

50km - Gesamtwertung

50km von Hitdorf - 13. September 2009

Männer

Platz	Startnr	Name	Verein*Ort	Gesamt	AK-PI	AK	km	Rundenzeiten
1	239	Thiel Christian	Bunert Running Team	3:19:06	1	M30	50km	19:45 * 20:06 * 19:57 * 19:41 * 19:48 * 19:53 * 19:55 * 19:58 * 20:09 * 19:50
2	79	Dogen Thomas	Tippelbrüder Bonn	3:32:03	1	M35	50km	19:56 * 20:45 * 20:51 * 21:15 * 21:09 * 21:24 * 21:29 * 21:32 * 21:46 * 21:51
3	233	Hermann Jürgen	*Fürth	3:47:55	1	M45	50km	22:03 * 21:52 * 21:55 * 21:51 * 22:10 * 22:18 * 22:46 * 23:18 * 24:18 * 25:19
4	122	Koenig Sascha	Tsv Kabel 1882	3:53:41	2	M30	50km	22:29 * 22:17 * 21:53 * 21:55 * 22:09 * 22:02 * 22:49 * 23:19 * 25:58 * 28:47
5	90	Gerhard-Kölle Frank	PROM. 85 Lgf.-Richrath	3:57:44	2	M45	50km	20:50 * 20:50 * 21:16 * 21:42 * 21:31 * 21:57 * 22:30 * 26:36 * 33:04 * 27:24
6	231	Jordan Jürgen	SuS Bertlich	4:06:36	1	M55	50km	21:12 * 22:06 * 22:42 * 23:01 * 24:00 * 24:43 * 25:39 * 26:47 * 27:57 * 28:25
7	219	Hummelsheim Stefan	*Langenfeld	4:09:11	3	M45	50km	23:35 * 24:06 * 24:13 * 24:17 * 24:19 * 24:13 * 24:32 * 25:00 * 27:25 * 27:27
8	145	Michollek Wolfgang	GSV Porz Köln	4:11:11	4	M45	50km	24:54 * 24:53 * 25:09 * 25:01 * 24:37 * 24:52 * 24:47 * 25:12 * 25:45 * 25:57
9	101	Halder Roland	TPSK-Triathlon	4:11:43	2	M35	50km	26:07 * 26:15 * 26:22 * 26:31 * 25:46 * 25:08 * 24:21 * 23:49 * 23:42 * 23:38
10	112	Iacona Antonio	TSV Solingen	4:14:33	5	M45	50km	24:38 * 24:48 * 24:09 * 24:07 * 24:46 * 25:07 * 26:17 * 26:37 * 26:58 * 27:03
11	182	Schneider Michael	TV 1888 Ruppichteroth	4:24:48	3	M30	50km	24:11 * 23:58 * 24:20 * 25:21 * 25:36 * 26:54 * 27:31 * 28:49 * 29:46 * 28:17
12	222	Neuendorf Andreas	Team Erdinger Alkoholfrei	4:26:35	6	M45	50km	26:17 * 26:05 * 27:11 * 26:16 * 27:18 * 26:16 * 26:17 * 26:48 * 27:13 * 26:49
13	236	Blasberg Frank	LG Monheim Baumberg	4:30:28	7	M45	50km	27:11 * 27:56 * 27:38 * 27:39 * 27:28 * 27:35 * 26:32 * 26:28 * 26:09 * 25:48
14	53	Baarth Oliver	Team Erdinger Alkoholfrei	4:31:30	3	M35	50km	26:28 * 26:18 * 26:33 * 27:31 * 28:02 * 28:05 * 29:21 * 26:51 * 26:04 * 26:12
15	102	Heinze Lutz	Hab ich den Herd ausgemacht!?	4:33:54	1	M40	50km	28:52 * 29:33 * 29:48 * 25:27 * 25:26 * 25:21 * 26:46 * 26:25 * 27:16 * 28:56
16	198	Vater Roland	DAV Köln	4:37:04	8	M45	50km	27:51 * 27:16 * 27:55 * 27:46 * 28:00 * 28:24 * 29:25 * 29:12 * 26:10 * 25:02
17	124	Kornführer Jörg	Niesen	4:44:18	4	M35	50km	25:25 * 25:55 * 25:49 * 26:00 * 27:12 * 28:05 * 29:39 * 31:12 * 32:42 * 32:12
18	160	Peters Daniel	*Leverkusen	4:45:47	1	M20	50km	28:32 * 28:53 * 28:29 * 28:42 * 27:59 * 28:11 * 28:05 * 27:42 * 29:29 * 29:42
19	152	Müller Wolfgang	VFL Engelskirchen	4:48:23	1	M50	50km	28:24 * 29:34 * 29:41 * 28:31 * 28:37 * 28:29 * 28:50 * 28:53 * 28:48 * 28:32
