

Leverkusener Winterlaufserie

Männer

1. Lauf - 10 km 2. November 2013

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Jahrgang | Runde |
|--------|-----|--------------------------|----------------------------|---------|------|--------|------------|----------|-------------|
| 1 | 565 | Belkorchi Taher | TSV Bayer 04 Leverkusen | 0:31:24 | MU18 | 1 | 0:31:25 | 1996 | 16:04 15:19 |
| 2 | 847 | Paulitschke Wilfried | Asics Fronrunner | 0:37:00 | M55 | 1 | 0:37:02 | 1957 | 18:21 18:39 |
| 3 | 389 | Kaiser Marcus | TSV Bayer 04 Leverkusen | 0:37:01 | M40 | 1 | 0:37:04 | 1969 | 18:19 18:42 |
| 4 | 710 | Franken Peter | PSV Köln | 0:37:09 | M20 | 1 | 0:37:10 | 1987 | 18:21 18:47 |
| 5 | 549 | Knauf Albert | LG Mützenich | 0:37:28 | M45 | 1 | 0:37:29 | 1964 | 18:22 19:05 |
| 6 | 842 | Petersen Jan | TuS 08 Lintorf | 0:38:00 | M35 | 1 | 0:38:01 | 1977 | 18:52 19:07 |
| 7 | 843 | Gomez Carlos | | 0:38:08 | M30 | 1 | 0:38:09 | 1983 | 18:44 19:23 |
| 8 | 505 | Löschner Frank | TV Büschergrund | 0:38:12 | M50 | 1 | 0:38:14 | 1959 | 19:07 19:05 |
| 9 | 714 | Feldenkirchen Nikolai | ASV Köln Triathlon | 0:38:19 | M30 | 2 | 0:38:20 | 1980 | 18:46 19:32 |
| 10 | 404 | Stichler Karsten | ASV Köln Triathlon | 0:38:32 | M30 | 3 | 0:38:33 | 1980 | 18:48 19:44 |
| 11 | 545 | Köhns Thomas | SSF Bonn Triathlon | 0:38:56 | M40 | 2 | 0:38:58 | 1969 | 19:13 19:42 |
| 12 | 872 | Stöhr Michael | SV 09/35 Wermelskirchen | 0:39:06 | M45 | 2 | 0:39:08 | 1966 | 19:15 19:50 |
| 13 | 855 | Lingk Christoph | TPSK Köln | 0:39:24 | M45 | 3 | 0:39:26 | 1966 | 19:18 20:05 |
| 14 | 727 | Land Matthias | *Siegburg | 0:39:31 | M30 | 4 | 0:39:34 | 1980 | 19:28 20:03 |
| 15 | 437 | Vauth Robin | TV Germania Buschhütten | 0:39:37 | M45 | 4 | 0:39:40 | 1966 | 19:13 20:23 |
| 16 | 845 | Alotto Guisepppe | Alotto Corre | 0:39:42 | M45 | 5 | 0:39:45 | 1966 | 19:37 20:04 |
| 17 | 768 | Martinez Guilberth | ColMx | 0:39:58 | M35 | 2 | 0:40:00 | 1977 | 18:50 21:07 |
| 18 | 515 | Manuel Stephen | Team Therapieburg | 0:40:05 | M40 | 3 | 0:40:11 | 1971 | 19:37 20:27 |
| 19 | 400 | Cirpka Enno | Neukirchener TV Leverkusen | 0:40:06 | M50 | 2 | 0:40:09 | 1963 | 19:35 20:31 |
| 20 | 533 | Blum Guido | Leichlinger TV | 0:40:08 | M50 | 3 | 0:40:10 | 1960 | 20:09 19:58 |
| 21 | 351 | Schiffer Marcel Sebastia | *Leverkusen | 0:40:24 | M20 | 2 | 0:40:27 | 1987 | 19:27 20:57 |
| 22 | 486 | Metzger Jens | *Erkrath | 0:40:45 | M20 | 3 | 0:40:47 | 1989 | 19:59 20:45 |
| 23 | 378 | Mirabello Massimo | Team Phamos | 0:40:47 | M20 | 4 | 0:40:49 | 1989 | 19:45 21:02 |
| 24 | 388 | Alotto Salvatore | Alotto CORRE | 0:41:06 | M40 | 4 | 0:41:10 | 1971 | 20:20 20:46 |
| 25 | 738 | Buttighoffer Mathieu | ASV Köln Triathlon | 0:41:12 | M40 | 5 | 0:41:14 | 1971 | 20:12 20:59 |
| 26 | 730 | Klappert Andreas | RSV Osthelden | 0:41:14 | M40 | 6 | 0:41:16 | 1970 | 20:13 21:01 |
| 27 | 330 | Krämer Jonas | *Bergisch Gladbach | 0:41:22 | MU20 | 1 | 0:41:28 | 1994 | 20:32 20:50 |
| 28 | 861 | Radermacher Oliver | RTC Frechen 80 | 0:41:31 | M45 | 6 | 0:41:32 | 1967 | 20:36 20:54 |
| 29 | 849 | Bekel Lars | | 0:41:33 | M35 | 3 | 0:41:35 | 1974 | 20:38 20:54 |
| 30 | 747 | Kostulski Michael | *Köln | 0:41:48 | M35 | 4 | 0:41:52 | 1978 | 21:03 20:44 |
| 31 | 752 | Schiffer Christian | Athletik Waldniel | 0:41:51 | M40 | 7 | 0:41:53 | 1973 | 20:51 21:00 |
| 32 | 552 | Wunderlich Rayk | *Leverkusen | 0:41:54 | M35 | 5 | 0:41:59 | 1978 | 21:02 20:51 |
| 33 | 380 | Lakjaa Karim | *Köln | 0:41:54 | M20 | 5 | 0:41:57 | 1985 | 20:43 21:10 |
| 34 | 729 | Harbecke Sascha | *Düsseldorf | 0:41:56 | M30 | 5 | 0:41:57 | 1980 | 20:54 21:02 |
| 35 | 537 | Faber Oliver | *Leverkusen | 0:41:57 | M40 | 8 | 0:42:03 | 1971 | 20:31 21:26 |
| 36 | 825 | Pelster Thomas | Brühler TV 1879 | 0:41:59 | M40 | 9 | 0:42:03 | 1969 | 20:17 21:42 |
| 37 | 866 | Gerland Martin | LC Stolpertruppe Berlin | 0:42:00 | M40 | 10 | 0:42:01 | 1970 | 20:48 21:11 |
| 38 | 379 | Mirabello Francesco | Team Phamos | 0:42:01 | M20 | 6 | 0:42:02 | 1984 | 20:39 21:22 |
| 39 | 329 | Baumgart Markus | *Leichlingen | 0:42:01 | M40 | 11 | 0:42:04 | 1971 | 20:33 21:28 |
| 40 | 480 | Dany Axel | ASICS Fronrunner | 0:42:06 | M50 | 4 | 0:42:10 | 1962 | 20:54 21:12 |
