

Männer

Platz	Startnr	Name	Verein/*Ort	Nat	Gesamt	Brutto	AK-PI	AK	Jahr	10km	Halb1	Halb2
1	1056	Freiberg Jürgen	Tri Power Rhein-Sieg	GER	3:00:35	3:00:38	1	M45	62	0:41:53	1:29:09	1:31:26
2	1010	Körbs Joe	www.laufen-im-rheinland.de	GER	3:09:47	3:09:50	1	M40	68	0:40:41	1:27:50	1:41:57
3	4896	Kreimb Schorch	SWB-Bonn	GER	3:30:11	3:30:16	1	M65	43	0:46:42	1:40:54	1:49:17
4	1457	Breitbach Klaus	LT Marathonblut	GER	3:32:56	3:33:50	2	M45	61	0:49:15	1:44:26	1:48:29
5	1613	Nofftz Klaus	Neukirchener TV Leverkusen	GER	3:34:35	3:35:07	1	M50	57	0:49:37	1:44:54	1:49:40
6	1016	Bordin Martin	Beethoven-Gymnasium	GER	3:39:36	3:40:39	3	M45	62	0:52:03	1:51:14	1:48:21
7	1021	Bodes Theo	LT Wachtberger Drachen	GER	3:39:40	3:40:03	2	M50	59	0:49:47	1:45:39	1:54:01
8	1029	Knepper Michael	Marathon Mülheim	GER	3:41:20	3:41:41	4	M45	63	0:47:08	1:40:15	2:01:05
9	1521	Dreesbach Rudolf	Lt Siebengebirge	GER	3:42:49	3:43:08	2	M40	66	0:49:48	1:44:56	1:57:53
10	1258	Grondke Rolf	Marathon-Club Menden	GER	3:46:54	3:48:14	1	M55	55	0:50:42	1:46:41	2:00:13
11	1043	Lammersmann Uwe	SSF Bonn	GER	3:57:55	3:58:02	5	M45	65	0:48:27	1:45:31	2:12:24
12	1049	Schmielewski Jens	*Köln	GER	4:00:07	4:00:13	3	M40	67	0:54:49	1:57:15	2:02:51
13	1039	Reek Elmar	Schwimmverein Hellas Siegburg	GER	4:08:08	4:08:29	6	M45	62	0:53:49	0:00:00	0:00:00
14	1063	Maatz Helmut	LLG St. Augustin	GER	4:16:39	4:16:43	1	M60	47	0:54:23	1:57:37	2:19:01
15	4857	Löhr Stefan	SWB	GER	4:16:40	4:17:13	4	M40	70	0:51:24	1:54:33	2:22:06
16	1127	Gatzen Harald	CENTRAL-Team	GER	4:17:03	4:17:13	1	M35	75	0:45:57	1:39:22	2:37:40
17	1062	Bentlage Peter	LT Gruiten-Neandertal	GER	4:20:16	4:20:23	2	M55	54	0:56:19	2:00:12	2:20:04
18	1850	Gröner Johannes	www.Sektlauf.de	GER	4:37:40	4:38:02	3	M55	54	0:56:26	2:02:36	2:35:04
19	1006	Rojik Volker	*Gladbeck	GER	4:41:21	4:42:23	3	M50	60	0:57:00	2:03:32	2:37:49
20	1848	Trabitzsch Mathias	LG Wuppertal	GER	4:42:38	4:42:56	4	M50	59	0:54:45	1:54:44	2:47:54
21	1506	Germerscheid Walter	TUS ASBACH	GER	4:46:29	4:46:59	7	M45	65	0:54:32	1:56:30	2:49:59
22	4959	Bauer Hagen	*Meckenheim	GER	4:48:42	4:49:07	5	M40	67	1:00:10	2:09:22	2:39:19
23	1051	Artz Richard	TV Witzhelden	GER	5:03:55	5:05:19	2	M60	48	1:02:48	2:13:09	2:50:45
24	1348	Dreckmann Rainer	*Hennef	GER	5:04:56	5:05:57	5	M50	59	1:05:34	2:21:00	2:43:56
25	1001	Hauke Gernot	Lt Tus Mondorf	GER	5:12:31	5:12:34	2	M65	41	1:00:33	2:18:11	2:54:19
26	1345	Dreckmann Helmut	*Siegburg	GER	5:19:50	5:20:50	6	M50	60	1:05:34	2:21:04	2:58:45
27	1012	Koll Helmut	Friesdorfer Rennschnecken	GER	5:29:01	5:30:28	4	M55	55	1:03:15	2:20:58	3:08:03
28	1000	Bous Herbert	Friesdorfer Rennschnecken	GER	5:29:04	5:30:29	7	M50	56	1:03:16	2:21:04	3:08:00
29	1071	HARRER MARIO	BSg. Evonik Weseeling e.V.	GER	5:33:06	5:34:28	8	M50	60	1:05:27	2:27:48	3:05:17