

8. Lindlarer Ortskern-Lauf am 20. Mai 2016

Lauf über 10 km

Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	Bruttozeit	Jahrg	AK	Platz	Runden
1	2011	Dahl Simon	MDT technologies GmbH	0:34:26	0:34:27	1987	M20	1	06:35 06:52 06:54 06:59 07:04
2	2161	Glatz Richard	LG Gummersbach	0:34:33	0:34:35	1975	M40	1	06:44 07:00 07:00 06:56 06:52
3	2034	Dörmbach René	team liiben	0:36:03	0:36:12	1982	M30	1	07:01 07:23 07:15 07:17 07:06
4	2175	Flader Moritz	LG Gummersbach	0:36:37	0:36:38	1991	M20	2	06:50 07:17 07:28 07:30 07:30
5	2004	Hilger Michael	LG Gummersbach	0:36:37	0:36:38	1978	M35	1	06:51 07:17 07:28 07:30 07:29
6	1999	Feldhoff Bernd	Lauftreff Lindlar	0:37:12	0:37:14	1962	M50	1	07:11 07:29 07:31 07:33 07:26
7	2001	Kreuer Manuel	Lauftreff Lindlar	0:37:36	0:37:39	1980	M35	2	07:01 07:23 07:39 07:50 07:41
8	2165	Wilmes Heiko	TV Refrath	0:38:13	0:38:15	1969	M45	1	07:12 07:29 07:46 07:56 07:49
9	1574	Göckus Marco	team liiben	0:38:53	0:38:54	1969	M45	2	07:20 07:38 08:00 08:00 07:54
10	2154	Gruhe André	LG Gummersbach	0:39:07	0:39:10	1974	M40	2	07:36 07:56 07:55 08:04 07:35
11	1776	Gündüz Deniz	S+C	0:39:14	0:39:16	1974	M40	3	07:17 07:47 08:02 08:09 07:58
12	1567	Höhner Maximilian	KTC Lindlar	0:39:22	0:39:25	1991	M20	3	07:55 07:54 07:53 07:53 07:44
13	2141	Knape Michael	LG Gummersbach	0:39:31	0:39:35	1984	M30	2	07:30 08:00 08:01 08:05 07:53
14	1872	Corazza Germano	Dolomitishalp	0:39:37	0:39:39	1972	M40	4	07:20 07:49 08:05 08:18 08:04
15	2151	Balsam Patrick	Die Renntiere	0:39:38	0:39:41	1997	MU20	1	07:22 07:44 08:09 08:23 07:57
16	1572	Kleinschmidt Oliver	team liiben	0:39:42	0:39:50	1980	M35	3	07:43 07:55 08:02 08:02 07:59
17	1573	Mensler Dr Olaf	team liiben	0:39:49	0:39:53	1970	M45	3	07:39 08:10 08:08 08:02 07:49
18	2158	Röttgen Wolfgang	DJK Wipperfeld	0:39:57	0:40:04	1966	M50	2	08:04 07:52 07:59 08:04 07:55
19	2171	Mitzschke Christian		0:40:10	0:40:13	1975	M40	5	08:02 08:08 08:07 07:58 07:53
20	1739	Schützl Christian	MDT technologies GmbH	0:40:22	0:40:24	1988	M20	4	07:15 08:16 08:27 08:11 08:10
21	1963	Landsberg Hans-Peter	team liiben	0:40:55	0:40:59	1966	M50	3	07:57 08:02 08:11 08:20 08:22
22	2003	Korff Axel	LC Montanushof	0:41:10	0:41:17	1972	M40	6	07:50 08:15 08:21 08:23 08:19
23	1761	Alberts Marc	Ristorante La Dolce Vita	0:41:17	0:42:06	1988	M20	5	08:03 07:57 08:21 08:40 08:14
24	2148	Stoppenbach Dietmar	Sportpalast	0:41:19	0:41:22	1969	M45	4	07:41 08:16 08:34 08:30 08:17
25	1727	Fischer Markus	Lauftreff Lindlar	0:41:33	0:41:37	1977	M35	4	07:46 08:16 08:35 08:45 08:10
26	1979	Scida Eusonio	Brühler TV 1879	0:41:35	0:41:40	1975	M40	7	08:05 08:17 08:26 08:24 08:21
27	1970	Stein Ralf	*Engelskirchen	0:41:37	0:41:41	1967	M45	5	08:09 08:21 08:28 08:27 08:09
28	1673	Ommer Thorsten	*Lindlar	0:41:42	0:41:46	1986	M30	3	07:21 08:18 08:42 08:41 08:38
29	1769	Bott Markus	S+C	0:41:49	0:41:53	1970	M45	6	08:06 08:14 08:26 08:36 08:25
30	1600	Weinreich Florian	LANG AG	0:41:58	0:42:32	1990	M20	6	08:24 08:24 08:25 08:35 08:09
31	1626	Spielvogel Finn Ferdinand	SSV Overath	0:42:00	0:42:03	2000	MU18	1	07:43 08:14 08:40 08:51 08:30
32	1821	Thomas Philipp	Sportpalast	0:42:24	0:42:27	1992	M20	7	08:09 08:27 08:40 08:43 08:23
33	1642	Manderla Roin		0:42:26	0:42:29	1992	M20	8	07:42 08:19 08:40 08:53 08:51
34	1906	Wloch Lukas	Dörrenberg Edelstahl	0:42:28	0:42:30	1992	M20	9	07:42 08:18 08:40 08:53 08:52
35	1730	Risch Marius	LC Montanushof	0:42:31	0:42:33	1988	M20	10	07:52 08:22 08:44 08:49 08:42
36	1772	Buchmann Timo	S+C	0:42:35	0:42:42	1988	M20	11	08:07 08:36 08:39 08:52 08:20
37	2160	Neumann Maik	DJK Gummersbach	0:43:09	0:43:15	1975	M40	8	08:06 08:26 08:47 08:55 08:53
38	2009	Harbecke Nils	Löschzug Lindlar 3	0:43:20	0:43:24	1974	M40	9	07:46 08:35 08:56 09:09 08:53
39	2022	Orbach Stefan	Schreinerei Littig	0:43:21	0:43:24	1972	M40	10	07:57 08:35 08:52 08:59 08:56
40	1828	Müller Daniel	Team NEULAND.	0:43:29	0:43:34	1979	M35	5	08:01 08:20 08:48 09:04 09:14
41	1836	Förster Johannes	WSC Lindlar 1997 e.V.	0:43:33	0:43:36	1996	M20	12	07:56 08:56 09:20 09:07 08:13
42	1849	Weinand David	WSC Lindlar 1997 e.V.	0:43:41	0:43:44	1999	MU18	2	07:56 08:55 09:20 09:07 08:21
43	1763	Kemmerich Flo	Ristorante La Dolce Vita	0:43:41	0:44:12	1991	M20	13	08:34 08:11 08:59 09:02 08:53
44	1969	Siedentopf Kai	*Lindlar	0:43:53	0:44:02	1965	M50	4	08:51 08:39 08:49 08:52 08:40
45	1762	Hund Christopher	Ristorante La Dolce Vita	0:44:03	0:44:32	1983	M30	4	09:06 08:44 08:53 08:55 08:23
46	2007	Hirschfeld Sascha	LG Hirschfeld	0:44:08	0:44:18	1980	M35	6	08:29 08:44 08:47 09:07 09:00
47	1729	Orbach Dominik	LC Montanushof	0:44:09	0:44:12	1982	M30	5	08:18 08:51 09:02 09:01 08:54
48	1871	Fischer Achim	Boxclub Wipperfürth	0:44:19	0:44:26	1990	M20	14	08:28 08:46 08:51 09:10 09:02
49	1796	Wester Lukas	S+C	0:44:22	0:44:30	1991	M20	15	08:33 09:01 09:00 08:59 08:47
50	1725	Weidner Pascal	LANG AG	0:44:30	0:44:39	1975	M40	11	08:45 08:53 09:01 09:08 08:41
51	2043	Sting Michael	VfL Wehbach	0:44:32	0:44:42	1968	M45	7	08:45 08:50 08:56 09:01 08:58