| 41 | 370 | Neuburg Stephan | ASV Köln Triathlon | 0:42:08 | M45 | 7 | 0:42:10 | 1967 | 20:47 21:20 |
| 42 | 818 | Siegel Christoph | *Leverkusen | 0:42:12 | M35 | 6 | 0:42:15 | 1977 | 20:49 21:22 |
| 43 | 482 | Kinas Andre | *Leverkusen | 0:42:17 | M30 | 6 | 0:42:22 | 1981 | 20:46 21:31 |
| 44 | 346 | Brandes Matthias | Fanprojekt Leverkusen | 0:42:18 | M20 | 7 | 0:42:23 | 1984 | 20:48 21:29 |
| 45 | 341 | Prüller Christian | *Leverkusen | 0:42:32 | M45 | 8 | 0:42:35 | 1966 | 21:01 21:30 |
| 46 | 362 | Krüger Detlef | TSV Bayer 04 Leverkusen | 0:42:47 | M50 | 5 | 0:42:51 | 1961 | 21:04 21:42 |
| 47 | 342 | Tkotsch Olaf | *Bergisch Gladbach | 0:42:49 | M40 | 12 | 0:42:53 | 1969 | 20:55 21:53 |
| 48 | 436 | Borchardt Bernd | LG Dynamit Nobel | 0:42:51 | M40 | 13 | 0:42:55 | 1969 | 21:37 21:14 |
| 49 | 454 | Owen Andrew | Team Ice Cream Glove | 0:42:59 | M40 | 14 | 0:43:04 | 1973 | 20:56 22:03 |
| 50 | 535 | Parkinson Ben | TK Grevenbroich | 0:43:08 | M30 | 7 | 0:43:13 | 1980 | 21:06 22:02 |
| 51 | 497 | Gellert Georg | BSG Stadtwerke Bonn | 0:43:24 | M60 | 1 | 0:43:26 | 1949 | 21:24 22:00 |
| 52 | 850 | Haack Michael | SG Zons | 0:43:27 | M40 | 15 | 0:43:30 | 1972 | 21:22 22:05 |
| 53 | 492 | Libera Andreas | *Leverkusen | 0:43:32 | M30 | 8 | 0:43:39 | 1981 | 21:24 22:07 |
| 54 | 424 | Ahaus Marcel | *Düsseldorf | 0:43:33 | M30 | 9 | 0:43:40 | 1980 | 21:49 21:43 |
| 55 | 511 | Kukulka Sascha | LT Siebengebirge | 0:43:40 | M45 | 9 | 0:43:45 | 1964 | 21:47 21:53 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Jahrgang | Runde |
|--------|-----|------------------------|---------------------------|---------|------|--------|------------|----------|-------------|
| 56 | 433 | Chevalier Jörg | *Leverkusen | 0:43:43 | M45 | 10 | 0:43:47 | 1968 | 21:03 22:39 |
| 57 | 383 | Zipfel Johannes | TuS 08 Lintorf | 0:43:53 | M40 | 16 | 0:43:57 | 1971 | 21:34 22:18 |
| 58 | 531 | Weißenberg Martin | *Köln | 0:44:01 | M35 | 7 | 0:44:01 | 1977 | 21:09 22:51 |
| 59 | 846 | Eisermann Stephan | Team Erdinger Alkoholfrei | 0:44:03 | M45 | 11 | 0:44:08 | 1966 | 21:56 22:07 |
| 60 | 468 | Stendal Dirk | SOS Kinderdörfer | 0:44:12 | M45 | 12 | 0:44:16 | 1968 | 21:22 22:49 |
| 61 | 767 | Hornickel Stephan | *Neuss | 0:44:14 | M30 | 10 | 0:44:22 | 1980 | 22:06 22:07 |
| 62 | 512 | Lichter Jörg | *Leverkusen | 0:44:18 | M45 | 13 | 0:44:18 | 1966 | 21:52 22:26 |
| 63 | 479 | Laumann Matthias | *Wuppertal | 0:44:20 | M45 | 14 | 0:44:27 | 1967 | 21:49 22:31 |
| 64 | 506 | Grigoleit Axel | *Leichlingen | 0:44:21 | M50 | 6 | 0:44:23 | 1963 | 21:56 22:24 |
| 65 | 484 | Krebs Michael | TuS 05 Quettingen e.V. | 0:44:25 | M45 | 15 | 0:44:38 | 1966 | 22:18 22:06 |
| 66 | 496 | Langnau Stefan | SSF Bonn | 0:44:28 | M30 | 11 | 0:44:33 | 1983 | 21:40 22:48 |
| 67 | 450 | Szemeitat Daniel | *Leverkusen | 0:44:31 | M20 | 8 | 0:44:46 | 1987 | 21:55 22:36 |
| 68 | 460 | Twyrdy Bernhard | LG VB Leverkusen | 0:44:37 | M60 | 2 | 0:44:41 | 1952 | 21:57 22:40 |
| 69 | 706 | Henze Andreas | TSV Bayer 04 Leverkusen | 0:44:43 | M45 | 16 | 0:44:51 | 1967 | 22:26 22:16 |
| 70 | 524 | Hoben Michael | SF09 Puderbach | 0:44:45 | M30 | 12 | 0:44:50 | 1982 | 21:54 22:51 |
| 71 | 554 | Wittgens Hans-Ulrich | TUS 82 Opladen | 0:44:45 | M50 | 7 | 0:44:52 | 1960 | 22:06 22:39 |
| 72 | 477 | Hellebrand Jörg | TuS 05 Quettingen | 0:44:48 | M40 | 17 | 0:44:50 | 1971 | 22:30 22:18 |
| 73 | 452 | Heinen Lothar | | 0:44:51 | M50 | 8 | 0:45:00 | 1959 | 22:24 22:27 |
| 74 | 762 | Bäumer Ludger | www.watchingstock.com | 0:45:00 | M40 | 18 | 0:45:24 | 1972 | 22:26 22:34 |
| 75 | 514 | Graß Jendrik | Lauftreff Puderbach | 0:45:06 | M30 | 13 | 0:45:11 | 1981 | 22:18 22:48 |
| 76 | 736 | Berendt Harald | TSV Bayer 04 Leverkusen | 0:45:11 | M40 | 19 | 0:45:15 | 1973 | 22:19 22:51 |
| 77 | 419 | Hedermann Dirk | *Overath | 0:45:23 | M50 | 9 | 0:45:24 | 1962 | 22:37 22:45 |
| 78 | 392 | Da Silva Simoes Manuel | *Burscheid | 0:45:25 | M50 | 10 | 0:45:26 | 1963 | 22:20 23:04 |
| 79 | 660 | Schall Manfred | TuS 82 Opladen | 0:45:29 | M55 | 2 | 0:45:37 | 1955 | 22:38 22:50 |
| 80 | 599 | Merscher Lars | | 0:45:30 | M50 | 11 | 0:45:32 | 1959 | 22:47 22:43 |
