

## 100km Lauf

## Männer

Platz	Startnr	Name	Verein*/Ort	Endzeit	AK-Pl	AK Jahr	Halb1	58km	79km	87km
1	C23	Wildschütz Alexander	TV Frisch Auf Lennep	08:46:12	1	M40 69	1:47:51	4:54:37	06:49:07	07:31:23
2	C32	Gallenkamp Guido	LG Wuppertal	09:11:18	1	M30 79	1:44:23	4:51:46	07:03:28	07:53:51
3	C79	Haarmann Peter	www.laufruhe.de	09:12:54	1	M45 65	1:44:08	4:57:02	07:07:16	07:55:23
4	C174	Samulowski Erich	63 Plus X	09:19:47	1	M50 58	1:44:04	5:04:06	07:15:49	08:03:47
5	C177	Beckmann Stefan	TV borken	09:22:36	2	M50 59	1:46:49	5:07:38	07:14:26	08:03:09
6	C76	Flick Markus	SF Ennepetal	09:23:54	2	M40 68	1:58:06	5:19:45	07:26:43	08:11:53
7	C89	Irrgang Michael	Troisdorfer LG M.U.T.	09:29:49	2	M45 64	1:55:48	5:14:28	07:23:30	08:10:58
8	C149	Kaminsky Peter	LG Emsdetten	09:48:19	2	M30 77	1:46:46	5:10:53	07:27:38	08:22:56
9	C11	Siebert Ingo	RTB Remscheid	10:09:28	3	M45 64	2:00:47	5:41:28	07:54:16	08:46:50
10	C129	Bergmann Jan	DUV	10:17:31	3	M30 77	2:11:20	5:53:31	08:04:04	08:54:33
11	C8	Hasenclever Holger	LG Wuppertal	10:17:33	1	M35 73	2:10:40	5:54:00	08:07:12	08:57:20
12	C78	Petruck Andreas	SF Ennepetal	10:18:59	4	M45 65	2:03:42	5:44:49	08:04:54	08:55:43
13	C110	Birkenmaier Martin	Team Erdinger Alkoholfrei	10:26:52	3	M40 70	2:02:50	5:46:02	08:05:07	08:59:05
14	C4	Schulz-Nigmann Lüder		10:29:50	2	M35 73	2:03:15	5:36:05	08:00:40	08:55:18
15	C141	Höschele Jochen	Ek Schwaikheim	10:31:55	4	M40 68	2:04:18	5:47:42	08:13:58	09:06:58
16	C94	Schäfer Steffen	SG-Borken	10:39:20	5	M40 67	1:55:48	5:30:20	07:57:41	08:59:04
17	C62	Strack Erich	DUV	10:40:23	5	M45 63	1:47:43	5:38:22	08:04:39	09:09:52
18	C88	Vieler Jens	Tri Team Hagen	10:40:24	6	M40 67	2:02:13	5:51:36	08:17:30	09:11:33
19	C176	Roos Martin	TV Hattenheim	10:40:42	6	M45 61	2:13:36	5:54:39	08:15:27	09:08:23
20	C71	Kaufmann Rolf	TV Attendorn	10:48:50	7	M45 63	2:12:44	6:01:44	08:26:11	09:19:26
21	C31	Sander Uwe	TV Frischauf	10:51:23	3	M50 56	1:57:29	5:46:05	08:14:57	09:13:09
22	C107	Jantsch Klaus	Hohenkammer	10:53:18	7	M40 67	1:55:10	5:48:42	08:17:18	09:18:43
23	C56	Flach Gerhard	RTB-Remscheid Marathont	10:53:49	1	M55 51	2:18:10	6:15:36	08:40:06	09:31:12
24	C43	Gast Norbert	TuRa Remscheid-Süd	11:04:21	8	M45 64	2:10:40	5:58:04	08:32:30	09:29:09
25	C5	Gökten Erhan	LC Duisburg	11:08:19	8	M40 69	2:12:22	5:59:28	08:34:03	09:32:49
26	C99	Slabon Raimund	DUV	11:16:08	4	M50 60	2:19:33	6:16:20	08:49:14	09:43:44
27	C120	Neumann Peter	SC Wegberg	11:17:02	9	M40 69	2:12:11	6:13:25	08:43:52	09:42:29
28	C122	Blasberg Frank	LG Monheim/Baumberg	11:17:26	9	M45 64	2:18:14	6:14:49	08:46:40	09:45:58
29	C138	Oesterheld Frank	Feuerwehr SV Düsseldorf	11:19:49	10	M45 64	2:15:11	6:19:44	08:51:04	09:47:01
30	C132	Weiß Hans-Christoph	Essen	11:20:11	10	M40 67	2:10:09	6:09:29	08:47:47	09:48:46