20	121	Köhne Heinz-Werner	VFL Engelskirchen	4:48:23	2	M40	50km	28:25 * 29:33 * 29:41 * 28:30 * 28:38 * 28:29 * 28:51 * 28:53 * 28:48 * 28:32
21	144	Meyer Oliver	VFL Engelskirchen	4:48:24	9	M45	50km	28:24 * 29:34 * 29:41 * 28:31 * 28:37 * 28:29 * 28:51 * 28:53 * 28:48 * 28:32
22	181	Schneider Friedhelm	TV Jahn Kapellen	4:48:50	10	M45	50km	26:05 * 25:06 * 26:57 * 26:08 * 26:39 * 28:25 * 27:09 * 27:24 * 28:37 * 46:16
23	214	Noffitz Klaus	Neukirchener TV Leverkusen	4:49:57	2	M50	50km	26:28 * 26:19 * 26:34 * 27:30 * 28:02 * 28:04 * 29:22 * 31:35 * 32:57 * 33:01
24	187	Sieben Konrad	SLC Ameln	4:50:11	1	M65	50km	26:09 * 25:51 * 26:02 * 26:11 * 27:05 * 29:12 * 32:24 * 32:17 * 32:48 * 32:07
25	104	Hempel Hartmut	LSF-Unna-2000	4:50:48	2	M65	50km	27:32 * 26:19 * 27:18 * 27:02 * 26:49 * 27:41 * 32:44 * 30:59 * 32:07 * 32:14
26	242	Cych Marco	*Rüdesheim	4:51:11	2	M20	50km	28:01 * 28:42 * 28:23 * 28:19 * 28:59 * 29:58 * 29:18 * 29:51 * 30:23 * 29:12
27	93	Gieraths Hans-Peter	LT SV Westum	4:51:12	11	M45	50km	28:00 * 28:45 * 28:23 * 28:19 * 28:59 * 29:58 * 29:18 * 29:50 * 30:23 * 29:12
28	188	Skowronek Jürgen	Adler Langlauf Bottrop	4:53:37	1	M60	50km	26:47 * 27:22 * 28:06 * 29:03 * 29:14 * 29:18 * 29:44 * 29:54 * 31:43 * 32:21
29	232	Büchter Martin	Troisdorfer LG M.U.T.	4:54:29	3	M40	50km	29:47 * 29:30 * 29:47 * 29:42 * 30:04 * 29:30 * 29:33 * 29:21 * 28:51 * 28:19
30	89	Gerber Peter	RTB REMSCHEID	4:54:30	3	M50	50km	28:58 * 29:44 * 30:24 * 29:43 * 29:41 * 29:09 * 29:16 * 29:45 * 29:53 * 27:53
31	98	Gurries Tilman	LSF-Unna-2000	4:55:05	4	M40	50km	29:28 * 29:24 * 29:04 * 28:42 * 29:11 * 29:12 * 29:10 * 29:35 * 30:57 * 30:19
31	131	Kuschel Tom	Marathon-Club Menden	4:55:05	5	M35	50km	29:27 * 29:24 * 29:04 * 28:42 * 29:11 * 29:12 * 29:09 * 29:35 * 30:57 * 30:19
33	180	Schmidt-Soltau Peer	*Mettmann	4:55:21	3	M20	50km	27:36 * 29:00 * 28:43 * 29:09 * 30:00 * 28:54 * 28:54 * 30:08 * 31:20 * 31:32
34	88	Frings Andreas	TV Witzhelden	4:57:04	5	M40	50km	27:59 * 28:47 * 29:00 * 29:05 * 29:52 * 29:42 * 30:17 * 30:59 * 30:59 * 30:19
35	150	Müller Markus	Jood Jeföl	5:01:28	6	M40	50km	28:09 * 28:58 * 28:53 * 28:45 * 28:51 * 29:49 * 29:25 * 30:30 * 32:33 * 35:31
36	230	Hanke Volker	*Köln	5:02:02	7	M40	50km	28:43 * 29:26 * 29:45 * 28:31 * 28:56 * 29:03 * 30:00 * 31:17 * 33:33 * 32:44
37	202	Weidemann Frank	TV Hitdorf	5:10:08	12	M45	50km	30:17 * 31:33 * 30:46 * 31:35 * 31:58 * 30:32 * 30:32 * 29:29 * 31:22 * 32:00
38	84	Fecher Stevie (Stefan)	LTF Marpingen	5:19:33	13	M45	50km	30:08 * 29:09 * 29:30 * 30:17 * 31:35 * 31:45 * 32:59 * 33:57 * 35:36 * 34:32
39	237	Wöhlk	*Erkrath	5:28:40	8	M40	50km	29:21 * 29:51 * 29:39 * 29:45 * 29:52 * 29:47 * 33:00 * 43:05 * 39:53 * 34:21