| 81 | 758 | Willerscheid Michael | Cologne Flittard Runners | 0:45:42 | M45 | 17 | 0:45:51 | 1968 | 22:37 23:05 |
| 82 | 581 | Langenbruch Lars | | 0:45:55 | M35 | 8 | 0:46:01 | 1974 | 22:29 23:26 |
| 83 | 441 | Fiß Lars | Hardtseemafia Triathlon | 0:46:02 | M35 | 9 | 0:46:07 | 1977 | 22:36 23:26 |
| 84 | 871 | Herrmann Uwe | *Burscheid | 0:46:06 | M50 | 12 | 0:46:08 | 1963 | 22:48 23:18 |
| 85 | 844 | Bärenfänger Christian | ESC Schneeflöckchen | 0:46:10 | M35 | 10 | 0:46:16 | 1974 | 23:35 22:35 |
| 86 | 453 | Götting Tino | *Köln | 0:46:12 | M30 | 14 | 0:46:34 | 1980 | 23:10 23:01 |
| 87 | 765 | Mihm Julian | *Burscheid | 0:46:19 | M20 | 9 | 0:46:22 | 1985 | 22:37 23:41 |
| 88 | 704 | Hornig Achim | TuS 82 Opladen | 0:46:23 | M50 | 13 | 0:46:30 | 1962 | 22:44 23:38 |
| 89 | 448 | Kukwa Christian | TSV Solingen Aufderhöhe | 0:46:25 | M30 | 15 | 0:46:28 | 1982 | 23:19 23:06 |
| 90 | 455 | Kanthak Matthias | *Leverkusen | 0:46:39 | M30 | 16 | 0:46:49 | 1980 | 23:03 23:35 |
| 91 | 770 | Labsch Michel | TriCologne | 0:46:48 | M45 | 18 | 0:47:08 | 1967 | 23:07 23:41 |
| 92 | 551 | Haupt Marcus | Waldläufer | 0:46:53 | M45 | 19 | 0:47:05 | 1964 | 23:20 23:32 |
| 93 | 427 | Schrimpf Florian | *Köln | 0:46:57 | M20 | 10 | 0:47:03 | 1988 | 23:49 23:07 |
| 94 | 239 | Suteu Julian | *Pulheim | 0:47:00 | MU18 | 2 | 0:47:03 | 1996 | 22:18 24:41 |
| 95 | 726 | Faderl Philip | SC Brühl | 0:47:03 | MU20 | 2 | 0:47:08 | 1994 | 22:49 24:13 |
| 96 | 528 | Kaiser Stefan | TSV Bayer 04 Leverkusen | 0:47:10 | M50 | 14 | 0:47:15 | 1963 | 23:00 24:09 |
| 97 | 443 | Humberg Patrick | TSV Solingen Aufderhöhe | 0:47:12 | M40 | 20 | 0:47:15 | 1970 | 23:17 23:55 |
| 98 | 740 | Klappert Benjamin | RSV Osthelden | 0:47:13 | M20 | 11 | 0:47:13 | 1984 | 23:08 24:04 |
| 99 | 429 | Schmidt Norbert | *Leverkusen | 0:47:13 | M45 | 20 | 0:47:20 | 1968 | 23:29 23:43 |
| 100 | 422 | Grimberg Christoph | team erdinger alkoholfrei | 0:47:13 | M45 | 21 | 0:47:29 | 1965 | 24:36 22:36 |
| 101 | 489 | Brücher Jens | TSV Frischauf Lennep | 0:47:16 | M50 | 15 | 0:47:26 | 1960 | 23:32 23:43 |
| 102 | 488 | Gerdorn Rainer | Sarah und David Runners | 0:47:21 | M55 | 3 | 0:47:28 | 1956 | 23:26 23:55 |
| 103 | 732 | Rosenstengel Florian | *Wesseling | 0:47:22 | M20 | 12 | 0:47:23 | 1989 | 23:20 24:02 |
| 104 | 516 | Misere Thorsten | Team Therapieburg | 0:47:24 | M40 | 21 | 0:47:30 | 1972 | 23:36 23:48 |
| 105 | 878 | Zindler Markus | | 0:47:27 | M40 | 22 | 0:47:31 | 1969 | 23:13 24:14 |
| 106 | 371 | Gottschalk Hardy | *Leverkusen | 0:47:28 | M40 | 23 | 0:47:34 | 1973 | 24:07 23:20 |
| 107 | 415 | Weßeler Markus | Vorwärts Köln | 0:47:29 | M45 | 22 | 0:47:34 | 1967 | 22:52 24:36 |
| 108 | 361 | Christian Sven | *Köln | 0:47:32 | MU14 | 1 | 0:47:46 | 2000 | 23:43 23:49 |
| 109 | 748 | Knieps Roland | *Bergisch Gladbach | 0:47:39 | M40 | 24 | 0:47:42 | 1972 | 23:25 24:14 |
| 110 | 553 | Robl Patrick | Team Erdinger Alkoholfrei | 0:47:45 | M35 | 11 | 0:48:07 | 1976 | 24:10 23:34 |

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| Total. | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Jahrgang | Runde |
|--------|-----|---------------------|-----------------------------|---------|------|--------|------------|----------|-------------|
| 111 | 773 | Cawello Dr. Willi | *Monheim am Rhein | 0:47:45 | M60 | 3 | 0:47:48 | 1953 | 23:04 24:40 |
| 112 | 411 | Welsch Christian | *Leverkusen | 0:47:58 | M20 | 13 | 0:48:05 | 1984 | 23:34 24:24 |
| 113 | 369 | Gummert Hans-Georg | *Wuppertal | 0:47:59 | M40 | 25 | 0:48:01 | 1972 | 23:30 24:29 |
| 114 | 501 | Sondermann Andreas | *Wuppertal | 0:47:59 | M30 | 17 | 0:48:01 | 1982 | 23:30 24:29 |
| 115 | 469 | Hansen Thorsten | Bundeswehr Köln | 0:48:03 | M35 | 12 | 0:48:08 | 1974 | 23:24 24:38 |
| 116 | 875 | Conrad Jürgen | TSV Bayer Dormagen | 0:48:08 | M65 | 1 | 0:48:17 | 1946 | 23:57 24:11 |
| 117 | 374 | Rehaag Dirk | Team Alotto | 0:48:10 | M45 | 23 | 0:48:25 | 1964 | 24:29 23:41 |
| 118 | 463 | Hohagen Tobias | Team Ice Cream Glove | 0:48:17 | M20 | 14 | 0:48:22 | 1984 | 23:20 24:57 |
| 119 | 467 | Kottek Rainer | TSV Quettingen 05 | 0:48:19 | M45 | 24 | 0:48:21 | 1964 | 23:43 24:35 |