31	C3	Tschernatsch André	Hanau	11:22:56	11	M45 61	2:10:42	6:08:11	08:47:49	09:48:31
32	C34	Leonhard Wilfried	PV Triathlon Witten	11:25:59	5	M50 58	2:14:35	6:24:10	08:57:25	09:54:15
33	C48	Ziemer Ulrich	Essen	11:25:59	6	M50 59	2:14:33	6:24:10	08:57:23	09:54:15
34	C108	Hardy Helmut	LT Beverau Aachen	11:27:28	12	M45 61	2:12:10	6:06:04	08:48:59	09:50:00
35	C72	Vater Roland	DAV Köln	11:28:47	7	M50 60	2:18:30	6:27:01	08:56:59	09:52:01
36	C87	Brill Holger	LG DUV	11:28:50	13	M45 64	1:45:31	5:41:21	08:29:30	09:39:49
37	C139	Tsvetkov Kirill	Running Club Sylvia	11:30:48	1	M20 84	2:00:48	5:47:14	08:22:08	09:25:39
38	C55	Kirschsieper Lothar	Blumental-Runner	11:34:49	1	M60 48	2:18:17	6:23:22	08:56:27	09:55:29
39	C152	Zalac Darko	AK Jastreb 99	11:36:30	11	M40 67	2:11:37	6:14:28	08:52:41	09:59:18
40	C163	De Kruijff Johannes	LBN Duisburg	11:36:46	2	M55 54	2:16:28	6:29:09	09:00:28	10:01:53
41	C39	Herget Thomas	BSG Merck	11:38:01	8	M50 58	2:24:34	6:44:25	09:17:57	10:17:07
42	C27	Boßhammer Ralf	SC Vogt	11:38:56	9	M50 58	2:10:48	6:10:15	08:47:01	09:52:00
43	C95	Schürmann Rolf-Bernd	DUV	11:40:21	12	M40 69	2:03:17	6:11:29	08:47:43	09:53:32
44	C6	Tesche Stefan	Wermelskirchen	11:41:16	14	M45 64	2:12:10	6:14:54	08:53:22	09:57:13
45	C44	Klaas Mark	Aurich	11:46:36	3	M35 75	2:03:13	5:45:25	08:35:27	09:48:00
46	C112	Heeb Markus	RTB Remscheid Marathon-	11:48:30	4	M35 75	2:14:55	6:10:37	08:57:25	10:00:55
47	C148	Hilbert Michael	Waldläufer Grünheide	11:53:12	10	M50 60	2:36:40	6:49:27	09:24:51	10:27:40
48	C14	Dieck Peter	DJK Marienstatt	11:56:03	15	M45 64	2:19:07	6:32:06	09:14:31	10:18:23
49	C131	Liegmann Günter	TV Georgsmarienhütte	11:56:56	3	M55 55	2:26:14	6:48:39	09:24:51	10:25:30
50	C130	Biste Dominic	Rodgau	11:56:57	2	M20 82	2:09:34	6:07:58	08:52:18	10:01:58
51	C41	Dallmann Frank	TuRa Remscheid-Süd	11:58:07	4	M55 55	2:29:23	6:42:48	09:20:27	10:20:45
52	C65	Wolkowski Karl-Heinz	TuRa Remscheid Süd	12:02:47	5	M55 54	2:18:28	6:34:19	09:17:56	10:18:11
53	C25	Dudek Jörg	*Herne	12:02:55	13	M40 67	2:06:02	6:24:09	09:18:28	10:25:18
54	C49	Holst Hansi	Endorphinjunkies.de Dortmund	12:03:32	16	M45 61	2:36:53	6:51:18	09:31:18	10:29:30
55	C100	Büchter Martin	Troisdorfer LG M.U.T.	12:04:12	11	M50 60	2:05:23	6:03:15	08:47:04	09:50:29
56	C140	Lech Hardy	Coaching und Supervision	12:09:44	6	M55 54	2:29:51	7:03:52	09:39:58	10:35:23
57	C150	Ebbert Norbert	LG DUV e.V.	12:09:47	12	M50 59	2:14:34	6:39:11	09:26:03	10:33:05
58	C170	Westphal Jürgen	*Moers	12:13:14	14	M40 67	2:36:39	6:50:05	09:23:06	10:23:19
59	C60	Schikowsky Christian	Endorphinjunkies.de Dortmund	12:18:43	3	M20 82	2:26:06	6:57:41	09:39:37	10:39:43
60	C20	Weber Marcus	BSG Delphi Draka	12:22:51	15	M40 69	2:24:35	6:44:26	09:36:55	10:40:34

