



Nike Winterlaufserie des ASV Duisburg
3. Lauf der großen Serie - Halbmarathon
26. März 2011

Männer

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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|----------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M15 | | | | | | | | | |
| 1 | 2680 | Böttger Mattis | BSG Team EVAG | 1:52:59 | M15 | 1200 | 1:53:37 | 1146 | 1996 |
| 2 | 4115 | Heim Nick | *Dinslaken | 1:53:35 | M15 | 1236 | 1:55:02 | 1226 | 1996 |
| Altersklasse Männer M18 | | | | | | | | | |
| 1 | 5349 | Ebel Christoph | TV Frisch Auf Lennep | 1:33:06 | M18 | 233 | 1:33:09 | 229 | 1992 |
| 2 | 4473 | Grzeskiewicz Patrick | Jugendheimstätten e.V. | 1:39:26 | M18 | 491 | 1:39:26 | 466 | 1993 |
| 3 | 4111 | Hofstetter Max | *Mülheim | 1:39:43 | M18 | 504 | 1:41:05 | 530 | 1994 |
| 4 | 2468 | Hennes Jandrik | *Erkrath | 1:40:07 | M18 | 520 | 1:40:40 | 513 | 1992 |
| 5 | 3994 | Preuß Fabian | *Castrop-Rauxel | 1:48:10 | M18 | 936 | 1:50:32 | 999 | 1994 |
| 6 | 1912 | Tönshoff Jan | TripleT | 1:51:26 | M18 | 1116 | 1:53:01 | 1121 | 1995 |
| 7 | 5149 | Michalczyk Fabian | *Essen | 2:04:53 | M18 | 1667 | 2:06:58 | 1668 | 1994 |
| 8 | 2351 | Hensel Florian | da simma dabei | 2:21:51 | M18 | 1904 | 2:22:16 | 1892 | 1992 |
| Altersklasse Männer M19 | | | | | | | | | |
| 1 | 5308 | Vogt Constantin | TV Frisch Auf Lennep | 1:21:22 | M19 | 30 | 1:21:23 | 29 | 1991 |
| 2 | 4539 | Biermann Philipp | TSV 1863 Herdecke | 1:21:38 | M19 | 31 | 1:21:42 | 32 | 1991 |
| 3 | 4541 | Olier Benedict | PV Triathlon Witten | 1:44:46 | M19 | 755 | 1:45:10 | 720 | 1990 |
| 4 | 4668 | Graute Sebastian | AWG | 1:45:59 | M19 | 826 | 1:46:12 | 779 | 1989 |
| 5 | 3293 | Meisenzahl Marius | BSG Stadtwerke | 1:47:39 | M19 | 906 | 1:49:20 | 929 | 1990 |
| 6 | 4842 | Muziol Michael | *Duisburg | 1:51:25 | M19 | 1114 | 1:51:46 | 1063 | 1989 |
| 7 | 5047 | Wesslén Philipp | *Moers | 1:55:50 | M19 | 1342 | 1:58:38 | 1379 | 1991 |
| 8 | 5214 | Schoske Sven | *Essen | 1:55:59 | M19 | 1348 | 1:58:35 | 1378 | 1990 |
| 9 | 2836 | Bullermann Alex | Feuerwehr SV Düsseldorf | 2:02:44 | M19 | 1616 | 2:03:16 | 1584 | 1989 |
| 10 | 1996 | Christofzik Till Jan | *Rheurd | 2:05:24 | M19 | 1684 | 2:07:52 | 1693 | 1991 |
| 11 | 2107 | Stawinoga Christian | *Krefeld | 2:05:33 | M19 | 1689 | 2:06:01 | 1644 | 1990 |
| 12 | 3577 | Meinert Fabian | Team Rheinberg | 2:06:36 | M19 | 1712 | 2:08:37 | 1709 | 1989 |
| 13 | 4812 | Giebfried Bastian | *Duisburg | 2:08:12 | M19 | 1738 | 2:10:57 | 1746 | 1991 |
| 14 | 3635 | Scholz Andreas | Scholz | 2:11:59 | M19 | 1807 | 2:14:03 | 1799 | 1991 |
| 15 | 3079 | Grabienski Benjamin | E.ON Ruhrgas SG | 2:22:02 | M19 | 1907 | 2:24:53 | 1907 | 1989 |
| 16 | 3666 | Delhaes Luca | *Issum | 2:26:10 | M19 | 1921 | 2:28:32 | 1920 | 1991 |



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|--------------------------------|------|------------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M22 | | | | | | | | | |
| 1 | 2153 | Rudnik Stefan | Renntiere | 1:14:35 | M22 | 3 | 1:14:35 | 3 | 1984 |
| 2 | 4042 | Eickel Klaus | LGO Bochum | 1:15:01 | M22 | 4 | 1:15:01 | 4 | 1985 |
| 3 | 3338 | Ritzmann Sebastian | *Duisburg | 1:19:29 | M22 | 18 | 1:19:31 | 18 | 1982 |
| 4 | 3028 | Bullermann Tim | SC Bayer 05 Uerdingen | 1:22:56 | M22 | 41 | 1:23:00 | 41 | 1982 |
| 5 | 2504 | Gosebrink Jens | Triminators TV Voerde | 1:23:43 | M22 | 49 | 1:23:45 | 49 | 1985 |
| 6 | 3227 | Huch Michael | Vodafone Runners | 1:24:23 | M22 | 60 | 1:24:29 | 60 | 1982 |
| 7 | 4540 | Zöllner Johannes | TSV 1863 Herdecke | 1:24:53 | M22 | 68 | 1:24:59 | 66 | 1988 |
| 8 | 5423 | Zywietz Eike | activefirst | 1:26:36 | M22 | 94 | 1:26:38 | 93 | 1982 |
| 9 | 5163 | Franzen Jannis | *Duisburg | 1:26:48 | M22 | 97 | 1:26:53 | 96 | 1985 |
| 10 | 5044 | Boenke Thomas | Kenias letzte Reserve | 1:26:55 | M22 | 100 | 1:27:18 | 104 | 1983 |
| 11 | 2925 | Bonnen Florian | *Kaarst | 1:27:57 | M22 | 121 | 1:28:09 | 122 | 1987 |
| 12 | 1966 | Von Rhein Christoph | Freie Schwimmer | 1:28:53 | M22 | 136 | 1:29:14 | 143 | 1982 |
| 13 | 5310 | Bachmann Matthias | LG Alpen | 1:28:58 | M22 | 141 | 1:29:05 | 136 | 1983 |
| 14 | 1935 | Engberg Holger | *Wuppertal | 1:29:50 | M22 | 164 | 1:30:08 | 162 | 1985 |
| 15 | 2866 | Hackstein Stefan | LG Alpen | 1:31:21 | M22 | 197 | 1:31:28 | 194 | 1982 |
| 16 | 2540 | Fackiner Moritz | LTV Tri Force Remscheid | 1:33:43 | M22 | 249 | 1:33:55 | 242 | 1986 |
| 17 | 2248 | Karjetta Florian | LTV Tri Force Remscheid | 1:33:44 | M22 | 250 | 1:33:56 | 245 | 1986 |
| 18 | 4314 | Niklass Kai | FC Hübi | 1:33:46 | M22 | 251 | 1:34:11 | 254 | 1986 |
| 19 | 5394 | Michalski Max | activefirst | 1:34:55 | M22 | 294 | 1:35:01 | 280 | 1988 |
| 20 | 3159 | Stitz Rene | optadata-gruppe | 1:35:28 | M22 | 317 | 1:35:45 | 312 | 1985 |
| 21 | 4797 | Hahn Hendrik | *Krefeld | 1:35:29 | M22 | 318 | 1:37:06 | 348 | 1985 |
| 22 | 4400 | Helle Florian | BSG WAZ Essen | 1:35:32 | M22 | 321 | 1:35:57 | 317 | 1985 |
| 23 | 4658 | Heusinkveld Tim | Lauftreff Uhlenhorst | 1:37:09 | M22 | 369 | 1:37:39 | 369 | 1982 |
| 24 | 3504 | John Dennis | Team Erdinger Alkoholfrei | 1:37:14 | M22 | 374 | 1:38:11 | 389 | 1982 |
| 25 | 1989 | Müller Bernd | nasty invalids | 1:38:12 | M22 | 423 | 1:38:57 | 432 | 1986 |
| 26 | 2350 | Kättnis Daniel | da simma dabei | 1:39:45 | M22 | 506 | 1:40:05 | 489 | 1983 |
| 27 | 2918 | Schneider Mathias | *Duisburg | 1:40:28 | M22 | 532 | 1:41:08 | 532 | 1984 |
| 28 | 4351 | Franke Philipp | *Meerbusch | 1:40:59 | M22 | 559 | 1:42:34 | 592 | 1985 |
| 29 | 5249 | Kutz Patrick | *Wuppertal | 1:41:03 | M22 | 564 | 1:41:59 | 567 | 1984 |
| 30 | 3094 | Möbius Christian | E.ON Ruhrgas SG | 1:41:53 | M22 | 600 | 1:42:21 | 582 | 1983 |
| 31 | 3426 | Ifang Malte | TuS Breitscheid | 1:42:25 | M22 | 624 | 1:42:54 | 607 | 1983 |
| 32 | 0 | unbekannt DY6KRW1 | | 1:43:16 | M22 | 662 | 1:43:55 | 655 | |
| 33 | 4297 | Klingelhöller Benjamin | Novell Runners | 1:43:29 | M22 | 674 | 1:45:01 | 710 | 1987 |
| 34 | 3509 | Braun Christian | *Bottrop | 1:43:57 | M22 | 706 | 1:45:06 | 716 | 1983 |
| 35 | 2999 | Risse Levin | *duisburg | 1:44:04 | M22 | 711 | 1:45:14 | 725 | 1987 |
| 36 | 1872 | Büchel Johannes | LT Uhlenhorst | 1:44:27 | M22 | 739 | 1:45:21 | 732 | 1986 |
| 37 | 4405 | Gunetsreiner Matthias | *Essen | 1:45:03 | M22 | 771 | 1:46:55 | 813 | 1985 |
| 38 | 4431 | Schrör Christian | *Duisburg | 1:47:08 | M22 | 878 | 1:49:05 | 916 | 1983 |
| 39 | 4646 | Brandt Sebastian | *Essen | 1:47:41 | M22 | 908 | 1:50:16 | 989 | 1984 |
| 40 | 3762 | Bredol Peter | 226 1/2 2011 | 1:47:50 | M22 | 917 | 1:49:13 | 923 | 1983 |
| 41 | 3553 | Spaethe Johannes | *Düsseldorf | 1:48:15 | M22 | 940 | 1:48:27 | 888 | 1985 |
| 42 | 4069 | Sowinski Andreas | *Duisburg | 1:48:50 | M22 | 980 | 1:50:09 | 981 | 1988 |
| 43 | 2021 | Nienz Stefan | *Gladbeck | 1:49:06 | M22 | 1001 | 1:50:14 | 987 | 1982 |
| 44 | 4461 | Kessenbrock Jan | *Wuppertal | 1:49:13 | M22 | 1006 | 1:50:37 | 1005 | 1984 |
| 45 | 4570 | Zieschang Christian | *Mülheim an der Ruhr | 1:49:41 | M22 | 1021 | 1:50:07 | 978 | 1982 |
| 46 | 4611 | Twiehaus Christopher | TC Kray 1892 e.V. | 1:49:53 | M22 | 1032 | 1:51:09 | 1025 | 1984 |
| 47 | 5291 | Engmann Sven | utc | 1:50:19 | M22 | 1054 | 1:51:17 | 1033 | 1988 |
| 48 | 3042 | Van Remmen Roman | Haus Freudenberg GmbH | 1:50:37 | M22 | 1067 | 1:50:57 | 1018 | 1982 |
| 49 | 2571 | Gaertner Björn | mmergrün triathlon team | 1:50:42 | M22 | 1072 | 1:51:25 | 1042 | 1982 |
| 50 | 2240 | Grunwald Andy | No Limits | 1:51:47 | M22 | 1132 | 1:52:40 | 1105 | 1987 |
| 51 | 5007 | Tönges Dennis | Kahlenberger HTC | 1:52:03 | M22 | 1143 | 1:52:28 | 1094 | 1984 |
| 52 | 1993 | Stych Christof | *Duisburg | 1:52:30 | M22 | 1163 | 1:53:59 | 1169 | 1982 |
| 53 | 5041 | Mura Gregor | e.V.n.e.V. | 1:53:00 | M22 | 1201 | 1:54:24 | 1189 | 1983 |
| 54 | 0 | unbekannt CD44072 | | 1:53:37 | M22 | 1237 | 1:54:03 | 1173 | |
| 55 | 3637 | Wolf Tobias | Team Wolf | 1:54:33 | M22 | 1284 | 1:57:05 | 1318 | 1984 |
| 56 | 3856 | Sibben Jan | TSV Nieukerk | 1:55:38 | M22 | 1334 | 1:57:15 | 1324 | 1985 |



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|--------------------------------|------|-----------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M22 | | | | | | | | | |
| 57 | 4292 | Severin Tobias | *Düsseldorf | 1:55:49 | M22 | 1341 | 1:57:28 | 1330 | 1984 |
| 58 | 4654 | Janßen David | LT Schnecke Sonsbeck | 1:56:21 | M22 | 1364 | 1:58:14 | 1367 | 1982 |
| 59 | 2365 | Weinhold Jörg | Gocher Lauffamilien | 1:56:24 | M22 | 1367 | 1:57:05 | 1319 | 1983 |
| 60 | 5131 | Rüben Alexander | *Duisburg | 1:56:40 | M22 | 1375 | 1:58:45 | 1385 | 1982 |
| 61 | 3951 | Liepe-Linde Alexander | ME-Sport | 1:57:18 | M22 | 1414 | 1:58:51 | 1393 | 1986 |
| 62 | 5095 | Janik Marco | *Essen | 1:59:27 | M22 | 1515 | 2:02:02 | 1536 | 1986 |
| 63 | 5234 | Pottbäcker Tim | *Duisburg | 1:59:43 | M22 | 1529 | 2:02:27 | 1555 | 1982 |
| 64 | 4929 | Heldt Fabian | *Duisburg | 1:59:44 | M22 | 1531 | 2:02:27 | 1556 | 1983 |
| 65 | 3884 | Stranz Dominik | *Duisburg | 2:00:13 | M22 | 1550 | 2:01:31 | 1518 | 1987 |
| 66 | 2219 | Renzel Niclas | *Ratingen | 2:00:29 | M22 | 1559 | 2:01:34 | 1524 | 1988 |
| 67 | 5110 | Werning Christian | *Mülheim | 2:00:30 | M22 | 1561 | 2:00:56 | 1492 | 1982 |
| 68 | 2447 | Pfannkuche Daniel | *Essen | 2:05:06 | M22 | 1679 | 2:06:24 | 1655 | 1988 |
| 69 | 1942 | Kaiser Daniel | Lauftreff R(h)einknaller | 2:08:29 | M22 | 1745 | 2:11:17 | 1750 | 1982 |
| 70 | 5085 | Busch Jan | Lurz Lauftruppe | 2:10:07 | M22 | 1773 | 2:12:16 | 1772 | 1986 |
| 71 | 1729 | Lahme Stephan | *Essen | 2:10:37 | M22 | 1781 | 2:12:11 | 1770 | 1982 |
| 72 | 5340 | Papenfuß Nils | *Neukirchen-Vluyn | 2:11:13 | M22 | 1790 | 2:14:02 | 1796 | 1988 |
| 73 | 4384 | Junker Christian | *Xanten | 2:11:33 | M22 | 1797 | 2:13:59 | 1794 | 1983 |
| 74 | 4152 | Hackstein Tobias | LC Duisburg | 2:11:34 | M22 | 1798 | 2:13:53 | 1790 | 1982 |
| 75 | 4188 | Gierden Adrian | *Duisburg | 2:11:34 | M22 | 1799 | 2:13:53 | 1791 | 1983 |
| 76 | 2496 | Kröner Sven | *Gelsenkirchen | 2:11:53 | M22 | 1803 | 2:14:38 | 1811 | 1984 |
| 77 | 4172 | Kasperkowitz Kay | *Duisburg | 2:19:09 | M22 | 1890 | 2:21:52 | 1891 | 1982 |
| 78 | 0 | unbekannt HE8DM2P | | 2:20:54 | M22 | 1895 | 2:23:57 | 1900 | |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M30 | | | | | | | | | |
| 1 | 3001 | Kruck Karsten | LC Duisburg | 1:11:55 | M30 | 1 | 1:11:55 | 1 | 1978 |
| 2 | 3002 | Schultz-Borgmann Sven | LC Duisburg | 1:15:13 | M30 | 5 | 1:15:14 | 5 | 1978 |
| 3 | 3315 | Gottheil Ralf | LG COESFELD | 1:15:25 | M30 | 6 | 1:15:26 | 6 | 1981 |
| 4 | 2135 | Steinmann Dr. Jörg | Tusem Essen | 1:16:46 | M30 | 8 | 1:16:48 | 8 | 1978 |
| 5 | 3437 | Wendt Steffen | TuS Breitscheid | 1:18:33 | M30 | 14 | 1:18:34 | 14 | 1977 |
| 6 | 1766 | Minke Sebastian | ASC Rosellen/Neuss | 1:20:33 | M30 | 24 | 1:20:35 | 24 | 1977 |
| 7 | 4744 | Krannich Ingmar | *Düsseldorf | 1:21:21 | M30 | 29 | 1:21:24 | 30 | 1977 |
| 8 | 1839 | Aengenheister Volker | LT Kettwig 2000 | 1:21:40 | M30 | 32 | 1:21:41 | 31 | 1981 |
| 9 | 3876 | Ehlert Christian | FC Straberg | 1:23:03 | M30 | 42 | 1:23:06 | 42 | 1977 |
| 10 | 5371 | Grönke Steffen | activefirst | 1:23:37 | M30 | 47 | 1:23:40 | 47 | 1979 |
| 11 | 4356 | Storm Sven | Triminators TV Voerde | 1:23:48 | M30 | 52 | 1:23:53 | 52 | 1981 |
| 12 | 2375 | Jäger Daniel | *Düsseldorf | 1:23:54 | M30 | 53 | 1:24:02 | 54 | 1978 |
| 13 | 1574 | Evermann Mark | Ausdauererschule by | 1:24:59 | M30 | 69 | 1:25:01 | 67 | 1979 |
| 14 | 1880 | Neuhaus Baptist | LT Lukas | 1:25:04 | M30 | 73 | 1:25:08 | 73 | 1979 |
| 15 | 3914 | Willuweit Tobias | TG Neuss | 1:26:13 | M30 | 86 | 1:26:16 | 85 | 1978 |
| 16 | 4282 | Becker Patrick | BSG Sparkasse | 1:26:28 | M30 | 92 | 1:26:33 | 92 | 1980 |
| 17 | 2081 | Mandel Marcel | SC Bayer 05 Uerdingen | 1:26:46 | M30 | 96 | 1:26:51 | 95 | 1978 |
| 18 | 2891 | Ohlms Hendrik | SC Bayer 05 Uerdingen | 1:27:30 | M30 | 112 | 1:27:38 | 112 | 1979 |
| 19 | 4416 | Handwerk Matthias | TuS Breitscheid | 1:27:46 | M30 | 119 | 1:27:55 | 118 | 1977 |
| 20 | 2279 | Gleim Michael | LC Duisburg | 1:28:20 | M30 | 127 | 1:28:27 | 125 | 1978 |
| 21 | 2566 | Garweg Stefan | *Duisburg | 1:28:29 | M30 | 128 | 1:29:09 | 139 | 1980 |
| 22 | 2792 | Stiebig André-Johannes | SC Bayer 05 Uerdingen | 1:30:28 | M30 | 175 | 1:30:45 | 176 | 1980 |
| 23 | 4488 | Michallek Marcus | Ruhrverband | 1:30:34 | M30 | 179 | 1:31:06 | 184 | 1979 |
| 24 | 3303 | Lizak Björn | FS Rheinkamp | 1:33:33 | M30 | 241 | 1:34:24 | 263 | 1979 |
| 25 | 1564 | Reeker Veit | *Düsseldorf | 1:33:41 | M30 | 247 | 1:34:35 | 267 | 1981 |
| 26 | 2054 | Woltering Ralf | *Erkrath | 1:34:17 | M30 | 274 | 1:35:11 | 287 | 1979 |
| 27 | 1543 | Metker Thomas | LG FSUe | 1:34:42 | M30 | 289 | 1:35:20 | 295 | 1978 |
| 28 | 1743 | Störmer David | Fast-Twitch.de | 1:35:09 | M30 | 307 | 1:35:19 | 294 | 1980 |
| 29 | 4168 | Ewald Karsten | AOK Düsseldorf | 1:35:15 | M30 | 309 | 1:35:47 | 314 | 1977 |
| 30 | 4019 | Doliwa Thorsten | LGO Bochum | 1:35:22 | M30 | 312 | 1:35:51 | 316 | 1981 |
| 31 | 3317 | Laukamp Thomas | LG COESFELD | 1:35:24 | M30 | 315 | 1:35:34 | 303 | 1979 |
| 32 | 1878 | Rommen Markus | *Duisburg | 1:35:38 | M30 | 322 | 1:36:17 | 325 | 1977 |
| 33 | 1589 | Oertel Dr. Mario | *Mettmann | 1:35:45 | M30 | 328 | 1:36:00 | 318 | 1977 |
| 34 | 4558 | Wagner Sebastian | Kahlenberger HTC | 1:38:06 | M30 | 418 | 1:38:34 | 402 | 1981 |
| 35 | 3163 | Haardt Daniel | optadata-gruppe | 1:38:10 | M30 | 422 | 1:38:51 | 423 | 1980 |
| 36 | 3676 | Bruns Andi | Laufschule Düsseldorf | 1:38:46 | M30 | 456 | 1:39:17 | 459 | 1979 |
| 37 | 2043 | Koch David | Ski-Klub Düsseldorf | 1:39:09 | M30 | 479 | 1:40:14 | 494 | 1980 |
| 38 | 2488 | Schlemme Jens | *Herne | 1:39:37 | M30 | 497 | 1:40:48 | 519 | 1980 |
| 39 | 3433 | Niemeyer Jens | TuS Breitscheid | 1:40:03 | M30 | 517 | 1:40:44 | 516 | 1981 |
| 40 | 4022 | Strauß Christian | *Willich | 1:40:26 | M30 | 531 | 1:41:56 | 564 | 1981 |
| 41 | 4662 | Hinzmann Mathias | Kahlenberger HTC | 1:40:34 | M30 | 535 | 1:40:59 | 525 | 1980 |
| 42 | 3569 | Baucks Gundolf | Marathon Finanz AG | 1:40:40 | M30 | 540 | 1:41:53 | 562 | 1977 |
| 43 | 5135 | Dietrich Christoph | Blueliner and friends | 1:41:12 | M30 | 573 | 1:42:29 | 589 | 1977 |
| 44 | 1582 | Wortmann Thorsten | LG adesso Dortmund | 1:41:12 | M30 | 574 | 1:41:37 | 544 | 1977 |
| 45 | 1663 | Richter René | *Duisburg | 1:41:26 | M30 | 581 | 1:41:54 | 563 | 1977 |
| 46 | 5271 | Hirseman Thorsten | MTBvD | 1:42:04 | M30 | 607 | 1:43:28 | 636 | 1978 |
| 47 | 4166 | Poggemann Tobias | TV Jahn Hiesfeld | 1:42:37 | M30 | 634 | 1:43:27 | 634 | 1978 |
| 48 | 2510 | Butterweck Dr. Ulf | The burning fist of pain | 1:42:44 | M30 | 638 | 1:44:22 | 678 | 1978 |
| 49 | 2856 | Müller Andreas | BUMMELBOB | 1:43:33 | M30 | 678 | 1:46:13 | 780 | 1977 |
| 50 | 3920 | Böttcher Marc | Die 2 lustigen 3 | 1:43:40 | M30 | 686 | 1:44:04 | 663 | 1980 |
| 51 | 2346 | Heinze Mario | BSG Sparkasse Essen | 1:44:01 | M30 | 709 | 1:45:17 | 729 | 1978 |
| 52 | 4561 | Dreßen Christian | Schnege | 1:44:06 | M30 | 714 | 1:44:39 | 688 | 1977 |
| 53 | 3936 | Dauvemann Oliver | *Herne | 1:44:20 | M30 | 729 | 1:45:52 | 760 | 1981 |
| 54 | 4296 | Erlor Maik | Novell Runners | 1:44:22 | M30 | 730 | 1:45:54 | 767 | 1978 |
| 55 | 5384 | König Nico | activefirst | 1:44:24 | M30 | 734 | 1:45:04 | 712 | 1978 |
| 56 | 4661 | Kucki Stefan | *Oberhausen | 1:44:25 | M30 | 736 | 1:44:42 | 690 | 1977 |



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|--------------------------------|------|------------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M30 | | | | | | | | | |
| 57 | 3825 | Chakif Hassan | BSG Sparkasse Essen | 1:44:27 | M30 | 738 | 1:48:06 | 870 | 1979 |
| 58 | 2757 | Beumeler Holger | SV Vikoria Goch | 1:44:34 | M30 | 744 | 1:45:13 | 724 | 1977 |
| 59 | 4353 | Stein Timo | *Gelsenkirchen | 1:45:01 | M30 | 768 | 1:46:52 | 812 | 1980 |
| 60 | 2931 | Ketzscher David | HIT-Team | 1:45:28 | M30 | 800 | 1:46:32 | 794 | 1977 |
| 61 | 5690 | Zimmermann Uwe | LT Rennhamster | 1:46:19 | M30 | 838 | 1:47:51 | 860 | 1981 |
| 62 | 4783 | Wehren Ludger | BG Sparkasse am | 1:46:47 | M30 | 858 | 1:49:10 | 917 | 1977 |
| 63 | 5054 | Marburger Jens | TÜS Elsoff | 1:47:48 | M30 | 915 | 1:48:17 | 877 | 1979 |
| 64 | 3174 | Tischer Norman | Vodafone Runners | 1:48:06 | M30 | 934 | 1:48:34 | 892 | 1980 |
| 65 | 1614 | Otto Andreas | *Düsseldorf | 1:48:19 | M30 | 944 | 1:49:58 | 965 | 1977 |
| 66 | 4474 | Mühle Patrick | Jugendheimstätten e.V. | 1:48:21 | M30 | 950 | 1:50:20 | 991 | 1979 |
| 67 | 1733 | Goldschmidt Thorsten | *Essen | 1:48:46 | M30 | 978 | 1:51:33 | 1049 | 1979 |
| 68 | 4137 | Hornickel Stephan | *Neuss | 1:49:04 | M30 | 995 | 1:50:59 | 1022 | 1980 |
| 69 | 1748 | Thomann Bastian | Fressnapf Allstars | 1:49:04 | M30 | 997 | 1:51:07 | 1024 | 1978 |
| 70 | 2581 | Schüürmann Tim | *Mülheim an der Ruhr | 1:50:04 | M30 | 1044 | 1:52:07 | 1072 | 1981 |
| 71 | 5381 | Kammann Christian | activefirst | 1:50:12 | M30 | 1050 | 1:50:25 | 993 | 1980 |
| 72 | 5370 | Goodall Steven | activefirst | 1:50:45 | M30 | 1076 | 1:50:59 | 1021 | 1981 |
| 73 | 2940 | Sykorra Mirko | Zigarrenfreunde | 1:50:48 | M30 | 1079 | 1:52:19 | 1086 | 1980 |
| 74 | 5357 | Bernhard Björn | activefirst | 1:50:52 | M30 | 1084 | 1:53:46 | 1159 | 1978 |
| 75 | 4212 | Paßerschroer Christian | *Bocholt | 1:51:04 | M30 | 1093 | 1:52:49 | 1114 | 1980 |
| 76 | 4982 | Stuke Gereon | *Essen | 1:51:11 | M30 | 1100 | 1:52:25 | 1092 | 1980 |
| 77 | 3899 | Ben Mansour Hassen | *Düsseldorf | 1:51:11 | M30 | 1101 | 1:52:26 | 1093 | 1981 |
| 78 | 3658 | Von Sydow Sven | TuS Bösinghoven | 1:51:17 | M30 | 1109 | 1:53:21 | 1138 | 1977 |
| 79 | 3910 | Kuhleemann Florian | SC Bayer 05 Uerdingen | 1:51:47 | M30 | 1130 | 1:52:47 | 1109 | 1981 |
| 80 | 2528 | Goischke Manuel | *Moers | 1:51:47 | M30 | 1131 | 1:52:47 | 1110 | 1978 |
| 81 | 4743 | Rausch Oliver | Team Stromberg | 1:51:56 | M30 | 1137 | 1:54:01 | 1171 | 1979 |
| 82 | 4742 | Schuh Christian | Team Stromberg | 1:52:01 | M30 | 1140 | 1:54:05 | 1176 | 1980 |
| 83 | 1750 | Meithner Christian | Immeo Wohnen Service | 1:52:46 | M30 | 1182 | 1:54:45 | 1209 | 1979 |
| 84 | 2707 | Kniest Marco | *Wesel | 1:52:54 | M30 | 1192 | 1:54:46 | 1211 | 1981 |
| 85 | 2767 | Braemer Patrick | ESVK-Essen | 1:53:12 | M30 | 1209 | 1:55:33 | 1252 | 1978 |
| 86 | 2760 | Reichel Volker | *Neuss | 1:53:23 | M30 | 1221 | 1:55:25 | 1245 | 1978 |
| 87 | 3316 | Kramer Thomas | LG COESFELD | 1:53:28 | M30 | 1227 | 1:54:22 | 1187 | 1980 |
| 88 | 4116 | Heim Stefan | *Oberhausen | 1:53:59 | M30 | 1258 | 1:55:25 | 1246 | 1978 |
| 89 | 2242 | Hölterhoff Andre | *Oberhausen | 1:53:59 | M30 | 1259 | 1:55:34 | 1253 | 1980 |
| 90 | 4392 | Zöller Christian | *Duisburg | 1:54:05 | M30 | 1264 | 1:56:12 | 1285 | 1980 |
| 91 | 1999 | Dudek Dirk A. | *Duisburg | 1:54:06 | M30 | 1266 | 1:56:12 | 1284 | 1980 |
| 92 | 4407 | Petersen Steffen | Bocholter WSV | 1:54:12 | M30 | 1273 | 1:55:39 | 1258 | 1980 |
| 93 | 4093 | Nowak Lukas | Styrumer TV | 1:54:14 | M30 | 1276 | 1:55:57 | 1275 | 1978 |
| 94 | 1529 | Niewerth Tobias | rotrunner.de Radkurier | 1:54:54 | M30 | 1302 | 1:56:51 | 1304 | 1978 |
| 95 | 2383 | Becker Marvin | *Wuppertal | 1:55:30 | M30 | 1321 | 1:56:44 | 1301 | 1979 |
| 96 | 4545 | Buckow Kevin | *Mülheim an der Ruhr | 1:55:34 | M30 | 1328 | 1:56:02 | 1279 | 1981 |
| 97 | 5072 | Johnen Simon | *Dortmund | 1:55:57 | M30 | 1346 | 1:58:30 | 1375 | 1980 |
| 98 | 3969 | Niczewitz Benjamin | *Duisburg | 1:56:00 | M30 | 1350 | 1:57:42 | 1342 | 1980 |
| 99 | 1560 | Burkhardt Marcel | BSG RSGV Düsseldorf | 1:56:33 | M30 | 1372 | 1:58:25 | 1372 | 1979 |
| 100 | 655 | Wenzel Ingo | *Langenfeld | 1:57:19 | M30 | 1416 | 1:58:45 | 1386 | 1979 |
| 101 | 1860 | Franz Hendrik | Die Flitzpiepen | 1:57:37 | M30 | 1431 | 1:59:29 | 1426 | 1977 |
| 102 | 3531 | Köster Sven | *Düsseldorf | 1:57:50 | M30 | 1439 | 1:58:34 | 1377 | 1979 |
| 103 | 2759 | Radig Manuel | *Oberhausen | 1:58:05 | M30 | 1453 | 1:59:38 | 1439 | 1979 |
| 104 | 4767 | Levin Marcus | *Kaarst | 1:58:20 | M30 | 1465 | 2:00:19 | 1470 | 1980 |
| 105 | 3854 | Struck Lars | *Moers | 1:58:35 | M30 | 1479 | 2:00:12 | 1466 | 1978 |
| 106 | 4440 | Villalobos Adryan | 1. Gelnhäuser | 1:58:43 | M30 | 1483 | 2:01:02 | 1495 | 1980 |
| 107 | 4721 | Riege Tobi | Dick & Dürstig | 1:58:52 | M30 | 1491 | 2:00:52 | 1488 | 1977 |
| 108 | 3280 | Plettau Markus | Trimet | 1:58:57 | M30 | 1496 | 2:01:34 | 1523 | 1980 |
| 109 | 2038 | Störbrauck Markus | RC VELO 85 | 1:59:41 | M30 | 1527 | 2:01:39 | 1526 | 1978 |
| 110 | 5420 | Van Neijenhoff Robin | activefirst | 2:00:22 | M30 | 1556 | 2:02:47 | 1569 | 1979 |
| 111 | 2984 | Faber Hendrik | RUHR-TECHNIK | 2:01:21 | M30 | 1582 | 2:02:59 | 1575 | 1981 |
| 112 | 3566 | Kleibrink Martin | Team 62 Runners | 2:01:27 | M30 | 1587 | 2:03:01 | 1579 | 1977 |



