

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname       | Verein/-Ort              | Endzeit | AK   | Pl. | AKPl. | S        | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|--------------------|--------------------------|---------|------|-----|-------|----------|-----------|---------|-----|---------|----------|---------|--------|
| 1     | 1476 | Schoch Martin      | DLC Aachen               | 0:54:26 | M30  | 1   | 36    | 0:07:37  | 1         | 0:28:22 | 1   | 0:35:59 | 1        | 0:18:26 |        |
| 2     | 810  | Reuter Dr. Dirk    | SV Blau-Weiß Bochum      | 0:55:20 | M40  | 1   | 24    | 0:07:20  | 3         | 0:29:02 | 5   | 0:36:23 | 5        | 0:18:57 |        |
| 3     | 802  | Schramm Luca       | TV Goch                  | 0:56:26 | MJA  | 1   | 3     | 0:06:07  | 19        | 0:30:13 | 2   | 0:36:21 | 16       | 0:20:04 |        |
| 4     | 1520 | Göress Jörg        | Blau Weiß Bochum         | 0:56:29 | M25  | 1   | 86    | 0:08:25  | 6         | 0:29:22 | 18  | 0:37:48 | 4        | 0:18:41 |        |
| 5     | 772  | Kemper Hermann     | TV Goch                  | 0:56:37 | M50  | 1   | 23    | 0:07:19  | 14        | 0:29:52 | 8   | 0:37:11 | 8        | 0:19:25 |        |
| 6     | 826  | Schulz Kalle       | RG Haltern 03            | 0:57:00 | M40  | 2   | 19    | 0:07:02  | 5         | 0:29:20 | 4   | 0:36:23 | 26       | 0:20:36 |        |
| 7     | 1025 | Sander Hartmut     | Herzogenrath             | 0:57:00 | M45  | 1   | 105   | 0:08:52* | 9         | 0:29:35 | 31  | 0:38:27 | 2        | 0:18:32 |        |
| 8     | 832  | Janssen Jochen     | TV Goch                  | 0:57:23 | M40  | 3   | 12    | 0:06:57  | 24        | 0:30:20 | 9   | 0:37:17 | 17       | 0:20:05 |        |
| 9     | 1021 | Winkel Stefan      | Issum                    | 0:57:31 | M45  | 2   | 21    | 0:07:09  | 35        | 0:30:33 | 13  | 0:37:43 | 11       | 0:19:48 |        |
| 10    | 1511 | Risse Jeroen       | DLC Aachen               | 0:57:40 | M25  | 2   | 123   | 0:09:04  | 4         | 0:29:09 | 27  | 0:38:13 | 9        | 0:19:27 |        |
| 11    | 972  | Mock Stephan       | TVK 1877 Essen           | 0:57:50 | M45  | 3   | 67    | 0:08:01  | 12        | 0:29:42 | 16  | 0:37:43 | 18       | 0:20:07 |        |
| 12    | 749  | Krebbler Theo      | TV Goch                  | 0:57:54 | M50  | 2   | 25    | 0:07:22  | 25        | 0:30:20 | 14  | 0:37:43 | 20       | 0:20:11 |        |
| 13    | 1508 | Bachmann Matthias  | LG Alpen                 | 0:57:56 | M25  | 3   | 84    | 0:08:24  | 15        | 0:29:59 | 29  | 0:38:23 | 10       | 0:19:32 |        |
| 14    | 807  | Van Beek Marco     | TV Goch                  | 0:57:56 | M40  | 4   | 45    | 0:07:47  | 18        | 0:30:05 | 20  | 0:37:52 | 15       | 0:20:04 |        |
| 15    | 888  | Jäger Thomas       | SV Blau-Weiß Bochum      | 0:58:06 | M40  | 5   | 37    | 0:07:37  | 8         | 0:29:32 | 7   | 0:37:10 | 33       | 0:20:56 |        |
| 16    | 720  | Schumacher Martin  | LG Alpen                 | 0:58:15 | M20  | 1   | 96    | 0:08:38  | 42        | 0:31:03 | 48  | 0:39:41 | 3        | 0:18:34 |        |
| 17    | 1483 | Thünen Andreas     | Hamminkelter SV          | 0:58:32 | M30  | 2   | 91    | 0:08:32  | 16        | 0:29:59 | 34  | 0:38:31 | 13       | 0:20:00 |        |
| 18    | 796  | Peters Jonas       | TV Goch                  | 0:58:46 | MJA  | 2   | 4     | 0:06:11  | 57        | 0:31:51 | 23  | 0:38:02 | 29       | 0:20:44 |        |
| 19    | 816  | Burghardt Günther  | Blau-Weiß Bochum         | 0:58:52 | M40  | 6   | 55    | 0:07:54  | 21        | 0:30:17 | 26  | 0:38:12 | 27       | 0:20:39 |        |
| 20    | 825  | Glietz Thorsten    | Krefeld                  | 0:59:02 | M40  | 7   | 89    | 0:08:30  | 34        | 0:30:31 | 35  | 0:39:02 | 14       | 0:20:00 |        |
| 21    | 1044 | Lörcks Christoph   | TV-Goch                  | 0:59:04 | M45  | 4   | 71    | 0:08:04  | 28        | 0:30:24 | 32  | 0:38:28 | 25       | 0:20:36 |        |
| 22    | 798  | Schumacher Florian | TV Goch                  | 0:59:06 | MJA  | 3   | 7     | 0:06:31  | 32        | 0:30:29 | 6   | 0:37:01 | 65       | 0:22:04 |        |
| 23    | 857  | Geß Marc-Olaf      | SV Blau-Weiß Bochum      | 0:59:10 | M40  | 8   | 63    | 0:08:00  | 7         | 0:29:23 | 11  | 0:37:24 | 57       | 0:21:46 |        |
| 24    | 1481 | Diekenbrock Timm   | Tus 09 Erkenschwick      | 0:59:12 | M30  | 3   | 33    | 0:07:34  | 48        | 0:31:39 | 40  | 0:39:13 | 12       | 0:19:58 |        |
| 25    | 901  | Dierkes Frank      | SV Blau-Weiß Bochum      | 0:59:16 | M40  | 9   | 47    | 0:07:48  | 13        | 0:29:42 | 12  | 0:37:30 | 55       | 0:21:45 |        |
| 26    | 1456 | Thünen Christian   | Hamminkelter SV          | 0:59:16 | M30  | 4   | 70    | 0:08:03  | 40        | 0:30:59 | 37  | 0:39:03 | 21       | 0:20:13 |        |
| 27    | 1419 | Elbers Jörg        | TV Goch                  | 0:59:22 | M35  | 1   | 28    | 0:07:28  | 26        | 0:30:23 | 19  | 0:37:51 | 47       | 0:21:31 |        |
| 28    | 979  | Reintjes Frank     | Athletik Waldniel        | 0:59:32 | M45  | 5   | 75    | 0:08:10  | 10        | 0:29:38 | 17  | 0:37:48 | 52       | 0:21:43 |        |
| 29    | 892  | Severin Sascha     | Spiridon Frankfurt       | 0:59:39 | M40  | 10  | 35    | 0:07:34  | 30        | 0:30:29 | 25  | 0:38:04 | 49       | 0:21:34 |        |
| 30    | 1564 | Möller Jonah       | LT DSHS Köln             | 0:59:43 | M20  | 2   | 94    | 0:08:35  | 58        | 0:31:52 | 64  | 0:40:27 | 7        | 0:19:16 |        |
| 31    | 838  | Rolke Stefan       | Triathlon Team Rheinberg | 1:00:02 | M40  | 11  | 135   | 0:09:07  | 27        | 0:30:23 | 47  | 0:39:31 | 23       | 0:20:30 |        |
| 32    | 1451 | Trunz Tobias       | Ausdauerschule Bunert    | 1:00:02 | M30  | 5   | 73    | 0:08:04  | 11        | 0:29:38 | 14  | 0:37:43 | 74       | 0:22:19 |        |
| 33    | 1567 | Kugel Fabian       | Triathlon Pirates Alpen  | 1:00:04 | M20  | 3   | 6     | 0:06:31  | 39        | 0:30:49 | 10  | 0:37:20 | 89       | 0:22:43 |        |
| 34    | 697  | Helsper Roland     | SV BauWeiß Bochum        | 1:00:08 | M55  | 1   | 85    | 0:08:24  | 38        | 0:30:45 | 38  | 0:39:10 | 35       | 0:20:58 |        |
| 35    | 1422 | Lischka Jan Timo   | Triathlon TEAM TG        | 1:00:09 | M35  | 2   | 44    | 0:07:46  | 46        | 0:31:31 | 42  | 0:39:18 | 30       | 0:20:50 |        |
| 36    | 1454 | Knauff Marcel      | Rheinberg                | 1:00:25 | M30  | 6   | 136   | 0:09:08  | 22        | 0:30:18 | 46  | 0:39:26 | 34       | 0:20:58 |        |
| 37    | 996  | Dittrich Kai       | Tri-Team TV Schiefbahn   | 1:00:28 | M45  | 6   | 57    | 0:07:55  | 31        | 0:30:29 | 30  | 0:38:25 | 63       | 0:22:02 |        |
| 38    | 790  | Bednarski Dennis   | Dortmund                 | 1:00:29 | MJUN | 1   | 66    | 0:08:01  | 29        | 0:30:27 | 33  | 0:38:29 | 61       | 0:22:00 |        |
| 39    | 1509 | Hoppe Sebastian    | Blau-Weiß Bochum         | 1:00:49 | M25  | 4   | 2     | 0:06:05  | 20        | 0:30:17 | 3   | 0:36:22 | 166      | 0:24:27 |        |
| 40    | 1560 | Klösters Lukas     | Goch                     | 1:00:55 | M20  | 4   | 43    | 0:07:46  | 94        | 0:32:49 | 70  | 0:40:36 | 22       | 0:20:19 |        |
| 41    | 946  | Buchkremer Marcus  | RTG Wesel                | 1:01:08 | M45  | 7   | 14    | 0:06:58  | 43        | 0:31:05 | 24  | 0:38:03 | 103      | 0:23:04 |        |
| 42    | 1469 | Nissing Klaus      | RSV Sturm03 Uedem        | 1:01:16 | M30  | 7   | 243   | 0:10:34  | 2         | 0:28:44 | 43  | 0:39:19 | 59       | 0:21:57 |        |
| 43    | 851  | Nieten Michael     | TV Goch                  | 1:01:29 | M40  | 12  | 261   | 0:10:43  | 36        | 0:30:34 | 84  | 0:41:18 | 19       | 0:20:10 |        |
| 44    | 1524 | Concha Fernando    | Triathlon Team Rheinberg | 1:01:32 | M25  | 5   | 129   | 0:09:05  | 114       | 0:33:26 | 107 | 0:42:32 | 6        | 0:19:00 |        |
| 45    | 1549 | Gärtner Lukas      | Blau-Weiß Bochum         | 1:01:34 | M25  | 6   | 77    | 0:08:11  | 91        | 0:32:48 | 75  | 0:41:00 | 24       | 0:20:33 |        |
| 46    | 733  | Blum Mike          | TRI TEAM FS              | 1:01:40 | M50  | 3   | 69    | 0:08:03  | 60        | 0:31:52 | 54  | 0:39:56 | 53       | 0:21:44 |        |
| 47    | 876  | Czarsbon Dirk      | Mülheim                  | 1:01:46 | M40  | 13  | 80    | 0:08:21  | 41        | 0:30:59 | 44  | 0:39:21 | 77       | 0:22:25 |        |
| 48    | 958  | Stang Klemens      | TV-GOCH                  | 1:01:53 | M45  | 8   | 82    | 0:08:23  | 37        | 0:30:39 | 36  | 0:39:02 | 95       | 0:22:50 |        |
| 49    | 1452 | Semmler Olaf       | ASV Duisburg             | 1:01:55 | M30  | 8   | 54    | 0:07:53  | 58        | 0:31:52 | 50  | 0:39:45 | 68       | 0:22:09 |        |
| 50    | 1039 | Piontek Andreas    | SC Bayer 05 Uerdingen    | 1:02:01 | M45  | 9   | 132   | 0:09:06* | 23        | 0:30:20 | 45  | 0:39:26 | 84       | 0:22:35 |        |
| 51    | 922  | Powierski Ralf     | Weseler TV Triathlon     | 1:02:03 | M45  | 10  | 31    | 0:07:32  | 71        | 0:32:13 | 49  | 0:39:45 | 72       | 0:22:18 |        |
| 52    | 739  | Büsch Heinz        | Moers                    | 1:02:05 | M50  | 4   | 62    | 0:08:00  | 80        | 0:32:34 | 69  | 0:40:35 | 46       | 0:21:30 |        |
| 53    | 1526 | Stricker Markus    | Triathlon Team Rheinberg | 1:02:10 | M25  | 7   | 92    | 0:08:34  | 87        | 0:32:45 | 85  | 0:41:19 | 31       | 0:20:50 |        |
| 54    | 698  | Raith Manfred      | Leichtathletik Nütterden | 1:02:17 | M55  | 2   | 169   | 0:09:39  | 51        | 0:31:45 | 87  | 0:41:24 | 32       | 0:20:52 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname       | Verein/-Ort              | Endzeit | AK   | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen  |
|-------|------|--------------------|--------------------------|---------|------|-----|-------|---|-----------|-------|---------|--------|----------|-------|---------|
| 55    | 1536 | Salamon Andy       | Blau-Weiß Bochum         | 1:02:27 | M25  | 8   | 1     |   | 0:06:03   | 56    | 0:31:50 | 21     | 0:37:53  | 171   | 0:24:33 |
| 56    | 1494 | Schuba Markus      | SV Blau-Weiß Bochum      | 1:02:27 | M30  | 9   | 22    |   | 0:07:17   | 89    | 0:32:47 | 56     | 0:40:04  | 75    | 0:22:23 |
| 57    | 1480 | Reinecke Dominik   | TriTeam Wanderhoden      | 1:02:39 | M30  | 10  | 93    |   | 0:08:34   | 95    | 0:32:51 | 89     | 0:41:26  | 42    | 0:21:13 |
| 58    | 1442 | Marcinczyk Jens    | DJK katernberg 19        | 1:02:42 | M35  | 3   | 174   |   | 0:09:43   | 54    | 0:31:45 | 92     | 0:41:29  | 41    | 0:21:12 |
| 59    | 1496 | Eißmann Jens       | Essen                    | 1:02:44 | M30  | 11  | 219   |   | 0:10:19   | 44    | 0:31:06 | 88     | 0:41:25  | 44    | 0:21:19 |
| 60    | 1542 | Euler Marco        | Köln                     | 1:02:44 | M25  | 9   | 97    |   | 0:08:40   | 85    | 0:32:43 | 86     | 0:41:24  | 45    | 0:21:20 |
| 61    | 1043 | Schoemakers Thomas | TV Goch                  | 1:02:51 | M45  | 11  | 18    |   | 0:07:02   | 101   | 0:33:04 | 57     | 0:40:07  | 91    | 0:22:43 |
| 62    | 963  | Bittner Jürgen     | LT Schnecke Sonsbeck     | 1:02:59 | M45  | 12  | 87    |   | 0:08:27   | 64    | 0:31:57 | 63     | 0:40:24  | 82    | 0:22:34 |
| 63    | 955  | Vogt Michael       | SV Blau-Weiß Bochum      | 1:02:59 | M45  | 13  | 100   |   | 0:08:43   | 52    | 0:31:45 | 65     | 0:40:28  | 80    | 0:22:30 |
| 64    | 831  | Adendorff Jeffrey  | Essen                    | 1:03:07 | M40  | 14  | 68    |   | 0:08:02   | 97    | 0:32:55 | 74     | 0:40:58  | 67    | 0:22:09 |
| 65    | 806  | Heckner Max        | TV Goch                  | 1:03:07 | MJA  | 4   | 13    |   | 0:06:57   | 96    | 0:32:55 | 51     | 0:39:53  | 108   | 0:23:14 |
| 66    | 768  | Peters Michael     | TV Goch                  | 1:03:10 | M50  | 5   | 20    |   | 0:07:05   | 93    | 0:32:49 | 52     | 0:39:55  | 110   | 0:23:15 |
| 67    | 914  | Dammers Christof   | TV Goch                  | 1:03:11 | M40  | 15  | 55    |   | 0:07:54   | 82    | 0:32:39 | 67     | 0:40:34  | 85    | 0:22:36 |
| 68    | 852  | Zenker Stefan      | weseler tv triathlon     | 1:03:15 | M40  | 16  | 79    |   | 0:08:18   | 47    | 0:31:39 | 55     | 0:39:57  | 114   | 0:23:17 |
| 69    | 1016 | Hey Olaf           | TV Goch                  | 1:03:23 | M45  | 14  | 60    |   | 0:07:57   | 84    | 0:32:42 | 71     | 0:40:40  | 88    | 0:22:42 |
| 70    | 1521 | Weber Marc         | Puuush It Team           | 1:03:29 | M25  | 10  | 40    |   | 0:07:41   | 78    | 0:32:33 | 58     | 0:40:14  | 109   | 0:23:14 |
| 71    | 891  | Valk Oliver        | SC Bayer 05 Uerdingen    | 1:03:41 | M40  | 17  | 46    |   | 0:07:47   | 77    | 0:32:29 | 60     | 0:40:17  | 119   | 0:23:24 |
| 72    | 1550 | Dahmen Marco       | Reeser SC                | 1:03:47 | M20  | 5   | 8     |   | 0:06:35   | 53    | 0:31:45 | 28     | 0:38:21  | 205   | 0:25:25 |
| 73    | 1530 | Mosters Bastian    | Triathlon Pirates Alpen  | 1:03:51 | M25  | 11  | 34    |   | 0:07:34   | 49    | 0:31:41 | 41     | 0:39:15  | 172   | 0:24:35 |
| 74    | 774  | Schumacher Peter   | Ausdauerschule Bunert    | 1:03:53 | M50  | 6   | 193   |   | 0:10:05   | 104   | 0:33:07 | 129    | 0:43:12  | 28    | 0:20:41 |
| 75    | 905  | Rödig Volker       | SV Blau-Weiß Bochum      | 1:03:57 | M40  | 18  | 143   |   | 0:09:15   | 65    | 0:31:57 | 81     | 0:41:13  | 92    | 0:22:44 |
| 76    | 991  | Holtmann Andreas   | Triathlon Team Rheinberg | 1:03:57 | M45  | 15  | 147   |   | 0:09:16   | 68    | 0:32:10 | 90     | 0:41:26  | 81    | 0:22:31 |
| 77    | 743  | Schramm Andreas    | TV Goch                  | 1:04:02 | M50  | 7   | 61    |   | 0:07:59   | 63    | 0:31:56 | 53     | 0:39:55  | 144   | 0:24:06 |
| 78    | 1014 | Hilgers Dirk       | Weseler tv Triathlon     | 1:04:04 | M45  | 16  | 74    |   | 0:08:06   | 129   | 0:33:50 | 98     | 0:41:57  | 66    | 0:22:06 |
