

10km - Gesamtwertung

9. Bickendorfer Büdchenlauf - 27.09.2015

Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
1	1267	Fricke Marc	Rhein-Berg Runners	0:33:43	0:33:42	1	M40	74	07:44	08:37	08:52	08:28	
2	995	Lewanzik Heiko	Albertus Magnus Gymnasium	0:34:59	0:34:57	1	M30	81	07:58	08:58	09:11	08:49	
3	1375	Krischer Siegfried	TSV Bayer 04 Leverkusen	0:35:13	0:35:12	1	M45	68	07:57	08:58	09:12	09:03	
4	1383	Pesch Robin	Runners Point	0:36:14	0:36:12	1	MHK	91	08:04	09:16	09:33	09:18	
5	81	Maak Sören	*Köln	0:36:26	0:36:26	2	M30	83	08:06	09:09	09:38	09:32	
6	1380	Riefe Sebastian		0:37:53	0:37:51	1	M35	78	08:41	09:51	09:49	09:29	
7	945	Wilmes Heiko	TV Refrath	0:37:53	0:37:52	2	M45	69	08:30	09:39	09:57	09:44	
8	1360	Bosshammer Michael	Pulheimer SC Triathlon	0:38:13	0:38:12	3	M30	84	08:27	09:41	09:57	10:04	
9	627	Hain Matthias	*Bergisch Gladbach	0:39:20	0:39:19	2	M35	76	08:32	10:04	10:19	10:22	
10	552	Oelmaier Tobias	BSG Stadt Köln	0:39:36	0:39:34	3	M45	67	08:54	10:01	10:16	10:22	
11	987	Hölle Magnus		0:39:43	0:39:39	4	M30	84	09:10	10:13	10:13	10:02	
12	1981	Drabiniok Tobias	*Köln	0:39:43	0:39:41	5	M30	81	09:18	10:06	10:12	10:03	
13	1351	Hierholzer Stephan		0:40:24	0:40:21	2	MHK		09:13	10:13	10:27	10:27	
14	1350	Kistner Axel	*Köln	0:40:29	0:40:27	2	M40	73	08:51	10:14	10:36	10:45	
15	188	Salmon Heiko	TUS Mechernich 1897	0:40:42	0:40:39	4	M45	66	09:09	10:17	10:32	10:40	
16	703	Krönkemeier Dennis	Kölner Triathlon Team 01	0:40:58	0:40:54	3	MHK	90	08:56	10:27	10:44	10:45	
17	680	Padberg Stefan	TV Erkelenz	0:41:29	0:41:19	5	M45	69	09:18	10:25	10:47	10:47	
18	314	Piehler Björn	BSG DEVK KÖLN	0:41:39	0:41:36	3	M35	77	09:29	10:51	10:51	10:23	
19	609	Möres Frank	*Pulheim	0:41:49	0:41:46	3	M40	74	09:29	10:39	10:51	10:45	
20	1378	Orbach Stefan		0:41:53	0:41:50	4	M40	72	09:28	10:41	10:51	10:49	
21	687	Kresimon Johannes	Team Crazymoon	0:42:15	0:42:13	6	M45	69	09:37	10:50	11:00	10:45	
22	686	Neidhardt Raki	*Bergisch-Gladbach	0:42:19	0:42:15	4	M35	77	09:27	10:48	11:03	10:56	
23	159	Zerth Matthias	*Köln	0:42:35	0:42:32	4	MHK	88	09:00	10:52	11:30	11:09	
24	605	Wirtz Oliver	/	0:42:38	0:42:36	5	M40	72	09:16	11:08	11:05	11:05	
25	672	Annegarn Luca	PSC	0:42:48	0:42:46	1	MU18	99	09:38	11:09	11:09	10:48	
26	759	Hattendorf Kai	LT Decksteiner Weiher	0:43:03	0:42:59	6	M40	73	09:20	10:54	11:27	11:18	
27	968	Groos Martin	TV Refrath	0:43:09	0:43:06	1	M60	53	09:44	10:56	11:14	11:10	
28	923	Tucker Michael	USMES	0:43:16	0:43:12	1	M50	61	09:15	11:05	11:31	11:20	
29	1365	Kamp Marcel	LG RWE Power	0:43:19	0:43:19	6	M30	85	09:49	11:00	11:10	11:19	
30	572	Hink Peter	*Troisdorf	0:43:22	0:43:14	5	M35	78	09:51	11:12	11:17	10:52	
31	571	Schäffer Moritz	*Köln	0:43:29	0:43:24	5	MHK	88	09:37	11:12	11:25	11:09	
32	909	Schmidt Leon		0:43:30	0:43:23	2	MU18	01	10:01	10:58	11:20	11:03	
33	919	Semglaty Paul		0:43:33	0:43:29	7	M45	69	09:39	11:10	11:26	11:13	
34	696	Volkmer Dominik	*Pulheim	0:43:50	0:43:08	6	MHK	91	10:26	10:58	10:58	10:45	
35	1159	Pörtner Florian		0:44:00	0:43:55	7	MHK	86	09:42	11:23	11:34	11:14	
36	140	Köster-Eiserfunke Julian	BSG Sparkasse Iserlohn	0:44:07	0:43:50	8	MHK	87	09:44	11:03	11:32	11:30	
37	1372	Milz Ralf	Vorwärts Köln	0:44:09	0:44:03	2	M50	61	10:13	11:27	11:27	10:55	
38	684	Sevenich Philipp	*Köln	0:44:16	0:44:00	7	M30	84	09:34	11:07	11:56	11:22	
39	993	Zerth Nikolas		0:44:17	0:44:12	9	MHK	88	10:05	11:15	11:31	11:20	
40	566	Greite Stefan	*Köln	0:44:19	0:44:13	6	M35	79	09:59	11:18	11:32	11:23	
41	942	Pöpper Roland		0:44:21	0:44:08	8	M45	67	10:25	11:17	11:16	11:08	
42	1965	Borgolte Stephan	BAPersBw Köln	0:44:22	0:44:15	3	M50	65	10:00	11:18	11:30	11:25	
43	1209	Mamet Michael	ESV Horrem	0:44:26	0:44:13	9	M45	67	10:09	11:26	11:33	11:04	
44	396	Saure Carsten	*Köln	0:44:32	0:44:21	7	M40	73	09:54	11:18	11:36	11:32	
45	1391	Kreft Stefan		0:44:33	0:44:11	7	M35	79	10:23	11:15	11:20	11:11	
46	1348	Fuegert Marcel		0:44:34	0:44:23	1	MU20	96	10:16	11:04	11:49	11:13	
47	266	Stephan Heinz Michael	*Köln	0:44:41	0:44:33	4	M50	61	10:02	11:27	11:44	11:19	
48	661	Kranz Daniel	TSV Bokeloh	0:44:42	0:44:39	10	MHK	88	09:28	11:18	11:39	12:13	
49	1207	Krüger Thomas		0:44:51	0:44:30	5	M50	63	10:19	11:20	11:35	11:15	
50	637	Kuthe Thorsten	*Köln	0:44:56	0:44:56	8	M40	72	10:41	11:34	11:30	11:09	
51	310	Balg Christoph	*Köln	0:44:56	0:44:42	9	M40	74	10:11	11:15	11:36	11:38	
52	694	Riegel Thomas	*Köln	0:44:59	0:44:48	10	M40	73	10:21	11:25	11:37	11:24	
53	1367	Isbaner Wolfgang	TSV Bayer 04 Leverkusen	0:44:59	0:44:54	2	M60	54	09:54	11:54	11:32	11:32	
54	473	Keese Philipp	*Köln	0:45:02	0:44:49	8	M30	84	10:26	11:26	11:40	11:15	
55	914	Schwabauer Nikolai	MINT Solutions	0:45:06	0:45:06	9	M30	84	09:44	11:23	12:03	11:54	
56	1379	Ackermann Sebastian	Triathlon Nonstop Köln	0:45:09	0:44:58	10	M45	66	10:31	11:25	11:37	11:23	
57	1376	Bosbach Gerd	ESV Gremberghoven	0:45:27	0:45:11	3	M60	53	10:18	11:27	11:36	11:49	
58	116	Kessel Dieter André	KG Kölsches Levvenjeföhl	0:45:34	0:45:07	11	MHK	87	09:55	11:37	11:54	11:39	
59	623	Lorre Marcus	RochusFit	0:45:46	0:45:26	12	MHK	89	10:42	12:09	11:35	10:59	
60	548	Reimann Sascha	*Köln	0:45:52	0:45:13	8	M35	80	10:50	11:40	11:37	11:05	