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Platz	Startnr	Name	Verein*Ort	Gesamt	AK-PI	AK	km	Rundenzeiten
40	83	Elsner Martin	*Wipperfürth	5:38:54	14	M45	50km	29:17 * 30:17 * 30:38 * 31:12 * 32:49 * 35:35 * 37:01 * 38:03 * 37:58 * 36:00
41	120	Knoch Wilfried	ASV Sankt Augustin	5:41:24	2	M55	50km	32:18 * 32:23 * 32:06 * 32:46 * 34:06 * 35:01 * 36:04 * 35:02 * 35:32 * 36:01
42	87	Franke Robert	ASV Köln	3:37:57	15	M45	45km	23:39 * 23:49 * 24:13 * 24:16 * 24:19 * 24:13 * 24:32 * 24:06 * 24:44 * 00:00
43	194	Theisohn Piet	*Leverkusen	4:09:05	9	M40	45km	30:24 * 32:15 * 26:21 * 25:43 * 26:08 * 26:03 * 27:10 * 27:22 * 27:35 * 00:00
44	153	Neumann Torsten	LTV TriForce Remscheid	4:17:13	10	M40	45km	27:58 * 27:11 * 26:40 * 26:58 * 27:11 * 28:10 * 29:14 * 31:03 * 32:43 * 00:00
45	50	Spanier Volker	Kath. Laufjugend Arndstadt	4:19:01	4	M50	45km	24:07 * 25:14 * 25:11 * 25:48 * 26:13 * 30:30 * 29:04 * 38:58 * 33:53 * 00:00
46	65	Borchardt Bernd	*Leverkusen	4:39:00	11	M40	45km	29:58 * 28:46 * 29:10 * 28:57 * 29:33 * 29:48 * 30:51 * 32:26 * 39:26 * 00:00
47	240	Skopnik Manuel	TV Refrath	2:52:01	6	M35	40km	21:51 * 21:38 * 21:55 * 22:09 * 22:18 * 21:30 * 20:07 * 20:29 * 00:00 * 00:00
48	229	Heisig Markus	Dorfgemeinschaft Biesenbach	2:59:52	16	M45	40km	23:18 * 21:55 * 22:05 * 22:00 * 22:42 * 22:21 * 23:03 * 22:25 * 00:00 * 00:00
49	100	Hagel Thomas	DJK-Gillrath 1911	3:45:51	17	M45	40km	27:51 * 27:16 * 27:55 * 27:46 * 28:00 * 28:24 * 29:25 * 29:12 * 00:00 * 00:00
50	125	Krebs Michael	*Leverkusen	4:03:12	12	M40	40km	29:31 * 28:24 * 28:19 * 27:58 * 28:52 * 29:49 * 36:26 * 33:49 * 00:00 * 00:00
51	218	Faßbender Dirk	*Leverkusen	4:13:55	4	M30	40km	32:27 * 32:43 * 32:22 * 32:51 * 31:31 * 30:52 * 30:37 * 30:29 * 00:00 * 00:00
52	118	Kaiser Marcus	TSV Bayer 04 Leverkusen	2:57:09	13	M40	35km	25:56 * 25:19 * 25:41 * 25:11 * 24:44 * 25:02 * 25:13 * 00:00 * 00:00 * 00:00
53	211	Lehr Bernd	TSV Bayer 04 Leverkusen	2:57:10	14	M40	35km	25:01 * 26:16 * 25:36 * 25:15 * 24:44 * 25:02 * 25:13 * 00:00 * 00:00 * 00:00
54	223	Hackenbroich Wolfgang	LT-Esch	3:04:40	18	M45	35km	26:24 * 26:16 * 26:25 * 26:11 * 26:08 * 26:26 * 26:47 * 00:00 * 00:00 * 00:00
55	69	Chevalier Jörg	Dynamit Nobel	3:10:57	15	M40	35km	29:58 * 26:46 * 29:06 * 26:04 * 27:01 * 26:03 * 25:56 * 00:00 * 00:00 * 00:00
56	58	Betz Marc	VfB Ahbach	3:15:30	7	M35	35km	26:28 * 26:16 * 26:25 * 27:01 * 28:03 * 29:06 * 32:08 * 00:00 * 00:00 * 00:00
57	119	Klein Andreas	*Köln	3:22:20	4	M20	35km	30:47 * 29:32 * 28:31 * 29:22 * 27:58 * 28:09 * 27:58 * 00:00 * 00:00 * 00:00
58	94	Gilmer Florian	*Essen	3:37:04	5	M30	35km	30:01 * 30:34 * 30:50 * 30:21 * 31:12 * 31:24 * 32:40 * 00:00 * 00:00 * 00:00