| 79    | 990  | Krüger Olaf        | SV Blau-Weiß Bochum      | 1:04:04 | M45  | 17  | 98    |   | 0:08:40   | 33    | 0:30:30 | 39     | 0:39:11  | 184   | 0:24:53 |
| 80    | 738  | Althaus Frank      | SV Blau-Weiß Bochum      | 1:04:05 | M50  | 8   | 208   |   | 0:10:14   | 92    | 0:32:49 | 123    | 0:43:03  | 36    | 0:21:02 |
| 81    | 777  | Dieter Schmitz     | Tus Xanten               | 1:04:06 | M50  | 9   | 109   |   | 0:08:55   | 45    | 0:31:23 | 61     | 0:40:19  | 133   | 0:23:47 |
| 82    | 724  | Gietmann Werner    | kranenburg               | 1:04:15 | M50  | 10  | 78    |   | 0:08:17   | 117   | 0:33:30 | 96     | 0:41:47  | 79    | 0:22:27 |
| 83    | 1003 | Flintrop Stefan    | Weseler TV Triathlon     | 1:04:19 | M45  | 18  | 64    |   | 0:08:00   | 130   | 0:33:51 | 97     | 0:41:52  | 78    | 0:22:27 |
| 84    | 895  | Wolff Tobias       | Tri-Team TV Schiefbahn   | 1:04:19 | M40  | 19  | 87    |   | 0:08:27   | 83    | 0:32:42 | 79     | 0:41:09  | 105   | 0:23:09 |
| 85    | 850  | Janssen Hubertus   | Schlammpringer Geldern   | 1:04:20 | M40  | 20  | 32    |   | 0:07:33   | 111   | 0:33:16 | 73     | 0:40:49  | 125   | 0:23:30 |
| 86    | 765  | Reichmann Benedikt | rg halderm 03            | 1:04:27 | M50  | 11  | 59    |   | 0:07:56   | 17    | 0:30:01 | 22     | 0:37:58  | 245   | 0:26:29 |
| 87    | 835  | Wentzel Thomas     | Oberhausen               | 1:04:33 | M40  | 21  | 47    |   | 0:07:48   | 187   | 0:35:06 | 117    | 0:42:55  | 51    | 0:21:37 |
| 88    | 1459 | Reyers Raphael     | Bedburg-Hau              | 1:04:33 | M30  | 12  | 53    |   | 0:07:53   | 108   | 0:33:12 | 78     | 0:41:06  | 121   | 0:23:27 |
| 89    | 787  | Lötz Jarit         | TV Goch                  | 1:04:33 | MJUN | 2   | 52    |   | 0:07:52   | 76    | 0:32:28 | 62     | 0:40:20  | 155   | 0:24:13 |
| 90    | 1463 | Teloo Jürgen       | LT Schnecke Sonsbeck     | 1:04:35 | M30  | 13  | 255   |   | 0:10:41   | 55    | 0:31:49 | 106    | 0:42:30  | 64    | 0:22:04 |
| 91    | 711  | Schluetter Ludger  | Rhede                    | 1:04:35 | M50  | 12  | 180   |   | 0:09:49   | 61    | 0:31:55 | 94     | 0:41:45  | 94    | 0:22:50 |
| 92    | 910  | Heydemann Jörg     | Kamp-Lintfort            | 1:04:44 | M40  | 22  | 58    |   | 0:07:56   | 88    | 0:32:45 | 72     | 0:40:41  | 142   | 0:24:02 |
| 93    | 1570 | Milner Mark        | Blau-Weiß Bochum         | 1:04:56 | M20  | 6   | 27    |   | 0:07:27   | 203   | 0:35:32 | 119    | 0:42:59  | 58    | 0:21:56 |
| 94    | 912  | Sinjou Marco       | Kalkar                   | 1:05:00 | M40  | 23  | 153   |   | 0:09:20   | 70    | 0:32:12 | 93     | 0:41:33  | 122   | 0:23:27 |
| 95    | 1036 | Podrasa Frank      | Sonsbeck                 | 1:05:03 | M45  | 19  | 162   |   | 0:09:33   | 152   | 0:34:20 | 156    | 0:43:54  | 40    | 0:21:09 |
| 96    | 1558 | Spolders Lukas     | Triathlon Pirates Alpen  | 1:05:04 | M20  | 7   | 158   |   | 0:09:31   | 62    | 0:31:56 | 91     | 0:41:27  | 128   | 0:23:36 |
| 97    | 947  | Guerndt Horst      | Dinslaken                | 1:05:18 | M45  | 20  | 288   |   | 0:11:05   | 98    | 0:32:56 | 166    | 0:44:01  | 43    | 0:21:16 |
| 98    | 844  | Borgards Torsten   | LT Schnecke Sonsbeck     | 1:05:19 | M40  | 24  | 47    |   | 0:07:48   | 75    | 0:32:27 | 59     | 0:40:16  | 190   | 0:25:03 |
| 99    | 805  | Schöning Julian    | TV Goch                  | 1:05:27 | MJA  | 5   | 90    |   | 0:08:31   | 180   | 0:34:54 | 137    | 0:43:26  | 62    | 0:22:01 |
| 100   | 1455 | Ter Bekke Manuel   | Allround Sports Team     | 1:05:30 | M30  | 14  | 166   |   | 0:09:35   | 118   | 0:33:37 | 130    | 0:43:12  | 71    | 0:22:17 |
| 101   | 907  | Marks Andreas      | TRI-FUN-GOCH             | 1:05:33 | M40  | 25  | 81    |   | 0:08:22   | 67    | 0:32:06 | 65     | 0:40:28  | 191   | 0:25:04 |
| 102   | 933  | Eerden Johannes    | TV Goch                  | 1:05:50 | M45  | 21  | 50    |   | 0:07:48   | 171   | 0:34:48 | 108    | 0:42:37  | 107   | 0:23:12 |
| 103   | 731  | Mikosch Georg      | LT Venn                  | 1:05:51 | M50  | 13  | 292   |   | 0:11:07   | 66    | 0:32:02 | 127    | 0:43:10  | 87    | 0:22:41 |
| 104   | 663  | Kufeld Gerhard     | TV Goch                  | 1:05:53 | M60  | 1   | 106   |   | 0:08:53   | 73    | 0:32:18 | 80     | 0:41:11  | 178   | 0:24:41 |
| 105   | 804  | Hartmann Sören     | TSV Höchst i. Odenwald   | 1:06:01 | MJA  | 6   | 144   |   | 0:09:15   | 113   | 0:33:24 | 112    | 0:42:39  | 118   | 0:23:21 |
| 106   | 1428 | Bester Jens        | SV Gladbeck 13           | 1:06:10 | M35  | 4   | 17    |   | 0:07:01   | 168   | 0:34:43 | 95     | 0:41:45  | 162   | 0:24:24 |
| 107   | 1028 | Beaupoil Markus    |                          | 1:06:14 | M45  | 22  | 120   |   | 0:09:01   | 102   | 0:33:05 | 101    | 0:42:06  | 149   | 0:24:07 |
| 108   | 1012 | Leppin Uwe         | Team ERDINGER            | 1:06:28 | M45  | 23  | 281   |   | 0:10:58   | 81    | 0:32:37 | 146    | 0:43:35  | 96    | 0:22:52 |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname       | Verein/-Ort              | Endzeit | AK   | Pl. | AKPl. | S       | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|--------------------|--------------------------|---------|------|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 109   | 1453 | Pockrandt Thomas   | POCKISPORTS              | 1:06:28 | M30  | 15  | 103   | 0:08:49 | 184       | 0:35:03 | 154 | 0:43:53 | 83       | 0:22:35 |        |
| 110   | 845  | Wendt Marco        | Triathlon Team Ratingen  | 1:06:31 | M40  | 26  | 269   | 0:10:49 | 86        | 0:32:44 | 142 | 0:43:33 | 99       | 0:22:57 |        |
| 111   | 1045 | Niklas Klaus       | SV Budberg               | 1:06:31 | M45  | 24  | 122   | 0:09:03 | 185       | 0:35:04 | 174 | 0:44:08 | 76       | 0:22:23 |        |
| 112   | 1488 | Seiler Sebastian   | Essen                    | 1:06:31 | M30  | 16  | 220   | 0:10:19 | 99        | 0:32:56 | 131 | 0:43:16 | 111      | 0:23:15 |        |
| 113   | 1514 | Schlattmann Arne   | Essen                    | 1:06:37 | M25  | 12  | 102   | 0:08:49 | 107       | 0:33:10 | 99  | 0:42:00 | 174      | 0:24:37 |        |
| 114   | 694  | Schilke Norbert    | TRC Essen 84             | 1:06:40 | M55  | 3   | 329   | 0:11:36 | 137       | 0:34:00 | 196 | 0:45:37 | 38       | 0:21:03 |        |
| 114   | 1423 | Gora Stefan        | Meerbusch                | 1:06:40 | M35  | 5   | 184   | 0:09:53 | 139       | 0:34:03 | 159 | 0:43:57 | 90       | 0:22:43 |        |
| 116   | 969  | Rappers Theo       | TV Goch                  | 1:06:45 | M45  | 25  | 118   | 0:09:00 | 119       | 0:33:38 | 111 | 0:42:39 | 145      | 0:24:06 |        |
| 117   | 1574 | Fromme Sebastian   | Bocholt                  | 1:06:49 | M20  | 8   | 9     | 0:06:38 | 157       | 0:34:24 | 77  | 0:41:03 | 221      | 0:25:46 |        |
| 118   | 911  | Janßen Michael     | TV Goch                  | 1:07:01 | M40  | 27  | 72    | 0:08:04 | 136       | 0:33:59 | 100 | 0:42:04 | 186      | 0:24:57 |        |
| 119   | 808  | Meier Olaf         | SV Gladbeck 13           | 1:07:04 | M40  | 28  | 134   | 0:09:07 | 69        | 0:32:11 | 82  | 0:41:18 | 219      | 0:25:45 |        |
| 120   | 1503 | Rudolf Jan         | Essen                    | 1:07:04 | M25  | 13  | 125   | 0:09:04 | 182       | 0:34:59 | 170 | 0:44:04 | 101      | 0:23:00 |        |
| 121   | 1487 | Janßen David       | Lt Schnecke sonsbeck     | 1:07:08 | M30  | 17  | 151   | 0:09:17 | 166       | 0:34:40 | 161 | 0:43:57 | 106      | 0:23:10 |        |
| 122   | 921  | Gräfe Frank        | Krefelder Kanu Klub      | 1:07:08 | M45  | 26  | 211   | 0:10:15 | 90        | 0:32:48 | 124 | 0:43:03 | 143      | 0:24:04 |        |
| 123   | 1020 | Sprungk Oliver     | Witten                   | 1:07:11 | M45  | 27  | 145   | 0:09:16 | 178       | 0:34:52 | 173 | 0:44:08 | 102      | 0:23:03 |        |
| 124   | 995  | Kaas Theo          | Xanten                   | 1:07:14 | M45  | 28  | 128   | 0:09:05 | 171       | 0:34:48 | 155 | 0:43:53 | 116      | 0:23:20 |        |
| 125   | 773  | Felder Claus       | Oberursel                | 1:07:17 | M50  | 14  | 167   | 0:09:37 | 156       | 0:34:23 | 163 | 0:44:01 | 112      | 0:23:16 |        |
| 126   | 1425 | Averesch Sebastian | DJK-VBRS Coesfeld        | 1:07:18 | M35  | 6   | 192   | 0:10:03 | 135       | 0:33:57 | 164 | 0:44:01 | 113      | 0:23:17 |        |
| 127   | 889  | Baltes Carsten     | Nottuln                  | 1:07:20 | M40  | 29  | 124   | 0:09:04 | 242       | 0:36:31 | 194 | 0:45:36 | 54       | 0:21:44 |        |
| 128   | 884  | Herrmann Michael   | Bedburg Hau              | 1:07:27 | M40  | 30  | 114   | 0:08:57 | 163       | 0:34:37 | 143 | 0:43:34 | 136      | 0:23:52 |        |
| 129   | 763  | Kuhlmann Stefan    | LT Schnecke Sonsbeck     | 1:07:28 | M50  | 15  | 278   | 0:10:56 | 126       | 0:33:47 | 181 | 0:44:43 | 93       | 0:22:44 |        |
| 130   | 986  | Eder Thomas        | ASK München              | 1:07:29 | M45  | 29  | 156   | 0:09:28 | 161       | 0:34:33 | 167 | 0:44:02 | 123      | 0:23:27 |        |
| 131   | 814  | Schiffer Georg     | TV Goch                  | 1:07:34 | M40  | 31  | 152   | 0:09:19 | 50        | 0:31:42 | 76  | 0:41:01 | 249      | 0:26:32 |        |
| 132   | 1535 | Hassenpflug Sascha | -                        | 1:07:35 | M25  | 14  | 275   | 0:10:55 | 205       | 0:35:37 | 220 | 0:46:32 | 37       | 0:21:02 |        |
| 133   | 819  | Heyer Thomas       | ASV Süchteln             | 1:07:39 | M40  | 32  | 140   | 0:09:12 | 144       | 0:34:10 | 134 | 0:43:23 | 157      | 0:24:16 |        |
| 134   | 949  | Gössler Thomas     | AS Neukirchen-Vluyn      | 1:07:40 | M45  | 30  | 195   | 0:10:05 | 132       | 0:33:52 | 160 | 0:43:57 | 130      | 0:23:42 |        |
| 135   | 861  | Brosch Sigi        | LV Marathon Kleve        | 1:07:40 | M40  | 33  | 206   | 0:10:13 | 121       | 0:33:42 | 157 | 0:43:56 | 132      | 0:23:44 |        |
| 136   | 725  | Dietz Kalle        | Herner Triathlon Team 11 | 1:07:45 | M50  | 16  | 121   | 0:09:03 | 154       | 0:34:21 | 135 | 0:43:25 | 161      | 0:24:20 |        |
| 137   | 1544 | Münzberger Fabian  | Die Bobs                 | 1:07:47 | M25  | 15  | 131   | 0:09:06 | 103       | 0:33:06 | 102 | 0:42:12 | 210      | 0:25:35 |        |
| 138   | 943  | Rayermann Andreas  | Equipe Kölsche Klüngel   | 1:07:49 | M45  | 31  | 291   | 0:11:07 | 72        | 0:32:13 | 132 | 0:43:20 | 167      | 0:24:29 |        |
| 139   | 783  | Rohleder Markus    | Handball Xanten          | 1:07:52 | M50  | 17  | 213   | 0:10:16 | 106       | 0:33:09 | 136 | 0:43:26 | 165      | 0:24:26 |        |
| 140   | 998  | Dettmer Thorsten   | Leinerstift e.V.         | 1:07:57 | M45  | 32  | 296   | 0:11:09 | 74        | 0:32:22 | 141 | 0:43:32 | 163      | 0:24:25 |        |
| 141   | 902  | Geurts Ingo        | Allround Sports Kleve    | 1:07:59 | M40  | 34  | 117   | 0:09:00 | 177       | 0:34:51 | 152 | 0:43:52 | 146      | 0:24:07 |        |
| 142   | 1507 | Kämmerer Oliver    | Issum                    | 1:08:01 | M25  | 16  | 29    | 0:07:30 | 127       | 0:33:48 | 83  | 0:41:18 | 254      | 0:26:43 |        |
| 143   | 837  | Friedrich Rainer   | Blau- Weiß Bochum        | 1:08:05 | M40  | 35  | 30    | 0:07:31 | 194       | 0:35:23 | 116 | 0:42:54 | 193      | 0:25:10 |        |
| 144   | 1399 | Wunderlich Falk    | Goch                     | 1:08:15 | M35  | 7   | 104   | 0:08:51 | 125       | 0:33:46 | 109 | 0:42:37 | 212      | 0:25:37 |        |
| 145   | 941  | Spiga Marco        | Triathlon Team Rheinberg | 1:08:20 | M45  | 33  | 115   | 0:08:57 | 141       | 0:34:03 | 121 | 0:43:01 | 200      | 0:25:18 |        |
| 146   | 1040 | Helmes Robert      | Triathlon Team Rheinberg | 1:08:21 | M45  | 34  | 218   | 0:10:18 | 123       | 0:33:43 | 168 | 0:44:02 | 159      | 0:24:19 |        |
| 147   | 1436 | Kattelans Michael  | Duisburg                 | 1:08:21 | M35  | 8   | 101   | 0:08:48 | 193       | 0:35:22 | 175 | 0:44:10 | 153      | 0:24:11 |        |
| 148   | 1396 | Maier Dr. Karsten  | Turnerschaft Grefrath    | 1:08:22 | M35  | 9   | 226   | 0:10:22 | 109       | 0:33:13 | 145 | 0:43:35 | 180      | 0:24:46 |        |
| 149   | 680  | Braun Christoph    | Tv Goch                  | 1:08:29 | M55  | 4   | 245   | 0:10:36 | 122       | 0:33:43 | 177 | 0:44:19 | 152      | 0:24:10 |        |
| 150   | 917  | Schnerr Jarno      | Duisburg                 | 1:08:30 | M40  | 36  | 41    | 0:07:41 | 199       | 0:35:29 | 128 | 0:43:11 | 201      | 0:25:19 |        |
| 151   | 885  | Groh Guido         | Kaarst                   | 1:08:32 | M40  | 37  | 221   | 0:10:20 | 248       | 0:36:38 | 232 | 0:46:58 | 48       | 0:21:34 |        |
| 152   | 696  | Kowollik Christian | Therapie-Zentrum Xanten  | 1:08:40 | M55  | 5   | 246   | 0:10:36 | 100       | 0:33:03 | 147 | 0:43:40 | 188      | 0:25:00 |        |
| 152   | 789  | Berresheim Bernd   | Reeser SC                | 1:08:40 | MJUN | 3   | 5     | 0:06:27 | 143       | 0:34:06 | 67  | 0:40:34 | 305      | 0:28:06 |        |
| 154   | 896  | Kammann Johannes   | LV Marathon Kleve        | 1:08:46 | M40  | 38  | 207   | 0:10:13 | 197       | 0:35:26 | 198 | 0:45:40 | 104      | 0:23:05 |        |
| 155   | 758  | Allroggen Alfred   | Essen                    | 1:08:50 | M50  | 18  | 149   | 0:09:17 | 160       | 0:34:32 | 150 | 0:43:49 | 189      | 0:25:01 |        |
| 156   | 1445 | Weißer Karl-Heinz  | Hochdahl                 | 1:08:57 | M30  | 18  | 95    | 0:08:38 | 191       | 0:35:20 | 162 | 0:43:58 | 187      | 0:24:58 |        |
| 157   | 950  | Hartmann Klaus     | Xanten                   | 1:08:58 | M45  | 35  | 38    | 0:07:37 | 169       | 0:34:43 | 103 | 0:42:21 | 252      | 0:26:36 |        |
| 158   | 756  | Stobrawe Michael   | LT Schnecke Sonsbeck     | 1:08:58 | M50  | 19  | 262   | 0:10:44 | 151       | 0:34:19 | 186 | 0:45:03 | 138      | 0:23:54 |        |
| 159   | 1557 | Decker Noah        | Xanten                   | 1:08:59 | M20  | 9   | 280   | 0:10:57 | 232       | 0:36:15 | 243 | 0:47:13 | 56       | 0:21:46 |        |
| 160   | 717  | Komorowski Frank   | VFL-Hüls e.V.            | 1:09:02 | M50  | 20  | 170   | 0:09:41 | 146       | 0:34:11 | 153 | 0:43:52 | 192      | 0:25:10 |        |
