

Männer

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|----------------------------|--------------------------------|-----|---------|---------|------|---------------|
| 1 | 1238 | Schneider Norbert | Bunert Der Kölner Laufladen | GER | 0:17:59 | 0:18:00 | 1968 | 09:11 * 08:48 |
| 2 | 1375 | Hochheim Martin | Cologne Internationals | GER | 0:18:14 | 0:18:15 | 1988 | 09:07 * 09:07 |
| 3 | 2088 | Wilmes Heiko | TV Refrath | GER | 0:18:24 | 0:18:25 | 1969 | 09:11 * 09:13 |
| 4 | 1859 | Potthast Eiko | MitUns | GER | 0:19:15 | 0:19:16 | 1991 | 09:52 * 09:24 |
| 5 | 1049 | Weber Thorsten | *Pulheim | GER | 0:19:51 | 0:19:54 | 1972 | 10:09 * 09:44 |
| 6 | 1441 | Rixen Thomas | Cologne Internationals | GER | 0:19:58 | 0:20:00 | 1989 | 10:13 * 09:46 |
| 7 | 1659 | Röllgen Thomas | HDL Perle | GER | 0:19:59 | 0:20:01 | 1973 | 10:11 * 09:50 |
| 8 | 827 | Möres Frank | *Pulheim | GER | 0:20:15 | 0:20:18 | 1974 | 10:13 * 10:04 |
| 9 | 1665 | Kordus Thomas | Hochschule Bonn Rhein Sieg | GER | 0:20:27 | 0:20:30 | 1991 | 10:13 * 10:16 |
| 10 | 12 | Strubel Oliver | | GER | 0:20:32 | 0:20:34 | 1977 | 10:09 * 10:24 |
| 11 | 1863 | Schmidt Max | MitUns | GER | 0:20:55 | 0:20:58 | 1996 | 10:35 * 10:23 |
| 12 | 1596 | Rieken Henning | Elisabeth-von-Thüringen-Gymnas | GER | 0:21:03 | 0:21:04 | 1999 | 10:17 * 10:47 |
| 13 | 2329 | Troudi Khaled | | GER | 0:21:11 | 0:21:26 | 1975 | 11:24 * 10:01 |
| 14 | 1114 | Kirchhof Johannes | AG Weglauftendenz | GER | 0:21:12 | 0:21:14 | 1962 | 10:41 * 10:32 |
| 15 | 2058 | Budzinauskas Kestutis | The Dark Side of Graphene - Ul | GER | 0:21:24 | 0:22:16 | 1988 | 11:57 * 10:19 |
| 16 | 1600 | Weifenbach Mirko | Elisabeth-von-Thüringen-Gymnas | GER | 0:21:24 | 0:21:24 | 1996 | 10:51 * 10:33 |
| 17 | 1996 | Weiler Wayne | Shell - Fit for the Job | GER | 0:21:26 | 0:21:27 | 1992 | 10:46 * 10:41 |
| 18 | 1615 | Wolf Florian | ESN Köln e.V. | GER | 0:21:27 | 0:21:29 | 1988 | 10:48 * 10:41 |
| 19 | 1390 | Klingowski Christian | Cologne Internationals | GER | 0:21:31 | 0:21:35 | 1988 | 10:46 * 10:48 |
| 20 | 985 | Stangier Thomas | *Morsbach | GER | 0:21:42 | 0:21:44 | 1978 | 10:35 * 11:08 |
| 21 | 1715 | Dicke Martin | Kölner Bank | GER | 0:21:45 | 0:22:11 | 1982 | 11:58 * 10:12 |
| 22 | 1988 | Mergler Marcel | Shell - Fit for the Job | GER | 0:21:50 | 0:21:52 | 1995 | 10:29 * 11:22 |
| 23 | 1965 | Plesse Marc | SC Janus | GER | 0:21:50 | 0:22:04 | 1966 | 11:27 * 10:36 |
| 24 | 2014 | Stein Felix | Studentenreiter | GER | 0:21:57 | 0:21:59 | 1994 | 10:38 * 11:21 |
| 25 | 2028 | Butkowski Marek | Team Eco - Hedge Me If You Can | GER | 0:22:01 | 0:22:24 | 1989 | 12:27 * 09:57 |
| 26 | 2162 | Fuchs Alexander | VampirPower | GER | 0:22:03 | 0:22:10 | 1991 | 11:18 * 10:51 |
| 27 | 2031 | Von Schultendorff Nicolaus | Team Eco - Hedge Me If You Can | GER | 0:22:03 | 0:22:26 | 1989 | 12:26 * 09:59 |
| 28 | 1868 | Teffera Wendmagen | MitUns | GER | 0:22:05 | 0:22:07 | 1960 | 11:03 * 11:03 |
| 29 | 1376 | Höyng Caspar | Cologne Internationals | GER | 0:22:21 | 0:22:24 | 1990 | 11:14 * 11:09 |
| 30 | 1329 | Burghard Lutz | Cologne Internationals | GER | 0:22:24 | 0:22:29 | 1993 | 11:14 * 11:15 |
| 31 | 1295 | Balsler Carsten | Collegium Musicum | GER | 0:22:32 | 0:22:41 | 1994 | 11:08 * 11:33 |
| 32 | 1524 | Sommer Henry | Die Brücke Hürth | GER | 0:22:35 | 0:22:44 | 1991 | 11:46 * 10:57 |
| 33 | 1348 | Fietze Timo | Cologne Internationals | GER | 0:22:36 | 0:22:38 | 1991 | 11:43 * 10:54 |
| 34 | 1314 | Stommel Martin | Collegium Musicum | GER | 0:22:40 | 0:22:52 | 1987 | 11:40 * 11:11 |
| 35 | 1410 | Löckener Ralph | Cologne Internationals | GER | 0:22:41 | 0:22:55 | 1985 | 11:55 * 10:59 |
| 36 | 1991 | Schürheck Sebastian | Shell - Fit for the Job | GER | 0:22:47 | 0:22:48 | 1993 | 11:34 * 11:13 |
| 37 | 1443 | Rueck Hanno | Cologne Internationals | GER | 0:22:48 | 0:22:59 | 1988 | 12:11 * 10:47 |
| 38 | 1384 | Kettelhodt Philip | Cologne Internationals | GER | 0:22:48 | 0:22:59 | 1988 | 11:56 * 11:02 |
| 39 | 1378 | Houben Tobias | Cologne Internationals | GER | 0:22:51 | 0:23:01 | 1987 | 12:08 * 10:52 |
| 40 | 1463 | Sternal Martin | Cologne Internationals | GER | 0:22:51 | 0:23:01 | 1989 | 12:08 * 10:52 |
| 41 | 1560 | Pottmeier Alexander | Die pesenden Personaler | GER | 0:22:51 | 0:23:22 | 1979 | 12:23 * 10:59 |
| 42 | 1610 | Sandow Jan | ESN Köln e.V. | GER | 0:22:51 | 0:23:01 | 1988 | 12:11 * 10:49 |
| 43 | 2304 | Schmitz Hagen | Zfl-Team | GER | 0:22:52 | 0:22:59 | 1989 | 11:37 * 11:21 |
| 44 | 1439 | Restle Niklas | Cologne Internationals | GER | 0:22:57 | 0:23:08 | 1989 | 11:56 * 11:11 |
| 45 | 2032 | Wagner Marc-Philip | Team Eco - Hedge Me If You Can | GER | 0:23:00 | 0:23:22 | 1989 | 12:26 * 10:55 |
| 46 | 2196 | Stas Benedikt | VampirPower | GER | 0:23:01 | 0:23:07 | 1984 | 11:19 * 11:48 |
| 47 | 704 | Janampa Gilberto | *Köln | PER | 0:23:02 | 0:23:08 | 1983 | 11:49 * 11:19 |
| 48 | 644 | Griebel Thorsten | *Aachen | GER | 0:23:04 | 0:23:08 | 1984 | 11:18 * 11:50 |
| 49 | 1544 | Gawliitta Jonathan | Die pesenden Personaler | GER | 0:23:10 | 0:23:42 | 1971 | 12:29 * 11:13 |
| 50 | 518 | Bartsch Deniz | *Köln | GER | 0:23:13 | 0:23:32 | 1988 | 11:51 * 11:40 |
| 51 | 2145 | Seibel Jan | Valium i.V. | GER | 0:23:23 | 0:23:37 | 2002 | 12:45 * 10:52 |
| 52 | 1849 | Dirk Zuper | MitUns | GER | 0:23:24 | 0:23:29 | 1973 | 12:07 * 11:22 |
| 53 | 2117 | Gibhardt Jörg | Valium i.V. | GER | 0:23:24 | 0:23:42 | 1968 | 12:45 * 10:56 |
| 54 | 1983 | Dehenn Lukas | Shell - Fit for the Job | GER | 0:23:24 | 0:23:26 | 1996 | 11:16 * 12:09 |
| 55 | 571 | Dambon Sebastian | *Bornheim | GER | 0:23:30 | 0:23:37 | 1982 | 12:15 * 11:21 |
| 56 | 2302 | Hoffmann Alexander | MitUns | GER | 0:23:38 | 0:24:11 | 1960 | 13:03 * 11:08 |
| 57 | 1802 | Becker Philipp | LAZ Puma | GER | 0:23:39 | 0:23:46 | 1990 | 11:49 * 11:57 |
| 58 | 2210 | Gottstein Moritz | Wendelinis | GER | 0:23:43 | 0:23:46 | 2003 | 12:27 * 11:19 |
| 59 | 2265 | Thiele Jonas | Zfl-LäuferInnen | GER | 0:23:44 | 0:23:51 | 1984 | 12:08 * 11:43 |
| 60 | 1335 | Cortsen Marius | Cologne Internationals | DEN | 0:23:50 | 0:24:08 | 1991 | 13:32 * 10:35 |

