goebel DR Alexander | | 0:51:24 | 0:51:30 | 15 | M55 | 61 | 12:01 13:11 13:23 12:47 |
| 120 | 518 | Fischer Helmut | Störtebeker Loopers TVM | 0:51:29 | 0:51:41 | 25 | M50 | 64 | 12:44 13:03 13:03 12:38 |
| 121 | 593 | Hollwege Ralf | VffL Berumbur | 0:51:35 | 0:51:52 | 26 | M50 | 62 | 12:37 12:46 13:07 13:03 |
| 122 | 886 | Wurps Jan | | 0:51:41 | 0:51:54 | 4 | M30 | 82 | 13:49 14:34 11:36 11:39 |
| 123 | 1124 | Over Gerhard | TV Meppen | 0:52:20 | 0:52:21 | 7 | M60 | 53 | 12:47 13:19 13:15 12:58 |
| 124 | 755 | Saathoff Steffen | Störtebeker Loopers TVM | 0:52:14 | 0:52:25 | 11 | MHK | 89 | 12:32 13:03 13:23 13:14 |

10 km - Gesamtwertung

14. OLB Citylauf Norden - 23. April 2016

Männer

| Platz | Startnr | Name | Verein*/Ort | Gesamt | Brutto | AK-PI | AK | Jahr | Rundenzeiten |
|-------|---------|------------------------|----------------------------|---------|---------|-------|-----|------|-------------------------|
| 125 | 736 | Remmers Günter | Marathon Mülheim | 0:52:50 | 0:52:57 | 6 | M65 | 49 | 12:43 13:19 13:33 13:14 |
| 126 | 429 | Behrends Michael | esposium.de | 0:52:37 | 0:53:00 | 5 | M30 | 85 | 13:03 13:13 13:20 12:59 |
| 127 | 1701 | Wendling Marcel | | 0:52:55 | 0:53:05 | 6 | M30 | 84 | 12:27 13:08 13:45 13:32 |
| 128 | 741 | Ritterhoff Frank | | 0:52:52 | 0:53:07 | 12 | M35 | 78 | 12:38 13:29 13:56 12:48 |
| 129 | 1148 | Hesse Boris | PuraVita | 0:52:54 | 0:53:13 | 11 | M40 | 73 | 12:22 13:32 13:50 13:09 |
| 130 | 927 | Hubert Dirk | Heuhotel | 0:53:01 | 0:53:15 | 27 | M50 | 64 | 12:48 13:31 13:34 13:07 |
| 131 | 935 | Sanders Bonno | Loquard | 0:53:07 | 0:53:21 | 27 | M45 | 67 | 12:45 13:11 13:43 13:27 |
| 132 | 800 | Sporre Harm | TuS Pewsum | 0:53:05 | 0:53:24 | 8 | M60 | 52 | 12:55 13:02 13:44 13:23 |
| 132 | 801 | Sporré Jürgen | Borussia Mönchengladbach | 0:53:05 | 0:53:24 | 8 | M60 | 55 | 12:54 13:02 13:45 13:23 |
| 134 | 637 | Kößler Hans-Joachim | | 0:53:20 | 0:53:27 | 16 | M55 | 59 | 12:45 13:17 13:40 13:37 |
| 135 | 690 | Müller Hartmut | Niedersachsen Ports | 0:53:28 | 0:53:44 | 28 | M50 | 63 | 12:57 13:26 13:36 13:28 |
| 136 | 765 | Scheepker Alfred | TV Norden | 0:53:26 | 0:53:51 | 10 | M60 | 54 | 13:18 13:23 13:36 13:07 |
| 137 | 1127 | Lentz Joachim | | 0:53:31 | 0:53:53 | 28 | M45 | 68 | 13:06 13:13 13:29 13:42 |
| 138 | 687 | Montowski Thorsten | | 0:53:58 | 0:53:58 | 29 | M50 | 64 | 11:47 13:20 14:20 14:29 |
| 139 | 724 | Puschke Jörg | AOK Aurich | 0:53:37 | 0:53:59 | 29 | M45 | 70 | 13:18 13:28 13:36 13:13 |