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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M30 | | | | | | | | | |
| 113 | 2977 | Palla Damian | Brusis Laufhasen | 2:01:37 | M30 | 1590 | 2:02:33 | 1561 | 1980 |
| 114 | 4905 | Elvert Sven | *Duisburg | 2:02:25 | M30 | 1609 | 2:05:09 | 1622 | 1979 |
| 115 | 3704 | Feldmann Jens | *Duisburg | 2:03:27 | M30 | 1636 | 2:04:26 | 1603 | 1979 |
| 116 | 2204 | Wilmkes Michael | *Mülheim | 2:04:58 | M30 | 1670 | 2:07:45 | 1688 | 1978 |
| 117 | 2245 | Raschke Dennis | *Moers | 2:05:07 | M30 | 1681 | 2:06:47 | 1661 | 1980 |
| 118 | 4065 | Rheydt Christian | *Kaarst | 2:05:39 | M30 | 1696 | 2:07:37 | 1685 | 1980 |
| 119 | 4064 | Garding Daniel | *Kaarst | 2:05:39 | M30 | 1697 | 2:07:38 | 1686 | 1980 |
| 120 | 5203 | Ertl David | VFLovers Rheinhausen | 2:06:22 | M30 | 1708 | 2:08:43 | 1711 | 1980 |
| 121 | 1759 | Döpke Christoph | *Essen | 2:08:47 | M30 | 1752 | 2:10:34 | 1739 | 1977 |
| 121 | 3826 | Daniels Sven | BSG Sparkasse Essen | 2:08:47 | M30 | 1752 | 2:10:55 | 1745 | 1977 |
| 123 | 1908 | Mroch Sascha | Fun Runner VfL Gladbeck | 2:10:10 | M30 | 1775 | 2:12:44 | 1776 | 1978 |
| 124 | 2994 | Legemann Dirk | *Duisburg | 2:11:41 | M30 | 1800 | 2:14:26 | 1804 | 1979 |
| 125 | 3524 | Ewers Frank | *Essen | 2:13:43 | M30 | 1834 | 2:16:36 | 1840 | 1978 |
| 126 | 5382 | Kittler Christian | activefirst | 2:14:55 | M30 | 1851 | 2:15:20 | 1823 | 1980 |
| 127 | 4099 | Rapp Patrik | *Willich | 2:15:36 | M30 | 1868 | 2:18:49 | 1876 | 1978 |
| 128 | 2053 | Dennstedt Robert | *Essen | 2:16:52 | M30 | 1877 | 2:18:26 | 1869 | 1978 |
| 129 | 4226 | Kontny Thomas | *Korschenbroich | 2:30:32 | M30 | 1929 | 2:33:03 | 1930 | 1979 |
| 130 | 4980 | Rueben Andy | TEAM HERBALIFE | 2:32:11 | M30 | 1932 | 2:35:10 | 1934 | 1978 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------|-----------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M35 | | | | | | | | | |
| 1 | 3448 | Velten Sascha | Lüttringhauser TV | 1:12:50 | M35 | 2 | 1:12:50 | 2 | 1974 |
| 2 | 2032 | Kwekkeboom Thorsten | LG Alpen | 1:15:56 | M35 | 7 | 1:15:57 | 7 | 1972 |
| 3 | 3375 | Monster Daniel | AS Neukirchen-Vluyn | 1:17:14 | M35 | 10 | 1:17:15 | 10 | 1972 |
| 4 | 3004 | Werner Stefan | Team Roseversand | 1:17:57 | M35 | 12 | 1:17:59 | 12 | 1976 |
| 5 | 1737 | Tertünste Björn | MTG Horst Essen | 1:19:24 | M35 | 16 | 1:19:26 | 16 | 1973 |
| 6 | 5268 | Schmidt Heiko | *Düsseldorf | 1:19:36 | M35 | 19 | 1:19:38 | 19 | 1973 |
| 7 | 4237 | Glahn Florian | LG Mülheim | 1:19:53 | M35 | 21 | 1:19:54 | 21 | 1976 |
| 8 | 5342 | Ahl Thorsten | Nordtriathleten | 1:21:05 | M35 | 26 | 1:21:07 | 26 | 1975 |
| 9 | 3546 | Rennefeld Marc | Bocholter WSV | 1:22:04 | M35 | 35 | 1:22:06 | 34 | 1972 |
| 10 | 2626 | Witt Christoph | Tusem Essen | 1:23:29 | M35 | 45 | 1:23:32 | 44 | 1976 |
| 11 | 2317 | Diekmann Bernd | *Wesel | 1:23:32 | M35 | 46 | 1:23:38 | 46 | 1972 |
| 12 | 2277 | Wirtz Dirk | Team Aroma Ahoi | 1:23:39 | M35 | 48 | 1:23:42 | 48 | 1972 |
| 13 | 2037 | Hoffmann Jörg | *Bocholt | 1:23:58 | M35 | 54 | 1:24:01 | 53 | 1974 |
| 14 | 1603 | Motzkus Martin | BSG Ev. Krankenhaus | 1:24:35 | M35 | 64 | 1:24:58 | 65 | 1975 |
| 15 | 1535 | Lampert Sascha | Ausdauer-schule by | 1:24:37 | M35 | 65 | 1:24:49 | 64 | 1976 |
| 16 | 2986 | Grimme Thomas | immergrün Triathlon | 1:25:29 | M35 | 77 | 1:25:33 | 77 | 1975 |
| 17 | 3341 | Jegodtka Matthias | ASC Rosellen/Neuss | 1:25:50 | M35 | 82 | 1:25:54 | 82 | 1974 |
| 18 | 3091 | Kiczynski Marcel | E.ON Ruhrgas SG | 1:26:27 | M35 | 91 | 1:26:31 | 90 | 1975 |
| 19 | 2161 | Kinzig Stefan | *Wachtendonk | 1:27:23 | M35 | 108 | 1:27:32 | 108 | 1973 |
| 20 | 1740 | Benatzky Joachim | ETUF, Essen | 1:27:24 | M35 | 109 | 1:27:29 | 106 | 1976 |
| 21 | 3869 | Scheele Michael | RSV Blau-Gelb 1928 | 1:27:44 | M35 | 118 | 1:27:49 | 117 | 1976 |
| 22 | 4467 | Lassak Ingo | Triathlon Team FS | 1:28:07 | M35 | 125 | 1:28:28 | 126 | 1976 |
| 23 | 2432 | Dirkes Sebastian | LG Presto | 1:28:31 | M35 | 130 | 1:28:36 | 128 | 1974 |
| 24 | 4486 | Kestel Thomas | *Düsseldorf | 1:29:08 | M35 | 146 | 1:29:29 | 148 | 1976 |
| 25 | 2089 | Ucka Matthias | *Castrop-Rauxel | 1:29:38 | M35 | 156 | 1:29:55 | 159 | 1975 |
| 26 | 3418 | Mathis Oliver | TG Neuss | 1:29:43 | M35 | 160 | 1:30:29 | 171 | 1972 |
| 27 | 1702 | Kiedel André | SV Gladbeck 13 | 1:29:47 | M35 | 162 | 1:30:07 | 161 | 1973 |
| 28 | 4686 | Zilian Lars | LAV Essen/Werdener TB | 1:30:08 | M35 | 168 | 1:30:15 | 165 | 1973 |
| 29 | 1615 | Schlimnat Michael | *Duisburg | 1:30:34 | M35 | 180 | 1:30:47 | 177 | 1976 |
| 30 | 3580 | Peters Andreas | *Xanten | 1:30:38 | M35 | 182 | 1:30:48 | 179 | 1973 |
| 31 | 4171 | Ostrowitzki Frank | Mölm-sch Runner | 1:30:57 | M35 | 188 | 1:31:33 | 196 | 1974 |
| 32 | 5287 | Kadach Christian | *Haan | 1:30:59 | M35 | 190 | 1:31:24 | 192 | 1975 |
| 33 | 4636 | Schmandt Jan | *Düsseldorf | 1:31:00 | M35 | 191 | 1:31:13 | 188 | 1976 |
| 34 | 3654 | Schwerkolt Torsten | Marathon Mülheim | 1:31:15 | M35 | 194 | 1:31:20 | 191 | 1973 |
| 35 | 3406 | Erlenkötter Dirk | TG Neuss | 1:31:18 | M35 | 195 | 1:31:40 | 198 | 1974 |
| 36 | 2920 | Stolz Jürgen | vereinslos | 1:31:39 | M35 | 204 | 1:31:59 | 205 | 1975 |
| 37 | 4926 | Rehbach Christoph | Triathlon Team FS | 1:32:30 | M35 | 219 | 1:32:53 | 217 | 1975 |
| 38 | 2092 | Kirmse David | RWE Starlight Team | 1:34:13 | M35 | 272 | 1:34:43 | 272 | 1975 |
| 39 | 5193 | Nickel Volker | *Duisburg | 1:34:28 | M35 | 280 | 1:34:56 | 278 | 1972 |
| 40 | 5285 | Mlyneck Thorsten | SV Kupferdreh | 1:34:36 | M35 | 283 | 1:35:26 | 299 | 1974 |
| 41 | 3412 | Damm Carsten | TG Neuss | 1:34:50 | M35 | 293 | 1:35:12 | 288 | 1975 |
| 42 | 3981 | Bühne Stan | *Düsseldorf | 1:34:57 | M35 | 295 | 1:35:45 | 313 | 1974 |
| 43 | 4092 | Linke Marcus | *Hattingen | 1:35:05 | M35 | 304 | 1:35:37 | 308 | 1974 |
| 44 | 4309 | Aepfelbach Tim | Triathlon TEAM TG | 1:35:07 | M35 | 306 | 1:35:13 | 290 | 1973 |
| 45 | 2134 | Gohr Michael | hofacker-runner.de.vu | 1:35:31 | M35 | 320 | 1:36:31 | 333 | 1972 |
| 46 | 3944 | Hücking David | *Duisburg | 1:35:48 | M35 | 331 | 1:36:01 | 319 | 1972 |
| 47 | 2829 | Orosz Dr. Robert | Makrolon Runners | 1:36:08 | M35 | 338 | 1:36:40 | 337 | 1973 |
| 48 | 3178 | Rottmann Lars | Vodafone Runners | 1:36:14 | M35 | 342 | 1:36:44 | 338 | 1974 |
| 49 | 4287 | Graf Torsten | *Korschenbroich | 1:36:42 | M35 | 350 | 1:37:48 | 377 | 1976 |
| 50 | 2585 | Von der Heyden Ralf | TV Aldekerk | 1:37:13 | M35 | 371 | 1:37:48 | 378 | 1976 |
| 51 | 3708 | Wilde Andreas | *Düsseldorf | 1:37:19 | M35 | 379 | 1:38:19 | 394 | 1976 |
| 52 | 2558 | Schreiber Marko | Team Aroma Ahoi | 1:37:20 | M35 | 380 | 1:37:57 | 383 | 1973 |
| 53 | 2049 | Janssen Carlos | Gocher Lauffamilien | 1:37:21 | M35 | 383 | 1:37:43 | 372 | 1972 |
| 54 | 1534 | Keller Markus | *Düsseldorf | 1:37:23 | M35 | 384 | 1:38:33 | 401 | 1972 |
| 55 | 2773 | Koch Thomas | Rösige Dötz | 1:37:24 | M35 | 387 | 1:37:54 | 381 | 1975 |
| 56 | 4408 | Busmann Ingo | *Essen | 1:37:27 | M35 | 390 | 1:38:52 | 424 | 1975 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M35 | | | | | | | | | |
| 57 | 5030 | Terporten Niklas | feuerwehr düsseldorf | 1:37:33 | M35 | 395 | 1:37:56 | 382 | 1972 |
| 58 | 1902 | Tenbruen Jörg | *Duisburg | 1:37:34 | M35 | 396 | 1:38:36 | 404 | 1976 |
| 59 | 1660 | Kodjayan Patrick | hofacker-runner.de.vu | 1:37:38 | M35 | 398 | 1:38:39 | 409 | 1974 |
| 60 | 1685 | Kral Jan | *Düsseldorf | 1:37:43 | M35 | 402 | 1:38:13 | 390 | 1974 |
| 61 | 4723 | Wennmann Marcus | *Mülheim | 1:38:01 | M35 | 415 | 1:38:44 | 418 | 1973 |
| 62 | 4735 | Ludwig Frank | *Essen | 1:38:08 | M35 | 421 | 1:39:09 | 449 | 1976 |
| 63 | 3424 | Hammelmaier Marcus | TuS Breitscheid | 1:38:12 | M35 | 424 | 1:40:02 | 485 | 1973 |
| 64 | 2802 | Handschumacher Sven | LG adesso Dortmund | 1:38:23 | M35 | 434 | 1:38:48 | 420 | 1973 |
| 65 | 4370 | Paulukuhn Dr. Leif | *Moers | 1:38:24 | M35 | 435 | 1:38:38 | 405 | 1975 |
| 66 | 3311 | Bohnenkamp Hermann | TG Neuss | 1:38:28 | M35 | 438 | 1:38:57 | 433 | 1973 |
| 67 | 5166 | Bendrat Daniel | *Essen | 1:38:41 | M35 | 449 | 1:38:51 | 422 | 1974 |
| 68 | 3405 | Seegers Andreas | TG Neuss | 1:38:50 | M35 | 460 | 1:39:22 | 463 | 1975 |
| 69 | 1630 | Schitkowski Torsten | *Essen | 1:39:03 | M35 | 468 | 1:39:16 | 458 | 1973 |
| 70 | 1791 | Maßmann Thomas | *Oberhausen | 1:39:15 | M35 | 484 | 1:39:34 | 469 | 1975 |
| 71 | 1684 | Herzberg Mike | LT-Do-Westrich | 1:39:16 | M35 | 485 | 1:40:23 | 498 | 1975 |
| 72 | 1548 | Wolczyk Damian | *Düsseldorf | 1:39:19 | M35 | 487 | 1:40:00 | 483 | 1975 |
| 73 | 2059 | Kux Stefan | Ski-Klub Düsseldorf | 1:39:23 | M35 | 490 | 1:40:29 | 504 | 1976 |
| 74 | 2052 | Gaudenz Thomas | *Bochum | 1:39:35 | M35 | 496 | 1:40:29 | 505 | 1975 |
| 75 | 4291 | Dillig Mark | *Duisburg | 1:39:42 | M35 | 501 | 1:40:18 | 496 | 1974 |
| 76 | 1995 | Carducci Giacinto | *Duisburg | 1:40:12 | M35 | 523 | 1:40:55 | 522 | 1973 |
| 77 | 3873 | Robering André | *Oer-Erkenschwick | 1:40:17 | M35 | 526 | 1:41:05 | 529 | 1974 |
| 78 | 3748 | Wingenbach Thomas | OneUnitRemscheidRunni | 1:40:26 | M35 | 530 | 1:41:11 | 534 | 1972 |
| 79 | 2274 | Kleiner Lars | LT Berka Stars | 1:41:00 | M35 | 560 | 1:42:41 | 600 | 1976 |
| 80 | 4986 | Reska Michael | *Düsseldorf | 1:41:00 | M35 | 561 | 1:41:33 | 541 | 1974 |
| 81 | 4857 | Püttmann Thomas | SF Ennepetal | 1:41:18 | M35 | 577 | 1:42:04 | 570 | 1975 |
| 82 | 3200 | Beer Christoph | Vodafone Runners | 1:41:27 | M35 | 583 | 1:43:11 | 618 | 1974 |
| 83 | 2086 | Süselbeck André | Tischtennis SV Orsoy | 1:41:38 | M35 | 588 | 1:41:46 | 557 | 1972 |
| 84 | 2693 | Enke Andreas | BSG Team EVAG | 1:41:38 | M35 | 589 | 1:42:21 | 580 | 1972 |
| 85 | 3794 | Born Dirk | *Krefeld | 1:41:52 | M35 | 596 | 1:42:18 | 578 | 1972 |
| 86 | 1594 | Iwanowsky Thomas | *Dorsten | 1:42:02 | M35 | 606 | 1:43:59 | 660 | 1973 |
| 87 | 1925 | Heck Markus | *Geilenkirchen | 1:42:22 | M35 | 621 | 1:43:23 | 631 | 1972 |
| 88 | 1814 | Kipp Stefan | *Münster | 1:42:46 | M35 | 643 | 1:43:22 | 630 | 1975 |
| 89 | 5185 | Boschuk Stefan | *Dinslaken | 1:42:48 | M35 | 647 | 1:43:16 | 622 | 1975 |
| 90 | 2034 | Daecke Nils | Henkel | 1:43:21 | M35 | 667 | 1:44:46 | 697 | 1972 |
| 91 | 3988 | Hürtgen Frank | *Krefeld | 1:43:28 | M35 | 672 | 1:45:18 | 730 | 1972 |
| 92 | 3191 | Brusa Matteo | Vodafone Runners | 1:43:37 | M35 | 684 | 1:44:07 | 665 | 1976 |
| 93 | 3922 | Kolodzie Manuel | Die 2 lustigen 3 | 1:43:41 | M35 | 687 | 1:44:05 | 664 | 1976 |
| 94 | 3090 | Kellner Jürgen | E.ON Ruhrgas SG | 1:43:44 | M35 | 692 | 1:44:42 | 691 | 1972 |
| 95 | 1639 | Fieber Thomas | hofacker-runner.de.vu | 1:43:49 | M35 | 699 | 1:44:49 | 699 | 1973 |
| 96 | 4815 | Asseburg Jörg | TUS 48 Ehringhausen | 1:44:13 | M35 | 720 | 1:45:01 | 709 | 1975 |
| 97 | 3245 | Nguyen Pham Quang | Vodafone Runners | 1:44:14 | M35 | 723 | 1:45:54 | 764 | 1974 |
| 98 | 3239 | Levy Thomas | Vodafone Runners | 1:44:19 | M35 | 728 | 1:44:50 | 700 | 1974 |
| 99 | 2463 | Strobel Kai | *Solingen | 1:44:23 | M35 | 733 | 1:45:32 | 745 | 1976 |
| 100 | 4123 | Detti Manuel | team rodetti | 1:44:24 | M35 | 734 | 1:45:30 | 744 | 1973 |
| 101 | 2258 | Böminghaus René | *Oberhausen | 1:44:41 | M35 | 749 | 1:46:25 | 790 | 1972 |
| 102 | 4263 | Pütz Matthias | *Sprockhövel | 1:44:42 | M35 | 750 | 1:45:27 | 740 | 1973 |
| 103 | 4968 | Henkel Torsten | after-work-runners.de | 1:44:42 | M35 | 751 | 1:44:57 | 706 | 1972 |
| 104 | 2251 | Beuth Christian | No Work Team | 1:44:43 | M35 | 753 | 1:47:08 | 831 | 1976 |
| 105 | 4943 | Pauls Viktor | *Düsseldorf | 1:45:09 | M35 | 774 | 1:46:45 | 806 | 1972 |
| 106 | 2117 | Baumgarten Steffen | *Düsseldorf | 1:45:10 | M35 | 776 | 1:46:45 | 804 | 1972 |
| 107 | 3581 | Wübling Torsten | Jogmap Ruhr | 1:45:11 | M35 | 777 | 1:46:19 | 785 | 1975 |
| 108 | 2985 | Reyering Frank | RUHR-TECHNIK | 1:45:38 | M35 | 808 | 1:46:34 | 797 | 1973 |
| 109 | 2319 | Rohde Markus | BSG Volksbank | 1:45:47 | M35 | 815 | 1:46:31 | 793 | 1973 |
| 110 | 2886 | Reessing Jan | City Fitness Essen | 1:45:54 | M35 | 820 | 1:46:34 | 796 | 1976 |
| 111 | 4700 | Tomuseit Frank | TEAM ATZE | 1:45:59 | M35 | 825 | 1:46:55 | 816 | 1972 |
| 112 | 3894 | Rataj André | BSG Sparkasse Duisburg | 1:46:05 | M35 | 828 | 1:48:16 | 876 | 1976 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M35 | | | | | | | | | |
| 113 | 2048 | Oberpichler Heiko | *Düsseldorf | 1:46:12 | M35 | 836 | 1:47:47 | 852 | 1972 |
| 114 | 3585 | Piel Andreas | *Burscheid | 1:46:31 | M35 | 852 | 1:47:52 | 861 | 1973 |
| 115 | 1604 | Schultz Jens | CDS Running Team | 1:46:56 | M35 | 865 | 1:48:45 | 899 | 1974 |
| 116 | 2002 | Block Dr. Klaus | *Castrop-Rauxel | 1:47:01 | M35 | 869 | 1:48:35 | 893 | 1972 |
| 117 | 4805 | Boleslawsky Stephan | *Ratingen | 1:47:08 | M35 | 877 | 1:48:59 | 911 | 1972 |
| 118 | 3696 | Schellhas Thomas | BSG Springorum Bochum | 1:47:15 | M35 | 882 | 1:48:47 | 901 | 1972 |
| 119 | 2340 | Rosin Marc | *Herne | 1:47:19 | M35 | 886 | 1:48:16 | 875 | 1975 |
| 120 | 4893 | Borusiak Christian | Sportstsfreunde Wurmthal | 1:47:23 | M35 | 892 | 1:49:00 | 912 | 1975 |
| 121 | 3875 | Cziommer Jürgen | FC Straberg | 1:47:28 | M35 | 895 | 1:49:40 | 949 | 1976 |
| 122 | 3215 | Fischer Christoph | Vodafone Runners | 1:47:56 | M35 | 924 | 1:49:45 | 952 | 1974 |
| 123 | 1783 | Dornseifer Michael | *Essen | 1:48:18 | M35 | 942 | 1:49:51 | 958 | 1972 |
| 124 | 3193 | Yildiz Hamit | Vodafone Runners | 1:48:20 | M35 | 946 | 1:49:51 | 957 | 1972 |
| 125 | 1613 | Barbera Pino | hofacker-runner.de.vu | 1:48:22 | M35 | 953 | 1:49:22 | 932 | 1975 |
| 126 | 2284 | Fischer Dirk | BSG Sparkasse Duisburg | 1:48:28 | M35 | 961 | 1:50:13 | 986 | 1973 |
| 127 | 1774 | Krause Ralf | *Kaarst | 1:48:44 | M35 | 974 | 1:49:29 | 938 | 1972 |
| 128 | 2040 | Stammen Marc | *Xanten | 1:49:02 | M35 | 990 | 1:49:36 | 946 | 1976 |
| 129 | 5180 | Braß Michael | Wällah-Haar-Team | 1:49:04 | M35 | 996 | 1:50:10 | 983 | 1976 |
| 130 | 2138 | Schaffrath Henry | *Dormagen | 1:49:50 | M35 | 1028 | 1:51:48 | 1064 | 1975 |
| 131 | 4870 | Schubert René | *Ratingen | 1:49:55 | M35 | 1034 | 1:51:31 | 1048 | 1973 |
| 132 | 2157 | Kulke Bernd | Team Big 25 Herne | 1:50:01 | M35 | 1042 | 1:51:46 | 1061 | 1973 |
| 133 | 3931 | Heinrichs Torsten | *Neuss | 1:50:46 | M35 | 1077 | 1:52:32 | 1096 | 1974 |
| 134 | 4774 | Gabriel Georg | Lauffreunde HADI Wesel | 1:50:47 | M35 | 1078 | 1:51:49 | 1065 | 1975 |
| 135 | 1609 | Hanisch Jörg | LC Wuppertal | 1:50:55 | M35 | 1086 | 1:52:40 | 1106 | 1975 |
| 135 | 2469 | Steinbach Mark | optadata-gruppe | 1:50:55 | M35 | 1086 | 1:53:13 | 1126 | 1974 |
| 137 | 3691 | Escher Alexander | *Bottrop | 1:50:57 | M35 | 1089 | 1:51:17 | 1032 | 1972 |
| 138 | 3659 | Wochna Marcin | TuS Bösinghoven | 1:51:17 | M35 | 1110 | 1:53:21 | 1138 | 1976 |
| 139 | 3881 | Sapina Mato | *Duisburg | 1:51:29 | M35 | 1121 | 1:53:19 | 1132 | 1973 |
| 140 | 4703 | Dreker Severin Michael | FAST FOOT Düsseldorf | 1:51:37 | M35 | 1124 | 1:53:37 | 1147 | 1973 |
| 141 | 4772 | Janz Alexander | *Bonn | 1:51:41 | M35 | 1127 | 1:53:19 | 1132 | 1973 |
| 142 | 2790 | Mölls Oliver | *Mülheim an der Ruhr | 1:51:56 | M35 | 1136 | 1:53:15 | 1128 | 1972 |
| 143 | 3980 | Rissel Martin | *Duisburg | 1:52:02 | M35 | 1141 | 1:53:44 | 1154 | 1974 |
| 144 | 5393 | Meier Holger | activefirst | 1:52:15 | M35 | 1151 | 1:53:55 | 1165 | 1976 |
| 145 | 4197 | Kwasniok Sascha | *Oberhausen | 1:52:35 | M35 | 1166 | 1:54:06 | 1177 | 1973 |
| 146 | 3984 | Ullrich Tino | Team Snakebite | 1:52:38 | M35 | 1171 | 1:54:34 | 1197 | 1973 |
| 147 | 3180 | Ermini Marco | Vodafone Runners | 1:52:43 | M35 | 1178 | 1:55:10 | 1230 | 1973 |
| 148 | 5361 | Buck Carsten | activefirst | 1:52:47 | M35 | 1186 | 1:54:44 | 1206 | 1976 |
| 149 | 3523 | Marks Christian | *Ratingen | 1:52:50 | M35 | 1188 | 1:55:18 | 1236 | 1972 |
| 150 | 2706 | Pilgermann Kai | *Dinslaken | 1:52:54 | M35 | 1191 | 1:54:46 | 1210 | 1976 |
| 151 | 3522 | Müller Oliver | *Essen | 1:52:56 | M35 | 1196 | 1:56:03 | 1280 | 1973 |
| 152 | 4374 | Steuernthal Oliver | *Bocholt | 1:53:01 | M35 | 1202 | 1:54:23 | 1188 | 1973 |
| 153 | 5108 | Ingenpaß Andre | *Dinslaken | 1:53:15 | M35 | 1211 | 1:54:36 | 1200 | 1975 |
| 154 | 3746 | Liesen Markus | *Dinslaken | 1:53:17 | M35 | 1213 | 1:55:27 | 1248 | 1972 |
| 155 | 2639 | Kaminski Andre | *Duisburg | 1:53:20 | M35 | 1216 | 1:55:05 | 1228 | 1976 |
| 156 | 5405 | Schäfer Torsten | activefirst | 1:53:20 | M35 | 1217 | 1:53:34 | 1144 | 1973 |
| 157 | 4136 | Krämer Thorsten | - | 1:53:25 | M35 | 1222 | 1:55:48 | 1266 | 1972 |
| 158 | 5112 | Hoffmann Christian | *Essen | 1:53:35 | M35 | 1233 | 1:55:40 | 1260 | 1974 |
| 159 | 1645 | Wilmers Frank | *Bocholt | 1:53:54 | M35 | 1251 | 1:55:47 | 1265 | 1972 |
| 160 | 2471 | Wiegand Axel | Borbecker TC | 1:54:14 | M35 | 1275 | 1:56:19 | 1291 | 1973 |
| 161 | 4094 | Zydek Arthur | *Mülheim | 1:54:14 | M35 | 1276 | 1:55:57 | 1274 | 1974 |
| 162 | 3673 | Schoch Guido | *Oberhausen | 1:54:26 | M35 | 1281 | 1:56:36 | 1298 | 1976 |
| 163 | 2631 | Marach Semir | *Gladbeck | 1:54:34 | M35 | 1286 | 1:55:50 | 1268 | 1975 |
| 164 | 3048 | Mehlmann Marcus | Evonik Wohnen | 1:54:51 | M35 | 1297 | 1:57:10 | 1320 | 1974 |
| 165 | 3735 | Stöffler Ulrich | BSG | 1:54:53 | M35 | 1299 | 1:57:42 | 1343 | 1973 |
| 166 | 4784 | Wehren Mario | St.Hubertus-Uedemerbruc | 1:55:11 | M35 | 1312 | 1:57:34 | 1335 | 1974 |
| 167 | 1916 | Borg Thomas | Sportfreunde Rhade | 1:55:19 | M35 | 1316 | 1:57:50 | 1353 | 1973 |
| 168 | 2661 | Kirstein Jan | *Wuppertal | 1:55:30 | M35 | 1320 | 1:56:44 | 1302 | 1976 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M35 | | | | | | | | | |
| 169 | 4632 | Häde Matthias | *Essen | 1:55:45 | M35 | 1337 | 1:57:25 | 1328 | 1972 |
| 170 | 2535 | Bauersachs Sven | *Mülheim | 1:55:55 | M35 | 1345 | 1:57:55 | 1356 | 1972 |
| 171 | 4003 | Pohle Stefan | *Duisburg | 1:55:59 | M35 | 1347 | 1:58:42 | 1381 | 1972 |
| 172 | 4317 | Seyring Jan | ART Düsseldorf | 1:56:00 | M35 | 1350 | 1:57:49 | 1352 | 1975 |
| 173 | 1731 | Van Zanten Carsten | *Düsseldorf | 1:56:22 | M35 | 1366 | 1:57:38 | 1338 | 1972 |
| 174 | 5278 | Pimingstorfer Andre | | 1:56:45 | M35 | 1380 | 1:59:07 | 1404 | 1974 |
| 175 | 5081 | Klawitter Björn | Lauf-Schnecken AG & | 1:56:45 | M35 | 1381 | 1:59:06 | 1402 | 1972 |
| 176 | 3118 | Balzen Christian | BWG-Team Duisburg | 1:56:54 | M35 | 1392 | 1:58:48 | 1390 | 1975 |
| 177 | 4794 | Gonzalez Miguel | *Duisburg | 1:57:48 | M35 | 1437 | 1:59:44 | 1444 | 1972 |
| 178 | 5071 | Kroker Thomas | OBO Bettermann GmbH | 1:58:02 | M35 | 1450 | 2:00:35 | 1477 | 1974 |
| 179 | 4452 | Schilling Stefan | *Duisburg | 1:58:07 | M35 | 1455 | 1:59:10 | 1406 | 1974 |
| 180 | 5296 | Büxenstein Manuel | BSG Sparkasse | 1:58:17 | M35 | 1462 | 2:00:26 | 1475 | 1975 |
| 181 | 2475 | Danisch Gregor | *Köln | 1:58:21 | M35 | 1466 | 2:01:26 | 1513 | 1972 |
| 182 | 3865 | Kreienbrink Ingmar | *Duisburg | 1:58:34 | M35 | 1478 | 2:00:11 | 1465 | 1976 |
| 183 | 5027 | Wünsche Dr. Clemens | *meerbusch | 1:58:42 | M35 | 1482 | 2:00:07 | 1459 | 1973 |
| 184 | 1947 | Kux Robert | Team Erdinger Alkoholfrei | 1:58:52 | M35 | 1490 | 1:59:57 | 1450 | 1976 |
| 185 | 1962 | Laudy Thorsten | immergrün Triathlon | 1:58:57 | M35 | 1494 | 2:00:17 | 1469 | 1976 |
| 186 | 2039 | Roosen Sven | *Alpen | 1:58:57 | M35 | 1495 | 1:59:30 | 1429 | 1975 |
| 187 | 1770 | Eckhardt Marc | *Duisburg | 1:59:04 | M35 | 1500 | 2:00:19 | 1471 | 1972 |
| 188 | 4641 | Zmaritz Christian | TARGOBANK | 1:59:11 | M35 | 1503 | 2:01:29 | 1517 | 1974 |
| 189 | 3614 | Mertens Frank | Rumelner TV | 1:59:21 | M35 | 1512 | 2:02:13 | 1545 | 1974 |
| 190 | 3055 | Gliff Thomas | BWG-Team Duisburg | 1:59:39 | M35 | 1524 | 2:01:32 | 1520 | 1972 |
| 191 | 4306 | Eikemper Stephan | Fun Runner VfL Gladbeck | 1:59:43 | M35 | 1530 | 2:02:06 | 1539 | 1974 |
| 192 | 2060 | Schlicker Götz | Rakete Hüls | 1:59:56 | M35 | 1538 | 2:02:11 | 1543 | 1973 |
| 193 | 3754 | Hupe Stefan | Triathlon TEAM TG | 2:00:38 | M35 | 1565 | 2:03:17 | 1585 | 1972 |
| 194 | 5079 | Knur Markus | Lurz Lauftruppe | 2:00:52 | M35 | 1570 | 2:03:00 | 1578 | 1974 |
| 195 | 3712 | Wenz Michael | Bayer 08 | 2:00:56 | M35 | 1571 | 2:02:17 | 1553 | 1975 |
| 196 | 2881 | Reckert Holger | Triathlon-TEAM TG | 2:01:20 | M35 | 1580 | 2:02:02 | 1537 | 1972 |
| 197 | 5162 | Schönemann Marco | SV Concordia Ossenberg | 2:01:23 | M35 | 1583 | 2:04:05 | 1601 | 1973 |
| 198 | 3750 | Wolski Christian | - | 2:03:16 | M35 | 1631 | 2:06:57 | 1666 | 1973 |
| 199 | 3076 | Ebus Stefan | E.ON Ruhrgas SG | 2:03:43 | M35 | 1641 | 2:06:25 | 1656 | 1972 |
| 200 | 5273 | Bronder Sascha | IchbinDuisburger | 2:03:56 | M35 | 1646 | 2:06:22 | 1653 | 1975 |
| 201 | 4363 | Flade Frank | *Willich | 2:04:18 | M35 | 1658 | 2:06:15 | 1652 | 1973 |
| 202 | 5120 | Strack Rene | TV Hasslinghausen | 2:04:22 | M35 | 1659 | 2:06:43 | 1660 | 1973 |
| 203 | 4872 | Dorgaten Boris | *Oberhausen | 2:04:59 | M35 | 1672 | 2:08:01 | 1698 | 1972 |
| 204 | 3840 | Steinbrink Bjoern | *Wuppertal | 2:05:04 | M35 | 1677 | 2:06:47 | 1662 | 1976 |
| 205 | 2235 | Zachcial Dr. Andreas | Fluktuation 8 | 2:05:07 | M35 | 1680 | 2:07:54 | 1695 | 1973 |
| 206 | 2108 | Abraham Ivan | Bauen + Leben | 2:05:15 | M35 | 1683 | 2:07:53 | 1694 | 1972 |
| 207 | 2937 | Droste Peter | *Gelsenkirchen | 2:05:27 | M35 | 1685 | 2:07:32 | 1679 | 1973 |
| 208 | 1569 | Schilling-Frenk Tiemo | Spalter Rhede | 2:05:37 | M35 | 1694 | 2:07:57 | 1697 | 1972 |
| 209 | 2854 | Kossmann Andre | BUMMELBOB | 2:05:43 | M35 | 1699 | 2:08:24 | 1707 | 1976 |
| 210 | 2855 | Krisp Arno | BUMMELBOB | 2:05:44 | M35 | 1700 | 2:08:24 | 1706 | 1976 |
| 211 | 3602 | Meltzer Andreas | *Essen | 2:06:08 | M35 | 1703 | 2:08:23 | 1705 | 1973 |
| 212 | 1741 | Mösch Andreas | *Duisburg | 2:07:04 | M35 | 1717 | 2:10:04 | 1729 | 1973 |
| 213 | 3104 | Schlingermann Klaus | E.ON Ruhrgas SG | 2:07:15 | M35 | 1719 | 2:09:04 | 1714 | 1973 |
| 214 | 3926 | Gies Andreas | Running Gag | 2:07:20 | M35 | 1722 | 2:10:09 | 1733 | 1972 |
| 215 | 5329 | Fischer Sven | OSM Runners | 2:07:53 | M35 | 1732 | 2:09:19 | 1718 | 1975 |
| 216 | 4786 | Schmitz Thomas | *Kaarst | 2:08:12 | M35 | 1739 | 2:10:26 | 1736 | 1972 |
| 217 | 2809 | Mayer Christian | nasty invalids | 2:08:36 | M35 | 1747 | 2:11:12 | 1749 | 1975 |
| 218 | 5698 | Hafenrichter York | Evonik Wohnen | 2:08:38 | M35 | 1750 | 2:11:43 | 1760 | 1972 |
| 219 | 4714 | Kaufhold Carsten | *Düsseldorf | 2:09:13 | M35 | 1760 | 2:12:08 | 1769 | 1973 |
| 220 | 5142 | Van Ryn Andre | *Bottrop | 2:09:34 | M35 | 1765 | 2:11:03 | 1748 | 1975 |
| 221 | 2003 | Liebscher Oliver | Jogmap Ruhr | 2:09:47 | M35 | 1770 | 2:11:41 | 1759 | 1976 |
| 222 | 3512 | Kröger Magnus | *Düsseldorf | 2:12:16 | M35 | 1810 | 2:14:02 | 1798 | 1975 |
| 223 | 4015 | Rosenwald Carsten | SPMZ Obrighovrn | 2:12:33 | M35 | 1812 | 2:14:36 | 1808 | 1973 |
| 224 | 2983 | Henrich Uwe-Martin | RUHR-TECHNIK | 2:13:18 | M35 | 1822 | 2:15:42 | 1825 | 1976 |



