

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Männer

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|----------------------|-------------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 1036 | Enters Christian | Cemex | 0:59:40 | M35 | 1 | 2 | 0:07:02 | 2 | 0:33:34 | 1 | 0:40:36 | 1 | 0:19:03 | |
| 2 | 983 | Rabaszowski | Velbert | 1:02:19 | M25 | 1 | 13 | 0:08:42 | 1 | 0:33:33 | 2 | 0:42:15 | 4 | 0:20:03 | |
| 3 | 955 | Wies Sven | Duisburger SV 1898 e.V. | 1:03:02 | M25 | 2 | 1 | 0:06:46 | 5 | 0:35:40 | 3 | 0:42:27 | 5 | 0:20:35 | |
| 4 | 954 | Sünkeler Marvin | KTT 01 | 1:04:35 | M20 | 1 | 6 | 0:08:08 | 14 | 0:37:11 | 6 | 0:45:19 | 2 | 0:19:15 | |
| 5 | 1078 | Ellermann Jens | TriFit Lüdenscheid | 1:04:46 | M35 | 2 | 7 | 0:08:10 | 3 | 0:35:14 | 4 | 0:43:24 | 8 | 0:21:22 | |
| 6 | 1079 | Franke Lars | Trifit Lüdenscheid | 1:06:11 | M35 | 3 | 24 | 0:09:32 | 11 | 0:36:39 | 11 | 0:46:11 | 3 | 0:19:59 | |
| 7 | 1034 | Severin Sascha | Cemex | 1:06:25 | M40 | 1 | 10 | 0:08:37 | 4 | 0:35:38 | 5 | 0:44:15 | 15 | 0:22:10 | |
| 8 | 1066 | Wösthoff Philipp | SSF Bonn Triathlon | 1:06:38 | M30 | 1 | 21 | 0:09:27 | 6 | 0:36:00 | 7 | 0:45:27 | 7 | 0:21:10 | |
| 9 | 1331 | Gelbarth Markus | Essen | 1:07:23 | M40 | 2 | 19 | 0:09:20 | 9 | 0:36:28 | 9 | 0:45:49 | 12 | 0:21:34 | |
| 10 | 903 | Kaufmann Daniel | TV Attendorn TRI-TIME | 1:07:54 | MJA | 1 | 5 | 0:08:02 | 17 | 0:38:08 | 10 | 0:46:11 | 13 | 0:21:42 | |
| 11 | 1146 | Bockholt Peter | SV Gladbeck 13 | 1:08:14 | M45 | 1 | 15 | 0:08:51 | 10 | 0:36:38 | 8 | 0:45:29 | 25 | 0:22:45 | |
| 12 | 962 | Langenbach Björn | Köln | 1:08:33 | M20 | 2 | 14 | 0:08:48 | 18 | 0:38:11 | 12 | 0:46:59 | 11 | 0:21:33 | |
| 13 | 1067 | Bormann Max | Düsseldorf | 1:08:54 | M35 | 4 | 88 | 0:10:47 | 7 | 0:36:17 | 13 | 0:47:04 | 14 | 0:21:50 | |
| 14 | 1232 | Kleeberg Jochen | Ratingen | 1:09:17 | M45 | 2 | 28 | 0:09:36 | 19 | 0:38:12 | 17 | 0:47:49 | 10 | 0:21:28 | |
| 15 | 1145 | Brokmann Michael | ASV Duisburg | 1:09:39 | M45 | 3 | 50 | 0:10:09 | 13 | 0:37:06 | 14 | 0:47:15 | 19 | 0:22:23 | |
| 16 | 1240 | Findt Klaus | Europäische | 1:09:49 | M50 | 1 | 83 | 0:10:42 | 12 | 0:36:47 | 16 | 0:47:30 | 18 | 0:22:19 | |
| 17 | 1121 | Fischer Lothar | TV Attendorn TRI-TIME | 1:10:14 | M45 | 4 | 109 | 0:11:11 | 20 | 0:38:15 | 27 | 0:49:26 | 6 | 0:20:48 | |
| 18 | 949 | Köhne Lars | BF Hamm | 1:10:32 | M25 | 3 | 9 | 0:08:33 | 25 | 0:38:55 | 15 | 0:47:28 | 26 | 0:23:04 | |
| 19 | 1119 | Dammer Christian | SV Bergisch Gladbach | 1:11:00 | M45 | 5 | 79 | 0:10:38 | 16 | 0:38:07 | 23 | 0:48:46 | 16 | 0:22:13 | |
| 20 | 1103 | Boleslawsky Stephan | Ratingen | 1:11:20 | M40 | 3 | 99 | 0:11:01 | 15 | 0:37:34 | 21 | 0:48:35 | 24 | 0:22:44 | |
| 21 | 1337 | Scholz Christopher | | 1:11:30 | M40 | 4 | 132 | 0:11:31 | 8 | 0:36:23 | 18 | 0:47:54 | 33 | 0:23:35 | |
| 22 | 1223 | Uhlenbecker Kai | TV Rodenkirchen | 1:11:53 | M50 | 2 | 12 | 0:08:38 | 28 | 0:39:17 | 19 | 0:47:56 | 39 | 0:23:56 | |
| 23 | 1057 | Alten-Mönnink Peter | 200PRO | 1:12:07 | M40 | 5 | 31 | 0:09:37 | 27 | 0:39:15 | 24 | 0:48:52 | 27 | 0:23:14 | |
| 24 | 1172 | Schmitz Rolf | DMSG | 1:12:08 | M50 | 3 | 17 | 0:09:08 | 29 | 0:39:18 | 20 | 0:48:27 | 36 | 0:23:41 | |
| 25 | 1011 | Ballof Andreas | Bonner Ruder | 1:13:00 | M30 | 2 | 86 | 0:10:45 | 36 | 0:39:49 | 34 | 0:50:35 | 20 | 0:22:24 | |
| 26 | 942 | Holdheide Andreas | Velbert | 1:13:07 | M25 | 4 | 75 | 0:10:34 | 26 | 0:39:11 | 29 | 0:49:46 | 30 | 0:23:20 | |
| 27 | 1236 | Veldhuis Hendrik | Bochum | 1:13:09 | M45 | 6 | 38 | 0:09:55 | 49 | 0:40:56 | 40 | 0:50:52 | 17 | 0:22:17 | |
| 28 | 1029 | Kischel Markus | Mülheim an der Ruhr | 1:13:22 | M30 | 3 | 61 | 0:10:21 | 23 | 0:38:41 | 25 | 0:49:03 | 42 | 0:24:19 | |
| 29 | 928 | Hoenen Niklas | TuS Westfalia Hombruch | 1:13:53 | MJA | 2 | 16 | 0:09:02 | 34 | 0:39:40 | 22 | 0:48:43 | 61 | 0:25:10 | |
| 30 | 1087 | Pfeil Christian | | 1:13:53 | M35 | 5 | 100 | 0:11:01 | 33 | 0:39:37 | 37 | 0:50:38 | 28 | 0:23:15 | |
| 31 | 1086 | Seel Christian | | 1:13:53 | M35 | 6 | 4 | 0:07:53 | 71 | 0:42:44 | 36 | 0:50:38 | 29 | 0:23:15 | |
| 32 | 1113 | Hollstegge Stefan | Köln | 1:14:01 | M40 | 6 | 151 | 0:11:51 | 21 | 0:38:16 | 30 | 0:50:07 | 38 | 0:23:53 | |
| 33 | 1012 | Sahm Jan | Petrolheads | 1:14:05 | M40 | 7 | 22 | 0:09:28 | 38 | 0:39:56 | 26 | 0:49:25 | 47 | 0:24:40 | |
| 34 | 1349 | Schaake Matt | TUSEM Essen | 1:14:14 | M25 | 5 | 92 | 0:10:50 | 37 | 0:39:56 | 39 | 0:50:46 | 32 | 0:23:27 | |
| 35 | 956 | Schnitzler David | Bonn | 1:14:15 | M20 | 3 | 8 | 0:08:30 | 76 | 0:43:00 | 49 | 0:51:30 | 23 | 0:22:44 | |
| 36 | 972 | Schmitz Luca | DMSG | 1:14:38 | M20 | 4 | 27 | 0:09:36 | 50 | 0:41:00 | 35 | 0:50:37 | 40 | 0:24:01 | |
| 37 | 916 | Michalski Max | 200 PRO | 1:14:40 | M25 | 6 | 176 | 0:12:32 | 44 | 0:40:41 | 70 | 0:53:13 | 9 | 0:21:27 | |
| 38 | 966 | Hierl Ferdi | Düsseldorf | 1:15:11 | M25 | 7 | 97 | 0:11:00 | 32 | 0:39:29 | 32 | 0:50:29 | 49 | 0:24:41 | |
| 39 | 1169 | Hüllen Ludger | LS NRW | 1:15:11 | M45 | 7 | 108 | 0:11:07 | 54 | 0:41:28 | 61 | 0:52:35 | 21 | 0:22:35 | |
| 40 | 1140 | Goetz Hagen | fair gewinnt e.V. | 1:15:21 | M45 | 8 | 49 | 0:10:07 | 42 | 0:40:23 | 33 | 0:50:31 | 53 | 0:24:50 | |
| 41 | 1022 | Zerwas Dirk | Ratingen | 1:15:43 | M35 | 7 | 26 | 0:09:35 | 70 | 0:42:30 | 57 | 0:52:06 | 34 | 0:23:36 | |
| 42 | 1221 | Lehr Thomas | Marathon Steinfurt | 1:16:07 | M50 | 4 | 36 | 0:09:48 | 48 | 0:40:55 | 38 | 0:50:43 | 68 | 0:25:23 | |
| 43 | 1137 | Wolf Dr. Christian | Tus 88 | 1:16:11 | M45 | 9 | 90 | 0:10:49 | 41 | 0:40:15 | 45 | 0:51:04 | 58 | 0:25:06 | |
| 44 | 977 | Raschke Max | Düsseldorf | 1:16:17 | M25 | 8 | 82 | 0:10:42 | 73 | 0:42:51 | 75 | 0:53:33 | 22 | 0:22:43 | |
| 45 | 1076 | Schmerein Christian | WhiteHearts | 1:16:34 | M35 | 8 | 158 | 0:12:00 | 24 | 0:38:51 | 41 | 0:50:52 | 74 | 0:25:42 | |
| 46 | 1073 | Herschuh Dennis | Chariteam München | 1:16:40 | M35 | 9 | 67 | 0:10:27 | 67 | 0:42:23 | 65 | 0:52:50 | 37 | 0:23:49 | |
| 47 | 1350 | Kalklösch Sebastian | Cologne Bike | 1:16:49 | M25 | 9 | 52 | 0:10:10 | 31 | 0:39:28 | 28 | 0:49:38 | 116 | 0:27:10 | |
| 48 | 1035 | Metzner Mike | Cemex | 1:16:54 | M30 | 4 | 113 | 0:11:16 | 40 | 0:40:14 | 50 | 0:51:31 | 67 | 0:25:22 | |
| 49 | 1016 | Stolz Dieter | Anna Bolika | 1:17:02 | M40 | 8 | 34 | 0:09:46 | 63 | 0:42:02 | 53 | 0:51:49 | 63 | 0:25:13 | |
| 50 | 1237 | Machwitz Roman | Langenfeld | 1:17:07 | M50 | 5 | 96 | 0:10:55 | 56 | 0:41:34 | 59 | 0:52:30 | 46 | 0:24:37 | |
| 51 | 1241 | Kögler Carsten | Ratingen | 1:17:16 | M45 | 10 | 18 | 0:09:18 | 61 | 0:41:47 | 46 | 0:51:05 | 88 | 0:26:10 | |
| 52 | 1010 | Kleinbreuer Peter | Düsseldorf | 1:17:32 | M45 | 11 | 146 | 0:11:45 | 22 | 0:38:38 | 31 | 0:50:24 | 115 | 0:27:07 | |
| 53 | 1003 | Koutsky-Noreikat Kai | LG Pipsi | 1:17:32 | M30 | 5 | 23 | 0:09:30 | 53 | 0:41:25 | 42 | 0:50:55 | 102 | 0:26:37 | |
| 54 | 1336 | Fendel Michael | | 1:17:41 | M30 | 6 | 44 | 0:10:05 | 62 | 0:41:59 | 55 | 0:52:04 | 72 | 0:25:37 | |