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg	AK	Platz	Runden
52	2023	Wolf Norbert	Schützenverein Lindlar	0:44:33 0:44:39	1965	M50	5	08:30 08:45 09:04 09:11 09:01
53	1870	Hake Thomas	Fuzzy 007	0:44:34 0:44:39	1969	M45	8	08:36 08:44 09:00 09:07 09:06
54	1577	Fielenbach Frank	*Engelskirchen	0:44:42 0:44:50	1974	M40	12	08:40 08:56 08:57 09:03 09:04
55	2167	Müller Michael	Union Biesfeld Triathlon	0:44:43 0:44:48	1972	M40	13	08:37 08:58 09:08 09:07 08:50
56	2000	Fonseca Dr. Fernando	Lauftreff Lindlar	0:44:48 0:44:52	1964	M50	6	08:28 09:00 09:08 09:13 08:57
57	1688	Somesan Marius	Caritas-Speed-Force	0:44:48 0:44:54	1996	M20	16	08:40 09:02 09:02 09:06 08:57
58	1973	Werner Andreas	*Lindlar	0:44:54 0:45:11	1979	M35	7	08:59 08:58 09:01 09:06 08:49
59	1843	Podschun Florian	WSC Lindlar 1997 e.V.	0:45:04 0:45:10	1999	MU18	3	08:47 08:58 09:18 09:12 08:48
60	1989	Hagemann Udo	Kossmann-Laufdesign	0:45:07 0:45:11	1970	M45	9	08:36 09:02 09:10 09:12 09:05
61	1563	Weschenbach Guido	Lauftreff Lindlar	0:45:21 0:45:26	1967	M45	10	08:41 08:56 09:07 09:20 09:14
62	1994	Große-Schware Bernhard	Laufclub 21	0:45:29 0:45:43	1962	M50	7	08:32 08:55 09:06 09:27 09:28
63	2016	Köhne Heinz-Werner	ONI-Wärmetrafo GmbH	0:45:39 0:45:43	1968	M45	11	08:30 09:06 09:21 09:24 09:16
64	1491	Koch Stefan		0:45:41 0:46:03	1962	M50	8	09:04 08:53 09:04 09:23 09:15
65	1708	Hardenbicker Tobias	LANG AG	0:45:42 0:45:53	1969	M45	12	08:51 09:15 09:08 09:19 09:08
66	2162	Ingrisch Rainer		0:45:43 0:45:50	1966	M50	9	09:15 09:07 09:12 09:10 08:58
67	1704	Fuchs Alexander	LANG AG	0:45:54 0:45:59	1978	M35	8	08:43 09:05 09:18 09:26 09:20
68	2155	Kehlbreier Ralph	LG Gummersbach	0:46:00 0:46:04	1974	M40	14	08:42 09:37 09:22 09:09 09:09
69	1998	Breidbach Armin	Lauftreff Lindlar	0:46:01 0:46:05	1961	M55	1	08:37 09:06 09:21 09:31 09:22
70	2149	Feldmann Jan		0:46:07 0:46:13	1981	M35	9	08:28 09:23 09:31 09:30 09:14
71	1873	Van Kerkom Frank	LG Gummersbach	0:46:16 0:46:23	1964	M50	10	08:52 09:18 09:24 09:26 09:14
72	1659	Hartmann Tobias	Holz-Richter	0:46:26 0:46:47	1982	M30	6	09:43 09:31 09:16 09:19 08:36
73	1663	Höhfeld Jonas	Holz-Richter	0:46:27 0:46:46	1988	M20	17	09:45 09:31 09:16 09:19 08:35
74	1962	Klug Bernd	*Lindlar	0:46:38 0:46:55	1969	M45	13	09:19 09:04 09:23 09:37 09:13
75	2163	Stoppenbach Michael	SSV Süng	0:46:45 0:46:53	1968	M45	14	08:56 09:26 09:31 09:34 09:16
76	1833	Bernschein Andreas	Thomas Kremer	0:47:03 0:47:22	1976	M40	15	08:56 09:17 09:38 09:46 09:24
77	1664	Hoffmann Gino Ginelli	*Reichhof	0:47:03 0:47:28	1984	M30	7	09:09 09:32 09:35 09:31 09:15
78	2010	Zens Simon	Löschzug Lindlar 3	0:47:04 0:47:21	1984	M30	8	09:11 09:18 09:37 09:44 09:12
79	2157	Eversberg Eckhard	FC Deutsche Post	0:47:08 0:47:24	1969	M45	15	09:18 09:22 09:34 09:31 09:21
80	1596	Pölzelbover Noah		0:47:16 0:47:28	2003	MU14	1	09:36 09:32 09:25 09:23 09:20
81	1861	Schweigert Matthias	TMD Friction	0:47:21 0:47:56	1979	M35	10	09:44 09:25 09:26 09:25 09:20
82	1856	Henrichs Uwe Uwe	TMD Friction	0:47:22 0:47:56	1959	M55	2	09:44 09:25 09:26 09:26 09:19
83	2166	Spanel Andreas	Union Biesfeld Triathlon	0:47:26 0:47:31	1985	M30	9	08:40 09:18 09:47 09:54 09:44
84	2176	Schlünke Oliver		0:47:37 0:47:43	1969	M45	16	09:00 09:27 09:49 09:39 09:40
85	1709	Heitz Sven	LANG AG	0:47:43 0:47:59	1977	M35	11	10:06 09:33 09:29 09:25 09:07
86	1732	Föll Denis	Loco-Soft Vertriebs	0:47:44 0:48:02	1979	M35	12	09:04 09:44 09:55 09:41 09:18
87	1720	Sporenberg Dirk	LANG AG	0:47:44 0:48:11	1967	M45	17	09:43 09:47 09:44 09:33 08:55
88	2153	Dudek Dieter	design-dudek.de	0:47:45 0:47:52	1958	M55	3	08:59 09:21 09:41 09:53 09:50
89	2038	Eschbach Ralf	VfL Engelskirchen	0:47:45 0:48:01	1963	M50	11	09:47 09:22 09:30 09:45 09:20
90	1591	Büllmann Ben		0:47:52 0:48:03	2002	MU16	1	09:35 09:07 09:41 09:59 09:29
91	1982	Dresbach Frank	Cologne Allblacks	0:47:54 0:48:10	1967	M45	18	09:16 09:21 09:38 09:53 09:45
92	1646	Siedel Volker	Schroeder-Valves GmbH	0:47:54 0:48:04	1965	M50	12	08:52 09:07 09:39 10:03 10:11
93	1705	Gerhard Mats	LANG AG	0:47:56 0:48:30	1989	M20	18	09:34 09:01 09:39 09:58 09:42
94	2020	Blüthner Oliver	SC Stockfisch	0:48:03 0:48:17	1968	M45	19	09:47 09:41 09:30 09:42 09:21
95	1737	Hungenberg David	Löschzug Lindlar 3	0:48:05 0:48:23	1995	M20	19	09:19 09:27 09:43 09:57 09:38
96	1977	Meier Tobias	Alte Herren TuS Lindlar	0:48:12 0:48:26	1974	M40	16	09:15 09:43 09:47 09:57 09:29
97	1789	Meierhöfer Peter	S+C	0:48:13 0:48:21	1967	M45	20	08:58 09:20 09:52 10:06 09:55
98	1958	Golka Markus	*Lindlar	0:48:14 0:48:36	1969	M45	21	09:58 09:31 09:33 09:34 09:37
99	2015	Seeling Alexander	OBI Lindlar	0:48:14 0:48:27	1976	M40	17	09:10 09:26 09:49 10:08 09:39
100	2178	Klingenberg Florian	Lauftreff Lindlar	0:48:17 0:48:23	1983	M30	10	08:44 09:27 09:41 09:47 10:37
101	2144	Sallen Niko	Polizei Köln	0:48:17 0:48:25	1985	M30	11	08:32 09:24 09:52 10:09 10:18
102	1602	Stein Marco		0:48:27 0:48:39	2002	MU16	2	09:02 09:40 09:46 09:51 10:07