Männer

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|-----------------------------|--------------------------------|-----|---------|---------|------|---------------|
| 61 | 324 | Renner Emil | Wendelinis | GER | 0:23:57 | 0:24:01 | 2003 | 12:28 * 11:32 |
| 62 | 1316 | Winkelhausen Jörg | Collegium Musicum | GER | 0:24:00 | 0:24:46 | 1977 | 14:14 * 10:32 |
| 63 | 1117 | Kuhn Jens | AG Weglauftendenz | GER | 0:24:01 | 0:24:05 | 1974 | 12:33 * 11:31 |
| 64 | 1310 | Saalmann Aaron | Collegium Musicum | GER | 0:24:01 | 0:24:12 | 1989 | 11:57 * 12:15 |
| 65 | 892 | Rijal Ramesh | *Koeln | NEP | 0:24:14 | 0:24:27 | 1986 | 12:29 * 11:57 |
| 66 | 1871 | Witthaus Andreas | MitUns | GER | 0:24:22 | 0:24:29 | 1970 | 12:21 * 12:08 |
| 67 | 1851 | Gissot Yves | MitUns | GER | 0:24:23 | 0:24:29 | 1978 | 13:07 * 11:21 |
| 68 | 1796 | Frank Carbach | Laufmonster | GER | 0:24:23 | 0:24:31 | 1970 | 13:02 * 11:29 |
| 69 | 1470 | Threadgold Kevin | Cologne Internationals | GER | 0:24:25 | 0:24:43 | 1983 | 13:00 * 11:42 |
| 70 | 596 | Eduardo Izquierdo | *Köln | ESP | 0:24:40 | 0:24:55 | 1983 | 12:38 * 12:17 |
| 71 | 1374 | Hilgers Tim | Cologne Internationals | GER | 0:24:40 | 0:24:44 | 1993 | 11:22 * 13:21 |
| 72 | 1368 | Haamann Thilo | Cologne Internationals | GER | 0:24:47 | 0:25:14 | 1988 | 13:18 * 11:56 |
| 73 | 1321 | Bäsecke Felix | Cologne Internationals | GER | 0:24:59 | 0:25:13 | 1985 | 12:52 * 12:20 |
| 74 | 1418 | Monschau Mirko | Cologne Internationals | GER | 0:25:01 | 0:25:21 | 1992 | 12:58 * 12:22 |
| 75 | 2209 | Gottstein Anselm | Wendelinis | GER | 0:25:01 | 0:25:05 | 1964 | 12:29 * 12:36 |
| 76 | 1460 | Springer Lukas | Cologne Internationals | GER | 0:25:02 | 0:25:05 | 1990 | 12:21 * 12:44 |
| 77 | 2291 | Bähr Thomas | Urologie UK Köln | GER | 0:25:06 | 0:25:15 | | 12:47 * 12:28 |
| 78 | 2057 | Bamler Robert | The Dark Side of Graphene - Ul | GER | 0:25:09 | 0:25:59 | 1986 | 14:19 * 11:39 |
| 79 | 1249 | Tonhäuser Christian | CCCP | GER | 0:25:10 | 0:25:34 | 1988 | 12:52 * 12:42 |
| 80 | 1124 | Schüller Thomas | AG Weglauftendenz | GER | 0:25:26 | 0:25:30 | 1983 | 12:33 * 12:56 |
| 81 | 1402 | Kyle Schmitt | Cologne Internationals | USA | 0:25:28 | 0:25:46 | 1992 | 13:12 * 12:34 |
| 82 | 2064 | Schäfer Simon | The Dark Side of Graphene - Ul | GER | 0:25:30 | 0:26:17 | 1988 | 14:19 * 11:57 |
| 83 | 1307 | Pazen David | Collegium Musicum | GER | 0:25:33 | 0:26:18 | 1980 | 14:17 * 12:01 |
| 84 | 1391 | Klösigen Thomas | Cologne Internationals | GER | 0:25:39 | 0:25:49 | 1989 | 13:29 * 12:20 |
| 85 | 1333 | Claasen Nils | Cologne Internationals | GER | 0:25:42 | 0:26:07 | 1989 | 14:14 * 11:53 |
| 86 | 889 | Renn Raphael | *Weilerswist | GER | 0:25:43 | 0:25:46 | 1992 | 12:30 * 13:15 |
| 87 | 1467 | Talamona Stefano | Cologne Internationals | GER | 0:25:46 | 0:26:06 | 1990 | 13:30 * 12:35 |
| 88 | 1359 | Göke Carsten | Cologne Internationals | GER | 0:26:03 | 0:26:12 | 1989 | 13:34 * 12:37 |
| 89 | 1663 | Hecker Jan | Hochschule Bonn Rhein Sieg | GER | 0:26:12 | 0:26:33 | 1992 | 13:51 * 12:41 |
| 90 | 2135 | Luelf-Kaduk Manuel | Valium i.V. | GER | 0:26:24 | 0:26:46 | 1992 | 13:57 * 12:49 |
| 91 | 1315 | Strasser Til | Collegium Musicum | GER | 0:26:31 | 0:27:17 | 1984 | 14:44 * 12:32 |
| 92 | 2061 | Farwick zum Hagen Ferdinand | The Dark Side of Graphene - Ul | GER | 0:26:34 | 0:27:21 | 1989 | 15:10 * 12:10 |
| 93 | 1864 | Schmieschek Holger | MitUns | GER | 0:26:36 | 0:26:41 | 1952 | 13:08 * 13:33 |
| 94 | 2279 | Schmid Andreas | Zwirnis | GER | 0:26:40 | 0:27:10 | 1973 | 14:02 * 13:07 |
| 95 | 1714 | Dewor Dennis | Kölner Bank | GER | 0:26:48 | 0:27:32 | 1981 | 14:39 * 12:52 |
| 96 | 1664 | Heinrich Doron | Hochschule Bonn Rhein Sieg | GER | 0:26:58 | 0:27:19 | 1989 | 14:38 * 12:41 |
| 97 | 1556 | Kluczka Daniel | Die pesenden Personaler | GER | 0:27:05 | 0:27:38 | 1983 | 14:41 * 12:57 |
| 98 | 638 | Gessinger Rafael | *Köln | BRA | 0:27:07 | 0:27:48 | 1976 | 14:51 * 12:56 |
| 99 | 1472 | Torres Juan | Cologne Internationals | USA | 0:27:08 | 0:27:08 | 1991 | 13:10 * 13:58 |
| 100 | 1485 | Wray Oliver Alexander | Cologne Internationals | GBR | 0:27:10 | 0:27:29 | 1993 | 13:57 * 13:32 |
| 101 | 1002 | Swoboda Jan | *Köln | GER | 0:27:11 | 0:27:38 | 1993 | 15:13 * 12:25 |
| 102 | 1367 | Gustavsson Erik Jesper | Cologne Internationals | GER | 0:27:12 | 0:27:27 | 1987 | 13:48 * 13:38 |
| 103 | 1216 | Winkler Dr. Johannes | Bootshaus Biologie | GER | 0:27:12 | 0:27:31 | 1970 | 13:47 * 13:43 |
| 104 | 1642 | Oncken Renke | Gesellschaft für Erdkunde läuf | GER | 0:27:13 | 0:27:39 | 1984 | 14:22 * 13:16 |
| 105 | 585 | Dömmecke Andreas | *Köln | GER | 0:27:20 | 0:27:30 | 1963 | 13:48 * 13:42 |
| 106 | 996 | Stommel Christoph | *Köln | GER | 0:27:27 | 0:28:08 | 1989 | 15:32 * 12:36 |
| 107 | 847 | Noppel Gerrit | *Köln | GER | 0:27:30 | 0:27:35 | 1987 | 13:17 * 14:17 |
| 108 | 2205 | Hegmans Niels | Vegan Runners | GER | 0:27:34 | 0:28:24 | 1982 | 16:15 * 12:08 |
| 109 | 2307 | Honecker Patrick | JuKiSaPA | GER | 0:27:36 | 0:27:56 | 1969 | 14:55 * 13:01 |
| 110 | 1330 | Casas Jose Antonio | Cologne Internationals | MEX | 0:27:39 | 0:27:55 | 1992 | 13:48 * 14:07 |
| 111 | 1360 | Gray Shane | Cologne Internationals | IRL | 0:27:48 | 0:28:06 | 1992 | 13:20 * 14:45 |
| 112 | 920 | Scheben Julian | *Köln | GER | 0:27:53 | 0:28:36 | 1992 | 15:40 * 12:55 |
| 113 | 2346 | Baum Fabian | | GER | 0:27:55 | 0:28:37 | 1988 | 15:55 * 12:42 |
| 114 | 1566 | Tölle Markus | Die pesenden Personaler | GER | 0:27:57 | 0:28:29 | 1973 | 15:09 * 13:19 |
| 115 | 1761 | Thill Alexander | Kölner KinderUni | GER | 0:27:58 | 0:28:03 | 1986 | 11:46 * 16:17 |
| 116 | 2113 | Drees Stefan | Valium i.V. | GER | 0:27:58 | 0:28:16 | 1966 | 15:23 * 12:52 |
| 117 | 2263 | Kaske Fabian | ZfläuferInnen | GER | 0:27:59 | 0:28:36 | 1984 | 15:17 * 13:18 |
| 118 | 1924 | Navickas Mantas | prothetik@uk-koeln.de | LIT | 0:28:03 | 0:28:48 | 1985 | 15:24 * 13:23 |
| 119 | 1144 | Weiß Bernd | BiBo | GER | 0:28:08 | 0:28:38 | 1970 | 15:35 * 13:02 |
| 120 | 1867 | Shala Muharrem | MitUns | GER | 0:28:17 | 0:28:23 | 1984 | 14:05 * 14:18 |