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Männer

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|-------------------------|-------------------------|-----------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 55 | 1072 | Hinz Harald | Chariteam München | 1:17:49 | M40 | 9 | 84 | 0:10:43 | 66 | 0:42:11 | 66 | 0:52:55 | 54 | 0:24:54 | |
| 56 | 970 | Findt Lucas | Europäische | 1:17:51 | M20 | 5 | 73 | 0:10:31 | 52 | 0:41:10 | 51 | 0:51:41 | 87 | 0:26:10 | |
| 57 | 1163 | Burckardt Frank | Ratingen | 1:18:02 | M40 | 10 | 67 | 0:10:27 | 57 | 0:41:36 | 56 | 0:52:04 | 79 | 0:25:58 | |
| 58 | 1040 | Dalli Deniz | Duesseldorf | 1:18:06 | M30 | 7 | 143 | 0:11:42 | 51 | 0:41:05 | 63 | 0:52:48 | 66 | 0:25:18 | |
| 59 | 1117 | Piotrowski Thomas | ohne | 1:18:07 | M45 | 12 | 41 | 0:09:58 | 86 | 0:43:33 | 74 | 0:53:32 | 45 | 0:24:34 | |
| 60 | 1278 | Eichhorn Rüdiger | Stadtwerker | 1:18:10 | M50 | 6 | 48 | 0:10:06 | 69 | 0:42:28 | 60 | 0:52:34 | 71 | 0:25:36 | |
| 61 | 1027 | Bulla Peter | Krefeld | 1:18:11 | M30 | 8 | 121 | 0:11:22 | 35 | 0:39:44 | 47 | 0:51:06 | 113 | 0:27:04 | |
| 62 | 1008 | Menschel Marius | Düsseldorfer Laufsocken | 1:18:26 | M30 | 9 | 57 | 0:10:17 | 75 | 0:42:58 | 72 | 0:53:16 | 62 | 0:25:10 | |
| 63 | 1162 | Tobias-Sutter Christian | Düsseldorf | 1:18:38 | M40 | 11 | 78 | 0:10:38 | 77 | 0:43:04 | 77 | 0:53:42 | 55 | 0:24:55 | |
| 64 | 1219 | Hansen Jörg | Duisburg | 1:18:49 | M45 | 13 | 106 | 0:11:04 | 81 | 0:43:18 | 84 | 0:54:23 | 43 | 0:24:26 | |
| 65 | 1075 | Kirschner Uwe Daniel | Ratingen | 1:18:55 | M35 | 10 | 20 | 0:09:20 | 60 | 0:41:46 | 48 | 0:51:07 | 131 | 0:27:47 | |
| 66 | 1002 | Renn Markus | RSC Göttingen | 1:19:06 | M40 | 12 | 138 | 0:11:37 | 30 | 0:39:27 | 44 | 0:51:04 | 134 | 0:28:01 | |
| 67 | 927 | Meuter Christian | Korschenbroich | 1:19:12 | M25 | 10 | 130 | 0:11:28 | 46 | 0:40:47 | 58 | 0:52:16 | 111 | 0:26:56 | |
| 68 | 1342 | Bäumer Ludger | | 1:19:22 | M40 | 13 | 166 | 0:12:11 | 55 | 0:41:32 | 78 | 0:53:44 | 73 | 0:25:38 | |
| 69 | 1201 | Rogala Andrzej | Marathonteam-Ratingen | 1:19:47 | M55 | 1 | 125 | 0:11:27 | 102 | 0:44:39 | 105 | 0:56:07 | 35 | 0:23:40 | |
| 70 | 932 | Newton Jak | Europäische | 1:20:00 | M20 | 6 | 65 | 0:10:24 | 99 | 0:44:21 | 91 | 0:54:45 | 65 | 0:25:14 | |
| 71 | 1227 | Hillebrand Andreas | Ratingen | 1:20:02 | M50 | 7 | 40 | 0:09:58 | 72 | 0:42:51 | 64 | 0:52:49 | 120 | 0:27:12 | |
| 72 | 1070 | Hings Stefan | liit.de | 1:20:05 | M30 | 10 | 117 | 0:11:21 | 65 | 0:42:10 | 73 | 0:53:32 | 99 | 0:26:33 | |
| 73 | 1028 | Bulla Paul | krefeld | 1:20:13 | M30 | 11 | 170 | 0:12:23 | 43 | 0:40:37 | 67 | 0:53:00 | 120 | 0:27:12 | |
| 74 | 1176 | Neppel Marcus | Mettmann | 1:20:17 | M45 | 14 | 30 | 0:09:37 | 85 | 0:43:29 | 68 | 0:53:06 | 117 | 0:27:10 | |
| 75 | 1279 | Ringat Frank | Team Copeo | 1:20:33 | M40 | 14 | 161 | 0:12:06 | 74 | 0:42:54 | 93 | 0:55:00 | 70 | 0:25:32 | |
| 76 | 950 | Rehfishch Michael | Frankfurt | 1:20:34 | M25 | 11 | 124 | 0:11:27 | 89 | 0:43:40 | 94 | 0:55:07 | 69 | 0:25:26 | |
| 77 | 1280 | Priester Jörg | TEV Lauffreunde | 1:20:36 | M45 | 15 | 64 | 0:10:23 | 94 | 0:44:11 | 87 | 0:54:35 | 80 | 0:26:01 | |
| 78 | 1272 | Kerbl Henry | Langenfeld | 1:20:37 | M50 | 8 | 63 | 0:10:23 | 84 | 0:43:22 | 79 | 0:53:46 | 109 | 0:26:51 | |
| 79 | 1110 | Knaup Michael | Ratingen | 1:20:45 | M40 | 15 | 56 | 0:10:17 | 91 | 0:43:47 | 81 | 0:54:04 | 104 | 0:26:40 | |
| 80 | 1178 | Kasten Thomas | | 1:20:45 | M45 | 16 | 101 | 0:11:02 | 45 | 0:40:45 | 52 | 0:51:47 | 149 | 0:28:57 | |
| 81 | 1177 | Stammen Markus | TS79 Bergisch Gladbach | 1:20:49 | M45 | 17 | 188 | 0:13:01 | 58 | 0:41:39 | 90 | 0:54:40 | 85 | 0:26:08 | |
| 82 | 951 | Rehfishch Daniel | Duisburg | 1:20:57 | M25 | 12 | 154 | 0:11:56 | 93 | 0:44:05 | 103 | 0:56:01 | 56 | 0:24:55 | |
| 83 | 1355 | Wilhelm Joachim | Schwelmer SC | 1:21:03 | M50 | 9 | 25 | 0:09:32 | 78 | 0:43:09 | 62 | 0:52:42 | 139 | 0:28:20 | |
| 84 | 1019 | Schmidt René | Die Füchse | 1:21:03 | M40 | 16 | 182 | 0:12:46 | 105 | 0:44:53 | 128 | 0:57:39 | 31 | 0:23:23 | |
| 85 | 1068 | Krüger Michael | Köln | 1:21:07 | M30 | 12 | 107 | 0:11:06 | 47 | 0:40:48 | 54 | 0:51:55 | 157 | 0:29:12 | |
| 86 | 1173 | Frigge Stefan | Ratingen | 1:21:17 | M45 | 18 | 120 | 0:11:22 | 79 | 0:43:14 | 88 | 0:54:37 | 103 | 0:26:40 | |
| 87 | 941 | Kleine-Kleffmann Isgar | Velbert | 1:21:25 | M25 | 13 | 119 | 0:11:22 | 106 | 0:44:53 | 108 | 0:56:16 | 60 | 0:25:09 | |
| 88 | 960 | Tenbergen Nils | Datteln | 1:21:43 | M25 | 14 | 81 | 0:10:40 | 92 | 0:43:49 | 85 | 0:54:30 | 122 | 0:27:13 | |
| 89 | 1071 | Dümpelmann Marc | Chariteam München | 1:21:46 | M40 | 17 | 116 | 0:11:18 | 100 | 0:44:24 | 99 | 0:55:42 | 82 | 0:26:03 | |
| 90 | 1220 | Dobrovsky Erwin | ASV Duisburg | 1:21:48 | M60 | 1 | 80 | 0:10:40 | 87 | 0:43:33 | 82 | 0:54:14 | 130 | 0:27:34 | |
| 91 | 1041 | Laas Holger | triathlon team ratingen | 081:21:50 | M40 | 18 | 103 | 0:11:03 | 39 | 0:39:59 | 43 | 0:51:02 | 180 | 0:30:47 | |
| 92 | 1354 | Menn Martin | Ultra Team Cronenberg | 1:21:56 | M45 | 19 | 39 | 0:09:55 | 124 | 0:46:07 | 104 | 0:56:03 | 76 | 0:25:52 | |
| 93 | 1000 | Lorentz Benjamin | Essen | 1:21:58 | M35 | 11 | 71 | 0:10:30 | 97 | 0:44:16 | 92 | 0:54:47 | 118 | 0:27:11 | |
| 94 | 1139 | Levering Matthias | Essen | 1:22:03 | M40 | 19 | 62 | 0:10:22 | 140 | 0:46:51 | 121 | 0:57:14 | 52 | 0:24:49 | |
| 95 | 1100 | Koehler Nils | Langenfeld | 1:22:05 | M40 | 20 | 131 | 0:11:30 | 59 | 0:41:44 | 71 | 0:53:15 | 147 | 0:28:50 | |
| 96 | 1243 | Sicking Dr. Frank | Mettmann | 1:22:08 | M50 | 10 | 201 | 0:13:35 | 90 | 0:43:46 | 124 | 0:57:21 | 51 | 0:24:47 | |
| 97 | 1051 | Malhofer Thorsten | SG | 1:22:12 | M35 | 12 | 171 | 0:12:24 | 104 | 0:44:51 | 122 | 0:57:16 | 57 | 0:24:55 | |
| 98 | 1024 | Huebner Marco | Pottracrer Bochum | 1:22:27 | M40 | 21 | 122 | 0:11:25 | 64 | 0:42:08 | 76 | 0:53:33 | 148 | 0:28:53 | |
| 99 | 1150 | Schmidt Eric | Ratingen | 1:22:34 | M45 | 20 | 43 | 0:10:02 | 118 | 0:45:49 | 101 | 0:55:52 | 105 | 0:26:41 | |
| 100 | 1156 | Haverkamp Axel | Bergisch Gladbach | 1:22:35 | M45 | 21 | 87 | 0:10:47 | 117 | 0:45:46 | 111 | 0:56:33 | 81 | 0:26:02 | |
| 101 | 964 | Lahey Thomas | Frankfurt | 1:22:38 | M25 | 15 | 118 | 0:11:21 | 134 | 0:46:35 | 130 | 0:57:57 | 50 | 0:24:41 | |
| 102 | 1062 | Wolter Clemens | SOTC Racing | 1:22:40 | M30 | 13 | 128 | 0:11:28 | 101 | 0:44:39 | 106 | 0:56:07 | 97 | 0:26:32 | |
| 103 | 1161 | Peeters Gerd | DLRG Kempen | 1:22:41 | M45 | 22 | 72 | 0:10:31 | 120 | 0:45:58 | 109 | 0:56:29 | 90 | 0:26:12 | |
| 104 | 1115 | Elbe Matthias | Ratingen | 1:22:45 | M40 | 22 | 3 | 0:07:48 | 110 | 0:45:23 | 69 | 0:53:12 | 167 | 0:29:33 | |
| 105 | 1329 | Grüters Tim | | 1:22:56 | M40 | 23 | 184 | 0:12:50 | 115 | 0:45:36 | 138 | 0:58:27 | 44 | 0:24:28 | |
| 106 | 1122 | Röwekamp Thomas | ASC Ratingen West | 1:23:02 | M45 | 23 | 162 | 0:12:06 | 83 | 0:43:21 | 96 | 0:55:28 | 129 | 0:27:33 | |
| 107 | 1046 | Scherberich Patrick | trias | 1:23:05 | M35 | 13 | 112 | 0:11:15 | 98 | 0:44:18 | 97 | 0:55:33 | 126 | 0:27:31 | |
| 108 | 1130 | Gante Carsten | Ratingen | 1:23:20 | M45 | 24 | 169 | 0:12:17 | 103 | 0:44:40 | 117 | 0:56:58 | 94 | 0:26:22 | |