## 100km Lauf

## Männer

Platz	Startnr	Name	Verein*/Ort	Endzeit	AK-Pl	AK Jahr	Halb1	58km	79km	87km
61	C167	Rohrman Bernd	LT Hagen-Ermt	12:23:54	13	M50 59	2:20:21	6:39:02	09:23:59	10:28:30
62	C1	Mühlhoff Martin	LKW Runner	12:24:09	17	M45 61	2:16:14	6:30:18	09:29:26	10:40:48
63	C80	Lippmann Sascha	SF Ennepetal	12:24:48	5	M35 75	2:33:46	7:05:27	09:50:01	10:52:06
64	C81	Zirinidis Stilianos	SF Ennepetal	12:24:48	18	M45 65	2:33:47	7:05:26	09:50:02	10:52:06
65	C53	Brennert Kurt	Köln	12:28:24	1	M65 45	2:12:17	6:26:38	09:14:13	10:36:31
66	C135	Nicklaus Ulrich	KLB2000	12:30:55	14	M50 56	2:30:27	6:55:39	09:46:28	10:48:49
67	C74	Schad Thomas	Tura Remscheid-Süd	12:31:44	19	M45 63	2:18:48	6:25:49	09:11:34	10:26:48
68	C109	Ehrenberger Dieter	LT Hemsbach	12:33:53	20	M45 61	2:19:44	6:48:47	09:38:15	10:46:25
69	C12	Kowalski Oliver	Waltroper LC06	12:35:34	16	M40 69	2:24:36	6:55:39	09:40:43	10:47:07
70	C104	Hellwig Benno	LG Boppard-BadSalzig	12:37:28	21	M45 61	2:21:28	6:52:33	09:39:29	10:39:58
71	C86	Kiehn Uwe	Sportfreunde Ennepetal	12:44:59	17	M40 66	2:33:46	7:05:26	09:51:37	10:56:11
72	C38	Dahmen Heinrich	FSB Erftland Ville	12:48:33	15	M50 56	2:36:44	7:16:05	09:58:19	11:01:20
73	C142	Eisner Gerhard	LG-Schefflenzthal	12:49:39	18	M40 70	2:35:31	7:09:07	09:59:06	11:09:01
74	C113	Kimmerle Helmut	Bergisch Gladbach	12:53:15	16	M50 58	2:15:49	6:43:54	09:46:38	10:57:19
75	C57	Lücking Markus	Endorphinjunkies.de	13:01:14	6	M35 71	2:26:06	6:57:41	09:51:37	11:02:01
76	C13	Boom Andre	Kombisport Badhoevedorp	13:04:27	7	M55 54	2:31:24	7:10:37	10:09:26	11:17:35
77	C119	Koch Uwe	TSG Bad König	13:05:23	22	M45 62	2:29:23	7:06:29	10:04:16	11:10:34
78	C73	Neumann Klaus	100 Marathon Club	13:05:23	8	M55 52	2:43:59	7:10:36	10:04:16	11:10:36
79	C36	Hildebrand-Effelberg Thoma	BSG Stadtverwaltung Remsch	13:06:14	17	M50 60	2:33:55	7:07:27	10:03:59	11:14:31
80	C151	Assenmacher Klaus-Dieter	Laufschule Embestrang.de	13:10:21	7	M35 73	2:18:38	7:05:44	10:14:11	11:20:51
81	C50	Grünwald Peter	BSG DELPHI Draka	13:17:34	23	M45 65	2:31:37	7:12:23	10:20:02	11:34:36
82	C126	Dietmar Rosenau	LG DUV	13:18:07	18	M50 60	2:33:57	7:21:42	10:27:21	11:32:48
83	C17	Eßer Michael	LG DUV / www.running-for-	13:18:51	19	M40 66	2:35:32	7:15:57	10:17:09	11:25:40
84	C70	Zietlow Hans-Uwe	LG DUV	13:20:39	2	M60 46	2:41:16	7:23:34	10:24:00	11:31:36
85	C154	Hasewinkel Norbert	Alfter	13:21:21	19	M50 57	2:41:14	7:24:06	10:21:03	11:28:14
86	C63	Pedretti Devid	Odenthal	13:21:53	20	M40 70	2:20:24	6:50:12	09:58:56	11:14:11
87	C52	Rumpel Ralf	Roentgensportclub	13:23:16	20	M50 58	2:30:51	7:04:43	10:10:30	11:29:25
88	C21	Baumgart Dieter	BSG Delphi Draka	13:24:38	2	M65 41	2:31:25	7:16:24	10:25:47	11:37:12
89	C168	Häußer Andreas	WF Großaitingen	13:24:47	8	M35 71	2:35:47	7:17:53	10:17:31	11:26:59