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg	AK	Platz	Runden
103	2035	Kremer Thomas	Thomas Kremer	0:48:30 0:48:49	1968	M45	22	09:02 09:12 09:51 10:12 10:12
104	1759	Oehler Peter	Reloga GmbH	0:48:32 0:48:38	1975	M40	18	08:45 09:07 09:42 10:28 10:29
105	1905	Hoffstadt Paul		0:48:40 0:49:02	1998	MU20	2	10:00 09:45 09:53 09:41 09:20
106	1975	Winkelhag Peter	*Lindlar	0:48:46 0:49:02	1973	M40	19	09:45 09:43 09:51 09:57 09:28
107	1835	Fischer Alexander	WSC Lindlar 1997 e.V.	0:48:46 0:48:48	1988	M20	20	07:58 09:01 10:55 10:29 10:22
108	1685	Abate Daniel	Autohaus Heitmeyer	0:48:52 0:49:09	1985	M30	12	09:50 09:35 09:48 09:56 09:42
109	1687	Meiger Dominik	Autohaus Heitmeyer	0:48:53 0:49:09	1984	M30	13	09:34 09:43 09:54 09:57 09:42
110	2029	Klöckner Thomas	SV Frielingsdorf	0:48:56 0:49:10	1962	M50	13	09:20 09:44 09:49 10:03 09:57
111	1845	Stephan Christoph	WSC Lindlar 1997 e.V.	0:49:08 0:49:13	1992	M20	21	09:22 09:40 09:52 10:18 09:55
112	1654	Dörpinghaus Joshua	*Wipperfürth	0:49:09 0:49:20	1990	M20	22	09:05 09:56 09:59 10:22 09:45
113	1702	Bekmann Simon	LANG AG	0:49:09 0:49:24	1993	M20	23	08:31 09:20 10:02 10:35 10:40
114	1775	Gillmeister Stefan	S+C	0:49:12 0:49:21	1966	M50	14	09:25 09:59 09:57 10:02 09:48
115	2174	Floßbach Heinz		0:49:16 0:49:26	1967	M45	23	09:44 09:45 10:19 09:59 09:28
116	1388	Münchhalfen Marvin	S+C	0:49:20 0:49:28	1995	M20	24	08:54 09:51 10:18 10:20 09:55
117	1700	Beckmann Frederic	LANG AG	0:49:24 0:49:56	1985	M30	14	09:59 10:41 09:05 09:54 09:42
118	1731	Schäfer Patrick	LG Gummersbach	0:49:25 0:49:29	1969	M45	24	09:23 09:40 09:51 10:13 10:17
119	2019	Baldus Jörg	SC Stockfisch	0:49:28 0:49:41	1969	M45	25	09:47 09:47 09:57 10:02 09:52
120	1955	Finsel Lucas	Holz-Richter	0:49:28 0:49:48	1984	M30	15	09:43 09:31 09:39 10:21 10:12
121	1682	Klein André	Alte Herren - SV	0:49:33 0:50:09	1968	M45	26	10:18 09:44 09:43 09:53 09:53
122	1810	Enge Martin	Sportpalast	0:49:41 0:49:59	1977	M35	13	09:56 09:48 09:45 09:41 10:31
123	2039	Heidchen Michael	VfL Engelskirchen	0:49:49 0:50:05	1955	M60	1	10:00 09:57 09:59 09:57 09:55
124	1726	Zimmermann Markus	LANG AG	0:50:03 0:50:37	1974	M40	20	10:40 10:12 09:57 09:41 09:31
125	1738	Hungenberg Dieter	Löschzug Lindlar 3	0:50:04 0:50:22	1965	M50	15	09:29 09:47 09:58 10:22 10:27
126	1711	Ibanescu Victor	LANG AG	0:50:17 0:50:35	1989	M20	25	10:01 10:05 10:17 10:23 09:30
127	1696	Deuß Ulrich	Kreissparkasse Köln	0:50:50 0:51:04	1957	M55	4	09:39 10:13 10:27 10:28 10:02
128	1595	Christanas-Tsiatouras		0:50:51 0:51:27	1985	M30	16	09:59 10:05 10:24 10:21 10:00
129	1967	Orbach Alexander	*Lindlar	0:50:52 0:51:28	1978	M35	14	09:52 09:47 10:19 10:23 10:30
130	1094	Eich Luis	Gymnasium Lindlar 7a	0:50:53 0:51:04	2002	MU16	3	09:36 09:50 09:59 10:44 10:43
131	2177	Dangendorf Armin		0:50:57 0:51:10	1961	M55	5	09:49 09:49 10:07 10:38 10:31
132	1770	Breidenbach Bernd	S+C	0:51:12 0:51:19	1956	M60	2	09:37 10:16 10:18 10:36 10:23
133	1719	Spahn Christoph	LANG AG	0:51:12 0:51:21	1979	M35	15	09:30 10:33 10:15 10:34 10:18
134	1954	Eicks Michael	*Gummersbach	0:51:13 0:51:32	1977	M35	16	10:33 10:26 10:13 10:17 09:43
135	0	unbekannt HM2B0VC		0:51:13 0:51:22		M20	26	09:31 10:32 10:15 10:34 10:18
136	1874	Eichert Marco		0:51:13 0:51:15	1996	M20	27	09:14 10:17 10:29 10:47 10:25
137	1760	Plesa Samuel	Reloga GmbH	0:51:25 0:51:32	1987	M20	28	08:56 10:24 10:56 11:02 10:05
138	1667	Keck Tobi	*Köln	0:51:52 0:52:15	1982	M30	17	09:55 10:10 10:36 10:47 10:23
139	1675	Schwebig Rene	*Köln	0:51:53 0:52:16	1971	M45	27	09:55 10:08 10:38 10:48 10:23
140	1774	Engels Abram	S+C	0:51:53 0:52:00	1989	M20	29	09:23 10:06 10:21 10:50 11:12
141	1840	Meierhöfer Nils	WSC Lindlar 1997 e.V.	0:51:56 0:52:19	1998	MU20	3	10:59 10:31 09:55 10:21 10:08
142	1099	Schmidt Melvin	Gymnasium Lindlar 9c	0:52:01 0:52:29	2001	MU16	4	10:59 10:28 10:37 10:14 09:41
143	1850	Zippel Leon	WSC Lindlar 1997 e.V.	0:52:07 0:52:30	1997	MU20	4	10:58 10:38 10:40 10:20 09:29
144	1603	Franke Stefan		0:52:08 0:52:25	1977	M35	17	09:39 10:07 10:38 10:50 10:52
145	1920	Wolf Leonard		0:52:12 0:52:47	1991	M20	30	11:16 10:35 10:14 10:13 09:52
146	1988	Moser Mike	Holz-Richter	0:52:13 0:52:33	1982	M30	18	09:44 10:21 10:51 10:58 10:17
147	2002	Lohmar René	Laufftreff Lindlar	0:52:14 0:52:26	1976	M40	21	10:31 10:34 10:23 10:26 10:19
148	1852	Steeger Frank	ONI-Wärmetrafo GmbH	0:52:15 0:52:22	1966	M50	16	09:27 10:20 10:41 10:58 10:47
149	1799	Andre Heinrich	Schützenverein Lindlar	0:52:18 0:52:31	1969	M45	28	10:08 10:17 10:30 10:47 10:35
150	1562	Meisel Christian	VfL Engelskirchen	0:52:27 0:52:42	1963	M50	17	10:33 10:36 10:31 10:24 10:20
151	1668	Köppe Fabian	*Nümbrecht	0:52:29 0:52:53	1986	M30	19	09:59 10:33 10:30 10:45 10:39
152	1680	Dahl Waldemar	*Kürten	0:52:32 0:52:57	1953	M60	3	10:45 10:37 10:41 10:28 10:00
153	1838	Joseph Simon	WSC Lindlar 1997 e.V.	0:52:33 0:52:58	1997	MU20	5	10:02 10:19 10:37 10:53 10:40