| 120 | 359 | Wagner Roland | TSV Bayer 04 Leverkusen | 0:48:20 | M45 | 25 | 0:48:23 | 1964 | 23:28 24:52 |
| 121 | 398 | Bohn Andreas | TSV Bayer04 | 0:48:22 | M45 | 26 | 0:48:28 | 1967 | 23:24 24:58 |
| 122 | 755 | Göbel Harald | SSF Bonn | 0:48:25 | M55 | 4 | 0:48:26 | 1954 | 24:33 23:51 |
| 123 | 428 | Breitmar Sascha | *Dormagen | 0:48:25 | M35 | 13 | 0:48:35 | 1977 | 23:52 24:33 |
| 124 | 461 | Bezanger Christophe | *Düsseldorf | 0:48:26 | M45 | 27 | 0:48:32 | 1967 | 23:40 24:45 |
| 125 | 445 | Claaßen Manfred | Laufmonster | 0:48:26 | M70 | 1 | 0:48:29 | 1940 | 24:14 24:12 |
| 126 | 744 | Pott Wolfgang | *Leichlingen | 0:48:27 | M40 | 26 | 0:48:29 | 1969 | 23:45 24:42 |
| 127 | 548 | Schulze Jürgen | *Langenfeld | 0:48:28 | M50 | 16 | 0:48:43 | 1960 | 24:21 24:07 |
| 128 | 883 | Hensel Robert | JVA Köln | 0:48:30 | M30 | 18 | 0:48:43 | 1980 | 24:07 24:23 |
| 129 | 439 | Koslowski Stephan | Team Ice Cream Glove | 0:48:31 | M40 | 27 | 0:48:37 | 1971 | 23:35 24:55 |
| 130 | 326 | Engel Peter | Team Alotto | 0:48:35 | M45 | 28 | 0:48:49 | 1966 | 24:30 24:05 |
| 131 | 349 | Lehr Achim | *Leverkusen | 0:48:35 | M45 | 29 | 0:48:36 | 1968 | 23:49 24:46 |
| 132 | 481 | Schoob Joerg | Lanxess Roadrunners | 0:48:36 | M55 | 5 | 0:48:43 | 1958 | 23:33 25:02 |
| 133 | 317 | Sundermann Tom | Sun4Fun | 0:48:38 | M40 | 28 | 0:48:53 | 1972 | 23:44 24:54 |
| 134 | 322 | Schwirz Thomas | Laufgruppe Corro | 0:48:38 | M45 | 30 | 0:48:53 | 1966 | 24:06 24:32 |
| 134 | 386 | Causemann Christian | *Köln | 0:48:38 | M20 | 15 | 0:48:57 | 1984 | 24:35 24:03 |
| 136 | 546 | Hackenberg Markus | Kein | 0:48:48 | M45 | 31 | 0:48:56 | 1965 | 23:46 25:01 |
| 137 | 753 | Prautsch Peter | *Wermelskirchen | 0:48:48 | M55 | 6 | 0:49:07 | 1957 | 24:45 24:03 |
| 138 | 556 | Wiesbrock Fabian | *Köln | 0:48:54 | MU20 | 3 | 0:48:57 | 1995 | 24:11 24:42 |
| 139 | 490 | Bredol Peter | Fc St.Pauli | 0:48:58 | M30 | 19 | 0:49:22 | 1983 | 24:24 24:34 |
| 140 | 756 | Vassilliere Rainer | TSV Bayer 04 Leverkusen | 0:49:01 | M45 | 32 | 0:49:09 | 1964 | 24:33 24:27 |
| 141 | 530 | Moreno Juan | *köln | 0:49:04 | M65 | 2 | 0:49:12 | 1948 | 24:02 25:02 |
| 142 | 440 | Rosenkranz Dieter | *Leverkusen | 0:49:07 | M50 | 17 | 0:49:11 | 1962 | 23:44 25:22 |
| 143 | 862 | Jungeburth Kalle | Casa Ciclista Jedermann Te | 0:49:08 | M50 | 18 | 0:49:16 | 1961 | 24:10 24:57 |
| 144 | 502 | Bauer Helmut | *Leverkusen | 0:49:09 | M45 | 33 | 0:49:18 | 1968 | 24:25 24:43 |
| 145 | 529 | Stippich Achim | *Leichlingen | 0:49:11 | M50 | 19 | 0:49:16 | 1963 | 24:17 24:53 |
| 146 | 854 | Norbisrath Gerd | TV Frisch Auf Lennep | 0:49:14 | M60 | 4 | 0:49:29 | 1953 | 24:15 24:58 |
| 147 | 563 | Burgmer Marco | | 0:49:16 | M30 | 20 | 0:49:23 | 1982 | 24:04 25:12 |
| 148 | 485 | Overath Marco | Projekt Vorletzter | 0:49:17 | M20 | 16 | 0:49:22 | 1987 | 24:05 25:11 |
| 149 | 414 | Döhler Stephen | *Kerpen | 0:49:18 | M20 | 17 | 0:49:36 | 1987 | 24:18 25:00 |
| 150 | 745 | Baron Alexander | *Köln | 0:49:20 | MU20 | 4 | 0:49:23 | 1995 | 24:11 25:08 |
| 151 | 407 | Von Jagemann Max | Running Rower | 0:49:21 | M20 | 18 | 0:49:38 | 1988 | 24:15 25:05 |
| 152 | 244 | Boden Matthias | *Sankt Augustin | 0:49:23 | MU18 | 3 | 0:49:33 | 1997 | 25:18 24:04 |
| 153 | 547 | Kahlke Wolfgang | Knickfööss Köln | 0:49:26 | M55 | 7 | 0:49:33 | 1957 | 24:22 25:03 |
| 154 | 458 | Krämling Joachim | Bayer Healthcare -SC LEV | 0:49:31 | M50 | 20 | 0:49:46 | 1962 | 24:17 25:13 |
| 155 | 425 | Küster Dominik | Hildener AT | 0:49:31 | M40 | 29 | 0:49:35 | 1971 | 24:00 25:30 |
| 156 | 328 | Jakobi Rolf | TSV Bayer Leverkusen | 0:49:35 | M35 | 14 | 0:49:53 | 1977 | 24:28 25:06 |
| 157 | 418 | Schnabel Thomas | *Remscheid | 0:49:35 | M50 | 21 | 0:49:52 | 1962 | 24:53 24:41 |
| 158 | 543 | Neu Dietmar | PCM Licht & Systeme GmbH | 0:49:36 | M50 | 22 | 0:49:54 | 1963 | 25:23 24:13 |
| 159 | 600 | Nolte Rüdiger | TSV Dieringhausen | 0:49:39 | M50 | 23 | 0:49:47 | 1960 | 25:16 24:22 |
| 160 | 542 | Carle Thomas | *Köln | 0:49:59 | M40 | 30 | 0:50:07 | 1969 | 25:26 24:32 |
| 161 | 522 | Boyer Carsten | *Köln | 0:50:04 | M35 | 15 | 0:50:15 | 1975 | 24:34 25:30 |