90	C146	Schurna Udo	LT Haumannplatz Essen	13:25:54	9	M55 55	2:30:45	7:09:59	10:11:01	11:26:10
91	C181	Strohmeyer Thomas	*Köln	13:29:46	10	M55 54	2:19:23	7:07:16	10:14:11	11:25:51
92	C85	Klasmeier Michael	Wiedenbrücker TV	13:32:46	24	M45 63	2:35:41	7:15:35	10:30:20	11:40:49
93	C125	Junker Gerd	TSV Wallenhorst	13:33:41	21	M50 56	2:26:05	7:04:07	10:19:18	11:31:03
94	C45	Zickler Frank	Remscheider SV	13:35:17	25	M45 64	2:30:50	7:08:09	10:21:41	11:34:35
95	C171	Liesch Markus	LT Horn-Laubach	13:35:17	21	M40 66	2:41:17	7:08:18	10:18:39	11:29:16
96	C40	Vom Wege Frank	Ski Club Remscheid	13:36:57	22	M50 57	2:38:10	7:14:39	10:23:12	11:40:09
97	C33	Lösch Reinhard	STV-Rethel	13:40:31	26	M45 62	2:37:09	7:17:29	10:23:49	11:37:53
98	C155	Stefanac Alen	AK Jastreb 99	13:42:37	27	M45 65	2:33:45	7:20:52	10:32:31	11:44:46
99	C15	Mews Dirk	Dariusrunner	13:43:10	22	M40 68	2:37:27	7:30:27	10:33:30	11:42:50
100	C157	Predrag Bosnjak	AK Jastreb 99	13:45:32	28	M45 61	2:42:54	8:04:28	10:59:16	12:06:33
101	C137	Preetz Udo	LT Mythos Stolberg	13:45:59	11	M55 51	2:33:48	7:08:33	10:28:02	11:44:13
102	C75	Gleißer Werner	*München	13:47:14	29	M45 62	2:31:54	7:11:02	10:15:55	11:34:05
103	C121	Rehers HaWe	Osnabrücker SC / T E A	13:50:42	3	M60 47	2:38:04	7:32:13	10:46:26	12:02:43
104	C58	Reuter Hans-Jürgen	Solinger LC	13:52:38	3	M65 42	2:30:43	7:24:14	10:35:35	11:45:56
105	C77	Gronau Robert	x	13:53:54	9	M35 71	2:27:42	7:28:42	10:31:59	11:50:22
106	C61	In het Panhuis Christian	DJK Marienstatt	13:55:29	30	M45 63	2:31:38	7:25:34	10:45:14	12:06:02
107	C22	Kleinmann Klaus	LT SuS Grün Weiß Kalkar	13:57:55	23	M50 60	2:31:26	7:08:44	10:38:07	11:56:59
108	C96	Tast Bernd	Monheimer Kanu Club	14:07:29	23	M40 69	2:37:26	7:30:27	10:48:58	12:03:10
109	C173	Sonnenschein Udo	Rockstore-Wuppertal	14:08:03	31	M45 63	2:31:27	7:47:35	10:51:53	12:10:57
110	C64	Ottersbach Martin	TSV Kirberg	14:08:54	32	M45 62	2:35:40	7:33:32	10:56:54	12:10:30
111	C28	Zirkwitz Hans-Walter	Pumuckl Runners Düsseldorf	14:21:53	12	M55 53	2:39:04	7:44:06	10:55:48	12:16:15
112	C93	Hoffmann Christoph	Köln	14:30:48	33	M45 61	2:39:01	7:37:34	11:17:06	12:29:25
113	C83	Wehle Detlef	TV Niederbrechen	14:44:46	24	M50 57	2:45:52	8:10:58	11:38:14	12:48:40
114	C128	Leffler Mirko	PHOTO PERFECT Suhl	14:45:44	24	M40 70	2:41:20	8:10:40	11:32:40	12:49:59
115	C152	Karakus Nusret	HELIOS IRON TEAM	14:46:21	25	M50 60	2:36:16	7:47:41	11:27:01	12:45:33
116	C54	Mueller Gunnar	RSCB	14:46:27	26	M50 57	2:39:00	7:39:01	11:02:31	12:23:02
117	C66	Tippmann Michael	SC Wiking Herne	14:57:13	34	M45 61	2:45:58	8:00:47	11:08:43	12:27:48
118	C29	Weiß Thomas-Teddy	LT Hemsbach	15:04:49	35	M45 62	2:47:59	7:56:43	11:32:46	12:48:36
119	C16	Wattenbach Manfred	MegaCmRunners Köln	15:04:49	36	M45 62	2:41:09	7:58:26	11:25:04	12:48:47