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Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	1317	Georgi Christopher	Jläser Huh KG	0:45:52	0:45:27	10	M30	81	10:22	11:47	11:47	11:29	
62	483	Lennarz Joachim	*Köln	0:45:54	0:45:44	11	M40	75	10:35	11:53	11:56	11:18	
63	559	Florian Simon	*Würselen	0:46:06	0:46:04	13	MHK	95	10:49	11:55	12:01	11:18	
64	994	Römermann Daniel		0:46:16	0:46:12	11	M30	85	10:11	11:42	12:10	12:07	
65	391	Menrath Christian	*Köln	0:46:17	0:45:42	12	M30	82	11:39	11:33	11:22	11:07	
66	1204	Volk Georg		0:46:20	0:45:57	13	M30	81	11:39	11:40	11:05	11:32	
67	1179	Linssen Bastian	Run Core Cologne	0:46:29	0:46:29	9	M35	79	10:21	11:53	12:18	11:56	
68	438	Peikert Alexander	Brücker Lauffreunde	0:46:34	0:46:27	1	M55	56	10:39	12:01	12:08	11:37	
69	761	Zarl Christian	*Bergisch Gladbach	0:46:37	0:46:16	14	MHK	94	11:13	11:56	11:33	11:33	
70	1301	Finke Christian		0:46:40	0:46:17	14	M30	83	10:38	11:46	11:58	11:53	
71	1358	Eisermann Stephan	Team Erdinger	0:46:42	0:46:33	11	M45	66	10:33	11:55	12:01	12:02	
72	275	Rosso Stefan	*Pulheim	0:46:43	0:46:27	2	MU20	97	10:16	11:43	12:32	11:54	
72	331	Finger Karl-Heinz	BSG Stadt Köln	0:46:43	0:46:39	1	M65	47	10:41	11:56	12:03	11:58	
74	1201	Jasosch Felix		0:46:45	0:46:17	15	MHK	86	11:26	11:35	11:51	11:25	
75	274	Rosso Martin	*Pulheim	0:46:55	0:46:25	16	MHK	94	10:47	11:56	11:59	11:42	
76	372	Loewer Ralf	*Köln	0:47:01	0:46:49	6	M50	65	10:47	11:58	12:05	11:58	
77	615	Thomé Arno	BSG Stadt Köln	0:47:02	0:46:57	2	M55	58	10:39	11:56	12:11	12:10	
78	435	Seyfried Sebastian	*Köln	0:47:03	0:46:46	17	MHK	91	10:41	11:55	12:06	12:02	
79	631	Paulus Frank	BSG Stadt Köln	0:47:07	0:47:00	7	M50	65	10:53	11:57	12:12	11:56	
80	557	Löpki Dirk	*Köln	0:47:11	0:47:01	8	M50	63	10:54	12:08	12:06	11:52	
81	204	Roth DR Edwin	LG DUV	0:47:14	0:47:05	4	M60	53	10:43	12:03	12:15	12:04	
82	240	Reinecke Alexander	Fix und Foxi	0:47:26	0:47:16	12	M45	68	10:43	12:12	12:22	11:57	
83	1373	Szelies Dieter	*Grevenbroich	0:47:33	0:47:28	3	M55	60	10:38	12:07	12:27	12:15	
84	713	Menge Jakob	*Köln	0:47:38	0:47:17	10	M35	79	11:30	12:31	12:12	11:04	
85	997	Eveleich Garath		0:47:42	0:47:15	15	M30	83	10:36	12:16	12:22	12:00	
86	0	unbekannt DY052DE		0:47:51	0:47:49	18	MHK		10:21	12:12	12:43	12:31	
87	363	Niggemeier Frank	*Köln	0:47:51	0:47:11	12	M40	74	11:00	12:02	12:08	11:59	
88	551	Berndt Ulrich	TFG Nippes	0:47:51	0:47:46	9	M50	65	10:32	12:07	12:31	12:33	
89	56	Walder Lars	*Köln	0:47:53	0:47:38	11	M35	77	10:45	12:08	12:17	12:26	
90	401	Sonntag Frank	ERGO Sports Köln	0:48:06	0:47:27	19	MHK	91	11:07	12:12	12:20	11:46	
91	3333	Buder Daniel	WDR Aktiv	0:48:13	0:48:00	12	M35	77	11:04	12:14	12:29	12:12	
92	957	Orbach Kevin	Sparkasse Köln-Bonn	0:48:18	0:47:43	20	MHK	89	10:51	12:06	12:21	12:23	
93	1366	Thieme Dieter	BSG Sparkasse Köln-Bonn	0:48:20	0:48:09	10	M50	64	11:27	12:18	12:16	12:06	
94	509	Scheible Peter	*Köln	0:48:21	0:48:16	13	M40	71	10:42	12:35	12:37	12:21	
95	113	Kreye Marcus	*Köln	0:48:23	0:48:10	16	M30	83	09:45	12:23	12:59	13:03	
96	1176	Kames Philipp		0:48:33	0:48:20	17	M30	82	11:10	11:53	12:06	13:10	
97	1362	Thiehoff Oliver		0:48:44	0:48:03	14	M40	71	11:15	12:08	12:36	12:02	
98	988	Wefelnberg Michael	KT 43	0:48:55	0:48:45	21	MHK	87	11:29	12:39	12:25	12:09	
99	598	Steltzner Florian	*Köln	0:49:02	0:48:42	22	MHK	93	11:05	12:30	12:47	12:19	
100	640	Mühlhaus Lukas	*Köln Sülz	0:49:04	0:48:43	23	MHK	94	11:05	12:31	12:47	12:20	
101	491	Scheibenbogen Markus	Rookies2015 and Friends	0:49:05	0:48:47	13	M45	68	10:58	12:25	12:47	12:35	
102	583	Süß Paul	*Köln	0:49:09	0:48:48	24	MHK	91	11:05	12:30	12:47	12:25	
103	722	Schlömer Reiner	*Köln	0:49:10	0:48:22	14	M45	68	11:39	12:07	12:21	12:14	
104	671	Annegarn Mario	PSC	0:49:11	0:49:08	11	M50	64	11:08	12:16	12:34	13:08	
105	1216	Winkler Kevin		0:49:18	0:49:06	25	MHK	91	11:07	12:30	13:02	12:24	
106	8	Achten Bernhard	Kölner Narrenunft	0:49:22	0:49:14	4	M55	59	11:01	12:39	12:51	12:42	
107	235	Rößler Marcus	*Köln	0:49:31	0:49:19	13	M35	77	10:57	12:25	12:56	12:59	
108	913	Schröter Johannes		0:49:39	0:49:12	15	M45	66	11:14	12:39	12:37	12:40	
109	1268	Riehl Simon	Montessori Gymnasium	0:49:40	0:49:27	3	MU18	01	11:07	12:10	13:22	12:46	
110	621	Funk Kay	Köln läuft	0:49:45	0:49:29	16	M45	70	11:33	12:44	12:45	12:25	
111	1287	Schumann Malte		0:49:49	0:49:18	18	M30	81	11:23	12:31	12:39	12:44	
112	361	Baur Norbert	DJK Roland West	0:49:50	0:49:41	5	M60	53	10:53	12:38	13:09	13:00	
113	256	Kratz Sebastian	*Köln	0:49:50	0:49:05	14	M35	78	11:11	12:26	12:56	12:29	
114	375	Ripp Dieter	VTC Köln	0:49:53	0:49:43	5	M55	56	11:28	12:49	12:54	12:32	
115	653	Winkelmann Christian	SG Deutsche Bank Köln e.V.	0:49:55	0:49:43	15	M35	78	11:21	12:38	12:55	12:47	
116	46	Baus Reiner	Porsche Zentrum Bensberg	0:50:01	0:49:38	6	M60	54	10:51	12:42	13:11	12:53	
117	11	Kramer Uwe	*Köln	0:50:14	0:50:01	12	M50	62	11:06	12:40	13:04	13:10	
118	455	Nießen Dirk	Lauffreunde Vlatten-Köln	0:50:14	0:49:51	15	M40	75	11:27	12:47	12:54	12:41	
119	264	Kresimon Georg	*Dormagen	0:50:25	0:50:01	13	M50	64	11:53	12:54	12:52	12:20	
120	1385	Schlegel Nils		0:50:25	0:49:56	16	M40	75	11:26	13:10	12:52	12:26	