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| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|------------------------------|--------------------------------|-----|---------|---------|------|---------------|
| 121 | 1848 | Dietrich Markus | MitUns | GER | 0:28:22 | 0:28:28 | 1966 | 14:20 * 14:08 |
| 122 | 1522 | Bonnet Prof. Dr. Martin | Die Brücke Hürth | GER | 0:28:30 | 0:29:00 | 1968 | 15:18 * 13:42 |
| 123 | 861 | Pannen Hans Derk | *Köln | GER | 0:28:35 | 0:28:54 | 1983 | 14:37 * 14:16 |
| 124 | 1242 | Seibert Julian | Caterpillar | GER | 0:28:38 | 0:28:44 | 2005 | 15:45 * 12:58 |
| 125 | 1748 | Seuwen Thorsten | Kölner Bank | GER | 0:28:39 | 0:29:04 | 1983 | 15:15 * 13:49 |
| 126 | 2188 | Oster Robert | VampirPower | GER | 0:28:43 | 0:28:56 | 1991 | 15:06 * 13:50 |
| 127 | 2174 | Kohl Felix | VampirPower | GER | 0:28:45 | 0:28:57 | 1992 | 15:06 * 13:50 |
| 128 | 1597 | Rieken Max | Elisabeth-von-Thüringen-Gymnas | GER | 0:28:46 | 0:28:49 | 2000 | 12:38 * 16:11 |
| 129 | 2156 | Borm Andreas | VampirPower | GER | 0:28:52 | 0:29:16 | 1985 | 14:53 * 14:22 |
| 130 | 1548 | Hemmer Andreas | Die pesenden Personaler | GER | 0:28:56 | 0:29:29 | 1983 | 15:36 * 13:53 |
| 131 | 1506 | Hartrampf Johannes | DasIMVRLäuft | GER | 0:29:05 | 0:29:41 | 1986 | 15:21 * 14:20 |
| 132 | 832 | Müller Marcel | *Leverkusen | GER | 0:29:06 | 0:29:06 | 1992 | 15:26 * 13:40 |
| 133 | 2255 | Scharf Dr. Sven | Zackige Zahnis | GER | 0:29:07 | 0:29:40 | 1978 | 15:47 * 13:52 |
| 134 | 1737 | Michels Markus | Kölner Bank | GER | 0:29:08 | 0:29:51 | 1989 | 15:25 * 14:26 |
| 135 | 586 | Donath Edgar | *Leverkusen | GER | 0:29:10 | 0:29:38 | 1968 | 15:26 * 14:12 |
| 136 | 2152 | Berndt Gerd | VampirPower | GER | 0:29:14 | 0:29:40 | 1965 | 15:24 * 14:16 |
| 137 | 781 | Linstädter Jörg | *Köln | GER | 0:29:15 | 0:29:47 | 1969 | 16:18 * 13:28 |
| 138 | 2420 | Rochus Mathias | | GER | 0:29:28 | 0:30:11 | 1983 | 16:50 * 13:21 |
| 139 | 1181 | Hümmerich Bernd | BLB Köln Runner | GER | 0:29:35 | 0:30:16 | 1966 | 17:15 * 13:01 |
| 140 | 1164 | Clooth Philippe | BLB Köln Runner | GER | 0:29:35 | 0:30:16 | 1965 | 17:15 * 13:01 |
| 141 | 1844 | Petermann Dr. Philipp | Matrix Runners | GER | 0:29:37 | 0:29:50 | 1981 | 15:00 * 14:50 |
| 142 | 1847 | Becker Hans | MitUns | GER | 0:29:39 | 0:30:21 | 1951 | 16:04 * 14:17 |
| 143 | 1703 | Werners Sebastian | Köln Marathon-Team | GER | 0:29:46 | 0:30:11 | 1993 | 16:32 * 13:38 |
| 144 | 846 | Nikolic Milos | *Köln | SRB | 0:29:47 | 0:30:15 | 1985 | 16:07 * 14:08 |
| 145 | 1520 | Aziz Sarwar | Die Brücke Hürth | GER | 0:30:02 | 0:30:33 | 1975 | 15:37 * 14:55 |
| 146 | 1395 | Kovács Bálint | Cologne Internationals | HUN | 0:30:04 | 0:30:20 | 1989 | 15:32 * 14:47 |
| 147 | 1755 | Celiktas Sirin | Kölner KinderUni | GER | 0:30:13 | 0:30:22 | 2002 | 14:48 * 15:34 |
| 148 | 1500 | Niemeyer Axel | D 2 Tortugas | GER | 0:30:14 | 0:30:53 | 1983 | 17:20 * 13:32 |
| 149 | 2306 | Rauprich Daniel | D2-Tortugas | GER | 0:30:15 | 0:30:53 | 1971 | 17:20 * 13:32 |
| 150 | 1757 | Krone Aaron | Kölner KinderUni | GER | 0:30:20 | 0:30:21 | 2002 | 14:51 * 15:29 |
| 151 | 747 | Kowohl Sascha | Team AOK Köln | GER | 0:30:34 | 0:31:02 | 1971 | 16:20 * 14:41 |
| 152 | 970 | Sinza Adrian | Team AOK Köln | GER | 0:30:36 | 0:31:03 | 1977 | 16:20 * 14:42 |
| 153 | 1791 | Leske Carsten | Laufgeschwister | GER | 0:30:49 | 0:31:14 | 1974 | 15:47 * 15:27 |
| 154 | 2132 | Lill Gereon | Valium i.V. | GER | 0:30:57 | 0:31:13 | 1976 | 15:58 * 15:15 |
| 155 | 2063 | Jolie Wouter | The Dark Side of Graphene - Ul | BEL | 0:31:02 | 0:31:50 | 1987 | 17:51 * 13:59 |
| 156 | 1758 | unbekannt | | | 0:31:12 | 0:31:15 | | 14:49 * 16:26 |
| 157 | 1766 | Goldbeck Oliver | Krämers Rennspezialisten | GER | 0:31:38 | 0:32:17 | 1989 | 17:15 * 15:02 |
| 158 | 1760 | Mucke Tom | Kölner KinderUni | GER | 0:31:49 | 0:31:52 | 2002 | 14:49 * 17:03 |
| 159 | 1145 | Gräter Kurt | BLACKFOOT COLOGNE | GER | 0:31:49 | 0:32:14 | 1948 | 16:34 * 15:40 |
| 160 | 2308 | Druiventak Sirtyo | Wendelinis | GER | 0:31:55 | 0:32:09 | 2001 | 14:56 * 17:12 |
| 161 | 1051 | Weidlich René | *Köln | GER | 0:32:38 | 0:33:17 | 1988 | 17:18 * 15:59 |
| 162 | 2198 | Stupp Marcel | VampirPower | GER | 0:32:39 | 0:33:08 | 1988 | 16:57 * 16:10 |
| 163 | 1141 | Heidchen Michael | BHS | GER | 0:32:48 | 0:33:18 | 1955 | 17:43 * 15:35 |
| 164 | 1984 | Görres Martin | Shell - Fit for the Job | GER | 0:32:51 | 0:32:53 | 1988 | 15:26 * 17:26 |
| 165 | 1985 | Graf von Hoensbroech Constan | Shell - Fit for the Job | GER | 0:32:52 | 0:32:53 | 1967 | 15:26 * 17:26 |
| 166 | 657 | Hahn Moritz | *Köln | GER | 0:32:56 | 0:33:39 | 1979 | 17:52 * 15:47 |
| 167 | 1151 | Albrand Frank | BLB Köln Runner | GER | 0:33:02 | 0:33:38 | 1968 | 17:27 * 16:11 |
| 168 | 2060 | Engler Martin | The Dark Side of Graphene - Ul | GER | 0:33:06 | 0:33:54 | 1985 | 17:01 * 16:53 |
| 169 | 2272 | Jantz Dirk | Zollstocker Blitze | GER | 0:33:13 | 0:33:25 | 1973 | 16:50 * 16:34 |
| 170 | 902 | Roth Stefan | *Wuppertal | GER | 0:33:13 | 0:33:56 | 1955 | 17:55 * 16:00 |
| 171 | 1635 | Engel Dr. Max | Gesellschaft für Erdkunde läuf | GER | 0:33:21 | 0:33:50 | 1981 | 17:32 * 16:17 |
| 172 | 897 | Rodenkirchen Marc | *Köln | GER | 0:33:43 | 0:33:55 | 1980 | 16:38 * 17:17 |
| 173 | 2232 | Wulfert Kai | WiSo-Warriors | GER | 0:33:44 | 0:34:02 | 1965 | 16:57 * 17:05 |
| 174 | 2215 | Grebe Marcel | WiSo-Warriors | GER | 0:33:48 | 0:34:14 | 1990 | 17:54 * 16:20 |
| 175 | 2415 | Barsch Sebastian | | GER | 0:33:49 | 0:34:25 | 1975 | 18:19 * 16:06 |
| 176 | 1990 | Scholx Axel | Shell - Fit for the Job | GER | 0:34:05 | 0:34:18 | 1993 | 17:06 * 17:11 |
| 177 | 1828 | Deiters Lothar | LSV-Porz/Köln | GER | 0:34:40 | 0:35:09 | 1934 | 18:18 * 16:50 |
| 178 | 2271 | Herde Michael | Zollstocker Blitze | GER | 0:34:41 | 0:35:20 | 1966 | 17:40 * 17:40 |
| 179 | 1191 | Muchow Michael | BLB Köln Runner | GER | 0:34:46 | 0:35:22 | | 18:25 * 16:57 |
| 180 | 1427 | Parmaksiz Tekin | Cologne Internationals | GER | 0:35:39 | 0:36:02 | 1973 | 18:33 * 17:28 |

Männer

| Platz | Startnr | Name | Verein/*Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|-----------------------|------------------------|-----|---------|---------|------|---------------|
| 181 | 1171 | Baltus Kurt | BLB Köln Runner | GER | 0:35:57 | 0:36:39 | | 17:26 * 19:12 |
| 182 | 1205 | Seifert Marcus | BLB Köln Runner | GER | 0:36:01 | 0:36:39 | 1968 | 18:41 * 17:57 |
| 183 | 2410 | Weber Tyron | | GER | 0:37:03 | 0:37:10 | 2000 | 18:58 * 18:11 |
| 184 | 1497 | Bülow Anthony | D 2 Tortugas | GER | 0:37:33 | 0:38:13 | 1981 | 19:41 * 18:31 |
| 185 | 957 | Schützenhofer Philipp | *Köln | GER | 0:37:42 | 0:38:24 | 1980 | 19:48 * 18:36 |
| 186 | 1430 | Poyraz Berkan | Cologne Internationals | TUR | 0:39:15 | 0:39:29 | 1989 | 18:48 * 20:41 |
| 187 | 1629 | Gerigk Lothar | Generationenläufer | GER | 0:40:18 | 0:40:52 | 1935 | 20:16 * 20:35 |