| 162 | 557 | Stollwerk Udo | RTB Remscheid Marathont | 0:50:13 | M60 | 5 | 0:50:16 | 1953 | 24:38 25:35 |
| 163 | 739 | Walgenbach Bernd | BSG Agentur für Arbeit Köln | 0:50:18 | M40 | 31 | 0:50:41 | 1969 | 23:42 26:35 |
| 164 | 519 | Sieberth Albert | *Leverkusen | 0:50:23 | M40 | 32 | 0:50:25 | 1969 | 24:35 25:48 |
| 165 | 339 | Apel Georg | Joot Jeföhl | 0:50:23 | M35 | 16 | 0:50:35 | 1978 | 25:04 25:18 |

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|--------|-----|----------------------|-----------------------------|---------|------|--------|------------|----------|-------------|
| 166 | 345 | Müller Martin | *Leverkusen | 0:50:27 | M40 | 33 | 0:50:48 | 1972 | 25:18 25:08 |
| 167 | 498 | Rosso Mario | *Pulheim | 0:50:36 | M50 | 24 | 0:50:48 | 1960 | 25:57 24:39 |
| 168 | 741 | Nasser Philipp | TSV Bayer Leverkusen | 0:50:37 | M20 | 19 | 0:50:47 | 1988 | 24:33 26:03 |
| 169 | 881 | Leyendecker Matthias | *Köln | 0:50:42 | M50 | 25 | 0:50:56 | 1961 | 25:20 25:22 |
| 170 | 838 | Kortmann Volker | | 0:50:46 | M40 | 34 | 0:50:52 | 1969 | 25:14 25:32 |
| 171 | 857 | Schneider Guido | *Köln | 0:50:48 | M45 | 34 | 0:51:11 | 1967 | 26:21 24:27 |
| 172 | 856 | Schmidt Rudi | *Leverkusen | 0:50:49 | M60 | 6 | 0:51:00 | 1952 | 25:46 25:03 |
| 173 | 716 | Odendahl Peter | SC-Lev | 0:51:12 | M55 | 8 | 0:51:27 | 1958 | 26:09 25:03 |
| 174 | 416 | Koc Ali Haydar | *Wermelskirchen | 0:51:21 | M40 | 35 | 0:51:37 | 1969 | 26:01 25:20 |
| 175 | 375 | Dambon Martin | Run for Anna | 0:51:30 | M30 | 21 | 0:51:35 | 1981 | 25:50 25:39 |
| 176 | 353 | Dirnberger Wolfgang | *Leverkusen | 0:51:38 | M50 | 26 | 0:51:58 | 1961 | 26:19 25:18 |
| 177 | 321 | Schenkelberg Timo | *Leverkusen | 0:51:38 | M40 | 36 | 0:51:39 | 1969 | 25:13 26:24 |
| 178 | 457 | Strerath Michael | *Düsseldorf | 0:51:39 | M35 | 17 | 0:51:43 | 1974 | 26:04 25:35 |
| 179 | 356 | Faehndrich Christian | rasender Hase | 0:51:41 | M35 | 18 | 0:51:53 | 1976 | 25:09 26:32 |
| 180 | 761 | Boden Lutz | *Sankt Augustin | 0:51:41 | M45 | 35 | 0:51:50 | 1967 | 25:21 26:19 |
| 181 | 820 | Saft Markus | *Leverkusen | 0:52:01 | M35 | 19 | 0:52:22 | 1978 | 26:13 25:48 |
| 182 | 764 | Bangemann Oliver | *Köln | 0:52:04 | M40 | 37 | 0:52:13 | 1969 | 25:44 26:20 |
| 183 | 447 | Mrosek Stefan | *Wuppertal | 0:52:14 | M20 | 20 | 0:52:21 | 1985 | 25:21 26:53 |
| 184 | 462 | Kloß Uwe | RTB Remscheid Marathont | 0:52:15 | M50 | 27 | 0:52:30 | 1960 | 26:09 26:06 |
| 185 | 517 | Horvath Marlon | Team Therapieburg | 0:52:29 | M35 | 20 | 0:52:36 | 1978 | 26:20 26:09 |
| 186 | 526 | Hennig Carsten | *Jüchen | 0:52:43 | M45 | 36 | 0:52:49 | 1968 | 26:10 26:32 |
| 187 | 521 | Kierdorf Mike | *Köln | 0:52:44 | M40 | 38 | 0:52:54 | 1972 | 27:19 25:25 |
| 188 | 876 | Schmidt Dennis | | 0:52:45 | M35 | 21 | 0:53:12 | 1975 | 26:42 26:03 |
| 189 | 421 | Feige Stefan | *Leverkusen | 0:52:54 | M35 | 22 | 0:53:13 | 1978 | 30:15 22:38 |
| 190 | 567 | Pabst Robert | | 0:52:55 | M20 | 21 | 0:53:02 | 1988 | 26:28 26:27 |
| 191 | 819 | Gramer Jörg | *leverkusen | 0:52:58 | M35 | 23 | 0:53:19 | 1976 | 26:00 26:57 |
| 192 | 402 | Johannes Horst | LT BUGA Düsseldorf 1999 | 0:53:05 | M45 | 37 | 0:53:20 | 1968 | 25:54 27:11 |
| 193 | 446 | Kellermann Felix | *Dorsten | 0:53:07 | M20 | 22 | 0:53:13 | 1984 | 26:16 26:50 |
| 194 | 734 | Sabel Frank | *Bergisch Gladbach | 0:53:15 | M45 | 38 | 0:53:34 | 1967 | 26:05 27:09 |
| 195 | 859 | Sasse Lutz | Union BW Biesfeld Triathlon | 0:53:20 | M55 | 9 | 0:53:30 | 1957 | 26:49 26:31 |
| 196 | 470 | Ayhan Yusuf | *leverkusen | 0:53:28 | M40 | 39 | 0:53:34 | 1972 | 25:27 28:01 |
| 197 | 879 | Kuhn Frank | HoH Kultur e.V. | 0:53:33 | M45 | 39 | 0:53:46 | 1968 | 27:09 26:23 |
| 198 | 880 | Falge Andreas | | 0:53:33 | M45 | 40 | 0:53:47 | 1968 | 27:10 26:23 |
| 199 | 240 | Seelen Bastian | *Langenfeld | 0:53:39 | MU16 | 1 | 0:53:41 | 1999 | 27:22 26:16 |
| 200 | 382 | Koglin Bodo | o.v. | 0:53:43 | M70 | 2 | 0:53:51 | 1943 | 26:00 27:42 |
| 201 | 532 | Hanusa Frank | Projekt Vorletzter | 0:53:53 | M45 | 41 | 0:53:59 | 1966 | 25:51 28:01 |
| 202 | 472 | Vollmer Andreas | *Köln | 0:54:04 | M40 | 40 | 0:54:22 | 1972 | 27:34 26:30 |