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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M35 | | | | | | | | | |
| 225 | 2205 | Elsner Stefan | TKD Duisburg | 2:13:22 | M35 | 1825 | 2:14:38 | 1809 | 1973 |
| 226 | 2179 | Teuber Andreas | RWW-Running-Team | 2:13:54 | M35 | 1838 | 2:15:52 | 1828 | 1974 |
| 227 | 5194 | Roderigo Thomas | *Oberhausen | 2:15:26 | M35 | 1864 | 2:18:06 | 1866 | 1972 |
| 228 | 3596 | Mellin Michael | *Essen | 2:15:29 | M35 | 1865 | 2:17:44 | 1859 | 1974 |
| 229 | 4057 | Weitzel Martin | slowrunners | 2:15:40 | M35 | 1873 | 2:18:48 | 1874 | 1972 |
| 230 | 3514 | Bobrzik Dirk | Die Stolperer | 2:20:09 | M35 | 1894 | 2:23:17 | 1894 | 1973 |
| 231 | 5404 | Rosendahl Ulf | activefirst | 2:22:22 | M35 | 1909 | 2:24:48 | 1906 | 1972 |
| 232 | 1869 | Newman Michael | *Alpen | 2:29:54 | M35 | 1928 | 2:33:00 | 1929 | 1972 |
| 233 | 3834 | Roth Reinhold | Team Erdinger Alkoholfrei | 2:34:09 | M35 | 1937 | 2:36:21 | 1936 | 1973 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 1 | 3445 | Hunke Christian | Ten Club Coesfeld | 1:17:33 | M40 | 11 | 1:17:34 | 11 | 1969 |
| 2 | 3928 | Stolecki Stephan | Triathlon-TEAM TG | 1:19:27 | M40 | 17 | 1:19:29 | 17 | 1968 |
| 3 | 3237 | Künsler Stefan | Vodafone Runners | 1:19:39 | M40 | 20 | 1:19:41 | 20 | 1968 |
| 4 | 4203 | Moldenhauer Kai | Triathlon TEAM TG | 1:20:02 | M40 | 22 | 1:20:03 | 22 | 1970 |
| 5 | 4855 | Steffen Uwe | SF Ennepetal | 1:21:03 | M40 | 25 | 1:21:04 | 25 | 1968 |
| 6 | 1939 | Petri Stavro | Tri Club Wuppertal | 1:22:01 | M40 | 34 | 1:22:18 | 36 | 1969 |
| 7 | 3415 | Hanna Mike | TG Neuss | 1:22:48 | M40 | 39 | 1:22:52 | 39 | 1968 |
| 8 | 3033 | Backes Helmut | *Ratingen | 1:23:25 | M40 | 44 | 1:23:35 | 45 | 1968 |
| 9 | 4303 | Tiemann Thorsten | TV Voerde | 1:24:01 | M40 | 56 | 1:24:03 | 56 | 1968 |
| 10 | 2549 | Klappert Andreas | TV-Büschergrund | 1:24:03 | M40 | 57 | 1:24:05 | 57 | 1970 |
| 11 | 4751 | Cox Stefan | SC Bayer 05 Uerdingen | 1:24:14 | M40 | 59 | 1:24:20 | 59 | 1971 |
| 12 | 1801 | Holitzka Patrick | Tri Club Wuppertal | 1:24:31 | M40 | 62 | 1:24:47 | 63 | 1971 |
| 13 | 4450 | Schmidt Rainer | LG Alpen | 1:24:32 | M40 | 63 | 1:24:36 | 62 | 1967 |
| 14 | 2822 | Helmich Klaus | Rumelner TV | 1:24:51 | M40 | 67 | 1:25:02 | 69 | 1968 |
| 15 | 4052 | Pfaff Björn | TRlandertaler | 1:25:29 | M40 | 76 | 1:25:30 | 76 | 1971 |
| 16 | 1775 | Klaas Jens | *Mülheim an der Ruhr | 1:26:03 | M40 | 83 | 1:26:11 | 83 | 1970 |
| 17 | 1763 | Spanier Michael | *Gelsenkirchen | 1:26:06 | M40 | 84 | 1:26:29 | 87 | 1968 |
| 18 | 4665 | Lorenz Frank | LT Gruitzen-Neandertal | 1:26:11 | M40 | 85 | 1:26:15 | 84 | 1968 |
| 19 | 5208 | Heßling Michael | Tri Ducks Dorsten | 1:26:25 | M40 | 90 | 1:26:33 | 91 | 1968 |
| 20 | 3149 | Schürings Armin | Max Maulwurf Marathonis | 1:26:33 | M40 | 93 | 1:26:41 | 94 | 1969 |
| 21 | 3500 | Schubbert Michael | BSG Stadtwerke | 1:27:08 | M40 | 103 | 1:27:13 | 100 | 1969 |
| 22 | 4110 | Rödiger Volker | SV Blau-Weiß Bochum | 1:27:25 | M40 | 110 | 1:27:44 | 114 | 1971 |
| 23 | 1606 | Brune Gilbert | BSG EG/LV | 1:27:31 | M40 | 113 | 1:27:35 | 110 | 1971 |
| 24 | 4155 | Stendal Dirk | *Langenfeld | 1:28:06 | M40 | 124 | 1:28:19 | 124 | 1968 |
| 25 | 3446 | Losch Stefan | Tusem Essen | 1:28:29 | M40 | 129 | 1:28:34 | 127 | 1968 |
| 26 | 2611 | Hilbers Christof | *Radevormwald | 1:28:39 | M40 | 133 | 1:28:51 | 132 | 1970 |
| 27 | 3255 | Richrath Kay | Vodafone Runners | 1:28:53 | M40 | 135 | 1:29:11 | 142 | 1971 |
| 28 | 2309 | Lenk Steffen | Ausdauerschule by | 1:28:58 | M40 | 139 | 1:29:10 | 140 | 1967 |
| 29 | 2225 | Nickel Christof | TriTeam Herten | 1:29:04 | M40 | 143 | 1:29:08 | 138 | 1967 |
| 30 | 1800 | Schulz Kalle | Reeser SC | 1:29:07 | M40 | 144 | 1:29:16 | 144 | 1968 |
| 31 | 5238 | Vogt André | LC Duisburg | 1:29:11 | M40 | 147 | 1:29:18 | 145 | 1971 |
| 32 | 2516 | Oberhagemann Armin | Adler-Langlauf Bottrop | 1:29:15 | M40 | 148 | 1:29:23 | 147 | 1970 |
| 33 | 4277 | Glietz Thorsten | *Krefeld | 1:29:19 | M40 | 149 | 1:29:49 | 154 | 1968 |
| 34 | 2518 | Butzer Martin | ATV Altenessen | 1:29:26 | M40 | 151 | 1:29:47 | 152 | 1967 |
| 35 | 1521 | Schaefer Peter | Kaarst | 1:29:38 | M40 | 155 | 1:29:50 | 156 | 1971 |
| 36 | 4184 | Schüngel Dirk | Turbo-Schnecken | 1:29:43 | M40 | 159 | 1:30:21 | 168 | 1969 |
| 37 | 3211 | Große Dieter | LC Duisburg | 1:29:43 | M40 | 161 | 1:29:44 | 151 | 1969 |
| 38 | 264 | Berger Christian | Lauftreff R(h)einknaller | 1:29:51 | M40 | 165 | 1:30:26 | 170 | 1971 |
| 39 | 2724 | Oppenberg Jörg | SC Bayer 05 Uerdingen | 1:30:14 | M40 | 170 | 1:30:19 | 166 | 1967 |
| 40 | 3533 | Jany Thomas | TRC Essen 84 | 1:30:15 | M40 | 171 | 1:30:23 | 169 | 1968 |
| 41 | 1959 | Michalka Ralph | LT Alt-Erkrath | 1:30:20 | M40 | 172 | 1:30:31 | 172 | 1969 |
| 42 | 2266 | Hertog Dietmar | Rapid Ramirez | 1:30:31 | M40 | 176 | 1:30:44 | 175 | 1969 |
| 43 | 3998 | Propach Andreas | DJK Dudweiler | 1:30:32 | M40 | 177 | 1:30:51 | 180 | 1969 |
| 44 | 2991 | Panknin Alexander | *Neukirchen-Vluyn | 1:30:33 | M40 | 178 | 1:31:14 | 189 | 1970 |
| 45 | 1559 | Kranauge Thomas | BSG Barmenia | 1:30:45 | M40 | 184 | 1:31:07 | 186 | 1969 |
| 46 | 3251 | Ponto Stefan | Vodafone Runners | 1:30:46 | M40 | 185 | 1:31:04 | 183 | 1967 |
| 47 | 1773 | Hoeren Christoph | LT Alt-Erkrath | 1:30:51 | M40 | 186 | 1:31:06 | 185 | 1970 |
| 48 | 3956 | Marquardt Dirk | LC Duisburg | 1:31:00 | M40 | 192 | 1:31:20 | 190 | 1969 |
| 49 | 1903 | Hauffe Chris | Team Polizei Oberhausen | 1:31:13 | M40 | 193 | 1:31:33 | 195 | 1970 |
| 50 | 4284 | Tittmann Andre | LG Alpen | 1:31:21 | M40 | 196 | 1:31:27 | 193 | 1967 |
| 51 | 3361 | Herholz Volkmar | AS Neukirchen-Vluyn | 1:31:27 | M40 | 199 | 1:31:42 | 199 | 1967 |
| 52 | 3362 | Hilgers Uwe | AS Neukirchen-Vluyn | 1:31:41 | M40 | 205 | 1:31:57 | 204 | 1968 |
| 53 | 3272 | Winzig Guido | Vodafone Runners | 1:31:56 | M40 | 207 | 1:32:14 | 210 | 1968 |
| 54 | 1964 | March Ralf | SG Neukirchen-Hülchrath | 1:32:13 | M40 | 213 | 1:32:27 | 213 | 1969 |
| 55 | 2901 | Friemel Thomas | BSG Stadtwerke | 1:32:51 | M40 | 228 | 1:33:03 | 224 | 1968 |
| 56 | 4868 | Gerbaulet Dr. Christian | *Düsseldorf | 1:32:52 | M40 | 230 | 1:33:14 | 231 | 1971 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 57 | 1851 | Paur Jürgen | hofacker-runner.de.vu | 1:33:02 | M40 | 232 | 1:33:11 | 230 | 1967 |
| 58 | 3263 | Stockmar Christian | Vodafone Runners | 1:33:16 | M40 | 235 | 1:34:20 | 261 | 1971 |
| 59 | 3262 | Stackmann Carsten | Vodafone Runners | 1:33:17 | M40 | 236 | 1:33:31 | 233 | 1970 |
| 60 | 2423 | Mainka Dirk | CommerzBank FFM | 1:33:25 | M40 | 238 | 1:33:54 | 240 | 1971 |
| 61 | 5242 | Tüller Carsten | *Velbert | 1:33:38 | M40 | 246 | 1:33:48 | 238 | 1971 |
| 62 | 3653 | Temmler Patrick | Marathon Mülheim | 1:33:47 | M40 | 253 | 1:34:11 | 253 | 1968 |
| 63 | 2612 | Rex Frank | *Duisburg | 1:33:52 | M40 | 257 | 1:34:08 | 251 | 1967 |
| 64 | 3320 | Wieskus Michael | LG COESFELD | 1:33:55 | M40 | 261 | 1:34:04 | 248 | 1967 |
| 65 | 2114 | Kirsch Friedbert | VfR Unterbruch LG | 1:34:03 | M40 | 265 | 1:35:03 | 283 | 1970 |
| 66 | 3266 | Verfürth Christian | Vodafone Runners | 1:34:06 | M40 | 267 | 1:34:25 | 264 | 1968 |
| 67 | 2303 | Fischer Horst | ART Düsseldorf | 1:34:12 | M40 | 271 | 1:34:22 | 262 | 1967 |
| 68 | 4073 | Blasey Frank | PV Triathlon Witten | 1:34:21 | M40 | 276 | 1:35:02 | 281 | 1971 |
| 69 | 3015 | Kopal Wolfgang | *Ratingen | 1:34:26 | M40 | 279 | 1:35:38 | 310 | 1967 |
| 70 | 3608 | Bückmann Stefan | LT SV Haldern | 1:34:36 | M40 | 282 | 1:35:03 | 282 | 1968 |
| 71 | 5119 | Köhler Dieter | TSV Viktoria Mülheim | 1:34:37 | M40 | 284 | 1:34:44 | 273 | 1968 |
| 72 | 4320 | Micus Werner | *Duisburg | 1:34:38 | M40 | 286 | 1:34:53 | 276 | 1969 |
| 73 | 3866 | Léger Sacha | *Wuppertal | 1:34:44 | M40 | 290 | 1:35:18 | 293 | 1971 |
| 74 | 2449 | Kuklik Peter | *Haan | 1:34:50 | M40 | 292 | 1:35:13 | 289 | 1967 |
| 75 | 5100 | Diesner Frank | TVE Burgaltendorf | 1:34:58 | M40 | 296 | 1:35:40 | 311 | 1968 |
| 76 | 5679 | Rous Christian | LG Hans-Sachs | 1:35:00 | M40 | 299 | 1:35:37 | 307 | 1971 |
| 77 | 3312 | Soltau Carsten | Volksbank Rhein-Ruhr eG | 1:35:05 | M40 | 303 | 1:35:15 | 291 | 1970 |
| 78 | 3279 | Huhn Oliver | English for runaways | 1:35:21 | M40 | 311 | 1:36:10 | 324 | 1967 |
| 79 | 4793 | Drenker Ditmar | Triathlon Team Ratingen | 1:35:24 | M40 | 314 | 1:35:28 | 301 | 1967 |
| 80 | 4724 | Pötschke Rainer | Marathon Mülheim | 1:35:42 | M40 | 324 | 1:36:06 | 322 | 1969 |
| 81 | 5033 | Pfaff Hans-Werner | TSV Krofdorf-Gleiberg | 1:35:55 | M40 | 333 | 1:36:53 | 343 | 1968 |
| 82 | 2270 | Kühnen Thomas | BSG Sparkasse Duisburg | 1:35:58 | M40 | 335 | 1:36:33 | 334 | 1967 |
| 83 | 2133 | Zimmermann Frank | LC Duisburg | 1:36:14 | M40 | 340 | 1:36:45 | 339 | 1969 |
| 84 | 1931 | Holzappel Thomas | *Langenfeld | 1:36:14 | M40 | 341 | 1:38:51 | 421 | 1971 |
| 85 | 3695 | Prangen Michael | Bachstrasse | 1:36:26 | M40 | 345 | 1:37:00 | 346 | 1968 |
| 86 | 5237 | Elting Ralf | Bocholter WSV | 1:36:38 | M40 | 348 | 1:37:27 | 358 | 1968 |
| 87 | 3388 | Schieder Mike | AS Neukirchen-Vluyn | 1:36:50 | M40 | 355 | 1:38:23 | 397 | 1969 |
| 88 | 3858 | Treccarichi Salvatore | *Bochum | 1:36:51 | M40 | 356 | 1:37:12 | 354 | 1970 |
| 89 | 5038 | Frebel Dr. Thomas | Duisburger Orthopädie | 1:36:52 | M40 | 357 | 1:37:29 | 361 | 1970 |
| 90 | 4551 | Heisel Wolfgang | Doppelrunde | 1:36:53 | M40 | 358 | 1:37:08 | 350 | 1967 |
| 91 | 3833 | Gehrke Thomas | *Rheinberg | 1:37:06 | M40 | 366 | 1:37:40 | 370 | 1970 |
| 92 | 1674 | Künsken Carsten | SV Hullern 68 | 1:37:13 | M40 | 373 | 1:37:35 | 364 | 1970 |
| 93 | 5053 | Mörsch Sascha | LT Haumannplatz Essen | 1:37:18 | M40 | 377 | 1:37:32 | 363 | 1971 |
| 94 | 2028 | Walburg Andreas | *Mülheim an der Ruhr | 1:37:20 | M40 | 382 | 1:37:47 | 376 | 1968 |
| 95 | 4601 | Dieckmann Jörn | SV Schermbeck | 1:37:36 | M40 | 397 | 1:37:52 | 380 | 1971 |
| 96 | 1904 | Gleumes Stephan | *Düsseldorf | 1:37:39 | M40 | 399 | 1:38:52 | 427 | 1971 |
| 97 | 1593 | Kuchem Michael | Krefelder Kanu Klub | 1:37:51 | M40 | 409 | 1:38:40 | 413 | 1968 |
| 98 | 4213 | Werner Andreas | *Korschenbroich | 1:37:52 | M40 | 411 | 1:38:03 | 385 | 1971 |
| 99 | 1987 | Berekoven Martin | Triabolas Hamburg eV | 1:37:56 | M40 | 413 | 1:39:09 | 446 | 1968 |
| 100 | 1598 | Kintzel Marcus | LC Duisburg | 1:38:07 | M40 | 420 | 1:38:29 | 398 | 1969 |
| 101 | 3550 | Voß Claus | DJK Tus Rotthausen | 1:38:31 | M40 | 440 | 1:38:39 | 410 | 1967 |
| 102 | 2670 | Sobolewski Markus | Adler-Langlauf Bottrop | 1:38:38 | M40 | 448 | 1:39:09 | 448 | 1967 |
| 103 | 2325 | Böttcher Christian | BSG WAZ Essen | 1:38:45 | M40 | 455 | 1:39:11 | 451 | 1968 |
| 104 | 5311 | Schils Dr. Rüdiger | *Düsseldorf | 1:38:47 | M40 | 457 | 1:40:26 | 501 | 1967 |
| 105 | 3319 | Thewes Norbert | LG COESFELD | 1:38:53 | M40 | 461 | 1:39:04 | 442 | 1968 |
| 106 | 1602 | Poetschki Thomas | LC Duisburg | 1:38:55 | M40 | 463 | 1:39:26 | 467 | 1971 |
| 107 | 3995 | Klenke Thorsten | SCB-Horrem | 1:39:03 | M40 | 467 | 1:40:05 | 487 | 1970 |
| 108 | 5303 | Steinert Frank | *Mülheim | 1:39:05 | M40 | 471 | 1:39:12 | 453 | 1967 |
| 109 | 4875 | Seul Stefan | TV Aldekerk | 1:39:09 | M40 | 480 | 1:40:00 | 484 | 1967 |
| 110 | 4347 | Kühn Dirk | *duisburg | 1:39:14 | M40 | 483 | 1:40:04 | 486 | 1971 |
| 111 | 2747 | Helmes Robert | Team Sport Palast | 1:39:33 | M40 | 493 | 1:39:46 | 474 | 1967 |
| 112 | 1544 | Weißing Jörg | *Essen | 1:39:44 | M40 | 505 | 1:40:33 | 509 | 1968 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|--------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 113 | 2275 | Büskens Jens | *Duisburg | 1:40:17 | M40 | 527 | 1:41:07 | 531 | 1969 |
| 114 | 5217 | Lillo Christian | *Duisburg | 1:40:21 | M40 | 528 | 1:40:51 | 521 | 1971 |
| 115 | 1848 | Wortmann Jörg | Makrolon Runners | 1:40:40 | M40 | 539 | 1:41:12 | 535 | 1967 |
| 116 | 1653 | Siry Martin | TV Wanheimerort 1880 | 1:40:42 | M40 | 541 | 1:40:59 | 524 | 1971 |
| 117 | 4594 | Uhlendahl Markus | *Essen | 1:40:44 | M40 | 543 | 1:41:51 | 559 | 1970 |
| 118 | 3839 | Terörde Lars | *Düsseldorf | 1:40:47 | M40 | 546 | 1:41:43 | 551 | 1969 |
| 119 | 2127 | Holzum Frank | SV Budberg Lauffreunde | 1:40:49 | M40 | 547 | 1:42:18 | 579 | 1968 |
| 120 | 1557 | Hestermann Claus | *Essen | 1:40:50 | M40 | 550 | 1:41:12 | 536 | 1967 |
| 121 | 2345 | Kühnel Markus | *Velbert | 1:40:50 | M40 | 551 | 1:42:09 | 571 | 1971 |
| 122 | 3257 | Schlimme Mario | Vodafone Runners | 1:40:53 | M40 | 552 | 1:42:24 | 585 | 1968 |
| 123 | 3241 | Macke Dirk | Vodafone Runners | 1:40:54 | M40 | 553 | 1:42:24 | 584 | 1971 |
| 124 | 1626 | Köhler Peter | Adler-Langlauf Bottrop | 1:40:58 | M40 | 557 | 1:41:41 | 549 | 1970 |
| 125 | 5065 | Schwaak Werner | *Alpen | 1:40:59 | M40 | 558 | 1:41:52 | 560 | 1969 |
| 126 | 1631 | Stein Christian | LCK Ronsdorf | 1:41:04 | M40 | 566 | 1:41:34 | 542 | 1971 |
| 127 | 1673 | Mainka Oliver | SM Schienen | 1:41:05 | M40 | 567 | 1:41:23 | 539 | 1970 |
| 128 | 2445 | Pfannkuche Olaf | *Essen | 1:41:08 | M40 | 569 | 1:41:44 | 553 | 1967 |
| 129 | 4741 | Brokmann Michael | SV Wanheim 1900 | 1:41:17 | M40 | 575 | 1:42:23 | 583 | 1967 |
| 130 | 1563 | Dmytryiev Yakiv | Deichmann SE | 1:41:26 | M40 | 580 | 1:42:21 | 581 | 1970 |
| 131 | 2326 | Albrecht Jörg | *Duisburg | 1:41:27 | M40 | 582 | 1:42:15 | 573 | 1967 |
| 132 | 3352 | Deriks Andreas | AS Neukirchen-Vluyn | 1:41:59 | M40 | 602 | 1:42:14 | 572 | 1968 |
| 133 | 3683 | Canidr Kemal | *Duisburg | 1:42:17 | M40 | 618 | 1:43:18 | 624 | 1971 |
| 134 | 2698 | Bosmanns-Grigoleit | BSG Team EVAG | 1:42:27 | M40 | 625 | 1:43:06 | 613 | 1967 |
| 135 | 5369 | Gönschior Jörg | activefirst | 1:42:28 | M40 | 627 | 1:43:01 | 609 | 1969 |
| 136 | 4298 | Müller Dr. Holger | Lt Schaephuysen | 1:42:28 | M40 | 628 | 1:43:44 | 647 | 1970 |
| 137 | 3631 | Van Loon Carsten | LC Duisburg | 1:42:34 | M40 | 631 | 1:43:15 | 620 | 1967 |
| 138 | 2126 | Uebbing Holger | SV Budberg Lauffreunde | 1:42:47 | M40 | 645 | 1:44:14 | 673 | 1967 |
| 139 | 4937 | Koc Ali Haydar | *Wermelskirchen | 1:42:50 | M40 | 648 | 1:43:07 | 614 | 1969 |
| 140 | 4355 | Müschen Axel | Tax Dragons | 1:42:53 | M40 | 649 | 1:43:40 | 642 | 1971 |
| 141 | 4318 | Witulski Martin | Wuppertal | 1:43:02 | M40 | 653 | 1:43:33 | 638 | 1971 |
| 142 | 1815 | Van Gemmern Stefan | *Essen | 1:43:02 | M40 | 654 | 1:43:52 | 653 | 1970 |
| 143 | 3934 | Küllmar Andreas | *Wuppertal | 1:43:03 | M40 | 655 | 1:43:33 | 639 | 1971 |
| 144 | 4955 | Skalix Stefan | *Mülheim | 1:43:08 | M40 | 657 | 1:44:14 | 674 | 1971 |
| 145 | 3827 | Nitsche Stefan | BV-Hiltrop | 1:43:11 | M40 | 659 | 1:43:38 | 640 | 1967 |
| 146 | 2824 | Lutzer Andreas | *Duisburg | 1:43:17 | M40 | 664 | 1:44:33 | 685 | 1967 |
| 147 | 5410 | Schröter Jörg | activefirst | 1:43:25 | M40 | 669 | 1:44:13 | 671 | 1967 |
| 148 | 4588 | Kuhlmann Norbert | Spvgg Sterkrade-Nord | 1:43:26 | M40 | 670 | 1:43:51 | 652 | 1968 |
| 149 | 2300 | Kleemann Normen | SV Siemens | 1:43:27 | M40 | 671 | 1:44:51 | 701 | 1971 |
| 150 | 2012 | Overdick Stefan | *Leverkusen | 1:43:33 | M40 | 679 | 1:44:52 | 702 | 1968 |
| 151 | 1682 | Karge Ulrich | TriTeam TSG | 1:43:36 | M40 | 682 | 1:43:46 | 649 | 1970 |
| 152 | 1913 | Emiliadis Istefo | *Duisburg | 1:43:45 | M40 | 694 | 1:44:46 | 696 | 1969 |
| 153 | 3242 | Malkowsky Andre | Vodafone Runners | 1:43:45 | M40 | 695 | 1:45:07 | 717 | 1968 |
| 154 | 5018 | Hennig Jürgen | *Duisburg | 1:43:50 | M40 | 701 | 1:45:00 | 708 | 1968 |
| 155 | 2879 | Kullik Oliver | *Recklinghausen | 1:43:51 | M40 | 702 | 1:45:28 | 741 | 1971 |
| 156 | 1558 | Graf Klaus | *Esslingen | 1:43:53 | M40 | 704 | 1:44:42 | 692 | 1968 |
| 157 | 3797 | Böttcher Axel | FI Sport | 1:44:09 | M40 | 716 | 1:45:16 | 728 | 1967 |
| 158 | 2949 | Chalupka Martin | FI Sport e.V. | 1:44:10 | M40 | 717 | 1:45:16 | 727 | 1971 |
| 159 | 3230 | Janssen Edgar | Vodafone Runners | 1:44:14 | M40 | 722 | 1:45:53 | 763 | 1969 |
| 160 | 3185 | Richter Ralf | Vodafone Runners | 1:44:17 | M40 | 726 | 1:45:26 | 738 | 1968 |
| 161 | 1785 | Kubitza Marco | Ruhr BOB Runner | 1:44:34 | M40 | 742 | 1:46:20 | 786 | 1970 |
| 162 | 4915 | Schulten Michael | LG Plettenberg-Herscheid | 1:44:35 | M40 | 746 | 1:45:22 | 733 | 1968 |
| 163 | 4675 | Meves Oliver | Borussia | 1:44:36 | M40 | 748 | 1:45:42 | 750 | 1970 |
| 164 | 2872 | Kabelitz Tobias | Laufteam Kloese | 1:44:43 | M40 | 752 | 1:45:29 | 743 | 1969 |
| 165 | 3414 | Willms Joachim | TG Neuss | 1:44:50 | M40 | 759 | 1:45:23 | 735 | 1968 |
| 166 | 4820 | Lizius Marco | *Waltrop | 1:44:51 | M40 | 760 | 1:45:22 | 734 | 1971 |
| 167 | 4129 | Adamczuk David | Kamikaze-Runners | 1:44:52 | M40 | 762 | 1:46:55 | 815 | 1971 |
| 168 | 2465 | Wellesen Dirk | *Moers | 1:44:55 | M40 | 764 | 1:46:46 | 807 | 1967 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 169 | 4839 | Annen Wolfgang | LC | 1:45:18 | M40 | 781 | 1:46:46 | 807 | 1971 |
| 170 | 4869 | Kowalski Fred | *Ratingen | 1:45:22 | M40 | 793 | 1:47:03 | 822 | 1970 |
| 171 | 3615 | Nowak Carsten | Elsterland Runners | 1:45:29 | M40 | 801 | 1:46:36 | 799 | 1970 |
| 172 | 2811 | Meyer André | Triminators TV Voerde | 1:45:31 | M40 | 803 | 1:46:19 | 784 | 1971 |
| 173 | 2063 | Tilkes Harald | Rakete Hüls | 1:45:42 | M40 | 810 | 1:47:02 | 820 | 1968 |
| 174 | 2489 | Thiel Oliver | *Mülheim | 1:45:47 | M40 | 816 | 1:46:43 | 803 | 1967 |
| 175 | 3167 | Grabowski Robert | Vodafone Runners | 1:45:50 | M40 | 818 | 1:47:31 | 842 | 1970 |
| 176 | 2164 | Treis Adrian | BSG EG/LV | 1:45:51 | M40 | 819 | 1:46:21 | 787 | 1969 |
| 177 | 3228 | Hund Markus | Vodafone Runners | 1:45:56 | M40 | 823 | 1:47:49 | 854 | 1970 |
| 178 | 4777 | Krueger Oleg | *Krefeld | 1:46:09 | M40 | 834 | 1:48:11 | 873 | 1970 |
| 179 | 3940 | Jakobs Harald | *Oberhausen | 1:46:19 | M40 | 839 | 1:47:50 | 858 | 1970 |
| 180 | 4712 | Böning Henning | *Bochum | 1:46:26 | M40 | 845 | 1:47:12 | 833 | 1970 |
| 181 | 1956 | Eßing Frank | Bocholter WSV | 1:46:28 | M40 | 850 | 1:47:04 | 825 | 1967 |
| 182 | 2519 | Stadtmann Matthias | Kommando Andi Sassen | 1:46:47 | M40 | 859 | 1:47:01 | 819 | 1969 |
| 183 | 3199 | Bäumer Daniel | Vodafone Runners | 1:46:53 | M40 | 862 | 1:47:56 | 862 | 1969 |
| 184 | 4553 | Schwan Roland | *Moers | 1:46:55 | M40 | 864 | 1:47:16 | 836 | 1971 |
| 185 | 3799 | Tinnefeld Holger | BSG Haniel | 1:47:20 | M40 | 887 | 1:49:24 | 934 | 1967 |
| 186 | 4590 | Lieske Frank | *Essen | 1:47:21 | M40 | 890 | 1:48:05 | 868 | 1967 |
| 187 | 4250 | Puy Michl Franz Xaver | Eintracht Duisburg 1848 | 1:47:23 | M40 | 891 | 1:48:26 | 886 | 1967 |
| 188 | 3747 | Marczinek Jörg | OneUnitRemscheidRunni | 1:47:32 | M40 | 898 | 1:48:17 | 878 | 1971 |
| 189 | 4358 | Röschke Jörg | Ballettschule Müller | 1:47:35 | M40 | 901 | 1:48:45 | 897 | 1967 |
| 190 | 2263 | Klinge Markus | Dreckschüppengesichter | 1:47:36 | M40 | 903 | 1:47:51 | 859 | 1967 |
| 191 | 1691 | Mohn Thorsten | *Essen | 1:47:38 | M40 | 904 | 1:47:41 | 845 | 1970 |
| 192 | 1891 | Billmann Karsten | Vohwinkeler STV | 1:47:42 | M40 | 909 | 1:49:16 | 927 | 1970 |
| 193 | 3694 | Reismann Frank | Renntiere | 1:47:49 | M40 | 916 | 1:48:22 | 883 | 1968 |
| 194 | 4389 | Nowak Frank | *hünxe | 1:48:19 | M40 | 943 | 1:49:53 | 959 | 1969 |
| 195 | 3381 | Rheims Stefan | AS Neukirchen-Vluyn | 1:48:25 | M40 | 955 | 1:50:07 | 977 | 1969 |
| 196 | 2849 | Bogodukhov Evgeny | *Düsseldorf | 1:48:25 | M40 | 957 | 1:51:30 | 1046 | 1970 |
| 197 | 2166 | Menke Holger | *Düsseldorf | 1:48:26 | M40 | 960 | 1:50:04 | 973 | 1971 |
| 198 | 5359 | Brockmann Stefan | activefirst | 1:48:39 | M40 | 970 | 1:49:30 | 940 | 1970 |
| 199 | 5283 | Engel Olaf | ASC Rosellen/Neuss | 1:48:41 | M40 | 972 | 1:49:02 | 914 | 1968 |
| 200 | 4260 | Dernier Andreas | Mittwochslauftreff | 1:48:44 | M40 | 973 | 1:50:00 | 969 | 1968 |
| 201 | 1726 | Backes Stefan | *Essen | 1:48:45 | M40 | 975 | 1:49:47 | 954 | 1971 |
| 202 | 4417 | Gredig Jörg | SC Bayer 05 Uerdingen | 1:48:54 | M40 | 984 | 1:50:02 | 971 | 1967 |
| 203 | 4198 | Thiel Markus | DSSC 09/20 | 1:48:56 | M40 | 986 | 1:50:47 | 1009 | 1970 |
| 204 | 3821 | Völlmert Stefan | DJK Tus Rotthausen | 1:48:58 | M40 | 987 | 1:50:58 | 1020 | 1969 |
| 205 | 2673 | Althoff Markus | Adler-Langlauf Bottrop | 1:49:03 | M40 | 993 | 1:49:54 | 960 | 1967 |
| 206 | 2619 | Holtel Matthias | *Duisburg | 1:49:03 | M40 | 994 | 1:52:22 | 1088 | 1968 |
| 207 | 5328 | Bily Alexander | OSM Runners | 1:49:04 | M40 | 998 | 1:50:30 | 996 | 1971 |
| 208 | 4343 | Lemke Lars | TV 1900 Wanheim | 1:49:20 | M40 | 1008 | 1:50:28 | 995 | 1970 |
| 209 | 5048 | Mayer Martin | *Remscheid | 1:49:30 | M40 | 1014 | 1:50:32 | 998 | 1971 |
| 210 | 3880 | Meisner Jan | *Krefeld | 1:49:32 | M40 | 1016 | 1:50:52 | 1016 | 1967 |
| 211 | 3183 | Vißers Ralf | Vodafone Runners | 1:49:33 | M40 | 1018 | 1:50:31 | 997 | 1968 |
| 212 | 3147 | Kietzmann Uwe | Max Maulwurf Marathonis | 1:49:35 | M40 | 1019 | 1:50:49 | 1011 | 1968 |
| 213 | 3756 | Kruse Thorsten | LC Duisburg | 1:49:40 | M40 | 1020 | 1:50:50 | 1012 | 1967 |
| 214 | 2592 | Duisberg Olaf | *Wuppertal | 1:49:53 | M40 | 1033 | 1:51:20 | 1037 | 1967 |
| 215 | 2862 | Krämer Marcus | TCR | 1:49:56 | M40 | 1038 | 1:51:15 | 1028 | 1969 |
| 216 | 4745 | Kleusberg Martin | BSG Barmenia | 1:49:58 | M40 | 1039 | 1:51:17 | 1031 | 1969 |
| 217 | 4515 | Krieger Dr. Christoph | *Moers | 1:50:03 | M40 | 1043 | 1:51:54 | 1067 | 1967 |
| 218 | 3148 | Humberg Patrick | Max Maulwurf Marathonis | 1:50:11 | M40 | 1049 | 1:52:16 | 1081 | 1970 |
| 219 | 2055 | Janssen Thomas | Team Erdinger Alkoholfrei | 1:50:12 | M40 | 1052 | 1:51:41 | 1058 | 1970 |
| 220 | 3049 | Tuncel Turhan | Evonik Wohnen | 1:50:18 | M40 | 1053 | 1:52:36 | 1101 | 1967 |
| 221 | 3030 | Kunath Frank | SC Bayer 05 Uerdingen | 1:50:22 | M40 | 1057 | 1:52:15 | 1079 | 1967 |
| 222 | 1600 | Gettwert Klaus | Saarner Kuppenläufer | 1:50:29 | M40 | 1061 | 1:51:22 | 1040 | 1970 |
| 223 | 2198 | Blazejak Matthias | Immeo Wohnen Service | 1:50:31 | M40 | 1063 | 1:51:29 | 1045 | 1970 |
| 224 | 3126 | Sprünken Oliver | TuS Breitscheid | 1:50:32 | M40 | 1065 | 1:51:57 | 1069 | 1968 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|-----------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 225 | 3857 | Welzel Stefan | Makrolon Runners | 1:50:35 | M40 | 1066 | 1:51:36 | 1051 | 1969 |
| 226 | 2582 | Barral Farto Ramon Jose | Jogmap Ruhr | 1:50:40 | M40 | 1069 | 1:53:20 | 1136 | 1971 |
| 227 | 4507 | Hansen Ingo | *Düsseldorf | 1:50:45 | M40 | 1075 | 1:52:16 | 1082 | 1969 |
| 228 | 2212 | Thies Stefan | *Kaarst | 1:50:51 | M40 | 1081 | 1:52:57 | 1118 | 1969 |
| 229 | 4275 | Franzen Jörg | *Kerken | 1:50:57 | M40 | 1090 | 1:52:41 | 1107 | 1969 |
| 230 | 2736 | Jansen Peter | TSG Kirchhellen | 1:51:00 | M40 | 1091 | 1:53:31 | 1143 | 1968 |
| 231 | 4043 | Esser Volker | LC Duisburg | 1:51:05 | M40 | 1095 | 1:52:24 | 1091 | 1968 |
| 232 | 1794 | Busch Michael | LG Alpen | 1:51:10 | M40 | 1098 | 1:52:08 | 1073 | 1967 |
| 233 | 4630 | Zuck Thomas | Bauenmitzuck | 1:51:11 | M40 | 1099 | 1:52:35 | 1100 | 1969 |
| 234 | 1751 | Vohl Stefan | *Duisburg | 1:51:12 | M40 | 1102 | 1:52:47 | 1111 | 1970 |
| 235 | 4761 | Stalter Uli | *Düsseldorf | 1:51:13 | M40 | 1104 | 1:52:39 | 1103 | 1968 |
| 236 | 3052 | Kryniewiecki Michael | *Duisburg | 1:51:13 | M40 | 1105 | 1:51:36 | 1054 | 1968 |
| 237 | 2641 | Schuster Maik | Krefelder Kanu Klub | 1:51:14 | M40 | 1106 | 1:52:29 | 1095 | 1971 |
| 238 | 1621 | Lange Olav | *Bottrop | 1:51:42 | M40 | 1128 | 1:52:54 | 1116 | 1970 |
| 239 | 2933 | Denizer Ahmet | Adler-LAnlauf Bottrop | 1:51:42 | M40 | 1129 | 1:52:35 | 1099 | 1970 |
| 240 | 2491 | Marasopoulos Thomas | *Mülheim an der Ruhr | 1:51:54 | M40 | 1134 | 1:53:02 | 1122 | 1968 |
| 241 | 2249 | Schmitt Lars | LT Cloversoft | 1:52:14 | M40 | 1150 | 1:53:18 | 1131 | 1971 |
| 242 | 2992 | Puy Alexander | *Duisburg | 1:52:16 | M40 | 1152 | 1:54:14 | 1182 | 1970 |
| 243 | 4502 | Schweikhart Tullio | LT Lukas | 1:52:17 | M40 | 1153 | 1:53:45 | 1156 | 1970 |
| 244 | 3562 | Goddinger Jürgen | Deichmann SE | 1:52:17 | M40 | 1155 | 1:54:12 | 1180 | 1971 |
| 245 | 3815 | Möllmann Udo | *Bocholt | 1:52:28 | M40 | 1161 | 1:53:49 | 1162 | 1969 |
| 246 | 3973 | Wulfekotte Thorsten | *Duisburg | 1:52:38 | M40 | 1171 | 1:54:34 | 1196 | 1971 |
| 247 | 4579 | Nierfeld Marco | TC 69 Sterkrade | 1:52:43 | M40 | 1177 | 1:53:17 | 1130 | 1971 |
| 248 | 1820 | Günner Carsten | *Moers | 1:52:47 | M40 | 1184 | 1:53:56 | 1166 | 1967 |
| 249 | 3796 | Schlette Marc | LC Duisburg | 1:52:56 | M40 | 1195 | 1:54:16 | 1183 | 1971 |
| 250 | 2827 | Krüger Ingo | Marathonteam-Ratingen | 1:53:03 | M40 | 1205 | 1:55:46 | 1263 | 1968 |
| 251 | 5218 | Redmann Kai | *Düsseldorf | 1:53:05 | M40 | 1206 | 1:53:57 | 1167 | 1969 |
| 252 | 2511 | Schilling Dirk | KC Santa Monica | 1:53:08 | M40 | 1207 | 1:55:09 | 1229 | 1967 |
| 253 | 3805 | Volk Frank | *Duisburg | 1:53:15 | M40 | 1211 | 1:54:44 | 1207 | 1968 |
| 254 | 4028 | Dietzsch Andreas | Haus Freudenberg GmbH | 1:53:19 | M40 | 1215 | 1:53:39 | 1149 | 1967 |
| 255 | 1823 | Steinborn Ivo | Ausdauerschule by | 1:53:20 | M40 | 1217 | 1:54:59 | 1224 | 1969 |
| 256 | 4832 | Dahlhaus Holger | *Wuppertal | 1:53:25 | M40 | 1223 | 1:55:13 | 1234 | 1971 |
| 257 | 2876 | Röller Knud | Ausdauerschule by | 1:53:27 | M40 | 1225 | 1:54:55 | 1221 | 1970 |
| 258 | 2593 | Barck Andreas | *Wuppertal | 1:53:27 | M40 | 1226 | 1:54:54 | 1219 | 1971 |
| 259 | 2576 | Rothe Andreas | *Mülheim an der Ruhr | 1:53:30 | M40 | 1230 | 1:54:55 | 1222 | 1970 |
| 260 | 1584 | Ringelstein Dr. Jörg | Zornige Ameisen | 1:53:31 | M40 | 1231 | 1:54:32 | 1194 | 1970 |
| 261 | 3767 | Thanner Markus | Giasinga Ledahosn | 1:53:33 | M40 | 1232 | 1:55:39 | 1259 | 1969 |
| 262 | 3441 | Jekubczik Maik | LC | 1:53:35 | M40 | 1234 | 1:55:18 | 1237 | 1971 |
| 263 | 5347 | Dobinski Gunnar | MTV | 1:53:38 | M40 | 1239 | 1:55:28 | 1249 | 1970 |
| 264 | 4360 | Bahls Markus | Ballettschule Müller | 1:53:44 | M40 | 1244 | 1:54:53 | 1218 | 1971 |
| 265 | 5387 | Krüger Matthias | activefirst | 1:53:46 | M40 | 1245 | 1:54:26 | 1191 | 1967 |
| 266 | 4508 | Späth Norbert | *Düsseldorf | 1:53:56 | M40 | 1254 | 1:56:00 | 1277 | 1971 |
| 267 | 4584 | Mertins Kai | Veerter Vlitzer | 1:53:58 | M40 | 1256 | 1:55:21 | 1240 | 1969 |
| 268 | 2441 | Dwars Thomas | Schwimmvereinigung | 1:54:09 | M40 | 1270 | 1:55:03 | 1227 | 1967 |
| 269 | 2151 | Hack Markus | *Düsseldorf | 1:54:11 | M40 | 1272 | 1:55:49 | 1267 | 1970 |
| 270 | 1874 | Nowakowski Holger | *Bergkamen | 1:54:12 | M40 | 1274 | 1:56:31 | 1293 | 1970 |
| 271 | 4517 | Halfmeier Frank | *Duisburg | 1:54:23 | M40 | 1280 | 1:56:39 | 1299 | 1968 |
| 272 | 3267 | Weidner Martin | Vodafone Runners | 1:54:35 | M40 | 1288 | 1:56:15 | 1289 | 1967 |
| 273 | 2304 | Rudnik Jens | *Dinslaken | 1:54:48 | M40 | 1295 | 1:55:53 | 1272 | 1970 |
| 274 | 4333 | Bröker Lothar | BSG-DVG | 1:54:54 | M40 | 1301 | 1:56:48 | 1303 | 1968 |
| 275 | 3634 | Wenda Andreas | Scholz | 1:55:00 | M40 | 1305 | 1:57:03 | 1317 | 1970 |
| 276 | 3137 | Inglis Graham | Trimet | 1:55:18 | M40 | 1315 | 1:57:39 | 1340 | 1967 |
| 277 | 4211 | Mumcu Eray | *Düsseldorf | 1:55:23 | M40 | 1318 | 1:57:46 | 1349 | 1967 |
| 278 | 1688 | Tlatlik Markus | *Odenthal | 1:55:31 | M40 | 1322 | 1:56:58 | 1311 | 1971 |
| 279 | 4988 | Freyruth Jens | *Oberhausen | 1:55:33 | M40 | 1323 | 1:56:53 | 1308 | 1967 |
| 280 | 5210 | Panzog Stefan | ERGO Sports | 1:55:37 | M40 | 1332 | 1:56:51 | 1306 | 1967 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 281 | 4443 | Brenner Marko | TSG Kirchhellen | 1:55:40 | M40 | 1335 | 1:58:13 | 1366 | 1969 |
| 282 | 3536 | Baumann Marc | *Duisburg | 1:55:46 | M40 | 1338 | 1:57:43 | 1345 | 1971 |
| 283 | 2778 | Schmitz Torsten | 1 FC Taxi | 1:55:49 | M40 | 1339 | 1:58:04 | 1362 | 1970 |
| 284 | 5107 | Dietrich Markus | TVE Burgaltendorf | 1:56:05 | M40 | 1353 | 1:58:19 | 1371 | 1969 |
| 285 | 4070 | Köster Christof | Marathonteam-Ratingen | 1:56:12 | M40 | 1356 | 1:57:11 | 1322 | 1969 |
| 286 | 1927 | Cornelißen Volker | LC Duisburg | 1:56:22 | M40 | 1365 | 1:57:55 | 1357 | 1967 |
| 287 | 4667 | Sander Sven | *Monheim | 1:56:38 | M40 | 1374 | 1:59:11 | 1408 | 1968 |
| 288 | 4322 | Marzinzik Frank | TVG Steele 1863 | 1:56:48 | M40 | 1386 | 1:58:26 | 1373 | 1970 |
| 289 | 2058 | Taczkowski Jochen | BSG Sparkasse am | 1:57:05 | M40 | 1400 | 1:59:10 | 1407 | 1971 |
| 290 | 4025 | Alava-Pons Angel | Bewegtes Zentrum | 1:57:08 | M40 | 1401 | 1:58:45 | 1386 | 1967 |
| 291 | 2668 | Loru Oliver | SG Hart am Limit | 1:57:11 | M40 | 1406 | 1:57:29 | 1331 | 1971 |
| 292 | 5058 | Böhle Frank | Die mit der Weste | 1:57:12 | M40 | 1407 | 1:59:26 | 1420 | 1968 |
| 293 | 4182 | Wassink Michael | *Oberhausen | 1:57:17 | M40 | 1413 | 1:59:06 | 1401 | 1968 |
| 294 | 4696 | Pletziger Marc | *Duisburg | 1:57:22 | M40 | 1419 | 1:59:15 | 1413 | 1969 |
| 295 | 1590 | Schauf Cleif | *Oberhausen | 1:57:25 | M40 | 1421 | 1:59:05 | 1400 | 1970 |
| 296 | 4694 | Kau René | Fast Foot Düsseldorf | 1:57:37 | M40 | 1430 | 1:59:28 | 1425 | 1968 |
| 297 | 5437 | Utz Andreas | Holding Pro Homine | 1:57:44 | M40 | 1435 | 1:58:53 | 1395 | 1967 |
| 298 | 4850 | Grewer Christoph | *Bottrop | 1:57:54 | M40 | 1443 | 2:00:26 | 1474 | 1967 |
| 299 | 2630 | Birnbach Frank | LT Berka Stars | 1:57:59 | M40 | 1446 | 2:00:27 | 1476 | 1970 |
| 300 | 4366 | Ellbracht Stefan | *Grevenbroich | 1:58:02 | M40 | 1451 | 2:00:02 | 1455 | 1970 |
| 301 | 2587 | Schmidtke Markus | TV Kray 65/05 | 1:58:09 | M40 | 1457 | 1:59:26 | 1422 | 1971 |
| 302 | 3779 | Dum Michael | *Düsseldorf | 1:58:52 | M40 | 1489 | 2:01:20 | 1509 | 1969 |
| 303 | 3285 | Laube Holger | BSG Stadtwerke | 1:59:03 | M40 | 1499 | 2:00:47 | 1484 | 1970 |
| 304 | 5224 | Denker Jochen | Bocholter WSV | 1:59:12 | M40 | 1504 | 2:00:07 | 1460 | 1969 |
| 305 | 2997 | Pollmann Thomas | Fluktuation 8 | 1:59:27 | M40 | 1516 | 2:02:15 | 1547 | 1971 |
| 306 | 1524 | Dietrich Jörg | *Moers | 1:59:28 | M40 | 1517 | 2:01:32 | 1521 | 1967 |
| 307 | 2996 | Staats Ulrich | Fluktuation 8 | 1:59:28 | M40 | 1518 | 2:02:15 | 1548 | 1970 |
| 308 | 2036 | Buchloh Klaus | SV Siemens | 1:59:31 | M40 | 1519 | 2:02:05 | 1538 | 1968 |
| 309 | 1777 | Enge Jürgen | *Duisburg | 1:59:32 | M40 | 1520 | 2:00:54 | 1490 | 1968 |
| 310 | 4780 | Petry Michael | BW Lünen-Alstedde | 1:59:39 | M40 | 1523 | 2:00:45 | 1483 | 1967 |
| 311 | 1978 | Schmitz Frank | *Meerbusch | 1:59:39 | M40 | 1525 | 2:01:18 | 1507 | 1970 |
| 312 | 5171 | Neumann Thomas | *Duisburg | 1:59:40 | M40 | 1526 | 2:01:53 | 1532 | 1971 |
| 313 | 2193 | Jochem Armin | *Duisburg | 1:59:43 | M40 | 1528 | 2:01:49 | 1527 | 1968 |
| 314 | 5447 | Gille-Maas Andreas | Ausdauerschule by | 1:59:45 | M40 | 1534 | 2:02:32 | 1560 | 1971 |
| 315 | 3958 | Lütfring Michael | TuB Mussum | 1:59:56 | M40 | 1537 | 2:02:28 | 1557 | 1968 |
| 316 | 2066 | Heimbach Bernd | *Mülheim an der Ruhr | 2:00:10 | M40 | 1547 | 2:02:39 | 1563 | 1969 |
| 317 | 3220 | Grund Norbert | Vodafone Runners | 2:00:11 | M40 | 1548 | 2:02:08 | 1541 | 1967 |
| 318 | 4397 | Schäfer Christian | BSG WAZ Essen | 2:00:14 | M40 | 1552 | 2:02:47 | 1568 | 1970 |
| 319 | 4934 | Speier Thomas | *Düsseldorf | 2:00:22 | M40 | 1557 | 2:03:00 | 1577 | 1971 |
| 320 | 4916 | Blankenberg Kai | *40237 | 2:00:23 | M40 | 1558 | 2:02:59 | 1576 | 1970 |
| 321 | 1700 | Frericks Matthias | Lauffreunde Rhede | 2:00:31 | M40 | 1562 | 2:02:49 | 1572 | 1969 |
| 322 | 1752 | Wendel Haiko | team slow motion | 2:00:38 | M40 | 1566 | 2:01:03 | 1496 | 1971 |
| 323 | 2253 | Hühner Michael | *Bochum | 2:00:46 | M40 | 1569 | 2:03:03 | 1580 | 1969 |
| 324 | 5198 | Fuhrmanneck Dirk | *Bochum | 2:01:02 | M40 | 1573 | 2:03:46 | 1593 | 1969 |
| 325 | 4690 | Küster Lutz | Lauffreunde HADI Wesel | 2:01:08 | M40 | 1577 | 2:02:41 | 1565 | 1970 |
| 326 | 3997 | Leitloff Carsten | *Hattingen | 2:01:20 | M40 | 1581 | 2:01:53 | 1531 | 1968 |
| 327 | 2607 | Schwarzer Dirk | immergrün Triathlon | 2:01:45 | M40 | 1594 | 2:02:52 | 1573 | 1968 |
| 328 | 4826 | Hamm Thorsten | *Bottrop | 2:01:58 | M40 | 1597 | 2:04:29 | 1605 | 1970 |
| 329 | 2364 | Nacke Thomas | LT Krefeld-Oppum | 2:02:05 | M40 | 1600 | 2:04:06 | 1602 | 1967 |
| 330 | 4613 | Orlowski Jörg | TC Kray 1892 e.V. | 2:02:07 | M40 | 1601 | 2:02:45 | 1567 | 1969 |
| 331 | 2687 | Angenendt Addie | *Duisburg | 2:02:14 | M40 | 1602 | 2:05:07 | 1621 | 1968 |
| 332 | 4375 | Woelz Rudolf | BSG Sparkasse Duisburg | 2:02:20 | M40 | 1607 | 2:05:17 | 1624 | 1970 |
| 333 | 1896 | Schlienz Markus | *Düsseldorf | 2:02:25 | M40 | 1612 | 2:04:35 | 1608 | 1968 |
| 334 | 2316 | Krause Dirk | *Neukirchen Vluyn | 2:02:37 | M40 | 1613 | 2:05:20 | 1626 | 1967 |
| 335 | 3158 | Soldanski Christoph | optadata-gruppe | 2:02:38 | M40 | 1614 | 2:04:55 | 1615 | 1968 |
| 336 | 2696 | Floß Martin | BSG Team EVAG | 2:03:00 | M40 | 1623 | 2:03:55 | 1599 | 1969 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M40 | | | | | | | | | |
| 337 | 2088 | Hilberger Christian | ERGO sports | 2:03:14 | M40 | 1628 | 2:06:10 | 1650 | 1967 |
| 338 | 2121 | Winkel Stefan | *Duisburg | 2:03:23 | M40 | 1634 | 2:06:02 | 1646 | 1968 |
| 339 | 3353 | Drees Frank | AS Neukirchen-Vluyn | 2:03:37 | M40 | 1640 | 2:06:09 | 1648 | 1968 |
| 340 | 4965 | Scheffer Thorsten | *Oberhausen | 2:03:59 | M40 | 1647 | 2:06:55 | 1664 | 1971 |
| 341 | 3904 | Lauritsch Wilhelm-Hendrik | Makrolon Runners | 2:04:01 | M40 | 1648 | 2:05:01 | 1618 | 1967 |
| 342 | 5689 | Buchloh Holger | Team SBS | 2:04:03 | M40 | 1651 | 2:05:51 | 1638 | 1967 |
| 343 | 4371 | Fink Sebastian Matthias | *Mülheim an der Ruhr | 2:04:03 | M40 | 1652 | 2:05:51 | 1637 | 1971 |
| 344 | 4481 | Kremer Dirk | *Essen | 2:04:04 | M40 | 1653 | 2:05:52 | 1639 | 1970 |
| 345 | 5199 | Buhrmester Timo | *Bochum | 2:04:14 | M40 | 1657 | 2:06:58 | 1667 | 1967 |
| 346 | 1711 | Sandkühler Stefan | *schwelm | 2:04:39 | M40 | 1662 | 2:05:32 | 1632 | 1967 |
| 347 | 4196 | Frenzel Richard | *Düsseldorf | 2:04:48 | M40 | 1663 | 2:05:33 | 1633 | 1968 |
| 348 | 1798 | Dähmlow Andreas | *Gladbeck | 2:05:01 | M40 | 1673 | 2:07:24 | 1676 | 1967 |
| 349 | 3306 | Hampel Andreas | Volksbank Rhein-Ruhr eG | 2:05:05 | M40 | 1678 | 2:06:56 | 1665 | 1968 |
| 350 | 3254 | Renoux Stephane | Vodafone Runners | 2:05:27 | M40 | 1686 | 2:07:32 | 1680 | 1971 |
| 351 | 3530 | Nieland Kalle | *Mülheim an der Ruhr | 2:05:32 | M40 | 1688 | 2:07:51 | 1692 | 1967 |
| 352 | 4957 | Fiege Dirk | *Wülfrath | 2:05:36 | M40 | 1692 | 2:08:16 | 1701 | 1968 |
| 353 | 1581 | Middelkamp Klaus | Spalter Rhede | 2:05:37 | M40 | 1693 | 2:07:57 | 1696 | 1971 |
| 354 | 4769 | Fischer Mike | *Essen | 2:06:00 | M40 | 1702 | 2:08:36 | 1708 | 1967 |
| 355 | 3144 | Bittner Jörg | Max Maulwurf Marathonis | 2:06:14 | M40 | 1706 | 2:06:35 | 1657 | 1969 |
| 356 | 1983 | Danowski Werner | Die Hobbyköche | 2:06:39 | M40 | 1713 | 2:09:26 | 1720 | 1969 |
| 357 | 3686 | Fell Marc | Running Gag | 2:07:19 | M40 | 1721 | 2:10:09 | 1732 | 1969 |
| 358 | 5050 | Speh Michael | *Duisburg | 2:07:22 | M40 | 1723 | 2:10:38 | 1741 | 1971 |
| 359 | 5035 | Imkamp Hans-Peter | *Kaarst | 2:07:25 | M40 | 1724 | 2:09:30 | 1723 | 1967 |
| 360 | 2533 | Pojer Marc | Die Römers | 2:07:35 | M40 | 1728 | 2:10:26 | 1735 | 1967 |
| 361 | 2971 | Klausen Marco | Die Törchen Jungs | 2:07:56 | M40 | 1733 | 2:10:11 | 1734 | 1969 |
| 362 | 3962 | Bachon Ulrich | *Kaarst | 2:08:21 | M40 | 1742 | 2:10:36 | 1740 | 1971 |
| 363 | 5140 | Schütterigkeit Horst | SV Concordia Ossenberg | 2:08:50 | M40 | 1754 | 2:11:59 | 1765 | 1968 |
| 364 | 5306 | Van der Ende Jörn | *Neukirchen-Vluyn | 2:08:52 | M40 | 1756 | 2:11:22 | 1752 | 1970 |
| 365 | 4822 | Klein Dr. Holger | *Duisburg | 2:09:06 | M40 | 1759 | 2:11:35 | 1755 | 1970 |
| 366 | 3768 | Gerhards Georg | *Sonsbeck | 2:09:44 | M40 | 1768 | 2:11:48 | 1763 | 1969 |
| 367 | 4420 | Weissbrich Guido | *Hilden | 2:10:15 | M40 | 1776 | 2:12:44 | 1777 | 1970 |
| 368 | 2216 | Baran Christoph | *Rheinberg | 2:10:22 | M40 | 1778 | 2:12:24 | 1774 | 1967 |
| 369 | 4969 | Krah Markus | Fun Runners | 2:11:08 | M40 | 1788 | 2:13:30 | 1787 | 1968 |
| 370 | 5128 | Geyer Carsten | Stommelhopper | 2:11:16 | M40 | 1792 | 2:11:40 | 1758 | 1968 |
| 371 | 1565 | Bauer Patrick | Rennschnecken Delux | 2:12:11 | M40 | 1808 | 2:15:11 | 1822 | 1968 |
| 372 | 4133 | Siekmann Michael | *Velbert | 2:12:53 | M40 | 1815 | 2:14:59 | 1818 | 1970 |
| 373 | 2042 | Pawlak Clemens | Kulturlaufstadt | 2:13:19 | M40 | 1823 | 2:14:27 | 1805 | 1969 |
| 374 | 4272 | Westbomke Frank | *Korschenbroich | 2:13:25 | M40 | 1826 | 2:15:07 | 1821 | 1969 |
| 375 | 4194 | Pätzelt Guido | *Essen | 2:13:55 | M40 | 1840 | 2:16:55 | 1850 | 1971 |
| 376 | 2542 | Schmieschek Christoph | *Oberhausen | 2:14:04 | M40 | 1842 | 2:15:00 | 1820 | 1969 |
| 377 | 1984 | Reichards Ronald | Die Hobbyköche | 2:14:19 | M40 | 1848 | 2:17:06 | 1852 | 1967 |
| 378 | 2241 | Blaskowitz Stephan | *Frankfurt am Main | 2:14:33 | M40 | 1850 | 2:16:23 | 1835 | 1970 |
| 379 | 1571 | Böckmann Carsten | *Mülheim | 2:14:57 | M40 | 1853 | 2:17:47 | 1860 | 1970 |
| 380 | 3018 | Bohnen Günter | MSV 09 | 2:14:57 | M40 | 1854 | 2:17:38 | 1857 | 1968 |
| 381 | 2047 | Fischer Rolf-Martin | BSV Grün-Weiß | 2:15:12 | M40 | 1856 | 2:17:59 | 1862 | 1967 |
| 382 | 3203 | Burggraf Bernd | Vodafone Runners | 2:15:16 | M40 | 1858 | 2:17:16 | 1853 | 1967 |
| 383 | 4066 | Borgerhoff Frank | *Toennisvorst | 2:15:17 | M40 | 1860 | 2:17:17 | 1854 | 1968 |
| 384 | 4600 | Krisch Holger | *Dortmund | 2:15:21 | M40 | 1862 | 2:17:41 | 1858 | 1969 |
| 385 | 2065 | Szameit Holger | *Düsseldorf | 2:15:30 | M40 | 1866 | 2:18:45 | 1871 | 1968 |
| 386 | 2481 | Kurth Matthias | Casino Duisburg | 2:15:31 | M40 | 1867 | 2:18:05 | 1865 | 1967 |
| 387 | 4449 | Neugrodda Carsten | *Bochum | 2:15:38 | M40 | 1871 | 2:16:17 | 1832 | 1970 |
| 388 | 5282 | Becker Rainer | *Kaarst | 2:16:13 | M40 | 1875 | 2:18:55 | 1877 | 1971 |
| 389 | 1512 | Redeker Ingo | TV Jahn Hiesfeld | 2:18:36 | M40 | 1887 | 2:21:44 | 1889 | 1971 |
| 390 | 5057 | Carstensen Andreas | Die mit der Weste | 2:21:17 | M40 | 1897 | 2:23:54 | 1898 | 1967 |
| 391 | 3710 | Szarvas Markus | LT Schnecke Sonsbeck | 2:21:59 | M40 | 1905 | 2:23:49 | 1896 | 1967 |
| 392 | 3952 | Hebisch Ole | Running Gig | 2:24:46 | M40 | 1916 | 2:27:46 | 1915 | 1971 |



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| Altersklasse Männer M40 | | | | | | | | | |
| 393 | 1572 | Nespithal Holger | Ausdauerschule by 226 1/2 2011 | 2:29:33 | M40 | 1927 | 2:32:38 | 1927 | 1970 |
| 394 | 3757 | Richter Mario | | 2:31:22 | M40 | 1930 | 2:34:16 | 1931 | 1971 |
| 395 | 1834 | Klein Holger | GC Schloss Horst | 2:36:34 | M40 | 1939 | 2:39:49 | 1939 | 1968 |
| 396 | 1570 | Ising Oliver | *Duisburg | 2:45:07 | M40 | 1946 | 2:47:57 | 1946 | 1969 |