Frauen

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|------------------------|--------------------------------|-----|---------|---------|------|---------------|
| 1 | 2293 | Ahrens Ulrike | Urologie UK Köln | GER | 0:20:09 | 0:20:10 | | 10:12 * 09:58 |
| 2 | 1236 | Otten Sylvia | Bunert Der Kölner Laufladen | GER | 0:21:07 | 0:21:18 | 1981 | 11:06 * 10:11 |
| 3 | 2278 | Krämer Tanja | Zwirnis | GER | 0:21:39 | 0:21:46 | 1974 | 11:13 * 10:32 |
| 4 | 1024 | Ullmann Wiebke | | GER | 0:21:40 | 0:21:43 | 1988 | 10:51 * 10:51 |
| 5 | 1408 | Lingweiler Maybrit | Cologne Internationals | GER | 0:22:29 | 0:22:30 | 1994 | 11:21 * 11:08 |
| 6 | 1237 | Schmitter Rabea | Bunert Der Kölner Laufladen | GER | 0:22:43 | 0:22:53 | 1983 | 11:42 * 11:10 |
| 7 | 1535 | Benicke Katrin | Die pesenden Personaler | GER | 0:22:53 | 0:22:56 | 1985 | 11:33 * 11:23 |
| 8 | 2187 | Oster Ida | VampirPower | GER | 0:22:58 | 0:23:01 | 1994 | 11:06 * 11:55 |
| 9 | 2101 | Treibert Sarah | Universität zu Köln | GER | 0:23:36 | 0:23:38 | 1994 | 11:51 * 11:46 |
| 10 | 1589 | Elsner Tanith | Elisabeth-von-Thüringen-Gymnas | GER | 0:23:43 | 0:23:45 | 2000 | 11:33 * 12:12 |
| 11 | 973 | Sohlich Lea | *Köln | GER | 0:23:50 | 0:24:06 | 1989 | 12:37 * 11:29 |
| 12 | 1111 | Haidl Theresa | AG Weglauftendenz | GER | 0:23:56 | 0:23:58 | 1985 | 12:32 * 11:26 |
| 13 | 728 | Klass Johanna | *Köln | GER | 0:24:10 | 0:24:14 | 1991 | 12:19 * 11:55 |
| 14 | 1234 | Jäger Ronja | Bunert Der Kölner Laufladen | GER | 0:24:23 | 0:24:32 | 1989 | 13:01 * 11:30 |
| 15 | 890 | Richter Eva Lena | *Köln | GER | 0:24:26 | 0:24:31 | 1989 | 12:18 * 12:12 |
| 16 | 2033 | Wessinghage Julia | Team Eco - Hedge Me If You Can | GER | 0:24:28 | 0:24:50 | 1990 | 12:47 * 12:03 |
| 17 | 681 | Herzog Dr. Sandra | *Bonn | GER | 0:24:40 | 0:24:52 | 1980 | 12:38 * 12:14 |
| 18 | 1604 | Benedict Sophia | ESN Köln e.V. | GER | 0:24:47 | 0:24:57 | 1992 | 12:50 * 12:06 |
| 19 | 1424 | Noever Lena | Cologne Internationals | GER | 0:25:03 | 0:25:21 | 1994 | 13:00 * 12:20 |
| 20 | 1444 | Rueck Neele | Cologne Internationals | GER | 0:25:12 | 0:25:29 | 1992 | 13:11 * 12:18 |
| 21 | 599 | Elle Nicole | *Köln | GER | 0:25:16 | 0:25:27 | 1974 | 12:54 * 12:33 |
| 22 | 1328 | Büker Ilka | Cologne Internationals | GER | 0:25:38 | 0:25:50 | 1990 | 13:32 * 12:17 |
| 23 | 2362 | Halbrügge Lena | | GER | 0:25:47 | 0:25:50 | 1992 | 12:30 * 13:19 |
| 24 | 1382 | Kerim Juliet | Cologne Internationals | GER | 0:25:53 | 0:26:11 | 1991 | 13:26 * 12:44 |
| 25 | 699 | Hüpgen Yvonne | *Simmerath | GER | 0:26:00 | 0:26:35 | 1992 | 14:40 * 11:55 |
| 26 | 2248 | Hinrichs Dr. Alina | Zackige Zahnis | GER | 0:26:13 | 0:26:45 | 1985 | 14:36 * 12:09 |
| 27 | 1385 | Keutmann Hannah | Cologne Internationals | GER | 0:26:14 | 0:26:26 | 1990 | 13:33 * 12:53 |
| 28 | 2250 | Holtmann Sue | Zackige Zahnis | GER | 0:26:17 | 0:26:49 | 1981 | 14:35 * 12:14 |
| 29 | 1583 | Krauß Karla | Dynamo & Friends | GER | 0:26:36 | 0:26:48 | 1985 | 13:10 * 13:37 |
| 30 | 1296 | Besch Katharina | Collegium Musicum | GER | 0:26:41 | 0:26:53 | 1994 | 13:38 * 13:14 |
| 31 | 841 | Nicholls Hayley | *Köln | AUS | 0:26:41 | 0:27:01 | 1983 | 14:15 * 12:45 |
| 32 | 1638 | Leder Stephanie | Gesellschaft für Erdkunde läuf | GER | 0:26:57 | 0:27:25 | 1985 | 14:49 * 12:35 |
| 33 | 930 | Schlüter Maike | *Erfstadt | GER | 0:27:01 | 0:27:04 | 1994 | 13:12 * 13:52 |
| 34 | 843 | Niesen Annika | *Köln | GER | 0:27:09 | 0:27:50 | 1981 | 15:09 * 12:41 |
| 35 | 563 | Buß Tanja | *Köln | GER | 0:27:11 | 0:27:51 | 1972 | 15:07 * 12:43 |
| 36 | 552 | Brandl Carolin | *Aachen | GER | 0:27:13 | 0:27:33 | 1991 | 14:25 * 13:07 |
| 37 | 1632 | Bendig Juliane | Gesellschaft für Erdkunde läuf | GER | 0:27:13 | 0:27:39 | 1985 | 14:23 * 13:15 |
| 38 | 2023 | Kisters-Woike Brigitte | Team Bootshaus Biologie | GER | 0:27:13 | 0:27:31 | 1957 | 13:46 * 13:45 |
| 39 | 1355 | Fürniss Emma | Cologne Internationals | GER | 0:27:15 | 0:27:17 | 1990 | 13:40 * 13:37 |
| 40 | 998 | Strangl Kristina | *Erfstadt | GER | 0:27:16 | 0:27:19 | 1995 | 13:11 * 14:07 |
| 41 | 1440 | Rieger Conny | Cologne Internationals | GER | 0:27:20 | 0:27:22 | 1989 | 13:40 * 13:41 |
| 42 | 1323 | Bechhold Christine | Cologne Internationals | GER | 0:27:24 | 0:27:31 | 1987 | 13:42 * 13:49 |
| 43 | 2366 | Mayer Beate | | GER | 0:27:25 | 0:27:29 | 1960 | 13:52 * 13:37 |
| 44 | 1666 | Rasel Stefanie | Hochschule Bonn Rhein Sieg | GER | 0:27:25 | 0:27:46 | 1992 | 14:26 * 13:20 |
| 45 | 2065 | Schröder Ulrike | The Dark Side of Graphene - UI | GER | 0:27:27 | 0:28:17 | 1987 | 15:27 * 12:49 |
| 46 | 927 | Schinkels Pauline | *Köln | GER | 0:27:29 | 0:27:41 | 1990 | 14:08 * 13:33 |
| 47 | 2020 | Jorzig Sonja | Team Agrar | GER | 0:27:32 | 0:28:16 | 1990 | 15:26 * 12:50 |
| 48 | 1763 | Steinbach Anisha | Kölner KinderUni | GER | 0:27:33 | 0:27:41 | 2002 | 13:33 * 14:07 |
| 49 | 1675 | Lieb Dr. Julia | JuKiSaPa | GER | 0:27:36 | 0:27:56 | 1980 | 14:56 * 13:00 |
| 50 | 1676 | Theis Sabrina | JuKiSaPa | GER | 0:27:37 | 0:27:58 | 1986 | 14:56 * 13:01 |
| 51 | 2192 | Sauermann Anna | VampirPower | GER | 0:27:39 | 0:28:03 | 1982 | 13:40 * 14:22 |
| 52 | 1372 | Hartmann Nele | Cologne Internationals | GER | 0:27:41 | 0:27:50 | 1993 | 13:06 * 14:43 |
| 53 | 1120 | Rostamzadeh Ayda | AG Weglauftendenz | GER | 0:27:44 | 0:27:49 | 1983 | 14:37 * 13:11 |
| 54 | 1759 | Mucke Claudia | Kölner KinderUni | GER | 0:27:49 | 0:27:54 | 1971 | 14:15 * 13:38 |
| 55 | 804 | Matzerath Frauke | *Jülich | GER | 0:27:53 | 0:28:26 | 1994 | 14:57 * 13:28 |
| 56 | 1008 | Thiebes Marleen | Cologne Internationals | GER | 0:27:54 | 0:28:10 | 1988 | 15:00 * 13:09 |
| 57 | 1468 | Thorlümke Sonja | Cologne Internationals | GER | 0:27:55 | 0:28:09 | 1988 | 15:12 * 12:57 |
| 58 | 2026 | Lipinski Dunya | Cologne Internationals | GER | 0:27:55 | 0:28:11 | 1987 | 15:00 * 13:10 |
| 59 | 1855 | Löper Marie Louise | MitUns | GER | 0:28:03 | 0:28:09 | 1983 | 14:19 * 13:49 |
| 60 | 1364 | Greve Ingeborg | Cologne Internationals | GER | 0:28:04 | 0:28:14 | 1989 | 14:41 * 13:33 |