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit -	Bruttozeit	Jahrg	AK	Platz	Runden
154	1733	Koke Ralf	Loco-Soft Vertriebs	0:52:33	0:52:53	1970	M45	29	10:54 10:37 10:39 10:24 09:57
155	1854	Schiemann Michael	SportsClub4	0:52:33	0:52:42	1996	M20	31	10:43 10:40 10:42 10:30 09:56
156	1619	Büttner Ansyar		0:52:35	0:52:57	1975	M40	22	10:58 10:38 10:20 10:22 10:15
157	1662	Hegemann Norbert	*Wetter	0:52:37	0:52:47	1967	M45	30	10:07 10:28 10:46 10:46 10:29
158	1801	Brückmann Rainer	Schützenverein Lindlar	0:52:41	0:52:52	1962	M50	18	10:08 10:20 10:39 10:44 10:48
159	2152	Gronewald Jörg		0:52:43	0:53:09	1969	M45	31	10:47 10:41 10:36 10:30 10:07
160	2006	Lang Andreas	LG Gummersbach	0:52:43	0:52:49	1974	M40	23	10:11 10:43 10:45 10:44 10:18
161	1722	Stupperich Ansgar	LANG AG	0:52:57	0:53:11	1966	M50	19	09:54 10:30 10:57 11:05 10:29
162	1991	Kuhn Frank	LANG AG	0:53:04	0:53:22	1968	M45	32	10:28 10:31 10:34 10:44 10:45
163	1987	Külheim Stefan	HOHKultur eV	0:53:04	0:53:22	1966	M50	20	10:28 10:31 10:34 10:44 10:45
164	1681	Blumberg Michael	Albrecht	0:53:11	0:53:24	1977	M35	18	10:19 10:36 10:42 10:49 10:43
165	1842	Nellen Niklas	WSC Lindlar 1997 e.V.	0:53:12	0:53:36	1998	MU20	6	10:59 10:38 10:27 10:35 10:31
166	1693	Finklenburg Norman	CDU Lindlar 2	0:53:28	0:53:33	1976	M40	24	10:05 10:45 11:04 11:09 10:25
167	2017	Grosalski Marc	Polizei Köln	0:53:33	0:53:52	1993	M20	32	10:25 10:38 11:05 11:07 10:17
168	1757	Ussia Mario	Polizei Köln	0:53:33	0:53:52	1993	M20	33	10:26 10:37 11:05 11:07 10:17
169	1756	Tröder Joshua	Polizei Köln	0:53:36	0:53:55	1992	M20	34	10:26 10:38 11:06 11:10 10:14
170	1755	Stelzer Bastian	Polizei Köln	0:53:36	0:53:55	1993	M20	35	10:26 10:38 11:06 11:10 10:14
171	1753	Haase Tim	Polizei Köln	0:53:37	0:53:56	1993	M20	36	10:26 10:38 11:06 11:09 10:16
172	1814	Kürschner Marco	Sportpalast	0:53:42	0:53:58	1972	M40	25	09:29 10:20 10:59 11:16 11:36
173	1778	Herrmann Martin	S+C	0:53:43	0:54:21	1980	M35	19	10:55 10:31 10:54 10:44 10:37
174	1862	da Silva Miguel	ONI-Wärmetrafo GmbH	0:53:51	0:54:19	1980	M35	20	11:01 10:48 10:47 10:52 10:20
175	2031	Schiffarth Uli	SV Linde	0:53:52	0:54:10	1968	M45	33	10:10 10:36 10:50 11:01 11:12
176	1701	Beckmann Hubertus	LANG AG	0:54:00	0:54:15	1964	M50	21	10:07 10:33 10:52 11:11 11:15
177	1583	Chust Manuel		0:54:01	0:54:05	1982	M30	20	09:28 10:53 11:05 11:25 11:09
178	1952	Boelen-Theile Claus	*Rösrath	0:54:04	0:54:42	1966	M50	22	11:38 11:10 10:57 10:36 09:42
179	1625	Spielvogel Frank	SSV Overath	0:54:05	0:54:36	1964	M50	23	10:46 10:42 10:59 10:48 10:48
180	1824	Rappenhöner Stefan	SV Frielingsdorf	0:54:06	0:54:42	1984	M30	21	11:26 11:15 11:10 10:41 09:33
181	1100	Schwab Tom	Gymnasium Lindlar 9c	0:54:17	0:54:45	2001	MU16	5	10:59 10:27 10:37 10:57 11:14
182	1904	Kilian Rafael		0:54:18	0:54:42	1986	M30	22	10:41 11:02 10:56 11:09 10:29
183	1767	Schirp Andreas	Ristorante La Dolce Vita	0:54:21	0:55:06	1988	M20	37	10:45 10:57 11:01 10:59 10:38
184	1790	Meinerzhagen Volker	S+C	0:54:31	0:54:56	1977	M35	21	10:31 10:35 10:59 11:11 11:13
185	1804	Wiesemann Jannik	Schützenverein Lindlar	0:54:33	0:54:44	1998	MU20	7	10:16 10:59 11:24 11:20 10:32
186	1620	Föcking Ludger		0:54:34	0:54:58	1965	M50	24	10:54 10:59 10:53 10:57 10:49
187	1983	Pagers Sven	ESV Gremberghoven	0:54:35	0:55:09	1966	M50	25	10:29 10:43 10:56 11:08 11:17
188	1752	Weglage Martin	ONI-Wärmetrafo GmbH	0:54:48	0:55:17	1965	M50	26	10:44 10:51 11:01 11:09 11:00
189	1723	Tlatlik Markus	LANG AG	0:54:48	0:55:01	1971	M45	34	09:58 10:47 11:05 11:23 11:34
190	1974	Wingen-Mezhoud Sami	*Overath	0:54:49	0:55:11	1967	M45	35	10:58 10:39 10:56 11:19 10:54
191	1494	Calenberg Dr Michael		0:54:50	0:55:13	1964	M50	27	10:28 10:42 11:10 11:30 11:00
192	1741	Klabuhn John	OBI Lindlar	0:54:52	0:55:06	1984	M30	23	09:52 10:45 11:16 11:28 11:29
193	1857	Dommasch Sigggi	TMD Friction	0:54:54	0:55:27	1960	M55	6	11:02 10:44 11:01 11:04 11:01
194	1860	Despineux Sebastian	TMD Friction	0:54:54	0:55:27	1981	M35	22	11:02 10:44 11:01 11:04 11:00
195	1669	Korsch Uli	*Düsseldorf	0:54:56	0:55:28	1956	M60	4	10:56 10:40 10:49 11:09 11:20
196	1921	Langer Markus		0:54:56	0:55:29	1971	M45	36	10:55 10:40 10:50 11:10 11:20
197	1102	Mukherjee Prabhakar	WSC Lindlar 1997 e.V.	0:55:01	0:55:09	2003	MU14	2	09:49 11:07 11:23 11:15 11:24
198	1813	Kremer Philipp	Sportpalast	0:55:05	0:55:23	1992	M20	38	10:34 10:42 11:23 11:33 10:52
199	1866	Rudolf Joachim		0:55:11	0:55:23	1953	M60	5	10:20 10:52 11:18 11:18 11:21
200	1803	Wiesemann Andreas	Schützenverein Lindlar	0:55:11	0:55:24	1966	M50	28	10:24 11:18 11:13 11:19 10:56
201	1812	Hildmann Julian	Sportpalast	0:55:19	0:55:36	1992	M20	39	10:33 10:43 11:23 11:31 11:07
202	2156	Schneider Simon	Norbert Schneider GmbH	0:55:24	0:55:40	1987	M20	40	11:06 11:04 11:10 11:13 10:50
203	1793	Samborski Paul	S+C	0:55:34	0:56:01	1986	M30	24	10:54 11:30 10:32 11:01 11:36
204	2032	Kolter Benjamin	SVE Hohkeppel	0:55:42	0:55:51	1983	M30	25	10:22 10:43 11:31 11:42 11:22