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Männer

Platz	Startnr	Name	Verein*/Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
121	708	Horak Frank	*Mönchengladach	0:50:39	0:50:18	17	M45	70	11:11	13:07	13:08	12:51	
122	550	Symnick Lars	*Köln	0:50:52	0:50:31	19	M30	83	11:09	13:05	13:24	12:51	
123	373	Rabbe Jens	*Köln	0:50:57	0:50:33	18	M45	70	11:08	12:37	13:20	13:26	
124	72	Bietendüfel Andreas	*Lünen	0:50:59	0:50:22	19	M45	67	11:56	12:37	12:51	12:56	
125	464	Hoffmann Carsten	*Köln	0:51:13	0:51:00	17	M40	74	11:27	13:09	13:24	12:59	
126	340	Bartel Thomas	BSG Stadt Köln	0:51:14	0:51:08	14	M50	63	11:37	13:06	13:19	13:05	
127	404	Schneider Lars	Lokalpatrioten	0:51:15	0:51:07	20	M30	81	11:28	12:58	13:27	13:13	
128	1976	Schneider Markus	Lokalpatrioten	0:51:15	0:51:08	16	M35	76	11:28	12:58	13:26	13:14	
129	1259	Romboy Wolfgang	Colonia Team	0:51:23	0:51:09	1	M70	43	11:28	13:07	13:19	13:14	
130	414	Herwig Heiko	*Köln	0:51:26	0:50:28	18	M40	73	12:08	13:00	13:11	12:08	
131	678	Klein Norbert	*Troisdorf	0:51:27	0:51:18	17	M35	79	11:25	13:17	13:24	13:10	
132	985	Lechelt Stefan	Run-Run-Run	0:51:30	0:50:47	19	M40	75	11:33	12:43	13:29	13:01	
133	273	Rosso Mario	*Pulheim	0:51:32	0:51:16	6	M55	60	11:37	12:42	13:16	13:40	
134	979	Thierolf Hendrik		0:51:37	0:51:13	20	M45	70	12:00	13:15	13:13	12:43	
135	1959	Voll Harald	Diabetes Programm	0:51:48	0:51:00	7	M55	59	12:33	12:53	12:48	12:45	
136	106	Kienberger Mischa	The Expendables	0:51:52	0:51:07	18	M35	80	12:26	12:39	12:55	13:06	
137	225	Weyres Philipp	BBBC	0:52:07	0:51:16	26	MHK	87	13:12	12:57	12:47	12:18	
138	23	Hoyer Harald	*Köln	0:52:19	0:51:43	8	M55	57	11:39	13:17	13:35	13:11	
139	978	Zenner Erwin	Audi	0:52:21	0:51:57	27	MHK		12:01	13:17	13:22	13:15	
140	581	Gruneberg DR Ralf	BSG Köln	0:52:28	0:52:22	15	M50	64	11:46	13:27	13:45	13:24	
141	416	Degenhardt Torsten	*Köln	0:52:35	0:51:37	19	M35	76	12:08	12:59	13:12	13:16	
142	454	Bahn Michael	Lauffreunde Vlaten-Köln	0:52:47	0:52:24	16	M50	62	11:57	13:22	13:46	13:18	
143	403	Berlik Sacha	*Köln	0:52:48	0:52:37	21	M45	70	11:20	13:15	13:58	14:02	
144	14	Thiessen DR Nils	*Köln	0:52:50	0:52:43	20	M35	77	12:02	13:52	13:46	13:01	
145	245	Kunkel Helmut	*Köln	0:52:51	0:52:30	7	M60	51	11:52	13:31	13:45	13:21	
146	236	Kessler Thomas	*Köln	0:52:57	0:52:19	22	M45	68	12:14	13:11	13:27	13:25	
147	543	Engel Thomas	*Köln	0:53:14	0:52:38	23	M45	70	12:03	13:40	13:50	13:03	
148	457	Keppler Markus	TV Donrath	0:53:15	0:52:39	21	M35	79	11:48	13:12	14:03	13:35	
149	977	Schorn Gerd	Kölner Narrenzunft	0:53:16	0:53:05	9	M55	59	11:59	13:38	13:54	13:33	
150	576	Knippscher Bernd	*Niederkassel	0:53:32	0:52:37	20	M40	74	13:37	13:09	12:55	12:55	
151	577	Engels Rüdiger	*Niederkassel	0:53:32	0:52:37	24	M45	67	13:37	13:08	12:55	12:56	
152	51	Bosch Daniel	*Köln	0:53:34	0:53:06	22	M35	80	11:56	13:43	14:05	13:20	
153	1384	Gierling Reinhard	*Köln	0:53:39	0:53:30	17	M50	61	12:02	13:30	14:01	13:56	
154	101	Bosch Dennis	*Köln	0:53:41	0:53:13	21	M30	81	11:56	13:43	14:05	13:27	
155	874	Rhein Stefan	*Köln	0:53:42	0:53:00	25	M45	68	12:15	13:31	13:48	13:25	
156	1308	Eichler Michael	TUS Ehrenfeld	0:53:57	0:53:37	18	M50	64	12:31	13:52	13:51	13:21	
157	1310	Eichler David		0:53:57	0:53:37	28	MHK	90	12:31	13:52	13:51	13:22	
158	410	Langen Peter	Altstädter Köln 1922 e.v.	0:53:57	0:53:47	4	MU18	00	12:02	13:25	14:12	14:07	
159	1977	Justa Marcel	*Koeln	0:53:57	0:53:48	23	M35	77	11:56	13:56	14:09	13:46	
160	134	Sprung Klaus	*Köln	0:53:58	0:53:28	26	M45	67	12:10	13:24	14:02	13:49	
161	173	Schmitgen Volker	Groß und Klein	0:54:02	0:53:21	21	M40	72	12:36	13:24	13:46	13:34	
162	76	Breuer Andreas	*Köln	0:54:06	0:53:39	24	M35	76	11:43	13:27	14:28	14:00	
163	949	Walter Stephan	SC Dümmersee	0:54:10	0:53:31	10	M55	59	12:15	13:10	13:40	14:24	
164	538	Bülles Christian	*Köln	0:54:12	0:53:40	25	M35	76	12:47	13:53	13:42	13:16	
165	1371	Becker Walter	LLG 80 Nordpark Köln	0:54:13	0:54:06	2	M70	44	12:00	13:41	14:16	14:08	
166	980	Bucher Sebastian	SPD Ehrenfeld	0:54:14	0:53:36	22	M30	84	12:58	13:52	13:52	12:52	
167	1948	Hildebrand Sascha	ZEN-LETICS	0:54:16	0:54:16	23	M30	82	12:08	13:30	14:43	13:54	
168	554	Hess Bernd	WDR-Köln	0:54:20	0:53:44	8	M60	51	12:40	13:34	13:45	13:44	
169	1202	Kühn Philip		0:54:21	0:53:54	24	M30	85	13:33	13:59	13:36	12:44	
170	617	Krome Andreas	-	0:54:38	0:54:08	19	M50	65	12:44	13:46	13:52	13:45	
171	726	Schneider Christoph	ASV Köln	0:54:38	0:54:26	26	M35	77	11:37	13:39	14:35	14:33	
172	1182	Quetting Jörg	immer hinterher laufend	0:54:40	0:53:39	27	M45	68	12:42	14:01	13:37	13:17	
173	928	Weidel Philipp		0:54:41	0:54:20	29	MHK	86	12:32	13:57	13:58	13:52	
174	118	Kessel Uli	KG Kölsches Levvensjeföhl	0:54:42	0:54:14	25	M30	82	12:00	13:42	14:14	14:16	
175	166	Eggert Henning	*Köln	0:54:54	0:54:07	27	M35	77	12:27	13:39	13:52	14:07	
176	989	Frielinghaus Diedrich	iTrim	0:55:13	0:54:23	22	M40	72	12:20	13:48	14:08	14:05	
177	365	Becker Alexander	Familie Becker	0:55:14	0:54:52	26	M30	82	12:43	13:56	14:41	13:30	
177	982	Schönmann Jochen		0:55:14	0:54:27	28	M35	77	12:58	14:03	14:16	13:08	
179	0	unbekannt HD907KV		0:55:17	0:54:35	30	MHK		13:09	13:49	13:53	13:43	
180	1899	Graalman Dirk	*Köln	0:55:17	0:54:36	23	M40	74	13:09	13:49	13:53	13:44	