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| Altersklasse Männer M45 | | | | | | | | | |
| 1 | 3323 | Bohmert Bernd | LG COESFELD | 1:16:48 | M45 | 9 | 1:16:51 | 9 | 1965 |
| 2 | 3271 | Voll Ulrich | Vodafone Runners | 1:18:24 | M45 | 13 | 1:18:26 | 13 | 1962 |
| 3 | 4243 | Komowski Zbigniew | LG Mülheim | 1:18:48 | M45 | 15 | 1:18:48 | 15 | 1963 |
| 4 | 4490 | Straßburg Jürgen | LG Hünxe | 1:20:20 | M45 | 23 | 1:20:22 | 23 | 1962 |
| 5 | 1636 | Krause Frank | WIR BEI HKM | 1:21:09 | M45 | 27 | 1:21:11 | 27 | 1964 |
| 6 | 1837 | Mehtieff Alexander | Krefelder Kanu Klub | 1:21:14 | M45 | 28 | 1:21:18 | 28 | 1966 |
| 7 | 3749 | Radtke Mathias | DJK Vierlinden 28 e.V. | 1:22:39 | M45 | 38 | 1:22:40 | 38 | 1966 |
| 8 | 4004 | Peter Detlev | Krefelder Kanu Klub | 1:22:51 | M45 | 40 | 1:22:55 | 40 | 1965 |
| 9 | 2636 | Dülks Roman | Krefelder Kanu Klub | 1:23:10 | M45 | 43 | 1:23:12 | 43 | 1964 |
| 10 | 3407 | Przewloka Joachim | TG Neuss | 1:23:43 | M45 | 50 | 1:23:48 | 51 | 1962 |
| 11 | 5338 | Lohe Matthias | RockStore-Wuppertal | 1:23:45 | M45 | 51 | 1:23:47 | 50 | 1963 |
| 12 | 3439 | Welsch Rüdiger | TuS Breitscheid | 1:23:58 | M45 | 55 | 1:24:02 | 55 | 1963 |
| 13 | 3129 | Czibor Michael | TriTeam TSG | 1:24:03 | M45 | 57 | 1:24:13 | 58 | 1965 |
| 14 | 4803 | Hirst David | *Mülheim an der Ruhr | 1:24:50 | M45 | 66 | 1:25:02 | 68 | 1962 |
| 15 | 1946 | Van Beem Dietmar | *Essen | 1:25:03 | M45 | 71 | 1:25:05 | 71 | 1965 |
| 16 | 1573 | Gast Klaus | *Duisburg | 1:25:03 | M45 | 72 | 1:25:07 | 72 | 1965 |
| 17 | 2422 | Haaser Matthias | TV Witzhelden | 1:25:13 | M45 | 74 | 1:25:18 | 75 | 1966 |
| 18 | 2942 | Lüther Markus | DJK-VFR Saarn | 1:25:15 | M45 | 75 | 1:25:18 | 74 | 1963 |
| 19 | 4372 | Knappe Jörg | DJK-VFR Saarn | 1:25:44 | M45 | 80 | 1:25:48 | 80 | 1966 |
| 20 | 2401 | Fischer Gerd | LTH-Essen | 1:26:21 | M45 | 88 | 1:26:30 | 89 | 1964 |
| 21 | 2616 | Van der Pluijm Cornelis | LC Duisburg | 1:26:23 | M45 | 89 | 1:26:29 | 88 | 1963 |
| 22 | 4446 | Holstein Dirk | LGO Bochum | 1:26:38 | M45 | 95 | 1:27:07 | 98 | 1964 |
| 23 | 3068 | Lubjuhn Stefan | VFL 08 Repelen | 1:26:48 | M45 | 98 | 1:26:58 | 97 | 1963 |
| 24 | 2386 | Steins Christian | TRC Essen 84 | 1:26:53 | M45 | 99 | 1:27:16 | 103 | 1962 |
| 25 | 4624 | Schumacher Peter | Ausdauerschule by | 1:27:00 | M45 | 101 | 1:27:12 | 99 | 1962 |
| 26 | 2090 | Stahlmann Frank | TG Neuss | 1:27:05 | M45 | 102 | 1:27:14 | 101 | 1965 |
| 27 | 1577 | Himpler Ralf | Bocholter Flitzpiepen | 1:27:21 | M45 | 105 | 1:27:33 | 109 | 1966 |
| 28 | 4666 | Dunkel Frank | TV Hasslinghausen 1862 | 1:27:22 | M45 | 107 | 1:27:28 | 105 | 1965 |
| 29 | 5073 | Schult Ingo | TSV Hochdahl | 1:27:29 | M45 | 111 | 1:27:37 | 111 | 1962 |
| 30 | 3413 | Ferling Frank | TG Neuss | 1:27:42 | M45 | 116 | 1:27:46 | 116 | 1965 |
| 31 | 2941 | Preissner Thomas | MC PIRATE | 1:28:01 | M45 | 122 | 1:28:14 | 123 | 1964 |
| 32 | 3510 | Le Roux Alain | Lokibeach | 1:28:34 | M45 | 131 | 1:28:41 | 129 | 1966 |
| 33 | 3850 | Grass Ralph Werner | Triathlon Team TG Witten | 1:28:34 | M45 | 132 | 1:28:43 | 130 | 1966 |
| 34 | 3313 | Engels Thomas | Marathon Dinslaken | 1:28:39 | M45 | 134 | 1:28:48 | 131 | 1965 |
| 35 | 2943 | Szostak Dieter | *Oberhausen | 1:28:55 | M45 | 137 | 1:29:06 | 137 | 1963 |
| 36 | 4173 | Theisen Volker | SV Bayer 08 Uerdingen | 1:28:58 | M45 | 140 | 1:29:03 | 135 | 1966 |
| 37 | 4249 | Holtmeier Jürgen | Nina-Sport | 1:29:04 | M45 | 142 | 1:29:18 | 146 | 1963 |
| 38 | 1776 | Bockholt Peter | SV Gladbeck 3 | 1:29:07 | M45 | 145 | 1:29:10 | 141 | 1966 |
| 39 | 1732 | Fileccia Marco | *Oberhausen | 1:29:26 | M45 | 150 | 1:29:41 | 150 | 1963 |
| 40 | 4335 | Gmirrek Andreas | ASV-LT Kemperdick | 1:29:30 | M45 | 152 | 1:29:39 | 149 | 1964 |
| 41 | 4143 | Fuchs André | Rennschnecken 2000 | 1:29:40 | M45 | 157 | 1:29:54 | 158 | 1965 |
| 42 | 5084 | Schott Martin | LC Duisburg | 1:29:58 | M45 | 167 | 1:30:19 | 167 | 1964 |
| 43 | 2652 | Petry Andreas | Rapid Ramirez | 1:30:23 | M45 | 173 | 1:30:39 | 174 | 1964 |
| 44 | 4939 | Szamlewski Peter | *Duisburg | 1:30:23 | M45 | 174 | 1:30:32 | 173 | 1963 |
| 45 | 4140 | Honsel Ralf | BSG Honsel Sport und | 1:30:37 | M45 | 181 | 1:30:47 | 178 | 1965 |
| 46 | 2433 | Kohlhöfer Udo | Krefelder Kanu Klub | 1:30:52 | M45 | 187 | 1:31:01 | 182 | 1965 |
| 47 | 4514 | Wolff Ralf | PV Triathlon Witten | 1:31:27 | M45 | 200 | 1:32:08 | 206 | 1964 |
| 48 | 4618 | Dietze Joachim | TSV 1863 Herdecke | 1:31:31 | M45 | 201 | 1:31:36 | 197 | 1962 |
| 49 | 5685 | Kittel Norbert | Eintracht Duisburg 1848 | 1:31:44 | M45 | 206 | 1:31:52 | 202 | 1965 |
| 50 | 3394 | Stork Christoph | AS Neukirchen-Vluyn | 1:31:57 | M45 | 208 | 1:32:13 | 208 | 1965 |
| 51 | 3760 | Emden Karl | *Düsseldorf | 1:31:59 | M45 | 209 | 1:32:12 | 207 | 1962 |
| 52 | 3246 | Nohr Ingo | Vodafone Runners | 1:32:11 | M45 | 212 | 1:32:29 | 214 | 1962 |
| 53 | 3745 | Ackermann Frank | Turbo-Schnecken | 1:32:16 | M45 | 214 | 1:32:53 | 218 | 1966 |
| 54 | 5694 | Marcus Holger | LTT Rennhamster | 1:32:22 | M45 | 216 | 1:32:24 | 212 | 1964 |
| 55 | 4689 | Fiedler Michael | *Voerde | 1:32:22 | M45 | 217 | 1:32:59 | 221 | 1963 |
| 56 | 4710 | Skoerys Michael | Triathlon Team Ratingen | 1:32:32 | M45 | 220 | 1:32:41 | 216 | 1964 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 57 | 3925 | Skuballa Stefan | *Dortmund | 1:32:45 | M45 | 224 | 1:33:00 | 222 | 1965 |
| 58 | 4352 | Eckert Kai | Triminators TV Voerde | 1:32:47 | M45 | 225 | 1:33:06 | 228 | 1966 |
| 59 | 3363 | Hoersch Heiner | AS Neukirchen-Vluyn | 1:32:48 | M45 | 226 | 1:33:04 | 225 | 1966 |
| 60 | 2755 | Nieken Michael | Makrolon Runners | 1:32:48 | M45 | 227 | 1:32:57 | 219 | 1963 |
| 61 | 1793 | Düren Andreas | Running Team | 1:32:52 | M45 | 229 | 1:33:00 | 223 | 1965 |
| 62 | 4113 | Werner-Hofstetter | *Mülheim | 1:32:55 | M45 | 231 | 1:33:06 | 227 | 1964 |
| 63 | 1789 | Brutscheidt Erik | *Ratingen | 1:33:21 | M45 | 237 | 1:33:45 | 237 | 1966 |
| 64 | 4222 | Siska Georg | SV Schermbeck | 1:33:26 | M45 | 239 | 1:33:42 | 235 | 1962 |
| 65 | 2682 | Praefke Frank | BSG Team EVAG | 1:33:33 | M45 | 242 | 1:33:42 | 236 | 1965 |
| 66 | 1771 | Leck Markus | *Essen | 1:33:34 | M45 | 244 | 1:34:18 | 258 | 1966 |
| 67 | 4321 | Becker Achim | SV Schermbeck | 1:33:35 | M45 | 245 | 1:33:51 | 239 | 1963 |
| 68 | 4047 | Bell Ralf | Marathon Mülheim | 1:33:47 | M45 | 252 | 1:34:09 | 252 | 1963 |
| 69 | 2324 | Oelschläger Klaus | *Düsseldorf | 1:33:53 | M45 | 258 | 1:33:59 | 246 | 1962 |
| 70 | 2186 | Van Treeck Andreas | LC Duisburg | 1:33:53 | M45 | 259 | 1:34:17 | 257 | 1966 |
| 71 | 4947 | Vogl Norbert | Angerland LT Lintorf | 1:33:56 | M45 | 262 | 1:34:40 | 271 | 1964 |
| 72 | 4048 | Maag Michael | TRlandertaler me-sport | 1:34:01 | M45 | 264 | 1:34:36 | 268 | 1964 |
| 73 | 2136 | Niemann Detlev | *Herne | 1:34:07 | M45 | 268 | 1:35:17 | 292 | 1962 |
| 74 | 4491 | Zellmer Andreas | *Duisburg | 1:34:09 | M45 | 269 | 1:34:13 | 256 | 1966 |
| 75 | 4218 | Helmberg Volker | Saarner Kämpfer | 1:34:14 | M45 | 273 | 1:34:51 | 275 | 1965 |
| 76 | 1650 | Brandenburg Martin | Angerland LT Lintorf | 1:34:25 | M45 | 277 | 1:34:40 | 270 | 1963 |
| 77 | 3584 | Kleinen Ulf | *Düsseldorf | 1:34:26 | M45 | 278 | 1:35:30 | 302 | 1963 |
| 78 | 2150 | Schultz Klaus | *Ratingen | 1:34:30 | M45 | 281 | 1:34:56 | 277 | 1966 |
| 79 | 4280 | Schulz Michael | TRlandertaler | 1:34:37 | M45 | 285 | 1:34:38 | 269 | 1965 |
| 80 | 4030 | Koschlitzi Norbert | Eintracht Duisburg 1848 | 1:34:41 | M45 | 287 | 1:34:48 | 274 | 1963 |
| 81 | 3515 | Emmerich Markus | *Bochum | 1:35:05 | M45 | 305 | 1:35:21 | 296 | 1966 |
| 82 | 3107 | Schülke Frank | E.ON Ruhrgas SG | 1:35:23 | M45 | 313 | 1:35:49 | 315 | 1963 |
| 83 | 3321 | Thentje Michael | LG COESFELD | 1:35:30 | M45 | 319 | 1:35:35 | 305 | 1965 |
| 84 | 5497 | Dziura Carsten | LC | 1:35:39 | M45 | 323 | 1:36:20 | 326 | 1966 |
| 85 | 4740 | Cellar Andreas | Marathon Mülheim | 1:35:42 | M45 | 325 | 1:36:07 | 323 | 1962 |
| 86 | 2498 | Daemen Oliver | OSC Rheinhausen | 1:35:44 | M45 | 326 | 1:36:05 | 321 | 1965 |
| 87 | 1864 | Happe Jens | G&m Huckingen | 1:35:44 | M45 | 327 | 1:36:04 | 320 | 1966 |
| 88 | 5334 | Meyer Karl | *Wuppertal | 1:35:47 | M45 | 329 | 1:36:37 | 336 | 1962 |
| 89 | 2485 | Krings Stephan | *Mülheim an der Ruhr | 1:35:52 | M45 | 332 | 1:36:29 | 330 | 1966 |
| 90 | 1644 | Cord Stephan | *Essen | 1:36:09 | M45 | 339 | 1:36:29 | 331 | 1966 |
| 91 | 2548 | Ehringfeld Theo | LT-SV Haldern | 1:36:23 | M45 | 344 | 1:36:49 | 340 | 1962 |
| 92 | 3660 | Schroeder Dr. Peter | Marathon Mülheim | 1:36:36 | M45 | 347 | 1:37:00 | 347 | 1965 |
| 93 | 4810 | Bischof Martin | TSV 1863 Herdecke | 1:36:39 | M45 | 349 | 1:36:52 | 341 | 1966 |
| 94 | 3325 | Stöhler Bernd | LG COESFELD | 1:36:42 | M45 | 351 | 1:37:09 | 351 | 1963 |
| 95 | 4538 | Kontny Thomas | TSV 1863 Herdecke | 1:36:45 | M45 | 352 | 1:36:57 | 344 | 1965 |
| 96 | 1605 | Piecha Dietmar | SG Stern Düsseldorf | 1:36:45 | M45 | 353 | 1:37:25 | 356 | 1965 |
| 97 | 2557 | Lenski Norbert | anlauf Marathonteam | 1:36:55 | M45 | 360 | 1:37:06 | 349 | 1962 |
| 98 | 3906 | Wiele Ingo | TV Wanheimerort 1880 | 1:36:56 | M45 | 361 | 1:37:45 | 375 | 1966 |
| 99 | 2437 | Frings Andreas | TV Witzhelden | 1:36:57 | M45 | 362 | 1:37:25 | 357 | 1966 |
| 100 | 2683 | Hüllen Ludger | BSG Team EVAG | 1:37:03 | M45 | 364 | 1:37:10 | 352 | 1966 |
| 101 | 1708 | Robert Ferdinand | *Bocholt | 1:37:06 | M45 | 367 | 1:37:59 | 384 | 1963 |
| 102 | 4660 | Spennhoff Andreas | BSG Ev. Krankenhaus | 1:37:07 | M45 | 368 | 1:37:19 | 355 | 1964 |
| 103 | 3179 | Schneider Peter | Vodafone Runners | 1:37:09 | M45 | 370 | 1:38:21 | 396 | 1965 |
| 104 | 3924 | Nüsse-Maas Ludger | TuS Mündelheim | 1:37:16 | M45 | 376 | 1:37:36 | 365 | 1962 |
| 105 | 2969 | Bender Jochen | *Mülheim/Ruhr | 1:37:20 | M45 | 381 | 1:37:50 | 379 | 1966 |
| 106 | 2562 | Mindthoff Frank | *Wesel | 1:37:23 | M45 | 384 | 1:37:44 | 374 | 1962 |
| 107 | 2952 | Dörkes Markus | BSG Sparkasse Krefeld | 1:37:28 | M45 | 391 | 1:37:39 | 368 | 1965 |
| 108 | 2923 | Lass Hartmut | *Meerbusch | 1:37:30 | M45 | 392 | 1:38:42 | 415 | 1965 |
| 109 | 1532 | Smethurst Miles | *Ratingen | 1:37:42 | M45 | 401 | 1:38:07 | 387 | 1966 |
| 110 | 2978 | Hoffmann Ralf | Byk Chemie | 1:37:44 | M45 | 403 | 1:38:13 | 390 | 1966 |
| 111 | 2750 | Brodowski Gregor | Laufftreff Waldesrand | 1:37:45 | M45 | 404 | 1:38:56 | 431 | 1963 |
| 112 | 2299 | Schnabel Thomas | TuRa Remscheid-Süd | 1:37:45 | M45 | 405 | 1:38:06 | 386 | 1962 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|-----------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 113 | 2906 | Maurer Markus | Immeo Wohnen Service | 1:37:46 | M45 | 406 | 1:38:38 | 407 | 1965 |
| 114 | 2846 | Küster-Riehmann | *Neukirchen-Vluyn | 1:37:48 | M45 | 407 | 1:38:38 | 408 | 1964 |
| 115 | 2112 | Klein Christian M. | Angerland LT Lintorf | 1:37:50 | M45 | 408 | 1:38:14 | 392 | 1966 |
| 116 | 5001 | Hansen Jörg | *Duisburg | 1:37:51 | M45 | 410 | 1:38:52 | 425 | 1965 |
| 117 | 3377 | Müller Andreas | AS Neukirchen-Vluyn | 1:37:53 | M45 | 412 | 1:39:25 | 465 | 1962 |
| 118 | 1696 | De Sain Benedikt | Stadtwerke Borken | 1:37:57 | M45 | 414 | 1:38:20 | 395 | 1963 |
| 119 | 4536 | Biermann Thomas | TSV 1863 Herdecke | 1:38:04 | M45 | 416 | 1:38:16 | 393 | 1962 |
| 120 | 2828 | Götz Wolfgang | DJK VfL Willich | 1:38:06 | M45 | 418 | 1:38:32 | 400 | 1964 |
| 121 | 2223 | Bickmann Ludger | Wacker Kapellen | 1:38:13 | M45 | 425 | 1:38:29 | 399 | 1964 |
| 122 | 3871 | Richter Herbert | BV Hiltrop | 1:38:15 | M45 | 426 | 1:38:42 | 414 | 1964 |
| 123 | 4853 | Kiehn Uwe | SF Ennepetal | 1:38:18 | M45 | 428 | 1:39:03 | 439 | 1966 |
| 123 | 4854 | Schmidt Axel | SF Ennepetal | 1:38:18 | M45 | 428 | 1:39:02 | 438 | 1966 |
| 125 | 3281 | Dixkens Jörg | TV Wanheimerort 1880 | 1:38:20 | M45 | 432 | 1:39:09 | 450 | 1962 |
| 126 | 4295 | Beyer Rüdiger | ASC Düsseldorf | 1:38:27 | M45 | 437 | 1:39:04 | 441 | 1964 |
| 127 | 4950 | Sperlich Egbert | Ecki-Man | 1:38:28 | M45 | 438 | 1:39:12 | 452 | 1965 |
| 128 | 5064 | Tilgner Andreas | VfL Kommern | 1:38:32 | M45 | 441 | 1:38:53 | 428 | 1965 |
| 129 | 4007 | Ehrlich Dirk | Team EhrBec | 1:38:34 | M45 | 442 | 1:39:00 | 437 | 1966 |
| 130 | 2645 | Böhmer Axel | *Krefeld | 1:38:34 | M45 | 443 | 1:39:00 | 436 | 1964 |
| 131 | 2833 | Franz Ingo | *Schonungen | 1:38:35 | M45 | 444 | 1:38:58 | 434 | 1964 |
| 132 | 1849 | Hartmann Volker | Ausdauerschule by | 1:38:43 | M45 | 452 | 1:39:05 | 443 | 1962 |
| 133 | 4105 | Bittner Jürgen | Sparkasse HRV | 1:38:43 | M45 | 453 | 1:39:21 | 462 | 1964 |
| 134 | 1974 | Wagner Kai | Die schwarzen Heiden | 1:38:45 | M45 | 454 | 1:39:23 | 464 | 1965 |
| 135 | 1948 | Tillmann Horst | TSC Velbert | 1:38:48 | M45 | 459 | 1:39:48 | 475 | 1962 |
| 136 | 4991 | Miksche Ronald | *Düsseldorf | 1:38:54 | M45 | 462 | 1:39:36 | 470 | 1966 |
| 137 | 3340 | Medina Gerardo | www.triguru.de | 1:38:58 | M45 | 464 | 1:39:15 | 457 | 1964 |
| 138 | 2715 | Ombeck Thomas | *Oberhausen | 1:38:58 | M45 | 465 | 1:39:19 | 461 | 1966 |
| 139 | 5501 | Glässer Roberto | LC | 1:39:00 | M45 | 466 | 1:39:43 | 472 | 1963 |
| 140 | 4852 | Rekittke Fritz | *Düsseldorf | 1:39:04 | M45 | 469 | 1:39:49 | 478 | 1962 |
| 141 | 4512 | Neuenfeld Walter | activefirst | 1:39:04 | M45 | 470 | 1:39:19 | 460 | 1964 |
| 142 | 5336 | Dohmen Jörg | *Mülheim | 1:39:06 | M45 | 472 | 1:39:13 | 454 | 1966 |
| 143 | 4858 | Quabeck Guido | SF Ennepetal | 1:39:06 | M45 | 473 | 1:39:57 | 480 | 1965 |
| 143 | 5233 | Elting Manfred | Bocholter WSV | 1:39:06 | M45 | 473 | 1:39:07 | 445 | 1965 |
| 145 | 2202 | Hagemann Carsten | *Herne | 1:39:07 | M45 | 475 | 1:39:46 | 473 | 1966 |
| 146 | 5452 | Marx Werner | *Oberhausen | 1:39:08 | M45 | 477 | 1:39:41 | 471 | 1964 |
| 147 | 2184 | Dick Viktor | *Neukirchen-Vluyn | 1:39:14 | M45 | 482 | 1:40:28 | 502 | 1965 |
| 148 | 2552 | Grotenhuis Karl | Gocher Lauffamilien | 1:39:18 | M45 | 486 | 1:39:59 | 482 | 1964 |
| 149 | 4829 | Von Platen Felix | Liebfrauenschule | 1:39:22 | M45 | 489 | 1:39:49 | 479 | 1962 |
| 150 | 2858 | Niehaves Christian | SG Borken | 1:39:29 | M45 | 492 | 1:40:43 | 515 | 1964 |
| 151 | 4480 | Presuhn Klaus | Weidensprinter | 1:39:34 | M45 | 495 | 1:40:32 | 507 | 1965 |
| 152 | 1540 | Grossmann Frank | Jogmap Ruhr | 1:39:37 | M45 | 498 | 1:40:46 | 517 | 1964 |
| 153 | 2348 | Struttmann Dietmar | LC Duisburg | 1:39:37 | M45 | 499 | 1:40:40 | 512 | 1965 |
| 154 | 3326 | Ahrens Rüdiger | LG COESFELD | 1:39:40 | M45 | 500 | 1:40:07 | 491 | 1963 |
| 155 | 2083 | Rosenschild Christoph | *Oberhausen | 1:39:47 | M45 | 507 | 1:40:33 | 508 | 1966 |
| 156 | 3231 | Jokisch Bernd | Vodafone Runners | 1:39:51 | M45 | 509 | 1:40:14 | 495 | 1965 |
| 157 | 2501 | Thomas Ingo | *Krefeld | 1:39:52 | M45 | 510 | 1:40:31 | 506 | 1966 |
| 158 | 2190 | Krieger Uwe | City Fitness Essen | 1:40:05 | M45 | 519 | 1:40:24 | 499 | 1963 |
| 159 | 1940 | Reinders Detlef | Bocholter Flitzpiepen | 1:40:13 | M45 | 525 | 1:40:28 | 503 | 1964 |
| 160 | 2045 | Beckmann Micha | Palma Runners | 1:40:29 | M45 | 533 | 1:41:17 | 538 | 1965 |
| 161 | 2145 | Markmann Josef | Gerresheim | 1:40:30 | M45 | 534 | 1:41:14 | 537 | 1966 |
| 162 | 4598 | Kupsch Torsten | *Mülheim | 1:40:36 | M45 | 536 | 1:41:45 | 555 | 1966 |
| 163 | 3574 | Probst Thorsten | TV Uffort-Eick | 1:40:40 | M45 | 538 | 1:41:37 | 545 | 1966 |
| 164 | 2852 | Hater Andreas | SG Borken | 1:40:43 | M45 | 542 | 1:41:56 | 565 | 1964 |
| 165 | 1859 | Feldhoff Maximilian | *Radevormwald | 1:40:46 | M45 | 545 | 1:41:53 | 561 | 1962 |
| 166 | 1641 | Heimann Peter | *Oberhausen | 1:40:49 | M45 | 547 | 1:41:44 | 554 | 1963 |
| 167 | 5013 | Stratmann Thomas | *Bottrop | 1:40:55 | M45 | 554 | 1:42:39 | 596 | 1965 |
| 168 | 4851 | Wittig Helge | *Oberhausen | 1:41:02 | M45 | 562 | 1:41:43 | 552 | 1965 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 169 | 3078 | Geisel Thomas | E.ON Ruhrgas SG | 1:41:03 | M45 | 563 | 1:42:41 | 601 | 1963 |
| 170 | 2637 | Schmitt Achim | LT Wischlingen Dortmund | 1:41:07 | M45 | 568 | 1:42:17 | 576 | 1962 |
| 171 | 4716 | Bädorf Ralf | Rennmäuse Heiderhof | 1:41:09 | M45 | 570 | 1:42:38 | 595 | 1963 |
| 172 | 2162 | Polster Thomas | SuS Bertlich | 1:41:10 | M45 | 572 | 1:42:45 | 603 | 1964 |
| 173 | 5235 | Heinrich Peter | LC Duisburg | 1:41:23 | M45 | 579 | 1:41:45 | 556 | 1962 |
| 174 | 4406 | Wehner Sven | - | 1:41:29 | M45 | 584 | 1:42:48 | 604 | 1964 |
| 175 | 3142 | Friedrich Reno | Trimet | 1:41:30 | M45 | 585 | 1:41:56 | 566 | 1966 |
| 176 | 2718 | Holtmann Andreas | Triathlon Team Rheinberg | 1:41:34 | M45 | 586 | 1:41:48 | 558 | 1965 |
| 177 | 1665 | Reinders Thomas | Bocholter Flitzpiepen | 1:41:34 | M45 | 587 | 1:42:29 | 588 | 1965 |
| 178 | 4726 | Borchardt Oliver | TV Aldekerk | 1:41:41 | M45 | 592 | 1:42:32 | 591 | 1965 |
| 179 | 4897 | Kemmann Frank | Weidensprinter | 1:41:46 | M45 | 593 | 1:42:44 | 602 | 1964 |
| 180 | 4395 | Bertels Peter | *Krefeld | 1:41:52 | M45 | 597 | 1:42:18 | 577 | 1964 |
| 181 | 2033 | Schmidt Thomas | *Xanten | 1:41:58 | M45 | 601 | 1:43:02 | 611 | 1965 |
| 182 | 3051 | Becker Ulli | Triabolos Triathlon | 1:41:59 | M45 | 602 | 1:43:11 | 617 | 1963 |
| 183 | 2714 | Stürmer Christian | SG Borken | 1:42:00 | M45 | 604 | 1:43:17 | 623 | 1964 |
| 184 | 4021 | Bischof Michael | - | 1:42:05 | M45 | 609 | 1:43:26 | 632 | 1964 |
| 185 | 4655 | Voß Holger | *Erkrath | 1:42:10 | M45 | 613 | 1:42:35 | 593 | 1962 |
| 186 | 3590 | Dietzfelbinger Stefan | IHK | 1:42:13 | M45 | 616 | 1:42:31 | 590 | 1963 |
| 187 | 1883 | Krügel Jörg Michael | *Bergkamen | 1:42:14 | M45 | 617 | 1:43:18 | 625 | 1965 |
| 188 | 3037 | Walbrunn Christian | Lauftreff TuRa Brüggen | 1:42:18 | M45 | 620 | 1:43:44 | 646 | 1962 |
| 189 | 4596 | Schmalt Peter | Immeo Wohnen Service | 1:42:23 | M45 | 622 | 1:43:16 | 621 | 1964 |
| 190 | 2305 | Peters Andreas | *Mülheim | 1:42:27 | M45 | 625 | 1:43:46 | 648 | 1963 |
| 191 | 1712 | Welzel Wolfgang | BSG Springorum Bochum | 1:42:35 | M45 | 632 | 1:43:10 | 616 | 1965 |
| 192 | 2650 | Schacht Frank | Leitstelle EN | 1:42:39 | M45 | 636 | 1:43:40 | 643 | 1966 |
| 193 | 2448 | Hübinger Peter | *Dinslaken | 1:42:44 | M45 | 639 | 1:44:15 | 675 | 1963 |
| 194 | 3322 | Stöhler Martin | LG COESFELD | 1:42:45 | M45 | 640 | 1:43:20 | 626 | 1965 |
| 195 | 1635 | Bertels Jürgen | DJK Coesfeld | 1:42:45 | M45 | 642 | 1:43:21 | 628 | 1962 |
| 196 | 4671 | Böhme Michael | *Gevelsberg | 1:42:53 | M45 | 650 | 1:43:31 | 637 | 1964 |
| 197 | 2238 | Gensior Dr. Matthias | Krefelder Kanu Klub | 1:42:55 | M45 | 651 | 1:43:50 | 651 | 1965 |
| 198 | 2677 | Bachmann Ralf | BSG Team EVAG | 1:43:15 | M45 | 661 | 1:43:54 | 654 | 1962 |
| 199 | 2525 | Schneider Michael | LT Wischlingen | 1:43:16 | M45 | 663 | 1:44:28 | 682 | 1962 |
| 200 | 2545 | Raback Uwe | Lauftreff Weitmarer Holz | 1:43:18 | M45 | 665 | 1:44:30 | 683 | 1966 |
| 201 | 4532 | Ahlert-de Graat Jörg | TSV 1863 Herdecke | 1:43:28 | M45 | 673 | 1:43:49 | 650 | 1964 |
| 202 | 4008 | Becker Martin | Team EhrBec | 1:43:36 | M45 | 683 | 1:44:04 | 662 | 1965 |
| 203 | 3772 | Schorn Ralf | ASC Düsseldorf | 1:43:39 | M45 | 685 | 1:44:17 | 677 | 1964 |
| 204 | 1905 | Schäpers Stefan | Bocholter Flitzpiepen | 1:43:44 | M45 | 689 | 1:45:12 | 722 | 1964 |
| 205 | 2394 | Knepper Michael | Marathon Mülheim | 1:43:44 | M45 | 691 | 1:44:03 | 661 | 1963 |
| 206 | 3893 | Vollmer Martin | *Wuppertal | 1:43:46 | M45 | 696 | 1:44:13 | 670 | 1964 |
| 207 | 4083 | Turnsek Jens | *Korschenbroich | 1:43:47 | M45 | 697 | 1:44:49 | 698 | 1963 |
| 208 | 4151 | Gehrmann Michael | Bocholt | 1:43:49 | M45 | 698 | 1:44:43 | 693 | 1964 |
| 209 | 3582 | Kowanda Stefan | kein | 1:43:55 | M45 | 705 | 1:44:55 | 705 | 1963 |
| 210 | 2407 | Wiartalla Frank | TTC Union Düsseldorf | 1:44:00 | M45 | 708 | 1:44:52 | 703 | 1965 |
| 211 | 4373 | Knurr Ludger | *Korschenbroich | 1:44:01 | M45 | 710 | 1:44:52 | 704 | 1965 |
| 212 | 2635 | Karabulut Erol | LT Lukas | 1:44:04 | M45 | 712 | 1:44:12 | 669 | 1964 |
| 213 | 3763 | Krebs Michael | 226 1/2 2011 | 1:44:05 | M45 | 713 | 1:45:28 | 742 | 1966 |
| 214 | 1693 | Berns Michael | *Neuss | 1:44:09 | M45 | 715 | 1:45:06 | 715 | 1965 |
| 215 | 1882 | Raschewski Dr. Frank | MRG | 1:44:15 | M45 | 724 | 1:45:34 | 748 | 1965 |
| 216 | 3101 | Pohl Hans-Jürgen | E.ON Ruhrgas SG | 1:44:17 | M45 | 727 | 1:45:05 | 713 | 1965 |
| 217 | 4432 | Baade Jörg | *Düsseldorf | 1:44:22 | M45 | 730 | 1:45:54 | 765 | 1965 |
| 218 | 4639 | Malcus Burkhard | Turbo-Schnecken | 1:44:32 | M45 | 740 | 1:45:10 | 721 | 1962 |
| 219 | 5125 | Hoppe Arnold | *Essen | 1:44:34 | M45 | 743 | 1:45:52 | 761 | 1963 |
| 220 | 5126 | Gleißner Jörg | *Moers | 1:44:44 | M45 | 754 | 1:45:58 | 771 | 1965 |
| 221 | 5144 | Ewertz Dirk | *Dinslaken | 1:44:47 | M45 | 756 | 1:45:43 | 751 | 1964 |
| 222 | 3017 | Rüth Jürgen | Triathlon Team Ratingen | 1:44:48 | M45 | 758 | 1:45:08 | 718 | 1964 |
| 223 | 1862 | Rexforth Oliver | Triminators Voerde | 1:44:55 | M45 | 765 | 1:46:16 | 783 | 1966 |
| 224 | 3120 | Kleinfeld Ulrich | BWG-Team Duisburg | 1:45:07 | M45 | 773 | 1:45:55 | 769 | 1963 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 225 | 4425 | Vehres Stefan | *Neuss | 1:45:16 | M45 | 779 | 1:46:03 | 775 | 1966 |
| 226 | 4599 | Neukäter Dr. Winfried | *Wesel | 1:45:18 | M45 | 783 | 1:47:02 | 821 | 1964 |
| 227 | 4442 | Kuhland Oliver | EDEKAGROUP | 1:45:18 | M45 | 784 | 1:45:48 | 754 | 1964 |
| 228 | 4806 | Gensrich Jörg | der vollendete | 1:45:19 | M45 | 785 | 1:45:48 | 753 | 1965 |
| 229 | 2308 | Koerner Stefan | *Ratingen | 1:45:19 | M45 | 786 | 1:46:14 | 781 | 1964 |
| 230 | 3421 | Bohris Oliver | TuS Breitscheid | 1:45:19 | M45 | 787 | 1:45:48 | 755 | 1965 |
| 231 | 4376 | Köller-Timm Thorsten | *Wuppertal | 1:45:20 | M45 | 789 | 1:47:07 | 830 | 1965 |
| 232 | 5178 | Meyer Erich | TSV 1863 Herdecke | 1:45:24 | M45 | 794 | 1:45:46 | 752 | 1963 |
| 233 | 1918 | Siegmund Michael | Die Kanalratten SGZ | 1:45:25 | M45 | 795 | 1:45:54 | 765 | 1965 |
| 234 | 1632 | Pape Peter | Die Kanalratten SGZ | 1:45:25 | M45 | 796 | 1:45:54 | 768 | 1962 |
| 235 | 5003 | Smentoch Michael | *Neukirchen-Vluyn | 1:45:26 | M45 | 798 | 1:46:55 | 814 | 1964 |
| 236 | 4476 | Klefisch Dietmar | *Mülheim/Ruhr | 1:45:27 | M45 | 799 | 1:46:25 | 789 | 1962 |
| 237 | 3982 | Guffler Frank | *Ratingen | 1:45:32 | M45 | 804 | 1:45:59 | 772 | 1965 |
| 238 | 2224 | Moschner Holger | Haubenbär | 1:45:34 | M45 | 805 | 1:47:17 | 839 | 1962 |
| 239 | 2633 | Dikici Cevdet | LT Lukas | 1:45:37 | M45 | 807 | 1:46:08 | 777 | 1962 |
| 240 | 2919 | Antweiler Norbert | LC Duisburg | 1:45:43 | M45 | 811 | 1:45:49 | 757 | 1964 |
| 241 | 4560 | Friede Andreas | after-work-runners.de | 1:45:45 | M45 | 813 | 1:46:00 | 773 | 1963 |
| 242 | 4078 | Beckmanns Ralf | LT Krefeld-Oppum | 1:45:46 | M45 | 814 | 1:47:35 | 843 | 1962 |
| 243 | 2244 | Lichtenberger Frank | *Mülheim | 1:45:56 | M45 | 822 | 1:46:33 | 795 | 1963 |
| 244 | 1846 | Himmel Andreas | *Essen | 1:45:56 | M45 | 824 | 1:47:03 | 823 | 1964 |
| 245 | 2522 | Hinzelmann Uli | Sp.Sch.Raesfeld | 1:46:06 | M45 | 830 | 1:47:24 | 841 | 1964 |
| 246 | 3987 | Stobinski Ralf | LC Duisburg | 1:46:07 | M45 | 831 | 1:48:56 | 909 | 1965 |
| 247 | 2073 | Spreer Christian | LT Berka Stars | 1:46:08 | M45 | 832 | 1:47:21 | 840 | 1964 |
| 248 | 2307 | Miskiw Alexander | *Velbert | 1:46:15 | M45 | 837 | 1:47:06 | 827 | 1966 |
| 249 | 3264 | Trautmann Stefan | Vodafone Runners | 1:46:23 | M45 | 840 | 1:48:02 | 866 | 1966 |
| 250 | 4215 | Grelle Wolfgang | *Mülheim | 1:46:24 | M45 | 843 | 1:48:01 | 865 | 1966 |
| 251 | 2035 | Braukmann Lutz | *Mülheim | 1:46:25 | M45 | 844 | 1:46:58 | 818 | 1965 |
| 252 | 2189 | Jendral Holger | *Herten | 1:46:28 | M45 | 848 | 1:48:27 | 887 | 1962 |
| 253 | 4257 | Gall Jens | Triathlon Team Ratingen | 1:46:28 | M45 | 849 | 1:47:49 | 855 | 1966 |
| 254 | 5415 | Strube Ralf | activefirst | 1:46:35 | M45 | 853 | 1:47:17 | 838 | 1965 |
| 255 | 3844 | Ingenhoven Kai | Die Neuzeit hat begonnen | 1:46:36 | M45 | 854 | 1:48:06 | 871 | 1964 |
| 256 | 2261 | Hellwig-Meller Jürgen | Dreckschüppengesichter | 1:46:49 | M45 | 861 | 1:47:04 | 824 | 1965 |
| 257 | 2702 | Hillig Harald | Wiesnasen-mara-tonis | 1:46:58 | M45 | 866 | 1:47:46 | 849 | 1963 |
| 258 | 4147 | Schwan Reimund | *Moers | 1:46:58 | M45 | 867 | 1:47:17 | 837 | 1964 |
| 259 | 5153 | Berger Peter | Qualtours | 1:47:05 | M45 | 873 | 1:48:19 | 880 | 1963 |
| 260 | 2297 | Biegel Dirk | Lauftiger | 1:47:06 | M45 | 875 | 1:47:43 | 847 | 1965 |
| 261 | 3063 | Hentschel Bruno | *Langenfeld | 1:47:08 | M45 | 876 | 1:48:30 | 889 | 1962 |
| 262 | 3732 | Krstinc Joachim | *Dinslaken | 1:47:09 | M45 | 879 | 1:49:25 | 936 | 1966 |
| 263 | 5221 | Chmielewski Roland | Triathlon Team Ratingen | 1:47:14 | M45 | 881 | 1:49:21 | 930 | 1966 |
| 264 | 5258 | Laufs Stephan | LT Metzkausen | 1:47:15 | M45 | 884 | 1:49:12 | 918 | 1966 |
| 265 | 2514 | Hüsken Dirk | Die Kanalratten SGZ | 1:47:21 | M45 | 889 | 1:47:50 | 856 | 1964 |
| 266 | 4087 | Molitor Ralf | *Oberhausen | 1:47:39 | M45 | 907 | 1:50:37 | 1004 | 1963 |
| 267 | 3393 | Stach Gerald | AS Neukirchen-Vluyn | 1:47:44 | M45 | 911 | 1:49:25 | 937 | 1965 |
| 268 | 2772 | Schrader Michael | *Mülheim an der Ruhr | 1:47:47 | M45 | 913 | 1:48:48 | 902 | 1966 |
| 269 | 1885 | Meller Jens | www.radiergummiliga.de | 1:47:50 | M45 | 917 | 1:48:53 | 906 | 1965 |
| 270 | 1689 | Kretschmann Guido | Fun Runner VfL Gladbeck | 1:47:50 | M45 | 919 | 1:48:54 | 907 | 1966 |
| 271 | 4863 | Kokoras Lazaros | *Düsseldorf | 1:47:51 | M45 | 920 | 1:49:22 | 931 | 1966 |
| 272 | 2577 | Hugemann Frank | SC Bayer 05 Uerdingen | 1:47:54 | M45 | 922 | 1:49:57 | 964 | 1962 |
| 273 | 1819 | Stegger Ulrich | SG Borken | 1:47:57 | M45 | 926 | 1:49:13 | 919 | 1966 |
| 274 | 2098 | Degener Stefan | Tus Breitscheid Tennis | 1:47:57 | M45 | 927 | 1:49:04 | 915 | 1964 |
| 275 | 3132 | Bendixen Thomas | *Duisburg | 1:48:07 | M45 | 935 | 1:48:54 | 908 | 1962 |
| 276 | 3993 | Preuß Uwe | *Castrop-Rauxel | 1:48:13 | M45 | 938 | 1:50:35 | 1001 | 1966 |
| 277 | 4380 | Kesselhut Frank | vereinslos | 1:48:14 | M45 | 939 | 1:48:44 | 896 | 1964 |
| 278 | 5115 | Kulke Reinhard | Adler-Langlauf Bottrop | 1:48:22 | M45 | 952 | 1:49:13 | 925 | 1964 |
| 279 | 2178 | Mierswa Thomas | RWW-Running-Team | 1:48:23 | M45 | 954 | 1:49:47 | 953 | 1965 |
| 280 | 4496 | Aßhauer Michael | LT BAMP Herne | 1:48:25 | M45 | 956 | 1:50:35 | 1000 | 1965 |



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|--------------------------------|------|-------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 281 | 4493 | Neuwirth Frank | LT BAMP Herne | 1:48:26 | M45 | 959 | 1:50:35 | 1002 | 1962 |
| 282 | 2939 | Göbel Karsten | HELIOS IRON TEAM | 1:48:29 | M45 | 963 | 1:50:05 | 974 | 1962 |
| 283 | 2123 | Schmengler Stephan | SV Budberg Lauffreunde | 1:48:32 | M45 | 964 | 1:50:01 | 970 | 1964 |
| 284 | 3642 | Gumz Ingo | Rumelner TV | 1:48:33 | M45 | 965 | 1:49:59 | 966 | 1963 |
| 285 | 2865 | Oppermann Thomas | Spaßläufer Rosellerheide | 1:48:37 | M45 | 966 | 1:49:34 | 944 | 1965 |
| 286 | 3541 | Unger Armin | *Oberhausen | 1:48:38 | M45 | 968 | 1:50:27 | 994 | 1962 |
| 287 | 5341 | Kohn Stefan | *Duisburg | 1:48:38 | M45 | 969 | 1:49:59 | 967 | 1964 |
| 288 | 3685 | Krüger Andreas | SG Deutsche Bank | 1:48:45 | M45 | 975 | 1:49:30 | 939 | 1964 |
| 289 | 3557 | Börmann Andreas Josef | Immeo Wönnen Service | 1:48:46 | M45 | 977 | 1:51:19 | 1036 | 1962 |
| 290 | 3014 | Feykes Carsten | *Duisburg | 1:48:50 | M45 | 979 | 1:49:17 | 928 | 1964 |
| 291 | 3186 | Rosso Andrea | Vodafone Runners | 1:48:53 | M45 | 982 | 1:51:20 | 1037 | 1965 |
| 292 | 5326 | Van Lochem Gorg | OSM Runners | 1:48:55 | M45 | 985 | 1:50:21 | 992 | 1962 |
| 293 | 3324 | Beekmans Uwe | LG COESFELD | 1:48:59 | M45 | 988 | 1:49:36 | 947 | 1963 |
| 294 | 4836 | Schwalbach Peter | BSG-DVG | 1:49:02 | M45 | 991 | 1:49:55 | 961 | 1966 |
| 295 | 3130 | Peters Ralf | BSG DVG e.V. | 1:49:02 | M45 | 992 | 1:49:55 | 962 | 1965 |
| 296 | 2863 | Lüdtke Karsten | SV Budberg | 1:49:05 | M45 | 999 | 1:49:13 | 920 | 1964 |
| 297 | 2124 | Paul Thomas | SV Budberg Lauffreunde | 1:49:07 | M45 | 1002 | 1:50:36 | 1003 | 1966 |
| 298 | 5204 | Schlüssel Peter | *Rheinberg | 1:49:10 | M45 | 1003 | 1:50:51 | 1014 | 1966 |
| 299 | 4533 | Paleit Christof | TSV 1863 Herdecke | 1:49:11 | M45 | 1004 | 1:49:31 | 943 | 1963 |
| 300 | 5182 | Van Holt Ludger | Die Holdies | 1:49:11 | M45 | 1005 | 1:50:51 | 1015 | 1962 |
| 301 | 5031 | Hetzel Markus | *Duisburg | 1:49:22 | M45 | 1009 | 1:50:17 | 990 | 1966 |
| 302 | 4996 | Von Hagen Andreas | DJK Tus Rotthausen | 1:49:23 | M45 | 1011 | 1:51:24 | 1041 | 1964 |
| 303 | 4818 | Kollenberg Frank | *Oberhausen | 1:49:25 | M45 | 1012 | 1:50:05 | 976 | 1963 |
| 304 | 3125 | Plicht Werner | wider dem Schweinehund | 1:49:44 | M45 | 1023 | 1:51:55 | 1068 | 1965 |
| 305 | 5418 | Tosch Frank | activefirst | 1:49:46 | M45 | 1026 | 1:50:00 | 968 | 1966 |
| 306 | 3032 | Sobczak Martin | Adler-Langlauf Bottrop | 1:49:51 | M45 | 1029 | 1:50:44 | 1007 | 1962 |
| 307 | 3870 | Komor Jean-Paul | LC Duisburg | 1:49:52 | M45 | 1031 | 1:51:18 | 1034 | 1964 |
| 308 | 3628 | Licata Antonio | Dudel-Runner | 1:49:59 | M45 | 1041 | 1:51:20 | 1039 | 1966 |
| 309 | 1981 | Bangert Thomas | SG DORMA | 1:50:21 | M45 | 1056 | 1:51:43 | 1060 | 1966 |
| 310 | 4759 | Weeske Günter | LT Lustige Schleicher | 1:50:28 | M45 | 1060 | 1:51:02 | 1023 | 1964 |
| 311 | 4414 | Höner Christian | Running Bad Homberg | 1:50:40 | M45 | 1070 | 1:52:18 | 1085 | 1965 |
| 312 | 3911 | Koslowsky Andreas | Grün Weiss Ratingen | 1:50:42 | M45 | 1073 | 1:51:25 | 1043 | 1962 |
| 313 | 4404 | Weier Ralf | TV Uffort-Eick | 1:50:43 | M45 | 1074 | 1:51:40 | 1056 | 1963 |
| 314 | 2329 | Schoofs Holger | Obrighoven | 1:50:50 | M45 | 1080 | 1:53:15 | 1129 | 1963 |
| 315 | 3872 | Schmitz Jörg Johann | Diakonie Michaelshoven | 1:51:12 | M45 | 1103 | 1:52:39 | 1104 | 1966 |
| 316 | 5099 | Spengler Georg | TVE Burgaltendorf | 1:51:14 | M45 | 1107 | 1:53:27 | 1141 | 1964 |
| 317 | 5103 | Nagel Christian | TVE Burgaltendorf | 1:51:19 | M45 | 1111 | 1:52:16 | 1080 | 1965 |
| 318 | 2813 | Kaczmarek Christian | *Recklinghausen | 1:51:23 | M45 | 1113 | 1:52:47 | 1112 | 1965 |
| 319 | 5104 | Reimann Christopher | TVE Burgaltendorf | 1:51:25 | M45 | 1115 | 1:53:39 | 1150 | 1963 |
| 320 | 5304 | Orths Clemens | *Duisburg | 1:51:27 | M45 | 1117 | 1:53:05 | 1123 | 1964 |
| 321 | 4649 | Hohl Jürgen | Huckinger Marathonis | 1:51:28 | M45 | 1118 | 1:51:59 | 1071 | 1963 |
| 322 | 3639 | Lohmann Dirk | *Oberhausen | 1:51:29 | M45 | 1120 | 1:53:20 | 1134 | 1966 |
| 323 | 4779 | Bosse Paul | Lauffreunde HADI Wesel | 1:51:50 | M45 | 1133 | 1:52:34 | 1098 | 1964 |
| 324 | 3954 | Pachura Frank | BSG Sparkasse Duisburg | 1:52:02 | M45 | 1142 | 1:54:48 | 1216 | 1963 |
| 325 | 2882 | Sindelar Peter | Laufftreff Uni Duisburg | 1:52:04 | M45 | 1144 | 1:53:20 | 1134 | 1966 |
| 326 | 2397 | Artmann Oliver | *Düsseldorf | 1:52:09 | M45 | 1146 | 1:54:34 | 1198 | 1962 |
| 327 | 3923 | Löw Dennis | *Düsseldorf | 1:52:11 | M45 | 1147 | 1:53:14 | 1127 | 1962 |
| 328 | 3823 | Braumann Ulrich | DJK Tus Rotthausen | 1:52:13 | M45 | 1149 | 1:53:52 | 1164 | 1966 |
| 329 | 3573 | Jansen Georg | *Ratingen | 1:52:18 | M45 | 1156 | 1:54:46 | 1211 | 1965 |
| 330 | 4912 | Kaffsach Peter | Billmann Brothers | 1:52:20 | M45 | 1158 | 1:54:40 | 1203 | 1966 |
| 331 | 2176 | Beckord Jürgen | RWW-Running-Team | 1:52:22 | M45 | 1160 | 1:53:47 | 1160 | 1962 |
| 332 | 2823 | Thomaschewski Dr. Frank | *Duisburg | 1:52:34 | M45 | 1165 | 1:54:11 | 1179 | 1962 |
| 333 | 3960 | Trede Volker | www.dinmedic.de | 1:52:38 | M45 | 1170 | 1:54:34 | 1195 | 1962 |
| 334 | 2077 | Speh Oliver | Jogmap Ruhr | 1:52:43 | M45 | 1176 | 1:54:26 | 1190 | 1962 |
| 335 | 3787 | Strate Andreas | Triathlon TEAM TG | 1:52:47 | M45 | 1183 | 1:53:21 | 1137 | 1965 |
| 336 | 2721 | Grunwald Klaus | Rapid Ramirez | 1:52:47 | M45 | 1185 | 1:54:43 | 1205 | 1963 |



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|--------------------------------|------|------------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 337 | 2008 | Kraus Reiner | *Meerbusch | 1:52:47 | M45 | 1187 | 1:53:43 | 1153 | 1963 |
| 338 | 5312 | Hoffbauer Reinhold | *Düsseldorf | 1:52:55 | M45 | 1194 | 1:54:35 | 1199 | 1966 |
| 339 | 2982 | Schüring Norbert | RUHR-TECHNIK | 1:52:59 | M45 | 1198 | 1:54:22 | 1186 | 1962 |
| 340 | 3384 | Ruthmann Jens | AS Neukirchen-Vluyn | 1:53:13 | M45 | 1210 | 1:54:59 | 1223 | 1964 |
| 341 | 5040 | Jammer Stefan | TRlandertaler | 1:53:17 | M45 | 1214 | 1:54:41 | 1204 | 1965 |
| 342 | 2440 | Juschka Axel | *Duisburg | 1:53:28 | M45 | 1228 | 1:55:57 | 1276 | 1963 |
| 343 | 4543 | Kopp Hans-Juergen | *Duisburg | 1:53:29 | M45 | 1229 | 1:54:48 | 1217 | 1964 |
| 344 | 1686 | Glasenapp Micha | Berkastars Rheinberg | 1:53:37 | M45 | 1238 | 1:55:19 | 1238 | 1964 |
| 345 | 2756 | Seifert Martin | *ratingen | 1:53:40 | M45 | 1240 | 1:55:01 | 1225 | 1966 |
| 346 | 2393 | Müller Thomas | privat | 1:53:42 | M45 | 1241 | 1:56:13 | 1286 | 1965 |
| 347 | 4336 | Bobzin Pierre | *Essen | 1:53:44 | M45 | 1243 | 1:55:34 | 1254 | 1965 |
| 348 | 4549 | Höhnen Thorsten | LT Berka Stars | 1:53:48 | M45 | 1246 | 1:55:35 | 1256 | 1965 |
| 349 | 1561 | Kreuzenbeck Volker | *Essen | 1:53:48 | M45 | 1247 | 1:55:56 | 1273 | 1963 |
| 350 | 1579 | Brockhausen Christian | Triabolos Triathlon | 1:53:49 | M45 | 1249 | 1:55:27 | 1247 | 1965 |
| 351 | 4232 | Jakobs Daniel | *Oberhausen | 1:53:58 | M45 | 1255 | 1:55:29 | 1251 | 1965 |
| 352 | 4072 | Nemeth Prof. Dr. Peter | Trinksportfreunde | 1:53:59 | M45 | 1257 | 1:56:14 | 1287 | 1963 |
| 353 | 2638 | Suckau Jürgen | BSG Barmenia | 1:54:03 | M45 | 1263 | 1:55:23 | 1242 | 1964 |
| 354 | 1514 | Krayer Bernd | TuS Breitscheid | 1:54:06 | M45 | 1266 | 1:54:48 | 1214 | 1962 |
| 355 | 3736 | Rohr Claus | Marathon Mülheim | 1:54:06 | M45 | 1268 | 1:54:30 | 1193 | 1964 |
| 356 | 3400 | Wolters Jörg | AS Neukirchen-Vluyn | 1:54:15 | M45 | 1278 | 1:56:00 | 1277 | 1963 |
| 357 | 4896 | Heiles Frank | *Mülheim / Ruhr | 1:54:17 | M45 | 1279 | 1:55:45 | 1262 | 1966 |
| 358 | 3035 | Schlingemann Christian | GV Waltrop | 1:54:28 | M45 | 1282 | 1:56:35 | 1295 | 1965 |
| 359 | 4889 | Fieseler Andreas | *Wuppertal | 1:54:28 | M45 | 1283 | 1:56:08 | 1283 | 1963 |
| 360 | 5122 | Von der Fecht Wolf | *Kaarst | 1:54:34 | M45 | 1287 | 1:57:38 | 1337 | 1966 |
| 361 | 4559 | Olschok Hartmut | BSC Emmerich | 1:54:38 | M45 | 1289 | 1:56:28 | 1292 | 1962 |
| 362 | 5443 | Nühlen Markus | *Münster | 1:54:39 | M45 | 1291 | 1:56:36 | 1297 | 1963 |
| 363 | 3863 | Schlingemann Thomas | *Papenburg | 1:54:54 | M45 | 1300 | 1:57:02 | 1314 | 1966 |
| 364 | 3999 | Steffens Dirk | ASC Düsseldorf | 1:55:08 | M45 | 1310 | 1:56:14 | 1288 | 1962 |
| 365 | 1652 | Heider Thomas | *LANGENFELD | 1:55:28 | M45 | 1319 | 1:56:52 | 1307 | 1966 |
| 366 | 3105 | Schmah Andreas | E.ON Ruhrgas SG | 1:55:33 | M45 | 1324 | 1:57:57 | 1358 | 1963 |
| 367 | 2926 | Ruhland Alois | *Wülfrath | 1:55:34 | M45 | 1327 | 1:57:44 | 1347 | 1962 |
| 368 | 2327 | Kaesberg Hans | *Nordhofen | 1:55:34 | M45 | 1329 | 1:57:29 | 1332 | 1966 |
| 369 | 3538 | Mikolasch Christoph | TRC Essen 84 | 1:55:36 | M45 | 1331 | 1:57:48 | 1350 | 1963 |
| 370 | 4056 | Bleich Frank | *Düsseldorf | 1:55:38 | M45 | 1333 | 1:57:20 | 1325 | 1966 |
| 371 | 3769 | Wilkens Rolf | *Bochum | 1:55:41 | M45 | 1336 | 1:57:42 | 1344 | 1962 |
| 372 | 4430 | Eckert Paul | Team Interrail Klatovy | 1:55:49 | M45 | 1340 | 1:57:24 | 1327 | 1964 |
| 373 | 2699 | Türkoglu Veysel | BSG Team EVAG | 1:55:54 | M45 | 1344 | 1:56:34 | 1294 | 1965 |
| 374 | 3168 | Markus Christian | Vodafone Runners | 1:56:03 | M45 | 1352 | 1:58:15 | 1368 | 1964 |
| 375 | 2194 | Klug Andreas | Running Dinslaken | 1:56:10 | M45 | 1354 | 1:57:58 | 1359 | 1965 |
| 376 | 4326 | Collenburg Ralf | *Mülheim | 1:56:12 | M45 | 1355 | 1:57:11 | 1321 | 1965 |
| 377 | 5083 | Heming Reinhold | Ausdauererschule by | 1:56:21 | M45 | 1362 | 1:58:01 | 1361 | 1964 |
| 378 | 4348 | Dorow Ulrich | Only For Me | 1:56:21 | M45 | 1363 | 1:57:51 | 1355 | 1964 |
| 379 | 1531 | Kueppers Anton | *Krefeld | 1:56:28 | M45 | 1369 | 1:58:41 | 1380 | 1963 |
| 380 | 2656 | Klingspor Frank | ERG Iserlohn | 1:56:30 | M45 | 1370 | 1:58:46 | 1389 | 1964 |
| 381 | 2889 | Arend Detlef | *duisburg | 1:56:37 | M45 | 1373 | 1:58:08 | 1364 | 1962 |
| 382 | 3567 | Scheibenzuber Werner | Team 62 Runners | 1:56:43 | M45 | 1377 | 1:58:16 | 1369 | 1963 |
| 383 | 4948 | Nieszeri-Adam Helmut | RE Schwelm | 1:56:45 | M45 | 1382 | 1:58:44 | 1384 | 1962 |
| 384 | 5190 | Ibrahim Erich | *Duisburg | 1:56:46 | M45 | 1383 | 1:57:27 | 1329 | 1963 |
| 385 | 4692 | Berger Uwe | Triathlon TEAM TG | 1:56:47 | M45 | 1384 | 1:59:01 | 1398 | 1962 |
| 386 | 3665 | Delhaes Dr. Carsten | *Issum | 1:56:50 | M45 | 1388 | 1:59:13 | 1411 | 1962 |
| 387 | 3283 | Roth Holger | BSG Stadtwerke | 1:57:00 | M45 | 1394 | 1:58:44 | 1383 | 1966 |
| 388 | 3977 | Tobies Michael | *Düsseldorf | 1:57:02 | M45 | 1397 | 2:00:09 | 1462 | 1966 |
| 389 | 5195 | Gronski-Schaefer Uwe | Laufende Geometer | 1:57:03 | M45 | 1399 | 1:59:34 | 1436 | 1965 |
| 390 | 3830 | Hausmann Peter | LC Duisburg | 1:57:09 | M45 | 1402 | 1:58:46 | 1388 | 1966 |
| 391 | 4697 | Bramorski Wolfgang | *Mülheim an der Ruhr | 1:57:22 | M45 | 1418 | 1:59:14 | 1412 | 1962 |
| 392 | 3774 | Friesen Gerd | SG Hart am Limit | 1:57:24 | M45 | 1420 | 1:59:17 | 1415 | 1966 |