59	162	Petrelli Marco	*Leverkusen	3:47:14	5	M20	35km	29:20 * 29:08 * 28:48 * 27:45 * 29:15 * 37:52 * 45:04 * 00:00 * 00:00 * 00:00
60	170	Ries Benjamin	*Leverkusen	2:06:10	6	M20	30km	19:49 * 20:51 * 20:47 * 21:00 * 21:27 * 22:12 * 00:00 * 00:00 * 00:00 * 00:00
61	203	Weller Nils	*Leverkusen	2:28:30	7	M20	30km	24:05 * 23:30 * 24:13 * 24:16 * 24:19 * 28:05 * 00:00 * 00:00 * 00:00 * 00:00
62	143	Metzler-Nesbeda Thomas	TV Pfullendorf	2:30:40	16	M40	30km	23:41 * 23:58 * 25:00 * 25:33 * 25:37 * 26:49 * 00:00 * 00:00 * 00:00 * 00:00
63	169	Reucher Marc	*Köln	2:35:25	17	M40	30km	26:01 * 25:12 * 25:52 * 25:51 * 26:04 * 26:23 * 00:00 * 00:00 * 00:00 * 00:00
64	148	Moitroux Hans-Leo	Jahn Kapellen	2:37:19	3	M65	30km	25:56 * 25:06 * 26:58 * 26:12 * 25:26 * 27:38 * 00:00 * 00:00 * 00:00 * 00:00
65	77	Deinet Lars	APCOA-Leverkusen	2:38:14	6	M30	30km	26:19 * 25:22 * 26:01 * 26:14 * 26:55 * 27:20 * 00:00 * 00:00 * 00:00 * 00:00
66	75	Czarnetzki Benjamin	*Monheim am Rhein	2:38:40	8	M20	30km	24:31 * 25:48 * 25:57 * 26:52 * 27:33 * 27:57 * 00:00 * 00:00 * 00:00 * 00:00
67	173	Roth Dr. Edwin	50 States Marathon Club	2:40:07	3	M55	30km	26:14 * 26:10 * 26:24 * 26:41 * 26:33 * 28:02 * 00:00 * 00:00 * 00:00 * 00:00
68	226	Ottinger Stefan	*Köln	2:41:36	18	M40	30km	27:35 * 27:54 * 27:31 * 27:39 * 26:18 * 24:37 * 00:00 * 00:00 * 00:00 * 00:00
69	70	Clemen Alexander	Team EP:Clemen	2:42:41	1	MJB	30km	26:24 * 26:20 * 26:34 * 27:17 * 28:14 * 27:51 * 00:00 * 00:00 * 00:00 * 00:00
70	190	Sommer Nicolas	*Neuss	2:44:49	8	M35	30km	29:32 * 28:45 * 27:35 * 26:11 * 26:42 * 26:02 * 00:00 * 00:00 * 00:00 * 00:00
71	142	Melzer Frank	TV Hitdorf	2:45:43	19	M45	30km	27:16 * 27:37 * 27:50 * 26:34 * 27:38 * 28:46 * 00:00 * 00:00 * 00:00 * 00:00
72	208	Meyer Karsten	LG Neschen	2:46:40	19	M40	30km	27:34 * 27:03 * 27:17 * 28:14 * 27:54 * 28:35 * 00:00 * 00:00 * 00:00 * 00:00
73	171	Ritzenhoff Dr. Martin	Praxisteam Deppe & Schulte	2:55:05	20	M40	30km	29:44 * 29:20 * 29:47 * 29:41 * 27:19 * 29:13 * 00:00 * 00:00 * 00:00 * 00:00
74	116	Jörgens Wolfgang	TV Witzhelden	2:55:47	20	M45	30km	29:16 * 29:34 * 29:05 * 28:58 * 31:30 * 27:22 * 00:00 * 00:00 * 00:00 * 00:00
75	95	Gleitsmann Jan	Pulheimer SC	2:57:53	21	M45	30km	29:46 * 29:30 * 29:46 * 29:43 * 30:05 * 29:01 * 00:00 * 00:00 * 00:00 * 00:00
76	220	Paduck Gerold	*Leverkusen	3:06:02	22	M45	30km	30:46 * 30:37 * 31:19 * 30:24 * 31:30 * 31:23 * 00:00 * 00:00 * 00:00 * 00:00
77	91	Gerhardt Karsten	*Hagen	3:06:36	21	M40	30km	31:01 * 30:10 * 29:45 * 29:30 * 30:56 * 35:11 * 00:00 * 00:00 * 00:00 * 00:00
78	206	Zens Georg	SV Bonn 70	3:10:21	23	M45	30km	30:32 * 30:47 * 32:43 * 33:28 * 30:56 * 31:52 * 00:00 * 00:00 * 00:00 * 00:00