8. Lindlarer Ortskern-Lauf am 20. Mai 2016

Lauf über 10 km

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg	AK	Platz	Runden
205	1794	Schatner Jonathan	S+C	0:55:55 0:56:22	2000	MU18	4	11:56 11:07 11:05 11:06 10:40
206	1823	Frielingsdorf David	SV Frielingsdorf	0:55:55 0:56:32	1986	M30	26	11:26 11:16 11:11 11:11 10:49
207	1678	Voßkämper Michael	*Lindlar	0:56:03 0:56:33	1958	M55	7	10:58 10:49 11:15 11:34 11:25
208	1981	Höller Sebastian	CDU Lindlar 2	0:56:03 0:56:25	1981	M35	23	11:09 11:18 11:08 11:25 11:01
209	1972	Thernes Ludger	*Lindlar	0:56:14 0:56:50	1968	M45	37	11:51 11:10 11:14 11:17 10:39
210	1986	Kauer Martin	Gymnasium Lindlar	0:56:36 0:57:07	1971	M45	38	11:33 11:26 11:24 11:16 10:55
211	1834	Baum Heinz	VfL Engelskirchen	0:56:36 0:56:51	1954	M60	6	10:46 10:56 11:19 11:51 11:42
212	1717	Schwarzer Andreas	LANG AG	0:56:41 0:57:13	1965	M50	29	10:06 10:32 11:27 12:08 12:27
213	1791	Pinger Dominik	S+C	0:56:48 0:57:13	2000	MU18	5	11:30 11:29 12:00 11:31 10:15
214	1691	köck Dr. Eberhard	CDU Lindlar 1	0:56:55 0:57:11	1959	M55	8	11:29 11:34 11:27 11:23 11:00
215	1565	Bidinger Guido	Schützenverein Lindlar	0:56:56 0:57:21	1964	M50	30	11:02 11:05 11:34 11:45 11:27
216	1716	Reitz-Full Klaus	LANG AG	0:57:02 0:57:38	1968	M45	39	11:23 11:16 11:42 11:39 11:01
217	1831	Jung Patrick	TFS Handels GmbH	0:57:06 0:57:27	1978	M35	24	11:34 11:43 11:35 11:27 10:44
218	1707	Güttler Steffen	LANG AG	0:57:16 0:57:48	1967	M45	40	11:18 11:23 11:26 11:32 11:34
219	1629	Maier Alex	LG Gummersbach	0:57:32 0:57:49	1979	M35	25	10:55 11:12 11:28 11:51 12:04
220	1653	Bruckwilder Hans Jörg	*Köln	0:57:33 0:57:41	1955	M60	7	10:40 11:23 11:37 11:50 12:01
221	2117	Ismail Nodel Kadir		0:57:35 0:57:37	1988	M20	41	09:16 13:06 12:26 11:30 11:14
222	1586	Schulze René	SV Frielingsdorf	0:57:43 0:58:20	1969	M45	41	11:24 11:17 11:13 11:35 12:12
223	1683	Langen Jörg	Alte Herren - SV	0:57:45 0:58:21	1969	M45	42	11:25 11:22 11:06 11:37 12:13
224	1786	Lutschinski Alexander	S+C	0:57:56 0:58:23	1983	M30	27	10:52 11:32 11:45 12:04 11:41
225	1795	Spisla Benjamin	S+C	0:58:04 0:58:42	1985	M30	28	12:28 11:40 11:29 11:36 10:49
226	1749	Pinner Niels	ONI-Wärmetrafo GmbH	0:58:04 0:58:34	1998	MU20	8	11:33 11:52 11:43 11:42 11:12
227	1650	Ehlert Tim		0:58:12 0:58:40	1973	M40	26	11:17 11:49 11:52 11:58 11:14
228	1559	Meierding Tobias		0:58:15 0:58:51	1978	M35	26	11:54 11:30 11:30 12:03 11:17
229	1968	Reigl Reiner	*Lindlar	0:58:16 0:58:51	1969	M45	43	11:53 11:31 11:30 12:03 11:16
230	1827	Loewnich Michael	Team Loewe	0:58:16 0:58:51	1981	M35	27	11:55 11:30 11:30 12:03 11:17
231	1690	Herweg Dr. Jens	CDU Lindlar 1	0:58:21 0:58:43	1978	M35	28	11:20 11:47 11:47 11:53 11:33
232	1787	Lutschinski Arthur	S+C	0:58:25 0:58:53	1986	M30	29	11:54 12:00 12:04 11:48 10:37
233	1785	Leimbach Uwe	S+C	0:58:26 0:58:54	1966	M50	31	11:54 12:00 12:04 11:48 10:38
234	1826	Stein Christian	SV Linde	0:58:28 0:58:56	1990	M20	42	11:20 11:28 11:47 12:01 11:50
235	1684	Bremer Georg	TuS Lindlar	0:58:29 0:58:56	1967	M45	44	11:20 11:28 11:48 12:02 11:49
236	1744	Galeri Gabriel	ONI-Wärmetrafo GmbH	0:58:48 0:59:17	1973	M40	27	11:00 11:17 12:05 12:05 12:18
237	1820	Splett Kevin	Sportpalast	0:58:51 0:59:01	1991	M20	43	09:46 11:39 12:03 13:02 12:19
238	1797	Hensch Georg	SC Stockfisch	0:59:04 0:59:18	1962	M50	32	11:19 11:51 12:00 12:11 11:41
239	1735	Kühn Uwe	Loco-Soft Vertriebs	0:59:04 0:59:25	1974	M40	28	11:28 11:45 12:01 12:04 11:44
240	2164	Altendorf Oskar	TV Refrath	0:59:15 0:59:23	1951	M65	1	10:58 11:59 12:12 12:25 11:40
241	1781	Knaak Peter	S+C	0:59:22 0:59:30	1957	M55	9	10:55 11:42 12:00 12:07 12:36
242	1721	Stöcker Magnus	LANG AG	0:59:23 0:59:36	1986	M30	30	11:55 11:44 11:50 11:52 12:00
243	1957	Gerlach Jürgen	*Lindlar	0:59:30 0:59:55	1958	M55	10	11:53 11:59 11:56 11:59 11:41
244	1695	Thomm Simeon	Gymnasium Lindlar 10	0:59:35 0:59:58	1999	MU18	6	11:50 11:54 12:12 12:14 11:23
245	1788	Lutschinski Markus	S+C	0:59:36 1:00:04	1993	M20	44	11:55 12:00 12:04 11:49 11:46
246	1773	Tuncaelli Mucit	S+C	0:59:37 1:00:04	1988	M20	45	11:55 12:00 12:04 11:49 11:46
247	1765	Neifer Sebastian	Ristorante La Dolce Vita	0:59:43 1:00:14	1981	M35	29	11:33 11:31 11:56 12:23 12:18
248	1819	Rinke Tobias	Sportpalast	1:00:09 1:00:34	1980	M35	30	11:28 12:03 12:18 12:26 11:51
249	1672	Neuenfeldt Marc	*Lindlar	1:00:26 1:00:37	1981	M35	31	09:33 11:38 12:58 13:17 12:58
250	1876	Ackerschott Ingo		1:00:33 1:00:49	1956	M60	8	11:25 12:04 12:27 12:00 12:35
251	1863	Neumann Oskar	DJK Gummersbach	1:00:58 1:01:05	1938	M75	1	11:37 12:09 12:25 12:24 12:21
252	1560	Bertola Markus		1:01:27 1:01:41	1980	M35	32	11:21 12:08 12:18 12:57 12:41
253	1648	Steinmetz Timo	Ristorante La Dolce Vita	1:01:28 1:01:58	1981	M35	33	11:21 12:02 12:39 13:03 12:19
254	1624	Richter Tobias	VfL Engelskirchen	1:01:34 1:01:47	1999	MU18	7	11:50 12:24 12:30 12:47 12:02
255	1758	Chiaravalloti Luigi	Reloga GmbH	1:01:34 1:01:47	1966	M50	33	11:50 12:24 12:29 12:47 12:02