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| Altersklasse Männer M45 | | | | | | | | | |
| 393 | 3519 | Gunia Michael | Renntiere | 1:57:27 | M45 | 1423 | 2:00:08 | 1461 | 1962 |
| 394 | 1922 | Reckert Thomas | *Willich | 1:57:30 | M45 | 1425 | 1:59:15 | 1414 | 1965 |
| 395 | 1768 | Peters Udo | *Mülheim | 1:57:30 | M45 | 1426 | 2:00:06 | 1458 | 1962 |
| 396 | 3226 | Holtmanns Thomas | Vodafone Runners | 1:57:31 | M45 | 1428 | 1:59:18 | 1416 | 1966 |
| 397 | 2617 | Spiekermann Andreas | SuS Bertlich | 1:57:41 | M45 | 1432 | 1:59:40 | 1441 | 1962 |
| 398 | 2426 | Schnitzler Chris | Düsseldorf Panther | 1:57:42 | M45 | 1433 | 1:59:42 | 1442 | 1962 |
| 399 | 4764 | Wilms Peter | *Duisburg | 1:57:49 | M45 | 1438 | 1:59:44 | 1445 | 1964 |
| 400 | 2264 | Wimschulte Dirk | Dreckschüppengesichter | 1:57:54 | M45 | 1441 | 2:00:40 | 1479 | 1963 |
| 401 | 4781 | Banik Stefan | *Langerwehe | 1:57:55 | M45 | 1444 | 2:00:00 | 1453 | 1965 |
| 402 | 4505 | Wucherpfeffennig Jan | Freie Schwimmer | 1:57:55 | M45 | 1445 | 1:59:26 | 1423 | 1965 |
| 403 | 2061 | Heymig Michael | Arthrosen-Lauf-Club | 1:58:00 | M45 | 1448 | 1:58:50 | 1391 | 1965 |
| 404 | 5279 | David Fabian | *Dortmund | 1:58:02 | M45 | 1449 | 2:00:14 | 1467 | 1966 |
| 405 | 5277 | Voigt Dr. Michael | *Hilden | 1:58:03 | M45 | 1452 | 2:00:24 | 1473 | 1964 |
| 406 | 4316 | Achsel Thomas | Team InterRail Klatovy | 1:58:13 | M45 | 1460 | 1:59:48 | 1447 | 1963 |
| 407 | 4492 | Dieckmeyer Torsten | *Kempen | 1:58:20 | M45 | 1464 | 2:00:47 | 1485 | 1962 |
| 408 | 3438 | Weiner Thomas | TuS Breitscheid | 1:58:25 | M45 | 1469 | 1:58:43 | 1382 | 1965 |
| 409 | 5319 | Schill Christoph | Team Erdinger Alkoholfrei | 1:58:25 | M45 | 1470 | 2:01:12 | 1500 | 1966 |
| 410 | 1501 | Schäfer Hagen | AlBerHa Runners | 1:58:26 | M45 | 1471 | 1:59:47 | 1446 | 1964 |
| 411 | 4825 | Lehmann Jörg | *Mülheim-Ruhr | 1:58:33 | M45 | 1473 | 2:01:27 | 1514 | 1964 |
| 412 | 4453 | Sinell Jörg | *Monheim am Rhein | 1:58:33 | M45 | 1475 | 2:01:21 | 1510 | 1965 |
| 413 | 2352 | Reese Frank | Moerser TV | 1:58:39 | M45 | 1480 | 2:01:06 | 1497 | 1965 |
| 414 | 3543 | Preilowski Peter | FC Schalke 04 | 1:58:39 | M45 | 1481 | 2:01:23 | 1511 | 1963 |
| 415 | 2584 | Klein Michael | *Kempen | 1:58:43 | M45 | 1484 | 2:01:33 | 1522 | 1962 |
| 416 | 2644 | Kiveris Joerg | Arthrosen-Lauf-Club | 1:58:50 | M45 | 1487 | 1:59:40 | 1440 | 1965 |
| 417 | 4472 | Erben Markus | ART Düsseldorf | 1:58:58 | M45 | 1497 | 2:01:31 | 1519 | 1963 |
| 418 | 2374 | Billen Thomas | *Duisburg | 1:58:59 | M45 | 1498 | 2:00:41 | 1481 | 1963 |
| 419 | 2609 | Witt-Lock Manfred | SV Bayer 08 Uerdingen | 1:59:09 | M45 | 1502 | 2:01:12 | 1502 | 1962 |
| 420 | 2719 | Coban Artur | TriClub Wuppertal | 1:59:16 | M45 | 1505 | 2:01:10 | 1498 | 1964 |
| 421 | 4887 | Hartung Harry | BTS | 1:59:17 | M45 | 1508 | 2:00:22 | 1472 | 1965 |
| 422 | 1897 | Schlüter Markus | RBG Dortmund | 1:59:21 | M45 | 1510 | 2:01:52 | 1530 | 1966 |
| 423 | 1640 | Wachsmann Georg | *Gladbeck | 1:59:21 | M45 | 1511 | 2:01:59 | 1535 | 1965 |
| 424 | 4574 | Spichalsky Kai | *Willich | 1:59:23 | M45 | 1514 | 2:02:07 | 1540 | 1965 |
| 425 | 3354 | Fabri Markus | AS Neukirchen-Vluyn | 1:59:45 | M45 | 1533 | 2:01:54 | 1533 | 1966 |
| 426 | 3972 | Lorkowski Peter | Die blauen Bengel | 1:59:57 | M45 | 1539 | 2:00:59 | 1493 | 1963 |
| 427 | 2343 | Graw Joachim | *Sprockhövel | 2:00:01 | M45 | 1540 | 2:02:15 | 1550 | 1965 |
| 428 | 5069 | Haase Thomas | *Düsseldorf | 2:00:07 | M45 | 1545 | 2:02:34 | 1562 | 1966 |
| 429 | 3110 | Siedlaczek Gerald | E.ON Ruhrgas SG | 2:00:12 | M45 | 1549 | 2:02:15 | 1551 | 1963 |
| 430 | 4981 | Seemann Ulf | *Duisburg | 2:00:13 | M45 | 1551 | 2:01:49 | 1528 | 1964 |
| 431 | 4359 | Stegmann Ralph | Ballettschule Müller | 2:00:15 | M45 | 1553 | 2:01:24 | 1512 | 1966 |
| 432 | 4995 | Schlinkmann Volker | *Duisburg | 2:00:34 | M45 | 1563 | 2:02:17 | 1552 | 1966 |
| 433 | 2217 | Wichelhaus Hans-Jürgen | AJAX AMSTERDAM | 2:01:04 | M45 | 1574 | 2:03:18 | 1587 | 1963 |
| 434 | 3679 | Paffendorf Uwe | LC Duisburg | 2:01:04 | M45 | 1575 | 2:02:40 | 1564 | 1963 |
| 435 | 2425 | Ludwig Peter | Elsterland Runners | 2:01:35 | M45 | 1589 | 2:02:42 | 1566 | 1966 |
| 436 | 5439 | Diek Martin | Holding Pro Homine | 2:01:39 | M45 | 1591 | 2:02:47 | 1570 | 1965 |
| 437 | 4974 | Clever Klaus | Freiläufer | 2:01:42 | M45 | 1592 | 2:02:48 | 1571 | 1964 |
| 438 | 3294 | Kannegieter Andreas | BSG Stadtwerke | 2:01:51 | M45 | 1596 | 2:03:35 | 1591 | 1966 |
| 439 | 5066 | Nett Thomas | *Bottrop | 2:01:59 | M45 | 1598 | 2:04:30 | 1606 | 1965 |
| 440 | 2604 | Lehnen Ingo | OSC Rheinhausen | 2:02:16 | M45 | 1605 | 2:05:03 | 1620 | 1962 |
| 441 | 4844 | Bergup Wolfgang | SF Nordvelen | 2:02:22 | M45 | 1608 | 2:05:13 | 1623 | 1963 |
| 442 | 1542 | Cyrol Josef | LC Duisburg | 2:02:25 | M45 | 1611 | 2:04:42 | 1609 | 1962 |
| 443 | 3372 | Mannek Michael | AS Neukirchen-Vluyn | 2:02:39 | M45 | 1615 | 2:05:22 | 1627 | 1965 |
| 444 | 3761 | Ruiters Volker | TuS Hamborn-Neumühl | 2:02:46 | M45 | 1617 | 2:04:28 | 1604 | 1964 |
| 445 | 3286 | Brands Martin | BSG Stadtwerke | 2:03:05 | M45 | 1624 | 2:05:54 | 1643 | 1963 |
| 446 | 2018 | Neugärtner Oliver | *Moers | 2:03:07 | M45 | 1625 | 2:04:49 | 1612 | 1964 |
| 447 | 4928 | Hiss Dr. Florian | *Mülheim | 2:03:21 | M45 | 1633 | 2:05:53 | 1642 | 1965 |
| 448 | 4922 | Broschk Jürgen | *Gelsenkirchen | 2:03:49 | M45 | 1643 | 2:06:42 | 1659 | 1965 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 449 | 2062 | Süßenbach Siegfried | LG RWE Power | 2:04:12 | M45 | 1656 | 2:07:00 | 1670 | 1962 |
| 450 | 3915 | Klindt Carsten | Fun-Skater Krefeld | 2:04:25 | M45 | 1660 | 2:07:05 | 1672 | 1965 |
| 451 | 2816 | Schuhmacher Volker | *Duisburg | 2:04:50 | M45 | 1665 | 2:07:46 | 1689 | 1964 |
| 452 | 2727 | Matschulat Jürgen | *Duisburg | 2:04:53 | M45 | 1666 | 2:06:52 | 1663 | 1962 |
| 453 | 1525 | Frauenrath Frank | Team Erdinger Alkoholfrei | 2:04:54 | M45 | 1668 | 2:07:32 | 1681 | 1966 |
| 454 | 2953 | Toebe Volker | *Duisburg | 2:04:54 | M45 | 1669 | 2:07:47 | 1690 | 1966 |
| 455 | 3889 | Thaler Stefan | *Essen | 2:04:59 | M45 | 1671 | 2:05:47 | 1636 | 1966 |
| 456 | 4945 | Renn Holger | LG Hünxe | 2:05:01 | M45 | 1674 | 2:07:26 | 1677 | 1964 |
| 457 | 3275 | Simon Frank | SG Stern Wupp.Sol.Re | 2:05:01 | M45 | 1676 | 2:07:38 | 1687 | 1964 |
| 458 | 2169 | Specht Bruno | *Krefeld | 2:05:36 | M45 | 1691 | 2:07:31 | 1678 | 1962 |
| 459 | 2512 | Kremer Detlef | TV 1910 Hemmerden | 2:05:37 | M45 | 1694 | 2:07:23 | 1675 | 1964 |
| 460 | 3968 | Jahnke Udo | *Mettmann | 2:06:09 | M45 | 1704 | 2:08:21 | 1704 | 1963 |
| 461 | 2187 | Godesar Achim | Immeo Wohnen Service | 2:06:10 | M45 | 1705 | 2:07:51 | 1691 | 1964 |
| 462 | 5677 | Steeg Wolfgang | TC Kray 1892 e.V. | 2:06:15 | M45 | 1707 | 2:07:35 | 1683 | 1966 |
| 463 | 4984 | Strunk Holger | *Essen | 2:06:42 | M45 | 1714 | 2:09:50 | 1726 | 1965 |
| 464 | 1758 | Eggert Wolfgang | *Haan | 2:07:02 | M45 | 1715 | 2:09:15 | 1717 | 1962 |
| 465 | 2210 | Hengst Ralph | *Mülheim Ruhr | 2:07:40 | M45 | 1730 | 2:09:56 | 1727 | 1966 |
| 466 | 1901 | Tristram Uwe | Marientreff | 2:07:50 | M45 | 1731 | 2:10:46 | 1743 | 1963 |
| 467 | 1805 | Maas Oliver | Arminenexpress | 2:07:57 | M45 | 1734 | 2:10:30 | 1738 | 1966 |
| 468 | 4904 | Daniel Ralf | Masters Gym | 2:08:13 | M45 | 1740 | 2:09:47 | 1725 | 1964 |
| 469 | 4103 | Villano Alfonso | Marathonteam-Ratingen | 2:08:26 | M45 | 1743 | 2:09:59 | 1728 | 1964 |
| 470 | 2980 | Wehrmann Jörg | RUHR-TECHNIK | 2:08:28 | M45 | 1744 | 2:10:06 | 1731 | 1966 |
| 471 | 5141 | Hüggenberg Detlef | SV Concordia Ossenberg | 2:08:50 | M45 | 1755 | 2:11:59 | 1766 | 1963 |
| 472 | 4933 | Krause Ralf | *Kamp-Lintfort | 2:08:52 | M45 | 1757 | 2:11:55 | 1764 | 1965 |
| 473 | 4823 | Jung Michael | *Duisburg | 2:09:03 | M45 | 1758 | 2:11:24 | 1753 | 1964 |
| 474 | 4186 | Waclawczyk Heinrich | *Kamp-Lintfort | 2:09:15 | M45 | 1761 | 2:12:03 | 1767 | 1964 |
| 475 | 3729 | Schultz Ingo | *rheurd | 2:09:17 | M45 | 1762 | 2:12:08 | 1768 | 1965 |
| 476 | 4391 | Epding Axel | *Duisburg | 2:09:22 | M45 | 1763 | 2:11:46 | 1762 | 1963 |
| 477 | 3687 | Neven Georg | AlBerHa Runners | 2:09:37 | M45 | 1766 | 2:12:15 | 1771 | 1966 |
| 478 | 5015 | Mehlig Bernd | Die Mehligs | 2:09:40 | M45 | 1767 | 2:12:17 | 1773 | 1966 |
| 479 | 5321 | Böddeker Christof | *Essen | 2:09:45 | M45 | 1769 | 2:11:39 | 1757 | 1965 |
| 480 | 2894 | Eggemann Dirk | *Gelsenkirchen | 2:09:47 | M45 | 1771 | 2:12:39 | 1775 | 1963 |
| 481 | 2700 | Tenbrink Michael | *Bocholt | 2:10:19 | M45 | 1777 | 2:13:27 | 1785 | 1966 |
| 482 | 4940 | Hütten Volker | *Moers | 2:10:26 | M45 | 1780 | 2:13:28 | 1786 | 1964 |
| 483 | 4438 | Escher Christoph | Marathonteam-Ratingen | 2:10:57 | M45 | 1783 | 2:12:47 | 1779 | 1966 |
| 484 | 1804 | Moll Rainer | *Krefeld | 2:10:57 | M45 | 1784 | 2:13:58 | 1793 | 1964 |
| 485 | 1868 | Brunnabend Boris | *Meerbusch | 2:11:00 | M45 | 1785 | 2:14:00 | 1795 | 1966 |
| 486 | 1566 | Rucktäschel Uwe | Rennschnecken Delux | 2:11:01 | M45 | 1787 | 2:14:02 | 1796 | 1964 |
| 487 | 4032 | Strerath Dirk | Running Gig | 2:11:15 | M45 | 1791 | 2:14:12 | 1802 | 1962 |
| 488 | 3508 | Listmann Ingo | *Düsseldorf | 2:11:20 | M45 | 1794 | 2:13:55 | 1792 | 1966 |
| 489 | 3542 | Kunze Oliver | LT Düsseldorf Süd | 2:11:43 | M45 | 1801 | 2:14:32 | 1806 | 1966 |
| 490 | 1761 | Baumgarten Stephan | *Duisburg | 2:11:50 | M45 | 1802 | 2:13:06 | 1781 | 1965 |
| 491 | 5269 | Kleinen Torsten | *Duisburg | 2:11:53 | M45 | 1803 | 2:14:55 | 1816 | 1965 |
| 492 | 4862 | Huth Thorsten | LC Duisburg | 2:11:56 | M45 | 1805 | 2:14:54 | 1814 | 1962 |
| 493 | 2627 | Nienhaus Stefan | Bocholt läuft | 2:12:14 | M45 | 1809 | 2:14:03 | 1800 | 1966 |
| 494 | 4479 | Hahner Stefan | *Wuppertal | 2:12:35 | M45 | 1813 | 2:14:38 | 1810 | 1964 |
| 495 | 2962 | Erich Thorsten | LiVe, Versmold | 2:12:37 | M45 | 1814 | 2:15:20 | 1824 | 1966 |
| 496 | 2684 | Frei Thomas | SV Derne 49 | 2:12:54 | M45 | 1816 | 2:15:49 | 1827 | 1966 |
| 497 | 1977 | Roll Dr. Günther | *Rheinberg | 2:12:55 | M45 | 1817 | 2:16:07 | 1830 | 1965 |
| 498 | 2333 | Bünsow Günter | GEFA Running Team | 2:13:13 | M45 | 1819 | 2:15:00 | 1819 | 1962 |
| 499 | 1718 | Hintze Dieter | *Düsseldorf | 2:13:14 | M45 | 1820 | 2:16:15 | 1831 | 1962 |
| 500 | 3072 | Arlt Peter | E.ON Ruhrgas SG | 2:13:39 | M45 | 1828 | 2:14:56 | 1817 | 1962 |
| 501 | 4159 | Fabisch Christian | *Essen | 2:13:40 | M45 | 1830 | 2:14:45 | 1812 | 1966 |
| 502 | 2534 | Hermes Rainer | *Geldern | 2:13:49 | M45 | 1837 | 2:16:45 | 1844 | 1963 |
| 503 | 5136 | Brockof Peter | Blueliner and friends | 2:14:04 | M45 | 1841 | 2:16:29 | 1837 | 1966 |
| 504 | 1538 | May Jörg | Running Dinslaken | 2:14:04 | M45 | 1843 | 2:16:52 | 1846 | 1962 |



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|--------------------------------|------|-----------------------|----------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M45 | | | | | | | | | |
| 505 | 4128 | Börries Dieter | *Kempen | 2:14:04 | M45 | 1844 | 2:16:35 | 1839 | 1963 |
| 506 | 2026 | Tenbrink Dirk | DJK Tackenberg | 2:14:29 | M45 | 1849 | 2:16:57 | 1851 | 1965 |
| 507 | 3019 | Braun Gregor | MSV 09 | 2:14:57 | M45 | 1852 | 2:17:38 | 1856 | 1966 |
| 508 | 5188 | Bau Andy | KTG | 2:15:17 | M45 | 1859 | 2:18:15 | 1867 | 1964 |
| 509 | 4994 | Fengels Berthold | Zum Twee Ührken Team | 2:15:23 | M45 | 1863 | 2:18:31 | 1870 | 1966 |
| 510 | 2213 | Handke Wolf | *Duisburg | 2:15:37 | M45 | 1870 | 2:18:49 | 1875 | 1963 |
| 511 | 4091 | Kulhanek Hans | slowrunners | 2:15:40 | M45 | 1872 | 2:18:48 | 1873 | 1962 |
| 512 | 5327 | Geldsetzer Stephan | OSM Runners | 2:18:18 | M45 | 1884 | 2:28:05 | 1918 | 1964 |
| 513 | 2701 | Weger Frank | *Kaarst | 2:18:44 | M45 | 1889 | 2:21:36 | 1888 | 1966 |
| 514 | 2431 | Wolter Wolfgang | Gocher Lauffamilien | 2:21:03 | M45 | 1896 | 2:23:38 | 1895 | 1966 |
| 515 | 5059 | Gabrisch Günter | Die mit der Weste | 2:21:17 | M45 | 1899 | 2:23:55 | 1899 | 1962 |
| 516 | 2478 | Märker Michael | Casino Duisburg | 2:22:00 | M45 | 1906 | 2:24:34 | 1904 | 1966 |
| 517 | 4487 | Vonnemann Bernd | VfL Gladbeck | 2:23:38 | M45 | 1911 | 2:26:33 | 1913 | 1965 |
| 518 | 4071 | Klein-Vehne Prof. Dr. | Trinksportfreunde | 2:24:00 | M45 | 1913 | 2:26:16 | 1912 | 1964 |
| 519 | 5374 | Heidkamp Guido | activefirst | 2:24:33 | M45 | 1915 | 2:25:34 | 1910 | 1965 |
| 520 | 2845 | Lubitz Martin | *Hilden | 2:24:51 | M45 | 1917 | 2:27:57 | 1916 | 1962 |
| 521 | 5248 | Nest Wolfgang | LC Duisburg | 2:25:56 | M45 | 1920 | 2:28:32 | 1919 | 1962 |
| 522 | 2255 | Redlin Dr. Stefan | *Leichlingen | 2:26:15 | M45 | 1922 | 2:29:02 | 1922 | 1962 |
| 523 | 3913 | Schulz Uwe | *Düsseldorf | 2:26:45 | M45 | 1923 | 2:29:52 | 1924 | 1965 |
| 524 | 4520 | Schwill Frank | LT Kettwig 2000 | 2:26:57 | M45 | 1924 | 2:29:26 | 1923 | 1962 |
| 525 | 3218 | Gaß Klaus | Vodafone Runners | 2:27:14 | M45 | 1925 | 2:29:55 | 1925 | 1963 |
| 526 | 4628 | Dittrich Detlef | TuSpo Huckingen | 2:28:02 | M45 | 1926 | 2:30:04 | 1926 | 1965 |
| 527 | 2603 | Schu Klaus | *Gelsenkirchen | 2:33:27 | M45 | 1935 | 2:36:12 | 1935 | 1965 |
| 528 | 1627 | Von Minden Kai | *Gelsenkirchen | 2:35:48 | M45 | 1938 | 2:38:26 | 1938 | 1965 |
| 529 | 4895 | Bremicker Stefan | *Wuppertal | 2:37:35 | M45 | 1940 | 2:40:42 | 1941 | 1962 |
| 530 | 3711 | Rohrbeck Harald | LC Duisburg | 2:42:12 | M45 | 1944 | 2:44:42 | 1944 | 1962 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M50 | | | | | | | | | |
| 1 | 4951 | Oberwinster Ulrich | Angerland LT Lintorf | 1:22:06 | M50 | 36 | 1:22:08 | 35 | 1958 |
| 2 | 3176 | Schmidt-Fehre Volker | Vodafone Runners | 1:22:35 | M50 | 37 | 1:22:37 | 37 | 1958 |
| 3 | 3222 | Hansmann Johannes | Vodafone Runners | 1:24:27 | M50 | 61 | 1:24:34 | 61 | 1961 |
| 4 | 3877 | Klein Arno | FC Straberg | 1:24:59 | M50 | 70 | 1:25:03 | 70 | 1959 |
| 5 | 2712 | Damm Harald | LT Gruitzen-Neandertal | 1:25:38 | M50 | 78 | 1:25:43 | 78 | 1960 |
| 6 | 3535 | Coenen Andreas | ART Düsseldorf | 1:25:41 | M50 | 79 | 1:25:44 | 79 | 1960 |
| 7 | 2606 | Peuser Uwe | SC Bayer 05 Uerdingen | 1:26:20 | M50 | 87 | 1:26:26 | 86 | 1960 |
| 8 | 4410 | Goeke Meinolf | LT Wischlingen Dortmund | 1:27:22 | M50 | 106 | 1:27:29 | 107 | 1960 |
| 9 | 2563 | Dolfen Stefan | LT Kettwig | 1:27:35 | M50 | 114 | 1:27:39 | 113 | 1959 |
| 10 | 2220 | Dombrowski Leon | Evonik-Team Dortmund | 1:27:39 | M50 | 115 | 1:27:44 | 114 | 1958 |
| 11 | 4001 | Künzel Rüdiger | Lauftreff Uhlenhorst | 1:27:43 | M50 | 117 | 1:28:00 | 119 | 1959 |
| 12 | 1953 | Nonn Michael | SC Bayer 05 Uerdingen | 1:27:53 | M50 | 120 | 1:28:01 | 120 | 1958 |
| 13 | 4409 | Thomauske Norbert | TuSpo Huckingen | 1:28:04 | M50 | 123 | 1:28:06 | 121 | 1959 |
| 14 | 1625 | Röttger Joachim | *Mülheim | 1:28:15 | M50 | 126 | 1:28:58 | 133 | 1961 |
| 15 | 5313 | Stepanow Viktor | *Moers | 1:28:56 | M50 | 138 | 1:29:01 | 134 | 1960 |
| 16 | 3554 | Dorobeck Burkhard | Angerland LT Lintorf | 1:29:38 | M50 | 154 | 1:29:50 | 157 | 1961 |
| 17 | 2140 | Stachowiak Thomas | LT Bittermark | 1:29:41 | M50 | 158 | 1:29:47 | 152 | 1960 |
| 18 | 3879 | Görtz Frank | Triathlon Team Ratingen | 1:29:49 | M50 | 163 | 1:29:56 | 160 | 1960 |
| 19 | 3610 | Kersting Manfred | *Jüchen | 1:29:53 | M50 | 166 | 1:30:10 | 163 | 1960 |
| 20 | 5352 | Frey Heinz-Gerd | *Rheinberg | 1:30:08 | M50 | 169 | 1:30:15 | 164 | 1957 |
| 21 | 3075 | Blötner-Schle Uwe | E.ON Ruhrgas SG | 1:30:45 | M50 | 183 | 1:30:55 | 181 | 1958 |
| 22 | 2605 | Ahlrichs Frank | - | 1:30:57 | M50 | 189 | 1:31:11 | 187 | 1961 |
| 23 | 5684 | Werner Frank | VSG-Duisburg | 1:31:25 | M50 | 198 | 1:31:48 | 200 | 1960 |
| 24 | 2629 | Hohgräfe Bernd | Nina-Sport | 1:31:33 | M50 | 202 | 1:31:55 | 203 | 1961 |
| 25 | 4100 | Mroß Michael | *Duisburg | 1:32:05 | M50 | 211 | 1:32:14 | 209 | 1960 |
| 26 | 4859 | Wacker Michael | SF Ennepetal | 1:32:37 | M50 | 221 | 1:33:17 | 232 | 1957 |
| 27 | 2417 | Danisch Eugen | Laufend älter | 1:32:40 | M50 | 223 | 1:33:39 | 234 | 1960 |
| 28 | 2613 | Karjetta Axel | LTV Tri Force Remscheid | 1:33:09 | M50 | 234 | 1:34:19 | 259 | 1960 |
| 29 | 1779 | Boruta Peter | *köln | 1:33:34 | M50 | 243 | 1:34:32 | 266 | 1957 |
| 30 | 4398 | Schulte-Zweckel Michael | BSG WAZ Essen | 1:33:42 | M50 | 248 | 1:33:55 | 241 | 1960 |
| 31 | 2087 | Wrede Jürgen | ART Düsseldorf | 1:33:54 | M50 | 260 | 1:34:06 | 249 | 1961 |
| 32 | 4633 | Brömme Roland | DAV-Duisburg | 1:34:05 | M50 | 266 | 1:34:11 | 255 | 1960 |
| 33 | 5212 | Krüger Walter | Nordtriathleten | 1:34:09 | M50 | 270 | 1:34:25 | 265 | 1960 |
| 34 | 1668 | Keussen Marius | DogRunners Europe | 1:34:18 | M50 | 275 | 1:35:09 | 284 | 1957 |
| 35 | 3039 | Bachmann Günter | Viktoria Alpen | 1:34:41 | M50 | 288 | 1:34:59 | 279 | 1957 |
| 36 | 1853 | Pützer Andreas | Marathonteam-Ratingen | 1:34:45 | M50 | 291 | 1:35:09 | 285 | 1960 |
| 37 | 4308 | Mintrop Johannes | TVE Burgaltendorf | 1:35:00 | M50 | 297 | 1:35:24 | 298 | 1961 |
| 38 | 3136 | Kaiser Gero | BSG Commerzbank | 1:35:02 | M50 | 301 | 1:35:37 | 309 | 1961 |
| 39 | 4357 | Welskopf Peter | Ballettschule Müller | 1:35:03 | M50 | 302 | 1:35:34 | 304 | 1961 |
| 40 | 4886 | Jenschke Detlev | Team Polizei Oberhausen | 1:35:09 | M50 | 308 | 1:35:26 | 300 | 1961 |
| 41 | 3688 | Hupp Ralf | LT Gruitzen-Neandertal | 1:35:18 | M50 | 310 | 1:35:36 | 306 | 1961 |
| 42 | 1550 | Schepers Joachim | Erler-Sportgemeinschaft | 1:35:27 | M50 | 316 | 1:36:26 | 328 | 1958 |
| 43 | 3964 | Bauhaus Frank | Krefelder Kanu Klub | 1:35:48 | M50 | 330 | 1:36:23 | 327 | 1959 |
| 44 | 5250 | Hilgenpahl Roland | TV Goch | 1:35:56 | M50 | 334 | 1:36:28 | 329 | 1957 |
| 45 | 3204 | Castaneda Manuel | Vodafone Runners | 1:36:04 | M50 | 336 | 1:36:53 | 342 | 1959 |
| 46 | 1628 | Hasse Eiko | Lauflöwen Henkel | 1:36:07 | M50 | 337 | 1:36:34 | 335 | 1961 |
| 47 | 3328 | Böckers Winfried | LG COESFELD | 1:36:19 | M50 | 343 | 1:36:30 | 332 | 1957 |
| 48 | 4970 | Schilling Jürgen | Spvgg Sterkrade-Nord | 1:36:33 | M50 | 346 | 1:36:58 | 345 | 1961 |
| 49 | 3611 | Michalski Rainer | Dorsten | 1:36:50 | M50 | 354 | 1:37:43 | 373 | 1960 |
| 50 | 4603 | Natschke Jörg | Doppelrunde | 1:36:53 | M50 | 359 | 1:37:10 | 353 | 1961 |
| 51 | 2111 | Müller Rolf | *Oberhausen | 1:37:05 | M50 | 365 | 1:37:28 | 360 | 1959 |
| 52 | 5209 | Adler Detlev | *Schwelm | 1:37:13 | M50 | 372 | 1:37:42 | 371 | 1959 |
| 53 | 4673 | Krokowski Rolf | TSV 1863 Herdecke | 1:37:14 | M50 | 375 | 1:37:27 | 359 | 1958 |
| 54 | 1722 | Jöhring Harald | *Duisburg | 1:37:18 | M50 | 378 | 1:38:38 | 406 | 1958 |
| 55 | 5276 | Wagner Burkhard | Die Stolperer | 1:37:25 | M50 | 388 | 1:38:36 | 403 | 1961 |
| 56 | 3600 | Heinz Peter | VfL Berghede | 1:37:25 | M50 | 389 | 1:37:37 | 366 | 1959 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M50 | | | | | | | | | |
| 57 | 4798 | Bussmann Volker | LT Cloversoft | 1:38:05 | M50 | 417 | 1:38:40 | 412 | 1960 |
| 58 | 4245 | Rehkämper Klaus | ERGO Sports Düsseldorf | 1:38:19 | M50 | 430 | 1:38:43 | 416 | 1959 |
| 59 | 4063 | Beermann Werner | *Gelsenkirchen | 1:38:19 | M50 | 431 | 1:38:53 | 429 | 1958 |
| 60 | 4175 | Szpogán Rainer | Immeo Wohnen Running | 1:38:23 | M50 | 433 | 1:38:46 | 419 | 1957 |
| 61 | 2131 | Meier Wolfgang | Ängerland LT Lintorf | 1:38:26 | M50 | 436 | 1:39:15 | 456 | 1961 |
| 62 | 2120 | Grauke Tobias | SG Stern Düsseldorf | 1:38:36 | M50 | 445 | 1:39:04 | 440 | 1960 |
| 63 | 5442 | Buddenkotte Alwin | SF Bertha 08 | 1:38:36 | M50 | 446 | 1:39:09 | 447 | 1961 |
| 64 | 2323 | Orelío Frank | LT Gruiten-Neandertal | 1:38:37 | M50 | 447 | 1:38:55 | 430 | 1960 |
| 65 | 4014 | Ridder Ingbert | Stadt Bochum Team | 1:38:42 | M50 | 450 | 1:39:05 | 444 | 1960 |
| 66 | 3771 | Kerstiens Norbert | LT Wischlingen Dortmund | 1:38:42 | M50 | 451 | 1:38:58 | 435 | 1961 |
| 67 | 4427 | Krämer Michael | Roadrunner | 1:38:47 | M50 | 458 | 1:39:13 | 454 | 1959 |
| 68 | 2804 | Tramp Ralf | SV Viktoria Goch | 1:39:09 | M50 | 478 | 1:39:48 | 476 | 1958 |
| 69 | 2815 | Lagarden Jörg | SV Viktoria Goch | 1:39:10 | M50 | 481 | 1:39:48 | 477 | 1960 |
| 70 | 2328 | Beauoil Thomas | SV Viktoria Goch | 1:39:19 | M50 | 488 | 1:39:58 | 481 | 1960 |
| 71 | 3657 | Jamsek Peter | TC Kray 1892 e.V. | 1:39:34 | M50 | 494 | 1:40:25 | 500 | 1958 |
| 72 | 2452 | Schwarz Rainer | Strongmanhelden | 1:39:42 | M50 | 502 | 1:40:05 | 488 | 1961 |
| 73 | 2499 | Stuhlmacher Michael | OSC 04 | 1:39:43 | M50 | 503 | 1:40:05 | 490 | 1961 |
| 74 | 1929 | Lensing Reinhold | Bocholter WSV | 1:39:47 | M50 | 508 | 1:40:37 | 511 | 1960 |
| 75 | 2459 | Winbeck Volker | *Oberhausen | 1:39:53 | M50 | 512 | 1:40:11 | 493 | 1961 |
| 76 | 2874 | Kilian Harald | VHS-Wesel | 1:39:55 | M50 | 513 | 1:40:10 | 492 | 1961 |
| 77 | 1510 | Krüger Hans-J. | Amico Alpha | 1:40:01 | M50 | 515 | 1:40:59 | 526 | 1961 |
| 78 | 2294 | Götz Volker | TG Neuss | 1:40:02 | M50 | 516 | 1:40:49 | 520 | 1959 |
| 79 | 3604 | Hartmann Ralf | LC Duisburg | 1:40:04 | M50 | 518 | 1:40:34 | 510 | 1960 |
| 80 | 2349 | Schmitz Ulrich | TC GW Hochdahl e.V. | 1:40:08 | M50 | 521 | 1:40:41 | 514 | 1961 |
| 81 | 4707 | Franzen Michael | *voerde | 1:40:25 | M50 | 529 | 1:41:02 | 527 | 1959 |
| 82 | 4612 | Fuchs Volker | TC Kray 1892 e.V. | 1:40:44 | M50 | 544 | 1:40:57 | 523 | 1958 |
| 83 | 1982 | Koppers Reinhard | BSG Sparkasse Krefeld | 1:40:50 | M50 | 549 | 1:41:41 | 550 | 1958 |
| 84 | 2358 | Schülpen Gregor | LT Vynen | 1:40:57 | M50 | 556 | 1:41:31 | 540 | 1961 |
| 85 | 1506 | Rochlitz Dr. Karl-Heinz | Lauftreff | 1:41:04 | M50 | 565 | 1:42:16 | 574 | 1959 |
| 86 | 3269 | Wieneke Andreas | Vodafone Runners | 1:41:10 | M50 | 571 | 1:42:02 | 568 | 1957 |
| 87 | 4278 | Krüger Christian | kg-Essen | 1:41:17 | M50 | 576 | 1:41:38 | 547 | 1961 |
| 88 | 1898 | Kremer Werner | Ausdauer-schule by | 1:41:22 | M50 | 578 | 1:41:40 | 548 | 1959 |
| 89 | 4225 | Brabender Klaus Jürgen | Werricher Lauftreff | 1:41:39 | M50 | 590 | 1:42:03 | 569 | 1958 |
| 90 | 3718 | Wilhelm Harald | *Köln | 1:41:39 | M50 | 591 | 1:42:25 | 587 | 1958 |
| 91 | 4518 | Lüdtke-Kottusch Thomas | vereinslos | 1:41:50 | M50 | 594 | 1:43:03 | 612 | 1961 |
| 92 | 4039 | Uhling Thomas | TuS Bösinghoven | 1:41:53 | M50 | 599 | 1:42:24 | 586 | 1957 |
| 93 | 4108 | Gerard Klaus | BSG Sparkasse Essen | 1:42:04 | M50 | 608 | 1:43:12 | 619 | 1960 |
| 94 | 4581 | Laskowski Prof. Andreas | TC 69 Sterkrade | 1:42:07 | M50 | 611 | 1:42:40 | 598 | 1961 |
| 95 | 4216 | Scheitza Falko | DJK Preussen 1911 | 1:42:08 | M50 | 612 | 1:42:49 | 606 | 1961 |
| 96 | 4399 | Schulte-Zweckel Klaus | BSG WAZ Essen | 1:42:10 | M50 | 614 | 1:42:40 | 597 | 1961 |
| 97 | 2014 | Custic Muharem | *Düsseldorf | 1:42:12 | M50 | 615 | 1:42:54 | 608 | 1958 |
| 98 | 3232 | Killius Klaus | Vodafone Runners | 1:42:25 | M50 | 623 | 1:42:36 | 594 | 1959 |
| 99 | 1997 | Ehrentraut Heinz-Udo | Rumelner TV | 1:42:30 | M50 | 630 | 1:43:39 | 641 | 1961 |
| 100 | 1701 | Müller Lothar | SC Gelsenkirchen 04 | 1:42:37 | M50 | 633 | 1:44:09 | 666 | 1961 |
| 101 | 4311 | Böhme Gerd | *Essen | 1:42:38 | M50 | 635 | 1:44:30 | 684 | 1958 |
| 102 | 4293 | Schmulke Jürgen | LT Krefeld-Oppum | 1:42:46 | M50 | 644 | 1:43:09 | 615 | 1961 |
| 103 | 3867 | Malanowski Norbert | LC Duisburg | 1:42:58 | M50 | 652 | 1:43:27 | 635 | 1960 |
| 104 | 4672 | Jakhoefer Thomas | FC Schalke 04 | 1:43:24 | M50 | 668 | 1:44:35 | 686 | 1958 |
| 105 | 3069 | Gromzig Dr. Werner | LG Hart am Limet | 1:43:31 | M50 | 675 | 1:44:15 | 676 | 1957 |
| 106 | 2320 | Spilker Michael | LT Wischlingen Dortmund | 1:43:32 | M50 | 676 | 1:44:44 | 694 | 1958 |
| 107 | 3383 | Ruthmann Kai | AS Neukirchen-Vluyn | 1:43:32 | M50 | 677 | 1:44:23 | 679 | 1961 |
| 108 | 5207 | Winter Frank | TC Metzkausen | 1:43:35 | M50 | 680 | 1:43:58 | 658 | 1961 |
| 109 | 4625 | Neuhoff Stephan | *Hilden | 1:43:35 | M50 | 681 | 1:44:10 | 667 | 1958 |
| 110 | 2470 | Möllmann Norbert | Bocholt | 1:43:44 | M50 | 688 | 1:44:37 | 687 | 1958 |
| 111 | 2967 | Serek Jürgen | *Mülheim adR | 1:43:44 | M50 | 690 | 1:44:45 | 695 | 1960 |
| 112 | 2786 | Ader Lutz | BSG Aon Jauch & | 1:43:45 | M50 | 693 | 1:43:56 | 656 | 1959 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M50 | | | | | | | | | |
| 113 | 2022 | Golding Thomas | *Dinslaken | 1:43:53 | M50 | 703 | 1:44:27 | 681 | 1961 |
| 114 | 4670 | Pospiech Klaus | LAV Essen/Werdener TB | 1:43:58 | M50 | 707 | 1:44:24 | 680 | 1959 |
| 115 | 2965 | Azadi Morteza | Adler Nierst | 1:44:13 | M50 | 721 | 1:45:26 | 739 | 1959 |
| 116 | 4738 | Kuhr Martin | LC Duisburg | 1:44:16 | M50 | 725 | 1:45:03 | 711 | 1960 |
| 117 | 1958 | Krebber Norbert | Bocholter WSV | 1:44:22 | M50 | 730 | 1:44:58 | 707 | 1961 |
| 118 | 3234 | Knocke Andreas | Vodafone Runners | 1:44:33 | M50 | 741 | 1:45:25 | 737 | 1961 |
| 119 | 1781 | Frye Werner | Jogmap Ruhr | 1:44:34 | M50 | 744 | 1:45:24 | 736 | 1957 |
| 120 | 2784 | Bludau Michael | *Duisburg | 1:44:48 | M50 | 757 | 1:45:13 | 723 | 1958 |
| 121 | 3419 | Albrecht Rainer | TuS Breitscheid | 1:44:52 | M50 | 761 | 1:45:33 | 747 | 1960 |
| 122 | 1734 | Schäfer Jürgen | SV 1919 Sonsbeck | 1:44:54 | M50 | 763 | 1:45:50 | 758 | 1957 |
| 123 | 2227 | Buchholz Peter | *Unna | 1:44:56 | M50 | 766 | 1:45:48 | 756 | 1961 |
| 124 | 4206 | Schikora Rainer | SV Schermbeck | 1:44:59 | M50 | 767 | 1:45:16 | 726 | 1957 |
| 125 | 3122 | Altmann Thomas | *Essen | 1:45:06 | M50 | 772 | 1:46:42 | 802 | 1958 |
| 126 | 5191 | Kolberg Dieter | DJK Tus Rotthausen | 1:45:09 | M50 | 775 | 1:47:06 | 829 | 1961 |
| 127 | 2871 | Körber Sören | dumbo und ozzy | 1:45:15 | M50 | 778 | 1:46:38 | 801 | 1961 |
| 128 | 1926 | Lange Volker | MTSV | 1:45:17 | M50 | 780 | 1:46:21 | 788 | 1957 |
| 129 | 4329 | Klemm Rüdiger | *Duisburg | 1:45:18 | M50 | 782 | 1:46:37 | 800 | 1959 |
| 130 | 3431 | Ludwig Johannes | TuS Breitscheid | 1:45:20 | M50 | 788 | 1:46:02 | 774 | 1961 |
| 131 | 4428 | Groos Reiner | MSV Duisburg LT | 1:45:21 | M50 | 792 | 1:46:09 | 778 | 1959 |
| 132 | 4148 | Haack Jürgen | Ski-Klub Düsseldorf | 1:45:25 | M50 | 797 | 1:46:29 | 792 | 1957 |
| 133 | 2291 | Spindler Bernd | Spektakel Rheinberg | 1:45:29 | M50 | 802 | 1:47:11 | 832 | 1961 |
| 134 | 4637 | Möller Bernd | *Oberhausen | 1:45:36 | M50 | 806 | 1:46:34 | 798 | 1959 |
| 135 | 2572 | Nagel Uwe | *Hilden | 1:45:39 | M50 | 809 | 1:46:27 | 791 | 1960 |
| 136 | 4790 | Otten Thomas | TC Kray 1892 e.V. | 1:45:45 | M50 | 812 | 1:46:06 | 776 | 1958 |
| 137 | 4413 | Achterholt Rainer | Ballettschule Müller | 1:46:03 | M50 | 827 | 1:47:13 | 834 | 1960 |
| 138 | 4130 | Felske Jürgen | *Oberhausen | 1:46:05 | M50 | 829 | 1:46:15 | 782 | 1961 |
| 139 | 3329 | Teuber Heinz | LG COESFELD | 1:46:08 | M50 | 833 | 1:46:45 | 805 | 1957 |
| 140 | 4319 | Kemmesies Rainer | *Ratingen | 1:46:23 | M50 | 841 | 1:47:48 | 853 | 1961 |
| 141 | 1975 | Kuhlmann Gregor | Die schwarzen Heiden | 1:46:27 | M50 | 846 | 1:47:06 | 828 | 1961 |
| 142 | 2887 | Tissarek Karl-Heinz | TC Kray 1892 e.V. | 1:46:28 | M50 | 851 | 1:46:48 | 811 | 1958 |
| 143 | 4680 | Haefs Werner | Eisbären Krefeld | 1:46:38 | M50 | 855 | 1:47:46 | 850 | 1959 |
| 144 | 3366 | Janßen Udo | AS Neukirchen-Vluyn | 1:46:43 | M50 | 856 | 1:47:59 | 864 | 1958 |
| 145 | 2078 | Glockner Wolf | *Düsseldorf | 1:46:44 | M50 | 857 | 1:46:48 | 810 | 1958 |
| 146 | 2387 | Grönheit Frank | CSV Marathon | 1:46:48 | M50 | 860 | 1:47:46 | 851 | 1959 |
| 147 | 5411 | Sheridan Joseph | activefirst | 1:46:59 | M50 | 868 | 1:48:39 | 894 | 1960 |
| 148 | 2676 | Natrop Hans-Peter | BSG Team EVAG | 1:47:01 | M50 | 870 | 1:47:40 | 844 | 1958 |
| 149 | 2268 | De Brouwer Georg | RP Marathon Team | 1:47:04 | M50 | 871 | 1:47:50 | 857 | 1958 |
| 150 | 3974 | Reichelt Herbert | Die blauen Bengel | 1:47:04 | M50 | 872 | 1:48:05 | 869 | 1957 |
| 151 | 4202 | Sobetzko Martin | TV Frisch Auf Lennep | 1:47:06 | M50 | 874 | 1:48:14 | 874 | 1958 |
| 152 | 2870 | Saubier Stephan | dumbo und ozzy | 1:47:10 | M50 | 880 | 1:48:33 | 891 | 1961 |
| 153 | 4310 | Fromont Bernard | *Ratingen | 1:47:15 | M50 | 883 | 1:47:44 | 848 | 1959 |
| 154 | 4605 | Richter Volker | LC Duisburg | 1:47:19 | M50 | 885 | 1:48:23 | 884 | 1958 |
| 155 | 3248 | Knappmann Hubertus | *Essen | 1:47:20 | M50 | 887 | 1:48:21 | 881 | 1959 |
| 156 | 2295 | Allermann Stephan | Adler-Langlauf Bottrop | 1:47:29 | M50 | 897 | 1:48:21 | 882 | 1957 |
| 157 | 1811 | Timm Dr. Haiko | Lauftreff Uhlenhorst | 1:47:32 | M50 | 899 | 1:48:46 | 900 | 1958 |
| 158 | 2056 | Schmitt Andreas | Ausdauerschule by | 1:47:38 | M50 | 905 | 1:47:57 | 863 | 1961 |
| 159 | 2653 | Grüner Ronald | Moerser TV | 1:47:43 | M50 | 910 | 1:49:13 | 920 | 1961 |
| 160 | 3919 | Breuer Dr. Wolfgang | Sportfreunde Neersbroich | 1:47:53 | M50 | 921 | 1:49:31 | 942 | 1957 |
| 161 | 2936 | Centler Martin | *Schwerte | 1:47:55 | M50 | 923 | 1:48:31 | 890 | 1960 |
| 162 | 3297 | Linssen Dr. Martin | BSG Stadtwerke | 1:48:02 | M50 | 930 | 1:49:13 | 925 | 1958 |
| 163 | 2893 | Kemkes Reinhard | DJK Adler-Frintrop/Essen | 1:48:05 | M50 | 933 | 1:49:35 | 945 | 1960 |
| 164 | 1710 | Prochotta Prof. Dr. | *Meerbusch | 1:48:11 | M50 | 937 | 1:49:45 | 951 | 1958 |
| 165 | 3892 | Biniás Jürgen | LC Duisburg | 1:48:16 | M50 | 941 | 1:50:12 | 984 | 1960 |
| 166 | 1522 | Gommers Martin | HOAG-Trassenläufer | 1:48:20 | M50 | 948 | 1:48:50 | 905 | 1960 |
| 167 | 3990 | Wörsdörfer Klaus | *Ratingen | 1:48:20 | M50 | 949 | 1:48:39 | 895 | 1960 |
| 168 | 4871 | Manz-Bothe Achim | Hobbyläufer | 1:48:21 | M50 | 951 | 1:49:48 | 956 | 1957 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|--------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M50 | | | | | | | | | |
| 169 | 3706 | Kiosses Georios | Marathonteam-Ratingen | 1:48:53 | M50 | 983 | 1:51:31 | 1047 | 1958 |
| 170 | 5021 | Priebel Siegfried | Team Erdinger | 1:49:02 | M50 | 989 | 1:50:09 | 980 | 1957 |
| 171 | 5022 | Otto Hans-Peter | PV Triathlon Witten | 1:49:05 | M50 | 1000 | 1:50:50 | 1013 | 1957 |
| 172 | 5039 | Schmidt Friedhelm | Burscheid | 1:49:26 | M50 | 1013 | 1:51:15 | 1029 | 1961 |
| 173 | 5114 | Hamm Dieter | LT Kettwig 2000 | 1:49:33 | M50 | 1017 | 1:50:54 | 1017 | 1961 |
| 174 | 2524 | Birkner Oliver | *Monheim | 1:49:45 | M50 | 1024 | 1:51:41 | 1057 | 1961 |
| 175 | 2561 | Beckord Dr. Peter | *Duisburg | 1:49:46 | M50 | 1025 | 1:51:10 | 1026 | 1958 |
| 176 | 4597 | Röhle Frank | Ruhrverband | 1:49:56 | M50 | 1036 | 1:51:18 | 1035 | 1961 |
| 177 | 2023 | Schäfer Wolfgang | LV Marathon Kleve | 1:49:56 | M50 | 1037 | 1:50:16 | 988 | 1958 |
| 178 | 5396 | Palme Horst | activefirst | 1:49:58 | M50 | 1040 | 1:50:12 | 985 | 1958 |
| 179 | 2413 | Gang Walter | Turbo-Schnecken | 1:50:07 | M50 | 1045 | 1:50:46 | 1008 | 1960 |
| 180 | 1873 | Rudolph Uwe | *Duisburg | 1:50:12 | M50 | 1051 | 1:51:42 | 1059 | 1961 |
| 181 | 3397 | Thöne Klaus | AS Neukirchen-Vluyn | 1:50:20 | M50 | 1055 | 1:51:59 | 1070 | 1961 |
| 182 | 2761 | Härig Wilfried | *Duisburg | 1:50:27 | M50 | 1059 | 1:52:17 | 1084 | 1959 |
| 183 | 2975 | Gajdzis Heinrich | *Remscheid | 1:50:31 | M50 | 1062 | 1:52:10 | 1075 | 1958 |
| 184 | 2993 | Vogel Dirk | *Duisburg | 1:50:40 | M50 | 1068 | 1:51:26 | 1044 | 1960 |
| 185 | 1949 | Friedrich Jürgen | *Mülheim-Saarn | 1:50:51 | M50 | 1082 | 1:52:37 | 1102 | 1961 |
| 186 | 3368 | Kuhnen Reiner | AS Neukirchen-Vluyn | 1:50:51 | M50 | 1083 | 1:52:32 | 1097 | 1961 |
| 187 | 2911 | Michalski Jürgen | SV Delphin Dorsten | 1:50:54 | M50 | 1085 | 1:52:12 | 1078 | 1959 |
| 188 | 3434 | Reckel Wolfgang | TuS Breitscheid | 1:50:56 | M50 | 1088 | 1:51:39 | 1055 | 1959 |
| 189 | 4845 | Weever Martin | Bocholter WSV | 1:51:00 | M50 | 1092 | 1:52:48 | 1113 | 1961 |
| 190 | 5435 | Krüll Ulrich | activefirst | 1:51:04 | M50 | 1094 | 1:52:45 | 1108 | 1958 |
| 191 | 2769 | Höwing Ralf | LT Uhlenhorst | 1:51:06 | M50 | 1096 | 1:52:22 | 1087 | 1959 |
| 192 | 3989 | Donner Michael | *Wuppertal | 1:51:09 | M50 | 1097 | 1:51:36 | 1053 | 1961 |
| 193 | 3587 | Nieskens Wolfgang | LC | 1:51:28 | M50 | 1119 | 1:52:11 | 1076 | 1958 |
| 194 | 2069 | Franke Edgar | SC Bayer 05 Uerdingen | 1:51:38 | M50 | 1125 | 1:52:22 | 1089 | 1960 |
| 195 | 3558 | Nyenhaus Michael | *Willich | 1:51:39 | M50 | 1126 | 1:52:22 | 1090 | 1957 |
| 196 | 4727 | Zimmermann Harry | LG Alpen | 1:51:55 | M50 | 1135 | 1:52:09 | 1074 | 1960 |
| 197 | 5266 | Happ Thomas | *Bottrop | 1:52:00 | M50 | 1138 | 1:52:59 | 1119 | 1961 |
| 198 | 5275 | Bruns Bernd | UTC | 1:52:01 | M50 | 1139 | 1:53:00 | 1120 | 1959 |
| 199 | 4045 | Hinsken Ralf | SV Lembeck | 1:52:17 | M50 | 1154 | 1:54:46 | 1213 | 1960 |
| 200 | 2296 | Oberdörfer Stefan | *Remscheid | 1:52:20 | M50 | 1157 | 1:53:59 | 1168 | 1959 |
| 201 | 2730 | Schulz Claus-Peter | *Moers | 1:52:20 | M50 | 1159 | 1:54:30 | 1192 | 1959 |
| 202 | 1828 | Gebhardt Dirk | Ausdauerschule by | 1:52:30 | M50 | 1162 | 1:54:03 | 1174 | 1959 |
| 203 | 1756 | Martsch Rüdiger | Kulturhauptstadtläufer | 1:52:34 | M50 | 1164 | 1:53:07 | 1124 | 1961 |
| 204 | 3299 | Kietzmann Detlef | Max Maulwurf Marathonis | 1:52:35 | M50 | 1167 | 1:53:49 | 1161 | 1957 |
| 205 | 3327 | Kröger Jürgen | LG COESFELD | 1:52:36 | M50 | 1168 | 1:53:46 | 1158 | 1961 |
| 206 | 2218 | Renzel Wolfgang | *Ratingen | 1:52:38 | M50 | 1169 | 1:53:42 | 1151 | 1958 |
| 207 | 1928 | Büßen FRITZ | LT Mismahlshof | 1:52:41 | M50 | 1174 | 1:53:45 | 1157 | 1959 |
| 208 | 2404 | Elbers Heinz | SV Viktoria Goch | 1:52:44 | M50 | 1181 | 1:54:00 | 1170 | 1957 |
| 209 | 1556 | Fritzsch Harald | LT Cloversoft | 1:52:53 | M50 | 1189 | 1:54:03 | 1175 | 1961 |
| 210 | 3656 | Lickfett Heiko | *Düsseldorf | 1:52:57 | M50 | 1197 | 1:53:28 | 1142 | 1961 |
| 211 | 4519 | Möllhoff Udo | *Mülheim | 1:53:09 | M50 | 1208 | 1:54:37 | 1201 | 1957 |
| 212 | 3304 | Nentwich Norbert | FS Rheinkamp | 1:53:22 | M50 | 1220 | 1:54:19 | 1185 | 1957 |
| 213 | 3273 | Wischnewski Peter | Vodafone Runners | 1:53:35 | M50 | 1235 | 1:55:28 | 1250 | 1960 |
| 214 | 2013 | Schulze Norbert | LG Alpen | 1:53:54 | M50 | 1253 | 1:55:35 | 1255 | 1958 |
| 215 | 4785 | Liesenfeld Joachim | *Duisburg | 1:54:00 | M50 | 1260 | 1:55:12 | 1232 | 1958 |
| 216 | 4731 | Reinhardt Armin | SV Bezirksregierung | 1:54:00 | M50 | 1262 | 1:56:51 | 1305 | 1961 |
| 217 | 3435 | Schmidtke Norbert | TuS Breitscheid | 1:54:05 | M50 | 1265 | 1:54:48 | 1214 | 1959 |
| 218 | 1988 | Huttny Dieter | ELE Sport | 1:54:33 | M50 | 1285 | 1:55:50 | 1268 | 1961 |
| 219 | 3716 | Brauer Hans-Peter | LC Duisburg | 1:54:38 | M50 | 1290 | 1:56:36 | 1296 | 1957 |
| 220 | 4031 | Heinig Peter | *Duisburg | 1:54:45 | M50 | 1293 | 1:56:42 | 1300 | 1959 |
| 221 | 4323 | Becker Dr. Markus | LG Mülheim | 1:54:46 | M50 | 1294 | 1:55:20 | 1239 | 1957 |
| 222 | 1655 | Hofmann Wolfgang | *Oberhausen | 1:54:50 | M50 | 1296 | 1:55:51 | 1270 | 1960 |
| 223 | 3727 | Heume Matthias | *Krefeld | 1:54:53 | M50 | 1298 | 1:56:18 | 1290 | 1959 |
| 224 | 3664 | Nithammer Hartmut | Waldschleicher Gräfrath | 1:54:58 | M50 | 1304 | 1:56:54 | 1309 | 1958 |