| 161   | 1009 | Diesing Marco      | BF Herne                 | 1:09:03 | M45  | 36  | 199   | 0:10:07 | 173       | 0:34:49 | 183 | 0:44:56 | 147      | 0:24:07 |        |
| 162   | 764  | Ihling Johnny      | TSV Bocholt              | 1:09:04 | M50  | 21  | 133   | 0:09:06 | 188       | 0:35:10 | 176 | 0:44:16 | 181      | 0:24:47 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname        | Verein/-Ort               | Endzeit     | AK  | Pl. | AKPl.   | S       | Schwimmen | Pl. R   | Rad     | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|---------------------|---------------------------|-------------|-----|-----|---------|---------|-----------|---------|---------|---------|----------|---------|--------|
| 163   | 1414 | Helbig Sven         | DLRG Alpen                | 1:09:05     | M35 | 10  | 26      | 0:07:25 | 209       | 0:35:44 | 126     | 0:43:09 | 228      | 0:25:55 |        |
| 164   | 709  | Mätzkow Rolf        | Moers                     | 1:09:08     | M50 | 22  | 130     | 0:09:05 | 128       | 0:33:50 | 118     | 0:42:55 | 236      | 0:26:12 |        |
| 165   | 693  | Van de Bovenkamp    | avVN                      | 1:09:12     | M55 | 6   | 355     | 0:12:09 | 183       | 0:35:02 | 242     | 0:47:12 | 60       | 0:21:59 |        |
| 166   | 906  | Heisterbach Jochen  | Essen                     | 1:09:16     | M40 | 39  | 157     | 0:09:28 | 280       | 0:37:28 | 230     | 0:46:56 | 73       | 0:22:19 |        |
| 167   | 682  | Bavendiek Jens      | Essen                     | 1:09:18     | M20 | 10  | 217     | 0:10:16 | 115       | 0:33:27 | 148     | 0:43:44 | 209      | 0:25:34 |        |
| 168   | 1388 | Hoppe Jörg          | SV Hullern                | 1:09:19     | M35 | 11  | 113     | 0:08:56 | 240       | 0:36:30 | 192     | 0:45:27 | 135      | 0:23:51 |        |
| 169   | 944  | Wiedelbach Frank    | Duisburg                  | 1:09:25     | M45 | 37  | 285     | 0:11:02 | 159       | 0:34:29 | 193     | 0:45:32 | 137      | 0:23:52 |        |
| 170   | 862  | Boss Markus         | Sonsbeck                  | 1:09:25     | M40 | 40  | 83      | 0:08:23 | 259       | 0:36:53 | 189     | 0:45:16 | 151      | 0:24:09 |        |
| 171   | 827  | Dohrmann Christian  | GSV e. V 09/34 Geldern    | 1:09:27     | M40 | 41  | 235     | 0:10:28 | 253       | 0:36:46 | 245     | 0:47:14 | 69       | 0:22:12 |        |
| 172   | 801  | Bittner Nick        | SV Sonsbeck               | 1:09:42     | MJA | 7   | 119     | 0:09:01 | 131       | 0:33:52 | 115     | 0:42:53 | 257      | 0:26:48 |        |
| 173   | 1037 | Böhnke Conny        | Marienbaum Homies         | 1:09:42     | M45 | 38  | 224     | 0:10:21 | 120       | 0:33:41 | 169     | 0:44:03 | 213      | 0:25:39 |        |
| 174   | 1547 | Weigand Jan         | Xanten                    | 1:09:49     | M25 | 17  | 323     | 0:11:29 | 150       | 0:34:18 | 203     | 0:45:48 | 140      | 0:24:00 |        |
| 175   | 983  | Traa Wolfgang       | TSV Alfdorf               | 1:09:49     | M45 | 39  | 253     | 0:10:40 | 105       | 0:33:09 | 151     | 0:43:50 | 230      | 0:25:59 |        |
| 176   | 840  | Niegemann Jürgen    | Duisburg                  | 1:09:55     | M40 | 42  | 65      | 0:08:00 | 204       | 0:35:34 | 144     | 0:43:35 | 240      | 0:26:20 |        |
| 177   | 879  | Fronhoffs Reiner    | Schwimmfreunde Rheurdt    | 1:09:57     | M40 | 43  | 181     | 0:09:51 | 147       | 0:34:13 | 171     | 0:44:04 | 226      | 0:25:53 |        |
| 178   | 1032 | Becker Jens-Ulrik   | Duisburg                  | 1:10:00     | M45 | 40  | 99      | 0:08:43 | 142       | 0:34:06 | 114     | 0:42:49 | 273      | 0:27:11 |        |
| 179   | 1498 | Peters Axel         | Kevelaer                  | 1:10:00     | M30 | 19  | 108     | 0:08:55 | 133       | 0:33:53 | 113     | 0:42:48 | 274      | 0:27:12 |        |
| 180   | 792  | Grabe Leonhard      | Bochum                    | 1:10:01MJUN | 4   | 16  | 0:06:59 | 206     | 0:35:39   | 110     | 0:42:38 | 282     | 0:27:23  |         |        |
| 181   | 953  | Rohr Claus          | Triathlon Mülheim         | 1:10:01     | M45 | 41  | 179     | 0:09:47 | 261       | 0:36:54 | 226     | 0:46:42 | 115      | 0:23:18 |        |
| 182   | 871  | Schultze Karlheinz  | TV Goch                   | 1:10:04     | M40 | 44  | 127     | 0:09:05 | 155       | 0:34:23 | 138     | 0:43:28 | 251      | 0:26:35 |        |
| 183   | 740  | Degen Martin        | Blau-Weiß Bochum          | 1:10:05     | M50 | 23  | 126     | 0:09:05 | 138       | 0:34:01 | 125     | 0:43:06 | 262      | 0:26:58 |        |
| 184   | 999  | Locher Matthias     | Triathlon Club Essen      | 1:10:16     | M45 | 42  | 111     | 0:08:56 | 218       | 0:36:06 | 185     | 0:45:02 | 196      | 0:25:14 |        |
| 185   | 1565 | Weibel Peter        | Sonsbeck                  | 1:10:16     | M20 | 11  | 200     | 0:10:08 | 243       | 0:36:33 | 225     | 0:46:41 | 127      | 0:23:35 |        |
| 186   | 841  | Flintrop Thorsten   | Weseler TV - Triathlon    | 1:10:20     | M40 | 45  | 177     | 0:09:46 | 110       | 0:33:15 | 122     | 0:43:01 | 278      | 0:27:19 |        |
| 187   | 1385 | Hippe Karsten       | Team Erdinger Alkoholfrei | 1:10:23     | M35 | 12  | 186     | 0:09:56 | 264       | 0:37:00 | 231     | 0:46:57 | 120      | 0:23:26 |        |
| 188   | 782  | Schmidt Bernd       | SV Blau-Weiß Bochum       | 1:10:33     | M50 | 24  | 313     | 0:11:18 | 116       | 0:33:30 | 182     | 0:44:48 | 217      | 0:25:45 |        |
| 189   | 1432 | Unger Michael       | Kleve                     | 1:10:37     | M35 | 13  | 160     | 0:09:32 | 134       | 0:33:57 | 139     | 0:43:30 | 269      | 0:27:06 |        |
| 190   | 1052 | Bons Uwe            | SV Straelen               | 1:10:43     | M45 | 43  | 209     | 0:10:14 | 214       | 0:35:57 | 213     | 0:46:11 | 169      | 0:24:31 |        |
| 191   | 984  | Schäfer Dirk        | SV Budberg                | 1:10:46     | M45 | 44  | 76      | 0:08:10 | 174       | 0:34:49 | 120     | 0:43:00 | 296      | 0:27:46 |        |
| 192   | 715  | Appelt Ralf         | www.appelt-racing.de      | 1:10:47     | M50 | 25  | 42      | 0:07:46 | 165       | 0:34:40 | 105     | 0:42:26 | 311      | 0:28:20 |        |
| 193   | 874  | Streier Alexander   | Bochum                    | 1:10:47     | M40 | 46  | 328     | 0:11:35 | 149       | 0:34:15 | 204     | 0:45:51 | 185      | 0:24:56 |        |
| 194   | 704  | Lingenauer Harald   | AS Neukirchen-Vluyn       | 1:11:01     | M55 | 7   | 304     | 0:11:12 | 257       | 0:36:50 | 261     | 0:48:02 | 100      | 0:22:58 |        |
| 195   | 1391 | Janssen Andre       | Tri-Team TV Schiefbahn    | 1:11:03     | M35 | 14  | 197     | 0:10:07 | 189       | 0:35:16 | 191     | 0:45:23 | 214      | 0:25:39 |        |
| 196   | 670  | Buhl Jürgen         | LG Alpen                  | 1:11:11     | M60 | 2   | 390     | 0:13:11 | 153       | 0:34:21 | 251     | 0:47:33 | 129      | 0:23:38 |        |
| 197   | 1050 | Eickhoff Bernd      | Xanten                    | 1:11:21     | M45 | 45  | 316     | 0:11:21 | 215       | 0:35:59 | 248     | 0:47:20 | 141      | 0:24:00 |        |
| 198   | 762  | Grinewitschus Prof. | Hamminkelter SV           | 1:11:22     | M50 | 26  | 202     | 0:10:12 | 262       | 0:36:55 | 239     | 0:47:07 | 156      | 0:24:14 |        |
| 199   | 1569 | Ihling Michael      | WSV Bocholt               | 1:11:22     | M20 | 12  | 15      | 0:06:58 | 194       | 0:35:23 | 104     | 0:42:22 | 332      | 0:29:00 |        |
| 200   | 692  | Schumacher Frank    | Essen                     | 1:11:22     | M55 | 8   | 398     | 0:13:42 | 196       | 0:35:23 | 293     | 0:49:05 | 70       | 0:22:16 |        |
| 201   | 714  | Mischke Dr.         | AS-Neukirchen-Vluyn       | 1:11:23     | M50 | 27  | 142     | 0:09:14 | 247       | 0:36:38 | 206     | 0:45:52 | 208      | 0:25:30 |        |
| 202   | 809  | Lenk Peter          | Schwimmverien Alpen       | 1:11:25     | M40 | 47  | 256     | 0:10:41 | 124       | 0:33:45 | 178     | 0:44:26 | 261      | 0:26:58 |        |
| 203   | 980  | Strate Andreas      | Triathlon TEAM TG         | 1:11:25     | M45 | 46  | 249     | 0:10:38 | 158       | 0:34:28 | 187     | 0:45:06 | 239      | 0:26:19 |        |
| 204   | 799  | Weigelt Jon-Lucas   | TV Eiche Bad Honnef       | 1:11:29     | MJA | 8   | 265     | 0:10:46 | 148       | 0:34:14 | 184     | 0:45:01 | 243      | 0:26:27 |        |
| 205   | 952  | Himmel Andreas      | Essen                     | 1:11:32     | M45 | 47  | 312     | 0:11:16 | 210       | 0:35:45 | 237     | 0:47:01 | 168      | 0:24:30 |        |
| 206   | 869  | Steffen Eduard      | SG Neukirchen-Vluyn       | 1:11:33     | M40 | 48  | 393     | 0:13:20 | 176       | 0:34:51 | 271     | 0:48:11 | 117      | 0:23:21 |        |
| 207   | 877  | Langendonk Thomas   | Bottrop                   | 1:11:38     | M40 | 49  | 138     | 0:09:10 | 249       | 0:36:42 | 207     | 0:45:53 | 218      | 0:25:45 |        |
| 208   | 658  | Oymann Herbert      | LG Alpen                  | 1:11:39     | M60 | 3   | 205     | 0:10:12 | 265       | 0:37:00 | 244     | 0:47:13 | 164      | 0:24:25 |        |
| 209   | 934  | Drenk Norbert       | TuS Ahrweiler Tri         | 1:11:39     | M45 | 48  | 324     | 0:11:31 | 198       | 0:35:27 | 233     | 0:46:58 | 177      | 0:24:40 |        |
| 210   | 1551 | Theyßen Thomas      | TV Goch                   | 1:11:44     | M20 | 13  | 268     | 0:10:47 | 181       | 0:34:57 | 201     | 0:45:45 | 229      | 0:25:59 |        |
| 211   | 948  | Louwen Wolfgang     | Triathlon Team Rheinberg  | 1:11:44     | M45 | 49  | 187     | 0:09:59 | 112       | 0:33:22 | 133     | 0:43:22 | 315      | 0:28:21 |        |
| 212   | 1023 | Capelle Thilo       | Rheinberg                 | 1:11:45     | M45 | 50  | 289     | 0:11:06 | 213       | 0:35:53 | 234     | 0:46:59 | 179      | 0:24:45 |        |
| 213   | 849  | Dietrich Markus     | Essen                     | 1:11:46     | M40 | 50  | 237     | 0:10:29 | 200       | 0:35:30 | 210     | 0:45:59 | 220      | 0:25:46 |        |
| 214   | 1055 | Greven Volker       | TV Borken                 | 1:11:56     | M60 | 4   | 176     | 0:09:44 | 140       | 0:34:03 | 149     | 0:43:48 | 306      | 0:28:08 |        |
| 215   | 1484 | Dieler Jochen       | Kempen                    | 1:12:04     | M30 | 20  | 107     | 0:08:54 | 164       | 0:34:38 | 140     | 0:43:32 | 318      | 0:28:32 |        |
| 216   | 742  | Weibel Johannes     | Sonsbeck                  | 1:12:06     | M50 | 28  | 413     | 0:14:49 | 221       | 0:36:07 | 333     | 0:50:57 | 39       | 0:21:08 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname          | Verein/-Ort                | Endzeit     | AK  | Pl. | AKPl.   | S       | Schwimmen | Pl. R   | Rad     | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|-----------------------|----------------------------|-------------|-----|-----|---------|---------|-----------|---------|---------|---------|----------|---------|--------|
| 217   | 858  | Denker Jochen         | Bocholter                  | 1:12:11     | M40 | 51  | 244     | 0:10:35 | 186       | 0:35:04 | 197     | 0:45:39 | 248      | 0:26:31 |        |
| 218   | 1563 | Daniels Andre         | St. Hubertus Uedemerbruchl | 1:12:18     | M20 | 14  | 231     | 0:10:25 | 284       | 0:37:34 | 257     | 0:47:59 | 160      | 0:24:19 |        |
| 219   | 1424 | Stammen Marc          | ohne pfand                 | 1:12:26     | M35 | 15  | 188     | 0:10:00 | 266       | 0:37:02 | 238     | 0:47:02 | 204      | 0:25:23 |        |
| 220   | 1015 | Schumacher Stefan     | TV Goch                    | 1:12:30     | M45 | 51  | 137     | 0:09:09 | 279       | 0:37:28 | 223     | 0:46:37 | 225      | 0:25:53 |        |
| 221   | 1433 | Ertel Gernot          | Issum                      | 1:12:31     | M35 | 16  | 167     | 0:09:37 | 216       | 0:35:59 | 195     | 0:45:37 | 258      | 0:26:54 |        |
| 222   | 1517 | Sandfort Mark         | Essen                      | 1:12:34     | M25 | 18  | 161     | 0:09:33 | 293       | 0:37:48 | 249     | 0:47:21 | 195      | 0:25:12 |        |
| 223   | 859  | Romswinkel Jörg       | LG Dorsten                 | 1:12:36     | M40 | 52  | 203     | 0:10:12 | 342       | 0:39:45 | 313     | 0:49:57 | 86       | 0:22:38 |        |
| 224   | 1528 | Boell Torben          | Göttingen                  | 1:12:37     | M25 | 19  | 326     | 0:11:32 | 337       | 0:39:27 | 336     | 0:50:59 | 50       | 0:21:37 |        |
| 225   | 1430 | Schlimnat Michael     | Ausdauerschule by Bunert   | 1:12:40     | M35 | 17  | 348     | 0:11:57 | 271       | 0:37:10 | 295     | 0:49:07 | 126      | 0:23:33 |        |
| 226   | 1541 | Traa Manuel           | TSV Alfdorf                | 1:12:45     | M25 | 20  | 377     | 0:12:42 | 208       | 0:35:44 | 280     | 0:48:27 | 158      | 0:24:18 |        |
| 227   | 703  | Winkelmann Ulli       | TriTeam TSG                | 1:12:46     | M55 | 9   | 282     | 0:10:59 | 190       | 0:35:17 | 215     | 0:46:17 | 244      | 0:26:29 |        |
| 228   | 1540 | Wittwer André         | Bertabund                  | 1:12:49     | M25 | 21  | 182     | 0:09:52 | 306       | 0:38:19 | 270     | 0:48:11 | 175      | 0:24:37 |        |
| 229   | 800  | Roeling Jan Niklas    | Sonnbeck                   | 1:12:50     | MJA | 9   | 290     | 0:11:06 | 267       | 0:37:04 | 269     | 0:48:11 | 176      | 0:24:38 |        |
| 230   | 1562 | Neifeldt Edgard       | Duisburg                   | 1:12:50     | M20 | 15  | 371     | 0:12:32 | 276       | 0:37:22 | 311     | 0:49:55 | 98       | 0:22:55 |        |
| 231   | 1411 | Henrichs Christian    | RSG-Borussia Veen          | 1:12:52     | M35 | 18  | 225     | 0:10:21 | 192       | 0:35:21 | 200     | 0:45:43 | 272      | 0:27:08 |        |
| 232   | 655  | Salewski Hans Juergen | Triangel 1859 Kempen       | 1:12:55     | M60 | 5   | 297     | 0:11:10 | 223       | 0:36:08 | 247     | 0:47:18 | 211      | 0:25:37 |        |