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9. Bickendorfer Büdchenlauf - 27.09.2015

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
181	990	Jäger Edgar		0:55:27	0:55:13	11	M55	58	12:50	14:15	14:23	13:43	
182	78	Paul Reinhard	*Köln	0:55:28	0:54:54	29	M35	79	12:03	13:42	14:28	14:39	
183	934	Seitzinger Christian		0:55:32	0:54:48	24	M40	75	12:56	14:06	14:28	13:17	
184	153	Breuer Heiko	*Köln	0:55:41	0:55:13	28	M45	69	12:41	14:03	14:20	14:08	
185	219	Rzesnik Thomas	*Köln	0:55:42	0:55:13	12	M55	60	12:41	14:03	14:20	14:08	
186	409	Müsegaes Mike	*Königswinter	0:55:54	0:55:32	25	M40	73	12:42	14:06	14:19	14:23	
187	244	Wurda Werner	Diabetes Programm	0:55:54	0:54:53	13	M55	60	12:48	13:55	14:14	13:54	
188	944	Hartmann Tobias		0:55:55	0:55:16	26	M40	72	12:08	14:05	14:47	14:14	
189	984	Mohlem Rainer	SC West Köln	0:56:04	0:55:35	20	M50	61	14:06	14:14	13:48	13:26	
190	1386	Schwab Stefan		0:56:19	0:55:58	29	M45	70	11:39	14:18	15:08	14:52	
191	293	Weiß Reinhold	*Köln	0:56:22	0:56:08	14	M55	58	12:05	14:22	14:47	14:53	
192	673	Kotthaus Michael	*Köln	0:56:24	0:55:48	27	M40	73	13:00	14:05	14:27	14:15	
193	1175	Hilgert Udo		0:56:35	0:56:00	21	M50	65	13:17	14:20	14:19	14:03	
194	249	Jonas Torsten	tojobo@gmx.de	0:56:37	0:55:59	30	M45	69	14:02	14:52	13:32	13:31	
195	1181	Manthey Alexander	TSV Bayer 04	0:56:38	0:56:22	15	M55	56	12:37	14:23	14:46	14:35	
196	1392	Schlumbohm Michael		0:56:47	0:56:24	22	M50	65	12:50	14:17	14:52	14:24	
197	199	Wagner Johannes	*Köln	0:56:48	0:55:53	16	M55	58	13:31	14:23	14:12	13:46	
198	935	Glasow Marcus		0:56:51	0:56:07	30	M35	79	12:56	14:06	14:27	14:35	
199	307	Debray Marcel	*Köln	0:56:52	0:56:23	31	M35	76	13:14	14:08	14:26	14:33	
200	937	Schilling Julius		0:56:54	0:56:08	31	MHK	88	14:16	14:03	13:45	14:03	
201	342	Hämmerle Norbert	*Bergisch Gladbach	0:56:55	0:56:17	31	M45	68	13:43	14:18	14:19	13:55	
202	124	Marinas Alfredo	*Köln, Deutschland	0:57:06	0:56:16	32	M45	69	13:15	14:01	14:34	14:26	
203	1381	Roso Marcus	Rochusclub e. V.	0:57:06	0:56:29	28	M40	75	13:07	14:19	14:40	14:22	
204	305	Wehlert Gunnar	Bickendorfer Rochusclub E.V.	0:57:08	0:56:31	27	M30	82	13:01	14:28	15:06	13:54	
205	315	Petenati Udo	LG-Leichlingen 2005	0:57:11	0:56:31	23	M50	61	13:01	14:26	14:44	14:19	
206	131	Gonzales Phil Archimedes	Düsselpinoy	0:57:17	0:56:27	32	M35	76	13:26	14:13	14:28	14:18	
207	87	Ernst Ralph	NippesRunners	0:57:23	0:56:53	29	M40	74	13:20	14:26	14:39	14:27	
208	193	Wolf DR Christian	Laktatkönige	0:57:29	0:57:10	17	M55	58	12:55	14:44	14:59	14:30	
209	92	Abels Holger	DJK Roland West	0:57:34	0:57:00	33	M35	77	12:46	14:28	14:48	14:56	
210	456	Bursch Marc	*Weilerswist	0:57:44	0:56:46	32	MHK	86	13:35	14:39	14:09	14:22	
211	308	Miller David	BBBC	0:57:49	0:57:00	33	MHK	88	13:15	14:37	14:55	14:12	
212	344	Wind Torsten	*Engelskirchen	0:58:08	0:57:31	24	M50	61	13:43	14:19	14:23	15:05	
213	654	Erichsen Christian	*Köln	0:58:12	0:57:26	25	M50	64	13:30	14:41	14:45	14:29	
214	1269	Enomoto Masahiro		0:58:21	0:57:25	34	M35	80	13:44	14:51	14:18	14:30	
215	641	Banneyer Michael	never give up	0:58:28	0:57:54	18	M55	60	13:23	14:43	15:01	14:45	
216	727	Dose Stefan	*Bergheim	0:58:33	0:57:50	35	M35	77	13:22	14:58	15:05	14:24	
217	695	Hermanns Bruno	*Pulheim	0:58:44	0:58:01	19	M55	60	12:56	14:39	15:12	15:12	
218	58	Lehnert Enrico	*Köln	0:58:45	0:57:58	36	M35	78	14:09	15:02	15:10	13:34	
218	59	Bollermann Christian	*Köln	0:58:45	0:57:58	36	M35	78	14:10	15:02	15:11	13:34	
220	936	Weigel Benny		0:58:50	0:58:05	38	M35	79	13:21	14:59	15:30	14:13	
221	938	Schilling Wolfgang		0:58:50	0:58:05	9	M60	52	13:21	14:59	15:30	14:14	
222	154	Schmitz Thomas	*Köln	0:59:01	0:58:41	30	M40	75	14:05	15:12	15:08	14:15	
223	242	Kölsche Daniel	*Köln	0:59:05	0:58:07	39	M35	76	14:07	15:03	14:59	13:57	
224	241	Kluck DR Marcus	Kluck Umwelt-Logistik GmbH	0:59:05	0:58:07	33	M45	69	14:06	15:02	14:59	13:57	
225	377	Grunewald Joachim	*Köln	0:59:07	0:58:53	40	M35	78	12:02	14:58	16:09	15:42	
226	179	Günther Thomas	*Köln	0:59:16	0:59:05	31	M40	75	11:42	15:04	16:07	16:10	
227	505	Perner DR Jens	*Köln	0:59:20	0:58:36	34	M45	69	13:15	14:58	15:27	14:55	
228	100	Lüttel Stephan	TTC Vanicum	0:59:30	0:59:01	26	M50	63	13:45	14:54	15:19	15:01	
229	663	Ilius Mario	*Bonn	0:59:32	0:59:09	27	M50	63	14:23	14:45	14:59	15:01	
230	679	Pinkert Mathias	Laktatjunkies Rheinland	0:59:47	0:59:15	32	M40	73	13:14	15:00	15:34	15:25	
231	731	Köneke Jörg	Team Bunker	0:59:51	0:58:57	33	M40	74	15:16	15:02	14:02	14:35	
232	177	Binzen Martin	*Köln	0:59:52	0:58:52	41	M35	76	14:36	15:20	15:05	13:51	
233	1206	Rixius Edmund		0:59:52	0:58:52	20	M55	58	14:35	15:19	15:05	13:51	
234	2016	Durst Hans-Peter	Dreamteam Dad&Dauther	0:59:56	0:59:04	21	M55	58	16:30	16:54	13:30	12:08	
235	1361	Trottenberg Wilhelm	Pingsheimer Rentnerband	0:59:58	0:59:25	3	M70	42	13:47	14:56	15:32	15:09	
236	6206	Longerich Bernd	*Köln	1:00:01	0:59:42	28	M50	62	14:06	15:23	15:25	14:46	
237	488	Küpper André	Rookies2015 and Friends	1:00:06	0:59:49	42	M35	78	12:57	14:59	16:04	15:48	
238	1161	Bohr Detlef		1:00:07	0:59:10	34	MHK		13:56	14:56	15:16	15:01	
239	465	Müller Wilfried	BSG Stadt Köln	1:00:21	0:59:23	22	M55	56	13:54	14:58	15:16	15:13	
240	540	Rösgen Heribert	*Köln	1:00:24	0:59:57	29	M50	61	12:56	15:18	16:09	15:33	