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|--------------------------------|------|------------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M50 | | | | | | | | | |
| 225 | 4830 | Jalowy Markus | *Ratingen | 1:55:01 | M50 | 1306 | 1:57:02 | 1315 | 1961 |
| 226 | 2362 | Spielmann Uwe | LG Dorsten | 1:55:04 | M50 | 1308 | 1:57:13 | 1323 | 1961 |
| 227 | 3150 | Küppers Gerd | Max Maulwurf Marathonis | 1:55:08 | M50 | 1311 | 1:56:04 | 1281 | 1957 |
| 228 | 1887 | Kohrsmeier Dirk | *Wuppertal | 1:55:14 | M50 | 1313 | 1:57:01 | 1313 | 1957 |
| 229 | 3073 | Berger Dieter | E.ON Ruhrgas SG | 1:55:22 | M50 | 1317 | 1:56:57 | 1310 | 1958 |
| 230 | 2564 | Vortmeier Martin | Jogmap Ruhr | 1:55:33 | M50 | 1325 | 1:57:49 | 1351 | 1957 |
| 231 | 3594 | Stock Peter | GSV Moers | 1:55:33 | M50 | 1326 | 1:57:35 | 1336 | 1959 |
| 232 | 3374 | Mischke Dr. | AS Neukirchen-Vluyn | 1:55:50 | M50 | 1343 | 1:57:31 | 1334 | 1958 |
| 233 | 2019 | Gach Peter | *Mülheim | 1:55:59 | M50 | 1349 | 1:57:39 | 1339 | 1959 |
| 234 | 1671 | Niedballa Peter | GSV Moers | 1:56:13 | M50 | 1357 | 1:57:31 | 1333 | 1959 |
| 235 | 3725 | Miskiw Georg | Marathonteam-Ratingen | 1:56:14 | M50 | 1358 | 1:56:58 | 1311 | 1959 |
| 236 | 4944 | KLOPSTEIN RUDOLF | *ESSEN | 1:56:15 | M50 | 1359 | 1:59:26 | 1424 | 1960 |
| 237 | 1867 | Leuker Günther | *Meerbusch | 1:56:19 | M50 | 1361 | 1:59:19 | 1417 | 1960 |
| 238 | 5201 | Weineck Dr. Peter | *Wesel | 1:56:27 | M50 | 1368 | 1:58:29 | 1374 | 1958 |
| 239 | 4513 | Wiesemann Udo | vvholzwickede | 1:56:31 | M50 | 1371 | 1:58:51 | 1392 | 1958 |
| 240 | 3507 | Bieniek Ralf | *Dinslaken | 1:56:40 | M50 | 1375 | 1:58:58 | 1397 | 1959 |
| 241 | 3985 | Brunngraber Uwe | LauffreundeGladbeck | 1:56:44 | M50 | 1379 | 1:57:44 | 1348 | 1961 |
| 242 | 3945 | Potthoff Uwe | TEAM TG Witten | 1:56:48 | M50 | 1385 | 1:59:03 | 1399 | 1961 |
| 243 | 2356 | Diersch Ralph | Laufftreff Uhlenhorst | 1:56:52 | M50 | 1390 | 1:59:29 | 1428 | 1957 |
| 244 | 5157 | Rademaker Klaus | Concordia Ossenberg | 1:56:52 | M50 | 1391 | 1:59:34 | 1434 | 1959 |
| 245 | 2232 | Becker Jürgen | One Man Show | 1:57:02 | M50 | 1395 | 1:58:56 | 1396 | 1961 |
| 246 | 5205 | Boos Edgar | Homberger TV | 1:57:02 | M50 | 1396 | 1:58:18 | 1370 | 1958 |
| 247 | 4419 | Severin Andreas | *Duisburg | 1:57:02 | M50 | 1397 | 1:59:37 | 1438 | 1960 |
| 248 | 1754 | Regel Frank-Michael | *Korschenbroich | 1:57:09 | M50 | 1403 | 1:59:25 | 1419 | 1958 |
| 249 | 5074 | Joeken Michael | *Duisburg | 1:57:12 | M50 | 1408 | 1:59:31 | 1430 | 1958 |
| 250 | 4220 | Eibl Collin | Marathonteam-Ratingen | 1:57:15 | M50 | 1411 | 1:58:52 | 1394 | 1961 |
| 251 | 3343 | Grabenkamp Siegfried | Ausdauererschule by | 1:57:19 | M50 | 1415 | 1:59:26 | 1420 | 1961 |
| 252 | 2742 | Lenz Uwe | *Recklinghausen | 1:57:20 | M50 | 1417 | 1:59:29 | 1427 | 1960 |
| 253 | 4809 | Gördes Thomas | TSV 1863 Herdecke | 1:57:48 | M50 | 1436 | 1:58:10 | 1365 | 1961 |
| 254 | 2262 | Meyhoff Peter | Dreckschüppengesichter | 1:57:54 | M50 | 1442 | 2:00:40 | 1479 | 1961 |
| 255 | 3380 | Pirman Frank | AS Neukirchen-Vluyn | 1:58:08 | M50 | 1456 | 1:59:53 | 1448 | 1959 |
| 256 | 2388 | Bonnen Michael | *Düsseldorf | 1:58:11 | M50 | 1459 | 2:00:09 | 1464 | 1958 |
| 257 | 3292 | Ernst Uwe | BSG Stadtwerke | 1:58:22 | M50 | 1467 | 2:00:03 | 1456 | 1961 |
| 258 | 3702 | Wittkowski Franz-Josef | LT Krefeld-Öppum | 1:58:22 | M50 | 1468 | 2:00:44 | 1482 | 1957 |
| 259 | 5075 | Eichholz Bernhard | Schanasi forever | 1:58:30 | M50 | 1472 | 1:59:59 | 1451 | 1958 |
| 260 | 2560 | Anuszewski Marian | *Duisburg | 1:58:33 | M50 | 1474 | 2:01:12 | 1501 | 1957 |
| 261 | 3742 | Gatz Norbert | Konfetti 97 | 1:58:34 | M50 | 1476 | 2:01:19 | 1508 | 1958 |
| 262 | 1747 | Wolf Peter | *Straelen - Herongen | 1:58:56 | M50 | 1493 | 2:00:53 | 1489 | 1960 |
| 263 | 3878 | Schatt Olaf | Die Stolperer | 1:59:17 | M50 | 1507 | 2:01:16 | 1505 | 1961 |
| 264 | 2318 | Wolff Mathias | Ratinger Tennisclub GW | 1:59:21 | M50 | 1513 | 2:01:58 | 1534 | 1959 |
| 265 | 4264 | Lorkowski Michael | Die blauen Bengel | 1:59:37 | M50 | 1521 | 2:00:38 | 1478 | 1959 |
| 266 | 4770 | Ridderskamp Dietmar | *Duisburg | 1:59:37 | M50 | 1522 | 2:01:50 | 1529 | 1961 |
| 267 | 2831 | Born Michael | Angerrunner | 1:59:45 | M50 | 1535 | 2:01:35 | 1525 | 1958 |
| 268 | 4233 | Optenhövel Dietmar | *Dinslaken | 1:59:50 | M50 | 1536 | 2:03:04 | 1581 | 1960 |
| 269 | 3599 | Herzig Lothar | *Moers | 2:00:03 | M50 | 1541 | 2:02:15 | 1548 | 1957 |
| 270 | 2128 | Tomberg Gerhard | SV Budberg Lauffreunde | 2:00:04 | M50 | 1542 | 2:02:31 | 1558 | 1960 |
| 271 | 2125 | Stuers Rainer | SV Budberg Lauffreunde | 2:00:04 | M50 | 1543 | 2:02:31 | 1559 | 1959 |
| 272 | 4207 | Melchert Frank | HTC Uhlenhorst | 2:00:04 | M50 | 1544 | 2:02:12 | 1544 | 1961 |
| 273 | 1576 | Falk Werner | *Wuppertal | 2:00:08 | M50 | 1546 | 2:01:28 | 1515 | 1959 |
| 274 | 2122 | Grothoff Markus | *Solingen | 2:00:19 | M50 | 1555 | 2:03:06 | 1582 | 1960 |
| 275 | 2801 | Schilling Ernst | *Hünxe | 2:00:29 | M50 | 1559 | 2:02:21 | 1554 | 1957 |
| 276 | 2789 | Tebroke Stephan | Bocholter WSV | 2:00:40 | M50 | 1567 | 2:01:16 | 1504 | 1961 |
| 277 | 2306 | Kemna Frank | *Sprockhövel | 2:00:42 | M50 | 1568 | 2:02:56 | 1574 | 1961 |
| 278 | 4096 | Berg Andree | *gelsenkirchen | 2:01:01 | M50 | 1572 | 2:03:51 | 1596 | 1959 |
| 279 | 4162 | Komes Uwe | *Oberhausen | 2:01:07 | M50 | 1576 | 2:04:00 | 1600 | 1959 |
| 280 | 2177 | Lasch Raymond | RWW-Running-Team | 2:01:11 | M50 | 1578 | 2:03:09 | 1583 | 1961 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|------------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M50 | | | | | | | | | |
| 281 | 2302 | Themann Erwin | Schön Wetter Läufer | 2:01:24 | M50 | 1584 | 2:03:18 | 1586 | 1960 |
| 282 | 1764 | Heuvens Rainer | Team ERDINGER | 2:01:25 | M50 | 1585 | 2:03:23 | 1588 | 1960 |
| 283 | 1969 | Seeske Volker | Team Erdinger Alkoholfrei | 2:02:19 | M50 | 1606 | 2:04:52 | 1613 | 1960 |
| 284 | 3444 | Hinterberger Peter | LC | 2:02:25 | M50 | 1610 | 2:04:33 | 1607 | 1957 |
| 285 | 3791 | Giesen Uwe | BKV Oberhausen | 2:02:51 | M50 | 1618 | 2:04:57 | 1617 | 1958 |
| 286 | 1580 | Rottsieper Achim | Ronsdorftigers | 2:02:52 | M50 | 1619 | 2:03:51 | 1597 | 1961 |
| 287 | 2728 | Brand Hubert | TV 1910 Hemmerden | 2:03:09 | M50 | 1626 | 2:04:56 | 1616 | 1960 |
| 288 | 3038 | Braun Friedhelm | *Duisburg | 2:03:20 | M50 | 1632 | 2:06:02 | 1645 | 1959 |
| 289 | 4885 | Hahn Guido | *Kürten | 2:03:25 | M50 | 1635 | 2:05:42 | 1635 | 1959 |
| 290 | 3851 | Lindemann Wolfgang | *Voerde | 2:03:32 | M50 | 1637 | 2:05:40 | 1634 | 1958 |
| 291 | 3961 | Obermanns Markus | *Mülheim | 2:03:34 | M50 | 1638 | 2:04:53 | 1614 | 1960 |
| 292 | 2254 | Stark Peter | TG Rote Erde Schwelm | 2:03:49 | M50 | 1642 | 2:06:10 | 1649 | 1957 |
| 293 | 5123 | Wienholt Bernd | *Duisburg | 2:03:54 | M50 | 1645 | 2:05:01 | 1619 | 1961 |
| 294 | 1863 | Risch Gunnar | MSV Duisburg | 2:04:07 | M50 | 1654 | 2:06:41 | 1658 | 1960 |
| 295 | 4567 | Schulze Peter | *Duisburg | 2:04:10 | M50 | 1655 | 2:07:02 | 1671 | 1958 |
| 296 | 4882 | Lesina Peter | *Wuppertal | 2:04:49 | M50 | 1664 | 2:06:06 | 1647 | 1959 |
| 297 | 1516 | Termath Thomas | BSG Stadt Dinslaken | 2:05:01 | M50 | 1674 | 2:07:37 | 1684 | 1960 |
| 298 | 3730 | Diezun Michael | MVAD | 2:05:09 | M50 | 1682 | 2:08:04 | 1699 | 1961 |
| 299 | 4138 | Brockhaus Helmut | SPCA Duisburg | 2:05:30 | M50 | 1687 | 2:08:16 | 1701 | 1961 |
| 300 | 2474 | Kemmerling Jürgen | TK Grevenbroich | 2:05:48 | M50 | 1701 | 2:07:34 | 1682 | 1961 |
| 301 | 3351 | Christofzik Jan | AS Neukirchen-Vluyn | 2:07:18 | M50 | 1720 | 2:09:46 | 1724 | 1961 |
| 302 | 2183 | Hamann Frank | Arthrosen-Lauf-Club | 2:08:34 | M50 | 1746 | 2:09:27 | 1722 | 1961 |
| 303 | 3576 | Meinert Rolf | Team Rheinberg | 2:09:24 | M50 | 1764 | 2:11:24 | 1754 | 1959 |
| 304 | 4149 | Golletz Joachim | *Ratingen | 2:10:04 | M50 | 1772 | 2:12:47 | 1778 | 1960 |
| 305 | 1585 | Peter Ronald | HLG 98 Wuppertal | 2:10:24 | M50 | 1779 | 2:13:19 | 1784 | 1960 |
| 306 | 5356 | Becker Dieter | activefirst | 2:11:00 | M50 | 1786 | 2:13:02 | 1780 | 1960 |
| 307 | 2979 | Lindner Christian | RUHR-TECHNIK | 2:11:08 | M50 | 1789 | 2:13:32 | 1789 | 1961 |
| 308 | 4814 | Judt Thomas | BSG Stadtverwaltung | 2:11:19 | M50 | 1793 | 2:14:21 | 1803 | 1961 |
| 309 | 1623 | Reichelt Harald | Immeo Wönnen Running | 2:11:32 | M50 | 1796 | 2:13:31 | 1788 | 1960 |
| 310 | 3529 | Cornelius Hans-Gerhard | LC Duisburg | 2:11:56 | M50 | 1805 | 2:14:55 | 1815 | 1960 |
| 311 | 2508 | Müller Ulrich | LT Turnerbund Frintrop | 2:13:21 | M50 | 1824 | 2:16:24 | 1836 | 1960 |
| 312 | 3083 | Haßpass Werner | E.ON Ruhrgas SG | 2:13:33 | M50 | 1827 | 2:16:31 | 1838 | 1957 |
| 313 | 1578 | Schürmann Achim | PV Triathlon Witten | 2:14:07 | M50 | 1845 | 2:16:54 | 1848 | 1958 |
| 314 | 5485 | Kohn Ulrich | SV Beeckerwerth | 2:14:07 | M50 | 1846 | 2:16:54 | 1849 | 1957 |
| 315 | 2541 | Nennstiel Martin | Ruhrrunner Essen | 2:15:04 | M50 | 1855 | 2:17:57 | 1861 | 1957 |
| 316 | 3552 | Opfermann Klaus | Running Dinslaken | 2:15:13 | M50 | 1857 | 2:16:52 | 1847 | 1957 |
| 317 | 5332 | Behrens Uwe | PV Triathlon Witten | 2:15:58 | M50 | 1874 | 2:18:47 | 1872 | 1960 |
| 318 | 3392 | Sewing Wolfgang | AS Neukirchen-Vluyn | 2:16:40 | M50 | 1876 | 2:19:50 | 1879 | 1959 |
| 319 | 4642 | Materowicz Wieslaw | Team KLS | 2:17:07 | M50 | 1878 | 2:18:01 | 1863 | 1959 |
| 320 | 4495 | Samatin Volker | LT BAMP Herne | 2:17:39 | M50 | 1880 | 2:19:49 | 1878 | 1961 |
| 321 | 4183 | Niggemann Andreas | Laufgruppe ziiiiisch und | 2:18:23 | M50 | 1885 | 2:21:29 | 1887 | 1959 |
| 322 | 4575 | Görke Thomas | Lauftreff Uhlenhorst | 2:18:27 | M50 | 1886 | 2:21:07 | 1885 | 1957 |
| 323 | 4457 | Herrmann Holger | *Duisburg | 2:19:31 | M50 | 1892 | 2:20:25 | 1882 | 1959 |
| 324 | 2479 | Schwarz Stephan | Casino Duisburg | 2:21:17 | M50 | 1898 | 2:23:51 | 1897 | 1957 |
| 325 | 1806 | Pollack Udo | Lauftreff R(h)einknaller | 2:21:44 | M50 | 1903 | 2:24:25 | 1903 | 1961 |
| 326 | 4248 | Golz Gerd | Laufschule Düsseldorf | 2:25:03 | M50 | 1918 | 2:28:00 | 1917 | 1958 |
| 327 | 4879 | Wesslén Anders | *Moers | 2:25:46 | M50 | 1919 | 2:28:34 | 1921 | 1960 |
| 328 | 5051 | Matzat Michael | ERGOsports Düsseldorf | 2:31:23 | M50 | 1931 | 2:34:25 | 1932 | 1960 |
| 329 | 5449 | Kniest Hans-Heinrich | Ausdauerchule by | 2:32:57 | M50 | 1934 | 2:35:04 | 1933 | 1960 |
| 330 | 4796 | Stärke Manfred | Ängerland LT Lintorf | 2:33:57 | M50 | 1936 | 2:36:54 | 1937 | 1959 |
| 331 | 5148 | Michalczyk Dr. Volker | *Essen | 2:38:25 | M50 | 1942 | 2:40:32 | 1940 | 1958 |
| 332 | 1680 | Ruhl Helmut | *Duisburg | 2:40:33 | M50 | 1943 | 2:43:07 | 1943 | 1960 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|--------------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M55 | | | | | | | | | |
| 1 | 3123 | Kerim Peter | HAANER TV | 1:21:56 | M55 | 33 | 1:21:57 | 33 | 1956 |
| 2 | 3644 | Fritsch Franz | TV Utfoot-Eick | 1:25:45 | M55 | 81 | 1:25:51 | 81 | 1953 |
| 3 | 2597 | Abels Rolf | DJK Preussen 1911 | 1:27:13 | M55 | 104 | 1:27:15 | 102 | 1956 |
| 4 | 2579 | Geiger Klaus-Michael | LC Duisburg | 1:29:30 | M55 | 153 | 1:29:49 | 155 | 1954 |
| 5 | 2132 | Stempel Thomas | DSD Düsseldorf | 1:32:03 | M55 | 210 | 1:32:15 | 211 | 1956 |
| 6 | 1661 | Jonke Hermann | Henkel Laufgruppe | 1:32:39 | M55 | 222 | 1:33:05 | 226 | 1956 |
| 7 | 4090 | Winkelman Dirk | *Mülheim | 1:33:52 | M55 | 256 | 1:34:20 | 260 | 1955 |
| 8 | 3331 | Meyer Hans-Peter | LG COESFELD | 1:33:57 | M55 | 263 | 1:34:07 | 250 | 1953 |
| 9 | 1509 | Jann Horst | LC Duisburg | 1:35:00 | M55 | 297 | 1:35:23 | 297 | 1955 |
| 10 | 2692 | Behroz Wahied | BSG Team EVAG | 1:36:59 | M55 | 363 | 1:38:39 | 411 | 1955 |
| 11 | 2416 | Kronenberg Friedrich | Marathonteam-Ratingen | 1:37:32 | M55 | 393 | 1:38:07 | 388 | 1952 |
| 12 | 2337 | Ischinsky Ludger | Lauffreunde Bottrop | 1:37:41 | M55 | 400 | 1:38:44 | 417 | 1953 |
| 13 | 4846 | Rogala Andrzej | Marathonteam-Ratingen | 1:39:07 | M55 | 476 | 1:39:32 | 468 | 1956 |
| 14 | 3089 | Juhasz Sandor | E.ON Ruhrgas SG | 1:39:53 | M55 | 511 | 1:40:21 | 497 | 1954 |
| 15 | 3268 | Weishaupt Friedrich | Vodafone Runners | 1:39:57 | M55 | 514 | 1:40:47 | 518 | 1952 |
| 16 | 4659 | Funke Dr. Hans-Christoph | LAC THG Kettwig | 1:40:12 | M55 | 524 | 1:41:35 | 543 | 1956 |
| 17 | 4890 | Unsenos Helge | Lauffreunde HADI Wesel | 1:40:37 | M55 | 537 | 1:41:10 | 533 | 1956 |
| 18 | 2583 | Klein Hans-Jürgen | LTH-Essen | 1:40:55 | M55 | 555 | 1:41:38 | 546 | 1953 |
| 19 | 4104 | Mölders Fritz | Hagnau | 1:41:51 | M55 | 595 | 1:44:10 | 668 | 1955 |
| 20 | 4848 | Thies Heinrich-Otto | *Krefeld | 1:41:53 | M55 | 598 | 1:42:49 | 605 | 1954 |
| 21 | 4720 | Leonhardt Rainer | *Mülheim | 1:42:00 | M55 | 605 | 1:42:40 | 599 | 1956 |
| 22 | 3586 | Gossen Roland | Bottrop | 1:42:07 | M55 | 610 | 1:42:16 | 575 | 1955 |
| 23 | 2030 | Blank Heinz Gerd | Tura Brügggen | 1:42:18 | M55 | 619 | 1:43:43 | 645 | 1955 |
| 24 | 4235 | Schikora Viktor | Ausdauer-schule by | 1:42:43 | M55 | 637 | 1:43:01 | 610 | 1954 |
| 25 | 3330 | Stippel Jürgen | LG COESFELD | 1:42:45 | M55 | 641 | 1:43:21 | 627 | 1954 |
| 26 | 5330 | Baumgarten Horst | *Oberhausen | 1:42:47 | M55 | 646 | 1:43:22 | 629 | 1956 |
| 27 | 2119 | Fiedler Ernst-Oskar | LT Gruitzen-Neandertal | 1:43:03 | M55 | 656 | 1:43:58 | 659 | 1953 |
| 28 | 2201 | Graebel Gunther | Crepe & Baguette | 1:43:11 | M55 | 658 | 1:44:40 | 689 | 1953 |
| 29 | 5077 | Kunst Hans-Peter | ERGOSports | 1:43:19 | M55 | 666 | 1:43:56 | 657 | 1956 |
| 30 | 2455 | Bienen Hermann | Marathon Dinslaken | 1:43:50 | M55 | 700 | 1:44:13 | 672 | 1956 |
| 31 | 1721 | Schroten Achim | SC Bayer 05 Uerdingen | 1:44:10 | M55 | 718 | 1:45:18 | 731 | 1954 |
| 32 | 2029 | Eidens Jo | *Kamp-Lintfort | 1:44:12 | M55 | 719 | 1:45:39 | 749 | 1953 |
| 33 | 3156 | Büns Karl-Heinz | TVK 1877 Essen | 1:44:25 | M55 | 737 | 1:45:05 | 714 | 1953 |
| 34 | 1965 | Plietsch Klaus | *Düsseldorf | 1:44:35 | M55 | 747 | 1:45:08 | 719 | 1952 |
| 35 | 4620 | Ullein Rolf | Moerser TV | 1:45:48 | M55 | 817 | 1:45:53 | 762 | 1955 |
| 36 | 5169 | Hafemeister Klaus | Coburger Turnerschaft | 1:46:24 | M55 | 842 | 1:49:31 | 941 | 1955 |
| 37 | 4109 | Fischer Bernd | ASC Düsseldorf | 1:47:25 | M55 | 893 | 1:48:03 | 867 | 1953 |
| 38 | 4187 | Pärschke Klaus | *Oberhausen | 1:47:28 | M55 | 894 | 1:48:45 | 898 | 1956 |
| 39 | 3976 | Mäteling Alex | A.Isselburg | 1:47:28 | M55 | 896 | 1:48:56 | 910 | 1956 |
| 40 | 1884 | Keldenich Dr. Jörg | *Wuppertal | 1:47:35 | M55 | 902 | 1:49:22 | 932 | 1954 |
| 41 | 3753 | Bier Günther | *Velbert | 1:47:48 | M55 | 914 | 1:48:25 | 885 | 1956 |
| 42 | 3295 | Schoofs Helmut | BSG Stadtwerke | 1:48:01 | M55 | 929 | 1:49:13 | 923 | 1953 |
| 43 | 1943 | Spogahn Hans-Michael | Bocholter WSV | 1:48:20 | M55 | 947 | 1:49:25 | 935 | 1956 |
| 44 | 5307 | Vogt Josef | TV Frisch Auf Lennep | 1:48:28 | M55 | 962 | 1:50:07 | 979 | 1952 |
| 45 | 1610 | Wortelkamp Wolf | *Düsseldorf | 1:48:37 | M55 | 967 | 1:49:56 | 963 | 1956 |
| 46 | 4979 | Doert-Brexel Gerd | BSV ThyssenKrupp Stahl | 1:49:18 | M55 | 1007 | 1:49:43 | 950 | 1954 |
| 47 | 3088 | Jöster Klaus | E.ON Ruhrgas SG | 1:49:22 | M55 | 1010 | 1:50:05 | 975 | 1956 |
| 48 | 4652 | Maaßen Heinz | LT Turnerbund Frintrop | 1:49:30 | M55 | 1015 | 1:50:48 | 1010 | 1956 |
| 49 | 3996 | Köngeter Hans | SCB Horrem | 1:49:48 | M55 | 1027 | 1:52:16 | 1083 | 1954 |
| 50 | 5353 | Strahlenbach Reiner | *Düsseldorf | 1:49:52 | M55 | 1030 | 1:50:42 | 1006 | 1956 |
| 51 | 2795 | Peitsch Michael | *Düsseldorf | 1:50:08 | M55 | 1046 | 1:50:57 | 1019 | 1955 |
| 52 | 4005 | Florin Wilhelm | Homberger TV | 1:50:10 | M55 | 1047 | 1:51:36 | 1052 | 1955 |
| 53 | 5686 | Gerlach Thomas | LG Die 3 von der | 1:50:10 | M55 | 1048 | 1:51:12 | 1027 | 1953 |
| 54 | 5433 | Epke Andreas | activefirst | 1:50:24 | M55 | 1058 | 1:51:50 | 1066 | 1956 |
| 55 | 5101 | Lelgemann Thomas | TVE Burgaltendorf | 1:50:40 | M55 | 1071 | 1:52:56 | 1117 | 1956 |
| 56 | 3937 | Reisch Axel | Laufschule Oberhausen | 1:51:17 | M55 | 1108 | 1:52:12 | 1077 | 1953 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|------------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M55 | | | | | | | | | |
| 57 | 2278 | Große-Wilde Wolfgang | Lauffreunde Bottrop | 1:51:23 | M55 | 1112 | 1:52:53 | 1115 | 1954 |
| 58 | 2158 | Niehs Theo | Sonntagsläufer | 1:51:35 | M55 | 1123 | 1:53:51 | 1163 | 1955 |
| 59 | 5220 | Plehnert Michael | LC Duisburg | 1:52:13 | M55 | 1148 | 1:53:08 | 1125 | 1955 |
| 60 | 2620 | Paßgang Ralf | Gothaer Runners | 1:52:39 | M55 | 1173 | 1:53:43 | 1152 | 1955 |
| 61 | 2678 | Jenner Hartmut | BSG Team EVAG | 1:52:41 | M55 | 1175 | 1:55:16 | 1235 | 1954 |
| 62 | 3707 | Stamatopoulos Leonidas | Marathonteam-Ratingen | 1:52:44 | M55 | 1179 | 1:55:23 | 1241 | 1955 |
| 63 | 2408 | Gröber Rüdiger | *Düsseldorf | 1:52:44 | M55 | 1180 | 1:54:07 | 1178 | 1955 |
| 64 | 3575 | Hinsken Franz-Josef | Barfuss Kalamitsi | 1:52:54 | M55 | 1193 | 1:54:18 | 1184 | 1955 |
| 65 | 2679 | Böttger Klaus-Peter | BSG Team EVAG | 1:52:59 | M55 | 1199 | 1:53:37 | 1147 | 1954 |
| 66 | 2569 | Klitzsch Thomas | Silbermöve | 1:53:02 | M55 | 1203 | 1:55:37 | 1257 | 1955 |
| 67 | 3423 | Ditzer Lothar | TuS Breitscheid | 1:53:03 | M55 | 1204 | 1:53:45 | 1155 | 1954 |
| 68 | 2507 | Hornscheidt Frieder | Adler-Langlauf Bottrop | 1:53:21 | M55 | 1219 | 1:54:13 | 1181 | 1954 |
| 69 | 3505 | Grosse Karl-Heinz | Team Erdinger Alkoholfrei | 1:53:26 | M55 | 1224 | 1:54:54 | 1220 | 1952 |
| 70 | 3155 | Tiede Gisbert | TVK 1877 Essen | 1:53:43 | M55 | 1242 | 1:55:12 | 1231 | 1954 |
| 71 | 4434 | Berenbrinker Torsten | LT Kettwig 2000 | 1:53:52 | M55 | 1250 | 1:55:12 | 1233 | 1956 |
| 72 | 5089 | Esser Rolf | tennisschule wahnsinn | 1:53:54 | M55 | 1252 | 1:55:24 | 1243 | 1955 |
| 73 | 2663 | Wiesner Michael | DJK-VfL Willich | 1:54:00 | M55 | 1260 | 1:55:43 | 1261 | 1954 |
| 74 | 2618 | Hax Dr. Peter-Michael | *Duisburg | 1:54:08 | M55 | 1269 | 1:54:44 | 1208 | 1954 |
| 75 | 4901 | Vormdohre Dieter | *Ratingen | 1:55:02 | M55 | 1307 | 1:57:02 | 1316 | 1956 |
| 76 | 3843 | Mielke Heinrich | *Essen | 1:55:15 | M55 | 1314 | 1:57:50 | 1354 | 1954 |
| 77 | 2929 | Stapperfenne Dr. Uwe | *Wülfrath | 1:55:36 | M55 | 1330 | 1:57:43 | 1346 | 1955 |
| 78 | 2412 | Mehl Fritz | LS Bunert | 1:56:43 | M55 | 1378 | 1:58:00 | 1360 | 1952 |
| 79 | 2331 | Stolzenburg Klaus | Obrighoven | 1:56:49 | M55 | 1387 | 1:59:12 | 1409 | 1953 |
| 80 | 2899 | Bonkowski Roland | Triathlon TEAM TG | 1:56:51 | M55 | 1389 | 1:59:07 | 1403 | 1955 |
| 81 | 3847 | Lickes Heinz-Theo | LT Krefeld-Oppum | 1:56:55 | M55 | 1393 | 1:58:04 | 1363 | 1956 |
| 82 | 2705 | Heitzer Wolfgang | *Oberhausen | 1:57:11 | M55 | 1404 | 1:58:32 | 1376 | 1956 |
| 83 | 4843 | Zur Linden Ulrich | Ski-Klub Düsseldorf | 1:57:27 | M55 | 1422 | 1:59:37 | 1437 | 1956 |
| 84 | 3034 | Storms Hubert | Tus Baerl | 1:57:29 | M55 | 1424 | 1:59:34 | 1435 | 1952 |
| 85 | 5417 | Tichelkamp Josef | activefirst | 1:57:30 | M55 | 1427 | 1:59:21 | 1418 | 1952 |
| 86 | 2247 | Ostertag Dr. Heinz | LC Duisburg | 1:57:59 | M55 | 1447 | 2:00:16 | 1468 | 1952 |
| 87 | 4433 | Caniglia Sebastiano | LT Kettwig 2000 | 1:58:05 | M55 | 1454 | 1:59:57 | 1449 | 1954 |
| 88 | 2257 | Sörgel Hans - Joachim | Grubenwehr Ruhrkohle | 1:58:11 | M55 | 1458 | 1:59:12 | 1410 | 1956 |
| 89 | 4607 | Müller Ulrich | TC Kray 1892 e.V. | 1:58:16 | M55 | 1461 | 1:59:33 | 1433 | 1955 |
| 90 | 3347 | Birkholz Wolfgang | AS Neukirchen-Vluyn | 1:58:19 | M55 | 1463 | 2:00:04 | 1457 | 1953 |
| 91 | 4529 | Koopmann Lothar | MSV Duisburg LT | 1:58:34 | M55 | 1477 | 2:01:28 | 1516 | 1952 |
| 92 | 4466 | Mandel Wolfgang | LC Duisburg | 1:58:46 | M55 | 1485 | 2:01:01 | 1494 | 1953 |
| 93 | 3134 | Remenar Willi | BSG Commerzbank | 1:58:48 | M55 | 1486 | 2:00:51 | 1487 | 1953 |
| 94 | 1930 | Schlieter Jörg | LT Mismahlshof | 1:58:50 | M55 | 1488 | 2:00:54 | 1491 | 1955 |
| 95 | 3071 | Kasielke Jürgen | Evonik Wohnen | 1:58:55 | M55 | 1492 | 2:01:14 | 1503 | 1952 |
| 96 | 3613 | Bantin Holger | Unser Wasser | 1:59:20 | M55 | 1509 | 2:00:48 | 1486 | 1953 |
| 97 | 4578 | Klein Dr. Michael | *Essen | 2:01:26 | M55 | 1586 | 2:03:49 | 1594 | 1953 |
| 98 | 2009 | Bartsch Martin | Angerland LT Lintorf | 2:01:35 | M55 | 1588 | 2:03:53 | 1598 | 1954 |
| 99 | 2924 | Bonnen Hans-Peter | *Kaarst | 2:01:46 | M55 | 1595 | 2:03:34 | 1590 | 1956 |
| 100 | 2764 | Kattner Ingolf | KvN | 2:02:58 | M55 | 1621 | 2:04:47 | 1611 | 1952 |
| 101 | 3058 | Rennert Volker | *Dinslaken | 2:02:59 | M55 | 1622 | 2:05:31 | 1631 | 1956 |
| 102 | 4595 | Plicht Wolfgang | OSC | 2:03:13 | M55 | 1627 | 2:05:24 | 1629 | 1954 |
| 103 | 3057 | Marenberg Jürgen | *Duisburg | 2:03:16 | M55 | 1629 | 2:05:52 | 1641 | 1954 |
| 104 | 3398 | Wildner Klaus | AS Neukirchen-Vluyn | 2:03:16 | M55 | 1630 | 2:06:12 | 1651 | 1953 |
| 105 | 2414 | Stoy Eckard | *Mettmann | 2:03:34 | M55 | 1639 | 2:05:52 | 1640 | 1956 |
| 106 | 3288 | Rafalski Karl | BSG Stadtwerke | 2:04:02 | M55 | 1650 | 2:06:59 | 1669 | 1953 |
| 107 | 3382 | Rohde Heinz-Günter | AS Neukirchen-Vluyn | 2:05:34 | M55 | 1690 | 2:07:20 | 1674 | 1956 |
| 108 | 2850 | Kettelhake Rainer | TV Eintracht | 2:06:25 | M55 | 1710 | 2:08:42 | 1710 | 1954 |
| 109 | 2625 | Kern Werner | *Mülheim Ruhr | 2:07:03 | M55 | 1716 | 2:08:20 | 1703 | 1953 |
| 110 | 2903 | Paap Thomas | *Moers | 2:07:25 | M55 | 1725 | 2:09:27 | 1721 | 1954 |
| 111 | 2716 | Schramm Dietmar | *Recklinghausen | 2:07:25 | M55 | 1726 | 2:10:29 | 1737 | 1952 |
| 112 | 2301 | Maryniok Manfred | Schön Wetter Läufer | 2:07:28 | M55 | 1727 | 2:09:22 | 1719 | 1956 |



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|--------------------------------|------|-------------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M55 | | | | | | | | | |
| 113 | 4385 | Koprivsek Rainer | *Oberhausen | 2:07:38 | M55 | 1729 | 2:09:14 | 1716 | 1956 |
| 114 | 5192 | Winkelmann Ulrich | Turnerbund Osterfeld | 2:08:01 | M55 | 1735 | 2:10:47 | 1744 | 1954 |
| 115 | 4811 | Giebfried Bernhard | *Duisburg | 2:08:13 | M55 | 1741 | 2:10:58 | 1747 | 1952 |
| 116 | 2155 | Kolenbrander Peter | LG BHR Oberhausen | 2:08:37 | M55 | 1748 | 2:11:37 | 1756 | 1955 |
| 117 | 2024 | Schenk Wilhelm | *Oberhausen | 2:08:37 | M55 | 1749 | 2:11:20 | 1751 | 1956 |
| 118 | 3692 | Monreal Rolf | *Duisburg | 2:08:38 | M55 | 1751 | 2:11:43 | 1761 | 1956 |
| 119 | 3113 | Wolbring Lothar | E.ON Ruhrgas SG | 2:10:09 | M55 | 1774 | 2:13:09 | 1782 | 1954 |
| 120 | 2674 | Hüfner Manfred | BSG Team EVAG | 2:10:38 | M55 | 1782 | 2:13:14 | 1783 | 1952 |
| 121 | 1778 | Kolenbrander Karl-Heinz | TV Angermund | 2:11:29 | M55 | 1795 | 2:14:33 | 1807 | 1952 |
| 122 | 2472 | Langhanki Ulrich | Lauftreff Willich | 2:12:21 | M55 | 1811 | 2:14:49 | 1813 | 1954 |
| 123 | 1840 | Tetsch Hans-Ulrich | SV Haldern | 2:13:09 | M55 | 1818 | 2:16:18 | 1833 | 1953 |
| 124 | 2961 | Rohde Dieter | *Duisburg | 2:13:14 | M55 | 1821 | 2:14:08 | 1801 | 1955 |
| 125 | 4728 | Meters Norbert | Triminators TV Voerde | 2:13:40 | M55 | 1831 | 2:16:18 | 1833 | 1954 |
| 126 | 2334 | Vogel Gerd | *Neukirchen-Vluyn | 2:13:43 | M55 | 1833 | 2:15:56 | 1829 | 1956 |
| 127 | 4941 | Verspohl Dr. Felix | *Moers | 2:13:47 | M55 | 1836 | 2:16:37 | 1841 | 1952 |
| 128 | 1706 | Herkendell Ralf | *Ratingen | 2:14:15 | M55 | 1847 | 2:17:18 | 1855 | 1952 |
| 129 | 4531 | Hardt Jürgen | *Duisburg | 2:15:20 | M55 | 1861 | 2:18:03 | 1864 | 1956 |
| 130 | 3678 | Berger Georg | Team absetzbar | 2:17:39 | M55 | 1879 | 2:20:40 | 1883 | 1955 |
| 131 | 4546 | Fritz Joachim | *Duisburg | 2:17:52 | M55 | 1883 | 2:20:47 | 1884 | 1956 |
| 132 | 2269 | Herings Ulrich | *Krefeld | 2:19:21 | M55 | 1891 | 2:22:24 | 1893 | 1956 |
| 133 | 3700 | Hageney Willi | LT Schnecke Sonsbeck | 2:19:58 | M55 | 1893 | 2:21:50 | 1890 | 1952 |
| 134 | 1677 | Zeyer Achim | Kreuzbund Düsseldorf | 2:21:29 | M55 | 1900 | 2:24:25 | 1902 | 1956 |
| 135 | 3081 | Grabienski Wolfgang | E.ON Ruhrgas SG | 2:21:40 | M55 | 1901 | 2:24:54 | 1908 | 1953 |
| 136 | 4699 | Skorupa Herbert | *Bochum | 2:21:41 | M55 | 1902 | 2:24:38 | 1905 | 1956 |
| 137 | 3605 | Kemper Klaus | TV Vennikel | 2:22:13 | M55 | 1908 | 2:25:25 | 1909 | 1954 |
| 138 | 2578 | Merckens Christian | LT Gruitzen-Neandertal | 2:24:09 | M55 | 1914 | 2:26:49 | 1914 | 1954 |
| 139 | 3776 | Weidenmüller Werner | LC Duisburg | 2:44:09 | M55 | 1945 | 2:46:52 | 1945 | 1955 |



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|--------------------------------|------|----------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M60 | | | | | | | | | |
| 1 | 4627 | Schroeder Georg | BSG DELPHI Draka | 1:32:17 | M60 | 215 | 1:32:36 | 215 | 1949 |
| 2 | 3121 | Dietrich Eckhardt | TuS Breitscheid | 1:32:25 | M60 | 218 | 1:32:57 | 220 | 1950 |
| 3 | 3138 | Savilif Rüdiger | Trimet | 1:33:26 | M60 | 240 | 1:34:02 | 247 | 1950 |
| 4 | 2954 | Schmeing Henry | ASC-Düsseldorf | 1:33:48 | M60 | 255 | 1:33:56 | 243 | 1949 |
| 5 | 3276 | Gronemeyer | SG Stern Wupp.Sol.Re | 1:35:02 | M60 | 300 | 1:35:10 | 286 | 1948 |
| 6 | 1802 | Sanders Joachim | *Essen | 1:37:24 | M60 | 386 | 1:37:30 | 362 | 1949 |
| 7 | 3128 | Bahls Wolfgang | E.ON Ruhrgas SG | 1:37:32 | M60 | 394 | 1:37:38 | 367 | 1950 |
| 8 | 3020 | Krieg Volker | LC Duisburg | 1:38:17 | M60 | 427 | 1:38:52 | 426 | 1949 |
| 9 | 4362 | Hammer Bernd | *Krefeld | 1:40:08 | M60 | 521 | 1:41:04 | 528 | 1948 |
| 10 | 2172 | Jansen Josef | SV Viktoria Goch | 1:42:29 | M60 | 629 | 1:43:41 | 644 | 1947 |
| 11 | 3098 | Othmer Manfred | E.ON Ruhrgas SG | 1:45:02 | M60 | 770 | 1:45:51 | 759 | 1948 |
| 12 | 2395 | Höffken Willi | *Mülheim | 1:45:20 | M60 | 790 | 1:45:57 | 770 | 1948 |
| 13 | 3365 | Jännert Erich | AS Neukirchen-Vluyn | 1:45:21 | M60 | 791 | 1:47:05 | 826 | 1949 |
| 14 | 1678 | Franz Werner | LT Wischlingen Dortmund | 1:45:55 | M60 | 821 | 1:47:13 | 835 | 1947 |
| 15 | 2669 | Alt Rudi | TRJ Ducks Dorsten | 1:46:11 | M60 | 835 | 1:46:57 | 817 | 1949 |
| 16 | 4614 | Jahnke Siegfried | TC Kray 1892 e.V. | 1:46:27 | M60 | 846 | 1:46:48 | 809 | 1949 |
| 17 | 3699 | Abel Klaus | LC Duisburg | 1:46:54 | M60 | 863 | 1:47:42 | 846 | 1950 |
| 18 | 4238 | Giesen Heinz | LG Mülheim | 1:47:34 | M60 | 900 | 1:48:09 | 872 | 1950 |
| 19 | 2820 | Gruner Jürgen | Krefelder Kanu Klub | 1:47:46 | M60 | 912 | 1:49:02 | 913 | 1950 |
| 20 | 1833 | Maiwald Karl-Heinz | LT TB Hassels Düsseldorf | 1:48:03 | M60 | 931 | 1:48:50 | 904 | 1949 |
| 21 | 5170 | Wortelkamp Uli | Mönchengladbacher LG | 1:48:26 | M60 | 958 | 1:50:04 | 972 | 1947 |
| 22 | 2476 | Eling Jörg | *Essen | 1:48:40 | M60 | 971 | 1:49:48 | 955 | 1950 |
| 23 | 4525 | Böhnke Frank | Lauftreff TBH | 1:48:52 | M60 | 981 | 1:49:39 | 948 | 1948 |
| 24 | 4009 | Brandl Axel | MSV Duisburg LT | 1:49:41 | M60 | 1022 | 1:51:15 | 1030 | 1951 |
| 25 | 1941 | Marißen Klaus-D. | Die Stolperer | 1:49:55 | M60 | 1035 | 1:51:34 | 1050 | 1950 |
| 26 | 1886 | Kautz Günter | SV Viktoria Goch | 1:50:31 | M60 | 1064 | 1:51:46 | 1062 | 1949 |
| 27 | 2494 | Spogahn Georg | Bocholter WSV | 1:51:30 | M60 | 1122 | 1:53:25 | 1140 | 1951 |
| 28 | 2020 | Nienhaus Detlef | Laufteam-Elsinghorst-Boc | 1:52:07 | M60 | 1145 | 1:53:36 | 1145 | 1950 |
| 29 | 2170 | Neumann Wolfram | Adler-Langlauf Bottrop | 1:53:49 | M60 | 1248 | 1:54:40 | 1202 | 1951 |
| 30 | 4259 | Best Volker | *Duisburg | 1:54:10 | M60 | 1271 | 1:55:47 | 1264 | 1950 |
| 31 | 2502 | Hermkens Fred | *Krefeld | 1:54:44 | M60 | 1292 | 1:55:24 | 1244 | 1950 |
| 32 | 4983 | Plötz Andreas | SV Wanheim 1900 | 1:56:16 | M60 | 1360 | 1:57:22 | 1326 | 1951 |
| 33 | 2765 | Haase Heinz | LC Duisburg | 1:57:14 | M60 | 1409 | 1:59:08 | 1405 | 1950 |
| 34 | 2211 | Holtschneider Bruno | *Düsseldorf | 1:57:15 | M60 | 1412 | 1:59:32 | 1432 | 1947 |
| 35 | 4217 | Kollakowski Klaus | LT Gruitzen-Neandertal | 1:57:32 | M60 | 1429 | 1:59:43 | 1443 | 1949 |
| 36 | 2165 | Schuldenzucker Horst | Sontagsläufer Angermund | 1:57:44 | M60 | 1434 | 2:00:01 | 1454 | 1950 |
| 37 | 4615 | Höpfner Otto | LT Gruitzen-Neandertal | 1:57:52 | M60 | 1440 | 2:00:00 | 1452 | 1950 |
| 38 | 2521 | Veljovic Radoslav | *Wuppertal | 1:59:16 | M60 | 1506 | 2:01:10 | 1499 | 1948 |
| 39 | 2084 | Fischer Heinz-Georg | Ruhrknappen Bottrop | 2:00:15 | M60 | 1554 | 2:02:14 | 1546 | 1948 |
| 40 | 3957 | Schröder Günther | Lauftreff Sterkrade-Nord | 2:02:15 | M60 | 1603 | 2:05:23 | 1628 | 1948 |
| 41 | 3146 | Hardt Dagobert | Max Maulwurf Marathonis | 2:02:15 | M60 | 1604 | 2:04:43 | 1610 | 1949 |
| 42 | 4725 | Komanek Horst-Dieter | *Duisburg | 2:02:58 | M60 | 1620 | 2:05:17 | 1625 | 1950 |
| 43 | 1973 | Werner Gerhard | Medisport Dortmund | 2:03:50 | M60 | 1644 | 2:06:23 | 1654 | 1947 |
| 44 | 3502 | Krusenbaum Jürgen | *Mülheim an der Ruhr | 2:04:01 | M60 | 1648 | 2:07:05 | 1672 | 1951 |
| 45 | 3387 | Schellscheidt Roland | AS Neukirchen-Vluyn | 2:05:43 | M60 | 1698 | 2:08:07 | 1700 | 1947 |
| 46 | 2905 | Wold Karl | Angerrunner | 2:06:25 | M60 | 1709 | 2:09:03 | 1712 | 1947 |
| 47 | 3100 | Pietsch Helmut | E.ON Ruhrgas SG | 2:07:15 | M60 | 1718 | 2:09:04 | 1713 | 1949 |
| 48 | 3082 | Hanich Rudi | E.ON Ruhrgas SG | 2:08:11 | M60 | 1737 | 2:10:43 | 1742 | 1950 |
| 49 | 2148 | Hester Gunther | Diakonie Duisburg | 2:13:41 | M60 | 1832 | 2:16:41 | 1842 | 1951 |
| 50 | 2203 | Bliesner Friedhelm | LT walk the line | 2:13:55 | M60 | 1839 | 2:16:49 | 1845 | 1948 |
| 51 | 3810 | Ebhardt Gerhard | *Duisburg | 2:17:40 | M60 | 1881 | 2:20:20 | 1880 | 1948 |
| 52 | 3376 | Moritz Günter | AS Neukirchen-Vluyn | 2:37:53 | M60 | 1941 | 2:41:03 | 1942 | 1950 |



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|--------------------------------|------|-----------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Männer M65 | | | | | | | | | |
| 1 | 3917 | Frese Wilfried | LC Rapid Dortmund | 1:31:39 | M65 | 203 | 1:31:48 | 201 | 1944 |
| 2 | 1672 | Fröde Volker | TuS Hamborn-Neumühl | 1:33:47 | M65 | 253 | 1:33:56 | 243 | 1945 |
| 3 | 3356 | Fischer Helmuth | AS Neukirchen-Vluyn | 1:43:12 | M65 | 660 | 1:43:27 | 633 | 1946 |
| 4 | 2287 | Skowronek Jürgen | Adler-Langlauf Bottrop | 1:47:56 | M65 | 925 | 1:48:18 | 879 | 1945 |
| 5 | 3296 | Grube Wolfgang | BSG Stadtwerke | 1:48:01 | M65 | 928 | 1:49:13 | 922 | 1946 |
| 6 | 2313 | Palm Klaus-Dieter | Lauffreiw. TBH | 1:48:03 | M65 | 932 | 1:48:50 | 903 | 1945 |
| 7 | 5502 | Koopmann Franz | LC | 1:48:20 | M65 | 945 | 1:50:10 | 982 | 1945 |
| 8 | 2917 | Stephan Gerhard | LT Metzkausen | 1:52:53 | M65 | 1190 | 1:54:02 | 1172 | 1943 |
| 9 | 3992 | Nöldemann Dieter | *Essen | 1:54:58 | M65 | 1303 | 1:55:52 | 1271 | 1943 |
| 10 | 2586 | Heinrich Uwe | TuS Hamborn-Neumühl | 1:55:05 | M65 | 1309 | 1:56:07 | 1282 | 1943 |
| 11 | 2970 | Schmidt Michael | *Düsseldorf | 1:57:11 | M65 | 1405 | 1:59:31 | 1431 | 1944 |
| 12 | 4016 | Münstermann Jörg | TSV Viktoria Mülheim | 1:57:14 | M65 | 1410 | 1:57:41 | 1341 | 1944 |
| 13 | 4883 | Jockenhöfer Heinrich | Comfort Coaching | 1:59:44 | M65 | 1532 | 2:00:09 | 1463 | 1945 |
| 14 | 3103 | Rothe Andreas | E.ON Ruhrgas SG | 2:00:36 | M65 | 1564 | 2:03:51 | 1595 | 1945 |
| 15 | 4497 | Stenzel Gerhard | LT BAMP Herne | 2:01:44 | M65 | 1593 | 2:03:24 | 1589 | 1943 |
| 16 | 2944 | Schardt Hans | *Mülheim-ruhr | 2:02:00 | M65 | 1599 | 2:03:43 | 1592 | 1945 |
| 17 | 3425 | Hübinger Eduard | TuS Breitscheid | 2:04:32 | M65 | 1661 | 2:05:29 | 1630 | 1942 |
| 18 | 4315 | Becks Rolf | LG Hünxe | 2:06:27 | M65 | 1711 | 2:09:10 | 1715 | 1945 |
| 19 | 2857 | Pilske Claus-Dieter | *Bochum | 2:08:06 | M65 | 1736 | 2:10:06 | 1730 | 1946 |
| 20 | 2143 | Urbatsch Dr. Peter | *Mülheim | 2:13:39 | M65 | 1829 | 2:16:44 | 1843 | 1944 |
| 21 | 3106 | Schnaubelt Peter | E.ON Ruhrgas SG | 2:13:44 | M65 | 1835 | 2:15:48 | 1826 | 1946 |
| 22 | 4368 | Egerland Wilfried | TV Frisch Auf Lennep | 2:15:37 | M65 | 1869 | 2:18:24 | 1868 | 1942 |
| 23 | 2779 | Dudenbostel Friedhelm | DJK-VfR Saarn | 2:17:40 | M65 | 1882 | 2:20:20 | 1881 | 1943 |
| 24 | 5006 | Bade Gerd | LT Vynen | 2:18:40 | M65 | 1888 | 2:21:20 | 1886 | 1945 |
| 25 | 2649 | Treske Karl-Heinz | Borbecker Raketen Essen | 2:46:43 | M65 | 1947 | 2:49:42 | 1947 | 1945 |
| Altersklasse Männer M70 | | | | | | | | | |
| 1 | 4266 | Marcour Wilfried | BSV Grün-Weiß | 1:45:01 | M70 | 769 | 1:45:32 | 746 | 1941 |
| 2 | 3124 | Müller Rüdiger | Marathon Mülheim | 1:59:05 | M70 | 1501 | 2:01:17 | 1506 | 1939 |
| 3 | 3440 | Zeller Robert | TuS Breitscheid | 2:01:11 | M70 | 1579 | 2:02:08 | 1542 | 1939 |
| 4 | 3085 | Heimann Klaus | E.ON Ruhrgas SG | 2:22:32 | M70 | 1910 | 2:24:20 | 1901 | 1941 |
| 5 | 2749 | Kuehn Reinhardt | - | 2:32:27 | M70 | 1933 | 2:32:43 | 1928 | 1937 |
| 6 | 2995 | Lenzen Werner | LT Krefeld-Oppum | 3:01:49 | M70 | 1948 | 3:03:52 | 1948 | 1941 |
| Altersklasse Männer M75 | | | | | | | | | |
| 1 | 2752 | Jakobs Hans | LC Duisburg | 2:23:46 | M75 | 1912 | 2:25:52 | 1911 | 1935 |



