

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
1	1233	Ali Mohamed	Bunert Der Kölner Laufladen	GER	0:32:05	0:32:06	1	MHK	89	08:23	07:53	08:05	07:43	
2	60	Alfen Felix	Uni Köln	GER	0:32:59	0:32:59	2	MHK	90	08:30	08:02	08:13	08:12	
3	38	Heuschen Martin	RWTH Aachen	GER	0:33:26	0:33:27	3	MHK	91	08:35	08:11	08:18	08:21	
4	59	Zanon Lorenzo	RWTH Aachen	GER	0:34:10	0:34:11	4	MHK	86	08:50	08:15	08:32	08:32	
5	63	Snehotta Paul	Uni Köln	GER	0:34:13	0:34:14	5	MHK	90	08:47	08:21	08:37	08:27	
6	35	Camminady Thomas	RWTH Aachen	GER	0:34:22	0:34:23	6	MHK	89	09:01	08:28	08:31	08:20	
7	1803	Ulrich Marius	LAZ Puma Rhein-Sieg	GER	0:34:30	0:34:32	7	MHK	92	09:00	08:29	08:42	08:18	
8	56	Pietsch Gero	RWTH Aachen	GER	0:34:42	0:34:43	8	MHK	92	09:05	08:32	08:37	08:27	
9	2082	Kannegießer Christian	Tsv Bayer 04 Leverkusen	GER	0:35:01	0:35:02	9	MHK	85	08:50	08:38	08:59	08:33	
10	45	Werker Markus	RWTH Aachen	GER	0:35:05	0:35:06	10	MHK	86	09:00	08:36	08:45	08:42	
11	2348	Ibrahim Seraj Jama		GER	0:35:08	0:35:09	11	MHK	85	08:54	08:36	08:42	08:55	
12	46	Wilke Richard	RWTH Aachen	GER	0:35:18	0:35:19	12	MHK	92	09:02	08:35	09:02	08:39	
13	1235	Kemmerling Roman	Bunert Der Kölner Laufladen	GER	0:35:37	0:35:38	13	MHK	92	09:13	08:44	08:51	08:47	
14	55	Pelzer Martin	RWTH Aachen	GER	0:35:45	0:35:47	14	MHK	88	09:20	08:49	08:53	08:41	
15	58	Wyrwoll Lothas	RWTH Aachen	GER	0:35:54	0:35:56	15	MHK	92	09:20	08:51	09:00	08:41	
16	557	Bunte Marian	*Köln	GER	0:35:58	0:36:00	16	MHK	89	09:04	08:48	09:06	08:59	
17	66	Schönenbrücher Thorsten	Uni Köln	GER	0:36:03	0:36:05	17	MHK	91	09:21	08:50	09:00	08:50	
18	57	Ries Benjamin	RWTH Aachen	GER	0:36:28	0:36:28	1	M30	84	09:22	08:56	09:06	09:03	
19	1911	Howard Philipp	Prothetik Prof. Niedermeier	GER	0:36:34	0:36:37	18	MHK	90	09:29	09:00	09:07	08:56	
20	30	Artz Johannes	RWTH Aachen	GER	0:36:39	0:36:40	19	MHK	90	09:26	09:07	09:12	08:54	
21	64	Claeßens Thomas	Uni Köln	GER	0:37:00	0:37:02	20	MHK	86	09:19	08:59	09:25	09:16	
22	33	Bielefeld Philipp	RWTH Aachen	GER	0:37:31	0:37:32	21	MHK	90	09:36	09:16	09:34	09:04	
23	2016	Nieswand Patrick	SV Deutz 05	GER	0:37:42	0:37:45	1	M40	73	09:34	09:10	09:28	09:29	
24	2044	Ferenschild Valentin	Team ESG	GER	0:37:45	0:37:45	22	MHK	92	09:39	09:27	09:21	09:15	
25	2343	Meyer Jörn	Köln läuft!	GER	0:37:46	0:37:50	2	M30	83	09:44	09:24	09:32	09:05	
26	1825	Wiesen Christoph	LSF Münster	GER	0:37:48	0:37:50	3	M30	83	09:46	09:22	09:19	09:20	
27	54	Möller Hendrik	RWTH Aachen	GER	0:37:52	0:37:53	23	MHK	92	09:49	09:15	09:23	09:24	
28	2300	Rosenberger Marcel	MTP Köln	GER	0:37:57	0:37:59	24	MHK	93	09:24	09:09	09:43	09:40	
29	888	Renault Nicolas	*Köln	FRA	0:38:08	0:38:11	4	M30	84	10:03	09:26	09:25	09:13	
30	88	Kösters Andreas	Uni Münster	GER	0:38:10	0:38:12	5	M30	80	10:06	09:24	09:26	09:13	
31	15	Kasc Johannes	Uni Witten Herdecke	GER	0:38:11	0:38:12	25	MHK	90	09:35	09:21	09:37	09:36	
32	2075	Drieb Marcel	TriathlonSteckelCologne	GER	0:38:12	0:38:17	6	M30	82	09:43	09:17	09:35	09:35	
33	1135	Wiesen Klaus	ASV Köln Triathlon	GER	0:38:16	0:38:18	7	M30	83	09:50	09:26	09:28	09:31	
34	80	Bureck Marc	Uni Münster	GER	0:38:39	0:38:41	26	MHK	90	10:21	09:39	09:30	09:08	
35	1230	Poischen Thomas	BSG RheinEnergie	GER	0:38:46	0:38:49	2	M40	70	10:11	09:29	09:34	09:32	
36	79	Biermann Lukas	Uni Münster	GER	0:38:49	0:38:51	1	MU2	95	10:05	09:36	09:44	09:23	
37	48	Hülsdünker Arne	RWTH Aachen	GER	0:38:54	0:38:55	27	MHK	90	10:02	09:35	09:51	09:23	
38	1801	Theißen Michael	Laufftreff Hersel	GER	0:38:55	0:38:57	1	M55	59	10:19	09:34	09:37	09:23	
39	1998	Schregel Felix	Simonscher Spitzenherd	GER	0:39:00	0:39:05	28	MHK	91	10:19	09:36	09:36	09:27	
40	71	Kuhlmann Frederik	Uni Dortmund	GER	0:39:13	0:39:15	29	MHK	88	09:57	09:32	09:55	09:47	
41	1807	Dudley Richard	LG Donatus Erftstadt	GBR	0:39:15	0:39:18	1	M50	61	10:34	09:30	09:35	09:34	
42	69	Umbach Simon	Uni Köln	GER	0:39:21	0:39:24	30	MHK	90	09:56	09:40	09:51	09:53	
43	1797	Gläßer Harald	Laufmonster	GER	0:39:22	0:39:26	1	M45	68	10:13	09:34	09:49	09:44	
44	2219	Meyer Daniel	WiSo-Warriors	GER	0:39:24	0:39:28	31	MHK	89	10:06	09:35	09:50	09:51	
45	98	Chrobak Simon	Uni Wuppertal	GER	0:39:31	0:39:36	32	MHK	89	10:23	09:50	09:58	09:19	
46	1070	Wittenstein Klaus	*Köln	GER	0:39:34	0:39:35	33	MHK	88	10:13	09:44	09:49	09:47	
47	32	Beumer David	RWTH Aachen	GER	0:39:42	0:39:43	34	MHK	90	10:20	09:59	09:52	09:29	
48	1667	Ruhnke Robert	Höhenkonzepte Uta Oehl	GER	0:39:43	0:39:46	2	M55	58	10:19	09:40	09:53	09:50	
49	42	Stramma Alexander	RWTH Aachen	GER	0:39:43	0:39:45	35	MHK	92	09:56	09:49	10:05	09:52	
50	2337	Freyaldenhoven Jan	Köln läuft!	GER	0:39:54	0:39:59	8	M30	83	10:19	09:59	09:57	09:37	
51	1529	Stephan Alexander	Die derben Dermas	GER	0:40:02	0:40:47	36	MHK	86	11:03	09:08	09:48	10:02	
52	737	Knobloch Tino	*Frechen	GER	0:40:02	0:40:12	1	M35	76	10:25	09:40	09:58	09:58	
53	1999	Stemler Jannik	Simonscher Spitzenherd	GER	0:40:03	0:40:09	37	MHK	89	10:19	09:49	10:04	09:50	
54	84	Grimm Lukas	Uni Münster	GER	0:40:06	0:40:08	38	MHK	93	10:14	09:54	10:05	09:52	
55	1627	Passgang Dominic	Gazellenauffangstation Südstad	GER	0:40:07	0:40:10	39	MHK	86	10:02	10:07	10:04	09:52	
56	1356	Ganly Mark	Cologne Internationals	GER	0:40:11	0:40:13	40	MHK	91	10:22	10:03	10:01	09:44	
57	1914	Rehberg Felix	Prothetik Prof. Niedermeier	GER	0:40:13	0:40:17	41	MHK	89	09:49	10:02	10:12	10:09	
58	1220	Peffer Thomas	Boys de SPOHO	GER	0:40:16	0:40:30	42	MHK	90	10:27	10:00	10:08	09:39	
59	31	Beer Robin	RWTH Aachen	GER	0:40:16	0:40:17	43	MHK	93	10:25	09:55	10:14	09:40	
60	2136	Mensler Olaf	Valium i.V.	GER	0:40:22	0:40:26	3	M40	70	10:07	10:06	10:18	09:50	

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Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
61	2079	Dignas Christian	TriCologne	GER	0:40:26	0:40:29	2	M35	76	10:19	09:55	10:10	10:00	
62	97	Dröghoff Michael	Uni Wuppertal	GER	0:40:26	0:40:30	9	M30	82	10:38	10:07	10:11	09:28	
63	2276	Jagner Prof. Dr. Andreas	zum Kaffee beim Kamel, wohlig	GER	0:40:27	0:40:31	44	MHK	89	10:00	09:57	10:26	10:02	
64	1284	Wienecke Thorsten	cleverbridge AG	GER	0:40:31	0:40:32	4	M40	71	09:46	09:37	11:42	09:23	
65	1245	Röth Leonce	CCCP	GER	0:40:31	0:40:33	10	M30	82	10:16	09:55	10:14	10:05	
66	94	Uesbeck Sebastian	Uni Münster	GER	0:40:35	0:40:43	45	MHK	87	10:44	10:03	10:06	09:40	
67	1717	Engelhardt Kai	Kölner Bank	GER	0:40:39	0:40:42	2	M45	67	10:24	09:56	10:05	10:11	
68	2080	Owen Andrew	TriCologne	GER	0:40:45	0:40:49	5	M40	73	10:33	10:05	10:06	09:59	
69	1835	Hackenbroich Wolfgang	LT Köln-Esch	GER	0:40:57	0:41:01	2	M50	60	10:59	10:41	09:58	09:18	
70	70	Tilman Betram	Uni Dortmund	GER	0:41:04	0:41:10	46	MHK	91	10:49	10:11	10:13	09:49	
71	21	Alberti Andrea	Uni Bonn	GER	0:41:07	0:41:14	11	M30	82	10:23	10:00	10:28	10:14	
72	1633	Brill Dr. Dominik	Gesellschaft für Erdkunde läuf	GER	0:41:07	0:41:14	12	M30	83	10:52	10:04	10:13	09:57	
73	29	Reimann René	Uni Bonn	GER	0:41:11	0:41:18	47	MHK	85	10:30	10:16	10:26	09:58	
74	2344	Schütte Marc	1. Kölner Laufstall	GER	0:41:13	0:41:13	3	M35	75	10:57	10:10	10:19	09:46	
75	1978	Philippen Thomas	Sebamed Running Team	GER	0:41:22	0:41:26	48	MHK	89	10:42	10:17	10:22	10:00	
76	2022	Johnson Dr. Kevin	Team Bootshaus Biologie	GER	0:41:22	0:41:29	3	M50	64	10:49	10:04	10:15	10:13	
77	2397	Braunfels Dominik	Pampers Rocker	GER	0:41:24	0:41:39	49	MHK		10:43	10:08	10:31	10:01	
78	833	Müller Matthias	*Köln	GER	0:41:28	0:41:40	4	M35	77	10:49	10:05	10:18	10:15	
79	1982	Blank Björn	Shell - Fit for the Job	GER	0:41:29	0:41:38	5	M35	76	10:42	10:08	10:24	10:14	
80	715	Kempkes Nils	*Emmerich	GER	0:41:38	0:41:38	50	MHK	93	11:10	10:20	10:09	09:58	
81	837	Nehrhoff Hauke	*Köln	GER	0:41:39	0:41:45	51	MHK	91	10:47	10:12	10:26	10:12	
82	2096	Henkemeyer Patrick	Universität Duisburg-Essen	GER	0:41:40	0:41:49	52	MHK	88	10:48	10:12	10:27	10:12	
83	1015	Thullen Stefan	*Köln	GER	0:41:44	0:41:50	53	MHK	93	11:02	10:12	10:27	10:01	