| 233   | 726  | Gasse Siegfried       | SV Bayer Uerdingen 08      | 1:12:59     | M50 | 29  | 183     | 0:09:52 | 211       | 0:35:48 | 199     | 0:45:41 | 277      | 0:27:18 |        |
| 234   | 708  | Reimer Theo           | Allround Sports Kleve      | 1:13:00     | M55 | 10  | 138     | 0:09:10 | 252       | 0:36:46 | 209     | 0:45:56 | 265      | 0:27:03 |        |
| 235   | 1461 | Jordans Hendrick      | Xanten                     | 1:13:01     | M30 | 21  | 327     | 0:11:33 | 288       | 0:37:38 | 298     | 0:49:11 | 134      | 0:23:50 |        |
| 236   | 1482 | Rasek Michael         | Bier-Barone                | 1:13:02     | M30 | 22  | 277     | 0:10:55 | 299       | 0:37:54 | 287     | 0:48:50 | 154      | 0:24:12 |        |
| 237   | 788  | Boschheidgen Jan      | Feuerwehr Moers            | 1:13:02MJUN | 5   | 284 | 0:11:01 | 219     | 0:36:07   | 240     | 0:47:08 | 227     | 0:25:54  |         |        |
| 238   | 713  | Ophey Martin          | LT-Lustige Schleicher      | 1:13:03     | M50 | 30  | 299     | 0:11:10 | 170       | 0:34:44 | 208     | 0:45:54 | 271      | 0:27:08 |        |
| 239   | 1397 | Von Ohle Marc         | Chilli-Sports AG           | 1:13:03     | M35 | 19  | 214     | 0:10:16 | 251       | 0:36:45 | 236     | 0:47:01 | 232      | 0:26:02 |        |
| 240   | 1533 | Klötters Simon        | Rheinberg                  | 1:13:03     | M25 | 22  | 229     | 0:10:23 | 255       | 0:36:48 | 241     | 0:47:12 | 224      | 0:25:51 |        |
| 241   | 1573 | Wächter Sebastian     | SV Blau Weiß Bochum        | 1:13:03     | M20 | 16  | 11      | 0:06:51 | 271       | 0:37:10 | 165     | 0:44:01 | 333      | 0:29:02 |        |
| 242   | 1041 | Prinz Stefan          | Oberhausen                 | 1:13:06     | M45 | 52  | 222     | 0:10:20 | 224       | 0:36:11 | 218     | 0:46:32 | 250      | 0:26:34 |        |
| 243   | 769  | Cappel Rolf           | Roadrunners                | 1:13:14     | M50 | 31  | 304     | 0:11:12 | 300       | 0:37:54 | 297     | 0:49:07 | 148      | 0:24:07 |        |
| 244   | 931  | Küppers Toni          | Bogenschützen Linn         | 1:13:23     | M45 | 53  | 276     | 0:10:55 | 201       | 0:35:31 | 216     | 0:46:26 | 260      | 0:26:56 |        |
| 245   | 886  | Alberti Dr. Thomas    | TSG Kirchhellen            | 1:13:26     | M40 | 53  | 354     | 0:12:08 | 285       | 0:37:34 | 307     | 0:49:43 | 131      | 0:23:43 |        |
| 246   | 913  | Voigt Marc-Oliver     | Dormagen                   | 1:13:35     | M40 | 54  | 175     | 0:09:43 | 239       | 0:36:29 | 214     | 0:46:13 | 281      | 0:27:22 |        |
| 247   | 771  | Glasneck Bernd        | Frühschicht                | 1:13:35     | M50 | 32  | 375     | 0:12:39 | 233       | 0:36:18 | 290     | 0:48:58 | 173      | 0:24:36 |        |
| 248   | 1426 | Kaiser Bjoern         | SV 13 Gladbeck             | 1:13:41     | M35 | 20  | 215     | 0:10:16 | 236       | 0:36:20 | 222     | 0:46:37 | 267      | 0:27:04 |        |
| 249   | 1506 | Langhammer Matthias   | Hamminkeln                 | 1:13:44     | M25 | 23  | 353     | 0:12:07 | 227       | 0:36:13 | 277     | 0:48:21 | 202      | 0:25:23 |        |
| 250   | 661  | Jaust Hans-Jörgen     | Turnerschaft Grefrath      | 1:13:51     | M60 | 6   | 347     | 0:11:57 | 79        | 0:32:34 | 179     | 0:44:31 | 338      | 0:29:19 |        |
| 251   | 935  | Berressen Jupp        | Nordwacht Keeken           | 1:14:02     | M45 | 54  | 171     | 0:09:42 | 260       | 0:36:54 | 221     | 0:46:37 | 284      | 0:27:25 |        |
| 252   | 812  | Herbe Peter           | TV Goch                    | 1:14:12     | M40 | 55  | 173     | 0:09:43 | 202       | 0:35:31 | 188     | 0:45:15 | 330      | 0:28:57 |        |
| 253   | 1527 | Kerstiens Marcel      | Dortmund                   | 1:14:12     | M25 | 24  | 315     | 0:11:18 | 175       | 0:34:50 | 212     | 0:46:09 | 303      | 0:28:03 |        |
| 254   | 824  | Wolters Manfred       | Geldern                    | 1:14:13     | M40 | 56  | 309     | 0:11:15 | 283       | 0:37:32 | 285     | 0:48:47 | 206      | 0:25:26 |        |
| 255   | 1444 | Berger Tobias         | Essen                      | 1:14:17     | M35 | 21  | 201     | 0:10:08 | 294       | 0:37:49 | 256     | 0:47:58 | 237      | 0:26:18 |        |
| 256   | 687  | Böhmer Norbert        | BSG-Krohne                 | 1:14:19     | M55 | 11  | 385     | 0:13:02 | 250       | 0:36:43 | 308     | 0:49:45 | 170      | 0:24:33 |        |
| 257   | 1473 | Reinhold Matthias     | Hochdahl                   | 1:14:19     | M30 | 23  | 110     | 0:08:55 | 269       | 0:37:09 | 211     | 0:46:05 | 308      | 0:28:14 |        |
| 258   | 1556 | Convent Niklas        | Starkes Trio               | 1:14:21     | M20 | 17  | 340     | 0:11:48 | 226       | 0:36:13 | 259     | 0:48:02 | 238      | 0:26:19 |        |
| 259   | 1449 | Bosch Michael         | SV 19 Straelen             | 1:14:25     | M30 | 24  | 302     | 0:11:11 | 335       | 0:39:18 | 324     | 0:50:30 | 139      | 0:23:55 |        |
| 260   | 729  | Scharf Hans-Jürgen    | Blau-Weiss Bochum          | 1:14:25     | M50 | 33  | 240     | 0:10:31 | 145       | 0:34:10 | 180     | 0:44:41 | 343      | 0:29:44 |        |
| 261   | 977  | Subbe Karsten         | Lt Schnecke Sonsbeck       | 1:14:28     | M45 | 55  | 287     | 0:11:03 | 212       | 0:35:52 | 229     | 0:46:56 | 288      | 0:27:32 |        |
| 262   | 853  | Kolligs Carsten       | TSG Kirchhellen            | 1:14:29     | M40 | 57  | 163     | 0:09:33 | 295       | 0:37:50 | 250     | 0:47:24 | 268      | 0:27:04 |        |
| 263   | 1006 | Hülsmann Viktor       | Xanten                     | 1:14:33     | M45 | 56  | 190     | 0:10:01 | 238       | 0:36:27 | 217     | 0:46:28 | 304      | 0:28:04 |        |
| 264   | 833  | Klein Ralf            | SV Welper                  | 1:14:33     | M40 | 58  | 332     | 0:11:39 | 179       | 0:34:53 | 219     | 0:46:32 | 301      | 0:28:01 |        |
| 265   | 1392 | Paff Oliver           | FC POST                    | 1:14:45     | M35 | 22  | 402     | 0:13:52 | 302       | 0:37:59 | 348     | 0:51:52 | 97       | 0:22:52 |        |
| 266   | 656  | Lefknecht Michael     | Rheinberg                  | 1:14:51     | M60 | 7   | 172     | 0:09:42 | 308       | 0:38:22 | 262     | 0:48:04 | 256      | 0:26:46 |        |
| 267   | 1474 | Sachse Ronny          | Firma TROX                 | 1:15:04     | M30 | 25  | 301     | 0:11:10 | 303       | 0:38:06 | 299     | 0:49:17 | 222      | 0:25:47 |        |
| 268   | 1011 | Eich Michael          | tri attack sonsbeck        | 1:15:15     | M45 | 57  | 154     | 0:09:22 | 167       | 0:34:42 | 172     | 0:44:05 | 371      | 0:31:10 |        |
| 269   | 836  | Weyers Rainer         | Borussia Veen              | 1:15:15     | M40 | 59  | 112     | 0:08:56 | 316       | 0:38:45 | 254     | 0:47:41 | 289      | 0:27:33 |        |
| 270   | 791  | Sebastian Schmitz     | tus xanten handball        | 1:15:19MJUN | 6   | 146 | 0:09:16 | 217     | 0:36:05   | 190     | 0:45:21 | 346     | 0:29:57  |         |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname        | Verein/-Ort             | Endzeit | AK  | Pl. | AKPl. | S       | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|---------------------|-------------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 271   | 860  | Rommerskirchen      | LT Kassacker            | 1:15:21 | M40 | 60  | 409   | 0:14:15 | 231       | 0:36:15 | 326 | 0:50:31 | 182      | 0:24:50 |        |
| 272   | 1434 | Ulrich René         | Lets jogging***         | 1:15:23 | M35 | 23  | 215   | 0:10:16 | 245       | 0:36:33 | 228 | 0:46:50 | 319      | 0:28:33 |        |
| 273   | 1042 | Schepers Holger     | Mülheim                 | 1:15:24 | M45 | 58  | 286   | 0:11:03 | 268       | 0:37:07 | 268 | 0:48:10 | 275      | 0:27:14 |        |
| 274   | 989  | Klotz Mathias       | Xanten                  | 1:15:26 | M45 | 59  | 251   | 0:10:39 | 292       | 0:37:43 | 279 | 0:48:22 | 264      | 0:27:03 |        |
| 275   | 665  | Ambaum Friedhelm    | Xanten                  | 1:15:35 | M60 | 8   | 239   | 0:10:30 | 305       | 0:38:10 | 284 | 0:48:41 | 258      | 0:26:54 |        |
| 276   | 830  | Braun Markus        | Krefeld                 | 1:15:38 | M40 | 61  | 272   | 0:10:50 | 256       | 0:36:50 | 253 | 0:47:40 | 298      | 0:27:57 |        |
| 277   | 712  | Joseph Manfred      | Geldern                 | 1:15:42 | M50 | 34  | 247   | 0:10:37 | 277       | 0:37:22 | 258 | 0:48:00 | 293      | 0:27:42 |        |
| 278   | 1495 | Kleinohl Nils       | Aachen                  | 1:15:44 | M30 | 26  | 406   | 0:14:00 | 244       | 0:36:33 | 327 | 0:50:33 | 194      | 0:25:11 |        |
| 279   | 930  | Grzywacz Frank      | Rheinberg               | 1:15:46 | M45 | 60  | 232   | 0:10:26 | 291       | 0:37:41 | 265 | 0:48:07 | 291      | 0:27:39 |        |
| 280   | 1446 | Räckers Ulf         | krefeldisueberall.net   | 1:15:48 | M30 | 27  | 278   | 0:10:56 | 275       | 0:37:21 | 274 | 0:48:17 | 286      | 0:27:31 |        |
| 281   | 1448 | Hensel Dennis       | Rees                    | 1:15:48 | M30 | 28  | 366   | 0:12:19 | 228       | 0:36:14 | 281 | 0:48:33 | 276      | 0:27:15 |        |
| 282   | 987  | Eikermann Norbert   | Mülheim an der Ruhr     | 1:15:52 | M45 | 61  | 223   | 0:10:21 | 301       | 0:37:59 | 276 | 0:48:21 | 287      | 0:27:31 |        |
| 283   | 1561 | Bosch Florian       | Reeser SC               | 1:15:53 | M20 | 18  | 39    | 0:07:39 | 353       | 0:40:23 | 260 | 0:48:02 | 297      | 0:27:50 |        |
| 284   | 834  | Nordmeyer Dirk      | Dinslaken               | 1:15:58 | M40 | 62  | 148   | 0:09:16 | 339       | 0:39:32 | 286 | 0:48:49 | 270      | 0:27:08 |        |
| 285   | 1470 | Markwaldt Nils      | Fa. TROX                | 1:16:03 | M30 | 29  | 236   | 0:10:28 | 273       | 0:37:13 | 255 | 0:47:42 | 313      | 0:28:21 |        |
| 286   | 668  | Diekenbrock Manfred | SV Lembeck              | 1:16:06 | M60 | 9   | 379   | 0:12:54 | 237       | 0:36:26 | 301 | 0:49:20 | 255      | 0:26:46 |        |
| 287   | 1413 | Enters Timm         | SV Sonsbeck 1919        | 1:16:10 | M35 | 24  | 230   | 0:10:25 | 225       | 0:36:13 | 224 | 0:46:38 | 340      | 0:29:32 |        |
| 288   | 710  | Engler Jürgen       | Neukirchen-Vluyn        | 1:16:13 | M50 | 35  | 343   | 0:11:52 | 234       | 0:36:19 | 272 | 0:48:12 | 300      | 0:28:01 |        |
| 289   | 1559 | Schlüsler Kai       | DLRG Alpen              | 1:16:19 | M20 | 19  | 51    | 0:07:48 | 221       | 0:36:07 | 158 | 0:43:56 | 383      | 0:32:22 |        |
| 290   | 689  | Cascales Miguel     | ohne                    | 1:16:20 | M55 | 12  | 0     | 0:00:00 | 0         | 0:00:00 | 317 | 0:50:08 | 235      | 0:26:11 |        |
| 291   | 751  | Vogel Dirk          | Duisburg                | 1:16:28 | M50 | 36  | 250   | 0:10:39 | 336       | 0:39:22 | 315 | 0:50:01 | 242      | 0:26:26 |        |
| 292   | 820  | Rudolf Volker       | BF Herne                | 1:16:28 | M40 | 63  | 233   | 0:10:27 | 349       | 0:40:19 | 331 | 0:50:47 | 216      | 0:25:40 |        |
| 293   | 672  | Kattner Ingolf      | KvN                     | 1:16:28 | M60 | 10  | 369   | 0:12:25 | 207       | 0:35:41 | 263 | 0:48:06 | 314      | 0:28:21 |        |
| 294   | 1394 | Bade Daniel         | SV 19 Straelen          | 1:16:30 | M35 | 25  | 258   | 0:10:43 | 317       | 0:38:46 | 303 | 0:49:29 | 263      | 0:27:01 |        |
| 295   | 767  | Haske Thomas        | TUS Drevenack           | 1:16:34 | M50 | 37  | 344   | 0:11:53 | 263       | 0:36:57 | 288 | 0:48:50 | 294      | 0:27:43 |        |
| 296   | 903  | Schmitz Sven        | KSV-LWT Kevelaer        | 1:16:44 | M40 | 64  | 360   | 0:12:12 | 329       | 0:39:05 | 339 | 0:51:17 | 207      | 0:25:26 |        |
| 297   | 878  | Janssen Michael     | Tri-Team TV Schiefbahn  | 1:16:55 | M40 | 65  | 116   | 0:08:59 | 254       | 0:36:47 | 202 | 0:45:46 | 370      | 0:31:09 |        |
| 298   | 652  | Becker Frajo        | Moers                   | 1:16:59 | M65 | 1   | 365   | 0:12:17 | 274       | 0:37:20 | 305 | 0:49:38 | 279      | 0:27:20 |        |
| 299   | 1010 | Bosch Frank         | Reeser SC               | 1:17:01 | M45 | 62  | 141   | 0:09:13 | 326       | 0:39:00 | 273 | 0:48:14 | 326      | 0:28:47 |        |
| 300   | 940  | Kopania Jörg        | Gelsenkirchen           | 1:17:08 | M45 | 63  | 178   | 0:09:46 | 312       | 0:38:35 | 278 | 0:48:22 | 325      | 0:28:45 |        |
| 301   | 1401 | Fischer Steffan     | Essen                   | 1:17:10 | M35 | 26  | 306   | 0:11:14 | 304       | 0:38:09 | 302 | 0:49:23 | 295      | 0:27:46 |        |
| 302   | 1478 | Radomski Sven       | Bier-Barone             | 1:17:11 | M30 | 30  | 410   | 0:14:22 | 314       | 0:38:40 | 369 | 0:53:03 | 150      | 0:24:08 |        |
| 303   | 778  | Strupp Matthias     | Xanten                  | 1:17:14 | M50 | 38  | 373   | 0:12:36 | 286       | 0:37:34 | 319 | 0:50:10 | 266      | 0:27:03 |        |
| 304   | 657  | Richter Peter       | Voerde                  | 1:17:15 | M60 | 11  | 274   | 0:10:54 | 324       | 0:38:57 | 310 | 0:49:51 | 283      | 0:27:24 |        |
| 305   | 920  | Borin Peter         | SKSD Bled               | 1:17:17 | M40 | 66  | 254   | 0:10:40 | 310       | 0:38:26 | 296 | 0:49:07 | 307      | 0:28:10 |        |
| 306   | 1053 | Dams Michael        | SV Straelen             | 1:17:31 | M45 | 64  | 319   | 0:11:22 | 287       | 0:37:37 | 291 | 0:48:59 | 317      | 0:28:31 |        |
| 307   | 1546 | Schmidt Eugen       | Essen                   | 1:17:32 | M25 | 25  | 386   | 0:13:02 | 270       | 0:37:09 | 320 | 0:50:11 | 280      | 0:27:21 |        |
| 308   | 817  | Plato Haiko         | Moers                   | 1:17:36 | M40 | 67  | 321   | 0:11:29 | 220       | 0:36:07 | 252 | 0:47:36 | 347      | 0:29:59 |        |
| 309   | 1543 | Wangard Marc        | Dortmund                | 1:17:37 | M25 | 26  | 407   | 0:14:09 | 313       | 0:38:36 | 365 | 0:52:45 | 183      | 0:24:52 |        |
| 310   | 1431 | Beinert Markus      | TT Hopfen-Express       | 1:17:38 | M35 | 27  | 212   | 0:10:15 | 321       | 0:38:49 | 292 | 0:49:04 | 320      | 0:28:33 |        |
