

## Männer

| Platz | Startnr | Name                   | Verein/*Ort                 | Nat | Gesamt  | Brutto  | AK-Pl | AK  | Jahr | Runden                  |
|-------|---------|------------------------|-----------------------------|-----|---------|---------|-------|-----|------|-------------------------|
| 1     | 7       | Nawrocki Philipp       | RWTH Aachen 1               |     | 0:33:15 | 0:33:16 | 1     | M30 | 77   | 08:14 08:27 08:23 08:09 |
| 2     | 38      | Mucha Bastian          | WG Köln                     |     | 0:33:34 | 0:33:34 | 1     | MHK | 83   | 08:15 08:27 08:30 08:20 |
| 3     | 2       | Gackstatter Stefan     | RWTH Aachen 1               |     | 0:33:35 | 0:33:35 | 2     | MHK | 86   | 08:16 08:26 08:30 08:21 |
| 4     | 39      | Elsäßer Nico           | WG Köln                     |     | 0:33:38 | 0:33:38 | 3     | MHK | 85   | 08:16 08:26 08:30 08:24 |
| 5     | 10      | Schumann Timo          | RWTH Aachen 2               |     | 0:34:23 | 0:34:23 | 4     | MHK | 85   | 08:19 08:43 08:45 08:34 |
| 6     | 4       | Klewenhagen Stefan     | RWTH Aachen 2               |     | 0:34:32 | 0:34:33 | 5     | MHK | 87   | 08:17 08:46 08:44 08:44 |
| 7     | 8       | Oude-Aost Jan          | RWTH Aachen 3               |     | 0:34:42 | 0:34:44 | 2     | M30 | 79   | 08:13 08:34 08:58 08:56 |
| 8     | 13      | Udina Lars             | RWTH Aachen 3               |     | 0:35:19 | 0:35:20 | 6     | MHK | 86   | 08:49 08:56 08:56 08:37 |
| 9     | 41      | Strankmann Oliver      | WG Köln                     |     | 0:35:23 | 0:35:25 | 7     | MHK |      | 08:46 08:52 09:01 08:41 |
| 10    | 45      | Handschuh Stephan      | TU Dortmund                 |     | 0:35:50 | 0:35:51 | 8     | MHK |      | 08:50 08:55 09:06 08:58 |
| 11    | 1       | Flore Jan              | RWTH Aachen 4               |     | 0:36:32 | 0:36:34 | 9     | MHK | 84   | 09:06 09:14 09:13 08:57 |
| 12    | 40      | Grabosch Stefan        | WG Köln                     |     | 0:37:00 | 0:37:01 | 10    | MHK |      | 08:47 09:09 09:36 09:25 |
| 13    | 14      | Zanders Stefan         | RWTH Aachen 4               |     | 0:37:26 | 0:37:27 | 11    | MHK | 84   | 08:56 09:21 09:34 09:34 |
| 14    | 1259    | Dröghoff Michael       | Berg. Universität Wuppertal |     | 0:37:32 | 0:37:36 | 12    | MHK | 82   | 09:17 09:31 09:25 09:18 |
| 15    | 1267    | Bruske Armin           | Uni Bonn                    |     | 0:38:12 | 0:38:18 | 13    | MHK | 86   | 09:18 09:29 09:54 09:29 |
| 16    | 44      | Herbst Martin          | TU Dortmund                 |     | 0:38:16 | 0:38:17 | 14    | MHK |      | 09:09 09:38 09:55 09:32 |
| 17    | 9       | Pelzer Martin          | RWTH Aachen                 |     | 0:38:32 | 0:38:33 | 15    | MHK | 88   | 09:08 09:38 09:54 09:50 |
| 18    | 47      | Kurth Felix            | TU Dortmund                 |     | 0:38:40 | 0:38:42 | 16    | MHK |      | 09:28 09:30 09:50 09:51 |
| 19    | 43      | Kremeskötter Nils      | TU Dortmund                 |     | 0:38:46 | 0:38:51 | 17    | MHK |      | 09:23 09:31 09:49 10:01 |
| 20    | 22      | Lincke Hannes          | Münster 1                   |     | 0:39:21 | 0:39:35 | 18    | MHK | 80   | 09:22 10:03 09:56 09:58 |
| 21    | 25      | Höckensfeld Markus     | Münster 1                   |     | 0:39:31 | 0:39:42 | 3     | M30 | 75   | 09:49 10:01 09:52 09:48 |
| 22    | 1268    | Pape Julian            | Uni Bonn                    |     | 0:40:46 | 0:40:51 | 19    | MHK | 85   | 09:39 10:09 10:31 10:26 |
| 23    | 1255    | Mank Paul              | Uni Siegen                  |     | 0:40:48 | 0:40:54 | 20    | MHK | 89   | 09:28 10:11 10:38 10:30 |
| 24    | 19      | Mohr Daniel            | Münster                     |     | 0:41:19 | 0:41:32 | 21    | MHK | 81   | 10:02 10:17 10:37 10:22 |
| 25    | 21      | Große-Kracht Christoph | Münster                     |     | 0:41:23 | 0:41:36 | 22    | MHK | 87   | 10:27 10:22 10:26 10:06 |
| 26    | 27      | Peng Osbert            | Münster                     |     | 0:41:30 | 0:41:43 | 1     | M35 | 74   | 10:11 10:19 10:42 10:16 |
| 27    | 20      | Schulte Jan            | Münster                     |     | 0:42:12 | 0:42:23 | 23    | MHK | 81   | 10:22 10:35 10:37 10:36 |
| 28    | 17      | Ruthe Tobias           | Berg. Universität Wuppertal |     | 0:42:46 | 0:42:51 | 24    | MHK | 82   | 09:42 11:18 11:18 10:26 |
| 29    | 1253    | Poggel Holger          | Uni Siegen                  |     | 0:45:13 | 0:45:19 | 1     | M50 | 58   | 10:23 11:17 11:52 11:40 |
| 30    | 16      | Kullmann Sebastian     | Berg. Universität Wuppertal |     | 0:47:50 | 0:47:55 | 25    | MHK | 83   | 10:59 12:02 12:30 12:18 |
| 31    | 36      | Sturgeon Robert        | Duisburg-Essen 1            |     | 0:49:36 | 0:50:02 | 2     | M35 | 70   | 12:07 12:15 12:36 12:36 |
| 32    | 31      | Sindelar Peter         | Duisburg-Essen 1            |     | 0:50:48 | 0:51:15 | 1     | M40 | 65   | 12:00 12:24 13:06 13:15 |
| 33    | 29      | Matzke Christian       | Duisburg-Essen              |     | 0:54:45 | 0:55:11 | 26    | MHK | 82   | 13:02 14:06 14:09 13:27 |
| 34    | 30      | Rotzsche Wilfried      | Duisburg-Essen              |     | 0:55:43 | 0:56:07 | 1     | M55 | 51   | 13:12 14:05 14:22 14:03 |
| 35    | 46      | Kruempel Markus        | TU Dortmund                 |     | 0:56:57 | 0:57:04 | 27    | MHK |      | 12:44 13:35 14:43 15:53 |
| 36    | 1256    | Weinhold Julia         | Uni Siegen                  |     | 0:59:00 | 0:59:17 | 28    | MHK | 87   | 13:36 14:46 15:44 14:52 |
| 37    | 12      | Theves Tobias          | RWTH Aachen                 |     | 0:20:10 | 0:20:13 | 29    | MHK | 87   | 09:39 10:31 00:00 00:00 |