| 203 | 381 | Odenthal Danny | FI Sport e.V. | 0:54:20 | M35 | 24 | 0:54:32 | 1977 | 27:03 27:16 |
| 204 | 536 | Nießen Wilhelm | *Köln | 0:54:20 | M60 | 7 | 0:54:40 | 1953 | 27:45 26:34 |
| 205 | 431 | Hartmann Frank | *Köln | 0:54:36 | M30 | 22 | 0:54:50 | 1979 | 27:40 26:55 |
| 206 | 354 | Pahl Christian | *Köln | 0:54:53 | M20 | 23 | 0:54:56 | 1985 | 27:05 27:47 |
| 207 | 434 | Jenn Thomas | Bayer Pharma SC-Lev | 0:54:55 | M40 | 41 | 0:55:11 | 1973 | 26:33 28:22 |
| 208 | 384 | Thamm Michael | *Leverkusen | 0:55:00 | M45 | 42 | 0:55:07 | 1965 | 26:27 28:32 |
| 209 | 544 | Manthey Alexander | TSV Bayer 04 | 0:55:09 | M55 | 10 | 0:55:19 | 1956 | 27:02 28:07 |
| 210 | 882 | Wirth Wolfgang | | 0:55:15 | M60 | 8 | 0:55:29 | 1951 | 27:43 27:32 |
| 211 | 471 | Strohn Carsten | *Köln | 0:55:27 | M40 | 42 | 0:55:42 | 1973 | 28:02 27:25 |
| 212 | 769 | Müller Hans Th. | *Leverkusen | 0:55:36 | M60 | 9 | 0:55:47 | 1950 | 27:40 27:55 |
| 213 | 735 | Müller Alexander | SSK Kerpen | 0:55:36 | M35 | 25 | 0:55:47 | 1974 | 27:41 27:55 |
| 214 | 493 | Franke Jürgen | BHL | 0:55:52 | M50 | 28 | 0:56:10 | 1963 | 27:39 28:13 |
| 215 | 413 | Brückner Jörg | TuS 82 Opladen | 0:55:58 | M45 | 43 | 0:56:12 | 1964 | 27:39 28:18 |
| 216 | 396 | Rosenthal Jürgen | *Bergisch Gladbach | 0:56:00 | M50 | 29 | 0:56:07 | 1963 | 27:00 28:59 |
| 217 | 763 | Wallocha Jürgen | *Köln | 0:56:02 | M40 | 43 | 0:56:11 | 1969 | 27:18 28:43 |
| 218 | 432 | Diehl Thomas | *Köln | 0:56:05 | M40 | 44 | 0:56:19 | 1971 | 27:27 28:37 |
| 219 | 397 | Misere Klaus Walter | TSV Dieringhausen | 0:56:07 | M60 | 10 | 0:56:16 | 1953 | 27:42 28:24 |
| 220 | 771 | Koch Marius | *Leichlingen | 0:56:07 | M30 | 23 | 0:56:20 | 1983 | 27:52 28:15 |

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Männer

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Jahrgang | Runde |
|--------|-----|---------------------|----------------------------|---------|-----|--------|------------|----------|-------------|
| 221 | 368 | Vollberg Matthias | TuS 82 Opladen | 0:56:26 | M50 | 30 | 0:56:46 | 1959 | 28:37 27:49 |
| 222 | 527 | Schmitz Jörg | Spitze Kegel | 0:56:35 | M40 | 45 | 0:56:54 | 1969 | 28:21 28:14 |
| 223 | 387 | Vieth Tobias | *Leichlingen | 0:56:39 | M40 | 46 | 0:56:52 | 1972 | 27:43 28:55 |
| 224 | 399 | Kaatz Sascha | *Köln | 0:56:42 | M20 | 24 | 0:57:01 | 1984 | 28:18 28:24 |
| 225 | 401 | Hitsch Werner | Roadrunners | 0:57:40 | M50 | 31 | 0:57:48 | 1959 | 27:57 29:43 |
| 226 | 562 | Hermanns Rainer | BTG Burscheid | 0:58:01 | M50 | 32 | 0:58:24 | 1962 | 29:44 28:17 |
| 227 | 749 | Brade Ronald | *Wesseling | 0:58:08 | M50 | 33 | 0:58:29 | 1963 | 29:09 28:59 |
| 228 | 509 | Brase Dirk | *Köln | 0:58:38 | M45 | 44 | 0:59:10 | 1968 | 28:33 30:04 |
| 229 | 708 | Hesse Helmut | *Leverkusen | 0:58:44 | M55 | 11 | 0:58:57 | 1957 | 28:02 30:42 |
| 230 | 333 | Funke Mirco | *Leverkusen | 0:58:51 | M30 | 24 | 0:59:12 | 1979 | 28:57 29:53 |
| 231 | 327 | Reiß Andreas | *Wuppertal | 0:58:56 | M50 | 34 | 0:59:12 | 1963 | 28:00 30:56 |
| 232 | 868 | Klein Walter | Laufmäuse Asbach | 0:59:15 | M55 | 12 | 0:59:27 | 1958 | 28:40 30:35 |
| 233 | 564 | Ketzenberg Udo | | 0:59:27 | M45 | 45 | 0:59:30 | 1968 | 28:11 31:15 |
| 234 | 712 | Salomon Markus | 11runners | 0:59:34 | M45 | 46 | 0:59:51 | 1967 | 29:37 29:57 |
| 235 | 713 | Zöpel Jochen | 11Runners | 0:59:34 | M40 | 47 | 0:59:51 | 1969 | 29:37 29:56 |
| 236 | 426 | Schwarz Ragnar | *Leverkusen | 0:59:37 | M40 | 48 | 0:59:40 | 1969 | 29:09 30:28 |
| 237 | 757 | Berkels Dietmar | *Leverkusen | 0:59:41 | M40 | 49 | 1:00:06 | 1969 | 29:39 30:02 |
| 238 | 323 | Pust Frank | Team Alotto | 0:59:44 | M50 | 35 | 0:59:59 | 1961 | 28:23 31:20 |
| 239 | 325 | Lange Marcus | Team Erdinger Alkoholfrei | 0:59:52 | M35 | 26 | 1:00:11 | 1976 | 30:15 29:36 |
| 240 | 721 | Schampera Christoph | *Köln | 1:00:46 | M45 | 47 | 1:00:59 | 1968 | 29:05 31:41 |
| 241 | 717 | Nußbaum Frank | *Leverkusen - Waldsiedlung | 1:01:07 | M45 | 48 | 1:01:37 | 1964 | 29:49 31:17 |
| 242 | 348 | Küster Rolf | Team Erdinger Alkoholfrei | 1:01:31 | M60 | 11 | 1:01:50 | 1949 | 30:20 31:10 |
| 243 | 391 | Elz Hans-Peter | SC_LEV Logistikzentrum | 1:02:11 | M45 | 49 | 1:02:28 | 1966 | 30:35 31:36 |
