

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden					
1	2	Pollmächer Andre	rhein-marathon düsseldorf e.V.	0:29:23	0:29:24	1	MHK	83	5: 05:23	06:06	06:04	06:04	06:04	05:44
2	734	Petros Amanal	TSVE 1890 Bielefeld	0:29:32	0:29:32	1	MU23	95	5: 05:23	06:06	06:04	06:04	06:04	05:52
3	5	Stöckert Manuel	SC Ostheim/Rhön	0:29:44	0:29:44	2	MHK	88	5: 05:29	06:01	06:04	06:04	06:04	06:04
4	3	Pfieger Philipp	LG Telis Finanz Regensburg	0:29:53	0:29:54	3	MHK	87	5: 05:23	06:07	06:07	06:15	06:00	
5	5053	Seboka Mitku	TS-Lichtenfels	0:29:55	0:29:55	4	MHK	88	5: 05:23	06:07	06:04	06:04	06:15	
6	20	Arbogast Jannik	LG Region Karlsruhe	0:29:58	0:30:01	2	MU23	92	5: 05:28	06:03	06:12	06:06	06:07	
7	305	Bleistein Clemens	LG Stadtwerke München	0:30:01	0:30:03	5	MHK	90	5: 05:34	06:06	06:10	06:09	06:00	
8	413	Schauer Frank	Sportclub Magdeburg	0:30:05	0:30:07	6	MHK	89	5: 05:34	06:07	06:09	06:10	06:03	
9	19	Reinwand Sebastian	TSG 08 Roth	0:30:08	0:30:09	7	MHK	87	5: 05:30	06:03	06:11	06:15	06:06	
10	10	Nerkamp Jens	PSV Grün-Weiß Kassel	0:30:11	0:30:12	8	MHK	89	5: 05:29	06:05	06:12	06:15	06:08	
11	8	Schreindl Tobias	LG Passau	0:30:12	0:30:13	9	MHK	88	5: 05:31	06:05	06:11	06:14	06:09	
12	301	Baier Heiko	LG Braunschweig	0:30:25	0:30:26	10	MHK	84	5: 05:30	06:04	06:14	06:21	06:14	
13	668	Stief Philipp	LC Rehlingen	0:30:27	0:30:27	11	MHK	91	5: 05:31	06:06	06:13	06:19	06:16	
14	277	Hamann Jan Simon	USC Bochum	0:30:31	0:30:32	12	MHK	86	5: 05:29	06:06	06:14	06:22	06:18	
15	641	Schmitz Christian	LG Maifeld-Pellenz	0:30:36	0:30:37	13	MHK	83	5: 05:34	06:12	06:18	06:20	06:10	
16	121	Unewisse Frederik	LG Region Karlsruhe	0:30:40	0:30:40	3	MU23	93	5: 05:34	06:12	06:19	06:22	06:10	
17	591	Katib Joseph	TSG 08 Roth	0:30:50	0:30:50	14	MHK	82	5: 05:29	06:06	06:22	06:23	06:28	
18	175	Becht Lukas	LG Stadtwerke München	0:30:50	0:30:51	15	MHK	86	5: 05:40	06:12	06:19	06:21	06:17	
19	4	Stützel Simon	ART Düsseldorf	0:30:51	0:30:52	16	MHK	86	5: 05:35	06:17	06:22	06:25	06:10	
20	198	Flügel Julian	LG Telis Finanz Regensburg	0:30:52	0:30:53	17	MHK	86	5: 05:36	06:17	06:21	06:26	06:10	
21	152	Harwardt Valentin	VfL Wolfsburg	0:30:54	0:30:55	1	M35	77	5: 05:36	06:17	06:21	06:26	06:12	
22	9	Pfeiffer Hendrik	TV Wattenscheid 01	0:30:59	0:31:00	4	MU23	93	5: 05:32	06:09	06:19	06:30	06:26	
23	116	Gröbl Tobias	LG Zusam	0:30:59	0:31:00	18	MHK	83	5: 05:30	06:05	06:17	06:31	06:34	
24	335	Meier Karsten	LG Braunschweig	0:31:03	0:31:05	19	MHK	91	5: 05:34	06:10	06:20	06:26	06:32	
25	101	Naegele Lukas	ASV Köln	0:31:06	0:31:08	20	MHK	89	5: 05:40	06:14	06:20	06:26	06:25	
26	197	Plinke Felix	LG Telis Finanz Regensburg	0:31:08	0:31:10	21	MHK	89	5: 05:48	06:20	06:21	06:24	06:13	
27	578	Straßner Andreas	ESV Treuchtlingen	0:31:09	0:31:11	2	M35	79	5: 05:51	06:17	06:21	06:26	06:12	
28	348	Dietz Thorben	LG Dorsten	0:31:11	0:31:12	22	MHK	89	5: 05:30	06:08	06:25	06:30	06:37	
29	723	Grau Martin	LSC Höchststadt/Aisch	0:31:18	0:31:19	5	MU23	92	5: 05:45	06:25	06:29	06:31	06:06	
30	792	Wernsdorfer Mario	LG Bamberg	0:31:17	0:31:20	23	MHK	87	5: 05:54	06:18	06:24	06:26	06:13	
31	295	Rybak Vitaliy	LAZ Puma Rhein-Sieg	0:31:20	0:31:20	24	MHK	80	5: 05:35	06:19	06:29	06:33	06:22	
32	307	Roeser Florian	TV Konstanz	0:31:18	0:31:20	6	MU23	93	5: 05:43	06:24	06:21	06:25	06:22	
33	323	Henne Alexander	SG Wenden	0:31:20	0:31:21	25	MHK	85	5: 05:36	06:20	06:29	06:29	06:24	
34	663	Goineau Volker	ART Düsseldorf	0:31:19	0:31:21	26	MHK	87	5: 05:52	06:17	06:21	06:25	06:23	
35	303	Pehrs Florian	LG Braunschweig	0:31:23	0:31:25	27	MHK	89	5: 05:33	06:17	06:33	06:36	06:23	
36	729	Reinhardt Philipp	SV Einheit 1875 Worbis	0:31:25	0:31:26	7	MU23	94	5: 05:51	06:23	06:28	06:26	06:15	
37	122	Lutz Fabian	LG Region Karlsruhe	0:31:25	0:31:28	8	MU23	92	5: 05:54	06:16	06:23	06:28	06:22	
38	199	Hallmann Sebastian	LG Telis Finanz Regensburg	0:31:28	0:31:30	3	M35	77	5: 05:29	06:22	06:38	06:33	06:25	
39	669	Ybekal Berya Daniel	PSV Grün-Weiß Kassel	0:31:32	0:31:32	28	MHK	88	5: 05:30	06:12	06:39	06:36	06:33	
40	53	Uphues Christoph	LAZ Rhede	0:31:32	0:31:34	9	MU23	93	5: 05:53	06:22	06:29	06:26	06:19	
41	261	Hollop Dominik	USC Bochum	0:31:36	0:31:37	29	MHK	91	5: 05:45	06:23	06:27	06:37	06:22	
42	206	Koller Jonas	LG Telis Finanz Regensburg	0:31:37	0:31:38	10	MU23	93	5: 05:51	06:28	06:28	06:24	06:24	
43	499	Freudenberger Holger	TSG 1845 Heilbronn	0:31:38	0:31:39	4	M35	77	5: 05:44	06:25	06:29	06:33	06:25	
44	608	Obenauer Peter	LV Pliezhausen 2012	0:31:37	0:31:39	30	MHK	90	5: 05:54	06:25	06:27	06:29	06:20	
45	7	Sidenstein Tim-Arne	SG Wenden	0:31:41	0:31:42	31	MHK	89	5: 05:30	06:15	06:37	06:46	06:32	
46	382	Dillenhöfer Fabian	LG Olympia Dortmund	0:31:42	0:31:45	11	MU23	92	5: 05:50	06:18	06:28	06:34	06:30	
47	484	Pohle Hendrik	SV Brackwede	0:31:42	0:31:46	32	MHK	89	5: 05:52	06:23	06:28	06:34	06:22	
48	610	Totzauer Florian	LV Pliezhausen 2012	0:31:44	0:31:46	33	MHK	86	5: 05:55	06:24	06:27	06:29	06:27	
49	730	Tremmel Thomas	ART Düsseldorf	0:31:47	0:31:49	34	MHK	84	5: 05:52	06:19	06:25	06:35	06:34	
50	371	Lohse Christoph	TV Wattenscheid 01	0:31:47	0:31:50	35	MHK	83	5: 05:52	06:23	06:30	06:35	06:25	
51	138	Böhme Solomon	OSC Berlin	0:31:48	0:31:50	1	M40	70	5: 05:52	06:29	06:29	06:36	06:20	
52	74	Borries Anselm	LC Rapid Dortmund	0:31:49	0:31:52	12	MU23	92	5: 05:52	06:20	06:28	06:37	06:29	
53	283	Ramdane Cherif Tim	SCC Berlin	0:31:54	0:31:56	13	MU23	94	5: 05:50	06:27	06:31	06:37	06:27	
54	374	Schramm Michael	LAV Stadtwerke Tübingen	0:31:55	0:31:57	36	MHK	90	5: 05:48	06:17	06:37	06:43	06:29	
55	233	Bock Alexander	Post-Sportverein Trier	0:31:59	0:32:00	14	MU23	92	5: 05:55	06:25	06:29	06:33	06:35	
56	84	Thurley Tom	Caputher SV 1881 e.V.	0:32:00	0:32:02	15	MU23	93	5: 05:44	06:24	06:31	06:41	06:38	
57	266	Arnold Tobias	SG Bad Schönborn	0:31:59	0:32:02	37	MHK	90	5: 05:53	06:25	06:29	06:35	06:34	
58	96	Fabianowski Dominik	ASV Köln	0:32:01	0:32:03	38	MHK	89	5: 05:40	06:28	06:29	06:42	06:40	
59	776	Schmidt Daniel	TV Refrath	0:32:00	0:32:05	39	MHK	86	5: 05:58	06:31	06:35	06:29	06:25	
60	201	Unterholzner Valentin	LG Telis Finanz Regensburg	0:32:05	0:32:07	16	MU23	92	5: 05:51	06:27	06:28	06:38	06:38	

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
61	31	Ocklenburg Marc-André	Ayyo Team Essen	0:32:05	0:32:07	40	MHK	85	5: 05:51 06:27 06:35 06:38 06:32
62	689	Farhat Malik	LG Hamm Kamen Holzwickede	0:32:07	0:32:10	17	MU23	96	5: 05:55 06:27 06:31 06:39 06:33