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Männer

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|-----------------------|----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 109 | 969 | Düerkop Vincent | Ratingen | 1:23:26 | M20 | 7 | 115 | 0:11:17 | 122 | 0:46:04 | 125 | 0:57:21 | 83 | 0:26:04 | |
| 110 | 1060 | Blume Tilman | Hamburg | 1:23:26 | M30 | 14 | 33 | 0:09:42 | 96 | 0:44:14 | 80 | 0:53:57 | 164 | 0:29:28 | |
| 111 | 1043 | Sief Tobias | Troisdorf | 1:23:27 | M30 | 15 | 105 | 0:11:04 | 80 | 0:43:17 | 83 | 0:54:22 | 155 | 0:29:05 | |
| 112 | 1058 | Winkler Stefan | Ratingen | 1:23:29 | M30 | 16 | 101 | 0:11:02 | 112 | 0:45:27 | 110 | 0:56:29 | 112 | 0:26:59 | |
| 113 | 1343 | Kuk Otmar | | 1:23:29 | M50 | 11 | 159 | 0:12:01 | 107 | 0:44:55 | 116 | 0:56:56 | 98 | 0:26:33 | |
| 114 | 1242 | Mehlich Stefan | Ratingen | 1:23:38 | M45 | 25 | 60 | 0:10:20 | 111 | 0:45:24 | 100 | 0:55:44 | 133 | 0:27:54 | |
| 115 | 943 | Kümper Nils Sören | Dortmund | 1:23:47 | M25 | 16 | 180 | 0:12:40 | 88 | 0:43:35 | 107 | 0:56:15 | 125 | 0:27:31 | |
| 115 | 974 | Wlotzka Kamil | Moers | 1:23:47 | M25 | 16 | 167 | 0:12:13 | 130 | 0:46:19 | 139 | 0:58:32 | 64 | 0:25:14 | |
| 117 | 1344 | Kerckhofs Yves | ratingen | 1:23:57 | M45 | 26 | 54 | 0:10:14 | 168 | 0:49:02 | 152 | 0:59:16 | 48 | 0:24:40 | |
| 118 | 1004 | Juretzki Stefan | Kinderkiste e.V. | 1:24:04 | M35 | 14 | 29 | 0:09:37 | 109 | 0:45:03 | 89 | 0:54:40 | 161 | 0:29:24 | |
| 119 | 1135 | Schwarze Dr. Joerg | Düsseldorf | 1:24:08 | M45 | 27 | 66 | 0:10:24 | 155 | 0:47:49 | 136 | 0:58:14 | 77 | 0:25:54 | |
| 120 | 1017 | Kaufmann Willy | Anna Bolika | 1:24:14 | M40 | 24 | 147 | 0:11:45 | 129 | 0:46:19 | 131 | 0:58:05 | 86 | 0:26:09 | |
| 121 | 1251 | Ward Stephen John | 200PRO | 1:24:22 | M55 | 2 | 199 | 0:13:18 | 68 | 0:42:23 | 98 | 0:55:42 | 143 | 0:28:39 | |
| 122 | 1261 | Schubert Holger | Mettmann Sport | 1:24:58 | M50 | 12 | 58 | 0:10:18 | 95 | 0:44:13 | 86 | 0:54:31 | 175 | 0:30:27 | |
| 123 | 1063 | Busch Andreas | Freischütz Kompanie | 1:25:04 | M30 | 17 | 149 | 0:11:46 | 148 | 0:47:21 | 147 | 0:59:08 | 78 | 0:25:56 | |
| 124 | 1005 | Kroll Thorsten | Kinderkiste e.V. | 1:25:18 | M35 | 15 | 35 | 0:09:47 | 125 | 0:46:11 | 102 | 0:55:58 | 160 | 0:29:20 | |
| 125 | 1131 | Ahrens Tom | Nümbrecht | 1:25:21 | M40 | 25 | 89 | 0:10:48 | 132 | 0:46:23 | 120 | 0:57:11 | 136 | 0:28:09 | |
| 126 | 1102 | Kohlmann Oliver | rhinerunner | 1:25:35 | M45 | 28 | 134 | 0:11:32 | 151 | 0:47:25 | 145 | 0:58:58 | 101 | 0:26:36 | |
| 127 | 1218 | Bredenbrock Gregor | Leverkusen | 1:25:38 | M45 | 29 | 104 | 0:11:03 | 146 | 0:47:08 | 134 | 0:58:12 | 123 | 0:27:26 | |
| 128 | 1052 | Bockholt Klaus | PV-Triathlon Witten | 1:25:43 | M40 | 26 | 157 | 0:11:59 | 142 | 0:46:56 | 143 | 0:58:55 | 107 | 0:26:47 | |
| 129 | 1332 | Köhler Karsten | | 1:25:44 | M45 | 30 | 135 | 0:11:34 | 121 | 0:45:58 | 127 | 0:57:32 | 137 | 0:28:11 | |
| 130 | 1200 | Eichler Marcus | Angerland LT Lintorf | 1:25:48 | M55 | 3 | 191 | 0:13:06 | 113 | 0:45:35 | 141 | 0:58:42 | 114 | 0:27:06 | |
| 131 | 1165 | Kemper Ulrich | SSF Bonn Triathlon | 1:25:49 | M45 | 31 | 77 | 0:10:37 | 126 | 0:46:12 | 114 | 0:56:49 | 150 | 0:29:00 | |
| 132 | 1136 | Frei Olaf | Essen | 1:25:52 | M40 | 27 | 70 | 0:10:29 | 144 | 0:46:59 | 126 | 0:57:29 | 141 | 0:28:23 | |
| 133 | 957 | Zembrowski Krzysztof | WTS | 1:25:58 | M25 | 18 | 111 | 0:11:14 | 141 | 0:46:53 | 132 | 0:58:07 | 132 | 0:27:51 | |
| 134 | 1209 | Kölzer Ulli | LT RENNHAMSTER | 1:26:06 | M60 | 2 | 148 | 0:11:46 | 152 | 0:47:30 | 151 | 0:59:16 | 108 | 0:26:50 | |
| 135 | 1166 | Wellander Andreas | Düsseldorf | 1:26:19 | M40 | 28 | 32 | 0:09:37 | 190 | 0:51:33 | 169 | 1:01:10 | 59 | 0:25:09 | |
| 136 | 1124 | Schlimme Mario | Ratingen | 1:26:30 | M45 | 32 | 114 | 0:11:17 | 163 | 0:48:38 | 156 | 0:59:55 | 100 | 0:26:34 | |
| 137 | 1148 | Kruth Carsten | Düsseldorf | 1:26:31 | M40 | 29 | 202 | 0:13:36 | 162 | 0:48:36 | 179 | 1:02:12 | 41 | 0:24:18 | |
| 138 | 1274 | Presser Christian | TuS Breitscheid | 1:26:38 | M50 | 13 | 198 | 0:13:18 | 138 | 0:46:50 | 161 | 1:00:08 | 96 | 0:26:29 | |
| 139 | 1142 | Östreich Dirk | Erfstadt | 1:26:53 | M45 | 33 | 74 | 0:10:32 | 128 | 0:46:16 | 113 | 0:56:48 | 171 | 0:30:04 | |
| 140 | 1038 | Russo Stefano | Beckum | 1:27:15 | M30 | 18 | 95 | 0:10:54 | 147 | 0:47:18 | 135 | 0:58:12 | 153 | 0:29:03 | |
| 141 | 982 | Biermann Markus | Stadtwerker | 1:27:17 | M25 | 19 | 47 | 0:10:06 | 136 | 0:46:38 | 112 | 0:56:45 | 177 | 0:30:32 | |
| 142 | 1281 | Rickert Ronald | Fun Runner VfL | 1:27:31 | M40 | 30 | 165 | 0:12:11 | 170 | 0:49:13 | 173 | 1:01:24 | 84 | 0:26:07 | |
| 143 | 1345 | Gliesche Dr. Martin | Ratingen | 1:27:33 | M35 | 16 | 212 | 0:14:29 | 114 | 0:45:36 | 159 | 1:00:06 | 124 | 0:27:27 | |
| 144 | 1170 | Ramme Oliver | Weggefährten | 1:27:33 | M45 | 34 | 76 | 0:10:36 | 133 | 0:46:28 | 118 | 0:57:04 | 176 | 0:30:29 | |
| 145 | 1203 | Spöntjes Willi | ASV Duisburg | 1:27:37 | M55 | 4 | 196 | 0:13:17 | 156 | 0:47:56 | 170 | 1:01:13 | 95 | 0:26:24 | |
| 146 | 1277 | Kleeberg Norbert | Rheinische Post | 1:27:38 | M50 | 14 | 178 | 0:12:37 | 164 | 0:48:43 | 172 | 1:01:20 | 93 | 0:26:17 | |
| 147 | 1021 | Herrmann Michael | Essen | 1:27:40 | M35 | 17 | 150 | 0:11:46 | 159 | 0:48:20 | 160 | 1:00:07 | 127 | 0:27:32 | |
| 148 | 952 | Marto Michael | Mönchengladbach | 1:28:03 | M25 | 20 | 142 | 0:11:41 | 153 | 0:47:32 | 150 | 0:59:14 | 146 | 0:28:48 | |
| 149 | 913 | Fröhlich Steffen | Essen | 1:28:04 | M25 | 21 | 123 | 0:11:26 | 119 | 0:45:50 | 123 | 0:57:17 | 181 | 0:30:47 | |
| 150 | 1207 | Kamphausen Matthias | Viersen | 1:28:08 | M45 | 35 | 155 | 0:11:57 | 82 | 0:43:19 | 95 | 0:55:17 | 200 | 0:32:50 | |
| 151 | 1252 | Jage Peter | BSG Sparkasse HRV | 1:28:12 | M50 | 15 | 173 | 0:12:26 | 137 | 0:46:41 | 148 | 0:59:08 | 154 | 0:29:04 | |
| 152 | 948 | Karagülle Serkan | Velbert | 1:28:37 | M20 | 8 | 160 | 0:12:05 | 149 | 0:47:23 | 153 | 0:59:29 | 156 | 0:29:08 | |
| 153 | 1270 | Derndinger | LAP-Sports | 1:28:39 | M50 | 16 | 168 | 0:12:14 | 150 | 0:47:24 | 154 | 0:59:39 | 151 | 0:29:00 | |
| 154 | 879 | Stange Volker | Herne | 1:28:51 | M45 | 36 | 152 | 0:11:55 | 127 | 0:46:13 | 133 | 0:58:08 | 179 | 0:30:42 | |
| 155 | 1226 | Arndt Frank | double homberg | 1:29:00 | M50 | 17 | 137 | 0:11:35 | 160 | 0:48:24 | 157 | 0:59:59 | 152 | 0:29:00 | |
| 156 | 1259 | Hüttenbrink Kai | SV Bergisch Gladbach | 1:29:02 | M50 | 18 | 42 | 0:10:02 | 139 | 0:46:50 | 115 | 0:56:53 | 193 | 0:32:08 | |
| 157 | 1069 | Hottenrott Marcus | Ratingen | 1:29:03 | M30 | 19 | 185 | 0:12:54 | 167 | 0:48:56 | 175 | 1:01:50 | 119 | 0:27:12 | |
| 158 | 1167 | Kuklinski Kai | Ratingen | 1:29:06 | M45 | 37 | 53 | 0:10:13 | 193 | 0:52:06 | 181 | 1:02:19 | 106 | 0:26:46 | |
| 159 | 1155 | Abel Christoph | Ratingen | 1:29:20 | M45 | 38 | 93 | 0:10:52 | 175 | 0:49:43 | 165 | 1:00:35 | 144 | 0:28:45 | |
| 160 | 1013 | Ullmann Matthias | TuS Alchen | 1:29:32 | M35 | 18 | 164 | 0:12:10 | 157 | 0:48:05 | 162 | 1:00:15 | 158 | 0:29:17 | |
| 161 | 1211 | Rottlaender Christian | TV Ratingen | 1:29:45 | M50 | 19 | 145 | 0:11:43 | 158 | 0:48:18 | 158 | 1:00:02 | 169 | 0:29:42 | |
| 162 | 1351 | Wegmann Karl | Düsseldorf | 1:29:45 | M50 | 20 | 218 | 0:16:15 | 135 | 0:46:35 | 185 | 1:02:51 | 110 | 0:26:54 | |