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9. Bickendorfer Büdchenlauf - 27.09.2015

Männer

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
241	596	Rechenberger Moritz	TSV 06 Wolsdorf	1:00:25	0:59:44	28	M30	81	13:51	14:59	15:33	15:20	
242	90	Büthiel Benjamin	*Köln	1:00:32	1:00:01	34	M40	72	13:20	15:43	15:44	15:13	
243	160	Jentges Michael	*Kempfen	1:00:37	1:00:23	35	M45	69	13:35	15:45	15:55	15:05	
244	259	Kirschke Frederic	*Köln	1:00:40	0:59:39	35	MHK	87	14:47	16:12	16:06	12:33	
245	1199	Demirci Yavuz		1:00:51	1:00:03	43	M35	79	13:39	15:07	15:42	15:33	
246	190	Schacht Marius	*Köln	1:01:00	1:00:26	29	M30	83	13:42	15:23	15:54	15:26	
247	1148	Frömberg Ralf		1:01:11	1:00:33	30	M50	63	14:16	15:13	15:43	15:19	
248	271	Suchanka Stefan	*Köln	1:01:12	1:00:22	30	M30	82	14:13	15:22	15:39	15:06	
249	112	Küchler Uwe	Diabetes Programm	1:01:13	1:00:26	23	M55	59	13:29	15:16	15:52	15:47	
250	135	Vetter Raimund	Diabetes Programm	1:01:13	1:00:40	10	M60	52	13:28	14:51	15:32	16:49	
251	480	Waßer Peter	Kotties Lauf Freunde	1:01:25	1:00:50	24	M55	59	13:59	15:21	15:49	15:38	
252	1922	Langen Dominik	Altstädter Köln 1922 e.v.	1:01:31	1:01:22	36	M45	68	13:55	15:37	15:55	15:53	
253	642	Stöckmann Franz	never give up	1:01:39	1:01:05	25	M55	57	13:23	15:20	15:59	16:21	
254	1168	Grohmann Ralf	VTC Köln	1:01:41	1:01:08	11	M60	54	13:50	15:31	15:54	15:52	
255	144	Schroth Adrian	Aug 15	1:01:41	1:00:44	31	M30	85	13:36	15:12	16:10	15:44	
256	99	Müller Oliver	diabetes programm deutschland	1:01:55	1:01:08	31	M50	65	13:44	15:17	16:25	15:40	
257	44	Birkenfeld Gero	SV Bayer Uerdingen 08	1:01:56	1:01:16	35	M40	72	14:32	15:27	15:37	15:40	
258	1194	Wiesemann Dirk		1:01:59	1:01:11	36	M40	72	12:29	14:46	15:32	18:22	
259	93	Weißgerber Frank	*Köln	1:02:20	1:01:31	37	M45	70	13:35	15:38	15:56	16:22	
260	1278	Migge Ulrich		1:02:21	1:01:37	32	M50	62	15:23	16:00	15:32	14:41	
261	304	Drathen Oliver	*Köln	1:02:48	1:02:21	44	M35	79	14:40	16:12	16:07	15:20	
262	567	Morowski Dennis	*Jüchen	1:03:23	1:02:45	36	MHK	92	14:20	16:17	16:20	15:48	
263	730	Röseler Thomas	Team Bunker	1:03:31	1:02:38	38	M45	69	14:53	16:12	15:52	15:40	
264	573	Althaus Andreas	*Köln	1:03:53	1:03:11	39	M45	68	14:15	15:57	16:32	16:26	
265	247	Joisten Ralf	DPD	1:03:55	1:03:23	26	M55	60	14:43	16:20	16:29	15:49	
266	729	Struve Norbert	Team Bunker	1:04:04	1:03:10	27	M55	60	15:16	17:37	16:24	13:53	
267	9000	Borschbach Markus	FHDW	1:04:16	1:04:16	40	M45	70	15:05	16:39	16:14	16:17	
268	556	Malig Sven Hauke	Strüssjer	1:04:32	1:04:07	37	M40	72	14:27	16:10	16:30	16:58	
269	328	Oehlert DR Wolfgang	*Koeln	1:05:04	1:04:23	33	M50	63	14:18	16:06	16:58	16:59	
270	297	Deckert Helmut	Ohne	1:05:20	1:04:35	2	M65	48	14:46	16:24	16:41	16:44	
271	265	Haupt Ulrich	Diabetes Progeramm	1:05:28	1:04:55	4	M70	43	14:38	16:24	16:31	17:21	
272	1390	Feige Manfred	Cologne Allblacks	1:05:31	1:04:30	3	M65		14:50	16:26	16:39	16:34	
273	296	Blacha Leszek	*Düsseldorf	1:05:55	1:05:00	45	M35	77	14:10	16:17	18:10	16:22	
274	1286	Wachsmuth Martin		1:06:43	1:05:43	41	M45	70	14:40	16:18	17:05	17:40	
275	402	Mannteufel Jens	*Köln	1:06:43	1:06:11	38	M40	74	14:39	16:37	17:21	17:32	
276	248	Marx Denny	*Köln	1:08:30	1:07:34	32	M30	84	15:46	16:53	17:37	17:17	
277	728	Heinzel Steve	Team Bunker	1:08:41	1:07:48	42	M45	69	15:18	17:17	17:54	17:18	
278	558	Seidel Jürgen	*Köln	1:10:19	1:09:57	28	M55	60	15:20	17:30	18:20	18:45	
279	80	Liebich-Eisele Georg	*Köln	1:10:39	1:10:01	29	M55	59	15:22	17:33	18:06	18:58	
280	733	Köneke Wolfram	Team Bunker	1:16:51	1:15:59	5	M70	43	15:17	17:37	20:26	22:37	
281	250	Kommer Klaus	Diabetes Programm	0:54:47	0:54:15	12	M60	55	16:19	18:46	19:08	00:00	
282	903	Lüttel Stephan	TTC Vanikum	0:55:44	0:55:15	34	M50	63	16:10	19:16	19:49	00:00	
283	57	Paszek Christian	Diabetes Programm	0:32:28	0:31:41	30	M55	58	14:08	17:32	00:00	00:00	
284	43	Busch Tobias	*Köln	0:13:25	0:13:01	39	M40	72	13:01	00:00	00:00	00:00	
285	415	Boxberg Peter	*Köln	0:13:47	0:12:48	31	M55	59	12:48	00:00	00:00	00:00	