63	218	Pfeifer Lars	Garbsener SC	0:32:09	0:32:10	18	MU23	94	5: 05:52 06:27 06:33 06:39 06:36
64	193	Pasztor Florian	LG Stadtwerke München	0:32:09	0:32:10	41	MHK	83	5: 06:02 06:41 06:33 06:33 06:18
65	267	Bücker Michel	USC Bochum	0:32:09	0:32:11	42	MHK	88	5: 05:44 06:27 06:41 06:45 06:30
66	773	Ranftler David	TV Refrath	0:32:07	0:32:11	43	MHK	90	5: 05:57 06:29 06:34 06:37 06:29
67	784	Winterholler Andreas	TV Refrath	0:32:09	0:32:12	44	MHK	83	5: 05:55 06:24 06:34 06:38 06:36
68	289	Bekakcha Mourad	Hamburger SV	0:32:10	0:32:12	5	M35	78	5: 05:52 06:27 06:34 06:43 06:31
69	500	Hoffmann Benedikt	TSG 1845 Heilbronn	0:32:10	0:32:13	45	MHK	86	5: 05:53 06:21 06:34 06:37 06:43
70	574	Hense Jan	TV Wattenscheid 01	0:32:11	0:32:14	46	MHK	90	5: 05:48 06:23 06:38 06:42 06:38
71	282	Gonzalez Popoca Giovanni	LG Passau	0:32:14	0:32:15	47	MHK	82	5: 05:54 06:31 06:39 06:39 06:28
71	370	Janus Damian	LC Solbad Ravensberg	0:32:14	0:32:15	47	MHK	87	5: 05:56 06:33 06:35 06:40 06:28
73	330	Sidenstein Sven	SG Wenden	0:32:14	0:32:16	49	MHK	87	5: 05:54 06:26 06:34 06:43 06:36
74	592	Batz Michael	TSG 08 Roth	0:32:15	0:32:17	50	MHK	86	5: 06:06 06:34 06:36 06:33 06:25
75	350	Kohle Jannek	LG Dorsten	0:32:16	0:32:19	19	MU23	96	5: 05:50 06:23 06:35 06:43 06:44
76	106	Gerrits Andreas	LG Göttingen	0:32:18	0:32:20	51	MHK	80	5: 05:55 06:29 06:36 06:41 06:36
77	310	Friedrich Simon	LAV Stadtwerke Tübingen	0:32:21	0:32:25	52	MHK	88	5: 05:54 06:31 06:37 06:39 06:38
78	200	Steininger Moritz	LG Telis Finanz Regensburg	0:32:25	0:32:26	20	MU23	93	5: 05:48 06:27 06:45 06:51 06:32
79	123	Wammetsberger Felix	LG Region Karlsruhe	0:32:26	0:32:28	21	MU23	95	5: 06:05 06:39 06:37 06:35 06:26
80	146	Seibert Thomas	SSC Hanau-Rodenbach	0:32:26	0:32:28	6	M35	79	5: 06:02 06:35 06:39 06:38 06:31
81	764	Meißner Pascal	TV Refrath	0:32:29	0:32:34	53	MHK	83	5: 05:58 06:26 06:38 06:40 06:46
82	191	Müller Martin	Post-Sportverein Trier	0:32:33	0:32:36	54	MHK	90	5: 05:52 06:25 06:37 06:48 06:48
82	786	Schweikert Markus	LG Maifeld-Pellenz	0:32:34	0:32:36	22	MU23	94	5: 05:58 06:33 06:40 06:46 06:36
84	533	Schnorr Stefan	Aachener TG	0:32:35	0:32:38	55	MHK	85	5: 05:57 06:34 06:44 06:45 06:33
85	188	Menzel René	TSV Kirchdorf	0:32:39	0:32:40	23	MU23	92	5: 05:54 06:34 06:46 06:47 06:37
86	5018	Schwab Marco	PSV Grün-Weiß Kassel	0:32:39	0:32:41	2	M40	73	5: 05:54 06:32 06:41 06:50 06:39
87	609	Rein Boris	LV Pliezhausen 2012	0:32:41	0:32:42	56	MHK	88	5: 05:57 06:33 06:42 06:46 06:40
88	365	Hoffmann Philipp	LTC Berlin	0:32:41	0:32:42	57	MHK	86	5: 06:06 06:34 06:40 06:43 06:37
89	5048	Hadamus Sebastian	ART Düsseldorf	0:32:40	0:32:43	3	M40	74	5: 05:58 06:31 06:39 06:48 06:42
90	600	Schoenball Patrick	ABC Ludwigshafen	0:32:41	0:32:44	58	MHK	89	5: 05:54 06:38 06:52 06:49 06:26
91	501	Reischle Patrick	TSG 1845 Heilbronn	0:32:43	0:32:46	59	MHK	84	5: 06:00 06:38 06:39 06:44 06:40
92	343	Zeller Amos	TSV Viktoria Mülheim	0:32:44	0:32:47	60	MHK	90	5: 05:55 06:31 06:38 06:48 06:50
93	724	Grau Bastian	LSC Höchststadt/Aisch	0:32:46	0:32:48	24	MU23	92	5: 05:58 06:37 06:46 06:49 06:33
94	220	Hanelt Sebastian	LG Göttingen	0:32:48	0:32:50	7	M35	79	5: 05:55 06:28 06:40 06:49 06:53
95	623	Reißinger Kai	M.O.N.	0:32:48	0:32:51	4	M40	71	5: 06:11 06:39 06:39 06:41 06:36
96	469	Schönherr David	LSF Münster	0:32:47	0:32:52	61	MHK	89	5: 06:10 06:38 06:40 06:41 06:37
97	315	Artschwager Andrej	SG Wenden	0:32:50	0:32:52	62	MHK	87	5: 06:04 06:43 06:43 06:40 06:37
98	95	Van Staa Sascha	LC Rapid Dortmund	0:32:50	0:32:52	25	MU23	92	5: 05:53 06:27 06:37 07:05 06:47
99	380	Meier Frank	LG Olympia Dortmund	0:32:50	0:32:53	63	MHK	88	5: 05:58 06:35 06:47 06:51 06:38
100	796	Hentschel Felix	LG Bamberg	0:32:51	0:32:56	64	MHK	88	5: 05:56 06:40 06:48 06:47 06:38
101	251	Lang Alexander	MTG Mannheim	0:32:53	0:32:56	65	MHK	91	5: 06:10 06:46 06:45 06:43 06:27
102	727	Kürzdörfer Marco	LSC Höchststadt/Aisch	0:32:55	0:32:58	26	MU23	92	5: 06:04 06:44 06:48 06:46 06:31
103	308	Schröder Alexander	LG Kreis Lübbecke	0:32:55	0:32:59	66	MHK	90	5: 06:06 06:35 06:45 06:46 06:41
104	670	Wennmacher Johannes	PSV Grün-Weiß Kassel	0:32:55	0:32:59	67	MHK	83	5: 05:52 06:33 06:45 06:58 06:46
105	204	Steinheber Lukas	LG Stadtwerke München	0:32:58	0:33:00	68	MHK	91	5: 05:54 06:39 06:51 06:53 06:40
106	435	Walter Daniel	Stimmel Sports e.V.	0:32:57	0:33:00	27	MU23	92	5: 05:50 06:32 06:47 06:59 06:47
107	217	Wolzen Gerd	Garbsener SC	0:32:58	0:33:00	69	MHK	83	5: 05:53 06:39 06:50 06:56 06:39
108	353	Riechers Nicolai	SG Bredenbeck	0:32:59	0:33:01	28	MU23	93	5: 05:58 06:40 06:49 06:48 06:43
109	453	Friedrich Uwe	Chemnitzer PSV	0:32:58	0:33:01	5	M40	72	5: 06:10 06:39 06:42 06:45 06:40
110	536	Collet André	Aachener TG	0:33:08	0:33:11	6	M40	71	5: 06:05 06:39 06:44 06:52 06:46
111	433	Eilinghoff Sven	LG Buntentor Roadrunners	0:33:08	0:33:11	7	M40	71	5: 06:10 06:43 06:47 06:47 06:39
112	377	Dreser Christoph	LAV Stadtwerke Tübingen	0:33:12	0:33:14	70	MHK	88	5: 05:53 06:29 06:46 07:04 06:59
113	736	Meingast Maximilian	ART Düsseldorf	0:33:14	0:33:18	71	MHK	86	5: 06:09 06:42 06:45 06:50 06:46
114	252	Verhalen Christoph	TuS Xanten	0:33:14	0:33:19	72	MHK	82	5: 06:05 06:36 06:46 06:55 06:49
115	320	Groß Stefan	SG Wenden	0:33:19	0:33:21	8	M40	74	5: 05:51 06:23 06:46 07:05 07:13
115	756	Kirchner Torben	TV Refrath	0:33:17	0:33:21	73	MHK	87	5: 06:07 06:43 06:49 06:53 06:42
117	359	Sporkmann Tim	LG Dorsten	0:33:18	0:33:22	74	MHK	91	5: 06:01 06:49 06:55 06:50 06:42
118	328	Schäfer Nils	SG Wenden	0:33:21	0:33:23	75	MHK	90	5: 06:02 06:38 06:47 06:58 06:56
119	52	Kolks Jonathan	LAZ Rhede	0:33:21	0:33:24	29	MU23	96	5: 05:51 06:33 06:51 06:58 07:06
120	236	Knüttel Marcel	Post-Sportverein Trier	0:33:24	0:33:26	30	MU23	93	5: 06:08 06:42 06:49 06:56 06:47

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
121	471	Rinne Yannick	LSF Münster	0:33:24	0:33:28	76	MHK	88	5: 06:13 06:46 06:48 06:53 06:42
122	791	Dierker Marvin	LG Bamberg	0:33:30	0:33:34	31	MU23	93	5: 06:08 06:41 06:57 06:56 06:46
123	91	Stalf Benjamin	LG Eintracht Frankfurt	0:33:36	0:33:36	32	MU23	93	5: 05:54 06:41 06:57 07:05 06:57
124	99	Trompeter Marius	ASV Köln	0:33:33	0:33:38	77	MHK	91	5: 06:13 06:49 06:50 06:56 06:44
125	5002	Yilmaz Muharrem	Ayyo Team Essen	0:33:37	0:33:38	9	M40	71	5: 06:10 06:43 06:50 06:58 06:54
126	725	Steinert Stefan	LG Kreis Verden	0:33:38	0:33:41	78	MHK	82	5: 06:30 06:48 06:47 06:45 06:45
127	5025	Goßmann Alexander	SFD '75 Düsseldorf	0:33:35	0:33:41	79	MHK	85	5: 06:19 06:43 06:45 06:54 06:52