| 311   | 1383 | Willemsen Jens      | VFB Alemannia Pfalzdorf | 1:17:39 | M35 | 28  | 273   | 0:10:50 | 370       | 0:41:25 | 358 | 0:52:15 | 203      | 0:25:23 |        |
| 312   | 994  | Sturm Thomas        | TG Neuss                | 1:17:40 | M45 | 65  | 336   | 0:11:46 | 347       | 0:40:05 | 347 | 0:51:52 | 223      | 0:25:48 |        |
| 313   | 761  | Becker Jürgen       | One Man Show            | 1:17:42 | M50 | 39  | 198   | 0:10:07 | 258       | 0:36:52 | 235 | 0:47:00 | 359      | 0:30:42 |        |
| 314   | 954  | Kessler Markus      | Sonsbeck                | 1:17:47 | M45 | 66  | 227   | 0:10:22 | 311       | 0:38:31 | 289 | 0:48:54 | 329      | 0:28:53 |        |
| 315   | 993  | Wintermeyer Bruno   | AS Neukirchen-Vluyn     | 1:17:50 | M45 | 67  | 0     | 0:00:00 | 0         | 0:00:00 | 354 | 0:52:10 | 215      | 0:25:40 |        |
| 316   | 748  | Nolden Frank        | AS Neukirchen-Vluyn     | 1:17:57 | M50 | 40  | 351   | 0:12:02 | 298       | 0:37:54 | 312 | 0:49:56 | 299      | 0:28:00 |        |
| 317   | 1467 | Rothstein Jan       | Köln                    | 1:18:01 | M30 | 31  | 384   | 0:13:01 | 281       | 0:37:29 | 325 | 0:50:30 | 285      | 0:27:30 |        |
| 318   | 666  | Hülsberg Siegfried  | Borussia Veen           | 1:18:10 | M60 | 12  | 308   | 0:11:15 | 162       | 0:34:36 | 204 | 0:45:51 | 382      | 0:32:19 |        |
| 319   | 881  | Zimmer Guido        | Tri-Attack-Sonsbeck     | 1:18:30 | M40 | 68  | 356   | 0:12:11 | 289       | 0:37:38 | 309 | 0:49:49 | 323      | 0:28:41 |        |
| 320   | 744  | Vrede Jürgen        | Tri Fun Goch            | 1:18:51 | M50 | 41  | 337   | 0:11:47 | 235       | 0:36:20 | 266 | 0:48:07 | 360      | 0:30:43 |        |
| 321   | 988  | Fährmann Uwe        | -----                   | 1:18:51 | M45 | 68  | 339   | 0:11:47 | 296       | 0:37:51 | 306 | 0:49:39 | 336      | 0:29:12 |        |
| 322   | 1026 | Michel Gerhard      | Rheinberg               | 1:19:01 | M45 | 69  | 191   | 0:10:03 | 382       | 0:42:27 | 363 | 0:52:30 | 247      | 0:26:30 |        |
| 323   | 1537 | Höke Daniel         | Dortmund                | 1:19:03 | M25 | 27  | 294   | 0:11:08 | 384       | 0:42:36 | 379 | 0:53:45 | 199      | 0:25:18 |        |
| 324   | 846  | Schmitz Stefan      | Mönchengladbach         | 1:19:09 | M40 | 69  | 196   | 0:10:05 | 346       | 0:39:59 | 316 | 0:50:04 | 334      | 0:29:04 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname            | Verein/-Ort               | Endzeit | AK   | Pl. AK | Pl. S | Schwimmen | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen  |
|-------|------|-------------------------|---------------------------|---------|------|--------|-------|-----------|-------|---------|--------|----------|-------|---------|
| 325   | 1519 | Heilmann Patrick        | BF Herne                  | 1:19:11 | M25  | 28     | 335   | 0:11:43   | 368   | 0:41:23 | 370    | 0:53:06  | 234   | 0:26:04 |
| 326   | 1499 | Strohwald Simon         | BF Herne                  | 1:19:11 | M30  | 32     | 264   | 0:10:45   | 380   | 0:42:21 | 371    | 0:53:06  | 233   | 0:26:04 |
| 327   | 936  | Hartmann Stefan         | KSV Reichelsheim Tria     | 1:19:18 | M45  | 70     | 260   | 0:10:43   | 241   | 0:36:31 | 246    | 0:47:14  | 378   | 0:32:03 |
| 328   | 1477 | Bollmann Axel           | Gebrüder Fürchterlich     | 1:19:26 | M30  | 33     | 401   | 0:13:50   | 377   | 0:42:05 | 393    | 0:55:56  | 124   | 0:23:30 |
| 329   | 754  | Wienholt Bernd          | Duisburg                  | 1:19:28 | M50  | 42     | 306   | 0:11:14   | 344   | 0:39:54 | 337    | 0:51:08  | 309   | 0:28:20 |
| 330   | 707  | Lauenroth Bernd         | Hattingen                 | 1:19:30 | M55  | 13     | 320   | 0:11:28   | 351   | 0:40:22 | 346    | 0:51:50  | 292   | 0:27:40 |
| 331   | 678  | Flötotto Heiner         | Wuppertal                 | 1:19:34 | M55  | 14     | 361   | 0:12:13   | 318   | 0:38:46 | 335    | 0:50:59  | 321   | 0:28:35 |
| 332   | 1018 | Roeling Clemens         | The Roeling Stones        | 1:19:35 | M45  | 71     | 364   | 0:12:14   | 341   | 0:39:44 | 350    | 0:51:59  | 290   | 0:27:36 |
| 333   | 1407 | Fröhlingsdorf Boris     | Krefeld                   | 1:19:52 | M35  | 29     | 241   | 0:10:32   | 320   | 0:38:47 | 300    | 0:49:20  | 356   | 0:30:31 |
| 334   | 786  | Strupp Yannick          | Xanten                    | 1:20:02 | MJUN | 7      | 334   | 0:11:42   | 376   | 0:41:56 | 377    | 0:53:39  | 241   | 0:26:23 |
| 335   | 683  | Iseke Norbert           | ASV Duisburg              | 1:20:12 | M55  | 15     | 242   | 0:10:33   | 354   | 0:40:24 | 334    | 0:50:58  | 337   | 0:29:14 |
| 336   | 1031 | Werth Frank             | Jülich                    | 1:20:14 | M45  | 72     | 185   | 0:09:55   | 332   | 0:39:11 | 294    | 0:49:06  | 369   | 0:31:07 |
| 337   | 1035 | Weßling Ulrich          | Suderwick                 | 1:20:24 | M45  | 73     | 349   | 0:11:58   | 282   | 0:37:32 | 304    | 0:49:30  | 364   | 0:30:54 |
| 338   | 753  | Kridde Axel             | LOXX Logistics            | 1:20:40 | M50  | 43     | 383   | 0:13:00   | 297   | 0:37:53 | 332    | 0:50:54  | 344   | 0:29:46 |
| 339   | 821  | Kaiser Wolfgang         | Essen                     | 1:20:45 | M40  | 70     | 317   | 0:11:21   | 325   | 0:38:58 | 323    | 0:50:19  | 355   | 0:30:26 |
| 340   | 1024 | Giesa Burkhard          | Triathlon Team Rheinberg  | 1:20:49 | M45  | 74     | 204   | 0:10:12   | 352   | 0:40:22 | 329    | 0:50:35  | 352   | 0:30:14 |
| 341   | 706  | Geusen Ulrich           | -                         | 1:20:49 | M55  | 16     | 234   | 0:10:27   | 290   | 0:37:39 | 263    | 0:48:06  | 387   | 0:32:42 |
| 342   | 1405 | Dammeyer Konrad         | koni sport                | 1:20:50 | M35  | 30     | 210   | 0:10:14   | 378   | 0:42:10 | 360    | 0:52:24  | 316   | 0:28:26 |
| 343   | 669  | Ettelt Hermann          | RWE Starlight Team        | 1:21:05 | M60  | 13     | 399   | 0:13:43   | 229   | 0:36:14 | 314    | 0:49:58  | 368   | 0:31:07 |
| 344   | 1440 | Bensemam Marcel         | Goch                      | 1:21:09 | M35  | 31     | 238   | 0:10:29   | 230   | 0:36:14 | 227    | 0:46:44  | 397   | 0:34:25 |
| 345   | 718  | Schönnenbeck Ingo       | Essen                     | 1:21:21 | M50  | 44     | 164   | 0:09:33   | 387   | 0:42:47 | 359    | 0:52:21  | 331   | 0:28:59 |
| 346   | 1013 | Waffner Volker          | DJK Adler Frintrop        | 1:21:26 | M45  | 75     | 367   | 0:12:20   | 345   | 0:39:55 | 356    | 0:52:15  | 335   | 0:29:11 |
| 347   | 673  | Hageney Willi           | LT Schnecke Sonsbeck      | 1:21:50 | M60  | 14     | 380   | 0:12:55   | 338   | 0:39:30 | 361    | 0:52:25  | 339   | 0:29:25 |
| 348   | 695  | Eberhardt Uwe           | Dormagen                  | 1:21:54 | M55  | 17     | 387   | 0:13:03   | 309   | 0:38:25 | 341    | 0:51:29  | 354   | 0:30:25 |
| 349   | 750  | Baloniak Michael        | Witten                    | 1:22:03 | M50  | 45     | 391   | 0:13:13   | 333   | 0:39:12 | 362    | 0:52:25  | 341   | 0:29:37 |
| 350   | 973  | Anfang Dirk             | Xanten                    | 1:22:04 | M45  | 76     | 228   | 0:10:23   | 343   | 0:39:45 | 318    | 0:50:09  | 374   | 0:31:54 |
| 351   | 688  | Platte Reinhard         | Mönchengladbach           | 1:22:09 | M55  | 18     | 396   | 0:13:27   | 350   | 0:40:20 | 380    | 0:53:48  | 310   | 0:28:20 |
| 352   | 1416 | Roosen Sven             | Ohne Pfand                | 1:22:13 | M35  | 32     | 266   | 0:10:47   | 359   | 0:40:48 | 342    | 0:51:35  | 358   | 0:30:37 |
| 353   | 1525 | Molitor Bastian         | Bochum                    | 1:22:15 | M25  | 29     | 248   | 0:10:37   | 340   | 0:39:39 | 322    | 0:50:17  | 376   | 0:31:58 |
| 354   | 1001 | Gerecke Thorsten        | Moers                     | 1:22:15 | M45  | 77     | 350   | 0:12:01   | 402   | 0:44:13 | 397    | 0:56:15  | 231   | 0:26:00 |
| 355   | 721  | Brentano Achim          | Essen                     | 1:22:27 | M50  | 46     | 263   | 0:10:44   | 278   | 0:37:24 | 267    | 0:48:08  | 396   | 0:34:19 |
| 356   | 982  | Hofmann Michael         | Dorsten                   | 1:22:35 | M45  | 78     | 310   | 0:11:15   | 356   | 0:40:28 | 344    | 0:51:43  | 362   | 0:30:51 |
| 357   | 757  | Kupsch Hardy            | ohne                      | 1:22:40 | M50  | 47     | 322   | 0:11:29   | 315   | 0:38:44 | 321    | 0:50:13  | 384   | 0:32:26 |
| 358   | 1404 | Bruderek Dino           | --                        | 1:22:41 | M35  | 33     | 403   | 0:13:53   | 348   | 0:40:10 | 381    | 0:54:03  | 322   | 0:28:37 |
| 359   | 1572 | Mahlstedt Pascal Pierre | Düsseldorf                | 1:22:43 | M20  | 20     | 325   | 0:11:31   | 404   | 0:44:43 | 396    | 0:56:14  | 246   | 0:26:29 |
| 360   | 735  | Wolniewicz Ralf         | Förderverein              | 1:22:56 | M50  | 48     | 311   | 0:11:15   | 358   | 0:40:43 | 351    | 0:51:59  | 366   | 0:30:57 |
| 361   | 730  | Ameln Martin            | Schwerte                  | 1:23:00 | M50  | 49     | 189   | 0:10:00   | 375   | 0:41:55 | 349    | 0:51:56  | 367   | 0:31:04 |
| 362   | 674  | Ritz Jürgen             | Lt R(h)einknaller         | 1:23:03 | M60  | 15     | 337   | 0:11:47   | 389   | 0:42:55 | 387    | 0:54:42  | 312   | 0:28:20 |
| 363   | 1008 | Fabri Markus            | AS Neukirchen-Vluyn       | 1:23:04 | M45  | 79     | 382   | 0:12:57   | 394   | 0:43:29 | 399    | 0:56:26  | 253   | 0:26:37 |
| 364   | 684  | Kurz Karl-Heinz         | Triathlon Waldfeucht      | 1:23:05 | M55  | 19     | 297   | 0:11:10   | 364   | 0:41:02 | 355    | 0:52:12  | 363   | 0:30:53 |
| 365   | 926  | Lindlar Wolfgang        | SuS Grün-Weiß Kalkar      | 1:23:06 | M45  | 80     | 346   | 0:11:56   | 360   | 0:40:52 | 366    | 0:52:48  | 353   | 0:30:18 |
| 366   | 699  | Cossmann Michael        | TC Köln-Jena              | 1:23:13 | M55  | 20     | 358   | 0:12:11   | 330   | 0:39:07 | 340    | 0:51:18  | 375   | 0:31:55 |
| 367   | 1395 | Schneider Stefan        | Moers                     | 1:23:18 | M35  | 34     | 158   | 0:09:31   | 331   | 0:39:08 | 282    | 0:48:39  | 400   | 0:34:39 |
| 368   | 828  | Kiehne Mark             | Polizei Bottrop / LT      | 1:23:21 | M40  | 71     | 318   | 0:11:22   | 334   | 0:39:17 | 330    | 0:50:40  | 386   | 0:32:41 |
| 369   | 1539 | Boemke Dominik          | BF Herne                  | 1:23:24 | M25  | 30     | 270   | 0:10:49   | 414   | 0:47:20 | 412    | 0:58:09  | 198   | 0:25:15 |
| 370   | 1501 | Kanak Florian           | BF Herne                  | 1:23:25 | M25  | 31     | 331   | 0:11:38   | 410   | 0:46:31 | 414    | 0:58:10  | 197   | 0:25:14 |
| 371   | 803  | Becker Lennart          | Afterburner               | 1:23:48 | MJA  | 10     | 352   | 0:12:02   | 372   | 0:41:33 | 375    | 0:53:35  | 351   | 0:30:12 |
| 372   | 811  | Dorsch Wolfgang         | AS Neukirchen-Vluyn       | 1:24:09 | M40  | 72     | 411   | 0:14:35   | 319   | 0:38:46 | 373    | 0:53:22  | 361   | 0:30:46 |
| 373   | 1000 | Wegner Torsten          | Moers                     | 1:24:22 | M45  | 81     | 165   | 0:09:34   | 328   | 0:39:04 | 283    | 0:48:39  | 406   | 0:35:42 |
| 374   | 664  | Schoemaker Ferdinand    | LG Hö / Nie               | 1:24:22 | M60  | 16     | 314   | 0:11:18   | 361   | 0:40:57 | 357    | 0:52:15  | 379   | 0:32:06 |
| 375   | 854  | Päschke Stefan          | Mönchengladbach           | 1:24:27 | M40  | 73     | 271   | 0:10:49   | 355   | 0:40:25 | 338    | 0:51:15  | 390   | 0:33:12 |
| 376   | 904  | Stalder Tobias          | St. Josef Hospital Xanten | 1:24:53 | M40  | 74     | 417   | 0:15:07   | 246   | 0:36:35 | 343    | 0:51:42  | 388   | 0:33:10 |
| 377   | 654  | Howahl Friedel          | LT Schnecke Sonsbeck      | 1:25:01 | M65  | 2      | 405   | 0:13:55   | 362   | 0:40:58 | 389    | 0:54:53  | 349   | 0:30:07 |
| 378   | 815  | Pass Christoph          | Xanten                    | 1:25:05 | M40  | 75     | 395   | 0:13:23   | 365   | 0:41:08 | 385    | 0:54:32  | 357   | 0:30:33 |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

| Platz | Nr.  | Name Vorname        | Verein/-Ort             | Endzeit | AK  | Pl. | AKPl. | S       | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|---------------------|-------------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 379   | 1438 | Rusch Stefan        | PinKingz                | 1:25:37 | M35 | 35  | 295   | 0:11:09 | 379       | 0:42:13 | 374 | 0:53:23 | 381      | 0:32:14 |        |
| 380   | 716  | Klingebiel Volker   | Ruhrrunner Essen        | 1:26:04 | M50 | 50  | 389   | 0:13:07 | 401       | 0:44:10 | 405 | 0:57:17 | 327      | 0:28:47 |        |
| 381   | 1030 | Weinberg Dirk       | Castrop-Rauxel          | 1:26:11 | M45 | 82  | 419   | 0:16:25 | 374       | 0:41:44 | 413 | 0:58:10 | 302      | 0:28:01 |        |
| 382   | 741  | Lorenz Peter        | Rheinberg               | 1:26:16 | M50 | 51  | 378   | 0:12:43 | 327       | 0:39:02 | 345 | 0:51:46 | 398      | 0:34:30 |        |
| 383   | 728  | Schütze Holger      | RSC                     | 1:26:36 | M50 | 52  | 251   | 0:10:39 | 381       | 0:42:21 | 368 | 0:53:00 | 392      | 0:33:35 |        |
| 384   | 1522 | Dobrindt Jan        | BF Herne                | 1:26:39 | M25 | 32  | 333   | 0:11:41 | 407       | 0:45:09 | 403 | 0:56:51 | 345      | 0:29:48 |        |
| 385   | 770  | Berief Klaus-Jürgen | Herne                   | 1:26:45 | M50 | 53  | 362   | 0:12:13 | 307       | 0:38:21 | 328 | 0:50:34 | 410      | 0:36:10 |        |
| 386   | 797  | Koch Jan-Niclas     | Sv Blau-Weiss Bochum    | 1:26:46 | MJA | 11  | 10    | 0:06:46 | 409       | 0:46:27 | 372 | 0:53:14 | 391      | 0:33:31 |        |
| 387   | 1403 | Hermesen Markus     | SV 1919 Sonsbeck e. V.  | 1:26:51 | M35 | 36  | 149   | 0:09:17 | 386       | 0:42:44 | 352 | 0:52:02 | 401      | 0:34:49 |        |
| 388   | 732  | Goerge Simon        | Moers                   | 1:26:51 | M50 | 54  | 374   | 0:12:37 | 373       | 0:41:36 | 383 | 0:54:13 | 385      | 0:32:38 |        |