Frauen

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|-------------------------|--------------------------------|-----|---------|---------|------|---------------|
| 61 | 2000 | Bischof Anneliese | Sinchens Bienchen | GER | 0:28:07 | 0:28:21 | 1989 | 14:42 * 13:38 |
| 61 | 2001 | Herrmann Carolin | Sinchens Bienchen | GER | 0:28:07 | 0:28:21 | 1990 | 14:46 * 13:34 |
| 63 | 2029 | Ehrenberg Stephanie | Team Eco - Hedge Me If You Can | GER | 0:28:18 | 0:28:39 | 1989 | 15:20 * 13:19 |
| 64 | 2151 | Behrens Laura | VampirPower | GER | 0:28:19 | 0:28:44 | 1985 | 14:57 * 13:46 |
| 65 | 1125 | Steffen Dr. Andrea | AG Weglauftendenz | GER | 0:28:20 | 0:28:29 | 1980 | 14:46 * 13:42 |
| 66 | 1462 | Stensiö Sofia | Cologne Internationals | GER | 0:28:27 | 0:28:38 | 1988 | 14:43 * 13:55 |
| 67 | 1605 | Bonacina Alessandra | ESN Köln e.V. | GER | 0:28:29 | 0:28:39 | 1991 | 14:45 * 13:54 |
| 68 | 1118 | Lang Tanja | AG Weglauftendenz | GER | 0:28:29 | 0:28:35 | 1979 | 14:34 * 14:00 |
| 69 | 886 | Reinhardt Antonia | *Köln | GER | 0:28:30 | 0:28:50 | 1992 | 15:16 * 13:34 |
| 70 | 530 | Bey Lisa | *Köln | GER | 0:28:30 | 0:28:51 | 1991 | 15:16 * 13:34 |
| 71 | 1252 | Meyer Michaela | CIO & Friends | GER | 0:28:32 | 0:28:44 | 1976 | 14:31 * 14:12 |
| 72 | 1020 | Tsaousidou Eva | *Köln | GRE | 0:28:35 | 0:28:53 | 1989 | 14:37 * 14:16 |
| 73 | 593 | Dufhues Jenny | *Köln | GER | 0:28:37 | 0:28:58 | 1978 | 15:05 * 13:53 |
| 74 | 1075 | Wollseifen Kristina | *Köln | GER | 0:28:38 | 0:28:50 | 1993 | 15:10 * 13:40 |
| 75 | 1143 | Marx Elke | BiBo | GER | 0:28:38 | 0:29:08 | 1970 | 15:36 * 13:32 |
| 76 | 2069 | Wörner Valerie | The Fast and the Furious | GER | 0:28:39 | 0:29:17 | 1990 | 15:31 * 13:46 |
| 77 | 1426 | Ortigosa Ana | Cologne Internationals | ESP | 0:28:41 | 0:28:49 | 1992 | 14:05 * 14:43 |
| 78 | 1613 | Van Lessen Maren | ESN Köln e.V. | GER | 0:28:44 | 0:28:51 | 1990 | 15:06 * 13:45 |
| 79 | 1601 | Wiemuth Alina | Elisabeth-von-Thüringen-Gymnas | GER | 0:28:45 | 0:28:49 | 1999 | 13:50 * 14:58 |
| 80 | 1609 | Paquignon Tania | ESN Köln e.V. | GER | 0:28:46 | 0:28:51 | 1993 | 15:06 * 13:45 |
| 81 | 900 | Rohe Lisa | *Köln | GER | 0:28:48 | 0:29:01 | 1991 | 15:05 * 13:55 |
| 82 | 1861 | Roth Suse | MitUns | GER | 0:28:48 | 0:28:55 | 1964 | 14:28 * 14:27 |
| 83 | 1607 | Müller Sarah | ESN Köln e.V. | GER | 0:28:50 | 0:28:56 | 1987 | 15:06 * 13:49 |
| 84 | 1581 | Hildebrandt Christin | Dynamo & Friends | GER | 0:28:51 | 0:29:05 | 1988 | 14:34 * 14:30 |
| 85 | 2157 | Castillo Yvonne | VampirPower | GER | 0:28:53 | 0:28:56 | 1973 | 13:46 * 15:10 |
| 86 | 1121 | Schmieder Claudia | AG Weglauftendenz | GER | 0:28:57 | 0:28:59 | 1974 | 14:38 * 14:21 |
| 87 | 768 | Lehmann Corinna | *Köln | GER | 0:29:05 | 0:29:32 | 1983 | 15:13 * 14:18 |
| 88 | 775 | Lenart Maria | *Kerpen | GER | 0:29:06 | 0:29:10 | 1993 | 13:55 * 15:14 |
| 89 | 782 | Linstädter Paula | *Köln | GER | 0:29:07 | 0:29:40 | 2000 | 16:18 * 13:21 |
| 90 | 1322 | Barwasser Amelie | Cologne Internationals | GER | 0:29:08 | 0:29:23 | 1989 | 15:27 * 13:56 |
| 91 | 1995 | Wächter Jessica | Shell - Fit for the Job | GER | 0:29:09 | 0:29:11 | 1994 | 14:23 * 14:48 |
| 92 | 913 | Sarah Esser | *Köln | GER | 0:29:11 | 0:29:33 | 1992 | 14:57 * 14:36 |
| 93 | 872 | Pleger Gwen-Ellen | *Erfstadt | GER | 0:29:12 | 0:29:34 | 1993 | 14:56 * 14:37 |
| 94 | 1474 | Tups Nicola | Cologne Internationals | GER | 0:29:20 | 0:29:35 | 1990 | 15:49 * 13:45 |
| 95 | 1630 | Gerigk Sandra | Generationenläufer | GER | 0:29:20 | 0:29:53 | 1969 | 15:54 * 13:59 |
| 96 | 1451 | Schleiden Annika | Cologne Internationals | GER | 0:29:21 | 0:29:35 | 1989 | 15:49 * 13:45 |
| 97 | 1332 | Chen Xueqin | Cologne Internationals | GER | 0:29:21 | 0:29:32 | 1987 | 14:38 * 14:53 |
| 98 | 581 | Diederich Anne | *Köln | GER | 0:29:29 | 0:29:54 | 1991 | 16:15 * 13:38 |
| 99 | 700 | Huesmann Jannika | *Köln | GER | 0:29:32 | 0:30:13 | 1993 | 16:14 * 13:59 |
| 100 | 916 | Schalk Sophia | *Köln | GER | 0:29:33 | 0:30:14 | 1992 | 16:14 * 13:59 |
| 101 | 1304 | Kretschmer Linda | Collegium Musicum | GER | 0:29:33 | 0:29:52 | 1982 | 15:50 * 14:02 |
| 102 | 1469 | Thorup Mathilde | Cologne Internationals | DEN | 0:29:33 | 0:29:43 | 1992 | 15:06 * 14:37 |
| 103 | 1357 | Garcia Cutillas Irene | Cologne Internationals | ESP | 0:29:34 | 0:29:42 | 1992 | 15:05 * 14:37 |
| 104 | 1845 | Thier Katharina | Matrix Runners | GER | 0:29:36 | 0:29:50 | 1988 | 15:00 * 14:49 |
| 105 | 1508 | Matschke Julia | DasIMVRLäuft | GER | 0:29:37 | 0:30:09 | 1990 | 16:15 * 13:53 |
| 106 | 1842 | Kaltenberg Dr. Jennifer | Matrix Runners | GER | 0:29:38 | 0:29:50 | 1982 | 14:59 * 14:50 |
| 107 | 1127 | Zywcok Andrea | AG Weglauftendenz | GER | 0:29:41 | 0:29:47 | 1987 | 15:27 * 14:19 |
| 108 | 1116 | Kohl Sina | AG Weglauftendenz | GER | 0:29:41 | 0:29:47 | 1987 | 15:23 * 14:23 |
| 109 | 2149 | Wahl Dorothee | Valium i.V. | GER | 0:29:43 | 0:29:57 | 1966 | 15:34 * 14:22 |
| 110 | 1590 | Erz Isabelle | Elisabeth-von-Thüringen-Gymnas | GER | 0:29:44 | 0:29:44 | 2000 | 14:33 * 15:10 |
| 111 | 1126 | Wassen Martina | AG Weglauftendenz | GER | 0:29:44 | 0:29:51 | 1987 | 15:27 * 14:23 |
| 112 | 1090 | Zirkel Dr. Anne | *Köln | GER | 0:29:46 | 0:30:14 | 1982 | 16:09 * 14:05 |
| 113 | 862 | PAPANTONIS Dr. AKIS | *Koeln | GER | 0:29:47 | 0:30:15 | 1978 | 16:08 * 14:06 |
| 114 | 1412 | Ludewig Julia | Cologne Internationals | GER | 0:29:47 | 0:30:01 | 1989 | 15:50 * 14:11 |
| 115 | 1003 | Szczepanski Sandra | *Köln | GER | 0:29:50 | 0:30:03 | 1987 | 15:19 * 14:43 |
| 116 | 1122 | Schneegans Hanna | AG Weglauftendenz | GER | 0:29:50 | 0:29:56 | 1984 | 14:57 * 14:58 |
| 117 | 1112 | Hardenacke Katja | AG Weglauftendenz | GER | 0:29:50 | 0:29:56 | 1983 | 15:23 * 14:32 |
| 118 | 2128 | Korth Sandra | Valium i.V. | GER | 0:29:53 | 0:30:08 | 1973 | 15:28 * 14:39 |
| 119 | 2301 | Stöber Frauke | Zwirmis | GER | 0:29:55 | 0:30:25 | 1973 | 15:53 * 14:31 |
| 120 | 2107 | Bauschert Celine | Valium i.V. | GER | 0:29:59 | 0:30:17 | 1983 | 16:07 * 14:09 |