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|--------------------------------|------|----------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W15 | | | | | | | | | |
| 1 | 5223 | Van Holt Jana | LT Vynen | 2:12:16 | W15 | 482 | 2:14:27 | 477 | 1996 |
| Altersklasse Frauen W18 | | | | | | | | | |
| 1 | 4055 | Verheyen Laya | laya&netti | 1:47:06 | W18 | 111 | 1:48:39 | 122 | 1992 |
| 2 | 4903 | Daniel Theresa Tabea | Masters Gym | 1:58:26 | W18 | 281 | 2:00:01 | 277 | 1993 |
| 3 | 5130 | Geyer Jana | Stommelhopper | 2:11:16 | W18 | 466 | 2:11:40 | 448 | 1995 |
| 4 | 2628 | Nienhaus Kim | Bocholt läuft | 2:11:37 | W18 | 471 | 2:13:26 | 467 | 1995 |
| 5 | 4865 | Huth Johanna | LC Duisburg | 2:11:54 | W18 | 478 | 2:14:54 | 486 | 1995 |
| 6 | 3668 | Delhaes Dana | *Issum | 2:27:42 | W18 | 604 | 2:30:03 | 604 | 1994 |
| 7 | 1679 | Rätscher Cristina | *Duisburg | 2:40:33 | W18 | 639 | 2:43:07 | 638 | 1993 |
| 8 | 2821 | Cichocki Joanna | *Duisburg | 2:40:33 | W18 | 640 | 2:43:07 | 639 | 1993 |
| Altersklasse Frauen W19 | | | | | | | | | |
| 1 | 2733 | Breit Ann-Christin | TSG Kirchhellen | 1:45:31 | W19 | 100 | 1:47:38 | 109 | 1990 |
| 2 | 3912 | Deutzmann Katharina | LT Cloversoft | 1:45:42 | W19 | 102 | 1:46:04 | 95 | 1989 |
| 3 | 5093 | Wüsten Tanja | *Krefeld | 2:07:29 | W19 | 430 | 2:09:58 | 431 | 1989 |
| 4 | 5161 | Werner Sarah | SV Concordia Ossenberg | 2:11:13 | W19 | 464 | 2:14:02 | 472 | 1991 |
| 5 | 4936 | Neuland Svenja | Twee Ührken Team | 2:14:55 | W19 | 516 | 2:18:10 | 522 | 1990 |
| 6 | 2147 | Niehs Maike | *Düsseldorf | 2:18:11 | W19 | 548 | 2:20:29 | 547 | 1989 |



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| Altersklasse Frauen W22 | | | | | | | | | |
| 1 | 1720 | Muschert Madlen | ART Düsseldorf | 1:26:04 | W22 | 3 | 1:26:09 | 3 | 1982 |
| 2 | 3339 | Werner Kerstin | *Duisburg | 1:32:48 | W22 | 8 | 1:33:06 | 8 | 1982 |
| 3 | 2895 | Schlegelmilch Martina | *Essen | 1:35:00 | W22 | 20 | 1:35:55 | 21 | 1982 |
| 4 | 2118 | Hollinger Andrea | ART Düsseldorf | 1:36:33 | W22 | 27 | 1:36:47 | 25 | 1982 |
| 5 | 2839 | Volz Michaela | Fortuna Düsseldorf | 1:38:48 | W22 | 41 | 1:39:26 | 43 | 1982 |
| 6 | 5090 | Kessels Kathrin | *Bottrop | 1:41:52 | W22 | 60 | 1:42:39 | 63 | 1987 |
| 7 | 3720 | Kollenberg Kristin | RWE Starlight Team | 1:42:45 | W22 | 68 | 1:43:06 | 65 | 1984 |
| 8 | 2446 | Kaune Claudia | LC Duisburg | 1:43:40 | W22 | 77 | 1:44:14 | 77 | 1984 |
| 9 | 2968 | Sistenich Sandra | *Essen | 1:43:42 | W22 | 79 | 1:44:37 | 81 | 1982 |
| 10 | 3534 | Boruta Julia | *köln | 1:43:51 | W22 | 82 | 1:44:45 | 83 | 1988 |
| 11 | 3693 | Haesser Lena | LT Schnecke Sonsbeck | 1:44:33 | W22 | 90 | 1:45:02 | 84 | 1984 |
| 12 | 3282 | Moews Steffi | TV Wanheimerort 1880 | 1:48:29 | W22 | 127 | 1:49:11 | 126 | 1988 |
| 13 | 1936 | Lüdorf Melanie | *Wuppertal | 1:50:02 | W22 | 146 | 1:51:21 | 149 | 1985 |
| 14 | 4396 | Scholz Annick | activefirst | 1:50:45 | W22 | 160 | 1:50:59 | 141 | 1984 |
| 15 | 5184 | Pfützenreuter Nora | Angerland LT Lintorf | 1:51:10 | W22 | 164 | 1:53:29 | 184 | 1987 |
| 16 | 3633 | Fladda Marion | BSG Sparkasse Duisburg | 1:51:44 | W22 | 175 | 1:54:29 | 195 | 1984 |
| 17 | 2344 | Junghanns Tina | SiTi84 | 1:51:52 | W22 | 178 | 1:53:07 | 175 | 1984 |
| 18 | 2505 | Berger Clara | Triminators TV Voerde | 1:52:40 | W22 | 190 | 1:53:53 | 191 | 1986 |
| 19 | 5042 | Weiß Susanne | e.V.n.e.V. | 1:53:00 | W22 | 196 | 1:54:24 | 194 | 1986 |
| 20 | 5491 | Lamwersiek Sandra | AOK Düsseldorf | 1:56:48 | W22 | 254 | 1:59:01 | 262 | 1983 |
| 21 | 3503 | John Svenja | Team Erdinger Alkoholfrei | 1:56:48 | W22 | 255 | 1:58:16 | 247 | 1986 |
| 22 | 4236 | Schikora Kathi | Ausdauerschule by | 1:57:20 | W22 | 268 | 1:59:15 | 265 | 1983 |
| 23 | 4565 | Stienen Ortrud | *Duisburg | 1:57:58 | W22 | 275 | 2:00:04 | 278 | 1984 |
| 24 | 4050 | Lutz Karen | *Herne | 1:58:23 | W22 | 279 | 2:00:17 | 284 | 1985 |
| 25 | 2810 | Schilling Anke | *Hünxe | 1:58:31 | W22 | 283 | 2:00:23 | 285 | 1985 |
| 26 | 2376 | Möller Tanja | *Duisburg | 1:58:58 | W22 | 298 | 2:00:41 | 295 | 1985 |
| 27 | 4572 | Weschenbach Barbara | activefirst | 1:59:52 | W22 | 315 | 2:00:16 | 283 | 1984 |
| 28 | 4750 | Garde Jenny | *Essen | 2:00:36 | W22 | 327 | 2:02:43 | 330 | 1985 |
| 29 | 4755 | Rudolph Lisa | *Düsseldorf | 2:00:38 | W22 | 329 | 2:02:00 | 321 | 1984 |
| 30 | 4754 | Weiß Svenja | *Duisburg | 2:01:00 | W22 | 334 | 2:02:50 | 332 | 1983 |
| 31 | 5375 | Hermann Carolina | activefirst | 2:01:04 | W22 | 335 | 2:03:28 | 338 | 1985 |
| 32 | 3671 | Eller Désirée | Wassersportverein | 2:02:16 | W22 | 351 | 2:03:41 | 339 | 1982 |
| 33 | 4684 | Kirchhof Janine | *Solingen | 2:03:54 | W22 | 372 | 2:06:14 | 373 | 1984 |
| 34 | 3396 | Tempesta Angela | AS Neukirchen-Vluyn | 2:04:21 | W22 | 387 | 2:06:45 | 382 | 1984 |
| 35 | 2154 | Kolenbrander Stefanie | LG BHR Oberhausen | 2:04:33 | W22 | 389 | 2:07:33 | 402 | 1985 |
| 36 | 2487 | Wurzel Johanna | *Duisburg | 2:04:54 | W22 | 396 | 2:07:47 | 408 | 1983 |
| 37 | 1870 | Teichner Fabienne | *Alpen | 2:05:34 | W22 | 407 | 2:07:41 | 407 | 1983 |
| 38 | 4985 | Ehrkamp Anja | *Münster | 2:05:49 | W22 | 413 | 2:07:52 | 410 | 1986 |
| 39 | 3963 | Gosebrink Sabrina | *Duisburg | 2:06:30 | W22 | 423 | 2:08:17 | 418 | 1986 |
| 40 | 4963 | Biesalski Anne-Sophie | *Witten | 2:08:00 | W22 | 436 | 2:10:19 | 436 | 1984 |
| 41 | 4752 | Kemper Elisa-Marie | *Düsseldorf | 2:09:56 | W22 | 453 | 2:12:04 | 454 | 1984 |
| 42 | 5392 | Meier Susanne | activefirst | 2:10:41 | W22 | 462 | 2:13:03 | 462 | 1983 |
| 43 | 2554 | Kassens Sonja | *Haan | 2:11:54 | W22 | 477 | 2:14:39 | 480 | 1985 |
| 44 | 2482 | Korte Tanja | Casino Duisburg | 2:15:30 | W22 | 523 | 2:18:05 | 521 | 1985 |
| 45 | 5441 | Teloo Britta | LT Schnecke SV | 2:15:39 | W22 | 526 | 2:17:32 | 512 | 1982 |
| 46 | 4199 | McHugh Isabel | Laufschule Düsseldorf | 2:18:01 | W22 | 547 | 2:20:57 | 551 | 1988 |
| 47 | 4456 | Kasperkowitz Kim Bea | *Duisburg | 2:19:08 | W22 | 557 | 2:21:51 | 560 | 1983 |
| 48 | 4470 | Holtwick Andrea | LT Schnecke SV | 2:19:57 | W22 | 560 | 2:21:50 | 558 | 1982 |
| 49 | 3721 | Thißen Viviane | *Sonsbeck | 2:19:57 | W22 | 561 | 2:21:50 | 559 | 1982 |
| 50 | 2405 | Molderings Melissa | Angerland LT Lintorf | 2:20:06 | W22 | 564 | 2:23:14 | 565 | 1983 |
| 51 | 2570 | Kubik Julia | immergrün Triathlon | 2:29:49 | W22 | 612 | 2:31:09 | 605 | 1984 |
| 52 | 1963 | Biermann Daniela | immergrün Triathlon | 2:29:50 | W22 | 613 | 2:31:10 | 606 | 1983 |
| 53 | 5409 | Schöttler Bianca | activefirst | 2:35:35 | W22 | 619 | 2:37:36 | 619 | 1983 |
| 54 | 4907 | Bransch Julia | *Krefeld | 2:38:10 | W22 | 630 | 2:39:57 | 628 | 1988 |
| 55 | 5076 | Ostwald Stefanie | *Merzenich | 2:38:54 | W22 | 634 | 2:42:06 | 634 | 1985 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|-----------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W30 | | | | | | | | | |
| 1 | 1843 | Felt Silvia | TG Neuss | 1:21:17 | W30 | 1 | 1:21:20 | 1 | 1977 |
| 2 | 3449 | Müller Angela | ASC Rosellen/Neuss | 1:25:49 | W30 | 2 | 1:25:53 | 2 | 1978 |
| 3 | 4804 | Dörfers Judith | ART Düsseldorf | 1:34:40 | W30 | 16 | 1:34:51 | 16 | 1979 |
| 4 | 2379 | Kays Linda | SV Langendreer 04 | 1:34:59 | W30 | 19 | 1:35:08 | 19 | 1979 |
| 5 | 5324 | Pütthe Dr. Tina | ASC Rosellen/Neuss | 1:35:15 | W30 | 21 | 1:35:34 | 20 | 1977 |
| 6 | 3591 | Kruse Daniela | SV13 Gladbeck | 1:37:23 | W30 | 34 | 1:38:20 | 35 | 1977 |
| 7 | 3409 | Kellendonk Heike | TG Neuss | 1:39:30 | W30 | 45 | 1:40:02 | 45 | 1977 |
| 8 | 4053 | Pfaff Angela | TRlandertaler | 1:39:43 | W30 | 46 | 1:41:19 | 51 | 1979 |
| 9 | 2191 | Krämer Jeanette | City Fitness Essen | 1:40:04 | W30 | 49 | 1:40:25 | 46 | 1979 |
| 10 | 2753 | Mottlau Christina | Makrolon Runners | 1:42:45 | W30 | 67 | 1:42:53 | 64 | 1981 |
| 11 | 4557 | Schillings Stefanie | TRC Essen 84 | 1:43:06 | W30 | 72 | 1:44:04 | 74 | 1981 |
| 12 | 1658 | Zacharias Anina | *Essen | 1:43:44 | W30 | 81 | 1:44:05 | 75 | 1977 |
| 13 | 2725 | Mölders Ulrike | Team Aroma Ahoi | 1:44:58 | W30 | 94 | 1:45:35 | 92 | 1980 |
| 14 | 2922 | Harnisch Katja | Ski-Klub Düsseldorf | 1:45:25 | W30 | 99 | 1:46:30 | 99 | 1980 |
| 15 | 5206 | Schmitz Claudia | Ponyhof | 1:46:02 | W30 | 104 | 1:47:08 | 103 | 1980 |
| 16 | 2998 | Kohrs Silke | ASC Ratingen | 1:47:12 | W30 | 112 | 1:47:39 | 111 | 1977 |
| 17 | 3609 | Helten Andrea | LT SV Haldern | 1:47:52 | W30 | 121 | 1:49:17 | 127 | 1978 |
| 18 | 4139 | Brix Silke | *Neuss | 1:49:14 | W30 | 136 | 1:51:09 | 145 | 1979 |
| 19 | 2726 | Lesaar Petra | LT Berka Stars | 1:49:19 | W30 | 138 | 1:51:01 | 142 | 1977 |
| 20 | 4789 | Lymann Jessica | TC Kray 1892 e.V. | 1:49:53 | W30 | 144 | 1:51:09 | 144 | 1980 |
| 21 | 2853 | Duethmann Anja | TRC Essen 84 | 1:50:09 | W30 | 148 | 1:51:19 | 148 | 1981 |
| 22 | 1760 | Amalou Linda | *Essen | 1:50:15 | W30 | 151 | 1:52:02 | 158 | 1980 |
| 23 | 4580 | Stüker Maria | TC 69 Sterkrade | 1:50:32 | W30 | 154 | 1:51:06 | 143 | 1980 |
| 24 | 5284 | Mlyneck Anke | SV Kupferdreh | 1:51:42 | W30 | 174 | 1:52:33 | 164 | 1980 |
| 25 | 3206 | Conrad Claudia | Vodafone Runners | 1:51:49 | W30 | 177 | 1:52:40 | 166 | 1977 |
| 26 | 3743 | Köhler Maria | TVK 1877 Essen | 1:51:57 | W30 | 179 | 1:53:08 | 176 | 1980 |
| 27 | 3429 | Kraatz Frauke | TuS Breitscheid | 1:54:06 | W30 | 206 | 1:54:48 | 202 | 1980 |
| 28 | 5052 | Althaus Andrea | *Düsseldorf | 1:54:30 | W30 | 216 | 1:54:59 | 203 | 1979 |
| 29 | 3095 | Nickl Isabella | E.ON Ruhrgas SG | 1:55:06 | W30 | 222 | 1:55:52 | 214 | 1977 |
| 30 | 3624 | Kaleja Steffi | Renntiere | 1:56:00 | W30 | 243 | 1:57:12 | 227 | 1981 |
| 31 | 5097 | Berrisch Christiane | *Meerbusch | 1:56:38 | W30 | 251 | 1:58:34 | 254 | 1980 |
| 32 | 1715 | Rennert Daniela | DiDalaufen.de | 1:58:38 | W30 | 287 | 2:00:04 | 279 | 1981 |
| 33 | 4477 | Schmittmann Nicole | TV Rhede | 1:58:46 | W30 | 290 | 2:00:43 | 296 | 1979 |
| 34 | 1772 | Pauli Tanja | LT Alt-Erkrath | 1:59:02 | W30 | 300 | 2:00:43 | 297 | 1979 |
| 35 | 2972 | Demmer Tanja | TV Aldekerk | 1:59:16 | W30 | 303 | 2:00:50 | 299 | 1979 |
| 36 | 2239 | Heilmann Sina | *Wuppertal | 1:59:44 | W30 | 313 | 2:01:54 | 318 | 1981 |
| 37 | 4564 | Pilipovic Sandra | Tus Baerl | 1:59:53 | W30 | 316 | 2:01:59 | 319 | 1981 |
| 38 | 4631 | Zuck Cerstin | Bauenmitzuck | 2:00:38 | W30 | 328 | 2:02:00 | 320 | 1978 |
| 39 | 3818 | Dütemeyer Grusche | *Duisburg | 2:01:44 | W30 | 345 | 2:03:52 | 341 | 1981 |
| 40 | 5496 | Borghoff Bianca | LC | 2:02:56 | W30 | 357 | 2:05:32 | 359 | 1978 |
| 41 | 5067 | Apaydin Suna | *Herne | 2:03:25 | W30 | 370 | 2:06:17 | 374 | 1979 |
| 42 | 3287 | Rafalski Melanie | BSG Stadtwerke | 2:04:03 | W30 | 379 | 2:07:00 | 390 | 1980 |
| 43 | 2529 | Goischke Astrid | *Moers | 2:04:05 | W30 | 381 | 2:06:58 | 387 | 1977 |
| 44 | 4959 | Schmidt Martina | Kistenraudis | 2:04:06 | W30 | 382 | 2:06:58 | 388 | 1979 |
| 45 | 4966 | Rätzel Nicolle | LC Duisburg | 2:04:15 | W30 | 384 | 2:07:07 | 392 | 1977 |
| 46 | 3890 | Lambertz Brigitte | *Essen | 2:04:59 | W30 | 397 | 2:05:47 | 368 | 1979 |
| 47 | 3364 | Jack Melanie | AS Neukirchen-Vluyn | 2:05:43 | W30 | 411 | 2:08:07 | 415 | 1979 |
| 48 | 4189 | Lewandowski Sabine | Laufschule Düsseldorf | 2:09:10 | W30 | 444 | 2:12:07 | 455 | 1979 |
| 49 | 2766 | Braemer Miriam | Bezirksregierung | 2:09:36 | W30 | 449 | 2:11:57 | 452 | 1981 |
| 50 | 5129 | Püschel Marlis | Stommelhopper | 2:11:16 | W30 | 467 | 2:11:40 | 449 | 1978 |
| 51 | 3897 | Krause-Holtz Angelika | Triathlon TEAM TG | 2:11:24 | W30 | 468 | 2:12:32 | 458 | 1978 |
| 52 | 4229 | Jehnert Ricarda | *Stolberg | 2:11:42 | W30 | 473 | 2:14:26 | 476 | 1979 |
| 53 | 4975 | Heilemann Sandra | after-work-runners.de | 2:12:26 | W30 | 486 | 2:13:57 | 470 | 1981 |
| 54 | 5322 | Kühn Sibylle | *Duisburg | 2:13:28 | W30 | 496 | 2:15:57 | 496 | 1980 |
| 55 | 3932 | Heinrichs Hedwig | *Neuss | 2:14:40 | W30 | 512 | 2:17:10 | 507 | 1979 |
| 56 | 4058 | Jakubzick Bettina | slowrunners | 2:15:40 | W30 | 527 | 2:18:48 | 531 | 1978 |



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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W30 | | | | | | | | | |
| 57 | 4011 | Lingen Katrin | TRC Essen 84 | 2:15:59 | W30 | 530 | 2:19:03 | 532 | 1981 |
| 58 | 4634 | Sikora Heike | *Düsseldorf | 2:17:01 | W30 | 537 | 2:19:45 | 542 | 1980 |
| 59 | 3803 | Pach Saskia | SpeedGirls | 2:17:54 | W30 | 546 | 2:19:42 | 539 | 1980 |
| 60 | 3895 | Bolling Annette | BSG Sparkasse Duisburg | 2:19:44 | W30 | 559 | 2:22:52 | 562 | 1979 |
| 61 | 5348 | Kim Sera | *Düsseldorf | 2:20:06 | W30 | 564 | 2:23:14 | 565 | 1977 |
| 62 | 4423 | Kamprolf Claudia | *Essen | 2:20:26 | W30 | 568 | 2:23:28 | 569 | 1980 |
| 63 | 5060 | Kezerle Tanja | Die mit der Weste | 2:21:16 | W30 | 576 | 2:23:54 | 574 | 1978 |
| 64 | 5373 | Hartmann Alyona | activefirst | 2:22:22 | W30 | 585 | 2:24:48 | 584 | 1977 |
| 65 | 1541 | Heber Uta | *Langenfeld | 2:22:36 | W30 | 587 | 2:25:33 | 587 | 1980 |
| 66 | 4747 | Kreß Katrin | *Dortmund | 2:23:11 | W30 | 589 | 2:25:49 | 588 | 1978 |
| 67 | 3953 | Hebisch Nina | Running Gig | 2:24:47 | W30 | 597 | 2:27:46 | 597 | 1979 |
| 68 | 4082 | Grewe Antje | Laufschule Düsseldorf | 2:25:03 | W30 | 599 | 2:28:00 | 598 | 1978 |
| 69 | 4383 | Junker Melanie | *Xanten | 2:28:51 | W30 | 609 | 2:31:17 | 609 | 1977 |
| 70 | 3378 | Neumann Claudia | AS Neukirchen-Vluyn | 2:53:35 | W30 | 644 | 2:56:45 | 644 | 1978 |



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|--------------------------------|------|----------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W35 | | | | | | | | | |
| 1 | 2777 | Niehues Silke | Tusem Essen | 1:28:29 | W35 | 4 | 1:28:34 | 4 | 1972 |
| 2 | 2403 | Just Gladys | Angerland LT Lintorf | 1:29:37 | W35 | 5 | 1:29:50 | 5 | 1974 |
| 3 | 3451 | Kraft Esther | Karacho Girls | 1:30:14 | W35 | 6 | 1:30:21 | 6 | 1973 |
| 4 | 3513 | Klobus Carmen | *Essen | 1:34:07 | W35 | 12 | 1:34:24 | 11 | 1975 |
| 5 | 2573 | Quincke Anja | Marathon-Club Menden | 1:35:50 | W35 | 22 | 1:36:04 | 22 | 1975 |
| 6 | 1713 | Menz Britta | LLG St. Augustin | 1:36:14 | W35 | 24 | 1:36:20 | 23 | 1973 |
| 7 | 5693 | Durry Simone | TG Neuss | 1:37:54 | W35 | 36 | 1:38:27 | 36 | 1975 |
| 8 | 2105 | Haschke Melanie | Triathlon Team Ratingen | 1:38:51 | W35 | 42 | 1:39:11 | 41 | 1974 |
| 9 | 3291 | Bohmann Sonja | BSG Stadtwerke | 1:40:03 | W35 | 48 | 1:40:35 | 48 | 1972 |
| 10 | 2396 | Tarrach Michaela | LTH-Essen | 1:40:55 | W35 | 53 | 1:41:38 | 53 | 1972 |
| 11 | 5167 | Hennies Uta | *Essen | 1:40:59 | W35 | 54 | 1:41:09 | 50 | 1975 |
| 12 | 1829 | Bitthöfer Tatjana | LT Wischlingen Dortmund | 1:42:11 | W35 | 63 | 1:42:27 | 60 | 1975 |
| 13 | 2236 | Düren Christiane | *Duisburg | 1:43:43 | W35 | 80 | 1:44:23 | 79 | 1973 |
| 14 | 4118 | Schmidt Carola | LG Plettenberg-Herscheid | 1:44:34 | W35 | 91 | 1:45:21 | 88 | 1975 |
| 15 | 4813 | Switala Tanja | *Waltrop | 1:44:51 | W35 | 92 | 1:45:22 | 89 | 1973 |
| 16 | 1664 | Kenneweg Sonja | Freie Schwimmer | 1:45:40 | W35 | 101 | 1:47:11 | 105 | 1975 |
| 17 | 2951 | Schulte Anita | Bocholter WSV | 1:47:56 | W35 | 122 | 1:48:30 | 117 | 1975 |
| 18 | 2276 | Netthöfel Claudia | Ski-Klub Düsseldorf | 1:48:02 | W35 | 123 | 1:49:07 | 124 | 1974 |
| 19 | 4388 | Nowak Melanie | *hünxe | 1:48:19 | W35 | 125 | 1:49:53 | 131 | 1972 |
| 20 | 2400 | Birkendorf Cornelia | Tri-Geckos Dortmund | 1:48:42 | W35 | 130 | 1:49:50 | 130 | 1973 |
| 21 | 1511 | Piwonski Sandra | LC Duisburg | 1:48:59 | W35 | 133 | 1:50:10 | 134 | 1972 |
| 22 | 2046 | Metternich Melanie | Palma Runners | 1:49:40 | W35 | 142 | 1:50:37 | 137 | 1976 |
| 23 | 2556 | Hörmann Karin | Freie Schwimmer | 1:50:39 | W35 | 155 | 1:52:14 | 161 | 1973 |
| 24 | 5017 | Lorentz Stefanie | *Duisburg | 1:51:03 | W35 | 162 | 1:52:58 | 172 | 1972 |
| 25 | 2336 | Ischinsky Carolin | Lauffreunde Bottrop | 1:51:26 | W35 | 169 | 1:52:53 | 169 | 1974 |
| 26 | 4787 | Stützer Kerstin | TC Kray 1892 e.V. | 1:51:38 | W35 | 171 | 1:52:55 | 171 | 1973 |
| 27 | 3003 | Fieker Sabine | Homberger TV | 1:51:39 | W35 | 172 | 1:53:05 | 174 | 1972 |
| 28 | 4821 | Borch Corinna | *Düsseldorf | 1:51:42 | W35 | 173 | 1:53:19 | 178 | 1975 |
| 29 | 1617 | Drieschner Monique | Rapid Ramirez | 1:52:36 | W35 | 189 | 1:53:42 | 187 | 1974 |
| 30 | 2443 | Friedrich Kerstin | Schwimmvereinigung | 1:54:11 | W35 | 208 | 1:55:04 | 204 | 1972 |
| 31 | 1924 | Müller Kerstin | Lauftreff R(h)einknaller | 1:54:14 | W35 | 209 | 1:55:24 | 207 | 1976 |
| 32 | 2215 | Kauffmann Inga | *Essen | 1:54:52 | W35 | 220 | 1:55:31 | 209 | 1973 |
| 33 | 3087 | Pfefferkorn Paula | E.ON Ruhrgas SG | 1:55:32 | W35 | 229 | 1:57:57 | 242 | 1973 |
| 34 | 3719 | Wehling Christina | *Düsseldorf | 1:55:36 | W35 | 230 | 1:57:45 | 241 | 1972 |
| 35 | 3790 | Arnold Cordula | *Duisburg | 1:55:37 | W35 | 231 | 1:57:44 | 240 | 1972 |
| 36 | 2568 | Geub Claudia | *Langenfeld | 1:55:39 | W35 | 233 | 1:57:39 | 236 | 1973 |
| 37 | 4964 | Kubon Christiane | *Duisburg | 1:56:26 | W35 | 248 | 1:59:19 | 268 | 1973 |
| 38 | 3900 | Trant Dr. Stefanie | *Bochum | 1:56:57 | W35 | 256 | 1:58:29 | 251 | 1972 |
| 39 | 3901 | Hartmann Melanie | *Bochum | 1:56:57 | W35 | 257 | 1:58:29 | 251 | 1976 |
| 40 | 5061 | Vom Ort Nicole | Die mit der Weste | 1:57:12 | W35 | 265 | 1:59:25 | 271 | 1973 |
| 41 | 5295 | Schauties Melanie | BSG Sparkasse | 1:58:17 | W35 | 278 | 2:00:26 | 287 | 1973 |
| 42 | 3240 | Lind Catrin | Vodafone Runners | 1:58:32 | W35 | 284 | 1:59:22 | 269 | 1972 |
| 43 | 3403 | Von Wangenheim Dania | TG Neuss | 1:58:58 | W35 | 297 | 2:01:31 | 309 | 1976 |
| 44 | 2286 | Fischer Anke | BSG Sparkasse Duisburg | 1:59:05 | W35 | 301 | 2:01:16 | 306 | 1974 |
| 45 | 5158 | Moddenborg Petra | *Bocholt | 1:59:26 | W35 | 307 | 2:02:10 | 323 | 1972 |
| 46 | 4967 | Krah Bettina | Fun Runners | 1:59:29 | W35 | 308 | 2:01:52 | 317 | 1975 |
| 47 | 5246 | Weisner Carletta | TUS 09 Erkenschwick | 1:59:38 | W35 | 310 | 2:01:40 | 311 | 1972 |
| 48 | 3783 | Vogt Andrea | Ausdauererschule by | 2:00:08 | W35 | 321 | 2:02:33 | 328 | 1973 |
| 49 | 4364 | Flade Natalie | *Willich | 2:00:46 | W35 | 330 | 2:02:43 | 331 | 1976 |
| 50 | 2622 | Kernebeck Birgit | *Essen | 2:02:01 | W35 | 348 | 2:05:00 | 353 | 1974 |
| 51 | 2424 | Heidtmann Tanja | - | 2:02:13 | W35 | 350 | 2:05:07 | 355 | 1974 |
| 52 | 1915 | Zuschlag Dr. Daniela | *Dortmund | 2:02:42 | W35 | 354 | 2:05:34 | 361 | 1975 |
| 53 | 4195 | Probst Karina | *Neuss | 2:02:58 | W35 | 358 | 2:05:33 | 360 | 1974 |
| 54 | 3751 | Blumenhofen Nicole | - | 2:03:13 | W35 | 365 | 2:06:54 | 385 | 1976 |
| 55 | 1690 | Teichmann Christin | Fun Runner VfL | 2:03:25 | W35 | 369 | 2:04:28 | 349 | 1973 |
| 56 | 5360 | Bucher Clarissa | activefirst | 2:04:02 | W35 | 377 | 2:06:37 | 379 | 1972 |



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|--------------------------------|------|--------------------|------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W35 | | | | | | | | | |
| 57 | 2116 | Schwirtz Nicole | Ausdauerschule by | 2:04:40 | W35 | 390 | 2:06:21 | 377 | 1976 |
| 58 | 2109 | Grabowski Sonja | *Velbert | 2:05:09 | W35 | 401 | 2:07:32 | 400 | 1973 |
| 59 | 3731 | Ananaba Vicky | MVAD | 2:05:10 | W35 | 403 | 2:08:04 | 413 | 1973 |
| 60 | 4930 | Schäfer Kristin | Tri Club Wuppertal | 2:05:31 | W35 | 406 | 2:08:37 | 421 | 1976 |
| 61 | 2406 | Meteling Silke | DJK Lowick | 2:06:53 | W35 | 427 | 2:10:00 | 433 | 1973 |
| 62 | 1810 | Mandt Sandra | Ausdauerschule by | 2:07:40 | W35 | 433 | 2:09:53 | 430 | 1972 |
| 63 | 3141 | Reck Sandra | Trimet | 2:08:37 | W35 | 440 | 2:11:38 | 446 | 1976 |
| 64 | 3820 | Hildebrand Nicole | DJK Tus Rotthausen | 2:09:10 | W35 | 443 | 2:11:10 | 443 | 1972 |
| 65 | 4193 | Kropsch Stephanie | LG Alpen | 2:09:47 | W35 | 450 | 2:11:08 | 442 | 1974 |
| 66 | 3181 | Carnuccio Vittoria | Vodafone Runners | 2:11:40 | W35 | 472 | 2:14:07 | 473 | 1974 |
| 67 | 2551 | Brückner Bionda | *Duisburg | 2:12:20 | W35 | 483 | 2:15:15 | 488 | 1975 |
| 68 | 3817 | Thöne Kirsten | *Duisburg | 2:12:39 | W35 | 489 | 2:14:47 | 483 | 1974 |
| 69 | 5697 | Fitzner Nicole | LT Rennhamster | 2:13:36 | W35 | 498 | 2:16:17 | 498 | 1976 |
| 70 | 4990 | Stache Christina | *Düsseldorf | 2:14:18 | W35 | 504 | 2:16:05 | 497 | 1976 |
| 71 | 4643 | Börger Corina | *Düsseldorf | 2:14:30 | W35 | 507 | 2:17:36 | 514 | 1976 |
| 72 | 4569 | Urban Silke | SV Concordia Ossenberg | 2:14:57 | W35 | 517 | 2:17:43 | 517 | 1976 |
| 73 | 4913 | Kim Soya | *Duisburg | 2:15:01 | W35 | 518 | 2:17:52 | 518 | 1976 |
| 74 | 4051 | Lackmann Uta | TRlandertaler | 2:15:17 | W35 | 520 | 2:17:54 | 519 | 1972 |
| 75 | 5187 | Sabbagh Carola | *Düsseldorf | 2:16:39 | W35 | 532 | 2:19:42 | 540 | 1974 |
| 76 | 3236 | Kowalski Petra | Vodafone Runners | 2:17:17 | W35 | 538 | 2:20:21 | 546 | 1974 |
| 77 | 3677 | Smaniotto Kerstin | Team absetzbar | 2:17:39 | W35 | 542 | 2:20:40 | 549 | 1972 |
| 78 | 4556 | Maulshagen Almut | Laufschule Düsseldorf | 2:17:46 | W35 | 544 | 2:20:43 | 550 | 1972 |
| 79 | 2689 | Sokoll Miriam | *Gelsenkirchen | 2:18:21 | W35 | 550 | 2:21:03 | 552 | 1973 |
| 80 | 1659 | Kodjayan Kirsten | hofacker-runner.de.vu | 2:19:14 | W35 | 558 | 2:21:35 | 555 | 1975 |
| 81 | 2010 | Brockschmidt Anja | LC Duisburg | 2:20:22 | W35 | 567 | 2:23:26 | 568 | 1972 |
| 82 | 5062 | Hafemann Sabrina | Die mit der Weste | 2:21:11 | W35 | 574 | 2:23:25 | 567 | 1973 |
| 83 | 2658 | Dömer Barbara | *Düsseldorf | 2:21:44 | W35 | 580 | 2:24:36 | 582 | 1973 |
| 84 | 3213 | Fasbender Manuela | Vodafone Runners | 2:22:08 | W35 | 582 | 2:25:18 | 585 | 1973 |
| 85 | 3196 | Armbrust Ilka | Vodafone Runners | 2:22:08 | W35 | 583 | 2:25:18 | 586 | 1973 |
| 86 | 2460 | Hausmann Ines | SV Viktoria Goch | 2:22:19 | W35 | 584 | 2:24:22 | 578 | 1976 |
| 87 | 4081 | Saamer Kristina | *Bonn | 2:23:11 | W35 | 590 | 2:25:49 | 589 | 1973 |
| 88 | 1545 | Karim Melanie | LC Duisburg | 2:26:35 | W35 | 603 | 2:29:04 | 602 | 1975 |
| 89 | 4177 | Brück Susanne | *Niederzier | 2:35:42 | W35 | 620 | 2:38:49 | 622 | 1975 |
| 90 | 3765 | Strupkus Gundula | 226 1/2 2011 | 2:36:05 | W35 | 622 | 2:38:59 | 623 | 1974 |
| 91 | 3764 | Junge Isabel | 226 1/2 2011 | 2:37:09 | W35 | 629 | 2:40:03 | 629 | 1976 |
| 92 | 4445 | Hanitzsch Jana | *Essen | 2:40:11 | W35 | 638 | 2:43:25 | 640 | 1973 |
| 93 | 3270 | El Fauri Maram | Fechtclub Düsseldorf | 2:43:32 | W35 | 641 | 2:46:40 | 641 | 1976 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W40 | | | | | | | | | |
| 1 | 1985 | Bielicke Manja | ART Düsseldorf | 1:34:19 | W40 | 14 | 1:34:28 | 12 | 1969 |
| 2 | 1960 | Hein Silvia | LT Alt-Erkrath | 1:34:47 | W40 | 18 | 1:34:58 | 18 | 1967 |
| 3 | 3949 | Hamacher Silke | Triandertaler Mettmann | 1:36:51 | W40 | 28 | 1:37:06 | 27 | 1968 |
| 4 | 1944 | Schlüter-Michels Marion | SG Borken | 1:36:59 | W40 | 31 | 1:38:12 | 34 | 1969 |
| 5 | 2735 | Jansen Gabriele | TSG Kirchhellen | 1:37:05 | W40 | 32 | 1:37:26 | 31 | 1970 |
| 6 | 3646 | Wiethoff Conny | Renntiere | 1:37:37 | W40 | 35 | 1:37:47 | 33 | 1967 |
| 7 | 3832 | Hausmann Annette | ETuS Wedau | 1:38:10 | W40 | 38 | 1:39:00 | 39 | 1969 |
| 8 | 3428 | Kaiser Dörte | TuS Breitscheid | 1:39:01 | W40 | 43 | 1:39:22 | 42 | 1971 |
| 9 | 2835 | Stephan Anja | LC Duisburg | 1:39:04 | W40 | 44 | 1:39:48 | 44 | 1969 |
| 10 | 3636 | Hünchen Heike | *Düsseldorf | 1:40:01 | W40 | 47 | 1:40:27 | 47 | 1967 |
| 11 | 1703 | Knötsch Kristiane | ART Düsseldorf | 1:40:27 | W40 | 50 | 1:41:24 | 52 | 1968 |
| 12 | 2731 | Börmann Jutta | TSG Kirchhellen | 1:40:27 | W40 | 51 | 1:41:07 | 49 | 1967 |
| 13 | 1629 | Falkenstein Britta | LT Sun Planet Dorsten | 1:40:53 | W40 | 52 | 1:42:05 | 57 | 1967 |
| 14 | 4956 | Gregus Christine | Hückeswagen | 1:41:46 | W40 | 59 | 1:42:30 | 61 | 1970 |
| 15 | 3332 | Holthoff Nina | LG COESFELD | 1:41:56 | W40 | 61 | 1:41:58 | 56 | 1970 |
| 16 | 2517 | Oberhagemann Nicole | Adler-Langlauf Bottrop | 1:42:42 | W40 | 66 | 1:43:08 | 66 | 1969 |
| 17 | 2691 | Meister Barbara | BSG Team EVAG | 1:42:47 | W40 | 69 | 1:43:26 | 67 | 1968 |
| 18 | 3916 | Hartmann Susanne | LC Duisburg | 1:42:58 | W40 | 70 | 1:43:28 | 68 | 1969 |
| 19 | 1591 | Ringelstein Astrid | Zornige Ameisen | 1:43:00 | W40 | 71 | 1:44:01 | 72 | 1971 |
| 20 | 4144 | Hegger Ruth | LT Schnecke SV | 1:43:07 | W40 | 73 | 1:43:37 | 69 | 1967 |
| 21 | 4145 | Hawix Annemarie | LT Schnecke SV | 1:43:07 | W40 | 74 | 1:43:37 | 70 | 1971 |
| 22 | 4460 | Schünemann Christiane | Eintracht Duisburg 1848 | 1:43:33 | W40 | 76 | 1:44:04 | 73 | 1968 |
| 23 | 3360 | Henseler Regina | AS Neukirchen-Vluyn | 1:43:42 | W40 | 78 | 1:45:23 | 90 | 1967 |
| 24 | 4060 | Grass Sandra | Triathlon TEAM TG | 1:44:01 | W40 | 85 | 1:44:35 | 80 | 1971 |
| 25 | 5219 | Zapal Anke | activefirst | 1:44:24 | W40 | 87 | 1:45:03 | 86 | 1967 |
| 26 | 5243 | Tüller Corinna | *Velbert | 1:44:29 | W40 | 88 | 1:46:07 | 96 | 1971 |
| 27 | 1967 | Pingen Bini | LC Duisburg | 1:45:04 | W40 | 95 | 1:46:36 | 100 | 1968 |
| 28 | 4610 | Todzi-Winkler Angela | *Gelsenkirchen | 1:45:24 | W40 | 98 | 1:46:04 | 94 | 1971 |
| 29 | 2547 | Schulz Claudia | Adler-Langlauf Bottrop | 1:46:20 | W40 | 105 | 1:47:10 | 104 | 1969 |
| 30 | 2654 | Petry Sabine | Rapid Ramirez | 1:46:27 | W40 | 106 | 1:46:49 | 101 | 1968 |
| 31 | 1895 | Thimm Gitti | Gocher Lauffamilien | 1:46:58 | W40 | 108 | 1:47:38 | 110 | 1968 |
| 32 | 5682 | Offergeld Simone | Eintracht Duisburg 1848 | 1:46:59 | W40 | 109 | 1:47:29 | 107 | 1969 |
| 33 | 1892 | Köster Diana | SV Viktoria Goch | 1:47:17 | W40 | 114 | 1:48:32 | 118 | 1971 |
| 34 | 2785 | Köster-Heck Barbara | BSG Aon Jauch & | 1:47:21 | W40 | 115 | 1:47:31 | 108 | 1967 |
| 35 | 2817 | Steiner Beate | SC Bayer 05 Uerdingen | 1:47:29 | W40 | 117 | 1:48:37 | 120 | 1970 |
| 36 | 4023 | Bley Bianca | LC Mittwochabend | 1:48:46 | W40 | 131 | 1:50:03 | 132 | 1971 |
| 37 | 2094 | Siepe Gaby | TBH Düsseldorf-Hassels | 1:48:52 | W40 | 132 | 1:49:39 | 128 | 1967 |
| 38 | 2464 | Fleischer Sylvia | Adler-Langlauf Bottrop | 1:49:15 | W40 | 137 | 1:50:06 | 133 | 1968 |
| 39 | 2321 | Wienforth Silke | PV Triathlon Witten | 1:49:23 | W40 | 139 | 1:50:42 | 138 | 1970 |
| 40 | 2097 | Löhr Daniela | TBH Düsseldorf-Hassels | 1:49:24 | W40 | 141 | 1:50:11 | 136 | 1967 |
| 41 | 1934 | Hillen Corinna | *Oberhausen | 1:49:48 | W40 | 143 | 1:51:14 | 147 | 1971 |
| 42 | 5290 | Ocklenburg Angela | *Mülheim | 1:50:00 | W40 | 145 | 1:51:26 | 151 | 1967 |
| 43 | 3918 | Moers Angelika | Sportfreunde Neersbroich | 1:50:03 | W40 | 147 | 1:51:42 | 153 | 1968 |
| 44 | 3253 | Rauer Petra | Vodafone Runners | 1:50:39 | W40 | 156 | 1:52:14 | 162 | 1971 |
| 45 | 1914 | Roes Sandra | BSG pro homine | 1:50:42 | W40 | 158 | 1:51:44 | 154 | 1970 |
| 46 | 2624 | Kirchberg Angelika | LC Duisburg | 1:50:43 | W40 | 159 | 1:52:00 | 157 | 1967 |
| 47 | 5010 | Daubenspeck Monika | *Krefeld | 1:50:50 | W40 | 161 | 1:52:10 | 159 | 1968 |
| 48 | 3641 | Cyrener Anja | SV Haldern Laufftreff | 1:51:03 | W40 | 163 | 1:52:19 | 163 | 1971 |
| 49 | 2543 | Schmieschek Beata | *Oberhausen | 1:51:16 | W40 | 167 | 1:52:11 | 160 | 1970 |
| 50 | 4547 | Goletz Monika | LT Vynen | 1:51:17 | W40 | 168 | 1:53:29 | 183 | 1971 |
| 51 | 5106 | Diesner Wiebke | TVE Burgaltendorf | 1:51:35 | W40 | 170 | 1:53:48 | 188 | 1970 |
| 52 | 2932 | Kappler Anja | HIT-Team | 1:51:45 | W40 | 176 | 1:52:49 | 167 | 1971 |
| 53 | 4075 | Blumenberg Ulrike | *Duisburg | 1:52:00 | W40 | 180 | 1:52:59 | 173 | 1967 |
| 54 | 4210 | Möllmann Rita | *Bocholt | 1:52:27 | W40 | 187 | 1:53:49 | 189 | 1969 |
| 55 | 5056 | Hörig Anke | LT Haumannplatz Essen | 1:52:31 | W40 | 188 | 1:52:49 | 168 | 1967 |
| 56 | 2915 | Eick Monique | *Mettmann | 1:52:53 | W40 | 193 | 1:54:02 | 192 | 1967 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|---------------------------|-------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W40 | | | | | | | | | |
| 57 | 1991 | Rechmann Regina | Triabolos Hamburg eV | 1:52:57 | W40 | 195 | 1:55:39 | 211 | 1971 |
| 58 | 3350 | Hilgers Birgit | AS Neukirchen-Vluyn | 1:53:00 | W40 | 197 | 1:54:46 | 200 | 1969 |
| 59 | 2271 | Kühnen Claudia | BSG Sparkasse Duisburg | 1:53:14 | W40 | 200 | 1:54:47 | 201 | 1967 |
| 60 | 1607 | Bellwinkel Inga | LC Duisburg | 1:53:42 | W40 | 202 | 1:55:14 | 205 | 1971 |
| 61 | 5424 | Schiffner Marion | *Korschenbroich | 1:54:05 | W40 | 205 | 1:55:49 | 213 | 1971 |
| 62 | 1780 | Hanemann Julia | SV Blau-Weiss Bochum | 1:54:11 | W40 | 207 | 1:55:40 | 212 | 1967 |
| 63 | 3346 | Biesen Jutta | AS Neukirchen-Vluyn | 1:54:15 | W40 | 211 | 1:56:00 | 216 | 1967 |
| 64 | 4387 | Strünker Katja | *Wuppertal | 1:54:19 | W40 | 212 | 1:54:44 | 198 | 1971 |
| 65 | 4074 | Diekmann Tatjana | HELIOS IRON TEAM | 1:54:28 | W40 | 215 | 1:56:08 | 219 | 1967 |
| 66 | 2788 | Dreyer Alex | LT Düsseldorf Süd | 1:55:19 | W40 | 225 | 1:56:33 | 221 | 1971 |
| 67 | 2141 | Goretzki Petra | SV Gladbeck 13 | 1:55:20 | W40 | 226 | 1:57:06 | 226 | 1967 |
| 68 | 3625 | Lerch Petra | *Essen | 1:55:38 | W40 | 232 | 1:57:16 | 229 | 1969 |
| 69 | 2732 | Rothert Sylvie | TSG Kirchhellen | 1:55:40 | W40 | 234 | 1:58:13 | 244 | 1969 |
| 70 | 2659 | Koths Steffi | *Kamp-Lintfort | 1:55:56 | W40 | 241 | 1:57:31 | 233 | 1967 |
| 71 | 2685 | Schaake Birgit | SV Derne 49 | 1:56:38 | W40 | 250 | 1:58:36 | 256 | 1968 |
| 72 | 1181 | Neuhaus Katja | Triathlon TEAM TG | 1:57:03 | W40 | 260 | 1:59:17 | 266 | 1971 |
| 73 | 2672 | Sobolewski Sabine | Adler-Langlauf Bottrop | 1:57:06 | W40 | 262 | 1:58:41 | 258 | 1968 |
| 74 | 4424 | Ganter Beate | *Monheim | 1:57:07 | W40 | 263 | 1:59:39 | 274 | 1970 |
| 75 | 4617 | Bücken Alexandra | *Monheim | 1:57:09 | W40 | 264 | 1:59:41 | 275 | 1970 |
| 76 | 2380 | Rydsy Sylvia | LC Duisburg | 1:57:40 | W40 | 273 | 1:59:25 | 270 | 1971 |
| 77 | 2959 | Mecking Dr. Bettina | Marathon Dinslaken | 1:58:55 | W40 | 293 | 2:00:12 | 282 | 1967 |
| 78 | 5692 | Heinen Nicole | TG Neuss | 1:59:02 | W40 | 299 | 2:00:29 | 290 | 1971 |
| 79 | 3259 | Dietzgen Astrid | Vodafone Runners | 1:59:10 | W40 | 302 | 2:00:28 | 288 | 1969 |
| 80 | 2209 | Bütefür Britta | *Mülheim | 1:59:32 | W40 | 309 | 2:02:06 | 322 | 1969 |
| 81 | 1728 | Fligg Anke | Ausdauerschule by | 1:59:44 | W40 | 312 | 2:01:01 | 302 | 1967 |
| 82 | 5011 | Kerschbaumer Dunja | BFW-Running-Team | 1:59:53 | W40 | 317 | 2:00:25 | 286 | 1968 |
| 83 | 4119 | Churavy Sabine | Weisser Ring/LT-Krefeld | 1:59:57 | W40 | 319 | 2:01:45 | 314 | 1969 |
| 84 | 3165 | Bay Sabine | 3-level-headed | 2:01:59 | W40 | 347 | 2:04:38 | 351 | 1967 |
| 85 | 1575 | Nied Constanze | *Duisburg | 2:03:05 | W40 | 361 | 2:05:11 | 356 | 1968 |
| 86 | 3868 | Roll Martina | *Wuppertal | 2:03:22 | W40 | 367 | 2:06:18 | 375 | 1967 |
| 87 | 3864 | Léger Anja | *Wuppertal | 2:03:23 | W40 | 368 | 2:06:18 | 375 | 1969 |
| 88 | 4012 | De Florio Lucilla | *Duisburg | 2:03:55 | W40 | 373 | 2:07:08 | 393 | 1970 |
| 89 | 1618 | Schorn Maren | *Ratingen | 2:03:59 | W40 | 375 | 2:06:53 | 384 | 1970 |
| 90 | 1900 | Suck Sabine | Ausdauerschule by | 2:04:01 | W40 | 376 | 2:05:42 | 363 | 1967 |
| 91 | 1786 | Neuhaus Birgit | Ruhr BOB Runner | 2:04:44 | W40 | 391 | 2:07:38 | 406 | 1969 |
| 92 | 3274 | Simon Kirsten | SG Stern Wupp.Sol.Re | 2:04:59 | W40 | 398 | 2:07:36 | 404 | 1967 |
| 93 | 3348 | Brückner Claudia | AS Neukirchen-Vluyn | 2:05:21 | W40 | 405 | 2:08:11 | 417 | 1967 |
| 94 | 1845 | Flaoroening Smidt Kristin | *Gelsenkirchen | 2:05:40 | W40 | 409 | 2:07:06 | 391 | 1969 |
| 95 | 2290 | Schürmann Dr. Nicola | Ausdauerschule by | 2:05:47 | W40 | 412 | 2:07:28 | 398 | 1969 |
| 96 | 5379 | Ivezic Silke | activefirst | 2:06:03 | W40 | 417 | 2:08:05 | 414 | 1969 |
| 97 | 4117 | Poungias Martina | *Oberhausen | 2:06:07 | W40 | 418 | 2:08:53 | 425 | 1967 |
| 98 | 5087 | Dissemond Nicole | *Ratingen | 2:06:11 | W40 | 419 | 2:06:42 | 380 | 1970 |
| 99 | 3888 | Noack Christiane | *Duisburg | 2:06:19 | W40 | 421 | 2:06:56 | 386 | 1967 |
| 100 | 3219 | Hecker Heike | *Mülheim | 2:06:32 | W40 | 424 | 2:08:21 | 419 | 1969 |
| 101 | 4377 | Emmerich Anja | *Ratingen | 2:07:58 | W40 | 435 | 2:10:05 | 434 | 1968 |
| 102 | 3544 | Preilowski Beate | FC Schalke 04 | 2:08:08 | W40 | 437 | 2:10:51 | 438 | 1968 |
| 103 | 4760 | Weeske Kerstin | LT Lustige Schleicher | 2:09:33 | W40 | 447 | 2:10:09 | 435 | 1968 |
| 104 | 4831 | Quabius Friederike | *Düsseldorf | 2:09:35 | W40 | 448 | 2:12:40 | 460 | 1967 |
| 105 | 3345 | Bergmann Cornelia | AS Neukirchen-Vluyn | 2:10:17 | W40 | 457 | 2:12:40 | 461 | 1971 |
| 106 | 3357 | Guimaraes Paula | AS Neukirchen-Vluyn | 2:10:29 | W40 | 459 | 2:13:24 | 465 | 1970 |
| 107 | 4439 | Hübner Ute | TV Frisch Auf Lennep | 2:10:37 | W40 | 461 | 2:12:01 | 453 | 1967 |
| 108 | 4807 | Flossdorf Maren | *düsseldorf | 2:11:45 | W40 | 474 | 2:14:25 | 475 | 1971 |
| 109 | 2196 | Jochem Susanne | *Duisburg | 2:12:21 | W40 | 484 | 2:15:16 | 491 | 1968 |
| 110 | 3978 | Frei Uta | SV Derne 49 | 2:12:54 | W40 | 491 | 2:15:49 | 495 | 1968 |
| 111 | 3703 | Hey Alexandra | LT Krefeld-Oppum | 2:13:58 | W40 | 500 | 2:16:21 | 499 | 1969 |
| 112 | 2027 | Tenbrink Heidrun | DJK Tackenberg | 2:14:30 | W40 | 505 | 2:16:58 | 504 | 1970 |