| 244 | 367 | Maissan Martin | *Leverkusen | 1:04:37 | M35 | 27 | 1:04:47 | 1974 | 31:06 33:31 |
| 245 | 465 | Gerhardt Uwe | Hamich Runners | 1:05:40 | M45 | 50 | 1:05:55 | 1965 | 31:56 33:43 |
| 246 | 357 | Kowalski Thorsten | *Düsseldorf | 1:08:18 | M40 | 50 | 1:08:39 | 1971 | 34:02 34:15 |
| 247 | 412 | Vickus Maiko | *Leverkusen | 1:13:04 | M20 | 25 | 1:13:23 | 1984 | 36:20 36:43 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Jahrgang | Runde |
|--------|-----|-----------------------|--------------------------|---------|------|--------|------------|----------|-------------|
| 1 | 405 | Pfitzner Vera | TG Neuss Triathlon | 0:45:49 | W30 | 1 | 0:45:55 | 1979 | 22:30 23:18 |
| 2 | 750 | Torbohm Anne | TSV Bayer Leverkusenn | 0:45:49 | W40 | 1 | 0:45:52 | 1971 | 22:27 23:21 |
| 3 | 513 | Lichter Eva | *Leverkusen | 0:46:50 | W45 | 1 | 0:46:55 | 1968 | 23:10 23:39 |
| 4 | 851 | Neumann Ines | SV 09/35 Wermelskirchen | 0:47:14 | W45 | 2 | 0:47:29 | 1966 | 24:37 22:36 |
| 5 | 760 | Zöllig Heike | TSV Bayer 04 Leverkusen | 0:47:28 | W40 | 2 | 0:47:29 | 1973 | 23:17 24:11 |
| 6 | 525 | Scherbaum Vanessa | *Düsseldorf | 0:47:33 | W20 | 1 | 0:47:45 | 1991 | 23:26 24:06 |
| 7 | 423 | Ahaus Sibylle | *Düsseldorf | 0:47:37 | W30 | 2 | 0:47:44 | 1981 | 23:39 23:58 |
| 8 | 403 | Schmauder-Cyba Dr. Bi | *Heiligenhaus | 0:47:45 | W45 | 3 | 0:47:46 | 1964 | 23:15 24:30 |
| 9 | 743 | Ritter Anna-Lena | *Bergisch Gladbach | 0:48:06 | WU20 | 1 | 0:48:15 | 1994 | 23:57 24:09 |
| 10 | 442 | Barthel Sophie | *Köln | 0:48:42 | W20 | 2 | 0:48:55 | 1988 | 24:11 24:31 |
| 11 | 363 | Krüger Daniela | TSV Bayer 04 Leverkusen | 0:48:44 | W45 | 4 | 0:48:47 | 1965 | 24:02 24:42 |
| 12 | 420 | Hedermann Nicole | *Overath | 0:48:48 | W45 | 5 | 0:48:50 | 1966 | 24:34 24:14 |
| 13 | 0 | unbekannt DN830ST | | 0:48:50 | W | 0 | 0:48:50 | | 24:00 24:50 |
| 14 | 722 | Sperlich Nicole | Running Mummies | 0:49:39 | W40 | 3 | 0:49:50 | 1970 | 24:24 25:15 |
| 15 | 508 | Pinske Anke | *Kerpen | 0:50:03 | W35 | 1 | 0:50:14 | 1974 | 25:21 24:41 |
| 16 | 306 | Deutzmann Katharina | Southern Oregon Runners | 0:50:07 | W20 | 3 | 0:50:11 | 1989 | 24:10 25:57 |
| 17 | 352 | Große-Gehling Vera | *Leverkusen | 0:50:24 | W20 | 4 | 0:50:28 | 1987 | 24:14 26:10 |
| 18 | 858 | Stuffertz Iris | TSV Dieringhausen | 0:50:44 | W45 | 6 | 0:50:54 | 1967 | 25:31 25:12 |
| 19 | 873 | Emberger Diana | SSF Bonn | 0:50:52 | W35 | 2 | 0:51:03 | 1974 | 25:10 25:41 |
| 20 | 456 | Strerath Christiane | *Düsseldorf | 0:51:07 | W30 | 3 | 0:51:11 | 1981 | 25:57 25:09 |
| 21 | 376 | Menzel Verena | *Leverkusen | 0:51:29 | W30 | 4 | 0:51:34 | 1980 | 25:50 25:39 |
| 22 | 759 | Hoberg Simone | Cologne Flittard Runners | 0:52:05 | W40 | 4 | 0:52:13 | 1972 | 25:32 26:32 |
| 23 | 478 | Bley Bianca | Die Waldgazellen | 0:52:10 | W40 | 5 | 0:52:18 | 1971 | 25:32 26:37 |
| 24 | 860 | Radermacher Birgit | RTC Frechen 80 | 0:52:26 | W40 | 6 | 0:52:35 | 1971 | 26:02 26:24 |
| 25 | 865 | Nolte Birgit | TSV Dieringhausen | 0:52:45 | W50 | 1 | 0:52:54 | 1961 | 26:11 26:34 |
| 26 | 723 | Springer Jennifer | TSV Bayer04 Leverkusen | 0:53:01 | W40 | 7 | 0:53:22 | 1971 | 26:51 26:10 |
| 27 | 869 | Anger Lena | | 0:53:02 | W20 | 5 | 0:53:13 | 1993 | 26:22 26:39 |
| 28 | 870 | Anger Andrea | Erdinger Team | 0:53:02 | W45 | 7 | 0:53:13 | 1965 | 26:22 26:39 |
| 29 | 476 | Brühl Andrea | *Köln | 0:53:03 | W30 | 5 | 0:53:23 | 1981 | 26:21 26:42 |
| 30 | 877 | Seidel Frauke | | 0:53:05 | W20 | 6 | 0:53:15 | 1986 | 26:14 26:51 |
| 31 | 491 | Lübbers Kerstin | *Leverkusen | 0:53:06 | W30 | 6 | 0:53:08 | 1979 | 25:08 27:57 |
| 32 | 523 | Franke Elke | *Köln | 0:53:12 | W35 | 3 | 0:53:23 | 1975 | 26:44 26:28 |
| 33 | 495 | Roszinsky Mareike | TriCologne | 0:54:15 | W30 | 7 | 0:54:34 | 1980 | 27:07 27:07 |
| 34 | 754 | Von Ley Petra | *Wermelskirchen | 0:54:52 | W55 | 1 | 0:55:10 | 1958 | 27:29 27:23 |
| 35 | 540 | Hein Andrea | *Leverkusen | 0:55:04 | W35 | 4 | 0:55:13 | 1976 | 27:32 27:32 |
| 36 | 558 | Krone-Stollwerk Heike | RTB Remscheid Marathont | 0:55:14 | W50 | 2 | 0:55:29 | 1962 | 26:43 28:30 |