| 389   | 887  | Dulak Christoph     | frechen                 | 1:26:52 | M40 | 76  | 408   | 0:14:13 | 357       | 0:40:30 | 388 | 0:54:44 | 380      | 0:32:08 |        |
| 390   | 813  | Van de Wetering     | KHS                     | 1:26:53 | M40 | 77  | 259   | 0:10:43 | 415       | 0:47:21 | 411 | 0:58:04 | 328      | 0:28:49 |        |
| 391   | 675  | Helle Bernhard      | Hattingen               | 1:26:55 | M55 | 21  | 412   | 0:14:36 | 385       | 0:42:40 | 404 | 0:57:16 | 342      | 0:29:38 |        |
| 392   | 1531 | Häring Jan-Oliver   | BF Herne                | 1:26:59 | M25 | 33  | 330   | 0:11:38 | 408       | 0:45:12 | 402 | 0:56:51 | 348      | 0:30:07 |        |
| 393   | 727  | Erdweg Leonard      | Triathlon-Waldfeucht    | 1:27:19 | M50 | 55  | 155   | 0:09:24 | 323       | 0:38:56 | 275 | 0:48:20 | 417      | 0:38:58 |        |
| 394   | 679  | Suberg Ulrich       | kein Verein             | 1:27:32 | M55 | 22  | 372   | 0:12:33 | 400       | 0:44:04 | 400 | 0:56:37 | 364      | 0:30:54 |        |
| 395   | 964  | Segna Peter         | Laufsportfreunde Gröden | 1:27:55 | M45 | 83  | 381   | 0:12:55 | 405       | 0:44:48 | 406 | 0:57:44 | 350      | 0:30:11 |        |
| 396   | 700  | Roskothen Werner    | Essen                   | 1:28:00 | M55 | 23  | 357   | 0:12:11 | 413       | 0:47:07 | 416 | 0:59:18 | 324      | 0:28:41 |        |
| 397   | 1441 | Reichert Tobias     | Krefeld                 | 1:28:01 | M35 | 37  | 342   | 0:11:51 | 363       | 0:41:01 | 367 | 0:52:52 | 403      | 0:35:09 |        |
| 398   | 72   | Leipertz Elmar      | Fortuna Freitag Abend   | 1:28:06 | M45 | 84  | 300   | 0:11:10 | 391       | 0:43:02 | 382 | 0:54:12 | 393      | 0:33:54 |        |
| 399   | 1047 | Hanisch Andreas     | DJK VfB Frohnhausen     | 1:28:56 | M45 | 85  | 257   | 0:10:41 | 390       | 0:42:57 | 376 | 0:53:38 | 404      | 0:35:17 |        |
| 400   | 686  | Brentano Ulrich     | Essen                   | 1:29:04 | M55 | 24  | 400   | 0:13:44 | 366       | 0:41:17 | 390 | 0:55:02 | 395      | 0:34:02 |        |
| 401   | 919  | Braem Frank         | BSV Büderich            | 1:29:08 | M40 | 78  | 392   | 0:13:19 | 322       | 0:38:49 | 353 | 0:52:08 | 414      | 0:36:59 |        |
| 402   | 650  | Karl Bönsch         | Elsdorf                 | 1:29:25 | M65 | 3   | 363   | 0:12:14 | 369       | 0:41:25 | 378 | 0:53:39 | 407      | 0:35:46 |        |
| 403   | 929  | Bleckmann Kurt      | SSV Lüttingen           | 1:30:12 | M45 | 86  | 416   | 0:15:02 | 397       | 0:43:36 | 415 | 0:58:38 | 373      | 0:31:34 |        |
| 404   | 951  | Postfeld Frank      | Xanten                  | 1:30:22 | M45 | 87  | 388   | 0:13:05 | 371       | 0:41:25 | 384 | 0:54:31 | 409      | 0:35:51 |        |
| 405   | 864  | Kristaunik Andre    | Duisburg                | 1:30:40 | M40 | 79  | 359   | 0:12:12 | 396       | 0:43:33 | 391 | 0:55:46 | 402      | 0:34:54 |        |
| 406   | 975  | Brinkel Gerd Axel   | Krefeld                 | 1:30:49 | M45 | 88  | 376   | 0:12:41 | 395       | 0:43:31 | 395 | 0:56:13 | 399      | 0:34:35 |        |
| 407   | 667  | Herrmann Iro        | TV Refrath              | 1:31:04 | M60 | 17  | 303   | 0:11:12 | 367       | 0:41:19 | 364 | 0:52:31 | 416      | 0:38:32 |        |
| 408   | 1398 | Gramm Sascha        | SV Büderich             | 1:31:40 | M35 | 38  | 283   | 0:11:01 | 406       | 0:44:50 | 392 | 0:55:51 | 408      | 0:35:49 |        |
| 409   | 671  | Middeldorf Hans     | KSV LWT Kevelaer        | 1:31:53 | M60 | 18  | 418   | 0:15:23 | 383       | 0:42:28 | 409 | 0:57:52 | 394      | 0:34:01 |        |
| 410   | 1458 | Sinjou Olav         | Heerhugowaard           | 1:32:57 | M30 | 34  | 194   | 0:10:05 | 417       | 0:50:51 | 417 | 1:00:56 | 377      | 0:32:00 |        |
| 411   | 1429 | Mayzaud Dr. Yves    | Xanten                  | 1:33:00 | M35 | 39  | 341   | 0:11:49 | 403       | 0:44:34 | 398 | 0:56:24 | 412      | 0:36:36 |        |
| 412   | 918  | Maeding Mark        | Moers                   | 1:33:05 | M40 | 80  | 370   | 0:12:29 | 398       | 0:43:37 | 394 | 0:56:06 | 413      | 0:36:58 |        |
| 413   | 737  | Anderl Andreas      | Oberhausen              | 1:33:19 | M50 | 56  | 414   | 0:14:52 | 388       | 0:42:53 | 407 | 0:57:46 | 405      | 0:35:32 |        |
| 414   | 677  | Thomas Michael      | Kleve                   | 1:33:40 | M55 | 25  | 394   | 0:13:20 | 416       | 0:48:54 | 419 | 1:02:14 | 372      | 0:31:25 |        |
| 415   | 880  | Topp Kerstan        | TVEinigkeit 06 Mülheim  | 1:34:19 | M40 | 81  | 404   | 0:13:53 | 399       | 0:44:04 | 410 | 0:57:57 | 411      | 0:36:21 |        |
| 416   | 957  | Bühling Andreas     | FC Schalke 04           | 1:34:49 | M45 | 89  | 415   | 0:14:59 | 411       | 0:46:37 | 418 | 1:01:36 | 389      | 0:33:12 |        |
| 417   | 775  | Keuter Dr. Stefan   | Essen                   | 1:35:02 | M50 | 57  | 293   | 0:11:07 | 393       | 0:43:27 | 386 | 0:54:35 | 418      | 0:40:27 |        |
| 418   | 651  | Knoben Manfred      | K-Team                  | 1:35:05 | M65 | 4   | 397   | 0:13:34 | 392       | 0:43:09 | 401 | 0:56:43 | 415      | 0:38:22 |        |
| 419   | 899  | Hohmann Marc        | PSV Bruehl Tri Team     | 1:42:15 | M40 | 82  | 267   | 0:10:47 | 412       | 0:46:59 | 408 | 0:57:46 | 421      | 0:44:28 |        |
| 420   | 659  | Gayk Friedhelm      | All Heil Veert          | 1:45:13 | M60 | 19  | 345   | 0:11:56 | 418       | 0:51:21 | 420 | 1:03:17 | 419      | 0:41:55 |        |
| 421   | 1004 | Bullmann Matthias   | Remagen                 | 1:47:02 | M45 | 90  | 368   | 0:12:25 | 419       | 0:52:34 | 421 | 1:04:59 | 420      | 0:42:02 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Männer

nicht beendet

| Platz | Nr.  | Name Vorname    | Verein/-Ort           | Endzeit | AK  | Pl. AK | Pl. S | Schwimmen | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen  |
|-------|------|-----------------|-----------------------|---------|-----|--------|-------|-----------|-------|---------|--------|----------|-------|---------|
| 0     | 847  | Streck Michael  | TV Goch               | 0:00:00 | M40 | -      | 420   | 0:07:51   | 420   | 0:31:21 | 422    | 0:39:12  | 0     | 0:00:00 |
| 0     | 1386 | Halswick Thomas | SV Buderich           | 0:00:00 | M35 | -      | 423   | 0:10:18   | 424   | 0:38:30 | 426    | 0:48:48  | 0     | 0:00:00 |
| 0     | 882  | Voitz Michael   | Lighthouse Team       | 0:00:00 | M40 | -      | 428   | 0:09:35   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |
| 0     | 719  | Horrig Volker   | Triminators TV Voerde | 0:00:00 | M50 | -      | 430   | 0:11:05   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |
| 0     | 653  | Rabs Werner     | Moers                 | 0:00:00 | M65 | -      | 424   | 0:11:48   | 422   | 0:33:20 | 425    | 0:45:09  | 0     | 0:00:00 |
| 0     | 1415 | Nübel Patrick   | SV Blau-Weiß Bochum   | 0:00:00 | M35 | -      | 421   | 0:09:14   | 421   | 0:31:55 | 423    | 0:41:10  | 0     | 0:00:00 |
| 0     | 745  | Badiian Adel    | Lighthouse Team       | 0:00:00 | M50 | -      | 431   | 0:16:00   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |
| 0     | 1408 | Kramer Rene     | -                     | 0:00:00 | M35 | -      | 427   | 0:09:27   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |
| 0     | 1471 | Stiebig         | SC Bayer 05 Uerdingen | 0:00:00 | M30 | -      | 422   | 0:09:41   | 423   | 0:33:54 | 424    | 0:43:36  | 0     | 0:00:00 |
| 0     | 822  | Schönau Andreas | Reeser SC             | 0:00:00 | M40 | -      | 429   | 0:10:03   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |
| 0     | 685  | Schlang Volker  | vt triangel kempen    | 0:00:00 | M55 | -      | 426   | 0:09:21   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |
| 0     | 1500 | Pal Martin      | Frechen               | 0:00:00 | M25 | -      | 425   | 0:08:13   | 0     | 0:00:00 | 0      | 0:00:00  | 0     | 0:00:00 |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Frauen

| Platz | Nr.  | Name Vorname        | Verein/-Ort               | Endzeit | AK   | Pl. | AKPl. | S | Schwimmen | Pl. R | Rad     | Pl.n.R | nach Rad | Pl. L | Laufen  |
|-------|------|---------------------|---------------------------|---------|------|-----|-------|---|-----------|-------|---------|--------|----------|-------|---------|
| 1     | 1576 | Binsfeld Yvonne     | Krefelder Kanu Klub       | 1:00:33 | W30  | 1   | 3     |   | 0:06:48   | 1     | 0:31:46 | 1      | 0:38:35  | 8     | 0:21:58 |
| 2     | 1349 | Buschmann Janna     | Mülheim an der Ruhr       | 1:01:23 | W20  | 1   | 1     |   | 0:06:20   | 8     | 0:33:11 | 4      | 0:39:31  | 7     | 0:21:51 |
| 3     | 1381 | Rappers Eva         | TV Goch                   | 1:01:31 | WJA  | 1   | 6     |   | 0:06:54   | 3     | 0:32:31 | 3      | 0:39:25  | 12    | 0:22:06 |
| 4     | 1371 | Peters Carolin      | TV Goch                   | 1:02:53 | WJUN | 1   | 2     |   | 0:06:42   | 4     | 0:32:39 | 2      | 0:39:22  | 21    | 0:23:30 |
| 5     | 1261 | Guerndt Jutta       | Triminators TV Voerde     | 1:03:16 | W40  | 1   | 27    |   | 0:08:57   | 9     | 0:33:14 | 12     | 0:42:11  | 4     | 0:21:04 |
| 6     | 1356 | De Baey Kirsten     | Hamminkelter SV           | 1:03:42 | W20  | 2   | 59    |   | 0:09:41   | 2     | 0:31:59 | 9      | 0:41:40  | 11    | 0:22:02 |
| 7     | 1294 | Wimmer Nina         | ASC Rosellen Neuss        | 1:04:10 | W30  | 2   | 20    |   | 0:08:35   | 48    | 0:35:40 | 29     | 0:44:16  | 1     | 0:19:54 |
| 8     | 1377 | Stern Frauke        | TV Goch                   | 1:04:17 | WJUN | 2   | 5     |   | 0:06:53   | 14    | 0:33:48 | 7      | 0:40:41  | 22    | 0:23:36 |
| 9     | 1271 | Gipmans Daniela     | TV Goch                   | 1:04:25 | W35  | 1   | 22    |   | 0:08:36   | 18    | 0:33:58 | 13     | 0:42:34  | 6     | 0:21:50 |
| 10    | 1248 | Beupoil Karin       | TV-Goch                   | 1:04:45 | W40  | 2   | 9     |   | 0:07:48   | 5     | 0:32:40 | 5      | 0:40:28  | 31    | 0:24:16 |
| 11    | 1096 | Bohnet Rita         | SV Blau-Weiß Bochum       | 1:04:48 | W45  | 1   | 4     |   | 0:06:52   | 15    | 0:33:48 | 6      | 0:40:40  | 30    | 0:24:07 |
| 12    | 1352 | Terheggen Simone    | SV Straelen               | 1:04:51 | W20  | 3   | 42    |   | 0:09:20   | 7     | 0:32:46 | 11     | 0:42:06  | 14    | 0:22:45 |
| 13    | 1249 | Jansen Gabriele     | TSG Kirchhellen           | 1:05:01 | W40  | 3   | 29    |   | 0:08:58   | 30    | 0:34:44 | 26     | 0:43:43  | 5     | 0:21:17 |
| 14    | 1354 | Feldmann Marlene    | WSV Bocholt               | 1:05:02 | W20  | 4   | 79    |   | 0:10:30   | 27    | 0:34:24 | 46     | 0:44:54  | 2     | 0:20:07 |
| 15    | 1231 | Wellmanns Birgit    | TV Goch                   | 1:05:06 | W40  | 4   | 10    |   | 0:07:55   | 13    | 0:33:41 | 8      | 0:41:36  | 20    | 0:23:29 |
| 16    | 1306 | Terweiden Christine | TV Goch                   | 1:06:11 | W30  | 3   | 17    |   | 0:08:19   | 28    | 0:34:26 | 17     | 0:42:45  | 18    | 0:23:26 |
| 17    | 1222 | Hegger Ruth         | LT SV Schnecke Sonsbeck   | 1:06:18 | W45  | 2   | 41    |   | 0:09:19   | 16    | 0:33:50 | 20     | 0:43:09  | 16    | 0:23:08 |
| 18    | 1319 | Schwark Christin    | Herner Triathlon Team11   | 1:06:36 | W25  | 1   | 45    |   | 0:09:25   | 12    | 0:33:21 | 18     | 0:42:47  | 24    | 0:23:50 |
| 19    | 1324 | Perrey Dr. Mareike  | RWE Starlight Team Essen1 | 1:07:10 | W25  | 2   | 76    |   | 0:10:27   | 10    | 0:33:17 | 27     | 0:43:45  | 17    | 0:23:25 |
| 20    | 1337 | Westhölter Hella    | Essener LV                | 1:07:15 | W25  | 3   | 51    |   | 0:09:33   | 47    | 0:35:40 | 49     | 0:45:13  | 10    | 0:22:01 |
| 21    | 1208 | Bittner Martina     | LT Schnecke Sonsbeck      | 1:07:28 | W45  | 3   | 53    |   | 0:09:35   | 19    | 0:33:59 | 22     | 0:43:34  | 26    | 0:23:54 |
| 22    | 1203 | Chlasta Heidi       | TV Goch                   | 1:07:32 | W45  | 4   | 15    |   | 0:08:12   | 42    | 0:35:29 | 24     | 0:43:41  | 25    | 0:23:50 |
| 23    | 1233 | Kränsel Irena       | Wuppertal                 | 1:07:35 | W40  | 5   | 8     |   | 0:07:36   | 35    | 0:35:01 | 15     | 0:42:37  | 35    | 0:24:58 |
| 24    | 1304 | Jacobs Ellen        | TV Goch                   | 1:07:38 | W30  | 4   | 50    |   | 0:09:31   | 23    | 0:34:11 | 25     | 0:43:42  | 27    | 0:23:55 |
| 25    | 1355 | Schmeer Janine      | DLRG Alpen                | 1:07:43 | W20  | 5   | 13    |   | 0:07:58   | 55    | 0:36:17 | 30     | 0:44:16  | 19    | 0:23:27 |
| 26    | 1343 | Weibel Leonie       | LT Schnecke Sonsbeck      | 1:07:50 | W25  | 4   | 87    |   | 0:10:42   | 20    | 0:34:00 | 39     | 0:44:42  | 15    | 0:23:07 |
| 27    | 1269 | Jürgens Ruth        | TV- Goch                  | 1:08:02 | W35  | 2   | 12    |   | 0:07:56   | 40    | 0:35:19 | 21     | 0:43:15  | 34    | 0:24:46 |
| 28    | 1220 | Zimmermann-Bendig   | Allround Sports Kleve     | 1:08:23 | W45  | 5   | 33    |   | 0:09:07   | 6     | 0:32:41 | 10     | 0:41:48  | 52    | 0:26:34 |
| 29    | 1256 | Van Haren Simone    | AS-Neukirchen-Vluyn       | 1:09:25 | W40  | 6   | 38    |   | 0:09:17   | 11    | 0:33:19 | 14     | 0:42:36  | 57    | 0:26:48 |
| 30    | 1060 | Boßmann Hedwig      | Hamminkelter SV           | 1:09:53 | W55  | 1   | 54    |   | 0:09:35   | 26    | 0:34:21 | 28     | 0:43:57  | 40    | 0:25:55 |
| 31    | 1283 | Monning Kathrin     | Essen                     | 1:10:12 | W35  | 3   | 26    |   | 0:08:56   | 52    | 0:36:01 | 47     | 0:44:57  | 36    | 0:25:14 |
| 32    | 1085 | Weibel Luise        | Sonsbeck                  | 1:10:21 | W45  | 6   | 98    |   | 0:11:00   | 41    | 0:35:20 | 57     | 0:46:20  | 28    | 0:24:00 |
| 33    | 1363 | Theussen Pia        | Xanten                    | 1:10:24 | W20  | 6   | 55    |   | 0:09:38   | 29    | 0:34:40 | 31     | 0:44:18  | 44    | 0:26:06 |
| 34    | 1224 | Jans Sandra         | TLV Germania              | 1:10:55 | W45  | 7   | 71    |   | 0:10:13   | 24    | 0:34:18 | 34     | 0:44:32  | 49    | 0:26:22 |
| 35    | 1293 | Stumpe Verena       | DLC Aachen                | 1:11:12 | W30  | 5   | 23    |   | 0:08:46   | 33    | 0:34:54 | 23     | 0:43:40  | 72    | 0:27:31 |