## 100km Lauf

Wettkampf nicht beendet

## Männer

Platz	Startnr	Name	Verein*/Ort	Endzeit	AK-Pl	AK Jahr	Halb1	58km	79km	87km
0	C2	Bieker Christoph	LT Lustige Schleicher Essen	00:00:00	0	M45 61	2:26:22	7:52:39	11:24:08	12:55:56
0	C7	Drescher Hans	Solinger LC	00:00:00	0	M50 58	2:30:43	0:00:00	00:00:00	00:00:00
0	C9	Lindlar Wolfgang	SuS Grün-Weiss Kalkar	00:00:00	0	M45 63	2:31:25	0:00:00	00:00:00	00:00:00
0	C26	Urlaub Martin	Endorphinjunkies.de Dortmund	00:00:00	0	M35 74	2:30:44	0:00:00	00:00:00	00:00:00
0	C42	Schubach Wolfgang	Remscheid	00:00:00	0	M50 58	2:41:13	7:34:15	00:00:00	00:00:00
0	C67	Kokalj Dirk	Bochum	00:00:00	0	M45 64	2:45:59	0:00:00	00:00:00	00:00:00
0	C90	Schloemer Stefan	Köln Triathlon ev	00:00:00	0	M40 66	2:44:48	7:48:28	11:26:51	12:51:55
0	C91	Schloemer Randolph	Köln	00:00:00	0	M35 71	2:44:49	0:00:00	00:00:00	00:00:00
0	C92	Meuer Dieter	Köln Triathlon e.V.	00:00:00	0	M40 69	2:44:46	7:48:26	11:26:50	12:51:55
0	C97	Hagel Thomas	DJK-Gillrath	00:00:00	0	M45 63	2:30:01	0:00:00	00:00:00	00:00:00
0	C106	Van Munster Gerrit	LG Hückeswagen	00:00:00	0	M50 57	1:45:19	5:02:39	00:00:00	00:00:00
0	C114	Ortmann Michael	*Dortmund	00:00:00	0	M30 80	2:42:04	0:00:00	00:00:00	00:00:00
0	C145	Witzke Oliver	LG Wuppertal	00:00:00	0	M35 74	2:09:34	5:57:49	00:00:00	00:00:00
0	C160	Maghöndl Heinz	Mödring	00:00:00	0	M50 59	2:54:49	0:00:00	00:00:00	00:00:00
0	C162	Mehlfeld Thorsten	Lübecker SC	00:00:00	0	M45 61	2:34:02	7:32:21	10:58:09	00:00:00
0	C164	Seidl Gregor	Mödring	00:00:00	0	M50 60	2:54:49	0:00:00	00:00:00	00:00:00
0	C180	Göbel Karsten	Helios Iron Team	00:00:00	0	M45 62	2:33:49	7:13:13	10:25:57	00:00:00