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Platz	Startnr	Name	Verein*Ort	Gesamt	AK-PI	AK	km	Rundenzeiten
79	216	Jaspers Bernd	*Wermelskirchen	3:12:39	22	M40	30km	29:25 * 28:49 * 30:00 * 32:32 * 34:57 * 36:53 * 00:00 * 00:00 * 00:00 * 00:00
80	134	Lichte Klaus	TV Laasphe 1863 e.V.	3:18:18	23	M40	30km	31:12 * 31:58 * 32:36 * 33:17 * 34:20 * 34:54 * 00:00 * 00:00 * 00:00 * 00:00
81	76	De Pilla Mario	TriTeam Hagen	3:19:07	24	M40	30km	31:01 * 30:15 * 29:32 * 30:34 * 33:36 * 44:07 * 00:00 * 00:00 * 00:00 * 00:00
82	197	Ulrich Marcus	Sportpark Leverkusen	3:33:11	7	M30	30km	30:42 * 34:17 * 32:57 * 35:15 * 37:29 * 42:28 * 00:00 * 00:00 * 00:00 * 00:00
83	183	Schönborn Hans Willi	*Leverkusen	4:31:24	2	M60	30km	39:17 * 40:16 * 44:13 * 44:56 * 49:58 * 52:42 * 00:00 * 00:00 * 00:00 * 00:00
84	238	Cirpka Enno	Neukirchener TV Leverkusen	1:53:18	24	M45	25km	20:04 * 20:53 * 22:17 * 24:08 * 25:54 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
85	51	Aretz Manfred	Alfterer SC	2:03:01	3	M60	25km	24:48 * 24:25 * 24:22 * 24:44 * 24:39 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
86	71	Clemen Matthias	Team EP:Clemen	2:14:51	9	M20	25km	26:24 * 26:19 * 26:34 * 27:17 * 28:15 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
87	78	Demond Ralf	troisdorfhofwheels	2:15:35	25	M45	25km	27:44 * 27:16 * 26:20 * 26:28 * 27:45 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
88	205	Wojtassek Alois	FV bawoj 75	2:15:35	4	M55	25km	26:06 * 26:33 * 26:36 * 27:33 * 28:45 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
89	241	Achatz Frank	LT Cloversoft	2:19:08	26	M45	25km	27:37 * 27:39 * 27:38 * 27:52 * 28:21 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
90	73	Cromen Dieter	Alter Markt Bagdad	2:23:02	27	M45	25km	28:04 * 27:57 * 28:27 * 28:51 * 29:41 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
91	156	Odenthal Danny	FI Sport e.V.	2:23:21	8	M30	25km	28:59 * 28:08 * 27:58 * 28:09 * 30:05 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
92	178	Sand Peter	Praxisteam Deppe & Schulte	2:27:23	9	M35	25km	34:00 * 34:56 * 25:24 * 25:30 * 27:31 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
93	56	Bayer Stephan	LG RWE Power	2:28:35	28	M45	25km	29:31 * 29:42 * 29:29 * 29:47 * 30:04 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
94	62	Blass Frank	*Wuppertal	2:36:16	25	M40	25km	31:26 * 31:47 * 31:46 * 31:07 * 30:09 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
95	146	Miebach Reiner	TV Witzhelden	2:36:17	5	M55	25km	31:26 * 31:47 * 31:46 * 31:08 * 30:09 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
96	63	Bode Hansjörg	*Leverkusen	2:38:55	29	M45	25km	30:32 * 30:22 * 30:24 * 30:52 * 36:44 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
97	154	Nöhre Bert	*Leverkusen	2:47:16	5	M50	25km	29:15 * 32:03 * 33:32 * 35:17 * 37:07 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
98	141	Meier Lutz-Detlef	TSV Bayer 04 Leverkusen	3:21:45	6	M50	25km	34:42 * 36:58 * 38:03 * 41:44 * 50:15 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
99	105	Herbst Alfred	*Burscheid	1:33:39	30	M45	20km	23:19 * 23:22 * 23:22 * 23:35 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
100	191	Steuer Thomas	SSK Kerpen	1:36:45	31	M45	20km	24:16 * 23:53 * 24:07 * 24:28 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
101	132	Lehr Achim	*Leverkusen	1:43:31	26	M40	20km	25:44 * 25:34 * 25:42 * 26:31 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
102	111	Holz Roland	Mettmanner Bauverein	1:46:05	32	M45	20km	26:34 * 26:12 * 26:33 * 26:45 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
103	196	Tschauder Jörg	*Langenfeld	1:57:05	27	M40	20km	30:25 * 29:17 * 28:58 * 28:23 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
104	82	Elsbergen Gerd	Praxisteam Deppe & Schulte	1:57:09	28	M40	20km	29:42 * 28:45 * 28:05 * 30:35 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
105	92	Gerz Winfried	Praxisteam Deppe & Schulte	1:58:33	7	M50	20km	29:43 * 29:20 * 29:47 * 29:40 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
106	184	Schulte Dr. Jürgen	Praxisteam Deppe & Schulte	1:58:33	29	M40	20km	29:44 * 29:20 * 29:48 * 29:40 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
107	166	Quetschke Uwe	*Leverkusen	1:59:07	30	M40	20km	30:31 * 29:44 * 28:51 * 30:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
108	126	Kremer Adreas	Praxisteam Deppe & Schulte	1:59:26	31	M40	20km	29:44 * 29:20 * 29:50 * 30:31 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
109	159	Pesch Stephan	*Leverkusen	2:02:26	10	M35	20km	29:09 * 29:26 * 30:16 * 33:34 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
110	195	Treutlein Thomas	*Wermelskirchen	2:02:27	32	M40	20km	29:09 * 29:26 * 30:16 * 33:34 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
111	66	Boßhammer Georg	Sportpark Leverkusen	2:07:29	8	M50	20km	30:52 * 30:14 * 32:53 * 33:28 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
112	224	Erhart Michael	*Monheim	2:10:55	9	M50	20km	30:52 * 31:03 * 32:17 * 36:42 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
113	158	Overbeck Oliver	*Köln	2:11:57	33	M40	20km	33:15 * 32:56 * 32:41 * 33:04 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
114	147	Möller Dr. Jürgen	*Monheim	2:17:48	34	M40	20km	31:42 * 34:26 * 36:19 * 35:19 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
115	113	Jandke Manfred	TV Hitdorf	2:23:12	10	M50	20km	33:07 * 35:03 * 36:28 * 38:33 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
116	228	Schmitt Joachim	TV Witzhelden	2:57:41	11	M50	20km	43:07 * 44:12 * 44:25 * 45:55 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
117	221	Werner Marcel	*Leverkusen	1:28:04	1	MSc	15km	29:40 * 29:19 * 29:04 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00