84	792	Lutz Prof. Dr. Jürgen	*Köln	GER	0:41:47	0:41:51	3	M45	68	10:54	10:08	10:31	10:13	
85	1841	Kruff Daniel	Marathon-Club Eschweiler	GER	0:41:48	0:41:55	54	MHK	90	10:37	10:18	10:31	10:20	
86	1798	Stula Sebastian	Laufrausch Köln	GER	0:41:50	0:41:56	6	M35	79	11:05	10:26	10:23	09:55	
87	749	Kreutzwald Florian	*Köln	GER	0:41:51	0:42:02	55	MHK	91	10:33	10:19	10:36	10:21	
88	2045	Klingenheben Benedikt	Team ESG	GER	0:42:00	0:42:14	56	MHK	90	11:06	10:21	10:22	10:10	
89	2139	Sadowski Christoph	Valium i.V.	GER	0:42:00	0:42:13	57	MHK	92	10:35	10:17	10:41	10:25	
90	2438	Fischer Jonas		GER	0:42:07	0:42:18	58	MHK	89	10:54	10:12	10:28	10:31	
91	1282	Trzaskalik Martin	cleverbridge AG	GER	0:42:07	0:42:19	6	M40	73	10:41	10:11	10:21	10:53	
92	2017	Mittelstraß Raphael	Swagheti Spohognese	GER	0:42:12	0:42:28	59	MHK	93	11:24	10:28	10:21	09:58	
93	24	Zopes Jonathan	Uni Bonn	GER	0:42:20	0:42:26	60	MHK	89	10:43	10:18	10:31	10:46	
94	1930	Evers Jörg	RADIO SABOR Runners	GER	0:42:21	0:42:38	13	M30	80	10:53	10:25	10:35	10:27	
95	2186	Mohrmann Jörg	VampirPower	GER	0:42:22	0:42:28	7	M40	73	10:57	10:20	10:35	10:29	
96	2422	Hasselberg Nils	LAZ Puma Rhein Sieg	GER	0:42:32	0:42:34	1	MU1	97	10:20	10:22	10:51	10:57	
97	1781	Nowak Andreas	Laktatkoenige	GER	0:42:34	0:42:43	1	M60	51	11:06	10:30	10:32	10:25	
98	901	Rost Dr. Alexander	*Köln	GER	0:42:37	0:42:40	14	M30	82	11:17	10:34	10:44	10:00	
99	1434	Rauch Jannes	Cologne Internationals	GER	0:42:47	0:42:54	61	MHK	85	10:59	10:27	10:51	10:28	
100	2039	Tommaso Reggiani	Team EPO	ITA	0:42:54	0:43:15	15	M30	83	12:25	10:23	10:03	10:01	
101	1459	Sommerfeld Jan	Cologne Internationals	GER	0:42:57	0:43:09	62	MHK	89	11:31	10:27	10:38	10:20	
102	803	Mathey Philipp	*Köln	GER	0:43:03	0:43:20	63	MHK	88	11:43	10:24	10:37	10:17	
103	1923	Yosy Lawrence	Prothetik Prof. Niedermeier	GER	0:43:04	0:43:07	64	MHK	92	10:21	10:30	11:29	10:41	
104	1428	Pleuß Jörn	Cologne Internationals	GER	0:43:04	0:43:11	16	M30	84	11:21	10:33	10:47	10:23	
105	1100	Binder Leon	1.FC Köln	GER	0:43:08	0:43:25	65	MHK	87	12:23	10:51	10:26	09:26	
106	624	Franken Aljosha	*Köln	GER	0:43:10	0:43:15	66	MHK	92	10:58	10:47	10:59	10:24	
107	623	Frank Julian	*köln	GER	0:43:10	0:43:26	67	MHK	90	12:25	10:51	10:25	09:27	
108	1163	Buob Björn	BLB Köln Runner	GER	0:43:11	0:43:18	4	M50	62	10:57	10:49	10:44	10:40	
109	1223	Stengele Felix	Boys de SPOHO	GER	0:43:12	0:43:28	68	MHK	94	11:47	11:05	10:53	09:26	
110	697	Huefnagels Ron	*köln	GER	0:43:13	0:43:28	69	MHK	92	11:19	10:25	11:06	10:22	
111	615	Fiedler Jens	*Köln	GER	0:43:15	0:43:27	7	M35	77	11:08	10:28	10:45	10:52	
112	694	Hoven Thorsten	*Köln	GER	0:43:17	0:43:38	17	M30	83	11:10	10:29	11:02	10:35	
113	1916	Schovenberg Alexander	Prothetik Prof. Niedermeier	GER	0:43:19	0:43:22	18	M30	84	11:04	10:48	10:51	10:35	
114	1453	Scholl Bernd	Cologne Internationals	GER	0:43:20	0:43:27	19	M30	80	11:03	10:35	10:52	10:48	
115	1203	Scholemann Daniel	BLB Köln Runner	GER	0:43:21	0:43:51	20	M30	82	11:45	10:25	10:37	10:32	
116	1005	Tassius Alexander	*Köln	GER	0:43:21	0:43:30	70	MHK	87	10:30	10:19	11:00	11:31	
117	1644	Willmes Christian	Gesellschaft für Erdkunde läuf	GER	0:43:25	0:43:32	21	M30	80	11:12	10:46	11:00	10:26	
118	1940	Scholten Jan	RFH Köln	GER	0:43:26	0:43:39	71	MHK	88	11:07	10:36	10:54	10:48	
119	788	Lorre Marcus	*Köln	GER	0:43:27	0:43:32	72	MHK	89	10:45	10:53	11:10	10:38	
120	507	Anedda Bastian	*Köln	GER	0:43:28	0:43:44	73	MHK	91	11:25	10:27	10:55	10:39	

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Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
121	622	Franitza Marek	*Köln	GER	0:43:28	0:43:35	8	M35	76	10:56	09:54	10:15	12:21	
122	499	Ritter Johannes			0:43:30	0:43:34	4	M45	65	10:48	10:35	11:04	11:01	
123	1409	Loebbing Jonas	Cologne Internationals	GER	0:43:31	0:43:43	74	MHK	90	11:35	10:27	10:35	10:52	
124	1927	Holbein Jan	Pulheimer SC	GER	0:43:37	0:43:42	75	MHK	90	10:59	10:42	11:13	10:41	
125	515	Bakaev Boris	*Aachen	GER	0:43:37	0:43:42	76	MHK	87	11:04	10:33	11:00	10:59	
126	877	Pörtner Florian	*Köln	GER	0:43:38	0:43:49	77	MHK	86	11:45	10:39	10:39	10:33	
127	834	Müller Maximilian	*Köln	GER	0:43:39	0:43:51	78	MHK	89	11:35	10:55	10:54	10:15	
128	777	Lenz Matthias	*Köln	GER	0:43:40	0:43:55	79	MHK	91	11:59	10:51	10:51	09:57	
129	1695	Becker Sebastian	Köln Marathon-Team	GER	0:43:41	0:43:52	9	M35	78	11:17	10:33	10:53	10:56	
130	1218	Kresse Christoph	Boys de SPOHO	GER	0:43:42	0:43:57	80	MHK	91	11:59	10:55	10:49	09:58	
131	1749	Soethout Guido	Kölner Bank	GER	0:43:44	0:43:49	3	M55	55	11:19	10:48	10:55	10:41	
132	2221	Piotter Wanja Nils	WiSo-Warriors	GER	0:43:48	0:43:53	81	MHK	90	11:18	10:54	10:59	10:35	
133	1966	Garcia David	Schweidt	ESP	0:43:53	0:44:39	82	MHK	94	12:15	10:24	10:40	10:32	
134	83	Döring Julian	Uni Münster	GER	0:43:54	0:44:11	83	MHK	91	12:10	10:29	10:39	10:34	
135	1979	Philippen Thomas	Sebamed Running Team	GER	0:43:55	0:44:01	84	MHK	89	11:12	10:49	10:49	11:04	
136	1091	Zöller Bastian	*Köln	GER	0:43:55	0:44:09	85	MHK	91	11:55	10:48	10:50	10:20	
137	76	Grünheidt Jens	Uni Dortmund	GER	0:43:57	0:44:04	86	MHK	87	11:27	10:52	11:04	10:32	
138	72	Horst Lucas	Uni Dortmund	GER	0:43:57	0:44:04	87	MHK	86	11:31	11:02	10:55	10:27	
139	1970	Koco Edin	Schweidt	FRA	0:43:59	0:44:39	2	MU2	95	11:30	10:31	10:58	10:58	
140	1822	Umbach Thorsten	LKW-Schorse	GER	0:44:00	0:44:13	88	MHK	85	11:00	10:44	11:12	11:03	
141	1637	Kretschmer Holger	Gesellschaft für Erdkunde läuf	GER	0:44:02	0:44:07	10	M35	75	11:25	10:38	10:57	11:01	
142	1795	Fink Daniel	Laufmonster	GER	0:44:03	0:44:07	11	M35	79	11:06	10:52	11:06	10:57	
143	745	Kosak Benedikt	*Junkersdorf	GER	0:44:03	0:44:19	89	MHK	94	11:45	11:07	10:56	10:13	
144	2006	Pörschmann Christoph	Spatial Audio - FH Köln	GER	0:44:03	0:44:19	8	M40	70	11:25	10:49	11:05	10:44	
145	663	Hanspach Jannis	*Köln	GER	0:44:07	0:44:18	90	MHK	92	12:22	10:06	10:44	10:52	
146	1246	Saueremann Jan	CCCP	GER	0:44:12	0:44:16	22	M30	81	11:06	10:38	11:15	11:13	
147	89	Lüker Sebastian	Uni Münster	GER	0:44:13	0:44:16	91	MHK	86	10:59	10:57	11:15	11:00	
148	645	Grosser Marc	*Bergisch Gladbach	GER	0:44:14	0:44:32	92	MHK	85	11:37	10:39	10:57	11:00	
149	512	Bäker Thomas	*Köln	GER	0:44:16	0:44:21	5	M50	64	11:32	10:57	10:59	10:46	
150	1673	Schmitt Uwe	joesfineum e.V.	GER	0:44:17	0:44:23	5	M45	65	11:57	10:51	10:49	10:38	
151	1363	Greulich Malte	Cologne Internationals	GER	0:44:19	0:44:29	93	MHK	89	11:48	10:58	10:54	10:37	
152	529	Betke Henrik	*Köln	GER	0:44:27	0:44:28	94	MHK	88	10:57	11:00	11:17	11:11	
153	1240	Vanek Nikolai	Bunert Der Kölner Laufladen	GER	0:44:30	0:44:36	23	M30	84	11:24	10:55	11:21	10:48	
154	1219	Pawlowski Andre	Boys de SPOHO	GER	0:44:30	0:44:46	95	MHK	93	11:57	10:55	10:57	10:39	
155	1909	Arzt Michael	Projekt Rio 2016	GER	0:44:32	0:44:42	12	M35	76	11:43	11:00	11:00	10:47	
156	978	Sommer Stefan		GER	0:44:33	0:44:33	4	M55	57	23:24	07:27	07:20	06:20	
157	1897	Seebahn Lars-Ole	Ole Gedächtnis-Lauf	GER	0:44:33	0:44:53	24	M30	80	11:48	10:55	10:56	10:53	
158	2437	Heitkemper Nils		GER	0:44:33	0:44:44	96	MHK	90	11:28	10:58	11:23	10:43	
159	2220	Noll Mike	WiSo-Warriors	GER	0:44:33	0:44:39	97	MHK	86	11:22	11:06	11:17	10:47	
160	1371	Haller Tim	Cologne Internationals	GER	0:44:37	0:44:52	98	MHK	86	11:43	10:40	11:01	11:12	
161	1829	Feltens Lars	LT Decksteiner Weiher	GER	0:44:38	0:44:53	13	M35	75	11:21	10:51	11:17	11:08	
162	1221	Platte Yannick	Boys de SPOHO	GER	0:44:40	0:44:55	99	MHK	94	11:47	11:06	10:56	10:50	
163	568	Csiba Philip	*Koeln	GBR	0:44:40	0:44:44	9	M40	71	11:36	10:49	11:09	11:04	
164	2361	Wolff Vincent	Triathlon Gruppe Uni Bonn	GER	0:44:42	0:45:14	100	MHK	90	11:58	10:52	11:21	10:29	
165	2043	Eisermann Stephan	Team Erdinger Alkoholfrei	GER	0:44:42	0:44:46	6	M45	66	11:36	11:00	11:10	10:55	
166	1689	Dittrich Matthias	Kenianischer Lauftreff	GER	0:44:44	0:44:57	101	MHK	88	11:43	10:40	11:13	11:06	
167	1751	Von Platen Patrick	Kölner Bank	GER	0:44:45	0:44:54	102	MHK	94	11:31	11:45	12:27	09:00	