8. Lindlarer Ortskern-Lauf am 20. Mai 2016

Lauf über 10 km

Männer

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg	AK	Platz	Runden
256	1858	Podschun Stefan	TMD Friction	1:01:57 1:02:32	1966	M50	34	12:00 12:32 12:30 12:25 12:29
257	2159	Rickert Michael		1:02:08 1:02:34	1965	M50	35	11:04 11:58 12:35 13:43 12:45
258	1792	Pinger Markus	S+C	1:02:26 1:02:52	1964	M50	36	11:49 12:03 12:38 12:45 13:09
259	1747	Kohlstädt Jonas	ONI-Wärmetrafo GmbH	1:02:28 1:02:57	1993	M20	46	10:49 12:38 12:24 13:20 13:16
260	1830	Horsch Rainer	TFS Handels GmbH	1:02:31 1:02:55	1972	M40	29	12:03 00:00 00:00 00:00 00:00
261	1692	Willmer Thomas	CDU Lindlar 1	1:02:43 1:03:00	1959	M55	11	11:30 12:04 12:41 13:15 13:12
262	1742	Koll Matthias	OBI Lindlar	1:02:48 1:03:02	1985	M30	31	11:13 12:11 12:39 13:23 13:20
263	1617	Krenzke Dirk	RS 19 Waldbröl	1:02:52 1:03:04	1967	M45	45	11:18 12:29 12:43 13:00 13:21
264	1644	Sürth Valentin		1:03:17 1:03:25	1989	M20	47	12:09 12:31 12:50 12:56 12:49
265	1745	Grüger Carsten	ONI-Wärmetrafo GmbH	1:03:18 1:03:45	1971	M45	46	12:37 12:49 12:51 12:37 12:23
266	1657	Gülden Helmut	*Wipperfürth	1:03:58 1:04:27	1968	M45	47	11:59 13:01 13:00 13:16 12:41
267	1651	Albus David	*Aachen	1:03:58 1:04:27	1992	M20	48	11:59 13:02 12:59 13:15 12:41
268	1853	Füchtler Karl	SportsClub4	1:04:03 1:04:36	1963	M50	37	13:08 13:32 13:59 11:56 11:27
269	2018	Woldt Uwe	Reloga GmbH	1:04:16 1:04:22	1953	M60	9	11:26 12:48 13:04 13:26 13:31
270	1806	Berning Michael	Sportpalast	1:04:20 1:04:57	1971	M45	48	12:25 12:34 13:00 13:13 13:05
271	1652	Behrning Sascha	*Metelen	1:04:49 1:05:12	1973	M40	30	11:53 12:51 12:59 13:39 13:25
272	1561	Beutelstahl Ralf	Schützenverein Lindlar	1:04:49 1:05:21	1962	M50	38	12:29 13:03 12:58 13:22 12:56
273	1598	Middrup Thomas	Schützenverein Lindlar	1:05:10 1:05:43	1981	M35	34	12:28 13:03 12:58 13:22 13:17
274	2173	Feige Manfred	Cologne Allblacks	1:06:18 1:06:44	1947	M65	2	12:29 12:59 13:15 13:31 14:02
275	2077	Kirschke Jan	ONI-Wärmetrafo GmbH	1:07:50 1:08:20	1998	MU20	9	11:33 12:56 13:49 15:14 14:16
276	1746	Kern Frederik	ONI-Wärmetrafo GmbH	1:07:51 1:08:21	1996	M20	49	12:11 12:48 13:53 14:40 14:17
277	1960	Jünger Michael	*Lindlar	1:09:09 1:09:42	1971	M45	49	13:08 13:31 14:00 14:04 14:24
278	2030	Wegerhoff Alexander	SV Frielingsdorf	1:10:14 1:10:51	1971	M45	50	12:24 12:58 13:52 15:19 15:40
279	2169	Libeau Hagen		1:11:03 1:11:07	1951	M65	3	12:14 13:40 14:12 15:02 15:53
280	1859	Maus Dominik	TMD Friction	1:11:49 1:12:23	1983	M30	32	13:28 14:00 14:17 15:00 15:02

8. Lindlarer Ortskern-Lauf am 20. Mai 2016

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit	Bruttozeit	Jahrg	AK	Platz	Runden
1	2012	Jaschke Lisa	MDT technologies GmbH	0:41:21	0:41:23	1990	W20	1	07:44 08:13 08:25 08:29 08:28
2	2036	Vizzari Susanne	TuS Deuz / speed»cat	0:42:54	0:42:56	1977	W35	1	08:12 08:34 08:41 08:40 08:45
3	2172	Kaufmann Anja	TV Refrath	0:43:50	0:43:52	1969	W45	1	08:15 08:49 09:00 08:59 08:45
4	1489	Koch Lena Katharina	LT Siebengebirge	0:44:26	0:44:48	1998	WU20	1	08:34 08:43 09:00 09:04 09:02
5	1677	Torresi Giulia	*Mailand	0:46:26	0:46:29	1985	W30	1	08:27 09:20 09:38 09:39 09:20
6	1740	Huth Denise	OBI Lindlar	0:46:28	0:46:41	1993	W20	2	09:10 09:06 09:22 09:28 09:19
7	2021	Littig Sandra	Schreinerei Littig	0:47:20	0:47:36	1973	W40	1	09:16 09:18 09:34 09:36 09:35
8	1251	Schielke Natalia	LANG AG	0:47:20	0:47:25	1984	W30	2	09:26 09:34 09:35 09:32 09:11
9	1919	Andrieu-Syrek Ina	SG Wenden	0:48:12	0:48:19	1963	W50	1	09:11 09:38 09:43 09:54 09:43
10	2170	Benkenotein Ilona		0:48:20	0:48:28	1959	W55	1	09:24 09:39 09:46 09:52 09:36
11	1666	Kannenberg Nancy	*Linlar	0:48:47	0:48:55	1979	W35	2	09:18 10:00 09:57 09:50 09:39
12	2168	Gill Karin		0:48:51	0:49:00	1973	W40	2	09:38 09:46 10:03 09:54 09:28