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|--------------------------------|------|--------------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W40 | | | | | | | | | |
| 113 | 5138 | Foege Kathrin | *Duisburg | 2:14:30 | W40 | 506 | 2:17:36 | 513 | 1969 |
| 114 | 4455 | Weise Nicole | Auto Schwenke | 2:14:33 | W40 | 508 | 2:17:30 | 509 | 1970 |
| 115 | 3555 | Baumann Stefanie | *Rheinberg | 2:14:37 | W40 | 510 | 2:17:36 | 515 | 1971 |
| 116 | 3556 | Kleintges-Topoll Barbara | *Rheinberg | 2:14:37 | W40 | 511 | 2:17:36 | 516 | 1969 |
| 117 | 4819 | Zang Ariane | BSG Springorum Bochum | 2:15:19 | W40 | 521 | 2:17:30 | 508 | 1969 |
| 118 | 4701 | Tomuseit Silke | TEAM ATZE | 2:15:29 | W40 | 522 | 2:18:12 | 523 | 1970 |
| 119 | 3697 | Prangen Ute | SV Budberg | 2:15:58 | W40 | 529 | 2:19:10 | 535 | 1968 |
| 120 | 5036 | Spona Dr. Dagmar | *Kaarst | 2:16:41 | W40 | 533 | 2:18:46 | 529 | 1968 |
| 121 | 3728 | Schultz Karin | *rheurd | 2:16:42 | W40 | 534 | 2:19:33 | 537 | 1968 |
| 122 | 2928 | Buchkremer Eva | *Wesel | 2:18:24 | W40 | 551 | 2:19:05 | 533 | 1968 |
| 123 | 1971 | Di Nisio Iris | *Duisburg | 2:18:32 | W40 | 552 | 2:21:43 | 556 | 1967 |
| 124 | 3652 | Ehrenbeck Viola | *Essen | 2:20:02 | W40 | 562 | 2:22:16 | 561 | 1968 |
| 125 | 4977 | Kiesheyer Gudrun | *Krefeld | 2:20:05 | W40 | 563 | 2:23:04 | 563 | 1971 |
| 126 | 4349 | Rösler Andrea | *Duisburg | 2:20:39 | W40 | 569 | 2:23:37 | 570 | 1967 |
| 127 | 3629 | Licata Astrid | Dudel-Runner | 2:20:39 | W40 | 570 | 2:23:37 | 570 | 1971 |
| 128 | 3929 | Schlenger Kerstin | *Essen | 2:20:53 | W40 | 571 | 2:23:57 | 575 | 1971 |
| 129 | 2783 | Bendzulla Maike | Lauftreff R(h)einknaller | 2:21:44 | W40 | 581 | 2:24:26 | 580 | 1967 |
| 130 | 4223 | Vogt-Humberg Ilona | *Solingen | 2:22:29 | W40 | 586 | 2:24:29 | 581 | 1971 |
| 131 | 3070 | Kellermann Sabine | TSG Sprockhövel | 2:22:59 | W40 | 588 | 2:26:04 | 590 | 1971 |
| 132 | 2146 | Belghaus Dr. Viola | *Essen | 2:23:36 | W40 | 592 | 2:26:57 | 593 | 1967 |
| 133 | 1906 | Loose Johannette | Team-Erdinger-Alkoholfrei | 2:23:51 | W40 | 593 | 2:26:55 | 592 | 1970 |
| 134 | 4255 | Langer Sandra | Laufschule Düsseldorf | 2:24:07 | W40 | 594 | 2:27:03 | 594 | 1970 |
| 135 | 4509 | Späth Bianca | *Düsseldorf | 2:25:22 | W40 | 600 | 2:28:21 | 600 | 1969 |
| 136 | 2907 | Zimmermann Corinna | *Radevormwald | 2:26:33 | W40 | 602 | 2:29:21 | 603 | 1969 |
| 137 | 3041 | Danisch Dr. Yvonne | *Köln | 2:28:42 | W40 | 608 | 2:31:48 | 612 | 1967 |
| 138 | 4382 | Van Bentum-Terhorst | *Xanten | 2:28:51 | W40 | 610 | 2:31:18 | 610 | 1967 |
| 139 | 5150 | Schunk Katrin | *Essen | 2:31:52 | W40 | 617 | 2:35:00 | 617 | 1969 |
| 140 | 4499 | Wagner Claudia | LT BAMP Herne | 2:37:05 | W40 | 628 | 2:40:16 | 631 | 1968 |
| 141 | 3828 | Benning Nicole | *Oberhausen | 2:38:22 | W40 | 632 | 2:39:54 | 627 | 1969 |
| 142 | 4185 | Phoa Kerstin | DAV Duisburg | 2:38:49 | W40 | 633 | 2:41:49 | 633 | 1971 |
| 143 | 2130 | Niephaus Nicole | Team Erdinger Alkoholfrei | 2:39:54 | W40 | 637 | 2:42:06 | 635 | 1971 |



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|--------------------------------|------|------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W45 | | | | | | | | | |
| 1 | 2409 | Bröer Renate | ASC Düsseldorf | 1:33:43 | W45 | 10 | 1:33:57 | 9 | 1964 |
| 2 | 3882 | Schellöh Birgit | *Duisburg | 1:33:59 | W45 | 11 | 1:34:47 | 15 | 1963 |
| 3 | 3436 | Schmidtke Ulrike | TuS Breitscheid | 1:34:12 | W45 | 13 | 1:34:30 | 14 | 1965 |
| 4 | 3948 | Rosenblatt Lisa | Triandertaler Mettmann | 1:34:44 | W45 | 17 | 1:34:54 | 17 | 1963 |
| 5 | 3501 | Gralla Karen | *Waltrop | 1:36:10 | W45 | 23 | 1:37:20 | 29 | 1965 |
| 6 | 1824 | Breuer Sabine | Karacho Girls | 1:36:21 | W45 | 25 | 1:36:51 | 26 | 1966 |
| 7 | 4506 | Schweikhart Nicola | LT Lukas | 1:36:33 | W45 | 26 | 1:36:45 | 24 | 1966 |
| 8 | 2293 | Shala Daniela | Karacho Girls | 1:36:57 | W45 | 29 | 1:37:31 | 32 | 1966 |
| 9 | 3202 | Buchwald Susanne | Vodafone Runners | 1:37:09 | W45 | 33 | 1:37:12 | 28 | 1965 |
| 10 | 4239 | Schmidt Petra | LG Mülheim | 1:38:08 | W45 | 37 | 1:38:35 | 37 | 1965 |
| 11 | 1830 | Sander Ingrid | BG-RCI IPA LGO | 1:41:39 | W45 | 57 | 1:42:20 | 59 | 1962 |
| 12 | 4623 | Kmieciak Ute | Ausdauer Schule by | 1:41:40 | W45 | 58 | 1:42:08 | 58 | 1963 |
| 13 | 3578 | Weier Katrin | Hase&Igel | 1:42:19 | W45 | 64 | 1:43:42 | 71 | 1964 |
| 14 | 1979 | Kopka Manuela | Ruhr Runner Essen | 1:42:35 | W45 | 65 | 1:44:05 | 76 | 1963 |
| 15 | 2819 | Mönning Ulrike | *Köln | 1:43:20 | W45 | 75 | 1:44:21 | 78 | 1966 |
| 16 | 2938 | Göbel Carina | HELIOS IRON TEAM | 1:44:00 | W45 | 83 | 1:45:02 | 85 | 1965 |
| 17 | 4242 | Van Loosen Daniela | LG Mülheim | 1:44:13 | W45 | 86 | 1:44:41 | 82 | 1964 |
| 18 | 1787 | Klein Eva | Ruhr BOB Runner | 1:44:56 | W45 | 93 | 1:45:31 | 91 | 1966 |
| 19 | 4739 | Schiweck Kerstin | *Gelsenkirchen | 1:45:17 | W45 | 97 | 1:46:19 | 98 | 1965 |
| 20 | 1536 | Cosack Annette | *Essen | 1:45:57 | W45 | 103 | 1:47:04 | 102 | 1966 |
| 21 | 4972 | Petrashchikova Manuela | Freiläufer | 1:47:00 | W45 | 110 | 1:47:59 | 114 | 1964 |
| 22 | 3333 | Beekmans Petra | LG COESFELD | 1:47:13 | W45 | 113 | 1:47:48 | 112 | 1964 |
| 23 | 2280 | Maaß Ulrike | *Essen | 1:47:21 | W45 | 116 | 1:48:21 | 116 | 1963 |
| 24 | 4962 | Weber Birgit | - | 1:47:31 | W45 | 118 | 1:47:57 | 113 | 1964 |
| 25 | 4084 | Tepel Heike | ASC Düsseldorf | 1:47:32 | W45 | 119 | 1:48:09 | 115 | 1964 |
| 26 | 2199 | Biermann Claudia | LT Wischlingen Dortmund | 1:47:51 | W45 | 120 | 1:49:06 | 123 | 1966 |
| 27 | 3040 | Krywalsky Petra | ASC Düsseldorf | 1:48:18 | W45 | 124 | 1:49:49 | 129 | 1966 |
| 28 | 2267 | Winter Susanne | *Duisburg | 1:48:31 | W45 | 128 | 1:49:08 | 125 | 1966 |
| 29 | 2000 | Grundmann Carmen | *Rheinberg | 1:48:38 | W45 | 129 | 1:48:38 | 121 | 1965 |
| 30 | 1826 | Keiten-Schmitz Gerda | Bocholter WSV | 1:49:11 | W45 | 134 | 1:50:52 | 139 | 1962 |
| 31 | 5317 | Hoffbauer Angela | *Düsseldorf | 1:50:09 | W45 | 149 | 1:51:49 | 156 | 1965 |
| 32 | 2427 | Sust Elke | TUS Ickern | 1:50:13 | W45 | 150 | 1:51:27 | 152 | 1965 |
| 33 | 4602 | Schankweiler Martina | SV Viktoria Goch | 1:50:31 | W45 | 153 | 1:51:46 | 155 | 1962 |
| 34 | 2590 | Hillermann Kirsten | *Düsseldorf | 1:50:41 | W45 | 157 | 1:51:25 | 150 | 1962 |
| 35 | 5105 | Spengler Beate | TVE Burgaltendorf | 1:51:13 | W45 | 166 | 1:53:27 | 182 | 1965 |
| 36 | 3334 | Hille Annette | LG COESFELD | 1:52:00 | W45 | 181 | 1:53:22 | 180 | 1963 |
| 37 | 1739 | Blum Birgit | ALLES AUS Liebe | 1:52:04 | W45 | 182 | 1:53:39 | 186 | 1963 |
| 38 | 4526 | Wegmann Sabine | LT Lukas | 1:52:06 | W45 | 183 | 1:53:34 | 185 | 1962 |
| 39 | 1502 | Greitzke Mignon | LT Cloversoft | 1:52:15 | W45 | 186 | 1:53:18 | 177 | 1963 |
| 40 | 3788 | Strate Antje Simone | Triathlon TEAM TG | 1:52:47 | W45 | 191 | 1:53:20 | 179 | 1966 |
| 41 | 1555 | Britz Kirsten | LT Cloversoft | 1:52:54 | W45 | 194 | 1:54:03 | 193 | 1962 |
| 42 | 4465 | Gawlik-Kuzera Eva | LC Duisburg | 1:53:06 | W45 | 198 | 1:55:22 | 206 | 1963 |
| 43 | 1952 | Lanzendörfer Monica | lt-run4fun.de | 1:53:24 | W45 | 201 | 1:54:40 | 197 | 1965 |
| 44 | 4722 | Van Rienen Ulrike | Marathon Mülheim | 1:53:51 | W45 | 203 | 1:55:56 | 215 | 1963 |
| 45 | 4898 | Hemmerling Dr. Arnica | *Düsseldorf | 1:54:00 | W45 | 204 | 1:54:45 | 199 | 1966 |
| 46 | 1797 | Mols Dagmar | Lauftreff R(h)einknaller | 1:54:15 | W45 | 210 | 1:55:24 | 208 | 1966 |
| 47 | 3738 | Desinger Betty | Health Life Business | 1:54:25 | W45 | 213 | 1:56:04 | 217 | 1966 |
| 48 | 3717 | Molitor Christiane | *Solingen | 1:54:37 | W45 | 217 | 1:56:36 | 223 | 1964 |
| 49 | 2807 | Tramp Andrea | SV Viktoria Goch | 1:54:54 | W45 | 221 | 1:56:07 | 218 | 1965 |
| 50 | 2741 | Wolf Sabine | *Bochum | 1:55:15 | W45 | 223 | 1:57:15 | 228 | 1963 |
| 51 | 2780 | Christ Carola | LG Alpen | 1:55:17 | W45 | 224 | 1:56:20 | 220 | 1962 |
| 52 | 1648 | HEIDER MONIKA | *LANGENFELD | 1:55:28 | W45 | 227 | 1:56:52 | 225 | 1965 |
| 53 | 5333 | Behrens Yara | PV Triathlon Witten | 1:55:31 | W45 | 228 | 1:58:20 | 248 | 1964 |
| 54 | 3822 | Wach Manuela | DJK Tus Rotthausen | 1:55:40 | W45 | 235 | 1:57:42 | 238 | 1965 |
| 55 | 3770 | Bartz Dorothee | *Bochum | 1:55:43 | W45 | 237 | 1:57:42 | 239 | 1965 |
| 56 | 2643 | Scheffler Simone | *Mülheim/Ruhr | 1:55:52 | W45 | 240 | 1:57:17 | 230 | 1963 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W45 | | | | | | | | | |
| 57 | 4378 | Kuhland Katja | *Ratingen | 1:56:13 | W45 | 245 | 1:58:20 | 249 | 1964 |
| 58 | 3420 | Bohris-Jäggi Beatrice | TuS Breitscheid | 1:56:13 | W45 | 246 | 1:58:20 | 250 | 1964 |
| 59 | 2361 | Spielmann Sylvia | LG Dorsten | 1:56:27 | W45 | 249 | 1:58:36 | 255 | 1964 |
| 60 | 1972 | Dübbert Anke | *Duisburg | 1:56:42 | W45 | 252 | 1:58:42 | 259 | 1963 |
| 61 | 5019 | Klose Beate | Rote ErdeSchwelm | 1:57:02 | W45 | 259 | 1:58:59 | 261 | 1965 |
| 62 | 4426 | Kranz Gaby | Renntiere | 1:57:12 | W45 | 266 | 1:59:38 | 273 | 1963 |
| 63 | 5492 | Jargon Marion | AOK Düsseldorf | 1:57:21 | W45 | 269 | 1:59:13 | 263 | 1964 |
| 64 | 4164 | Welzel Bettina | BSG-Springorum | 1:57:27 | W45 | 270 | 1:58:13 | 245 | 1963 |
| 65 | 3157 | Seidel Sabine | TVK 1877 Essen | 1:57:38 | W45 | 272 | 2:00:08 | 280 | 1965 |
| 66 | 5200 | Moser Susanne | LC Duisburg | 1:58:08 | W45 | 276 | 1:58:54 | 260 | 1965 |
| 67 | 4791 | Steeg Claudia | TC Kray 1892 e.V. | 1:58:09 | W45 | 277 | 1:59:26 | 272 | 1966 |
| 68 | 3713 | Gerhards Gertrud | *Köln | 1:58:26 | W45 | 280 | 2:00:30 | 291 | 1962 |
| 69 | 3112 | Wilke Sigrid | E.ON Ruhrgas SG | 1:58:32 | W45 | 285 | 2:00:58 | 301 | 1964 |
| 70 | 2695 | Lüttkenhorst Gertrud | BSG Team EVAG | 1:58:33 | W45 | 286 | 2:00:28 | 289 | 1966 |
| 71 | 2796 | Brüninghaus Antje | ASC Düsseldorf | 1:58:39 | W45 | 288 | 1:59:45 | 276 | 1966 |
| 72 | 3265 | Lenk Susanne | Vodafone Runners | 1:58:45 | W45 | 289 | 2:01:26 | 307 | 1966 |
| 73 | 4647 | Fenske Dagmar | Waltroper LC 06 | 1:58:51 | W45 | 292 | 2:00:48 | 298 | 1963 |
| 74 | 5012 | Schachner Andrea | BFW-Running-Team | 1:58:56 | W45 | 295 | 2:01:42 | 312 | 1963 |
| 75 | 4258 | Misia Uta | TVe Lauffreunde | 1:59:18 | W45 | 304 | 2:01:44 | 313 | 1966 |
| 76 | 4054 | Friedrich Annette | laya&netti | 1:59:23 | W45 | 305 | 2:01:03 | 303 | 1966 |
| 77 | 5506 | Hübner Britta | LC | 1:59:23 | W45 | 306 | 2:01:40 | 310 | 1964 |
| 78 | 2873 | Schmitz Ute | LT Krefeld-Öppum | 1:59:57 | W45 | 318 | 2:01:45 | 315 | 1964 |
| 79 | 1877 | Heller Michaela | activefirst | 2:00:06 | W45 | 320 | 2:00:31 | 292 | 1966 |
| 80 | 5211 | Krüger Elisabeth | Nordtriathleten | 2:00:08 | W45 | 323 | 2:02:22 | 325 | 1964 |
| 81 | 4379 | Lüdorf Iris | *Ratingen | 2:00:17 | W45 | 324 | 2:02:23 | 326 | 1966 |
| 82 | 4142 | Walbaum Ute | LT Lustige Schleicher | 2:00:20 | W45 | 325 | 2:00:56 | 300 | 1966 |
| 83 | 2990 | Gräf Martina | *Velbert | 2:00:23 | W45 | 326 | 2:03:13 | 337 | 1963 |
| 84 | 3370 | Lütke-meier Ellen | AS Neukirchen-Vluyn | 2:00:51 | W45 | 331 | 2:02:37 | 329 | 1962 |
| 85 | 2523 | Hentschel Sabine | *Langenfeld | 2:00:55 | W45 | 332 | 2:02:51 | 334 | 1964 |
| 86 | 3417 | Dilger Marion | TG Neuss | 2:00:57 | W45 | 333 | 2:02:51 | 333 | 1965 |
| 87 | 4161 | Vormbaum Irene | *Oberhausen | 2:01:07 | W45 | 336 | 2:04:01 | 347 | 1962 |
| 88 | 2391 | Wichmann Jutta | RTB Remscheid | 2:01:16 | W45 | 337 | 2:03:47 | 340 | 1964 |
| 89 | 2832 | Hildebrandt Bettina | Marathonteam-Ratingen | 2:01:21 | W45 | 338 | 2:03:57 | 345 | 1966 |
| 90 | 4973 | Pitz-Clever Natascha | Freiläufer | 2:01:22 | W45 | 339 | 2:02:27 | 327 | 1966 |
| 91 | 3043 | Wigger Claudia | *Ratingen | 2:01:27 | W45 | 341 | 2:03:00 | 335 | 1964 |
| 92 | 4644 | Reisenberger Ellen | LC Duisburg | 2:01:36 | W45 | 343 | 2:03:52 | 342 | 1965 |
| 93 | 2436 | Juschka Bettina | *Duisburg | 2:02:33 | W45 | 352 | 2:05:17 | 357 | 1962 |
| 94 | 2532 | Nürnberg Ute | Die Römers | 2:02:35 | W45 | 353 | 2:05:25 | 358 | 1966 |
| 95 | 1911 | Meyerratken Beate | *Gladbeck | 2:02:43 | W45 | 355 | 2:05:34 | 361 | 1966 |
| 96 | 4949 | Adam Susanne | *Schwelm | 2:02:45 | W45 | 356 | 2:04:43 | 352 | 1964 |
| 97 | 4592 | Waechter-van Schwamen | Marathonteam-Ratingen | 2:03:00 | W45 | 359 | 2:05:58 | 370 | 1962 |
| 98 | 4827 | Voigt-Lehmann Petra | *Mülheim-Ruhr | 2:03:02 | W45 | 360 | 2:05:56 | 369 | 1965 |
| 99 | 4044 | Müller-Hinsken Marion | SV Lembeck | 2:03:15 | W45 | 366 | 2:05:45 | 366 | 1963 |
| 100 | 3905 | Lauritsch Nicola | Makrolon Runners | 2:04:02 | W45 | 378 | 2:05:02 | 354 | 1965 |
| 101 | 4566 | Schulze Anja | LC Duisburg | 2:04:19 | W45 | 386 | 2:07:11 | 395 | 1964 |
| 102 | 4114 | Hofstetter Anne | *Mülheim | 2:04:44 | W45 | 392 | 2:07:30 | 399 | 1962 |
| 103 | 4884 | Lesina Angela | *Wuppertal | 2:04:49 | W45 | 393 | 2:06:06 | 371 | 1966 |
| 104 | 1513 | Frauenrath Claudia | Team Erdinger Alkoholfrei | 2:04:54 | W45 | 395 | 2:07:32 | 401 | 1963 |
| 105 | 5000 | Bückmann Liane | *Dinslaken | 2:05:01 | W45 | 399 | 2:07:26 | 397 | 1964 |
| 106 | 4421 | Wildhagen Beate | - | 2:05:07 | W45 | 400 | 2:07:49 | 409 | 1965 |
| 107 | 2185 | Conrad Edda | LC Duisburg | 2:05:09 | W45 | 402 | 2:07:19 | 396 | 1964 |
| 108 | 3301 | Emrich Susanne | FS Rheinkamp | 2:05:12 | W45 | 404 | 2:08:01 | 412 | 1966 |
| 109 | 3116 | Kasperek-Rasche | Ausdauer-schule by | 2:05:55 | W45 | 414 | 2:08:27 | 420 | 1965 |
| 110 | 3701 | Körner Beate | *Sprockhövel | 2:05:55 | W45 | 415 | 2:08:45 | 423 | 1965 |
| 111 | 5267 | Krause-Schmieden | *Mülheim/Ruhr | 2:06:27 | W45 | 422 | 2:08:38 | 422 | 1965 |
| 112 | 5145 | Marx Birgit | *Oberhausen | 2:06:34 | W45 | 425 | 2:07:56 | 411 | 1966 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|----------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W45 | | | | | | | | | |
| 113 | 4342 | Schädlich Dr. Angela | *Neuss | 2:07:24 | W45 | 429 | 2:10:28 | 437 | 1963 |
| 114 | 3645 | Spin Barbara | Renntiere | 2:07:32 | W45 | 431 | 2:09:35 | 429 | 1966 |
| 115 | 4386 | Niehüser Lydia | *Oberhausen | 2:07:39 | W45 | 432 | 2:09:14 | 426 | 1964 |
| 116 | 2492 | Strenger Manuela | Styrumer TV | 2:08:15 | W45 | 438 | 2:11:00 | 440 | 1966 |
| 117 | 2748 | Widrinna Sabine | *Bochum | 2:09:14 | W45 | 445 | 2:11:15 | 444 | 1964 |
| 118 | 4061 | Wenzel Heike | Triathlon TEAM TG | 2:09:52 | W45 | 451 | 2:12:32 | 456 | 1962 |
| 119 | 3946 | Potthoff Marlies | TEAM TG Witten | 2:09:52 | W45 | 452 | 2:12:32 | 456 | 1964 |
| 120 | 1709 | Herkendell Sabine | *Ratingen | 2:10:14 | W45 | 456 | 2:13:18 | 463 | 1966 |
| 121 | 2477 | Meuter Claudia | *Oberhausen | 2:10:45 | W45 | 463 | 2:11:48 | 451 | 1965 |
| 122 | 1735 | Becker Christa | TriSchnecken Mirker Hain | 2:11:27 | W45 | 470 | 2:13:58 | 471 | 1965 |
| 123 | 4864 | Huth Petra | LC Duisburg | 2:11:54 | W45 | 478 | 2:14:54 | 485 | 1963 |
| 124 | 2744 | Schäper Jacqueline | *Bocholt | 2:12:12 | W45 | 480 | 2:15:15 | 489 | 1963 |
| 125 | 4691 | Stenzel Elisabeth | *Rhede | 2:12:12 | W45 | 481 | 2:15:15 | 490 | 1963 |
| 126 | 5082 | Schott Annette | *Krefeld | 2:12:57 | W45 | 492 | 2:15:27 | 493 | 1965 |
| 127 | 2509 | Müller Beate | LT Turnerbund Frintrop | 2:13:21 | W45 | 495 | 2:16:23 | 500 | 1962 |
| 128 | 2050 | Möllenbeck Diana | Lauffreunde Rhede | 2:13:30 | W45 | 497 | 2:16:33 | 501 | 1966 |
| 129 | 2527 | Gottschalk Andrea | *Meerbusch | 2:13:55 | W45 | 499 | 2:17:02 | 505 | 1962 |
| 130 | 4568 | Hellwig Bärbel | after-work-runners.de | 2:14:00 | W45 | 501 | 2:15:30 | 494 | 1964 |
| 131 | 1539 | Reselski Birgit | Running Dinslaken | 2:14:05 | W45 | 502 | 2:16:52 | 503 | 1962 |
| 132 | 4454 | Thiem Susanne | Friseur Queens | 2:14:33 | W45 | 509 | 2:17:31 | 510 | 1965 |
| 133 | 4891 | Bremicker Barbara | *Wuppertal | 2:14:53 | W45 | 513 | 2:17:59 | 520 | 1963 |
| 134 | 5014 | Mehlig Tina | Die Mehligs | 2:14:55 | W45 | 515 | 2:17:32 | 511 | 1963 |
| 135 | 2064 | Zschäbitz Claudia | *Düsseldorf | 2:15:31 | W45 | 524 | 2:18:45 | 528 | 1964 |
| 136 | 2160 | Luecking Gudrun | *Duisburg | 2:15:48 | W45 | 528 | 2:18:45 | 527 | 1965 |
| 137 | 2429 | Klötzel Erika | *Krefeld | 2:16:26 | W45 | 531 | 2:19:27 | 536 | 1964 |
| 138 | 4079 | Thomeczek Martina | LT Krefeld-Oppum | 2:17:19 | W45 | 540 | 2:19:09 | 534 | 1963 |
| 139 | 2880 | Peters Monika | LT Krefeld-Oppum | 2:18:20 | W45 | 549 | 2:20:10 | 544 | 1964 |
| 140 | 4150 | Hegger Marlene | LT Schnecke SV | 2:20:56 | W45 | 573 | 2:23:46 | 572 | 1965 |
| 141 | 2430 | Wolter Dagmar | Gocher Lauffamilien | 2:21:12 | W45 | 575 | 2:23:47 | 573 | 1966 |
| 142 | 5025 | Bergmann Sylke | welknelke wesel | 2:21:20 | W45 | 577 | 2:24:12 | 577 | 1962 |
| 143 | 5345 | Czernik Heike | LT Vynen | 2:23:20 | W45 | 591 | 2:26:30 | 591 | 1964 |
| 144 | 1899 | Blumenau Regina | *Düsseldorf | 2:24:14 | W45 | 595 | 2:27:16 | 595 | 1963 |
| 145 | 4876 | Van Ommen Cornelia | *Moers | 2:25:47 | W45 | 601 | 2:28:35 | 601 | 1962 |
| 146 | 2070 | Süßenbach Petra | *Eschweiler | 2:28:01 | W45 | 605 | 2:31:12 | 607 | 1962 |
| 147 | 2754 | Batzke Kerstin | LC Duisburg | 2:29:05 | W45 | 611 | 2:32:11 | 613 | 1966 |
| 148 | 2964 | Möde Kerstin | Witten | 2:31:51 | W45 | 616 | 2:35:00 | 616 | 1966 |
| 149 | 5146 | Wenzel Sabine | SV Concordia Ossenberg | 2:35:44 | W45 | 621 | 2:38:48 | 621 | 1966 |
| 150 | 3792 | Stahnke Christel | *Hilden | 2:36:09 | W45 | 624 | 2:39:23 | 625 | 1965 |
| 151 | 3793 | Sabban Birgit | *Hilden | 2:36:10 | W45 | 625 | 2:39:22 | 624 | 1965 |
| 152 | 1832 | Simon Yvonn | Radiergummiliga.de | 2:36:33 | W45 | 626 | 2:39:49 | 626 | 1966 |
| 153 | 4494 | Neuwirth Kerstin | LT BAMP Herne | 2:37:03 | W45 | 627 | 2:40:15 | 630 | 1966 |
| 154 | 1624 | Wagner Astrid | SG Deutsche Bank | 2:38:14 | W45 | 631 | 2:41:01 | 632 | 1965 |
| 155 | 4577 | Jerzynski Ute | Eschweiler TV 1867 e.V. | 2:39:27 | W45 | 636 | 2:42:37 | 636 | 1963 |
| 156 | 5401 | Pulla Stefanie | activefirst | 2:44:12 | W45 | 642 | 2:46:40 | 642 | 1966 |



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| AK-Platz | Nr. | Name Vorname | Verein*/Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|--------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W50 | | | | | | | | | |
| 1 | 2237 | Gensior Dr. Berenike | Krefelder Kanu Klub | 1:33:31 | W50 | 9 | 1:34:06 | 10 | 1957 |
| 2 | 5251 | Wanjek Anne | DJK VFR Saarn | 1:38:33 | W50 | 39 | 1:38:45 | 38 | 1959 |
| 3 | 1676 | Franz Ute | LT Bittermark Dortmund | 1:38:39 | W50 | 40 | 1:39:01 | 40 | 1960 |
| 4 | 1507 | Lippke Elke | RSC Essen-Kettwig | 1:41:14 | W50 | 55 | 1:41:46 | 55 | 1959 |
| 5 | 2830 | Blondin Juliane | SC Bayer 05 Uerdingen | 1:41:20 | W50 | 56 | 1:41:44 | 54 | 1959 |
| 6 | 4240 | Schmücker Jasmin | LG Mülheim | 1:42:07 | W50 | 62 | 1:42:33 | 62 | 1959 |
| 7 | 3114 | Wolff Iris | E.ON Ruhrgas SG | 1:46:40 | W50 | 107 | 1:47:26 | 106 | 1958 |
| 8 | 4645 | Neubauer Katja | stadtwerke Duisburg ag | 1:48:21 | W50 | 126 | 1:48:35 | 119 | 1959 |
| 9 | 4524 | Baur Sonja | Laufftreff TBH | 1:49:24 | W50 | 140 | 1:50:10 | 135 | 1957 |
| 10 | 2657 | Macken-Reinirkens | *Mülheim an der ruhr | 1:51:11 | W50 | 165 | 1:52:53 | 170 | 1959 |
| 11 | 5133 | Berndt Elke | LT Turnerbund Frintrop | 1:52:09 | W50 | 184 | 1:53:27 | 181 | 1958 |
| 12 | 4906 | Weimer Dr. Maud | *Düsseldorf | 1:52:12 | W50 | 185 | 1:52:40 | 165 | 1958 |
| 13 | 3674 | Detampel Heike | TV Einigkeit Lauffreunde | 1:52:49 | W50 | 192 | 1:53:50 | 190 | 1960 |
| 14 | 2330 | Telgenbrok Sigrid | Ausdauerschule by | 1:53:11 | W50 | 199 | 1:54:39 | 196 | 1961 |
| 15 | 2743 | Schulte Elisabeth | *Recklinghausen | 1:54:28 | W50 | 214 | 1:56:36 | 222 | 1957 |
| 16 | 4482 | Moule Petra | LT Wischlingen Dortmund | 1:54:50 | W50 | 219 | 1:55:38 | 210 | 1958 |
| 17 | 4174 | Szpogán Susanne | Immeo Wohnen Running | 1:55:42 | W50 | 236 | 1:57:41 | 237 | 1961 |
| 18 | 4749 | Plohmann Magda | LT Lukas | 1:56:09 | W50 | 244 | 1:57:37 | 235 | 1959 |
| 19 | 4328 | Hanna Beate | Renntiere | 1:56:18 | W50 | 247 | 1:57:30 | 232 | 1961 |
| 20 | 1697 | Müller Gabi | *Gelsenkirchen | 1:56:43 | W50 | 253 | 1:58:33 | 253 | 1961 |
| 21 | 2360 | Levering Angelika | LG Dorsten | 1:58:28 | W50 | 282 | 2:00:37 | 293 | 1958 |
| 22 | 4095 | Bitterlich Andrea | *gelsenkirchen | 1:58:56 | W50 | 294 | 2:01:46 | 316 | 1961 |
| 23 | 5696 | Schulz Barbara | LT Rennhamster | 1:58:56 | W50 | 296 | 2:01:06 | 304 | 1961 |
| 24 | 2595 | Jablonka Angela | *Ratingen | 1:59:43 | W50 | 311 | 2:02:19 | 324 | 1959 |
| 25 | 1587 | Falk Irene | *Wuppertal | 2:00:08 | W50 | 321 | 2:01:27 | 308 | 1959 |
| 26 | 4076 | Bruns Petra | *Mülheim | 2:01:26 | W50 | 340 | 2:03:58 | 346 | 1958 |
| 27 | 2113 | Schramm Eva | *Essen | 2:01:49 | W50 | 346 | 2:04:14 | 348 | 1958 |
| 28 | 2182 | Hamann Miriam | Arthrosen-Lauf-Club | 2:02:11 | W50 | 349 | 2:03:02 | 336 | 1961 |
| 29 | 2282 | Focks Martina | LC Duisburg | 2:03:09 | W50 | 362 | 2:05:44 | 364 | 1961 |
| 30 | 2272 | Dietrich Elke | LC Duisburg | 2:03:10 | W50 | 363 | 2:05:44 | 365 | 1961 |
| 31 | 4824 | Laschke Ulrike | Borbecker Raketen Essen | 2:03:12 | W50 | 364 | 2:05:46 | 367 | 1960 |
| 32 | 5260 | ClaußKlaßen Petra | *Duisburg | 2:03:38 | W50 | 371 | 2:04:31 | 350 | 1958 |
| 33 | 1588 | Schürmann Marion | PV Triathlon Witten | 2:03:57 | W50 | 374 | 2:06:45 | 383 | 1960 |
| 34 | 1643 | Friese Petra | LC Duisburg | 2:04:04 | W50 | 380 | 2:06:21 | 378 | 1958 |
| 35 | 2531 | Blank Petra | LT Wischlingen | 2:04:29 | W50 | 388 | 2:06:07 | 372 | 1958 |
| 36 | 4635 | Weinzierl Sybille | *Mülheim | 2:04:49 | W50 | 394 | 2:06:59 | 389 | 1958 |
| 37 | 3806 | Griesbach-Schmitz Heide | *Neuss | 2:05:42 | W50 | 410 | 2:08:46 | 424 | 1957 |
| 38 | 2793 | Rösel Birgit | Ausdauerschule by | 2:05:58 | W50 | 416 | 2:08:08 | 416 | 1959 |
| 39 | 5165 | Jansen Dorothea | TC Kray 1892 e.V. | 2:06:15 | W50 | 420 | 2:07:35 | 403 | 1958 |
| 40 | 5023 | Hartig Brigitte | PV Triathlon Witten | 2:06:44 | W50 | 426 | 2:09:22 | 428 | 1961 |
| 41 | 4190 | Möller Ute | BSG Sparkasse Essen | 2:07:11 | W50 | 428 | 2:09:17 | 427 | 1960 |
| 42 | 4795 | Stärke Marisita | Angerland LT Lintorf | 2:07:56 | W50 | 434 | 2:10:56 | 439 | 1960 |
| 43 | 3705 | Kemppens Doris | Marathonteam-Ratingen | 2:08:26 | W50 | 439 | 2:09:59 | 432 | 1961 |
| 44 | 3842 | Otta Ilona | TVE Lauffreunde | 2:08:41 | W50 | 441 | 2:11:08 | 441 | 1959 |
| 45 | 4528 | Hardt Ulrike | *Duisburg | 2:08:43 | W50 | 442 | 2:11:23 | 445 | 1957 |
| 46 | 3766 | Etterich-Hoffmeister | *Düsseldorf | 2:09:31 | W50 | 446 | 2:11:39 | 447 | 1958 |
| 47 | 4230 | Holländer Sylvia | activefirst | 2:10:12 | W50 | 455 | 2:12:36 | 459 | 1960 |
| 48 | 4029 | Weidenmüller Gudrun | *Duisburg | 2:11:24 | W50 | 469 | 2:13:34 | 469 | 1959 |
| 49 | 4648 | Horning-Hohl Angelika | Huckinger Marathonis | 2:11:48 | W50 | 475 | 2:14:40 | 481 | 1960 |
| 50 | 2332 | Joosten Renate | SV Viktoria Goch | 2:12:34 | W50 | 488 | 2:14:35 | 479 | 1961 |
| 51 | 5335 | Rösch Gerlind | *Duisburg | 2:13:14 | W50 | 494 | 2:14:08 | 474 | 1957 |
| 52 | 1854 | Kluthe Gabriele | Marathonteam-Ratingen | 2:14:54 | W50 | 514 | 2:17:04 | 506 | 1958 |
| 53 | 4946 | Dehning Petra | *Wuppertal | 2:15:07 | W50 | 519 | 2:18:13 | 524 | 1961 |
| 54 | 4892 | Gottschall Gabriele | *Wuppertal | 2:15:34 | W50 | 525 | 2:18:41 | 526 | 1957 |
| 55 | 3386 | Sandmann Karin | AS Neukirchen-Vluyn | 2:16:43 | W50 | 535 | 2:19:33 | 538 | 1960 |
| 56 | 3077 | Eling Hildegard | E.ON Ruhrgas SG | 2:17:18 | W50 | 539 | 2:18:36 | 525 | 1958 |



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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-------------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W50 | | | | | | | | | |
| 57 | 1769 | Boy Ulrike | TSV Viktoria Mülheim | 2:17:37 | W50 | 541 | 2:20:16 | 545 | 1957 |
| 58 | 2530 | Hirsch-Fausten Gudrun | Angerrunner | 2:17:53 | W50 | 545 | 2:19:43 | 541 | 1957 |
| 59 | 2467 | Hennes Sabine | *Erkrath | 2:18:45 | W50 | 555 | 2:20:31 | 548 | 1961 |
| 60 | 5159 | Alt Elke | *Bocholt | 2:19:04 | W50 | 556 | 2:21:48 | 557 | 1961 |
| 61 | 4788 | Backhaus-Müller Ulrike | TC Kray 1892 e.V. | 2:20:53 | W50 | 572 | 2:23:57 | 576 | 1960 |
| 62 | 4717 | Bädorf Kordela | Rennmäuse Heiderhof | 2:21:35 | W50 | 578 | 2:24:40 | 583 | 1961 |
| 63 | 5300 | Schwarz Müller Marina | Laufftreff R(h)einknaller | 2:21:43 | W50 | 579 | 2:24:26 | 579 | 1960 |
| 64 | 4459 | Herda Anette | *Düsseldorf | 2:25:03 | W50 | 598 | 2:28:00 | 599 | 1961 |
| 65 | 4231 | Imping Diana | *Mülheim | 2:28:18 | W50 | 606 | 2:31:17 | 608 | 1960 |
| 66 | 3036 | Dohm Beate | GV Waltrop | 2:28:27 | W50 | 607 | 2:31:18 | 611 | 1957 |
| 67 | 3559 | Muhren Gabriele | *Essen | 2:30:26 | W50 | 614 | 2:33:33 | 614 | 1958 |
| 68 | 4521 | Möllhoff Ute | *Mülheim | 2:30:32 | W50 | 615 | 2:33:38 | 615 | 1958 |
| 69 | 2074 | Sebbesse Ulrike | *Eschweiler | 2:39:27 | W50 | 635 | 2:42:38 | 637 | 1961 |
| 70 | 3391 | Sewing Hildegard | AS Neukirchen-Vluyn | 2:53:34 | W50 | 643 | 2:56:45 | 643 | 1960 |
| Altersklasse Frauen W55 | | | | | | | | | |
| 1 | 2442 | Wietscher Antje | TV Refrath | 1:31:45 | W55 | 7 | 1:32:12 | 7 | 1956 |
| 2 | 3450 | Halfmann Bärbel | *Düsseldorf | 1:34:19 | W55 | 15 | 1:34:28 | 13 | 1955 |
| 3 | 3066 | Pilgram Bettina | *Oberhausen | 1:36:58 | W55 | 30 | 1:37:22 | 30 | 1955 |
| 4 | 4035 | Grubing Mechthild | LC Duisburg | 1:44:00 | W55 | 84 | 1:45:12 | 87 | 1954 |
| 5 | 4606 | Sult Barbara | TC Kray 1892 e.V. | 1:44:31 | W55 | 89 | 1:45:47 | 93 | 1953 |
| 6 | 2898 | Schwering Agnes | SG Borken | 1:49:11 | W55 | 135 | 1:50:52 | 140 | 1956 |
| 7 | 2506 | Hornscheidt Ulla | Adler-Langlauf Bottrop | 1:50:20 | W55 | 152 | 1:51:12 | 146 | 1955 |
| 8 | 3337 | Klöpper-Becker Annelie | LG COESFELD | 1:55:46 | W55 | 238 | 1:57:18 | 231 | 1955 |
| 9 | 3359 | Heinze Irmilind | AS Neukirchen-Vluyn | 1:55:51 | W55 | 239 | 1:57:37 | 234 | 1956 |
| 10 | 4304 | Lupp Monika | *Mülheim an der Ruhr | 1:55:57 | W55 | 242 | 1:58:08 | 243 | 1955 |
| 11 | 2283 | Klemm Ulrike | kein | 1:57:02 | W55 | 258 | 1:58:15 | 246 | 1953 |
| 12 | 2768 | Stief Elke | Adler-Langlauf Bottrop | 1:57:06 | W55 | 261 | 1:58:41 | 257 | 1953 |
| 13 | 4010 | Hoffmann-Meyer Angelika | MSV Duisburg LT | 1:57:43 | W55 | 274 | 2:00:37 | 294 | 1953 |
| 14 | 4394 | Strauß Petra | LC Duisburg | 1:59:45 | W55 | 314 | 2:00:09 | 281 | 1952 |
| 15 | 5386 | Kosubek Cornelia | activefirst | 2:01:33 | W55 | 342 | 2:03:57 | 344 | 1952 |
| 16 | 3442 | Jekubczik Christa | LC | 2:01:36 | W55 | 344 | 2:03:53 | 343 | 1952 |
| 17 | 3261 | Litz Hildegard | Die Stolperer | 2:04:09 | W55 | 383 | 2:06:43 | 381 | 1956 |
| 18 | 4530 | Koopmann Christa | MSV Duisburg LT | 2:04:17 | W55 | 385 | 2:07:11 | 394 | 1956 |
| 19 | 5337 | Kühne Gisela | LT Metzhausen | 2:10:20 | W55 | 458 | 2:13:22 | 464 | 1955 |
| 20 | 3379 | Nommensen Herma | AS Neukirchen-Vluyn | 2:10:29 | W55 | 460 | 2:13:25 | 466 | 1956 |
| 21 | 3979 | Börger Annegret | TV Walsum-Aldenrade | 2:11:51 | W55 | 476 | 2:14:45 | 482 | 1955 |
| 22 | 1835 | Klesse Renate | TuS Hamborn-Neumühl | 2:12:21 | W55 | 485 | 2:14:52 | 484 | 1955 |
| 23 | 2758 | Verpoort Maria | SV Viktoria Goch | 2:12:32 | W55 | 487 | 2:14:35 | 478 | 1956 |
| 24 | 3714 | Gerhards Rosemarie | *Bochum | 2:14:11 | W55 | 503 | 2:16:45 | 502 | 1956 |
| 25 | 2675 | Gramadies Elke | BSG Team EVAG | 2:16:52 | W55 | 536 | 2:18:47 | 530 | 1954 |
| 26 | 3080 | Grabienski Petra | E.ON Ruhrgas SG | 2:17:39 | W55 | 543 | 2:20:00 | 543 | 1956 |
| 27 | 4158 | Rueben Beate | *Düsseldorf | 2:18:37 | W55 | 553 | 2:21:15 | 553 | 1952 |
| 28 | 5008 | Bade Petra | LT Vynen | 2:18:41 | W55 | 554 | 2:21:20 | 554 | 1954 |
| 29 | 4415 | Paßens Elfriede | LT Schnecke SV | 2:20:22 | W55 | 566 | 2:23:12 | 564 | 1952 |
| 30 | 4733 | Diercks Barbara | *Krefeld | 2:24:17 | W55 | 596 | 2:27:27 | 596 | 1956 |
| 31 | 1526 | Riedel Gabriele | SV Viktoria Goch | 2:36:05 | W55 | 623 | 2:38:09 | 620 | 1955 |



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| AK-Platz | Nr. | Name Vorname | Verein/*Ort | Endzeit | AK | Total. | Bruttozeit | Platz Brutto | Jahrgang |
|--------------------------------|------|-----------------------|---------------------------|---------|-----|--------|------------|--------------|----------|
| Altersklasse Frauen W60 | | | | | | | | | |
| 1 | 4840 | Oberhäuser Angelika | Solinger LC | 1:45:16 | W60 | 96 | 1:46:12 | 97 | 1950 |
| 2 | 5315 | Holland Hanni | LT Vynen | 1:54:39 | W60 | 218 | 1:56:50 | 224 | 1949 |
| 3 | 2079 | Wilké Lisa | Ausdauerschule by | 1:57:19 | W60 | 267 | 1:59:15 | 264 | 1950 |
| 4 | 3009 | Sauerwald Vasiljka | *Essen | 1:58:51 | W60 | 291 | 2:01:07 | 305 | 1948 |
| 5 | 2787 | Voß Gertrud | SV Viktoria Goch | 2:05:35 | W60 | 408 | 2:07:38 | 405 | 1951 |
| 6 | 3655 | Brodowsky Sylvia | Team erdinger alkoholfrei | 2:11:15 | W60 | 465 | 2:13:30 | 468 | 1950 |
| 7 | 2776 | Dudenbostel Anne | DJK-VfR Saarn | 2:12:46 | W60 | 490 | 2:15:25 | 492 | 1948 |
| 8 | 5440 | Van Stephaudt Margret | LT Schnecke SV | 2:13:10 | W60 | 493 | 2:15:04 | 487 | 1951 |
| 9 | 3086 | Heimann Monika | É.ON Ruhrgas SG | 2:35:07 | W60 | 618 | 2:36:55 | 618 | 1948 |
| Altersklasse Frauen W65 | | | | | | | | | |
| 1 | 5274 | Köster Ingeleore | PV Triathlon Witten | 2:09:56 | W65 | 454 | 2:11:41 | 450 | 1945 |
| Altersklasse Frauen W70 | | | | | | | | | |
| 1 | 5174 | GROSS HELGA | PV Triathlon Witten | 1:57:35 | W70 | 271 | 1:59:18 | 267 | 1941 |