168	1688	Dittrich Marius	Kenianischer Lauftreff	GER	0:44:46	0:44:58	103	MHK	86	10:58	10:57	11:35	11:14	
169	1048	Weber Robin	*Köln	GER	0:44:46	0:45:01	104	MHK	92	11:32	11:03	11:20	10:49	
170	871	Pietsch Lutz	*Simmerath	GER	0:44:47	0:45:10	14	M35	78	11:47	10:46	11:11	11:01	
171	2091	Lehnigk Matthias	TV SCREENWORKS	GER	0:44:48	0:44:57	6	M50	63	11:47	11:05	11:09	10:46	
172	845	Nieweg Marius	*Köln	GER	0:44:49	0:45:01	105	MHK	87	11:22	11:10	11:24	10:51	
173	1775	Blieschies Ruediger	Laktatkoenige	GER	0:44:49	0:44:58	7	M50	62	11:49	11:02	11:08	10:49	
174	2439	Emonds Stephan		GER	0:44:51	0:45:05	106	MHK	90	11:44	10:58	11:08	10:59	
175	589	Duch Lars	*Köln	GER	0:44:51	0:45:02	107	MHK	91	11:43	10:59	11:07	11:00	
176	1039	Wahlers Alexander	*Köln	GER	0:44:55	0:45:02	108	MHK	88	11:35	11:02	11:21	10:56	
177	1643	Schoenen Andre	Gesellschaft für Erdkunde läuf	GER	0:44:55	0:45:01	109	MHK	87	11:32	11:08	11:16	10:58	
178	1177	Hölk Hans	BLB Köln Runner	GER	0:45:02	0:45:19	7	M45	66	11:39	10:53	11:14	11:15	
179	989	Steinhauer Uli	*Köln	GER	0:45:03	0:45:11	8	M45	67	11:31	11:05	11:27	10:58	
180	1699	Frisch Markus	Köln Marathon-Team	GER	0:45:03	0:45:14	9	M45	68	11:37	11:02	11:29	10:53	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
181	1449	Schäperclaus Jens	Cologne Internationals	GER	0:45:03	0:45:24	15	M35	77	11:58	11:00	11:10	10:53	
182	1975	Hilger Timo	SCMP läuft!	GER	0:45:04	0:45:12	25	M30	82	11:51	10:52	11:13	11:07	
183	1513	Götting Tino	DeafRunCologne	GER	0:45:05	0:46:37	26	M30	80	12:01	10:48	11:08	11:07	
184	2090	Doppelfeld Mark	Tv Rodenkirchen Triathlon	GER	0:45:05	0:45:12	10	M40	70	11:14	10:31	12:07	11:12	
185	1398	Krüger Fabio	Cologne Internationals	GER	0:45:07	0:45:13	110	MHK	93	11:02	11:16	11:42	11:06	
186	43	Von Witzleben Moritz	RWTH Aachen	GER	0:45:07	0:45:14	111	MHK	90	11:31	11:03	11:08	11:24	
187	1876	Von Knobloch Julius	Nunc est currendum!	GER	0:45:09	0:45:16	112	MHK	88	11:46	11:04	11:24	10:53	
188	574	De Braquilanges Luc	*Hürth	FRA	0:45:10	0:45:18	3	MU2	95	10:56	11:02	11:46	11:25	
189	1846	Beyer Heinrich	MirkoRunning Team	GER	0:45:10	0:45:21	5	M55	56	12:10	10:55	11:07	10:57	
190	2419	Schwochow Leonard		GER	0:45:11	0:45:28	113	MHK	89	11:59	11:01	11:18	10:52	
191	629	Fürst Felix	*Köln	GER	0:45:15	0:45:32	114	MHK	93	11:53	10:37	11:13	11:31	
192	735	Klütsch Niklas	*Köln	GER	0:45:15	0:45:32	115	MHK	91	11:53	10:36	11:12	11:32	
193	2286	Herden Jan	Urologie UK Köln	GER	0:45:16	0:45:23	116	MHK		12:14	10:54	11:03	11:03	
194	1834	Wolf Harald	LT Decksteiner Weiher	GER	0:45:16	0:45:23	10	M45	67	11:31	11:06	11:24	11:14	
195	2042	Dethlefs Wilfried	Team Erdinger Alkoholfrei	GER	0:45:21	0:45:28	6	M55	56	11:55	11:06	11:15	11:03	
196	755	Kühl Matthias	*Windhagen	GER	0:45:22	0:45:26	117	MHK	89	11:30	11:22	11:17	11:11	
197	1466	Takemura Akira	Cologne Internationals	JPN	0:45:22	0:45:31	118	MHK	92	11:31	11:01	11:32	11:17	
198	1939	Jakobs David	RFH Köln	GER	0:45:23	0:45:37	119	MHK	87	11:46	11:15	11:21	11:00	
199	767	Lasic Iko	*Köln	GER	0:45:23	0:45:39	120	MHK	92	12:32	10:47	10:56	11:07	
200	671	Hein Matthias	*Köln	GER	0:45:23	0:45:39	121	MHK	91	12:32	10:30	11:13	11:06	
201	614	Fichtl Maximilian	*Ramersbach	GER	0:45:24	0:45:39	122	MHK	93	12:32	10:47	10:57	11:06	
202	2180	Ley Kevin	VampirPower	GER	0:45:27	0:45:41	123	MHK	90	12:11	11:10	11:17	10:48	
203	1702	Strajhar Max	Köln Marathon-Team	GER	0:45:27	0:45:40	124	MHK	87	11:34	11:04	11:23	11:25	
204	2297	Binnebrösel Stephan	Urologie UK Köln	GER	0:45:31	0:45:48	125	MHK		12:10	11:03	11:27	10:49	
205	1045	Weber Dominic	*Pulheim	GER	0:45:31	0:45:50	27	M30	80	11:43	10:57	11:15	11:34	
206	1941	Kleemann Marcel	Rodrod Med Flode	GER	0:45:32	0:45:47	28	M30	84	12:22	10:56	11:03	11:09	
207	1921	Wessel Maximilian	Prothetik Prof. Niedermeier	GER	0:45:32	0:45:55	16	M35	79	11:49	11:04	11:21	11:17	
208	1396	Kräfte Thorsten	Cologne Internationals	GER	0:45:32	0:45:42	17	M35	77	11:58	11:11	11:29	10:52	
209	1680	Olbertz Dominik	JuRace	GER	0:45:35	0:45:38	126	MHK	92	11:58	11:13	11:18	11:05	
210	800	Manke Adrian	*Köln	GER	0:45:39	0:46:17	127	MHK	86	12:15	11:29	11:17	10:36	
211	643	Gräfer Justin Andrew	*Köln	GER	0:45:42	0:45:52	128	MHK	91	11:35	10:48	11:23	11:54	
212	1968	Kara Dr. Serhan	Schweidt	GER	0:45:44	0:46:26	129	MHK	92	11:41	11:02	11:34	11:25	
213	1969	Karbaum Patrick	Schweidt	GER	0:45:44	0:46:26	4	MU2	95	11:41	11:03	11:34	11:25	
214	1915	Sälzer Daniel	Prothetik Prof. Niedermeier	GER	0:45:45	0:46:08	130	MHK	87	12:24	11:13	10:59	11:08	
215	1062	Wichmann Niklas	*Köln	GER	0:45:47	0:45:57	131	MHK	90	11:20	11:22	11:47	11:18	
216	1035	Vom Eyser Maximilian	*Dormagen	GER	0:45:48	0:45:59	132	MHK	93	12:04	11:03	11:29	11:10	
217	616	Fischenich Dorian	*Brauweiler	GER	0:45:48	0:46:14	133	MHK	94	12:23	10:59	11:07	11:18	
218	2414	Mostofi Omid		GER	0:45:48	0:46:15	134	MHK	93	12:23	11:00	11:06	11:18	
219	881	Queiser Michael	*Köln	GER	0:45:54	0:45:58	135	MHK	91	11:49	11:21	11:28	11:14	
220	1838	Memmel Sebastian	Mapplethorpe	GER	0:45:54	0:45:56	29	M30	84	12:06	11:14	11:22	11:10	
221	2213	Carl Jens	WiSo-Warriors	GER	0:46:01	0:46:07	136	MHK	88	11:44	11:05	11:38	11:32	
222	1021	TZIAMPAZIS PAVLOS	*Cologne	GRE	0:46:02	0:46:08	137	MHK	93	11:27	11:17	11:30	11:46	
223	706	Janicki Karl	*Köln	GER	0:46:03	0:46:16	138	MHK	88	00:00	00:00	00:00	00:00	
224	2356	Leboutte Francois	Triathlon Gruppe Uni Bonn	GER	0:46:04	0:46:36	139	MHK	89	12:14	11:08	11:29	11:12	
225	2274	Kühn Christoph	Zollstocker Blitze	GER	0:46:04	0:46:22	30	M30	81	12:16	11:17	11:24	11:06	
226	738	Knops Pieter	*Köln	GER	0:46:09	0:46:26	140	MHK	88	12:13	11:06	11:31	11:18	
227	936	Schmitz Christoph	*Aachen	GER	0:46:10	0:46:19	18	M35	76	12:12	11:22	11:26	11:08	
228	752	Kruppa Dr. Thomas	*Köln	GER	0:46:11	0:46:18	11	M40	72	12:26	11:19	11:23	11:02	
229	1303	Kämmerling Cornelius	Collegium Musicum	GER	0:46:11	0:46:21	31	M30	84	12:09	11:24	11:22	11:14	
230	619	Fischer Sören	*Köln	GER	0:46:14	0:46:33	19	M35	78	12:17	11:12	11:10	11:34	
231	2341	Gast Jürgen	Köln läuft!	GER	0:46:15	0:46:32	20	M35	75	12:16	11:26	11:36	10:56	
232	1437	Reifferscheid Christian	Cologne Internationals	GER	0:46:21	0:46:33	141	MHK	89	12:23	11:32	11:29	10:56	
233	634	Gebert Jurij	*Köln	GER	0:46:21	0:46:29	142	MHK	89	11:09	11:13	12:17	11:41	
234	1292	Wigger Christoph	cmr	GER	0:46:24	0:46:43	143	MHK	87	11:55	11:09	11:43	11:35	
235	2342	Bonmann Theo	Köln läuft!	GER	0:46:24	0:46:32	12	M40	70	11:39	11:27	11:45	11:32	
236	2398	Brokmeier Pascal	Pampers Rocker	GER	0:46:25	0:46:42	144	MHK	92	12:08	11:19	11:42	11:14	
237	1042	Warnking Fabian	*Köln	GER	0:46:26	0:47:07	145	MHK	88	12:03	11:10	11:34	11:37	
238	1344	Eisenbart Tobias	Cologne Internationals	GER	0:46:30	0:46:43	146	MHK	86	11:52	11:16	11:43	11:38	
239	2197	Stier Bernhard	VampirPower	GER	0:46:32	0:46:43	147	MHK	90	11:33	11:03	11:37	12:19	
240	2036	Heinz Matthias	Team EPO	GER	0:46:32	0:46:55	32	M30	83	12:26	11:17	11:38	11:10	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
240	2359	Heuser Christian	Triathlon Gruppe Uni Bonn	GER	0:46:32	0:47:04	148	MHK	92	12:14	11:09	11:36	11:32	
242	1397	Krehl Frederic	Cologne Internationals	GER	0:46:34	0:46:56	149	MHK	86	12:28	11:39	11:24	11:03	
243	1686	Mayer Alexander	keep runing keep drinking	GER	0:46:34	0:46:51	150	MHK	93	12:11	11:34	11:47	11:01	
244	2199	Stylianou Lukas	VampirPower	GER	0:46:35	0:47:26	151	MHK	92	12:14	11:25	11:41	11:14	
245	1067	Winter Stefan	*Köln	GER	0:46:38	0:46:58	21	M35	76	12:24	11:08	11:39	11:26	
246	20	Grunwald Tobias Sebastian	Uni Bonn	GER	0:46:41	0:46:45	152	MHK	89	11:51	11:53	11:43	11:13	
247	27	Freiburg Mario	Uni Bonn	GER	0:46:47	0:46:50	153	MHK	85	12:19	11:22	11:34	11:30	
248	1081	Zang Florian	*Köln	GER	0:46:53	0:47:00	154	MHK	89	12:34	11:22	11:34	11:22	
249	2077	Lerch Andreas	TriathlonSteckelCologne	GER	0:46:54	0:47:11	33	M30	81	12:01	11:34	11:46	11:31	