128	54	Ritte Stefan	LAZ Rhede	0:33:42	0:33:46	33	MU23	92	5: 06:10 06:40 06:56 07:08 06:46
129	5056	Hübenthal Eike	VfL Wolfsburg	0:33:43	0:33:48	80	MHK	83	5: 06:11 06:40 06:50 06:58 07:01
130	372	Remus Elmar	LC Solbad Ravensberg	0:33:49	0:33:50	8	M35	78	5: 06:05 06:47 06:55 07:05 06:56
131	492	Güths Marius	SV Brackwede	0:33:49	0:33:52	81	MHK	91	5: 06:11 06:47 06:56 06:59 06:55
132	688	Hönig Carsten	LG Hamm Kamen Holzwickede	0:33:50	0:33:53	34	MU23	92	5: 06:16 06:50 06:59 06:59 06:45
133	789	Graw Torsten	LG Dorsten	0:33:53	0:33:57	82	MHK	91	5: 06:10 06:50 06:55 07:01 06:55
134	720	Salzberger Rudolf	SWC Regensburg	0:33:58	0:34:00	1	M45	69	5: 05:57 06:41 06:59 07:17 07:02
135	418	Kalhoff Julian	LG Dorsten	0:34:00	0:34:02	83	MHK	87	5: 06:09 06:50 07:04 07:15 06:41
136	395	Patzelt Benedikt	Mönchengladbacher LG	0:34:00	0:34:04	84	MHK	85	5: 06:21 06:53 07:00 07:02 06:42
137	302	Kuk Viktor	LG Braunschweig	0:34:04	0:34:08	85	MHK	89	5: 05:47 06:42 07:09 07:18 07:06
138	523	Wyrwoll Lothar	Aachener TG	0:34:03	0:34:09	35	MU23	92	5: 06:22 06:54 07:00 07:03 06:41
139	375	Imbsweiler Marcus	TSG 78 Heidelberg	0:34:05	0:34:09	2	M45	67	5: 06:24 06:52 06:58 07:00 06:51
140	532	Peizer Martin	Aachener TG	0:34:05	0:34:10	86	MHK	88	5: 06:12 06:51 06:59 07:04 06:56
141	23	Krause Lars	TSV Einheit Grimma	0:34:04	0:34:10	10	M40	70	5: 06:21 06:51 06:56 07:02 06:53
142	360	Singer Tobias	1. VfL FORTUNA Marzahn	0:34:06	0:34:10	87	MHK	89	5: 06:19 06:47 06:55 07:06 06:56
143	235	Theobald Andreas	Post-Sportverein Trier	0:34:10	0:34:11	36	MU23	93	5: 05:59 06:39 07:02 07:11 07:17
144	514	Braukmann Thomas	TuS Deuz	0:34:10	0:34:13	3	M45	66	5: 06:13 06:59 07:01 07:02 06:53
145	790	Sielemann Jan Niklas	ART Düsseldorf	0:34:11	0:34:14	88	MHK	90	5: 06:18 06:52 07:03 07:02 06:55
146	2843	Lenz Wolfgang	rhein-marathon düsseldorf e.V.	0:34:12	0:34:14	4	M45	67	5: 06:09 06:50 07:02 07:06 07:03
147	394	Kersten Sven	OSC Berlin	0:34:13	0:34:15	5	M45	68	5: 06:15 06:54 07:04 07:01 06:58
148	216	Jäger René	Garbsener SC	0:34:12	0:34:15	89	MHK	82	5: 06:13 06:55 07:05 07:07 06:49
149	404	Risko Sebastian	Mönchengladbacher LG	0:34:12	0:34:15	90	MHK	91	5: 06:23 06:55 06:57 07:00 06:55
150	102	Schommers Lukas	ASV Köln	0:34:13	0:34:16	37	MU23	93	5: 06:16 06:50 07:01 07:05 06:58
151	59	Becker Simon	Lauffeuer Chiemgau	0:34:17	0:34:17	91	MHK	85	5: 06:09 06:52 07:03 07:08 07:02
152	441	Heidl Markus	Spiridon Frankfurt	0:34:14	0:34:17	92	MHK	88	5: 06:13 06:47 07:04 07:10 06:58
153	135	Eckstein Klaus	LC Nordhorn	0:34:16	0:34:18	6	M45	67	5: 06:19 06:53 06:58 07:04 07:01
154	440	Giesen René	LT DSHS Köln	0:34:15	0:34:18	38	MU23	93	5: 06:16 06:48 07:07 07:06 06:55
155	278	Blume Mattes Paul	TSV Uetersen	0:34:16	0:34:19	39	MU23	96	5: 06:12 06:51 07:03 07:16 06:52
156	184	Mengeringhausen Paul	LG Göttingen	0:34:15	0:34:20	40	MU23	95	5: 06:00 06:57 07:11 07:16 06:48
157	264	Müller Andre	TGH Wetter	0:34:20	0:34:20	11	M40	72	5: 06:09 06:47 07:12 07:13 06:58
158	485	Kaminski Damian	LSF Münster	0:34:18	0:34:22	93	MHK	89	5: 06:30 06:53 06:52 06:59 07:02
159	452	Becker Sebastian	LG Aschaffenburg	0:34:18	0:34:23	41	MU23	92	5: 06:10 06:41 06:51 07:21 07:13
160	223	Müller Matthias	LSG Saarbrücken-Sulzbachtal	0:34:16	0:34:23	12	M40	73	5: 06:24 06:49 06:56 07:02 07:03
161	414	Von Kuk Carsten	LT DSHS Köln	0:34:21	0:34:25	7	M45	67	5: 06:19 06:54 07:03 07:05 06:58
162	30	Horn Carsten	VfL Suderburg	0:34:27	0:34:33	13	M40	71	5: 06:19 06:55 07:02 07:04 07:05
163	434	Sprotte Philipp	Hamburger SV	0:34:28	0:34:33	94	MHK	85	5: 06:09 06:46 06:56 07:16 07:19
164	503	Häcker Markus	TSG 1845 Heilbronn	0:34:34	0:34:38	95	MHK	80	5: 06:10 06:48 07:02 07:14 07:18
165	97	Glowa Alexander	ASV Köln	0:34:34	0:34:39	96	MHK	90	5: 06:21 06:56 07:06 07:10 06:58
166	771	Ralenovsky Arthur	TV Refrath	0:34:37	0:34:40	42	MU23	93	5: 06:14 06:50 07:02 07:19 07:09
167	515	Brockfeld Stefan	TuS Deuz	0:34:40	0:34:42	8	M45	66	5: 06:33 07:04 07:07 07:05 06:50
168	524	Camminady Thomas	Aachener TG	0:34:38	0:34:43	97	MHK	89	5: 06:18 06:47 07:01 07:11 07:18
169	774	Rinke André	TV Refrath	0:34:39	0:34:43	98	MHK	91	5: 06:18 06:59 07:09 07:18 06:53
170	5043	Herold Tim	ASV Erfurt	0:34:43	0:34:48	99	MHK	86	5: 06:20 06:50 07:01 07:20 07:10
171	758	Koller Martin	TV Refrath	0:34:47	0:34:49	9	M45	66	5: 06:19 06:59 07:11 07:17 07:00
172	153	Krenz Alexander	VfL Wolfsburg	0:34:49	0:34:55	100	MHK	87	5: 06:21 06:54 07:05 07:13 07:14
173	92	Reichold Karsten	LC Rapid Dortmund	0:34:51	0:34:55	43	MU23	92	5: 06:15 07:00 07:13 07:17 07:06
174	5022	Thorwirth Max	SFD '75 Düsseldorf	0:34:53	0:34:59	44	MU23	95	5: 06:24 06:51 07:07 07:37 06:53
175	351	Bullerkotte Christian	TSG 78 Heidelberg	0:34:57	0:35:01	101	MHK	83	5: 06:25 06:57 07:10 07:14 07:09
176	714	Kozlowski Peter	SWC Regensburg	0:34:59	0:35:01	10	M45	65	5: 06:22 07:05 07:15 07:19 06:55
177	406	Monster Daniel	AS Neukirchen-Vluyn	0:34:56	0:35:02	14	M40	72	5: 06:29 06:54 07:11 07:14 07:06
178	165	Da Silva Adao Norte	SC Rönau 74	0:34:58	0:35:03	11	M45	68	5: 06:27 06:58 07:10 07:11 07:10
179	143	Ziplys Arne	LG Braunschweig	0:35:02	0:35:04	102	MHK	90	5: 06:18 07:07 07:15 07:16 07:03
180	329	Seelbach Knut	SG Wenden	0:34:56	0:35:04	15	M40	74	5: 06:42 06:48 07:02 07:07 07:14

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
181	383	Kurtz Peter	LC Rapid Dortmund	0:35:05	0:35:09	16	M40	70	5: 06:16 07:00 07:12 07:19 07:16
182	379	Wilkening Richard	LG Lage-Detmold-Bad Salzuflen	0:35:05	0:35:10	103	MHK	91	5: 06:17 07:01 07:17 07:22 07:07
183	521	Pietsch Gero	Aachener TG	0:35:04	0:35:10	45	MU23	92	5: 06:26 07:05 07:14 07:18 06:59
184	739	Söntjens Luka	LAZ Puma Rhein-Sieg	0:35:11	0:35:13	46	MU23	94	5: 06:01 07:01 07:19 07:28 07:20
185	454	Mattner Marcus	LG Eder	0:35:11	0:35:13	12	M45	69	5: 06:24 06:56 07:11 07:19 07:20
186	401	Stevens Andre	Mönchengladbacher LG	0:35:11	0:35:16	104	MHK	85	5: 06:26 07:09 07:20 07:29 06:45
187	522	Wilke Richard	Aachener TG	0:35:11	0:35:16	47	MU23	92	5: 06:20 07:03 07:13 07:24 07:10
188	145	Reinke Ingbert	SSC Hanau-Rodenbach	0:35:14	0:35:16	9	M35	77	5: 06:38 07:08 07:13 07:12 07:02
189	699	Retzer Volkmar	SWC Regensburg	0:35:15	0:35:18	13	M45	68	5: 06:21 07:01 07:15 07:20 07:16
190	139	Weber Thomas	Grojos LTF Elversberg	0:35:10	0:35:18	10	M35	75	5: 06:33 07:06 07:12 07:17 07:00
191	563	Assmann Walter	TF Feuerbach	0:35:17	0:35:21	14	M45	68	5: 06:26 07:10 07:12 07:18 07:11
