

| Platz | Startnr | Name | Verein/*Ort | Nat | Gesamt | Netto | AK-PI | AK | Jahr |
|-------|---------|-----------------------|--------------------|-----|---------|---------|-------|-----|------|
| 1 | 6465 | Wittke Marius | *Ludwigshafen | GER | 1:23:31 | 1:23:30 | 1 | M50 | 56 |
| 2 | 5621 | Kleiber Philipp | *Berlin | GER | 1:37:18 | 1:36:59 | 1 | MHK | 83 |
| 3 | 5766 | Richtsfeld Thomas | TSG Maxdorf e.V. | GER | 1:37:46 | 1:37:12 | 1 | M40 | 64 |
| 4 | 5846 | Milbich Roland | *Rheinstetten | GER | 1:37:57 | 1:37:15 | 2 | M40 | 64 |
| 5 | 6480 | Lindemann Alexander | *Mühlhausen | GER | 1:38:19 | 1:37:50 | 3 | M40 | 66 |
| 6 | 5717 | Freudenberger Lutz | BASF Werkfeuerwehr | GER | 1:39:54 | 1:39:37 | 4 | M40 | 65 |
| 7 | 6469 | Gunkel Wolfgang | *Mannheim | GER | 1:41:46 | 1:41:35 | 2 | M50 | 57 |
| 8 | 5620 | Herden Matthias | *Mannheim | GER | 1:41:59 | 1:41:54 | 5 | M40 | 65 |
| 9 | 5554 | Hörner Matthias | *Ludwigshafen | GER | 1:42:41 | 1:42:32 | 1 | M35 | 68 |
| 10 | 5848 | Kaufmann Volker | *Schifferstadt | GER | 1:45:06 | 1:44:41 | 2 | M35 | 72 |
| 11 | 5755 | Häußer Yvonne | *Hirschberg | GER | 1:46:57 | 1:46:18 | 1 | M30 | 76 |
| 12 | 5617 | Giese Stefan-Hendrik | *Ludwigshafen | GER | 1:50:39 | 1:50:20 | 2 | MHK | 83 |
| 13 | 5731 | Eis Clemens | Rhein-Neckar-Speed | GER | 1:51:00 | 1:50:48 | 1 | M45 | 60 |
| 14 | 5954 | Schöndorf Andreas | *Mannheim | | 1:51:20 | 1:51:10 | 6 | M40 | 66 |
| 15 | 5720 | Koch Jörg | *Birkenheide | GER | 1:53:21 | 1:52:59 | 2 | M30 | 77 |
| 16 | 6481 | Arnold Uwe | *Ludwigshafen | GER | 1:53:43 | 1:53:14 | 7 | M40 | 66 |
| 17 | 5889 | Bachmann Gerhard | *Dannstadt | GER | 1:58:06 | 1:57:34 | 8 | M40 | 64 |
| 18 | 5825 | Lange Berthold | VT Frankenthal | GER | 2:00:02 | 1:59:39 | 2 | M45 | 62 |
| 19 | 5955 | Muck Johann | *Ludwigshafen | | 2:07:13 | 2:06:33 | 3 | M50 | 56 |
| 20 | 6479 | Bub Hans- Jürgen | *Speyer | GER | 2:07:59 | 2:07:28 | 3 | M45 | 61 |
| 21 | 5639 | Sonns Jürgen | *Rödersheim-Gronau | GER | 2:08:04 | 2:07:53 | 9 | M40 | 67 |
| 22 | 5667 | Wilk Christian | Rolls Angels | GER | 2:09:40 | 2:09:28 | 10 | M40 | 66 |
| 23 | 5622 | Storchmaier Sandra | *Hessheim | GER | 2:15:11 | 2:14:40 | 3 | M30 | 75 |
| 24 | 5951 | Schiller Hans- Walter | | | 2:15:15 | 2:15:04 | 3 | MHK | |
| 25 | 5911 | Fredrich Hagen | TuS Forst | GER | 2:22:28 | 2:21:33 | 3 | M35 | 68 |
| 26 | 5518 | Kell Hans-Jörg | *Ludwigshafen | GER | 2:29:43 | 2:28:55 | 4 | M45 | 60 |
| 27 | 5569 | Gross Christian | *Lampertheim | GER | 2:30:20 | 2:29:55 | 4 | M35 | 70 |
| 28 | 6471 | Boos Hartmut | *Queich | GER | 4:04:28 | 4:03:59 | 5 | M45 | 61 |

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|-------|---------|------------------|----------------|-----|---------|---------|-------|-----|------|
| 1 | 5741 | Dietrich Kathrin | *mutterstadt | GER | 1:58:09 | 1:57:46 | 1 | W35 | 68 |
| 2 | 5713 | Ebrecht Tanja | *Birkenheide | GER | 1:58:55 | 1:58:33 | 1 | W30 | 75 |
| 3 | 5629 | Willer Susanne | *Mannheim | GER | 2:01:12 | 2:00:42 | 2 | W30 | 75 |
| 4 | 5856 | Hartig Maja | DJK Feudenheim | GER | 2:07:03 | 2:06:33 | 3 | W30 | 76 |
| 5 | 5568 | Gross Diana | *Lampertheim | GER | 2:30:20 | 2:29:54 | 1 | WHK | 79 |