250	1603	Klein Norman	ERGO sports Köln	GER	0:46:56	0:47:13	13	M40	74	12:11	11:26	11:45	11:32	
251	77	Knierbein Michael	Uni Dortmund	GER	0:46:57	0:47:02	155	MHK	90	12:13	11:21	11:47	11:35	
252	2426	Müller Jannik		GER	0:46:58	0:47:24	156	MHK	92	12:22	11:11	11:50	11:35	
253	1830	Hippler Frank	LT Decksteiner Weiher	GER	0:46:59	0:47:15	8	M50	63	12:16	11:33	11:41	11:27	
254	1515	Woltemate Martin	DeafRunCologne	GER	0:47:03	0:48:35	34	M30	82	12:04	11:27	11:54	11:37	
255	2208	Pieper Lars	Gesellschaft für Erdkunde läuf	GER	0:47:04	0:48:04	35	M30	80	12:37	11:19	11:44	11:22	
256	1478	Von Bohuszewicz Sascha	Cologne Internationals	GER	0:47:04	0:47:18	157	MHK	92	12:43	11:31	11:37	11:12	
257	1211	Weber Sebastian	BLB Köln Runner	GER	0:47:06	0:47:36	158	MHK	93	12:36	11:26	11:33	11:29	
258	2436	Krampe Raphael		GER	0:47:07	0:47:59	159	MHK	86	12:19	11:19	11:47	11:41	
259	92	Stephanblome Klaus	Uni Münster	GER	0:47:07	0:47:10	9	M50	64	12:20	11:33	11:45	11:28	
260	2332	Rose Felix		GER	0:47:07	0:49:05	160	MHK	92	12:37	11:45	11:24	11:20	
261	912	Sallen Niko	*Köln	GER	0:47:09	0:47:31	161	MHK	85	11:32	11:28	12:09	12:00	
262	1769	Ewert Stefan	KSK Köln	GER	0:47:11	0:47:18	22	M35	77	12:22	11:32	11:43	11:31	
263	1036	Von Holtum Viktor	*Köln	GER	0:47:11	0:47:25	23	M35	78	12:24	11:01	11:48	11:56	
264	1929	Brinkmann Wanja	RADIO SABOR Runners	GER	0:47:13	0:47:31	36	M30	84	12:25	11:35	11:37	11:35	
265	1896	Schönemann Heinz	Ole Gedächtnis-Lauf	GER	0:47:14	0:47:35	10	M50	64	12:38	11:38	11:36	11:21	
266	1932	Lajendäcker Christoph	Railslovers	GER	0:47:15	0:47:36	24	M35	75	12:06	11:30	11:52	11:46	
267	1108	Santamaria Jose	AG Schwarz	GER	0:47:17	0:48:28	25	M35	76	13:23	11:23	11:29	11:01	
268	2434	Behrens Marcel		GER	0:47:18	0:47:26	162	MHK	88	12:06	12:00	11:54	11:17	
269	2231	Ulrich Daniel	WiSo-Warriors	GER	0:47:20	0:47:51	163	MHK	93	12:03	11:24	12:07	11:44	
270	1779	Langensiepen Dr. Günter	Laktatkoenige	GER	0:47:20	0:47:34	1	M65	46	12:26	11:40	11:51	11:22	
271	1919	Vogt Benjamin	Prothetik Prof. Niedermeier	GER	0:47:21	0:47:35	164	MHK	91	12:27	11:40	11:52	11:21	
272	2214	Dax Christopher	WiSo-Warriors	GER	0:47:22	0:47:51	165	MHK	91	12:33	11:13	11:50	11:45	
273	1593	Harriers Holger	Elisabeth-von-Thüringen-Gymna	GER	0:47:22	0:47:35	11	M50	63	12:26	11:32	11:55	11:27	
274	523	Behrenbruch Clemens	*Köln	GER	0:47:23	0:47:31	11	M45	66	12:39	11:41	11:41	11:20	
275	582	Dietrich Carsten	*Köln	GER	0:47:23	0:47:54	14	M40	74	12:36	11:22	11:37	11:47	
276	2005	Bernschütz Benjamin	Spatial Audio - FH Köln	GER	0:47:24	0:47:39	26	M35	79	12:23	11:39	11:46	11:34	
277	1790	Duikers Jan	Laufgeschwister	GER	0:47:24	0:47:58	27	M35	77	12:58	11:19	11:49	11:16	
278	607	Ewertowski Jan	*Köln	GER	0:47:25	0:47:33	166	MHK	86	12:06	12:00	11:55	11:23	
279	506	Andersson Niklas	*Köln	GER	0:47:25	0:47:44	167	MHK	94	12:23	11:39	11:56	11:26	
280	1482	Wels Lukas	Cologne Internationals	GER	0:47:26	0:47:38	168	MHK	90	13:18	11:18	11:15	11:33	
281	1183	Kill Wolfgang	BLB Köln Runner	GER	0:47:26	0:47:46	15	M40	73	12:51	11:44	11:41	11:10	
282	2134	Luelf Manfred	Valium i.V.	GER	0:47:26	0:47:43	7	M55	56	12:40	11:36	11:35	11:34	
283	2289	Müller Johannes	Urologie UK Köln	GER	0:47:31	0:48:39	169	MHK		12:49	11:32	11:49	11:19	
284	1619	Heinen Sebastian	FC Keldenich	GER	0:47:33	0:47:47	170	MHK	87	12:31	11:46	11:51	11:24	
285	1690	Peters Michael	Kenianischer Lauftreff	GER	0:47:33	0:47:47	171	MHK	86	12:49	11:35	11:45	11:23	
286	2347	Spreemann Carsten		GER	0:47:35	0:47:43	28	M35	75	13:03	11:48	11:35	11:07	
287	1140	Schwietzke Tim	Beverunger Jugns	GER	0:47:36	0:47:47	37	M30	82	12:13	11:50	11:53	11:38	
288	2283	Bippas Jachim	Urologie UK Köln	GER	0:47:37	0:47:46	8	M55	58	12:31	11:35	11:48	11:42	
289	1750	Theis Arne	Kölner Bank	GER	0:47:38	0:47:53	29	M35	77	12:13	11:39	11:57	11:48	
290	1058	Wenninghoff Michael	Team AOK Köln	GER	0:47:38	0:47:58	12	M45	65	12:40	11:45	11:40	11:32	
291	716	Keppel Frank	Team AOK Köln	GER	0:47:39	0:47:59	12	M50	62	12:40	11:45	11:40	11:32	
292	2007	Stade Philipp	Spatial Audio - FH Köln	GER	0:47:40	0:47:55	172	MHK	85	12:08	11:49	11:57	11:44	
293	1317	Dresbach Frank	Cologne Allblacks	GER	0:47:40	0:47:52	13	M45	67	12:39	11:40	11:45	11:35	
294	1618	Heinen Markus	FC Keldenich	GER	0:47:40	0:47:54	13	M50	62	12:31	11:46	11:51	11:32	
295	1967	García Clavel Joaquín	Schweidt	ESP	0:47:42	0:48:22	30	M35	79	12:57	11:31	11:44	11:28	
296	1955	Sevenich Philipp	Run for rest, run!	GER	0:47:44	0:48:36	38	M30	84	12:34	11:24	11:56	11:49	
297	1392	König Daniel	Cologne Internationals	GER	0:47:47	0:48:12	173	MHK	88	13:09	11:46	11:38	11:13	
298	2222	Preick Dustin	WiSo-Warriors	GER	0:47:48	0:47:55	174	MHK	89	11:42	12:12	12:25	11:27	
299	1290	Ludwig Prof. Alexander	cmr	GER	0:47:49	0:48:09	31	M35	75	12:11	11:54	12:02	11:40	
300	914	Schaefer Tim	*Aachen	GER	0:47:50	0:48:28	175	MHK	90	13:10	11:26	11:44	11:28	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
301	2327	Gehling Titus	AG Schwarz	GER	0:47:52	0:48:55	5	MU2	95	14:06	12:19	10:38	10:48	
302	855	Oehler Matthias	*Köln	GER	0:47:52	0:48:09	176	MHK	85	12:35	11:54	11:52	11:30	
303	2335	Heinen Olaf	BV 08 Lüttringhausen	GER	0:47:54	0:48:06	14	M45	66	12:22	11:34	11:55	12:02	
304	2240	Göbel Jan	ww18	GER	0:47:57	0:48:13	32	M35	76	12:08	11:14	12:19	12:13	
305	2241	Heinrich Jonas	ww18	GER	0:47:57	0:48:13	177	MHK	86	12:08	11:12	12:16	12:20	
306	1691	Bücher Torsten	King Balu und seine tollküne C	GER	0:47:59	0:48:43	178	MHK	89	12:38	11:32	11:59	11:49	
307	1393	Kötter Henry	Cologne Internationals	GER	0:48:00	0:48:11	179	MHK	93	12:27	11:42	12:02	11:48	
308	1226	Jakubowitz Martin	BSG RheinEnergie	GER	0:48:00	0:48:20	15	M45	67	12:42	11:52	11:49	11:36	
309	1227	Neven Holger	BSG RheinEnergie	GER	0:48:00	0:48:19	33	M35	76	12:39	11:46	11:53	11:41	
310	1774	Beuscher Armin	Laktatkoenige	GER	0:48:02	0:48:14	9	M55	58	12:27	11:44	11:59	11:50	
311	1771	Egetenmeyer Jakob	Labsprinters	GER	0:48:02	0:48:13	39	M30	83	12:52	11:38	12:01	11:30	
312	1337	Dörken Patrick	Cologne Internationals	GER	0:48:02	0:48:29	180	MHK	85	12:59	11:52	11:51	11:18	
313	1972	Rottländer Markus	Schweidt	GER	0:48:02	0:48:46	181	MHK	94	14:31	12:02	11:04	10:23	
314	639	Glaubach Jürgen	Team AOK Köln	GER	0:48:02	0:48:04	14	M50	61	11:47	11:55	12:06	12:13	
315	1308	Pilatus Jonas	Collegium Musicum	GER	0:48:02	0:48:12	182	MHK	85	12:20	11:41	12:10	11:50	
316	1011	Thomas Jakob	*Brühl	GER	0:48:03	0:48:30	183	MHK	89	13:47	11:43	11:32	11:00	
317	742	Kockisch Andreas	*Köln	GER	0:48:04	0:48:20	184	MHK	87	12:27	11:44	11:51	12:01	
318	2034	Conrads Julian	Team EPO	GER	0:48:05	0:48:29	185	MHK	93	13:01	11:45	12:00	11:17	
319	646	Großvollmer Tobias	*Köln	GER	0:48:05	0:48:15	186	MHK	91	12:00	11:25	12:08	12:30	
320	647	Grothe Jon	*Köln	GER	0:48:06	0:48:34	187	MHK	85	12:59	11:47	11:58	11:20	
321	1908	Löpki Dirk	PricewaterhouseCoopers	GER	0:48:08	0:48:15	15	M50	63	13:01	11:42	11:50	11:33	
322	860	Pabst Robert	*Köln	GER	0:48:12	0:48:30	188	MHK	88	12:35	11:59	11:54	11:43	
323	2238	Malcus Gernot	Wupptich op dä Gass	GER	0:48:14	0:48:24	16	M40	74	12:42	11:42	12:06	11:42	
324	1918	Vogel Jens	Prothetik Prof. Niedermeier	GER	0:48:16	0:48:30	40	M30	82	12:26	11:39	12:12	11:57	
325	2388	Kocur Daniel	Köln läuft!	GER	0:48:16	0:48:25	189	MHK	86	13:19	11:27	11:43	11:45	
326	1097	Grimm Manfred	1. Kölner Laufstall	GER	0:48:16	0:48:26	16	M50	62	12:50	11:32	11:52	12:01	
327	1805	Osada Martin	Leonie and Toni 4 ever	GER	0:48:17	0:48:49	190	MHK	85	13:31	11:32	11:47	11:26	
328	2078	Petermann Christian	TriathlonSteckelCologne	GER	0:48:18	0:48:34	191	MHK	86	12:40	12:00	11:54	11:42	
329	1922	Yassien Tareq	Prothetik Prof. Niedermeier	GER	0:48:19	0:48:31	192	MHK	91	12:31	11:39	12:11	11:56	
330	1895	Kamp Stefan	Ole Gedächtnis-Lauf	GER	0:48:21	0:48:42	17	M40	72	12:35	11:41	11:56	12:07	
331	1401	Kuhmann Konrad	Cologne Internationals	GER	0:48:21	0:48:42	193	MHK	90	13:32	11:58	11:48	11:02	
332	1256	Wolf Prof. Dr. Jürgen	CIO & Friends	GER	0:48:21	0:48:46	10	M55	59	13:10	11:50	11:52	11:28	