| 140 | 1123 | Smid Udo | LT TuRa 07 Westrhauderfehn | 0:54:19 | 0:54:31 | 11 | M60 | 56 | 13:07 13:34 14:04 13:33 |
| 141 | 587 | Hinrichs Ingo | | 0:54:18 | 0:54:32 | 7 | M30 | 86 | 12:38 13:30 13:56 14:13 |
| 142 | 682 | Meyer Wolfgang | Emder Lg | 0:54:23 | 0:54:32 | 30 | M50 | 63 | 13:19 13:50 14:00 13:14 |
| 143 | 428 | Begitt Kurt | SV Dornum | 0:54:50 | 0:55:06 | 7 | M65 | 47 | 13:08 13:43 14:12 13:46 |
| 144 | 1134 | Tasch Egon | Laufschule Bad Kreuznach | 0:55:05 | 0:55:15 | 17 | M55 | 61 | 12:43 13:45 14:18 14:18 |
| 145 | 437 | Blum Harald | TV Norden | 0:55:20 | 0:55:32 | 31 | M50 | 66 | 13:31 14:04 14:04 13:39 |
| 146 | 629 | Klinkemborg Enno | TV Norden | 0:55:26 | 0:55:32 | 8 | M65 | 49 | 13:37 14:04 14:04 13:39 |
| 147 | 622 | Kamann Friedhelm | | 0:55:20 | 0:55:41 | 12 | M60 | 56 | 13:29 14:01 14:10 13:39 |
| 148 | 494 | Drösemeier Johannes | Hannover Runners | 0:55:46 | 0:55:49 | 8 | M30 | 84 | 13:31 14:09 14:16 13:49 |
| 149 | 563 | Habermann Benjamin | Stadtwerke Norden Emden | 0:55:28 | 0:55:52 | 9 | M30 | 86 | 13:17 14:04 14:15 13:51 |
| 150 | 940 | Ulmann Janna | | 0:55:35 | 0:55:53 | 12 | MHK | 95 | 14:09 14:13 14:00 13:11 |
| 151 | 941 | Ulmann Theo | | 0:55:36 | 0:55:54 | 18 | M55 | 60 | 14:10 14:13 14:00 13:12 |
| 152 | 676 | Meyburg Frank | Niedersachsen Ports | 0:55:35 | 0:55:59 | 30 | M45 | 69 | 14:04 13:33 13:57 14:00 |
| 153 | 447 | Brauer Siegfried | WfbM Aurich-Wittmund | 0:55:54 | 0:56:04 | 19 | M55 | 58 | 12:22 13:26 15:02 15:04 |
| 154 | 939 | Tscherney Bernd-Ulrich | MTV Hooksiel | 0:55:50 | 0:56:05 | 9 | M65 | 49 | 13:55 14:07 14:11 13:36 |
| 155 | 858 | Wilts Poppe | Spvgg Upleward | 0:55:49 | 0:56:06 | 13 | M60 | 53 | 12:39 13:33 14:31 15:05 |
| 156 | 683 | Meyerhoff Andree | TV Norden | 0:55:52 | 0:56:09 | 31 | M45 | 71 | 12:40 13:55 14:53 14:23 |
| 157 | 926 | Itzin Ralf | Gorch-Fock-Lauf e.V. | 0:55:58 | 0:56:18 | 20 | M55 | 59 | 13:21 13:37 14:27 14:32 |
| 158 | 769 | Schlecht Michael | WfbM Aurich-Wittmund | 0:56:04 | 0:56:24 | 13 | MHK | 89 | 14:00 14:18 14:24 13:20 |
| 159 | 491 | Dorf Müller Hans Peter | LG Fliegerhorst Upjever | 0:56:27 | 0:56:38 | 32 | M50 | 62 | 13:45 14:10 14:25 14:05 |
| 160 | 680 | Meyer Mario | VffL Berumbur | 0:57:03 | 0:57:21 | 32 | M45 | 70 | 13:34 14:31 14:44 14:13 |
| 161 | 761 | Saueressig Jann | Borromäus Hospital Leer | 0:57:14 | 0:57:36 | 33 | M45 | 70 | 13:34 13:59 14:51 14:49 |
| 162 | 476 | De Wall Michael | MTV Aurich | 0:57:16 | 0:57:38 | 34 | M45 | 69 | 13:53 14:07 14:50 14:24 |
| 163 | 1152 | Stern Otto | Seefahrtschule Leer | 0:57:47 | 0:57:57 | 1 | MU1 | 06 | 14:17 14:33 14:55 14:01 |