50km - Gesamtwertung

50km von Hitdorf - 13. September 2009

Männer

Platz	Startnr	Name	Verein*Ort	Gesamt	AK-PI	AK	km	Rundenzeiten
118	106	Hinz Bernd	SFD	1:33:16	6	M55	15km	35:21 * 28:15 * 29:39 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
119	115	Jaspers Jörg	Praxisteam Deppe & Schulte	1:34:19	35	M40	15km	31:55 * 31:44 * 30:40 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
120	186	Seestädt Olaf	Praxisteam Deppe & Schulte	1:35:15	36	M40	15km	31:54 * 32:43 * 30:37 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
121	155	Nußbaum Frank	*Leverkusen - Schlebusch	1:42:14	33	M45	15km	30:28 * 34:37 * 37:08 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
122	164	Polasky Michael	*Wuppertal	0:48:14	10	M20	10km	23:13 * 25:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
123	55	Baldus Jörg	AVEA	0:51:49	37	M40	10km	26:52 * 24:56 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
124	72	Clemen Stefan	Team EP:Clemen	0:52:51	34	M45	10km	26:33 * 26:18 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
125	59	Bischofsberger Jörg	Schockclub-Stockfisch	0:57:09	38	M40	10km	28:44 * 28:24 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
126	163	Plitong Olaf	AVEA	0:57:13	35	M45	10km	28:02 * 29:10 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
127	193	Theisohn Leif	*Leverkusen	1:02:24	2	MSc	10km	30:24 * 31:59 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
128	140	Mayer Udo	*Leverkusen	1:03:52	11	M35	10km	33:17 * 30:35 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
129	151	Müller Thomas	Praxisteam Deppe & Schulte	1:05:09	39	M40	10km	30:39 * 34:29 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
130	13	Prinz Malvin	AVEA	1:11:47	3	MSc	10km	34:55 * 36:51 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
131	165	Prinz Adreas	AVEA	1:11:48	12	M35	10km	34:55 * 36:53 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
132	21	Trinks Christopher	TSV Bayer 04 Leverkusen	0:23:29	4	MSc	5km	23:29 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
133	210	Lehr Bjarne	TSV Bayer 04 Leverkusen	0:24:58	5	MSc	5km	24:58 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
134	215	Groneuer Stefan	AVEA	0:26:51	40	M40	5km	26:51 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
135	133	Ley Rolf	AVEA	0:30:38	13	M35	5km	30:38 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
136	175	Rudek Sascha	*Köln	0:30:53	11	M20	5km	30:53 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
137	107	Hinz Tristan	*Leverkusen	0:35:21	6	MSc	5km	35:21 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00