333	1066	Wilm Cedrik	*Hürth	GER	0:48:22	0:48:39	194	MHK	92	12:40	11:29	12:08	12:04	
334	1251	Kron Florian	CIO & Friends	GER	0:48:22	0:48:46	195	MHK	86	13:11	11:49	11:53	11:27	
335	1481	Weier Marcel	Cologne Internationals	GER	0:48:22	0:48:42	196	MHK	94	13:33	11:58	11:48	11:02	
336	1059	Wenzel Björn	*Kerpen	GER	0:48:23	0:49:41	197	MHK	92	13:21	12:00	11:52	11:09	
337	822	Michelbrink Rolf	*Frechen	GER	0:48:24	0:48:28	11	M55	58	12:40	11:52	12:09	11:42	
338	1572	Köster-Eiserfunke Julian	Die schnellen Intellektuellen	GER	0:48:26	0:48:34	198	MHK	87	12:06	11:49	12:26	12:03	
339	2052	Müller Stefan	Team Wolle	GER	0:48:27	0:49:25	199	MHK	88	14:39	11:31	11:26	10:50	
340	1289	Groneck Max	cmr	GER	0:48:28	0:48:49	34	M35	77	12:26	11:43	12:11	12:07	
341	1055	Weiss Sebastian Ferdinand	*Koeln	GER	0:48:29	0:49:14	200	MHK	88	13:00	12:00	11:50	11:37	
342	1752	Von Platen Rickmann	Kölner Bank	GER	0:48:31	0:48:39	17	M50	62	11:32	11:45	12:27	12:45	
343	1253	Michels Sebastian	CIO & Friends	GER	0:48:34	0:48:59	201	MHK	86	13:46	11:45	11:43	11:18	
344	1079	Yan Luping	*köln	CHN	0:48:35	0:48:48	202	MHK	88	11:42	11:51	12:22	12:39	
345	1040	Walz Andreas	*Köln	GER	0:48:36	0:48:48	18	M50	64	12:24	12:08	12:09	11:54	
346	1571	Köllmann Thomas	Die schnellen Intellektuellen	GER	0:48:37	0:48:46	203	MHK	90	12:14	11:47	12:23	12:12	
347	1455	Siebert Jan	Cologne Internationals	GER	0:48:38	0:49:05	204	MHK	89	12:40	11:50	12:04	12:03	
348	1931	Kus Jan	Railslovers	GER	0:48:38	0:49:00	41	M30	82	12:29	11:55	12:15	11:58	
349	1263	Felten Christian	cleverbridge AG	GER	0:48:39	0:48:52	42	M30	82	13:03	11:46	12:00	11:48	
350	1452	Schnurawa Lukas	Cologne Internationals	GER	0:48:39	0:48:49	205	MHK	85	11:51	11:42	12:42	12:23	
351	1577	Tesse Torben	DSU Köln	GER	0:48:40	0:48:48	43	M30	81	13:24	11:59	11:50	11:26	
352	1964	Grünke Matthias	SC Enzen-Dürscheven	GER	0:48:42	0:49:10	16	M45	69	13:33	11:57	11:58	11:13	
353	1814	Joppich Andre	LKW-Schorse	GER	0:48:42	0:49:26	206	MHK	85	12:59	11:42	12:19	11:41	
354	613	Feldhoff Tobias	*Köln	GER	0:48:43	0:48:47	44	M30	83	12:40	11:50	12:09	12:02	
355	1840	Schwerter Frederik	Mapplethorpe	GER	0:48:44	0:48:47	207	MHK	85	12:18	11:51	12:30	12:04	
356	2018	Schelthoff Kai	TC Rot-Weiß Jülich	GER	0:48:46	0:48:58	208	MHK	92	12:03	12:02	12:28	12:12	
357	1837	Luck Stephan	Mapplethorpe	GER	0:48:46	0:48:49	209	MHK	86	12:17	11:51	12:29	12:07	
358	545	Bohm Ulrich	*Köln	AUT	0:48:46	0:48:56	210	MHK	86	12:11	11:39	12:51	12:04	
359	761	Kyrychenko Anton	*Hürth	GER	0:48:50	0:49:13	211	MHK	92	13:47	11:52	11:36	11:34	
360	1832	Mausbach Gerd	LT Decksteiner Weiher	GER	0:48:50	0:49:48	19	M50	63	12:56	11:41	12:07	12:04	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
361	2140	Sadowski Kurt	Valium i.V.	GER	0:48:50	0:49:08	12	M55	58	12:41	11:55	12:08	12:05	
362	1325	Boldt Daniel	Cologne Internationals	GER	0:48:51	0:49:17	212	MHK	89	12:59	11:53	12:03	11:53	
363	1963	Von Jagemann Max	Running Rower	GER	0:48:51	0:49:07	213	MHK	88	12:33	12:01	12:12	12:03	
364	1157	Baltus Kurt	BLB Köln Runner	GER	0:48:53	0:49:12	13	M55	57	12:30	11:28	24:54	00:00	
365	527	Berners Karl-Peter	*Schleiden	GER	0:48:54	0:49:01	14	M55	59	12:46	11:53	12:07	12:07	
366	1942	Könen Dr. Daniel	Rodgrad Med Flode	GER	0:48:55	0:49:10	214	MHK	85	12:22	11:23	12:32	12:37	
367	2041	Wiesen Dr. Daniel	Team EPO	GER	0:48:56	0:49:19	45	M30	82	12:25	11:27	12:36	12:27	
368	2284	Komptesse Werner	Urologie UK Köln	GER	0:48:58	0:49:07	35	M35	78	12:44	11:56	12:08	12:09	
369	2394	Klaus Janek	Pampers Rocker	GER	0:48:58	0:49:16	215	MHK	91	13:35	12:08	12:04	11:10	
370	1788	Nyhues Mathias	Laufende Lümmel	GER	0:48:58	0:49:23	216	MHK	90	13:44	11:53	11:37	11:43	
371	1687	Klose Vincent	keep running - keep drinking	GER	0:49:01	0:49:34	217	MHK	93	12:43	11:44	12:14	12:19	
372	635	Geisbüsch Gerit	*50996	GER	0:49:03	0:49:09	218	MHK	91	12:39	11:41	12:15	12:27	
373	1327	Buchberger Benedict	Cologne Internationals	GER	0:49:05	0:49:18	219	MHK	92	12:49	11:31	11:31	13:12	
374	1697	Broniecki Jan	Köln Marathon-Team	GER	0:49:05	0:49:17	18	M40	73	12:10	11:43	12:27	12:44	
375	1576	Britz Oliver	DSU Köln	GER	0:49:06	0:49:14	220	MHK	89	13:25	11:57	11:51	11:51	
376	1745	Rossenbach Ralf	Kölner Bank	GER	0:49:07	0:49:19	17	M45	66	13:27	11:53	11:59	11:46	
377	539	Blum Simon	*Bonn	GER	0:49:08	0:50:02	221	MHK	85	13:00	11:57	12:03	12:06	
378	1997	Wenzel Axel	Shell - Fit for the Job	GER	0:49:09	0:49:15	18	M45	69	12:35	11:48	12:27	12:17	
379	2418	Zimmermann Sebastian		GER	0:49:09	0:49:32	222	MHK	85	13:27	12:04	12:03	11:33	
380	1648	Jansen Phillip	Gladbacher HTC	GER	0:49:12	0:49:28	223	MHK	93	11:57	11:30	12:39	13:05	
381	1095	Bauß Carsten	1. Kölner Laufstall	GER	0:49:12	0:49:21	19	M45	65	12:15	11:57	12:41	12:17	
382	650	Gunsthövel Yannick	*Köln	GER	0:49:12	0:49:52	224	MHK	89	13:26	11:58	12:05	11:42	
383	1077	Wüst Hans Werner	*Köln	GER	0:49:13	0:49:22	2	M60	50	12:39	11:47	12:15	12:31	
384	1106	Otto Ulrich	AG Schwarz	GER	0:49:14	0:50:17	15	M55	59	13:31	11:56	12:01	11:44	
385	1881	Deska Dr. Jan	OC Kälifornia	GER	0:49:15	0:50:19	36	M35	79	13:17	11:58	12:03	11:55	
386	1678	Miebach Christian	JuRace	GER	0:49:16	0:49:17	225	MHK	93	12:30	11:54	12:24	12:26	
387	1744	Reinscheid Denis	Kölner Bank	GER	0:49:18	0:49:37	46	M30	83	12:43	11:43	12:18	12:33	
388	712	Karakoc Uygur	*Köln	GER	0:49:19	0:49:24	226	MHK	89	11:38	12:29	12:26	12:44	
389	1352	Föll Tobias	Cologne Internationals	GER	0:49:19	0:49:32	227	MHK	91	12:13	11:53	12:24	12:48	
390	1417	Mertesacker Sebastian	Cologne Internationals	GER	0:49:21	0:49:35	228	MHK	89	12:08	12:10	12:34	12:27	
391	2074	Stengel Martin	TriathlonSteckelCologne	GER	0:49:22	0:50:17	47	M30	82	12:40	12:12	12:30	11:59	
392	1989	Nebel Ralph	Shell - Fit for the Job	GER	0:49:25	0:49:32	20	M45	65	12:40	12:14	12:19	12:10	
393	939	Schneider Nils	*Ehrenfeld Köln	GER	0:49:25	0:51:23	6	MU2	95	12:49	12:39	12:35	11:21	
394	1887	Paul Mathias	OC Kälifornia	GER	0:49:27	0:49:33	229	MHK	87	12:45	12:18	12:28	11:55	
395	1299	Compagna Matteo	Collegium Musicum	ITA	0:49:29	0:49:37	230	MHK	90	12:24	12:16	12:56	11:52	
396	1719	Flemm Daniel	Kölner Bank	GER	0:49:30	0:49:42	48	M30	81	14:00	11:52	11:41	11:56	
397	2227	Seifert Kai	WiSo-Warriors	GER	0:49:33	0:49:44	37	M35	76	12:57	11:47	12:28	12:19	
398	556	Bunte Konstantin	*Köln	GER	0:49:38	0:49:53	231	MHK	92	12:22	11:53	12:52	12:30	
399	1928	Seeliger Martin	RacingTurtles83	GER	0:49:39	0:49:45	49	M30	83	12:50	12:21	12:22	12:05	
400	1634	Butsch Carsten	Gesellschaft für Erdkunde läuf	GER	0:49:40	0:49:46	50	M30	80	13:06	12:08	12:30	11:55	
401	1258	Blume Robin	cleverbridge AG	GER	0:49:42	0:49:57	38	M35	78	12:52	12:12	12:21	12:15	
402	906	Rückle Marvin	*Köln	GER	0:49:43	0:49:55	232	MHK	91	12:43	12:33	12:28	11:57	
403	1088	Zillmann Robert	*Köln	GER	0:49:44	0:49:49	233	MHK	85	13:28	12:04	12:07	12:03	
404	869	Pfaff Benjamin	*Köln	GER	0:49:46	0:50:11	234	MHK	85	13:24	11:57	12:17	12:08	
405	1487	Zeuke Michael	Cologne Internationals	GER	0:49:51	0:50:01	235	MHK	88	12:37	11:58	12:40	12:34	
406	1839	Oehl Maximilian	Mapplethorpe	GER	0:49:51	0:49:55	236	MHK	88	12:17	12:07	12:59	12:26	
407	1901	Dreydoppel Thimo	Operation Sixpack	GER	0:49:53	0:50:04	39	M35	76	13:06	12:03	12:26	12:17	
408	1037	Von Rhein Björn	*Köln	GER	0:49:54	0:50:41	237	MHK	85	13:22	11:59	12:25	12:07	
409	2389	Funk Kay	Köln läuft!	GER	0:49:57	0:50:03	19	M40	70	12:57	12:16	12:31	12:12	
410	2038	Rilke Rainer Michael	Team EPO	GER	0:49:59	0:50:23	51	M30	83	12:49	12:00	12:42	12:28	
411	1662	Gam Björn	HKX	GER	0:50:01	0:50:20	40	M35	76	13:13	12:23	12:18	12:06	
412	991	Still Steffen	*Köln	GER	0:50:03	0:50:33	238	MHK	88	13:04	12:39	12:38	11:41	
413	907	Rump Manfred	*Köln	GER	0:50:04	0:51:15	239	MHK	89	13:52	12:12	12:19	11:39	
414	919	Scharffe Simon	*Köln	GER	0:50:05	0:50:17	52	M30	84	13:07	12:14	12:34	12:09	
415	1276	Repas Ruben	cleverbridge AG	GER	0:50:06	0:50:20	240	MHK	86	13:19	12:30	12:20	11:56	