192	693	Rosenberg Sebastian	Moerser TV	0:35:16	0:35:22	105	MHK	90	5: 06:31 07:10 07:17 07:20 06:56
193	793	Heck Torben	LG Bamberg	0:35:18	0:35:23	106	MHK	89	5: 06:10 06:51 07:51 07:21 07:03
194	582	Beulertz Andreas	LG Hamm Kamen Holzwickede	0:35:19	0:35:23	107	MHK	86	5: 06:08 06:45 07:27 07:34 07:24
195	777	Schneider Norbert	TV Refrath	0:35:24	0:35:25	15	M45	68	5: 06:27 07:10 07:13 07:20 07:13
196	356	Dordel Dennis	SG Bredenbeck	0:35:18	0:35:26	48	MU23	92	5: 06:49 07:12 07:10 07:10 06:55
197	779	Skopnik Manuel	TV Refrath	0:35:21	0:35:26	11	M35	72	5: 06:36 07:08 07:16 07:15 07:04
198	746	Zimmer Markus	Stimmel Sports e.V.	0:35:21	0:35:27	108	MHK	86	5: 06:35 07:09 07:14 07:17 07:04
199	112	Keybe Sebastian	PSV Meiningen 90	0:35:25	0:35:30	109	MHK	81	5: 06:19 07:00 07:20 07:22 07:21
200	438	Silbach Christoph	Spiridon Frankfurt	0:35:30	0:35:37	12	M35	79	5: 06:36 07:11 07:15 07:17 07:09
201	285	Amt Jörg	LC Nordhorn	0:35:29	0:35:37	16	M45	68	5: 06:23 07:04 07:18 07:24 07:19
202	565	Wenzel Alexander	TF Feuerbach	0:35:36	0:35:40	17	M45	68	5: 06:34 07:12 07:14 07:20 07:15
203	558	Beus Armin-Gero	SV 1919 Sonsbeck e.V.	0:35:40	0:35:45	49	MU23	94	5: 06:12 07:02 07:18 07:28 07:39
204	740	Kramer Thorsten	SF Blau-Gelb Marburg	0:35:44	0:35:49	18	M45	67	5: 06:19 07:06 07:22 07:39 07:16
205	495	Paschke Frank	Dürener TV 1847	0:35:45	0:35:49	19	M45	65	5: 06:42 07:10 07:14 07:19 07:18
206	652	Gröner Philipp	LC Rapid Dortmund	0:35:46	0:35:50	110	MHK	81	5: 06:22 07:02 07:19 07:46 07:15
207	518	Senner Andreas	TuS Deuz	0:35:49	0:35:53	20	M45	69	5: 06:48 07:14 07:19 07:20 07:06
208	410	Tertünte Björn	MTG Horst Essen	0:35:49	0:35:53	17	M40	73	5: 06:21 07:08 07:27 07:27 07:24
209	5026	Knipping Andreas	SFD '75 Düsseldorf	0:35:49	0:35:55	111	MHK	90	5: 06:39 07:12 07:17 07:20 07:20
210	400	Rück Matthias	TG Neuss	0:35:51	0:35:58	112	MHK	82	5: 06:37 07:12 07:22 07:22 07:16
211	144	Unger Stefan	SSC Hanau-Rodenbach	0:35:52	0:35:58	13	M35	76	5: 06:46 07:14 07:18 07:20 07:12
212	531	Ries Benjamin	Aachener TG	0:35:53	0:35:59	113	MHK	84	5: 06:40 07:08 07:17 07:24 07:22
213	55	Eckers Marcel	LAZ Rhede	0:35:57	0:36:01	50	MU23	95	5: 06:29 07:13 07:18 07:30 07:26
214	117	Kurka Wenzel	LG Zusam	0:35:59	0:36:04	114	MHK	86	5: 06:23 07:05 07:27 07:35 07:28
215	253	Beßling Markus	Tusem Essen	0:35:59	0:36:04	51	MU23	92	5: 06:43 07:11 07:17 07:26 07:20
216	373	El Fakrouni Houcine	LC Solbad Ravensberg	0:36:05	0:36:07	115	MHK	90	5: 06:03 07:13 07:32 07:39 07:35
217	402	Stefes Hermann-Josef	Mönchengladbacher LG	0:36:08	0:36:13	116	MHK	85	5: 06:39 07:22 07:30 07:23 07:13
218	322	Haarmann Jörg	SG Wenden	0:36:10	0:36:16	18	M40	63	5: 06:31 07:14 07:32 07:34 07:16
219	61	Przybilla Harald	Lauffeuer Chiemgau	0:36:18	0:36:18	21	M45	66	5: 06:41 07:16 07:20 07:27 07:32
220	5011	Westphal Abbi	Ayyo Team Essen	0:36:12	0:36:19	19	M40	71	5: 06:30 07:13 07:26 07:31 07:30
221	686	Wienecke Thorsten	TuS Köln rrh.	0:36:15	0:36:19	20	M40	71	5: 06:41 07:24 07:30 07:24 07:16
222	687	Orban Mikael	LG Hamm Kamen Holzwickede	0:36:18	0:36:25	52	MU23	96	5: 06:40 07:14 07:27 07:32 07:23
223	34	Abraham Philippe	LAC THG Kettwig	0:36:17	0:36:26	14	M35	76	5: 06:36 07:20 07:27 07:29 07:23
224	354	Fangmann Stefan	SG Bredenbeck	0:36:24	0:36:29	53	MU23	95	5: 06:28 07:05 07:34 07:41 07:33
225	408	Losch Stefan	Tusem Essen	0:36:25	0:36:29	22	M45	68	5: 06:46 07:18 07:18 07:19 07:42
226	113	Niemann Christoph	LG Gummersbach	0:36:24	0:36:30	23	M45	68	5: 06:44 07:16 07:24 07:31 07:27
227	352	Hillebrecht Volker	LG Göttingen	0:36:27	0:36:34	15	M35	75	5: 06:36 07:15 07:31 07:31 07:32
228	607	Ley Jürgen	VFB Erfstadt	0:36:30	0:36:35	21	M40	71	5: 06:42 07:22 07:28 07:29 07:27
229	247	Grotrian Philipp	Eckernförder MTV	0:36:31	0:36:37	54	MU23	95	5: 06:28 07:13 07:43 07:34 07:31
230	107	Penedo Alipio	rhein-marathon düsseldorf e.V.	0:36:29	0:36:40	22	M40	74	5: 06:24 07:17 07:34 07:40 07:33
231	98	Kemmerling Roman	ASV Köln	0:36:36	0:36:40	55	MU23	92	5: 06:32 07:12 07:28 07:42 07:39
232	529	Mahler Jonathan	Aachener TG	0:36:35	0:36:41	117	MHK	87	5: 06:42 07:26 07:27 07:36 07:23
233	399	Bexiga José	Mönchengladbacher LG	0:36:37	0:36:43	24	M45	68	5: 06:29 07:23 07:35 07:45 07:22
234	260	Steinmann Dr. Jörg	Tusem Essen	0:36:39	0:36:44	16	M35	78	5: 06:45 07:21 07:26 07:31 07:34
235	226	Schieffer Michael	Post-Sportverein Trier	0:36:41	0:36:45	23	M40	68	5: 06:41 07:22 07:33 07:36 07:28
236	690	Pufahl Marvin	LG Hamm Kamen Holzwickede	0:36:45	0:36:53	56	MU23	96	5: 06:42 07:18 07:44 07:45 07:15
237	520	Veith David	Aachener TG	0:36:46	0:36:53	57	MU23	96	5: 06:43 07:27 07:34 07:46 07:14
238	62	Niemeyer Nils	Lauffeuer Chiemgau	0:36:52	0:36:55	17	M35	76	5: 06:41 07:16 07:37 07:41 07:36
239	192	Eich Benedikt	LG Stadtwerke München	0:36:51	0:36:57	18	M35	78	5: 06:40 07:19 07:36 07:36 07:39
240	5027	Ziob Julian	SFD '75 Düsseldorf	0:36:55	0:37:04	118	MHK	89	5: 06:50 07:33 07:32 07:35 07:24

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Männer

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
241	628	Neuß Frederic	TSVE 1890 Bielefeld	0:37:01	0:37:08	119	MHK	86	5: 06:48 07:35 07:39 07:35 07:22
242	287	Holboer Jan	LC Nordhorn	0:37:02	0:37:10	25	M45	69	5: 06:44 07:19 07:31 07:40 07:45
243	583	Borghans Robin	OSC Waldniel	0:37:07	0:37:10	58	MU23	94	5: 06:31 07:29 07:43 07:49 07:33
244	564	Fetz Günther	TF Feuerbach	0:37:03	0:37:10	26	M45	60	5: 06:59 07:30 07:34 07:32 07:26
245	148	Klug Oliver	VFB Erfstadt	0:37:05	0:37:11	24	M40	71	5: 06:48 07:34 07:35 07:39 07:27
246	5040	Sasa Perisic	TV Refrath	0:37:09	0:37:13	27	M45	67	5: 06:45 07:30 07:38 07:44 07:31
247	662	Knape Michael	LG Gummersbach	0:37:06	0:37:14	120	MHK	84	5: 06:54 07:37 07:35 07:34 07:24
248	119	Groß Joachim	Grojos LTF Elversberg	0:37:12	0:37:22	28	M45	65	5: 16:30 12:47 07:54 00:00 00:00
249	598	Bhattacharjee Rana Martin	TuS Köln rrh.	0:37:20	0:37:24	25	M40	73	5: 06:42 07:39 07:46 07:47 07:25
250	386	Voigt-Krämer Dirk	Solinger LC	0:37:21	0:37:25	29	M45	68	5: 06:43 07:41 07:41 07:39 07:35
251	5028	Palm Alexander	SFD '75 Düsseldorf	0:37:24	0:37:27	26	M40	71	5: 06:35 07:40 07:40 07:40 07:48
252	5008	Göktas Nihat	Ayyo Team Essen	0:37:12	0:37:28	19	M35	76	5: 06:49 07:29 07:38 07:37 07:38
253	783	Wilmes Heiko	TV Refrath	0:37:24	0:37:29	30	M45	69	5: 06:49 07:34 07:41 07:40 07:38
254	527	Haschke Felix	Aachener TG	0:37:27	0:37:33	121	MHK	88	5: 06:43 07:26 07:41 07:53 07:42