| 36    | 1254 | Borgards Andrea     | LT Schnecke Sonsbeck      | 1:11:28 | W40  | 7   | 36    |   | 0:09:12   | 46    | 0:35:40 | 43     | 0:44:52  | 54    | 0:26:35 |
| 37    | 1309 | Schulte Christina   | DLRG Alpen                | 1:11:32 | W30  | 6   | 11    |   | 0:07:55   | 64    | 0:36:40 | 36     | 0:44:36  | 60    | 0:26:56 |
| 38    | 1382 | Lütke-meier Jasmin  | AS Neukirchen-Vluyn       | 1:11:38 | WJA  | 2   | 39    |   | 0:09:18   | 38    | 0:35:06 | 32     | 0:44:24  | 66    | 0:27:13 |
| 39    | 1317 | Laurischkus Sarah   | Nettetal                  | 1:11:38 | W30  | 7   | 37    |   | 0:09:14   | 58    | 0:36:27 | 50     | 0:45:42  | 41    | 0:25:55 |
| 40    | 1361 | Ernst Ronja         | Blau Weiß Bochum          | 1:11:39 | W20  | 7   | 7     |   | 0:07:34   | 36    | 0:35:03 | 16     | 0:42:37  | 93    | 0:29:02 |
| 41    | 1084 | Fischer Karen       | Greifenstein              | 1:11:57 | W45  | 8   | 44    |   | 0:09:24   | 98    | 0:38:43 | 77     | 0:48:07  | 23    | 0:23:49 |
| 42    | 1234 | Marciniak Heike     | Allround Sports Kleve     | 1:12:08 | W40  | 8   | 46    |   | 0:09:28   | 37    | 0:35:05 | 35     | 0:44:33  | 74    | 0:27:34 |
| 43    | 734  | Mikosch Martina     | Mönchengladbach           | 1:12:09 | W50  | 1   | 78    |   | 0:10:29   | 25    | 0:34:19 | 40     | 0:44:49  | 67    | 0:27:20 |
| 44    | 1320 | Keisers Annette     | TriFun Goch               | 1:12:13 | W25  | 5   | 63    |   | 0:09:55   | 31    | 0:34:45 | 38     | 0:44:41  | 73    | 0:27:31 |
| 45    | 1083 | Schumacher Ute      | Ausdauer-schule Bunert    | 1:12:23 | W45  | 9   | 35    |   | 0:09:11   | 93    | 0:38:32 | 71     | 0:47:44  | 32    | 0:24:39 |
| 46    | 1345 | Lange Teresa        | Blau-Weiß Bochum          | 1:12:29 | W20  | 8   | 14    |   | 0:08:01   | 32    | 0:34:48 | 19     | 0:42:49  | 106   | 0:29:39 |
| 47    | 1267 | Mansith Daniela     | Tri-Team TV Schiefbahn    | 1:12:43 | W35  | 4   | 58    |   | 0:09:40   | 69    | 0:36:55 | 60     | 0:46:36  | 46    | 0:26:06 |
| 48    | 1064 | Puckert Brigitte    | Hamminkelter SV           | 1:12:52 | W50  | 2   | 104   |   | 0:11:13   | 56    | 0:36:19 | 68     | 0:47:33  | 37    | 0:25:19 |
| 49    | 1321 | Kastrup Maike       | ASV Duisburg              | 1:12:57 | W25  | 6   | 16    |   | 0:08:17   | 66    | 0:36:45 | 48     | 0:45:03  | 77    | 0:27:54 |
| 50    | 1366 | Hegmann Mona        | TV Goch                   | 1:13:01 | WJUN | 3   | 48    |   | 0:09:30   | 70    | 0:36:55 | 58     | 0:46:26  | 53    | 0:26:35 |
| 51    | 1379 | STANG JULE          | KALKAR                    | 1:13:04 | WJA  | 3   | 32    |   | 0:09:04   | 50    | 0:35:49 | 45     | 0:44:53  | 82    | 0:28:11 |
| 52    | 1287 | Ambaum Vanessa      | Xanten                    | 1:13:11 | W35  | 5   | 159   |   | 0:12:59   | 87    | 0:38:11 | 112    | 0:51:11  | 9     | 0:22:00 |
| 53    | 1268 | Passmann Astrid     | Wesel                     | 1:13:22 | W35  | 6   | 25    |   | 0:08:54   | 43    | 0:35:32 | 33     | 0:44:27  | 89    | 0:28:55 |
| 54    | 942  | Kontio Anja         |                           | 1:13:23 | W35  | 7   | 62    |   | 0:09:49   | 86    | 0:38:04 | 72     | 0:47:53  | 38    | 0:25:29 |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Frauen

| Platz | Nr.  | Name Vorname           | Verein/-Ort               | Endzeit | AK   | Pl. | AKPl. | S       | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|------------------------|---------------------------|---------|------|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 55    | 1095 | Winkel Rosa            | TV Goch                   | 1:13:49 | W45  | 10  | 89    | 0:10:47 | 21        | 0:34:05 | 42  | 0:44:52 | 90       | 0:28:56 |        |
| 56    | 1082 | Michel Karin           | TLV Germania Essen        | 1:14:08 | W50  | 3   | 75    | 0:10:25 | 22        | 0:34:11 | 37  | 0:44:36 | 104      | 0:29:31 |        |
| 57    | 1332 | Bender Samira          | Team ERDINGER             | 1:14:17 | W25  | 7   | 90    | 0:10:48 | 59        | 0:36:29 | 66  | 0:47:17 | 61       | 0:27:00 |        |
| 58    | 1236 | Buchkremer Eva         | Weseler TV Triathlon      | 1:14:21 | W40  | 9   | 40    | 0:09:18 | 44        | 0:35:33 | 41  | 0:44:51 | 102      | 0:29:29 |        |
| 59    | 1211 | Lüttkenhorst Gertrud   | BSG Team EVAG             | 1:14:27 | W45  | 11  | 124   | 0:11:42 | 39        | 0:35:16 | 64  | 0:46:59 | 71       | 0:27:27 |        |
| 60    | 1301 | Fürtjes Katrin         | Borussia Veen             | 1:14:35 | W30  | 8   | 57    | 0:09:39 | 67        | 0:36:46 | 59  | 0:46:26 | 80       | 0:28:08 |        |
| 61    | 1063 | Ophey Almut            | LT-Lustige Schleicher     | 1:14:47 | W55  | 2   | 99    | 0:11:04 | 49        | 0:35:42 | 61  | 0:46:47 | 78       | 0:28:00 |        |
| 62    | 1087 | Blum Birgit            | TRI TEAM FS               | 1:14:48 | W45  | 12  | 69    | 0:10:12 | 91        | 0:38:30 | 81  | 0:48:42 | 43       | 0:26:05 |        |
| 63    | 1223 | Groterhorst Ulla       | LT Schnecke Sonsbeck      | 1:14:54 | W45  | 13  | 83    | 0:10:39 | 72        | 0:37:04 | 70  | 0:47:43 | 64       | 0:27:10 |        |
| 64    | 1299 | Suthor Claudia         | LG Mönchengladbach        | 1:14:58 | W30  | 9   | 166   | 0:13:17 | 105       | 0:39:21 | 125 | 0:52:38 | 13       | 0:22:19 |        |
| 65    | 1216 | Jaschke Marion         | AS Neukirchen-Vluy        | 1:15:05 | W45  | 14  | 31    | 0:09:01 | 51        | 0:35:51 | 44  | 0:44:53 | 113      | 0:30:12 |        |
| 66    | 1062 | Dietze Rita            | Dinslaken                 | 1:15:06 | W55  | 3   | 101   | 0:11:06 | 82        | 0:37:52 | 85  | 0:48:58 | 47       | 0:26:08 |        |
| 67    | 1328 | Muhren Jennifer        | ASV Duisburg              | 1:15:08 | W25  | 8   | 74    | 0:10:24 | 81        | 0:37:49 | 78  | 0:48:13 | 58       | 0:26:55 |        |
| 68    | 1229 | Aus dem Spring Petra   | Hamminkeler SV            | 1:15:19 | W40  | 10  | 56    | 0:09:39 | 63        | 0:36:40 | 56  | 0:46:19 | 91       | 0:28:59 |        |
| 69    | 1235 | Van Schrick Dagmar     | Allround Sports Kleve Tri | 1:15:19 | W40  | 11  | 52    | 0:09:33 | 61        | 0:36:34 | 53  | 0:46:08 | 96       | 0:29:11 |        |
| 70    | 1061 | Kisters Maria          | LT Schnecke Sonsbeck      | 1:15:21 | W55  | 4   | 64    | 0:09:56 | 68        | 0:36:52 | 62  | 0:46:49 | 85       | 0:28:31 |        |
| 71    | 1313 | Queling Marion         | Kleve                     | 1:15:22 | W30  | 10  | 138   | 0:12:11 | 71        | 0:37:01 | 89  | 0:49:13 | 48       | 0:26:09 |        |
| 72    | 1210 | Cosack Annette         | Essen                     | 1:15:31 | W45  | 15  | 107   | 0:11:21 | 107       | 0:39:26 | 108 | 0:50:47 | 33       | 0:24:43 |        |
| 73    | 1297 | Wefers Judith          | SC Bayer 05               | 1:15:34 | W30  | 11  | 85    | 0:10:39 | 45        | 0:35:34 | 54  | 0:46:14 | 99       | 0:29:20 |        |
| 74    | 1212 | Strate Antje Simone    | Triathlon TEAM TG         | 1:15:40 | W45  | 16  | 154   | 0:12:49 | 57        | 0:36:19 | 87  | 0:49:09 | 50       | 0:26:31 |        |
| 75    | 1232 | Jochem Susanne         | duisburg                  | 1:15:49 | W40  | 12  | 114   | 0:11:28 | 77        | 0:37:24 | 83  | 0:48:53 | 59       | 0:26:56 |        |
| 76    | 1308 | Teloo Britta           | LT Schnecke Sonsbeck      | 1:15:53 | W30  | 12  | 95    | 0:10:54 | 90        | 0:38:25 | 91  | 0:49:19 | 51       | 0:26:34 |        |
| 77    | 1258 | Baumann Steffi         | Rheinberg                 | 1:16:18 | W40  | 13  | 125   | 0:11:48 | 76        | 0:37:20 | 88  | 0:49:09 | 63       | 0:27:08 |        |
| 78    | 1340 | Schluetter Maren       | TRION                     | 1:16:36 | W25  | 9   | 19    | 0:08:33 | 106       | 0:39:21 | 73  | 0:47:55 | 88       | 0:28:41 |        |
| 79    | 1358 | Schluetter Anna        | Rhede                     | 1:16:36 | W20  | 9   | 93    | 0:10:50 | 74        | 0:37:05 | 74  | 0:47:55 | 87       | 0:28:41 |        |
| 80    | 1072 | Jongmanns Elisabeth    | Nettetal                  | 1:16:41 | W50  | 4   | 97    | 0:10:58 | 92        | 0:38:31 | 95  | 0:49:30 | 65       | 0:27:11 |        |
| 81    | 1265 | Hermans Sabine         | LT Schnecke Sonsbeck      | 1:16:48 | W35  | 8   | 65    | 0:10:00 | 53        | 0:36:14 | 55  | 0:46:14 | 119      | 0:30:34 |        |
| 82    | 1331 | Denißen Anne           | Kevelaer                  | 1:16:57 | W25  | 10  | 91    | 0:10:49 | 80        | 0:37:39 | 80  | 0:48:28 | 84       | 0:28:29 |        |
| 83    | 1288 | Ter Bekke Angelique    | Allround Sports Triathlon | 1:17:11 | W30  | 13  | 100   | 0:11:05 | 34        | 0:34:56 | 51  | 0:46:01 | 132      | 0:31:10 |        |
| 84    | 1215 | Fabian Stefanie        | DJK Teutonia Bochum       | 1:17:14 | W45  | 17  | 94    | 0:10:52 | 73        | 0:37:04 | 75  | 0:47:56 | 97       | 0:29:17 |        |
| 85    | 1314 | Oberbarnscheidt Leoni  | Düsseldorf                | 1:17:26 | W30  | 14  | 47    | 0:09:28 | 121       | 0:40:32 | 101 | 0:50:01 | 70       | 0:27:24 |        |
| 86    | 1316 | Schumacher Daniela     | ssf bonn triathlon        | 1:17:28 | W30  | 15  | 24    | 0:08:53 | 100       | 0:38:45 | 69  | 0:47:39 | 108      | 0:29:49 |        |
| 87    | 1273 | Brökelschen Christiane | RSF Borken                | 1:17:31 | W35  | 9   | 165   | 0:13:16 | 17        | 0:33:57 | 65  | 0:47:13 | 115      | 0:30:17 |        |
| 88    | 428  | Lüssenhop Henrike      | Köln                      | 1:17:32 | W25  | 11  | 34    | 0:09:11 | 138       | 0:41:45 | 110 | 0:50:56 | 55       | 0:26:35 |        |
| 89    | 1097 | Radojewski Monika      | Moers                     | 1:17:36 | W45  | 18  | 66    | 0:10:01 | 136       | 0:41:30 | 115 | 0:51:31 | 42       | 0:26:04 |        |
| 90    | 1373 | Pouwels Alina          | TV Goch                   | 1:17:40 | WJUN | 4   | 132   | 0:12:06 | 78        | 0:37:27 | 96  | 0:49:33 | 79       | 0:28:07 |        |
| 91    | 1367 | Kopania Judith         | Gelsenkirchen             | 1:17:42 | WJUN | 5   | 18    | 0:08:31 | 168       | 0:45:08 | 140 | 0:53:39 | 29       | 0:24:02 |        |
| 92    | 1207 | Jeworrek Sigrid        | TV Flerke                 | 1:17:42 | W45  | 19  | 43    | 0:09:21 | 79        | 0:37:35 | 63  | 0:46:57 | 124      | 0:30:45 |        |
| 93    | 1347 | Hartung Friederike     | Mach3Sportzentrum         | 1:17:42 | W20  | 10  | 49    | 0:09:30 | 84        | 0:37:53 | 67  | 0:47:24 | 117      | 0:30:18 |        |
| 94    | 1302 | Gruber Sarah           | Allround Sports Triathlon | 1:17:46 | W30  | 16  | 96    | 0:10:58 | 75        | 0:37:17 | 79  | 0:48:15 | 103      | 0:29:30 |        |
| 95    | 1078 | Müller Gabi            | SC Gelsenkirchen 04       | 1:18:27 | W50  | 5   | 127   | 0:11:56 | 101       | 0:38:50 | 107 | 0:50:46 | 75       | 0:27:40 |        |
| 96    | 1241 | Kleintges-Topoll       | Rheinberg                 | 1:18:28 | W40  | 14  | 152   | 0:12:41 | 62        | 0:36:37 | 90  | 0:49:19 | 94       | 0:29:09 |        |
| 97    | 1380 | Wendt Hera             | Kevelaer                  | 1:18:50 | WJA  | 4   | 70    | 0:10:13 | 82        | 0:37:52 | 76  | 0:48:05 | 125      | 0:30:45 |        |
| 98    | 1247 | Tophoven Cilli         | Kerken                    | 1:18:56 | W40  | 15  | 136   | 0:12:10 | 124       | 0:40:39 | 127 | 0:52:50 | 45       | 0:26:06 |        |
| 99    | 1067 | Hopermann Andrea       | Hamminkeler SV            | 1:19:00 | W50  | 6   | 61    | 0:09:48 | 120       | 0:40:32 | 105 | 0:50:20 | 86       | 0:28:40 |        |
| 100   | 1338 | Herrmann Siri          | Bergisch Glabach          | 1:19:10 | W25  | 12  | 153   | 0:12:44 | 122       | 0:40:32 | 133 | 0:53:17 | 39       | 0:25:53 |        |
| 101   | 1243 | Szymiczek Angelika     | Triminators TV Voerde     | 1:19:11 | W40  | 16  | 60    | 0:09:47 | 54        | 0:36:15 | 52  | 0:46:03 | 141      | 0:33:08 |        |
| 102   | 1201 | Seidel Sabine          | TVK 1877 Essen            | 1:19:12 | W45  | 20  | 130   | 0:12:03 | 112       | 0:40:03 | 120 | 0:52:06 | 62       | 0:27:05 |        |
| 103   | 1088 | Goetzkes Heike         | Beimer Team               | 1:19:17 | W45  | 21  | 115   | 0:11:30 | 88        | 0:38:19 | 97  | 0:49:49 | 100      | 0:29:28 |        |
| 104   | 1311 | Pomaska Farina         |                           | 1:19:21 | W30  | 17  | 135   | 0:12:10 | 60        | 0:36:32 | 82  | 0:48:43 | 122      | 0:30:38 |        |
| 105   | 1209 | Traa Heidrun           | TSV Alfdorf               | 1:19:36 | W45  | 22  | 116   | 0:11:30 | 89        | 0:38:20 | 98  | 0:49:51 | 107      | 0:29:45 |        |
| 106   | 1374 | Casagrande Isabella    | Krefeld                   | 1:19:55 | WJUN | 6   | 111   | 0:11:23 | 129       | 0:41:10 | 123 | 0:52:34 | 68       | 0:27:21 |        |
| 107   | 1375 | Ihling Pia             | WSV Bocholt               | 1:19:57 | WJUN | 7   | 30    | 0:09:00 | 116       | 0:40:20 | 92  | 0:49:20 | 121      | 0:30:36 |        |
| 108   | 1225 | Holtkamp Ulrike        | TV Eiche Bad Honnef       | 1:20:04 | W45  | 23  | 163   | 0:13:09 | 96        | 0:38:41 | 118 | 0:51:51 | 83       | 0:28:12 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Frauen

| Platz | Nr.  | Name Vorname          | Verein/-Ort             | Endzeit     | AK  | Pl. | AKPl.   | S       | Schwimmen | Pl. R   | Rad     | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|-----------------------|-------------------------|-------------|-----|-----|---------|---------|-----------|---------|---------|---------|----------|---------|--------|
| 109   | 1206 | Von Scheidt Petra     | Borbecker Raketen Essen | 1:20:06     | W45 | 24  | 171     | 0:13:38 | 171       | 0:45:42 | 171     | 0:59:21 | 3        | 0:20:45 |        |
| 110   | 1238 | Holzke Angelika       | Jülich                  | 1:20:15     | W40 | 17  | 112     | 0:11:24 | 109       | 0:39:48 | 113     | 0:51:13 | 92       | 0:29:02 |        |
| 111   | 1274 | Nübel Nina            | SV Blau-Weiß Bochum     | 1:20:25     | W35 | 10  | 141     | 0:12:14 | 97        | 0:38:42 | 111     | 0:50:56 | 101      | 0:29:28 |        |