416	674	Henning Ladwig	*Köln	GER	0:50:14	0:50:18	241	MHK	89	14:02	12:20	12:13	11:37	
417	1044	Weber Daniel	*Hürth	GER	0:50:16	0:51:10	242	MHK	89	14:56	12:26	11:38	11:14	
418	2324	Bortecen Toman	AG Schwarz	GER	0:50:17	0:51:20	243	MHK	93	14:06	12:26	11:56	11:48	
419	1817	Krumrain Julian	LKW-Schorse	GER	0:50:19	0:51:02	53	M30	82	13:18	12:12	12:33	12:16	
420	1064	Wiesbrock Fabian	*Köln	GER	0:50:29	0:50:49	7	MU2	95	12:35	12:08	13:19	12:25	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
421	2310	Sudy Marko	deafunculogne	GER	0:50:30	0:52:05	54	M30	83	12:33	12:02	13:33	12:21	
422	655	Hadenfeld Dr. Karsten	*Köln	GER	0:50:35	0:51:08	20	M40	74	13:22	12:19	12:31	12:21	
423	844	Nietz Simon	*Köln	GER	0:50:37	0:50:55	244	MHK	93	14:02	12:09	12:35	11:50	
424	1009	Thiel Andreas	*Köln	GER	0:50:37	0:50:48	21	M40	70	12:08	12:31	13:00	12:56	
424	1273	Koch Jan	cleverbridge AG	GER	0:50:37	0:50:54	245	MHK	85	13:56	12:20	12:29	11:50	
426	516	Baron Alexander	*Köln	GER	0:50:40	0:51:01	8	MU2	95	12:40	12:22	13:02	12:36	
427	1704	Bläser Tobias	KölnAlumni	GER	0:50:43	0:51:17	246	MHK	89	12:36	12:24	12:56	12:45	
428	2294	Kirchner Moritz	Urologie UK Köln	GER	0:50:47	0:52:02	247	MHK		15:11	11:45	12:02	11:48	
429	2417	Marré Luca		GER	0:50:48	0:51:39	9	MU2	95	13:19	12:32	12:33	12:23	
430	685	Hölper Daniel	*Köln	GER	0:50:49	0:50:49	55	M30	84	14:11	12:18	12:18	12:01	
431	925	Schiffner Dr. Erik	*Köln	GER	0:50:51	0:50:58	56	M30	84	12:25	12:28	13:05	12:51	
432	583	Dimitrov Miroslav	*Köln	GER	0:50:53	0:51:10	248	MHK	92	13:25	12:20	12:58	12:09	
433	1651	Spix Matthias	Haile Gebrselassies Söhne	GER	0:50:54	0:51:10	57	M30	82	13:15	12:27	12:44	12:27	
434	679	Herten David	*Köln	GER	0:50:55	0:51:18	249	MHK	88	13:55	12:43	12:27	11:49	
435	854	Odrowski Stefan	*Rommerskirchen	GER	0:50:57	0:50:57	250	MHK	91	14:13	12:26	12:30	11:46	
436	1943	Cuevas Alvarado Fernando	Rollgrasbüschel	MEX	0:51:02	0:52:09	58	M30	81	14:03	12:15	12:19	12:23	
437	2167	Gödderz Kilian	VampirPower	GER	0:51:03	0:51:32	251	MHK	91	12:56	12:48	12:39	12:39	
438	2393	Mörsdorf Klaus	Köln läuft!	GER	0:51:03	0:51:27	22	M40	70	13:34	12:16	12:42	12:30	
439	874	Plönnes Niklas	*Düren	GER	0:51:06	0:51:23	10	MU2	95	12:59	13:05	13:24	11:38	
440	1109	Schwarz Günter	AG Schwarz	GER	0:51:08	0:52:12	23	M40	70	13:32	12:30	12:47	12:18	
441	1944	Jettkant Klaus	Rollgrasbüschel	GER	0:51:10	0:52:18	41	M35	79	14:26	11:53	12:21	12:29	
442	1101	Weike Udo	ACUT EDV-Beratung GmbH	GER	0:51:12	0:51:36	16	M55	57	13:52	12:24	12:46	12:08	
443	1893	Gensty Michael	Ole Gedächtnis-Lauf	GER	0:51:13	0:51:34	42	M35	78	13:44	12:33	12:27	12:28	
444	1032	Vogel Jörg	*köln	GER	0:51:15	0:51:17	21	M45	69	13:03	12:50	12:53	12:27	
445	1905	Pickhard Holger	Point One Runners	GER	0:51:19	0:52:04	20	M50	64	26:20	00:00	12:34	12:25	
446	1068	Wirth Dr. Daniel	*Köln	GER	0:51:20	0:51:54	43	M35	77	13:19	12:13	12:48	12:58	
447	1080	Zadoyan Dr. Gregor	*Köln	GER	0:51:21	0:51:25	44	M35	75	13:29	12:35	12:45	12:30	
448	1016	Tillmann Jonas	*Köln	GER	0:51:21	0:51:50	252	MHK	86	13:26	12:10	12:42	13:02	
449	2331	Termathe Dominik	Random Walk	GER	0:51:25	0:52:34	253	MHK	90	15:09	12:58	11:59	11:16	
450	1684	Schubert Marc	JuRace	GER	0:51:31	0:51:33	22	M45	69	13:28	12:48	12:45	12:29	
451	2309	Schön Matthias	cmr	GER	0:51:36	0:51:59	59	M30	83	13:27	12:28	12:58	12:41	
452	2008	Fiedler Stefan	SSK Kerpen	GER	0:51:36	0:51:48	17	M55	58	13:19	12:35	12:51	12:49	
453	2218	Kuss Alexander	WiSo-Warriors	GER	0:51:37	0:52:41	254	MHK	88	14:26	12:19	12:37	12:14	
454	1587	Ulbrich Sven	Dynamo Dauerregen	GER	0:51:37	0:52:06	60	M30	82	14:26	12:47	12:34	11:48	
455	2236	Genenger Christian	Wolfsrudel	GER	0:51:38	0:52:30	61	M30	84	13:41	12:57	12:51	12:08	
456	963	Seabreeze Christopher	*Köln	GER	0:51:38	0:52:23	255	MHK	94	14:14	12:54	12:40	11:49	
457	1586	Ludwig Patrick	Dynamo Dauerregen	GER	0:51:45	0:52:13	62	M30	81	14:27	12:47	12:34	11:55	
458	2262	Holt Dr. Markus	ZfläuferInnen	GER	0:51:48	0:52:19	24	M40	71	14:03	12:33	12:34	12:36	
459	669	Hausmann Frederick	*Bad Honnef	GER	0:51:49	0:52:01	256	MHK	87	12:12	13:09	13:39	12:48	
460	1925	Dossenbach Maik	Pulheimer Papas	GER	0:51:50	0:51:59	45	M35	76	14:10	12:42	12:54	12:02	
461	1992	Schumacher Tim	Shell - Fit for the Job	GER	0:51:50	0:52:16	257	MHK	93	13:55	12:40	12:51	12:23	
462	1277	Schroeder Torsten	cleverbridge AG	GER	0:51:52	0:52:06	46	M35	76	13:22	12:43	12:53	12:53	
463	1518	Kremer Daniel	Die 3 von der Tanke	GER	0:51:53	0:51:57	63	M30	82	12:53	12:35	13:00	13:24	
464	1753	Zavelberg Boris	Kölner Bank	GER	0:51:54	0:52:49	25	M40	73	14:10	12:27	12:49	12:27	
465	577	Derichs Hans Juergen	*Köln	GER	0:51:56	0:52:29	18	M55	59	13:39	12:42	12:55	12:37	
466	502	Ahlf Frank	*Frechen	GER	0:51:58	0:52:33	23	M45	68	13:34	12:35	13:04	12:43	
467	1926	Herbe Jörg	Pulheimer Papas	GER	0:51:58	0:52:10	26	M40	70	14:08	12:38	12:59	12:12	
468	1169	Frohn Peter	BLB Köln Runner	GER	0:51:59	0:52:30	27	M40	73	13:43	12:26	13:00	12:48	
469	1743	Rank Peter	Kölner Bank	GER	0:52:00	0:52:02	3	M60	51	13:26	12:45	12:53	12:53	
470	2390	Herres Dirk	Köln läuft!	GER	0:52:00	0:52:05	24	M45	68	13:22	12:48	13:05	12:44	
471	1343	Eimla Holger	Cologne Internationals	GER	0:52:02	0:52:55	258	MHK	87	13:59	13:01	12:53	12:08	
472	1517	Gül Muzaffer	Die 3 von der Tanke	GER	0:52:10	0:52:15	47	M35	77	12:58	12:58	13:26	12:47	
473	1043	Waßer Florian	*Köln	GER	0:52:12	0:53:19	259	MHK	87	14:53	12:55	12:29	11:54	
474	815	Mertens Daniel	*Köln	GER	0:52:16	0:52:36	260	MHK	87	13:38	12:33	13:04	13:00	
475	540	Boden Alexander	*Köln	GER	0:52:19	0:52:49	261	MHK	88	13:54	12:51	12:46	12:46	
476	1819	Lentjes Christoph	LKW-Schorse	GER	0:52:22	0:53:04	64	M30	83	15:20	12:56	12:12	11:52	
477	2351	Hertel Aaron		GER	0:52:28	0:52:37	65	M30	81	13:45	12:47	13:07	12:48	
478	931	Schluse Hartwig H.	*Köln	GER	0:52:30	0:52:54	19	M55	57	14:05	12:46	12:52	12:45	
479	1436	Reidelbach Peter	Cologne Internationals	GER	0:52:32	0:53:01	262	MHK	86	13:39	12:52	13:07	12:52	
480	2160	Erös Aron	VampirPower	GER	0:52:40	0:53:17	263	MHK	90	13:25	12:18	13:17	13:38	

10km - Gesamtwertung

Unilauf Köln - 4. Juni 2014

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
721	612	Feldhofer Ulrich	*Hürth	GER	1:10:14	1:11:28	9	M60	53	17:18	16:18	17:47	18:51	
722	1254	Müller Marius	CIO & Friends	GER	1:11:07	1:11:17	360	MHK	86	16:46	18:06	18:21	17:52	
723	2370	Strobl Sascha	WisoWarriors	GER	1:12:08	1:13:12	361	MHK	93	18:07	17:43	16:55	19:21	
724	875	Plöntzke Frank	*Köln	GER	1:12:49	1:13:04	55	M40	70	18:05	17:44	17:54	19:06	
725	1107	Otto Uwe	AG Schwarz	GER	1:13:11	1:14:15	31	M55	56	17:36	17:22	18:19	19:52	
726	1731	Körfer Falk	Kölner Bank	GER	1:14:30	1:15:25	362	MHK	85	17:37	18:16	19:53	18:42	
727	1711	Chabou Ismail	Kölner Bank	GER	1:14:30	1:15:25	95	M30	84	17:38	18:17	19:52	18:42	
728	1281	Stock Christoph	cleverbridge AG	GER	1:15:40	1:16:04	66	M35	76	18:25	18:37	19:40	18:56	
729	2314	Neessen Winfried	Cleverbridge AG	GER	1:17:09	1:17:30	96	M30	80	19:13	19:00	18:58	19:57	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
181	951	Schröder Nicole	*Hürtgenwald	GER	0:56:55	0:57:42	132	WHK	92	14:53	13:35	14:06	14:19	
182	1350	Flamme Svenja	Cologne Internationals	GER	0:57:02	0:57:30	133	WHK	88	13:58	14:17	14:38	14:07	
183	501	Adam Naemi	*Köln	GER	0:57:02	0:57:31	134	WHK	93	15:07	14:00	14:10	13:44	
184	1865	Schöckel Claudia	MitUns	GER	0:57:05	0:57:55	3	W40	70	15:35	13:58	13:48	13:42	
185	941	Schnettler Judith	*Köln	GER	0:57:05	0:57:46	135	WHK	86	16:19	14:31	13:13	13:00	
186	1311	Schierbaum Laura	Collegium Musicum	GER	0:57:08	0:57:40	136	WHK	85	15:10	13:49	14:16	13:52	
187	2312	Trapp Patricia		GER	0:57:12	0:57:50	137	WHK	93	15:18	13:52	14:14	13:46	
188	1406	Liersch Anna	Cologne Internationals	GER	0:57:15	0:57:36	138	WHK	92	14:47	14:15	14:19	13:52	
189	1682	Pajonk Franziska	JuRace	GER	0:57:16	0:57:20	139	WHK	92	14:52	13:59	14:20	14:05	