255	357	Amtsfeld Jonas	SG Bredenbeck	0:37:30	0:37:38	59	MU23	93	5: 06:53 07:26 07:34 07:44 07:51
256	29	Nauw Torsten	LG Bremen-Nord	0:37:41	0:37:44	31	M45	65	5: 06:48 07:29 07:43 07:48 07:51
257	444	Brune René	LAZ Iserlohn	0:37:41	0:37:48	122	MHK	82	5: 06:44 07:25 07:34 07:46 08:10
258	768	Meyer Irek	TV Refrath	0:37:46	0:37:52	20	M35	71	5: 06:47 07:27 07:56 07:47 07:46
259	333	Engel Dirk	LT Schweich	0:37:46	0:37:53	27	M40	70	5: 06:46 07:38 07:47 07:54 07:40
260	5010	Gökoglan Tamer	Ayyo Team Essen	0:37:56	0:38:03	28	M40	71	5: 06:54 07:38 07:48 07:52 07:44
261	465	Schröder Christian	LSF Münster	0:37:57	0:38:05	29	M40	72	5: 06:58 07:35 07:40 07:49 07:53
262	684	Kappelman Christian	LG Hamm Kamen Holzwickede	0:38:01	0:38:08	60	MU23	93	5: 06:59 07:27 07:56 07:58 07:39
263	577	Gläßer Harald	Sportgemeinschaft Zons	0:38:03	0:38:13	32	M45	68	5: 06:55 07:33 07:43 07:57 07:53
264	140	Rodriguez Antonio	LC Rapid Dortmund	0:38:08	0:38:13	30	M40	70	5: 06:59 07:45 07:50 07:49 07:43
265	154	Bußkönning Fabian	LAZ Rhede	0:38:11	0:38:19	61	MU23	96	5: 06:45 07:36 07:48 08:08 07:53
266	517	Kraft Matthias	TuS Deuz	0:38:16	0:38:21	33	M45	67	5: 06:50 07:40 07:53 07:56 07:56
267	5023	Fabian Max	SFD '75 Düsseldorf	0:38:14	0:38:23	62	MU23	94	5: 06:50 07:33 07:42 08:06 08:01
268	232	Werhan Dominik	Post-Sportverein Trier	0:38:25	0:38:28	63	MU23	93	5: 06:07 07:37 08:09 08:17 08:13
268	755	Jacob Michael	TV Refrath	0:38:23	0:38:28	21	M35	65	5: 06:50 07:41 07:53 08:05 07:52
270	5007	Cam Sefayi	Ayyo Team Essen	0:38:29	0:38:31	31	M40	73	5: 06:53 07:51 07:57 08:00 07:46
271	742	Kreuer Manuel	TSV Solingen	0:38:44	0:38:51	123	MHK	80	5: 06:44 07:29 07:53 08:11 08:25
272	28	Helmes David Florenz	LV Marathon Kleve	0:38:48	0:38:52	124	MHK	88	5: 06:43 07:47 07:56 08:08 08:11
273	256	Schlimnat Michael	TuS Xanten	0:38:53	0:39:02	22	M35	76	5: 07:08 07:48 07:56 08:01 07:58
274	405	Kamps Michael	Mönchengladbacher LG	0:38:59	0:39:03	125	MHK	85	5: 06:47 07:42 08:04 08:15 08:09
275	423	Voß Steffen	LG Gummersbach	0:38:55	0:39:03	34	M45	68	5: 07:05 07:53 08:00 08:03 07:52
276	537	Felder Jörg	Aachener TG	0:38:56	0:39:05	32	M40	73	5: 07:04 07:51 08:00 08:03 07:56
277	5006	Tekgül Güzel	Ayyo Team Essen	0:38:59	0:39:08	33	M40	72	5: 07:05 07:50 08:00 08:06 07:56
278	385	Deinet Lars	Solinger LC	0:39:02	0:39:09	23	M35	77	5: 06:59 07:37 07:50 08:14 08:21
279	24	Lask Cornelius	TG Traisa	0:39:17	0:39:23	64	MU23	97	5: 06:46 07:50 08:17 08:14 08:09
280	388	Böhl Timo	LG Wittgenstein	0:39:28	0:39:36	126	MHK	88	5: 06:57 07:56 08:15 08:17 08:00
281	539	Isaac Dirk	Aachener TG	0:39:29	0:39:39	34	M40	69	5: 07:04 07:55 08:11 08:16 08:02
282	496	Schäfer Gerd	TuS Köln rrh.	0:39:49	0:39:52	35	M40	69	5: 06:40 07:52 08:20 08:33 08:22
283	75	Dr. Krumbholz Marcus	LG Stadtwerke Hilden	0:39:45	0:39:53	35	M45	63	5: 07:07 07:52 08:05 08:20 08:21
284	21	Timpe Sebastian	VfL Bochum Leichtathletik	0:39:48	0:39:56	127	MHK	87	5: 06:51 07:46 08:16 08:35 08:18
285	298	Lorig Sven	LAZ Puma Rhein-Sieg	0:40:10	0:40:19	36	M40	71	5: 07:19 08:01 08:11 08:22 08:14
286	5012	Sahin Sadik	Ayyo Team Essen	0:40:16	0:40:22	37	M40	74	5: 07:12 08:06 08:16 08:17 08:24
287	617	Pöschl Udo	VFB Erfstadt	0:40:19	0:40:32	36	M45	68	5: 07:28 08:20 08:15 08:16 07:57
288	321	Grüne Henning	SG Wenden	0:40:22	0:40:32	38	M40	71	5: 07:34 08:17 08:15 08:15 07:59
289	660	Vogt Simon	LK Düsseldorf	0:41:13	0:41:22	65	MU23	93	5: 06:50 08:09 08:45 08:41 08:47
290	5003	Celik Selami	Ayyo Team Essen	0:41:16	0:41:24	37	M45	67	5: 07:26 08:19 08:25 08:31 08:33
291	94	Alhäuser Jochen	LC Duisburg	0:41:21	0:41:28	38	M45	67	5: 07:22 08:22 08:28 08:35 08:32
292	5024	Zill Pierre	SFD '75 Düsseldorf	0:42:29	0:42:38	66	MU23	94	5: 06:51 07:45 08:33 08:54 10:24
293	580	Haarmann Thilo	VfL Bochum Leichtathletik	0:43:58	0:44:07	67	MU23	94	5: 07:17 08:33 09:03 09:28 09:35
294	538	Bständig Klaus	Aachener TG	0:45:08	0:45:17	39	M40	67	5: 07:50 08:59 09:20 09:25 09:31

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
1	11	Mockenhaupt Sabrina	LG Sieg	0:34:12	0:34:13	1	WHK	80	5: 06:21 06:43 06:56 07:03 07:06
2	5055	Restle-Apel Simret	PSV Grün-Weiß Kassel	0:34:25	0:34:27	2	WHK	84	5: 06:20 06:45 07:02 07:10 07:06
3	14	Sussmann Jana	LT Haspa Marathon Hamburg	0:34:43	0:34:43	3	WHK	90	5: 06:36 07:06 07:09 07:06 06:44
3	16	Teegen Isabell-Sophie	SC Rönau 74	0:34:42	0:34:43	1	WU23	93	5: 06:33 07:06 07:06 07:02 06:53
5	13	Stockhecke Mona	LT Haspa Marathon Hamburg	0:34:51	0:34:52	4	WHK	83	5: 06:33 07:06 07:06 07:04 06:59
6	5038	Kramer Nina	LG Stadtwerke Hilden	0:34:52	0:34:53	5	WHK	90	5: 06:34 07:07 07:04 07:04 07:00
7	674	Schneider Anja	PSV Grün-Weiß Kassel	0:34:54	0:34:55	6	WHK	86	5: 06:36 07:04 07:06 07:10 06:57
8	15	Volke Steffi	LG Telis Finanz Regensburg	0:35:09	0:35:11	1	W35	76	5: 06:34 07:05 07:06 07:07 07:16
9	124	Tränkle Melina	LG Region Karlsruhe	0:35:13	0:35:15	2	WU23	92	5: 06:30 07:03 07:08 07:12 07:18
10	5054	Weiß Domenika	Skivereinigung Amberg	0:35:17	0:35:20	7	WHK	90	5: 06:31 07:07 07:12 07:20 07:06
11	17	Rehberg Maya	SC Rönau 74	0:35:24	0:35:25	3	WU23	94	5: 06:36 07:07 07:13 07:15 07:11
12	174	Reng Franziska	LG Telis Finanz Regensburg	0:35:24	0:35:26	4	WU23	96	5: 06:35 07:06 07:11 07:18 07:13
13	436	Uphoff Tinka	Spiridon Frankfurt	0:35:24	0:35:27	8	WHK	83	5: 06:33 07:05 07:05 07:15 07:24
14	12	Kock Maren	LG Telis Finanz Regensburg	0:35:36	0:35:37	9	WHK	90	5: 06:34 07:08 07:14 07:27 07:11
15	133	Eltchkner Sandra	Sportgemeinschaft Greifswald	0:35:37	0:35:39	10	WHK	87	5: 06:35 07:07 07:17 07:19 07:17
16	68	Gehring Anna	SC Itzehoe	0:35:42	0:35:42	5	WU23	96	5: 06:35 07:07 07:11 07:24 07:23
17	194	Galuschka Julia	LG Telis Finanz Regensburg	0:35:43	0:35:45	2	W35	79	5: 06:34 07:06 07:11 07:26 07:25
18	5047	Niemeyer Hannah	VfL Kirchheim/Teck	0:35:47	0:35:47	6	WU23	95	5: 06:33 07:08 07:18 07:30 07:16
19	387	Hundeborn Inga	Solinger LC	0:35:45	0:35:49	7	WU23	96	5: 06:33 07:07 07:21 07:28 07:14
20	183	Amrhein Fabienne	MTG Mannheim	0:35:53	0:35:56	8	WU23	92	5: 06:34 07:05 07:14 07:34 07:24
21	324	Klein Sandra	SG Wenden	0:35:57	0:35:59	1	W40	74	5: 06:36 07:09 07:22 07:28 07:19
22	403	Walloch Christina	TV Waldstraße Wiesbaden	0:36:13	0:36:15	11	WHK	80	5: 06:43 07:19 07:27 07:27 07:16
23	754	Wallebohr Anne	LAG Mittlere Isar	0:36:16	0:36:17	12	WHK	87	5: 06:42 07:20 07:26 07:29 07:18
24	255	Dahlbeck Anna-Lina	TuS Xanten	0:36:19	0:36:20	13	WHK	81	5: 06:37 07:12 07:27 07:38 07:24