| 112   | 1330 | Jansen Theresia       | Kevelaer                | 1:20:42     | W25 | 13  | 129     | 0:11:59 | 85        | 0:38:03 | 103     | 0:50:02 | 123      | 0:30:39 |        |
| 113   | 1091 | Fligg Anke            | Ausdauerschule Bunert   | 1:20:47     | W45 | 25  | 73      | 0:10:22 | 144       | 0:42:16 | 124     | 0:52:38 | 81       | 0:28:09 |        |
| 114   | 1362 | Lange Eva             | SV Blau Weiß Bochum     | 1:20:51     | W20 | 11  | 103     | 0:11:09 | 102       | 0:39:06 | 104     | 0:50:16 | 120      | 0:30:35 |        |
| 115   | 1214 | Holtmann Andrea       | TC Solvay Rheinberg     | 1:20:58     | W45 | 26  | 144     | 0:12:20 | 133       | 0:41:16 | 138     | 0:53:37 | 69       | 0:27:21 |        |
| 116   | 1077 | Salawarda Martina     | Marathon Dinslaken      | 1:21:00     | W50 | 7   | 102     | 0:11:08 | 108       | 0:39:36 | 106     | 0:50:44 | 114      | 0:30:15 |        |
| 117   | 1093 | Rother Andrea         | Frankfurt               | 1:21:39     | W45 | 27  | 80      | 0:10:31 | 115       | 0:40:20 | 109     | 0:50:51 | 126      | 0:30:47 |        |
| 118   | 1257 | Senf Natalie          | Dinslaken               | 1:22:03     | W40 | 18  | 131     | 0:12:04 | 103       | 0:39:10 | 114     | 0:51:15 | 127      | 0:30:48 |        |
| 119   | 1098 | Wimmer-Mätzkow        | Moers                   | 1:22:32     | W45 | 28  | 137     | 0:12:10 | 65        | 0:36:44 | 84      | 0:48:55 | 148      | 0:33:36 |        |
| 120   | 1263 | Knieling Sabine       | Ruhrrunner Essen        | 1:22:36     | W40 | 19  | 123     | 0:11:42 | 164       | 0:44:11 | 156     | 0:55:53 | 56       | 0:26:42 |        |
| 121   | 1315 | Holtwick Andrea       | Lt Schnecke Sonsbeck    | 1:22:36     | W30 | 18  | 146     | 0:12:26 | 114       | 0:40:18 | 126     | 0:52:44 | 109      | 0:29:51 |        |
| 122   | 1079 | Görge Ulrike          | Tri-Team Hagen          | 1:22:39     | W50 | 8   | 77      | 0:10:28 | 95        | 0:38:37 | 86      | 0:49:05 | 145      | 0:33:34 |        |
| 123   | 1242 | Casagrande Patrizia   | Krefeld                 | 1:22:45     | W40 | 20  | 110     | 0:11:23 | 94        | 0:38:33 | 99      | 0:49:56 | 137      | 0:32:48 |        |
| 124   | 894  | van Beek Birgit       | Laufsport bunert Kleve  | 1:22:57     | W35 | 11  | 84      | 0:10:39 | 99        | 0:38:43 | 94      | 0:49:22 | 146      | 0:33:34 |        |
| 125   | 1245 | Van Sambeck Helga     | TV Goch                 | 1:22:57     | W40 | 21  | 82      | 0:10:36 | 127       | 0:41:00 | 117     | 0:51:36 | 134      | 0:31:20 |        |
| 126   | 1100 | Vos Ulla              | Geldern                 | 1:23:38     | W45 | 29  | 128     | 0:11:58 | 117       | 0:40:21 | 122     | 0:52:19 | 133      | 0:31:18 |        |
| 127   | 1065 | Osthoff Gudrun        | Tri-Team Hagen          | 1:23:55     | W50 | 9   | 113     | 0:11:26 | 145       | 0:42:25 | 142     | 0:53:52 | 111      | 0:30:03 |        |
| 128   | 1250 | Kratz Sandra          | kerken                  | 1:24:06     | W40 | 22  | 126     | 0:11:52 | 113       | 0:40:12 | 119     | 0:52:04 | 136      | 0:32:01 |        |
| 129   | 1359 | Reiners Franziska     | Krefeld                 | 1:24:11     | W20 | 12  | 67      | 0:10:04 | 152       | 0:43:15 | 134     | 0:53:19 | 128      | 0:30:51 |        |
| 130   | 1336 | Goetzen Pia           | Rheinberg               | 1:24:39     | W25 | 14  | 105     | 0:11:15 | 149       | 0:43:06 | 144     | 0:54:21 | 116      | 0:30:17 |        |
| 131   | 1230 | Deuter Katharina      |                         | 1:24:42     | W40 | 23  | 21      | 0:08:35 | 135       | 0:41:26 | 102     | 0:50:02 | 155      | 0:34:39 |        |
| 132   | 1279 | Voigt Jaroslava       | Dormagen                | 1:25:22     | W35 | 12  | 172     | 0:13:45 | 142       | 0:42:02 | 154     | 0:55:47 | 105      | 0:29:34 |        |
| 133   | 1092 | Eyssen Nicky          | TV Goch                 | 1:25:31     | W45 | 30  | 178     | 0:14:22 | 139       | 0:41:49 | 159     | 0:56:11 | 98       | 0:29:19 |        |
| 134   | 1260 | Kohnke Stefanie       | SV Blau-Weiß Bochum     | 1:25:42     | W40 | 24  | 120     | 0:11:34 | 110       | 0:39:57 | 116     | 0:51:31 | 152      | 0:34:11 |        |
| 135   | 1348 | Hageney Lou           | LT Schnecke Sonsbeck    | 1:26:18     | W20 | 13  | 140     | 0:12:14 | 131       | 0:41:12 | 136     | 0:53:26 | 138      | 0:32:52 |        |
| 136   | 1357 | Roelofs Marie         | Bocholt                 | 1:26:19     | W20 | 14  | 28      | 0:08:57 | 118       | 0:40:22 | 93      | 0:49:20 | 170      | 0:36:58 |        |
| 137   | 1368 | Knott Johanna         | Aktion Canchanabury     | 1:26:30WJUN | 8   | 92  | 0:10:50 | 143     | 0:42:07   | 128     | 0:52:57 | 144     | 0:33:33  |         |        |
| 138   | 1057 | Pohl Gaby             | LG Alpen                | 1:26:34     | W60 | 1   | 175     | 0:14:00 | 134       | 0:41:24 | 151     | 0:55:25 | 131      | 0:31:09 |        |
| 139   | 1364 | Merkens Anika         | Straelen                | 1:26:54     | W20 | 15  | 133     | 0:12:07 | 140       | 0:41:52 | 143     | 0:54:00 | 139      | 0:32:54 |        |
| 140   | 1351 | Sturme Hannah         | Kevelaer                | 1:26:55     | W20 | 16  | 68      | 0:10:10 | 141       | 0:42:02 | 121     | 0:52:13 | 156      | 0:34:41 |        |
| 141   | 1069 | Kaiser Petra          | Dinslaken               | 1:27:04     | W50 | 10  | 162     | 0:13:07 | 162       | 0:44:02 | 164     | 0:57:09 | 110      | 0:29:54 |        |
| 142   | 1350 | Harn Barbara          | trc Essen               | 1:27:23     | W20 | 17  | 81      | 0:10:32 | 146       | 0:42:40 | 130     | 0:53:13 | 151      | 0:34:09 |        |
| 143   | 1266 | Kuchernig Alexandra   | AS Neukirchen-Vluyn     | 1:27:25     | W35 | 13  | 164     | 0:13:11 | 119       | 0:40:31 | 141     | 0:53:43 | 149      | 0:33:41 |        |
| 144   | 1370 | Schramm Johanna       | TV Goch                 | 1:27:36WJUN | 9   | 151 | 0:12:38 | 153     | 0:43:18   | 157     | 0:55:56 | 135     | 0:31:39  |         |        |
| 145   | 1318 | Thißen Viviane        | Sonsbeck                | 1:27:39     | W30 | 19  | 179     | 0:16:35 | 125       | 0:40:42 | 165     | 0:57:17 | 118      | 0:30:21 |        |
| 146   | 1089 | Lonny Andrea          | Marathon Dinslaken      | 1:27:48     | W45 | 31  | 170     | 0:13:37 | 163       | 0:44:05 | 168     | 0:57:42 | 112      | 0:30:05 |        |
| 147   | 1056 | Franke Monika         | Borbecker Raketen       | 1:27:57     | W60 | 2   | 167     | 0:13:25 | 158       | 0:43:38 | 163     | 0:57:03 | 129      | 0:30:54 |        |
| 148   | 1333 | Rothstein Julia       | Duisburg                | 1:28:07     | W25 | 15  | 139     | 0:12:13 | 128       | 0:41:02 | 132     | 0:53:16 | 158      | 0:34:51 |        |
| 149   | 1219 | Manko Martina         | Kerken                  | 1:28:10     | W45 | 32  | 88      | 0:10:44 | 104       | 0:39:12 | 100     | 0:49:57 | 174      | 0:38:13 |        |
| 150   | 1255 | Kerkenpaß Beate       | Hamminkelter SV         | 1:28:17     | W40 | 25  | 176     | 0:14:05 | 130       | 0:41:11 | 150     | 0:55:16 | 140      | 0:33:00 |        |
| 151   | 1341 | Bergendahl Anna-Lena  | Essen                   | 1:28:29     | W25 | 16  | 148     | 0:12:28 | 123       | 0:40:38 | 129     | 0:53:06 | 162      | 0:35:22 |        |
| 152   | 1086 | Pabel Sabine          | Borussia Veen           | 1:28:33     | W45 | 33  | 157     | 0:12:53 | 166       | 0:44:31 | 166     | 0:57:25 | 130      | 0:31:07 |        |
| 153   | 1204 | Kasperek-Rasche       | Ruhrrunner Essen        | 1:29:10     | W45 | 34  | 149     | 0:12:36 | 148       | 0:42:57 | 153     | 0:55:33 | 147      | 0:33:36 |        |
| 154   | 1075 | Pause Martina         | AS Neukirchen-Vluyn     | 1:29:10     | W50 | 11  | 119     | 0:11:33 | 165       | 0:44:16 | 155     | 0:55:50 | 142      | 0:33:20 |        |
| 155   | 1296 | Angenendt Karen       | LG Hö/Nie               | 1:29:10     | W30 | 20  | 86      | 0:10:41 | 159       | 0:43:42 | 145     | 0:54:24 | 157      | 0:34:46 |        |
| 156   | 1327 | Kurz Raffaella        | Rees                    | 1:29:21     | W25 | 17  | 158     | 0:12:56 | 174       | 0:47:14 | 175     | 1:00:11 | 95       | 0:29:10 |        |
| 157   | 1252 | Höfer Celine          | Dinslaken               | 1:29:24     | W40 | 26  | 122     | 0:11:42 | 156       | 0:43:20 | 149     | 0:55:02 | 153      | 0:34:22 |        |
| 158   | 1272 | Richter Monique       | Triathlon Team          | 1:29:36     | W35 | 14  | 143     | 0:12:19 | 147       | 0:42:41 | 148     | 0:55:01 | 154      | 0:34:35 |        |
| 159   | 1365 | Traa Jessica          | TSV Alfdorf             | 1:29:41     | W20 | 18  | 106     | 0:11:18 | 154       | 0:43:19 | 146     | 0:54:37 | 159      | 0:35:03 |        |
| 160   | 1073 | Laschke Ulrike        | Borbecker Raketen Essen | 1:29:43     | W50 | 12  | 173     | 0:13:54 | 176       | 0:47:54 | 176     | 1:01:49 | 76       | 0:27:54 |        |
| 161   | 1312 | Rothstein Meike       | Krefeld                 | 1:30:10     | W30 | 21  | 121     | 0:11:35 | 137       | 0:41:40 | 131     | 0:53:15 | 169      | 0:36:54 |        |
| 162   | 1058 | Hafemeister Hannelore | Bushido Rödental        | 1:30:23     | W60 | 3   | 150     | 0:12:37 | 126       | 0:40:44 | 135     | 0:53:21 | 171      | 0:37:01 |        |

# Xanten Triathlon am 9. September 2012

## Ergebnisliste

### Draxi Distanz 500m - 17km - 5km

### Frauen

| Platz | Nr.  | Name Vorname         | Verein/-Ort              | Endzeit | AK   | Pl. | AKPl. | S       | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|----------------------|--------------------------|---------|------|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 163   | 1070 | Berning Christa      | Oberhausen               | 1:31:49 | W50  | 13  | 108   | 0:11:21 | 173       | 0:47:07 | 170 | 0:58:28 | 143      | 0:33:21 |        |
| 164   | 1202 | Konrad-Möller        | Rheinberg                | 1:32:01 | W45  | 35  | 147   | 0:12:28 | 161       | 0:43:59 | 160 | 0:56:28 | 163      | 0:35:33 |        |
| 165   | 1259 | Bergendahl Mireille  | LT R(h)einknaller        | 1:32:03 | W40  | 27  | 168   | 0:13:34 | 111       | 0:40:02 | 137 | 0:53:37 | 175      | 0:38:26 |        |
| 166   | 1334 | Kulka Katharina      | krefeld                  | 1:32:06 | W25  | 18  | 109   | 0:11:22 | 170       | 0:45:29 | 161 | 0:56:52 | 161      | 0:35:14 |        |
| 167   | 1284 | Waffner Nadine       | Essen                    | 1:32:25 | W35  | 15  | 155   | 0:12:50 | 155       | 0:43:20 | 158 | 0:56:10 | 167      | 0:36:14 |        |
| 168   | 1342 | Krolzik Karina       | Rheinberg                | 1:32:38 | W25  | 19  | 142   | 0:12:15 | 151       | 0:43:10 | 152 | 0:55:26 | 173      | 0:37:12 |        |
| 169   | 1300 | Kohl Sarah           | Sonsbeck                 | 1:33:12 | W30  | 22  | 118   | 0:11:33 | 150       | 0:43:09 | 147 | 0:54:43 | 176      | 0:38:29 |        |
| 170   | 1213 | Kaltenbach Andrea    | Tri Team Hagen           | 1:33:21 | W45  | 36  | 177   | 0:14:11 | 157       | 0:43:36 | 169 | 0:57:47 | 164      | 0:35:33 |        |
| 171   | 1290 | Feltgen Gabi         | Düsseldorf               | 1:33:25 | W30  | 23  | 160   | 0:13:01 | 160       | 0:43:53 | 162 | 0:56:55 | 168      | 0:36:30 |        |
| 172   | 1071 | Lenhart Claudia      | AS Neukirchen-Vluyn      | 1:33:37 | W50  | 14  | 134   | 0:12:09 | 169       | 0:45:19 | 167 | 0:57:28 | 166      | 0:36:08 |        |
| 173   | 1325 | Peschke Sandra       | Castrop-Rauxel           | 1:33:43 | W25  | 20  | 117   | 0:11:31 | 177       | 0:48:19 | 172 | 0:59:51 | 150      | 0:33:52 |        |
| 174   | 1346 | Poen Rebecca         | Uedem                    | 1:35:18 | W20  | 19  | 72    | 0:10:18 | 178       | 0:49:52 | 174 | 1:00:11 | 160      | 0:35:07 |        |
| 175   | 1305 | Reibe Saskia         | Frechen                  | 1:36:58 | W30  | 24  | 145   | 0:12:22 | 132       | 0:41:16 | 139 | 0:53:39 | 181      | 0:43:19 |        |
| 176   | 1291 | Poen Rachel          | Uedem                    | 1:38:58 | W30  | 25  | 156   | 0:12:52 | 175       | 0:47:17 | 173 | 1:00:10 | 177      | 0:38:47 |        |
| 177   | 1322 | Breternitz Christine | München                  | 1:39:10 | W25  | 21  | 161   | 0:13:04 | 179       | 0:50:15 | 178 | 1:03:20 | 165      | 0:35:50 |        |
| 178   | 1059 | Marion Eberz         | Nentershausen            | 1:42:37 | W55  | 5   | 182   | 0:18:42 | 172       | 0:46:52 | 179 | 1:05:35 | 172      | 0:37:02 |        |
| 179   | 1054 | Schmitt Heide        | AS Neukirchen-Vluyn      | 1:44:52 | W60  | 4   | 180   | 0:18:18 | 167       | 0:44:36 | 177 | 1:02:55 | 180      | 0:41:57 |        |
| 180   | 1372 | Rasche Sophia        | Ruhrrunner Essen         | 1:49:15 | WJUN | 10  | 174   | 0:13:57 | 181       | 0:54:09 | 180 | 1:08:06 | 179      | 0:41:08 |        |
| 181   | 1360 | Laschke Lena         | Borbecker Raketen Essen  | 1:49:59 | W20  | 20  | 181   | 0:18:21 | 180       | 0:51:59 | 182 | 1:10:21 | 178      | 0:39:38 |        |
| 182   | 1344 | Van Meegern Angelina | tel-inform cust.services | 1:52:54 | W20  | 21  | 169   | 0:13:36 | 182       | 0:55:56 | 181 | 1:09:33 | 182      | 0:43:21 |        |

#### nicht beendet

| Platz | Nr.  | Name Vorname   | Verein/-Ort            | Endzeit | AK  | Pl. | AKPl. | S       | Schwimmen | Pl. R   | Rad | Pl.n.R  | nach Rad | Pl. L   | Laufen |
|-------|------|----------------|------------------------|---------|-----|-----|-------|---------|-----------|---------|-----|---------|----------|---------|--------|
| 0     | 1295 | Halmans Monika | SV 19 Straelen         | 0:00:00 | W30 | -   | 183   | 0:11:14 | 183       | 0:36:43 | 183 | 0:47:58 | 0        | 0:00:00 |        |
| 0     | 1240 | Janssen Sylvia | Tri-Team TV Schiefbahn | 0:00:00 | W40 | -   | 184   | 0:09:14 | 0         | 0:00:00 | 0   | 0:00:00 | 0        | 0:00:00 |        |
| 0     | 1286 | Marks Anita    | TRI-FUN-GOCH           | 0:00:00 | W35 | -   | 185   | 0:11:07 | 184       | 0:35:15 | 184 | 0:46:23 | 0        | 0:00:00 |        |