13	1822	Vilmar Annika	Sportpalast	0:49:09	0:49:17	1995	W20	3	09:36 09:44 09:55 10:00 09:52
14	1698	Türk Cornelia	Kreissparkasse Köln	0:49:25	0:49:34	1966	W50	2	09:21 09:37 10:00 10:18 10:08
15	1679	Wolf Rebecca	Schützenverein Lindlar	0:49:52	0:49:58	1992	W20	4	09:10 09:39 10:02 10:29 10:31
16	1992	Meibeck Anja	LANG AG	0:50:08	0:50:21	1971	W45	2	09:26 09:57 10:13 10:22 10:07
17	2041	Prange Eva	VfL Engelskirchen	0:50:13	0:50:28	1959	W55	2	10:00 09:57 09:59 10:09 10:07
18	1818	Nora- Jansen Sandra	Sportpalast	0:50:18	0:50:23	1979	W35	3	09:45 10:03 10:07 10:26 09:55
19	1995	Schlichtmann Susanne	Laufclub 21	0:50:19	0:50:47	1974	W40	3	09:54 10:00 10:13 10:16 09:54
20	1817	Müller- Wieland Anna	Sportpalast	0:50:26	0:50:32	1985	W30	3	09:46 10:03 10:07 10:26 10:03
21	2025	Feldhoff Ulrike	Sportpalast	0:50:54	0:50:59	1963	W50	3	09:49 10:19 10:19 10:18 10:07
22	1628	Hachenberg Lena		0:50:56	0:51:31	1987	W20	5	09:59 10:05 10:24 10:21 10:04
23	2033	Wasserfuhr Barbara	Team Erdinger Alkoholfrei	0:51:30	0:51:39	1962	W50	4	10:10 10:14 10:22 10:22 10:21
24	1703	Braun Claudia	LANG AG	0:52:02	0:52:32	1973	W40	4	10:20 10:14 10:26 10:28 10:32
25	1784	Kuzmina Margarita	S+C	0:52:24	0:52:33	1988	W20	6	09:21 10:12 10:50 11:10 10:48
26	1647	Rosenthal Melanie	Schroeder-Valves GmbH	0:52:24	0:52:34	1984	W30	4	09:43 10:20 10:47 10:49 10:43
27	1579	Alberts Franziska	VfL Engelskirchen	0:52:30	0:52:45	1986	W30	5	10:25 10:18 10:31 10:44 10:30
28	1665	Joseph Olivia	*Lindlar	0:52:33	0:52:58	1994	W20	7	10:02 10:19 10:36 10:53 10:41
29	2027	Käsbach Andrea	Sportpalast	0:52:37	0:52:51	1973	W40	5	10:16 10:32 10:37 10:40 10:30
30	1846	Thiele Vanessa	WSC Lindlar 1997 e.V.	0:53:52	0:53:57	1999	WU18	1	09:44 10:32 11:08 11:24 11:02
31	1103	Tekotte Ella	WSC Lindlar 1997 e.V.	0:53:52	0:53:58	2002	WU16	1	09:43 10:33 11:08 11:24 11:03
32	2013	Dörpinghaus Tina	Mei-Ti	0:54:33	0:54:58	1960	W55	3	10:54 10:59 10:53 10:57 10:49
33	1048	Brückmann Mona	Schützenverein Lindlar	0:54:48	0:54:59	2001	WU16	2	10:16 10:58 11:24 11:20 10:48
34	1855	Bargholt Daniela	TMD Friction	0:54:54	0:55:27	1969	W45	3	11:02 10:47 11:02 11:06 10:55
35	2150	Klimasara Johanna		0:55:10	0:55:21	1990	W20	8	10:24 10:59 11:10 11:24 11:11
36	1800	Brückmann Betina	Schützenverein Lindlar	0:55:38	0:55:50	1968	W45	4	10:27 11:06 11:20 11:24 11:20
37	2028	Rotthoff Katja	Sportpalast	0:56:05	0:56:23	1976	W40	6	10:45 11:01 11:20 11:42 11:16
38	1971	Sting Daniela	*Siegen	0:56:06	0:56:17	1972	W40	7	11:04 11:15 11:13 11:20 11:12
39	1768	Baldsiefer Lara	S+C	0:56:10	0:56:40	1995	W20	9	10:30 11:07 11:16 11:42 11:32
40	2014	Lemberg Kathrin	OBI Lindlar	0:56:18	0:56:32	1978	W35	4	11:09 11:11 11:26 11:18 11:12
41	1710	Hoferichter Sonja	LANG AG	0:56:40	0:57:12	1991	W20	10	10:01 10:46 11:44 12:10 11:56
42	1676	Steffens Elena	*Dormagen	0:56:44	0:57:14	1996	W20	11	10:33 10:59 11:39 11:49 11:42
43	1734	Kühn Angelika	Loco-Soft Vertriebs	0:56:49	0:57:10	1976	W40	8	10:50 10:58 11:24 11:45 11:50
44	1724	Tober Maike	LANG AG	0:57:03	0:57:38	1990	W20	12	11:24 11:16 11:42 11:39 11:01
45	1750	Sauermann Carolin	ONI-Wärmetrafo GmbH	0:57:03	0:57:32	1985	W30	6	11:35 11:30 11:18 11:23 11:16
46	1779	Heuser Annabell	S+C	0:57:34	0:58:03	1991	W20	13	10:52 10:58 11:40 12:05 11:57
47	1844	Podschn Sabine	WSC Lindlar 1997 e.V.	0:57:37	0:58:10	1968	W45	5	11:36 11:23 11:33 11:40 11:23
48	1743	Berg Lena	ONI-Wärmetrafo GmbH	0:58:04	0:58:34	1999	WU18	2	11:34 11:51 11:43 11:42 11:11
49	1976	Wüste Karin	*Lindlar	0:58:12	0:58:36	1960	W55	4	11:08 11:25 11:40 11:54 12:03
50	2008	Mattick Corinna	Loco-Soft Vertriebs	0:58:16	0:58:35	1981	W35	5	10:54 11:12 11:43 12:15 12:11
51	1815	Müller Gerlinde	Sportpalast	0:58:28	0:58:39	1971	W45	6	10:46 11:32 11:48 12:09 12:11