25	673	Optekamp Silke	PSV Grün-Weiß Kassel	0:36:37	0:36:40	3	W35	78	5: 06:36 07:15 07:33 07:39 07:32
26	679	Grewatta Patricia	LG Hamm Kamen Holzwickede	0:36:45	0:36:45	14	WHK	86	5: 06:43 07:19 07:28 07:41 07:32
27	555	Buil Melina	SV 1919 Sonsbeck e.V.	0:36:48	0:36:50	9	WU23	94	5: 06:46 07:16 07:25 07:41 07:36
28	93	Kohler Heike	Grojos LTF Elversberg	0:36:59	0:37:02	2	W40	74	5: 06:46 07:25 07:35 07:38 07:32
29	5030	Ojstersek Svenja	SFD '75 Düsseldorf	0:37:01	0:37:03	15	WHK	94	5: 06:40 07:25 07:36 07:42 07:36
30	612	Kallenberg Friederike	LV Pliezhausen 2012	0:37:05	0:37:07	16	WHK	83	5: 06:44 07:25 07:37 07:42 07:36
31	186	Plinke Anna-Katharina	LG Telis Finanz Regensburg	0:37:05	0:37:07	17	WHK	88	5: 06:57 07:32 07:35 07:39 07:20
32	180	Claire Perrin	LG Stadtwerke München	0:37:08	0:37:11	18	WHK	85	5: 06:40 07:22 07:37 07:46 07:42
33	169	Groß-Hardt Jana	LAZ Rhede	0:37:12	0:37:14	19	WHK	88	5: 06:46 07:26 07:39 07:47 07:32
34	629	Lüring Sandra	LG Brillux Münster	0:37:14	0:37:17	20	WHK	89	5: 06:52 07:31 07:36 07:41 07:32
35	775	Schäpers Silke	TV Refrath	0:37:14	0:37:20	3	W40	70	5: 06:49 07:28 07:36 07:41 07:38
36	185	Rausch Monika	LG Telis Finanz Regensburg	0:37:19	0:37:21	21	WHK	90	5: 06:50 07:30 07:38 07:44 07:34
37	361	Al-Sayad Mayada	1. VfL FORTUNA Marzahn	0:37:21	0:37:23	10	WU23	92	5: 06:33 07:25 07:50 07:54 07:38
38	228	Schmitz Nora	Post-Sportverein Trier	0:37:20	0:37:23	11	WU23	92	5: 06:50 07:29 07:37 07:41 07:40
39	613	Arndt Hannah	LV Pliezhausen 2012	0:37:37	0:37:39	22	WHK	89	5: 06:53 07:29 07:36 07:47 07:50
40	464	Schröder Miriam	LSF Münster	0:37:40	0:37:45	4	W35	77	5: 06:52 07:32 07:41 07:50 07:44
41	560	Maurer Anja	TF Feuerbach	0:37:42	0:37:46	23	WHK	85	5: 06:52 07:31 07:41 07:51 07:45
42	506	Prieske Anna	TSG 1845 Heilbronn	0:37:43	0:37:47	24	WHK	91	5: 06:53 07:30 07:40 07:48 07:51
43	319	Scholz Julia	LG Stadtwerke München	0:37:47	0:37:50	5	W35	78	5: 06:59 07:39 07:45 07:45 07:37
44	510	Schneider Tina	TuS Deuz	0:37:54	0:37:54	25	WHK	90	5: 07:01 07:31 07:48 07:52 07:39
45	249	Gaus Nadja	ASV Köln	0:37:49	0:37:56	26	WHK	83	5: 06:54 07:26 07:44 07:55 07:48
46	431	Kleiner Yvonne	LG Stadtwerke München	0:37:55	0:37:58	4	W40	74	5: 07:03 07:39 07:43 07:44 07:43
47	297	Jungblut Yvonne	LT Schweich	0:37:54	0:38:00	6	W35	77	5: 06:47 07:32 07:49 07:56 07:48
48	511	Giehl Nina Caprice	TuS Deuz	0:37:57	0:38:02	27	WHK	82	5: 07:03 07:36 07:43 07:50 07:42
49	653	Grießbaum Tanja	LG Rülzheim	0:38:04	0:38:04	12	WU23	92	5: 06:43 07:31 07:50 08:06 07:53
50	5017	Wilken Christen	Ayyo Team Essen	0:38:09	0:38:10	28	WHK	88	5: 06:59 07:44 07:55 07:55 07:35
51	651	Schulz Johanna	LT Haspa Marathon Hamburg	0:38:20	0:38:21	13	WU23	94	5: 06:47 07:34 07:49 08:02 08:06
52	85	Maak Petra	LAV Bayer Uerdingen /	0:38:22	0:38:26	1	W50	64	5: 07:02 07:43 07:50 07:55 07:50
53	5044	Bechtloff Mareike	ASV Erfurt	0:38:26	0:38:28	29	WHK	90	5: 06:55 07:31 07:49 08:08 08:01
54	229	Wallner Katrin	LG Stadtwerke München	0:38:28	0:38:31	14	WU23	92	5: 07:02 07:40 07:50 07:56 07:58
55	595	Schwartz Heidi	TuS Köln rrh.	0:38:29	0:38:33	30	WHK	89	5: 06:39 07:34 08:03 08:12 07:59
56	787	Otterbach Rebekka	TuS Deuz	0:38:39	0:38:44	31	WHK	86	5: 07:08 07:40 07:55 07:57 07:56
57	721	Offermann Eva	DJK JungSiegfried	0:38:43	0:38:47	32	WHK	83	5: 07:05 07:44 07:58 08:05 07:50
58	767	Siebert Mareike	LAG Mittlere Isar	0:38:43	0:38:47	33	WHK	91	5: 06:57 07:43 07:56 08:04 08:01
59	549	Böhmer Lea	Aachener TG	0:38:44	0:38:47	34	WHK	84	5: 07:05 07:47 07:57 08:01 07:51
60	281	Ölhorn Susanne	LG Passau	0:38:45	0:38:48	35	WHK	91	5: 06:58 07:43 07:55 08:05 08:02

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
61	675	Reuter Anna	PSV Grün-Weiß Kassel	0:38:45	0:38:49	36	WHK	87	5: 06:53 07:34 08:02 08:12 08:02
62	389	Haug Tabea	LAV Stadtwerke Tübingen	0:38:49	0:38:54	37	WHK	90	5: 07:11 07:51 07:57 07:59 07:49
63	126	Knirsch Lena	LG Region Karlsruhe	0:38:52	0:38:57	15	WU23	96	5: 07:07 07:49 08:01 08:01 07:52
64	331	Wied Ramona	SG Wenden	0:38:56	0:38:58	5	W40	70	5: 07:05 07:46 07:55 08:04 08:03
65	676	Arnold Thordis	PSV Grün-Weiß Kassel	0:38:53	0:38:58	38	WHK	91	5: 07:09 07:54 08:05 08:04 07:39
66	131	Martens Vera	TV Waldstraße Wiesbaden	0:39:02	0:39:05	1	W45	69	5: 07:10 07:48 07:58 08:04 08:00
67	548	Basten Irene	Aachener TG	0:39:05	0:39:11	39	WHK	84	5: 07:06 07:50 07:57 08:03 08:06
68	222	Koili Annika	LTC Berlin	0:39:20	0:39:24	40	WHK	84	5: 07:10 07:52 07:59 08:12 08:05
69	707	Wolf Ruth	TSG Kleinostheim	0:39:25	0:39:29	2	W45	68	5: 07:05 07:47 08:04 08:14 08:13
70	364	Schenk Dr. Karin	Spiridon Frankfurt	0:39:27	0:39:30	6	W40	73	5: 07:19 07:54 08:02 08:06 08:05
71	664	Gruchala Jasmin	TV Waldstraße Wiesbaden	0:39:27	0:39:30	41	WHK	85	5: 07:19 07:53 08:01 08:06 08:06
72	599	Weniger Julia	LG Stadtwerke München	0:39:34	0:39:37	42	WHK	89	5: 07:08 07:50 08:02 08:09 08:23
73	263	Stöckmann Petra	LG Stadtwerke München	0:39:39	0:39:42	7	W40	74	5: 07:16 07:55 08:03 08:09 08:14
74	237	Weiß Michaela	Tusem Essen	0:39:43	0:39:47	43	WHK	85	5: 07:08 07:56 08:11 08:18 08:08
75	594	Metz Sarah	VfB Salzkotten	0:39:44	0:39:49	7	W35	78	5: 07:21 07:50 08:03 08:13 08:15
76	127	Hettich Sarah	LG Region Karlsruhe	0:39:46	0:39:52	44	WHK	91	5: 07:09 07:47 08:01 08:16 08:33
77	230	Bermes Chiara	Post-Sportverein Trier	0:39:52	0:39:57	16	WU23	93	5: 07:06 08:00 08:17 08:24 08:04
78	325	Lienhart Laura	SG Wenden	0:39:55	0:39:59	45	WHK	81	5: 07:06 07:56 08:12 08:24 08:15
79	493	Vitt Valeska	SV Brackwede	0:40:10	0:40:13	17	WU23	96	5: 07:27 08:13 08:22 08:15 07:51
80	795	Auer-Gerber Barbara	TG Viktoria Augsburg	0:40:13	0:40:17	2	W50	63	5: 07:34 08:09 08:17 08:14 07:58
81	162	Willenborg Nadja	SC Rönau 74	0:40:19	0:40:20	18	WU23	92	5: 07:13 08:00 08:20 08:25 08:19
82	769	Pichlmaier Bernadette	LAG Mittlere Isar	0:40:18	0:40:22	3	W45	69	5: 07:33 08:08 08:11 08:15 08:10
83	601	Fuß Laura	LT DSHS Köln	0:40:14	0:40:22	19	WU23	94	5: 07:21 08:12 08:12 08:11 08:17
84	258	Fierek Carina	TuS Xanten	0:40:19	0:40:23	46	WHK	83	5: 07:30 08:07 08:10 08:12 08:18
85	494	Engels Sabine	LC Solbad Ravensberg	0:40:21	0:40:25	4	W45	68	5: 07:25 08:08 08:13 08:19 08:14
86	326	Lückert Mara	SG Wenden	0:40:23	0:40:27	8	W40	70	5: 07:20 08:04 08:12 08:25 08:21
87	491	Willcox-Heidner Victoria	LC Solbad Ravensberg	0:40:24	0:40:28	9	W40	73	5: 07:27 08:09 08:16 08:22 08:09
88	44	Lüttich Anita	SAV Leipzig	0:40:32	0:40:32	47	WHK	89	5: 07:11 08:15 08:27 08:29 08:08
89	468	Hauertmann Katharina	LSF Münster	0:40:31	0:40:36	8	W35	76	5: 07:29 08:02 08:34 08:19 08:06