## Frauen

| Platz | Startnr | Name                 | Verein/*Ort                 | Nat | Gesamt  | Brutto  | AK-Pl | AK  | Jahr | Runden |       |       |       |  |
|-------|---------|----------------------|-----------------------------|-----|---------|---------|-------|-----|------|--------|-------|-------|-------|--|
| 1     | 5       | Körtgen Anne-Thércse | RWTH Aachen 1               |     | 0:40:03 | 0:40:05 | 1     | WHK | 81   | 09:34  | 10:09 | 10:12 | 10:07 |  |
| 2     | 6       | Tiegel Alexandra     | RWTH Aachen 2               |     | 0:41:42 | 0:41:43 | 2     | WHK | 84   | 10:15  | 10:28 | 10:39 | 10:17 |  |
| 3     | 3       | Honke Nora           | RWTH Aachen 3               |     | 0:42:02 | 0:42:03 | 3     | WHK | 83   | 10:19  | 10:35 | 10:46 | 10:21 |  |
| 4     | 18      | Leutgeb Jennifer     | Berg. Universität Wuppertal |     | 0:43:22 | 0:43:25 | 4     | WHK | 85   | 10:16  | 10:47 | 11:17 | 11:01 |  |
| 5     | 11      | Spennes Judith       | RWTH Aachen 4               |     | 0:44:26 | 0:44:29 | 1     | W30 | 79   | 10:42  | 11:11 | 11:22 | 11:10 |  |
| 6     | 1257    | Polier Thomas        | Uni Siegen                  |     | 0:46:02 | 0:46:22 | 5     | WHK | 80   | 12:14  | 11:22 | 11:15 | 11:09 |  |
| 7     | 32      | Sistenich Sandra     | Duisburg-Essen 1            |     | 0:46:46 | 0:47:08 | 6     | WHK | 82   | 11:23  | 11:50 | 11:48 | 11:44 |  |
| 8     | 1266    | Reyenders Jutta      | Uni Bonn                    |     | 0:47:33 | 0:47:39 | 7     | WHK | 87   | 11:24  | 12:17 | 12:11 | 11:40 |  |
| 9     | 24      | Than Hoang Tu Thi    | Münster 1                   |     | 0:48:54 | 0:49:07 | 8     | WHK | 85   | 11:37  | 12:21 | 12:29 | 12:26 |  |
| 10    | 37      | Amin Nastaran        | Duisburg-Essen              |     | 0:50:30 | 0:50:51 | 2     | W30 | 76   | 12:04  | 12:35 | 13:00 | 12:49 |  |
| 11    | 23      | Franke Charlotte     | Münster                     |     | 0:54:54 | 0:55:17 | 9     | WHK | 85   | 13:43  | 13:53 | 13:57 | 13:21 |  |