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Männer

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|----------------------|-------------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 163 | 1129 | Vesting Matthias | Ratingen | 1:29:50 | M45 | 39 | 189 | 0:13:05 | 169 | 0:49:11 | 180 | 1:02:16 | 128 | 0:27:33 | |
| 164 | 1333 | Stephane David | | 1:29:58 | M45 | 40 | 177 | 0:12:33 | 123 | 0:46:04 | 140 | 0:58:38 | 187 | 0:31:20 | |
| 165 | 1055 | Lange Jens | Hattingen | 1:30:11 | M30 | 20 | 46 | 0:10:06 | 182 | 0:50:39 | 166 | 1:00:45 | 162 | 0:29:25 | |
| 166 | 1127 | Pagon Duschon | TV Attendorf TRI-TIME | 1:30:22 | M45 | 41 | 55 | 0:10:14 | 143 | 0:46:56 | 119 | 0:57:10 | 202 | 0:33:11 | |
| 167 | 1030 | Klein Dr. Holger | Rennbären | 1:30:45 | M40 | 31 | 140 | 0:11:41 | 173 | 0:49:35 | 171 | 1:01:16 | 165 | 0:29:29 | |
| 168 | 940 | Von Platen Philip | Ratingen | 1:30:49 | M20 | 9 | 11 | 0:08:37 | 194 | 0:52:21 | 167 | 1:00:59 | 170 | 0:29:50 | |
| 169 | 1268 | Verde Dr. Pablo | Düsseldorf | 1:30:49 | M50 | 21 | 37 | 0:09:50 | 171 | 0:49:18 | 149 | 0:59:08 | 191 | 0:31:40 | |
| 170 | 1164 | Vogt Thorsten | Ratingen Hoesel | 1:31:00 | M45 | 42 | 200 | 0:13:32 | 131 | 0:46:22 | 155 | 0:59:55 | 183 | 0:31:05 | |
| 171 | 1168 | Straub Steffen | LS NRW | 1:31:01 | M45 | 43 | 156 | 0:11:59 | 172 | 0:49:33 | 174 | 1:01:32 | 163 | 0:29:28 | |
| 172 | 1231 | Ellerbrok Dirk | Mülheim | 1:31:04 | M55 | 5 | 194 | 0:13:13 | 191 | 0:51:34 | 195 | 1:04:48 | 92 | 0:26:16 | |
| 173 | 1250 | Plötz Bernd | Langenfeld | 1:31:11 | M55 | 6 | 94 | 0:10:54 | 177 | 0:50:08 | 168 | 1:01:03 | 172 | 0:30:08 | |
| 174 | 1106 | WELKER Dieter | Düsseldorf | 1:31:13 | M40 | 32 | 181 | 0:12:45 | 116 | 0:45:39 | 137 | 0:58:25 | 198 | 0:32:47 | |
| 175 | 1033 | Scheld Peter | BSG Sparkasse HRV | 1:31:17 | M40 | 33 | 133 | 0:11:32 | 180 | 0:50:26 | 177 | 1:01:58 | 159 | 0:29:19 | |
| 176 | 1258 | Von Platen Felix | Ratingen | 1:31:23 | M50 | 22 | 203 | 0:13:42 | 166 | 0:48:53 | 182 | 1:02:35 | 145 | 0:28:47 | |
| 177 | 1273 | Gallhoff - Peeters | LS NRW | 1:31:24 | M50 | 23 | 110 | 0:11:13 | 154 | 0:47:45 | 146 | 0:58:59 | 195 | 0:32:25 | |
| 178 | 1111 | Reuter Andreas | Düsseldorf | 1:31:44 | M40 | 34 | 213 | 0:14:35 | 187 | 0:51:22 | 201 | 1:05:57 | 75 | 0:25:46 | |
| 179 | 1175 | Brauer Bernd | Dormagen | 1:31:44 | M45 | 44 | 126 | 0:11:28 | 203 | 0:54:03 | 199 | 1:05:31 | 91 | 0:26:13 | |
| 180 | 1224 | Koopmann Volker | ASV Duisburg | 1:31:54 | M75 | 1 | 205 | 0:13:54 | 108 | 0:45:02 | 144 | 0:58:56 | 201 | 0:32:58 | |
| 181 | 1202 | Voß Stefan | Ratingen | 1:32:16 | M45 | 45 | 174 | 0:12:29 | 188 | 0:51:24 | 187 | 1:03:54 | 140 | 0:28:22 | |
| 182 | 1248 | Völker Johannes | Europäische | 1:32:40 | M55 | 7 | 206 | 0:13:55 | 179 | 0:50:20 | 190 | 1:04:15 | 142 | 0:28:24 | |
| 183 | 1157 | Koch Thorsten | Düsseldorf | 1:32:45 | M40 | 35 | 85 | 0:10:45 | 145 | 0:47:04 | 129 | 0:57:50 | 205 | 0:34:55 | |
| 184 | 1212 | Peters Heinz-Günter | Niederkrüchten | 1:32:58 | M50 | 24 | 136 | 0:11:34 | 165 | 0:48:43 | 163 | 1:00:18 | 197 | 0:32:40 | |
| 184 | 1126 | Stang Manfred | Hofheim | 1:32:58 | M45 | 46 | 172 | 0:12:25 | 204 | 0:54:22 | 206 | 1:06:47 | 89 | 0:26:10 | |
| 186 | 1334 | Schmidt Friedhelm | | 1:33:39 | M30 | 21 | 214 | 0:14:37 | 184 | 0:50:56 | 200 | 1:05:34 | 135 | 0:28:05 | |
| 187 | 1235 | Pianowski Andreas | Moers | 1:34:14 | M45 | 47 | 153 | 0:11:55 | 186 | 0:51:09 | 186 | 1:03:05 | 185 | 0:31:09 | |
| 188 | 1269 | Wild Michael H. | WTS | 1:34:15 | M50 | 25 | 210 | 0:14:22 | 178 | 0:50:14 | 194 | 1:04:36 | 168 | 0:29:38 | |