90	576	Wehr Katharina	TV Wanheimerort 1880	0:40:35	0:40:40	20	WU23	96	5: 07:33 08:13 08:21 08:20 08:05
91	557	Kalscheur Svenja	SV 1919 Sonsbeck e.V.	0:40:38	0:40:41	21	WU23	93	5: 07:11 08:13 08:20 08:17 08:35
92	316	Bröcher Stefanie	SG Wenden	0:40:38	0:40:41	48	WHK	86	5: 07:26 08:13 08:19 08:25 08:13
93	550	Mollus Sabine	Aachener TG	0:40:38	0:40:42	9	W35	75	5: 07:22 08:03 08:18 08:27 08:26
94	458	Baltruschat Gabi	LG	0:40:41	0:40:44	5	W45	67	5: 07:18 08:13 08:22 08:28 08:18
95	677	Meuser Jeanette	PSV Grün-Weiß Kassel	0:40:40	0:40:45	49	WHK	87	5: 07:33 08:08 08:21 08:21 08:15
96	250	Coutellier Vera	ASV Köln	0:40:39	0:40:45	22	WU23	95	5: 07:03 07:48 08:22 08:46 08:38
97	698	Niehues Silke	Tusem Essen	0:40:42	0:40:46	10	W40	72	5: 07:20 08:11 08:25 08:26 08:17
98	584	Schwartze Alexandra	OSC Waldniel	0:40:46	0:40:50	3	W50	63	5: 07:20 08:11 08:20 08:29 08:25
99	327	Rademacher Ina	SG Wenden	0:40:51	0:40:55	50	WHK	88	5: 07:26 08:13 08:21 08:27 08:22
100	105	Börner Annika	ASV Köln	0:40:54	0:41:01	51	WHK	89	5: 07:24 08:10 08:23 08:37 08:18
101	317	Clemens Sandra	SG Wenden	0:40:54	0:41:02	52	WHK	89	5: 07:32 08:12 08:24 08:29 08:15
102	761	Neugebauer Kai-Louise	LAG Mittlere Isar	0:41:05	0:41:06	53	WHK	87	5: 07:06 08:16 08:35 08:47 08:20
103	231	Schmitt Laura	Post-Sportverein Trier	0:41:04	0:41:07	23	WU23	93	5: 07:22 08:12 08:28 08:32 08:28
104	487	Berger Sina	SKG Stockstadt	0:41:04	0:41:10	24	WU23	95	5: 07:23 08:15 08:32 08:31 08:22
105	421	Vergin Stefanie	Post SV Gütersloh	0:41:13	0:41:15	11	W40	74	5: 07:17 08:17 08:30 08:33 08:34
106	66	Frank Elfi	Lauffeuer Chiemgau	0:41:10	0:41:19	12	W40	72	5: 07:29 08:04 08:12 08:51 08:33
107	562	Malloy Catherine	TF Feuerbach	0:41:21	0:41:25	54	WHK	87	5: 07:08 08:03 08:37 08:40 08:51
108	5029	Körschkes Nadine	SFD '75 Düsseldorf	0:41:22	0:41:26	55	WHK	87	5: 07:20 08:19 08:35 08:34 08:32
109	67	Hardt Caroline	TSV Bayer 04 Leverkusen	0:41:23	0:41:26	25	WU23	94	5: 07:21 08:11 08:30 08:47 08:31
110	603	Valder Sarah	TuS Köln rrr	0:41:28	0:41:31	26	WU23	93	5: 07:37 08:14 08:24 08:34 08:36
111	556	Schmitz Annika	SV 1919 Sonsbeck e.V.	0:41:29	0:41:31	27	WU23	93	5: 07:12 08:19 08:32 08:44 08:40
112	709	Freudenberger-Lötz Petra	LG Kaufungen	0:41:28	0:41:33	6	W45	66	5: 07:23 08:11 08:31 08:44 08:37
113	462	Schönefeld Eva	LSF Münster	0:41:37	0:41:42	13	W40	68	5: 07:38 08:19 08:29 08:34 08:34
114	586	Peters-Karbstein Marion	TuS Griesheim	0:41:38	0:41:43	4	W50	64	5: 07:52 08:25 08:31 08:30 08:18
115	477	Von Keutz Pia	LT DSHS Köln	0:41:37	0:41:45	28	WU23	92	5: 07:31 08:15 08:30 08:34 08:44
116	713	Drumm-Becker Sabine	Kölner Turnerschaft von 1843	0:41:41	0:41:47	7	W45	67	5: 07:36 08:24 08:40 08:39 08:20
117	5046	Graeber Christiane	LG Coesfeld	0:41:47	0:41:52	5	W50	63	5: 07:44 08:26 08:29 08:37 08:30
118	290	Offermanns Claudia	ASV Köln	0:41:45	0:41:52	10	W35	78	5: 07:24 08:14 08:37 08:47 08:40
119	168	Spicker Ute	Team-Essen 99	0:41:52	0:41:58	6	W50	61	5: 07:24 08:13 08:34 08:45 08:53
120	416	Jedras Barbara	Tusem Essen	0:41:53	0:41:59	14	W40	70	5: 07:38 08:30 08:36 08:38 08:31

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
121	65	Zimmermann Rosemarie	Lauffeuer Chiemgau	0:42:01	0:42:04	11	W35	76	5: 07:30 08:03 08:28 09:02 08:56
122	270	Schoofs Erika	TSV Weeze 1910/19	0:42:07	0:42:09	8	W45	66	5: 07:53 08:40 08:47 08:35 08:10
123	741	Dammann Andrea	TG Viktoria Augsburg	0:42:09	0:42:12	1	W55	57	5: 07:49 08:26 08:33 08:39 08:40
124	661	Fritzemeier Stephanie	TSVE 1890 Bielefeld	0:42:10	0:42:13	56	WHK	91	5: 07:42 08:31 08:36 08:42 08:36
125	81	Bido Jutta	SUS Schalke 96	0:42:16	0:42:20	7	W50	61	5: 07:43 08:30 08:38 08:43 08:39
126	288	Kolesa Gerlinde	MTV 1881 Ingolstadt	0:42:23	0:42:26	1	W60	54	5: 07:51 08:39 08:39 08:42 08:30
127	570	Bowenkamp Heidrun	LC Solbad Ravensberg	0:42:22	0:42:26	12	W35	79	5: 07:47 08:33 08:40 08:40 08:39
128	659	Küppers Heidi	TG Viktoria Augsburg	0:42:25	0:42:28	2	W60	54	5: 07:50 08:30 08:42 08:41 08:39
129	680	Schädel Dagmar	LG Hamm Kamen Holzwickede	0:42:27	0:42:32	13	W35	77	5: 07:34 08:30 08:44 08:57 08:40
130	280	Hümbs Marie	AS Neukirchen-Vluyn	0:42:36	0:42:42	29	WU23	94	5: 07:35 08:37 08:49 08:45 08:48
131	722	Herma Heike	DJK JungSiegfried	0:42:37	0:42:44	15	W40	71	5: 07:40 08:31 08:47 08:54 08:43
132	367	Ernst Kathrin	TG Witten 1848	0:42:47	0:42:52	9	W45	69	5: 07:37 08:36 08:50 08:53 08:49
133	339	Schimanski Martina	TSV Viktoria Mülheim	0:42:51	0:42:58	10	W45	69	5: 07:58 08:35 08:44 08:52 08:41
134	456	Bell Irene	LG	0:42:59	0:42:59	11	W45	68	5: 07:39 08:37 08:58 08:56 08:48
135	349	Piontek Sabina	LG Dorsten	0:42:57	0:43:05	8	W50	64	5: 07:39 08:27 08:36 08:57 09:16
136	781	Wietscher Antje	TV Refrath	0:42:57	0:43:06	2	W55	56	5: 07:52 08:33 08:51 08:55 08:44
137	561	Wenger Martina	TF Feuerbach	0:43:02	0:43:06	14	W35	77	5: 07:49 08:34 08:46 08:56 08:55
138	269	Born Michaela	TSV Weeze 1910/19	0:43:02	0:43:07	9	W50	63	5: 07:52 08:41 08:47 08:52 08:49
139	170	Krause Ute	Sport-Club Itzehoe	0:43:09	0:43:11	12	W45	66	5: 07:50 08:43 08:50 08:54 08:50
140	5031	Thiemann Irabella	SFD '75 Düsseldorf	0:43:13	0:43:18	57	WHK	88	5: 07:46 08:40 08:49 08:59 08:57
141	681	Schreiner Laura	LG Hamm Kamen Holzwickede	0:43:15	0:43:19	58	WHK	91	5: 07:34 08:29 08:51 09:11 09:08
142	589	Hüther Elfie	VfB Salzkotten	0:43:15	0:43:20	3	W60	54	5: 07:57 08:40 08:52 08:53 08:51
143	104	Jostock Charlotte	ASV Köln	0:43:16	0:43:23	59	WHK	88	5: 07:51 08:51 09:01 09:00 08:31
144	39	Heidecke Britta	LG Hopfen Schackensleben	0:43:20	0:43:23	16	W40	70	5: 07:35 08:31 09:00 09:19 08:52
145	5041	Welte Hannah	TSV Schott Mainz	0:43:18	0:43:27	60	WHK	89	5: 08:16 08:44 08:47 08:53 08:36
146	79	Janßen Tanja	SUS Schalke 96	0:43:29	0:43:34	13	W45	69	5: 07:59 08:42 08:49 08:58 08:59
147	259	Angenendt Riccarda	TuS Xanten	0:43:33	0:43:38	30	WU23	92	5: 07:32 08:38 09:08 08:56 09:16
148	57	Rentergent Carola	Sportgemeinschaft Zons	0:43:36	0:43:45	10	W50	63	5: 07:49 08:40 09:11 09:05 08:51
149	5036	Richter Angela	SFD '75 Düsseldorf	0:43:47	0:43:55	11	W50	64	5: 07:34 08:41 09:11 09:13 09:06
150	717	Beck Janina	SV Werder Bremen	0:43:56	0:44:02	15	W35	76	5: 07:53 08:49 09:07 09:04 09:01
151	5034	Ziob Jana	SFD '75 Düsseldorf	0:43:57	0:44:04	61	WHK	89	5: 07:50 08:49 08:57 09:09 09:10
152	156	Rey Claudia	TuS 08 Lintorf	0:44:06	0:44:10	17	W40	70	5: 07:55 08:49 09:08 09:02 09:10
153	559	Lüchtfeld Alice	TuS Köln rrh.	0:44:07	0:44:14	31	WU23	92	5: 07:42 08:45 09:12 09:21 09:05