| 37 | 377 | Becker Ines | TuS Rheindorf | 0:55:26 | W20 | 7 | 0:55:30 | 1992 | 27:41 27:44 |
| 38 | 394 | Isbaner Marita | TSV Bayer 04 Laufftreff | 0:55:37 | W50 | 3 | 0:55:46 | 1960 | 27:47 27:49 |
| 39 | 874 | Linnartz Isabel | | 0:55:45 | W30 | 8 | 0:56:02 | 1981 | 27:53 27:51 |
| 40 | 316 | Sundermann Mimi | Sun4Fun | 0:56:03 | W40 | 8 | 0:56:19 | 1970 | 27:32 28:30 |
| 41 | 507 | Schöckel Claudia | *Bergisch Gladbach | 0:56:06 | W40 | 9 | 0:56:26 | 1970 | 27:50 28:16 |
| 42 | 373 | Martin Alonso Esther | Team Alotto | 0:56:10 | W45 | 8 | 0:56:24 | 1964 | 27:44 28:26 |
| 43 | 539 | Van de Flierdt Marina | *Leverkusen | 0:56:11 | W20 | 8 | 0:56:20 | 1988 | 27:32 28:38 |
| 44 | 473 | Protogerakis Marie | TuS 82 Opladen | 0:56:27 | W45 | 9 | 0:56:47 | 1966 | 28:36 27:51 |
| 45 | 334 | Rüther Hildegard | *Düsseldorf | 0:56:30 | W50 | 4 | 0:56:38 | 1961 | 27:33 28:57 |
| 46 | 366 | Langnau Peggy | *Linz | 0:56:47 | W20 | 9 | 0:56:55 | 1984 | 27:49 28:58 |
| 47 | 863 | Althammer Julia | | 0:56:49 | W35 | 5 | 0:57:05 | 1978 | 28:39 28:10 |
| 48 | 444 | Neuhaus Jennifer | *Leichlingen | 0:56:56 | W40 | 10 | 0:57:16 | 1969 | 27:06 29:49 |
| 49 | 347 | Küster Christa | TV Dünnwald | 0:56:56 | W60 | 1 | 0:57:15 | 1951 | 29:00 27:56 |
| 50 | 751 | Gierlich Sina | *Neuss | 0:56:56 | W30 | 9 | 0:57:14 | 1981 | 28:28 28:28 |
| 51 | 884 | Ganzer-Hensel Janina | JVA Köln | 0:57:12 | W30 | 10 | 0:57:25 | 1982 | 27:44 29:27 |
| 52 | 555 | Kleuskens Iris | *Dormagen | 0:57:12 | W45 | 10 | 0:57:17 | 1965 | 28:46 28:26 |
| 53 | 864 | Landmann Yvonne | Hardtseemafia Triathlon | 0:57:21 | W30 | 11 | 0:57:37 | 1982 | 28:40 28:41 |
| 54 | 606 | Schütte Angelika | SSF Bonn | 0:57:22 | W50 | 5 | 0:57:41 | 1963 | 28:34 28:47 |
| 55 | 364 | Nina Alten | 1. FFC Bergisch Gladbach | 0:58:08 | W20 | 10 | 0:58:25 | 1987 | 29:50 28:17 |

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| Total. | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | AK-Pl. | Bruttozeit | Jahrgang | Runde |
|--------|-----|-------------------------|--------------------------|---------|-----|--------|------------|----------|-------------|
| 56 | 360 | Christian Susanne | *Köln | 0:58:09 | W45 | 11 | 0:58:22 | 1967 | 28:45 29:24 |
| 57 | 772 | Noben Simone | ISI-RUNNERS | 0:58:17 | W50 | 6 | 0:58:23 | 1959 | 28:45 29:31 |
| 58 | 711 | Galuschka Petra | *Langenfeld | 0:58:17 | W45 | 12 | 0:58:28 | 1965 | 28:45 29:31 |
| 59 | 395 | Brodowsky Sylvia | TSG Sprockhövel | 0:58:20 | W60 | 2 | 0:58:33 | 1950 | 29:11 29:09 |
| 60 | 520 | Haubrich Julia | *Köln | 0:58:20 | W20 | 11 | 0:58:42 | 1985 | 29:31 28:48 |
| 61 | 598 | Rodriguez-Schipper Alta | | 0:58:27 | W20 | 12 | 0:58:32 | 1984 | 28:36 29:50 |
| 62 | 475 | Schnabel Nina | VfL Lingen | 0:59:22 | W35 | 6 | 0:59:28 | 1976 | 29:38 29:43 |
| 63 | 853 | Leers Claudia | TV Frisch Auf Lennep | 0:59:30 | W50 | 7 | 0:59:52 | 1960 | 29:42 29:47 |
| 64 | 365 | Heister Julia | 1. FFC Bergisch Gladbach | 0:59:32 | W30 | 12 | 0:59:50 | 1982 | 30:16 29:16 |
| 65 | 499 | Krämling Anna | Bayer Health Care SC-LEV | 0:59:33 | W20 | 13 | 0:59:48 | 1993 | 29:27 30:05 |
| 66 | 464 | Gawel Verena | LG VB Leverkusen | 0:59:35 | W30 | 13 | 0:59:53 | 1983 | 29:38 29:57 |
| 67 | 852 | Hübner Ute | TV Frisch Auf Lennep | 0:59:41 | W45 | 13 | 1:00:03 | 1967 | 29:42 29:59 |
| 68 | 324 | Lenz Christiane | Team Alotto | 0:59:44 | W55 | 2 | 0:59:59 | 1955 | 28:23 31:20 |
| 69 | 733 | Lorenz Katy | *Mönchengladbach | 1:00:35 | W65 | 1 | 1:00:49 | 1947 | 30:19 30:15 |
| 70 | 372 | Lehnen Lara | 1. FFC Bergisch Gladbach | 1:02:01 | W20 | 14 | 1:02:20 | 1985 | 30:15 31:46 |
| 71 | 335 | Vogt-Humberg Ilona | TSV Solingen Aufderhöhe | 1:04:18 | W40 | 11 | 1:04:40 | 1971 | 31:22 32:55 |
| 72 | 390 | Otremba Imke | *Remscheid | 1:05:01 | W30 | 14 | 1:05:21 | 1982 | 31:33 33:28 |
| 73 | 867 | Römer Brigitte | Asbacher Laufmäuse | 1:05:10 | W45 | 14 | 1:05:22 | 1964 | 32:27 32:43 |
| 74 | 534 | Konkel Karin | tsv bayer04 leverkusen | 1:06:33 | W55 | 3 | 1:06:43 | 1957 | 32:13 34:20 |
| 75 | 355 | Beilfuß Vera | *Düsseldorf | 1:08:17 | W35 | 7 | 1:08:39 | 1974 | 34:02 34:15 |
| 76 | 320 | May Svenja | *Leverkusen | 1:13:02 | W20 | 15 | 1:13:21 | 1985 | 36:21 36:41 |