| 164 | 808 | Steinmeier Fritz | MTV Aurich | 0:57:38 | 0:57:57 | 10 | M65 | 48 | 14:15 14:30 14:49 14:03 |
| 165 | 541 | Geisler Norbert | Flutsch und weg | 0:57:40 | 0:58:01 | 35 | M45 | 69 | 14:24 14:27 14:39 14:09 |
| 166 | 823 | Thiele Andreas | Doepke Laufteam | 0:57:46 | 0:58:06 | 33 | M50 | 63 | 13:41 14:27 14:55 14:43 |
| 167 | 786 | Selinski Markus | | 0:58:13 | 0:58:28 | 12 | M40 | 74 | 13:58 14:38 15:09 14:26 |
| 168 | 827 | Trauernicht Jens | Doepke Laufteam | 0:58:19 | 0:58:31 | 34 | M50 | 63 | 13:51 14:32 14:58 14:56 |
| 169 | 813 | Stüben Martin | Störtebeker Loopers TVM | 0:58:27 | 0:58:38 | 36 | M45 | 68 | 13:17 15:05 15:16 14:48 |
| 170 | 864 | Wrieden Stefan | Niedersachsen Ports | 0:59:01 | 0:59:24 | 13 | M35 | 77 | 14:23 14:33 15:12 14:51 |
| 171 | 528 | Frerichs Dennis | WfbM Aurich-Wittmund | 0:59:18 | 0:59:37 | 14 | MHK | 93 | 14:16 15:36 15:10 14:15 |
| 172 | 874 | Otten Harald | | 0:59:49 | 1:00:13 | 13 | M40 | 74 | 14:12 14:44 15:18 15:33 |
| 173 | 715 | Pilarczyk Bartosz | WfbM Aurich-Wittmund | 1:00:10 | 1:00:28 | 15 | MHK | 95 | 14:16 15:38 15:40 14:36 |
| 174 | 604 | Immel Burkhard | TuSEM Essen | 1:00:44 | 1:01:06 | 21 | M55 | 61 | 14:56 15:03 15:34 15:08 |
| 175 | 586 | Hinrichs Horst | | 1:00:56 | 1:01:11 | 10 | M30 | 86 | 13:47 14:34 15:33 16:59 |
| 176 | 1132 | Laahmann Thomas | | 1:01:33 | 1:01:54 | 11 | M30 | 84 | 15:15 16:01 15:27 14:49 |
| 177 | 737 | Remmers Uwe | Marathon Mülheim | 1:02:04 | 1:02:24 | 22 | M55 | 60 | 15:17 16:01 15:41 15:04 |
| 178 | 0 | unbekannt DG15A9C | | 1:04:19 | 1:04:19 | 16 | MHK | | 13:44 15:16 16:52 18:26 |
| 179 | 739 | Riedl Mark | | 1:04:56 | 1:05:13 | 17 | MHK | 95 | 16:15 16:54 16:15 15:31 |
| 180 | 796 | Soos Erich | EWE-Wattloopers | 1:09:50 | 1:10:15 | 4 | M70 | 43 | 16:08 17:12 18:15 18:15 |

10 km - Gesamtwertung

14. OLB Citylauf Norden - 23. April 2016

Frauen

| Platz | Startnr | Name | Verein*/Ort | Gesamt | Brutto | AK-PI | AK | Jahr | Rundenzeiten |
|-------|---------|-------------------------|----------------------------|---------|---------|-------|-----|------|-------------------------|
| 1 | 1726 | Petersen Nele | Intersport Reinhardt | 0:42:49 | 0:42:49 | 1 | WU2 | 97 | 10:08 10:46 11:00 10:53 |
| 2 | 805 | Steffens Viola | Emder LG | 0:46:13 | 0:46:16 | 1 | W40 | 75 | 11:14 11:45 11:54 11:18 |
| 3 | 672 | Meier Heide | Störtebeker Loopers TVM | 0:46:13 | 0:46:16 | 1 | W45 | 71 | 11:31 11:34 11:39 11:27 |
| 4 | 610 | Janssen Claudia | TV Norden | 0:46:40 | 0:46:42 | 1 | W35 | 80 | 11:19 11:47 11:52 11:40 |