Frauen

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|------------------------------|--------------------------------|-----|---------|---------|------|---------------|
| 121 | 1306 | Obergfell Anja | Collegium Musicum | GER | 0:30:05 | 0:30:25 | 1992 | 15:50 * 14:35 |
| 122 | 1698 | Döhmer Nadine | Köln Marathon-Team | GER | 0:30:10 | 0:30:35 | 1994 | 16:32 * 14:03 |
| 123 | 1756 | Hense Mia | Kölner KinderUni | GER | 0:30:11 | 0:30:19 | 2003 | 14:49 * 15:30 |
| 124 | 2002 | Krause Sina | Sinchens Bienchen | GER | 0:30:13 | 0:30:29 | 1990 | 15:43 * 14:46 |
| 125 | 1119 | Rosen Marlene | AG Weglauftendenz | GER | 0:30:17 | 0:30:24 | 1989 | 15:27 * 14:56 |
| 126 | 817 | Meßling Susanne | *Köln | GER | 0:30:18 | 0:30:32 | 1987 | 15:20 * 15:11 |
| 127 | 2019 | Henrichs Carmen | Team Agrar | GER | 0:30:20 | 0:31:05 | 1990 | 17:07 * 13:57 |
| 128 | 1110 | Ghiasi Nasim | AG Weglauftendenz | GER | 0:30:20 | 0:30:25 | 1983 | 15:28 * 14:56 |
| 129 | 2211 | Hansen Scarlett | Wendelinis | GER | 0:30:22 | 0:30:29 | 1967 | 15:28 * 15:00 |
| 130 | 2290 | Bähr Esther | Urologie UK Köln | GER | 0:30:26 | 0:30:36 | | 15:20 * 15:16 |
| 131 | 2067 | Huesmann Ilka | The Fast and the Furious | GER | 0:30:29 | 0:30:38 | 1988 | 15:28 * 15:09 |
| 132 | 2130 | Kubalska de Escarate Magdale | Valium i.V. | GER | 0:30:29 | 0:30:43 | 1978 | 15:05 * 15:37 |
| 133 | 1087 | Zilligen Ulrike | *Köln | GER | 0:30:30 | 0:31:12 | 1986 | 16:39 * 14:32 |
| 134 | 604 | Ernst Stephanie | *Köln | GER | 0:30:31 | 0:30:54 | 1991 | 16:15 * 14:39 |
| 135 | 670 | Hecker Inge | *Köln | GER | 0:30:36 | 0:31:16 | 1960 | 15:55 * 15:20 |
| 136 | 1519 | Aziz Sarah | Die Brücke Hürth | GER | 0:30:40 | 0:31:11 | 1979 | 16:37 * 14:34 |
| 137 | 758 | Kurth Elin | *Köln | GER | 0:30:43 | 0:31:24 | 1992 | 16:17 * 15:06 |
| 138 | 1313 | Schulte Marlene | Collegium Musicum | GER | 0:30:44 | 0:31:29 | 1989 | 16:46 * 14:43 |
| 139 | 770 | Lehnig Sina | *Krefeld | GER | 0:30:44 | 0:31:15 | 1991 | 16:26 * 14:49 |
| 140 | 849 | Nünning Maike | *Köln | GER | 0:30:44 | 0:31:29 | 1991 | 17:13 * 14:15 |
| 141 | 1456 | Skorpilová Barbora | Cologne Internationals | CZE | 0:30:46 | 0:31:33 | 1991 | 16:44 * 14:49 |
| 142 | 1747 | Schnurrbusch Heike | Kölner Bank | GER | 0:30:47 | 0:31:29 | 1983 | 16:13 * 15:16 |
| 143 | 1734 | Kortmann Vanessa | Kölner Bank | GER | 0:30:48 | 0:31:30 | 1988 | 16:13 * 15:17 |
| 144 | 2062 | Herbig Charlotte | The Dark Side of Graphene - UI | GER | 0:30:51 | 0:31:40 | 1987 | 16:26 * 15:13 |
| 145 | 1386 | Kierspel Sabrina | Cologne Internationals | GER | 0:30:53 | 0:31:02 | 1989 | 16:00 * 15:02 |
| 146 | 2112 | Drees Caroline | Valium i.V. | GER | 0:30:55 | 0:31:09 | 1997 | 16:22 * 14:46 |
| 147 | 1727 | Himmler Petra | Kölner Bank | GER | 0:30:56 | 0:31:41 | 1963 | 16:30 * 15:10 |
| 148 | 2068 | Hüwel Lara | The Fast and the Furious | GER | 0:30:59 | 0:31:04 | 1990 | 15:28 * 15:36 |
| 149 | 1370 | Hages Larissa | Cologne Internationals | GER | 0:30:59 | 0:31:09 | 1990 | 16:00 * 15:08 |
| 150 | 597 | Ehrmantraut Isabelle | *Köln | GER | 0:31:03 | 0:31:30 | 1992 | 16:33 * 14:57 |
| 151 | 1136 | Wehrheim Barbara | asv landau | GER | 0:31:03 | 0:31:30 | 1993 | 16:33 * 14:57 |
| 152 | 2004 | Weitzel Svenja | Sinchens Bienchen | GER | 0:31:05 | 0:31:22 | 1987 | 16:21 * 15:01 |
| 153 | 894 | Ritterbex Carolin | *Köln | GER | 0:31:06 | 0:31:29 | 1990 | 16:49 * 14:39 |
| 154 | 1525 | Wiedemann Alla | Die Brücke Hürth | GER | 0:31:07 | 0:31:38 | 1975 | 16:38 * 15:00 |
| 154 | 2003 | Lausch Nora | Sinchens Bienchen | GER | 0:31:07 | 0:31:23 | 1990 | 16:19 * 15:04 |
| 156 | 2270 | Held Sylvia | Zollstocker Blitze | GER | 0:31:09 | 0:31:44 | 1967 | 16:50 * 14:53 |
| 157 | 765 | Lange Alyssa | *köln | GER | 0:31:10 | 0:31:33 | 1989 | 16:49 * 14:44 |
| 158 | 1591 | Erz Myriam | Elisabeth-von-Thüringen-Gymnas | GER | 0:31:13 | 0:31:22 | 1997 | 15:58 * 15:24 |
| 159 | 1241 | Müller Lucca | Caterpillar | GER | 0:31:20 | 0:31:25 | 1968 | 15:46 * 15:39 |
| 160 | 1465 | Swoboda Lysann | Cologne Internationals | GER | 0:31:26 | 0:31:35 | 1990 | 16:01 * 15:34 |
| 161 | 2363 | Schneider Katrin | VampirPower | GER | 0:31:29 | 0:31:53 | 1974 | 15:54 * 15:59 |
| 162 | 1503 | Ansmann Lena | DasIMVRLäuft | GER | 0:31:33 | 0:32:08 | 1985 | 17:27 * 14:41 |
| 163 | 1214 | Chen Shuhua | Bootshaus Biologie | GER | 0:31:36 | 0:31:56 | 1969 | 16:27 * 15:28 |
| 164 | 1504 | Dahlberg Nicola | DasIMVRLäuft | GER | 0:31:39 | 0:32:10 | 1973 | 15:59 * 16:11 |
| 165 | 858 | Ortscheid Lisa | *Köln | GER | 0:31:43 | 0:32:22 | 1994 | 17:06 * 15:15 |
| 166 | 1041 | Wangler Hanna | *Köln | GER | 0:31:44 | 0:32:23 | 1993 | 17:06 * 15:16 |
| 167 | 1173 | Hage Angelika | BLB Köln Runner | GER | 0:31:44 | 0:32:26 | 1956 | 17:22 * 15:03 |
| 168 | 2070 | Zeus Desirée | The Fast and the Furious | GER | 0:31:45 | 0:31:53 | 1990 | 15:45 * 16:07 |
| 169 | 2066 | Kempnich Henrike | The Fast and the Furious | GER | 0:31:46 | 0:31:53 | 1989 | 15:46 * 16:07 |
| 170 | 1636 | Höer Leonie | Gesellschaft für Erdkunde läuf | GER | 0:31:48 | 0:32:16 | 1993 | 16:57 * 15:18 |
| 171 | 672 | Heller Stefanie | *dahlem | GER | 0:31:51 | 0:32:23 | 1987 | 17:20 * 15:03 |
| 172 | 1936 | Agnes Katharina | RFH Köln | GER | 0:31:51 | 0:32:23 | 1990 | 17:20 * 15:02 |
| 173 | 1193 | Puchner Elisa | BLB Köln Runner | GER | 0:31:52 | 0:32:28 | 1985 | 17:18 * 15:10 |
| 174 | 1765 | Brühl Natalie | Krämers Rennspezialisten | GER | 0:31:52 | 0:32:30 | 1984 | 17:26 * 15:03 |
| 175 | 1550 | Herber Sylvia | Die pesenden Personaler | GER | 0:31:53 | 0:32:27 | 1972 | 17:10 * 15:16 |
| 176 | 1546 | Hack Alexandra | Die pesenden Personaler | GER | 0:31:53 | 0:32:27 | 1973 | 17:08 * 15:18 |
| 177 | 1416 | Menth Laura | Cologne Internationals | GER | 0:32:01 | 0:32:28 | 1987 | 17:09 * 15:19 |
| 178 | 1767 | Sasse Julia | Krämers Rennspezialisten | GER | 0:32:03 | 0:32:40 | 1991 | 17:26 * 15:13 |
| 179 | 1768 | Spieß Katharina | Krämers Rennspezialisten | GER | 0:32:04 | 0:32:43 | 1992 | 17:30 * 15:13 |
| 180 | 2269 | Groß Andrea | Zollstocker Blitze | GER | 0:32:06 | 0:32:44 | 1978 | 17:39 * 15:04 |