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Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
1	1185	Schneider Claudia	ASV Köln	0:41:18	0:41:18	1	W35	78	09:27	10:26	10:43	10:40	
2	1382	Steinbuch Hannah		0:42:44	0:42:41	1	WHK	95	09:24	10:51	11:11	11:13	
3	459	Ern Janett	SV Linde Schönewalde	0:44:21	0:44:04	1	W30	85	10:41	11:18	11:18	10:46	
4	594	Stähler Alexandra	*Köln	0:44:56	0:44:52	1	W40	71	10:11	11:22	11:39	11:39	
5	1347	Walter Dorren		0:45:07	0:45:01	2	W35	76	09:43	11:32	11:52	11:54	
6	117	Hoepner Sophie	KG Kölsches Levensjeföhl	0:45:34	0:45:06	2	WHK	86	09:55	11:37	11:54	11:39	
7	740	Meier Christin	*Aachen	0:47:49	0:47:24	2	W30	83	10:54	12:21	12:18	11:50	
8	1284	Cauvin Morgane		0:47:53	0:47:53	3	WHK	93	10:58	12:10	12:38	12:06	
9	437	Ahrens Heike	BSG Stadt Köln	0:48:06	0:48:00	1	W50	65	10:50	12:19	12:26	12:23	
10	330	Bachem Elisa	*Köln	0:48:24	0:48:08	3	W30	81	10:54	12:20	12:27	12:26	
11	322	Daniels Anke	Kölner Turnerschaft von 1843	0:48:30	0:48:14	2	W40	74	10:45	12:35	12:30	12:23	
12	452	Schäfer Judith	*Köln	0:48:32	0:48:16	4	WHK	87	10:46	12:19	12:47	12:23	
13	714	Esser Stephanie	*Köln	0:48:35	0:48:28	5	WHK	89	10:54	12:17	12:45	12:31	
14	983	Smeding-Terveer Maike	Mach 3 Köln e.V.	0:48:44	0:48:37	6	WHK	91	10:40	12:21	12:45	12:49	
15	353	Gisbertz Lisa	*Köln	0:49:01	0:48:41	7	WHK	94	11:06	12:30	12:46	12:18	
16	77	Jaspers Jessica	*Köln	0:49:09	0:48:32	8	WHK	94	10:23	12:27	13:10	12:30	
17	565	Biermann Judith	*Köln	0:49:12	0:49:04	9	WHK	93	10:45	12:27	12:46	13:04	
18	614	De Vries Antje	*Köln	0:49:32	0:49:22	4	W30	84	11:05	12:37	12:53	12:46	
19	660	Graulich Natalia	Köln läuft	0:49:49	0:49:44	3	W35	79	11:06	12:49	13:05	12:42	
20	462	Engel Petra	BSG Stadt-Koeln	0:50:06	0:49:58	1	W45	67	11:02	12:39	13:08	13:07	
21	393	Grönebaum Andrea	TSV Bayer 04 Leverkusen	0:50:22	0:50:13	10	WHK	93	10:41	12:10	13:16	14:05	
22	474	Hüner Karolin	*Köln	0:50:28	0:50:15	5	W30	84	11:21	13:04	13:13	12:36	
23	1555	Knaul Selina		0:50:42	0:50:11	11	WHK	95	11:47	12:43	13:00	12:39	
24	1369	Maar Brigitte	BSG Stadt Köln	0:51:46	0:51:40	2	W45	69	11:56	13:23	13:25	12:53	
25	376	Grunewald Dorit	*Köln	0:52:16	0:52:02	4	W35	77	11:34	13:15	13:44	13:28	
26	229	Straub Heike	*Köln	0:52:31	0:52:13	6	W30	82	11:37	13:30	13:44	13:20	
27	476	Lo Brutto Giulia	*Köln	0:52:58	0:52:47	12	WHK	91	11:17	13:22	13:54	14:12	
28	301	Damaschke Maren	*Köln	0:53:05	0:52:54	5	W35	76	11:20	13:15	13:58	14:19	
29	418	Wiebe Birte	LT DSHS	0:53:42	0:53:01	13	WHK	91	12:58	13:24	13:25	13:13	
30	912	Schmidtova Renata		0:53:57	0:53:57	3	W40	74	11:42	14:01	14:16	13:57	
31	172	Berrisch Christiane	Groß und Klein	0:54:02	0:53:21	6	W35	80	12:36	13:24	13:46	13:34	
32	1203	Helbert Stefanie Magdalene		0:54:06	0:53:39	14	WHK	89	13:33	13:56	13:26	12:43	
33	255	Selinotakis Nadine Diana	*Köln	0:54:11	0:53:59	7	W35	79	11:51	13:43	14:18	14:05	
34	300	Weeger Sandra	*Köln	0:54:18	0:53:48	3	W45	67	12:26	13:48	13:55	13:37	
35	191	Stephan Hannah	*Köln	0:54:44	0:54:10	7	W30	85	12:41	13:41	14:00	13:46	
36	905	Morrison Abigail		0:54:45	0:54:25	8	W35	76	12:32	13:57	13:58	13:56	
37	644	Retzlaff Liane	never give up	0:55:22	0:54:48	1	W55	57	12:34	13:56	14:10	14:06	
38	234	Scholtyssek Katrin	RochusFit	0:55:23	0:55:06	15	WHK	91	12:14	14:09	14:12	14:29	
39	192	Wolf Ulrike	Laktatkönige	0:55:40	0:55:21	2	W55	58	12:10	14:13	14:30	14:27	
40	463	Braun Julia	*Köln	0:55:42	0:55:23	8	W30	85	12:49	14:19	14:23	13:51	
41	882	Defli Mülkiye		0:55:46	0:55:46	9	W35	79	13:07	14:02	14:26	14:10	
42	981	Schmitz Britta	Köln läuft	0:55:47	0:55:42	2	W50	63	12:06	14:36	14:44	14:15	
43	959	Schulz Claudia	Es ist Liebe	0:55:59	0:55:19	4	W45	69	13:52	14:17	13:57	13:13	
44	579	Böhm Heike	*Köln	0:56:02	0:55:36	3	W50	63	12:33	14:15	14:27	14:20	
45	655	Zurheiden Sabine	*Bedburg	0:56:12	0:55:54	5	W45	67	12:56	14:20	14:42	13:55	
46	224	Voigt Karo	NippesRunners	0:56:18	0:55:47	4	W40	74	13:18	14:06	14:08	14:14	
47	674	Wende Andrea	*Köln	0:56:24	0:55:47	4	W50	62	12:59	14:05	14:26	14:15	
48	198	Happ Lena	*Köln	0:56:24	0:55:34	9	W30	85	13:16	13:38	14:32	14:08	
49	1909	Heintges Carmen	*Köln	0:56:25	0:55:34	10	W30	83	13:15	13:38	14:32	14:08	
50	991	Hens Kathrin		0:56:28	0:56:15	0	W		12:50	14:15	14:39	14:29	
51	200	Hitscher Doris	*Köln	0:56:45	0:55:50	5	W40	74	13:31	14:23	14:12	13:43	
52	951	Grau Michaela		0:56:52	0:56:52	6	W40	72	13:38	14:16	14:33	14:23	
53	1184	Scheffler Katja		0:56:54	0:56:28	11	W30	82	12:56	14:39	14:44	14:08	
54	31	Ehlert Britta	*Köln	0:57:05	0:56:05	16	WHK	90	14:07	14:16	13:58	13:42	
55	996	Vasbender Iris		0:57:10	0:56:43	10	W35	76	14:00	14:56	14:20	13:25	
56	358	Jüttner Angela	S.C.Colonia 06	0:57:22	0:56:31	5	W50	65	12:25	14:07	14:50	15:08	
57	88	Thieler Nicole	NippesRunners	0:57:23	0:56:53	11	W35	76	13:21	14:25	14:39	14:27	
58	470	Jäger Regina	Frauen Sportunion Nippes	0:57:55	0:57:27	6	W45	69	14:03	14:42	14:34	14:07	
59	130	Nowicki Crisanta	Düsselpinoy	0:57:59	0:57:10	7	W40	71	13:25	14:15	14:44	14:44	
60	205	Roth Monika	*Köln	0:58:03	0:57:49	3	W55	58	12:48	14:46	15:06	15:09	