190	1339	Dreschmann Nicole	Cologne Internationals	GER	0:57:16	0:58:18	140	WHK	89	15:53	14:02	14:00	13:20	
191	1475	Valtl Rebeca	Cologne Internationals	GER	0:57:20	0:57:36	141	WHK	89	15:52	14:04	13:52	13:31	
192	652	Haar Eugenia	*Wuppertal	GER	0:57:23	0:58:30	20	W30	83	15:49	14:03	13:46	13:44	
193	949	Schreiner Christina	*Köln	GER	0:57:24	0:58:23	142	WHK	90	15:57	14:12	13:57	13:17	
194	1786	Brüning Beate	Laufcampus	GER	0:57:28	0:57:30	3	W55	55	14:46	14:13	14:33	13:54	
195	1052	Weiber Laura	*Köln	GER	0:57:31	0:58:49	143	WHK	89	15:39	13:44	14:08	13:58	
196	1096	Ebelshäuser Claudia	1. Kölner Laufstall	GER	0:57:34	0:58:43	6	W50	63	15:38	13:46	14:28	13:41	
197	908	Saez Dr. Isabel	*Köln	ESP	0:57:35	0:57:39	144	WHK	85	15:05	14:06	14:23	14:00	
198	605	Eschbach Anna	*Köln	GER	0:57:41	0:58:13	145	WHK	87	15:07	13:51	14:25	14:17	
199	660	Hajek Verena		GER	0:57:44	0:58:11	1	W60	52	15:37	14:11	14:15	13:39	
200	1244	Grohe Hannah	CCCP	GER	0:57:45	0:57:51	146	WHK	88	14:53	14:17	14:27	14:06	
201	932	Schmidt Claudia	*Köln	GER	0:57:47	0:58:22	147	WHK	85	14:51	14:13	14:31	14:10	
202	1300	Franeck Annika	Collegium Musicum	GER	0:57:53	0:58:02	148	WHK	89	15:29	14:17	14:19	13:46	
203	1799	Zelinsky Barbara	Laufrausch Köln	GER	0:57:53	0:57:57	4	W55	55	14:38	14:15	14:31	14:28	
204	1954	Osterburg Lea	Run for rest, run!	GER	0:57:56	0:58:44	149	WHK	88	16:04	14:07	14:08	13:35	
205	748	Krasenbrink Josiana	*Köln	GER	0:58:07	0:58:32	2	WU2	95	15:48	14:17	14:16	13:44	
206	1809	Schlobinski Fenja	Lindenthaler Laufftreff	GER	0:58:12	0:59:04	150	WHK	86	16:00	14:05	14:24	13:42	
207	1082	Zeike Sabrina	*Köln	GER	0:58:16	0:59:03	151	WHK	87	16:20	14:43	14:57	12:15	
208	1527	Förster Anja	Die derben Dernas	GER	0:58:16	0:59:01	152	WHK	86	16:07	14:05	13:51	14:11	
209	2424	Werner Jennifer		GER	0:58:17	0:59:22	153	WHK	91	16:21	13:42	14:08	14:04	
210	787	Loosen Tina	*Köln	GER	0:58:26	0:58:29	154	WHK	86	14:27	13:54	14:57	15:07	
211	1458	Sobotta Miriam	Cologne Internationals	GER	0:58:26	0:59:28	155	WHK	89	15:53	14:02	13:59	14:31	
212	1959	Sobieray Miriam	Running Elements	GER	0:58:34	0:59:12	156	WHK	86	15:26	14:17	14:59	13:50	
213	2368	Weigerstorfer Sonja		GER	0:58:36	0:59:30	13	W35	76	15:27	14:16	14:38	14:14	
214	673	Helmrath Elisabeth	*Köln	GER	0:58:38	0:59:46	21	W30	82	17:28	14:44	13:38	12:47	
215	857	Ohligschläger Alina	*Leichlingen	GER	0:58:48	0:59:32	157	WHK	88	16:08	14:04	14:24	14:11	
216	2144	Schwermann Alexandra	Valium i.V.	GER	0:58:49	0:59:38	14	W35	75	15:50	13:56	14:41	14:21	
217	1813	Cordes Silke	LKW-Schorse	GER	0:58:50	0:59:32	22	W30	83	16:23	14:47	14:47	12:52	
218	1960	Stirnat Kathrin	Running Elements	GER	0:58:51	0:59:29	158	WHK	85	15:27	14:16	15:09	13:58	
219	1167	Dickes Birgit	BLB Köln Runner	GER	0:58:52	0:59:21	7	W50	62	15:49	14:33	14:24	14:05	
220	2179	Leistner Stefanie	VampirPower	GER	0:58:53	1:00:04	159	WHK	88	16:13	14:20	14:20	13:58	
221	2009	Stenbrock Katharina	Straßenstreber	GER	0:58:53	0:59:17	160	WHK	91	15:40	14:49	14:33	13:49	
222	2010	Ströhmman Jessica	Straßenstreber	GER	0:58:53	0:59:17	161	WHK	89	15:41	14:49	14:34	13:47	
223	2280	Lingscheid Kristina	Urologie UK Köln	GER	0:58:56	0:59:15	162	WHK		15:38	14:18	14:35	14:23	
224	1270	Hoener zu Drewer Inga	cleverbridge AG	GER	0:58:57	0:59:16	163	WHK		15:45	14:09	14:34	14:27	
225	2147	Terhart Dr. Henrike	Valium i.V.	GER	0:58:58	0:59:48	23	W30	81	16:29	14:43	14:42	13:02	
226	2051	Kochtokrax Anna	Team Wolle	GER	0:59:01	0:59:58	164	WHK	89	15:56	14:24	14:19	14:20	
227	1827	Voosen Karin	LSV Porz / Köln	GER	0:59:01	0:59:28	5	W55	58	16:23	14:15	14:18	14:04	
228	2319	Diletta Edifizi		GER	0:59:01	0:59:04	165	WHK	88	15:14	14:16	14:59	14:31	
229	1199	Rupprecht Anne	BLB Köln Runner	GER	0:59:01	0:59:31	24	W30	80	15:49	14:32	14:34	14:05	
230	603	Ermolaeva Dr. Maria	*Cologne	RUS	0:59:03	0:59:06	25	W30	80	14:55	14:17	15:00	14:49	
231	1010	Thies Beate	*Köln	GER	0:59:07	1:00:22	166	WHK	94	15:30	14:14	14:56	14:25	
232	1340	Dünnwald Charlotte	Cologne Internationals	GER	0:59:08	0:59:29	167	WHK	88	15:21	14:25	14:50	14:31	
233	1065	Willemsen Jana	*Köln	GER	0:59:21	1:00:22	168	WHK	90	15:13	14:16	14:54	14:56	
234	1826	Bahls Roswitha	LSV Porz / Köln	GER	0:59:36	1:00:03	8	W50	61	16:22	14:39	14:29	14:04	
235	1873	Ehren Anna	Nunc est currendum!	GER	0:59:41	0:59:48	169	WHK	91	15:53	14:32	14:56	14:18	
236	1681	Otte-Korts Milena	JuRace	GER	0:59:42	0:59:52	170	WHK	93	14:39	14:32	15:25	15:04	
237	873	Plessa Katrin	*Köln - Sülz	GER	0:59:50	1:00:35	171	WHK	91	14:23	14:01	16:14	15:12	
238	526	Bergstermann Lisa	*Köln	GER	0:59:51	1:00:31	172	WHK	93	16:19	14:31	14:30	14:29	
239	1379	Hüttenberger Thea	Cologne Internationals	GER	0:59:52	1:00:52	173	WHK	89	15:53	14:27	14:49	14:41	
240	1780	Monix Mechthild	Laktatkoenige	GER	0:59:58	1:00:18	9	W45	67	16:00	14:50	14:41	14:25	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
241	625	Frauenkron Hanna Larissa	*Köln	GER	1:00:00	1:00:59	174	WHK	89	16:57	15:02	14:38	13:21	
242	820	Meyer Isabel	*Köln	GER	1:00:02	1:01:00	175	WHK	91	16:58	15:03	14:37	13:22	
243	2242	Keller-Berndorff Line	Xonxin	GER	1:00:02	1:01:05	15	W35	77	16:25	14:43	14:32	14:20	
244	2386	Nossel Caroline	Köln läuft!	GER	1:00:04	1:00:13	26	W30	83	15:42	15:10	14:58	14:12	
245	2142	Schenke Janina	Valium i.V.	GER	1:00:06	1:00:54	27	W30	82	15:04	14:17	15:41	15:02	
246	898	Röhrborn Sheila	*Köln	GER	1:00:09	1:00:51	176	WHK	91	15:34	14:43	15:05	14:45	
247	2025	Scherwaß Dr. Anja	Team Bootshaus Biologie	GER	1:00:14	1:01:07	10	W45	66	15:43	14:52	15:02	14:36	
248	969	Siekman Carolin	*Köln	GER	1:00:16	1:00:35	177	WHK	90	15:53	14:11	14:50	15:20	
249	1153	Aring Susanne	BLB Köln Runner	GER	1:00:17	1:00:52	11	W45	69	16:24	14:47	14:54	14:11	
250	1961	Otto Sandra	Running Gag	GER	1:00:19	1:00:54	4	W40	73	15:44	14:35	15:02	14:57	
251	739	Kocar Damla	*Köln	GER	1:00:20	1:01:15	178	WHK	89	16:55	15:11	14:44	13:29	
252	651	Gurdzhi Nina	*Köln	GER	1:00:24	1:01:37	179	WHK	87	15:56	14:41	14:57	14:48	
253	2146	Seibel Petra	Valium i.V.	GER	1:00:25	1:01:12	12	W45	66	16:46	14:48	14:48	14:02	
254	2125	Karl Stephanie	Valium i.V.	GER	1:00:29	1:01:16	5	W40	73	16:14	14:44	15:05	14:25	
255	1706	Heide Marie	KölnAlumni	GER	1:00:30	1:01:16	180	WHK	88	16:19	14:44	14:57	14:28	
256	771	Leifeld Milena	*Köln	GER	1:00:30	1:01:22	181	WHK	91	16:36	14:45	14:53	14:15	
257	2121	Hamper Julia	Valium i.V.	GER	1:00:38	1:01:26	28	W30	82	16:45	14:48	14:49	14:14	
258	1732	Kohnen Silke	Kölner Bank	GER	1:00:45	1:01:45	16	W35	76	16:42	14:27	14:57	14:38	
259	2360	Weber Friederike	Triathlon Gruppe Uni Bonn	GER	1:00:47	1:01:18	182	WHK	88	15:35	14:57	15:16	14:57	
260	751	Krüger Jana-Lisa	*Köln	GER	1:00:47	1:01:40	183	WHK	91	16:35	14:45	14:54	14:32	
261	934	Schmied Karoline	*Köln	GER	1:00:53	1:02:05	184	WHK	89	17:13	14:50	14:50	14:00	
262	534	Blancois Eva	*Köln	GER	1:01:02	1:01:29	185	WHK	93	15:33	14:55	15:10	15:23	
262	498	Ragaller Franziska	AG Schwarz	GER	1:01:02	1:02:04	3	WU2	95	15:58	14:47	15:04	15:11	
264	994	Stöber Kathrin	*Köln	GER	1:01:04	1:01:33	29	W30	80	15:34	14:30	15:20	15:39	
265	995	Stolberg Nina	*Köln	GER	1:01:05	1:02:22	186	WHK	90	15:34	15:01	15:33	14:56	
266	1318	Abendroth Kathrin	Cologne Internationals	GER	1:01:09	1:02:15	187	WHK	90	16:32	14:49	15:14	14:33	
267	2239	Malcus Katja	Wupptich op dä Gass	GER	1:01:18	1:01:29	17	W35	77	15:49	14:57	15:16	15:15	
268	1815	Können Anne	LKW-Schorse	GER	1:01:22	1:02:05	30	W30	80	16:37	15:20	14:45	14:38	
269	1139	Bender Dany	Bender Dany	GER	1:01:26	1:02:32	31	W30	80	16:35	15:01	15:11	14:37	
270	1729	Kestermann Katja	Kölner Bank	GER	1:01:32	1:02:09	13	W45	65	15:38	14:55	15:37	15:21	
271	1415	Meinel Birte	Cologne Internationals	GER	1:01:43	1:02:48	188	WHK	87	16:31	14:50	15:13	15:07	
272	1528	Knüver Dr. Jana	Die derben Dermas	GER	1:01:45	1:02:25	189	WHK	86	16:13	14:59	15:11	15:21	
273	1883	Harnying Wacharee	OC Kälifornia	GER	1:01:52	1:03:05	18	W35	75	17:13	15:04	14:59	14:35	