| 189 | 1253 | Trust Dietmar | KreisdrachEN | 1:34:20 | M50 | 26 | 59 | 0:10:19 | 196 | 0:52:30 | 184 | 1:02:50 | 189 | 0:31:30 | |
| 190 | 1229 | Steinacker Willi | Privat | 1:34:42 | M55 | 8 | 175 | 0:12:29 | 174 | 0:49:36 | 178 | 1:02:05 | 196 | 0:32:36 | |
| 191 | 1116 | Dreßen Thomas | PV WABU 1932 e.V. | 1:35:02 | M45 | 48 | 163 | 0:12:08 | 197 | 0:52:39 | 196 | 1:04:48 | 173 | 0:30:13 | |
| 192 | 1234 | Pagel Ralf | Ratingen | 1:35:05 | M45 | 49 | 129 | 0:11:28 | 199 | 0:53:00 | 193 | 1:04:29 | 178 | 0:30:36 | |
| 193 | 1214 | Dirks Rudolf | DFC Düsseldorf | 1:35:12 | M50 | 27 | 45 | 0:10:05 | 181 | 0:50:28 | 164 | 1:00:34 | 204 | 0:34:38 | |
| 194 | 907 | Dahlke Patrick | Düsseldorf | 1:35:35 | M25 | 22 | 139 | 0:11:37 | 198 | 0:52:49 | 192 | 1:04:27 | 184 | 0:31:08 | |
| 195 | 1153 | Giemsa Peter | Frickenhäuser | 1:35:56 | M45 | 50 | 51 | 0:10:10 | 161 | 0:48:32 | 142 | 0:58:42 | 214 | 0:37:13 | |
| 196 | 1217 | Kill Ludger | Porsche Club of America | 1:36:10 | M50 | 28 | 197 | 0:13:18 | 192 | 0:51:49 | 197 | 1:05:07 | 182 | 0:31:02 | |
| 197 | 1265 | Völkner Rainer | Iserlohn | 1:36:28 | M55 | 9 | 69 | 0:10:29 | 202 | 0:53:45 | 189 | 1:04:14 | 194 | 0:32:13 | |
| 198 | 1266 | Lippold Ralph | Düsseldorf | 1:37:43 | M50 | 29 | 179 | 0:12:39 | 176 | 0:50:06 | 183 | 1:02:46 | 206 | 0:34:56 | |
| 199 | 1255 | Landwehrt Thomas | Wuppertal | 1:38:09 | M50 | 30 | 186 | 0:12:56 | 200 | 0:53:36 | 205 | 1:06:32 | 190 | 0:31:36 | |
| 200 | 1206 | Ehrenberg Dr. Thomas | ERGO Sports Düsseldorf | 1:38:37 | M50 | 31 | 98 | 0:11:00 | 183 | 0:50:53 | 176 | 1:01:54 | 212 | 0:36:43 | |
| 201 | 1134 | Vinck Georg | Mönchengladbach | 1:39:19 | M40 | 36 | 207 | 0:14:03 | 195 | 0:52:25 | 203 | 1:06:29 | 199 | 0:32:49 | |
| 202 | 1120 | Dum Michael | Düsseldorf | 1:39:39 | M45 | 51 | 183 | 0:12:46 | 189 | 0:51:25 | 188 | 1:04:12 | 208 | 0:35:27 | |
| 203 | 1147 | Krause Christian | Duisburg | 1:40:07 | M40 | 37 | 195 | 0:13:16 | 185 | 0:51:05 | 191 | 1:04:22 | 209 | 0:35:45 | |
| 204 | 1179 | Süssbrich Axel | | 1:41:21 | M40 | 38 | 208 | 0:14:08 | 210 | 0:56:56 | 210 | 1:11:04 | 174 | 0:30:16 | |
| 205 | 1276 | Zeidler Uwe | Düsseldorf | 1:43:11 | M55 | 10 | 141 | 0:11:41 | 206 | 0:54:44 | 202 | 1:06:25 | 213 | 0:36:46 | |
| 206 | 1039 | Kerkhoff Thorsten | Oberhausen | 1:44:14 | M35 | 19 | 220 | 0:18:18 | 209 | 0:56:25 | 214 | 1:14:44 | 166 | 0:29:29 | |
| 207 | 1239 | Weber Ulrich | Europäische | 1:44:36 | M50 | 32 | 190 | 0:13:05 | 213 | 1:00:07 | 212 | 1:13:13 | 188 | 0:31:22 | |
| 208 | 1056 | Erdt Alexander | Nordtriadhliten | 1:44:48 | M35 | 20 | 144 | 0:11:43 | 211 | 0:57:14 | 209 | 1:08:57 | 210 | 0:35:51 | |
| 209 | 1245 | Offermanns Axel | LasseNeah | 1:45:58 | M65 | 1 | 219 | 0:17:15 | 215 | 1:00:23 | 219 | 1:17:39 | 138 | 0:28:19 | |
| 210 | 1105 | Escher Christoph | Marathonteam-Ratingen | 1:46:07 | M45 | 52 | 192 | 0:13:07 | 217 | 1:01:39 | 215 | 1:14:47 | 186 | 0:31:19 | |
| 211 | 1123 | Seidler Peter | Ratingen | 1:47:10 | M45 | 53 | 127 | 0:11:28 | 207 | 0:55:04 | 204 | 1:06:32 | 217 | 0:40:38 | |
| 212 | 1044 | Ravalli Dr. Paolo | Freie Schwimmer | 1:47:39 | M40 | 39 | 211 | 0:14:24 | 212 | 0:58:11 | 211 | 1:12:35 | 207 | 0:35:04 | |
| 213 | 1143 | Haßhoff Michael | Duisburg | 1:48:23 | M40 | 40 | 91 | 0:10:49 | 205 | 0:54:34 | 198 | 1:05:24 | 218 | 0:42:59 | |
| 214 | 1042 | Oedekoven Ingo | Troisdorf | 1:48:41 | M35 | 21 | 187 | 0:13:00 | 208 | 0:55:30 | 207 | 1:08:31 | 216 | 0:40:10 | |
| 215 | 1225 | Berndt Oliver | Erkrath | 1:49:11 | M45 | 54 | 209 | 0:14:08 | 219 | 1:03:12 | 218 | 1:17:21 | 192 | 0:31:50 | |
| 216 | 1007 | Weiß Kevin | Die Spitzensportler | 1:49:28 | M30 | 22 | 215 | 0:14:43 | 216 | 1:00:45 | 216 | 1:15:29 | 203 | 0:33:58 | |