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9. Bickendorfer Büdchenlauf - 27.09.2015

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
61	468	Reimers Brigitte	Frauen Sportunion Nippes	0:58:07	0:57:38	7	W45	67	14:03	14:41	14:34	14:18	
62	443	Maletz Daniela	LSaufgruppe	0:58:40	0:58:25	8	W45	68	13:01	15:03	15:19	15:01	
63	611	Schmitz-Winninger Nicole	LSaufgruppe	0:58:40	0:58:25	9	W45	70	13:01	15:03	15:19	15:01	
64	693	Bamberg Jessika	Viktoria frechen	0:58:54	0:58:46	12	W30	84	13:35	15:25	15:25	14:19	
65	145	Schwender Kerstin	*Köln	0:58:55	0:58:17	10	W45	66	14:15	15:04	14:40	14:15	
66	335	Felter Inga	*Köln	0:58:55	0:58:07	12	W35	77	14:05	15:06	14:39	14:15	
67	1388	Müller Christine	TUS Bayer Leverkusen	0:59:03	0:58:47	6	W50	65	13:10	15:03	15:30	15:02	
68	42	Sonntag Ursula	ERGO Sports Köln	0:59:06	0:58:26	7	W50	62	13:33	14:15	15:13	15:24	
69	136	Boussettaoui Samira	*Leverkusen	0:59:11	0:58:22	8	W40	74	13:26	14:32	14:58	15:24	
70	662	Ahl Madeleine	*Bonn	0:59:34	0:59:11	8	W50	62	14:23	14:46	14:59	15:01	
71	986	Pinkert Beate		0:59:48	0:59:15	13	W35	77	13:14	15:00	15:34	15:25	
72	289	Rips Diane	*Köln	0:59:53	0:59:15	9	W40	73	14:20	15:12	15:17	14:24	
73	110	Simon Sabine	*Koblenz	1:00:01	0:59:26	14	W35	78	13:55	15:28	15:18	14:43	
74	486	Schmitz Sandra	Rookies2015 and Friends	1:00:03	0:59:46	15	W35	76	12:56	14:59	16:03	15:46	
75	490	Pfannstiel Ariane	Rookies2015 and Friends	1:00:03	0:59:47	16	W35	78	12:57	14:59	16:03	15:47	
76	257	Bramsiepe Monika	BSG Köln	1:00:08	0:59:11	1	W60	51	13:55	15:07	15:20	14:48	
76	1357	Banca Velciov		1:00:08	0:59:57	13	W30	83	13:22	14:58	16:06	15:29	
78	1370	Haubrich Julia		1:00:24	0:59:52	14	W30	85	13:44	15:20	15:31	15:17	
79	262	Zocher Sarah	*Rheinberg	1:00:25	0:59:45	15	W30	81	13:52	14:59	15:33	15:19	
80	1363	Can Mediha	Marathin IST	1:00:31	1:00:31	2	W60	53	13:58	15:08	15:39	15:44	
81	316	Diedenhofen Nadine	*Niederkassel	1:00:37	1:00:11	17	W35	76	13:49	15:10	15:58	15:13	
82	161	Jentges Katja	*Kempen	1:00:37	1:00:22	11	W45	70	13:35	15:46	15:56	15:04	
83	82	Pfeil Nina	*Ransbach-Baumbach	1:00:54	1:00:20	10	W40	73	13:55	15:28	15:31	15:24	
84	109	Brunst Monika	kein Verein	1:00:54	1:00:19	4	W55	60	13:55	15:28	15:32	15:23	
85	288	Friedt Wibke	*Köln	1:01:04	1:00:26	11	W40	73	14:21	15:12	15:18	15:34	
86	272	Aust Tina	*Köln	1:01:13	1:00:23	16	W30	85	14:14	15:22	15:36	15:10	
87	999	Iger Maja	*Lindlar	1:01:19	1:00:25	17	WHK	94	13:26	15:09	15:55	15:54	
88	294	Heinzen Sonja	*Köln	1:01:21	1:00:55	17	W30	82	13:49	15:10	15:58	15:57	
89	650	Zömbik Miriam	*Köln	1:01:33	1:00:47	12	W40	75	14:17	16:00	15:38	14:50	
90	1239	Hohmann Anja		1:01:33	1:00:47	13	W40	71	14:17	15:59	15:39	14:50	
91	992	Gerecke Carolina		1:01:34	1:00:37	5	W55	59	14:03	14:59	15:44	15:49	
92	753	Herschel Maria	*Köln	1:01:41	1:00:56	9	W50	64	14:02	15:33	16:02	15:17	
93	877	Aretz Judith		1:01:41	1:00:44	18	WHK	90	13:36	15:12	16:10	15:44	
94	917	Tebbe Clara		1:02:02	1:01:32	10	W50	61	13:56	15:35	15:54	16:06	
95	896	Jorzik Eveline		1:02:09	1:02:09	12	W45	67	14:56	15:34	15:37	16:00	
96	698	Lutaj Ewgenija	*Pulheim	1:02:16	1:01:32	19	WHK	87	15:25	16:30	15:12	14:24	
97	910	Scherello Lisa		1:02:25	1:01:55	11	W50	64	14:25	16:01	15:58	15:29	
98	718	Suilmann Doris	*Köln	1:02:26	1:01:40	14	W40	72	14:01	15:34	16:02	16:02	
99	657	Simon Barbara	*Köln	1:02:36	1:01:51	18	W35	76	14:02	15:35	16:04	16:09	
100	147	Stockebrand Barbara	itrim	1:02:46	1:01:56	13	W45	70	13:25	15:22	16:27	16:41	
101	298	Hansen Natalie	*Köln	1:02:47	1:02:21	19	W35	80	14:41	16:12	16:06	15:20	
102	1389	Bürger Angela		1:02:55	1:01:59	1	W65	49	13:58	15:40	16:16	16:03	