8. Lindlarer Ortskern-Lauf am 20. Mai 2016

Lauf über 10 km

Frauen

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Total.	Nr.	Name Vorname	Verein/*Ort	Endzeit - Bruttozeit	Jahrg	AK	Platz	Runden
52	1689	Seifert Anja	CDU Lindlar	0:58:32 0:58:54	1993	W20	14	11:33 11:36 11:45 11:52 11:45
53	1816	Müller Gert	Sportpalast	0:58:35 0:58:46	1954	W60	1	10:38 11:03 12:10 12:18 12:24
54	1660	Hasenbach Katharina	Holz-Richter	0:59:05 0:59:25	1991	W20	15	10:45 11:27 12:00 12:31 12:21
55	2024	Jüngst Barbara	*Siegen	0:59:06 0:59:17	1954	W60	2	11:10 11:28 11:49 12:13 12:24
56	1839	Klippel Bettina	WSC Lindlar 1997 e.V.	0:59:12 0:59:43	1968	W45	7	11:06 11:19 11:50 12:15 12:39
57	2037	Müller Melanie	Union Biesfeld Triathlon	0:59:12 0:59:44	1974	W40	9	11:06 11:20 11:50 12:15 12:40
58	1614	Huth Leonie	Schützenverein Lindlar	0:59:16 0:59:27	2003	WU14	1	10:25 11:28 12:37 12:39 12:05
59	1993	Frielingsdorf Kathrin	Laufclub 21	0:59:22 0:59:59	1963	W50	5	11:50 11:55 11:52 11:55 11:49
60	1832	König Daniela	TFS Handels GmbH	0:59:26 0:59:49	1974	W40	10	11:58 11:24 11:56 12:09 11:57
61	1656	Gerlach Katja	*Lindlar	0:59:30 0:59:55	1963	W50	6	11:53 11:59 11:56 12:00 11:40
62	1766	Röhrig Valerie	Ristorante La Dolce Vita	0:59:44 1:00:14	1988	W20	16	11:34 11:30 11:56 12:23 12:18
63	1959	Heinrichs Susanne	*Wipperfürth	0:59:52 1:00:10	1991	W20	17	11:42 11:46 12:10 12:27 11:46
64	1864	Hundt Jacqueline	Ristorante La Dolce Vita	1:01:30 1:02:00	1988	W20	18	11:22 12:02 12:40 13:02 12:21
65	1869	Hake Gisela	Fuzzy 007	1:03:11 1:03:22	1969	W45	8	11:44 12:36 12:45 13:01 13:03
66	1851	Mehlhorn Louisa	www.iamsport.de	1:03:17 1:03:25	1994	W20	19	12:10 12:31 12:50 12:56 12:49
67	1780	Heuser Vanessa	S+C	1:03:28 1:03:57	1989	W20	20	11:51 12:43 12:58 13:04 12:50
68	1807	Buchholz Sarah	Sportpalast	1:04:20 1:04:57	1981	W35	6	12:25 12:34 12:59 13:13 13:06
69	1655	Finklenburg Nicole	*Lindlar	1:06:27 1:06:51	1976	W40	11	12:35 13:11 13:29 13:40 13:29
70	1671	Müller TütaBiggi	*51789	1:06:27 1:06:52	1970	W45	9	12:36 13:11 13:29 13:40 13:29
71	2040	Köhne Ulla	VfL Engelskirchen	1:10:51 1:11:10	1962	W50	7	13:34 14:14 14:22 14:27 14:12
72	1736	Scheidtmann Carola	Loco-Soft Vertriebs	1:13:06 1:13:26	1983	W30	7	13:44 14:39 15:09 15:26 14:07