50km - Gesamtwertung

50km von Hitdorf - 13. September 2009

Frauen

Platz	Startnr	Name	Verein*Ort	Gesamt	AK-PI	AK	km	Rundenzeiten
1	225	Nikelowski Renate	LT Köln-Esch	4:26:21	1	W45	50km	26:25 * 26:16 * 26:25 * 26:11 * 26:08 * 26:26 * 26:47 * 27:15 * 27:15 * 27:09
2	204	Wietscher Antje	TV Witzhelden	4:48:18	1	W50	50km	27:59 * 28:47 * 29:00 * 29:05 * 29:52 * 29:41 * 30:18 * 30:58 * 25:57 * 26:36
3	235	Dörmfeld Elke	Troisdorfer LG M.U.T.	4:54:29	2	W45	50km	29:46 * 29:30 * 29:47 * 29:42 * 30:04 * 29:31 * 29:33 * 29:21 * 28:51 * 28:20
4	114	Jaschky-Sterzenbach Iris	ASV Sankt Augustin	5:00:28	3	W45	50km	29:47 * 29:30 * 29:47 * 29:42 * 30:04 * 29:30 * 29:39 * 30:15 * 30:54 * 31:15
5	123	König Petra	*Monheim	5:12:56	1	W40	50km	27:11 * 27:47 * 27:50 * 29:09 * 30:07 * 31:34 * 32:57 * 34:03 * 37:49 * 34:25
6	137	Marienhagen Sandra	Team Guxel	4:46:07	1	W35	45km	28:34 * 28:32 * 28:43 * 29:13 * 30:39 * 31:59 * 33:07 * 34:19 * 40:57 * 00:00
7	234	Lange Cynthia	*Köln	2:50:21	2	W40	30km	27:36 * 27:32 * 28:26 * 28:11 * 28:58 * 29:35 * 00:00 * 00:00 * 00:00 * 00:00
8	68	Casenobe Cecile	ASV Köln	2:51:54	3	W40	30km	29:19 * 29:12 * 28:59 * 28:32 * 28:17 * 27:32 * 00:00 * 00:00 * 00:00 * 00:00
9	128	Kremp Alexandra	*Pulheim	2:54:26	4	W40	30km	29:32 * 28:55 * 29:12 * 28:36 * 28:55 * 29:14 * 00:00 * 00:00 * 00:00 * 00:00
10	200	Walther Jeanett	TV Witzhelden	2:55:47	4	W45	30km	29:16 * 29:33 * 29:04 * 28:59 * 31:30 * 27:22 * 00:00 * 00:00 * 00:00 * 00:00
11	85	Feldhaus Doris	*Köln	3:01:40	1	W60	30km	28:54 * 29:32 * 29:38 * 30:29 * 31:06 * 31:58 * 00:00 * 00:00 * 00:00 * 00:00
12	130	Kuntze-Klein Beate	BSG KSK Köln	3:04:23	5	W45	30km	31:45 * 31:01 * 29:52 * 29:54 * 30:06 * 31:42 * 00:00 * 00:00 * 00:00 * 00:00
13	135	Lichte Sabine	TV Laasphe 1863 e.V.	3:05:52	5	W40	30km	31:12 * 30:48 * 30:28 * 30:28 * 31:30 * 31:23 * 00:00 * 00:00 * 00:00 * 00:00
14	179	Schenk Bettina	TV Hitdorf	3:06:34	6	W40	30km	31:03 * 30:47 * 30:46 * 31:35 * 31:58 * 30:23 * 00:00 * 00:00 * 00:00 * 00:00
15	99	Häck Gisela	Betriebssportgem.KSK-Köln	3:10:41	2	W60	30km	31:51 * 31:40 * 32:20 * 31:25 * 31:32 * 31:51 * 00:00 * 00:00 * 00:00 * 00:00
16	149	Morgenweg Janina	*Leverkusen	3:27:24	2	W35	30km	32:25 * 35:34 * 36:15 * 34:46 * 33:16 * 35:05 * 00:00 * 00:00 * 00:00 * 00:00
17	117	Joseph Simone	*Köln	2:33:03	1	W30	25km	29:08 * 29:17 * 29:16 * 30:01 * 35:19 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
18	138	Maurer Eva	TV Hitdorf	2:35:51	1	W20	25km	31:03 * 30:47 * 30:46 * 31:35 * 31:38 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
19	110	Holmwood Magret	TV Hitdorf	2:54:54	2	W50	25km	31:27 * 33:56 * 35:04 * 36:27 * 37:58 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
20	174	Roth Monika	50 States Marathon Club	1:54:30	3	W50	20km	28:46 * 28:36 * 28:50 * 28:17 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