Frauen

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|-----------------------|--------------------------------|-----|---------|---------|------|---------------|
| 181 | 1301 | Gogl Leonie | Collegium Musicum | GER | 0:32:07 | 0:32:53 | 1993 | 17:04 * 15:48 |
| 182 | 2138 | Rupietta Susanne | Valium i.V. | GER | 0:32:08 | 0:32:23 | 1964 | 16:23 * 15:59 |
| 183 | 2110 | Dolla Martina | Valium i.V. | GER | 0:32:09 | 0:32:25 | 1966 | 18:00 * 14:24 |
| 184 | 687 | Hoffmann Frauke | *Köln | GER | 0:32:11 | 0:32:59 | 1988 | 17:58 * 15:00 |
| 185 | 684 | Högden Fabia | *Köln | GER | 0:32:11 | 0:32:59 | 1990 | 17:59 * 14:59 |
| 186 | 1640 | Meier Carina | Gesellschaft für Erdkunde läuf | GER | 0:32:12 | 0:32:40 | 1992 | 16:55 * 15:44 |
| 187 | 922 | Schewe Yvonne | *Euskirchen | GER | 0:32:13 | 0:33:01 | 1967 | 17:53 * 15:07 |
| 188 | 2407 | Jänicke Franziska | | GER | 0:32:13 | 0:32:22 | 1989 | 14:53 * 17:28 |
| 189 | 778 | Ley Annette | *Euskirchen | GER | 0:32:13 | 0:33:02 | 1966 | 17:54 * 15:08 |
| 190 | 2406 | Klein Angelique | | GER | 0:32:15 | 0:32:22 | 1996 | 14:54 * 17:28 |
| 191 | 1764 | Bartsch Anna | Krämers Rennspezialisten | GER | 0:32:15 | 0:32:52 | 1986 | 17:25 * 15:26 |
| 192 | 1293 | Arias-Navas Michelle | Collegium Musicum | GER | 0:32:24 | 0:32:36 | 1987 | 15:40 * 16:55 |
| 193 | 2148 | Ullrich Linda | Valium i.V. | GER | 0:32:25 | 0:32:43 | 1967 | 16:39 * 16:03 |
| 194 | 2206 | Straub Anika | Vegan Runners | GER | 0:32:26 | 0:33:15 | 1981 | 17:22 * 15:53 |
| 195 | 2299 | Funke Kirsten | Urologie UK Köln | GER | 0:32:26 | 0:32:54 | | 16:59 * 15:55 |
| 196 | 2105 | Haumann Lisa Marie | Uschiklan | GER | 0:32:28 | 0:33:19 | 1992 | 18:00 * 15:18 |
| 197 | 1507 | Karbach Dr. Ute | DasIMVRLäuft | GER | 0:32:33 | 0:33:09 | 1968 | 17:28 * 15:41 |
| 198 | 796 | Madro Lucia | *Köln | GER | 0:32:34 | 0:32:46 | 1994 | 17:16 * 15:30 |
| 199 | 2106 | Langenkämper Laura | Uschiklan | GER | 0:32:35 | 0:33:26 | 1991 | 18:03 * 15:22 |
| 200 | 2163 | Garcia Galera Elena | VampirPower | GER | 0:32:39 | 0:33:08 | 1992 | 16:57 * 16:10 |
| 201 | 2104 | Fesser Jana | Uschiklan | GER | 0:32:39 | 0:33:31 | 1992 | 18:00 * 15:31 |
| 202 | 797 | Mahlberg Nadine | *Köln | GER | 0:32:40 | 0:33:19 | 1986 | 17:19 * 16:00 |
| 203 | 1505 | Hammer Dr. Antje | DasIMVRLäuft | GER | 0:32:41 | 0:33:11 | 1981 | 16:49 * 16:22 |
| 204 | 859 | Ou Hui-Ling | *Cologne | TPE | 0:32:44 | 0:33:05 | 1985 | 17:20 * 15:44 |
| 205 | 659 | Hajek Clarissa | *Köln | GER | 0:32:44 | 0:32:56 | 1993 | 16:27 * 16:28 |
| 206 | 1060 | Werker Christine | *Aachen | GER | 0:32:46 | 0:33:05 | 1995 | 17:11 * 15:53 |
| 207 | 537 | Blomenkamp Rebecca | *Köln | GER | 0:32:46 | 0:33:05 | 1994 | 17:08 * 15:56 |
| 208 | 1142 | Heidchen Regina | BHS | GER | 0:32:48 | 0:33:18 | 1989 | 17:43 * 15:35 |
| 209 | 2275 | Radloff Anja | Zollstocker Blitze | GER | 0:32:51 | 0:33:30 | 1967 | 17:19 * 16:11 |
| 210 | 1986 | Ismar Laura | Shell - Fit for the Job | GER | 0:32:51 | 0:32:53 | 1990 | 15:26 * 17:27 |
| 211 | 1161 | Blohm-Schröder Heike | BLB Köln Runner | GER | 0:32:52 | 0:33:33 | 1967 | 17:44 * 15:48 |
| 212 | 1792 | Otten Christiane | Laufgeschwister | GER | 0:32:55 | 0:33:20 | 1979 | 16:51 * 16:28 |
| 213 | 2259 | Salas Isabel | Zahnklinik Uni Bonn - Protheti | ESP | 0:32:55 | 0:33:39 | 1983 | 18:24 * 15:14 |
| 214 | 2253 | Rott Thea | Zackige Zahnis | GER | 0:32:58 | 0:33:30 | 1988 | 17:34 * 15:55 |
| 215 | 1197 | Ritter Juliane | BLB Köln Runner | GER | 0:32:58 | 0:33:35 | 1969 | 17:44 * 15:50 |
| 216 | 2249 | Höfer Dr. Karolin | Zackige Zahnis | GER | 0:32:59 | 0:33:30 | 1984 | 17:34 * 15:56 |
| 217 | 2254 | Schaefer Dr. Isabelle | Zackige Zahnis | GER | 0:32:59 | 0:33:30 | 1984 | 17:35 * 15:54 |
| 218 | 675 | Henrichs Rebekka | *Siegburg | GER | 0:33:02 | 0:33:48 | 1998 | 18:28 * 15:20 |
| 219 | 578 | Dering Kathrin | *Siegburg | GER | 0:33:03 | 0:33:48 | 1998 | 18:27 * 15:21 |
| 220 | 1595 | Hilgers Lea | Elisabeth-von-Thüringen-Gymnas | GER | 0:33:06 | 0:33:10 | 2000 | 15:51 * 17:19 |
| 221 | 2073 | Schäper Stephanie | The slow and the furious | GER | 0:33:06 | 0:33:44 | 1991 | 18:00 * 15:43 |
| 222 | 2369 | Brandt Simone | | GER | 0:33:06 | 0:33:49 | 1984 | 18:14 * 15:35 |
| 223 | 753 | Krux Jasmin | *Euskirchen | GER | 0:33:08 | 0:33:50 | 1994 | 17:13 * 16:36 |
| 224 | 695 | Huang Yu-Han | *Cologne | TPE | 0:33:10 | 0:33:28 | 1985 | 17:21 * 16:07 |
| 225 | 2072 | Römer Marie | The slow and the furious | DEN | 0:33:11 | 0:33:48 | 1988 | 18:00 * 15:48 |
| 226 | 2071 | Gerner Jessica | The slow and the furious | GER | 0:33:12 | 0:33:50 | 1987 | 17:59 * 15:51 |
| 227 | 2273 | Jantz Petra | Zollstocker Blitze | GER | 0:33:13 | 0:33:25 | 1970 | 16:51 * 16:34 |
| 228 | 2305 | Elerkmann Sara | Zfl-Team | GER | 0:33:14 | 0:33:50 | 1988 | 18:20 * 15:29 |
| 229 | 1347 | Faber Helen | Cologne Internationals | GER | 0:33:16 | 0:33:20 | 1993 | 16:54 * 16:26 |
| 230 | 1657 | Roters Annika | Hakuna Matata | GER | 0:33:16 | 0:33:37 | 1989 | 17:13 * 16:24 |
| 231 | 1656 | Rittinger Andrea | Hakuna Matata | GER | 0:33:16 | 0:33:37 | 1990 | 17:14 * 16:23 |
| 232 | 1654 | Katarynczuk Karo | Hakuna Matata | GER | 0:33:16 | 0:33:37 | 1988 | 17:13 * 16:24 |
| 233 | 876 | Pöll Gisela | *Köln | GER | 0:33:19 | 0:34:01 | 1946 | 17:25 * 16:36 |
| 234 | 828 | Morawietz Julia | *Köln | GER | 0:33:20 | 0:34:03 | 1993 | 17:14 * 16:48 |
| 235 | 1856 | Mohr Karen | MitUns | GER | 0:33:20 | 0:33:27 | 1971 | 17:06 * 16:21 |
| 236 | 2330 | Engel Charlotte | Gesellschaft für Erdkunde 1887 | GER | 0:33:21 | 0:33:50 | 1981 | 17:32 * 16:18 |
| 237 | 1477 | Vetoniemi Laura | Cologne Internationals | FIN | 0:33:21 | 0:33:39 | 1990 | 17:17 * 16:22 |
| 238 | 1405 | Liekkilä Elisa | Cologne Internationals | FIN | 0:33:23 | 0:33:43 | 1989 | 17:18 * 16:24 |
| 239 | 764 | Lahr Ines | *Köln | GER | 0:33:33 | 0:34:21 | 1991 | 18:52 * 15:28 |
| 240 | 757 | Kunkel Judith | *Bonn | GER | 0:33:33 | 0:34:21 | 1991 | 18:52 * 15:28 |