274	1132	Oeter Alice Anna	AQAS & EQUIS	GER	1:01:53	1:03:12	19	W35	79	17:43	14:20	14:37	15:12	
275	2118	Gloerfeld Claudia	Valium i.V.	GER	1:01:53	1:02:41	14	W45	66	16:57	15:11	15:03	14:40	
276	1000	Striegl Judith	*Köln	GER	1:02:07	1:03:12	190	WHK	90	16:38	14:59	15:19	15:10	
277	802	Masham Tania	*Düsseldorf	GER	1:02:14	1:03:11	15	W45	66	18:05	16:56	13:57	13:14	
278	732	Klein Katharina	*Köln	GER	1:02:31	1:03:25	191	WHK	90	16:57	15:13	15:16	15:03	
279	19	Baartsch Beatrice	Uni Witten Herdecke	GER	1:02:33	1:02:55	192	WHK	90	15:52	15:04	16:02	15:33	
280	564	Cassens Julia	*Köln	GER	1:02:41	1:03:58	193	WHK	91	16:17	15:31	16:11	14:40	
281	2317	Koppenstein Kathrin		GER	1:02:41	1:03:59	32	W30	82	16:45	15:32	15:14	15:08	
282	2131	Kunze Franziska	Valium i.V.	GER	1:02:44	1:03:32	20	W35	79	16:56	15:13	15:03	15:31	
283	1255	Süptitz Juliane	CIO & Friends	GER	1:02:51	1:03:16	194	WHK	88	17:20	15:24	15:14	14:52	
284	2226	Schmitz Leona	WiSo-Warriors	GER	1:02:55	1:03:59	195	WHK	91	17:20	15:17	15:33	14:43	
285	1012	Thomas Lilian	*Brühl	GER	1:03:09	1:04:20	4	WU2	96	17:21	15:24	15:20	15:03	
286	2172	Kirchen Susanne	VampirPower	GER	1:03:10	1:03:42	196	WHK	92	16:37	15:07	15:53	15:32	
287	2021	Bendig Karoline	Team Bootshaus Biologie	GER	1:03:12	1:04:24	21	W35	77	16:57	15:38	15:26	15:09	
288	1038	Wagener Elena	*Mechernich	GER	1:03:14	1:04:08	197	WHK	89	16:41	15:41	15:58	14:53	
289	831	Müller Katrin	*Köln	GER	1:03:16	1:04:24	198	WHK	89	17:28	14:56	15:16	15:35	
290	836	Muer Rebecca	*Köln	GER	1:03:16	1:04:24	33	W30	83	17:29	14:56	15:15	15:35	
291	1872	Birken Hannah	Nunc est currendum!	GER	1:03:24	1:03:32	199	WHK	91	16:08	15:52	15:43	15:39	
292	911	Salentin Miriam	*Köln	GER	1:03:30	1:04:17	22	W35	77	16:59	15:24	15:48	15:18	
293	547	Bongartz Christina	*Köln	GER	1:03:31	1:04:17	23	W35	75	17:00	15:24	15:48	15:18	
294	1890	Sprengart Petra	OC Kälifornia	GER	1:03:41	1:04:46	200	WHK	90	16:20	14:44	16:33	16:04	
295	884	Rausch Julia	*Köln	GER	1:03:41	1:04:41	201	WHK	90	16:30	15:23	15:44	16:03	
296	1645	Blum Isabella	Girlies ohne Nivea	GER	1:03:45	1:04:05	202	WHK	91	15:52	15:24	16:12	16:16	
297	555	Bücheler Bianca	*Köln	GER	1:03:48	1:04:06	203	WHK	92	15:40	15:28	16:06	16:32	
298	2056	Vauth Clara	Team Wolle	GER	1:03:53	1:04:50	204	WHK	89	15:58	15:22	16:19	16:13	
299	842	Nielen Monika	*Köln	GER	1:03:57	1:05:13	205	WHK	92	16:23	15:16	15:49	16:28	
300	2053	Pilz Regina	Team Wolle	GER	1:04:03	1:05:02	206	WHK	90	17:14	16:10	15:29	15:09	

10km - Gesamtwertung

Unilaf Köln - 4. Juni 2014

Frauen

Platz	Startnr	Name	Verein*/Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	Runden				
301	967	Shannon Emma	*Koeln	USA	1:04:07	1:04:56	207	WHK	90	18:37	14:57	15:28	15:03	
302	1836	Heil Julia	Mackel Records	GER	1:04:32	1:05:00	208	WHK	87	17:45	16:11	15:30	15:05	
303	550	Bonni Sabine	Team AOK Köln	GER	1:04:32	1:04:42	9	W50	63	16:20	15:59	16:02	16:11	
304	786	Löpmeier Miriam	*Köln	GER	1:04:42	1:06:04	209	WHK	88	17:35	16:02	15:21	15:42	
305	718	Keuchel Maria	*Rösrath	GER	1:04:49	1:05:13	10	W50	63	16:46	15:49	16:07	16:06	
306	1886	Melek Sermin Özer	OC Kälifornia	GER	1:04:56	1:06:06	210	WHK	86	17:00	15:23	16:04	16:28	
307	824	Michelis Marina	*Lohmar	GER	1:04:59	1:05:47	211	WHK	88	17:25	16:09	15:47	15:36	
308	823	Michelis Anna	*Köln	GER	1:04:59	1:05:47	212	WHK	86	17:26	16:08	15:47	15:36	
309	1264	Fleischer Stephanie	cleverbridge AG	GER	1:05:02	1:05:16	34	W30	84	15:28	15:47	16:41	17:05	
310	1138	Wersing Laura	Auszeit	GER	1:05:06	1:05:25	213	WHK	88	16:38	15:49	16:31	16:08	
311	903	Rothaut Astrid	*Köln	GER	1:05:13	1:05:49	6	W40	71	17:10	16:03	16:12	15:47	
312	1875	Hänsel Linda	Nunc est currendum!	GER	1:05:18	1:05:26	214	WHK	90	16:10	15:53	16:04	17:11	
313	2411	Botov Svetlana		GER	1:05:23	1:06:33	35	W30	83	17:52	15:51	15:50	15:49	
314	696	Huber Anna	*Köln	GER	1:05:24	1:06:23	215	WHK	92	17:35	16:14	16:34	14:59	
315	1794	Ayche Karin	Laufmariechen Köln	GER	1:05:28	1:05:33	2	W60	54	17:04	16:02	16:08	16:12	
316	590	Dudszus Hannah	*Köln	GER	1:05:29	1:06:28	216	WHK	92	17:35	16:16	16:33	15:04	
317	1006	Temibaeva Ekaterina	*Gummersbach	RUS	1:05:45	1:05:50	217	WHK	85	16:22	16:40	16:52	15:50	
318	867	Paterak Kristin	*Münster	GER	1:05:59	1:06:52	218	WHK	91	16:42	15:22	16:21	17:33	
319	795	Mackowiak Katja	*Köln	GER	1:06:04	1:06:57	36	W30	81	17:40	15:57	16:20	16:05	
320	987	Stauf Heike	*Köln	GER	1:06:04	1:06:58	24	W35	78	17:40	15:58	16:19	16:06	
321	725	Kirschner Claudia	*Köln	GER	1:06:23	1:06:49	11	W50	63	17:42	16:30	16:17	15:52	
322	1283	Wenske Rilana	cleverbridge AG	GER	1:06:30	1:07:27	37	W30	82	17:47	16:52	16:09	15:40	
323	630	Galliaki Andriani	*Köln	GRE	1:06:32	1:06:37	38	W30	84	16:31	16:38	16:47	16:34	
324	1641	Merkel Stephanie	Gesellschaft für Erdkunde läuf	GER	1:06:38	1:06:46	219	WHK	86	16:38	16:14	17:01	16:45	
325	1130	Frank Julia	AQAS & EQUIS	GER	1:06:40	1:07:58	220	WHK	91	17:43	16:00	16:25	16:30	
326	1133	Stefanie Weide	AQAS & EQUIS	GER	1:06:40	1:07:59	221	WHK	85	18:20	17:32	14:25	16:22	
327	968	Siebenmorgen Eva	*Köln	GER	1:06:43	1:07:54	7	W40	71	16:42	15:16	16:40	18:02	
328	626	Freytag Jana	*Köln	GER	1:06:48	1:08:05	222	WHK	91	17:41	16:23	16:38	16:05	
329	1018	Todorova Vyara	*Köln	BUL	1:06:49	1:08:06	223	WHK	85	17:40	16:22	16:38	16:08	
330	689	Holstein Erika	*Lindlar	GER	1:06:59	1:07:39	6	W55	59	17:40	16:16	16:22	16:39	
331	690	Holstein Sarah	*Köln	GER	1:07:18	1:08:00	224	WHK	86	17:39	16:16	16:23	16:59	
332	850	Nußbaum Anna	*Köln	GER	1:07:21	1:08:33	225	WHK	89	17:13	16:12	16:50	17:05	
333	609	Falk Anna	*Köln	GER	1:07:28	1:08:36	226	WHK	87	16:59	16:33	16:52	17:03	
334	703	Iosub Daniela	*Köln	ROM	1:07:33	1:08:44	39	W30	84	17:06	15:27	17:59	16:59	
335	525	Bergmann Dana	*Köln	GER	1:07:41	1:08:40	227	WHK	88	17:10	16:15	16:56	17:19	
336	1269	Hirth Krisztina	cleverbridge AG	GER	1:08:01	1:08:25	8	W40	71	17:48	16:30	16:42	17:00	
337	2387	Oestreicher Tanja	Köln läuft!	GER	1:08:10	1:08:19	25	W35	77	16:33	16:58	17:13	17:24	
338	942	Schock Alina	*Köln	GER	1:08:15	1:08:56	228	WHK	94	18:35	17:27	15:55	16:17	
339	759	Kurtulgil Filiz	*Köln	GER	1:08:21	1:09:38	229	WHK	89	17:23	16:20	17:07	17:30	
340	999	Straßburger Jasmin	*Karlsruhe	GER	1:08:21	1:09:21	230	WHK	90	17:38	16:37	17:23	16:42	
341	692	Horstmann Luisa	*Köln	GER	1:08:21	1:09:38	231	WHK	90	17:23	16:20	17:06	17:30	
342	1950	Beyel Melissa	Run for rest, run!	GER	1:08:25	1:09:16	232	WHK	88	18:10	16:34	16:42	16:58	
343	972	Smith Rachael	*Koeln	USA	1:08:29	1:09:18	233	WHK	88	17:38	18:23	15:56	16:31	
344	617	Fischer Dr. Janina	*Köln	GER	1:08:30	1:09:18	234	WHK	85	17:03	16:32	17:22	17:31	
345	653	Haase Magdalena	*Köln	GER	1:08:34	1:09:13	235	WHK	92	17:56	16:35	17:50	16:11	
346	1279	Stang Tab	cleverbridge AG	GER	1:08:51	1:09:49	236	WHK		18:01	16:44	17:05	17:00	
347	1023	Uesbeck Monika	*Köln	GER	1:09:25	1:10:25	12	W50	62	18:04	16:33	17:11	17:35	
348	1257	Ahmetoglu Elif	cleverbridge AG	GER	1:09:34	1:10:33	26	W35	79	18:06	16:55	17:36	16:56	
349	1278	Somankova Petra	cleverbridge AG	GER	1:09:38	1:10:32	27	W35	78	17:51	16:52	17:58	16:56	
350	713	Kaumanns Anna	*Bonn	GER	1:09:40	1:10:20	237	WHK	91	17:55	16:35	17:51	17:18	
351	517	Barth Corinna	*Hürth	GER	1:09:40	1:10:38	238	WHK	91	17:08	16:49	17:48	17:53	
352	620	Focke Janina	*Köln	GER	1:10:16	1:11:17	239	WHK	90	17:44	16:57	18:06	17:28	
353	2170	Jäger Gina	VampirPower	GER	1:10:16	1:11:17	240	WHK	89	17:44	16:56	18:07	17:28	
354	976	Soltyssek Weronika	*Köln	GER	1:10:29	1:11:13	241	WHK	93	17:15	17:41	17:48	17:43	
355	2225	Schappler Anne-Marie	WiSo-Warriors	GER	1:11:48	1:12:51	242	WHK	91	18:07	17:44	18:20	17:36	
356	546	Bok Eugenia	*Köln	GER	1:11:51	1:12:28	40	W30	83	18:17	17:39	18:00	17:53	
357	2165	Gerke Juliane	VampirPower	GER	1:11:52	1:12:54	16	W45	68	17:44	17:16	17:59	18:52	
358	2224	Runkler Lisa	WiSo-Warriors	GER	1:12:09	1:13:12	243	WHK	90	18:07	17:43	18:21	17:56	
359	726	Kittner Andrea	*Weilerswist	GER	1:14:52	1:15:33	244	WHK	94	18:34	17:28	19:24	19:24	