100km Lauf

Frauen

Platz	Startnr	Name	Verein*/Ort	Endzeit	AK-Pl	AK Jahr	Halb1	58km	79km	87km
1	C98	Stader Claudia	Team Campana	10:15:53	1	W40 70	2:13:15	5:53:33	08:10:14	08:57:20
2	C117	Moritz Andrea	Ottawa	10:30:36	2	W40 67	2:09:55	5:50:30	08:09:39	09:03:39
3	C37	Raabe Inge	DUV	11:34:49	1	W45 64	2:18:47	6:26:59	09:01:36	10:00:54
4	C143	Bäuerlein Monika	LT Karlsruhe	11:39:03	3	W40 68	2:14:36	6:27:28	09:04:13	10:03:47
5	C101	Bullig Cornelia	LG DUV	12:25:12	1	W50 59	2:41:59	7:09:50	09:47:08	10:48:17
6	C161	Preuß Christa	Lübecker SC	12:27:57	2	W45 61	2:34:02	6:55:37	09:38:30	10:41:42
7	C102	Dörnfeld Elke	Troisdorfer LG M.U.T.	12:28:50	3	W45 61	2:18:38	6:43:16	09:29:29	10:39:49
8	C153	Göbel Carina	Helios Iron Team	13:00:48	4	W45 65	2:33:43	7:13:13	10:25:55	11:26:01
9	C35	Effelberg Stephanie	Remscheid	13:06:15	5	W45 62	2:33:54	7:07:28	10:03:59	11:14:31
10	C30	Ebert Silke	k1-media	13:19:57	4	W40 69	2:33:50	7:01:08	10:11:41	11:24:46
11	C172	Glöckner Sabrina	*Neuhemsbach	13:35:17	1	W20 81	2:42:05	7:21:07	10:18:39	11:29:17
12	C134	Nicklaus Dagmar	KLB2000	14:06:54	2	W50 58	2:42:48	7:36:38	10:45:02	12:06:02
13	C127	Mecking Bettina	Marathon Dinslaken	14:12:10	5	W40 67	2:37:02	7:38:46	10:56:47	12:12:32
14	C136	Rolfes Maria	LT Waldschleicher Lohne	14:18:31	1	W55 54	2:38:00	7:32:11	10:48:41	12:06:45
15	C105	Siebe Birte	Lübbecker Berglöwen	14:18:31	1	W30 77	2:38:00	7:32:11	10:50:23	12:06:46
16	C169	Pawzik Heike	LG Nord Berlin	14:23:30	6	W45 63	2:18:50	0:00:00	00:00:00	00:00:00
0	C68	Banatzki Ilka Maria	DJK Preussen 1911 Bochum	00:00:00	0	W45 63	2:46:00	0:00:00	00:00:00	00:00:00
0	C165	Hertz Gisela	Marathon Steinfurt	00:00:00	0	W55 55	2:33:45	7:19:25	00:00:00	00:00:00
0	C103	Scheer Karin	TV Kleinwiedenest	00:00:00	0	W60 49	2:55:00	8:14:56	11:47:44	00:00:00