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Männer

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|------------------|-------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 217 | 1133 | Peters Alexander | Düsseldorf | 1:52:19 | M40 | 41 | 217 | 0:15:06 | 201 | 0:53:39 | 208 | 1:08:45 | 219 | 0:43:34 | |
| 218 | 1132 | Bomblat Olaf | Oberhausen | 1:53:45 | M45 | 55 | 193 | 0:13:10 | 218 | 1:02:59 | 217 | 1:16:10 | 215 | 0:37:34 | |
| 219 | 981 | Wirriger Jan | Stadtwerker | 1:54:14 | M20 | 10 | 216 | 0:14:53 | 220 | 1:03:13 | 220 | 1:18:06 | 211 | 0:36:08 | |
| 220 | 1025 | Schlund Marius | Mülheim | 1:59:25 | M30 | 23 | 204 | 0:13:48 | 214 | 1:00:09 | 213 | 1:13:57 | 220 | 0:45:27 | |

nicht beendet

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|--------------------|-----------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 0 | 1222 | Bliesner Friedhelm | Duisburg | 0:00:00 | M65 | - | 223 | 0:12:42 | 0 | 0:00:00 | 0 | 0:00:00 | 0 | 0:00:00 | |
| 0 | 1247 | Engel Dirk | Feuerwehr Ratingen | 0:00:00 | M50 | - | 222 | 0:10:03 | 221 | 0:48:12 | 221 | 0:58:15 | 0 | 0:00:00 | |
| 0 | 1054 | Aschendorf Jan | Hattingen | 0:00:00 | M30 | - | 221 | 0:08:45 | 0 | 0:00:00 | 0 | 0:00:00 | 0 | 0:00:00 | |
| 0 | 1267 | Rath Herbert | Skiclub Düsseldorf | 0:00:00 | M55 | - | 224 | 0:11:51 | 0 | 0:00:00 | 0 | 0:00:00 | 0 | 0:00:00 | |
| 0 | 975 | Komavo Elie | Ultra Team Cronenberg | 0:00:00 | M20 | - | 0 | 0:00:00 | 0 | 0:00:00 | 0 | 0:00:00 | 0 | 0:00:00 | |

disqualifiziert

| Platz | Nr. | Name Vorname | Grund | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|--------------|--------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 0 | 958 | Dobinsky Jan | zuwenig Laufrunden | 1:20:02 | M25 | 0 | 0 | 0:14:32 | 0 | 0:51:59 | 0 | 1:06:32 | 0 | 0:13:30 | |