21	217	Faßbender Caroline	TuS 82 Opladen	2:10:25	3	W35	20km	32:27 * 32:43 * 32:23 * 32:51 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
22	86	Feuerherdt Nadine	*Bergisch Gladbach	2:11:57	4	W35	20km	33:14 * 32:56 * 32:41 * 33:04 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
23	80	Effner Simone	*Leverkusen	2:15:30	2	W30	20km	33:05 * 34:48 * 36:31 * 31:05 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
24	136	Lüsgen-Below Tanja	*Leverkusen	2:18:57	5	W35	20km	32:25 * 35:33 * 36:16 * 34:41 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
25	161	Petersen Manuela	Hab ich den Herd ausgemacht!?	1:28:13	7	W40	15km	28:52 * 29:33 * 29:48 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
26	81	El Sheikh Silvia	*Leverkusen	1:39:49	6	W35	15km	32:59 * 33:17 * 33:32 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
27	168	Reith Annette	*Leverkusen	1:39:49	7	W35	15km	32:59 * 33:17 * 33:32 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
28	57	Beck Jasmin	*Leverkusen	1:44:25	3	W30	15km	33:05 * 34:48 * 36:31 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
29	177	Sand Astrid	*Leverkusen	1:45:19	8	W35	15km	34:01 * 34:57 * 36:21 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
30	67	Boullier Jessica	*Köln	0:40:48	2	W20	10km	21:01 * 19:47 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
31	97	Groneuer Renate	AVEA	1:01:07	9	W35	10km	30:52 * 30:15 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
32	207	Zube Claudia	Praxisteam Deppe & Schulte	1:03:39	8	W40	10km	31:54 * 31:44 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
33	139	Mayer Mareike	*Leverkusen	1:05:51	4	W30	10km	33:17 * 32:34 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
34	167	Radtke Anne	Sportpark Leverkusen	1:08:30	3	W20	10km	33:23 * 35:07 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
35	74	Cromen Julia	*Leichlingen	1:22:09	4	W20	10km	39:24 * 42:44 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
36	209	Hopbach Susanne	*Langenfeld	1:22:09	9	W40	10km	39:24 * 42:44 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
37	61	Bischofsberger Tanja	Schockclub-Stockfisch	0:32:46	10	W35	5km	32:46 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
38	54	Babilon Iris	*Leverkusen	0:32:50	6	W45	5km	32:50 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00
39	60	Bischofsberger Katja	Schockclub-Stockfisch	0:33:52	5	W20	5km	33:52 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00

50km - Gesamtwertung

50km von Hitdorf - 13. September 2009

Frauen

Platz	Startnr	Name	Verein*Ort	Gesamt	AK-Pl	AK	km	Rundenzeiten
40	227	Siegers-Schmitt Ina	TV Witzhelden	0:34:00	4	W50	5km	34:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00 * 00:00