Frauen

| Platz | Startnr | Name | Verein*/Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|-----------------------------|-------------------------|-----|---------|---------|------|---------------|
| 241 | 2166 | Gilles Ramona | VampirPower | GER | 0:33:35 | 0:34:00 | 1988 | 17:38 * 16:22 |
| 242 | 1362 | Greulich Jessica | Cologne Internationals | GER | 0:33:36 | 0:33:40 | 1988 | 18:00 * 15:39 |
| 243 | 576 | Derichs Evelyn | *Köln | GER | 0:33:39 | 0:34:26 | 1972 | 18:52 * 15:33 |
| 244 | 2159 | Diefenbach Claudia | VampirPower | GER | 0:33:40 | 0:34:04 | 1986 | 17:37 * 16:26 |
| 245 | 956 | Schuettert Anne | *Köln | GER | 0:33:45 | 0:34:07 | 1982 | 17:21 * 16:46 |
| 246 | 958 | Schult Cristal | *Köln | GER | 0:33:45 | 0:34:08 | 1982 | 17:22 * 16:46 |
| 247 | 1540 | Bischof Annette | Die pesenden Personaler | GER | 0:33:45 | 0:34:19 | 1969 | 17:49 * 16:30 |
| 248 | 1658 | Heppner Levke | Happy Running Family | GER | 0:33:47 | 0:34:15 | 1989 | 17:54 * 16:20 |
| 249 | 2153 | Berndt Renate | VampirPower | GER | 0:33:49 | 0:34:15 | 1965 | 17:23 * 16:51 |
| 250 | 952 | Schröder Tabea | *Köln | BEL | 0:33:52 | 0:34:38 | 1986 | 18:35 * 16:03 |
| 251 | 960 | Schulte-Wissermann Lisa | *Hürth | GER | 0:33:53 | 0:34:24 | 1992 | 17:42 * 16:41 |
| 252 | 1092 | Zurkowski Jennifer | *Köln | GER | 0:33:53 | 0:34:24 | 1992 | 17:42 * 16:42 |
| 253 | 1358 | Geick Kathrin | Cologne Internationals | GER | 0:33:56 | 0:34:00 | 1993 | 16:56 * 17:04 |
| 254 | 2143 | Schnitzler Rita | Valium i.V. | GER | 0:33:57 | 0:34:13 | 1957 | 17:30 * 16:42 |
| 255 | 2120 | Göddertz Silvia | Valium i.V. | GER | 0:33:58 | 0:34:13 | 1965 | 17:30 * 16:43 |
| 256 | 2233 | Hell Gretje | WiSouterrain | GER | 0:33:58 | 0:34:24 | 1983 | 17:30 * 16:54 |
| 257 | 2182 | Malcherczyk Agnes Katharina | VampirPower | GER | 0:34:05 | 0:34:34 | 1986 | 17:11 * 17:23 |
| 258 | 1326 | Brown Madeleine | Cologne Internationals | AUS | 0:34:13 | 0:34:27 | 1987 | 17:16 * 17:11 |
| 259 | 505 | Amon Christine | *Köln | GER | 0:34:20 | 0:35:12 | 1981 | 18:16 * 16:55 |
| 260 | 572 | Daners Jana | *Köln | GER | 0:34:22 | 0:34:45 | 1990 | 18:02 * 16:43 |
| 261 | 2429 | Gerecke Cornelia | | GER | 0:34:25 | 0:34:47 | 1959 | 18:32 * 16:14 |
| 262 | 2430 | Gerecke Gina | | GER | 0:34:25 | 0:34:47 | 2001 | 18:33 * 16:14 |
| 263 | 1185 | Kleuren Ute | BLB Köln Runner | GER | 0:34:26 | 0:35:05 | 1965 | 18:20 * 16:44 |
| 264 | 2251 | Küpper Dr. Katharina | Zackige Zahnis | GER | 0:34:31 | 0:35:04 | 1984 | 18:16 * 16:47 |
| 265 | 2012 | Beissmann Jessica | Studentenreiter | GER | 0:34:37 | 0:35:05 | 1989 | 16:36 * 18:29 |
| 266 | 2015 | Tübbing Vera | Studentenreiter | GER | 0:34:37 | 0:35:05 | 1993 | 16:37 * 18:28 |
| 267 | 2013 | Kemper Simone | Studentenreiter | GER | 0:34:37 | 0:35:06 | 1992 | 16:41 * 18:25 |
| 268 | 1668 | Ruhnke Vera | Höhenkonzepte Uta Oehl | GER | 0:34:38 | 0:35:07 | 1961 | 17:31 * 17:35 |
| 269 | 1207 | Strunk Christina | BLB Köln Runner | GER | 0:34:41 | 0:35:22 | 1966 | 18:20 * 17:01 |
| 270 | 1175 | Hermann Kerstin | BLB Köln Runner | GER | 0:34:42 | 0:35:22 | 1978 | 18:20 * 17:01 |
| 271 | 1179 | Horner Ulrike | BLB Köln Runner | GER | 0:34:42 | 0:35:22 | 1963 | 18:25 * 16:57 |
| 272 | 1071 | Wittstamm Beate | Team AOK Köln | GER | 0:34:50 | 0:35:17 | 1962 | 18:18 * 16:59 |
| 273 | 1857 | Niewidok Karin | MitUns | GER | 0:34:57 | 0:35:05 | 1965 | 17:05 * 18:00 |
| 274 | 1346 | ERDEMER ÖZGE | Cologne Internationals | TUR | 0:35:02 | 0:35:17 | 1991 | 18:21 * 16:56 |
| 275 | 2252 | Ollinger Dr. Isabelle | Zackige Zahnis | GER | 0:35:21 | 0:35:54 | 1982 | 18:17 * 17:37 |
| 276 | 2266 | Weber Melanie | ZfläuferInnen | GER | 0:35:21 | 0:35:58 | 1987 | 18:29 * 17:29 |
| 277 | 1373 | Hélène Benoist | Cologne Internationals | FRA | 0:35:27 | 0:35:46 | 1993 | 16:22 * 19:23 |
| 278 | 1562 | Schültke Carolin | Die pesenden Personaler | GER | 0:35:35 | 0:36:11 | 1988 | 18:56 * 17:14 |
| 279 | 780 | Linn Charlotte | *Köln | GER | 0:35:39 | 0:36:28 | 2001 | 18:04 * 18:23 |
| 279 | 1149 | Afdring Juliane | BLB Köln Runner | GER | 0:35:39 | 0:36:20 | 1978 | 18:51 * 17:29 |
| 281 | 1400 | Kuhl Alina | Cologne Internationals | GER | 0:35:39 | 0:36:03 | 1991 | 18:33 * 17:30 |
| 282 | 1354 | Fridman Elina | Cologne Internationals | GER | 0:35:41 | 0:35:44 | 1988 | 17:08 * 18:36 |
| 283 | 2245 | Deutscher Deborah | Zackige Zahnis | GER | 0:35:44 | 0:36:19 | 1984 | 19:18 * 17:00 |
| 284 | 1215 | Lin Dr. Juan | Bootshaus Biologie | CHN | 0:35:53 | 0:36:11 | 1985 | 18:28 * 17:42 |
| 285 | 2246 | Elsner Nancy | Zackige Zahnis | GER | 0:35:55 | 0:36:30 | 1979 | 21:30 * 14:59 |
| 286 | 2247 | Ensmann Isabelle | Zackige Zahnis | GER | 0:35:56 | 0:36:30 | 1979 | 21:30 * 15:00 |
| 287 | 1425 | Ong Emeline | Cologne Internationals | FRA | 0:35:57 | 0:36:14 | 1987 | 18:30 * 17:43 |
| 288 | 2365 | Harasimowicz Dorota | | GER | 0:35:57 | 0:35:57 | 1983 | 19:18 * 16:38 |
| 289 | 2345 | Jakob Kristin | city2city | GER | 0:35:57 | 0:36:31 | 1986 | 19:01 * 17:30 |
| 290 | 1614 | Wang Yi-Wun | ESN Köln e.V. | GER | 0:35:59 | 0:36:07 | 1993 | 17:56 * 18:11 |
| 291 | 2183 | Miesch Johanna | VampirPower | GER | 0:36:07 | 0:36:32 | 1985 | 18:14 * 18:17 |
| 292 | 2235 | Wisselinck Ayla | WiSouterrain | TUR | 0:36:07 | 0:36:33 | 1975 | 18:10 * 18:23 |
| 293 | 954 | Schude Janet L. | *Köln | GER | 0:36:08 | 0:36:53 | 1960 | 18:35 * 18:17 |
| 294 | 2195 | Scholz Josephine | VampirPower | GER | 0:36:08 | 0:36:32 | 1983 | 18:14 * 18:17 |
| 295 | 531 | Biermann Barbara | Team AOK Köln | GER | 0:36:13 | 0:36:44 | 1966 | 18:25 * 18:19 |
| 296 | 677 | Hermansen Ulrike | Team AOK Köln | GER | 0:36:14 | 0:36:43 | 1961 | 18:24 * 18:19 |
| 297 | 1608 | Pai Ko-Ning | ESN Köln e.V. | GER | 0:36:25 | 0:36:32 | 1993 | 18:04 * 18:27 |
| 298 | 2403 | Zens Corinna | | GER | 0:37:04 | 0:37:11 | 1997 | 18:58 * 18:13 |
| 299 | 1537 | Bergemann Andrea | Die pesenden Personaler | GER | 0:37:15 | 0:37:51 | 1978 | 19:38 * 18:12 |
| 300 | 1554 | Hombach-Böhnke Susanne | Die pesenden Personaler | GER | 0:37:16 | 0:37:51 | 1961 | 19:38 * 18:12 |

Frauen

| Platz | Startnr | Name | Verein/*Ort | Nat | Gesamt | Brutto | Jahr | Runden |
|-------|---------|----------------------------|------------------------|-----|---------|---------|------|---------------|
| 301 | 1498 | Keller Vanessa | D 2 Tortugas | GER | 0:37:34 | 0:38:13 | 1980 | 19:38 * 18:35 |
| 302 | 601 | Engels Juliane | *Köln | GER | 0:37:42 | 0:38:24 | 1986 | 19:49 * 18:34 |
| 303 | 1612 | Suffritti Eugenia | ESN Köln e.V. | GER | 0:38:03 | 0:38:03 | 1990 | 19:46 * 18:16 |
| 304 | 1030 | Virnich Cécile | *Köln | GER | 0:38:24 | 0:38:58 | 1988 | 19:25 * 19:32 |
| 305 | 818 | Meurer Annika | *Gangelt | GER | 0:38:29 | 0:38:53 | 1990 | 19:20 * 19:32 |
| 306 | 724 | Kirsch Nadine | *Köln | GER | 0:38:49 | 0:39:12 | 1990 | 19:34 * 19:37 |
| 307 | 1085 | Ziegler Birgit | *Köln | GER | 0:38:54 | 0:39:40 | 1964 | 20:02 * 19:37 |
| 308 | 1413 | Ly Maggie | Cologne Internationals | SUI | 0:39:05 | 0:39:21 | 1987 | 19:25 * 19:55 |
| 309 | 1476 | Van Almsick Aida | Cologne Internationals | GER | 0:39:06 | 0:39:21 | 1992 | 19:59 * 19:22 |
| 310 | 2277 | Feld Camelia | Zwirnis | GER | 0:39:16 | 0:40:06 | 1980 | 20:24 * 19:42 |
| 311 | 2405 | Christoffel Johanna | | GER | 0:39:45 | 0:39:53 | 1997 | 19:59 * 19:53 |
| 312 | 1349 | Filiz Eda | Cologne Internationals | TUR | 0:39:56 | 0:40:11 | 1990 | 21:05 * 19:05 |
| 313 | 1432 | Purcariu Sinziana Dimitria | Cologne Internationals | ROM | 0:40:27 | 0:40:32 | 1990 | 19:59 * 20:33 |
| 314 | 1429 | Potschernik Angela | Cologne Internationals | GER | 0:40:27 | 0:40:31 | 1990 | 19:58 * 20:33 |
| 315 | 1762 | Samm Cheryl | Kölner KinderUni | GER | 0:40:28 | 0:40:37 | 1985 | 20:05 * 20:31 |
| 316 | 2150 | Wimmer Jasmine | Valium i.V. | GER | 0:40:29 | 0:40:45 | 1966 | 20:15 * 20:30 |
| 317 | 1499 | Mock-Mailahn Christa | D 2 Tortugas | GER | 0:41:07 | 0:41:48 | 1954 | 23:02 * 18:45 |
| 318 | 2408 | Volk Maxi | | GER | 0:41:40 | 0:41:48 | 1990 | 20:00 * 21:47 |
| 319 | 2402 | Keweloh Maike | | GER | 0:41:40 | 0:41:48 | 1998 | 19:59 * 21:48 |