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Frauen

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|----------------------|-----------------------|---------|------|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 1 | 900 | Osthaus Anne | Mettmann | 1:10:00 | W45 | 1 | 6 | 0:08:57 | 1 | 0:37:37 | 1 | 0:46:35 | 6 | 0:23:25 | |
| 2 | 971 | Schmitz Andrea | DMSG | 1:12:57 | W45 | 2 | 9 | 0:09:14 | 2 | 0:40:22 | 2 | 0:49:36 | 5 | 0:23:20 | |
| 3 | 946 | Sefron Karina | Physio-Aktiv Netphen | 1:13:10 | W45 | 3 | 27 | 0:10:49 | 4 | 0:41:18 | 8 | 0:52:07 | 1 | 0:21:02 | |
| 4 | 840 | Thole Sonja | fair gewinnt e.V | 1:14:22 | W40 | 1 | 0 | 0:00:00 | 0 | 0:00:00 | 3 | 0:49:53 | 10 | 0:24:29 | |
| 5 | 853 | Vieten Mareike | Mönchengladbach | 1:15:12 | W25 | 1 | 17 | 0:10:01 | 3 | 0:40:48 | 4 | 0:50:50 | 9 | 0:24:21 | |
| 6 | 1340 | Hoffbauer Silke | Düsseldorf | 1:15:57 | W35 | 1 | 12 | 0:09:28 | 5 | 0:41:42 | 5 | 0:51:10 | 12 | 0:24:46 | |
| 7 | 878 | Arndt Eva | KTT 01 | 1:16:59 | W20 | 1 | 5 | 0:08:45 | 7 | 0:42:50 | 7 | 0:51:36 | 14 | 0:25:23 | |
| 8 | 877 | Mazur Katrin | KTT 01 | 1:17:12 | W20 | 2 | 3 | 0:08:40 | 23 | 0:45:45 | 10 | 0:54:25 | 3 | 0:22:46 | |
| 9 | 860 | Michel Anne | ASC Rosellen/Neuss | 1:18:17 | W25 | 2 | 22 | 0:10:35 | 15 | 0:44:41 | 18 | 0:55:16 | 4 | 0:23:00 | |
| 10 | 802 | Niehues Silke | Tusem Essen | 1:19:12 | W40 | 2 | 11 | 0:09:27 | 45 | 0:48:13 | 30 | 0:57:41 | 2 | 0:21:30 | |
| 11 | 821 | Fischer Yvonne | TV Attendorn TRI-TIME | 1:19:42 | WJun | 1 | 23 | 0:10:42 | 10 | 0:43:44 | 11 | 0:54:26 | 13 | 0:25:16 | |
| 12 | 841 | Delantonio Karin | SV Bergisch Gladbach | 1:19:44 | W30 | 1 | 4 | 0:08:44 | 17 | 0:44:54 | 9 | 0:53:39 | 19 | 0:26:05 | |
| 13 | 1352 | Böhnke Karen | TriCologne | 1:20:29 | W20 | 3 | 14 | 0:09:37 | 22 | 0:45:18 | 15 | 0:54:56 | 16 | 0:25:32 | |
| 14 | 874 | Schiller Isabel | Hildener AT Triathlon | 1:20:40 | W20 | 4 | 45 | 0:11:33 | 8 | 0:43:12 | 13 | 0:54:45 | 18 | 0:25:55 | |
| 15 | 809 | Drusenheimer Nadja | Düsseldorf | 1:21:01 | W35 | 2 | 61 | 0:12:05 | 16 | 0:44:49 | 27 | 0:56:55 | 7 | 0:24:06 | |
| 16 | 863 | Kreth Rebekah | ASV Duisburg | 1:21:03 | W30 | 2 | 21 | 0:10:26 | 21 | 0:45:10 | 22 | 0:55:37 | 15 | 0:25:26 | |
| 17 | 1348 | Turm Anja | | 1:21:59 | W45 | 4 | 24 | 0:10:46 | 14 | 0:44:21 | 17 | 0:55:07 | 22 | 0:26:52 | |
| 18 | 812 | Kießner Anna | TSV Bayer Dormagen | 1:22:00 | W25 | 3 | 59 | 0:12:04 | 9 | 0:43:24 | 21 | 0:55:28 | 21 | 0:26:32 | |
| 19 | 847 | Marquardt Anika | SV Gladbeck 13 | 1:22:12 | W35 | 3 | 10 | 0:09:27 | 6 | 0:42:03 | 6 | 0:51:30 | 52 | 0:30:42 | |
| 20 | 963 | Scherf Maria | TV Goch | 1:23:10 | W50 | 1 | 70 | 0:12:42 | 25 | 0:45:51 | 34 | 0:58:34 | 11 | 0:24:35 | |
| 21 | 876 | Mundt Cathrin | TuS 08 Lintorf | 1:23:42 | W20 | 5 | 26 | 0:10:49 | 12 | 0:43:57 | 14 | 0:54:46 | 34 | 0:28:55 | |
| 22 | 968 | Dorenbeck Cornelia | VfS Büttgen | 1:23:46 | W55 | 1 | 8 | 0:09:05 | 30 | 0:46:19 | 20 | 0:55:24 | 29 | 0:28:21 | |
| 23 | 854 | Stange Isolde | Herne | 1:23:55 | W40 | 3 | 37 | 0:11:23 | 20 | 0:45:10 | 24 | 0:56:33 | 25 | 0:27:21 | |
| 24 | 827 | Besse Jutta | Warburg | 1:24:14 | W20 | 6 | 35 | 0:11:14 | 49 | 0:48:47 | 49 | 1:00:02 | 8 | 0:24:11 | |
| 25 | 816 | Kellers Petra | Göttingen | 1:24:27 | W35 | 4 | 53 | 0:11:44 | 18 | 0:45:07 | 26 | 0:56:51 | 26 | 0:27:35 | |
| 26 | 875 | Olms Anne-Barbara | | 1:24:44 | W30 | 3 | 29 | 0:10:55 | 35 | 0:46:50 | 31 | 0:57:46 | 23 | 0:26:58 | |
| 27 | 831 | Sehmer Susanne | Rheintornados | 1:25:14 | W40 | 4 | 72 | 0:12:52 | 26 | 0:46:05 | 39 | 0:58:57 | 20 | 0:26:16 | |
| 28 | 855 | Korger Sandy | Wuppertal | 1:25:31 | W25 | 4 | 63 | 0:12:15 | 41 | 0:47:29 | 46 | 0:59:44 | 17 | 0:25:46 | |
| 29 | 845 | Römer Yvonne | Velbert | 1:25:33 | W25 | 5 | 2 | 0:08:28 | 32 | 0:46:36 | 16 | 0:55:04 | 49 | 0:30:28 | |
| 30 | 880 | Enters Nele | Cemex | 1:25:55 | W20 | 7 | 41 | 0:11:26 | 11 | 0:43:51 | 19 | 0:55:18 | 50 | 0:30:36 | |
| 31 | 818 | Schäffer Anne | Essen | 1:26:09 | W30 | 4 | 48 | 0:11:38 | 19 | 0:45:09 | 25 | 0:56:47 | 39 | 0:29:21 | |
| 32 | 920 | Findt Susan | Europäische | 1:26:16 | W50 | 2 | 18 | 0:10:06 | 28 | 0:46:12 | 23 | 0:56:18 | 44 | 0:29:57 | |
| 33 | 865 | Graudenz Corinna | Triathlon TEAM TG | 1:26:37 | W25 | 6 | 19 | 0:10:23 | 13 | 0:44:05 | 12 | 0:54:28 | 61 | 0:32:08 | |
| 34 | 867 | Battenfeld Linn | TriFit Lüdenscheid | 1:27:10 | W20 | 8 | 39 | 0:11:24 | 38 | 0:47:12 | 35 | 0:58:36 | 32 | 0:28:34 | |
| 35 | 851 | Janke Christine | Team Perpeet | 1:27:16 | W35 | 5 | 36 | 0:11:20 | 40 | 0:47:25 | 37 | 0:58:45 | 31 | 0:28:30 | |
| 36 | 902 | Niederste-hollenberg | THCM | 1:27:36 | W45 | 5 | 33 | 0:11:08 | 46 | 0:48:24 | 42 | 0:59:32 | 28 | 0:28:03 | |
| 37 | 906 | Kill Astrid | Ratingen | 1:28:03 | W50 | 3 | 30 | 0:10:57 | 43 | 0:47:48 | 36 | 0:58:45 | 38 | 0:29:17 | |
| 38 | 1338 | Meier Andrea | Zypern2014 | 1:28:42 | W45 | 6 | 78 | 0:13:18 | 29 | 0:46:19 | 45 | 0:59:38 | 36 | 0:29:04 | |
| 39 | 908 | Ruhrmann Hannelore | Essen | 1:28:58 | W50 | 4 | 34 | 0:11:14 | 31 | 0:46:23 | 29 | 0:57:38 | 56 | 0:31:20 | |
| 40 | 857 | Gundlach Johanna | Hamburg | 1:29:00 | W25 | 7 | 42 | 0:11:28 | 47 | 0:48:29 | 48 | 0:59:58 | 35 | 0:29:02 | |
| 41 | 979 | Kircher Daniela | PTSV Aachen | 1:29:04 | W50 | 5 | 71 | 0:12:46 | 34 | 0:46:47 | 43 | 0:59:33 | 40 | 0:29:31 | |
| 42 | 1339 | Schmitz Daniela | Köln | 1:29:10 | W40 | 5 | 62 | 0:12:09 | 36 | 0:46:52 | 40 | 0:59:01 | 46 | 0:30:09 | |
| 43 | 859 | Binder Franziska | Ratingen | 1:30:02 | W25 | 8 | 1 | 0:08:25 | 73 | 0:54:21 | 58 | 1:02:47 | 24 | 0:27:15 | |
| 44 | 918 | Wagner Marlene | ASV Duisburg | 1:30:16 | W55 | 2 | 68 | 0:12:32 | 39 | 0:47:19 | 47 | 0:59:51 | 47 | 0:30:24 | |
| 45 | 904 | Wenzel Heike | Triathlon TEAM TG | 1:30:17 | W50 | 6 | 43 | 0:11:30 | 33 | 0:46:39 | 33 | 0:58:10 | 60 | 0:32:07 | |
| 46 | 953 | Oelschläger-Rath | Skiclub Düsseldorf | 1:30:26 | W55 | 3 | 56 | 0:11:48 | 42 | 0:47:45 | 44 | 0:59:34 | 53 | 0:30:51 | |
| 47 | 824 | Küter-Luks Theresa | Ratingen | 1:30:44 | W30 | 5 | 51 | 0:11:40 | 37 | 0:47:08 | 38 | 0:58:48 | 59 | 0:31:56 | |
| 48 | 930 | Pagon Ulrike | TV Attendorn TRI-TIME | 1:31:00 | W45 | 7 | 25 | 0:10:49 | 48 | 0:48:34 | 41 | 0:59:23 | 58 | 0:31:36 | |
| 49 | 1341 | Mensching Ilka | | 1:31:08 | W40 | 6 | 77 | 0:13:18 | 44 | 0:47:54 | 51 | 1:01:13 | 42 | 0:29:54 | |
| 50 | 914 | Erdmann Martina | Ratingen | 1:31:10 | W55 | 4 | 49 | 0:11:39 | 24 | 0:45:48 | 28 | 0:57:27 | 67 | 0:33:43 | |
| 51 | 945 | Michalski Katrin | 200 PRO | 1:31:40 | W50 | 7 | 32 | 0:11:08 | 51 | 0:49:53 | 50 | 1:01:02 | 51 | 0:30:38 | |
| 52 | 844 | Kleine-Kleffmann | Velbert | 1:32:05 | W25 | 9 | 15 | 0:09:49 | 66 | 0:52:33 | 55 | 1:02:23 | 41 | 0:29:42 | |
| 53 | 842 | Pilske Petra | LDT Bochum | 1:32:21 | W40 | 7 | 73 | 0:13:01 | 57 | 0:50:41 | 64 | 1:03:42 | 33 | 0:28:38 | |
| 54 | 846 | Dreher Stephanie | Velbert | 1:32:22 | W25 | 10 | 13 | 0:09:30 | 63 | 0:52:25 | 53 | 1:01:55 | 48 | 0:30:27 | |