103	367	Hecht Ines Larissa	*Düsseldorf	1:03:10	1:02:28	20	WHK	89	15:09	16:16	15:50	15:11	
104	366	Hecht Pia Alina	*Köln	1:03:11	1:02:28	21	WHK	87	15:09	16:17	15:50	15:11	
105	223	Neufang Christiane	Rochusfit Lauftreff	1:03:14	1:02:55	14	W45	70	14:33	16:00	16:35	15:45	
106	612	Voß Anika	Rookies2015 and Friends	1:03:17	1:02:59	15	W40	75	12:57	15:41	17:39	16:40	
107	487	Sczuka Steffi	Rookies2015 and Friends	1:03:17	1:03:00	18	W30	83	12:58	15:41	17:39	16:40	
108	227	Wirths Judith	*Köln	1:03:35	1:03:14	12	W50	61	14:31	15:59	16:30	16:12	
109	253	Sensken-Behrend Iris	Lauftreff Rochusfit	1:03:36	1:03:14	13	W50	61	14:32	15:59	16:35	16:07	
110	33	Birkenfeld Anja	TV Moers-Vennikel	1:03:43	1:03:03	16	W40	74	14:32	15:49	16:03	16:37	
111	732	Köneke Anna	Team Bunker	1:03:50	1:02:56	20	W35	79	15:15	15:43	15:59	15:57	
112	998	Buck Liane		1:03:52	1:03:36	17	W40	75	13:44	15:41	16:47	17:22	
113	542	Kipker Kerstin	-	1:03:58	1:03:42	15	W45	69	13:57	16:36	17:05	16:02	
114	939	Schilling Birgit		1:04:21	1:03:37	6	W55	60	14:56	16:37	16:33	15:30	
115	306	Köster Anna	*Köln	1:04:30	1:03:33	19	W30	82	15:07	16:16	16:21	15:48	
116	504	Malig Susanne	Strüssjer	1:04:31	1:04:07	16	W45	67	14:28	16:10	16:30	16:58	
117	494	Mentzel Sarah	Für die Gesundheit	1:04:37	1:04:24	21	W35	79	14:02	16:14	16:56	17:11	
118	697	Kronenberg Heike	*Pulheim	1:04:50	1:04:07	22	WHK	88	15:24	16:31	16:08	16:02	
119	261	Göddertz Iris	*Köln	1:04:59	1:03:58	23	WHK	90	14:47	16:12	16:07	16:50	
120	926	Vorbau Harriet		1:05:03	1:04:33	17	W45	68	14:57	16:17	16:51	16:26	

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9. Bickendorfer Büdchenlauf - 27.09.2015

Frauen

Platz	Startnr	Name	Verein/*Ort	Gesamt	Netto	AK-PI	AK	Jahr	Runden				
121	41	Correns Rosemarie	Longericher SC	1:05:29	1:04:36	18	W45	66	14:49	16:21	16:36	16:48	
122	84	Pickert Dana	*Köln	1:05:34	1:04:40	24	WHK	91	15:09	16:20	16:35	16:35	
123	1246	Schmitz-Verhajak Sylvia	Team RAFA	1:05:37	1:05:19	3	W60	51	15:07	16:47	16:40	16:43	
124	1180	Mann Sarah	ze ladies	1:05:45	1:04:54	22	W35	77	15:27	17:03	16:37	15:46	
125	295	Blacha Monika	*Düsseldorf	1:05:55	1:04:59	25	WHK	89	14:09	16:17	18:10	16:21	
126	907	Pfeifer Jördis		1:06:19	1:06:19	1	WU18	99	16:00	17:11	16:54	16:13	
127	1280	Richmann Margret		1:07:00	1:06:09	14	W50	62	15:20	16:58	17:03	16:46	
128	397	Spachholz Maria Luise	TUS Brauweiler	1:08:16	1:07:31	7	W55	56	15:02	17:07	17:36	17:44	
129	721	Ayche Karin	Laufmariechen Köln	1:08:23	1:07:58	4	W60	54	15:31	17:38	17:31	17:16	
130	498	Riedhammer Claudia	*Köln	1:09:24	1:08:42	26	WHK	86	14:47	17:43	18:23	17:47	
131	243	Propheter Ute	*Köln	1:09:38	1:08:50	15	W50	64	15:48	17:47	18:00	17:12	
132	79	Krichel Annette	*Köln	1:10:39	1:10:01	8	W55	59	15:23	17:32	18:06	18:58	
133	3	Willms Sabine	*Köln	1:11:45	1:10:54	27	WHK	86	16:10	18:19	19:04	17:20	
134	52	Sambunjak Angelika	Itrim	1:13:49	1:12:59	16	W50	63	16:11	18:27	19:14	19:06	
135	711	Rohrmoser Eva-Maria	Laufmariechen Köln	1:18:23	1:17:57	5	W60	54	17:45	19:43	20:06	20:22	
136	181	Jochmann Sarah	*Köln	1:21:48	1:21:04	20	W30	83	17:35	21:12	21:19	20:56	
137	18	Durst Katharina	Dreamteam Dad&Dauther	0:59:56	0:59:04	28	WHK	88	16:31	22:54	19:38	00:00	
138	469	Dormagen Chriane	Frauen Sportunion Nippes	0:30:46	0:30:17	19	W45	68	14:05	16:11	00:00	00:00	
139	492	Raspel Jule	Rookies2015 and Friends	0:35:40	0:35:22	21	W30	81	15:34	19:47	00:00	00:00	
140	286	Varnhorn Christina	*Köln	0:14:40	0:14:02	23	W35	77	14:02	00:00	00:00	00:00	
141	239	Reinecke DR Christine	Fix und Foxi	0:15:15	0:14:43	20	W45	69	14:43	00:00	00:00	00:00	
142	1205	Bitschnau Isabella		0:15:46	0:15:05	24	W35	77	15:05	00:00	00:00	00:00	