154	482	Brouwer Britta	LSF Münster	0:44:10	0:44:16	62	WHK	86	5: 07:43 08:39 09:14 09:31 09:00
155	457	Scheiffer Judith	LG	0:44:13	0:44:20	12	W50	63	5: 08:07 08:53 09:03 09:06 09:01
156	5014	Demir Ümran	Ayyo Team Essen	0:44:14	0:44:20	18	W40	72	5: 08:22 08:57 08:58 08:59 08:55
157	636	Basinski Jolanta	TV Refrath	0:44:14	0:44:21	16	W35	75	5: 07:58 09:01 09:11 09:11 08:51
158	78	Möllensiep Sybille	SUS Schalke 96	0:44:23	0:44:29	13	W50	62	5: 07:54 08:43 09:01 09:18 09:25
159	552	Trauzeddel Antje	Aachener TG	0:44:30	0:44:36	19	W40	73	5: 07:51 08:41 09:10 09:27 09:18
160	704	Hellenbrand Lilo	DJK Gillrath	0:44:34	0:44:39	3	W55	56	5: 08:10 08:57 09:07 09:13 09:05
161	5033	Medici Francesca	SFD '75 Düsseldorf	0:44:36	0:44:43	63	WHK	89	5: 07:52 08:56 09:17 09:19 09:10
162	5019	Schwab Kerstin	PSV Grün-Weiß Kassel	0:44:38	0:44:44	20	W40	70	5: 08:09 08:53 09:09 09:17 09:09
163	751	Gebhart Beate	TV Refrath	0:44:36	0:44:46	14	W50	61	5: 08:29 09:02 09:06 09:06 08:51
164	700	Sellmer Kirsten	LG Flensburg	0:44:42	0:44:47	14	W45	68	5: 07:48 08:58 09:19 09:25 09:10
165	33	Ciaglia Silke	Sportgemeinschaft Zons	0:44:45	0:44:47	15	W50	63	5: 08:06 09:02 09:12 09:17 09:06
166	691	Kappelman Sophia	LG Hamm Kamen Holzwickede	0:44:53	0:44:56	32	WU23	95	5: 07:49 08:53 09:11 09:31 09:27
167	271	Voss Maria	TSV Weeze 1910/19	0:44:54	0:44:59	16	W50	55	5: 08:06 09:03 09:13 09:16 09:14
168	64	Plenk Monika	Lauffeuer Chiemgau	0:45:24	0:45:31	21	W40	74	5: 08:23 09:05 09:12 09:24 09:18
169	49	Vogl Gudrun	Spvgg. Renningen	0:45:28	0:45:32	1	W65	49	5: 08:22 09:14 09:18 09:19 09:14
170	241	Huckschlag Maren	LG Bremen-Nord	0:45:26	0:45:34	15	W45	67	5: 08:02 08:58 09:15 09:35 09:34
171	475	Horst Hannelore	TV Georgsmarienhütte	0:45:31	0:45:36	2	W65	49	5: 08:08 09:10 09:25 09:28 09:20
172	785	Zarl Eliza	TV Refrath	0:45:47	0:45:55	22	W40	70	5: 08:05 08:58 09:09 09:13 10:19
173	254	Spronk Marianne	SV Viktoria Goch	0:46:03	0:46:09	3	W65	48	5: 08:22 09:22 09:28 09:26 09:23
174	585	Schoormann Vera	TuS Griesheim	0:46:22	0:46:28	16	W45	65	5: 08:16 09:01 09:16 09:50 09:57
175	239	Göttner Margret	LG	0:46:23	0:46:30	4	W60	52	5: 08:43 09:18 09:27 09:29 09:24
176	685	Rabe Kristine	LG Hamm Kamen Holzwickede	0:46:42	0:46:45	33	WU23	93	5: 07:58 09:19 09:49 09:55 09:39
177	240	Bahr Anja	LG Bremen-Nord	0:46:42	0:46:50	17	W45	66	5: 08:35 09:25 09:38 09:37 09:26
178	338	Kokozinski Susanne	TSV Viktoria Mülheim	0:46:55	0:47:02	17	W50	64	5: 08:40 09:27 09:41 09:45 09:20
179	87	Hock Ines	Turnerschaft Frechen	0:46:58	0:47:05	18	W50	60	5: 08:46 09:33 09:34 09:34 09:29
180	337	Kels Petra	TSV Viktoria Mülheim	0:47:00	0:47:08	19	W50	62	5: 08:39 09:27 09:38 09:34 09:40

Deutsche Straßenlaufmeisterschaft 10km Stadtwerke Kö-Lauf Düsseldorf - 7. September 2014

Frauen

Platz	Startnr	Name	Verein/*Ort	Netto	Brutto	AK-Pl	AK	Jahr	Runden
181	425	Steinborn Dorothee	LG Gummersbach	0:47:12	0:47:21	20	W50	64	5: 08:39 09:27 09:37 09:41 09:46
182	778	Singer Sabine	TV Refrath	0:47:15	0:47:22	18	W45	67	5: 08:29 09:29 09:47 09:41 09:47
183	137	Kleinemeyer Dagmar	Barsbütteler SV	0:47:17	0:47:22	4	W55	56	5: 09:03 09:46 09:42 09:33 09:10
184	697	Kohlen Helene	SV Germania Dürwiß	0:47:16	0:47:27	5	W55	55	5: 08:31 09:22 09:40 09:51 09:50
185	692	Holtmann Annika	LG Hamm Kamen Holzwickede	0:47:24	0:47:28	34	WU23	96	5: 08:12 09:34 09:51 09:58 09:46
186	114	Andrieu-Syrek Ina	LG Gummersbach	0:47:21	0:47:29	21	W50	63	5: 08:32 09:21 09:44 09:53 09:49
187	390	Fetzer Ute	LG Brenztal	0:47:23	0:47:29	22	W50	60	5: 08:47 09:32 09:39 09:48 09:35
188	415	Hoschke Traudel	Homberger TV	0:47:56	0:48:02	5	W60	51	5: 08:45 09:37 09:48 09:53 09:50
189	587	Stumpf Petra	TuS Griesheim	0:48:10	0:48:16	23	W50	60	5: 08:55 09:45 09:47 09:48 09:53
190	130	Ritschel Anja	TV Waldstraße Wiesbaden	0:48:41	0:48:46	4	W65	46	5: 08:53 09:43 09:58 10:02 10:03
191	766	Meyer Johanna	TV Refrath	0:48:46	0:48:55	23	W40	72	5: 08:31 09:29 10:04 10:17 10:23
192	455	Windmüller Cäcilia	DJK Hüthum-Borghes e.V.	0:48:50	0:48:55	6	W55	57	5: 08:46 09:47 10:03 10:06 10:06
193	479	Bewersdorff Christa	TF Feuerbach	0:48:56	0:49:03	19	W45	65	5: 08:46 09:46 10:05 10:02 10:15
194	443	Lindenberg Regina	LG Gummersbach	0:49:22	0:49:30	24	W50	64	5: 09:08 09:53 10:08 10:12 09:59
195	51	Herrnkind Renée	LG Wetzlar	0:49:27	0:49:37	6	W60	54	5: 08:54 10:00 10:13 10:12 10:06
196	340	Stelkens Angela	TSV Viktoria Mülheim	0:50:44	0:50:50	7	W60	50	5: 09:17 10:17 10:16 10:26 10:25
197	702	Ullrich Dr. Kirsten	TSV Dresden	0:51:02	0:51:10	20	W45	66	5: 09:21 10:09 10:19 10:32 10:38
198	242	Schröder Alexandra	LG Bremen-Nord	0:51:31	0:51:39	21	W45	68	5: 09:05 10:11 10:39 10:48 10:45
199	41	Dr. Stehr Dorit	LG Lüneburg Stadt und Land	0:51:33	0:51:40	7	W55	58	5: 08:56 10:33 10:50 10:51 10:21
200	88	Falk-Stiller Angelika	Turnerschaft Frechen	0:52:02	0:52:10	8	W60	52	5: 09:18 10:18 10:33 10:49 11:03
201	50	Schlachte Roswita	SG Misburg	0:52:16	0:52:19	8	W55	55	5: 08:53 10:19 10:48 11:14 11:00
202	683	Osthoff-Lange Mechthild	LG Hamm Kamen Holzwickede	0:52:21	0:52:25	25	W50	62	5: 09:43 10:29 10:48 10:47 10:31
203	344	Schütte Drita	TSV Viktoria Mülheim	0:52:29	0:52:39	26	W50	63	5: 09:50 10:28 10:34 10:48 10:48
204	129	Schneider Anita	TV Waldstraße Wiesbaden	0:52:52	0:52:58	5	W65	45	5: 09:34 10:33 10:46 10:56 11:02
205	147	Coroly Sabine	LG Gummersbach	0:52:59	0:53:08	9	W55	56	5: 09:50 10:48 10:42 10:48 10:49
206	5051	Staubermann Hermi	LA Spvgg. Herten	0:53:40	0:53:46	1	W70	40	5: 09:31 10:44 11:13 11:17 10:53
207	306	Kroboth Veronika	LG BEC	0:53:49	0:53:55	2	W70	42	5: 09:36 10:57 11:04 11:10 11:00
208	213	Volk Thea	Lg Gummersbach	0:55:17	0:55:26	10	W55	55	5: 10:03 11:01 11:06 11:28 11:37
209	155	Thiel Marion	TuS 08 Lintorf	0:57:12	0:57:21	22	W45	69	5: 09:54 11:13 11:47 12:11 12:05
210	397	Bartz Petra	Team Oberhavel e.V.	0:57:22	0:57:32	27	W50	64	5: 10:36 11:39 11:45 11:49 11:32
211	45	Rattay Reintraut	LG Peiner Land	0:57:52	0:57:58	3	W70	43	5: 09:38 10:58 11:13 11:44 14:16
212	650	Pohlmann Gaby	LC Bad Arolsen	0:58:36	0:58:42	4	W70	41	5: 10:32 11:41 11:54 12:05 12:22
213	682	Rother Anette	LG Hamm Kamen Holzwickede	0:59:23	0:59:29	11	W55	56	5: 10:21 11:40 12:14 12:33 12:34
214	268	Wiener Bärbel	LG Lüneburg Stadt und Land	1:00:16	1:00:26	5	W70	40	5: 10:37 12:00 12:30 12:38 12:30
215	568	Dorn Margret	Viersener Turnverein 1848 e.V.	1:05:39	1:05:47	6	W65	49	5: 11:34 13:19 13:34 13:42 13:28