| 5 | 498 | Eihusen Heike | LG Uplengen | 0:47:10 | 0:47:22 | 1 | W50 | 66 | 11:33 11:51 12:03 11:42 |
| 6 | 1102 | Rietman Karin | SVO Wi sünd Holtriem | 0:48:16 | 0:48:20 | 2 | W45 | 71 | 11:59 12:08 12:16 11:51 |
| 7 | 502 | Ender Imke | WfbM Aurich-Wittmund | 0:48:22 | 0:48:31 | 2 | W40 | 75 | 11:45 12:05 12:27 12:04 |
| 8 | 578 | Hellmers Susanne | TV Norden | 0:48:47 | 0:48:49 | 2 | W50 | 66 | 11:36 12:05 12:40 12:24 |
| 9 | 1129 | Kampmann Kim | THW Jever | 0:48:51 | 0:49:01 | 1 | W30 | 84 | 11:51 12:02 12:33 12:24 |
| 10 | 898 | Keunecke Katerina | TPSK Köln | 0:49:11 | 0:49:18 | 2 | W35 | 77 | 12:01 12:33 12:40 11:56 |
| 11 | 861 | Wittek Claudia | MTV Aurich | 0:49:33 | 0:49:53 | 3 | W45 | 69 | 12:14 12:28 12:38 12:11 |
| 12 | 1143 | Meenken Mareke | MaJa-Team | 0:49:49 | 0:50:00 | 3 | W50 | 62 | 12:27 12:28 12:36 12:16 |
| 13 | 750 | Saathoff Claudia | LT TuS Aurich-Ost | 0:50:11 | 0:50:32 | 4 | W45 | 70 | 12:15 12:33 13:02 12:19 |
| 14 | 1133 | Kiliam Ellen | Laufschule Bad Kreuznach | 0:50:26 | 0:50:34 | 4 | W50 | 66 | 12:25 12:42 12:52 12:25 |
| 15 | 840 | Wagner Irene | Emder Ig | 0:50:50 | 0:50:54 | 5 | W50 | 66 | 12:33 12:47 12:55 12:34 |
| 16 | 576 | Heien Elisabeth | LT Schafhauser Wald | 0:50:53 | 0:50:57 | 1 | W55 | 58 | 12:06 12:36 13:18 12:51 |
| 17 | 830 | Untied-Plassmeier Anke | Fortuna Logabirum | 0:51:12 | 0:51:16 | 5 | W45 | 69 | 12:31 12:54 13:13 12:33 |
| 18 | 845 | Weinberg Rita | | 0:51:05 | 0:51:18 | 6 | W45 | 67 | 12:44 12:54 12:57 12:28 |
| 19 | 814 | Suessen Sonja | LGO Ostfriesland | 0:51:20 | 0:51:28 | 3 | W35 | 78 | 12:26 12:50 13:05 12:59 |
| 20 | 614 | Janssen Tanja | | 0:51:34 | 0:51:59 | 1 | WHK | 93 | 12:57 12:47 13:11 12:37 |
| 21 | 590 | Hoffmann Luise | Emder LG | 0:52:59 | 0:53:10 | 2 | W55 | 58 | 13:08 13:22 13:24 13:03 |
| 22 | 859 | Wirgenings Ursula | MTV AURICH | 0:54:26 | 0:54:36 | 6 | W50 | 65 | 12:50 13:32 14:07 13:57 |
| 23 | 732 | Reichmann Birgit | | 0:54:36 | 0:54:54 | 7 | W50 | 62 | 13:12 13:38 14:02 13:42 |
| 24 | 924 | Schimmelpfennig Claudia | Weltfrieden | 0:54:31 | 0:54:54 | 7 | W45 | 69 | 13:26 13:49 13:54 13:21 |
| 25 | 472 | De Vries Doris | Emder LG | 0:55:32 | 0:55:46 | 3 | W40 | 72 | 13:58 14:05 13:55 13:32 |
| 26 | 519 | Fisser Jennifer | TSV Juist | 0:55:31 | 0:55:53 | 4 | W40 | 75 | 13:09 13:43 14:25 14:12 |
| 27 | 684 | Meyerhoff Jana | TV Norden | 0:55:51 | 0:56:08 | 1 | WU1 | 99 | 12:40 13:56 14:51 14:22 |
| 28 | 803 | Stark Regina | LG TV Bunde | 0:55:55 | 0:56:10 | 8 | W50 | 63 | 13:52 14:06 14:14 13:41 |