6. Stadtwerke Ratingen Triathlon am 14. September 2014

Ergebnisliste

Volkstriathlon 500m - 20km - 5km

Frauen

| Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|------|------------------------|------------------------|---------|------|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 55 | 933 | Heldt Silke | Triathlon TEAM TG | 1:32:46 | W45 | 8 | 54 | 0:11:44 | 27 | 0:46:11 | 32 | 0:57:56 | 72 | 0:34:50 | |
| 56 | 976 | Wallhorn Susanne | ASV Duisburg | 1:33:18 | W50 | 8 | 87 | 0:15:26 | 53 | 0:50:06 | 71 | 1:05:33 | 27 | 0:27:44 | |
| 57 | 843 | Von Platen Tanja | Aachen | 1:33:19 | W20 | 9 | 7 | 0:09:03 | 76 | 0:55:03 | 66 | 1:04:07 | 37 | 0:29:11 | |
| 58 | 870 | Friederichs Carolin | Heinsberg | 1:33:34 | W20 | 10 | 60 | 0:12:05 | 68 | 0:53:03 | 70 | 1:05:09 | 30 | 0:28:25 | |
| 59 | 938 | Andrea Steinmetz | St.Marienkrkh.ratingen | 1:33:59 | W45 | 9 | 65 | 0:12:25 | 56 | 0:50:25 | 59 | 1:02:51 | 54 | 0:31:08 | |
| 60 | 823 | Terwedow Melanie | Köln | 1:34:54 | W25 | 11 | 52 | 0:11:42 | 52 | 0:50:04 | 52 | 1:01:46 | 64 | 0:33:07 | |
| 61 | 947 | Groos Helma | Physio-Aktiv Netphen | 1:36:04 | W55 | 5 | 76 | 0:13:10 | 54 | 0:50:11 | 62 | 1:03:21 | 63 | 0:32:42 | |
| 62 | 901 | Spöntjes Claudia | ASV Duisburg | 1:36:17 | W50 | 9 | 88 | 0:15:33 | 50 | 0:49:19 | 69 | 1:04:52 | 57 | 0:31:24 | |
| 63 | 822 | Lorentz Katrin | Essen | 1:36:23 | W30 | 6 | 55 | 0:11:47 | 58 | 0:51:04 | 60 | 1:02:51 | 66 | 0:33:31 | |
| 64 | 856 | Hausmann Steffi | Wermelskirchen | 1:36:24 | W35 | 6 | 44 | 0:11:31 | 64 | 0:52:27 | 65 | 1:03:58 | 62 | 0:32:25 | |
| 65 | 925 | Imping Diana | Mülheim | 1:37:55 | W50 | 10 | 64 | 0:12:19 | 55 | 0:50:22 | 56 | 1:02:42 | 76 | 0:35:13 | |
| 66 | 961 | Franken Birgit | Meerbusch | 1:38:00 | W45 | 10 | 57 | 0:11:57 | 65 | 0:52:32 | 67 | 1:04:29 | 65 | 0:33:30 | |
| 67 | 835 | Sollfrank Katrin | Gladbeck | 1:39:22 | W25 | 12 | 28 | 0:10:49 | 59 | 0:51:21 | 54 | 1:02:11 | 83 | 0:37:11 | |
| 68 | 1330 | Fuchs Judith | Fetherapy | 1:39:28 | W35 | 7 | 69 | 0:12:42 | 78 | 0:55:35 | 79 | 1:08:18 | 55 | 0:31:10 | |
| 69 | 803 | Kowalewski Jessica | Triathlon Team TG | 1:39:29 | W35 | 8 | 31 | 0:10:59 | 61 | 0:51:44 | 57 | 1:02:44 | 79 | 0:36:44 | |
| 70 | 836 | TerHorst Bea | Justiz NRW | 1:39:47 | W40 | 8 | 84 | 0:14:24 | 77 | 0:55:27 | 82 | 1:09:52 | 43 | 0:29:55 | |
| 71 | 965 | Sorg Susanne | Team Perpeet | 1:39:56 | W45 | 11 | 50 | 0:11:39 | 69 | 0:53:08 | 68 | 1:04:48 | 74 | 0:35:08 | |
| 72 | 869 | Drießen Mona | Würselen | 1:40:09 | W20 | 11 | 38 | 0:11:23 | 60 | 0:51:42 | 61 | 1:03:05 | 81 | 0:37:03 | |
| 73 | 832 | Unkelbach Franziska | Rheintornados | 1:40:19 | W40 | 9 | 80 | 0:13:31 | 62 | 0:52:09 | 72 | 1:05:40 | 70 | 0:34:39 | |
| 74 | 864 | Schramm Linda | Meerbusch | 1:40:37 | W40 | 10 | 40 | 0:11:24 | 75 | 0:54:52 | 74 | 1:06:17 | 69 | 0:34:20 | |
| 75 | 817 | Gonzalez Barbara | Europäische | 1:41:14 | W35 | 9 | 66 | 0:12:26 | 83 | 0:58:44 | 83 | 1:11:11 | 45 | 0:30:03 | |
| 76 | 973 | Christiansen Stephanie | Wuppertal | 1:41:37 | W45 | 12 | 58 | 0:12:02 | 74 | 0:54:23 | 75 | 1:06:25 | 75 | 0:35:11 | |
| 77 | 820 | Wiacek Jacqueline | Ratingen | 1:42:16 | W30 | 7 | 79 | 0:13:20 | 70 | 0:53:49 | 76 | 1:07:10 | 73 | 0:35:06 | |
| 78 | 805 | Kliem Silke | Triathlon TEAM TG | 1:43:27 | W40 | 11 | 47 | 0:11:37 | 72 | 0:54:12 | 73 | 1:05:50 | 84 | 0:37:37 | |
| 79 | 838 | Levering Gundula | Essen | 1:44:17 | W35 | 10 | 46 | 0:11:36 | 80 | 0:57:05 | 80 | 1:08:42 | 77 | 0:35:35 | |
| 80 | 866 | Schink Maren | Laufen gegen Leiden | 1:44:37 | W25 | 13 | 82 | 0:13:45 | 71 | 0:54:09 | 77 | 1:07:54 | 78 | 0:36:42 | |
| 81 | 825 | Eschkotte Tanja | TV 1848 | 1:45:07 | W30 | 8 | 20 | 0:10:25 | 67 | 0:52:59 | 63 | 1:03:24 | 89 | 0:41:43 | |
| 82 | 910 | Ortjohann Ute | St. Marienkrankenhaus | 1:45:07 | W45 | 13 | 16 | 0:10:00 | 82 | 0:58:16 | 78 | 1:08:17 | 80 | 0:36:50 | |
| 83 | 808 | Mohnhaus Jessica | Team Erdinger | 1:45:10 | W35 | 11 | 67 | 0:12:27 | 84 | 0:58:54 | 84 | 1:11:22 | 68 | 0:33:48 | |
| 84 | 826 | Eloo Renée | Münster | 1:47:51 | W20 | 12 | 75 | 0:13:04 | 86 | 0:59:59 | 86 | 1:13:04 | 71 | 0:34:47 | |
| 85 | 858 | Schmid Lena | Bonn | 1:49:55 | W25 | 14 | 74 | 0:13:01 | 79 | 0:56:05 | 81 | 1:09:07 | 87 | 0:40:48 | |
| 86 | 852 | Kampmann Marina | Velbert | 1:51:27 | WJun | 2 | 86 | 0:14:32 | 81 | 0:57:54 | 85 | 1:12:26 | 85 | 0:39:01 | |
| 87 | 935 | Utke Sabine | Triathlon TEAM TG | 1:54:57 | W50 | 11 | 83 | 0:13:52 | 85 | 0:59:47 | 87 | 1:13:40 | 88 | 0:41:16 | |
| 88 | 806 | Lauenburger Petra | Essen | 1:56:12 | W40 | 12 | 85 | 0:14:31 | 88 | 1:04:32 | 88 | 1:19:04 | 82 | 0:37:07 | |
| 89 | 834 | Scherer Ann-Katrin | Duisburg | 2:02:59 | W25 | 15 | 81 | 0:13:36 | 89 | 1:09:10 | 90 | 1:22:47 | 86 | 0:40:12 | |
| 90 | 905 | Preukschat Heike | Ratingen | 2:04:36 | W45 | 14 | 89 | 0:15:56 | 87 | 1:03:56 | 89 | 1:19:52 | 90 | 0:44:44 | |

disqualifiziert

| Platz | Nr. | Name Vorname | Grund | Endzeit | AK | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad | Pl.n.R | nach Rad | Pl. L | Laufen |
|-------|-----|----------------|--------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 0 | 872 | Ilse Katharina | zuwenig Laufrunden | 1:13:12 | W30 | 0 | 0 | 0:11:41 | 0 | 0:47:36 | 0 | 0:59:18 | 0 | 0:13:54 | |