| 29 | 484 | Dietzel Susanne | TV Norden | 0:55:50 | 0:56:12 | 8 | W45 | 68 | 13:51 14:10 14:19 13:29 |
| 30 | 675 | Melzer Martina | Emder LG | 0:56:46 | 0:57:00 | 9 | W45 | 71 | 13:59 14:14 14:24 14:08 |
| 31 | 420 | Aßmus Sonka | RG Sprinter Emden | 0:57:00 | 0:57:17 | 2 | W30 | 82 | 13:41 14:28 14:55 13:56 |
| 32 | 810 | Stelling Nicola | | 0:57:16 | 0:57:38 | 10 | W45 | 67 | 13:53 14:10 14:50 14:21 |
| 33 | 0 | Stern Katrin | OSC Kassel | 0:57:51 | 0:58:00 | 3 | W30 | 82 | 14:16 14:34 14:54 14:05 |
| 34 | 711 | Perez Elisabeth | Flutsch und weg | 0:57:41 | 0:58:01 | 11 | W45 | 69 | 14:25 14:27 14:40 14:09 |
| 35 | 860 | Witte Marlies | LT Spaß mit Sport | 0:57:48 | 0:58:05 | 3 | W55 | 60 | 14:19 14:29 14:52 14:07 |
| 36 | 453 | Burda Sonja | | 0:58:46 | 0:58:59 | 4 | W35 | 80 | 13:53 14:51 15:08 14:53 |
| 37 | 503 | Engelbarts Foline | EmderLG | 0:59:19 | 0:59:30 | 1 | W65 | 49 | 14:17 14:49 15:15 14:56 |
| 38 | 809 | Steinmeier Marion | Ostfriesischer Kirchentag | 0:59:35 | 0:59:54 | 12 | W45 | 69 | 14:21 14:51 15:24 14:59 |
| 39 | 688 | Morard Clara | | 1:00:06 | 1:00:22 | 2 | WU1 | 99 | 13:51 15:02 16:25 14:46 |
| 40 | 1703 | Fröhling Annegret | | 1:00:14 | 1:00:35 | 9 | W50 | 66 | 15:05 15:03 15:11 14:54 |
| 41 | 530 | Friedrichs Amke | TV Norden | 1:00:51 | 1:01:03 | 4 | W30 | 83 | 15:17 15:22 15:33 14:38 |
| 42 | 799 | Spelters Heidi | | 1:01:28 | 1:01:50 | 13 | W45 | 67 | 14:35 15:35 15:44 15:33 |
| 43 | 630 | Klinkenberg Margit | TV Norden | 1:01:38 | 1:01:52 | 1 | W60 | 52 | 15:19 15:30 15:41 15:07 |
| 44 | 441 | Bohms Trude | KBV Freesenholt Uтары-Sdf. | 1:01:42 | 1:02:00 | 5 | W35 | 77 | 14:31 15:19 15:51 15:59 |
| 44 | 432 | Bents Sonja | KBV Freesenholt Uтары-Sdf. | 1:01:42 | 1:02:00 | 5 | W35 | 81 | 14:31 15:18 15:52 16:00 |
| 46 | 707 | Otten Karin | RC Jever-Jeverland | 1:02:41 | 1:02:53 | 10 | W50 | 65 | 14:39 15:40 16:05 16:15 |
| 47 | 726 | Rabenberg Dora | LG TV Bunde | 1:03:37 | 1:03:52 | 2 | W60 | 52 | 15:11 16:20 16:20 15:44 |
| 48 | 713 | Petersen Marieanne | LT Spass mit Sport | 1:03:36 | 1:03:52 | 3 | W60 | 54 | 15:27 16:04 16:20 15:44 |
| 49 | 497 | Eiben Tatjana | WfbM Aurich-Wittmund | 1:03:59 | 1:04:18 | 2 | WHK | 94 | 13:26 15:16 16:52 18:24 |
| 50 | 496 | Eden Karin | TV Norden | 1:04:39 | 1:04:52 | 4 | W55 | 61 | 15:27 16:06 16:24 16:42 |
| 51 | 490 | Doden Ina | LottmimanlopenikhebnRadoff | 1:04:52 | 1:05:16 | 5 | W40 | 72 | 15:23 16:10 16:46 16:31 |
| 52 | 579 | Heppner Susanne | | 1:09:30 | 1:09:41 | 5 | W55 | 59 | 16:21 17:05 18:05 17:58 |